Star Presidian

Vol. 36, No. 1 Published for the Presidio of San Francisco Jan. 8, 1993

News Briefs

Newcomers' orientation

Information about installation services, hospital and dental services will be provided for all new military and civilian personnel assigned to the Presidio within the last 120 days at the Newcomers' Orientation Briefing, Jan. 15, from 9-10:30 a.m. in the ACS Conference Room, Building 103-B. A bus tour of the installation will follow, from 10:30-11:30 p.m. Family members are welcome to attend with or without their sponsor, and free child care is provided. Child Development Center registration frees are waived for the Newcomers' program; however, all children will be required to have current immunization cards and reservations are required by Wednesday, by calling Sandrea Hudson-Davis at 561-3588. For more information about the briefing, call Dayle Ann DeLong at 561-5256.

JRC calendar

Employees can practice interviewing skills today at the Job Resource Center, Building 103-B. Call 561-5057 for details. Also, the Job Assistance Center computers will be available all afternoon Monday, all day Tuesday and all morning Wednesday in the JRC, and other programs are available as well.

Representatives from the Army Career and Alumni Program will be avail-

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News

Blood donors needed

As the holiday season ends, blood banks across the country, including the military's, desperately need to replenish expired blood supplies,

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Features

Soldier of the Month

Cpl. Joseph M. Olson, a Transition Point finance specialist, garnered the honor despite working long hours that made studying for the board a matter of pure initiaive,

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Sports

Avoid cold injuries

Far worse than straining a muscle, cold injuries can seriously affect an athlete. The Presidio Sports Branch gives its tips to help avoid cold weather injuries,

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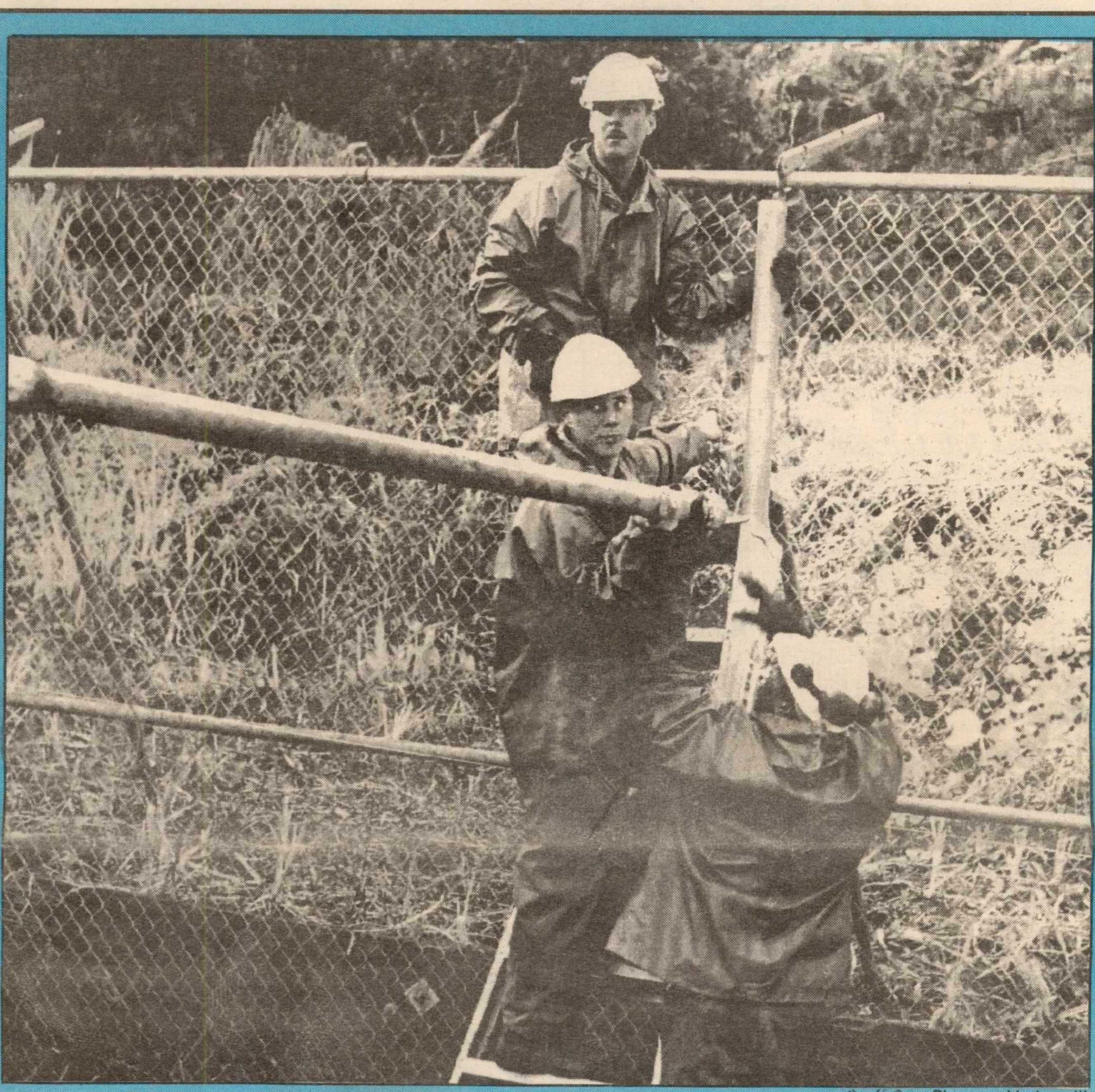


Staff Sgt. Pleasant Lindsey III

Heave ho

Working through mud and rain, Sgt. todd Burmeister, Spc. Aaron Craig and Sgt. Robert Simms, from Co. C, 864th Engineer Battalion, struggle to lift a support beam into position while repairing a protective barrier over Lobos Creek. See Pages 10 and 11 for photo feature.

Former Sixth U.S. Army chief of staff, youngest World War II general dies

By Spc. Adrienne Story
Star Presidian staff

A memorial service was held for former Sixth U.S. Army chief of staff retired Lt. Gen. Garrison Holt Davidson Dec. 29 at the Main Post Chapel.

Davidson died Christmas morning at the Oakland Naval Hospital of complications after surgery.

Davidson, who is fondly remembered as Gar, received his first star from Gen. George S. Patton at the age of 39. Garrison Davidson Jr. said, Patton respected his father so, that he ripped off a star of his own when promoting Davidson.

He was born in 1904 in New York City, graduated in 1927 from the U.S. Military Academy, where he later served as an instructor and head football coach.

After World War II, Davidson served as the chief engineer and chief of staff for the Sixth U.S. Army here. He headed a joint service task force called the Davidson board, charged with selecting the site for a second crossing of the San Francisco Bay. This later became the Bart tunnel.

When the Korean War broke, Davidson transferred from the engineers to the infantry, proving his versatility when serving his country.

He received the Silver Star for gallantry and the Distinguished Service Medal for his contributions during the Korean War.

Davidson later served as the U.S. military representative to the United Nations. His last assignment was commander of the First Army at Governors Island in New York. He retired in 1964.

After his retirement from the Army, Davidson settled in Oakland and served as assistant vice president of the University of California and chairman of the board of the California Maritime Academy. He was also resident executive of the Embarcadero Center in San Francisco.

He is survived by his wife, Verone; and six children, Garrison Jr., Thomas, Alan, Linda Hurst, Bonny Bardellini, and Gail Davidson. He is also survived by 13 grandchildren and two great-grandchildren.

``We both had a lot in common including sharing the same nickname,'' Garrison Jr. said. ``We called each other mus, [short for muscles]. My dad meant a lot to me. I'll miss you mus.''

According to his children, Davidson kept his fighting spirit up until he passed away when telling a Naval intern who called Davidson admiral, ``You better watch your mouth young man.''

``We asked him to just hold on until Christmas, and he did.'' Bonny Bardellini said. ``He stayed with us until that morning.''

Continued from Page 1

able for transitioning soldiers 10 a.m.-3 p.m. Monday and 9 a.m.-2 p.m. Tuesday. Peer counseling for finance and accounting is scheduled for Wednesday, 10 a.m.-noon and you can register by calling 561-4513.

The Brown Bag Seminar featuring Dr. Fred A. Fetherolf's instructions on interviewing skills will be held on Thursday on the third floor of Building 103-B from 11 a.m.-noon, and the Employment Development Department and the Job Club will meet from noon-1 p.m. Numbers to call for more information are 561-5090 and 561-5479.

Bowling group seeks members

A ladies bowling group begins a new session today. We play every Friday at 10:30 a.m. This group is for the beginner as well as the more experienced bowler. Sign up at the Presidio Bowling alley. For more information call 441-3930.

Warning! Don't use fireplaces

The Directorate of Engineering and Housing has placed a ban on the use of fireplaces in all family quarters on the Presidio. After the Loma Prieta earthquake Oct. 17, 1989, the DEH conducted an inspection of fireplaces in family housing on the Presidio and discovered that most of them had cracks that could allow carbon monoxide to leak into living areas. For your safety do not use your fireplaces. For any questions contact Juanita Whitehead at 561-3711.

Bay Area job fair on Tuesday

More than 55 Bay Area employers will recruit at the Diversity Job Faire on Tuesday from 10 a.m.-2 p.m. and 4-7 p.m., free, at the Dunfey Hotel, 1770 South Amphlett Boulevard in San Mateo. For more information call (415) 345-0753.

Parent/Child Playday on Thursday

There will be a Parent/Child Playday, Thursday from 9:30-11:30 a.m. at the Enlisted Spouses Club in Building 1539, Pershing Drive. This Playday is sponsored by the Family Advocacy Program and Child Development Services to provide opportunities for parents and young children to create artwork, make music, and snack together while exploring parental resources on the Presidio. For more information call Mary Anne Gianquento, FCC/SPS director, at 561-6372.

Parenting classes available

Presidio Army Community Services is offering parenting classes Thursdays from 9:30 a.m.-noon. There is free child care available on a reservation basis. Class dates and topics are: Jan. 21, Taking Care of Ourselves; Jan. 28, Who's in Control? Feb. 4, Encouraging Cooperative Kids; Feb. 11, Effective Communication; Feb. 18, Building Responsibility; and Feb. 25, When Nothing Works. To sign up and reserve your child care, call Karen Kaho at 561-5155.

Dependent, new definition

The definition of ``dependent'' has been expanded to treat illegitimate, adopted, and stepchildren the same as legitimate children for military pay purposes.

This is Interim Change 51-92 to the Department of Defense Military Pay and Allowances Entitlements Manual (DODPM) and was effective Dec. 5, 1992.

VA toll-free radiation help-line

The Department of Veterans Affairs is providing a 24-hour toll-free number --1-800-827-0365-- for veterans who may have been exposed to radiation during atomic testing, as prisoners of war, or as a result of military occupation or X-ray therapy. Counselors will answer calls from 8 a.m.-4:30 p.m. weekdays.

Finance specialist named soldier of the month

By Spc. Adrienne Story
Star Presidian staff

While working afternoon shifts beginning at 3 p.m. and continuing sometimes into the next morning Cpl. Joseph M. Olson ensured soldiers received their final pay.

Although many of these pay transactions were solely up to him to complete, he managed to sneak a few minutes here and there to prepare for the soldier of the month and promotion boards.

Despite his shift hours, Olson did more than just prepare. He was named December's Headquarters Command Battalion Soldier of the Month.

His next goal will be winning the Soldier of the Quarter title in February after he returns from Air Assault training.

Olson has been assigned to the Transition Point as a finance specialist for one year. Before arriving here, he was stationed in Korea. Olson has been awarded the Army Achievement Medal.

The young soldier is a West Fargo, North Carolina, highschool graduate.

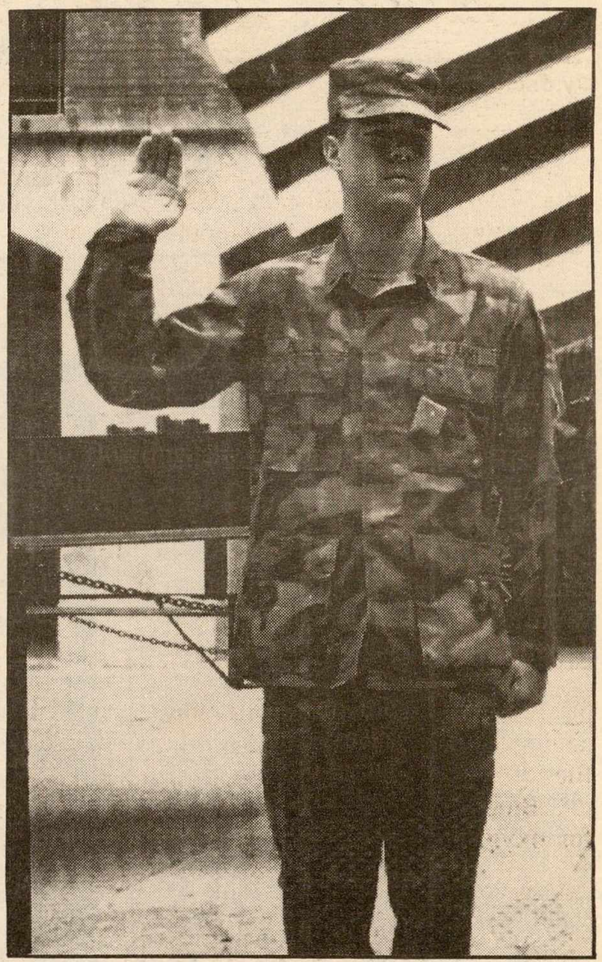
In March Olson will be reassigned in Europe. As a corporal promotable, he plans to advance to the rank of sergeant during his tour in Europe.

Tuesday, Olson began the Primary Leadership Development Course at Fort Lewis, Wash., where his main goal is to do his best.

After returning from PLDC, Olson will arrive at Air Assault training on his 23rd birthday. When Olson was informed that this training was open to his unit, he requested the opportunity to attend the school and enhance his career.

To be afforded the opportunity to attend both PLDC and Air Assault training while stationed at the Presidio, Olson had to switch with a soldier in Headquarters Company, U.S. Army Garrison.

``The board was difficult,'' Olson admitted. ``Members of the board asked several questions, but getting ready was the hardest part. Preparation is the key.



Cpl. Joseph M. Olson

Spc. William A. Story

I studyied a lot," he continued. "It takes a lot of time to prepare for the board."

Cpl. Joseph M. Olson reenlisted for a second tour at Fort Point. Olson reenlisted for the opportunity to be assigned as a finance specialist in Europe.

Preretirement orientation

All retirement eligible soldiers are required to view two video tapes, ``Military Preretirement'' and ``Making the Right Decision: The Survivor Benefit Plan'' according to Army Regulation 600-8-7. Retirement eligible soldiers should make arrangements for viewing these tapes with the Post Education Center, 561-4445; or the Post Retirement Services Office, 56-3183.

Umpires needed for league

The San Francisco Youth Baseball League is looking for umpires for the Spring League. Special umpire workshops will be held, so no experience is necessary. Applicants must be 16 years of age or older. To sign up or for more information about umpiring, call John or Peter at 753-7029 or Roger Bross at 586-9600.

Storm drain work impedes traffic

The Directorate of Engineering and Housing (DEH) will make storm drain repairs on Lincoln Boulevard by the Golden Gate Bridge approach, from 7 p.m. to 5 a.m. each day. West bound traffic will be detoured under the toll plaza.

East bound Lincoln traffic will proceed on Lincoln through the construction area at a slow safe speed. Be observant of the contractor's flagmen and the Military Police for traffic control.

Access to the 900 and 1200 Family Housing areas will be through Hoffman Street behind Building 951 (Scott Hall), and exit via Armistead Road back to Lincoln. For more information call Ed Shamma at 56-6000/6026.

Insurance coverage open season

Servicemen's Group Life Insurance coverage has increased from $100,000 to $200,000. The open season for participation is through March 31. After March 31, a statement of good health may be required. This is not automatic, soldiers must personally request coverage in increments of $10,000. The cost remains 80 cents per $10,000 per-month for a maximum of $16 per month.

Soldiers can request this coverage through the Personnel Services Branch (Records), Military Personnel Division, Second Floor, Building 86. No appointments are required. For information, call 561-2741 or 3357.

Change in civilians' leave

Presidio civilian employees are now authorized to accumulate unlimited annual leave due to the post closure prior to Dec. 31, 1997. The provision applies to all DoD employees whether organizations are scheduled to be eliminated or moved to another location.

The Finance and Accounting Office is responsible for ensuring all acquired leave is properly documented. Employees will be able to carry their entire balance of annual leave, including any leave in excess of 240 hours, to their new job. For more information, call 561-3780.

Presidio Theatre shortens days

The Presidio Theatre will only have three showings per week on Fridays, Saturdays and Sundays. The showtime of 7 p.m. remains the same.

Star Presidian

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For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-5279.Circulation: 9,000.

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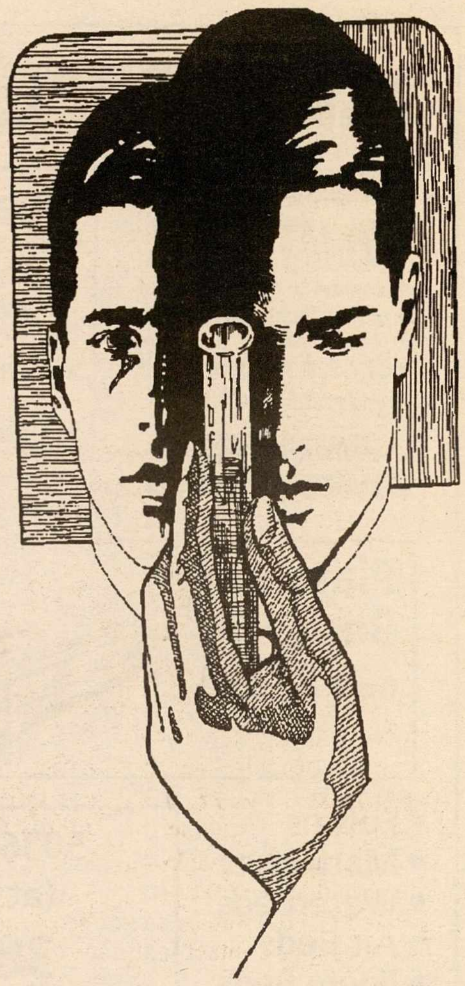
January is National Blood donor's month

Blood : the substance that gives life'



By Spc. Adrienne Story
Star Presidian staff

Letterman U.S. Army Hospital will conduct a blood drive from 7:30 a.m. to 3:30 p.m., Wednesday, in conjunction with National Blood Donor Month.

January is National Volunteer Blood Donor Month because blood supplies are traditionally at their lowest during this month.

``The need for blood grows at this time because of the lack of donations during the Christmas holiday,'' said John Geary, Letterman U.S. Army Hospital Blood Bank supervisor. ``Blood has a shelf life of 35 days so the blood that was donated in December will be expired as hospitals reopen and perform surgeries.''

Military blood programs have had to work much harder this year than in the past to collect the 200,000 units needed annually. The main reason is the temporary ban on blood donations from Persian Gulf veterans. Dr. Enrique Mendez Jr., assistant secretary of defense health affairs, called for a ban in late 1991 after some gulf returnees were diagnosed as having leishmaniasis, a blood-borne disease spread by sand flies.

``Blood is a commodity in human beings that is necessary for oxygen and survival,'' Geary said. ``It can only be replaced by other human beings.''

Another reason for the need of blood donations at this time is the stock level is low because the allocation for blood has increased, according to Geary. ``Much of the CONUS blood bank stock has been removed,'' he said. ``Blood has been transferred to Somalia during the troops' deployment.''

``Bad weather conditions and increased alcohol consumption during the holidays [also] lead to more automobile accidents and add to the need for blood,'' Air Force Lt. Col. Michael J. Ward, head of Armed Services Blood Program Office.

To give blood at other times than blood drives contact LUSAH blood bank. For other information about donating blood for the Army, call 1-512-221-6616 or DSN 471-6616.

The Red Cross also conducts blood drives on military bases. The armed services blood program serves the military and is not part of the Red Cross system. The Red Cross mainly serves the civilian population. The Red Cross has jurisdiction, yet does not conduct blood drives in San Francisco. But the organization will hold blood drives in the San Jose area this month.

``There is something very special about people who give blood," Ward said.

American Forces Information Service

Budgetwise: New Year's resolutions to save you more money

Last year, Americans found themselves paying $33 billion in credit card interest--on average, that's $442 for each person. In 1993, instead of putting your hard earned money in someone else's pocket, make a New Year's Resolution to put money to work for you.

Below are four New Year's Resolutions that will help you take control of your finances in 1993. Read each resolution and adopt the ones that you can put to work in the coming year.

That may mean that you select one, two, three or all four. Or perhaps you already have a credit card with a low interest rate but need to watch how you pay down those outstanding balances

. Each of the resolutions or helpful hints can help you manage the use and payment of your credit card debt.

Resolution 1: I will find and use a card with a lower interest rate next year!

This resolution is like giving yourself an early holiday gift. A credit card with lower interest rate will help you save money throughout the year. And it's a lot easier than you may think to get one.

First, start by calling your bank and asking for a lower interest rate. Many banks have lower rates available to good customers, but they don't always volunteer the information. You may have to ask.

If your bank refuses to give you a lower rate, find one that will. Call 1-800-845-5000 for a free list of banks lower credit rates.

This list is compiled by bank card Holders of America, a non-profit consumer protection group, and is provided as a public service by American Express Company.

Resolution 2: I will avoid skip-payment offers.

Some of these offers to postpone a monthly payment are truly a case of ``buyer beware.'' They look and sound good, but remember you almost always end up paying interest on the outstanding balance. Look at these offers closely to make sure that they really are giving you a break and not breaking your ``bank'' instead.

Resolution 3: I will pay off my credit card bill as soon as I can.

Getting a credit card with a lower interest rate is important, but learning how to manage the payment of your outstanding credit card balance is just as important to save you money.

Try to pay off your balance in full each month, even if you have to use other assets like a savings account, CD or a low-cost home equity line of credit. The interest the banks charge on your credit card balance and use -- typically 18.5 percent -- is one of the highest and most expensive forms of borrowing available to you.

According to University of California economist Carl Shapiro, a strategy of paying your credit card balance in full each month could save you between $300-500 annually.

Resolution 4: I will not get hooked on cash advances.

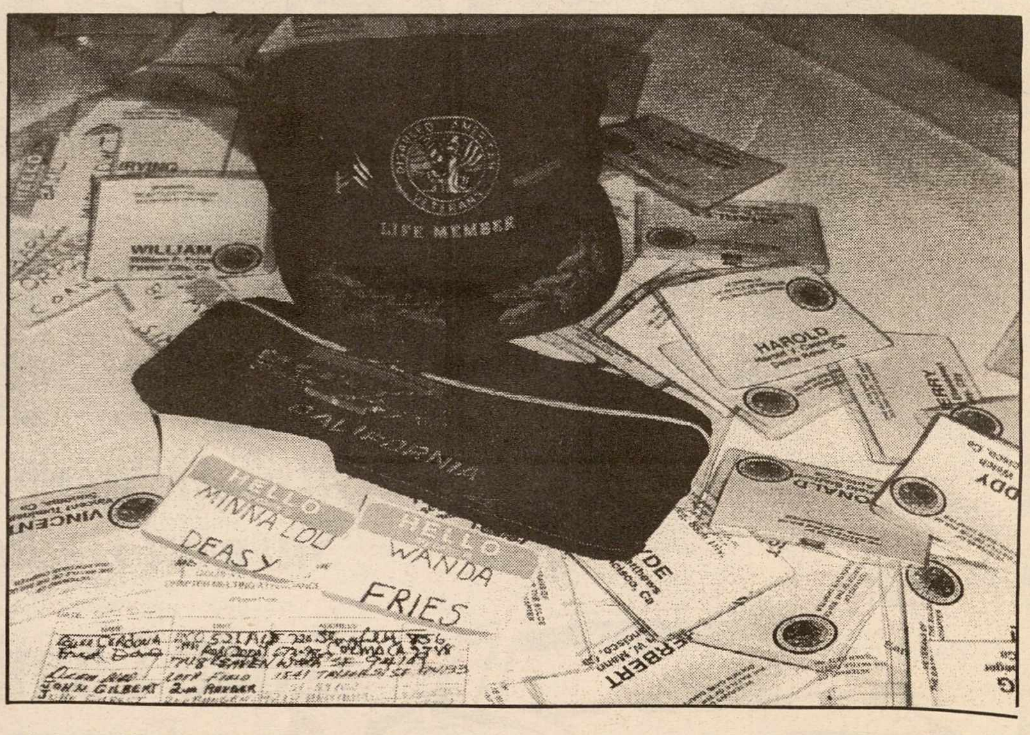
Cash advances, like skip-payment offers, look attractive, but approach with caution. Interest usually accrues from the moment you take a cash advance, even if you pay it off in full when you get your bill. Most issuers charge additional transaction fees which can increase the cost of credit.

Each of these resolutions, if you practice it, can save you money. So be smart about how you use your credit card and how you pay it off. You'll have more money to use for next year's holiday gift giving.

For more information, call Sharon L. Thomas at 561-5156.

Army Community Service

Photos by Sgt. John W. McGarrah



Almost fifty years after one of the greatest and most decisive battles of World War II and possibly military history, more than 80 veterans and family members attended the 10th annual reunion of "Battle of the Bulge" survivors at the Presidio Officers' Club, Dec. 16. One of the day of rememberances' highlights for the attendees, many of which had travelled here from around the United States for the reunion, was the presentation of a Purple Heart for injuries sustained in combat to Sgt. Maj. (Ret.) Bill Cordova by Lt. Gen. (Ret.) William Train, a former commander of the 28th Division "Battle of the Bulge."

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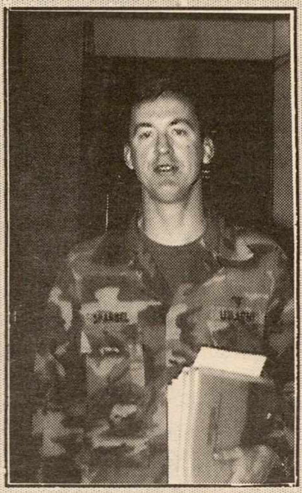
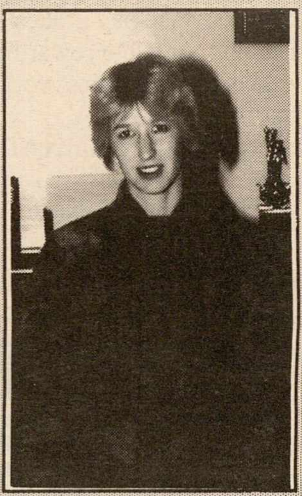
Ask Presidians

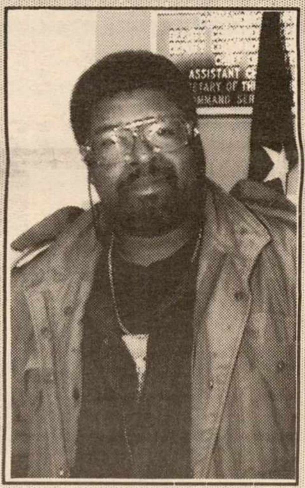
Do you have a New Years' Resolution? If so, what is it?



Capt. Hans Sparbel, chemical officer, Sixth U.S. Army: ``Yes. Duty, honor and country, family included. The intent of it is to do the best I can for my country and my family, and be the best I can whatever lies ahead. Give that extra effort to make every day count.''

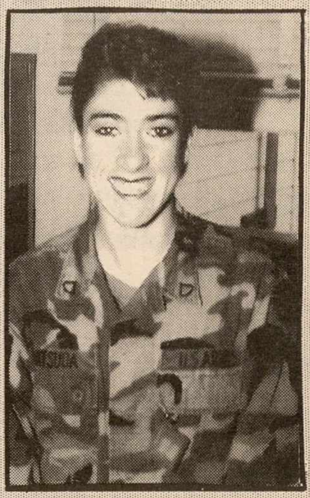


Spc. Dawn Wilken, supply clerk, Hq. Co. , USAG: ``Be more organized and spend more time with the kids. I also want to do well in school, get more military education, do better at PT, just everything.''



James A. Seaman, gardener, Directorate of Engineering and Housing: ``I don't have a New Year's Resolution. They usually fail, so I just said the heck with it this year. I'm going to take it one day at a time''

Sgt. Allen F. Miller, computer programmer, Standardized Installation Division Personnel Systems office: ``There's not much to change. I want to get a hold of my kids, but I've been wanting to do that for a long time. I guess I want to conduct myself in a more professional manner.''



Pfc. Jennifer R. Matsuda, personnel management specialists, Strength Management office: ``Go to school and get my degree. Maybe in physical therapy. I want to get my life together and make plans for when I get out of the Army so I can get a good job. I also want to get promoted.''

Photos by Spc. Adrienne Story

VA extends burial service: Many reservists eligible

Recent legislation now extends eligability for government headstones, marker and burial flags to certain military reservists, the Department of Veterans Affairs has announced.

In general, veterans discharged from active duty under conditions other than dishonorable are eligible for a government-provided headstone or marker and burial flag. Many reservists already meet this eligibility requirement because of active duty during periods such as the Persian Gulf War.

Before enactment of the new law, reservists who had served on active duty only for training were not eligible for these benefits.

The law now makes eligible all who have completed at least 20 years of qualifying reserve duty.

In fiscal year 1992, the VA provided 302,975 headstones and markers for veterans.

The VA's National Cemetery System served more veterans and their next of kin in fiscal year 1992 than in any other year since the establishment of the program in 1862.

VA headstones and markers are available in both the traditional upright, marble headstone and the modern, bronze, marble or granite flat marker types. Bronze niche markers are also available.

Headstones and markers are provided automatically to mark the graves of veterans in national cemeteries and state veterans cemeteries.

Upon application, they are also provided to mark graves of veterans in other cemeteries, including private cemeteries.

The VA provides for the cost of transporting the headstone or marker. If interment occurs in a private cemetery, however, VA does not pay for the cost of placing the gravemarker.

For more information on VA's headstone and marker program, including application information, contact the nearest VA Regional Office or write to Director, Office of Memorial Programs (403), National Cemetery System, Department of Veterans Affairs, Washington, DC 20420.

Regional Office, Veterans Administration

Attache system in need of qualified sergeants

The Defense Attaché System (DAS) is now recruiting highly motivated and qualified noncommissioned officers seeking joint service staff assignments within American embassies throughout the world.

Army NCOs in pay grades E-5 through E-8 looking for a challenging and rewarding career opportunity in more than 80 countries worldwide are being sought for duty in the DAS.

Selected NCOs are given the opportunity to represent the United States Army in diplomatic assignments within Europe, North/Central/South America, Africa, the Far East, and the Middle East.

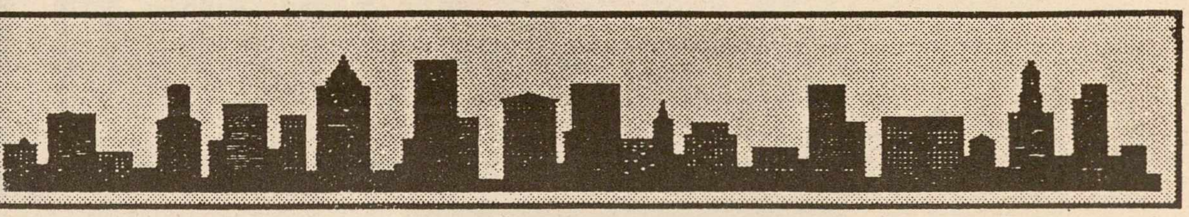
According to Sgt. First Class John Currier, enlisted assignments coordinator, ``No other Army program provides soldiers with the opportunity to live and work in so many different countries. From Austria to Zimbabwe, from Brazil to Finland, and from Canada to Turkey, these worldwide diplomatic assignments offer a challenge quite like no other."

NCOs considering attaché duty must be clearable for special intelligence, have a GT score of 115 or higher, a CL score of 120 or higher, and a typing score of 40 words per minute or higher. Soldiers must also test 100 or higher on the Defense Language Aptitude Battery (DLAB) or be a skilled linguist. Computer (word processing) skills are helpful as well. All family members must be U.S. citizens and meet the medical standards for the country of assignment.

Prerequisites, application procedures, and countries available within the program can be found in Army Regulation 611-60. For additional information, contact Currier at (410) 677-2134/7361, extension 2633; FAX (410) 677-5352 or (DSN) 923-2134/7361, ext. 2633; FAX 923-5352.

U.S. Army Field Support Center

DINING & ENTERTAINMENT



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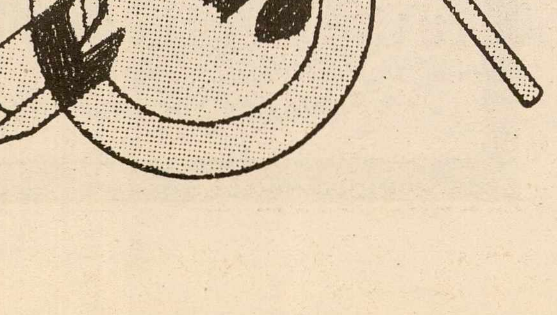

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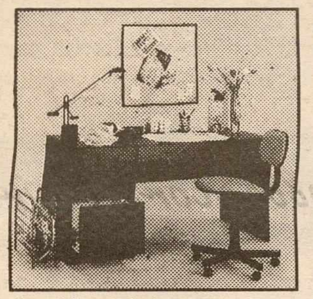

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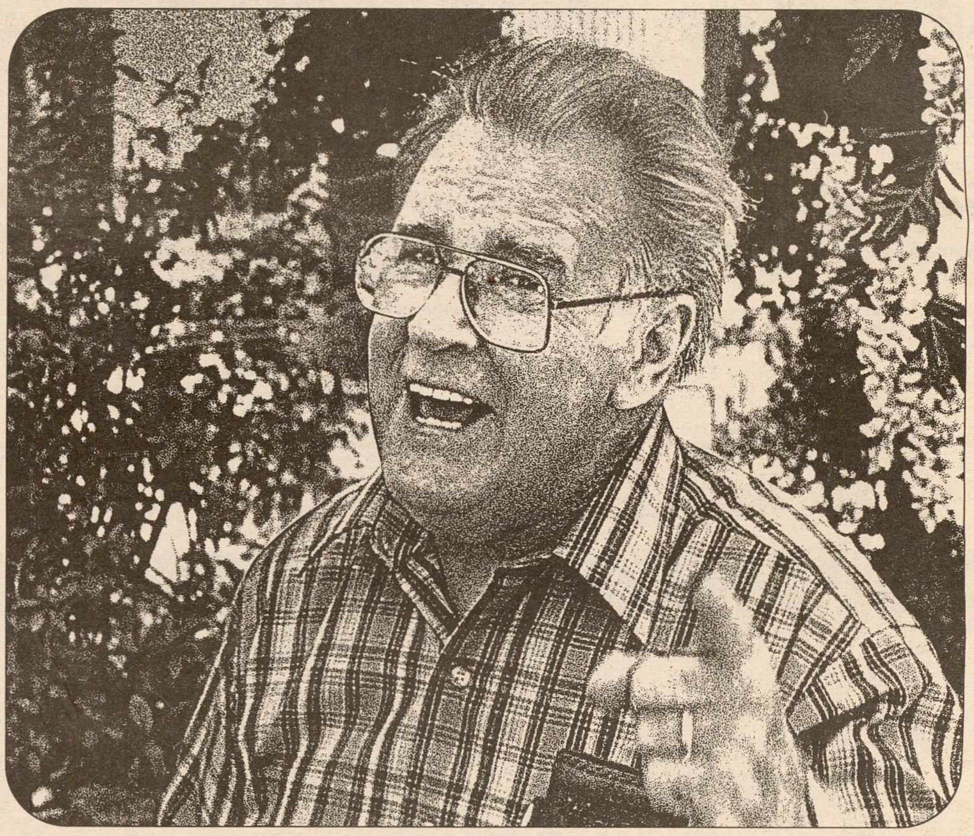

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Local man donates gifts to Presidio children

Story and photo by Spc. Adrienne Story
Star Presidian staff

The Christmas season is a joyous occasion, especially for children. However during these times, Santa Claus is not always able to provide children with all the gifts on their list. This year, as well as years before, one man made the holiday a little brighter.

Although Darrell Hamlet doesn't wear a red suit or ride a sleigh, the president of Movers Pak-Man Incorporated is a modern day Santa.

Hamlet donated more than 300 toys to Presidio children Dec. 17, 1992. The cost of the toys wouid be approximately $2,000 retail value, according to Hamlet.

He has done this for the past two years. Hamlet has contributed to military members and their families for more than three years by assisting in fund raisers and packaging gifts during operations Desert Shield and Desert Storm.

``Military members shouldn't be excluded or left out,'' Hamlet said. ``I don't hear of many fund raisers supporting military families. They are just as needing as civilians.

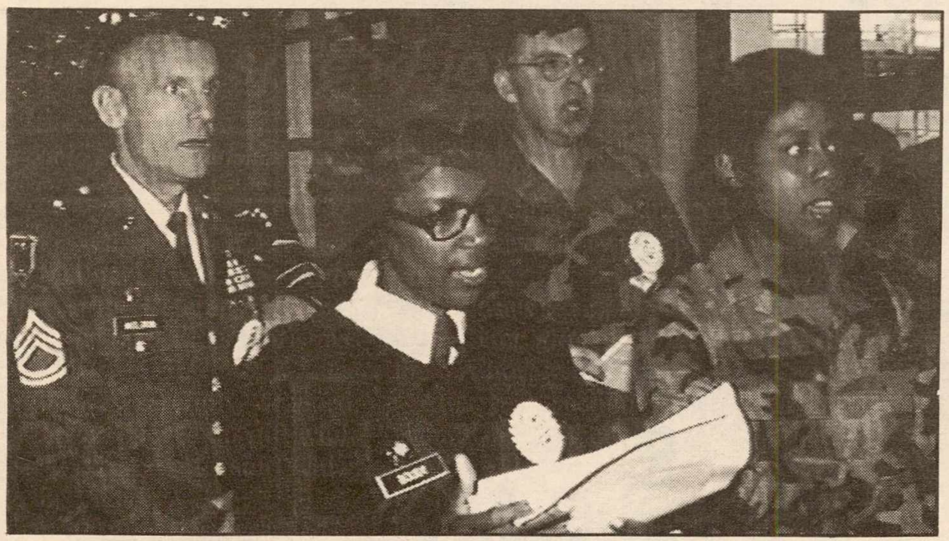
Donating toys during Christmas to military children just kind of happened, explained Hamlet. ``I was assisting the Castro Valley school who came up with contributions for soldiers during the Gulf War,'' he said. ``After the gifts were collected no one was sure what to do with them. So I was put in touch with Presidians. I am very comfortable, knowing the contributions are getting to those who need them.''

``The gifts, along with others donated from Presidio and outside activities were taken to the Religious Activities Center,'' Hall said. ``The parents go through the toys and choose what they think would make a nice toy for their children.''

Hamlet donated gifts that were appropriate for both young boys and girls. His donations ranged from teddy bears to cash registers with plenty in between.

``Working with people on the Presidio has been wonderful and made everything an even greater success,'' Hamlet said. ``We plan to continue this or some type of contribution to the military and their families.''

Darrell Hamlet, president Pak-Man Movers Incorporated, presents more than 300 toys to Chaplain (Maj.) Freddie Hall Jr.


Carolers from the Presidio spread joy throughout the Veteran's Hospital *while presenting gifts to the patients Dec. 23, 1992.*

Presidians spread joy to vets

Story and photo by Spc. Adrienne Story
Star Presidian staff

Several Presidians joined Lt. Gen. Glynn C. Mallory, Sixth U.S. Army commander, at the Veterans' Hospital to deliver gifts and sing Christmas carols Dec. 23.

Each gift was carefully wrapped. One veteran who opened his gift while carolers sang showed off a shirt which he received.

More than 300 gifts were wrapped by volunteers, placed in bags and delivered by soldiers and civilians. The patients showed a lot of appreciation for the gifts, and many joined in the singing. On veteran hugged a soldier who presented her with a bag of wrapped gifts.

Presidians separated into three groups, each giving gifts on different floors of the VA hospital.

After each section was covered the groups met at their starting point and continued to sing corals.

Mallory expressed his gratitude for the sacrifices these patients had made and his thanks to those who participated in delivering gifts.

Brownies shared good cheer

Presidio Brownie Troop 470 brought homemade ornaments and good cheer to residents of the San Francisco Veteran's Home this past Christmas when they went caroling with Lt. Gen. Glynn C. Mallory, Sixth U.S. Army commander, and the Officers' Spouses' Club.

More than 20 girls and parents went to carol. They distributed gifts and cookies to the residents who were genuinely delighted to see them. Brownie troop leader, Mary Bowersox said the girls had been working on a badge called ``Caring and Sharing'' and the caroling was a perfect opportunity to practice what they had been learning.

Story and photo by Susan Conrad

Brownies hold up the ornaments they made for the residents of the Veterans Home, that the group visited Dec. 23.

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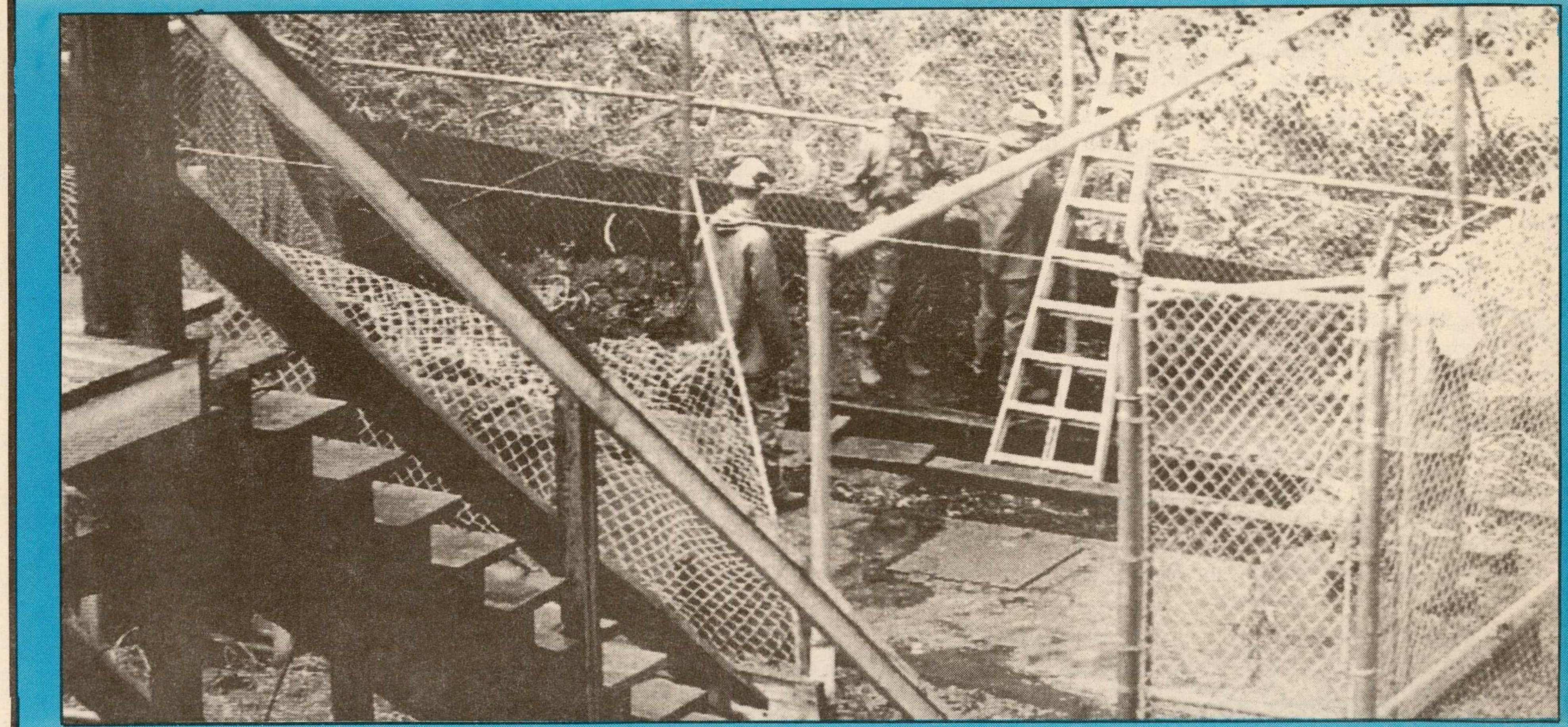
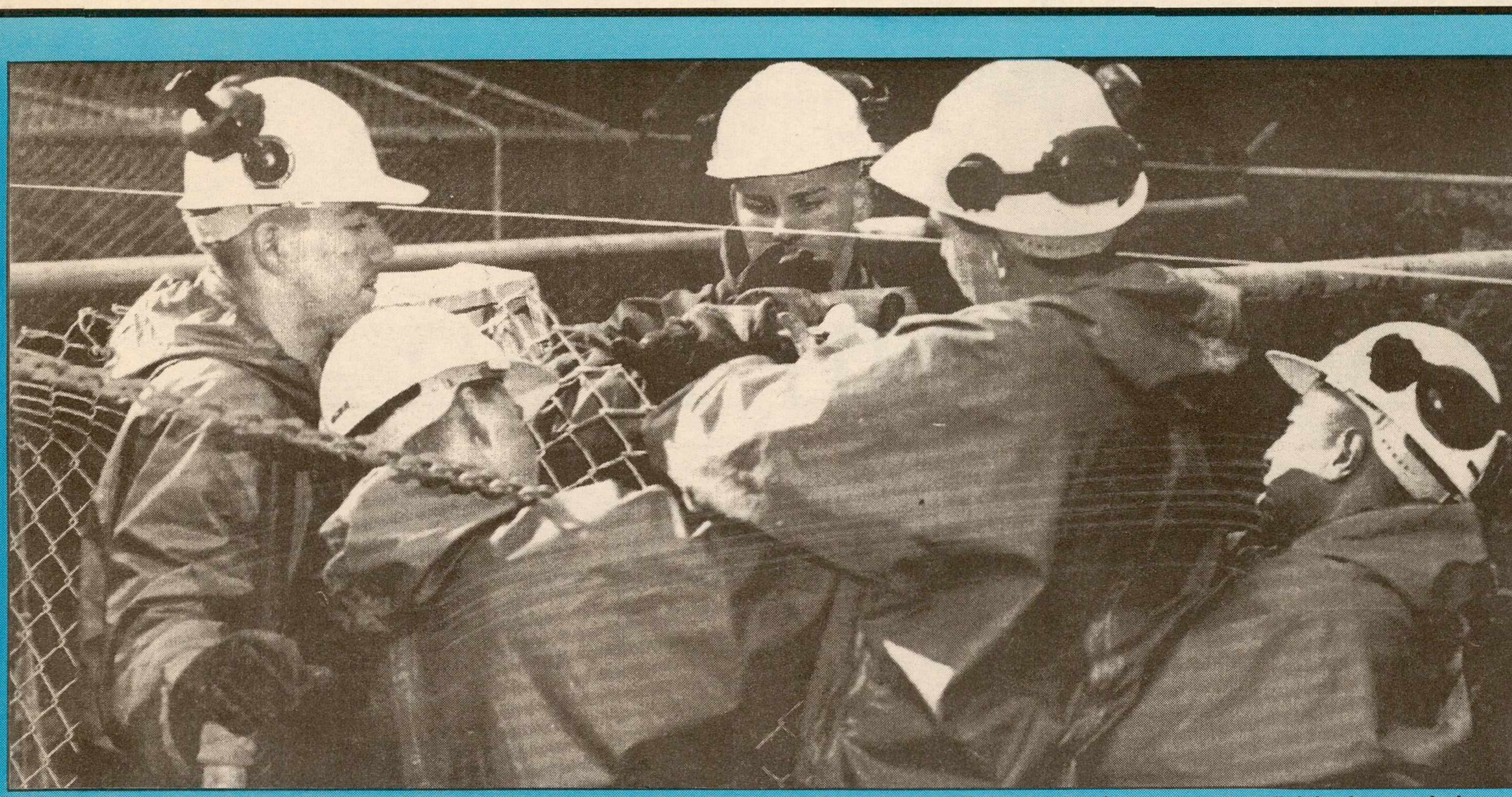
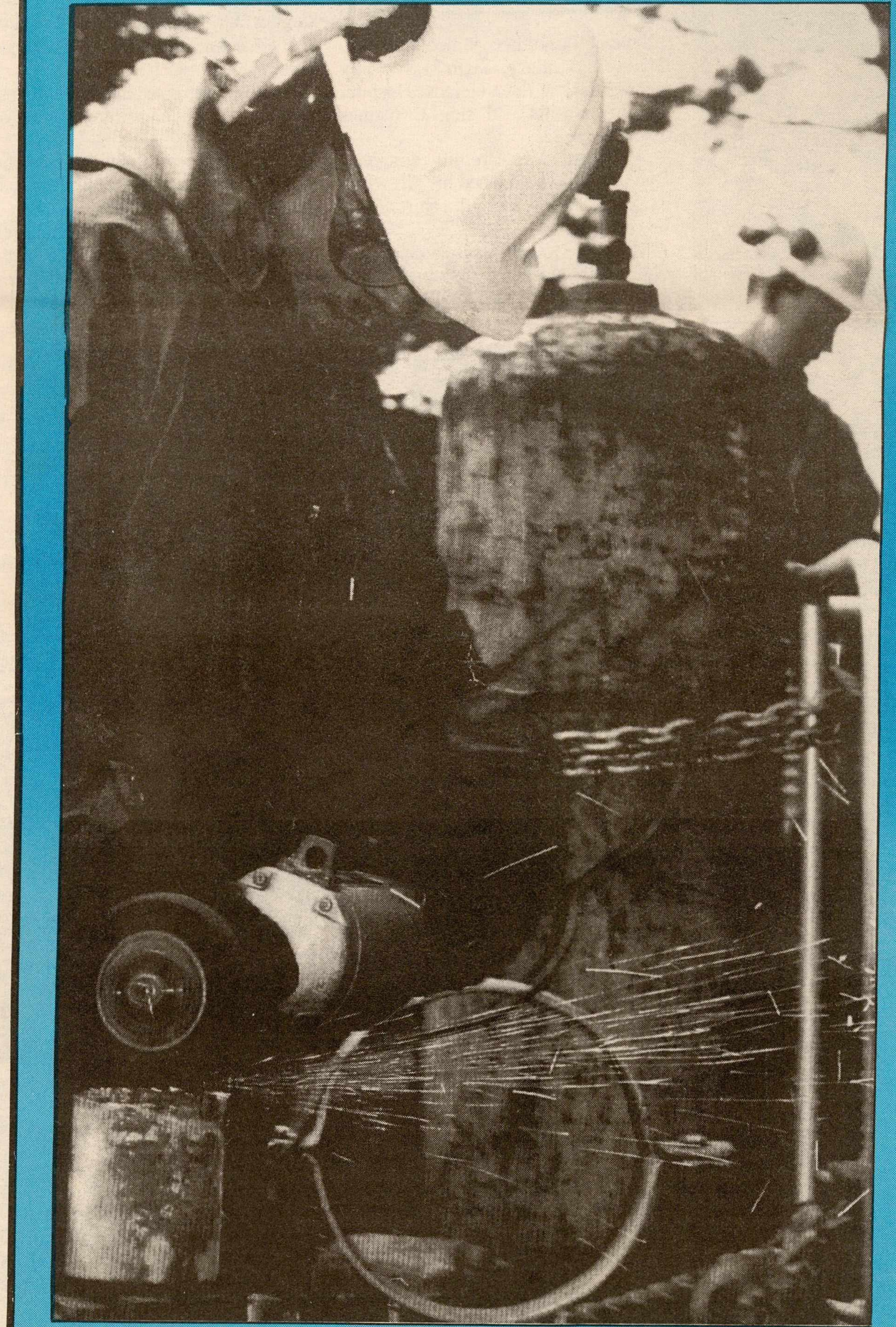


A group of engineers clear debris from the barricade protecting the reservoir at Lobos Creek.



A group of engineers use elbow grease to wrestle a chain link fence together as part of the renovations work they finished recently here.



Pfc. Robert Bilger uses an electric grinder to file down a pipe fitting .

As Pfc. Johnny Wiest and Spc. William Vandegrift steady the support pole with their weight, Spc. Keith Ahlstrom prepares to weld a cap into place.

Engineers in action

864th rescues post water system

Story and photos by Staff Sgt. Pleasant Lindsey III
Star Presidian staff

A fallen tree crushed the chain link barrier protecting th water inlet reservoir where Lobos Creek waters enter th Presidio water treatment plant.

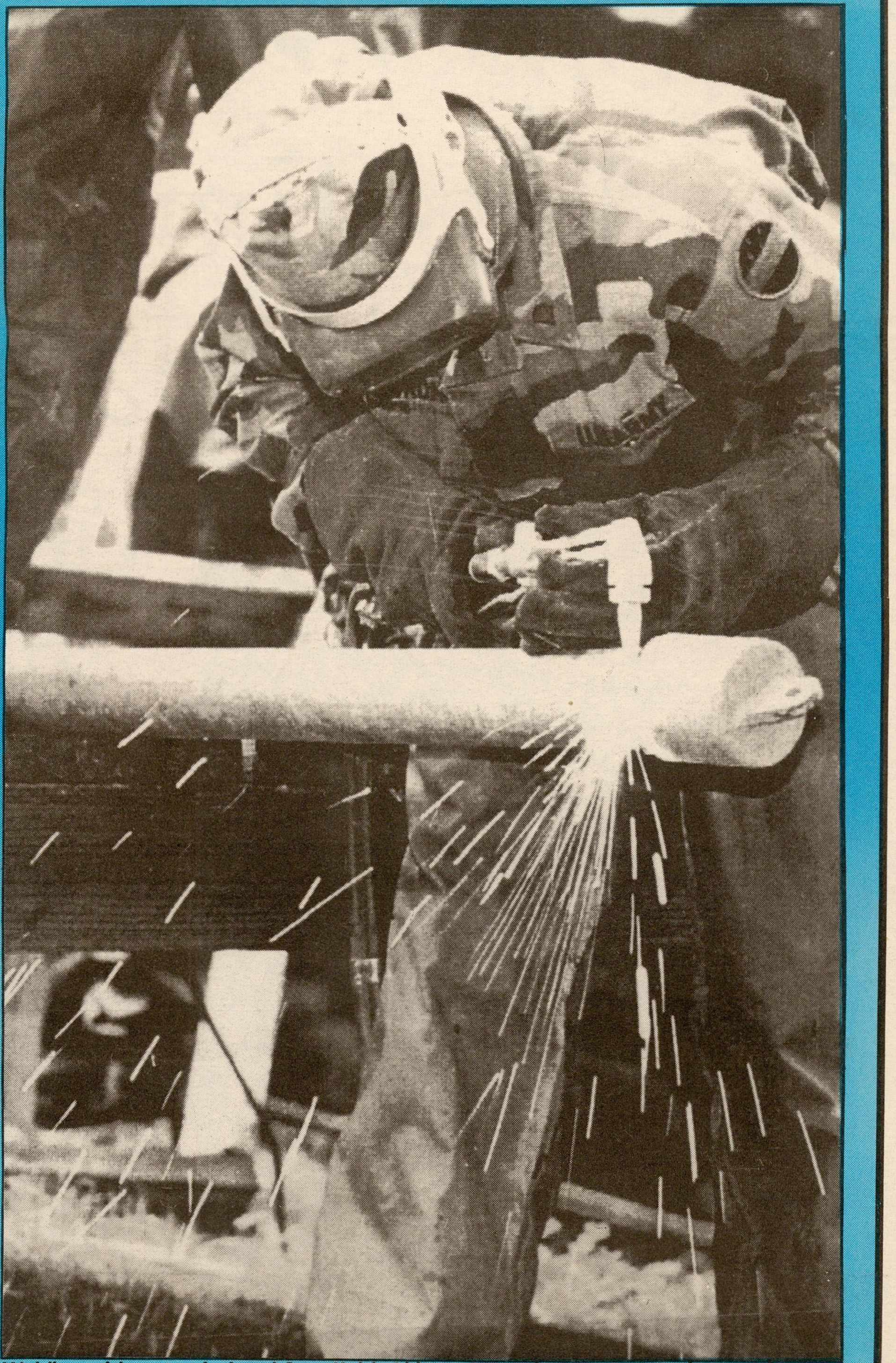
So the Vertical Platoon of Company C, 864th Enginee Battalion, removed the timber and repaired the barrier.

The soldiers worked through the rain in ankle-deep mud an silt, and removed the original, crushed and twisted meta supports and chain links, and replaced the crushed stairway

New supports had to be constructed and were then welde in place. The chain links were then stretched back over the barrier. The barrier is situated in a draw just northeast of the Lincoln Boulevard entrance, near 25th Avenue.

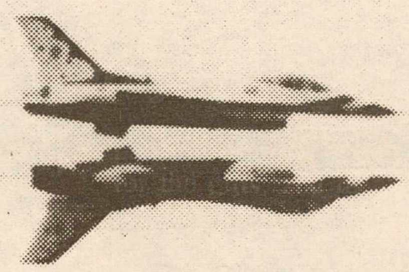
Lobos Creek originates from an underground acquifer located beneath San Francisco, and has been supplying much of the Presidio's drinking water since the Army first took over the post in 1863.

Water from the creek flows into a collection pipe and is channeled into the water treatment facility located on Baker Beach. The barrier prevents falling limbs, animals and people from becoming trapped between the creek's exit and the pipe's entrance.



Welding with a steady hand Spc. Keith Ahlstrom attaches a cap onto the top of a support pole which will be used in the chain link fence.

More Fun Than A Mirror Maneuver.



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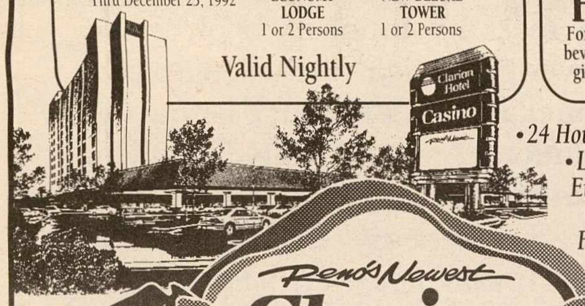

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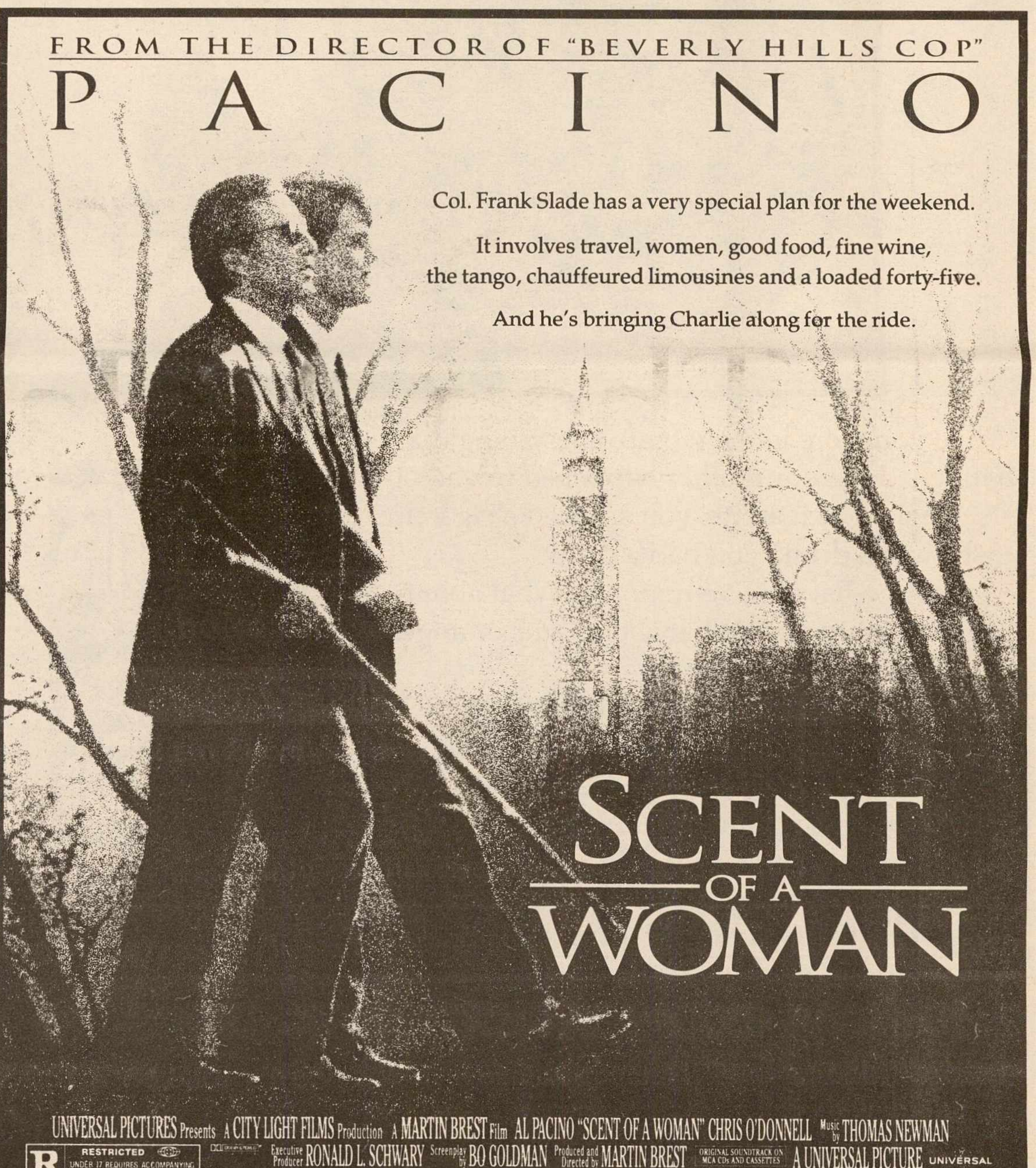

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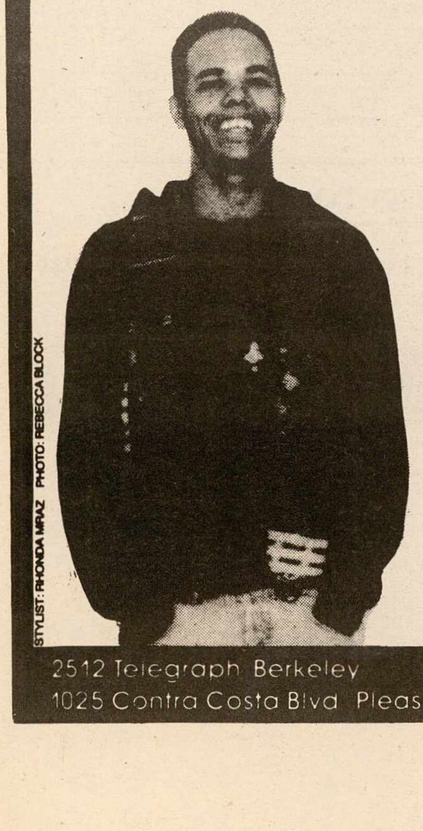

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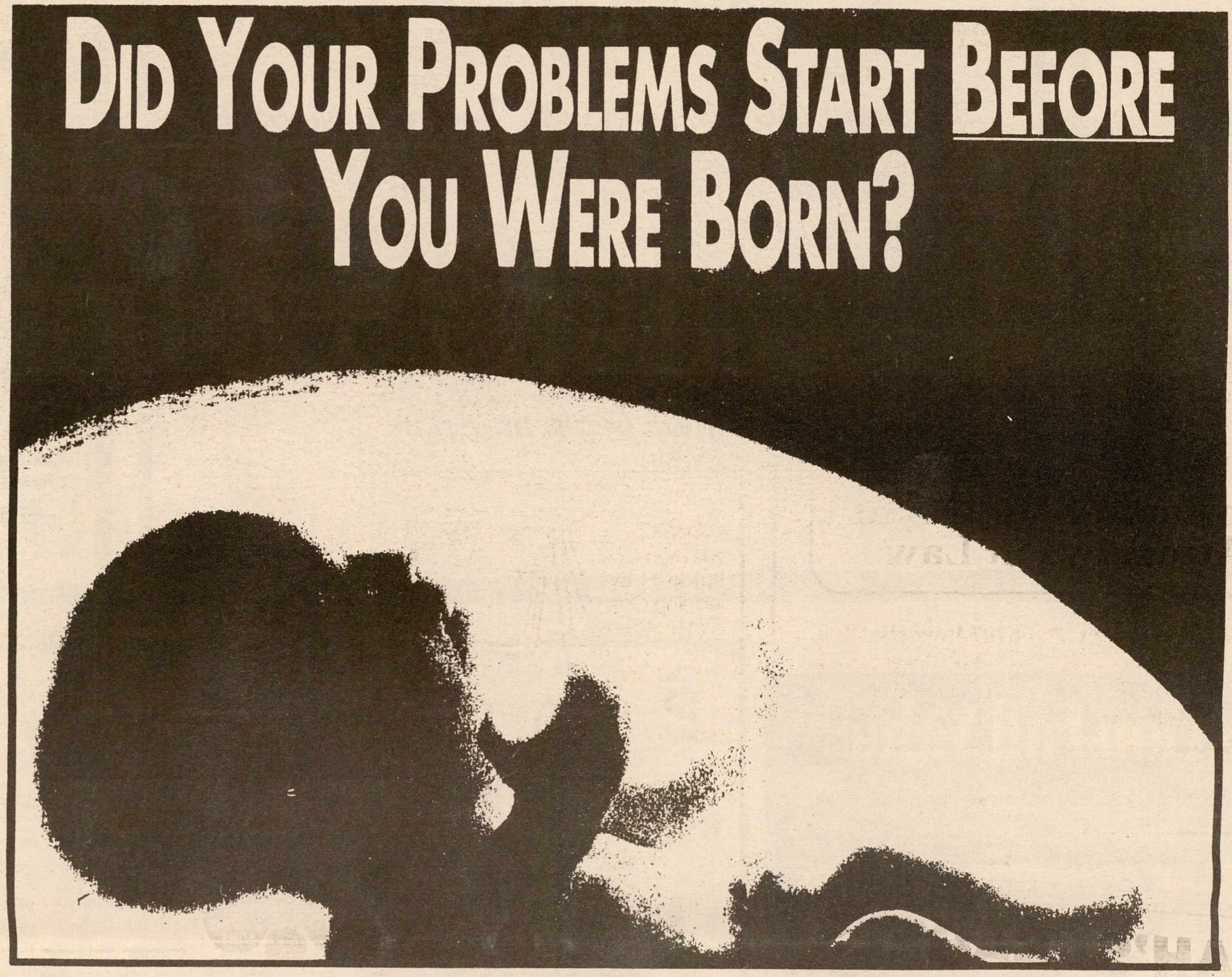

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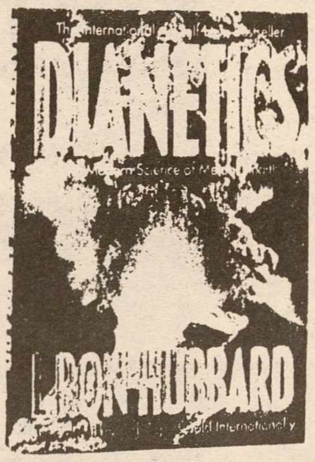
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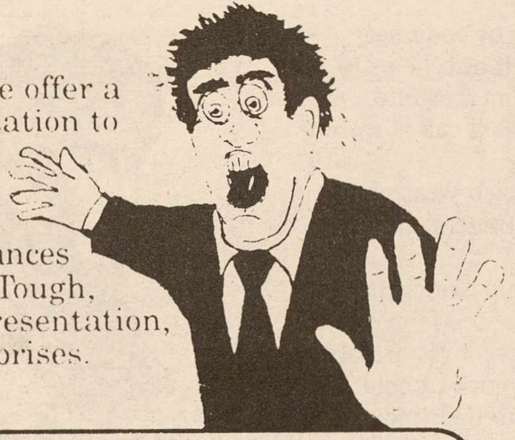

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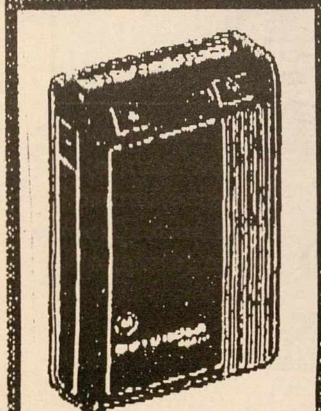

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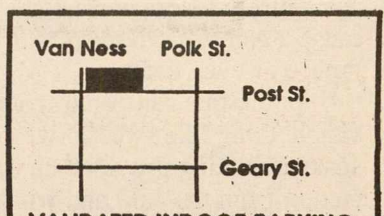

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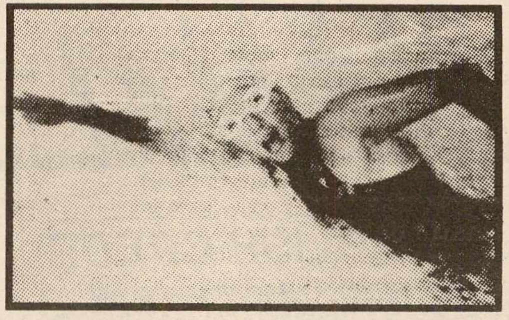

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Cold weather takes special care

Some people settle in for the winter and turn into couch potatoes until the spring thaw. They drop running and other cardiovascular exercises. Then come spring, they try to get into shape fast.

Don't let cold or inclement weather keep you inside or away from running or exercising outdoors this winter. If you follow a few simple steps you shouldn't have any trouble. Common Sense has to take charge.

Officials at the President's council on Physical Fitness and Sports warn runners to watch out for hypothermia, frostbite, wind chill and dehydration.

Most people associate dehydration with exercising in warm or hot weather, but it can easily occur in cold. Cold Air is often dry, and people lose water by breathing and perspired. To avoid dehydration, the president's council recommends drinking plenty of water or fluids while exercising.

Wind chill is double trouble. It can cause both hypothermia and frostbite. Wind chill measures the cooling power of temperature and wind as they hit exposed skin. For example, and outdoor thermometer might register 40 degrees Fahrenheit. Hypothermia begins when the body's core temperature falls below its normal level. Just a few degrees below normal can cause a coma, cardiorespiratory failure or even death.

Hypothermia can result from a simple thing like sweat. Sweat-soaked clothing provided no protection from the cold and wind.

Frostbite affects exposed or wet skin, especially the ears, nose, cheeks, and fingers and toes. It can damage or even freeze the skin and below. Frostbite can cause sensory loss, scars arthritis and an increased sensitivity to cold. In worst cases, frostbite can lead to infection and tissue death, resulting in limb loss through amputation.

A simple way to ward off hypothermia and frostbite is to dress appropriately for the weather. Wear layered clothing, because the layers trap heat between them, explains the council. Also, layers can be removed as a person warms up, and added as needed. The outer layer should be waterproof and wind proof or resistant.

Remember to start off exercising or running a little cool, wearing lighter clothing than temperatures may seam to warrant, say experts. This is due to the body's ability to generate a lot of heat and a person can become too warm.

A hat is mandatory, because a person losses a lot of body heat through the head. It also helps to protect the ears from frostbite. A wool watch cap or ski cap is recommended.

Runners should also wear gloves or mittens to protect fingers and hands from frostbite.

In addition, people exercising outside should wear scarfs over their mouths to help prevent respiratory problems and the shock of cold, dry air being drawn into their mouths and lungs as they breathe. An alternative is that they breathe only through the the nose.

Know where there are shelters, houses, and telephones on your route if you should encounter any trouble. Don't go so far that you can't get help if you need it.

Armed Forces Information Services

How C-C-C-Cold Is It...?

Wind Chill Table

Source: National Oceanic and Atmospheric Administration

Wind Chill Index: (Equivalent temperature) Equivalent in cooling power on exposed flesh under calm conditions

Degrees (Fahrenheit)	**35**	**30**	**25**	**20**	**15**	**10**	**5**	**0**	**—5**	**—10**	**—15**	**—20**	**—25**	**—30**	**—35**	**—40**	**—45**
Wind MPH 0	35	30	25	20	15	10	5	0	—5	—10	—15	—20	—25	—30	—35	—40	—45
5	33	27	21	16	12	7	1	—6	—11	—15	—20	—26	—31	—35	—41	—47	—54
10	21	16	9	2	—2	—9	—15	—22	—27	—31	—38	—45	—52	—58	—64	—70	—77
15	16	11	1	—6	—11	—18	—25	—33	—40	—45	—51	—60	—65	—70	—78	—85	—90
20	12	3	—4	—9	—17	—24	—32	—40	—46	—52	—60	—68	—76	—81	—88	—96	—103
25	7	0	—7	—15	—22	—29	—37	—45	—52	—58	—67	—75	—83	—89	—96	—104	—112
30	5	—2	—11	—18	—26	—33	—41	—49	—56	—63	—70	—78	—87	—94	—101	—109	—117
35	3	—4	—13	—20	—27	—35	—43	—52	—60	—67	—72	—83	—90	—98	—105	—113	—123
40	1	—4	—15	—22	—29	—36	—45	—54	—62	—69	—76	—87	—94	—101	—107	—116	—128
45	1	—6	—17	—24	—31	—38	—46	—54	—63	—70	—78	—87	—94	—101	—108	—118	—128
50	0	—7	—17	—24	—31	—38	—47	—56	—63	—70	—79	—88	—96	—103	—110	—120	—128

(Wind speeds greater than 40 mph have little additional chilling effect.)

How Cold is Cold? Both temperature and wind affect the heat loss from the surface of the body. The effect of these two factors is expressed as an "equivalent temperature," which approximates the still-air temperature which would have the same cooling effect as the wind and temperature combination. For example, from the table above, with a temperature of 20°F. and a wind of 20 mph the effect on exposed flesh is the same as—9°F. with no wind.

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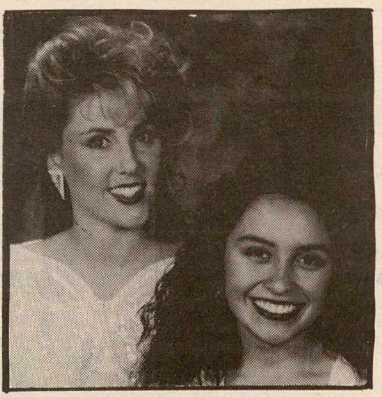

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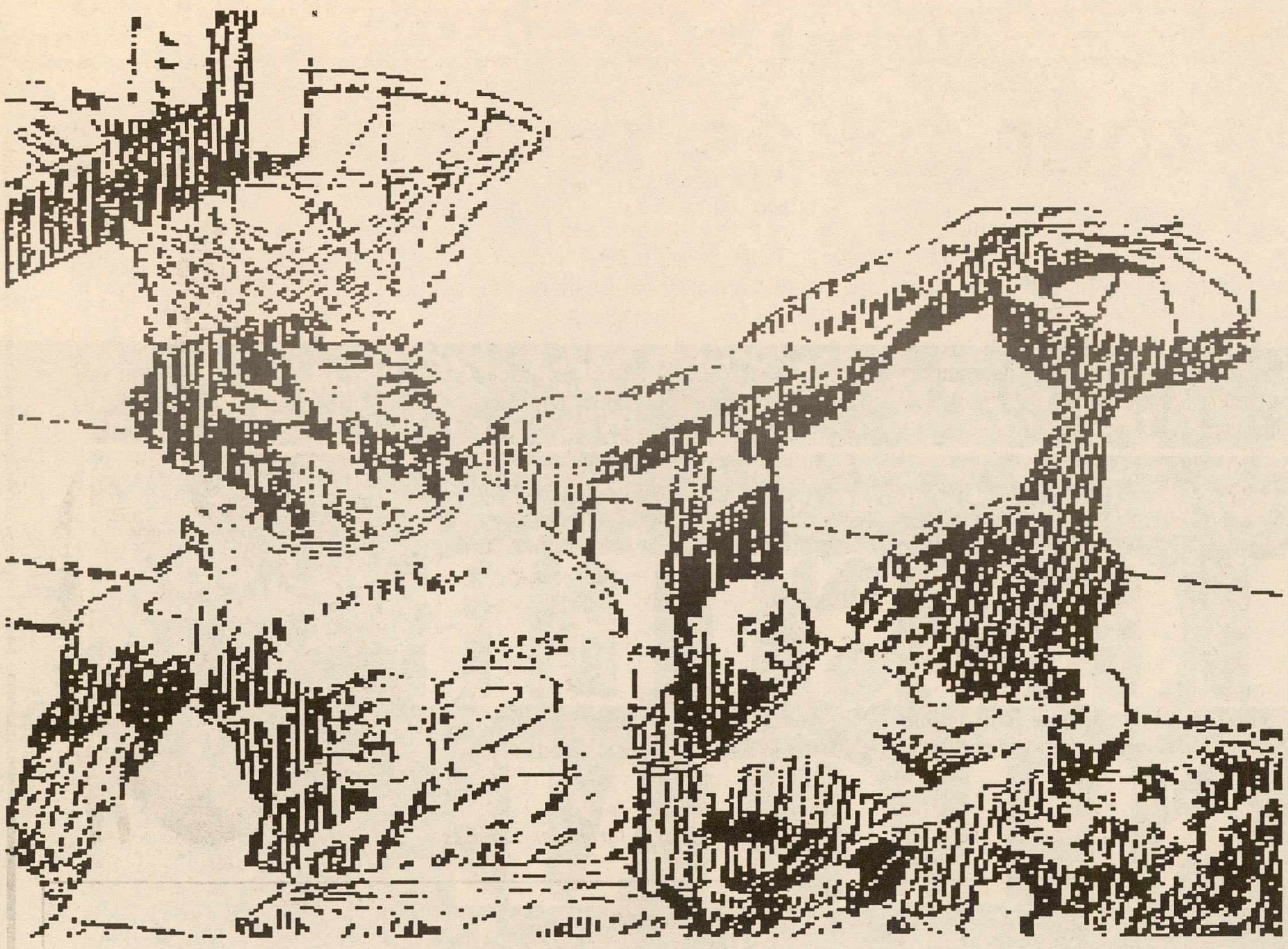

'93 Intramural B-Ball program set to begin

The 1993 Presidio of San Francisco Intramural Basketball Prgram competition will begin Jan. 19.

It is open to all soldiers, Department of the Army civilians and family members, 19 years and older, assigned or attached to the Presidio of San Francisco.

Other installations and activities may participate upon written application to:

Chief
Community Recreation Division
ATTN: Sports Branch
Presidio of San Francisco, CA 94129

Installations or activities not supported by the Presidio will be required to pay their prorated share for awards and officials.

An organizational meeting will be held at Post Gym One, Building 63, at 1:30 p.m., Jan. 13. Units and activities entering a team must have a team representative at this meeting.

For information, call Bobby Gascon, sports director, at 561-5032/4120.

RANKINGS

The winners of the Christmas Sports Tournaments held here last month were: Letterman U.S. Army Hospital took the Basketball championship; The Sixth U.S. Army took the Volleyball Championship title, and Master Sgt. Ed Barnes, Presidio of San Francisco Readiness Group, took the Racquetball Championship crown. At the Bowing Center, 528 lines were bowled during the holidays.

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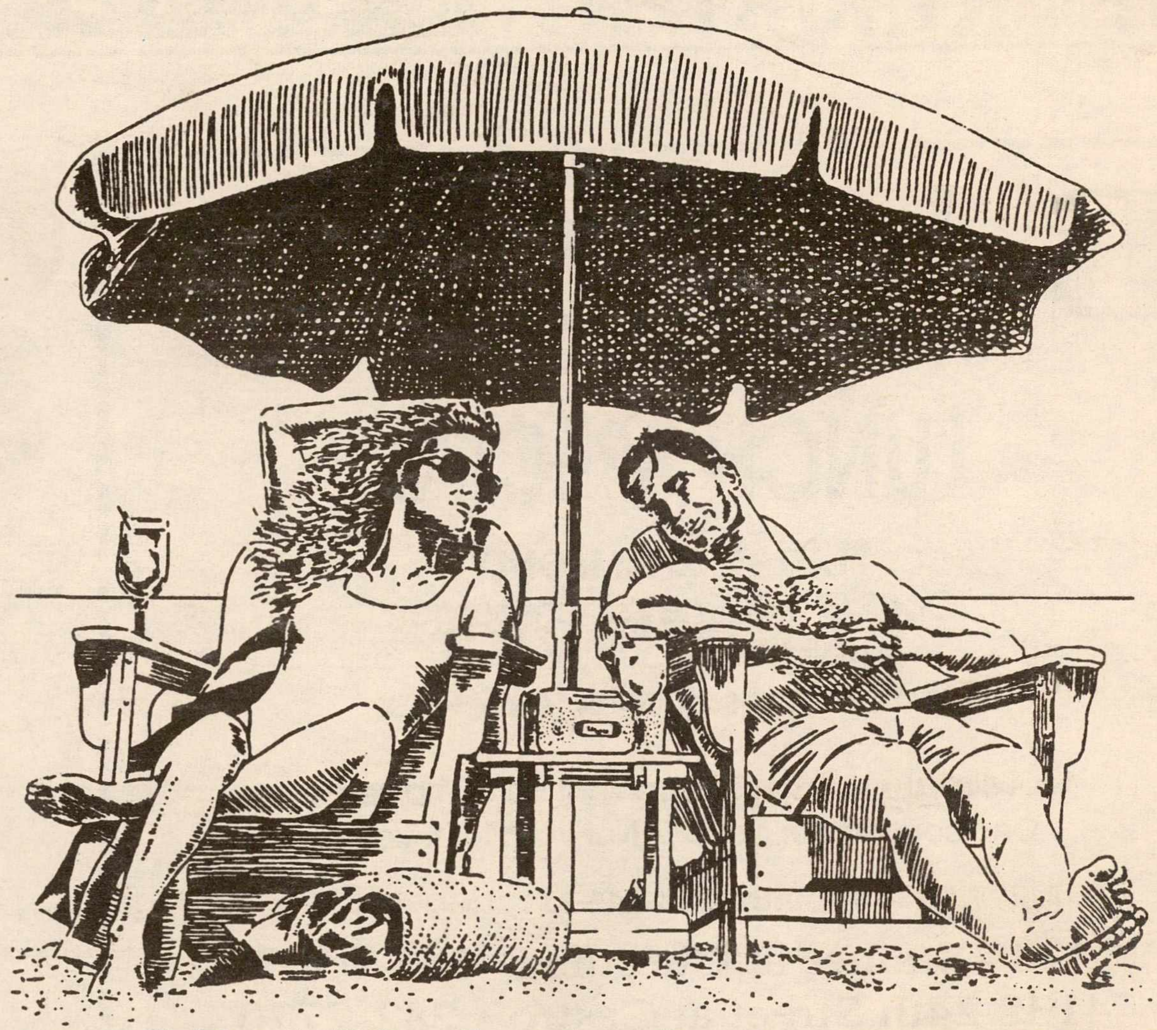

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GCC-A-3309

Star Presidian

Vol. 36, No. 2 Published for the Presidio of San Francisco Jan. 15, 1993

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LAIR changes commanders

By Donna Shepard
Letterman Army Institute of Research Public Affairs

The flag of leadership was passed Jan. 6 to Letterman Army Institute of Research's tenth commander, Col. John R. Hess. Col. George J. Brown relinquished command of LAIR after 18 months to assume command of Blanchfield Army Community Hospital, Fort Campbell, Ky.

Col. John R. Hess

Some 200 people gathered in the institution's auditorium to witness the ceremony. Maj. Gen. Patrick Brady, Sixth U.S. Army deputy commander and reviewing officer for the ceremony lauded Brown's contributions to the institute and welcomed Hess into the Presidio family.

Prior to his selection as LAIR commander, Hess had served as the institution's chief of Blood Research since August 1991, and assistant chief of Blood Research from 1986 - 1991.

Hess received his undergraduate degree with honors from Washington State University, Pullman, Wash. in 1967; and his medical degree from the University of Washington School of Medicine, Seattle, Wash. in 1972.

The new commander entered active duty in 1973. Hess completed his internship at Presbyterian-University Hospital, Pittsburgh, Pa. in 1973, and his residency and chief residency in Internal Medicine at Tripler Army Medical Center, Honolulu, Hawaii in 1977. In 1985, he completed a three year fellowship in Hematology and Medical Mycology at Fitzsimmons Army Medical Center, Aurora, Colo.

Hess served as assistant chief, Hematology and Medical Mycology, Fitzsimmons Air Medical Center, Aurora, Colo. (1985 - 1986); chief, outpatient clinic, 121st Evacuation Hospital, Seoul, Korea (1977 - 1978) Area Surgeon, Southeast Thailand, U.S. Army Support Group, Thailand (1974-1975); and Battalion Surgeon, 1/42nd Field Artillery, Chun Chon, Korea (1973-1974).

Outside the Army, Hess served as senior surgeon and clinical director, U.S. Public Health Service Indian Hospital, Fort Yates, ND. (1981-1982); Director of Health, American Samoa (1980-1981); and assistant professor of medicine, John A. Burns School of Medicine, University of Hawaii at Manoa, Honolulu, Hawaii (1979-1980).

Hess is a diplomat of the American Board of Internal Medicine with subspecialty boards in hematology and medical mycology, and is a diplomat of the American Board of Preventive Medicine. He is a Fellow of the American College of Physicians and a member of the American Society of Hematology, the Society for Epidemiologic Research, the American Association for the Advancement of Science, the American Society for Clinical Mycology, the American Association of Blood Banks, and the American Medical Writers Association.

Hess has co-authored more than 30 articles and abstracts. His military honors and awards include the Meritorious Service Medal, Army Commendation Medal (with second oak leaf cluster) and the Order of Military Medical Merit.

Hess is married to Lynn G. Stansbury, MD, MPH, and has a son Aaron, 10.

Nation marks King's contributions

There will be a commemoration service in honor of the Rev. Dr. Martin Luther King Jr. today from 11 a.m. to noon at the Main Post Chapel.

Chaplain (Maj.) Freddie L. Hall Jr., deputy post chaplain, will be the guest speaker. Special music will be provided by the Lowell High School Choir of San Francisco.

The Sixth U. S. Army and Presidio of San Francisco will observe King's birthday Monday. This year's theme is ``*Living the Dream, let Feedom Ring. Building bridges of understanding.*"

· The Presidio Theatre will show the Warner Brothers release ``Malcolm X'', on Jan. 23 to mark the beginning of Black History Month. See Page 2 for more.

Sixth U.S. Army celebrates 50th Anniversary

Jan. 22
Organization Day

An organizational day will be held at Gym 1, Building 63 from 9 a.m. to 3 p.m. Highlights will include food, entertainment and athletic competitions. Everyone is welcome.

SIXTH UNITED STATES ARMY
"Born of War"

Jan 25
Dedication Ceremony

A plaque commemorating the 50th Anniversary of the Sixth U.S. Army will be unveiled at the dedication ceremony at 10 a.m., Jan. 25 in front of Headquarters, Sixth U.S. Army, Building 38.

50th ANNIVERSARY
1943-1993
Guardian of the Golden Gate

Jan. 25
Luncheon

An AUSA Luncheon will be held at the Presidio Officer's Club at 11:30 a.m., Jan. 25. Lt. Gen. Glynn C. Mallory Jr. is the featured speaker. The cost is $14 ($6 E-1 -E-4), There will be a wreath laying ceremony following the luncheon.

'I have a Dream'

24 years later is MLKs vision of America the stuff which dreams are made of?

By Spc. Jose M. Zuniga
Star Presidian staff

``The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.''

Rev. Dr. Martin Luther King Jr.

On Nov. 13, 1956, Martin Luther King Jr. sat stoically in a Montgomery, Ala., courtroom. He was the chief defendant in the city's case to stop a bus boycott that had cost the city thousands of dollars in revenues and sparked a fight against state and locally-sanctioned segregation.

In the midst of the trial, there was a stirring in the courtroom: the mayor, police commissioner, and two city attorneys left their seats abruptly as an Associated Press reporter handed King some newsprint, fresh ink smudging his fingertips:

``The U.S. Supreme Court today affirmed a decision of a special three-judge U.S. District Court declaring Alabama's state and local laws requiring segregation of buses unconstitutional.''

Thus began the dream King promulgated for the next 12 years until his assassination at Memphis, Tenn., April 4, 1968. The dream he tried to spread attempted to cross seeming oceans of race, seeking to establish the belief that all Americans, regardless of skin color, are equal. He promoted, through common vision, common conviction and common commitment, the rights to human dignity and mutual respect, freedom, opportunity, justice and peace.

But has the United States awakened from a long sleep and forgotten that dream or even a fraction of the ideals it embodied? Or is it merely a case of blanket amnesia affecting the country? Perhaps best illustrating the answer are a Bureau of National Affairs survey's results showing that Martin Luther King Jr. Day, Veterans Day and Columbus Day are the holidays most ignored.

Have King's teachings of nonviolent campaigns against racism, violence and poverty gone by the wayside? If the May 1992 riots in Los Angeles are any indication, perhaps they have. Or perhaps it is a reflection of ignorance when a national Gallup poll indicates that 46 percent of Americans know little if nothing at all about King's work. Much more unfortunate, the poll shows 19 percent of American high school students have never heard of King or of his Dream (an entire generation involuntarily left in the dark).

Monday will mark the seventh national observance of the slain civil rights leader's birth, an observance which has evolved into an international event in more than 140 countries. Should it be a matter of national embarrassment that our youth are ignorantly oblivious to King when youth in foreign countries are not?

Perhaps this year it would behoove Americans to review King's life and relearn the ideals he promoted.

For King, the Supreme Court decision condemning bus segregation in Alabama reaffirmed his conviction that there is ``a creative force that works to pull down mountains of evil that level hilltops of injustice.'' For 12 years after that victory, King continued his teachings, not unopposed by confrontation to his nonviolent black protest, from Montgomery, to a Birmingham jail, to the steps of the Lincoln Memorial in Washington, D.C., until his death while championing the cause of garbage collectors in Memphis.

Through all that confrontation, King insisted that intellectual assent of high ideals was not enough; that mimicking high-sounding speeches in the interest of politics was not enough.

His was the conviction of one who had dreamed of a worldwide society, where brotherly love would be the norm, not the exception. He also recognized that the rocky uphill road to that ideal had to begin with human constraint and sacrifice, mutual courtesy and respect.

Above all else, however, he inspired in people the belief that one should accomplish good in spite of, rather than because of, society's sometimes narrow vision.

As Jan. 18 approaches, it seems fitting to recall his words, ``No man is an island and we shall overcome!'' King, the man who had that glorious dream of brotherhood and equality, did not live to see the progress he helped spawn. But certainly on his day, Americans can reflect on the country's past and act on its future. The dream must not end.

See schedule of events in News Briefs, Page 1

Letter to the Editor: An $82 movie!

It happened on a long awaited day off. After working on the weekend, I slept in that Monday morning. I got up and read the newspaper while Regis and Kathy Lee were bantering back and forth on the television. After a pre-lunch meal of orange juice and cupcakes, then a long, hot shower. I was feeling very chipper and looking forward to seeing the blockbuster movie which had just been released. Wanting to save a few bucks, I hopped into the car so I could make the first show.

The blue and red flashing lights were an indication something was wrong - very wrong.

``May I see your license and registration,'' the military policeman asked. All the lame excuses were running through my brain such as, ``I was NOT going THAT fast. Your radar gun must be malfuntioning.'' Or the ultimate excuse, ``I'm mortally sick and wounded and must get to the hospital.'' (even though I was traveling in the other direction.)

But, I just gave the corporal a guilty half smile and silently fumed inside as he wrote out the ticket and explained the consequences.

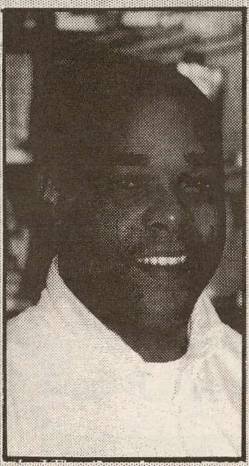
Can you believe that after he handed me the ticket, I even told him to have a nice day. The damage was a $70 traffic ticket, $6 movie, and $6 movie munchies–for a total of $82.

Words of advice for 1993, don't speed on the Presidio. Oh, by the way, that movie was great, but definitely NOT worth $82.

Sgt. Maj. John R. Moffett
Sixth U.S. Army Band

Ask Presidians

What, in your opinion, was Rev. Dr. Martin Luther King Jr.'s dream?



Preston Donalson, Presidio Exchange: ``King dreamed of peace and equality for everyone regardless of color or religious persuation. He saw all men living in peace and harmony with love for their fellow man. It was a message of nonviolence which he was trying to get to the world.''

Sgt. Ist Class John Dunbar, Readiness Group, Presidio of San Francisco: ``He dreamed of racial equality; man loving his fellow man. We've gone far, but we still have a long way to go.''

Lt. Col. Kathy Thomas, The Pentagon, Washington, D.C.: ``His dream was that everyone would live together harmoniously regardless of race. With people like Dr. King in the world and lots of time, we may see the manifestation of his dream.''

Cpl. Mike Taylor, Transistion Point: ``His dream was based on the idea that all men and women were created equal. We're far from making it into a reality, but the day is coming.''

Photos by Sgt. John W. McGarrah

Star Presidian

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Provost marshal NCO named best of quarter

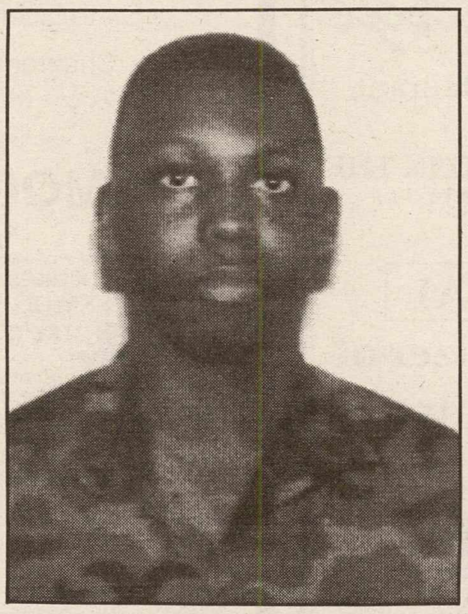
Story and photo by Spc. Adrienne Story
Star Presidian staff

Sgt. James A. Sadler was named the Presidio Noncommissioned Officer of the Quarter in December 1992.

Sadler is the NCOIC of the Provost Marshal's administrative office. His duties include supervising civilian employees, filing case reports, reviewing reports, doing time cards, and more.

Before working at the PMO, Sadler was an administrative assistant at Headquarters Command Battalion. He requested to be selected for this position because it would be challenging and put him in a staff sergeant slot.

The sergeant (promotable) is working to make staff sergeant within the next month.



Sgt. James A. Sadler

He has been awarded two Army Achievement Medals and two Department of the Army Certificates of Achievement. Sadler has also been recognized through letters of appreciation.

He has 53 credit hours in civilian education and plans to attend classes next semester. After serving in the military for one year and six months, Sadler had maxed his military education.

``My first sergeant at Fort Stewart, Ga. motivated me to do correspondence courses,'' Sadler admits. ``He made sure everyone signed up for one. After that, I just kept sending in for more until I maxed out on military education. Then I slowed down a little bit.''

Sadler says one of the main reasons for appearing before the boards is the excellent box on NCOERs.

``You have to have something to back up an excellent rating,'' he continued. ``Winning boards like these really looks good. Also, my supervisor pushed me to go. He felt I would do a good job. I wasn't so sure.''

Although Sadler felt unsure of his ability to compete for board titles initially, his confidence has climbed.

``I'm really glad I went now,'' he said. ``I'm sure I'll do well. I hear LUSAH and LAIR soldiers are tough to beat, but I'm ready now.''

Sadler contributes much of his success to the support he's received. ``I'm really confident because I've had a lot of help,'' Sadler admits. ``The support I've received has been tremendous. My first sergeant (Sgt. 1st Class Delores Carter), my supervisor (Sgt. 1st Class Bordigeon) and my wife have been great. They've helped me study and given me confidence.''

Before reenlisting, Sadler was a tanker. He enjoys his job as an administrative assistant, but admits sometimes he misses his primary MOS.

``Sometimes I wish I was still a tanker,'' Sadler said. ``I miss firing the tanks: That's where tankers get their enjoyment. It's a lot different, but I'm glad I reclassified.''

Sadler is still unsure of his future plans. There is a good chance that he'll stay in the military by measuring his success to this point.

``I'm not sure what I'll do: I'll probably reenlist,'' Sadler said. ``I've enjoyed the time I've been in the Army and feel it's a growing experience. I wouldn't change it.''

In recognition of excellence in action

Headquarters Command Battalion Soldier of the Year

Best of 1992 honor, title goes to military policeman

By Spc. Adrienne Story
Star Presidian staff

Spc. Shawne D. Maile, Law Enforcement Company, was named Headquarters Command Battalion soldier of the year for 1992. He competed against three other soldiers to win this honor.

Maile's next goal is to be promoted to sergeant before his three year mark in the Army. With only six months remaining before his deadline, the military policeman feels confident that he'll reach his goal.

Maile admitted that it didn't take too much time to prepare for the board. Maile studied two weeks, before appearing before his initial board, LEC Soldier of the Month. From there the preparation time lessened for each board.

``Most of the questions are based on information soldiers know,'' Maile said. ``There were some questions I missed. I had to study leadership. I just had to refresh my memory for the other subjects.''

Preparation was not difficult for Maile, however, appearing before the board members made Maile nervous.

``The hardest part about going to the board is when you first walk in the door and salute the sergeant major,'' Maile said. ``I got butterflies in my stomach.

``From there it was easier,'' he continued. ``The questions weren't difficult. I'm always confident.''

Maile's main objective in appearing before the boards was winning. He won four boards out of five, losing at the Post Soldier of the Quarter Board.

The promotion board will be Maile's last board as a specialist. Maile feels any board after that will be an NCO board.

After his four-year enlistment is served, Maile will transition out of the Army from here.

Although, he's working on an associate's degree from Columbia College at the present time, Maile intends to earn a bachelor's degree in law.

There has never been a question of what field to go into for this soldier. Maile has always wanted to work in law enforcement.

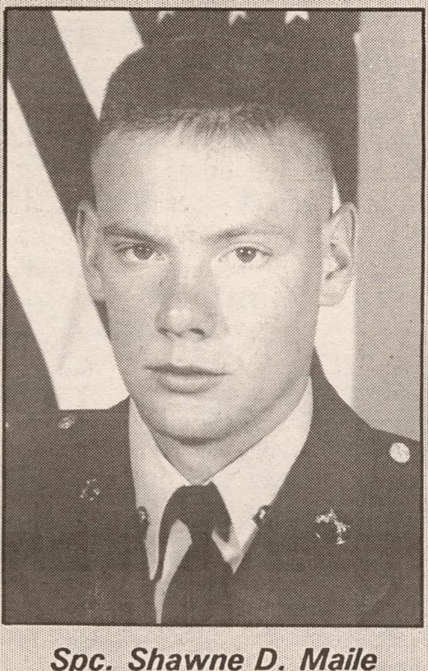
``I've wanted to work in this field all my life,'' Maile said. ``I've never intended to do anything else. I guess I enjoy this field because it gives me the opportunity to help and protect people.''

Maile feels there are specific guidelines when working in law enforcement.

``Always listen to your supervisors,'' he advises. ``You can learn a lot from them. Always think safety. And, you have to learn from your mistakes, but try not to make any.''

Although Maile does not plan to stay in the military, he has enjoyed his time as a soldier. He feels he's learned a lot about law enforcement and will apply it to his civilian career.

``I think I'm good at this field,'' Maile concluded. ``I have a lot to learn, but there's always more to learn when working in law enforcement.''



Spc. Shawne D. Maile

Volunteer helps 1,500 families make Presidio home

By Sgt. John W. McGarrah
Star Presidian staff

Some people give until it hurts. Mary Lorber is one such lady. Someone needs to give her a*big* bottle of aspirin.

Lorber has volunteered an excess of 1,200 hours of invaluable assistance helping more than 1,500 military families in- and out-process the Housing Division here.

In her position, Lorber performed required tasks to assign or terminate military housing, inter-post moves, and housing referrals for off-post personnel, in addition to reports and numerous other duties necessary in providing housing services to soldiers and their families.

``With the downsizing that we have experienced, I don't know what we would have done without Mary Lorber here,'' stressed Gene Blackburn, chief, assignments and terminations, Housing Division. To compound matters, during her volunteer period, the division was understrength, operating at approximately 30 percent of the authorized strength, he said.

Mary Lorber

``One of the reasons Mary was so valuable,'' explained Backburn, ``was because of her own background as a military spouse. She readily understands the various problems which can be encountered when changing duty stations and the traumas that military families face in relocating.

``To this end, she has offered her own experience and suggestions to help the office. She also offered encouragement, suggestions, and support to employees of the division. Her pleasant attitude and personality has been a major factor for the entire operation.

``Her service has been of such magnitude that she will be sincerely missed by the entire Directorate of Engineering and Housing," he said. ``Our appreciation cannot be adequately expressed for the many endless hours she gave to assist, and obvious concern and care she showed for the military and their families in their transitions on and off post."

Lorber's husband is scheduled to retire.

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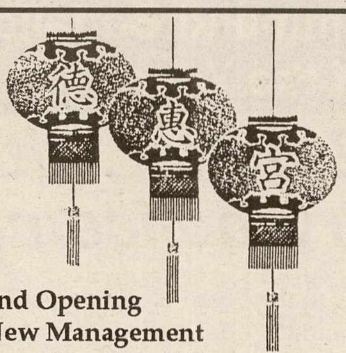

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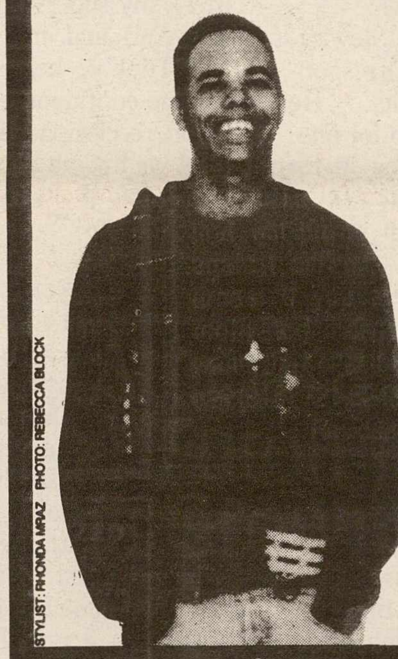

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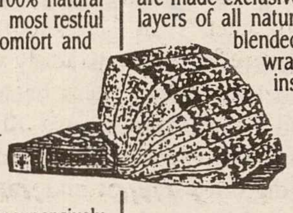

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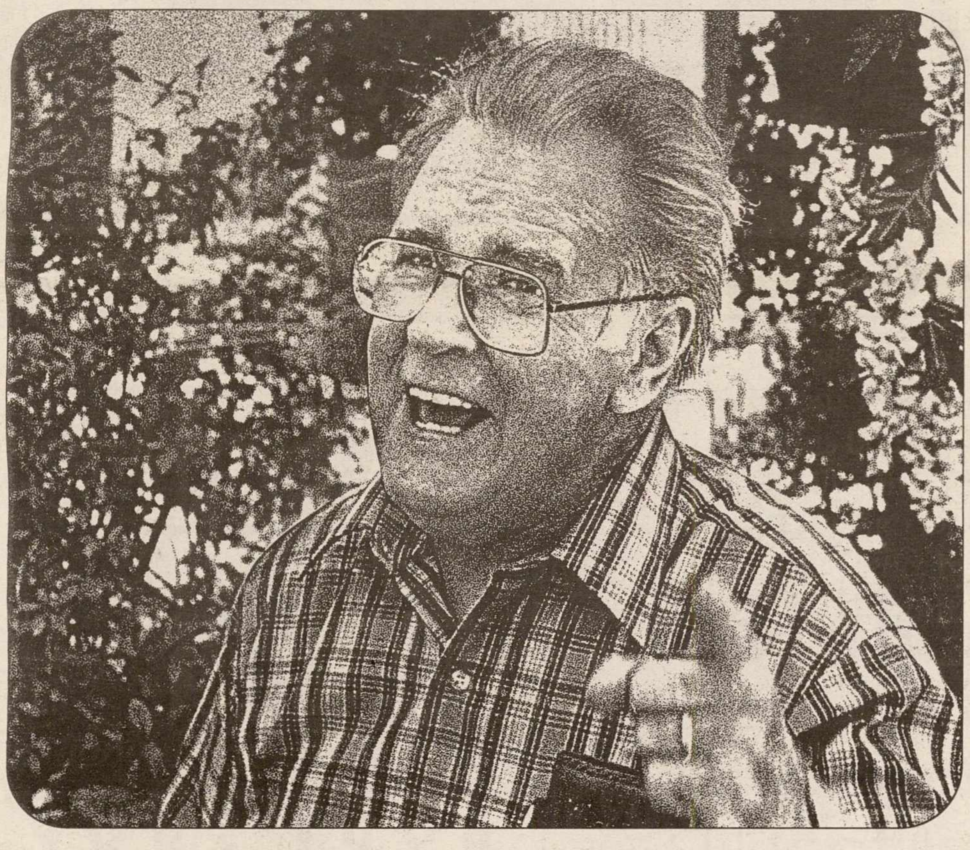

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News Briefs

Sobriety checkpoint set for Jan. 21

There will be a sobriety checkpoint conducted at Presidio Blvd. and Lombard Street on Jan. 21, from 9 p.m.-midnight. Drive safe, drive sober.

Child provider orientation on Tuesday

There will be an orientation briefing on becoming a family child care provider, Tuesday, from 9-11 a.m. in the Army Community Services building, 103-B. Provider training will be from Jan. 25 to Jan. 28, from 8 a.m. to 4:30 p.m. Child care is available.

One-on-one job search counseling

The Army Career and Alumni Program/Job Assistance Center (ACAP/JAC) is offering one-on-one job search counseling for transitioning military and civil service employees and their dependents. Use the portable JAC-in the box to review the Army Employer Network or to prepare a polished, professional resumé and cover letter. A counselor will be available in the Presidio Army Community Services Resource Center, Building 103B, Monday from 1-5 p.m., Tuesday from 9 a.m.-5 p.m., and Thursday from 9 a.m.-noon. If you need help defining your goals and job search strategy, writing an effective resumé, or preparing for interviews, call DSN 929-7907 or (408) 242-7907 to schedule an appointment.

Shoppette, commissary hours

The Shoppette will be open Monday for normal business hours. Beginning Tuesday, the Shoppette will open one hour later than before. It's new hours will be 8 a.m.-9 p.m. Monday through Friday, and 9 a.m.-9 p.m. Saturday and Sunday. The Commissary will be closed Monday and Tuesday to observe the Rev. Dr. Martin Luther King Jr. holiday.

Parenting class offered through ACS

Presidio Army Community Services is offering parenting classes Thursdays from 9:30 a.m.-noon. These classes teach how to have a happier family, and are free. There is free child care available on a reservation basis. Class dates and topics are: Jan. 21, Taking Care of Ourselves; Jan. 28, Who's in Control? Feb. 4, Encouraging Cooperative Kids; Feb. 11, Effective Communication; Feb. 18, Building Responsibility; and Feb. 25, When Nothing Works. To sign up and reserve your child care, call Karen Kaho at 561-5155.

Parental stress management classes

Presidio Army Community Services is offering stress/parenting classes Tuesdays from 10-noon. These classes offer an opportunity to learn skills to manage your stress and to have more fulfilling relationships. These classes are free and there is free child care available on a reservation basis. Class dates and topics are: Tuesday, Conflict Resolution; and Jan. 26, Home and Work Stress Management. To sign up call Karen Kaho at 561-5155.

Transitioning workshop offered

A transitioning workshop is scheduled for Jan. 22, 10 a.m.-noon, in the Presidio Army Community Services Building 103B. The workshop is presented for transitioning civilians, soldiers and family members to show how to manage the stress of job loss and move forward. Call Ann Williams, transition coordinator, for reservations at 561-4513/6090.

WordPerfect advanced classes

WordPerfect and WordPerfect Advanced classes are offered every Tuesday and Thursday, starting Tuesday through Feb. 11. Word Perfect is offered to those who know how to operate a computer. This course will meet from 9-11:30 a.m. WordPerfect Advanced is offered to those who are proficient in WordPerfect. This course will meet from 12:30-3 p.m. These courses are offered free of charge for military family members and retirees 18 years and older who are not otherwise eligible for other sponsored programs. For more information call 561-4147.

Introduction to micro-computers

What is a computer and what can it do? Just a couple of the questions to be answered in the free, hands-on workshop for beginners, which meets every Monday and Wednesday, 10 a.m.-12:30 p.m., from Jan. 20 through Feb. 17. This course is offered to military family members 18 years and older, and retirees. For more information call 561-4147.

Warning! Don't use fireplaces

The Directorate of Engineering and Housing has placed a ban on the use of fireplaces in all family quarters on the Presidio. For your safety do not use your fireplace. For any questions contact Juanita Whitehead at 561-3711.

Headquarters Company soldier spreads warmth in city

By Sgt. John W. McGarrah
Star Presidian staff

A woman named Anne Sullivan became known as ``the Miracle Worker'' following her landmark work with Helen Keller. The Presidio has it's own Anne Sullivan, a specialist with Headquarters Company, U.S. Army Garrison, whose working her own miracles for the homeless in the city of San Francisco.

The 25-year-old has taken it upon her shoulders to collect and distribute clothing for the city's homeless population.

The idea started off small, during a change of barracks for the soldier. Sullvan found that she had a surplus of clothing she didn't need any longer - some almost new. She found that other soldiers in the barracks were facing the same problem.

She didn't want to give the clothing to a charity which would only turn right around and sell them. She wanted to ensure that the clothes would go where they were really needed. She decided to do it herself.

Loading her car, she sought out the street people who make San Francisco their home. It was only then that she realized the magnitude of the problem.

``Some of the things that I saw just broke my heart,'' she said. ``A family, with three children, from 2 to 10 years old, with no shoes. All they had were plastic bags to cover their feet. I found an old lady at the Palace of Fine Arts who only had a plastic bag to cover herself with.

"There she sat, shivering in the frigid morning mist clad in nothing more than plastic trash bags.''

Sullivan advertised in the Weekly Bulletin for donations and found that people here are generous. She has received huge donations from both individuals and church congregations here.

Sullivan, discovered the St. Anthony's Foundation one day on her way to the San Francisco Society for the Prevention of Cruelty to Animals Shelter where she volunteers her time. The non-profit organization accepts clothing from Sullivan and provides it to those in need. Sullivan continues to distribute clothing on her own, sometimes enlisting the aid of friends.

She has no worries of going out into some of the areas of the city which others try to avoid. ``I've never been afraid. The secret is that you have to carefully evaluate the situation before you ever get out of the car. I've never had a problem though. Everyone (we have given clothes to) has been grateful. No one has ever been nasty towards me. The only mistake that I make is misjudging sizes.''

The New Jersey native isn't overwhelmed by the scope of the task she has undertaken. ``With all the deliveries I have to make, I need a truck,'' she joked. ``My car is too small. I can only fit four to five bags of clothes inside it until I run out of room.''

Anyone interested in giving clothes to assist the homeless can call Sullivan at 561-2355 weekdays during normal business hours.

Sgt. John W. McGarrah

Spc. Anne Sullivan, Hq. Co., USAG, made a difference to the homeless of San Francisco by opening her heart and closet to lend a helping hand.

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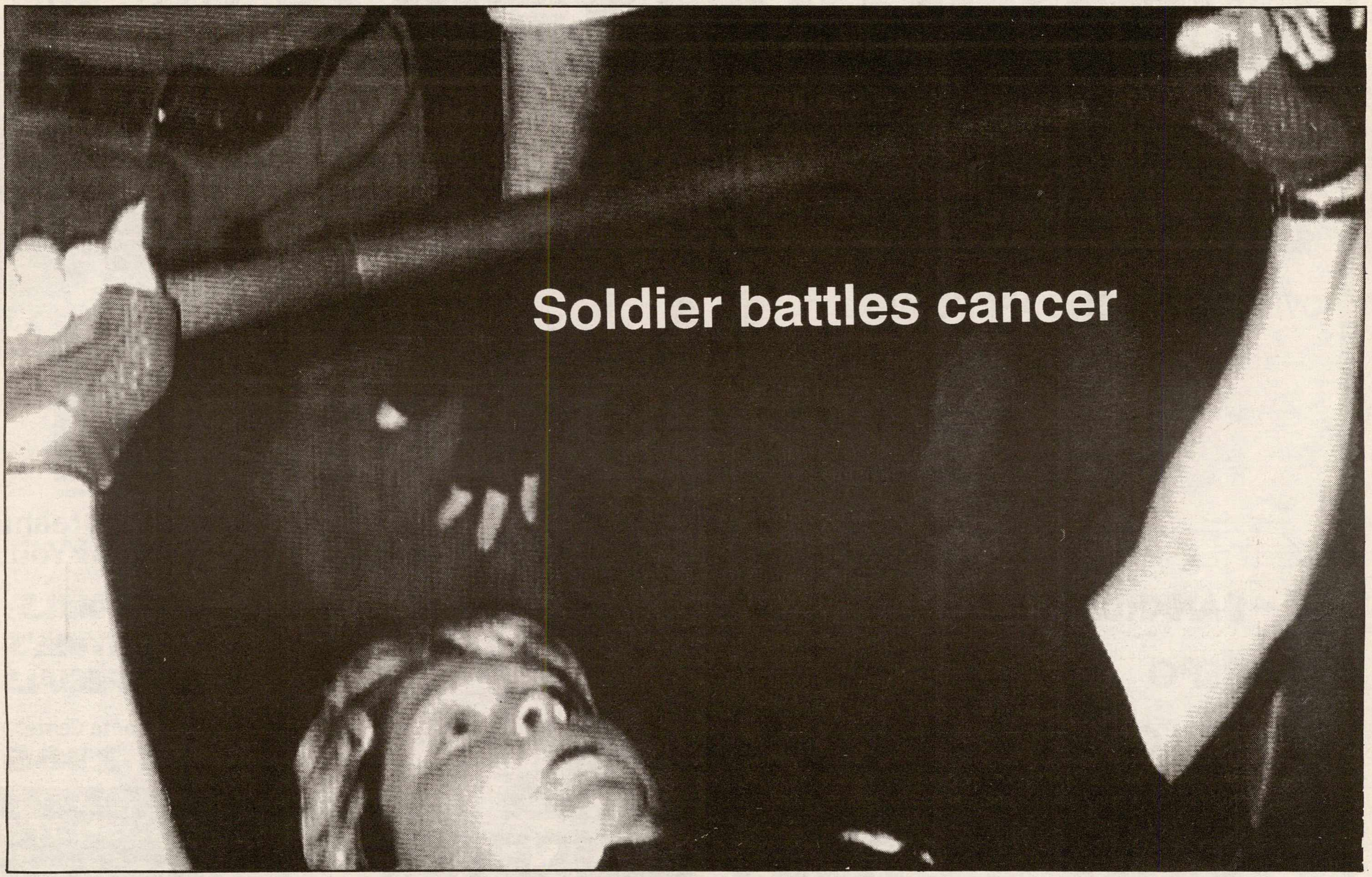
Soldier battles cancer



Staff Sgt. Bonnie Webster lifts weights after duty in Gym No. 1. Lifting helps her build up her physical and emotional strength after battling cancer.

By Spc. Adrienne Story
Star Presidian staff

***Staff Sgt.* Bonnie Webster, has fought a battle that has been more difficult than some wars because it goes on inside her body.**

Cancer effects people both emotionally and physically, and there is no cure. This NCOIC of the Personnel Management and Actions Section of the Personnel Service Support Team, Western Region, fought breast cancer with everything she's had.

Although Webster has had both her breasts removed, she doesn't feel this makes her any less a woman. Some might think she's extraordinary after surviving her battle with breast cancer.

According to Capt. Theresa A. Sullivan, psychiatrist, LUSAH, patients who have breast cancer go through three stages: anxiety, full impact of emotions and acceptance.

In September 1991, Webster was given the news: She had two types of cancer, one of which was considered breast cancer and another which was expected to spread during surgery.

``**At first, I just knew it wasn't me,**'' Webster remembered when she got the news. ``I, literally, looked behind me to see the person the doctor was telling this to. It couldn't be me. Then I had to fight the tears, and I tried to keep my voice straight so the doctor didn't know I was upset. After a short time it didn't matter, and I broke into tears.''

``At first people who have breast cancer feel anxious about what is going to happen,'' Sullivan said. ``They have many questions.''

Just days after finding out, lymph nodes were removed from Webster's underarm in a major operation she received at Letterman U.S. Army Hospital. A week after that surgery, the doctor said Webster would have to have her right breast removed. Webster said, ``If you're taking one, you're going to have to take them both, because I'm not coming back.''

The doctors agreed and both of Webster's breasts were removed. When Webster came to the realization that both of her breasts had been removed, she went through several emotions.

``One second I'd be fine, then the next second I'd be in tears,'' she recalled. ``When I first looked in that full length mirror after I had my breast removed, I cried all the way from head to toe. That was the first and last time I ever felt sorry for myself.''

``In the second stage it is common for patients to feel depression - sometimes anger,'' Sullivan said. ``Now they face three different issues: the loss of a body part, damage to the confidence of their sexuality as a women and their role as a mother, and then the fear of dying.''

After her surgery, Webster received chemotherapy for six months. Her treatments consisted of two CMF treatments, a saline solution to flush it through and 14 days of medication each month.

``**The chemo was worse than the cancer,**'' Webster said. ``It's poison put into your body. The doctor explained it as my body being at war. The bad guys get killed by the medication, but some of the good guys are also killed.

``At first, my hair didn't fall out,'' Webster explained. ``The lady who does my hair said, 'You aren't going to lose your hair.' Two days later my hair started to fall out. Handfuls would come out at a time. I just had it shaved. I did not want to put myself through the trauma of losing my hair day by day." Webster lost her eyebrows, eyelashes and toe and fingernails. ``First my nails got ridges in them from the chemo, then they split all the way into my skin. That was extremely painful,'' Webster remembered.

``I was so exhausted,'' Webster said. ``It was like running up and down stairs until you just collapsed from exhaustion. I felt like this every day for six months. I finally decided to start back at weightlifting. Some of the guys there said I didn't have to keep lifting weights. But, I felt I had to do it. I thought if I kept busy, cancer wouldn't get me. I figured if I just laid around it would beat me.''

``In the third phase breast cancer patients come to terms with the issue,'' Sullivan added. ``They begin feeling more comfortable with themselves and go on with their lives.''

``While going through chemotherapy, Webster's temperature reached 104 degrees. She called the doctor and was advised to go to the hospital for some test. Webster's blood test contained no white blood cells and five thousand red cells. The nurse told Webster that a person can't survive without 35,000 red blood cells. At this time, the doctor put in a permanent IV. It was in Webster's arm for 4 1/2 months.

``**People at LUSAH have called me a miracle** more than once,'' Webster said. ``My sister who is a nurse said my body was shutting down to die, but I wasn't. I remember I took a very small bag with me to the hospital. The nurse asked why I brought such a small bag. I told her I didn't have time to stay in the hospital. I didn't admit my body shutting down.''

Webster's appearance was one of the most difficult aspects of the disease for her to face.

``When people would look at me, I just felt all they could think about was the fact that I didn't have breasts,'' Webster said. ``I felt embarrassed sometimes, but then I realized it was more me than anyone. I used to work out in my tights and a big sweatshirt. Now, I don't wear the big, sloppy shirt. At first people would look at me and do a double take, but now no one in the gym gives it a second thought.''

Before Webster discovered she had cancer, she lifted approximately 55 pounds. Now on a good day she lifts 75. What is even more amazing is the doctors told her she would never lift weights again because of the intensive surgery performed on her underarm and muscles from her right breast area.

Webster's right arm has no feeling. She was told that blood could not be taken from that arm, her blood pressure can't be measured and a pulse will not be accurate.

``Sometimes my arm will just itch like crazy,'' Webster said. ``The nerves and muscles are growing back. I work out a couple hours every night.''

Webster attributes her survival to not giving up, faith, friends and surgeons at LUSAH.

``**I couldn't have picked better surgeons,**'' she said. ``They were wonderful. I couldn't have picked better friends either. I really found out how many friends I had, which ended up being the whole post. People who never spoke to me before, would go out of their way to say, `Hi,' or ask how I was doing. I had so much support.''

Webster has never asked, ``Why me?'' throughout her battle with cancer.

``I figured this happened for a reason,'' she said. ``I don't know if it's because there are so many young people out there that need someone to look up to. If this is one of the things I was supposed to do that's fine.''

One night a week, Webster joins 15 others in a cancer support group. The others have also survived breast cancer. ``We talk about everything,'' Webster confided. ``They say I give them stamina because I lift weights. We say, `We are the chosen few because we've survived and we're still surviving.''

Webster feels she has been given the strength to overcome this usually ;fatal disease and be a role model for others who develop cancer.

``I would tell someone who just found out they had cancer that they **can** survive, look at me,'' she says. ``Have faith in yourself and your higher power. Set goals for your future and stick to them. Your survival is more important than anything.''

As a cancer survivor, Webster has a new outlook on life. ``I don't take things as seriously as I used to,'' Webster concluded. ``Life is too short to take things for granted. Hey, it's better to smile than frown.''

***EDITOR'S NOTE:** The importance of self exams, regualr check-ups and mammograms cannont be ignored.*

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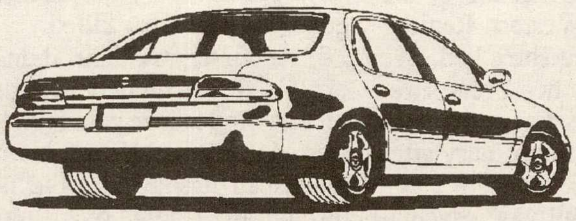

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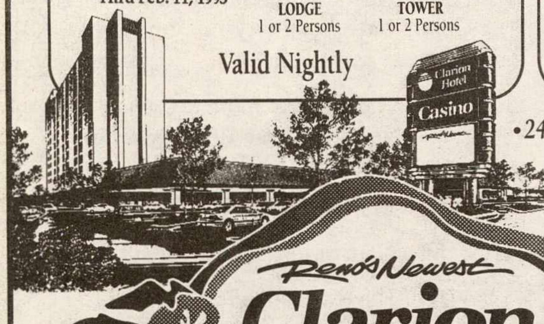

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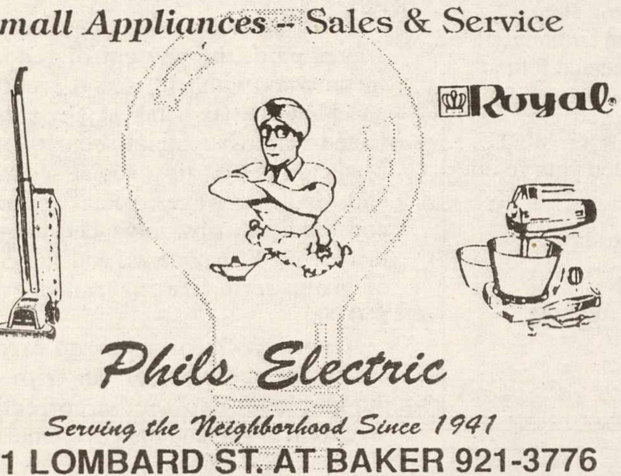

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Free Tax Help Available to Many

Welcome to
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The Internal Revenue Service has many programs to help people learn about taxes and do their tax returns. Many of these programs, sponsored by local organizations, have IRS-trained volunteers working in the community. Some programs are year-round efforts; some are available only during the tax filing season from January to mid-April.

The Community Outreach and Small Business Tax Education Programs operate all year long. Outreach sessions provide free help with federal tax returns to members of groups or associations. Major tax law changes and information of interest to single parents and seniors are some of the topics covered. There is line-by-line self-help preparation of federal tax returns for those who want to prepare their own.

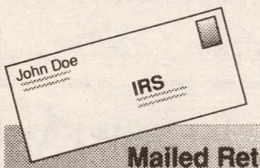
Through the Small Business Tax Education Program, trained experts teach small business workshops. These workshops are especially useful to those starting a new business, but they offer information helpful to all small business taxpayers. Topics include employment taxes, federal tax deposit rules, quarterly returns, accounting methods, and other tax-related issues.

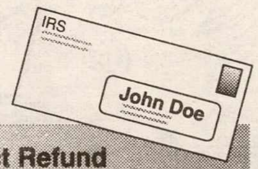
During the tax filing season, two groups of IRS-trained volunteers in community locations help fill out tax returns for the elderly, people with disabilities, non-English speaking and other people who cannot afford professional assistance. Tax Counseling for the Elderly (TCE) volunteers are trained specifically in issues that may affect older taxpayers such as the credit for the elderly or the disabled and the taxability of social security benefits. Volunteers working in the Volunteer Income Tax Assistance (VITA) program are trained in special credits and deductions such as the child care and earned income credits, the tax credit for the elderly, and deductions for medical and dental expenses. Both groups are trained to do basic Forms 1040, 1040A and 1040EZ.

For more information on the tax help and education programs in your area, call 1-800-829-1040 and ask for the Taxpayer Education Coordinator.

Where Is the Refund Check?

Normal processing of a federal income tax return takes approximately eight weeks if you mail your return. Generally, returns mailed in January and February take less time than those mailed in April. The chart below shows when to expect your refund based on when you mailed your return.





Mailed Return By Week Ending		Expect Refund In Week Ending	
January	8	March	5
	15		12
	22		19
	29		26
February	5	April	2
	12		9
	19		16
	26		23
March	5		30
	12	May	7
	19		14
	26		21
April	2		28
	9	June	4
	16		11

Tele-Tax Refund Status Information

If you have not received your refund by the date suggested, you may check the status of your refund by calling the *Tele-Tax* Refund Status Information System toll-free at 1-800-829-4477. Refund information is updated only once a week.

Touch-Tone Phone Users:	Monday - Friday; 7 a.m. - 11:30 p.m.
Rotary Dial Phone Users:	Monday - Friday; Normal Business Hours
Before you call, you'll need:	1. Social security number 2. Filing status 3. Exact amount of expected refund
When to call:	Eight weeks after you filed your return
Best day to call:	Wednesday
Best time to call:	In the morning

Check Your Withholding!

Make sure your federal income tax withholding is correct. Changes in your financial or personal situation may affect the accuracy of your withholding.

Since you last filed Form W-4, "Employee's Withholding Allowance Certificate," with your employer, did you:

☑ Have to pay more tax when you filed your 1992 tax return than your 1991 return?

☑ Marry or divorce?

☑ Gain or lose a dependent?

☑ Have a change in:

- nonwage income (interest, dividends, capital gains, etc.)
- family wage income (more than one job or both spouses work)
- itemized deductions (purchase or sale of a home, etc.)

If you checked any of the above, you may need to complete a new W-4 for 1993 and give it to your employer. IRS Publication 919, *Is My Withholding Correct?*, can help. Order Form W-4 and Publication 919 by calling 1-800-829-3676.

Contact Employer, IRS for Missing W-2s

Do you have what it takes to file your federal income tax return? Employers are required to supply each of their employees with Form W-2, "Wage and Tax Statement," by February 1, 1993. If you don't receive a W-2 form by that date, ask your employer for one. Your employer can even provide you with a duplicate if your original is misplaced.

If you cannot get the form by February 15, call the IRS toll-free telephone number for your area. The number is listed in the federal tax forms instruction booklets. You will be asked for your employer's name, address, telephone number, and if known, identification number (if available, check your records for a prior year's W-2 form from the same employer). The IRS will contact your employer and/or will give you a substitute W-2 form to attach to your return.

The Form W-2 is important, not only because a copy of it must be attached to your tax return when you file, but also as a personal record for you.

The form includes such items as the wages paid, the amount of federal income tax withheld, social security and Medicare tax withheld, any uncollected employee social security and Medicare tax on tips, social security and Medicare wages, social security and Medicare tips, advanced earned income credit payments, and the cost of group-term life insurance over $50,000.

If your W-2 form has an error, notify the employer of the error so the employer can send a corrected W-2 form to you and the government.

Sixth U.S. Army TRIVIA

Jan. 22, 1943

This day marks the establishment of the Sixth Army at Fort Sam Houston, Texas, under the command of Lt. Gen. Walter Krueger. Krueger was formerly the Third Army commanding general. Krueger's organization was the only American Army in action against the Japanese until September 1944, when the Eighth Army came into existence.

Jan. 26, 1946

The Sixth Army is officially deactivated in Kyoto, Japan. Kyoto is the sister city of San Francisco, California.

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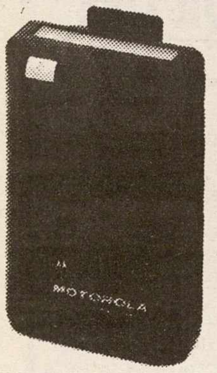

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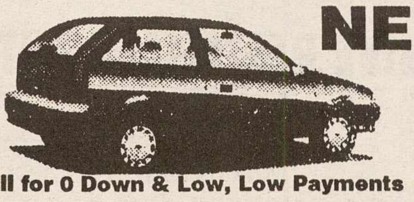

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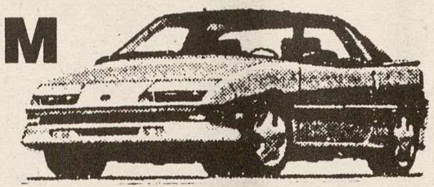

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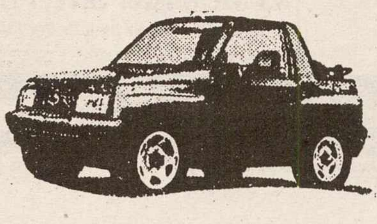

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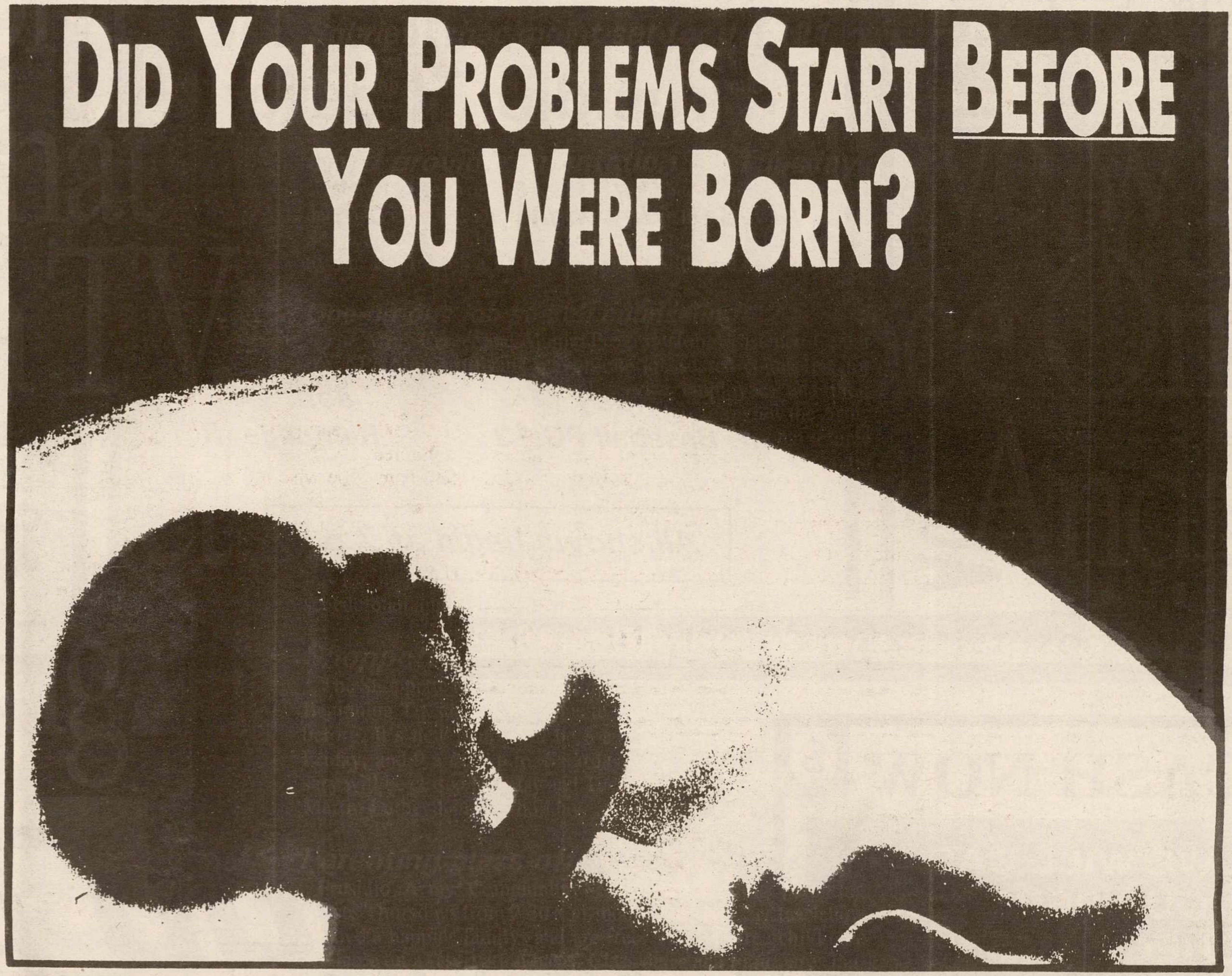

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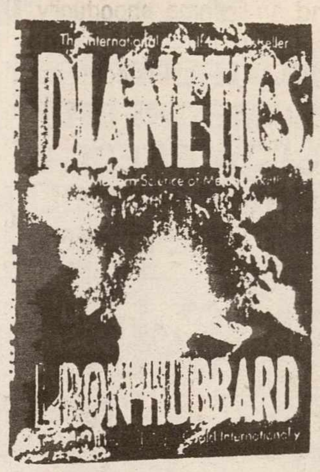

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Cyclists not exempt from laws of the road

Bicycling is one of the more popular aerobic activities enjoyed on the post's rambling hills by Presidio as well as San Francisco's citizens.

However, there are safety and legal considerations that must be observed to ride on post.

``Technically bicycle is considered a vehicle,'' Ron Hall, safety specialist, Presidio Safety Office said. Therefore, rules governing the use and operation of bicycles are found in the California Vehicle Code and post regulations. The vehicle code states that bicyclists are subject to the same provisions of the California Vehicle Code as any other vehicle operator.

Safety tips

Wear a helmet and gloves for protection in the event of an accident. Wear bright colored clothing to make yourself more visible.

Yellow is best in bad weather and white is better at night. Be sure to wear proper clothing for the weather. A rolling bicyclist creates its own wind chill factor.

Keep your bicycle in proper working order. Be sure the brakes work, tires are properly inflated, and everything else is properly adjusted.

Not only does this allow the rider to expend less energy, these rules are covered in the vehicle code.

Section 21201, California Vehicle Code, states that the bicycle must have a brake capable of making the braked wheel skid on dry, level, clean pavement.

The bicycle size cannot impair safe riding, stopping, or supporting an upright position.

At night the bicycle must be equipped with a white headlight visible for 300 feet to the front and from the side; a red rear reflector visible at 500 feet to high beams; white or yellow pedal reflectors; and a side white or yellow reflector on the front wheel and a rear wheel white or red side reflector.

Sections 21202 and 21650.5 require riders to ride with the flow of traffic and as far to the right as practicable to avoid impairing the flow of traffic.

Take care

Passing other cyclists or vehicles, avoiding obstacles, and preparing to turn left is allowed. On a one way street the rider may ride near either curb.

Section 21200.5 says that riding under the influence of alcohol and/or drugs is prohibited.

Under section 27400, wearing of headphones is prohibited.

For added safety it may be wise to carry a repair kit, spare tube and tire pump. A water bottle is invaluable on your rides, but don't forget to fill it.

Safety Office, U.S. Army Garrison

City, post regulations apply to cyclists too

Lady bowler rolls over tough opposition

In the Hui O Hawaii Winter League, Barbara Bagley leads the way in three categories during the 13th week of bowling. She led the women bowlers with a 225 high game, 636 high series scratch, and 660 high series handicap scores. For the men, Mel Washington led in all categories with 277 high game scratch, 282 high game handicap, 643 high series scratch, and 658 high series handicap scores. Bagley, however, leads in more than one league. Monday, in the Reno Fun Winter League, she bowled 287 high game scratch and 640 high series scratch scores to lead the women. Her 287 was also higher than Gary Schabert's 255 high game scratch for the men.

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San Francisco Times

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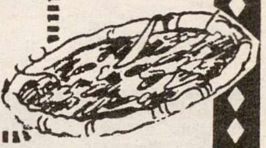

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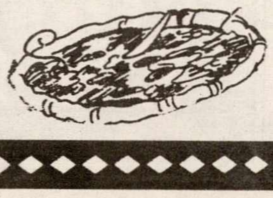

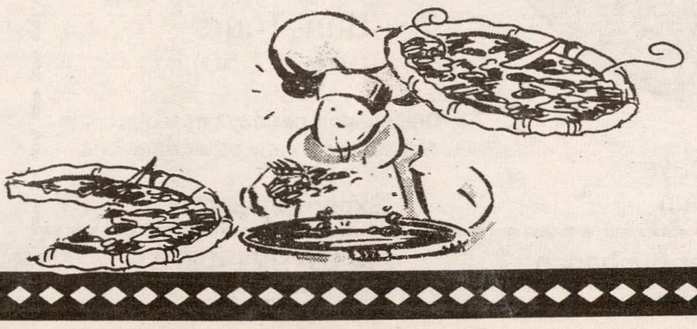

Star Presidian

Vol. 36, No. 3 Published for the Presidio of San Francisco Jan. 22, 1993

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Celebrating people who make a difference

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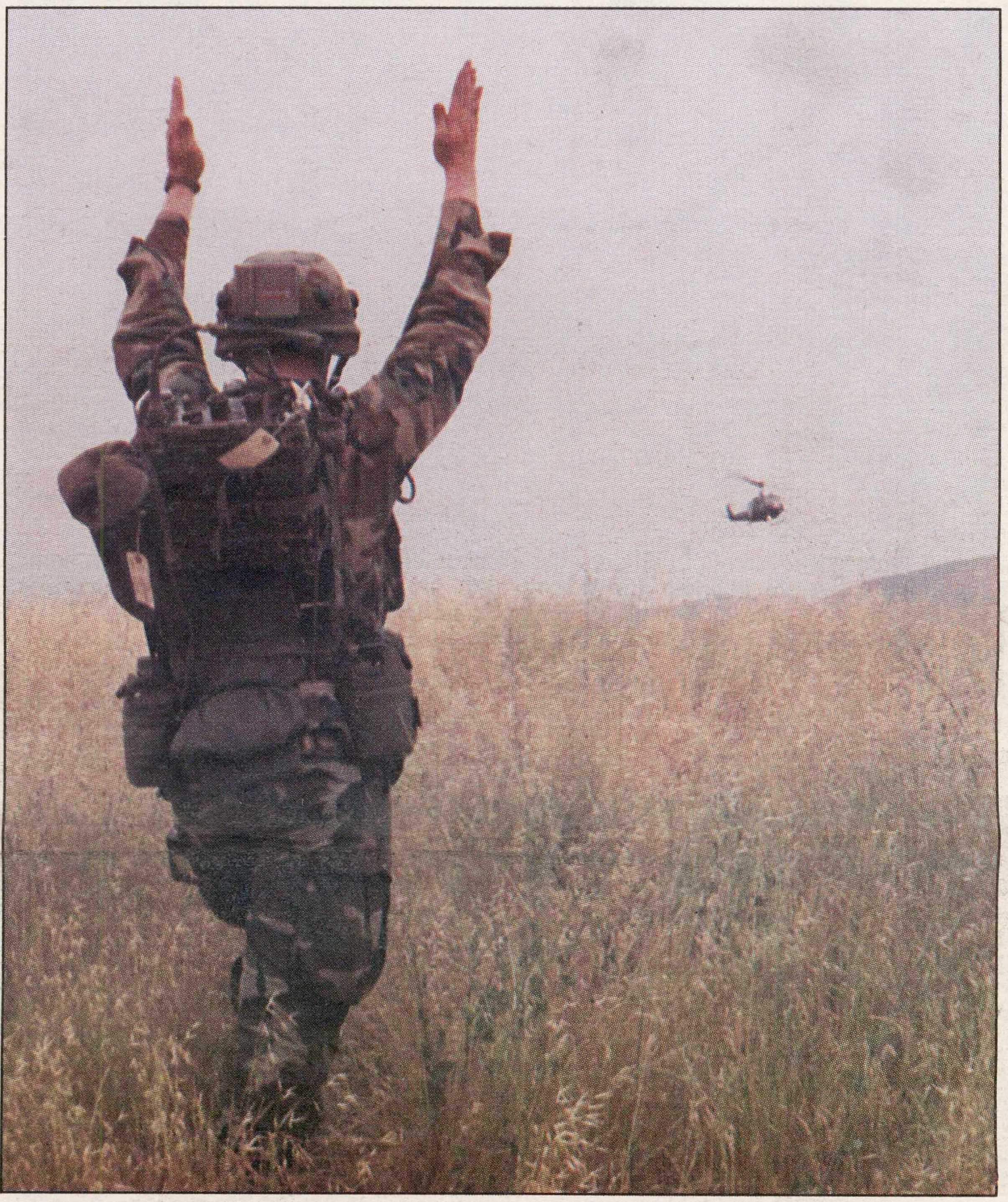
50th ANNIVERSARY
1943-1993
Guardian of the Golden Gate

Born of War



Guiding the way U.S. Army file photo

An Army Reserve soldier guides a helicopter in for a landing at Camp Parks, Calif. Part of pre-Primary Leadership Development Course training, this and other tasks help form the core of the Sixth U.S. Army mission: securing peace by preparing for war.

History overview:

Born of War to keep the peace

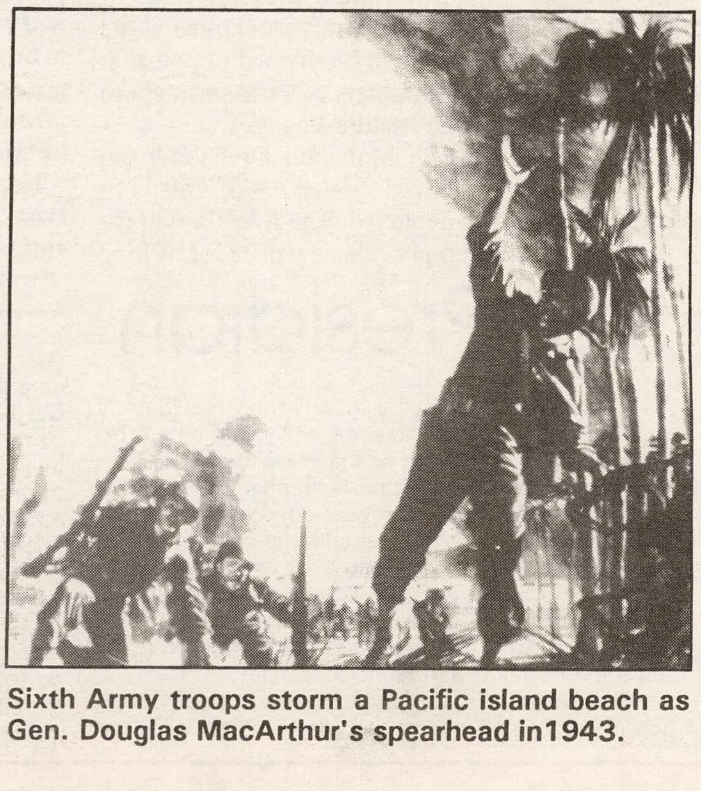
Compiled by Spc. Jose Zuniga
Star Presidian staff

Sixth U.S. Army was, as its motto implies, literally born of war 50 years ago. At the request of Gen. Douglas MacArthur, Sixth Army was activated on Jan. 25, 1943 at Fort Sam Houston, Texas.

Its mission was to recapture the chain of strategic Pacific islands seized by the Japanese after their attack on Pearl Harbor. Under austere conditions, Sixth Army fought its way from its original base in Brisbane, Australia, across 3,600 miles of ocean and rugged jungle occupied by a powerful enemy.

Perseverance, daring and tactical genius assured MacArthur's spearhead army a dramatic return to the Philippines and Japan's subsequent defeat.

MacArthur's spearhead, fifty years old this year, has not lost its fighting edge: Born of War, Sixth U.S. Army continues to secure peace and display strength by preparing for war.



Sixth Army troops storm a Pacific island beach as Gen. Douglas MacArthur's spearhead in1943.

Staff Sgt. Pleasant L. Lindsey III

James Lynch, a Directorate of Engineering grounds crew engineer staff, saws off limbs from a tree blown over in one of the housing divisions. Strong gale winds and heavy rains have plagued the Bay Area in the past month. See Page 10 for story.

DEERS required for CHAMPUS

In order to get your CHAMPUS claims paid, you must be enrolled in the Defense Enrollment Eligibility Reporting System.

DEERS is a computerized data bank that contains the names of all active-duty, deceased and retired military sponsors and their CHAMPUS-eligible family members, and certain former spouses.

This includes newborns who must be enrolled in DEERS before claims for their care as CHAMPUS-eligible patients can be processed.

When a CHAMPUS claim is submitted to the claims processor, the processor checks to see if the patient who received the care is listed in the DEERS computer files as eligible for CHAMPUS benefits. If the patient's name doesn't appear on DEERS, the claim will normally be denied until the matter of eligibility can be cleared up (unless the documentation attached to the claim, such as active-duty orders and a copy of the patient's ID card, proves eligibility).

Active and retired military sponsors are automatically entered in the DEERS data banks--but their dependents are not. Sponsors must take action to enroll their eligible family members in the program.

If you're eligible to use CHAMPUS and you aren't enrolled with DEERS, or aren't sure if you are, contact Spc. Elmira Ruffin, in the Presidio's Identification Card Section, Building 87, at 561-5137.

Ruffin said customers may stop by anytime to check their family members' enrollment eligibility. Her computer terminal can call up an ID card holder's file to verify the enrollment.

Remember, CHAMPUS doesn't make DEERS entries. That's done through the ID card section.

For information about DEERS enrollment, you may also contact the DEERS Telephone Center from 6 a.m. to 5 p.m. Pacific Time, Monday through Friday, at the following numbers; **1-800-334-4162** (California only); **1-800-527-5602** (Alaska and Hawaii only); **1-800-538-9552** (all other states).

Information compiled from CHAMPUS updates.

AAFES supports troops in Somalia

The Army and Air Force Exchange Service is gearing up to support the troops of Operation Restore Hope in Somalia, just like with every other military action of the past century.

Once the exchange gets the go-ahead from U.S. Central Command, goods currently stockpiled at the Atlanta distribution center will be shipped to Somalia. AAFES developed a preliminary stock assortment to support troops at tactical field exchanges.

The U.S. Army's 10th Mountain Division from Fort Drum, N.Y., received a selection of videos to take with them as they deployed. The AAFES will rotate the movie stocks to provide new ones for as long as needed. The AAFES is also providing, and sewing on for free, 50,000 reverse image flags for the deploying troops' uniforms.

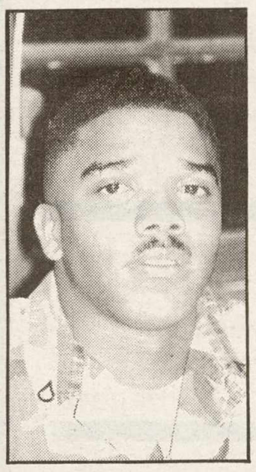
Also troops from Fort Drum, N.Y., took Exchange Mail Order Catalogs with them. Mail orders, which will receive priority treatment, will serve customers in Somalia until telephone lines and facsimile service are available.

More than 140 AAFES civilians have volunteered to go to Somalia, should they be needed.

However, according to the office of the Presidio Post Exchange, no AAFES employee from the Presidio has as yet volunteered to go to Somalia.

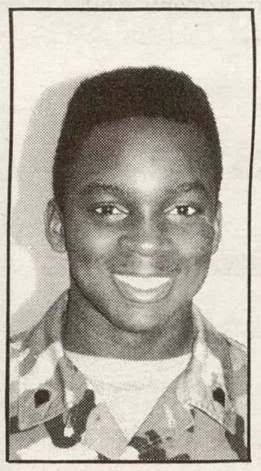
Ask Presidians

With a new President of the United States taking office this week, what should be his primary concerns?

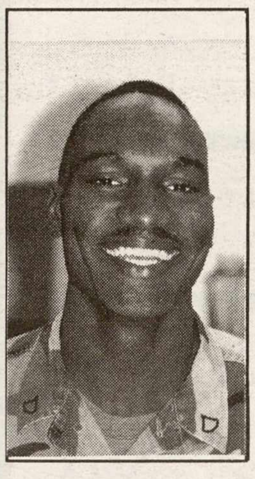


Pfc. Brian D. Fields, secretary to the general staff, Sixth U.S. Army: ``I think that he should concentrate on the outcome of his discision to allow gays in the military. He should stay quick and firm on his response to Iraq.''

Sgt. 1st Class Delores Carter, first sergeant, Law Enforcement Company: ``Iraq should be his primary concern. He needs to show he means business and won't back down. We should have finished what we started in the Gulf War. Domestic problems should be his other concern.''



Spc. Antonius T. Charles, medical specialist, Minor Illness Clinic, LUSAH: ``He should concentrate on getting the nation's economy back in order and creating jobs. There's lots of people hurting out there. Our domestic problems should be his primary concern.''



Pfc. Demetrus Allen, records clerk, LUSAH: ``Making health care accessible to all should be his primary concern. The costs have gone overboard and are way out of proportion. He should concentrate on internal problems first of all, not problems overseas."

Photos by Sgt. John W. McGarrah

Star Presidian

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For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-5279.Circulation: 9,000.

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Spc. Adrienne Story

Photographic support..........................**TSC Photo Lab**

NCO of the year epitomizes year of the woman

Story and photo by Spc. Jose Zuniga
Star Presidian staff

In the year of the woman, Sgt. Darlene M. Profitt-Addams, a bioscience assistant in the Blood Research Division at Letterman Army Institute of Research, felt she should make her own contribution. She did Jan. 14 when she was named Presidio's 1992 Noncommissioned Officer of the Year.

As if attempting to make a stronger point, Profitt-Addams accomplished this feat considering she is 31 weeks pregnant.

``This was my way of showing that female NCOs, including working mothers-to be, do not use their feminism as a crutch,'' Profitt-Addams said. ``We are soldiers like anyone else. I've changed deuce-and-a-half tires, have a driver's badge; we are fully capable.''

A Miamisburg, Ohio, native, Profitt-Addams graduated high school in 1980 and earned an associate's degree in medical laboratory technology from the Kettering College of Medical Arts in Ohio.

She enlisted in the U.S. Army in October 1987 and graduated basic training at Fort Jackson, S.C. Because of her civilian medical technologist license, she did not have to attend advanced individual training.

Her first assignment was as a blood lab technician with the 655th Medical Company in Landstuhl, Germany. While there, she was responsible for blood drives and problem identification of blood samples submitted from throughout the European theater.

Profitt-Addam's most memorable moment in Germany was helping survivors of the Ramstein Air Show disaster in 1987.

``That was a chance to put our medical knowledge to the test. It was good to be able to help as many casualties as we did,'' Profitt-Addams said.

After 26 months, Profitt-Addams returned to the States and was assigned to Letterman U.S. Army Hospital in June 1990. She was later transferred to LAIR in August 1990.

Sgt. Darlene M. Profitt-Addams

Because of LAIRs closure, her duties have been limited to chemical inventory and breakdown. Her specialties, however, are blood protocols and protein electrofreeze.

The bioscience assistant had never given much thought to competing in a board because of her workload. After attending the noncommissioned officer of the year ceremony last year, however, she set a goal.

``I decided I could do that. It was a challenge for me, and after winning the NCO of the quarter board I became more determined and studied harder than I'd ever studied before,'' Profitt-Addams said.

Overcoming nervousness was easy. The fact she was pregnant and thinking how that might affect boardmembers was another thing altogether, she added.

``I had expected some prejudice, instead I found respect. I was proud to stand up there and say, not only am I a mother but I'm a darn good soldier too,'' Profitt-Addams said.

The 30-year-old hopes to be an inspiration to other female soldiers. ``We need to ensure people overlook the fact that we're females when it comes to job performance and think of us as soldiers. As NCOs, we need not let bias or physical impairments, such as pregnancy, limit goals,'' she said.

Profitt-Addams also hopes she can inspire complacent NCOs to want to seek self-improvement.

``NCOs should never become complacent because if they do, everyone in today's Army will pass them by. In order to remain effective as an NCO, you have to keep reaching higher,'' Profitt-Addams said.

She next plans to attend an enlisted commissioning program to become an Army nurse. She may be accepted for the bachelor's degree-awarding program as soon as the fall of 1994.

In the meantime, Profitt-Addams hopes to attend and graduate from the Basic Noncommissioned Officers' Course at the top of her class. She was listed on the commandant's list of her Primary Leadership Development Course.

``It's all a matter of seeking to be the best, to keep going. I'll never sit back and say, `I've got mine.' An NCO is not effective with that attitude,'' Profitt-Addams explained.

Profitt-Addam's awards include an Army Commendation Medal, three Army Achievement medals, and the Expert Field Medical Badge.

She is married to Clifford Addams and has four children, Anthony, Michael, Ryan and Jasmine.

Military journalist named Presidio soldier of year

By Spc. Adrienne Story
Star Presidian staff

Believing that soldiers need to excel above their peers to have a successful career, Spc. Jose M. Zuniga has continued to be the best.

Zuniga, a *Star Presidian* staff journalist, was named Presidio Soldier of the Year after competing against seven other past soldiers of the month Jan. 14.

This is just one of several honors Zuniga has earned in the three years since he enlisted. He was recently named the 1992 Forces Command Military Journalist of the Year. In October 1992, Zuniga was also named honor graduate of his Primary Leadership Development Course class at Fort Ord, Calif.

Zuniga approaches each goal with a different outlook, but his drive to excel is evident. ``You need to be persistent and want to excel. You can never do enough to improve yourself,'' Zuniga said. ``In order to stay in the military today, self-improvement and a desire to want to do your best are prerequisites.''

When appearing before the Headquarters Company, U.S. Army Garrison soldier of the month board, his goal was to win the battalion board. After the battalion board, he planned to win at post-level. ``I was always looking one step ahead,'' Zuniga admitted. ``My goal was always to win.''

Since his assignment to the Presidio in January 1992, Zuniga has served as acting editor, design editor and staff journalist with the Star Presidian.

Before enlisting in the military, Zuniga attended San Antonio College and Texas A&M University, where he majored in journalism and political science. He held an internship at the *Dallas Latino Reporter*, a supplement to the *Dallas Morning News*. He was later employed at the *San Antonio Express-News* as a general assignments reporter.

In September 1989, Zuniga enlisted in the military as a combat medic and after basic training and advanced individual training was assigned to a medical support company with the 1st Cavalry Division, Fort Hood, Texas.

After reviewing Zuniga's history as a journalist, his first sergeant tasked him with putting out a company newsletter. Word got out to the division public affairs office and Zuniga was quickly attached to that office. This was a special duty assignment meant to last only one year.

Two years later, Zuniga deployed to the Persian Gulf as the editor of *Cav Country*, one of only three Army tabloid newspapers in-country.

As a private first class, Zuniga was the lowest ranking editor of a major publication in the Persian Gulf.

``I learned a lot being in a supervisory position as a private first class,'' the 23-year-old journalist said. ``I realized I have to be ready at a moment's notice to hold any position to accomplish the mission.''

With the start of the ground war, Zuniga was reassigned to a medical platoon tasked to support a forward heavy armor battalion. Because of his service as a combat medic, he received what he considers his highest award.

``My greatest honor was when they pinned that Combat Medical Badge on my chest. It was recognition for something I didn't think I could do at the time but accomplished anyway,'' he explained. ``I had the opportunity to save lives and for that reason I take great pride in wearing it on my uniform. All the ARCOMs in the world don't equal one of those badges.''

After serving in operations Desert Shield and Desert Storm, Zuniga returned to public affairs.

He reclassified into journalism by exception to policy in December 1991. His success as an editor in the Persian Gulf played a major part in the approval of that exception.

Although Zuniga has reached several goals early in his career, he hasn't stopped looking to the future.

He plans to make sergeant soon, attend the Basic Noncommissioned Officers' Course, then reach the rank of staff sergeant before his ETS date and continue what he's doing now -- rising above his peers.

This young soldier has set his sights high for the future. If he stays in the Army, he plans to become the sergeant major of public affairs or of the Defense Information School.

As a top soldier, Zuniga feels others should follow his footsteps and participate in boards. ``Soldiers need to become familiar with changes in the Army. It's changing so quickly, you have to be on the ball. Learn your MOS and strive to seek responsibility, if you don't, you won't make it.''

Spc. Jose M. Zuniga

His awards include four Army Commendation medals, one Army Achievement Medal, the Combat Medical Badge and the Kuwaiti Liberation Medal. He has received five Fourth Estate awards and two FORSCOM Keith L. Ware awards for excellence in journalism.

EDITOR'S NOTE: *Zuniga will pin on his sergeant rank Feb. 1.*

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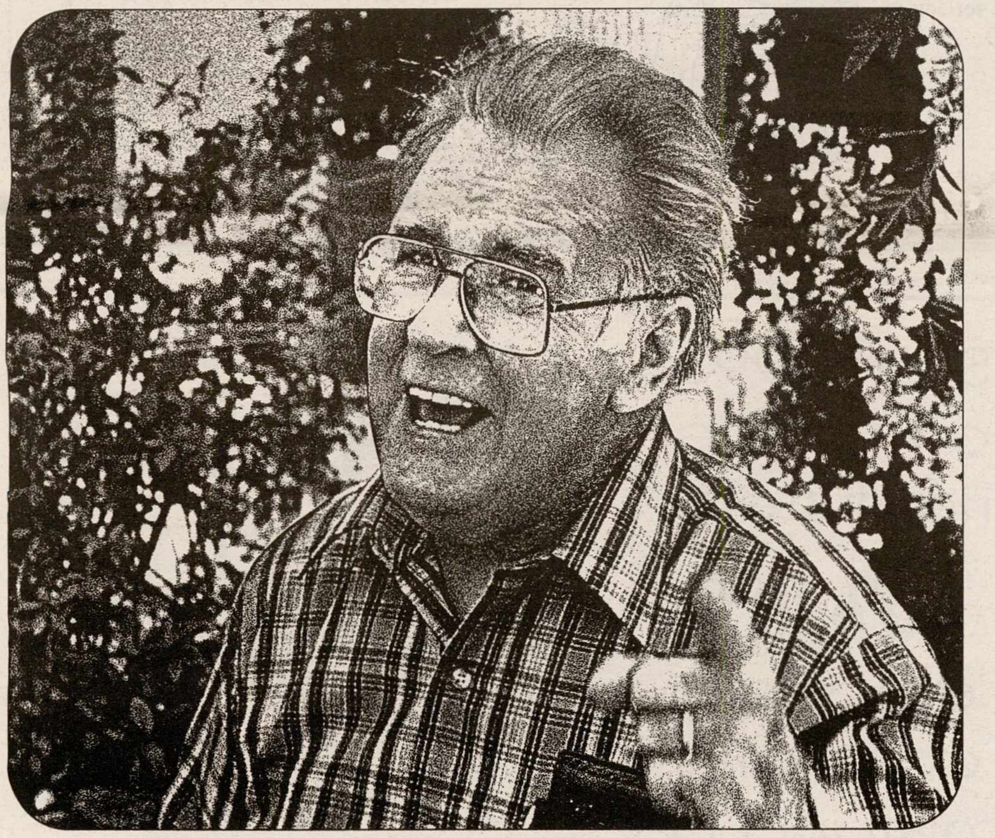

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News Briefs

Movie celebrates life of Malcolm X

The Presidio Theatre will show the Warner Brothers release ``Malcolm X'', Saturday, to start the observation of Black History Month.

Job search counseling available

The Army Career and Alumni Program/Job Assistance Center (ACAP/JAC) is offering one-on-one job search counseling for transitioning military and civil service employees and their family members. Use the portable JAC-in-the-box to review the Army employer network or to prepare a polished, professional resumé and cover letter. A counselor will be available in the Presidio Army Community Services Resource Center, Building 103B, Monday from 1-5 p.m., Tuesday from 9 a.m.-5 p.m., and Thursday from 9 a.m.-noon. If you need help defining your goals and job search strategy, writing a resumé, or preparing for interviews, call DSN 929-7907 or (408) 242-7907 to schedule an appointment.

WARNING! Don't use your fireplaces

The Directorate of Engineering and Housing has placed a ban on the use of fireplaces in all family quarters on the Presidio. After the Loma Prieta earthquake Oct. 17, 1989, the DEH conducted an inspection of fireplaces in family housing on the Presidio and discovered that most of them had cracks that could allow carbon monoxide to leak into living areas. For your safety do not use your fireplaces. For any question, contact Juanita Whitehead at 561-3711.

Gospel Services move to the RAC

The Presidio Gospel Service is moving to the Religious Activities Center Feb. 7, because of the closure of the Letterman U.S. Army Hospital Chapel closure and the retirement of Chaplain (Maj.) Leander Berndt. The final service in LUSAH will be Jan. 31. The Gospel Service expresses its appreciation to Berndt and Col. Michael Brennan, LUSAH commander, for allowing it to serve and worship at LUSAH.

ACS offers effective parenting classes

Presidio Army Community Services is offering parenting classes Thursdays from 9:30 a.m.-noon. These classes teach how to have a happier family, and are free. There is free child care available on a by-reservation basis. Class dates and topics are:

Thursday*, Who's in Control?,*
Feb. 4*, Encouraging Cooperative Kids,*
Feb. 11*, Effective Communication,*
Feb. 18*, Building Responsibility,*
Feb. 25*, When Nothing Works.*

To sign up and reserve your child care, call Karen Kaho at 561-5155.

Parental stress classes also available

Presidio Army Community Services is offering a stress/parenting class Tuesday from 10-noon. This class offers an opportunity to learn skills to manage your stress and to have more fulfilling relationships. This class is free and there is free child care available on a by-reservation basis. The class topic is ``***Home and Work Stress Management.***'' To sign up call Karen Kaho at 561-5155.

Pre-retirement orientation is mandatory

All retirement eligible soldiers are required to view two video tapes, ``***Military Preretirement***'' and ``***Making the Right Decision: The Survivor Benefit Plan***'' according to Army Regulation 600-8-7. Retirement eligible soldiers should make arrangements for viewing these tapes with the Post Education Center, 561-4445; or the Post Retirement Services Office, 561-3183.

Medical board scheduled for Feb. 16

All soldiers who have permanent profiles with a numerical factor of 3 or 4 will be mandatorily referred for evaluation to a MOS/Medical Retention Board (MMRB). Soldiers having these factors, who have not been referred to an MMRB, must contact the Military Personnel Operations Branch, at (DSN) 586-2151/3297 or commercial, (415) 561-21151/3297. The next scheduled MMRB is Feb. 16 at 8 a.m. in the Sixth U.S. Army conference facility, Building 35.

Next Thrift Shop Flea Market Feb. 6 here

Is it time to clean out the clutter? Is there no more space left in your closets or storage areas? Bring the stuff you don't need anymore to the only flea market on post. The next monthly Flea Market for the Presidio will be Feb. 6 in the Thrift Shop's parking lot. Everyone is welcome, however, only military ID card holders may rent spaces or sell items. The Thrift Shop will also be open for business on that day. For more information, call 922-3384.

Orthopedic tech best in December

By Spc. Adrienne Story
Star Presidian staff

With less than 24 hours notice, Spc. Eddie A. Broughton appeared before the Presidio December soldier of the month board. He competed against two other soldiers and won.

Broughton has been assigned as an orthopedic technician at Letterman U.S. Army Hospital since June 9, 1992.

In his time here, Broughton has competed in three boards. He was named LUSAH's soldier of the month for July. In August, Broughton competed for Presidio Soldier of the Month, but fell short of the title.

After earning the title of Presidio Soldier of the Month, Broughton's next goal is completing his college degree. Broughton recently finished a computer course at Columbia College. He has earned 69 credit hours in civilian education and plans to continue until he receives a degree in nursing.

``I wasn't really nervous this last board,'' Broughton said. ``I didn't have time to be nervous. I went home from work and crammed. I studied until 12:30 [a.m.] and woke up at 5 a.m., and just started the day as usual.''

Broughton didn't miss one oral question at the board in August. Although he didn't win the title then, he was still proud that he did well.

``I was very surprised when I won this time,'' Broughton admitted. ``I didn't think I would do as well with such short notice. I didn't think it was enough time to be prepared and win.

``The main thing I want to do is learn as much as I can,'' he continued. ``Winning would be great, but what is really important is to learn for other boards such as promotion boards.''

Broughton pushed himself to do well at the boards and in the military. As the youngest of 13 children, he's the only one who joined the military.

``I've always wanted to join the Army, but I didn't think I could,'' Broughton said. ``You hear all these stories about the military, and I didn't think I'd be able to handle it. It's not what I expected.''

Before joining the Army, Broughton worked in a factory for four years.

``I made more than $24,000 a year at the age of 19,'' he said. ``That job got boring though. I wanted a challenge. The Army is a challenge. You always have to look good and work hard: That's what I like about the Army.''

Broughton said he is proud to be a soldier and hopes his success influences others.

``I'm the only one in my family to join the military and that's something to be proud of,'' he said. ``I really like the military and the effect it's had on me,'' Broughton concluded. ``It's not like an ordinary job: It's better.''

Spc. Eddie A. Broughton

Broughton has been awarded the Army Achievement Medal.

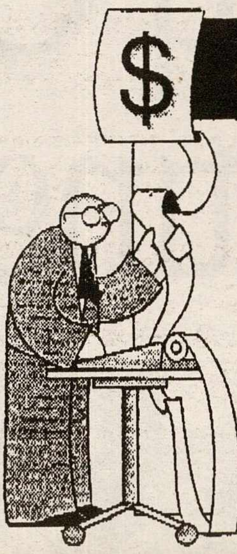
Correction

Sgt. James A. Sadler was named the Headquarters Command Battalion Noncommissioned Officer of the Quarter in November 1992 and the battalion NCO of the year in December. In its Jan. 15 issue the ***Star Presidian*** incorrectly reported that Sadler won the Presidio NCO of the quarter competition for December.

How Much Social Security Tax Did You Pay?

Under the Federal Insurance Contributions Act (FICA), most employers must withhold social security tax and Medicare tax from wages and match the employee's contribution. The amounts are reported to the Social Security Administration. Only the employee's contribution is reflected on a pay stub or Form W-2.

FICA Tax Rate Table



Calendar Years	Maximum Wages Subject to FICA	Employee's Portion of FICA	Total FICA Reported to Social Security Administration
1980	$25,900	6.13%	12.26%
1981	29,700	6.65	13.30
1982	32,400	6.70	13.40
1983	35,700	6.70	13.40
1984	37,800	6.70	13.70
1985	39,600	7.05	14.10
1986	42,000	7.15	14.30
1987	43,800	7.15	14.30
1988	45,000	7.51	15.02
1989	48,000	7.51	15.02
1990	51,300	7.65	15.30
1991	53,400	6.20*	15.30
1992	55,500	6.20**	15.30

* Add 1.45% Medicare tax; $125,000 maximum wages.
** Add 1.45% Medicare tax; $130,200 maximum wages.

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LUSAH critical care nurse a role *model*

Nurse by profession, model/actress during free time, Capt. Renee Ringo's portfolio shows she's got the stuff that supermodels are made of.

Single mother juggles career with style, flair

By Spc. Adrienne Story
Star Presidian staff

Looking at Capt. Renee Ringo's modeling portfolio, you would think it's an advertisement for ``The 90s Woman.'' If you read about her, though, you'll find there's more than meets the eye.

Ringo, a critical care nurse with the Emergency Room at Letterman U.S. Army Hospital, is a single mother of three, an actress/model who continues to attend modeling and acting classes and seminars.

She recently won two acting awards during a seminar she attended in Los Angeles. Ringo received honorary mentions in dramatic monologue, and a soap opera scene which she performed with a professional actor.

She competed in five competitions in Los Angeles from Jan. 4 to 9.

To compete, Ringo had to be sponsored. According to the 35-year-old actress, "friends and family members" provided Ringo with the support she needed.

Ringo joined the military in 1985. Her first assignment was as a critical care nurse at Letterman Army Medical Center. She left the Army for one year and worked at Kaiser Hospital in South San Francisco.

She re-entered the military and was stationed in Germany where she worked in an Intensive Care Unit until November 1991. She then returned to the Presidio.

Although nursing and acting seem worlds apart, Ringo enjoys both professions for the same reason -- the challenge.

``Being a critical care nurse is a big challenge especially in an emergency room,'' Ringo said. ``Patients come in with problems, and you don't know what's wrong with them. You have to be prepared to find out what the problem is at a moment's notice.''

Ringo is the first registered nurse in her family, however the medical field is not new to her family. She has two cousins who are doctors, an aunt and grandmother were license practitical nurses.

``I remember waiting for my grandmother to come home from work,'' Ringo said. ``She told the most interesting stories about her work and the patients.''

She became interested in nursing at a young age, but Ringo admits modeling was her first love.

``I began modeling in grammar school,'' Ringo continued. ``It always made me feel good. I think that's what made me comfortable with myself and my ability as an actress and a nurse.''

Sixth U.S. Army chemical specialists converge on Reno

By Spc. Jose Zuniga
Star Presidian staff

Three years after its experiences in Operation Desert Storm, the Army's chemical community is still building on lessons learned in the Persian Gulf.

Sixth U.S. Army representatives recently participated in a chemical conference in Reno to discuss these lessons, recent improvements in equipment and training, and ongoing issues.

``Overall, this conference helped open communication lines between chemical specialists in Sixth Army,'' said Capt. Hans Sparbel, Sixth U.S. Army chemical officer. ``By providing this forum, we are able to interact and share information.''

A chemical agent monitor and the recently fielded M40 Protective Mask were introduced to U.S. Army Reserve and National Guard soldiers. Many of these soldiers were seeing this equipment for the first time, Sparbel said.

``Both of these pieces of equipment were byproducts of lessons learned in Desert Storm. The monitor was used successfully in combat and the mask is just now being fielded. So for these soldiers the demonstrations bring them up to date with the equipment with which the active component is working with,'' he added.

The chemical agent monitor used successfully in the Persian Gulf was developed to measure the amount of chemical agent contamination on personnel and equipment. The M40 mask's improvements include a voice monitor and greater visibility.

The conference also opened the chains of communication between Reserve and National Guard chemical units, the chemical school, Forces Command, readiness groups, and state military academies. First and 5th army chemical officers were also in attendance to share information about their programs.

``By including so many chemical representatives, we established a network to share experiences and consolidated lessons learned,'' Sparbel said. ``We found that training and readiness of chemical specialists is a common concern among all representatives at the conference.''

Improving military occupational skill training and integrating NBC training into unit training were specific concerns, he explained.

``The MOS training has improved from 68 to 75 percent qualification range, a step forward. The conference goal now is to regionalize MOS training and pool resources,'' Sparbel said.

Possible sites under consideration for regionalized training include Boise, Idaho; a service academy in Nevada; and a Reserve center in Utah, the chemical officer added.

``Now we also have the goal of integrating training issues into all levels of command; we have to emphasize that commanders take their chemical specialists with them on missions and provide them with a realistic training environment,'' Sparbel said.

The issues raised by chemical specialists at the Reno conference will be forwarded for discussion at the Worldwide Chemical Conference in April.

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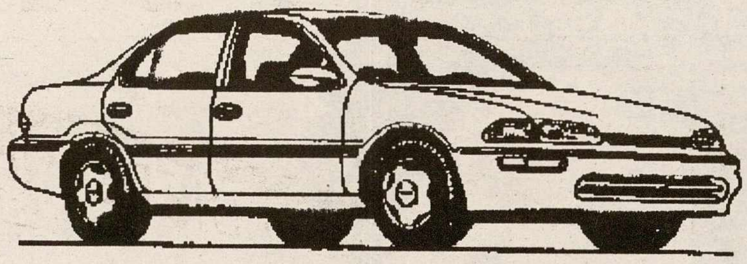

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Calendar

Organization Day

An organizational day will be held at Gym 1, Building 63 from 9 a.m. to 3 p.m. Highlights will include food, entertainment and athletic competitions. Everyone is welcome.

Dedication Ceremony

A plaque commemorating the 50th Anniversary of the Sixth U.S. Army will be unveiled at the dedication ceremony at 10 a.m., Monday in front of Headquarters, Sixth U.S. Army, Building 38.

AUSA Luncheon

An Association of the United States Army luncheon will be held at the Presidio Officers' Club at 11:30 a.m., Monday. Lt. Gen. Glynn C. Mallory Jr. is the featured speaker. The cost is $14 ($6 E-1 to E-4), There will be a wreath laying following the luncheon.

SIXTH UNITED STATES ARMY
"Born of War"

FYI

Sixth Army activated on Jan. 25, 1943 at Fort Sam Houston, Texas.

Following occupational duty in Japan, Sixth Army inactivated in January 1946. Two months later, it is reactivated on the Presidio of San Francisco.

Fifty years later, Sixth U.S. Army continues the proud tradition forged in the early years of World War II.

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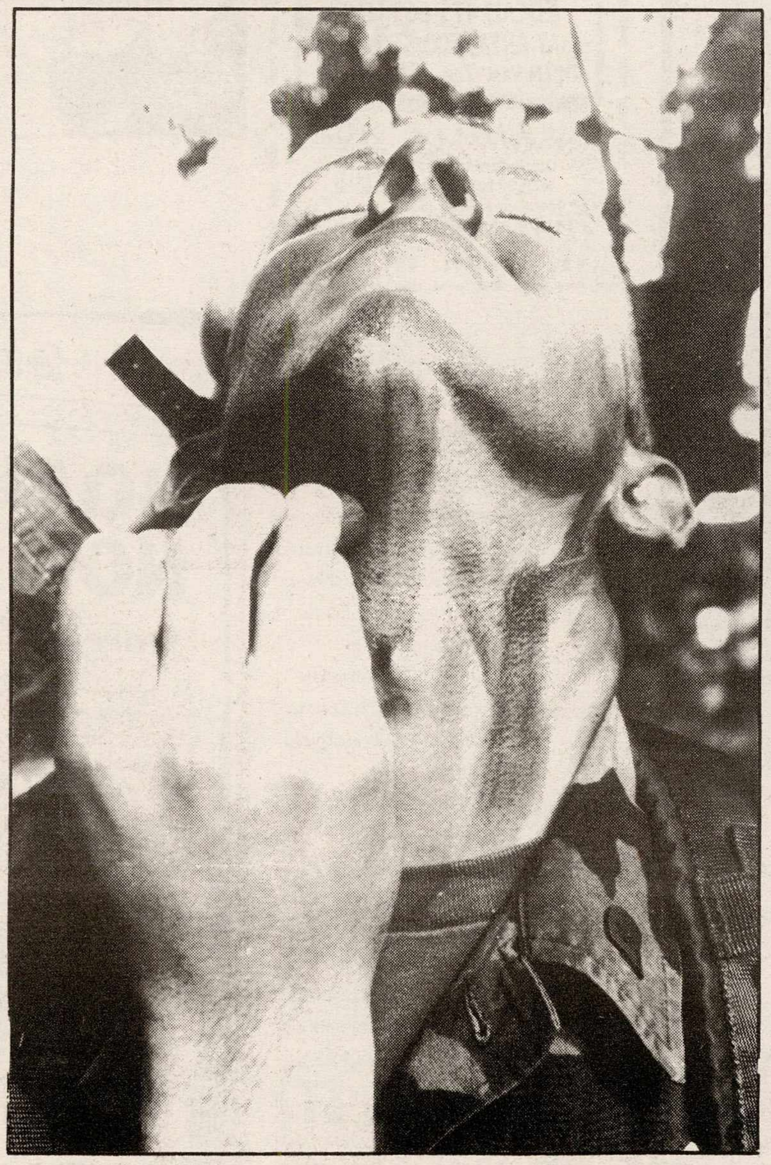

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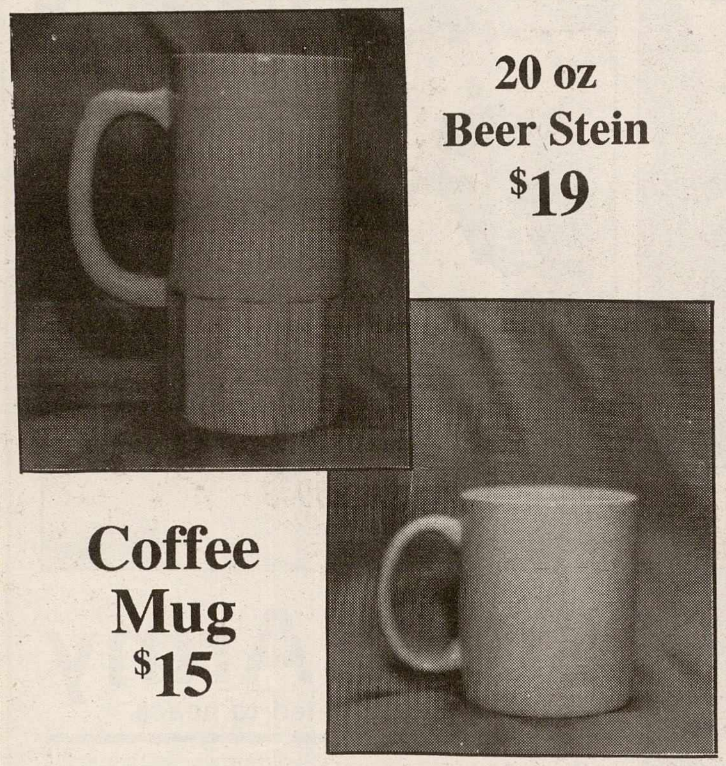
■ Sixth Army was activated at Fort Sam Houston, Texas, on Jan. 25, 1943, at the direction of Gen. Douglas MacArthur. Its

See History, Page G

Always ready

Training for any future mission, Sixth Army soldiers take pride in the heritage they share with the soldiers who have worn the Sixth Army patch in the last 50 years. Land navigation (above), is a key training area for soldiers in preparing for the Sixth U.S. Army unit's potential combat mission. A soldier (right) applies camouflage during a training exercise. And a Sixth Army soldier (far right) maintains his rapelling skills by training on a rapelling course at Camp Parks, Calif.



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San Francisco Times

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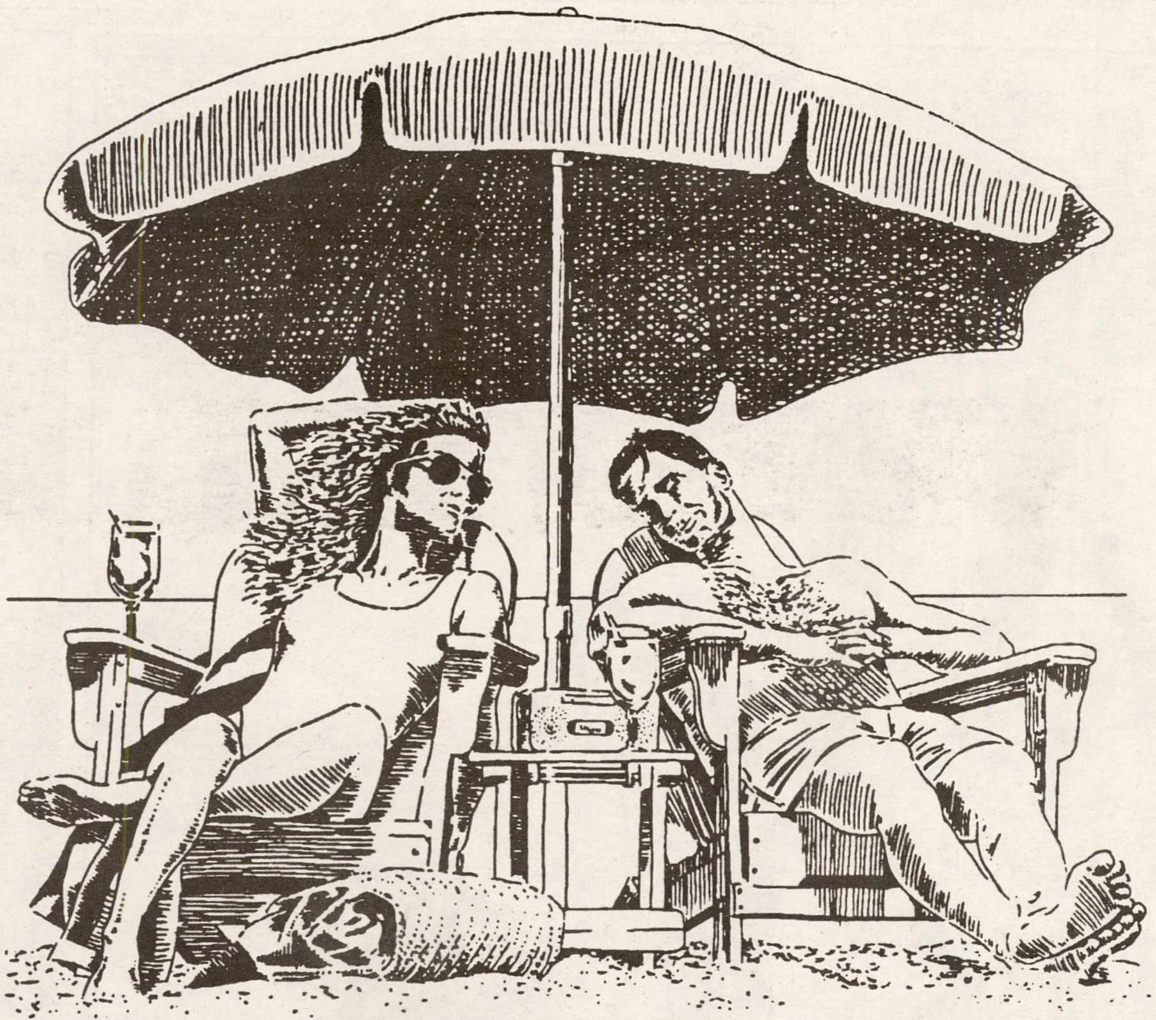

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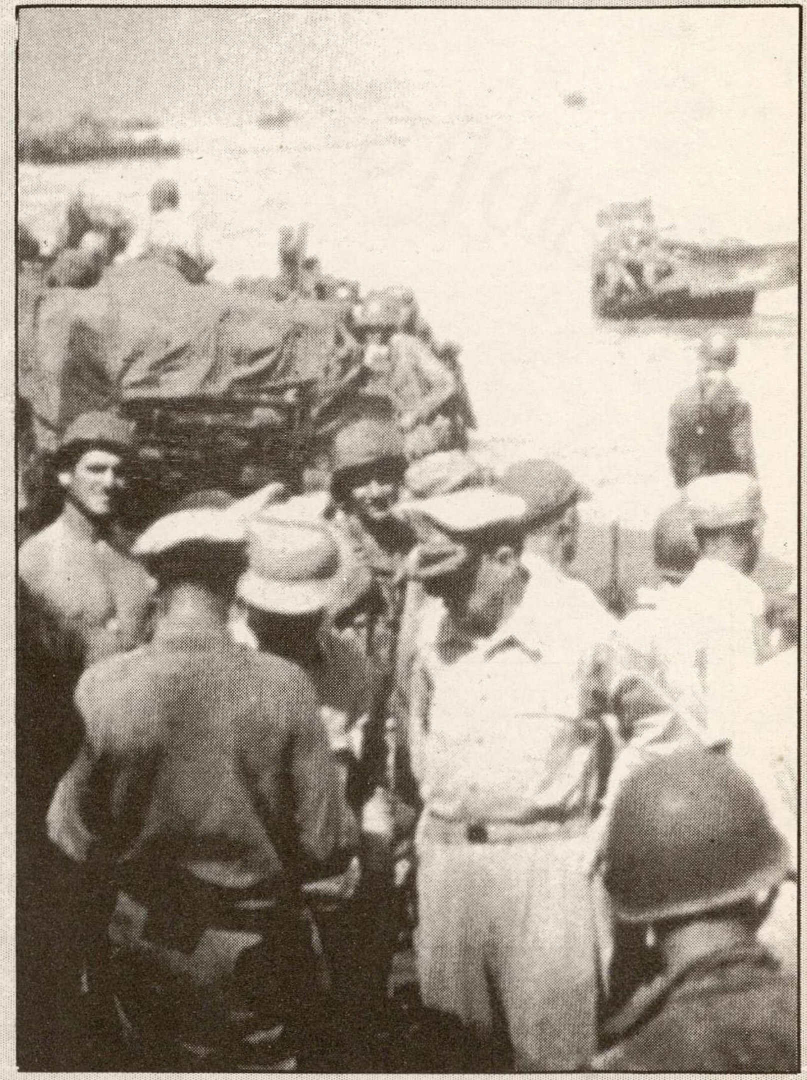

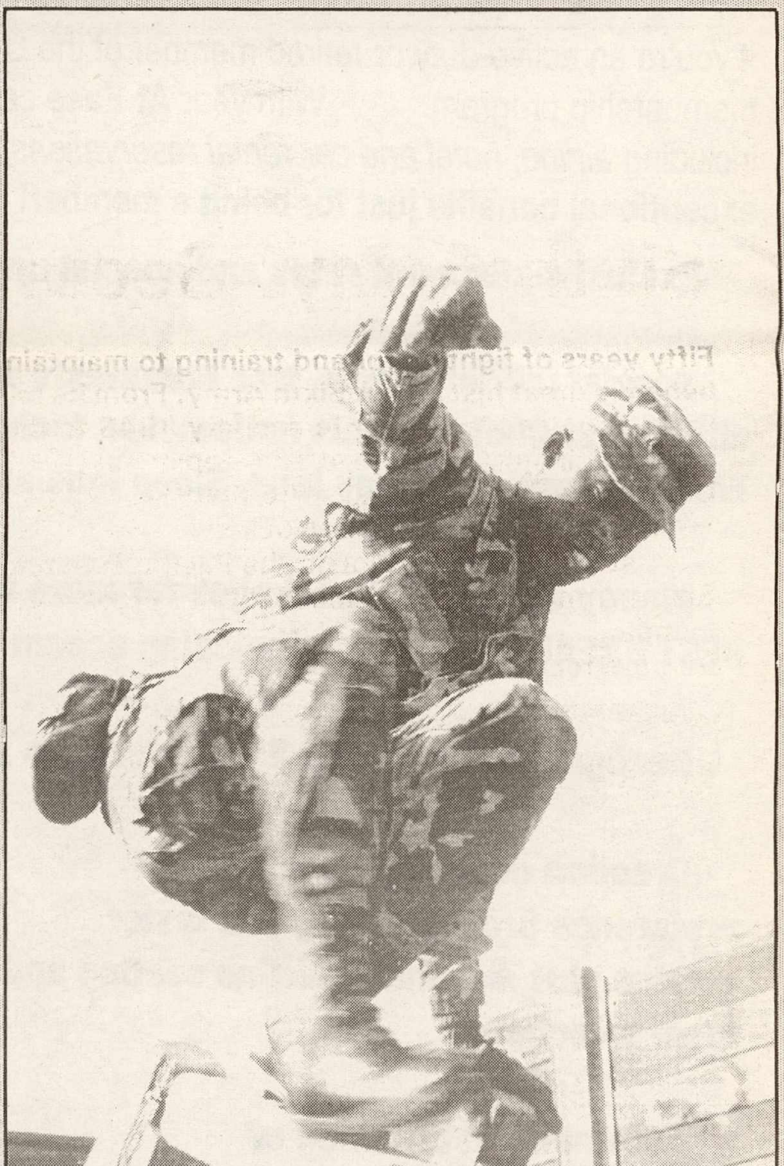

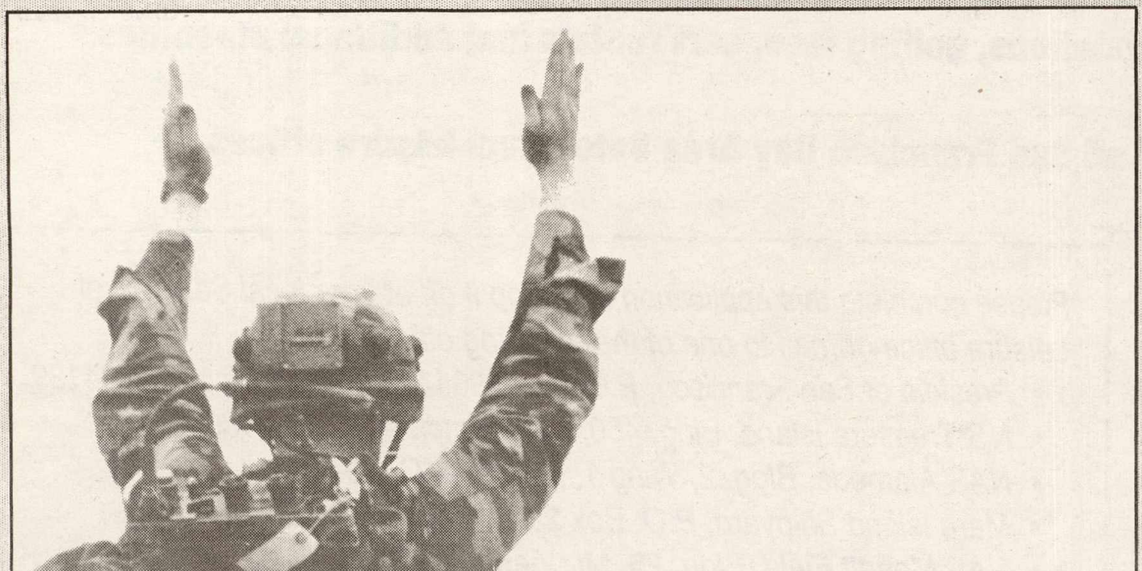

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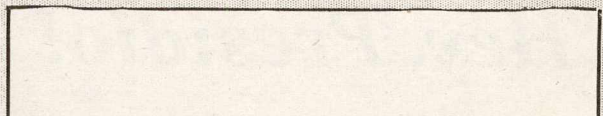

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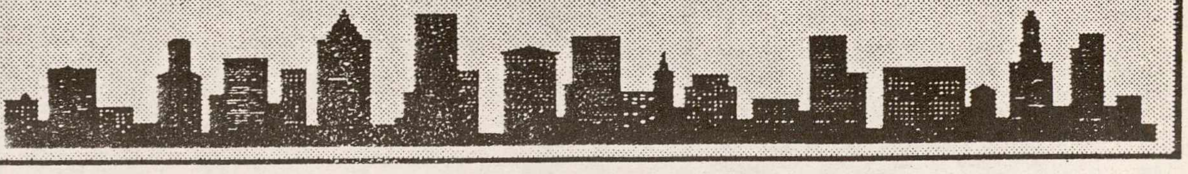

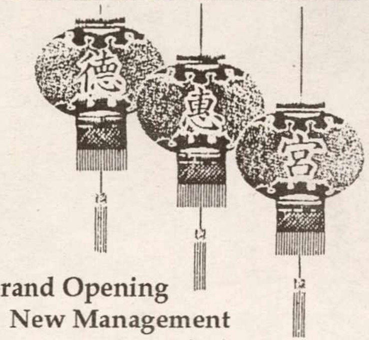

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History, Continued from Page A

original mission was to recapture the chain of strategic Pacific islands seized by the Japanese after their attack on Pearl Harbor.

■ Under the command of Lt. Gen. Walter E. Kruger, Sixth Army fought its way from its original base in Brisbane, Australia, across 3,600 miles of ocean and rugged jungle occupied by a powerful and determined enemy.

■ During its Pacific campaigns, Sixth Army conducted 15 amphibious operations and 22 assault landings. As the spearhead of MacArthur's forces, it led his dramatic return to the Philippines and subsequent defeat of Japan.

■ Following the enemy's formal surrender in Tokyo Bay in September 1945, Sixth Army occupied Japan until January 1946, at which time it was inactivated. Less than two months later, on March 1, it was reactivated on the historic Presidio of San Francisco.

■ In the mid-1950s, the Sixth Army's 2nd Division fought in the Korean Conflict.

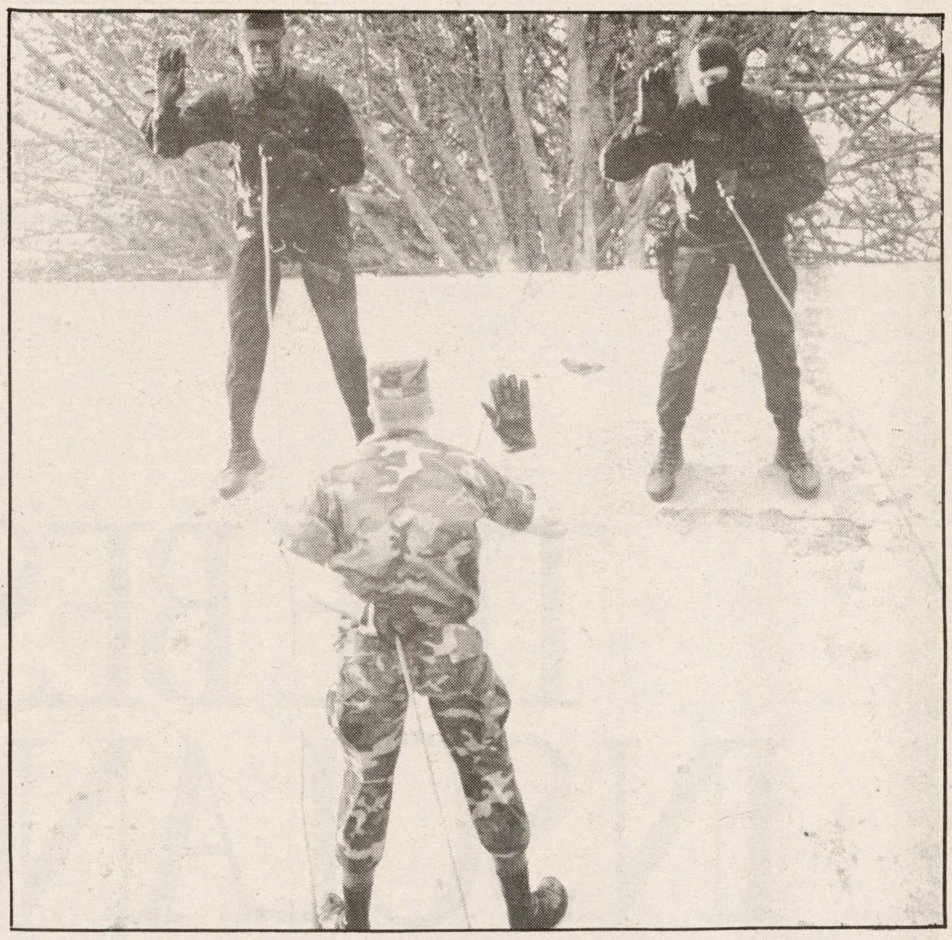
■ The Sixth Army's 4th Division supported units during the Vietnam War.

■ Sixth Army is now one of four continental United States armies (CONUSA). Its mission extends across 12 western states with a geographic area of 1.25 million square miles. Representing more than 40 percent of the continental United States, Sixth Army has the largest area of responsibility of all the CONUSAs.

■ Today, Sixth Army has several missions, foremost being the operational readiness and mobilization preparedness of the Army National Guard and Army Reserve units within its geographic area. In this capacity, Sixth Army supervises, coordinates and evaluates training for wartime skills. It also plans for and conducts mobilization and deployment training.

■ As the senior Army representative in the western United States, in a crisis or emergency situation, Sixth U.S. Army would become Western Defense Command and would be responsible for the protection of key assets and the defense of military facilities in the 12 western states.

■ Reserve component units were critical to the Army's rapid success during operations Desert Shield and Desert Storm. Overall, 117 Reserve component units with more than 13,000 soldiers were activated from Sixth Army.



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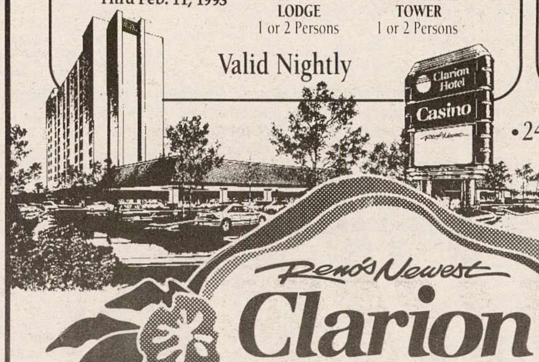

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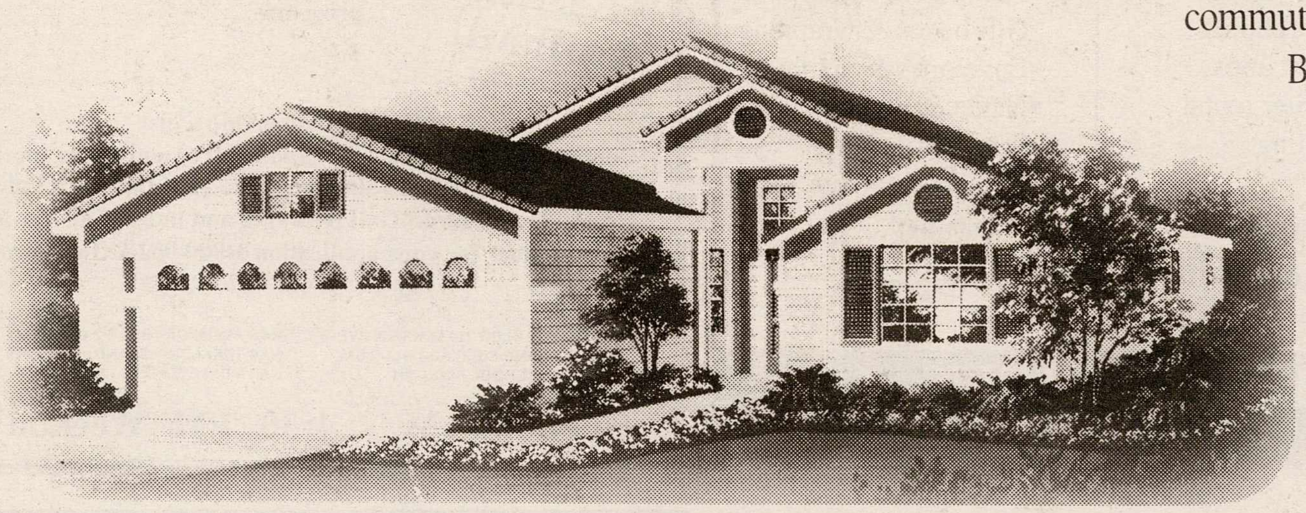

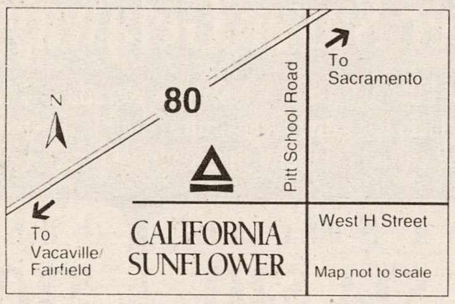

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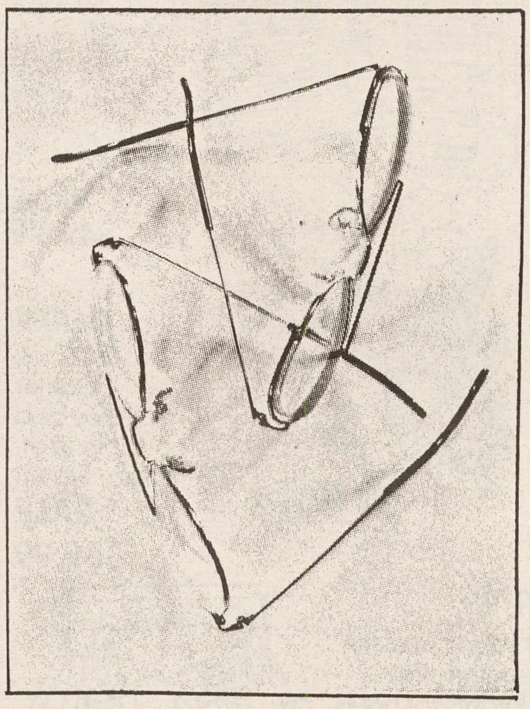

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Post engineers battle storm damage

By Spc. Adrienne Story
Star Presidian staff

The Directorate of Engineering and Housing crews have been working around the clock to mop up the damage caused by recent storms here.

In the storm which passed through California Sunday, the San francisco Airport recieved 1.13 inches of rain alone. Since the beginning of the season, in October, the Presidio has received 16 inches of rain. Ten inches of that rainfall has accumulated in just this year, according to the Petaluma, Calif. Environmental Service.

Because of this, DEH engineers sometimes wish for the drought to continue.

``We've been working around the clock,'' said Capt. Jeffrey D. Jensen, DEH operations officer. ``Mainly, we've been working on basement floods and clearing out storm drains that are overflowing.''

This is the first time since the drought, which began six years ago, that DEH has been doing this type of work.

Since the start of the storms, there have been several fallen tress, three mud slides, numerous basement floods, two water mains have broken, drains have been continually overflowing and complaints of water leaks have been reported.

``With all this rainfall after the drought, the ground is too soft to hold the trees,'' Jensen explained. ``With the heavy winds from the storm, the trees are falling. We've been busy policing up the fallen debris and cutting down any loose branches that may be a potential hazard.''

According to Jensen, not much can be done to prevent mud slides.

``We keep an eye on the areas at risk,'' he continued. ``There is no engineering way to prevent the slides in such a short notice, but we can rope it off before the slide begins.''

With all the flooding problems, electricians are needed at each flood area. However, DEH has only two electricians.

``They've been working day and night trying to get their job done,'' Jensen said. ``Plumbers are also continuously working. The downsizing has effected us, in that, there is more work and less people to get the job done.''

Despite the long hours and reductions in force, the DEH employees have maintained a positive attitude, according to Jensen.

The work order desk normally handles calls from 7:30 a.m. to 4:30 p.m. Because of the urgency, calls are being taken at all hours. The fire department normally picks up all calls after 4:30 p.m., but with the work load, DEH is assisting after hours.

``Everyone is doing a great job,'' Jensen said. ``Whenever we have problems like this, the attitude and response of the employees is tremendous. They're doing what they can to make the situation the best for residents.''

Along with the added duties because of the flood, DEH still has its other duties to perform.

``We have a lot of work to do for the 50th Anniversary [of Sixth U.S. Army], including yard work and concrete work,'' Jensen continued. ``We're just hoping the rain will ease up for a couple of days so we can get that done.''

``Although everyone has been working around the clock, and they're tired, the engineers are handling everything really well,'' Jensen concluded. ``They really enjoy it when it gets going like this. They want to go out there and fix things.''

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TRIVIA

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The Rangers lost Capt. James C. Fisher, the medical officer, and one enlisted man. Both, fatally wounded, were carried back with the raiding party. One freed prisoner died of heart failure in the excitment of the release.

The entire command was back within Sixth Army lines by Jan. 31.

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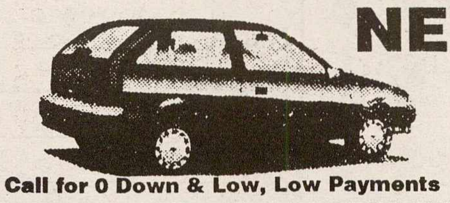

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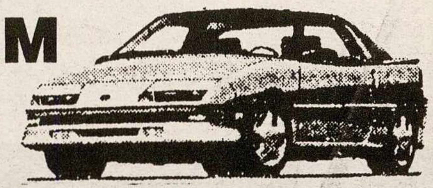

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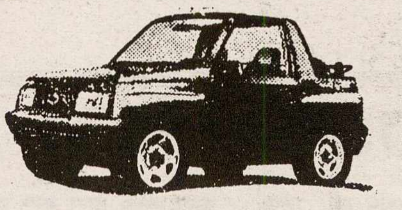

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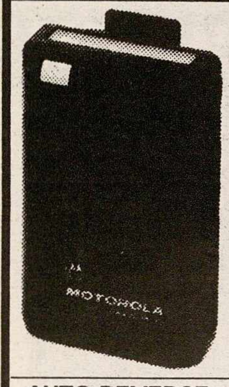

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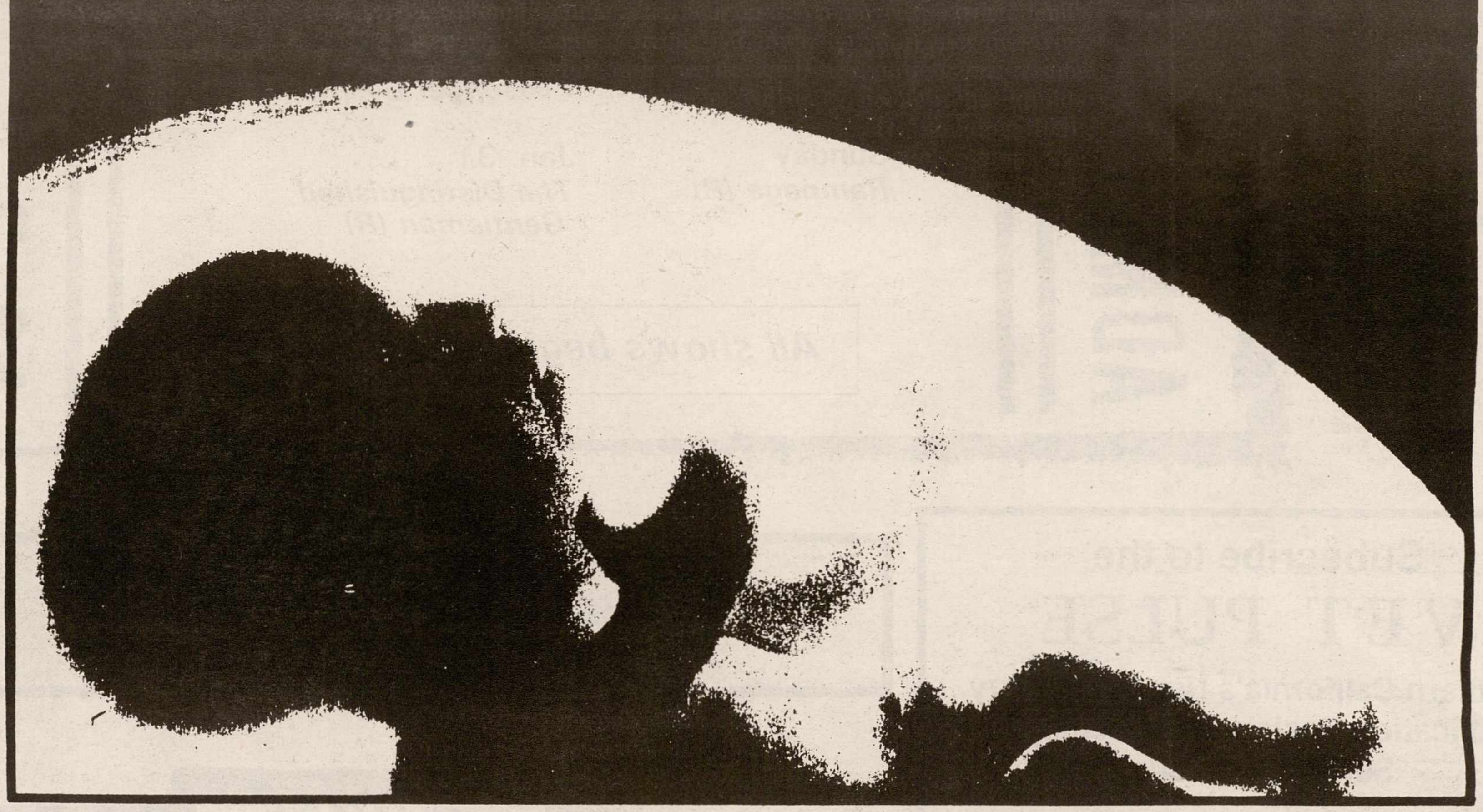

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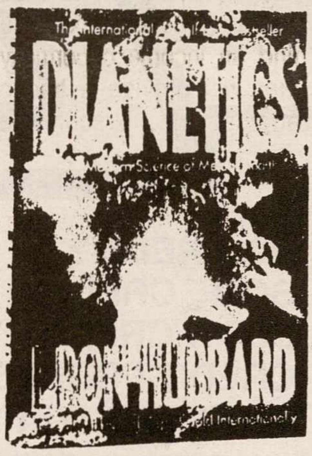

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LUSAH wins in overtime heartbreaker, 108-104

By Charles Wallace

Charles Shedrick shot a 30-foot jump shot in the closing minutes of regulation to send the LUSAH Benefit basketball game into overtime at 99-99, Friday. The Under Thirty team went on to squeak by the Over Thirty team, 108-104.

The lunchtime benefit game was the culmination of a month long food drive to stock the Army Community Service food closet.

The Under Thirty team dominated the final three minutes of overtime, with clutch free throws from Wayne Rogers and Bradley Switter.

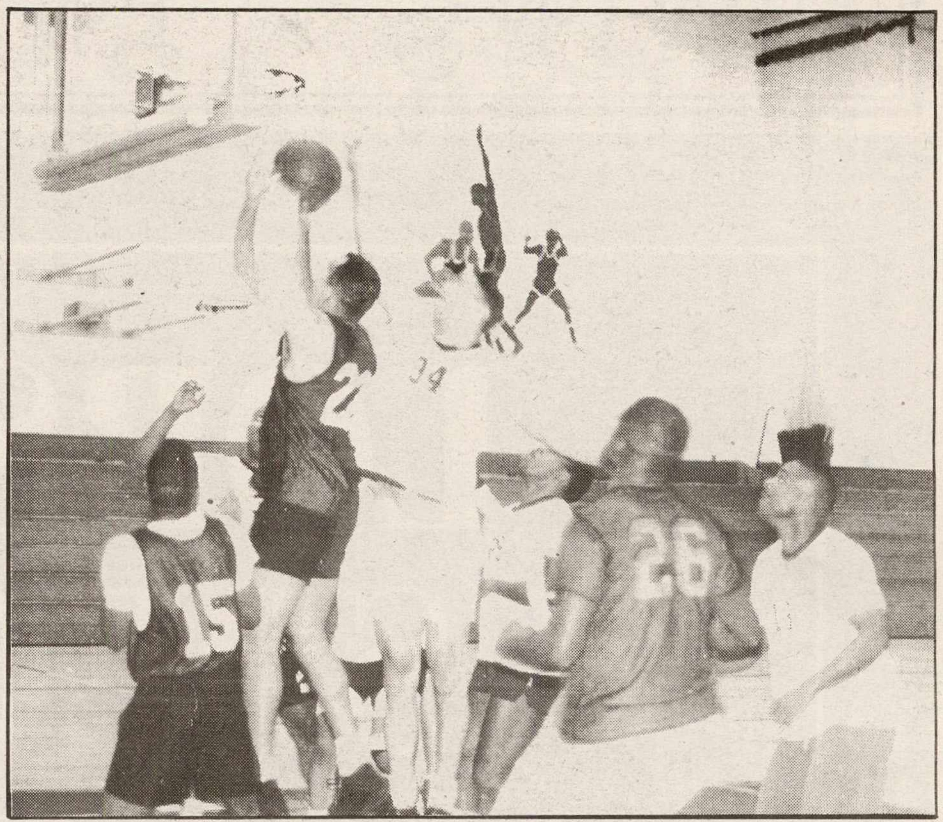
The Under Thirty team jumped out to an early first quarter lead of eight points led by Demetrius Allen and Switter. The senior citizens revolted with 23 second quarter points to the boys' 16 points. With a halftime score of 43-42, the Under Thirty team was wondering what happened.

Things got tighter in the third quarter, with the Over Thirty team edging the Under Thirty, 33-26, when Olosega Faitalia got hot and hit five jump shots. Switter kept it close by hitting the first of two five pointer from ``the box'' (an area set aside where long range shots counted for five points each).

With a 75-69 edge at the end of the third, the old men were dreaming of an upset. However, with a large reserve to choose from, the Under Thirty team was able to make a 30-point run in the fourth quarter, led by Jared White's ten and Rogers' seven.

Special thanks goes to Sgt. First Class Killens and Sgt. First Class Darden for leading an effort that sent a thousand canned goods to the food closet.

Scoring:
Under Thirty; Switter, 27; Rogers, 24; White, 18; Allen, 11.
Over Thirty; Shedrick, 25; Kevin Brooks, 20; Ronald Scott, 19; Anthony Lambert, 17; Faitalia, 14.


Staff Sgt. Pleasant L. Lindsey III

Letterman U.S. Army Hospital's intramural teams scrimage in a benefit game Friday as part of a month-long food drive to stock the Army Community Services Food Closet.

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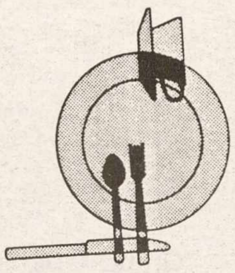

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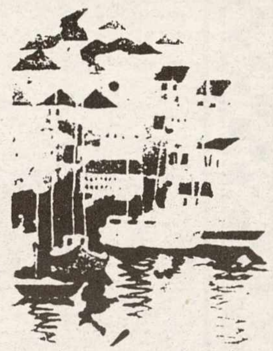

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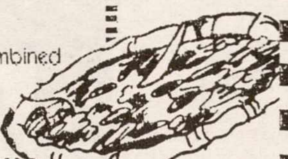

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	Small 6-Slice	Medium 8-Slice	Large 12-Slice	X-Large 12-Slice
Cheese and Pizza Sauce	6.45	7.95	9.25	10.35
One item	7.20	8.90	10.50	11.75
Two items	7.95	9.85	11.75	13.15
Three items	8.70	10.80	13.00	14.55
Additional toppings	.75	.95	1.25	1.40

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Clams
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Shrimp
Broccoli
Anchovies
Garlic
Pesto
Feta cheese
Canadian Bacon
Pineapple Tidbits
Fresh Mushrooms
Fresh Tomatoes

(Any combination will be charged by the item)

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Hawaiian *Cheese, Canadian Bacon, Ham, Pineapple.*	8.40	10.50	12.70	14.25
IL Greco *Feta Cheese, Spinach, Broccoli, Pesto and Mozzarella Cheese*	9.75	12.05	14.55	16.25
Pescatore (Fisherman's Special) *Cheese, Clams, Shimp and Fresh Garlic.*	9.00	11.20	13.30	14.85
Benvenuti *Mozzarella Cheese, Pesto, Artichoke Hearts, Garlic and Italian Sausage.*	9.45	11.75	14.25	15.95
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	Small (1-2 people)	Large (3-4 people)
Cheese and Sauce	6.75	9.85
One item	7.50	10.85
Two items	8.25	11.75
Three items	9.00	12.70
Additional toppings	.75	.95

Star Presidian

Vol. 36, No. 4 | Published for the Presidio of San Francisco | Jan. 29, 1993

Recent housing storm damage claims limited

By Capt. Craig Minnick
Office of the Staff Judge Advocate

The Presidio's Claims Office encourages family housing occupants whose personal property was damaged during the recent rain storms to give them a call. Army regulations provide limited protection for storm damaged personal property belonging to family housing occupants.

The heavy rains in the Bay Area resulted in flooding of many quarters on post. The Personnel Claims Act, as implemented by Army Regulation 27-20, provides limited protection for soldiers and Department of the Army civilians whose property was lost, damaged, or destroyed incident to service.

Losses to flooding in assigned quarters can be considered, and claimants will be compensated to the maximum amount possible within the approved guidelines.

Claimants have a duty to mitigate damages by drying wet items to prevent mildew and further deterioration.

Compensation is not allowed for damages that occur as a result of a failure to dry items.

For example, a claimant's rug is wet, slightly mildewed, and can be cleaned. Instead of drying the rug, the claimant leaves it rolled up in the basement. After several months, the rug becomes badly mildewed and cannot be cleaned.

See Claims, Page 13

FORSCOM honors transition point

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The U.S. Army Transition Point, located in Bldg. 1217 at Fort Scott, will inactivate March 1.

It's soldiers, however, will leave knowing that they've posted one of the best error-free scores among U.S. Army Transition Points in Forces Command.

The unit logged the second best score in FORSCOM for separation records management during a six-month period from June to November 1992.

The U.S. Army Transition Point's mission is to separate officers and enlisted personnel from active duty. Additionally, they provide command and control, personnel, financial, supply, billeting, messing, logistical/transportation, legal and medical support during the separation process.

Among other support activities the transition point provides are in-service recruiting counseling and veteran's benefits briefings to transitioning military personnel. They also support Headquarters Command Battalion operations plans.

``Our job here at transition point is not over after a Certificate of Release or Discharge from Active Duty form (DD 214) is prepared,'' explained 1st Lt. Liana L. Bratland, unit commander. ``We must ensure that the disposition of the soldier's Military Personnel Records Jacket (201 file) and copies of the DD 214 is made to various agencies accurately and

See Transition, Page 13

Inside the Star Presidian

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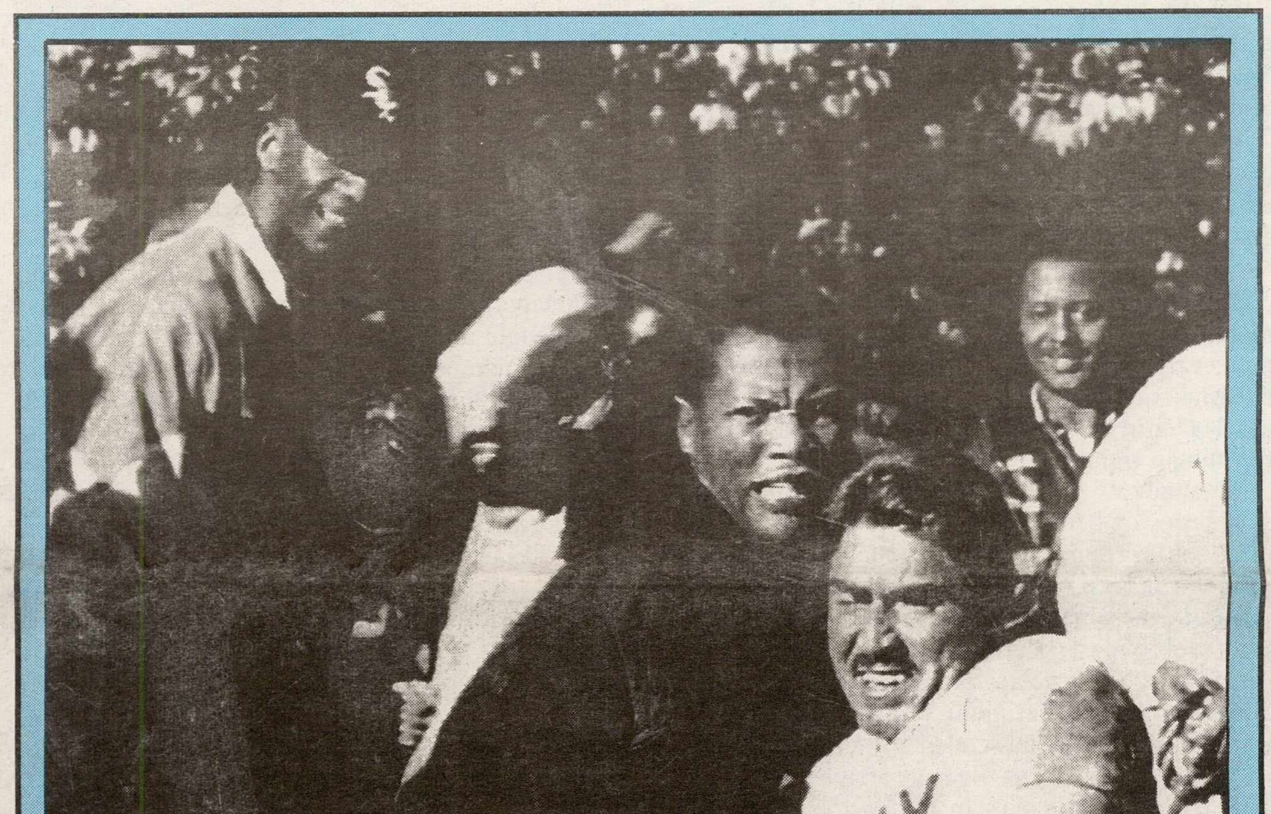


Pulling for the win

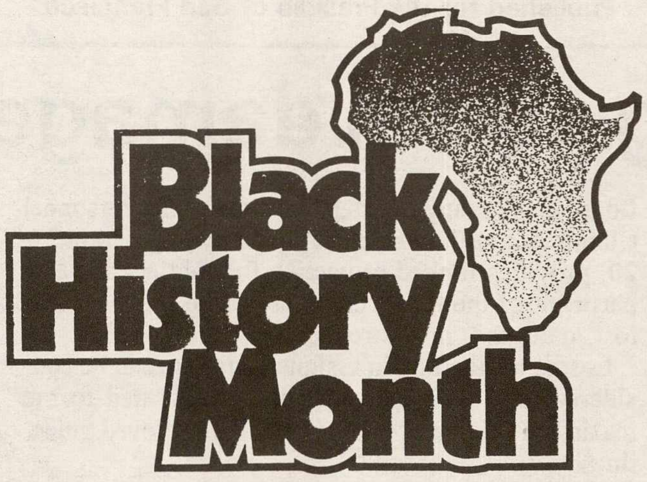
Sgt. John W. McGarrah

Nine teams competed in the tug-of-war competition during the Sixth U.S. Army organizational day activities Jan. 22. Company C, 864th Engineer Battalion took the top two places in the competition. See related story and photos on Pages 6 and 7.

Black History Month

Marshall's legacy reflects civil rights advancements

By Spc. Jose Zuniga
Star Presidian staff



Some say progress is a series of steps forward mixed in with a couple of steps backward, as long as the forwards outnumber the latter we call it progress. Since this country began commemorating Black History Month there have been a number of both.

The march of progress in civil rights, however, is one marked by a series of victories. In contemplating the challenges that lie ahead, it is important to know of past progress.

A great step forward, and one which proudly will become another history lesson this year, was the triumph of Thurgood Marshall, the great grandson of a slave and this nation's first black Supreme Court justice. Marshall died Sunday at age 84.

His rise to the highest court in the land was not without struggle or sacrifice. It was a rise tempered by controversy, but one which paralleled the progress of black advancements through the last 40 years.

As a civil rights attorney, he successfully argued the landmark Brown vs. Board of Education school desegregation case before the Supreme Court. With that victory, Marshall became a lifelong champion of human rights for minorities.

Exemplifying, as a Supreme Court justice, the same moral rectitude and selfless spirit displayed by such human rights leaders as Dr. Martin Luther King Jr. and Mahatma Gandhi, Marshall will be immortalized as a leader in the quest for racial equality and respect for human rights.

Marshall saw progress in the fight for human rights as a series of hard-fought battles. Although not all these battles resulted in victory, enough were won so that a difference was made.

Despite the advances, Americans should not rest on the laurels of past accomplishments, he often admonished. In a 1980 dedication speech for a statue of himself erected in Baltimore, Marshall said that those who feel the march has ended are mistaken.

``Some Negroes feel we have arrived. Others feel that there is nothing more to do. I just want to be sure that when you see this statue, you won't think that's the end of it. I won't have it that way. There's too much work to be done,'' he said.

Racial and cultural awareness programs across the country, and especially those in the military, have not ignored that work, reflecting a focus on wanting to cross-culturally educate Americans.

Marshall's goal was to one day see a country where the torch of basic human respect and equality would be ever-burning. He explained that an understanding of human dignity would ensure this goal was met.

``People are people -- strike them and they will cry; cut them, and they will bleed; starve them, and they will wither away and die. But treat them with respect and decency, give them equal access to the levers of power, attend to their aspirations and grievances, and they will flourish and grow and... join together to form a ``more perfect union', " Marshall said in a 1973 address to a world conference on law.

While no one can pretend to think America has reached that more perfect union, in seeing how far black Americans have come in the 39 years since their victory in ending school segregation, America can develop a better view of what remains to be done.

As all Americans reflect on black history month, we need only to reflect on the value of righteousness Marshall so ardently fought for throughout his life. To many Marshall's life was a demonstration of the true spirit of humanity, a spirit that served as a beacon for continued progress in equality which can be achieved step by step.

Black History Month schedule of events

THURSDAY

Kick-off event from 11 a.m. to 1 p.m. at the Letterman U.S. Army Hospital Schwartz Theater. The keynote speaker will be Col. Michael J. Brennan, LUSAH commander. There will be food samplers and arts and crafts displays.

FEB. 10

Black History Month luncheon from 11 a.m. to 1 p.m. at the LUSAH dining facility. Cost will be $1.90.

FEB. 18

A Black History Month coloring book presentation will take place at the Child Care Center.

FEB. 19

Black History Month dance from 8 p.m. to 1 a.m. at the Golden Gate Club. There will be free finger food. Music will be provided by DJ Douglas.

FEB. 21

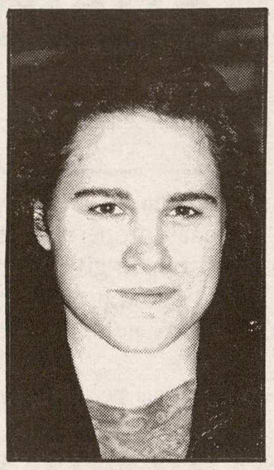
Gospel concert from 3 to 5 p.m. at LUSAH's Schwartz Theater. Three Bay Area choirs will perform at the free event.

FEB. 24

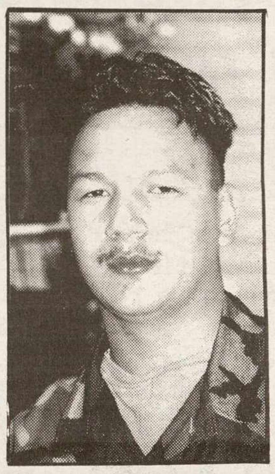
Black History Month luncheon from 11:30 a.m. to 1 p.m. at the Fort Scott Dining Facility. Cost will be $1.90.

Ask Presidians

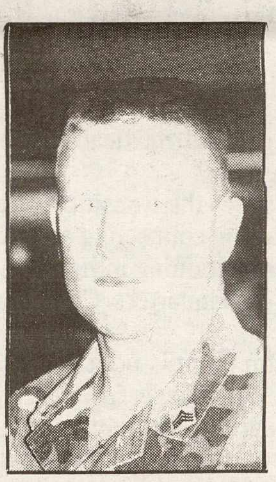
How have the recent heavy rains affected you?



Sgt. Tara Partee, X-ray tech, LUSAH: ``Our sewers overflowed at the barracks. It was really disgusting. It has gotten harder to go out. The rain has had a real depressing effect on everyone. I know that San Francisco isn't known for being bright and sunny, but this is ridiculous!''



Spc. Rick Camacho, 2373rd Sig. Det. (USAR): ``I love it! I'm a skier, so I know that this is going to make for great skiing this spring at Heavenly or Squaw Valley. Having to stay indoors is romantic.''



***Sgt. Gary Phillips,* heavy equipment operator, 864th Engr. Bn.:** ``I live in Novato and traffic on Highway 101 in the mornings has been terrible. We've been filling sand bags and handling emergencies at work. "

Veronica Clemons, fraud team administration officer, CID: ``I have to get up earlier in the mornings to allow for more time to get to work. The only good thing is that drivers are much better on-post than outside in the city.''

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif.

The appearance of advertisements in this publication, to include all inserts and supplements, does not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected.

For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-5279.Circulation: 9,000.

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Assistant Editor....................**Sgt. John W. McGarrah**
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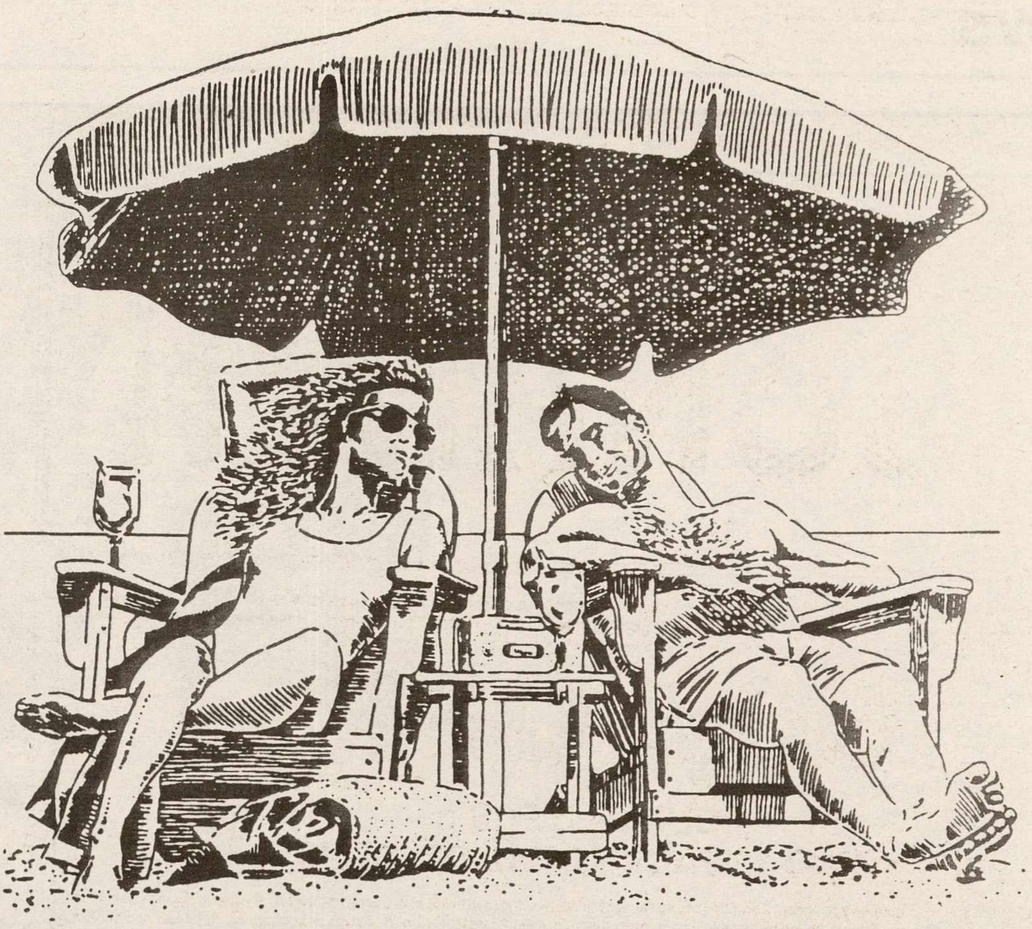
Spc. Adrienne Story

Photographic support..........................**TSC Photo Lab**

Born of War

Sixth Army was "born of war" Jan. 25, 1943, as a spearhead element of Gen. Douglas MacArthur's campaign to retake the Pacific islands from the Japanese during World War II. Fifty years later, Sixth U.S. Army commemorated its proud heritage with celebration activities at the Presidio of San Francisco. Such events included a wreath laying ceremony (above) at the World War II Memorial by retired Lt. Gens. Elvy B. Roberts and Robert Arter; (top) the Headquarters Command Battalion Honor Guard fires a 21-gun salute during the ceremony. In an early morning ceremony (right), Arter, Roberts and retired Col. Walter Kreuger Jr., son of Sixth Army's first commander, Gen. Walter Kreuger Sr., unveiled a bronze marker in front of Sixth U.S. Army Headquarters, Bldg. 38. (Photos by TSC-Photo)

SatoTravel



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- *Navy PG School, P.O. Box 8718, Monterey, CA 93943*

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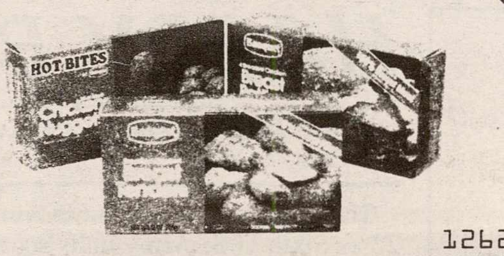

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News Briefs

Enlisted Spouses' set club meeting

The Presidio Enlisted Spouses' Club will hold a membership meeting at 6 p.m. Monday in Bldg. 1539. Enlisted spouses from all branches of the military are invited to join. For more information call 386-1918.

Gospel services change location, again

The Gospel Service is moving to the Religious Activities Center Feb. 7, because of LUSAH's closure and the retirement of Chaplain (Maj.) Leander Berndt. The final service in LUSAH will be Sunday.

Parenting classes offered Thursdays

Presidio Army Community Services is offering parenting classes from 9:30 a.m. to noon Thursdays. These classes teach how to have a happier family. There is free child care available on a reservation basis. To sign up and reserve your child care, call Karen Kaho at 561-5155. Class dates and topics are: **Thursday**, Encouraging Cooperative Kids; **Feb. 11**, Effective Communication; **Feb. 18**, Building Responsibility; and **Feb. 25**, When Nothing Works.

Medical retention board scehduled

All soldiers who have permanent profiles with a numerical factor of 3 or 4 will be mandatorily referred for evaluation to a MOS/Medical Retention Board (MMRB). Soldiers having these factors, who have not been referred to an MMRB, must contact the Military Personnel Operations Branch at 561-3297. The next scheduled MMRB is at 8 a.m. Feb. 16 in the Sixth U.S. Army conference facility, Bldg 35.

Changing housing locks unauthorized

Some housing occupants are personally replacing or installing door locks on their quarters. This practice is in violation of housing regulations for various security reasons. Any locks not installed by the authorized Presidio locksmiths, who maintain the master keys, will be removed and replaced with official government locks. The occupants will be charged accordingly. For additional information or clarification call Gene Blackburn at 561-3453.

Reserve Officers' Association meeting set

Presidio Chapter Six of the Reserve Officers' Association will meet at 6:30 p.m., Feb. 4 at the Presidio Officers' Club. David J. Fischer, president of the World Affairs Council of Northern California will speak on ``Eastern Europe Today.'' There is a fee, and guests are welcome. Guests are welcome to attend at 6:30 p.m. or attend the 8:30 p.m. program only. Reservations can be made with Col. (Ret.) Angus Loop at (510) 531-6401.

Officers' spouses host luncheon

The Presidio Officers' Spouses Club luncheon Thursday, will feature Ed Fulwider, a retired die maker, who will talk about the San Francisco Mint. Call 386-3003 for reservations for the event. The Officers' Spouses Club will also host an All Services Luncheon, for spouses of military officers at 11 a.m. March 4, at the Presidio Officers Club. The luncheon will be followed by ``100 Years of Fashion,'' a unique antique fashion show presented by *The Goodwill Bags*. There will be an optional tour of the Presidio Museum at 10 a.m. Reservations must be made no later than Feb. 18. Forms may be picked up at the Presidio Thrift Shop. For child care information call 221-0796 no later than Feb. 15.

Spouses host Grace Cathedral tour

The Feb. 11 Presidio Officers' Spouses' Club tour will feature a lunch at the Fairmont Hotel, Dutch treat, and a tour of the Grace Cathedral. The car pools will leave the Officers Club at 11 a.m. There is a small fee. For reservations call Ellen Litney, by Feb. 8, at 346-9436.

Outdoor Recreation can store RVs

There is space available in Outdoor Recreation's recreational vehicle storage area. This is a secure location where active duty personnel can store a motor home, boat, trailer or automobile for $10 a month. All other eligible personnel pay $20 per month. For more information call 561-4324.

Thrift shop organizes flea market Feb. 6

The monthly Thirft Shop flea market will be held Feb. 6 in the parking lot between the Thirft Shop and the Main Post Exchange. Call 922-3384 for more information.

They're off and running! Runners take off on the first leg of the unit guidon relay. The engineers proved they had the right stuff to win.

Capt. Robert Gongora, Presidio finance officer, heads into the final stretch of the unit guidon relay.

HAPPY BIRTHDAY!

Story and photos by Sgt. John W. McGarrah
Star Presidian staff

The parking lot in front of Gym No. 1 *became a battlefield of sorts Jan.* 22 as Sixth U.S. Army units squared off in `fierce' competition.

The best that each unit had to offer went head-to-head with their fellow soldiers on the blacktop, the boards and in the mud. The contests boosted some pecular aspects; some involving eggs, ropes, and guidons. It was all in fun, though, as the Sixth U.S. Army gathered in force to mark it's golden anniversary.

Company C, 864th Engineer Battalion, started off the day with a bang winning the guidon relay. The engineers dominated just about all the categories in the full-day of activities.

Headquarters Company, U.S. Army Garrison; the U.S. Army Transition Point; the Law Enforcement Company; the Presidio of San Francisco's Readiness Group; Command Group; Letterman Army Institute of Research; Sixth U.S. Army Band; the deputy chief of staff for training, operations and information management office; the Organizational Readiness Evaluation team; the Inspector General's Office, teams all had their time to shine.

The winners were:

Volleyball (16 teams)
1. Readiness Group, Presidio of San Francisco
2. 864th Engineer Battalion
3. Law Enforcement Company

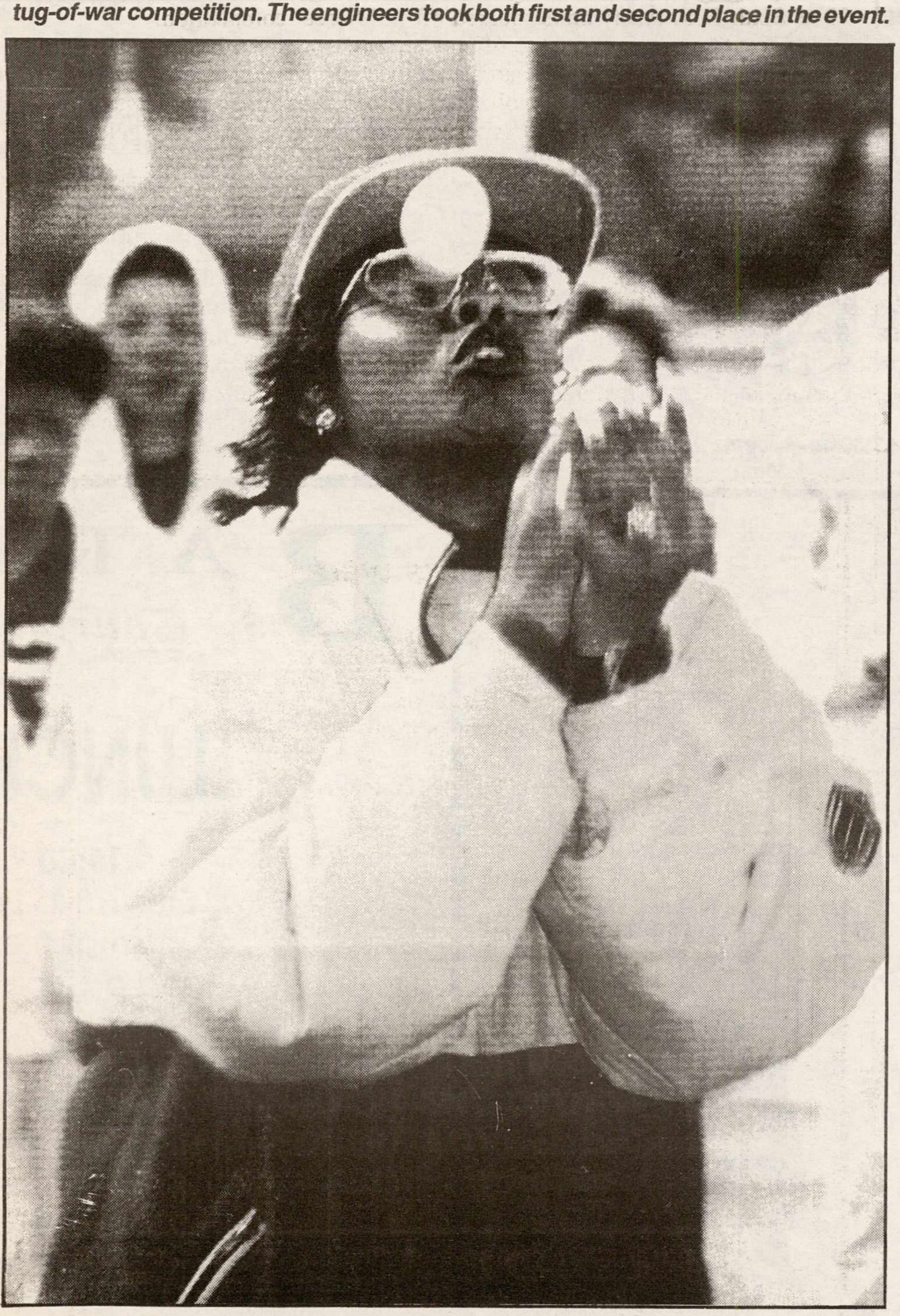
Basketball Free Throw (20 teams)
1. LEC, Team Three
2. Headquarters Company, U.S. Army Garrison
3. Deputy Chief of Staff for Operations

Unit Guidon Relay
1. 864th Engr. Bn.
2. U.S. Army Transistion Point
3. Hq. Co., USAG

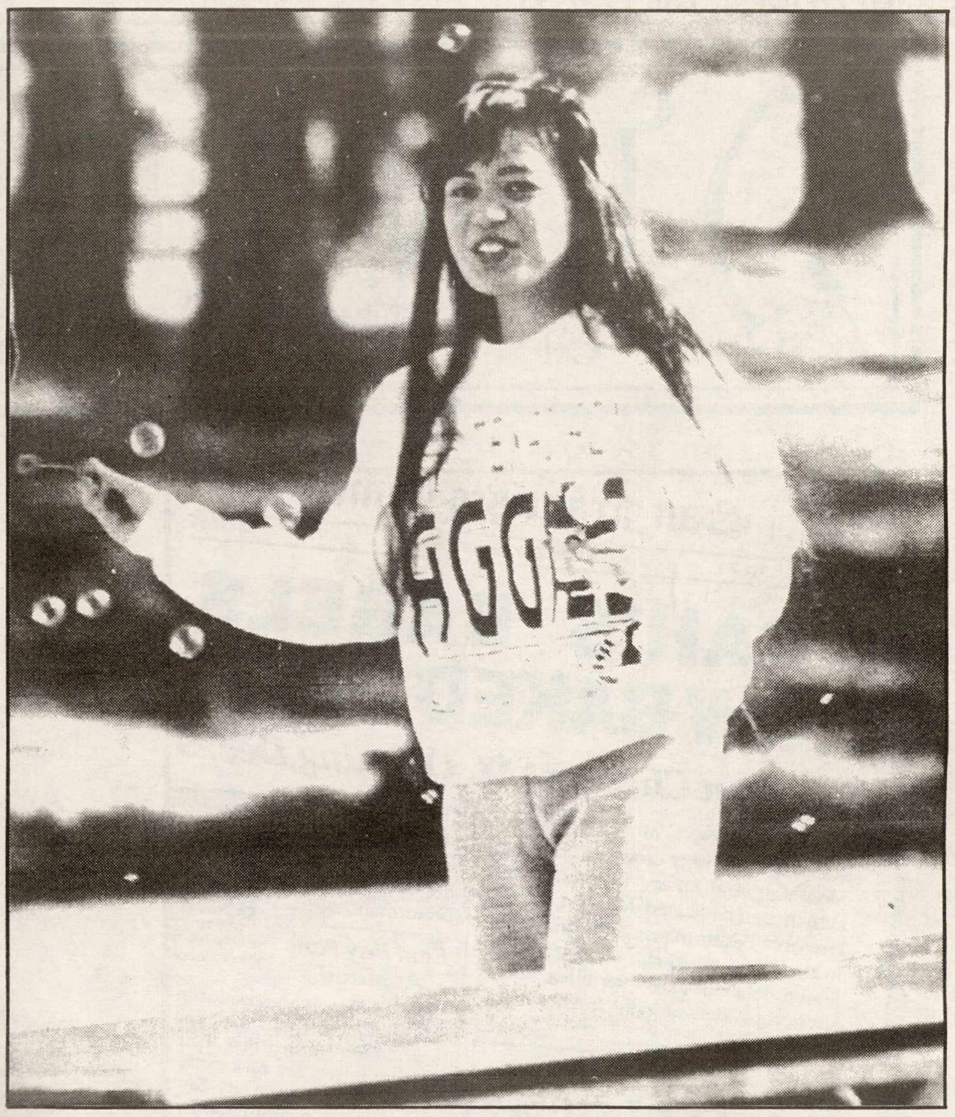
Potato Sack Relay
1. LEC
2. 864th Engr. Bn.
3. Deputy Chief of Staff for Training

Tug of War (Nine teams)
1. 864th Engr. Bn.
2. 864th Engr. Bn.
3. LEC

A Company C, 864-th Engineer Battalion soldier puts his heart and muscles into the tug-of-war competition. The engineers took both first and second place in the event.



Spc. Angela Cotton-Holmes, Hq. Co., U.S. Army Garrison, finds that she has egg on her face during the egg throw portion of the organizational day activities.



Spc. Teresita Geston , Hq. Co., U.S. Army Garrison, shows her anniversary spirit.

Soldiers and family members dance to the music of DJ Douglas at the organization day.

DINING AND ENT

"All the Bagels Fit to Eat"

San Francisco Times

VOL. MCMCXII...NO. 1 WEDNESDAY, DECEMBER 9, 1992 • 50 CENTS

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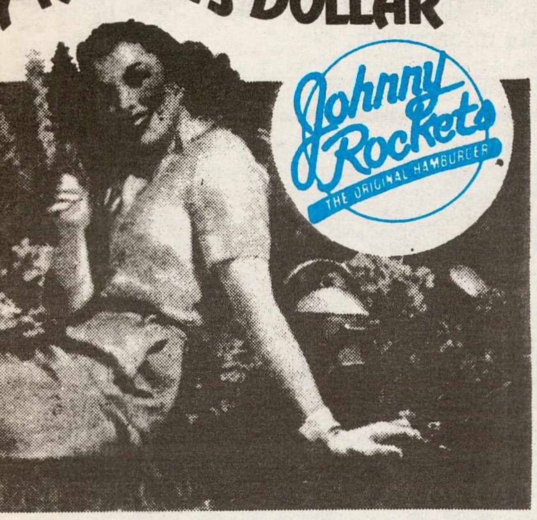

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12-3pm Russell Brothers
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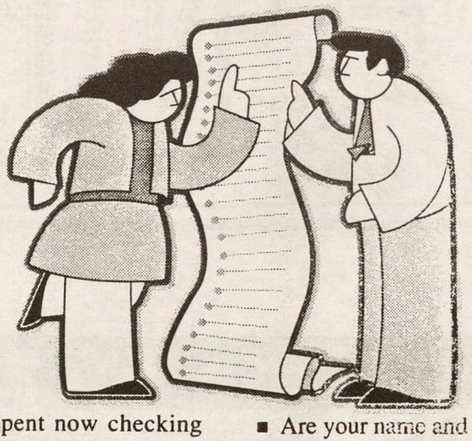

A little time spent now checking your return can save you a lot of time waiting for your refund.

Mistakes such as income reported on the wrong line and missing schedules slow down processing. A quick check to see if the tax return is complete, correct and easy-to-read can eliminate problems before they occur.

Once your tax return is completed, check the following:

- Are your name and social securty number on each schedule?
- Are the names of all dependents, and social security numbers of those one year and older, on your return?
- Is your arithmetic correct?
- Did you claim the correct standard deduction, unless you itemized, for your filing status? Especially double-check if you can be claimed as someone else's dependent.
- Have you used the right figure from the proper column in the Tax Table?
- Do you qualify for the earned income credit (EIC)? (See your tax package instruction booklet for qualifications.)
- If you made estimated tax payments, have you made the correct entry for your payments on your Form 1040 or 1040A?
- Are all Forms W-2, "Wage and Tax Statement," and supplemental tax forms and schedules attached?
- Did you sign and date the return? If you are married and filing a joint return, did your spouse also sign and date it?
- Did you use the peel-off label and pre-addressed envelope? If the label is not correct, carefully make changes on the label.
- Did you make a copy of the return for your records?

New tax office open

Tax season is here and the Presidio is again operating a tax assistance program developed to save soldiers the costs of paying a commercial agency to prepare their taxes.

Federal and State tax preparation assistance and electronic filing is available to soldiers and their families at the new Tax Office, located in the basement of the Staff Judge Advocate's office, 223 Halleck St., from 9 a.m. to 3:30 p.m. Monday through Friday.

Assistance is offered from two primary sources. First, a unit tax representative has been designated in each company-sized unit to provide assistance to soldiers in the unit. Second, a group of volunteers has been established by Army Community Services.

Both unit and volunteer tax advisors received two comprehensive weeks of training from an Internal Revenue Service instructors. Tax problems beyond the scope of the unit or volunteer tax advisors will be referred to the Legal Assistance Office.

Volunteers are still needed to support the tax office. Call Sgt. Joseph MacMillan at 561-4273, for more information.

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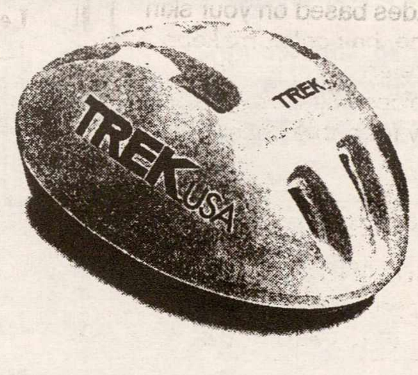

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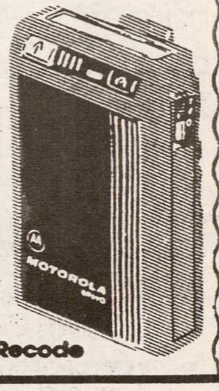

TRIVIA

FEB. 11
This day in 1944 brought the official closing of the Arawe, Cape Gloucester, and Saidor Operation.

FEB. 12
On this day in 1945, the 185th Infantry captured Snake Hill North, Luzon.

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Feb. 6
Mighty Ducks (PG)

Feb. 7
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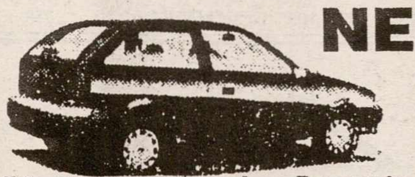

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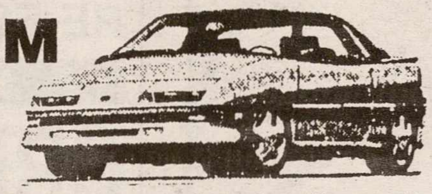

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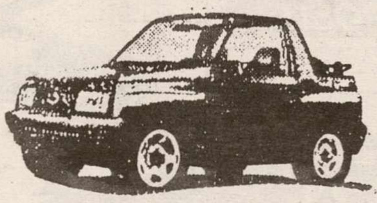

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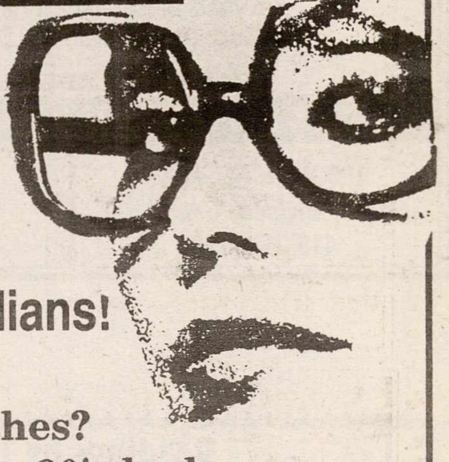

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Claims, continued from Page 1

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All soldiers and civilians who have experienced flooding in their quarters and incurred damages to personal property should call 561-4907.

Transition, continued from Page 1

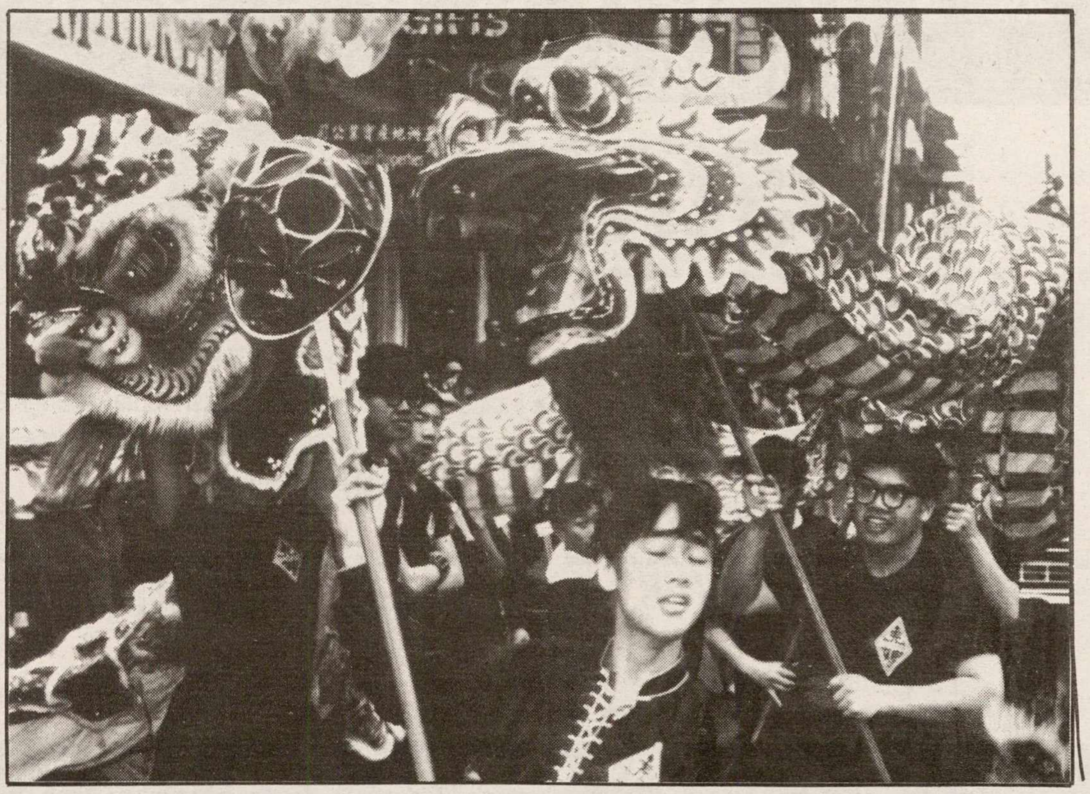
timely.''

Though ranked second out of 20 FORSCOM units by mere percentage points, Bratland's transition point had a lower error rate than the No. 1 unit for three of the six months recorded.

For November, the Presidio's transition point helped FORSCOM achieve the distinction of having the fourth lowest error rate among major Army commands processing more than 100 separation records per month.

In November, the transition point recorded two errors (two records were received late) out of 245 processed records, for an error rate of .8 percent - much lower than the Army's goal of 2 percent.

The transition point received special recognition from Col. Jo B. Rusin, FORSCOM adjutant general, for ``consistently achieving very low error rates'' while serving large numbers of soldiers.



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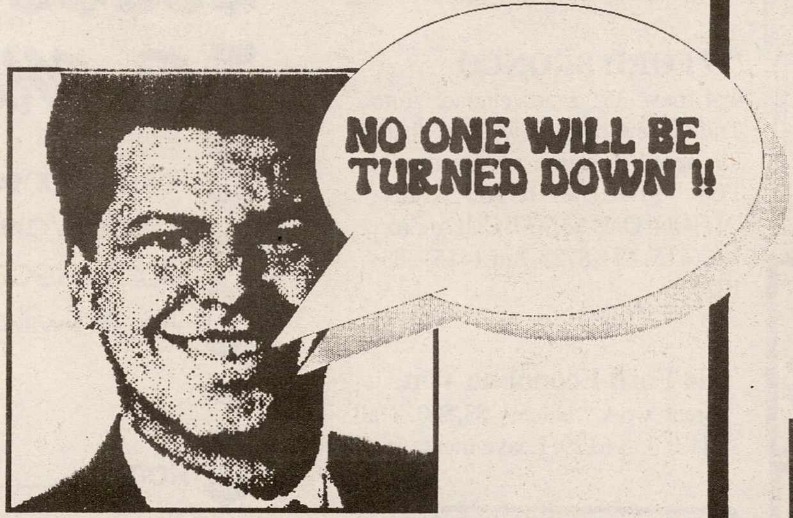
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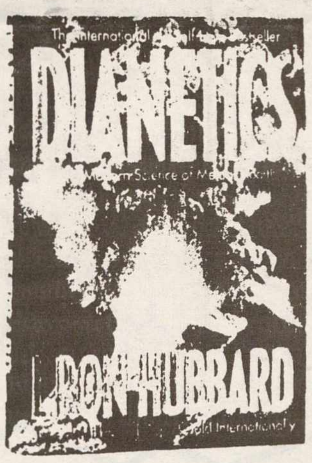
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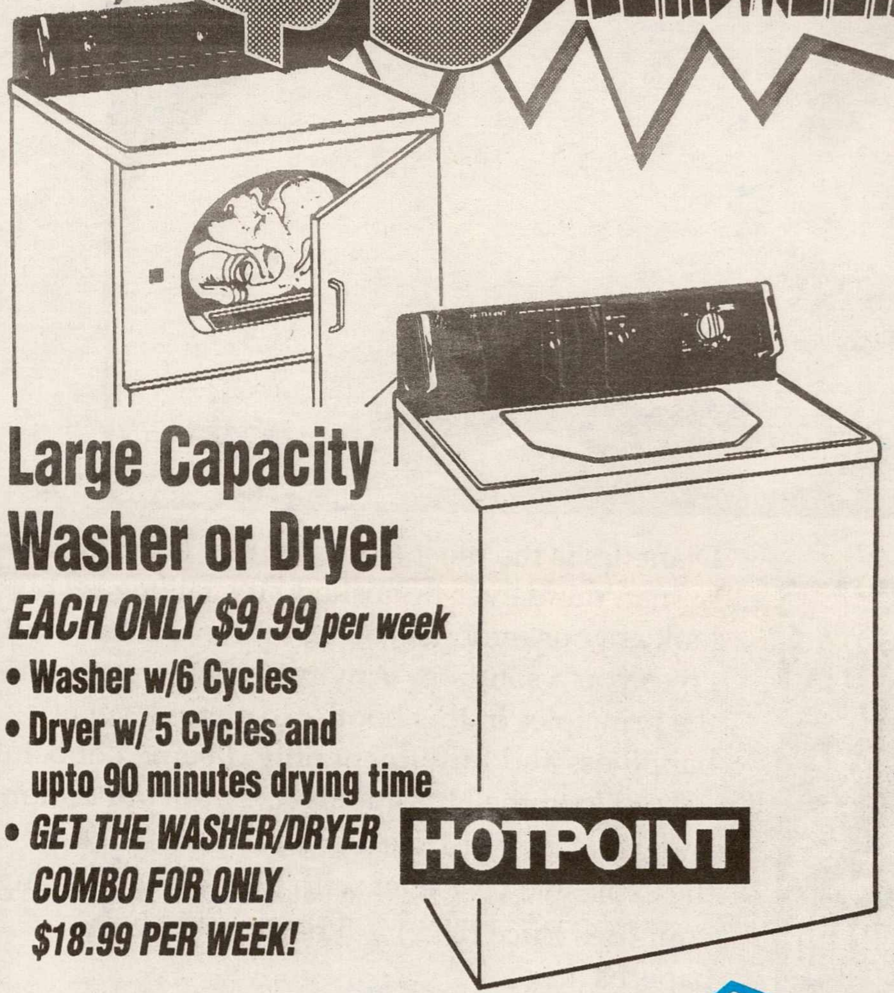

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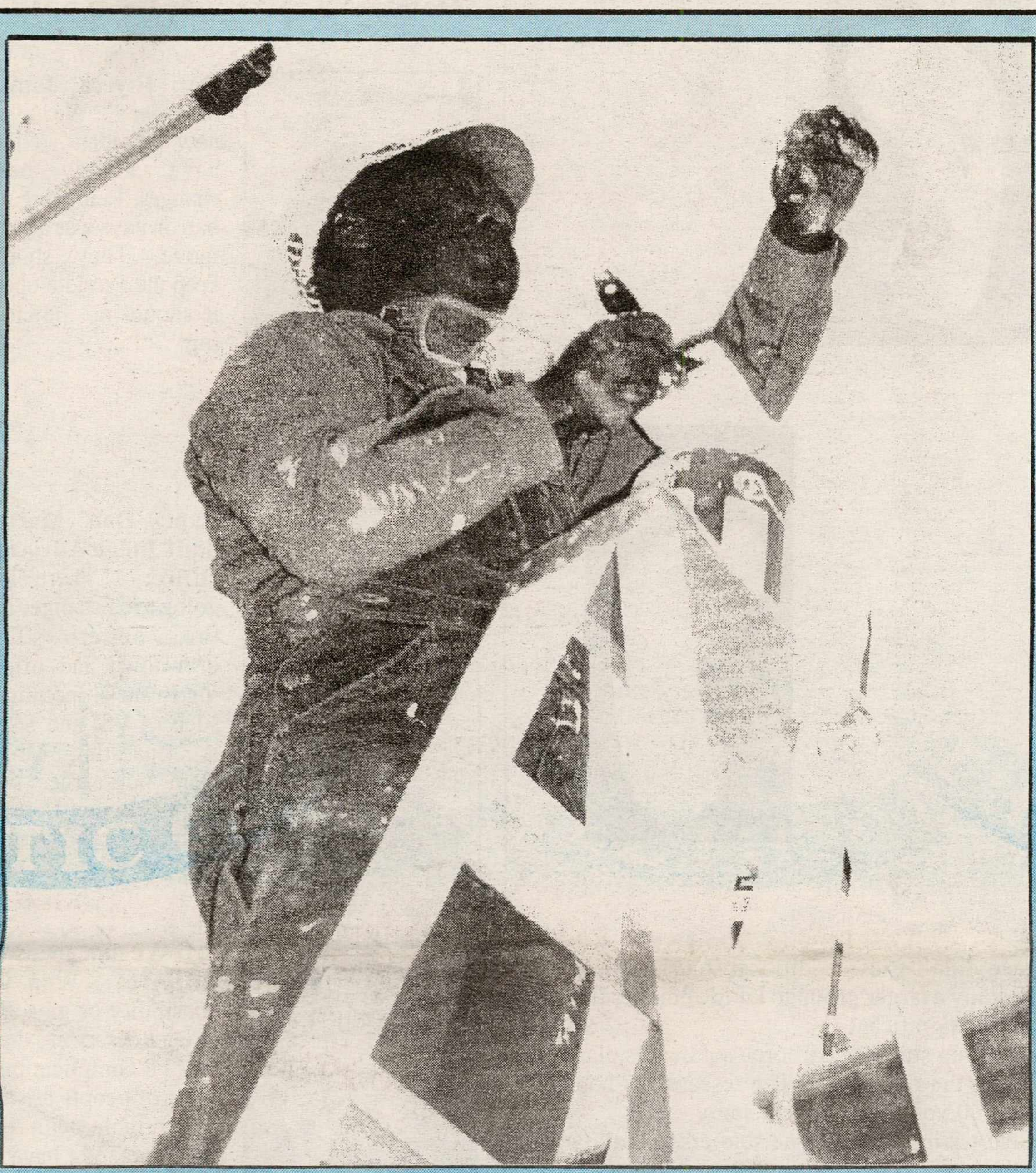


Staff Sgt. Pleasant Lindsey III

Hit the ceiling

On a higher plane, Master Sgt. Samuel Kinghorn, Readiness Group, Presidio of San Francisco, takes his painting task to new heights. The Readiness Group volunteered to remodel a section of the San Francisco Senior Center as part of a community relations project Jan. 28 and 29. See Pages 8 and 9 for story.

Crime prevention neigborhood effort, security chief says

By Staff Sgt. Marian E. Anderson
Provost Marshal's Office

What does $1,000 mean to you? A paycheck? A vacation? To a burglar it's the average value of a single haul, the personal items that he steals from you.

Complacent attitudes encourage a crime-conducive environment which jeopardizes the safety and security in the community. Crime breeds mistrust and lowers morale. When it comes to fighting crime, we're all in it together.

The next time you get together with your neighbors, talk to them about preventing crime in your neighborhood. Teach your children about crime prevention.

Crime prevention is a people's program rather than a military police program. Military police can't prevent crime alone.

It takes less effort to discourage a criminal from committing a crime or to teach people to avoid becoming a victim, than it does to investigate a crime, identify the offender, prosecute and punish him for the crime.

Citizens have a major responsibility for helping to prevent burglaries. You can help make your neighborhood safer by being observant and reporting suspicious activity. Never get involved with suspicious characters and don't take chances, notify the military police.

Don't let anyone tell you that neighborhood watches are an excuse to be nosy. It's a matter of common sense, keeping your eyes and ears open, and wanting to help yourself, your neighbors, and the military police; neighbors helping

See Burglaries, Page 8

Tax update: IRS eases record-keeping restrictions

By Capt. William S. Covey
Legal Assistance officer

The Internal Revenue Service has traditionally taken the position that income, credits and deductions are permissible only where the taxpayer can provide supporting physical evidence. It is a well-established principle that the burden of proof lies with the taxpayer.

Generally, such evidence was limited to either canceled checks or sales receipts. However, the economy is rapidly moving toward paperless transactions. Many banks no longer return a taxpayer's canceled checks.

Recognizing this trend, the IRS now allows taxpayers to use certain financial statements as evidence of payment.

According to the IRS, taxpayers have a duty to maintain sufficient records to justify income, deductions or credits in order to establish tax liability. This has meant that a taxpayer could submit canceled checks as proof of a transaction, but not the account statements prepared by financial institutions.

What happens if a taxpayer's financial institution does not regularly return canceled checks, but instead only microfilms them for future reference? In the past, a taxpayer had to request the bank to provide a certified copy of the particular check and submit to to the IRS to establish payment.

Under the new tax rules, the IRS will permit as proof of payment certain account statements of check clearances, electronic fund transfer records and credit card statements. This means a significant decrease in the volume of records a taxpayer must maintain.

Most banks maintain records of canceled checks either electronically or on microfilm. Under this procedure, checking account statements prepared by a financial institution are acceptable proof provided they show the check number, the amount of the check, the date the check amount was posted to the account, and the name of the payee.

This ruling could save a taxpayer money by eliminating the need to request copies of checks for submission to the IRS.

Electronic fund transfer statements are also permissible. For EFT statements to qualify under this new rule, they must show the amount and date of the transfer, and the name of the payee.

Credit card statements will also be accepted as proof of a transaction. These credit card statements may now be used if the taxpayer no longer has the carbon receipt slip given to the customer upon completion of a sale.

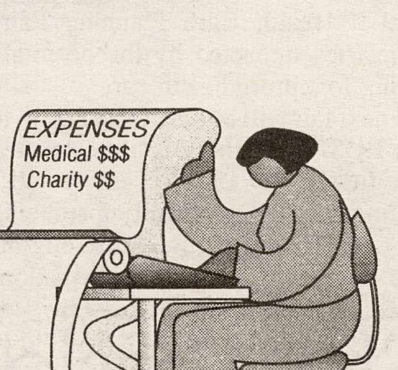
The IRS will accept such a statement if it shows the amount and date of the charge, and name of the payee.

Of course, all taxpayers realize that proof of payment alone does not establish every tax deduction. Although taxpayers may no longer need to retain a check or sales receipt to prove they paid for a particular item, similar documents (check registers, receipts, sales slips, charge slips) may remain necessary to establish the tax deductible nature of the purchase.

You Have Asked...
Common Question to IRS

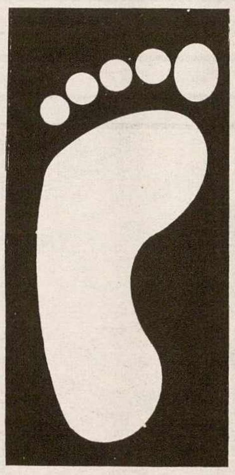
Q. What is itemizing? How can I tell if it will help me?

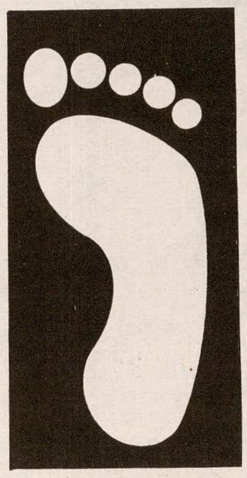
A. You itemize your deductions by filing Form 1040 and listing certain expenses on Schedule A, such as medical and dental expenses, taxes, home mortgage interest, and gifts to charity. If your itemized deductions are more than your standard deduction, you should itemize because your tax will be less. For details, see IRS Publication 501, or listen to the IRS's *Tele-Tax*, Topic 301.



Ankle brace concept shows promise, may help minimize airborne injuries

By Donna Shepard
Letterman Army Institute of Research





An ankle brace that was the brain child of LAIR scientist Dr. (Col.) Jack Ryan, may help minimize ankle injuries among airborne soldiers thanks to a collaborative study sponsored by the U.S. Army Research Institute of Environmental Medicine.

Ryan explained the most common injuries sustained during airborne operations are ankle sprains and fractures.

``Besides being painful to the soldier and causing a potential loss of jump status, a sprain or fracture reduces the unit's effectiveness,'' Ryan said. ``In ranger and special forces operations, even the loss of a single soldier can prevent the mission from being accomplished.''

In collaboration with Dr. (Maj.) Paul Amaroso, principle investigator on the project for USARIEM and Lt. Col. Bruce Jones, chief, Occupational Medicine Division, USARIEM, Ryan designed a prototype ankle brace.

They will help prevent injuries by providing reinforcement to the muscles, tendons and ligaments of the ankle while allowing almost the full, normal range of motion to the ankles and feet.

The brace is worn on the outside of the boot and is made of a hard plastic, two-part shell that is lined on the inside with air-filled sacks. Three velcro straps secure the brace in position.

After successful testing of the brace under laboratory conditions, the team of researchers that includes Ryan and Dr. (Maj.) Paul Leitschuh of LAIR and Amaroso, Jones and Dr. (Capt.) Barry Bickley of USARIEM, took their testing to the field.

More than 775 soldiers undergoing airborne training at Fort Benning, Ga., volunteered to participate in a field study in October.

Only half the volunteers wore braces so that the injury rate between the two groups could be compared. All volunteers made five jumps.

Ryan and Leitschuh evaluated soldiers who reported injuries at the drop zone and those who reported injuries the day following the jump. Additionally, participants in the study completed questionnaires following the jumps.

Dr. Ryan said, early results of the ankle brace concept appear promising.

``There is a definite trend toward reduction of ankle, ligamentous injuries,'' Ryan said. ``And the brace didn't cause additional injuries. But, we need to study a larger group to know if the results are statistically significant.''

A follow-up study of Airborne soldiers is planned for later in the fiscal year. The researchers hope to enroll 5,000 volunteers in that study.

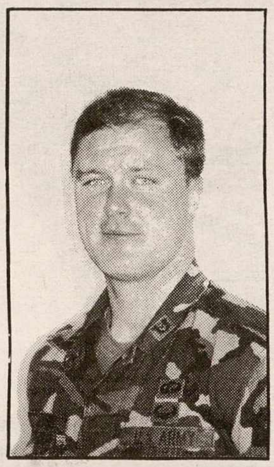
``Field testing of Airborne soldiers will allow us to use the brace in conditions that approach those of actual combat, including mass tactical jumps with full combat gear,'' Ryan said.

Richard Bride, staff writer, with the Fort Benning ``Bayonet,''contributed to this story.

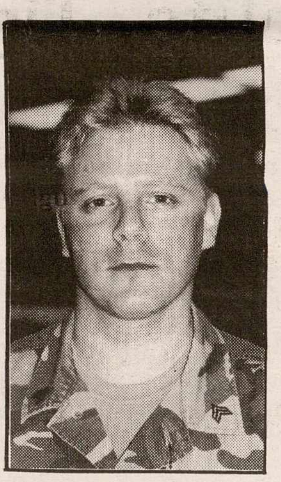
Ask Presidians

What changes will the military face this year?

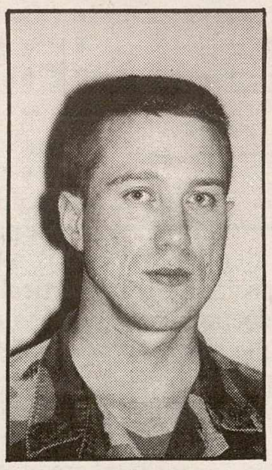
Dori Rivera, family member: ``We have a new president. There have already been changes. Removing the ban on gays was a good move. They should keep the Presidio open. It should not be closing.''



Capt. Dan Marsh, Staff Judge Advocate Office: ``There are going to be changes for the better. The drawdown and offering financial incentives such as VSI and SSB, is separating career from non-career soldiers. This will create a more professional Army at all levels.''



Sgt. *William Johnson*, LUSAH: ``With the possibility of gays entering the service, there will be complications. A lot of people are not comfortable with the gay issue. We have to work together regardless of our tastes and lifestyles. The new standards are a turn for the better.''



Sgt. Richard Wilken, Hq. Co., USAG: ``I see several changes. One of the main ones will be an Army geared toward a humanitarian mission - such as foreign/domestic assistance. We are slimming down to a more qualified, more mobile force.''

Health care

Letterman fairs highlight benefits

By Capt. Keith E. Sickafoose
Letterman U.S. Army Hospital

Letterman U.S. Army Hospital will be hosting several ``Health Care Planning Fairs'' to assist beneficiaries impacted by the hospital's closure in planning for future health care.

` The next fair will be held from 8 a.m. to 4 p.m. Feb. 18, in LUSAH's dining facility, located on the hospital's first floor. LUSAH invites all beneficiaries including active duty, family members, and retirees (both CHAMPUS and medicare eligible) to attend.

The fairs will provide information on various services; Medicare enrollment, Medicare Part B enrollment, CHAMPUS and CHAMPUS Prime enrollment, and information regarding Bay Area civilian health care facilities and providers. Military indentification card, medicare card, CHAMPUS card, and proof of any other health care insurance must be presented to make paper work processing easier.

Beneficiaries who need assistance with their future health care are encouraged to attend. This is an opportunity to plan future health care for you and your family.

For more information about the fairs call Jane Butler at 561-4509.

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif.

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People

promotions

The following soldiers were promoted effective Monday:

To staff sergeant, **Oscar M. Honne**, 548th Ordinance Detachment

To sergeant, **Darrel A. McAlary**, Letterman U.S. Army Hospital; **Rebecca A. Wise**, LUSAH; and **Jose M. Zuniga**, Headquarters Company, U.S. Army Garrison

awards

The following soldiers received awards at the Headquarters Command Battalion award ceremony Jan. 27.

Headquarters Company, U.S. Army Garrison

Sgt. 1st Class Michael Sutkay, Meritorious Service Medal
Sgt. 1st Class Rotch Taylor, MSM
Staff Sgt. Peter Mayer, Army Commendation Medal
Sgt. Risinger, ARCOM
Pfc. Fred Harter, Army Achievement Medal
Spc. Bryant Long, Department of the Army Certificate of Achievement

Company C, 864th Engineer Battalion

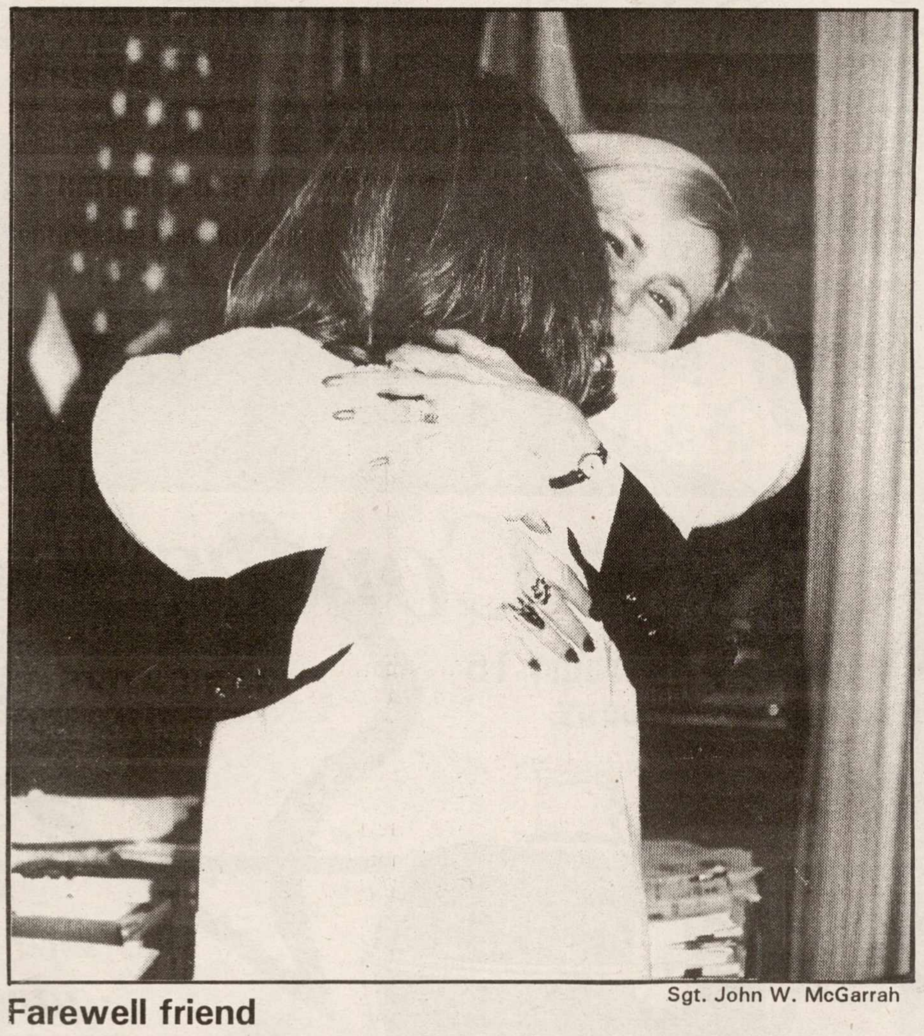
Sgt. Jerald Williams, ARCOM
Sgt. Joseph Hulsizer, ARCOM
Spc. Richard Hennessey, ARCOM
Sgt. Cody Dewyer, AAM
Spc. Eric Arrenondo, AAM
Spc. Leslie Roseno, AAM
Pfc. William Garrison, AAM
Pvt. Kevin Kasel, Battalion Certificate of Achievement

Law Enforcement Company

Sgt. James A. Sadler, AAM
Spc. Nicholas Hendricks, AAM
Spc. Shawne Maile, AAM
Spc. Daniel Sewich, Battalion Certificate of Achievement

U.S. Army Transition Point

Sgt. Phyllis Harris, AAM



Sgt. John W. McGarrah

Farewell friend

Mary Lorber, a volunteer at the Housing Division here, hugs a friend goodbye Friday. Lorber volunteered an excess of 1,200 hours to help more than 1,500 military families in and out process. Lorber was awarded the Department of the Army commander's award for public service. She leaves her volunteer post because of her husband's retirement. Col. Roger L. Lorber retired Wednesday.

Cub Scouts, Tiger Cubs earn awards, honor badges

Seven Cub Scouts from the Presidio's Cub Scout Pack 77 earned their badges during the January pack meeting. Vincent Dunbar, Skylar Krupp, Nathin Chin, Aundre Stewart, Thomas Dashiell, Steven Collins and Sean Collins were awarded badges. Jason Austin earned a Webelos badge and an Artist Activity pin. Christopher Miller earned a Webelos compass point and Joshua Newell earned a Silver Arrow Point for his Bear Badge.

Six Cub Scouts from the Presidio's Cub Scouts Pack 77 also earned their Bobcat badges at the December pack meeting. Jeremy Beecher, Deon D. Crawford, David G. Hazas, Marc A. Miglorin, Jai Pellerin and Jacob S. Thiessen all earned badges.

The pack has grown to 22 boys, from 15 in December 1992, with room for more. Cub Scouts membership is open to boys in grades 2nd through 5th. The pack will conduct an evening retreat at 5 p.m. Feb. 10 at the Presidio flag pole in celebration of Scout Week. The next Pack meeting will be Feb. 21 at Building 1331. This meeting will be the Blue and Gold Banquet to celebrate the anniversary of scoutings' origination in America.

Boy Scout Troop 77 held a Court of Honor in December. Andrew Peterson, Jeremy Edwards and William Wixom all received their Tenderfoot badges and Nate Cooprider received his First Class badge. A Historical Trail Patch was awarded to Rian Perry, Jeremy Edwards, William Wixom, Andrew Peterson and Thomas Renn.

The Troop meets at 7 p.m. Thursdays in Building 1331, Fort Scott.

The next Troop outdoor activity is to participate in the Golden Gate District Klondike Derby scheduled Feb. 19 and 20.

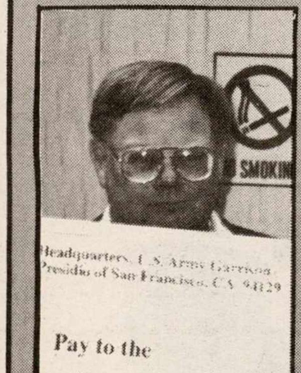
Tiger Cubs

Attention 1st graders, Pack 77 is organizing a Tiger Cub Group. Tiger Cubs is the first step in the Scouting Program. Each 1st grade boy and his partner search, discover and share new experiences within their family and their Tiger Cub Group.

If interested, call Col. Jim Newell at (office) 561-2682 or (home) 750-0768.

On-the-spot award recipients

Col. Gregory A. Renn, garrison commander, presented Presidians with on-the-spot $50 awards

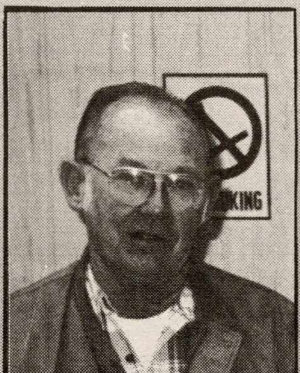


Rudy Shokal, motor vehicle office, was awarded a $50 check for his outstanding service with the Defense Contracting Service. An Air Force general wrote a letter of appreciation for Shokal.

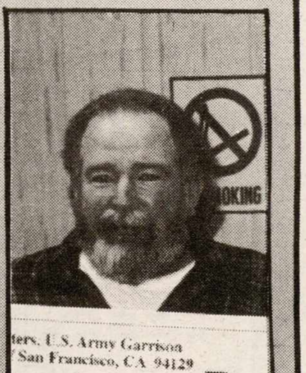
Bob Berndorf, Services Division, DPCA, has played Santa for Presidio children during the holidays for many years. This past holiday, there was no Santa scheduled to meet the children at the Christmas concert. At 2 p.m. the day of the concert, Berndorf was asked to be Santa. He rearranged his schedule and gave an excellent performance.

Carmella Payne, secretary, DPTS, played the elf that helped Santa Claus pass out candy at the tree lighting. She volunteered to do this and purchased her own costume. Her performance helped make the event a success.

Cena Robison, budget assistant, DRM, was the first black female Santa Claus in the history of the Presidio. Due to the change of the tree lighting ceremony, there was no one available to play Santa. Robison stepped forward and put on the white beard.



Herbert Sheperd, Hamilton shuttle driver, avoided an accident which occurred directly in front of his shuttle bus while driving passengers to the Presidio. All the passengers signed a statement recommending Sheperd for an award for saving their lives. Because of his expert driving ability he was able get the passengers safely to their destination.



Ray Steward, motor vehicle office, received a $50 on the spot award for outstanding service. An Air Force general wrote Steward a letter of appreciation for exceptional services which they provided to the Defense Contracting Agency.

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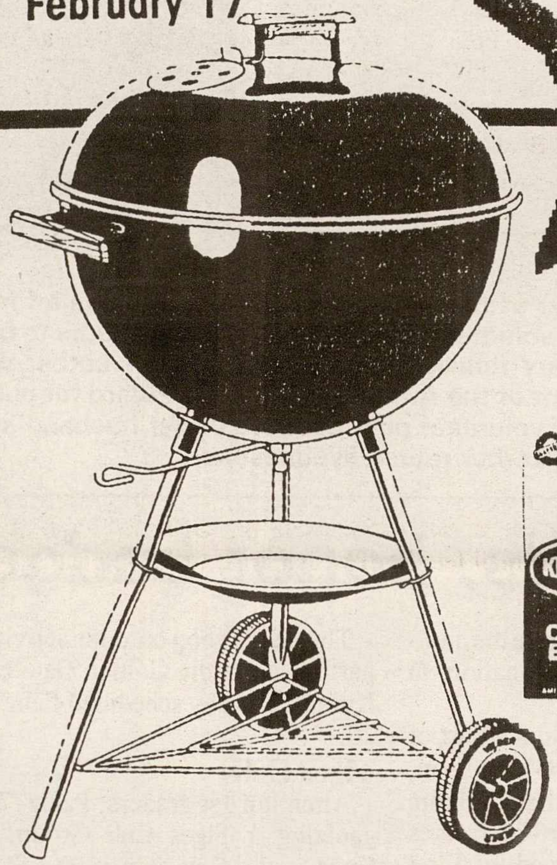

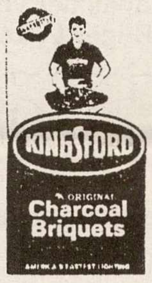
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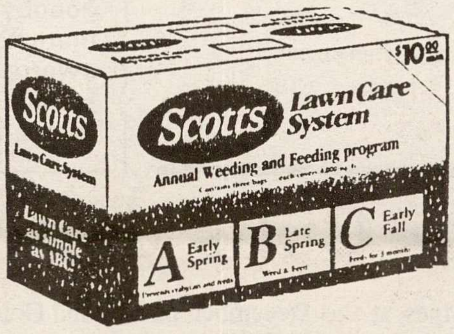
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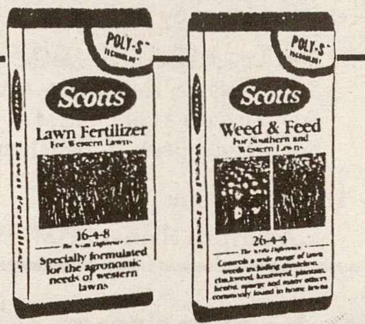
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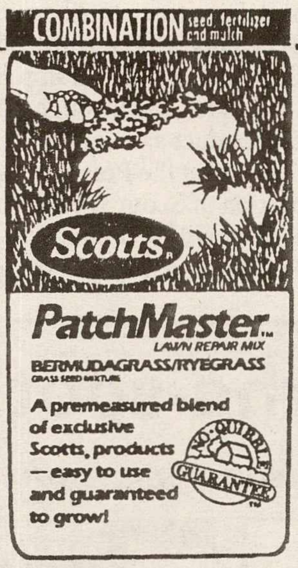
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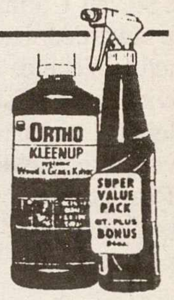
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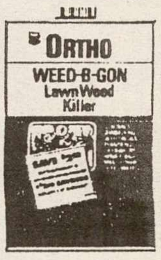
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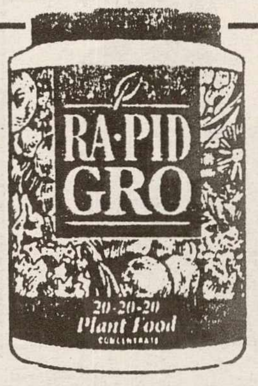
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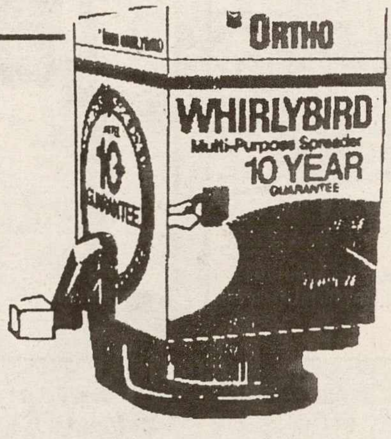
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NEWS BRIEFS

Military award certificates will be late

Military award certificates will not be furnished with awards until the appointment of the new Secretary of the Army. Awardees will be notified that the certificate with the new secretary's signature will be furnished as soon as it becomes available.

Upon appointment of the new official, certificates for decorations bearing former Army Secretary Michael P.W. Stone's signature should be destroyed. There may be a two-to-three month delay in receiving new single-signature awards certificates from the publications center after the new Army secretary is appointed.

ACS offers parenting classes

Presidio Army Community Services is offering parenting classes from 9:30 a.m.-noon Thursdays. These classes teach how to have a happier family, and are free. There is free child care available by a reservation basis. Class dates and topics are: Thursday, Effective Communication; Feb. 18, Building Responsibility; and Feb. 25, When Nothing Works. To sign up and reserve your child care, call Karen Kaho at 561-5155.

Medical board set for Feb. 16

The next scheduled MOS/Medical Retention Board (MMRB) is 8 a.m., Feb. 16 in the Sixth U.S. Army conference facility, Building 35. All soldiers who have permanent profiles with a numerical factor of 3 or 4 will be mandatorily referred for evaluation to a MMRB. Those who have not been referred must contact the Military Personnel Operations Branch at (DSN) 586-2151/3297 or commercial 561-21151/3297.

Spouses Club set Cathedral tour

The Presidio Officers' Spouses Club tour Thursday will feature a lunch at the Fairmont Hotel, Dutch treat, and a tour of the Grace Cathedral. Car pools will leave the Officers' Club at 11 a.m. There is a small fee. For reservations, call Ellen Litney, by Feb. 8 at 346-9436.

Officers' Spouses' Club set luncheon

The Presidio Officers' Spouses' Club will host an All Services Luncheon, for spouses of military officers, at 11 a.m. March 4, at the Presidio Officers Club. The luncheon will be followed by ``100 Years of Fashion,'' a unique antique fashion show presented by ``The Goodwill Bags.'' There will be an optional tour of the Presidio Museum at 10 a.m. Reservations must be made no later than Feb. 18. Forms may be picked up at the Presidio Thrift Shop. For child care information call 221-0796 no later than Feb. 15.

Free health care directory available

Triad Publications, Inc., has compiled the Northern California Armed Forces Health Care Directory listing physicians, hospitals, dentists, mental health and health care related professionals who are accepting new patients and military health insurance. These directories are available free-of-charge by calling Craig Bertenshaw, at (804) 436-0888 between 9 a.m. and 5 p.m. Eastern Standard Time. Triad Publications, Inc. is in no way associated with CHAMPUS, Delta Dental Plan or any group or organization providing health care or insurance.

Log Cabin available for rental

The Log Cabin on Fort Scott can be rented for weddings, receptions, birthday parties, and other special events. The facility has more than 30 tables and 150 chairs. Call the Outdoor Recreation office at 561-4324 for rental rates and details.

Counseling offered for separating soldiers

Army Career and Alumni Program (ACAP)/Job Assistance Center (JAC) is offering one-on-one job search counseling from 1 to 5 p.m. Feb. 16; from 8 a.m. to 5 p.m. Feb. 17; and from 9 a.m. to noon, Feb. 18, in the Army Community Services Resource Center, Bldg. 103B. This service is for transitioning military and civil service employees and their family members. The portable JAC-in-the-Box is available for reviewing the Army Employer Network. If you need help defining your goals and job search strategy, writing an effective resumé, or preparing for interviews, call DSN 929-7907 or (408) 242-7907 to schedule an appointment.

Sixth Army HQ's front entrance blocked

The front entry doors to Sixth U.S. Army Headquarters, Bldg. 38, will be closed to public use from Tuesday through Feb. 12,

Briefs, continued Page 10

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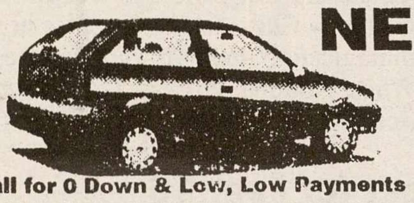

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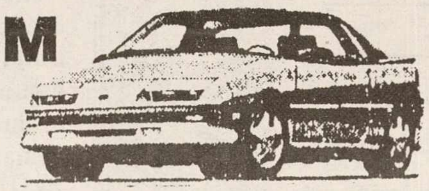

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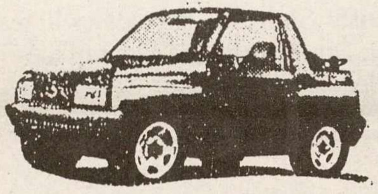

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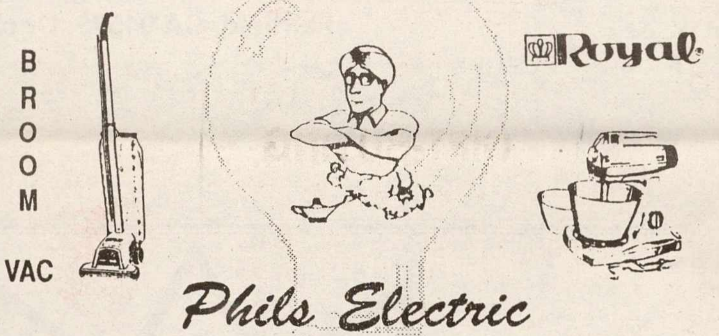

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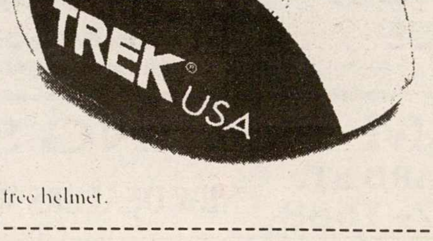

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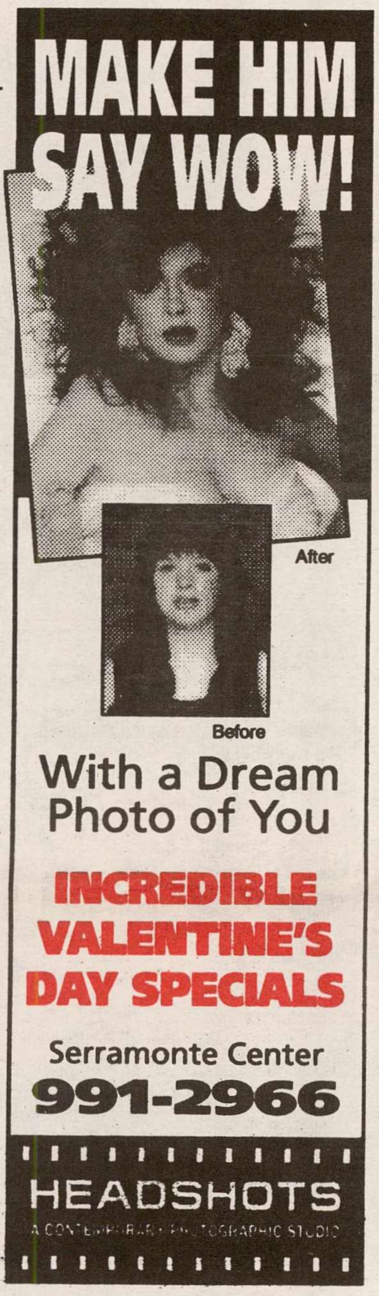

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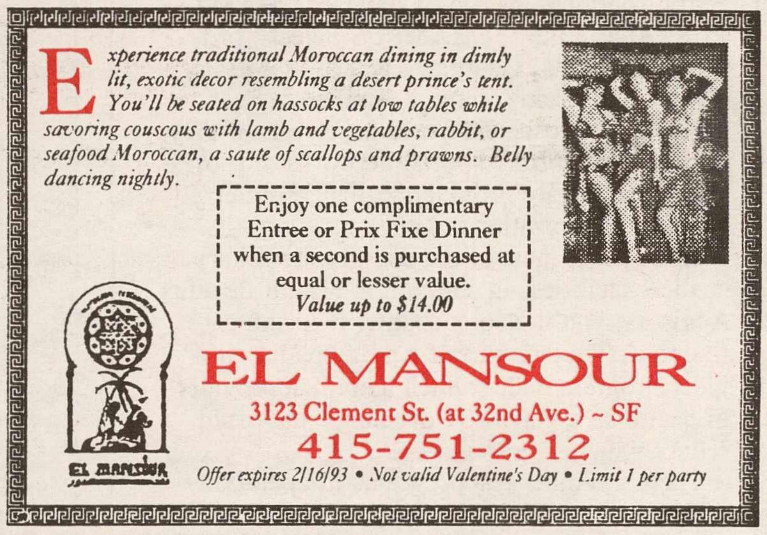

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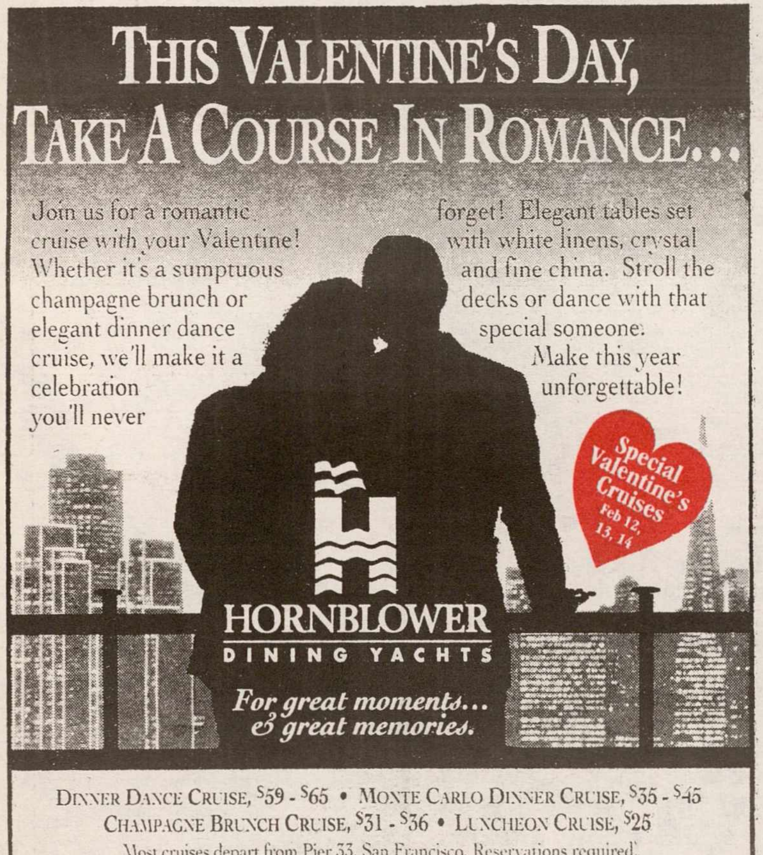

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SP

Geography dictates CHAMPUS coverage

The CHAMPUS program you know about where you live now may not work quite the same way in a new location.

To provide high-quality health care to service families in the most efficient and least costly way, CHAMPUS has a number of test, or ``demonstration'' projects under way in different parts of the country. Generally, they give you an alternative to the standard CHAMPUS program for families. You can usually keep using standard CHAMPUS, or choose to participate in the test program (and possibly gain additional medical benefits or pay lower costs) that might be offered in your area.

For example, in California, Hawaii and New Orleans, CHAMPUS-eligible persons may use the ``CHAMPUS Prime'' or ``CHAMPUS Extra'' options, instead of standard CHAMPUS. And in the ``CHAMPUS Select'' program in Florida, Georgia, Tennessee, Mississippi and Alabama, service families can get discounts on costs and avoid paperwork if they seek treatment from special networks of professional health care providers called ``preferred provider organizations'' (PPOs).

Throughout most of the country at military medical facilities, in addition to Health Benefits Advisors, you'll also encounter ``health care finders''. They're part of a participating provider program under which a civilian provider of health care may offer discounts that could reduce patients' cost-shares.

There are other test programs in operation--some restricted to one particular local area. If you're planning a move, ask the Health Benefits Advisor at the nearest military medical facility if any special rules or programs are in effect for CHAMPUS-eligible families.

From the Office of the Civilian Health and Medical Program for the Uniformed Services

Burglaries, continued from Page 1

neighbors.

Being the eyes and ears of your neighborhood is as simple as immediately reporting what you see to the military police, and they'll take it from there.

Half the time, police never get a chance to arrest a criminal because the crime goes unreported. It doesn't take much to outsmart most burglars, though. They're usually not pros. Most often they're just taking advantage of an easy mark. So easy, in fact, that they often enter through an unlocked door or window.

Want to stop burglars? A good first step is to lock your doors always, even when you're going out for just a minute.

Remember these simple tips:

*Check your locks. Have good locks on all doors and windows and use them.

*Too hot to close and lock windows? Put nails in window frames so the windows can't be opened more than a few inches until you take the nails out.

*Try this simple safeguard for sliding glass doors: When you close and lock the door, put a small wooden beam or broom handle in the door track. Even if the lock is jimmied, the door will be harder to open.

*Taking a trip? Make sure your home always looks lived in, especially when you're not there. Stop newspaper and mail delivery or ask a neighbor to collect them so things won't pile up outside your door. Use automatic timers to turn lights and radios on and off. You can buy inexpensive timers at the post exchange. Set them so lights go on in different rooms at different times.

*Mark things you own that burglars might like (television, VCR, stereo, tools, etc.,), with a personal identification number.

Don't be a victim. Don't invite trouble. Help protect your life, property and happiness. If we all work together we can... Take a bite out crime.

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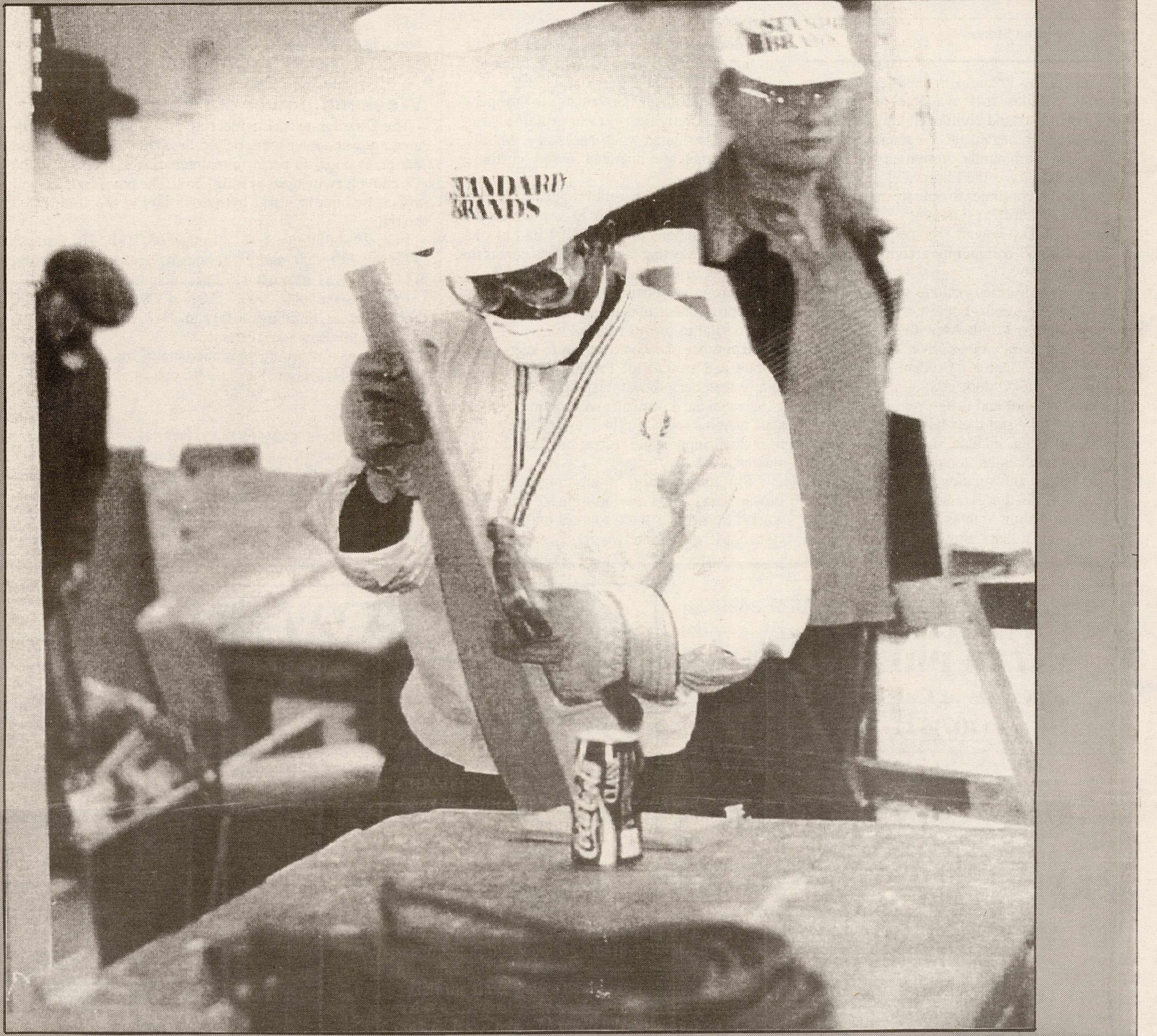
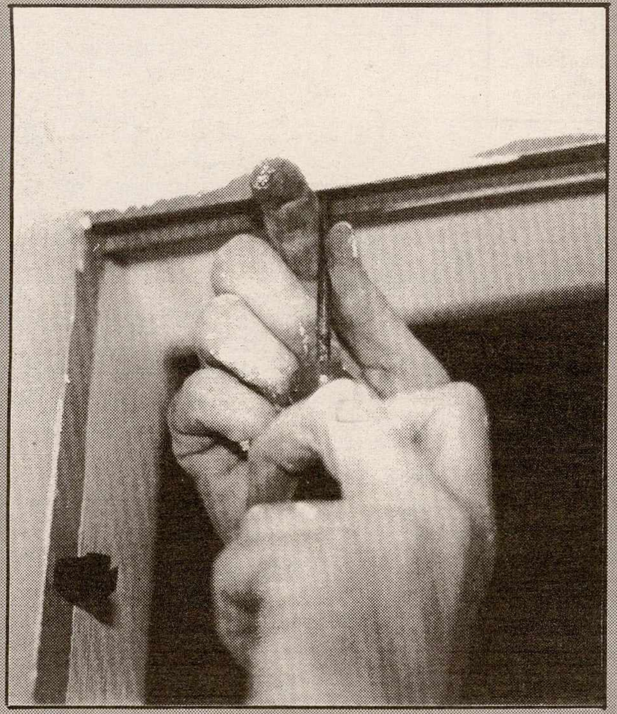




Working diligently, (top left) Lt. Col. Gary DeCola performs manual labor with Master Sgt. Samuel Kinghorn's help. Risking splinters, (top right) Sgt. First Class Ronnie Oliver dismantles a table while Sgt. First Class Jack Shields removes other debris. Working in the tightest spaces, (above) helping hands removed all traces of the woodshop. Covering the baseboards, (right) Sgt. First Class Greg Krupp, puts his knees and elbow into his work.

Readiness group pools energy to improve local senior center

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

It was a pack rat haven--cluttered, dusty and remotely located. But soldiers of the Sixth U.S. Army Readiness Group, Presidio of San Francisco transformed this craft room into a spacious, dust-free spa-type exercise room for patrons of the San Francisco Senior Center.

The two-day project gave RG-PSF's soldiers an opportunity to perform something special for the community.

``This looks a lot different than it did when it had all of the woodshop machines in here,'' said John Raymond, a member of the center. ``It looks like there's a lot more room in here. The Readiness Group did a real good job.''

``I can't believe this was all done in two days. We're going to start out with our bicycle, and add other equipment and weights,'' Branch Director Betty McQuiston said. The additional equipment is dependent upon a grant approval.

``It was gratifying for all of the workers to do something that would benefit the senior center users for years to come,'' said Maj. Frank Diemer, chief, Adjutant General Finance Branch Assistance Team, RG-PSF . Diemer was the project's coordinator.

Day One: RG-PSF's remodelling crew voluntarily removed and dismantled wall cabinets, plumbing fixtures with the aid of a National Park Service employee, pulled down assorted wall ornaments and completely removed one wall.

Work tables and other furnishings were moved to the opposite end of the museum's basement. All of the kitchen floor tiles were removed.

Day Two: Cleaning and painting walls and floors consumed much of the day. Walls of eggshell white and floors of dark gray became the results of their work.

The center is the oldest nonprofit senior center in the country, said McQuiston. It was founded in 1947.

The room was an original part of a bath house contained in the historic building.

When the senior center began expanding, city officials gave the bath space to the center for woodcutting activities.

In the past it was a pack rat haven. The woodshop room used to house dust-producing lathes, tablesaws and woodcutting machinery. Nowadays it can be used simply to produce sweat and a healthier body.

Using the lyrics from a song made popular by Ethel Merman, ``Who can ask for anything more?''

Closure does not affect activities

By Spc. Adrienne Story
Star Presidian staff

Although the Presidio is closing, there are several activities still available to soldiers, family members and civilian employees. Since the downsizing began, the Directorate of Personnel and Community Activities has closed only one activity -- the library.

The DPCA continues to operate many activities which benefit Presidians.

Lawrence D. Bowan is responsible for making sure all community activities are running well.

His responsibilities include several departments: the Log Cabin, Education Center, multipurpose courts, Youth Activities Center, veterinary services, automotive skills, Child Development Center, Golden Gate Club, community and outdoor recreation, marketing graphics, alcohol and drug program, Presidio Officers' Club, and the Main Post Exchange. Others activities include shoppette, commissary, bowling center, tennis courts, Arts and Crafts center, Information, Tour and Travel, gas station, all the gymnasiums on post, the Fort Baker Riding Stables, and the yacht club.

With such a list, Bowan's job can often become difficult.

``I don't consider any one facet more difficult than another,'' he said. ``I just think of it as doing a job. I have to get at it.''

Customer feedback is invaluable to the operation of these activities. Bowan explained, surveys are distributed when necessary. Mainly, the programs are operated based customer demand.

``All the programs benefit Presidians,'' Bowan said. ``It wouldn't be fair to say which one benefits Presidians the most. If I had to pick one, I would say that family services comes the closest, because of the variety it offers.''

The program consists of appropriated and non-appropriated funded activities, each considered vital to the post.

The purpose of each activity is to keep up the morale and welfare of Presidio soldiers and family members, Bowan explained.

Although the downsizing will continue, DPCA staff members will continue to provide activities which support the recreation needs of Presidians.

``I'm the director of all the activities,'' Bowan said. ``It's my job to make sure it all works. Sometimes the resources make it difficult, but it all definitely works.''

Briefs, continued from Page 5

while repairs are made to the sidewalk in front of the building. The sidewalk will be available for public use Feb. 13. For information, call 561-3711.

Weekend power outages scheduled

The Directorate of Engineering and Housing has scheduled a power outage for two Saturdays, Feb. 20 and 27, from 8 a.m. to noon, to perform maintenance and repairs of the 12 kilovolt switchgear at Bldg. 568. The power outage will affect the buildings and living quarters in the areas listed below:

Feb. 20--buildings 1, 51 through 68, 211, 510 through 572, the 700, 800, and 1000 housing areas. Additionally, 1110 and 1151 through 1153 are included.

Feb. 27--the 600, 900, 1200, 1300, 1400 and 1700 housing areas, buildings 1100 and 1648, the Central Magazine and the Boy Scout latrine.

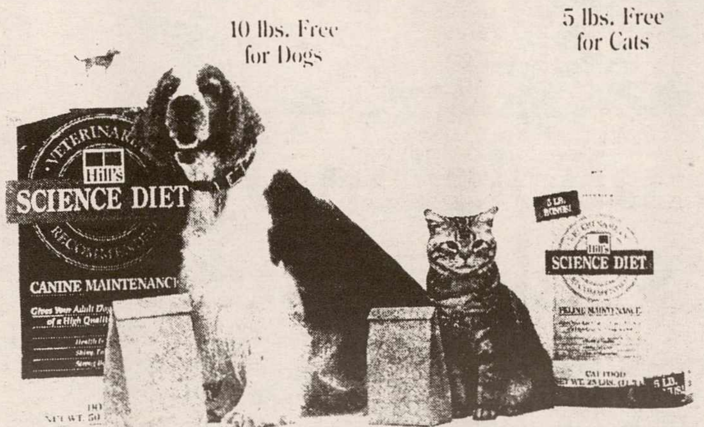
Questions concerning the outage should be directed to Don Abbot, DEH Contract Services Branch, at 561-2268 or 561-6000.

dBase III+ course offered

A free dBase III+ course will be offered Mondays and Wednesdays, Feb. 22 through March 17, to soldiers, military family members and retirees at the Presidio Education Center, Fort Scott, Bldg. 1216. Call Kay Terry at 561-4445 for details.

Place your Ad in the
"STAR PRESIDIAN"
Call Carrie at Cal-Tex Publishing
(707)421-9097

Who said there's no such thing as a free lunch?



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Feb. 11

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Sunday *Last of the Mohicans* (R)	Feb. 14 *Night and the City* (R)

All shows begin at 7 p.m.

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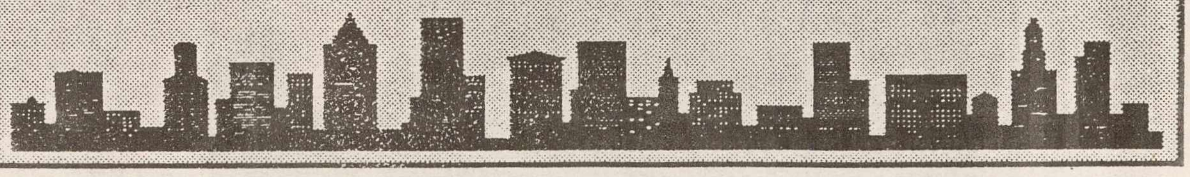

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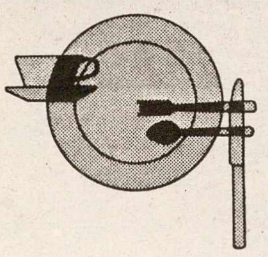

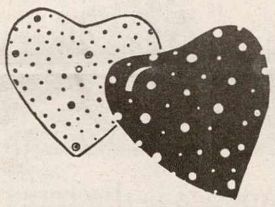

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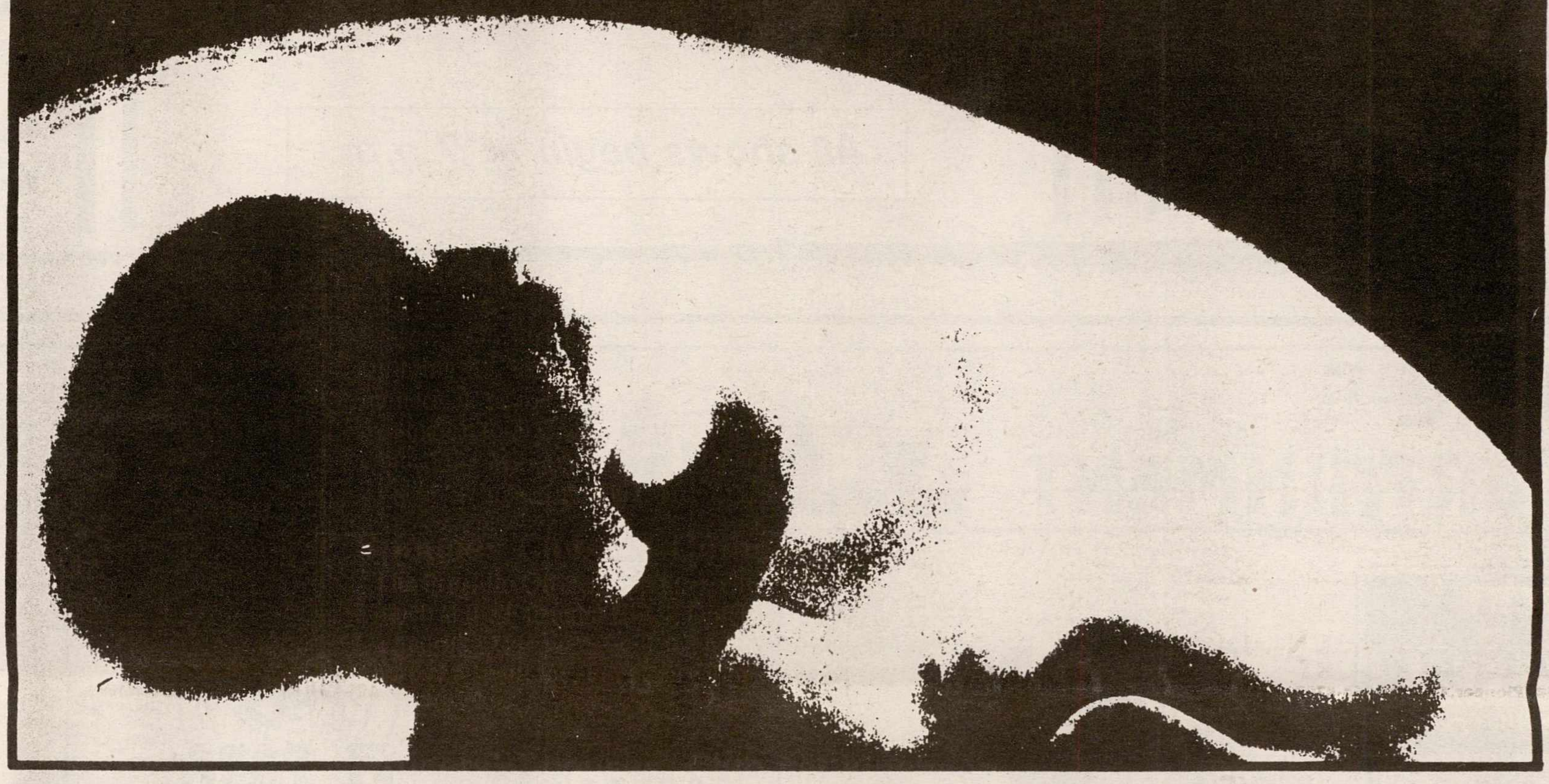
DID YOUR PROBLEMS START BEFORE YOU WERE BORN?



While you were in the womb, everything that happened to your mother happened to you. If she smoked a cigarette, you smoked a cigarette. If she had a drink, you had a drink.

But what about emotions? What about negative attitudes? What about rage, or anger or fear?

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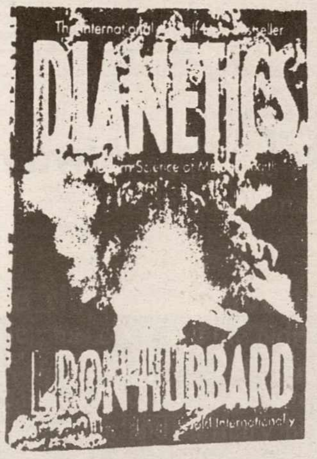

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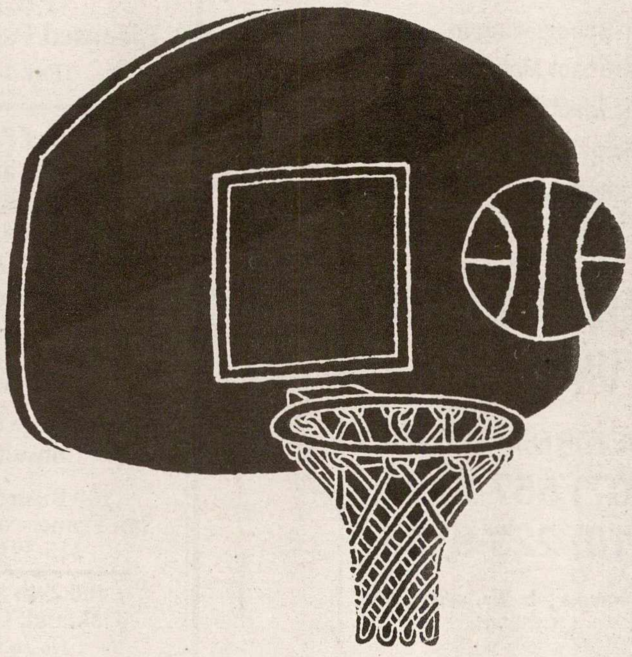
LUSAH-30, 864th thwart rivals in post hoop action

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff



LUSAH-30 stops LUSAH, 48-41

Ronald Scott sank six points in the second half and Charles Shedrick added five more to help LUSAH-30 knock off LUSAH, 48-41 in intramural play at Gym No. 1, Jan. 28.

LUSAH's White scored six points in the second half, including two free throws but his team never controlled a lead. LUSAH shot nine for 14 for 64 percent from the free throw line. LUSAH-30 was nine for 17, for 53 percent.

864th squeaks by LEC, 55-52

What looked like a comeback for LEC was thwarted by 864th Engineer's Davis' 14 second half points, as 864th held on to beat LEC, 55-52, in the second game Jan. 28.

LEC's Moses Logan sank four free throws and lobbed two three-point shots, and Ronald Russ added 11 more to help LEC make up for a 26-18 halftime deficit.

The free throw shooting for both teams was atrocious. LEC hit nine for 23 shots for 39 percent, and 864th shot 36 percent from the line, hitting 11 out of 30.

Other scores

Jan. 27

LUSAH-30 45, LEC 40; Transition Point 52, FBI 46. High scorers-- Gene Allen, LEC, 12; David Smith, Kevin Brooks, LUSAH-30, 10; Jerome Rogan, T-Point, 13; Brian Guy, FBI, 12.

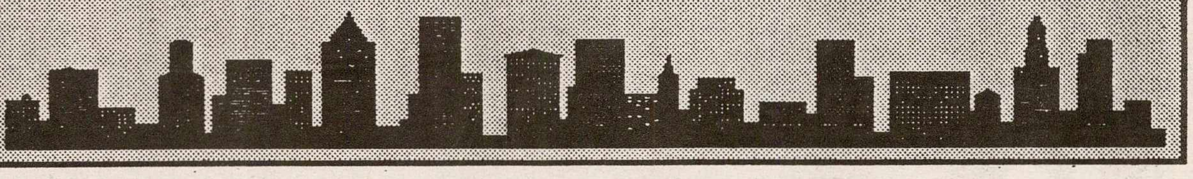
Jan. 26

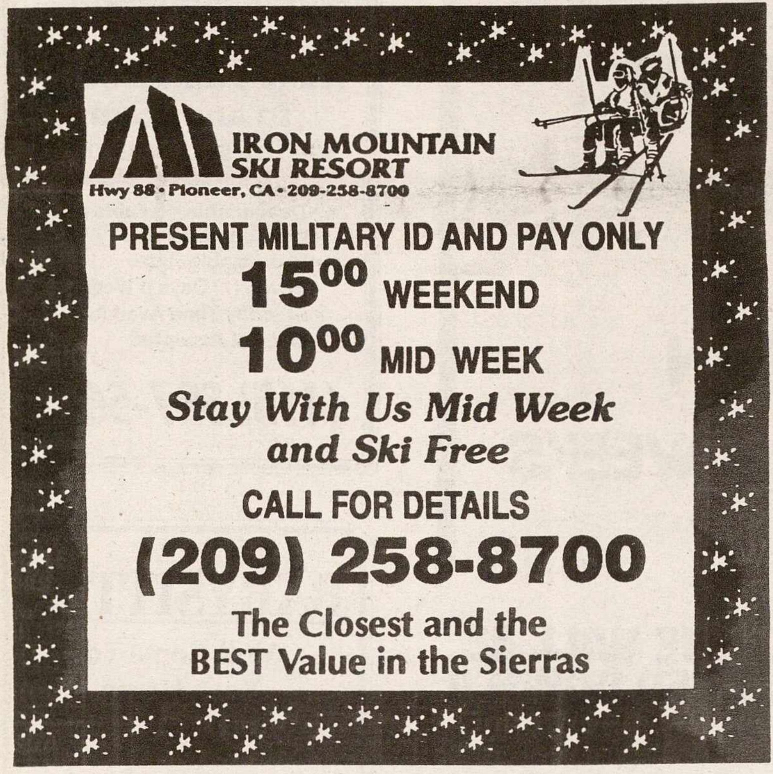
Transition Point 83, 864th Engineers 42; FBI 68, USAG 46. High scorers-- Robert Jordan, T-Point, 22; Jimmy Davis, 864th 19; Gerald Lewis, FBI, 22; Charles Summer, USAG, 17.

Standings as of Feb. 1

1. Transition Point 2-0, LUSAH-30 2-0;
2. FBI 1-1, 864TH 1-1;
3. LUSAH 0-1, USAG 0-1;
4. LEC 0-2

DINING & ENTERTAINMENT

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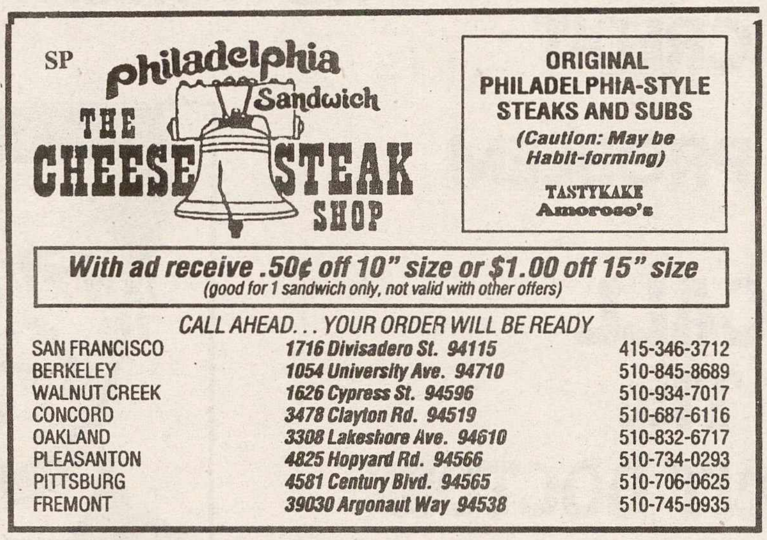
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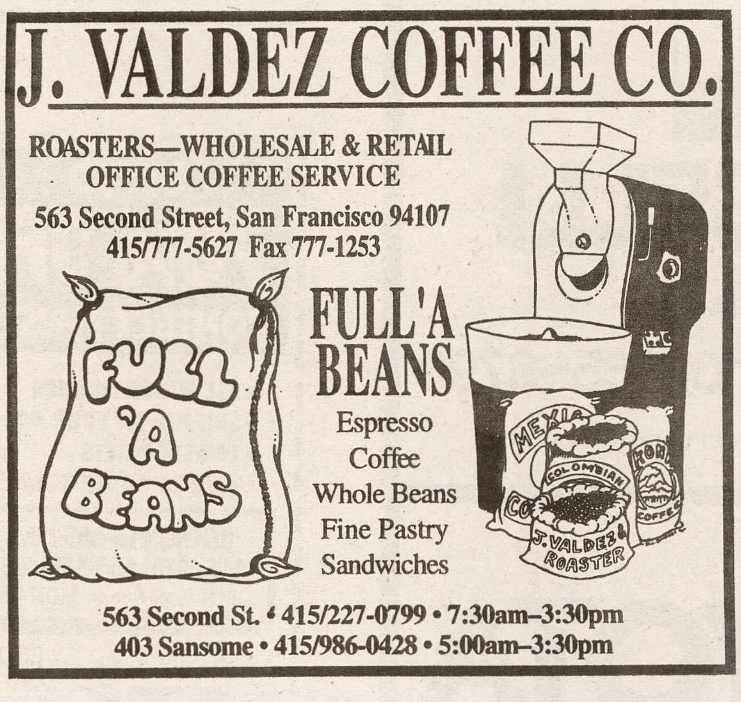
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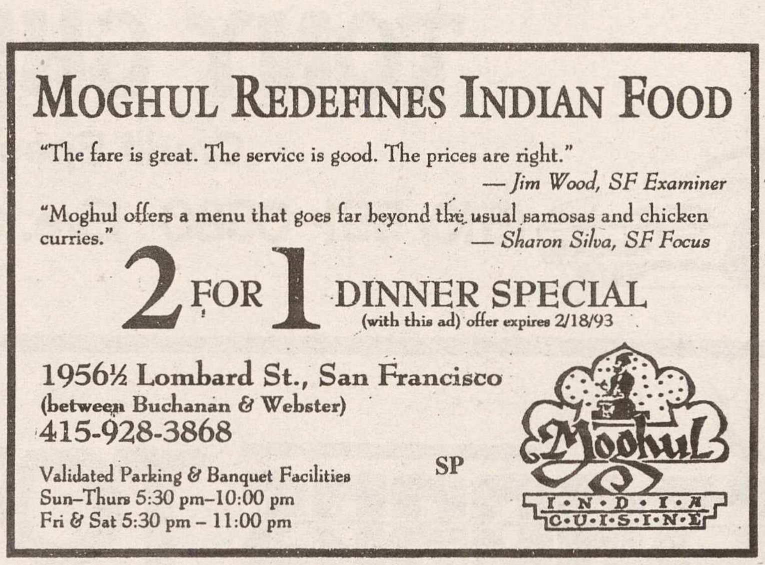
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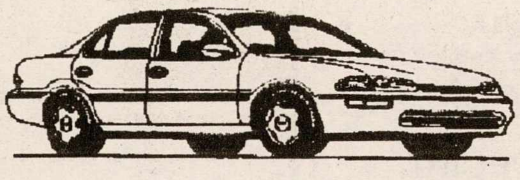

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Star Presidian

Vol. 36, No. 6 Published for the Presidio of San Francisco Feb. 12, 1993

Stringent child supervision policy signed

By Sgt. Jose Zuniga
Star Presidian staff

``Is anybody home?''

When McKauley Caulkin's question echoed through an empty house in the 1991 blockbuster movie ``Home Alone,'' audiences across the country laughed at the idea of an 8-year-old boy accidentally left home alone while his family vacationed in Europe.

Child neglect in real life, however, is not a laughing matter. Across the country ``home alone'' cases have surfaced to the dismay of many.

Because the problem has not escaped the Presidio, Col. Gregory A. Renn, U.S. Army Garrison commander, signed a stricter child supervision policy for the post Feb. 5.

The policy dictates the Presidio's stand against leaving children unattended in government quarters or in vehicles. It also outlaws leaving children unattended at post playgrounds.

Key in the policy are guidelines broken down by age groups commensurate with child developmental expectations:

Ages 0 to 3: These children require direct supervision at all times. Direct supervision is defined as contact close enough to intervene in case of emergency.

Ages 4 to 8: These children require close supervision and should be under the indirect supervision of an adult at all times. Indirect supervision is defined as being close by and able to hear or see the child in case of emergency. Under no circumstances should children under 6 years of age be left in an automobile unsupervised.

Ages 9 to 11: Children in this age group can be permitted increased autonomy. Their whereabouts should be known at all times. Under no circumstance should a child this age be left at home for more than 3 hours without supervision.

Ages 12 to 17: It is the parent's responsibility to determine the child's maturity regarding age-appropriate responsibilities and activities.

If a child is found unattended, the policy requires witnesses call the military police.

Help available

Although reported incidents here are not as serious as those recently broadcast on network news, there is still a problem, the post's family advocacy manager explained.

``Our cases aren't the `Home Alone' type, but they are still a source of concern,'' said Karen Kaho, family advocacy manager with Army Community Services. ``Anytime a child is left alone without supervision the

Home Alone, Page 11

BEATING STRESS

Few jobs are as stressful as parenting, most parents agree. There is a way to relieve that stress before it takes a stranglehold, though.

The key to stress management is understanding the causes and effects of stress, learning to manage that stress, and seeking help when a bad situation is beyond a person's control.

Stress and family life are symbiotic because the demands of career, children and personal needs are often at odds. Learning to handle stress is vital to maintaining a healthy balance.

Causes of stress in the family include lack of support, work-related problems, illness, financial constraints and low self-esteem.

These causes of stress, when not quickly resolved, could lead to abusive behavior, de-

Stress, Page 11

Staff Sgt. Pleasant Lindsey III

National Prayer Breakfast
Making a joyful noise, Staff Sgt. Russell L. Robinson, of the Sixth U.S. Army Band Brass Saxaphone Quartet, and fellow musicians played prelude and interlude music at the Presidio Officers' Club in celebration of the National Prayer Breakfast Feb. 4.

$500,000 appropriation approved for retraining assistance programs

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The Department of Labor, in concurrence with the Department of Defense, approved $500,000 in retraining funds to aid eligible displaced federal civilian employees entering the civilian job market.

The displacement of Presidio workers is caused by the closure of the post as a military installation, and its transfer to the National Park Service, Golden Gate National Recreation Area.

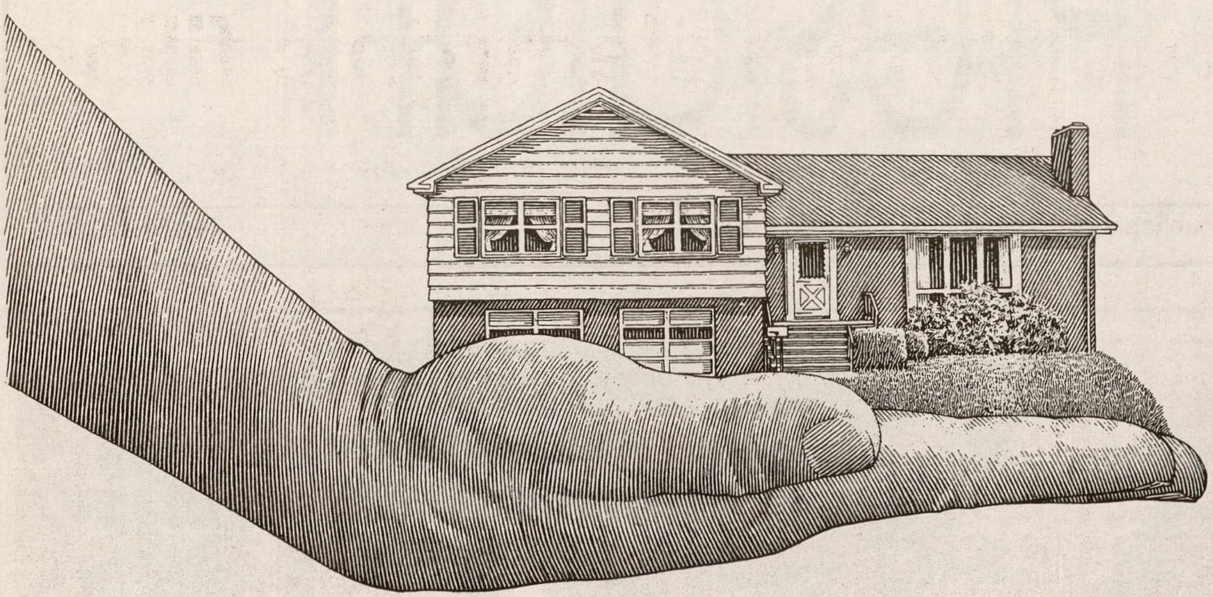
Presidio's retraining assistance application was sent to the Labor Department under the provisions of the Job Training Partnership Act. The monies are part of a defense appropriation given to the Department of Labor to augment their regular JTPA appropriations and ease the large-scale reductions in defense employment.

The retraining funds will be administered by the San Francisco Private Industry Council. Eligible employees are those who have been separated, or will be, and whose current job skills limit their ability to compete in the local job market.

``The retraining assistance is the result of a close working relationship between the PIC, who submitted the funding application, and the command of U.S. Army Garrison, Presidio of San Francisco, who provided data and justification,'' said Jim Maguire, chief, Presidio Army Transition Office transition team.

The half-million dollars will be used in phase I of the retraining assistance program to assist employees separated due to reductions in force through June 30. A second phase is under development with a goal of

Appropriations, Page 11



Unsecured equals open invitation

By Staff Sgt. Marian E. Anderson
Provost Marshal's Office

Unsecured and unattended. What do those words mean to you? When you leave your home unsecured and unattended, it's an open invitation to a thief. Currently, unlocked doors and windows account for most thefts that occur on post.

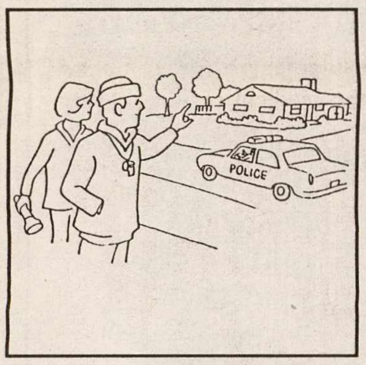
Most items stolen from the places we live in have a high resale value on the streets. Sentimental value has no price, and when those ``prized possessions'' are gone, it costs more than money. Lost is the security of control over your property and your lives.

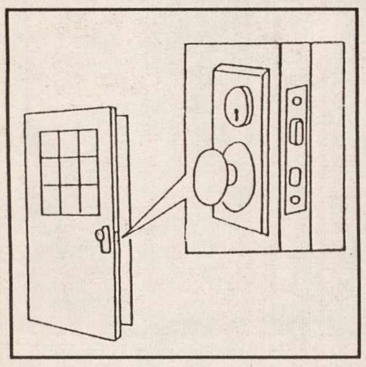
Why react too late, when you can act now? Crime hurts. Get tough on crime to stop it before it begins.

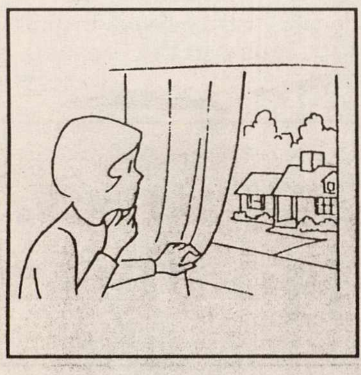
Crime watch and prevention programs reduce crime rates. Lock your doors and windows. Secure your possessions. Keep your eyes and ears open. Report suspicious people, places and things.

Help us help you. For more information, contact the Military Police, Physical Security Office, Crime Prevention Section, 561-5011.

Police suggest home security tips







Whether you live in government quarters or barracks, the Presidio Military Police Station offers the following suggestions to crime-proof your home:

*Make sure that locks are crime-resistant.

*Secure sliding glass doors, by installing locks designed to prevent sliding or lifting. Drill a hole though the inside frame and insert a nail to prevent sliding. Other items which might be used could include a strong piece of wood, such as a broom stick, in the track.

*Prevent possible window entry by using window key locks. Keep keys in locks for quick exit in case of emergency or fire. For double-hung windows, drill holes at a downward angle through the top corners of the inside sash and the bottom corners of the outside sash. Insert nails, pins or bolts. Consider placing grates on basement and first floor windows. Check local regulation first.

*Look into an alarm system. Always check the references of companies selling alarm systems before you buy.

*Safeguard valuables by engraving jewelry, watches, television sets and other portables with your driver's license number or other identification lable. Rent a safe-deposit box for valuables. Keep extra cash in the bank.

*Crime proof your outside areas, by keeping yard, porch and entrances well lit at night. Keep tools and toys stored after use. Never store extra keys outside your home, and check into motion detection lighting.

*Have peace of mind when you are away, by informing a trusted neighbor of any travel plans. Have them collect mails and other deliveries while you are away. Don't share your plans with strangers. Leave shades and blinds in their normal position, put two or more lights on a timer and use them daily not just when away.

*Get to know your neighbors and their schedules. Keep an eye out for each other's property.

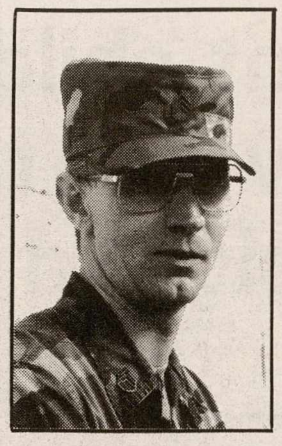
*Start a neighborhood crime watch. Join a citizens patrol. Small groups can patrol neighborhood streets by car or foot with CB radios, whistles, noisemakers scaring off offenders and reporting to police. Remember to always leave actual police work such as arrest or questioning to the police and other law enforcement professionals.

*Recruit silent observers such as senior citizens and shut-ins can help by watching for and reporting suspicious activities

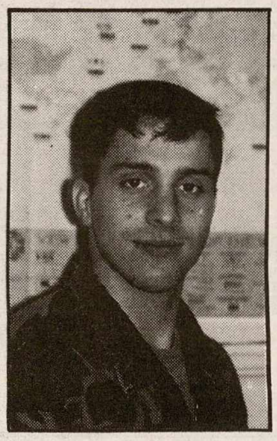
Ask for a free home security check by calling Staff Sgt. James Sinclair at 561-5011.

Ask Presidians

What steps can you take to protect your home from burglars?

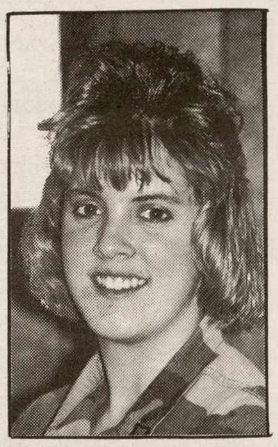


Staff Sgt. James Sinclair, Personal Security Section, Provost Marshal's Office: ``Make sure doors and windows are locked. Keep bushes and trees trimmed. Use outside lights. Keep an eye out for your neighbors.''



Pfc. Fred Harter, Military Personel Division, Hq. Co., USAG: ``Lock-up everything. Leave a light on. If you go on leave, have a neighbor pick up your paper and watch your quarters. Self-help has locks for sliding glass doors.''

Pfc. Bo Jackson, Military Personnel Division, Hq. Co. USAG: ``One of the biggest problems in the barracks is people leaving windows open or doors unlocked. Keep all high value items secured in a wall locker. If you have a room mate, be careful of guests.''



Pfc. Susan Ellis, Military Personnel Division, Hq. Co. USAG: ``Keep window shades down and valuables hidden. Keep an eye out for suspicious people. take photos and record serial numbers of your belongings.''

TRIVIA

Feb. 13

In 1945, the 1st Regimental Combat Team of the 6th Division was placed under XI Corps control and sent down the east coast of the Bataan Peninsula.

Star Presidian

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For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-5279.Circulation: 9,000.

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Presidio Tax Center offers electronic filing

By Spc. Adrienne Story
Star Presidian staff

Last year, the Presidio was one of only two military installations that provided electronic filing.

Because of the Presidio Tax Center's success, the IRS is allowing seven other Northern California military installations to follow in its foot steps.

The tax center boasted a 97.3 percent error free system, last year. With a few changes, the tax center's goal will be 100 percent.

``We have more to work with this year,'' said Capt. Daniel P. Marsh, chief, Legal Assistance. ``Last year they only had one office to work in. We now have a lot more room with the old USO section. This added space gives us five more work areas.''

Because of the extra space, forms and publications are layed out in view for easy access and available adequate qualities.

There are other assets that will assist the tax center's mission. ``We're bringing a lot of experience to the tax center,'' Marsh said.

Marsh and Burton Brasher have attended tax courses taught by the American Institute of Certified Public Accountants, and Marsh completed an Air Force Tax course in Alabama. Brasher is currently in the Utah National Guard and has 20 years experience as an attorney. He is familiar with soldiers' needs, Marsh said.

``We're bringing a lot of training and experience to the tax center,'' he added.

There are 21 volunteers who received five days training from the Internal Revenue Service and three days training from the California Franchise Tax Board.

The goal of the tax program is to provide soldiers with all the tax help necessary at no charge. All state forms are available for soldiers.

It will take up to three weeks to receive a tax refund when using electronic filing. It may take only 10 to 14 days if you filed early. The tax center does not offer the five-day return, however, Marsh feels it isn't necessary.

``We have everything to offer that a tax service that charges a fee has, but we offer it free,'' Marsh said. ``We don't have the automatic return, but we suggest just waiting a little bit longer and not paying money.

``We're here to protect the soldiers,'' he continued. ``One of our main targets are E-6s and below who have children. We are trying to save expensive service by offering competent service free of charge.''

When filing electronically, soldiers must give the tax advisor the necessary information, which will be entered into the computer. That information is then downloaded at the end of the day and sent by computer to the San Francisco IRS then sent on to Utah, where the main IRS is located.

Forms will be computer generated and a verification will be signed by the soldier. Verification forms and W-2s will be mailed to Utah so the forms and computer information can be crossed checked for accuracy. If there are no problems, the tax refund will be returned in three weeks or less.

Before seeking assistance from the SJA office, soldiers should contact their unit tax assistors.

The UTAs have been appointed by their units to assist in preparing taxes.

If the tax application is too complicated, the UTA will refer the soldier who is seeking assistance to an attorney at the legal assistance office.

``This is an additional duty that the tax advisors have taken on,'' Marsh said. They are really working hard for their people.''

The Presidio Tax Center, which is located in the basement of Building 223, is open from 8 a.m. to 4 p.m. Monday through Friday.

The tax program is still in need of volunteer assistance. If you are interested in assisting or you have any questions, call 561-2TAX.

The unit tax advisors:

Letterman U.S. Army Hospital; Ruth Callmann, Staff Sgt. Sheldon Sims, 561-4330, Sgt. Lucinda Riecke, 561-4185, Spc. Francis Meadows, 561-3669, Staff Sgt. Roger Gawne, 561-2560. Letterman Army Institute of Research, Staff Sgt. Vickie Warfield, 561-3855. Headquarters Command Battalion, Sgt. 1st Class Mildred Simmons, 561-6182. Dental Activity, Sgt. David Hindman, 561-2915. Headquarters Company, U.S. Army Garrison, Staff Sgt. Vernon Fowler, 561-3356. Transition Point, Pfc. Kelly Salano, 561-3427. Law Enforcement Company, Staff Sgt. James Sinclair, 561-5011. Company C, 864th Engineer Battalion, Lt. Geisler, 561-4779. Explosive Ordinance Detachment, Sgt. Richard Saur, 561-2437. Directorate of Logistics, George Pereria, 561-5298.

Answers to common tax questions

By Capt. Daniel Marsh
Chief, Legal Assistance Office

What form must be used? Many military taxpayers must file federal income tax returns to obtain refunds. The tax form you should use depends on your filing status and income level and on the deductions and credits you intend to claim. The Internal Revenue Service has established the following guidelines:

- * You may use Form 1040EZ if: (1) you are single, are less than 65 years old, and have no dependents; (2) your earned income is less than $50,000; and (3) your interest income does not exceed $400. If you use this form, you may not itemize deductions, claim credits, or take adjustments.
- *You may use Form 1040A if your taxable income from wages, salaries, tips, interest, and dividends is less than $50,000. If you use this form, you may not claim any itemized deductions however, you may claim an Individual Retirement Account (IRA) adjustment and credits for child care, dependent care, and earned income.
- *If you intend to itemize deductions, or have taxable income over $50,000, you must file Form 1040.

When should you file? Tax returns for most military taxpayers are due on April 15. You may request additional time to file. The length of the delay depends on whether you live in the United States or overseas.

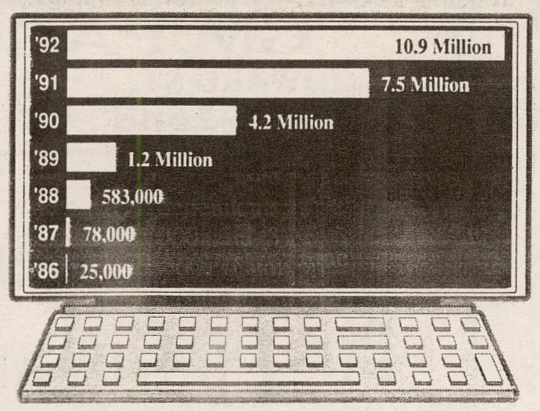
If you live within the United States or Puerto Rico, you may request a four-month extension to file forms 1040 or 1040A. This extension does not allow you to defer paying any federal income taxes you may owe. If you ask for this extension, you must estimate your tax liability and pay any expected balance due by filing Form 4869 no later than April 15.

If you are living outside the United States or Puerto Rico on April 15, you are allowed an automatic two month extension. You do not have to file a request to obtain this extension. This automatic extension applies not only to filing your 1992 federal income tax return, but also to paying any tax due. The IRS, however, will charge you interest on your unpaid federal income tax, from April 15 (the normal filing deadline) until you actually pay your taxes.

If you use the automatic extension, you should attach a statement to your return, stating that you were living outside the United States and Puerto Rico on April 15. You may obtain an additional two-month extension, until Aug. 15, by filing Form 4868 no later than June 15. To obtain this additional extension, you must pay any tax due. You must write, ``Taxpayer Abroad,'' in the form's top margin.

What are the 1992 tax rates? The 1992 tax rates are 15, 28 and 31 percent. The tax rate schedule is found on page 47 of the Form 1040 instruction booklet, and is to be used only if taxable income is $100,000 or more. If less, taxpayers must use the Tax Table shown in the instruction booklets.

The number of tax returns filed electonically increased from 25,000 in 1986 to 10.9 million last year.



What are 1992's standard deductions? The following table shows the standard deduction amount:

Joint return for surviving spouse, $6,000; Head of household, $5,250; Unmarried individual other than surviving spouse or head of household, $3,600; Married individual filing separately, $3,000.

The IRS allows the elderly and the blind to claim higher standard deductions. Moreover, a minor child claimed as a dependent on another taxpayer's return is entitled to a standard deduction. A child who is claimed as a dependent by his or her parents, and who has only investment income, has a $600 standard deduction, no matter how high his or her investment income may be.

On the other had, a dependent child who earned wages exceeding $600 may claim a standard deduction equal to his or her wages, or the regular standard deduction for non-dependents, whichever is less. Accordingly, the standard deduction for an 18-year-old dependent who earned $3,650 in wages in 1992 is $3,600--the maximum deduction for a single dependent who is under age 65 and who is not blind.

What is the 1992 personal exemption? This year, the IRS increased the personal exemption to $2,300. You may not claim a person as your dependent if he or she may be claimed as a dependent on another taxpayer's return. Personal exemption phaseouts begin at $157,900 for taxpayers filing joint returns and surviving spouses; $131,550 for taxpayers filing as heads of household; $105,250 for unmarried taxpayers, other than surviving spouses or heads of household; and $78,950 for married taxpayers filing separately.

Selection board convenes for medical, vet promotions

A selection board to consider majors for promotion to lieutenant colonel in the medical service, Army medical specialist, veterinary and Army nurse corps competitive categories will convene on May 11. Officers eligible for consideration have the following active duty dates of rank (ADOR):

Medical Service

- * above-the-zone major, April 1, 1988 and earlier;
- * promotion-zone major, April 2, 1988 through Aug. 1,1989;
- * below-the-zone major, Aug. 2, 1989 through June 1, 1990.

Army Medical Specialist

- * above-the-zone major, Dec. 1 1988 and earlier;
- * promotion-zone major, Dec. 2, 1988 through July 31, 1989;
- * below-the-zone major, Aug. 1, 1989 through March 31, 1990.

Veterinary Corps

- * above-the-zone major, Aug. 1, 1988 and earlier;
- * promotion-zone major, Aug. 2, 1988 through June 1, 1989;
- * below-the-zone major, June 2, 1989 through April 1, 1990.

Army Nurse Corps

- * above-the-zone major, Feb. 1 1988 and earlier;
- * promotion-zone-major, Feb. 2, 1988 through March 1, 1989;
- * below-the-zone major, March 2, 1989 through Nov. 1, 1989.

Commander, Total Army Personnel Command will submit the names of eligible officers to the selection board. To be eligible for consideration by the board, all mandatory or optional officer evaluation reports must be received, error free, by the Evaluation Reports Branch, PERSCOM (TAPC-MSE-R), no later than May 4.

Only original evaluation reports will be processed. Machine reproduced or electronically transmitted copies will not be accepted.

Officers eligible for consideration should review their official military personnel files (OMPF) and officer records briefs (ORB) prior to the board's convene date.

Officers may obtain copies of their OMPF at no cost by writing to Commander, PERSCOM, Attn: TAPC-MSR-S (Selection Board Processing Unit), 200 Stovall St., Alexandria, Va., 22332-0444.

Officers with an approved separation date within 90 days of the board's convene date (i.e. separation dates through Aug. 8) are not eligible for consideration.

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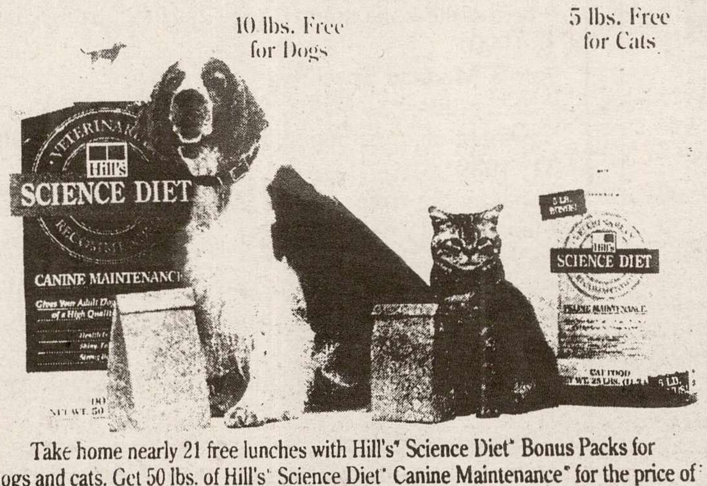

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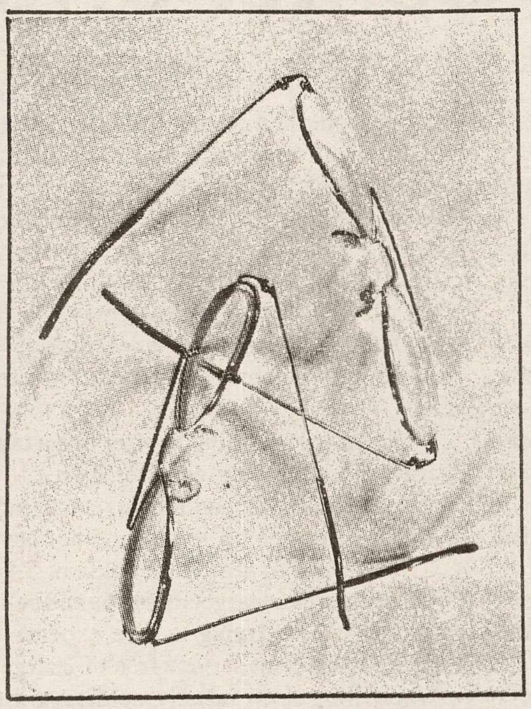

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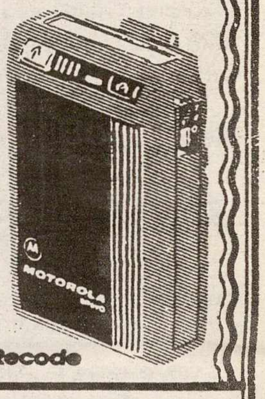

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VALENTINE'S DAY

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Valentine's day.
Love always,
Donals

Michael,
Happy Valentine's Day.
I love you very much
and I always will.
Love,
Lisa

Dear "J," Always
remember how
much I Love You.
Happy Valentine's
Day. Ready for
dessert?

To my angel baby,
only you are my
destiny always and
forever.
Your Dream
Lover

To My Wonderful
Husband Tony,
You're my special
Valentine every day
of the year.
Faith

Jimmy,
Thank you for all
that you have
given me. I will
always love you!
Rhea

NEWS BRIEFS

Quality of life inspection ongoing

The Sixth U.S. Army Inspector General is conducting a quality of life inspection of the Presidio of San Francisco. Your comments will help as the IG assesses the adequacy of the commissary, Presidio Post Exchange, club system, bowling alley, gymnasiums, theater, and Education Center services as the post prepares to close and move.

Flyers will be distributed in housing areas as well as directorates and units. Look for the questionnaire flyer this week. The inspection will continue through March 1. Any additional information pertaining to the inspections can be obtained by calling Lt. Col. Ruth Groves or Master Sgt. Leo McWatt at 561-3164 or 561-4724.

Sobriety checkpoint scheduled

There will be a sobriety checkpoint conducted on Lincoln and Graham streets from 7 to 10 p.m., Thursday. Drive safe, drive sober.

Medical retention board held

The next scheduled MOS/Medical Retention Board (MMRB) is 8 a.m., Tuesday in the Sixth U.S. Army conference facility, Bldg. 35. All soldiers who have permanent profiles with a numerical factor of 3 or 4 will be mandatorily referred for evaluation to an MMRB. Those who have not been referred must contact the Military Personnel Operations Branch at 561-4968/3297.

Trailers available at Outdoor Rec

Outdoor Recreation, Bldg. 667 has the Starcraft pop-up trailers for rent. They are made for weekend outings. There is a refundable deposit and the supply is limited. For more information about camping equipment, call Outdoor Recreation Division at 561-4324.

Officers' Spouses' Club luncheon

The Presidio Officers' Spouses' Club will host an All-Services Luncheon, for spouses of military officers, at 11 a.m. March 4, at the Presidio Officers Club. The luncheon will be followed by ``100 Years of Fashion,'' a unique antique fashion show presented by ``The Goodwill Bags.'' There will be an optional tour of the Presidio Museum at 10 a.m. Reservations must be made no later than Feb. 18. Forms may be picked up at the Presidio Thrift Shop. For child care information, call 221-0796 no later than Feb. 15.

Holiday closures announced

The Director of Personnel and Community Activities announces the following service closures and holiday schedules for President's Day, Monday: Class Six, Four Seasons, Military Clothing Sales store, the automotive service bays, closed; the service station gas pumps, 10 a.m. to 5 p.m.; the Presidio Post Exchange and Presidio Shoppette, 10 a.m. to 6 p.m.; PX Mall concessions, 11 a.m. to 5 p.m.; and Burger King, 11 a.m. to 6 p.m.

Leave donation requested

Dale Humphrey, Provost Marshal's Office employee, is experiencing a medical emergency. Humphrey, an approved participant in the Voluntary Leave Transfer Program, has exhausted all sick and annual leave. Anyone wishing to donate annual leave, contact the Civilian Personnel Directorate, Management-Employee Relations Division, 561-3780.

Counseling for separating soldiers

Army Career and Alumni Program (ACAP)/Job Assistance Center (JAC) is offering one-on-one job search counseling from 1 to 5 p.m. Tuesday; from 8 a.m. to 5 p.m. Wednesday; and from 9 a.m. to noon Thursday, in the Army Community Services Resource Center, Bldg. 103B. This service is for transitioning military and civil service employees and their family members. The portable JAC-in-the-Box is available for reviewing the Army Employer Network. If you need help defining your goals and job search strategy, writing an effective resumé, or preparing for interviews, call DSN 929-7907 or (408) 242-7907 to schedule an appointment.

Weekend power outages scheduled

The Directorate of Engineering and Housing has scheduled a power outage for two Saturdays, Feb. 20 and 27, from 8 a.m. to noon, to perform maintenance and repairs of the 12 kilovolt switchgear at Bldg. 568. The outage will affect the buildings and living quarters in the areas listed below:

Feb. 20--buildings 1, 51 through 68, 211, 510 through 572, the 700, 800, and 1000 housing areas. Also, 1110 and 1151 through 1153 .

Feb. 27--the 600, 900, 1200, 1300, 1400 and 1700 housing areas, buildings 1100 and 1648, the Central Magazine and the Boy Scout latrine.

Questions concerning the outage should be directed to Don Abbot, DEH Contract Services Branch, at 561-2268 or 561-6000.

dBase III+ course offered

A free dBase III+ course will be offered Mondays and Wednesdays, Feb. 22 through March 17, to soldiers, military family members and retirees at the Presidio Army Education Center, Fort Scott, Bldg. 1216. Call a guidance counselor at 561-4445 for details.

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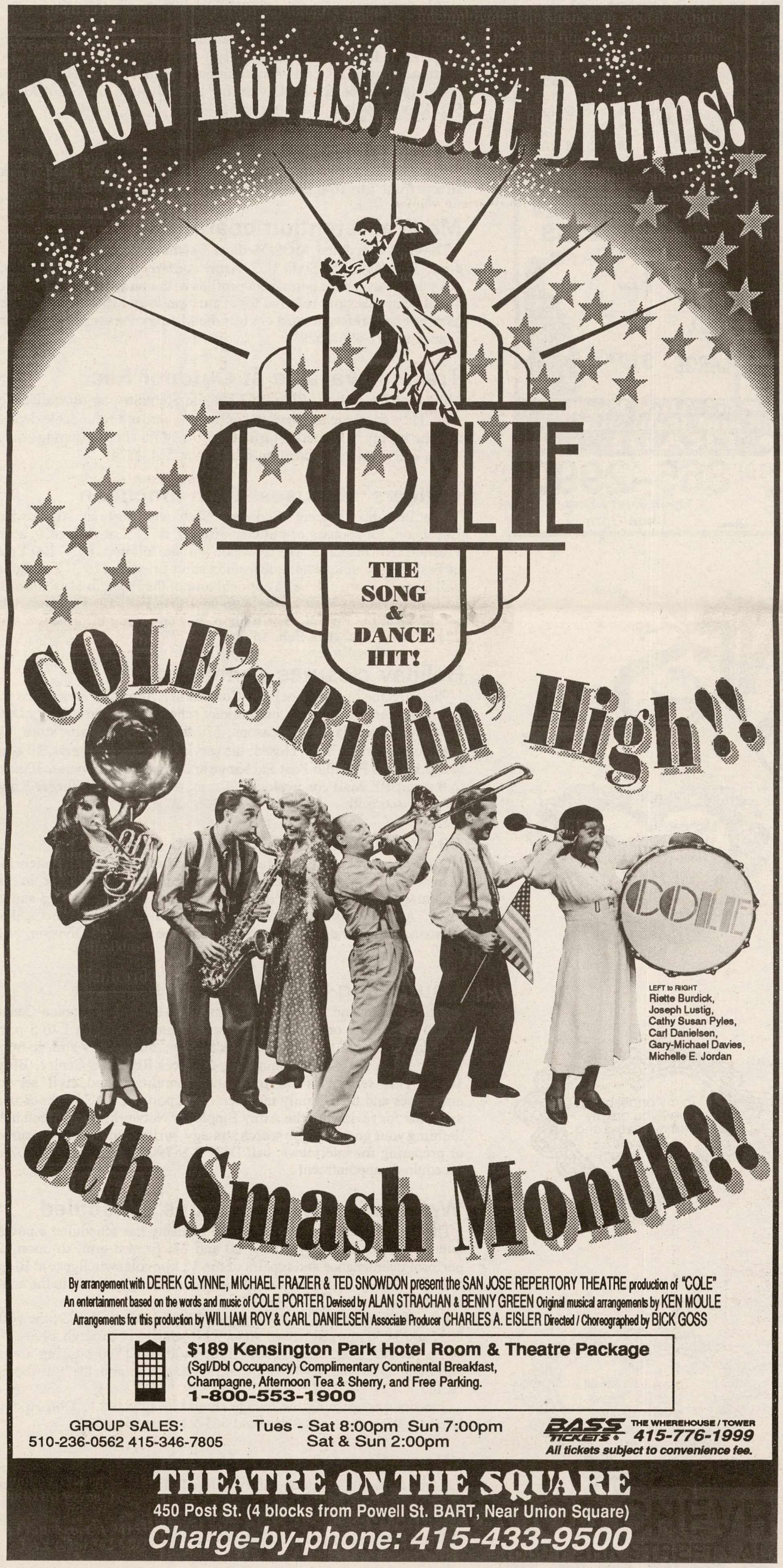
DINING & ENTERTAINMENT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HAVE A HEART BENEFIT	
Friday, February 12	
12-3pm	**Al Von & The All Stars**
4-8pm	**Billy Dunn Blues Way**
9-1am	**Charlie Brechtel** feat. Lydia Pense, Robert Lowery, Annie Sampson, w/other surprise guest
Saturday, February 13	
12-3pm	**Bobby Webb Blues Band**
4-8pm	**Tom Castro & Friends**
9-1am	**Johnny Nocturne Band** feat. John Firmin & Brenda Boykin
Sunday, February 14 ♥	
12-3pm	**The SF Blues Guitar Summit Band**
4-8pm	**Norton Buffalo**
9-1am	**Mark Naftalin's R&B Review** feat. Katie Webster, Ron Thompson, Maurice Kemp, Frankie Lee, Jimmy McCracklin, Bobby Murray & many other guests
Monday, February 15	
12-3pm	**Anthony Paule Band**
4-8pm	**Chris Cobb Band** w/Maria Muldaur
9-1am	**Mitch Woods** w/Maria Muldaur

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4-8pm	**TBA**
9-1am	**Full House**
Wednesday, February 17	
4-8pm	**Rhythm Shieks**
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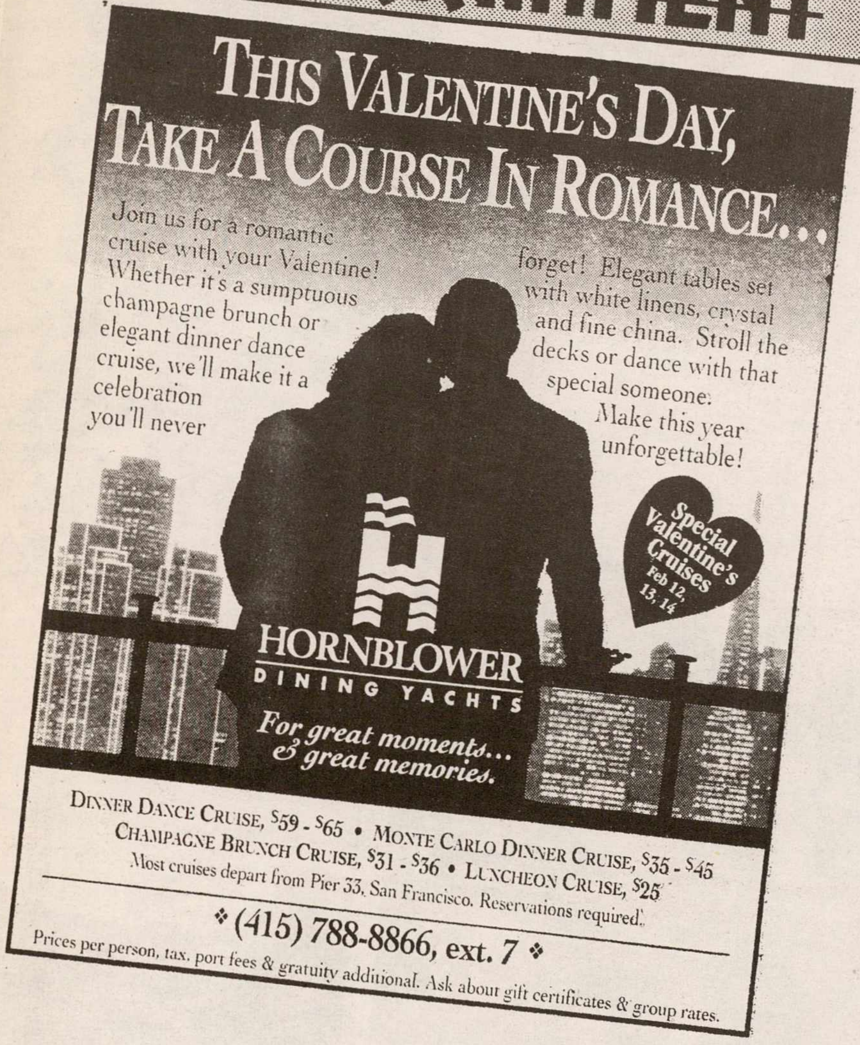

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Mon., Feb. 15
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The Lank & Earl Buckaroo Round-Up

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San Francisco Times

VOL. MCMCXIII....NO. 2 WEDNESDAY, JANUARY 20, 1993 50 CENTS

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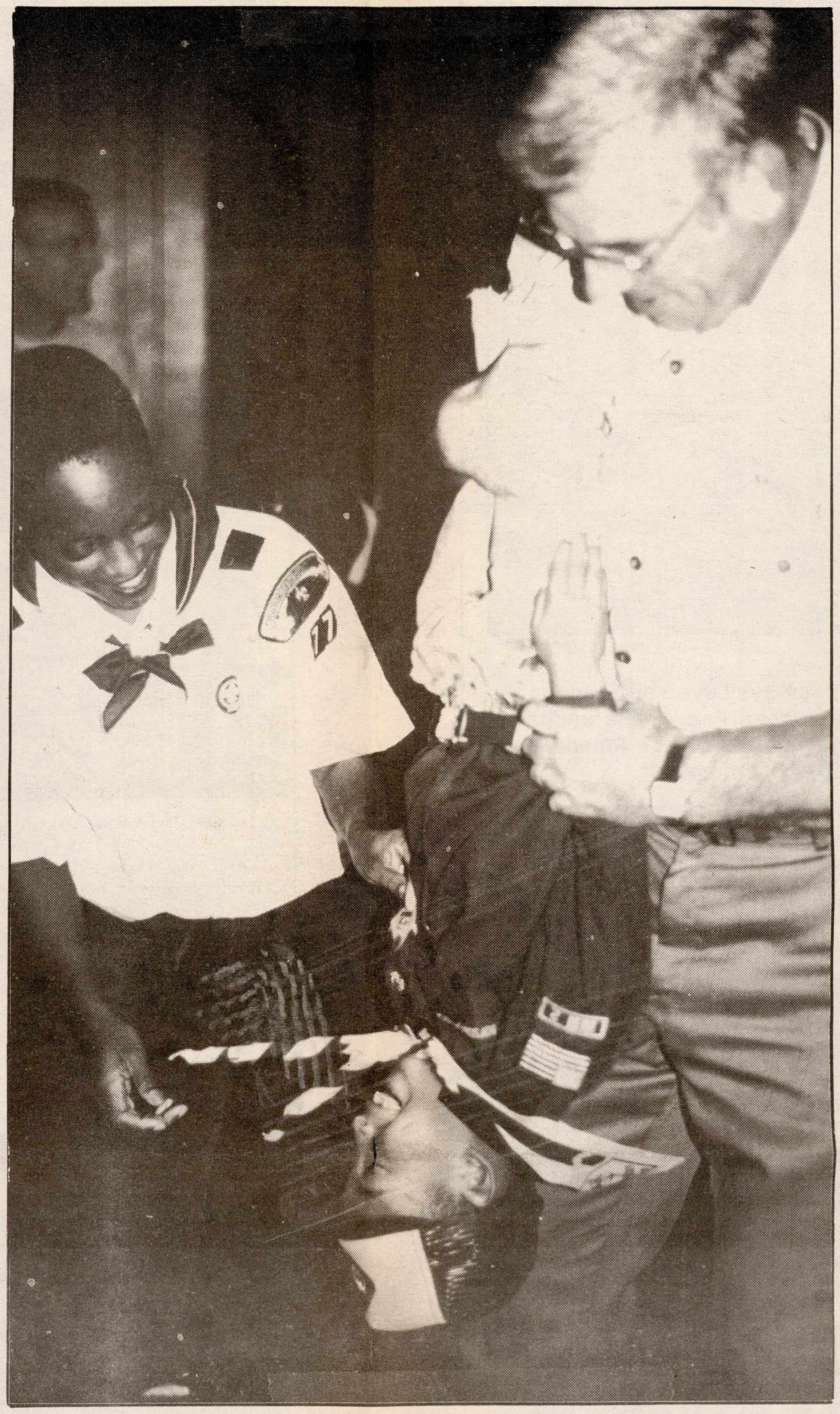
Carmen Stewart, an assistant den leader, Andre Stewart and Christopher Valdivieso use their creative skills to hand-color invitations to the Blue and Gold Banquet which will be held Feb. 21 in Building 1331 at the Presidio.

The battle of the Jasons! Jason Austin and Jason Newell put their muscles into an arm wrestling competition at the Webelos Championship.



Akela Jim Newell congratulates Jai Pellerin after the youngster the Bobcat rank during a Cub Scout meeting at the Presidio. Pellerin's mother proudly takes part in the promotion ceremony.

Presidio Scouts mark 55 year anniversary

Story and photos by Theresa Seegel
Cub Pack committee chairperson

Scouting on the Presidio will be 55 years old this March. The Presidio Boy Scout Troop was established in 1938, making it five years older than the Cub Pack.

Today, the ideals of Scouting are shared worldwide. The organization strives to provide a wholesome environment helping make boys better men - Lord S.S. Baden-Powell's goal.

Beginings

Baden-Powell, the programs founder and a hero of the Boer War in South Africa, developed the Boy Scout program in England in 1908. Word rapidly spread, and Scout troops were immediately established in many U.S. cities. The Boy Scouts of America were incorporated on Feb. 8, 1910. This became the widely acknowledged anniversary date.

The first Scout Handbook was published in 1910, and remains a bestseller. It was from the code of the knights of old from which Baden-Powell derived the Scout motto ``Be Prepared,'' as well as the Scout Law.

Boy Scouting is for ages 12-18, with rank advancements of Tenderfoot, Second Class, First Class, Star, Life, and Eagle.

Cub Scouts

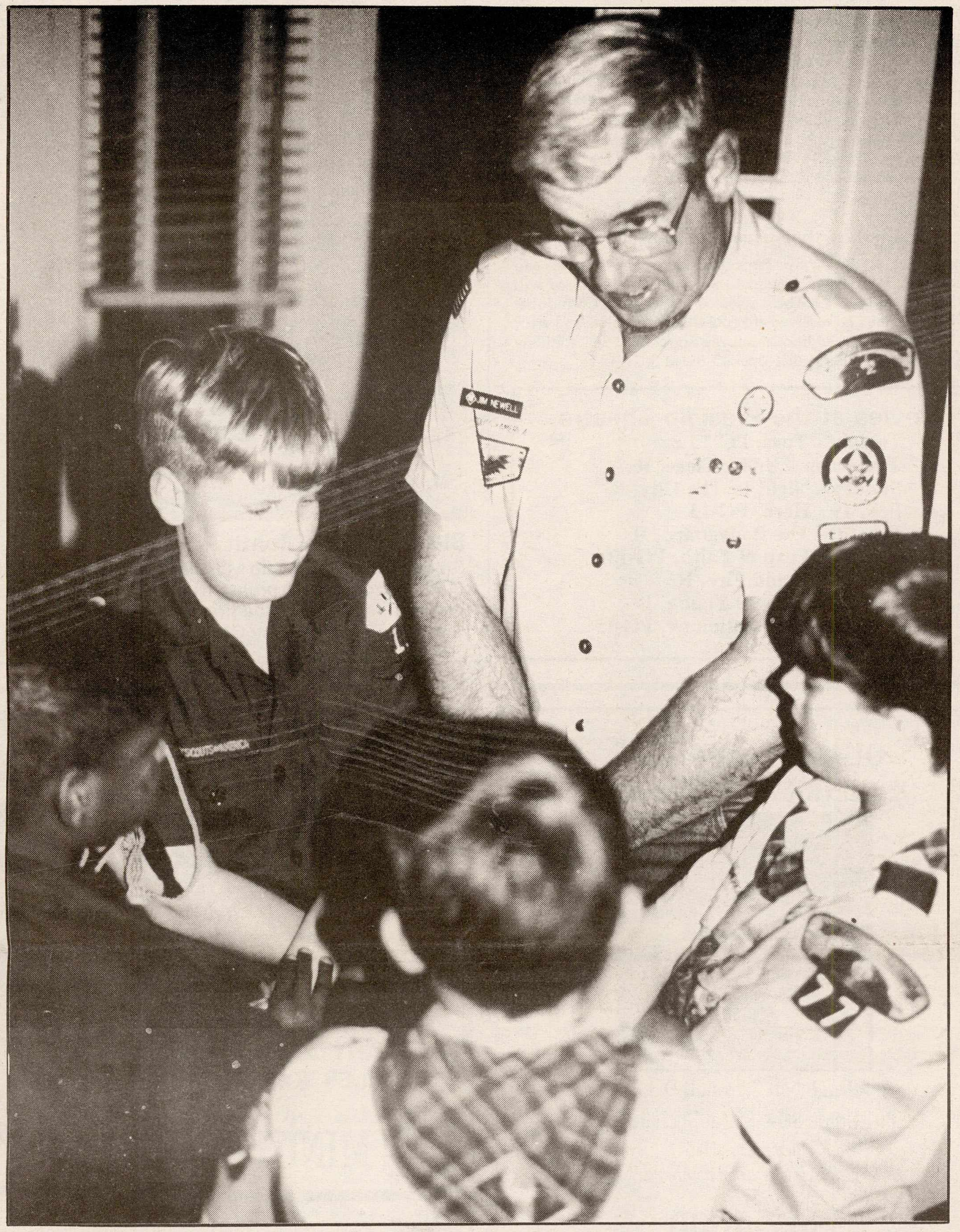
Scouting continued to gain popularity, and boys, under the age of 12, were eager to become part of the growing movement. Development of another program geared specifically towards younger boys became a necessity, and Wolf Cubbing was born in England with the Cubs of America becoming its counterpart in 1930.

Cubbing grew in popularity and membership.

In 1945, ``Cub Scouting'' evolved and continued to focus on the development of the boy's character, spiritual growth, citizenship, sportsmanship, personal achievement, and physical fitness.

Cub Scouts begin at age 7 (second grade) in the boy/parent program of Tiger Cubs. At age 8, a boy works on the Wolf Program; age 9, the Bear program; and ages 10 -11, the Webelos (We'll be Loyal Scouts) program.

For information about the Presidio Boy and Cub Scouting Programs, contact the following individuals: Scott Beecher, Cub Scouts, 561-3553; Bill Dickson, Boy Scouts, 751-5552 (after 5 p.m.); Jim Newell, both programs, 561-2682.



Jim Newell, assistant Webelos leader, makes announcements during the closing of a den meeting. The Presidio Scouting Program has been going strong since 1938.

"I pledge allegiance to the flag." Alexander Werner begins the Cub Scout ceremony in the traditional manner.

Briefs, Continued from Page 5

ACS hosts parental stress classes

Presidio Army Community Services is offering free parenting classes from 9:30 a.m. to noon Thursdays in Bldg. 103B. These classes teach how to have a happier family. There is free child care available by a reservation basis. Class dates and topics are: Thursday, Building Responsibility; and Feb. 25, When Nothing Works. These same classes will be available in the evenings: from 5 to 7 p.m. March 18, 25 and April 1, 8 and 15 at the Child Development Center. To sign up and reserve your free child care, call Karen Kaho at 561-5155.

OCS board convenes in June

Department of the Army, Personnel Command officials announced that the Officer Candidate School selection board will convene March 17 to 19. Those selected will attend OCS in June. Applications must be received at PERSCOM, complete and error free, by March 5. For additional information contact Sgt. Anthony Lockhart, Presidio Personnel Operations, at 561-2151

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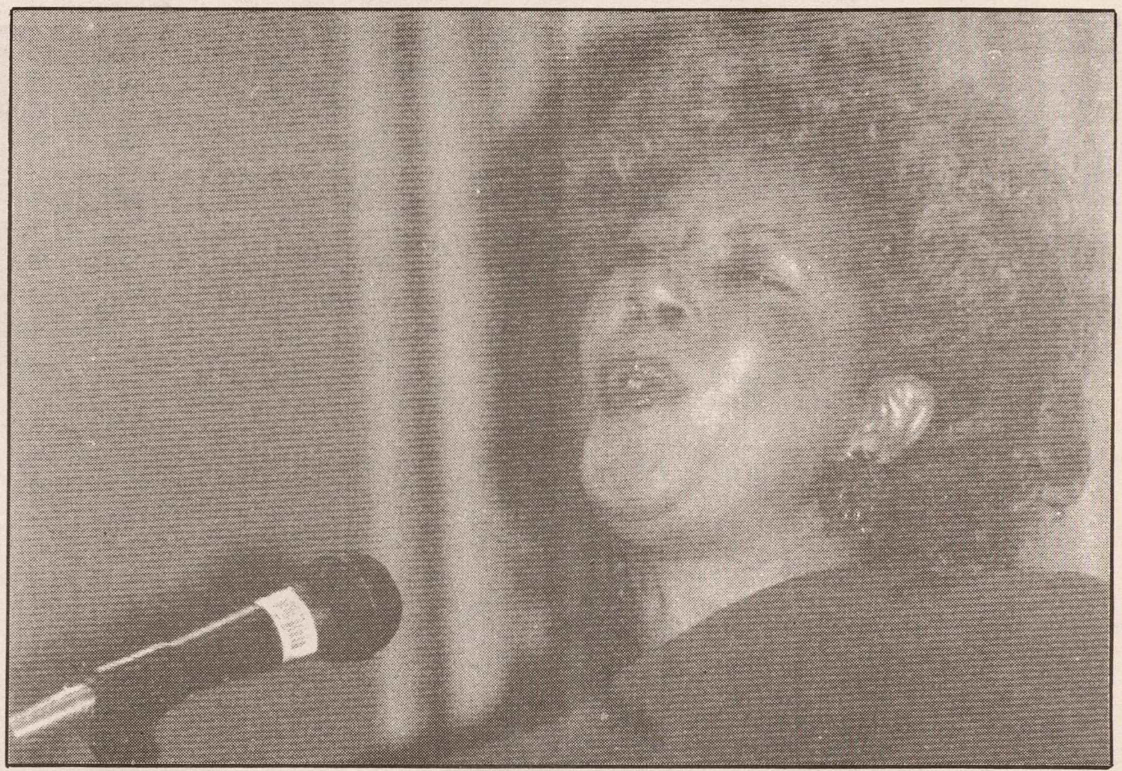
Feb. 20 - The Bodyguard, R
Feb. 21 - Leap of Faith, PG-13
Feb. 26 - Rapid Fire, R
Feb. 27 - Forever Young, PG
Feb. 28 - Love Potion #9, PG-13



Staff Sgt. Pleasant Lindsey III

Black History Month

Shirley Graves, Presidio Mortuary Services, sings "I'll Always Love You" to open the Black History Month program in Letterman U.S. Army Hospital Feb. 4. The lunch time program featured a slide presentation focusing on the history of Black Americans in the Army presented by Col. Michael J. Brennan, LUSAH commander.

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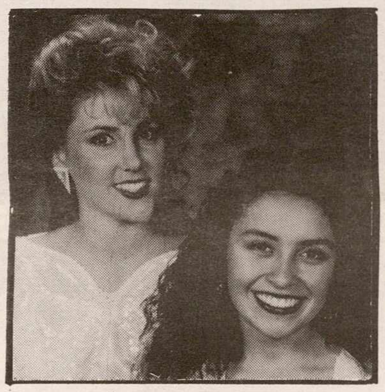

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Appropriations, Continued from Page 1

providing enough funds to assist employees who are separated between July 1, 1993 and Sept. 30, 1994, when the Presidio officially becomes a park under the GGNRA.

Phase II funding will be programmed to expire after March 31, 1995 to ensure coverage for the last eligible Presidio employees to leave.

Previously separated employees and those who will separate on or before June 30, are screened by the PIC to determine eligibility for retraining. The PIC has already started contacting eligible former Presidio employees to begin their retraining programs.

The job training program is not an entitlement program like unemployment insurance or social security benefits. Job training program funds are granted on the basis of demonstrated need as determined by the industry council.

If a separated employee's job skills, education and experience do not qualify him for reasonable access to jobs in the local labor market, he may be approved by the PIC for retraining.

Those who have marketable job skills would not be given retraining. However, these employees could be given other assistance like resumé writing, job interviewing skills training, job search and career planning classes or counseling.

In some cases employees may be in programs that last longer than their terms of employment. In these cases the employees will have to decide if they can undertake training without earning steady paychecks.

Home Alone, Continued from Page 1

potential for trouble is present.''

Among the cases Kaho has seen, one involving a young child left in charge of seven younger children (which could have resulted in a serious situation had the military police not been contacted), cements her conviction to ensure children are never left unsupervised in homes or vehicles, she said.

``Even if a child is a very good child and seems mature, they are not cognitively able to make judgement calls in emergency situations,'' Kaho explained. ``Even in a car, there are hazards and situations a child cannot possibly comprehend.''

Because the stress of parenting can be unbearable at times, Kaho recommends parents seek support from existing services before they commit what she equates to child neglect.

``All parents need time away from their children. They need not take that time off at their child's expense, though. Respite care and family care providers are available,'' the family advocacy manager said. ``Having a neighbor over to babysit can mean the difference between a child's safety or potential injury.''

She praised neighbors who have called in when they witness children left somewhere unsupervised and urges them to continue.

``It's not a matter of punishing the parent, it's a matter of avoiding a very bad situation. A child left unsupervised in a playground may seem innocent until you think of the consequences of such a scenario,'' she said.

Although she acknowledged the number of cases here is very low, she also expressed hopes that in the future parents will think twice before leaving their children unsupervised.

``No parent wants to live with the guilt of something happening to their child. The Army provides supportive services for families, all parents need to do is seek the help before they do something they might regret forever,'' Kaho said.

Stress, Continued from Page 1

pression, illness, and drug or alcohol abuse.

Key factors in coping with parental stress include learning to manage anger and frustration, finding sources of support, and learning more about parenting.

Stress management tips to help manage anger or frustration include finding an appropriate outlet to vent these emotions, communicating feelings in a positive way, and learning to be patient.

Establishing a support network and seeking help from community resources are two ways to take advantage of the many services available.

Compiled from Army Community Service information.

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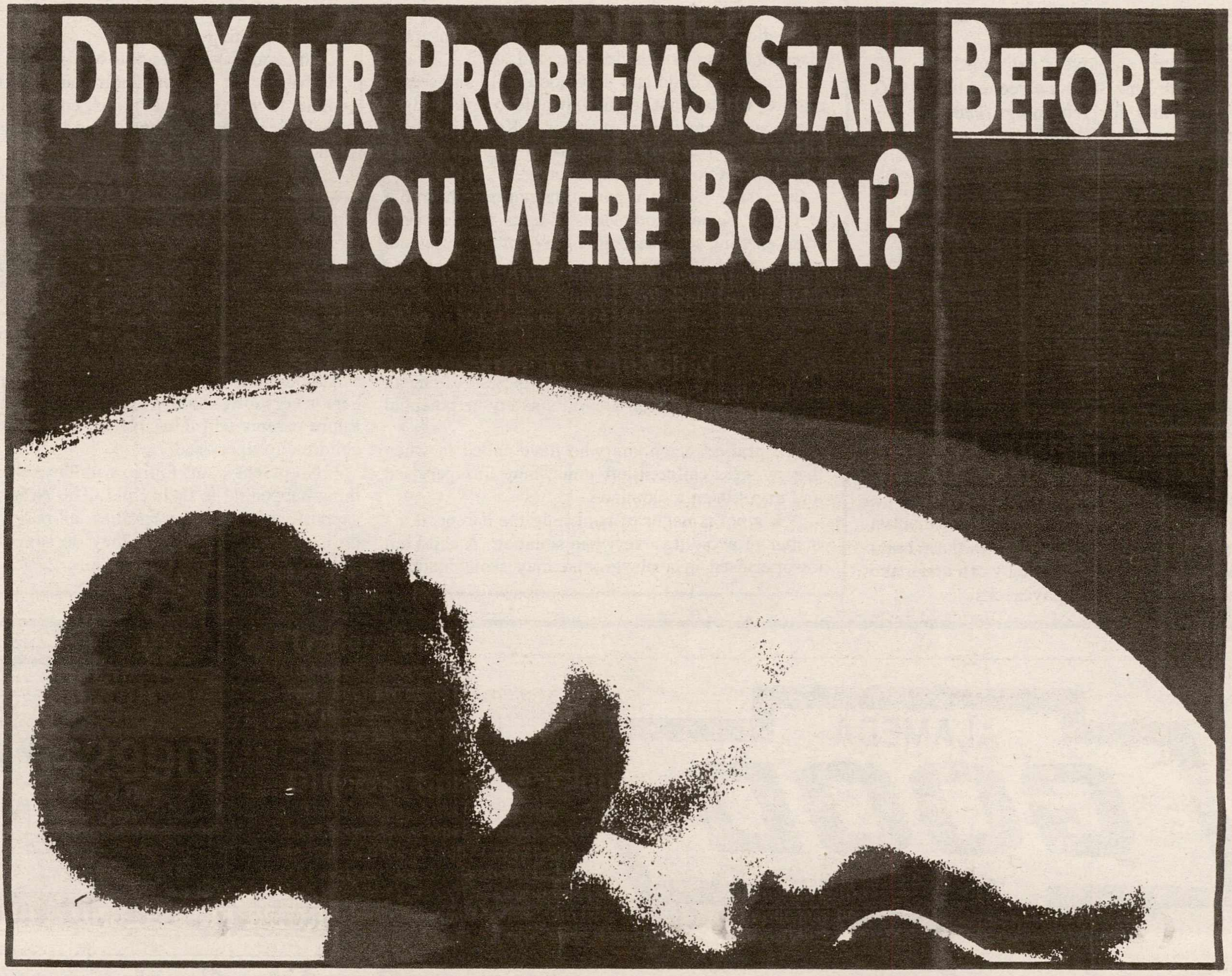

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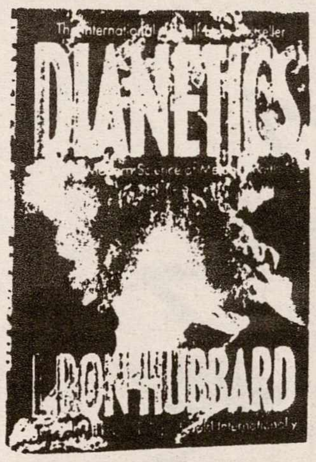

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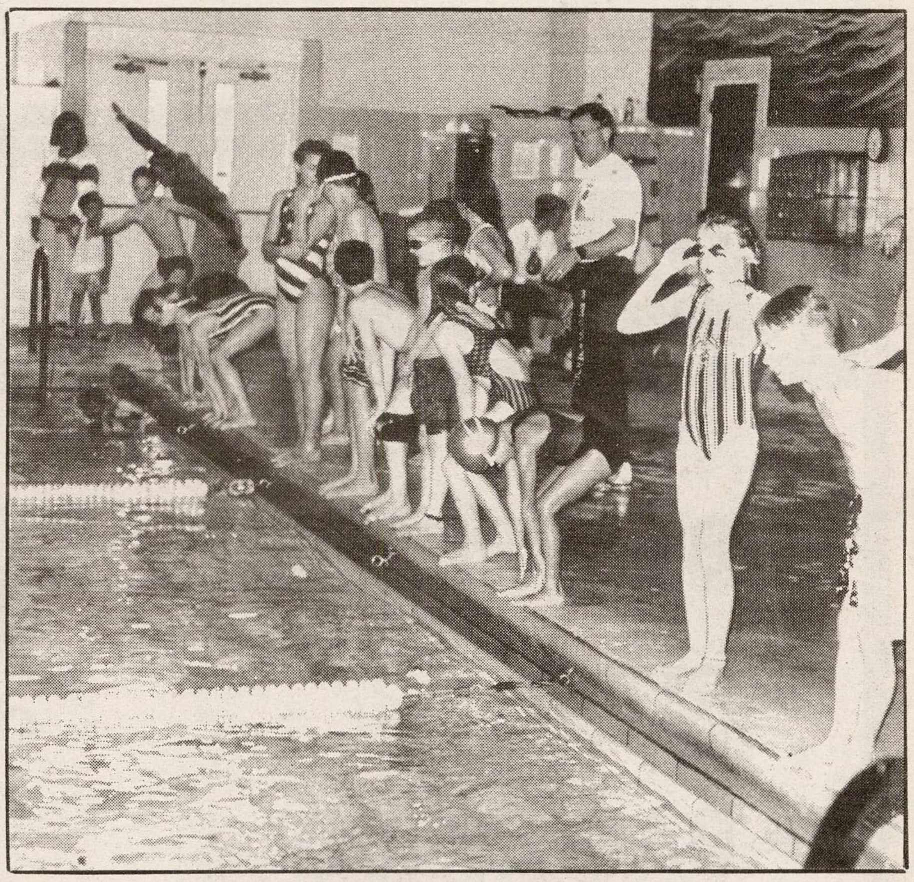
Swimmers make a splash

By Spc. Adrienne Story
Star Presidian staff



Presidio Swim Team members prepare to dive in the water during practice while coaches supervise their technique.

Thirty-six children stroked frantically in a mad dash to finish first. Between strokes, they broke through the water's surface and gasped for one quick breath, before reaching the finish line.

The five-to 15-year-olds managed to more than survive the frantic pace. They earned 152 ribbons out of 244 in a swim meet pitting the Presidio Youth Swim Team against the Jewish Community Center Swim Team recently.

Although, no team was recorded as first or second, the Presidio team took 50 first place, 59 second place, 14 third place, 11 fourth place, nine fifth place and nine sixth place ribbons, earning 60 more ribbons than their opponents.

The Youth Services, Sports Branch and the Thrift Shop supported the team by providing the ribbons.

Their success is due to dedicated practice twice a week, from 4:30 to 5:30 p.m. Mondays and Wednesdays. Three coaches keep the team in shape, Maj. Mike Koplin and assistant coaches Spc. Judith Hutton and Andy Bokmeyer.

The team members are: ages 6 and under: **Maria Hechanova, Bryanna Murray**; ages 7 - 8: **Marisa Bowersox, Nathin Chin, Nathin Dolinger, Davis Hazas, Rebekah Koplin, Kyle Lee, Veronica Marck, Rachel Murray, Emily Sickafoose**; ages 9 - 10: **Rebekah Baker, Jon Bokmeyer, Chris Bowersox, Michael Deehl, Joel Dolinger, David Gardner, Renee Hazas, Bradnon Koplin, Jessica Marck, Mercedes Salgado, Bethony Thompson**; ages 11 - 12: **Johnny Adkins, Jennifer Bokmeyer, Joshua Dolinger, Erica Erwin, Bryan Peterson, Melanie Rains, Mark Salgado, Justin Griego, Jason Tingstrom**; and ages 13 - 15: **Jeremy Edwards, Erica Hazas, Jennifer Kasten, Kimberlee Koplin, and Joe Valdes.**

The next swim meet will be March 20 at the University of California San Francisco.

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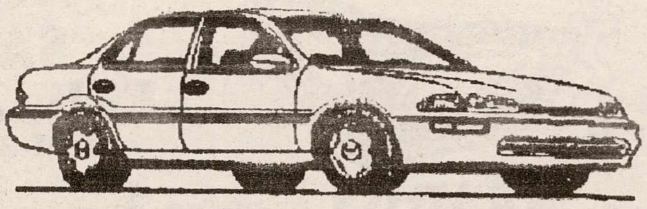

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IN.6

Star Presidian

Vol. 36, No. 8
Published for the Presidio of San Francisco
Feb. 26, 1993

DCSOPS planning aids in emergency disaster relief

By Sgt. Jose Zuniga
Star Presidian staff

A 19th century logistician once remarked that when schemes are laid in advance, it is surprising how often the circumstances fit in with them.

Following the devastating 1989 Loma Prieta earthquake, Lt. Col. Dale Litney, chief of the Sixth U.S. Army mobilization and plans division, saw just how true that concept was as the Sixth U.S. Army tackled the enormous task of providing military assistance to local civilian authorities.

``People showed up at the Emergency Operations Center not knowing exactly what their mission was; we found that the staffs had not been properly trained to react to such contingencies,'' Litney said.

Fortunately, he added, a good trait of military personnel is their ability to adapt to any situation, a trait that saved the day.

Since 1989, Litney explained Sixth U.S. Army has made a 180-degree turnaround in its approach to disaster relief. The third Crisis Exercise, held Feb. 19, is but one of many steps the Deputy Chief of Staff for Operations' office has taken to ensure Sixth U.S. Army is never caught off guard again.

``The training focus in these CRISEXs is to train the entire Sixth Army staff to respond to these worse-case scenarios,'' Litney said. ``We have the staff provide individual annexes detailing their role in mobilization plans. Using this input, we train until the staff sections are proficient in their response.''

Aside from the changes inspired by the Loma Prieta experience, Litney said another tangent taken in mobilization planning took form with the Second U.S. Army's unorthodox response to Hurricane Andrew in 1992.

``Second Army moved in its entirety to Miami to form the core of Joint Task Force Andrew. This move was not in doctrine, but it is now a model for how future catastrophic natural disasters will be handled,'' the mobilization chief said.

Sixth Army has adopted this model and is planning for such a response.

Responding to disasters outside the Bay Area is ideal because these disasters don't immediately affect staff members.

But in the event of a local disaster affecting the Sixth U.S. Army headquarters, Litney said a major concern is the number of staff members able to immediately report to work.

``In case of a catastrophic disaster, how many people would be able to show up to form the nucleus of the Sixth Army response team?'' Litney asked rhetorically. ``If there is an earthquake in San Francisco and 10 people show up at the EOC, whoever shows up ought to be able to turn to some plan and provide support in an area that may or may not be foreign to them.''

As current disaster assistance plans are rewritten in the next three months, Litney explained staff sections will be tasked with providing an updated laundry list of required immediate emergency responses.

``This is so that somebody outside that particular area of expertise can go to a plan, see what the particular mission requirement is and attempt to execute that requirement,'' Litney said.

The CRISEX last week also served as a proving ground for the Emergency Information System, Sixth Army's attempt at automating each staff section's emergency action measures.

``The EIS proved to be an effective tool in tracking emergency measures. It isn't error-proof so we must still train the human factor and hone our individual emergency response skills,'' Litney said.

DCSOPS, Page 3

Heave, ho...
Working through the rain, Staff Sgt. Richard Andrada grabs a box of goods from Pfc. Johny Weist. Co. C, 864th Engineer Battalion's soldiers removed canned and dried goods, produce, refrigerators and freezers from the Hands Across Presidio site, Bldg. 1331 which was flooded by the recent rains, and moved them to the new site in Bldg. 228 on Halleck St.

Transition Point deactivating

By Spc. Adrienne Story
Star Presidian staff

After serving transitioning soldiers for more than four years at the Presidio, the transition point will itself transition into an activity. Soldiers transitioning out of the Army from overseas will no longer outprocess here.

The U.S. Army Transition Point is deactivating, leaving only a transition activity to serve Presidio soldiers. A deactivation ceremony will be held in front of the Transition Point Monday at 10:30 a.m.

At its peak, the transition point outprocessed soldiers from Korea, Japan, Hawaii, Johnston Island 700 miles southwest of Hawaii and Forces Command units.

``The overseas separation mission will transfer to Fort Lewis, Wash.,'' said 1st Lt. Liana Bratland, transition point commander. ``An activity at the Military Personnel Office will serve as the transition point for Presidio soldiers.''

Three soldiers from the transition point will operate the activity: Staff Sgt. Byron Crawford will head the activity; with Spc. Loriann Crider and Pfc. Kelliann Salono. ``I think our mission will be easier, although we'll have only three soldiers,'' Crawford said. "It will be set up by appointment only, so we'll know who's coming in. It should be smooth.''

A separate finance support team will assist outprocessing soldiers with pay inquiries, Bratland said.

Other soldiers currently assigned to the transition point will be assigned to other activities here or to other duty stations.

After serving seven months as the commander, Bratland will report to the Adjutant General Officer Advanced Course at Fort Benjamin Harrison, Ind. ``My time as commander has been well spent,'' she said. ``It's been challenging and filled with excitement. This is a unique, outstanding job for an AG corps officer. You get to understand the whole Army system.

``Soldiers come here with problems. It's our job to fix them,'' Bratland continued. ``We ensure the soldiers know their rights and they're taken care of.''

``We know the entire range of soldiers' problems,'' said Sgt. 1st Class Don Kuruppu, transition point first sergeant. ``We hear about everything that has affected them throughout their career."

``Several Presidio of San Francisco and city activities have really put out an effort for transitioning soldiers,'' Bratland said. ``They've helped with soldiers who didn't have money or a place to stay.''

Kuruppu praised the Fort Scott dining facility's employees for the service they provided to transitioning soldiers. ``The dining facility is very flexible,'' Kuruppu added. ``I would call if we had 30 people come in. They would make more food or extend hours.''

``The soldiers who work here have to be special soldiers. It's a very difficult job because of the realm of problems that we have to deal with,'' Bratland said. ``They go above and beyond the call of duty to ensure that the soldiers and their families are taken care of.''

Bratland said the most important aspect of her job has been ensuring soldiers leave the Army with an accurate and correct Certificate of Release or Discharge from Active Duty and feeling that the Army cares.

``When a soldier leaves here, he shouldn't have any questions concerning his records or finances,'' she said. ``Our goal is to take care of all of the soldier's problems while he is here.''

In January 1989, the Transition Point moved to the Presidio. It was first located at Oakland Army Base in 1953.

Free gas service offered to residents

The recent weather changes signal that winter isn't over. Newcomers to the Bay Area will find that the summers here aren't much warmer, and tend to be quite short.

Though technically winter is almost finished, now is just as good a time as any to be concerned about your heating system.

Changing the filter is a Self-Help item, so this would be a good time to pick up filters at the Self-Help Store in Bldg. 1227 at Fort Scott.

In addition, our local gas supplier, Pacific Gas and Electric has highly-skilled specialized gas service personnel who make house calls and assure that your gas furnace is working efficiently and safely. This service is free to all Presidio customers.

Arrangements for the service call must be made individually by the occupant of each of the quarters. Service appointments are provided on a priority basis. Several days advance notification should be given, whenever possible, to allow time to make arrangements for one of PG&E's service people to meet you at your home to light, check and adjust appliances.

An adult must be present to allow PG&E entrance to a home. Same day service is available based on the situation and the service required.

Please call PG&E directly at **974-1555**.

PG&E technicians are **not** able to make repairs. If any repairs or parts are required, call in a service order to the DEH work reception desk at **561-4505** from 7:30 a.m. through 4 p.m. during the regular work day.

While the PG&E technician is there to check your furnace, he will also be able to check out other gas appliances, including gas stoves and water heaters. PG&E recommends that all gas systems be checked about every six months. Accordingly, it is recommended that each resident mark his calendar for a repeat about six months after each ``checkup.''

In case of an emergency, such as a gas leak or loss of pilot light, PG&E is generally able to respond within an hour. The chart beneath this article should be ``clipped'' and kept in your home along with other how-to-do-it instructions, including your personal copy of the Self-Help Handbook.

Please note, this service is not available to residents of forts Baker, Barry or Cronkite. Those residents, along with those of all administrative buildings, should call the DEH work reception desk.

Information provided by DEH

PG&E Customer Services gas response schedule

IMMEDIATE RESPONSE

* Asphyxiation
* Cannot sut off appliance
* Carbon monoxide poisoning
* Dig-ins (lines broken by construction crew)
* Fire or explosion
* Gas leak
* Hazard - PG&E facilities
* Inoperative equipment
(large commerical complex)
* Pressure trouble (high/low)

Note: Items listed under **NORMAL RESPONSE** will be scheduled ``same day'' if appointment time is available.

NORMAL RESPONSE

* Appliance adjustment (clean, adjust pilots)
* Pilot is on, but:
-there is no heat
-there is no hot water
-top burners and/or oven is inoperative
* Pilot turn-on (seasonal)

SAME DAY RESPONSE

* Inoperative equipment
* No gas--entire premises

MISCELLANOUS INFORMATION

PG&E 24-Hour Service, 974-1555
Appliances serviced by PG&E /
-Any appliance using NATURAL GAS
Appointment times (monday-Saturday)
8 a.m. to noon; 1 to 5 p.m.; 5 to 11 p.m.

EXCEPTIONS

Calls received after 3 p.m. will be sceduled between 3 and 11 p.m.
Sunday appointments are all day

NOTE: *Test your thermostats early this fall; relight heater pilots early.*

Security corner

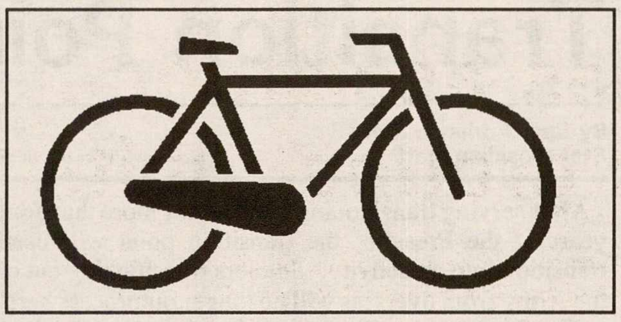
Protect autos, bicycles with common sense tips

By Staff Sgt. Marian Anderson
Provost Marshal's Office

Take precautions against vehicle damage, vandalism, and larceny. Prevent getting ripped off by taking the following preventive steps:

* Lock vehicle doors and roll up windows.
* Take the keys.
* Secure all valuables out of sight (in the trunk, for example). Remember--''Out of sight, out of mind.''
* Park smart, in a garage or on a well-lighted, well-traveled street or parking lot.
* Install anti-theft hardware, if possible. Protecting our property helps us protect ourselves.

If you notice a suspicious person looking into windows, or wandering and hanging around parked cars with no apparent purpose, report it to the military police at **561-2251** or **561-2252**.



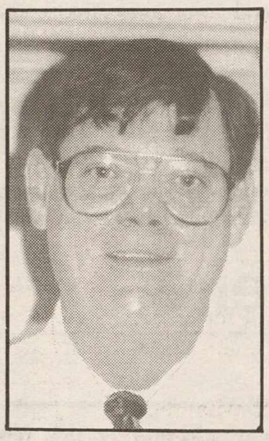
As a bicycle rider, you can't beat the convenience, exercise, fun, and economic mobility, especially on the Presidio. A little caution and common sense can help protect your investment.

When not in use, secure and store your bike indoors. If you must leave it parked outdoors, secure it with a lock and chain. Also, engrave a personal identification number on your bike.

For more information on bicycle theft protection, contact the military police, Physical Security Office, Crime Prevention Section, at **561-5011**.

Ask Presidians

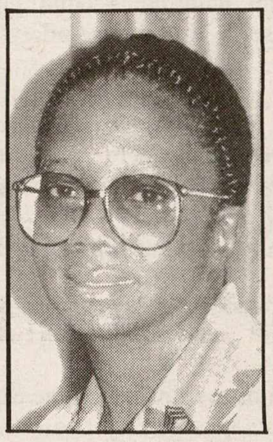
``How much of a sacrifice are you willing to make to bring down the deficit?''



Larry Mundy, Operations Manager, Main Post Exchange: ``Both my wife and I work for the government, so it's going to effect us hard, but we're willing to do what it takes. We have to decrease the deficit and spending and increase revenue.''

Gerri Krepela, family member: ``As long as the new taxes are fair, I think it's a good idea. I hope it works. Our problem for the longest time was the morale fiber of the government was missing.''

Sgt. Brenda Thurmond, 1118th Signal Bn., Sacramento: ``I willing to make a little sacrifice. But, you can't get something from nothing, and that's what I'm currently making. If taxes are fair and based on income, I'm for it.''



Master Sgt. Delois Jenkins, Sixth U.S. Army Reserve Advisor's Office: ``I've made my sacrifices already, raising three kids by myself. I worked two jobs, just to put them through private schools. I don't want to pay for someone else's kids. I thought that once they were grown, I'd have some money.''

Photos by Sgt. John W. McGarrah

Correction

William Miller was mistakenly identified in last week's "Ask Presidian" column. His correct rank is Chief Warrent Officer Three. The ***Star Presidian*** apoligizes for the error.

Star Presidian

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Equal opportunity ensured through aggressive programs

By Spc. Adrienne Story
Star Presidian staff

Soldiers who feel they have not been treated fairly and think they have reached a dead end should not become discouraged.

The Equal Opportunity Office is the light at the end of tunnel, and Sgt. 1st Class Victor Bradley will be holding the candle.

``My mission as an equal opportunity advisor is to be a trainer/educator, assessor and change agent,'' Bradley stated. ``I contribute to the mission accomplishment, and unit cohesion and readiness.''

Bradley has a difficult job as an equal opportunity advisor for the Presidio Equal Opportunity Office. He has to represent soldiers yet remain objective in every case.

``Sometimes telling people what they don't want to hear is difficult,'' Bradley admitted. ``Not everyone is willing to accept that they could be wrong in certain cases. Sometimes people are unaware that they are being insensitive.''

Bradley serves as an advisor to soldiers and leaders. He also may serve as a soldier's representative when they feel they have not received equal opportunity or treatment.

Although this aspect of his job keeps him busy, he also works on special ethnic observances activities such as Black History Month.

``Some of the pitfalls I've faced in my career are keeping people committed and pulling resources together,'' Bradly said. ``It's not easy putting on special ethnic observances when all resources are not available.''

The EO advisor admits his job can sometimes become frustrating when involved in certain cases.

``It's difficult not being able to control each and every situation,'' Bradly continued. ``You want things to be right, but it is just impossible all the time.''

Although Bradley has faced certain pitfalls as an equal opportunity advisor, he feels he can overcome these by keeping a positive attitude and continually working to accomplish the mission.

The Army has a strong policy to fight discrimination. It has served as one of the first organizations to intergrate black Americans, females, and other races and ethnic groups.

The Equal Opportunity Office serves as the primary point of contact on matters pertaining to the equal employment program.

This includes providing staff assistance and consultation advisory services to managers, employees and representing the command with outside groups, according to the EEO director job description.

Although the Army EO program is a tough program that is there for all soldiers, and it's mandatory for commands to educate their soldiers about equal opportunity. The regulation which governs it will soon be changing to greater enforce EO policies.

> ***``Sometimes telling people what they don't want to hear is difficult, Not everyone is willing to accept that they could be wrong in certain cases. Some times people are unaware they are being insensitive.''***
>
> **Sgt. 1st Class Victor Bradley**
> **Equal Opportunity advisor**

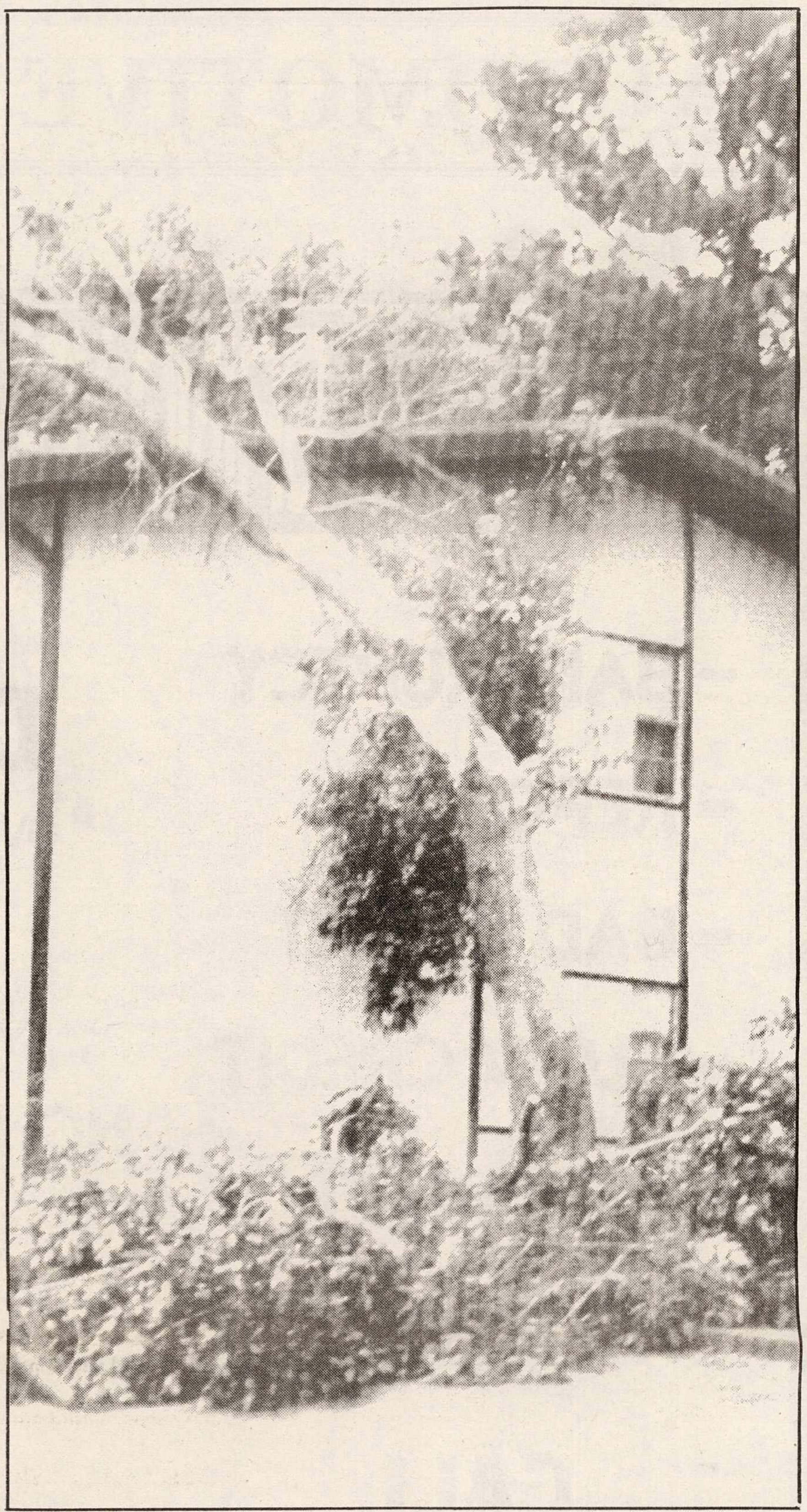
``I've been talking to people at the Defense Equal Opportunity Management Institute, and there is a new AR 600-20, Chapter Six on its way,'' Bradley said.

There are several changes that are expected in the new regulation. Bradley welcomes the change and feels it will strengthen his responsibilities and authority.

``I would like to see the procedures for processing complaints changed,'' Bradley admits. ``Many soldiers are currently afraid of submitting complaints because of fear of reprisal.''

Bradley was trained for 16 weeks as an equal opportunity advisor.

``Everyday for 16 weeks equal opportunity was drilled into us,'' Bradley said. ``I take my job seriously. I'm here to represent the soldiers and I'll do my best to make the right thing happen.''



Sgt. John W. McGarrah

Timber!
High winds during last week's storms were responsible for the downing of this tree in the 1700 block area of the Presidio. The fallen tree, which caused minimal damage, was quickly turned into kindling by Directorate of Engineering and Housing work crews.

Activity provides assistance to local civilian groups, units

By Sgt. Jose Zuniga
Star Presidian staff

The deputy chief of staff for operations' major role is to provide assistance to civilian authorities in natural disaster relief. Aside from this mission, however, DCSOPS is also responsible for a myriad of other contingencies.

Among the plans maintained are land defense of the continental United States, key asset protection, response to U.S. Postal System strikes and support of civil defense operations.

``Most of these plans have collected dust on the shelf because we have had no reason to dust them off,'' explained Lt. Col. Dale Litney, chief of the mobilization division, DCSOPS. ``That is not to say we wouldn't be able to implement them at a moment's notice.''

The Land Defense of CONUS plan is oriented toward the protection of key assets in support of military operations. These operations are almost exclusively manufacturers of military equipment whose disruption would hinder military efforts.

``This plan became an issue during Desert Storm when Forces Command tasked us with surveying our area of responsibility, which includes the bulk of the heavy defense industry in the Silicon Valley and Southern California,'' Litney said.

The Military Support of Civil Defense plan is oriented toward the Cold War and the prospect of nuclear exchange. Litney explained this plan will be combined with the disaster relief plan in the next three months.

Garden Plot is a garrison mission plan tailored for local civil disturbances like the May 1992 Los Angeles riots.

A plan that hasn't been implemented since the 1970s is Graphic Hand, a plan oriented toward responding to a U.S. Postal Service strike. While in the past the plan called for National Guard assistance, the current thinking is the use of active component units, Litney said.

``This would simply augment the postal system and aid in providing limited delivery to key areas,'' the mobilization chief explained.

Although he admitted some of these plans will continue to collect dust, Litney said it is the fact that Sixth U.S. Army has a plan should these situations arise that is most important.

``We are ready. There are very few situations for which we could be caught off guard, these plans make the list shorter,'' Litney said.

DSCOPS, from Page 1

A team effort

Of all the continental U.S. armies, Litney said Sixth U.S. Army is the most joint service in flavor almost by necessity.

``Unlike other CONUSAs, we do not have a large number of troops, so we have to rely on the other services for support. It's almost a marriage of convenience,'' Litney said.

By holding joint planning and mobilization training exercises, Litney said Sixth Army benefits twofold.

``In wartime, Sixth Army becomes Western Defense Command, a joint headquarters. In peacetime, only with the cooperation of the other services can we accomplish the support mission we are tasked with,'' Litney said. ``By training together we prepare ourselves for both scenarios.''

Although joint service discussions had taken place since 1983, it wasn't until after Operation Desert Storm that the services realized the importance of joint training.

``It was amazing to sit through these after action review briefings and hear the different services voice basically the same concerns. It was then decided we had to work together because it was mutually beneficial,'' the chief said.

Until now, civilian relief agencies have not taken part in the CRISEXs because the exercises' primary focus has been to hone the military's response, Litney said.

``As we advance in the crawl-walk-run process, we will incorporate the civilian side because it is civilian agencies whom we are supporting,'' Litney said. ``It is important, however, that we have our role down, first.''

The next CRISEX exercise is scheduled for March 6.

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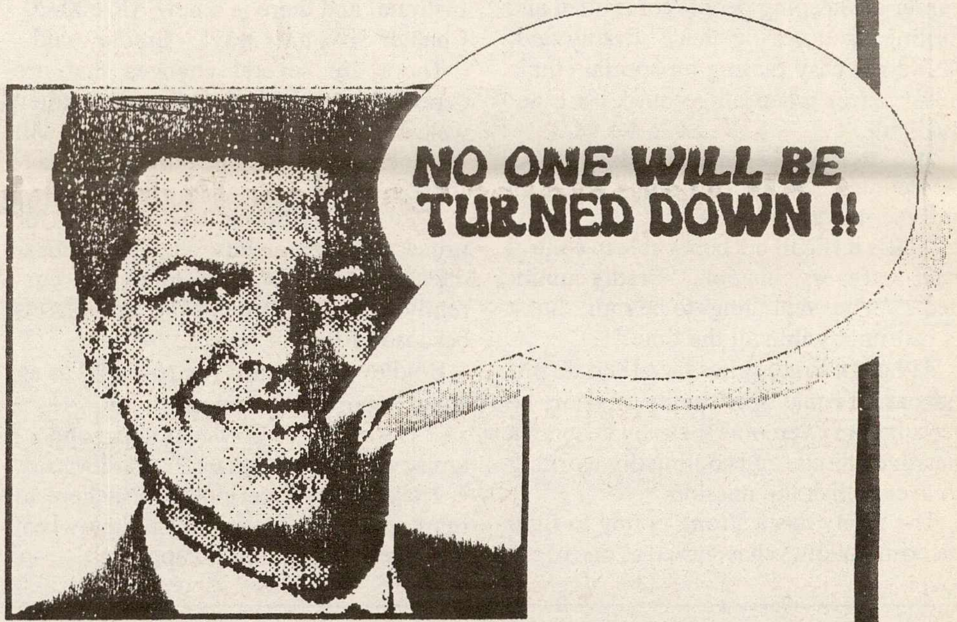
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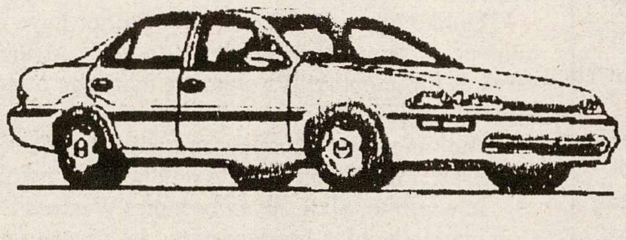

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NEWS BRIEFS

Men of chapel sponsor prayer breakfast

The Men of the Chapel will sponsor their bi-monthly prayer breakfast at 6:45 a.m. Thursday in the Religious Activity Center. Lt. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio commander, will be the featured speaker. The breakfast is free and open to all interested. For information, call Maj. John M. Fowler at **561-3798**.

Employee of year nominations sought

The Civilian Personnel Directorate, Management-Employee Relations Division is requesting nominations for the Outstanding Army Employee of the Year with a Disability. The Secretary of the Army will honor the awardee in a ceremony at the Pentagon during Disability Employment Awareness Month in October. All nominations must be received at CPD, MER no later than March 31. For details call Glenda Plyman at **561-3779**.

Enlisted spouses' hold membership meeting

The Presidio Enlisted Spouses' Club will hold a membership meeting at 6 p.m. Monday in Bldg. 1539, Pershing Drive. Enlisted spouses from all military branches are invited to join. For information call Jeanne Bergeron at **386-1918**.

Group seeks overseas grads for reunions

Overseas Brats, Inc., is a non-profit educational organization that, as a free service, provides information on more than 200 overseas alumni groups representing 156 high schools in 47 countries. The group refers overseas alumni to their respective reunion committees. Write when and where you went to high school overseas and when you graduated and mail the information in a self-addressed stamped envelope to Overseas Brats, Inc., P.O. Box 29805, San Antonio, Texas, 78229-0805. Allow two weeks for a reply.

Guitar making class offered at Exploratorium

Mexican master luthier Gilberto Gutiérrez Silva, from Veracruz, Mexico, will demonstrate the craft of guitar making from 1 to 3 p.m. every Saturday in March, at the Exploratorium at 3601 Lyon St., just outside the Presidio. Call Linda Dackman at **563-7337** for details.

Saturday power outage scheduled

The Directorate of Engineering and Housing has scheduled a power outage from 8 a.m. to noon, Saturday, to perform maintenance and repairs of the 12-kilovolt switchgear at Bldg. 568. The outage will affect the 600, 900, 1200, 1300, 1400 and 1700 housing areas, buildings 1100 and 1648, the Central Magazine and the Boy Scout latrine. Questions concerning the outage should be directed to Don Abbot, DEH Contract Services Branch, at **561-2268** or **561-6000**.

Chapters install ROA officers

The installation of chapters 6, 27, 34, 59, 60, 90, and 91 chapter officers for 1993-94 will be held at 6:30 p.m. April 2 at the Presidio Officers' Club. Reservations and entrée choices can be made with Dorothy L. Beers. Contact the Officers' Club at **912-0825** for details.

California Vets group starts campaign

The California Veterans Memorial Commission is offering mail order merchandise as part of its fund-raising campaign for the construction of a memorial which will honor all Californians who have served in the nation's armed forces. To request a merchandise brochure, call John Kroeger at **(916) 653-1863**.

Fishing equipment available at Outdoor Rec

Fishing rods and reels can be checked out at Outdoor Recreation, Bldg. 667. Also, Outdoor Recreation has crab nets available for those who like crabbing, a very popular sport at local piers. For information call Outdoor Recreation at **561-4324**.

Commissary council to meet March 5

The Presidio Commissary Council meeting will be at 9:30 a.m., March 5, in the Commissary Conference Room, Bldg. 653. Members or alternates are required to attend; advisors, mayors' representatives and commissary customers are encouraged to participate.

Play day scheduled for Presidio families

There will be a Parent/Child Playday from 9:30 to 11:30 a.m., March 11, at the Enlisted Spouses' Club in Bldg. 1539, Pershing Drive. This play day is sponsored by the Family Advocacy Program and Child Development Services to provide opportunities for parents and young children to enjoy art and music, and snack together while exploring parental resources on the Presidio. For information call Mary Anne Gianquento, FCC/SPS director, at **561-6372**.

Briefs, Page 10

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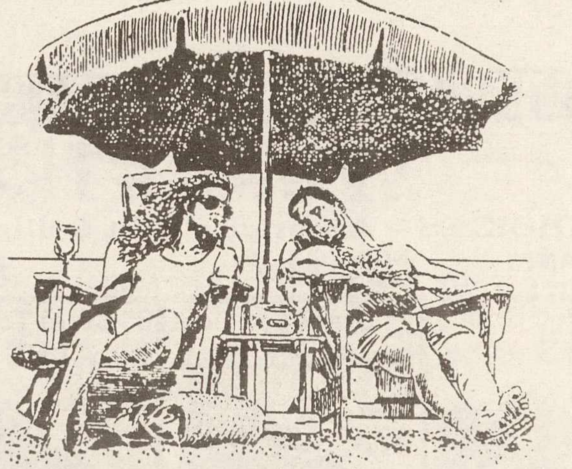

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San Francisco Times

VOL. MCMCXIII....NO. 2 *WEDNESDAY, JANUARY 20, 1993* *50 CENTS*

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Powers of attorney empower others to extend your will

By Capt. Daniel P. Marsh
Chief, Legal Assistance Office

This is a continuing series of articles designed to address common legal questions encountered by the Office of the Staff Judge Advocate. This article is provided as a public service and does not constitute indivudual legal advice, which can only be given by an attorney who understands your specific circumstances.

To obtain the addvice of an attroney, please call the Legal Assistance Office at **561-4273** and make an appointment to discuss your situation with an attorney.

Q: What is a power of attorney?

A: A power of attorney is a written legal document which gives another person (called an attorney-in-fact), whose name is stated in the document, the power to act in place and on behalf of the person (principal) who executes the document. Every authorized act which the attorney-in-fact does is legally binding upon the principal.

A power of attorney is usually used by an individual who is unable to be present at a particular time and place when important matters affecting his or her interest must be transacted. The scope of a power of attorney may be as broad or as narrow as its maker wishes to give. There are basically three types of powers of attorney:

1. **General Power of Attorney**. A general power of attorney gives a designated person all the power to act that the principal possesses with respect to any matter. It allows the attorney-in-fact the power to do almost anything that the principal could do.
2. **Special or Limited Power of Attorney**. A special or limited power of attorney authorizes another person to do only a certain specified act.
3. **Durable Power of Attorney**. Normally a power of attorney becomes null and void when the principal becomes mentally incapacitated regardless of the expiration date on the written power of attorney. Newly enacted statutes recognize that in some instances individuals may want to designate someone to act in their place even though they are incapacitated.

These new statutes created what are called durable powers of attorney. One can create a durable power of attorney for financial matters and health care matters, or both. Because this type of power of attorney permits an attorney-in-facet to act on behalf of the principal when the principal can no longer make decisions, it is extremely important that the principal completely trust the motives and judgment of the individual upon whom he is depending for his needs; it is strongly recommended that an individual contemplating signing a durable power of attorney consult with a lawyer before signing such a document.

A legal assistance attorney can fully explain to you the uses of durable powers of attorney. It should be noted that durable powers of attorney for health care are a good alternative to ``living wills.'' Therefore, if you are contemplating a living will, see a legal assistance attorney first.

Q: How do I use a power of attorney?

A: Regardless of the nature of the power of attorney, it should never be granted unless there is need for the power of attorney, and absolute trust and confidence in the person to whom it is granted. Like any other delegation of authority, a power of attorney is vulnerable to abuse. Even wives or husbands can abuse powers of attorney.

Remember that the general attorney-in-fact is free to exercise his or her own judgment as to the appropriateness of any contract, purchase, sale, or other type of transaction in your name. In nearly every instance, a special power of attorney is not only a more sound business practice, but also provides safety from errors in judgment or from outright dishonesty. If a limited power of attorney can possibly accomplish your needs, it is advisable to give it rather than a general power of attorney.

Reminder: Powers of attorney do not have to be accepted by other people or businesses. A principal who knows a power of attorney may be used or presented by the attorney-in-fact during the principal's absence may want to notify other people and businesses prior to leaving the area that the power of attorney may be exercised in the future. Also, the more **current** a power of attorney is, the more likely that it will be accepted.

Q: How long does a power of attorney last?

A: Most powers of attorney contain termination dates on which the power of attorney automatically terminates. If a power of attorney contains no termination date, it is effective until it terminates by operation of law (e.g., death of the principal or the attorney-in-fact), or by an act of the principal or the attorney-in-fact evidencing an intent to revoke or renounce the power.

Revoking a power of attorney prior to the specified termination date, or where no termination date is specified, can present difficulties for the principal. As between the principal and third parties with whom the attorney-in-fact has dealt, the revocation does not take effect until they received notice of the revocation. This can be particularly troublesome for a principal who is far away from the attorney-in-fact and who does not know the identity of the third parties with whom the attorney-in-fact has dealt.

The best way to ensure effective revocation of a power of attorney is to retrieve it physically from your attorney-in-fact and to retrieve all copies of it as well. Should the person who created the power of attorney wish to revoke it before its stated expiration date, an attorney should be consulted.

Q: How can I get a power of attorney?

A: You can obtain a power of attorney at an Legal Assistance office and often at several other commands which have judge advocates assigned. To obtain a power of attorney from Presidio Legal Assistance Office, fill out a Power of Attorney Worksheet, drop it off, and allow two days for processing.

Grand Opening!

New activity center to give library second life

Story and photos by Spc. Adrienne Story
Star Presidian staff

Teenagers showed off the latest fashions; ballerinas danced, jumped and rolled around, and four karate kids demonstrated their self-defense ability to celebrate the opening of the new Youth Activities Center Feb. 18.

``Shhhhh!,'' will no longer be heard in the old library, Building 386, when people talk. It is now the new Youth Activities Center. It will now be filled with young people who are learning, discussing and socializing.

Linda Mallory, wife of Lt. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio commander, was the guest speaker at the grand opening. ``I remember riding past this building when I first arrived at the Presidio,'' she said. ``I thought it was a shame that such a beautiful building was closed.'' With the help of post families, the building has been renovated to fit the teens' needs. ``I'm proud to be a part of a community that helps its children,'' Mallory added.

Several classes are offered through the Youth Center. Computer, sewing and karate classes are currently being offered, and keyboard and other classes will start soon, said Jeffrey Sharpe, Youth Services aide.

During the grand opening, the teenagers put on a fashion show, showing off the latest sports, casual and formal wear. The young adults explained their feelings on Black History Month and modeled Afro-American styles.

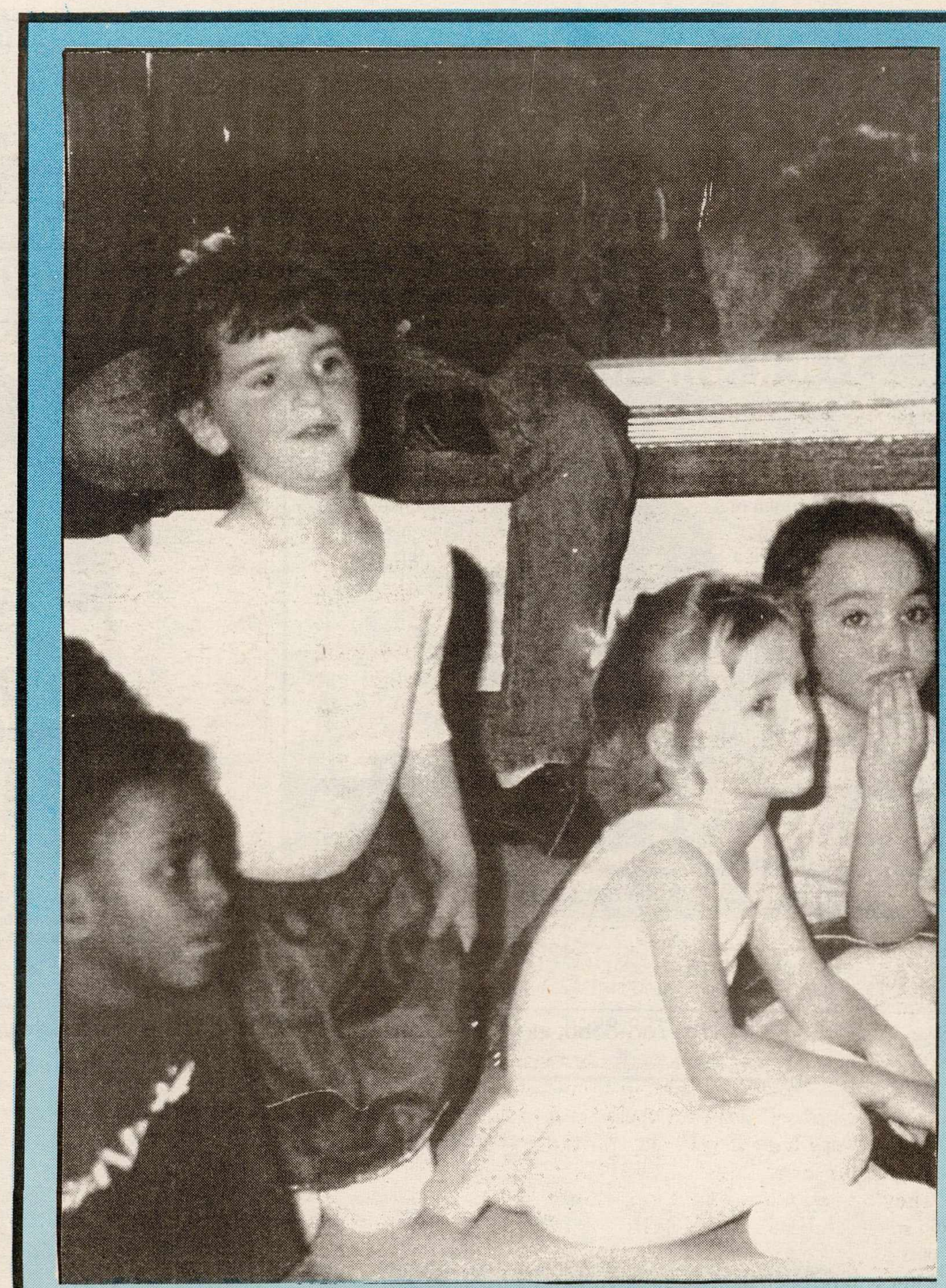
Young ballet students performed until they were almost breathless. The girls did several dances in which they circled, jumped and did somersaults.

The karate class, comprised of four students and an instructor, demonstrated several moves they recently learned. Their moves consisted of kicks and hand thrust. They also performed self-defense moves.

``The teens worked very hard to get ready for the grand opening. We've been working long hours every night,'' said Valencia Moore, mistress of ceremonies. ``They've really put a lot into the opening.''

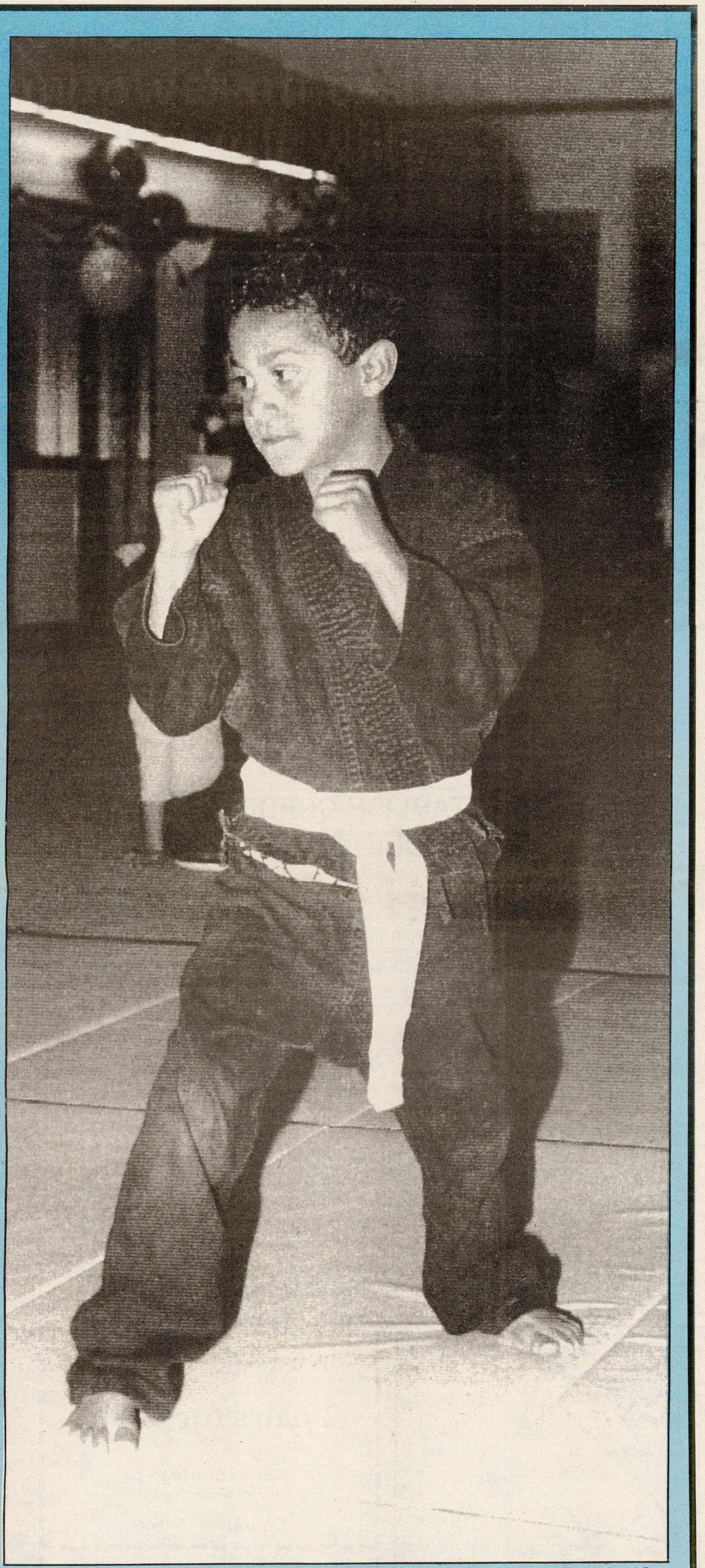
The show was successful, earning applause for every performance. They practiced only two days, Youth Services Director Marie Fernandez said.

The Youth Center will be open to Presidio youth from 3 to 7 p.m. during the week and 1 to 8 p.m. on weekends. The hours will be revised for special activities.



Little ballerinas rest after their breath-taking dance performance at the Youth Center's grand opening. They received praise for their routine.

A troupe of brightly attired ballet dancers step out in style for the opening ceremonies for the new Youth Activities Center.



A young martial arts student performs a few moves for the audience, Feb. 18.

Briefs, Continued from Page 5

Red Cross pin contest begins

The American Red Cross office in Letterman U.S. Army Hospital is seeking designs for a commemorative lapel pin to be produced and sold by the Red Cross to benefit the disaster response needs of post personnel. The designs should be submitted in color on letter-size paper and portray a memorable aspect of the Presidio. The designs must be submitted with the designer's name and address.

Each design becomes the property of the American Red Cross. All designs must be mailed to the Red Cross by March 19. For more information, call the Red Cross office, from 8 a.m. to 4 p.m., Monday through Friday, at **561-2187**.

Counseling for separating soldiers

Army Career and Alumni Program (ACAP)/Job Assistance Center (JAC) is offering one-on-one job search counseling from 1 to 5 p.m. Tuesday; from 8 a.m. to 5 p.m. Wednesday; and from 9 a.m. to noon Thursday, in the Army Community Services Resource Center, Bldg. 103B.

This service is for transitioning military and civil service employees and their family members. The portable JAC-in-the-Box is available for reviewing the Army Employer Network. If you need help defining your goals and job search strategy, writing an effective resumé, or preparing for interviews, call **DSN 929-7907** or **(408) 242-7907** to schedule an appointment.

Babysitter choice crucial to safety, piece of mind

Finding a reliable, caring and competent babysitter can be critical to your child's safety and well-being, and to your peace of mind. Your part as a parent is important.

Finding a sitter

*Ask neighbors and friends--especially those with children similiar in age to yours--to recommend one. Personal referrals are the best route.

Once you have chosen a sitter

*Before you leave the house, lease a list of important numbers and emergency information near your phone, including where you can be reached.

*Advise a neighbor.

*Give your number as a contact for the sitter.

*Do a safety check with the sitter. Point out the emergency exits, smoke alarms, and fire extinguishers. Emphasize that if there's a fire, the babysitter should immediately get everybody out of the house and call the fire department from a neighbor's house.

*Call home at least once to make sure everything is all right.

*Tell the sitter whether visitors are allowed and if he or she can use the phone for non-emergency calls.

*Listen to your children: if they complain whenever you tell them that a certain sitter is coming over, try to find out why. If there is a problem, find another sitter.

Information contributed by Army Community Services

Women's Equality Month schedule

March is Women's Equality Month. In celebration of the many contributions women have made to history, a ceremony will be held from 11 a.m. to noon, March 11 in the attic of the Presidio Officers' Club.

A display board will be set up at the luncheon and moved to several activities on post for view. A historic display board will be set up at the Fort Point museum throughout Women's Equality month.

Presidio Theatre Movie Schedule

Friday - Rapid Fire
(R)
Saturday - Forever Young
(PG)
Sunday - Love Potion #9
(PG-13)

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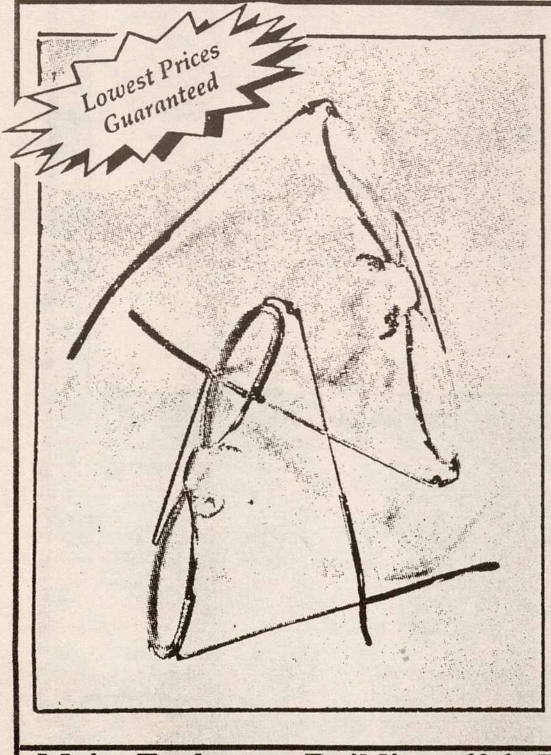

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Caring smile

Eloise Callwood (top), patient representative for Letterman U.S. Army Hospital, and Pfc. Jennifer Doering (right), patient administration specialist, help visitors sign in for the Health Fair, one of several to be held in the hospital. The fair brought together retirees, family members and representatives of area health maintenance and supplemental insurance organizations.

Liver, kidney transplants may be covered by CHAMPUS

AURORA, Colo. -- CHAMPUS will now share the cost of combined liver-kidney transplants for patients who have serious liver and kidney disease, and whose condition hasn't improved with other treatment.

The effective date for coverage of the transplants is Nov. 12, 1992.

CHAMPUS no longer considers liver-kidney transplants to be investigational, but patients must meet certain specific CHAMPUS criteria in order for the government to share the cost of the surgery and follow-up care. In addition, the surgery must be performed at liver transplant facilities that are approved by CHAMPUS or Medicare.

CHAMPUS beneficiaries who need additional information concerning transplants should call **(303) 361-1126**, or write to: CHAMPUS, Benefit Services Branch, Aurora, Colo., 80045-6900.

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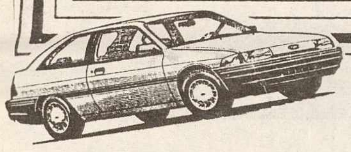

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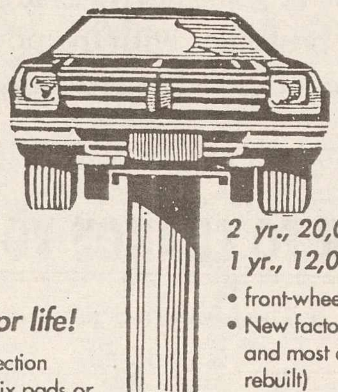

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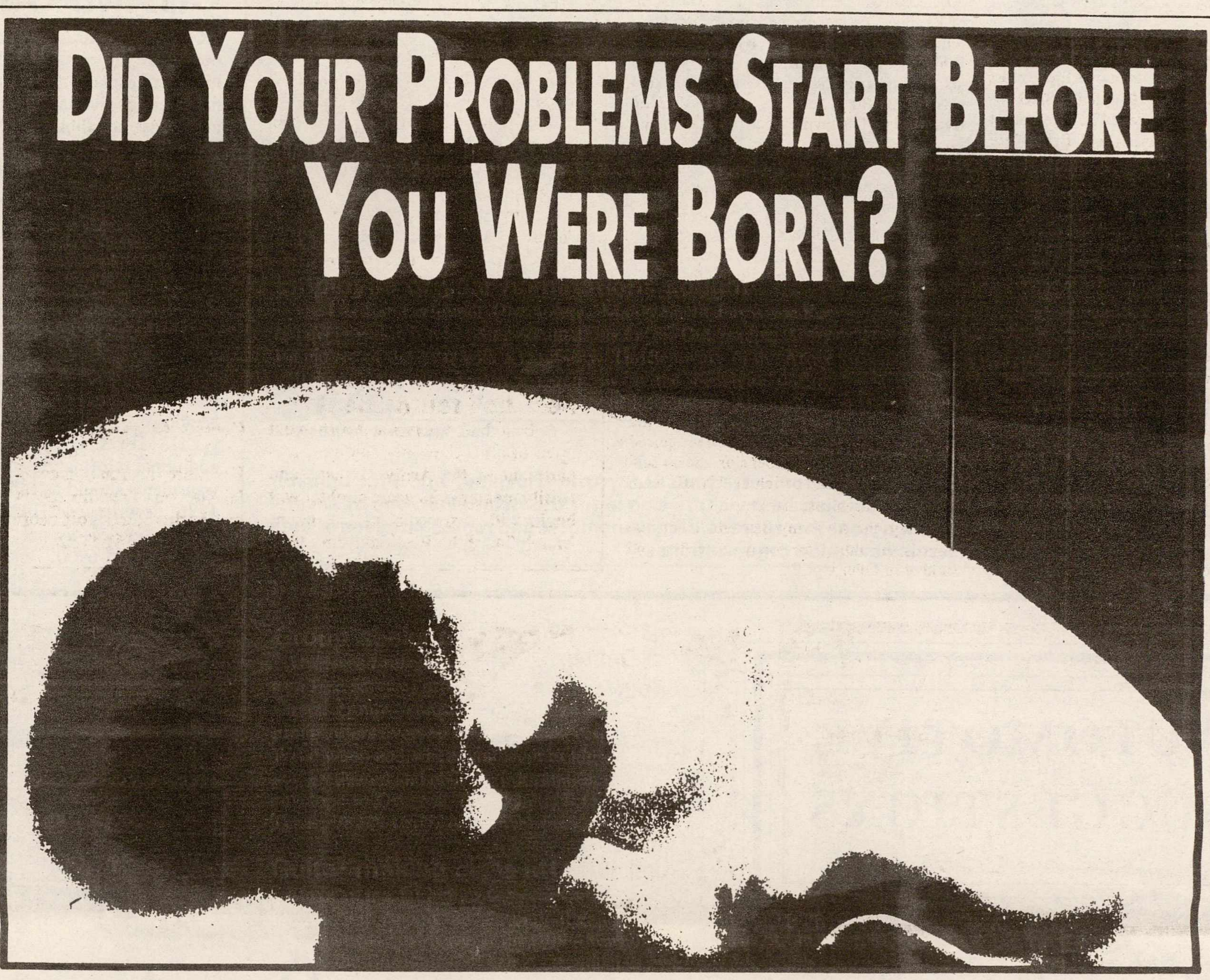

While you were in the womb, everything that happened to your mother happened to you. If she smoked a cigarette, you smoked a cigarette. If she had a drink, you had a drink.

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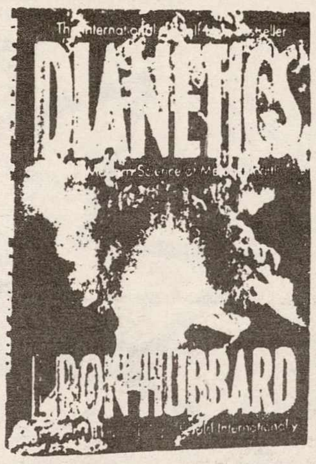
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FBI, LUSAH victorious

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

USAG 55
FBI 58 (overtime)

FBI scored eight points in overtime, most of them by Gerry Lewis, to defeat USAG 58-55 in the second game, Feb. 17. Three-point baskets by John Broderick and Brian Guy gave FBI a commanding 28-15 lead at halftime. USAG's Keith Page led all scorers with 16 points, while Andre Clark added 14 and David Jackson hit 10. FBI's leading scorers included Guy with 14, Howard with 13 and Broderick's 12 points.

Transition Point 48
LUSAH-30 56

Eleven free throws in the second half made the difference for LUSAH-30's 56-48 victory over Transition Point in the first game, Feb. 17. T-Point was 5-14 from the line. Anthony Smith led T-Point with 14 points and Jerome Rogan added 13. LUSAH-30's Kevin Brooks led all scorers with 16 points and his teammates Ronald Scott and David Smith added 15 each.

LUSAH 50
LEC 57

LEC ended the first half of the season in a winning way with its second consecutive upset win, this time bumping off LUSAH 57-50, in the second game Feb. 16. The addition of Reginald Brown seemed to make the difference in both of those wins. LUSAH's White (19 points) got little-to-no help from his teammates in the second half. The game was tied 30-30 at halftime, but LEC's John Evans was 8-8 from the free throw line in the second half.

USAG 65
864th Engineers 46

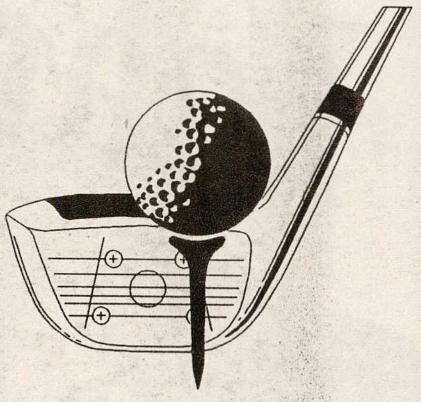
Wayne Agness fired a couple of three-point shots in the first half and added another in the second to help USAG roll over 864th, 65-46 in the first game Feb. 16. David Jackson led all scorers with 26 points, including a 10-11 free throw performance. As a team USAG was 15-20 from the line. A review by the Presidio Sports Branch determined that USAG coach Eric Seals, who was thrown out of a game Feb. 11, was not in violation when he stood up by his seat during a time out. Therefore he will not be required to serve a two-game suspension. Seals said fans should expect a tighter USAG team when the season resumes.

Finally, the All Army Basketball Tournament is scheduled for today, Saturday and Sunday in Gym No. 2.

Sports Notes

AUSA Golf Tournament set for April 9

The 12th Annual Association of the U.S. Army Golf Tournament will be played at the Presidio Army Golf Course with a shotgun start at 12:30 p.m., April 9. The competition is a four player team scramble. The entry fee includes green fee, golf cart, lunch and refreshments, and the player's donation to the AUSA general fund. Tournament proceeds fund local and national programs to support soldiers and their families. For more information, call **561-3379.**



Registrations open for best ball tournament

A best ball foursome tournament open to all active duty soldiers, Department of the Army civilians and family members 20 years or older will begin with a shotgun start at noon, March 24, at the Presidio Army Golf Course. Army retirees are eligible to participate on a space available basis. For more information contact Bobbie H. Gascon, Presidio sports director, or Charles Hurd, golf coordinator, at **561-4131** or **561-5032.**

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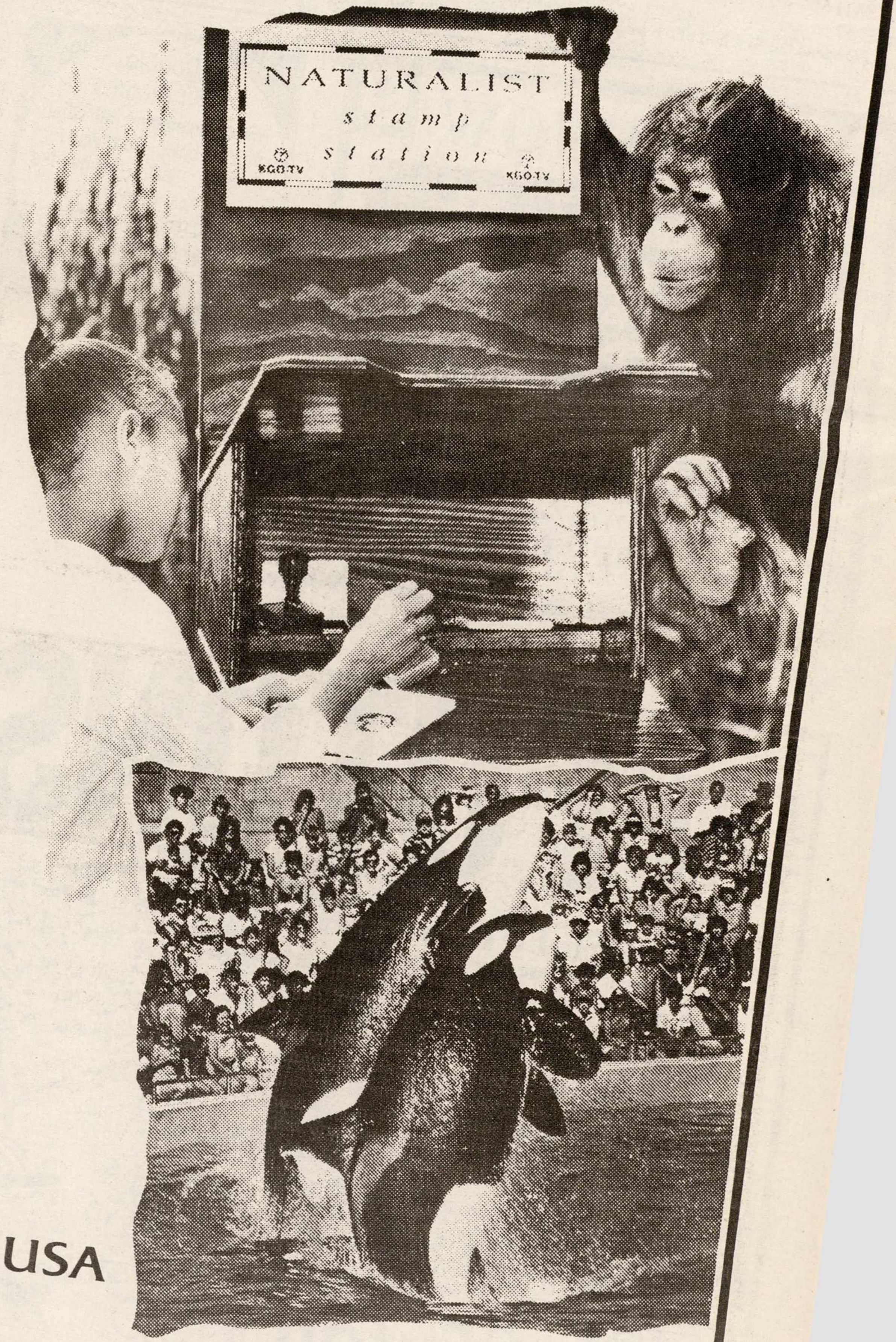

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IN.6

Star Presidian

Vol. 36, No. 9 Published for the Presidio of San Francisco March 5, 1993

Presidian to coach military olympic cross country team

By Spc. Adrienne Story
Star Presidian staff

Robert Darling will coach the U.S. Armed Forces cross country team in the world ``military olympics," *Counsel Internationale Sports Militaire*, in the Netherlands next week. The competition between military athletes representing more than 20 countries will take place from March 14-20.

The Presidio's fitness coordinator was selected as the coach in June 1992, aftercoaching the Army track and field team to victory in the armed forces competition. After having coached last year's winning team, Darling admits he was not surprised by his selection as the armed forces cross country coach. That accomplishment, along with his 28 years experience as a runner and coach, was the reason he received the honor.

``My plans are to have the team run a smart race,'' Darling said. ``The women's team has a chance to place in the top three and win a silver medal.''

The 15 team members are active duty military; 10 males and five females. The females will compete in a 5-K course and the males will participate in two competitions including 5-K and 12-K courses.

``My goal is for the women to place in the top three and men to place in the top ten,'' Darling said. ``It's a very tough competition. I'm sure our team will do well.''

Since his selection as coach, he has fostered communications with the team members, many of whom are stationed elsewhere.

``I communicate with them verbally and through letters,'' the coach said. ``I check to see how their training is going and how they are progressing in time. I give them advice as needed, but it's difficult with members scattered all over the United States.

"Some have personal coaches and others are self-coached. Basically, I'm guiding them along, doing administrative work for their needs, ensuring they have orders and passports.''

He emphasized that these communication skills are key to maintaining harmony in a team as diverse as this one.

``The most important part of being a coach is communication skills,'' Darling said. "You're dealing with men and women of different backgrounds. You have to find out what they know and what they don't know. Some need details and others need fine tuning. I'm there to help.''

This will be the sixth international competition in which Darling has led a military team: two in track and field and four in cross country. He has coached military teams for more than 12 years.

Although Darling follows the rule 'practice makes perfect,' he feels not everyone can be a coach.

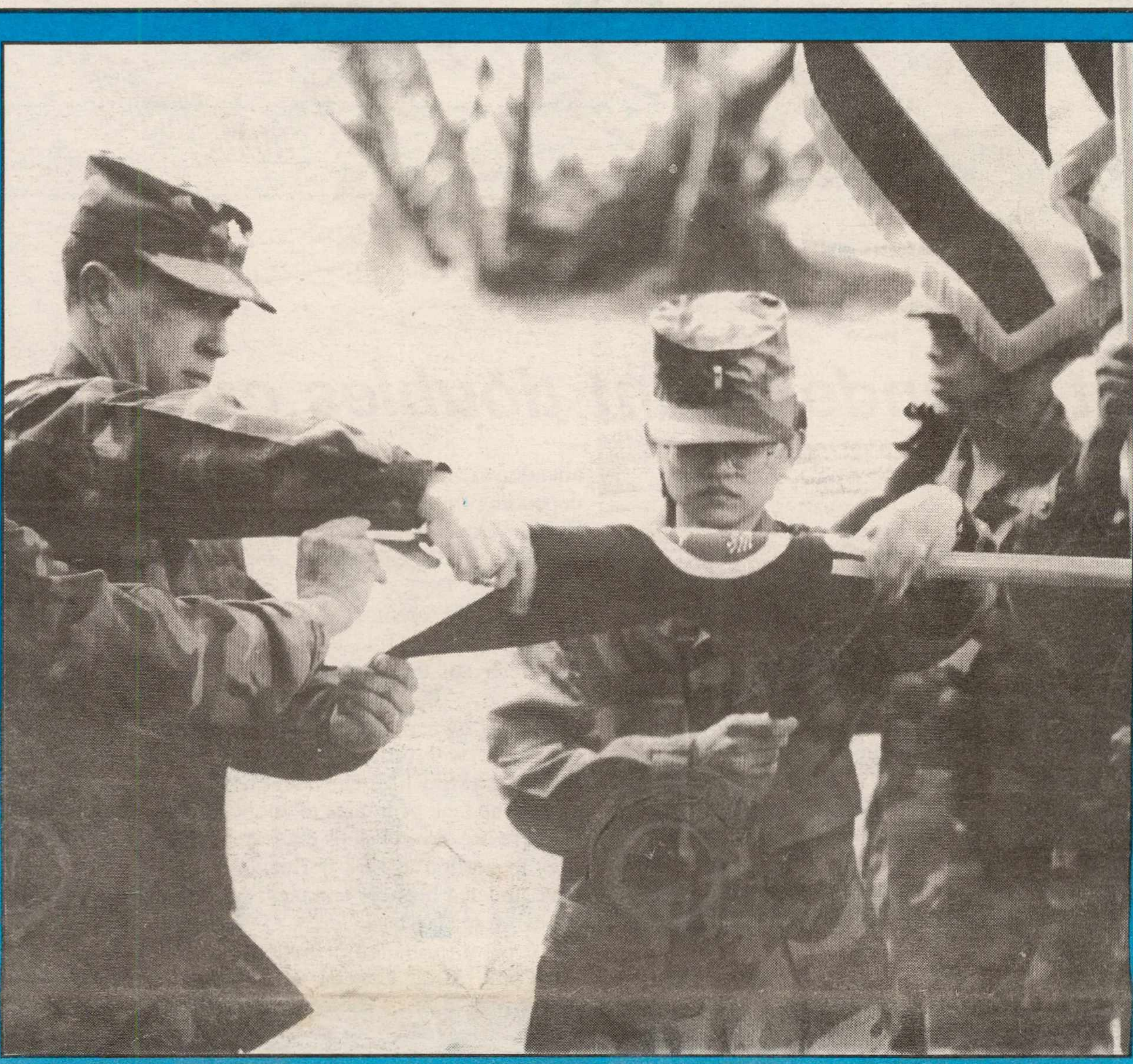
``You initially have to be able to relate to people,'' Darling added. ``Experience is the best teacher. Through my work in sports and fitness I've gained experience in coaching. The more experienced and knowledge I've gained, the more confident I've become.''

Darling is proud of his selection as the cross country coach.

``It's a great feeling to be chosen to represent the United States and take a group of talented athletes to a world competition,'' he said. ``It's also a good cultural experience. We get the chance to make friends and compete in the military olympics.''

After serving the Presidio for 19 years as a fitness trainer, Darling still enjoys his duty here.

``This is just the ideal place to be. Just look outside,'' the coach/athlete exclaimed. ``I'm very grateful to the U.S. Army for offering me so many opportunities and providing me with my coaching experience.''



Sgt. John W. McGarrah

Goodbye

Lt. Col. Wayne C. Agness, Headquarters Command Battalion commander (left), is assisted by U.S. Army Transition Point Commander 1st Lt. Leanna Bratland and Sgt. First Class Don Kuruppu, acting first sergeant, in furling the transition point colors during a deactivation ceremony Monday at Fort Scott.

Armed Forces Tourney

Top military cagers battle it out here

The Presidio will host the 1993 Armed Forces Basketball Championship, March 12-15, in the newly refinished Gym No. 1. The gym's floor has been restored in time for the tournament.

The All Army team placed third in an invitational tournament held Feb. 26 through 28 in Gym No. 2.

The championship will feature the best basketball players from the Army, Navy, Air Force and Marines.

The tournament schedule is as follows:

March 12, Air Force vs. Marines, 7 p.m. Army vs. Navy, 9 p.m.
March 13, Loser 1 vs. Loser 2, 2 p.m.; Winner 1 vs. Winner 2, 4 p.m.
March 14, Winner 3 vs. Loser 3, 2 p.m.
March 15, Winner 4 vs. Winner 5, 2 p.m.

If necessary, a final game will be played at 7 p.m.

Journalist named Sixth U.S. Army soldier of year

RENO, Nev. -- Sgt. Jose Zuniga, a *Star Presidian* staff writer, was named the Sixth U.S. Army (active component) Soldier of the Year during a ceremony here Feb. 25.

The Headquarters Company, U.S. Army Garrison soldier was one of more than 50 soldiers and noncommissioned officers competing for the active component/active guard and reserve, Army National Guard and U.S. Army Reserve NCO and soldier of the year titles.

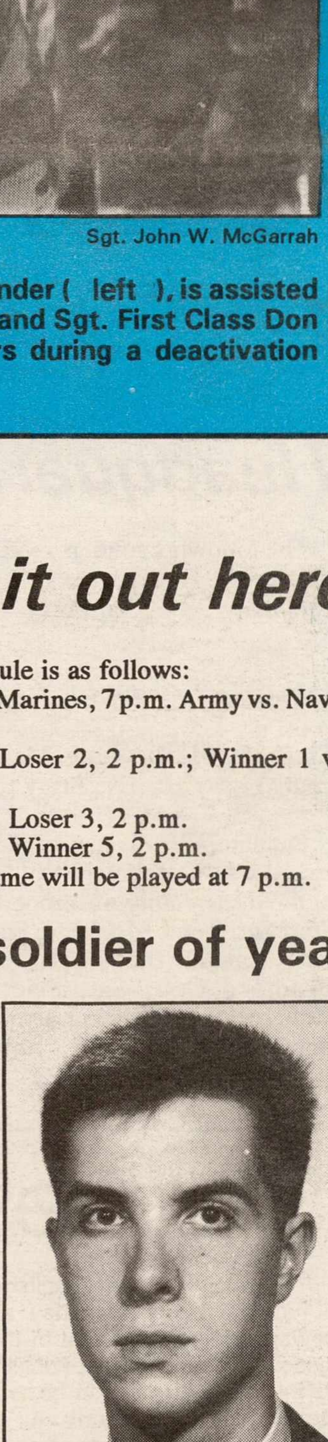
Sgt. 1st Class Leo R. Winburn, assigned to the Readiness Group-Fort Lewis, Wash., was named active component NCO of the Year.

Winners in the National Guard categories were Sgt. Barry J. Kundert, Oregon National Guard; and Spc. David C. Hodel, Washington National Guard.

The top NCO in the U.S. Army Reserve category was Sgt. Andreas W. Wooten, assigned to the 104th Division (Training) at Fort Lewis. Spc. Alfonso D. Moreno, 63rd Army Reserve Command, Long Beach, Calif., was named USAR soldier of the year.

Winners in all categories will receive an Army Commendation Medal, a plaque and a $500 savings bond. The NCO packets will be forwarded to Forces Command for the next level of competition.

A Soldier of the Year Banquet will be held at 11:30 a.m. March 16 at the Golden Gate Club. Tickets for the event are $8. To purchase tickets or for information, call Sgt. lst Class Christopher Kennally, Hq. Co., USAG, at 561- 2355.



Sgt. Jose Zuniga

Pet abandonment doubles cruelty

By Sgt. John W. McGarrah
Star Presidian staff

To most people the thought of abandoning their loved ones when permanently changing stations is unthinkable. However, that feeling doesn't seem to carry over when dealing with their pets.

Man's best friends, the dog and cat, have found themselves left behind by the hundreds Armywide when military families move. These domesticated animals, suddenly homeless, usually die. The former household pets meet death either as a result of not being able to fend for themselves in the wild, or if caught by animal control specialists and unadoptable are euthenized.

Though this is not a big problem at the Presidio of San Francisco, said Sgt. Gary Porter, an animal technician here, it was the reason that 36 animals, mostly cats, were euthanized last year.

The reason that cats suffer a higher rate than dogs is because of their personalities, he said.

``Cats are much harder to catch if they get loose or abandoned,'' he explained. ``Once a cat is on its own, depending on the length of time, it starts to get a wild streak. Once a cat develops these feral traits, it's unadoptable. When we can't adopt a stray we have to put it to sleep.''

``First and foremost, it is illegal to abandon animals, and if traced, a fine is imposed,'' explained Carol Reitmeier, of the Homeless Animal Coalition in San Francisco. ``But, most important, it is very hard on the animal. If owners are opposed to leaving their pet at a pound, it will probably end up there anyway after suffering a stray life. These animals are then put to sleep due to the lack of homes to adopt them.''

There are several steps that can be taken if pets were ever to get loose, said Porter. ``Make sure that pets have updated licences and tags. We can return a pet if we can trace the tags.''

For pet information, adoptions, or vaccinations, the Post Veterinarian Office is located in Bldg. 668, and is open from 8 a.m. to noon, Mondays through Thursdays or call 561-3744.

Excellence in action

Headquarters Command Battalion

The following soldiers received awards and recognition at the Headquarters Command Battalion Awards ceremony Feb. 23 at Fort Scott.

Company C, 864th Engineer Battalion

Staff Sgt. Mark Young, Meritorious Service Medal
Sgt. Larry Harris, Army Commendation Medal

Battalion certificates of achievement were also awarded to the following soldiers for their assistance in the disassembly of property at Transition Point: **Staff Sgt. Terez McClarty, Staff Sgt. David Yonker, Sgt. Eulalio Diaz, Sgt. Samual Dubose, Sgt. Bradford Gest, Sgt. Eric Hodge, Sgt. Joseph Hulsizer, Sgt. Patricio Loera, Sgt. Reginold Spivey, Sgt. Aaron Yeo, Pfc. Robert Bilger and Pfc. Kevin Tounget.**

Law Enforcement Company

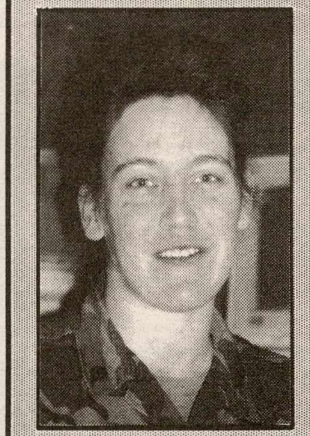
Sgt. Michael Beadle, ARCOM
Sgt. Christopher Heinen, bn. certificate
Sgt. Gordon Tiemeyer, bn. certificate
Spc. John Evans, two bn. certificates

Headquarters Company U.S. Army Garrison

Sgt. Michael Sell, ARCOM
Spc. Natalie Smith, ARCOM
Cpl. Maria Garcia, AAM
Spc. Tracey Davis, AAM
Spc. Leitzel, AAM
Pfc. Yolanda Barnes-Levy, AAM
Spc. Linda Wilson, DA certificate
Spc. William Story, DA certificate

Ask Presidians

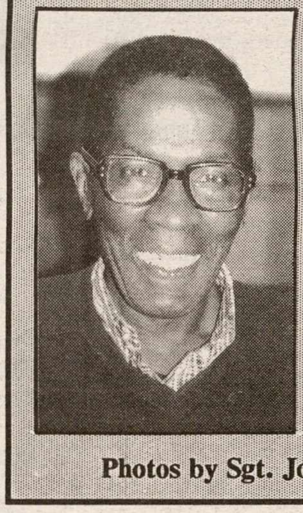
``What do you plan to give up for Lent this year?''



Spc. Sharon L. Gallie, administration assistant, Sixth U.S. Army sergeant major: ``I need to stop swearing so much. It's going to get me into trouble someday. I'm also going to start eating at home more often, instead of going out to eat so much. I've given up meat on Fridays.''

Debra Richard, secretary, Sixth U.S. Army chief of staff: ``I feel the same about Lent that I do New Years' resolutions. Lent to me is absolving yourself of all the terrible things that you've done all year long. I think that people should strive to have high standards all year around.''

Mary Choi, secretary for the Sixth U.S. Army assistant chief of staff: ``I feel that you should always be the best that you can be, everyday, and not just for a certain period of time. *I do need* to give up smoking, though.''



Robert Davis, photographic specialist, Training Support Center: ``I gave up giving up things for Lent a long time ago. I just don't beleive in it the way that I used to. I don't have any bad habits anyway.''

Photos by Sgt. John W. McGarrah

Sixth U.S. Army Trivia

March 5 **- The entire 37th Division was assigned to garrison the city of Manilla under Sixth Army control.**

Star Presidian

The ***Star Presidian*** is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif.

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Terrorism: It can happen anywhere

Those who thought terrorism could never happen here, are having second thoughts after an explosion which ripped through one tower of the World Trade Center in New York City.

In a flash, the United States was shaken from it's feeling of security and confidence.

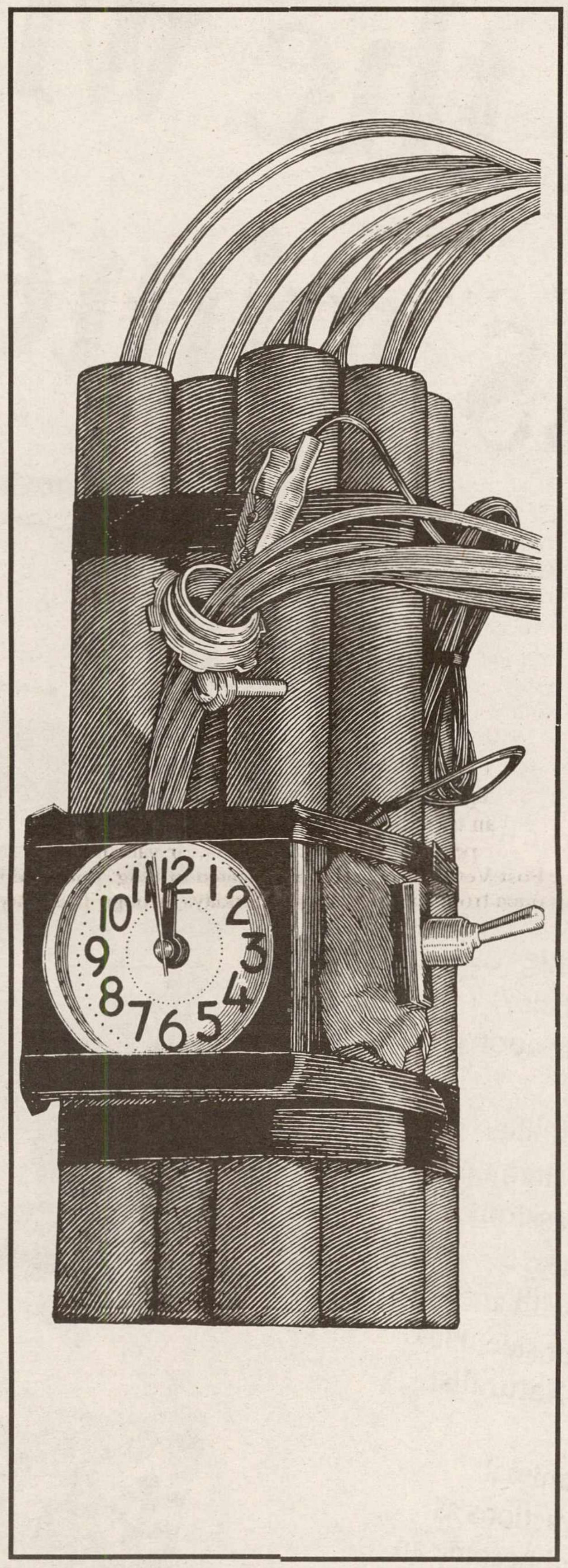
Terrorism is alive and well, and experts stress, that it could be coming soon to a theater of operation near you. You can take steps to keep yourself and your family safe - at home and work. The best protection is knowing terrorism methods, and being prepared for them.

Although terrorist weapons and tactics evolved significantly throughout the 1980s and into the 1990s, most terrorist groups continue to use proven weapons and methods and will likely continue to do so.

Terrorists will use new technology to make bombs more lethal and more difficult to detect. The availability of state-of-the-art surface-to-air missiles and rocket-propelled grenades will increase.

Most terrorist groups, however will still rely on the old standbys, such as AK-47 assault rifles, rocket-propelled grenade launchers or U.S.-made light anti-tank weapons, and standard fragmentation grenades. Terrorists rely on these weapons because they are easily available on the grey arms market. Additionally, they are easy to use and they are cheap. Terrorists also frequently use molotov cocktails, because they are easily and cheaply assembled.

A few groups may also make limited use of more unconventional means of transportation, such as hang gliders and small boats, in order to approach their targets directly and rapidly.



Bombs

The bomb is the single most popular terrorist weapon of attack in the world, and is likely to remain so.

In 1991, 62 percent of all terrorist attacks worldwide were bombings. Out of a total 344 bombings in 1991, 209 were targeted against U.S. interests.

Bombs are popular because they ensure maximum damage and extensive media coverage. In addition, bombings are a relatively safe tactic, since the terrorist is generally nowhere near the target when the bomb detonates. Although most bombs are still fairly simple timed devices, pipe bombs, or molotov cocktails, some bombs have increased destructive power and can be command detonated.

Car and truck bombs are the most destructive type of bomb, as seen in the 1983 Islamic Jihad Organization suicide truck bombing launched against the U.S. Marine Corps Barracks in Beirut. The bomb in that incident contained over two tons of explosives and resulted in the *death of 241 Marines, the single largest loss of life of any* attack on a U.S. military target.

More recently, the Sendero Luminoso in Peru demonstrated its capability to detonate dozens of large truck and car bombs in Lima. In July 1992, the group set off a 600-pound car bomb in the wealthy Miraflores district of Lima, killing 23 and wounding over 100. The SL's demonstrated massive bombing campaign, coupled with the ability of Middle-Eastern groups to operate worldwide -- as demonstrated by the March 1992 car bombing of the Israeli Embassy in Argentina by suspected Islamic fundamentalists -- underscores the threat posed by bombings.

The bombing of Pan Am flight 103, which killed 270 people over Lockerbie, Scotland, shows how sophisticated bombs have become. The timers used by the Libyan agents involved were manufactured by a Swiss firm and were set to explode one hour after Pan Am 103's scheduled departure from London, England. The bomb, made of SEMTEX plastic explosive and concealed in a large, brown Samsonite suitcase, was placed on a plane in Malta and transferred to Pan Am 103 in Frankfurt, Germany. Only a flight delay kept the planefrom exploding over the water. The nearly undetectable SEMTEX used in the bombing is believed to have come from the approximately 1,000 tons exported to Libya in the 1980s from the former communist regime in Czechoslovakia. Portions of this stock have found their way into the hands of terrorist groups elsewhere in the world, such as the provisional Irish Republican Army.

In 1991, two U.S. military personnel were killed in bombing attacks. On 12 March, as U.S. Air Force sergeant was killed by a remotely detonated bomb as he walked out of his apartment in Athens, Greece. The Greek terrorist group, 17 November, claimed responsibility in retaliation for U.S. policy in the Persian Gulf. On 28 October, another U.S. Air Force sergeant was killed and his wife injured when a bomb detonated under his truck in Ankara, Turkey. The Islamic Jihad claimed the attack, which was possibly related to the opening of the Middle East Peace Conference in Madrid, Spain.

Surface to air missles

Terrorists in possession of newer-generation, such as the U.S.-made Stinger and the Russian-made SA-14 and SA-16 pose lethal threats to low-flying aircraft and helicopters. Even older generation SAM's, such as the U.S. Redeye and Russian SA-7, could pose a threat to military transports and commercial airliners, particularly during take-off and landing.

Since the Soviet pull-out from Afghanistan in 1989, there has been much speculation about the fate of many of the Stinger missiles supplied by the U.S. to the Afghan Mujahedin rebel groups. Security officials are concerned that these groups may sell the Stingers to the highest bidder. Press reports indicate that one of 16 Stinger missiles sold to Iran by an Afghan rebel was reportedly fired against a U.S. helicopter over the Persian Gulf.

The lessons learned by the Afghan rebels in operations against former Soviet aircraft have also been used to good effect elsewhere. The only terrorist group to use successfully against its intended target is the Farabundo Marti National Liberation Front of El Salvador. The group possesses Redeye, SA-7, SA-14, and SA-16 missiles. In November 1990 the group shot down a Salvadoran Air Force A-37 ground attack plane with an unidentified SAM. In addition, the FMLN also shot down a U.S. AC-47 gunship aircraft in December 1990. As with the Afghan missiles, it is possible that some of these missiles could find their way into the hands of other terrorist groups now that the rebels are negotiating with the government of El Salvador.

Rocket propelled grenades

Because of their excellent capability to penetrate armored cars and buildings, remain the preferred terrorist weapon for stand-off attacks. As with surface-to-air missiles, pose an additional threat to low-flying helicopters, especially during a take-off or landing. In April 1985, the Abu Nidal Organization fired a rocket at a Jordanian Airlines jet as it took off from the Athens International Airport. Although the rocket did not explode, it penetrated the fuselage. The proliferation of weapons from old East Bloc countries ensures they will be used for years to come.

U.S.-made M72A2 LAW rockets are also plentiful. In February 1991, the Manuel Rodriguez Patriotic Front/Dissident Faction fired a LAW rocket at the U.S. Marine security guard van in Santiago, Chile, from a distance of 20 feet. The rocket did not explode because the target was too near to allow adequate time to arm itself. The FPMR/D also fired automatic weapons, and one Marine was injured by glass fragments caused by bullets impacting on an armored windshield.

Hang gliders/ultralights

Hang gliders/ultralights make ideal infiltration vehicles for terrorists because of their small radar cross-section and low noise hang gliders have no engine and ultralights usually have only a small two-stroke engine). Currently, only two terrorist groups are known to have used hang gliders for terrorist operations. Both groups were attempting to bypass tight security on the Israel-Lebanon border. In March 1981, the Palestine Liberation Front launched two ultralights from Southern Lebanon, carrying terrorists armed with bombs and grenades to attack oil refineries in an Israeli port. Soon after take-off, however, both terrorists lost control of their vehicles and were captured.

The second, more successful attack was carried out by the Popular Front for the Liberation of Palestine - General Command in November 1987. Four hang gliders took off for Israel from southern Lebanon. One returned for mechanical reasons, two crashed en route, and one landed near an Israeli Army Base, where the pilot killed six soldiers and wounded seven before he was killed.

It is unlikely that such an exotic means of attack will become very widespread because of the training required, the high cost of the vehicle, and the need for a secure take-off site.

Small boats

Several Palestinian terrorist groups have used small power boats, inflatable Zodiacs, and rubber rafts to circumvent tight land-security measures The most famous of these attempts was the failed May 1990 PLF boat attack against a resort beach in Tel Aviv. Using a Libyan freighter as a mothership the PLF launched several high-speed motorboats, armed with machine guns and rocket-launchers, from about 60-70 miles offshore. Several boats experienced mechanical breakdown, ran out of gas, or were detected and destroyed by Israeli ships and helicopters. One made it ashore, where the terrorists were captured. Had the attack succeeded, many civilians, including Americans, could have been killed on the beach.

In September 1991, two Palestinian Zodiac boats, launched from southern Lebanon, were forced ashore by Israeli gunships near a United Nations checkpoint on the Lebanon border. The Palestinians captured 14 U.N. soldiers, and, during the ensuing gunbattle, one U.N. soldier was killed. The rest were ultimately set free.

Such spectacular attacks using small boats are likely to remain confined to the Levant region.

Nuclear, biological, chemical

Despite warnings to the contrary, very few terrorist groups have experimented with or used NBC weapons. In March 1992, the Kurdish Workers Party , an insurgent group that operates along the Turkish-Iraqi border, poisoned the water supply of a Turkish Air Force unit in Istanbul by dumping 110 pounds of cyanide into the unit's water tanks. Security officials were alerted, however, by the unusual froth on the water's surface. Testing of the water revealed that the cyanide level was high enough to kill anyone who drank one glass of the polluted water. Despite this isolated incident, it still remains to be seen if terrorists have the expertise to build and employ NBC weapons.

Conclusions

Despite the high-tech and innovative weapons and tactics used by some terrorist groups, the vast majority of terrorists have opted for the simple, low-tech approach discussed.

With the advent of more sophisticated and powerful bombs, the greatest grow thpotential for terrorist weapons probably remains in the area of bombmaking. The availability of SAM's, particularly the more capable SA-14s and SA-16s, from former East Bloc countries, could pose a lethal threat to military and civilian aircraft.

Exotic means of transportation, such as hang gliders or power boats, will continue to be used by some Middle-Eastern groups on a limited basis, but training for effective attacks usually requires a state sponsor, such as Libya.

For more information call Capt. Aaron Danis or Grant Hayden at **(202) 479-1934/ 42**, or DSN **335-2591/92. (Army News Services)**

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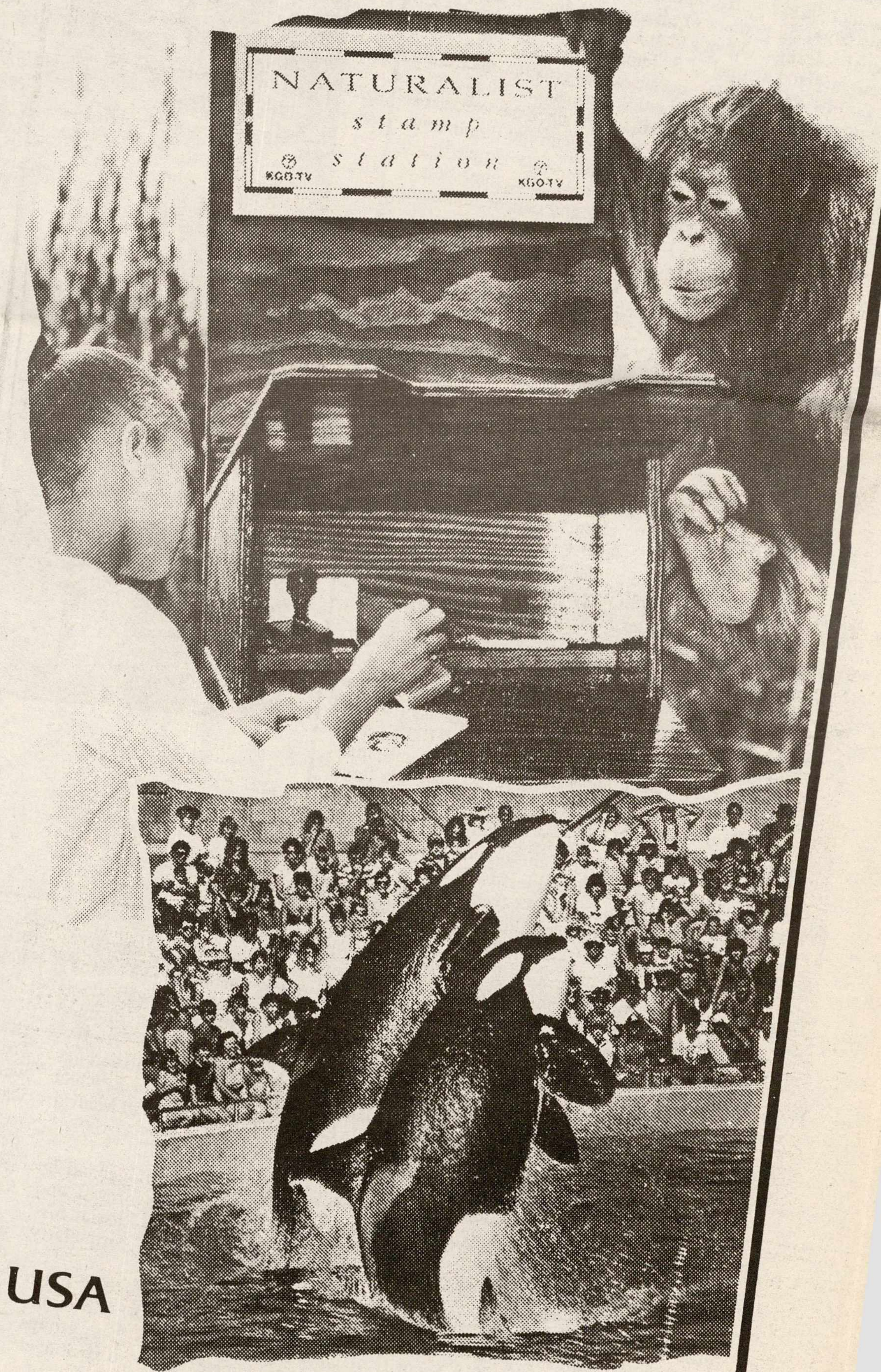

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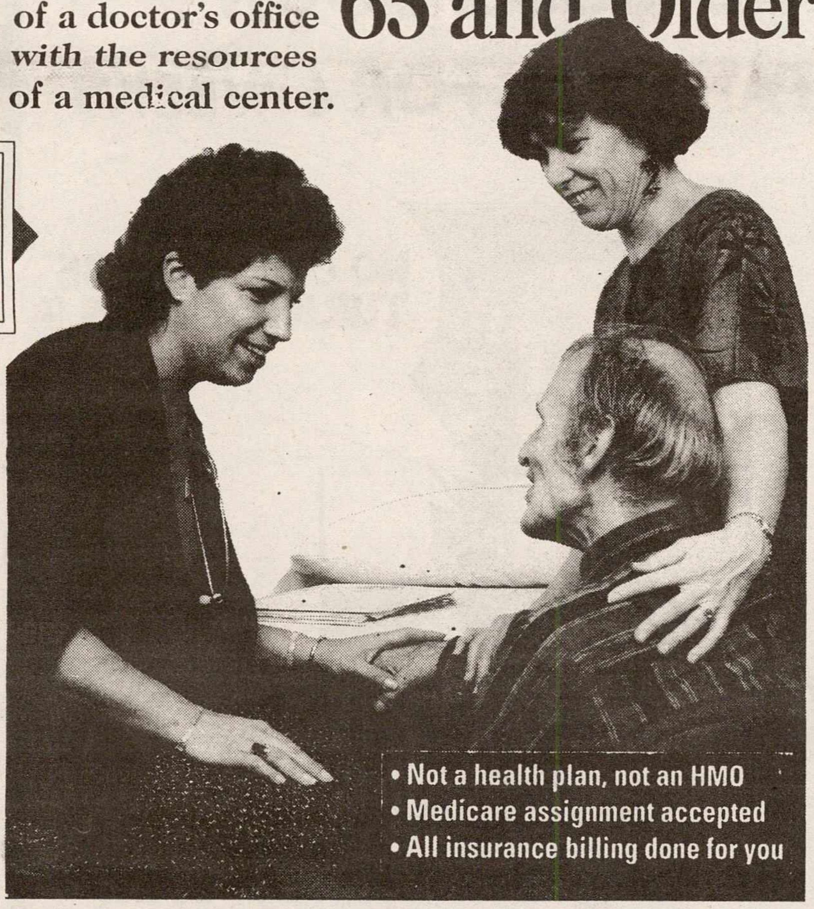

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NEWS BRIEFS

Nurse development course offered

The 6253rd U.S. Army Hospital Department of Nursing is sponsoring the Fourth Annual Nurse Development Course, May 1 and 2. ``Military Nursing: The Next Generation -The 21st Century'' will be a tri-service continuing education offering with participants from the Army, Air Force, Navy and Army National Guard. This course has been approved for 11.5 hours of continuing education credit, and has been tentatively approved as a Sixth U.S. Army school. Reserve personnel may attend the course in lieu of drill (if approved) or under CHE funding as arranged through their unit training section. For more information call Lt. Col. Jane Furaus-Braun, course co-director, at **561-0660**.

Thrift Shop Flea Market this weekend

The next flea market is scheduled for 7:30 a.m. to 1 p.m., Saturday, in the parking lot in front of Bldg. 204. A valid unlimited military identification card is required to rent a vendor space. The Thrift Shop will also be open for sales to the general public from 9 a.m. to 1 p.m. Phone **922-3384** for details.

Community action meeting scheduled

The next Community Action Council Meeting is scheduled for 6 p.m. Thursday at the Presidio Officers' Club. This meeting is mandatory for all area coordinators. Absences must be excused by the garrison commander. For information call Jeanné Mote, Family Support Division, Army Community Services, at **561-4147**.

Employee of the year nominations sought

The Civilian Personnel Directorate, Management-Employee Relations Division is requesting nominations for the Outstanding Army Employee of the Year with a Disability. The Secretary of the Army will honor the awardee in a ceremony at the Pentagon during Disability Employment Awareness Month in October. All nominations must be received at CPD, MER no later than March 31. For details call Glenda Plyman at **561-3779**.

ROA chapters to install officers April 2

The installation of Chapters 6, 27, 34, 59, 60, 90, and 91 officers for 1993-94 will be held at 6:30 p.m. April 2 at the Presidio Officers' Club. Reservations and entrée choices can be made with Dorothy L. Beers. Contact the Officers' Club at **921-0825** for details.

California Veterans group starts campaign

The California Veterans Memorial Commission is offering mail order merchandise as part of its fund-raising campaign for the construction of a memorial which will honor all Californians who have served in the nation's armed forces. To request a merchandise brochure, call John Kroeger at **(916) 653-1863**.

Fishing equipment available at Outdoor Rec

Fishing rods, reels, and crab nets can be checked out at Outdoor Recreation, Bldg. 667. For information call Outdoor Recreation at **561-4324.**

Commissary Council meets today

The Presidio Commissary Council meeting will be at 9:30 a.m., today, in the Commissary Conference Room, Bldg. 653. Members or alternates are required to attend; advisors, mayors' representatives and commissary customers are encouraged to participate.

Play day scheduled for Presidio families

There will be a Parent/Child Play day from 9:30 to 11:30 a.m., Thursday, at the Enlisted Spouses' Club in Bldg. 1539, Pershing Drive. This play day is sponsored by the Family Advocacy Program and Child Development Services to provide opportunities for parents and children to enjoy art and music, and snack together while exploring parental resources on the Presidio. For information call Mary Anne Gianquento, FCC/SPS director, at **561-6372**.

Red Cross pin contest set to begin

The American Red Cross office at Letterman U.S. Army Hospital is seeking designs for a commemorative lapel pin to be produced and sold by the Red Cross to benefit the disaster response needs of post personnel. The designs should be submitted in color on letter-size paper and portray a memorable aspect of the Presidio. The designs must be submitted with the designer's name and address. Each design becomes the property of the American Red Cross. All designs must be mailed to the Red Cross by March 19. For information, call the Red Cross office, from 8 a.m. to 4 p.m., Monday through Friday, at **561-2187**.

Vandals strike shop, information needed

Between Feb. 12 and 13, the snack shack trailor at the Presidio Golf Course was vandalized. Anyone having any information that might assist the Military Police should call **561-2251** or the Crime Information Hotline at 561-5654. For information, call Investigator Stephen A. Hutzell, MPI supervisor, at **561-4217**.

Briefs, Continued on Page 10

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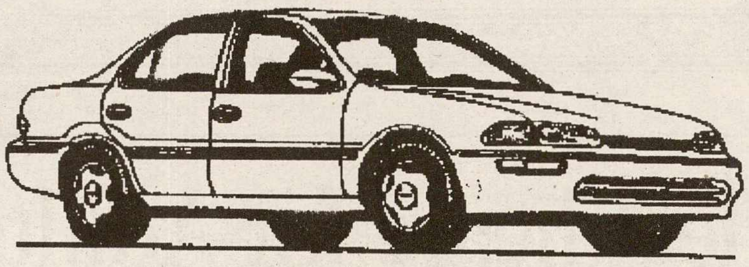

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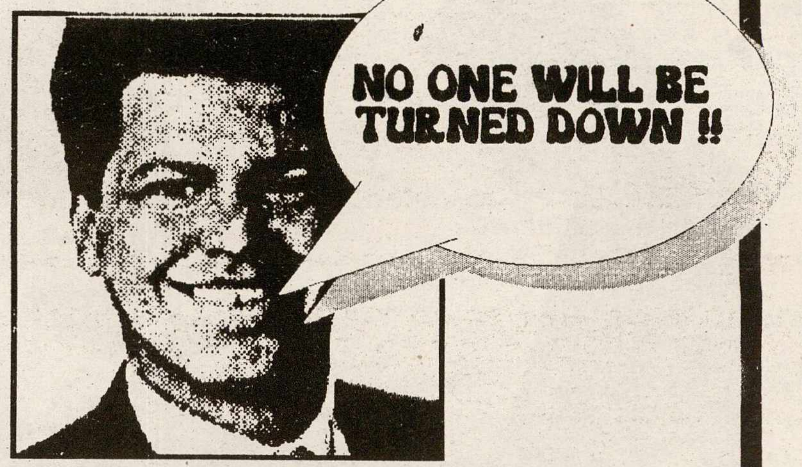
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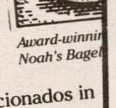
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Staff Sgt. Pleasant Lindsey III

Calling tomorrow

Maj. Robert Brown, chief of the Signal Branch Assistance Team, Readiness Group-Presidio of San Francisco, shows off a J-1077 Junction Box, a part of the Mobile Subscriber Equipment System, during traing on the system Feb. 27-28 at Parks Reserve Forces Training Area, Dublin, Calif.The Readiness Group instructed reserve soldiers on the operation of the modern high-tech system.

Some kidney disease patients eligible for CHAMPUS

AURORA, Colo., -- Persons under age 65 who lost their CHAMPUS eligibility when they became entitled to Medicare Part A (hospital services) benefits because of end-stage kidney disease, have had their CHAMPUS benefits restored.

The restored benefit is effective for care received on or after Oct. 1, 1991, by people in the above group who are also enrolled in Medicare Part B (professional services).

These persons join others under 65 who lost their CHAMPUS eligibility when they became Medicare-eligible because of disability, and who previously had their CHAMPUS benefits reestablished, effective in October 1991.

End-stage kidney disease patients were restored to CHAMPUS eligibility by the Defense Authorization Act for 1993. CHAMPUS contractors are now processing claims for these reinstated CHAMPUS beneficiaries. Any newly eligible kidney disease patients who previously had claims denied for lack of CHAMPUS eligibility, and who received the related care on or after Oct. 1, 1991, may now resubmit those claims to their CHAMPUS claims processor.

The laws specify that CHAMPUS will pay after Medicare and all other health insurance and Medicare supplements a patient may have, except for CHAMPUS supplemental insurance policies and Medicaid.

The Defense Authorization and Defense Appropriations acts for 1993 also require that CHAMPUS compute its payment for civilian health care differently for the two different categories of CHAMPUS-eligible persons under age 65 who are also eligible for Medicare because of either a disability or end-stage kidney disease, and who are enrolled in Medicare Part B.

For category 1, Disabled military retirees and disabled dependents. For these persons, CHAMPUS will begin cost-sharing the care after Medicare (and any Medicare supplemental, and any other type of coverage that pays before CHAMPUS) has paid everything it's going to pay for their covered care. CHAMPUS will pay on the amount the patient owes after Medicare and any other health plan have paid, up to the amount it would have paid, had there been no other coverage. In most cases, between the Medicare, other health insurance and CHAMPUS payments, there may be nothing left for the patient to pay.

Persons in this category who previously submitted claims for related care may have had them processed under a different method of computation than the one described above that's being used by CHAMPUS contractors for such claims. These claims may now be resubmitted for any additional payment that might be due under the new method of computation.

For category 2, Disabled surviving family members of deceased active and retired military sponsors; eligible disabled former military spouses; and CHAMPUS-eligible persons who *qualify for Medicare* because of end-stage kidney disease (this is the newly eligible group mentioned at the beginning of the article). For persons in Category 2, CHAMPUS cost-sharing is figured differently: In this case, CHAMPUS pays only when the amount the patient owes after Medicare and any Medicare supplemental plans have paid is more than he or she would owe if CHAMPUS were the only payer. Payment is limited to the difference between the two amounts.

Here's an example of how CHAMPUS shares the cost of civilian care for a ``Category 2'' patient:

The medical bill is $1,000. Medicare pays $700 of that leaving $300 for the patient to pay. If CHAMPUS had been the only payer in this case, it would have paid $750 of the bill, leaving $250 for the patient to pay. There's a $50 difference between what the patient would pay under Medicare alone, and what he or she would pay under CHAMPUS alone. That $50 is what CHAMPUS will pay in this case. Medicare pays $700 and CHAMPUS pays $50. The patient pays the remaining $250. This means that a patient in this category will never have to pay more of the bill than what his or her normal liability under CHAMPUS alone would have been.

In all cases where a particular kind of medical treatment or service is covered by CHAMPUS, but not by Medicare or Medicare supplements (such as prescription drugs), CHAMPUS will share the cost as if no other coverage exists.

When handling CHAMPUS claims for people who are Medicare-eligible as well as CHAMPUS-eligible, CHAMPUS contractors must verify the person's eligibility in addition to determining the payment amount. Accordingly, the following must be submitted to the CHAMPUS claims processor along with the first CHAMPUS claim:

1. A copy of the Medicare explanation of benefits (EOB);

2. A copy of the other health insurance and Medicare supplemental policies' EOBs (if the patient has such coverage);

3. A copy of the award letter which confers eligibility for Medicare Part A on the patient, based either on disability or on end-stage kidney disease;

4. A copy of the patient's Medicare card, indicating Part A and Part B coverage.

Although CHAMPUS contractors can process claims for a short, interim period using the documents listed above as proof of eligibility for persons with end-stage kidney disease who have had their CHAMPUS eligibility reestablished, these people should be enrolled in the DEERS (Defense Enrollment Eligibility Reporting System) computer files as soon as possible. Check with the ID Card Section, Military Personnel Office, Bldg. 87, for enrollment instructions and assistance. For more information about benefits, call the CHAMPUS health benefits advisor at **561-4923**.

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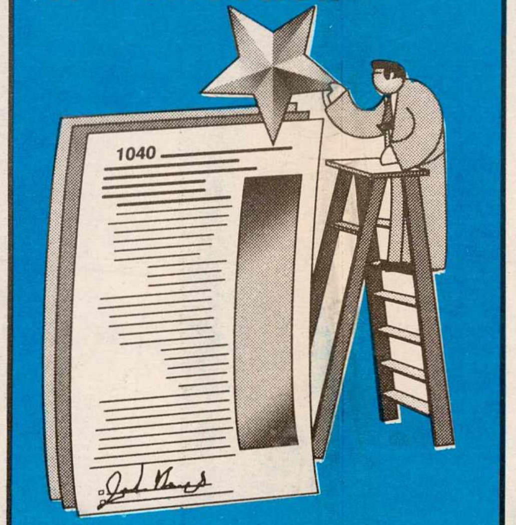
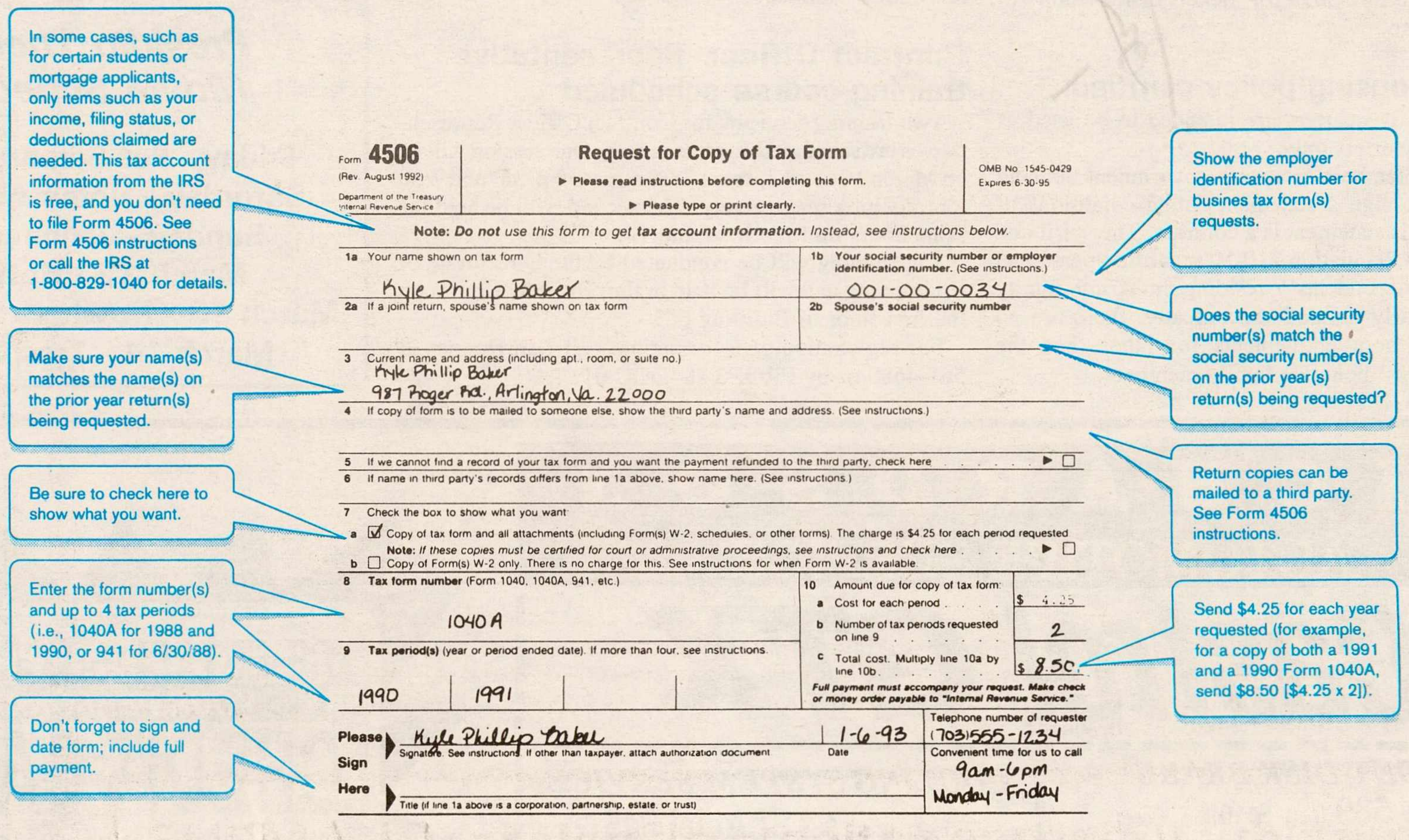


Use the six steps below to help you prepare your return. Start early, to allow time to get missing information or forms you need to complete your return. If you follow these steps and read the instructions in your tax package, you'll fill in your return quickly and accurately.

1. **Get all your records together;** these include income records (such as W-2 and 1099 forms and bank interest earnings statements) and records for certain deductions and tax credits (medical and dental payments, real estate tax receipts, mortgage interest payments, child care payments).
2. **Get any forms, schedules, and publications you need.** Look through the forms you have in your tax package to see if you have all you need. If your tax situation has not changed, check your last year's return for the kind of forms you used.
3. **Fill in your return;** use your tax package or forms instruction booklet to help you properly complete your forms.
4. **Check your return to make sure it is correct.** Go over your return more than once. You may even want someone to look it over. You won't want to miss a tax benefit you are entitled to or have an error delay your refund. Your tax package has a list of common mistakes you should watch for.
5. **Sign and date your return.** It is not valid without your signature (and your spouse's if filing jointly).
6. **Attach all required forms, schedules AND PAYMENTS.** W-2 forms and other income statements showing federal income tax withholding are placed in front of the tax return (1040, 1040A, or 1040EZ). Forms 1040 and 1040A are followed by all schedules and other forms in order by the "attachment sequence number," shown in the upper right corner of the schedule or form. If you owe tax, be sure to attach your check or money order (made payable to the Internal Revenue Service) to the front of your return, on top of the W-2s.

Tax Returns Missing?

When you need a copy of prior year tax returns or W-2 forms and you or your tax preparer don't have them, request them from the IRS. Call the IRS at 1-800-829-3676 and order Form 4506. Complete the form and mail it, with your payment, to the IRS service center where you sent the return. Allow at least 45 days to receive copies. Below is a sample of how it works...



In some cases, such as for certain students or mortgage applicants, only items such as your income, filing status, or deductions claimed are needed. This tax account information from the IRS is free, and you don't need to file Form 4506. See Form 4506 instructions or call the IRS at 1-800-829-1040 for details.

Make sure your name(s) matches the name(s) on the prior year return(s) being requested.

Be sure to check here to show what you want.

Enter the form number(s) and up to 4 tax periods (i.e., 1040A for 1988 and 1990, or 941 for 6/30/88).

Don't forget to sign and date form; include full payment.

Show the employer identification number for busines tax form(s) requests.

Does the social security number(s) match the social security number(s) on the prior year(s) return(s) being requested?

Return copies can be mailed to a third party. See Form 4506 instructions.

Send $4.25 for each year requested (for example, for a copy of both a 1991 and a 1990 Form 1040A, send $8.50 [$4.25 x 2]).

Form **4506** (Rev. August 1992) Department of the Treasury Internal Revenue Service

Request for Copy of Tax Form

▶ Please read instructions before completing this form.
▶ Please type or print clearly.

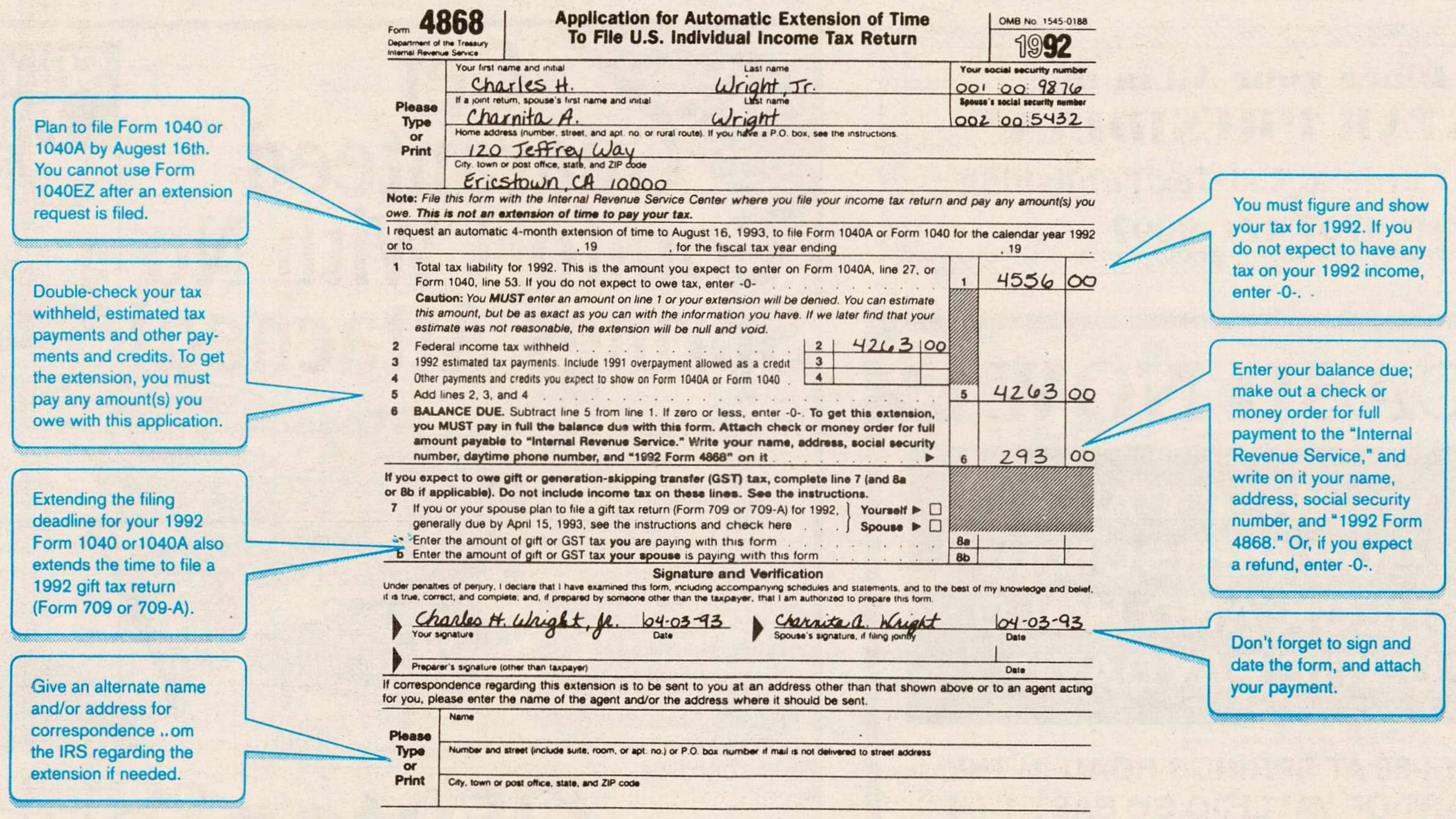
OMB No. 1545-0429 Expires 6-30-95

Note: *Do not* use this form to get **tax account information.** Instead, see instructions below.

1a Your name shown on tax form: Kyle Phillip Baker
1b Your social security number or employer identification number. (See instructions.): 001-00-0034
2a If a joint return, spouse's name shown on tax form
2b Spouse's social security number
3 Current name and address (including apt., room, or suite no.): Kyle Phillip Baker 987 Roger Rd., Arlington, Va. 22000
4 If copy of form is to be mailed to someone else, show the third party's name and address. (See instructions.)
5 If we cannot find a record of your tax form and you want the payment refunded to the third party, check here ▶ ☐
6 If name in third party's records differs from line 1a above, show name here. (See instructions.)
7 Check the box to show what you want:
a ☑ Copy of tax form and all attachments (including Form(s) W-2, schedules, or other forms). The charge is $4.25 for each period requested
Note: *If these copies must be certified for court or administrative proceedings, see instructions and check here* ▶ ☐
b ☐ Copy of Form(s) W-2 only. There is no charge for this. See instructions for when Form W-2 is available.
8 Tax form number (Form 1040, 1040A, 941, etc.): 1040 A
9 Tax period(s) (year or period ended date). If more than four, see instructions.: 1990 1991
10 Amount due for copy of tax form:
a Cost for each period: $ 4.25
b Number of tax periods requested on line 9: 2
c Total cost. Multiply line 10a by line 10b: $ 8.50
Full payment must accompany your request. Make check or money order payable to "Internal Revenue Service."
Please Sign Here ▶ Kyle Phillip Baker Signature. See instructions. If other than taxpayer, attach authorization document — Date 1-6-93
Telephone number of requester (703) 555-1234
Convenient time for us to call 9am-6pm Monday - Friday
▶ Title (if line 1a above is a corporation, partnership, estate, or trust)

Tax Deadline Extended At Your Request

This time, you can be late and you won't have to explain! Use Form 4868 to ask for 4 more months to file your tax return. To get the extra time, you must complete Form 4868 correctly, AND file it by the due date of your return (usually April 15th; U.S. taxpayers abroad, see Form 4868 instructions), AND attach a payment for ALL of the tax due. To obtain Form 4868, call or visit your local IRS office (check your local directory listing). Use the sample form below to help you complete your extension application.



Plan to file Form 1040 or 1040A by Augest 16th. You cannot use Form 1040EZ after an extension request is filed.

Double-check your tax withheld, estimated tax payments and other payments and credits. To get the extension, you must pay any amount(s) you owe with this application.

Extending the filing deadline for your 1992 Form 1040 or1040A also extends the time to file a 1992 gift tax return (Form 709 or 709-A).

Give an alternate name and/or address for correspondence ..om the IRS regarding the extension if needed.

You must figure and show your tax for 1992. If you do not expect to have any tax on your 1992 income, enter -0-.

Enter your balance due; make out a check or money order for full payment to the "Internal Revenue Service," and write on it your name, address, social security number, and "1992 Form 4868." Or, if you expect a refund, enter -0-.

Don't forget to sign and date the form, and attach your payment.

Form **4868** Department of the Treasury Internal Revenue Service

Application for Automatic Extension of Time To File U.S. Individual Income Tax Return

OMB No. 1545-0188 **1992**

Please Type or Print
Your first name and initial: Charles H. — Last name: Wright, Jr. — Your social security number: 001 00 9876
If a joint return, spouse's first name and initial: Charnita A. — Last name: Wright — Spouse's social security number: 002 00 5432
Home address (number, street, and apt. no. or rural route). If you have a P.O. box, see the instructions.: 120 Jeffrey Way
City, town or post office, state, and ZIP code: Ericstown, CA 10000

Note: *File this form with the Internal Revenue Service Center where you file your income tax return and pay any amount(s) you owe.* ***This is not an extension of time to pay your tax.***

I request an automatic 4-month extension of time to August 16, 1993, to file Form 1040A or Form 1040 for the calendar year 1992 or to , 19 , for the fiscal tax year ending , 19 .

1	Total tax liability for 1992. This is the amount you expect to enter on Form 1040A, line 27, or Form 1040, line 53. If you do not expect to owe tax, enter -0- . . . . **Caution:** *You* ***MUST*** *enter an amount on line 1 or your extension will be denied. You can estimate this amount, but be as exact as you can with the information you have. If we later find that your estimate was not reasonable, the extension will be null and void.*			1	4556 00
2	Federal income tax withheld	2	4263 00		
3	1992 estimated tax payments. Include 1991 overpayment allowed as a credit	3			
4	Other payments and credits you expect to show on Form 1040A or Form 1040	4			
5	Add lines 2, 3, and 4			5	4263 00
6	**BALANCE DUE.** Subtract line 5 from line 1. If zero or less, enter -0-. To get this extension, you MUST pay in full the balance due with this form. Attach check or money order for full amount payable to "Internal Revenue Service." Write your name, address, social security number, daytime phone number, and "1992 Form 4868" on it ▶			6	293 00

If you expect to owe gift or generation-skipping transfer (GST) tax, complete line 7 (and 8a or 8b if applicable). Do not include income tax on these lines. See the instructions.

7 If you or your spouse plan to file a gift tax return (Form 709 or 709-A) for 1992, generally due by April 15, 1993, see the instructions and check here . . . Yourself ▶ ☐ Spouse ▶ ☐
8a Enter the amount of gift or GST tax **you** are paying with this form — 8a
b Enter the amount of gift or GST tax **your spouse** is paying with this form — 8b

Signature and Verification

Under penalties of perjury, I declare that I have examined this form, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete; and, if prepared by someone other than the taxpayer, that I am authorized to prepare this form.

▶ Charles H. Wright, Jr. Your signature — Date 04-03-93 ▶ Charnita A. Wright Spouse's signature, if filing jointly — Date 04-03-93
▶ Preparer's signature (other than taxpayer) — Date

If correspondence regarding this extension is to be sent to you at an address other than that shown above or to an agent acting for you, please enter the name of the agent and/or the address where it should be sent.

Please Type or Print
Name
Number and street (include suite, room, or apt. no.) or P.O. box number if mail is not delivered to street address
City, town or post office, state, and ZIP code

Briefs, Continued from Page 5

Current air travel policy changed

Forces Command Policy Memo 55-1, dated Jan. 29, directs that official travel be performed using discount, super saver, or restricted fares whenever possible. Most of these fares require 14 to 21 days advance purchase.

All activities planning for temporary duty (TDY) travel should make sure orders are published far enough in advance (21 to 28 days before travel) to enable the Transportation Division to take advantage of these fares.

Any penalties resulting from travel changes required for mission completion are reimbursable.

For information, contact the Scheduled Airline Ticket Office at **561-2226** for fare and reservation information, or the Directorate of Logistics, Transportation Division at **561-3039** for tickets or for a copy of the policy memo.

Presidio housing policy clarified

Military family quarters are intended to be used as single family quarters only.

All service members accepting government housing are required to sign a statement listing conditions of occupancy. This statement is a contract. The spirit and intent of Army Regulation 210-50 regarding personnel other than ``dependents'' residing in Army family housing is clearly defined. Specifically, there are no additional bedroom entitlements for other than the service members' bonafide family members.

As defined in AR 210-50 and PSF No. 1, sponsors will request approval in writing through the housing office to the installation commander to allow nonfamily members to reside in housing. Approval does not imply an extension of other benefits or privileges, especially bedroom entitlements to which the sponsor is not entitled (i.e., additional bedroom requirements are not authorized to accommodate nonfamily members).

There are more restrictions--if the non-family member guest is an active duty military member who is authorized a basic allowance for quarters at the ``with dependent rate," or the family member of the military sponsor, such allowances are discontinued provided the visit extends beyond 30 days in a 365 day period.

It is the responsibility of each sponsor residing in government housing to follow these instructions. Action commensurate with each situation will be taken if allowed to continue.

Contract Officer Representative training course scheduled

Two training sessions for Contract Officer Representatives are scheduled for this month. One session will be on March 10 and 12, from 7:30 a.m. to 3 p.,m. and 7:30 a.m. to noon respectively. The second will be held the same hours on March 17 and 19.

The training will be conducted by the Directorate of Contracting and will be held in the conference room on the first floor of Building 603.

For registration or information, call Dan Donnan at 561-4680 or by PROFS at "DOC 01."

Women's History Month schedule

This month is Women's History Month.

In celebration of the many contributions women have made through history, a ceremony will be held from 11 a.m. to 12:30 p.m., Thursday in the attic of the Presidio Officers' Club.

A woman's history display board will be set up at the luncheon and moved to several activities on post for viewing.

A historic display board will also be set up at the Fort Point museum throughout Women's History Month.

Presidio Theatre Movie Schedule

Friday - Pet Sematary 2 (R)
Saturday - Home Alone (PG)
Sunday - Jennifer 8 (R)
March 12 - Hoffa (R)
March 13 - Nowhere to Run (R)
March 14 - Trespass (R)

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• SAN RAFAEL 459-5884 530 W. Francisco Blvd.
• CONCORD 825-1969 508 Contra Costa Blvd.
• VALLEJO 557-4595 *Gateway Center*
• FREMONT 796-7507 Mowry East Center
• SAN JOSE 978-5696 1080 Blossom Hill Rd.
• SAN FRANCISCO 56-"FUTON" 810 Van Ness Ave.
• COLMA 992-0606 Metro-280 Center
• EMERYVILLE 547-8545 Powell St. Plaza
• SANTA ROSA 578-4242 3499 Industrial Dr.
• PALO ALTO 329-1204 370 Calif. Ave.
• SAN JOSE 296-8989 3390 Stevens Crk.
• VACAVILLE 446-9444 611 Orange Dr./ Nut Tree Exit So.

Legal program helps meet soldiers' special needs

by Capt. Daniel P. Marsh
Chief, Legal Assistance Office

This month we commemorate the 50th Anniversary of the military legal assistance program.

The first official recognition of legal assistance in the military services occurred on March 16, 1943. On that date, War Department Circular No. 74, Legal Advice and Assistance for Military Personnel was published. This circular implemented the first legal assistance program within the armed forces, in this case, the Army. A few months later, on June 26, the acting secretary of the Navy published a letter officially initiating the Navy's legal assistance program.

Prior to World War II, service members who had personal legal problems had to obtain all their legal help, even for executing wills and powers of attorney, from civilian lawyers at their own expense. As we all know, World War II was accompanied by the military induction of millions of citizens, often on very short notice, and their immediate deployment overseas for an extended, and often unknown period of time. Following the enactment of the Selective Training and Service Act and the Soldiers' and Sailors Civil Relief Act in 1940, it became clear that service members needed access to affordable legal help to protect their interests under the SSCRA and other laws.

War Department Circular No. 74 required the Army to establish legal assistance offices and tasked the Judge Advocate General and Staff Judge Advocates to work with the Committee on War Work of the American Bar Association, and similar committees of the various state an local bar associations, to ensure that all soldiers would have access to legal assistance. Within our rapidly growing Army at that time, this assistance was provided free of charge from judge advocates, non-judge advocate branch officers and enlisted lawyers, volunteer civilian lawyers, and supporting legal staff from more than 1,600 legal assistance offices throughout the Army.

Lawyers in these offices, working through various bar associations, also made frequent referrals to civilian lawyers in private practice, who assisted soldiers and their families on a gratuitous basis or for reasonable fees.

Following World War II, the American Bar Association and all of the military services decided that legal assistance would be continued as a permanent program to meet the continuing legal needs of service members and as a matter of national defense. Regarding the former, we provided legal assistance then as we do today, because we are client supportive and care about the legal welfare of soldiers and their families. Regarding the later, we provide legal assistance to help meet the military needs of ensuring readiness, high morale, discipline, and recruiting and retaining a quality force.

Throughout the years, the close ties between the Army legal assistance community and the American Bar Association and various state and local bar associations, have remained strong as witnessed by the contribution of the civilian bar in helping soldiers and their families in legal need during and following the 1991 war with Iraq.

However, Army legal assistance has also grown from what was basically little more than a legal referral service to a comprehensive program of wide-ranging services, including tax assistance and in some instances, in-court representation.

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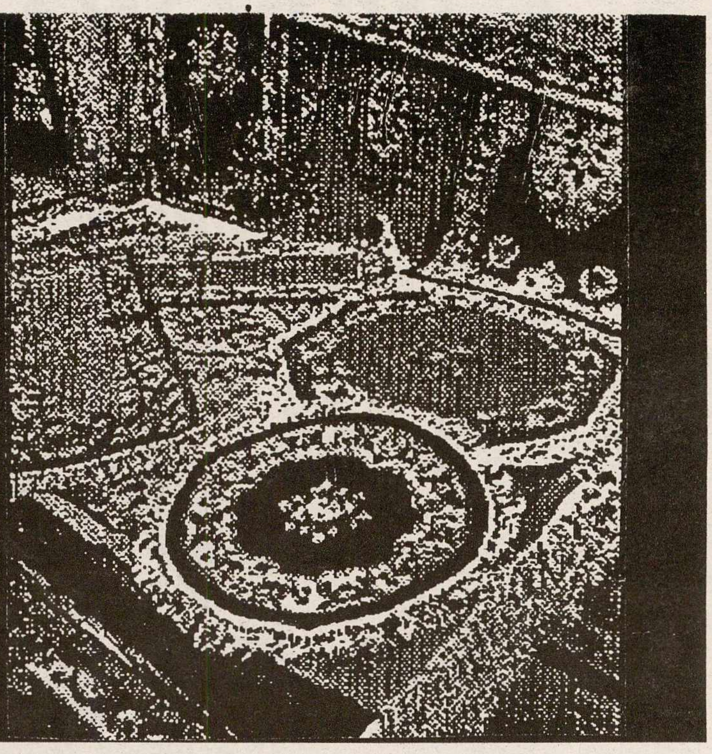

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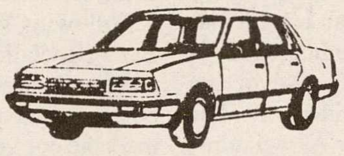

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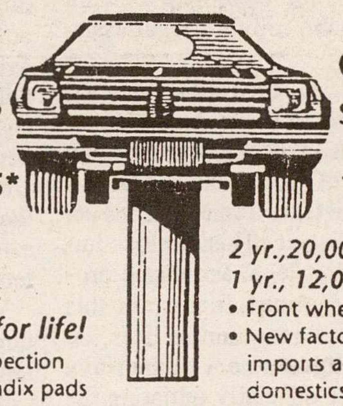

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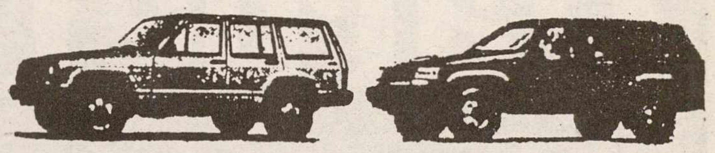

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All Army team takes third in tournament, 115-83

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

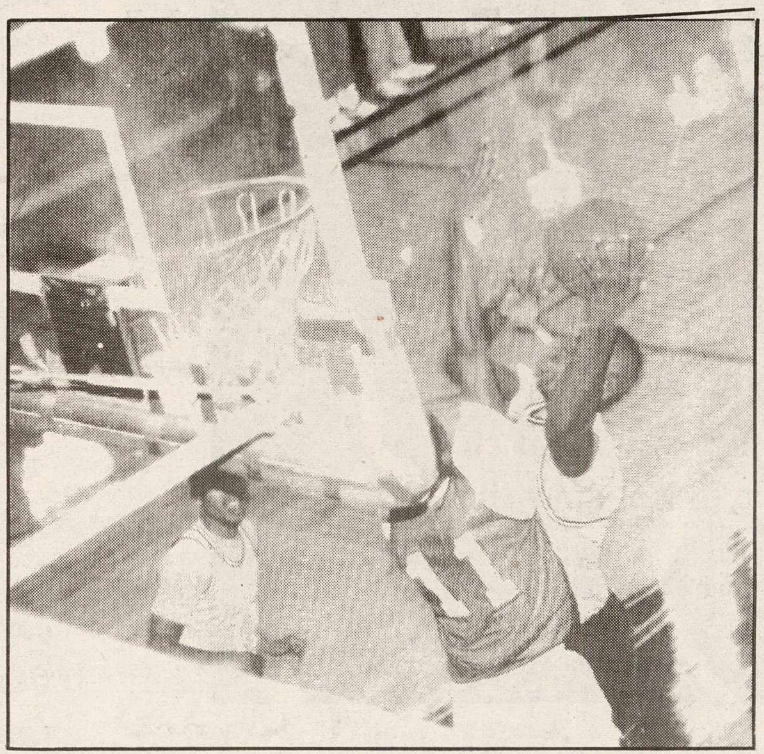
Sticking with a successful fast break game plan, the All Army team easily handled All Navy (blue), 115-85 in the invitational, double-elimination tournament Sunday afternoon in Gym No. 2.

The win secured third place for All Army in the eight-team field. All Navy fielded two teams, one blue and the other white.

All Army pulled out all of the stops in the second half, widening their lead to 20 points with little more than five minutes remaining in the game. With 5:39 left, All Army's Carl O. Curry banged into a column next to his team's bench and went down hard. It was a funny looking ``push,'' but officials called a foul on All Navy's John Walker, and Curry converted both free throws for an 88-70 All Army lead. Next, Eric McLaughlin put on another fast break clinic, and a dunk by George Evans at 4:04 stretched All Army's lead to 95-74.

All Navy (b) tried to send in Gerald Rooks as a substitute, but he'd already fouled out. Everyone in the stands seemed to know that but him. All Army, meanwhile, seemed determined to settle the confusion and the conflict.

Mario Claytor and McLaughlin teamed up to put the game away in the final three minutes. Taking a pass from Claytor, McLaughlin hit one of his five three-point buckets to stretch All Army's lead to 101-78. Later, Claytor fed another pass to McLaughlin who drove to the basket, but dumped a trailing pass to Claytor for two more points. Claytor and Nelvin Hudgens proved they could rise above the rim with dunks, and All Army had a shut-out-the-lights 109-83 lead with only a minute remaining.



Staff Sgt. Pleasant Lindsey III

All Navy's Samuel Thomas rejects All Army's Melvin Jones' drive to the basket during the second game of the day Feb. 28.

Feb. 26
All Army 116
Hawaii New Pizza 56

Blue and Gold Fleet 114
Moffett Field 96

Feb. 27
Shell & Campbell 95
All Navy (white) 78

San Diego 72
All Navy (blue) 91

Moffett Field 88
New Pizza 80

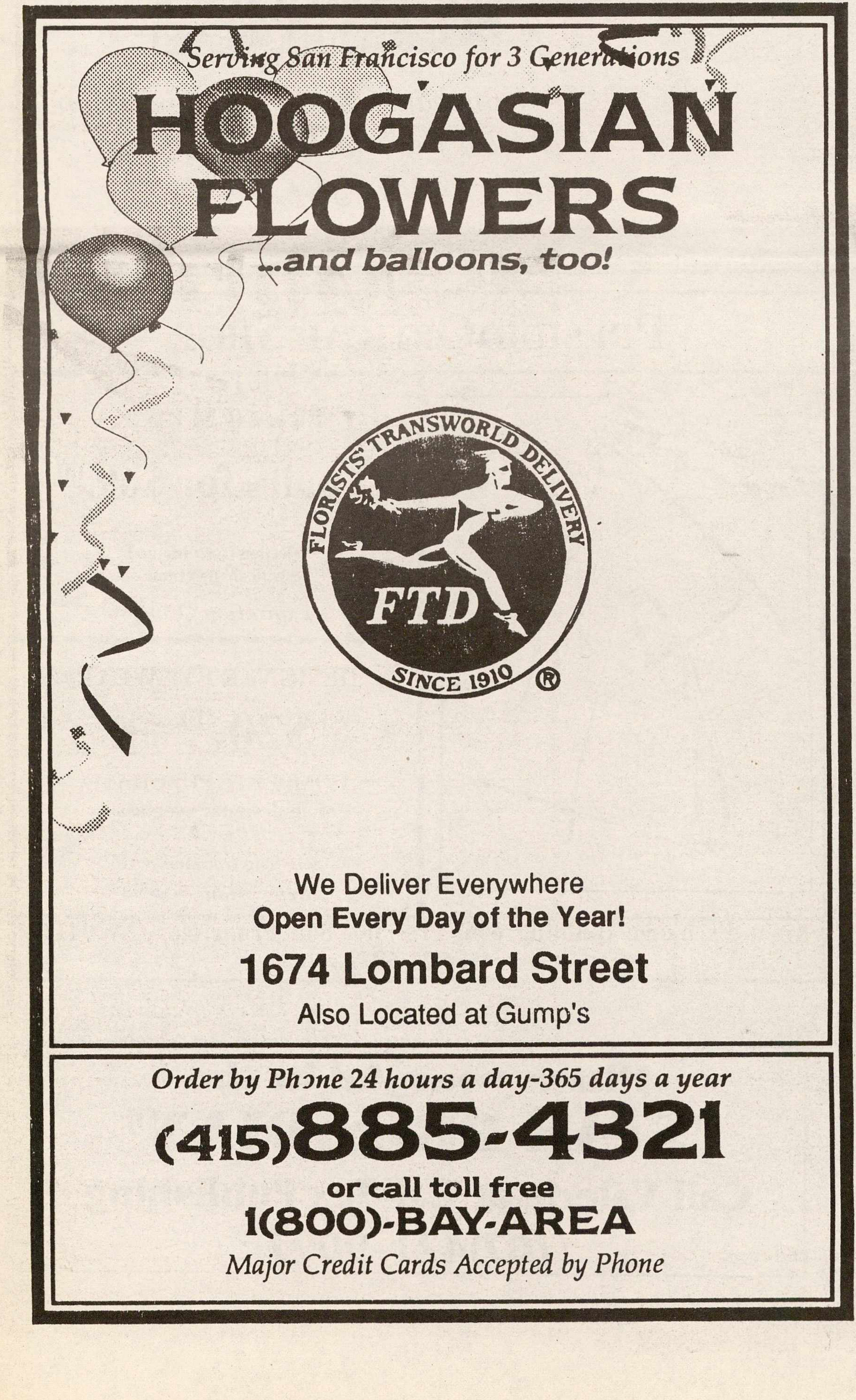
All Navy (w) 117
San Diego 71

Shell & Campbell 114
All Navy (b) 107

Feb. 28
Moffett Field 94
All Navy (w) 84

All Army 115, 3rd
All Navy (b) 85

Blue & Gold 103, 1st
Shell & Campbell 102, 2nd



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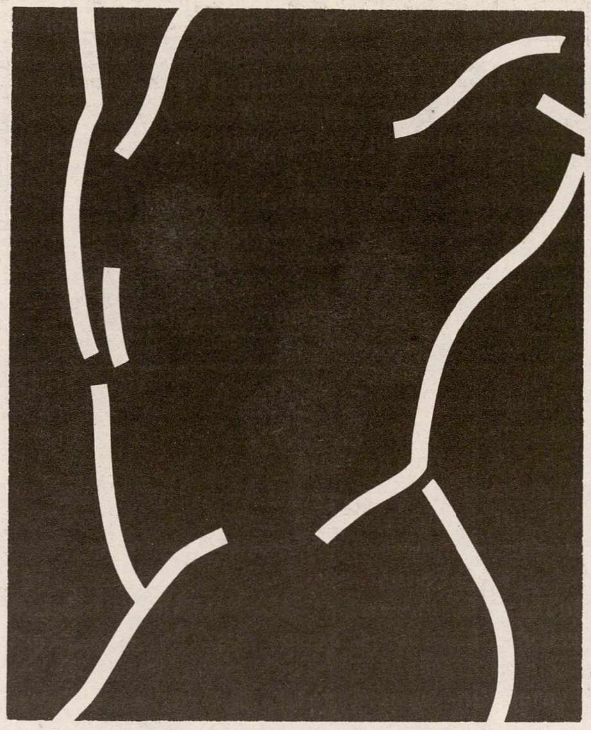

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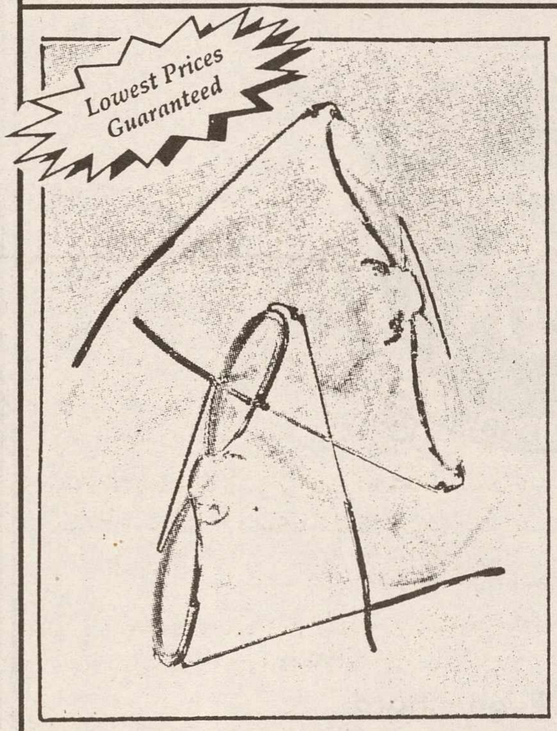

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IN.6

Star Presidian

Vol. 36, No. 12 Published for the Presidio of San Francisco March 26, 1993

Moffett readies for possible Sixth U.S. Army move

Story and photo by Sgt. Jose Zuniga
Star Presidian staff

NASA Ames, Moffett Field -- Availability of family housing and the impact Defense Secretary Les Aspin's recent base closure recommendations would have on squadrons scheduled to leave Moffett were issues discussed March 18 during a question-and-answer session here.

The session was part of Brig. Gen. Jan P. Wepster's visit to the Sixth U.S. Army headquarter's future home.

``It's refreshing to see a willingness to negotiate and make things happen. There are areas like family housing that pose potential problems but with negotiations come solutions,'' the deputy commanding general (Reserve Component) explained after a briefing with National Aeronautics and Space Administration Ames Research Center officials.

If Aspin's recommendation to keep Sixth U.S. Army in the Bay Area is approved by Congress, the headquarters element would join nine other agencies slated to or already located at the former naval air station. NASA Ames Research Center will serve as host and manager of the shared federal facility.

Onizuka AFB, the California Air National Guard, the 124th U.S. Army Reserve and several private defense contractors are already resident agencies.

Potential tenants include Headquarters Sixth U.S. Army, several U.S. Army Reserve units, U.S. Navy Reserve units, the U.S. Forest Service, a Navy fleet hospital, and a Coast Guard unit.

Family housing

The plan does not come without headaches, explained Mike Falarski, NASA-Moffett Field Development Project manager. A potential headache is the limited number of billets available.

``With an influx of military families moving with their units into the Moffett community, there is potential for a shortage in billets,'' he said. ``There are a number of alternatives we are considering to alleviate this shortage.''

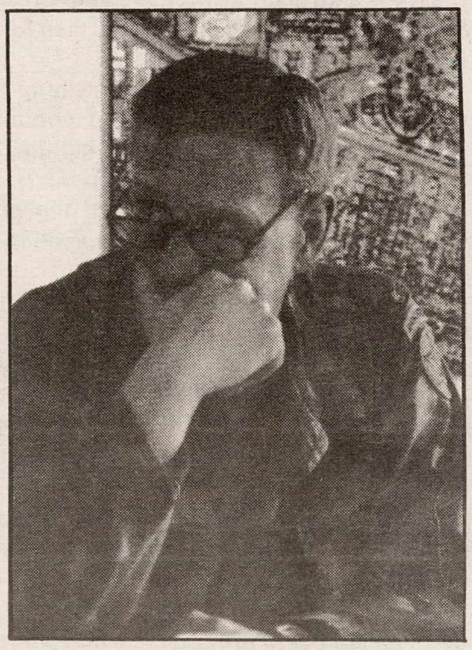
Among these alternative are building additional housing or transporting personnel to and from the facility. There are 15 acres available for construction of townhouse-type quarters, Falarski said.

Another option is one the Air Force currently uses in contracting housing in the surrounding civilian community.

Base realignment

Because the Navy has taken the brunt of the defense secretary's proposed closures and realignments, Wepster expressed fear that any current plan may be foiled.

See Moffett, Page 8



Brig. Gen. Jan P. Wepster

Hard work paves way for director's career success

By Spc. Adrienne Story
Star Presidian staff

Women's History *Month*

At the age of eighteen, Barbara Gannon found herself homeless, with little to no money and an ill mother to support because of a tragic family crisis. Despite these circumstances she had great hope for the future.

She and her mother, Shelly White, *took* a bus with the little money they had and moved to Fort Polk, La. where Gannon's brother-in-law was a service member. That move still brought no certainty as to what the future held for them, but it was a promising start.

After a few weeks, Gannon applied for a federal job and was hired as a GS-2 clerk typist. With the extra income the future director of the Presidio Directorate of Information Managment and her mother moved from her brother-in-law's home into a small, cramped trailer scraping by on a $4,000-a-year salary.

Reminiscing

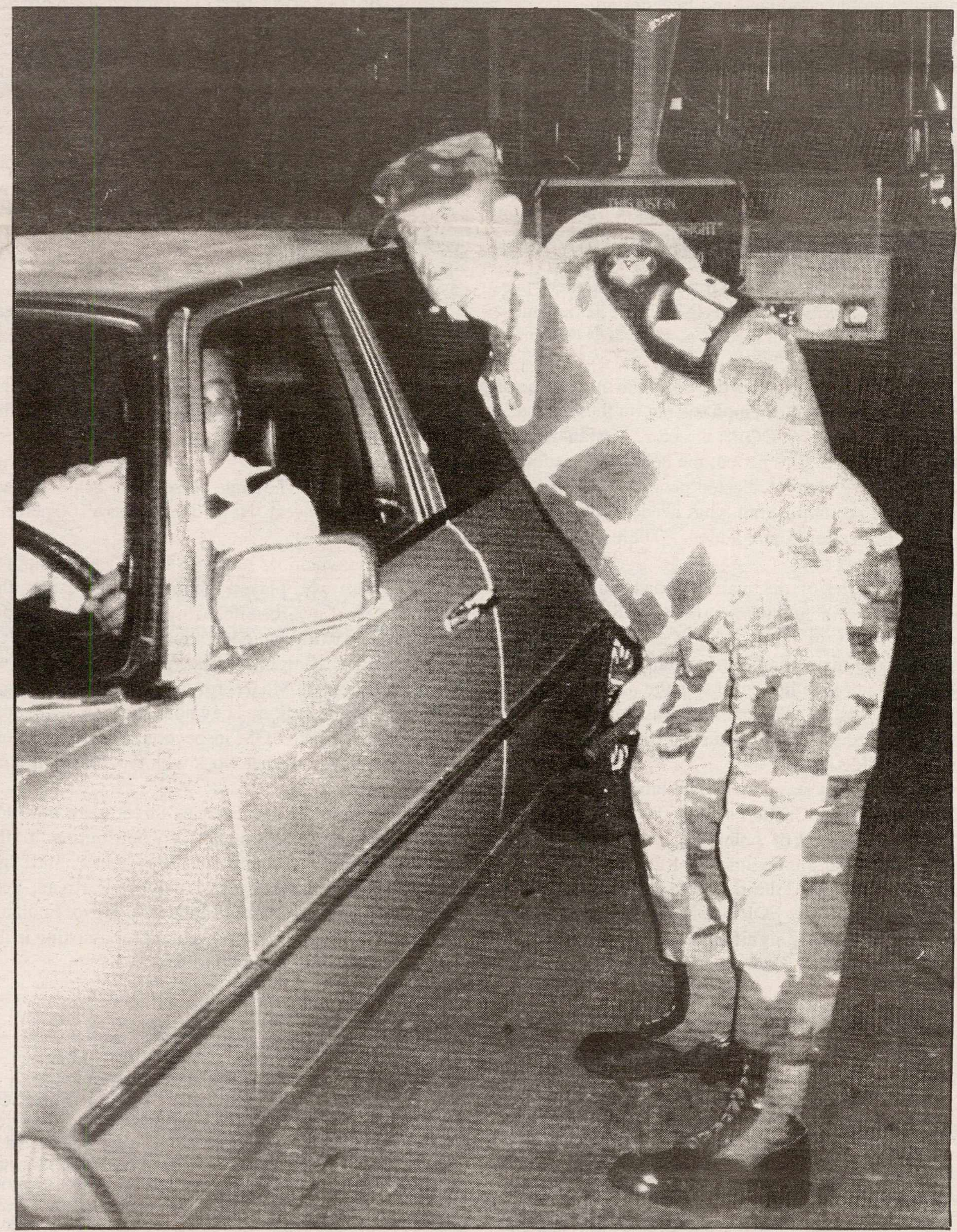
Coming from those humble beginnings and after 25 years of service, Gannon who is now one of only two female directors at the Presidio, reminisces about her life. The metamorphasis from a job as a clerk typist to one where she supervises 40 civilian and 20 military employees responsible for providing the installation with such services as telecommunications, automation, mail and publications, has been one steeped in hard work and devotion.

``I'm very proud as I look back over my life, having achieved what some people call success,'' Gannon said. ``Success is not measured by how important or prosperous you are. It's measured by the inner peace and joy derived from what you're doing and it's also measured by the benefit others derive from what you are doing.

``I've always had the extreme desire to be a missionary in order to help people. I couldn't become a missionary, but I found that management was also a great way to serve people.''

Gannon attributes her success to four basic principles: ``Regardless of the situation, I let integrity govern my actions; I treat all people with the utmost respect and dignity; I strive to use the power delegated to me, by virtue of my position, to seek the betterment and promotion of other people more than myself; and I always remember that whatever I compromise to get,

See Gannon, Page 8



Sgt. John W. McGarrah

Don't drive drunk!

Sgt. Ist Class David Miglorin, a military policeman with the Law Enforcement Company here, asks a civilian motorist to pull over during a routine sobriety checkpoint on Lincoln Boulevard March 18.

CDC earns certificate of operation

By Spc. Adrienne Story
Star Presidian staff

Col. Gregory A. Renn, garrison commander, presented a Certificate of Operation from the Department of Defense to the Child Development Center March 5.

The authorization of these certificates is a new program which began approximately two years ago, said Tedi Siminowski, Child Development Center coordinator. To earn a certificate of operation, the CDC had to first pass a difficult inspection. Those results were sent to the Department of the Army and then forwarded to the DoD.

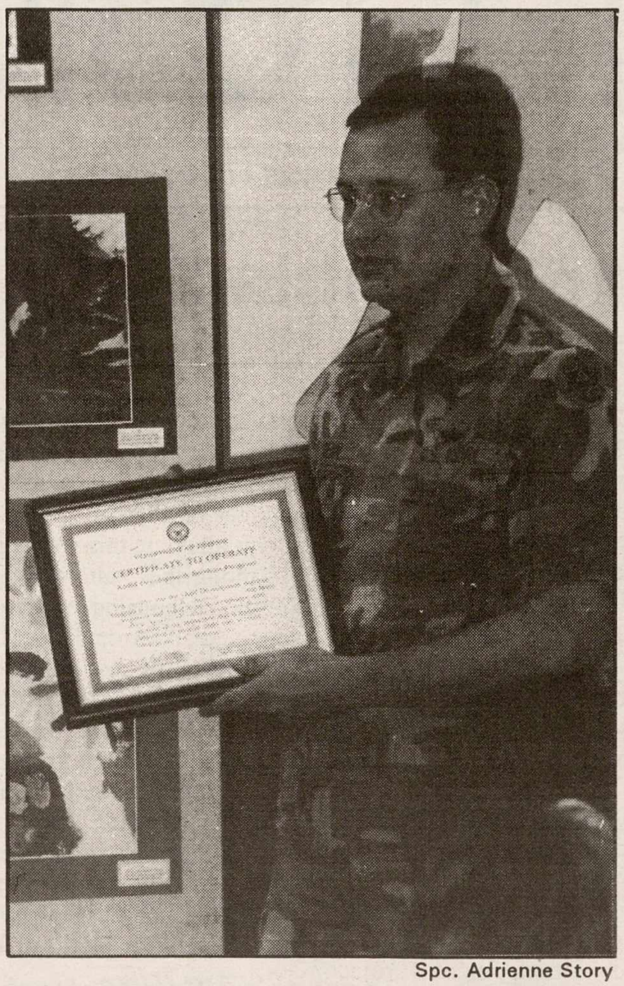
``The inspection involved everything from fire and safety procedures, prevention of communicable diseases, food operations, records, building maintenance -- everything,'' Siminowski said.

Because of the inspections and the procedures involved in becoming a certified operation, the CDC is just now earning the award.

Siminowski has been the CDC director for more than two years.

``We all worked together to earn this certificate,'' Siminowski said as she thanked several members of the community and staff. ``The Child Development Center is important first of all, because it supports the mission readiness of the post. It decreases stress in the military members and gives the children a place to be cared for and nutured. It benefits everyone, the Army, the children and the community.''

``There has been a lot of effort by a lot of people put into the child care program,'' said Lawerence Bowan, director of the Directorate of Personnel and Community Activities. ``We wouldn't be here we today without support from the command and the community.''



Spc. Adrienne Story

Col. Gregory A. Renn, garrison commander, presents a Department of Defense Certificate of Operation to the Child Development Center.

Directorate passes FORSCOM inspections

By Spc. Adrienne Story
Star Presidian staff

The mail and distribution and telecommunications sections of the Directorate of Information Management passed a Forces Command inspection for the first time in four years Jan. 28.

Col. Gregory A. Renn, garrison commander, presented those involved with certificates of achievement and Army Achievement medals at an awards ceremony held recently.

``The inspection was successful primarily because of the excessive amount of emphasis put on these areas,'' said Barbara Gannon, DOIM director. ``Management was involved and gave people the help they needed.

"There were many dedicated people who were concerned with accomplishing what needed to be done to pass the inspection," she added. "There was a lot of overtime involved.''

All operations of the mail and distribution section were inspected including the process of distributing and receiving mail.

One of the main reasons the Mail and Distribution section did not pass inspections in the past was because of security reasons. The building was not secure, Gannon explained. In early January, Gannon moved the section to Bldg. 34.

``I knew if they stayed in that building, they wouldn't pass inspection,'' Gannon said. ``Because the inspection was at the end of January, I made sure the mail section moved at the beginning of the month."

Despite the move, the mail and distribution section was prepared for the FORSCOM inspection.

"I think it is really significant that they passed in the middle of moving," Gannon said. "Although they had all the work of moving, they got squared away and were still able to pass the inspection.''

The communications security of the telecommunication section was the focus of the FORSCOM inspection.

``There are so many little details involved in it,'' Gannon said. ``Spc. Julie Ayers really did a good job. She read the regulations and found out what it took to pass."

The telecommunications staff members worked past duty hours to prepare for the inspection, Gannon explained.

"Any deficiencies from the past were corrected," she continued. "When Ayers reviewed the records she didn't let past deficiencies go. She ensured they were not repeated.

Gannon stated, "The same person who inspected last year inspected this year. He said there was a 100 percent improvement.''

Each section member received a certificate of appreciation. Those who played major roles in passing the inspection were awarded an Army Achievement medal for their hard work and dedication.

Cpl. Maira C. Garcia and Spc. Tracie Davis received Army Achievement Medals for their work with the Mail and Distribution section. They both played a major role in passing the FORSCOM inspection. Spc. Julie Ayers received an AAM for her work with the Telecommunications center.

Andrew Marguez and Frances Street were awarded Certificates of Achievement for contributing to the inspection of the Telecommunications Center. Staff Sgt. Joe Ashford, Carelton Lydn, Lawrence Portman, Spc. Rand Piontkowski, Mike Smith and Steve Fountain received Certificates of Achievement for assisting in the Mail and Distribution section inspection.

Ask Presidians

What are you doing to prevent government waste in your work place?

Spc. Cecil Jones, road platoon, Law Enforcement Company: ``I try to reuse paper whenever possible. I only use the phone for necessary calls and report any deficiencies in the patrol cars when found.''

Carmen Steward, family member: ``Recycle everything; bottles, paper, and cans. If I see someone being wasteful, I make them aware of what they are doing.''

Marcel George, Supplies and Services Division, Directorate of Contracting: ``Give incentive awards such as cash for people who report abuses and waste. That way, law-breakers know that there are people watching.''

Spc. P.J. Smith, awards clerk, Medical Company, LUSAH: ``We keep our supplies out in the open at the office. I think that we should lock them up and monitor their usage better to prevent anyone from wasting them.''

Photos by Sgt. John W. McGarrah

Correction

In an article about vandalism in the Pershing Housing Area which ran March , the building vandalized was incorrectly identifed as the Officers' Wives' Club. It is in fact the Enlisted Spouses' Club.

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif.

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For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-5279.Circulation: 9,000.

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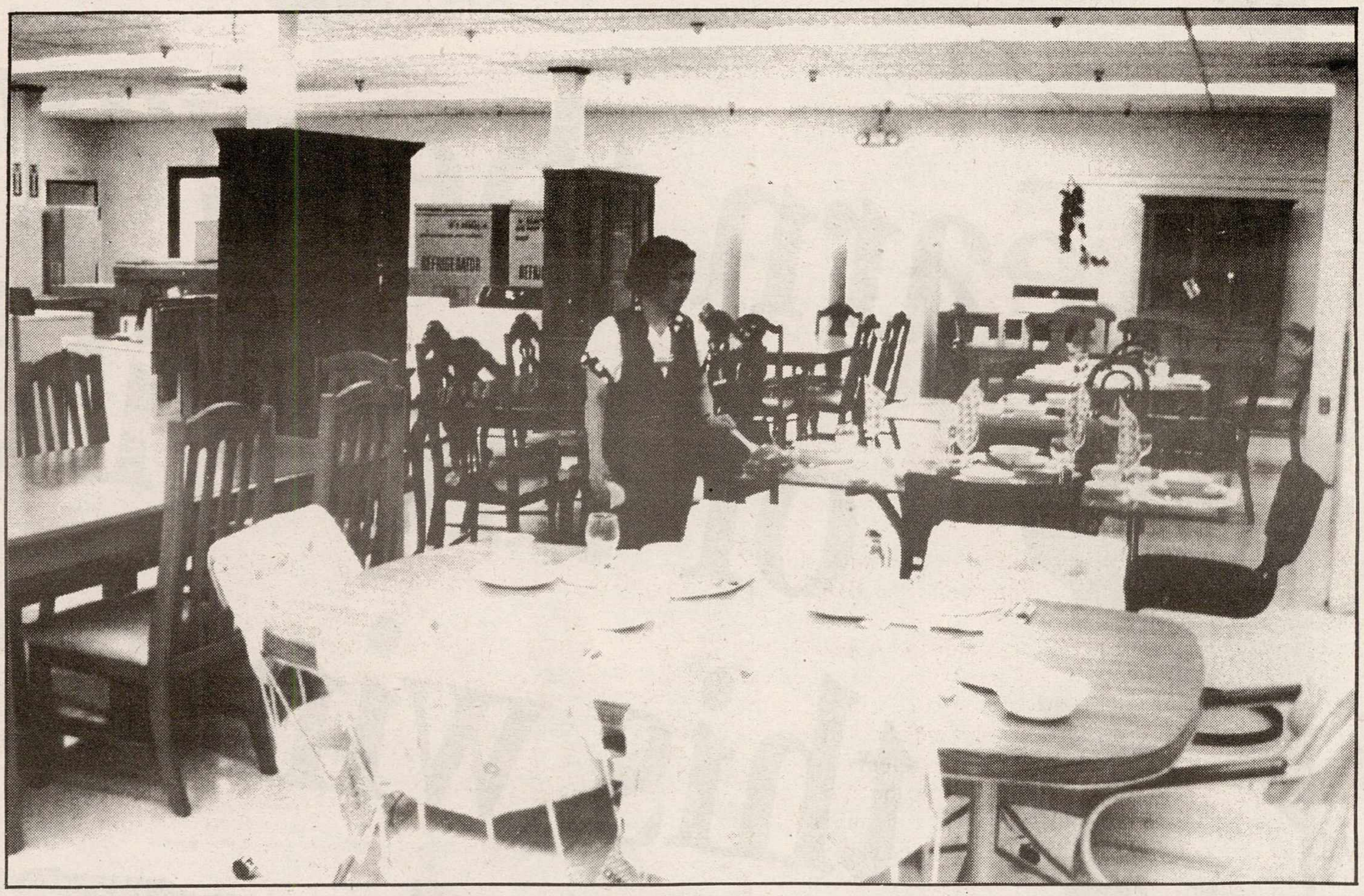
Main exchange expanding services, selection

By Sgt. John W. McGarrah
Star Presidian Staff



Sgt. John W. McGarrah

Isabel Navarette, a sales associate at the Main Post Exchange's Four Season Store, prepares new furniture displays for customers inspection Friday. The former toy store now carries household furnishings.

Just wait to see what the Main Post Exchange here has in store for you!

The exchange has been making several changes over the past few months, all to better serve the soldier.

``Contrary to popular opinion,'' explained Rosella Marie Clift, the new PX manager, ``we are not cutting back on our exchange services in the least as the Presidio downsizes. As a matter of fact, we are expanding several areas of our operation.

``If anything, we have more shelf items now than ever,'' said Clift. ``We will be 100-percent operational until the last soldier leaves the Presidio.'' Clift explained that remaining inventory when the post closes will be shipped to other installations.

Clift said many customers had gotten the impression from the previous exchange management that the facility was going into a ``closure mode.'' That, combined with the recent relocation of the Four Seasons Store stock to the main exchange, gave many the idea that the PX was curtailing operations here. The 200 PX employees have been working overtime to change this misperception.

Major changes have been implemented, but in no way will these affect the quantity of items available or quality of service. This feat was made possible by the rearranging of the main exchange into a more customer friendly space, enlarging the existing inventory to include high and low end items, better usage of existing shelf space, and the use of taller shelves and displays.

Some of the most obvious changes at the exchange include new or expanded sporting goods/fishing, automotive, garden, gourmet food/snack, and mens wear departments. According to Clift, this ``one stop'' concept will make shopping much easier for customers.

``Almost every area now has a better selection then ever,'' Clift said. By using plan-a-grams provided by the AAFES headquarters, the exchange is making the utmost of existing space and offering a wider selection. ``Shoppers may see blank areas on a few of the shelves for the next couple of weeks, but these will soon be filled as we build our stock up and the warehouse receives new items.''

``We have totally reset our merchandise inventory at the post exchange, offering more items at lower prices,'' said Karen Patrick, AAFES area general manager . ``We also offer our lowest price guarantee as well. We will match any advertised lower price on any item. We are here for you.''

Patrick said another change soon to be implemented will be a new deferred payment plan begining in June. The DPP is a procedure familiar to any soldier who has been stationed overseas. It allows a service or family member to purchase large ticket items such as stereo systems or computers on time payments. Benefits include taking the item home immediately, no interest charges, or taxes. There is a slight service charge, however. The commander/first sergeant coordination for Spc./Cpl. and below is no longer required. Watch the Star Presidian for details as they become available.

The Army and Air Force Exchange Service returns earning to customers in the form of dividend payments to the Army and Air Force morale, welfare, and recreation and capital improvement programs. Library, recreation centers, auto hobby shops, day rooms, swimming pools are built, stocked, staffed or improved using these dividend payments, said Clift. ``Unit level activities, like parties, magazine subscripions, and competition trophies are also financed. By shopping at AAFES, service and family members not only save money, but their purchases also pay for new exchange facilities and help fund services MWR programs.''

During Fiscal Year 1991, AAFES made payments of $224.5 million to Army and Air Force MWR funds, representing $178.54 for each active duty military member.

Four Seasons

The Four Seasons Store, Bldg. 230, has been fully converted into a furniture/appliance store. The facility formerly carried a very limited amount of household furnishing, serving primarily as a toy store. Floor space has been completely turned over to home furnishings now with the move of the toy department to the main store. The Four Seasons now carries dining room, living room, and bedroom furnishings in addition to a wide variety of curio cabinets, rolltop desks, lamps, and carpets.

Uniform sales

The Military Clothing Sales Store is currently offering a uniform clothing deferred payment plan for amounts from $50 to 400 for active duty military personnel only. The plan is an interest-free, revolving, line of credit for amounts up to $400. All items at the Military Clothing Sales Store are authorized for this program. Soldiers below the rank of E-4 must complete and present a filled out ``unit commanders verification.'' For information or restrictions contact the clothing sales store manager.

Service station

The Service Station will not be beat on tire prices. If an off-post competitor has the same model tire at a cheaper price, bring the ad to their attention. The station will match the price. also be on the lookout for the wheel alignment; and lube, oil, and filter specials on-going at the station.

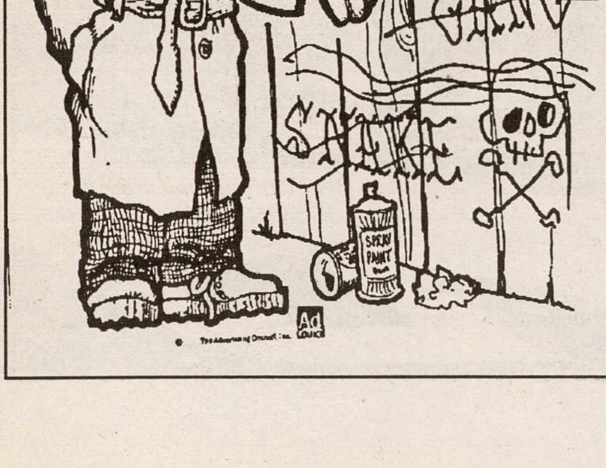
Giveaways

Sign up at the Shoppette to win a four-foot Minnie and Mickey Mouse in a Disneyland contest special sponsored by the Coca-Cola Corportion. Winners will also be entered for a grand prize drawing for a trip to Disneyland. Also, sign up to win the 7-Up mini basketball and hoop.

Burger King is also holding a giveaway this month. Stop by the restaurant and register to possibly win a microwave oven.

Fishing licenses

Hunting and fishing licences are now available through the Customer Service Department at the Main Post Exchange. A variety of stamps are available; including the striped bass, steelhead trout, one day and sports fishing licence stamps.



Help prevent community vandalism, report suspicous activities to MPs

By Staff Sgt. Marian Anderson
Provost Marshal's Office

Vandalism is a crime that takes away the funds necessary to maintain an area, let alone repair it.

Everyone is a victim, and everyone pays. Many of the same precautions taken to discourage burglars may also discourage vandals. Vandalism is largely a juvenile crime that occurs in the evenings and on weekends. The youths involved tend to be younger than other offenders, and vandalism is very much a group activity. With the group it is ``rational,'' exciting and self-reinforcing.

Vandalism is seen as a strong indicator that an area is on the decline. Drug and alcohol related crimes increase with the rise in vandalism. Here are a few prevention techniques to decrease vandalism in your community.

Some simple steps to take include:

* Juveniles know their neighborhoods best. Encourage them to be watchful of juvenile groups, and immediately report criminal activities or suspicious activity.
* Use anti-vandalism signs as a deterrent.
* Look for signs of vandalism activities and report them to the military police.
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* If there are any signs of disrepair in your area, (i.e. abandoned vehicles, abandoned/vacant/broken buildings or construction area, broken windows, broken/inadequate lighting, etc.), report it.
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* Keep trash in adequate trash containers, and make certain regular pickups for your area is being done.

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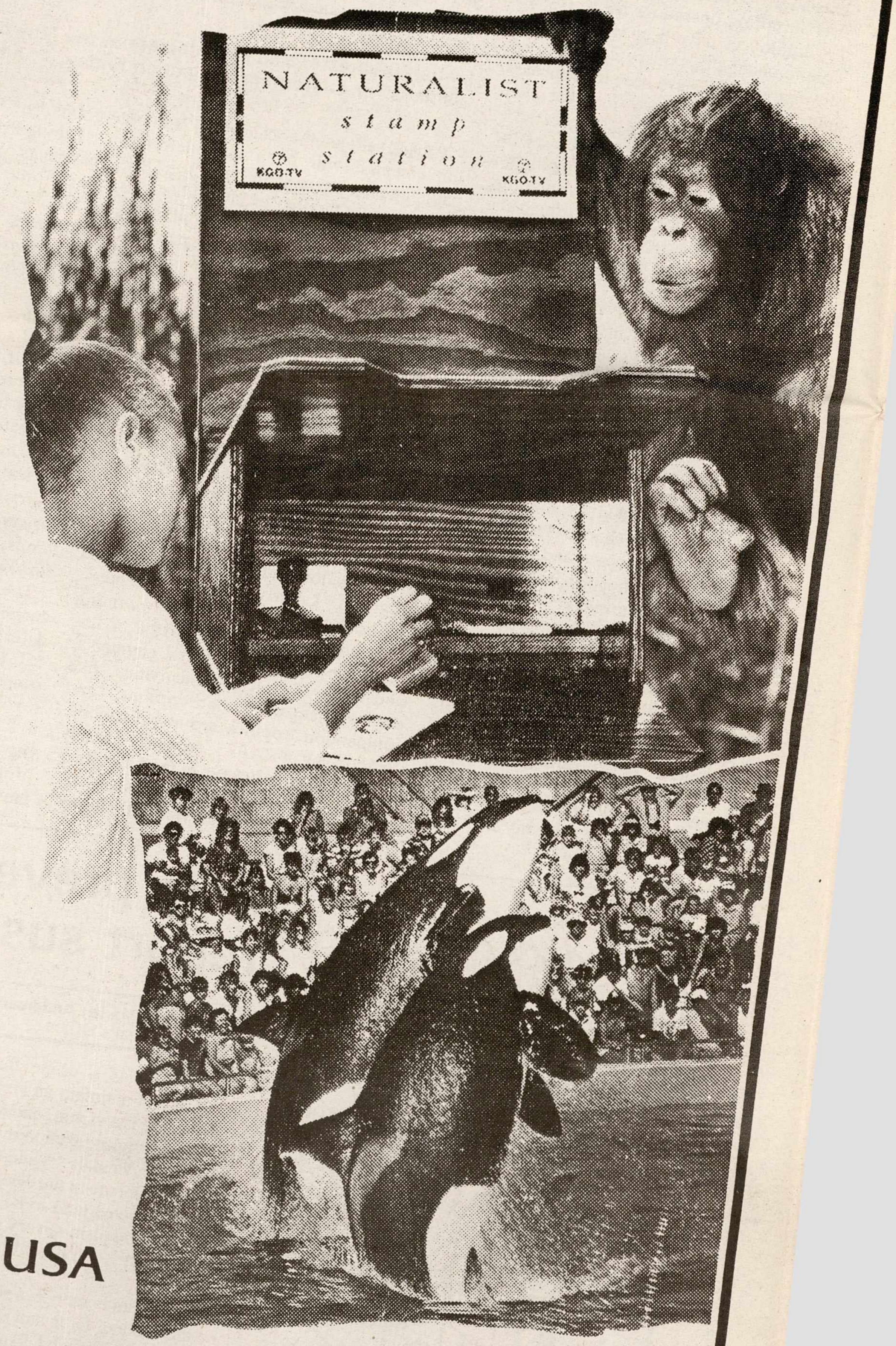

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NEWS BRIEFS

Retiree Health Fair set for April 8

There will be a Retiree Health Fair from 8 a.m. to 3 p.m., April 8, at Letterman U.S. Army Hospital. Attendees should meet in the second floor pharmacy waiting area. Health screenings will be provided along with information from the following services: Health Risk Appraisal, Optometry, Dermatology, Dental, Nutrition Care, Physical Therapy and Urology. We will also have a representative from the Patient Service Center to help plan post-Letterman health care needs. No appointment is needed. This is a departing gift from the LUSAH commander and the entire LUSAH staff. Lunch will be $1.90 at the dining facility that day. For more information call Capt. John Place at **561-6263**.

`Health talks' held in Torney Hall, LUSAH

St. Mary's Hospital and Medical Center is sponsoring a series of health talks at 1:30 p.m. each Tuesday in Torney Hall, Letterman U.S. Army Hospital. Dates and topics include: **Tuesday**, Update on Breast Cancer -- Dr. Pamela Lewis; **April 5**, Self Management of Menopause & Prevention of Osteoporosis -- Dr. Ann Myers; and **April 20**, Evaluation & Treatment of Peripheral Vascular Disease -- Dr. Robert Murray.

Former PSF instructor holds booksigning

Valentin Papadin, a native Russian and former Defense Language Institute instructor on the Presidio, will present his new book, **``Teach Yourself to be a Madman,''** from noon to 2 p.m., April 3, at Larkspur Office Supplies and Books, 242 Magnolia St. The book describes the true story of his adventures in the Soviet Air Force and how he escaped from it by faking madness. Papadin was a Russian language instructor at the former DLI branch in the old Public Health Service Hospital, Bldg. 1800.

Youth Activities schedules projects

Presidio Youth Activities program, Bldg. 386, is holding sign-ups for T-ball, baseball, dance, karate, cooking, sewing, computers, and arts and crafts. More activities for youth ages six to 19 will be announced. Parent volunteers are needed for all activities.

Stress management classes offered

The Presidio Army Community Services is offering parenting classes from 5 to 7 p.m. Thursdays, for five sessions, in the Child Development Center, Bldg. 387. These classes are free but space is limited. The stress management classes are offered from 10 a.m. to noon Tuesdays in ACS, Bldg. 103B. These free classes offer an opportunity to learn skills to manage stress and have more fulfilling relationships. Class topics and dates are: **Tuesday**, Managing Anger; **April 2**, Conflict Resolution; **April 27**, Home and Work Stress Management. Child care is available for parenting and stress classes on a reservation basis. To sign up and to reserve your child care, call Karen Kaho at **561-5155**.

Hamilton hosts activities for families

Now you can participate in ballet for all ages and levels from 3 years to adult. On-going instruction is available on Hamilton Army Air Field, Novato, Calif. For information call Sharon Halloran at **892-1811**, or Moral Welfare and Recreation (HAAF) at **883-5962**.

Also, swimming classes (30 minutes each) will be available at different times from 8:30 to 10:45 a.m. at the MW&R Swimming Pool on HAAF. There are seven skill levels available, and classes will be held in accordance with National YMCA guidelines and supervised by trained instructors. The swim team (6 to 13 years old) will meet from 5 to 6:30 p.m. Call the HAAF MW&R office at **883-5962** for more details and registration information.

POSC accepts final welfare requests

The Presidio Officers' Spouses Club is accepting final welfare requests from post organizations for fiscal year 1992. All requests must be received by April 12. Send requests to **POSC, P.O. Box 29063, PSF Calif., 94129.**

Education Center offers free computer classes

The Presidio Education Center plans to offer the following free computer classes for active duty soldiers from April through June. **Lotus 1-2-3**, 12:30 to 3:30 p.m., Mondays, Wednesdays and Fridays, April 5 through 28; **Introduction to Microcomputers**, 4:30 to 7 p.m., Mondays and Wednesdays, April 5 to 28, and 1 to 3:30 p.m., Tuesdays and Thursdays, April 27 to May 20; **DOS 5.0**, 9 a.m. to noon, Tuesdays and Thursdays, April 27 to May 20; **Beginning Wordperfect 5.1**, 10 a.m. to 12:30 p.m., Mondays and Wednesdays, May 5 to June 2; and **Advanced Wordperfect 5.1**, 10 a.m. to 12:30 p.m. Monday and Wednesday, June 7 to June 30. Adult family members, Reserve soldiers and Department of the Army civilians who work on the Presidio are accepted on a space-available basis. Enrollment forms and more information are available from counselors at the Presidio Education Center, Bldg. 1216; or call Jeane Redsecker at **561-2974** or **561-4445**.

Briefs continued on Page 10

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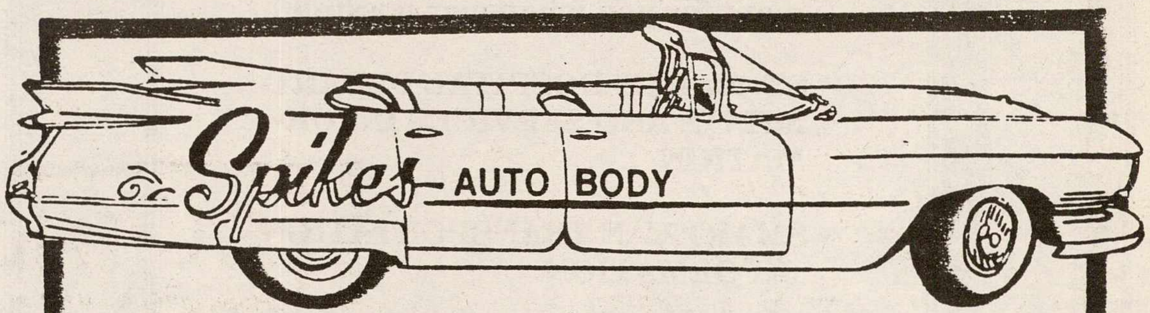

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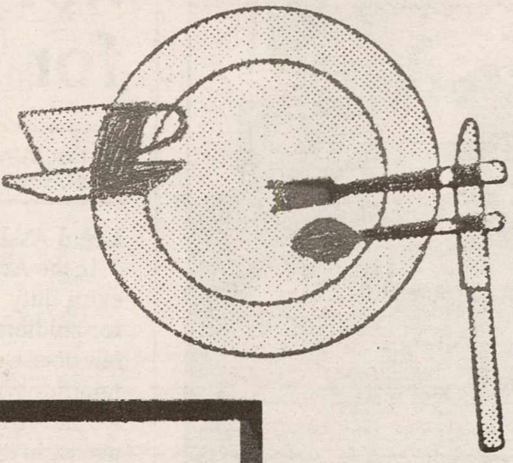

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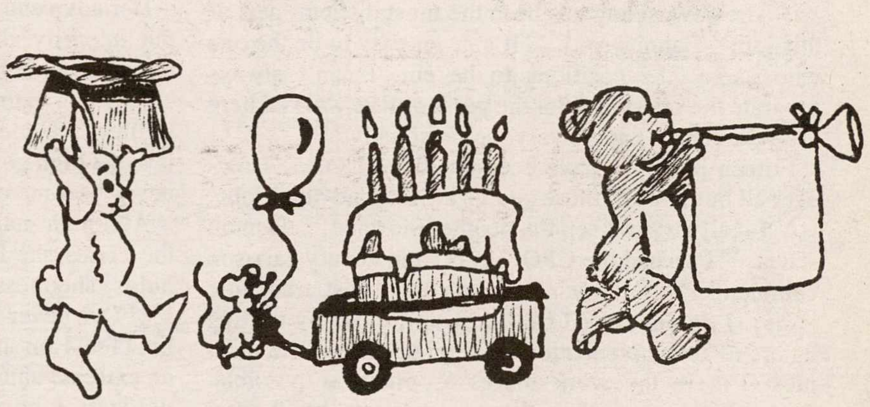


Sgt. Jose Zuniga

Brig. Gen. Jan P. Wepster listens attentively to a briefing from NASA officials.

Moffett, Continued from Page 1

``This very well could throw the cards up in the air again. With the Navy losing so many bases, they will be looking to relocate units, Moffett is a logical option,'' Wepster said.

The current plan calls for the last squadron to decommission at Moffett in the last quarter of 1993. NASA Ames Research Center would officially assume control of Moffett Field in October 1994.

Until a decision is made, however, Falarski said NASA will continue with transition plans as if the recommendation were approved.

Congress is not expected to act on the defense secretary's recommendations until late-June.

Gannon, Continued from Page 1

I'll eventually lose.''

Besides these principles, two women have inspired Gannon to succeed, she explained.

``Two women have inspired me; my mother and the 'virtuous woman' in the Bible,'' Gannon said. ``My mother, because regardless of what she goes through she never loses hope. She is full of hope and strength even though she was diagnosed with an incurable disease.''

White was diagnosed with an incurable disease more than 25 years ago, but has successfully waged battle against it, she said. Gannon's mother has lost four brothers and sisters to the same disease.

``The Bible lists 30 characteristics concerning the `virtuous woman' who was also a business woman. They include being trustworthy, hopeful and loving. These are the characteristics I want to emulate.''

In reminiscing, Gannon feels there aren't many things in her life she would change, not even in difficult times.

``I refused to allow the bad things that have happened [at any particular time] in my life to become excuses for why my life was a failure,'' Gannon said. ``Instead I used them as stepping stones to build strong character within me and build my determination to succeed.''

Although Gannon feels her life has been blessed, there was a particular difficult time in her course to success.

``There was a seven-year period in which I faced a difficult time in my career. I had a supervisor who did nothing to help my career when he had the potential,'' she remembered. "However, in the next five years, I received four promotions. So that sort of made up for that situation. I think that has made me a better supervisor. I remember that and do what I can to help others.

``I'm very fortunate to be a leader where I am,'' she said. ``Leadership is wonderful. This is the first time I've been head of a directorate. The people here really have the difficult job. I work in customer service. I especially like that aspect of the job.''

One difficult aspect of management, Gannon has faced here is the downsizing and the reduction in force.

``The downsizing has been the most difficult part of this job,'' Gannon said. ``It's never easy to be the one who names the positions to be cut. I can't always separate the mission from the person. I've worked here for years and I know everyone personally.''

Fifteen positions have been cut from DOIM. However all but three of those people have found other jobs.

``I really try to keep the people informed,'' Gannon states. ``I've had the CPO, PATO and deputy garrison commander brief my people on the latest transition issues. I do anything I can to benefit those by writing letters of recommendation or helping them write resumes. I'm in the work places as much as possible. Probably more so than they want me to be. I want everyone to know that I am really concerned about them. I do care.''

Barbara Gannon

Although Gannon has grown most from her past experiences, she admits that she isn't perfect and has more to learn.

``I feel I've learned from difficult situations, but I'm not always going to make the right decision,'' she admits. ``You can't please everyone and make everyone happy all the time. I do the best I can with the gifts and talents God gave me.''

Gannon has used her gifts and talents to be the best even outside her career, she said.

``I have been a good daughter to my mother and a hard-working employee. I've always given 110 percent,'' Gannon said. ``I've made a good wife for my husband and I've always taken care of people.''

Gannon is married to CWO Orville Gannon Jr., Sixth U.S. Army Band instructor.

Her advice to women climbing the career ladder is to put integrity above ambition, but never let anything thwart reaching high goals.

``If you maintain personal integrity you will make it in life,'' Gannon added. ``Advice I would give ladies is to set high goals, establish good, basic principles and never become one of the boys. Always stay a lady.''

Although many feel Gannon is a success because of the crises she has overcome or the position she now holds, she measures success on a different level.

``I've never written a book or done any great things, but I feel I am successful,'' Gannon concluded. ``I have an extreme amount of peace and joy in my life and I've used my authority to help others better themselves. That makes me a success.''

Ask the Lawyer

Legal assistance not just extra duty for Army lawyers

By Col. Alfred F. Arguilla
Chief, Legal Assistance Office

Legal Assistance in the Army

In the Army, legal assistance is a program, not just an extra duty for Army lawyers or a nice-to-have service for soldiers if time and resources permit. Although the law does not require that Army lawyers help soldiers and families with their personal legal problems and needs, we nevertheless assist them with those problems and needs, in every way possible, and we will continue to do so in the future.

The continuing need for legal assistance

With the demise of the Soviet Union and the end of the cold war, our nation faces a period of uncertainty in the world. Where, when and what will be the next threat to our nation's security, necessitating the use of military force, is speculative at best, so too, is the eventual size, composition, and deployment of our military force. For at least the immediate future, however, one thing is fairly certain: The Army, along with the other military services, will have fewer people in uniform, and of those who remain, fewer of them will be stationed overseas than at anytime in the past since the end of World War II.

In the absence of some unforeseen contingency, our military force will be reduced in size over the next several years by at least 25 percent. Regardless of the changes that occur, however, there will continue to be a need for legal assistance in the Army. Our present plans call for expansion, not contraction, of the legal assistance services we provide. With increased automation and fewer soldiers stationed overseas (where many time-consuming legal assistance problems arise), we should be able to do more with less, and continue to meet, if not exceed the quality of legal assistance services provided by civilian law firms.

Commander's Programs

Legal assistance is a commander's program. The legal services we provide to soldiers meet not only their personal needs for legal advice and help, but also the needs of the Army. Those needs are in the following four areas:

Readiness - Soldiers in the U.S. Army Reserve and Army National Guard must be prepared for immediate mobilization in the event of war. In addition, all soldiers, both active duty and in the Reserves, together with certain Army employees, must be prepared at all times for immediate deployment overseas. Putting their personal legal affairs in order is an important aspect of readiness. Army lawyers assist those who may be, or are being, mobilized or deployed by drafting and executing will and powers of attorney and providing advice and assistance on other legal needs or problems. Although our goal is to prepare soldiers and others for mobilization and deployment well in advance of such occurrences, meeting that goal for everyone is not possible. The personal legal needs of soldiers, like everyone else, are in a constant state of flux, and cannot always be anticipated or met even under the best of circumstances. Therefore, possessing the capability to deliver legal assistance on short notice to great numbers during a brief period of time is essential to readiness.

Morale - Fostering the high morale of soldiers and their families is an essential aspect of readiness. Soldiers with poor morale, including those who are troubled with personal legal problems and difficulties, do not perform well on the battlefield. High morale is enhanced by providing soldiers and their families with information, advice, and assistance responsive to their personal legal needs and problems.

Discipline - Personal legal difficulties may also cause disciplinary problems. We recruit and train soldiers with the goal of developing a force that will be physically aggressive in combat. However, we do not want soldiers to use this same aggression (or self-help) to solve their personal legal problems. Having an Army lawyer readily available to assist soldiers with domestic relations, landlord-tenant, and consumer affairs problems is an effective preventive law measure.

Quality force - Providing legal assistance is part of the Army's ongoing effort to maintain a quality of life that will attract and retain the very best people. The Army must take care of its own if it is to recruit and maintain a quality force.

Continued next week

Staff Sgt. Pleasant Lindsey III

Timber!

After a tree fell in the 700 housing area, Charles Minster, an enginneer with the Directorate of Engineering and Housing, carefully cuts branches so it can be removed from the site. Because of the recent rain storms several trees have fallen around the Presidio.

Asbestos removal program continues; DEH engineers repair sewer mains

By Juanita Whitehead
Directorate of Engineering and Housing

A contract has been awarded for asbestos removal on post. It is part of the installation asbestos abatement program initiated in October 1987.

The contract calls for removal of asbestos-containing material in approximately 139 buildings (including 90 family quarters)

As part of the asbestos abatement program, a survey of all buildings at the Presidio and the sub-installations was made to identify areas where asbestos-containing materials were present, and the condition of the material. The contract is a follow-up of this survey.

Work under this contract started in January and is scheduled to be completed around November. The work is being performed by a contractor registered by the State of California as an asbestos removal contractor, and is being monitored by an independent certified industrial hygienist. Additional monitoring to insure compliance with all federal, state and local regulations is being made by the Directorate of Engineering and Housing's own industrial hygienist.

In most cases, material containing asbestos is located in non-living areas (mechanical equipment rooms or basements) and removal is possible while the building is occupied. Some inconveniences may be experienced by the occupants, such as being able to access the basement (normally for a period not exceeding one week) and in some cases it might be necessary to shut down the heating or hot water system for a few hours.

Occupants can rest assured that all precautions will be taken while removing asbestos, including total isolation of the area with seals. These seals will remain in place until air tests shows the that area is safe for occupancy.

If removal of asbestos is necessary in a set of quarters, the occupants will be contacted at least two weeks prior to the date the work will start.

For more information regarding this project call Luzon Ramos of DEH at **561-4817**.

Sewer maintenance

Maintenance crews are still working to repair sewer mains on the installation. Some of you may have had work done in your area and have encountered some inconveniences due to the digging required, which has been further complicated by the recent rains.

Some of you have expressed concerns about damage to your lawns and walkways.

To address your concerns, the lawns and paved areas are the responsibility of the contractor. For the contractor to execute the work in a cost efficient manner, he will make these repairs after all digging and backfilling has been completed in the effected area. This process may result in your lawn not being repaired for one or two weeks.

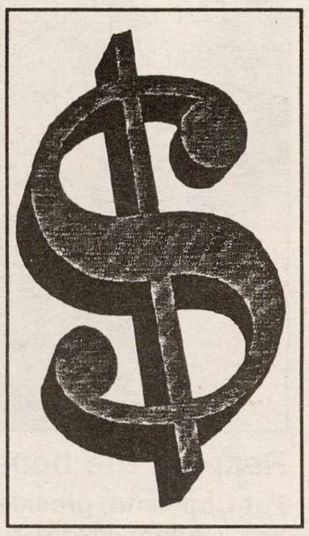
The contractor is currently repairing lawns and paved areas in the 900 area. From now on, as previously stated, repairs on each affected area will be started immediately after completing the sewer main repair work.

We appreciate the patience you have demonstrated during this project and ask that you bear with us to completion of this project. We will maximize our efforts to minimize the impact this construction project will have on you.

If you have any questions regarding this or other projects, please contact Juanita Whitehead, customer relations specialist, DEH, at **561-3711.**

Retraining monies available to assist Presidio employees

By Valeria Dunn
Presidio Army Transition Office



Editor's note: This article is continued from last week's *Star Presidian*. Last week's article read See Retraining, Page X, however the story was not continued. It also ended in a question. That question will be answered in the following article.

When the announcement was made that the Department of Labor had approved retraining funds for separated Presidio Employees, some folks had some confusion about what the Job Training Partnership Act does and does not do. Here, in a question and answer format, are some points about the program.

These questions and answers are based on discussions with employees who were confused about the real facts of the program.

If you have a need for more information or further clarification after reading this article, call the Private Industry Council at the telephone number's below.

Q: **While drawing unemployment and looking for a job is there a way I can combine retraining with a new job?**

A: In some cases, the PIC can arrange an on-the-job training program, but would have to work with the PIC and a prospective employers to come up with a program.

However, if you are enrolled in an OJT program, your unemployment benefits may stop when you start your program. To determine how OJT impacts on unemployment benefits, talk to an unemployment representative.

Q: **I received my RIF notice Feb. 11, and I still have a job until June. When can I start retraining?**

A: If eligible, and enrolled in a retraining program, you can use whatever release-time management will give -- flex-time, annual leave, time after work or on weekends, or a combination of these.

The best advice we can give is to take charge of yourself and work closely with your supervisor, the PIC, and whoever would be giving the training to come up with a solution that best meets the competing needs of your work, class schedule, etc.

Q: **I do not live in San Francisco. Will the San Francisco PIC help me?**

A: Yes. Before contacting the PIC in your local area, contact the San Francisco PIC to make sure you receive all services and benefits (not all services are available everywhere).

Q: **If the PIC says I am not eligible for retraining, can I appeal that decision?**

A: Yes. First you would make an informal inquiry to the supervisor of the staff person who denied retraining at the PIC office. Then if you still aren't satisfied, you may file a formal appeal with the complaint officer of the PIC.

Q: **Where is the PIC; who do I talk to?**

A: The PIC is located at 1049 Market St., 4th Floor, San Francisco, Calif., 94103. You may call Vicki Pichon at **621-6853.**

An employment training advisor from the PIC is on site from 1 to 4 p.m. every Wednesday at the Presidio Job Resource Center, Bldg. 103B. You can schedule an appointment with a training advisor by calling **561-6090.**

Q: **Where is the unemployment representative? Who do I talk to there?**

A: The Employment Development Department is located at 801 Turk St., San Francisco, 94102. The phone number is **557-3038.**

An employment counselor from EDD is on site at the from 1 to 4 p.m. every Thursday at the Job Resource Center, Bldg. 103B. You can schedule an appointment with a counselor by calling **561-5057.**

Robert Davis

Reaping the benefits

Pat Copeland, president of the Enlisted Spouses' Club, presents a congratulatory token to Sgt. Darlene Profitt-Addams, Presidio Noncommissioned Officer of the Year, and Sgt. Jose Zuniga, Presidio and Sixth U.S. Army Soldier of the Year, during a luncheon March 16.

Briefs continued from Page 5

Thrift Shop backs computer course

Military family members 18 years and older and retirees may learn basic computer skills at no cost in the Presidio Education Center, Bldg. 1216, through a grant sponsored by the Presidio Thrift Shop. All classes will last from 10 a.m. to 12:30 p.m. **Introduction to Microcomputers** is offered April 5 to May 3, on Mondays and Wednesdays. **Word Perfect 5.1** is scheduled for Tuesdays and Thursdays from April 6 to May 4; and **Advanced Word Perfect 5.1** is offered Tuesdays and Thursdays from May 11 to June 3. Enrollment applications will be accepted from 11 a.m. to 1 p.m. March 22 and 25 at the Education Center.

East Bay Job Fair set for Tuesday

More than 50 East Bay employers will recruit at the East Bay Job Faire from 10 a.m. to 2 p.m. and 4 to 7 p.m., Tuesday, at Centennial hall, 22292 Foothill Boulevard, Hayward, Calif. The event is free, and is sponsored by the Community Career Education Center. For more information, call **345-0753**.

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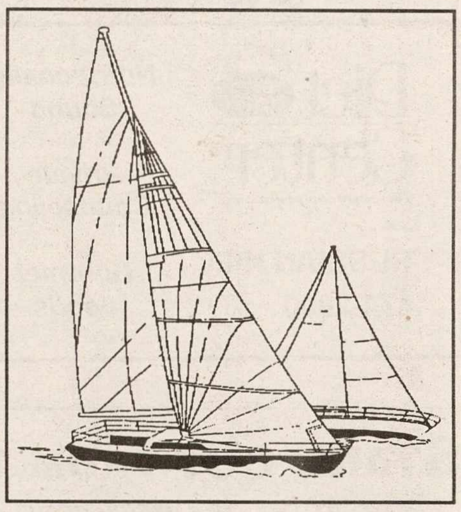
Sgt. Jose Zuniga

AER kick-off

The Army Emergency Relief campaign kicked-off March 17 at Bldg. 103B. Sharon Thomas, the Presidio Army Emergency Relief officer, addresses unit AER keypersons on the proper methods of conducting this year's campaign.

Yacht club membership drive begins



The Presidio Yacht Club at East Fort Baker has announced its spring membership drive soliciting members from the Presidio and other nearby military installations.

The club membership is open to all soldiers and familiy members, and federal government civilian employees. Club members enjoy a wide range of benefits to those interested in sailing or power boating. The club berths can accomodate boats up to 40 feet long at very low rates. Indoor berths is also available.

The Presidio Yacht Club is the only Bay Area club with a marine railway and crane for boat haulout. There is a small fee and the railway cart is the user's for the whole week. A well equipped maintenance bay is also available.

For those who do not own a boat, rental boats are available at a nominal charge. The rental boats are the very popular Cal 20s, a Columbia 26 and a Newport 30. Users must qualify to rent a boat.

Sailing lessons are available for $45 for four lessons (two weekends). The instructors are experienced volunteer club members.

The Yacht Club hosts social events like the monthly dinner, when members volunteer to cook their favorite recipes for the memberships' dining pleasure. The club's lounge has an unobstructed view of the Golden Bate Bridge and is open Saturdays and Sundays from 9 a.m. to 5 p.m.

For membership information call **332-2319**, or visit any weekend and see for yourself.

Information provided by the Presidio Yacht Club.

Changing Health Plans?

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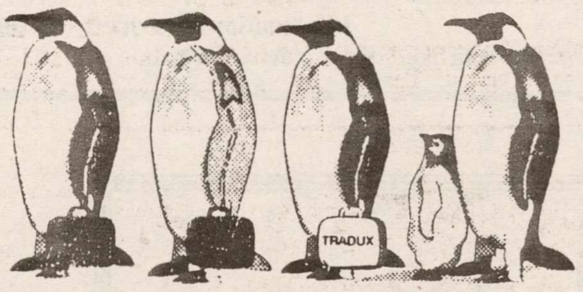

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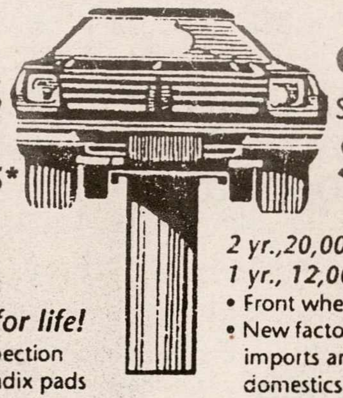

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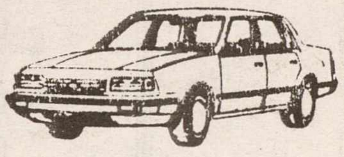

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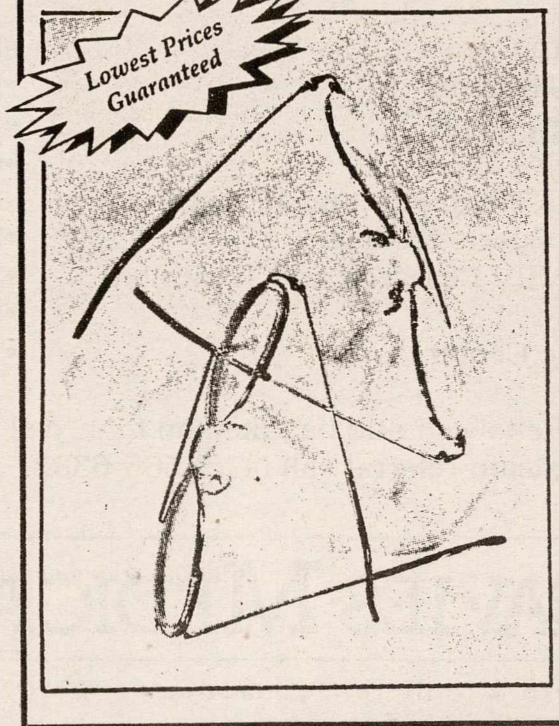

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Intramural basketball season heats up

Three teams vie for No. 1 spot

By Pleasant Lindsey III
Star Presidian staff

March 18

LEC 67
Transition Point 48

John Evans started the second half with a free throw and a 3-point goal, and later added 10 more points from the field to lead his team to a 67-48 victory over the Transition Point. Gene Allen led LEC with 19 points, and Reginald Brown added 18.

LUSAH 52
FBI 53

LUSAH's Wayne Rogers fired two long-range shots for six points in the game's final minutes, but his team couldn't avoid a 53-52 loss to FBI.

FBI's Guy shot 3 for 4 from the free-throw line in the last moments of the second half and finished the night with 16 points.

March 17

USAG 42
LEC 48

LEC's Jim Jensen led all scorers with 19 points as LEC defeated USAG 48-42. LEC finished the first half with a 25-17 lead.

USAG's David Jackson scored the majority of his team's points, including nine in the first half and 10 in the second.

LUSAH30 59
864TH 71

Company C, 864th Engineer Battalion stretched its six-point halftime lead to 12 points and whipped LUSAH30, 71-59. Jimmy Davis shot 5-8 from the line in the second half, and finished the night with 19 points.

Charles Shedrick pumped in 25 points for LUSAH30. He shot only 50 percent from the line, but hit two 3-point baskets in the final minutes of the second half.

March 16

LEC 57
FBI 55

LEC rose from a 29-27 halftime deficit and squeaked by FBI, 57-55. LEC outscored FBI 20-14 in the opening minutes of the second half. Then, by actively fouling FBI players and sending them to the free throw line, LEC kept control of the game clock. FBI shot 13-19 from the line in the second half. LEC's John Evans led all scorers with 16 points.

864TH 41
LUSAH 61

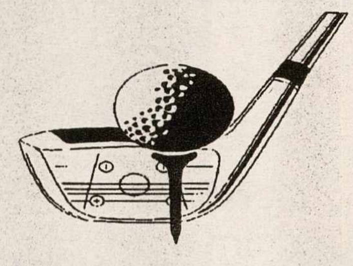
864th was never in this game. Wayne Rogers' 14 first-half points gave LUSAH a commanding 31-16 halftime lead. Rogers would finish the night with 20 points, while shooting only 2-6 from the line.

Intramural standings as of March 18

1. FBI 7-3
2. LEC 7-4
3. LUSAH30 6-3
4. USAG 4-4
5. T-Point 4-5
6. 864th 4-6
7. LUSAH 1-7

Armed Forces Basketball Team returns

The Armed Forces Basketball Team returns to the Presidio with a game at 2 p.m. Saturday in Gym No. 1. The team's opponent will be Blue & Gold Fleet. Blue & Gold won the All Army Invitational Tournament Feb. 28 in Gym No. 2.



AUSA golf tourney set for April

The 12th annual Association of the United States Army Golf Tournament will be played at the Presidio Army Golf Course on April 9. The tourney is a four player team scramble and begins with a shotgun start at 12:30 p.m. The entry fee includes green fees, golf cart, lunch, snacks, prizes and players' contributions to the AUSA general fund. For information call **561-3379**.

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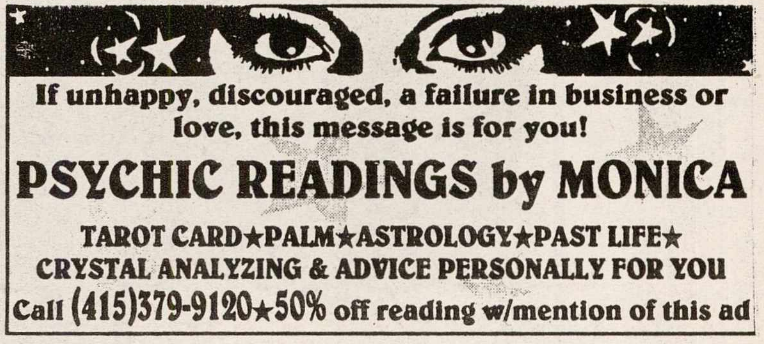

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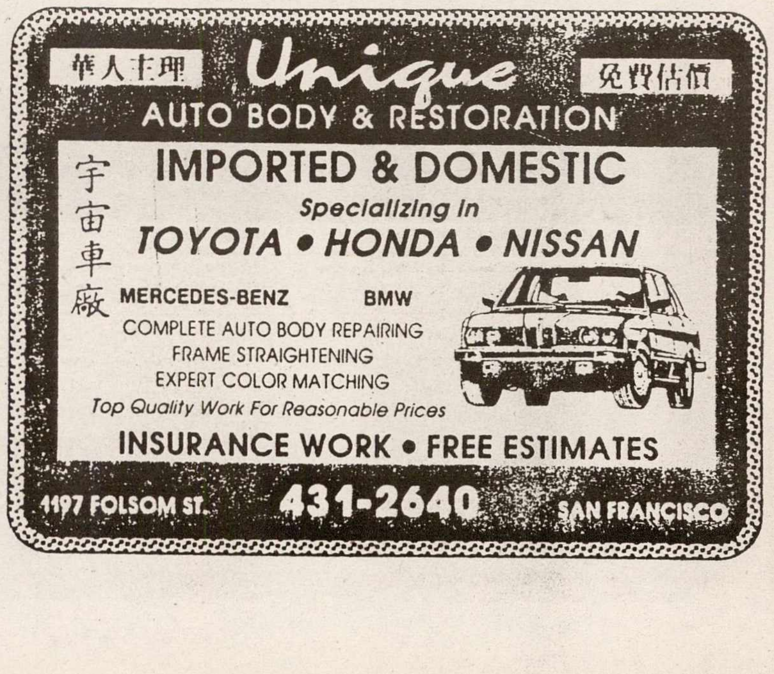

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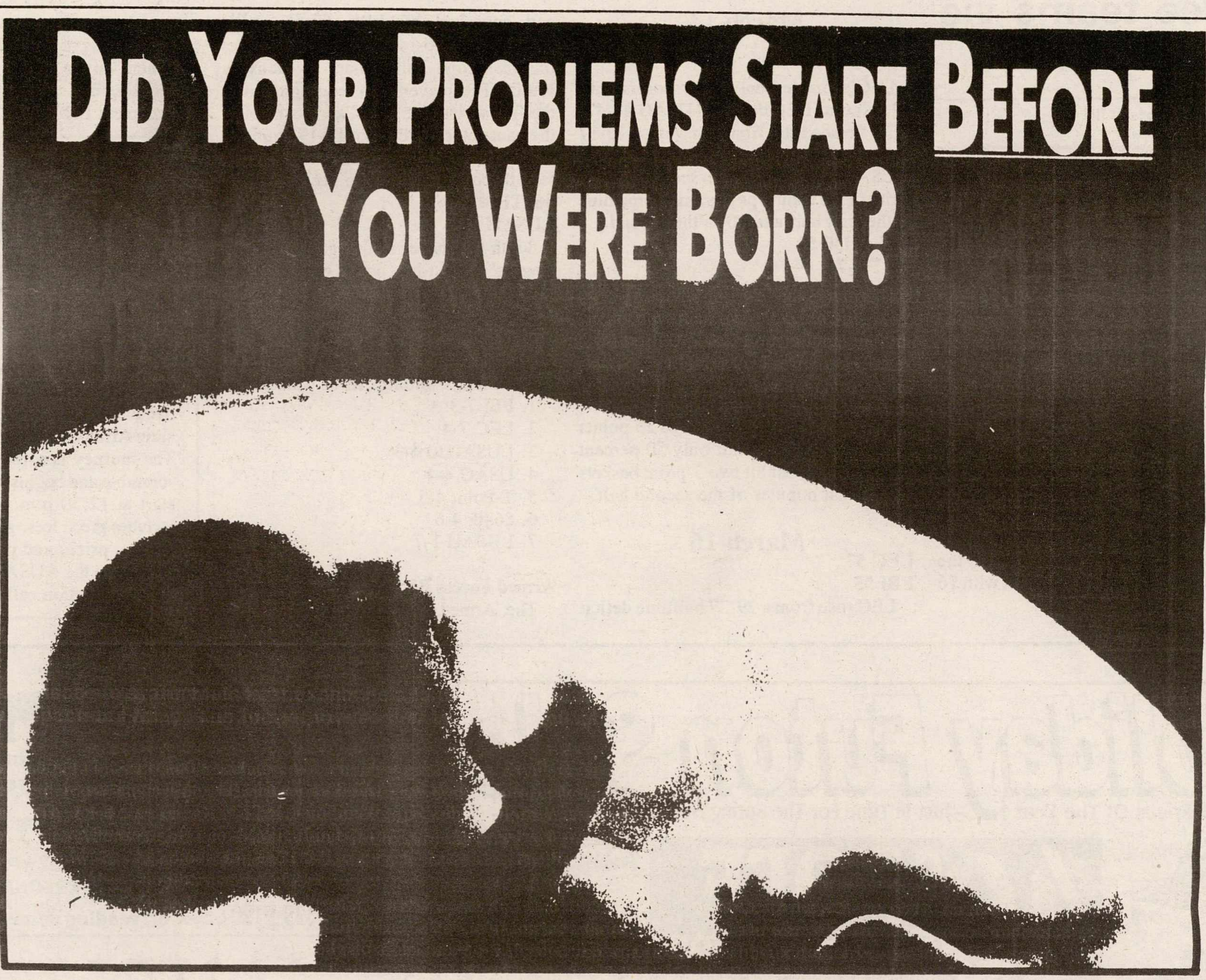
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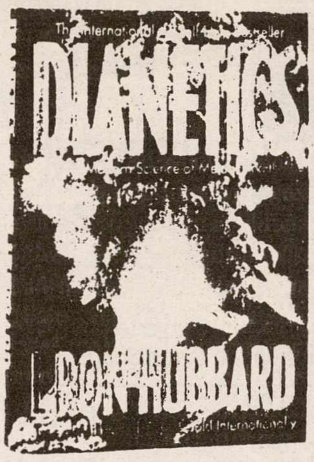

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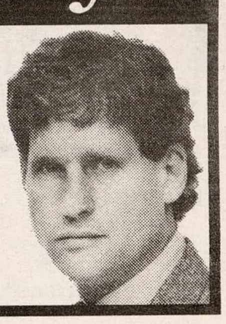

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Star Presidian

Vol. 36, No. 13 | Published for the Presidio of San Francisco | April 2, 1993

Post dining facility opens at LUSAH

By Sgt. John W. McGarrah
Star Presidian staff

In a move that will trim approximately $100,000 a year from the Presidio's operating budget, the sole dining facility on post will be housed at Letterman U.S. Army Hospital.

The Fort Winfield Scott facility, which formerly served Headquarters Command Battalion soldiers closed April 1.. The facility, which was located in Bldg. 1208, is being closed at the end of their contract because of the post's downsizing and the upcoming move of the battalion's soldiers to the main post in June.

To assist soldiers housed at Fort Scott in reaching the new facility, bus transportation will be provided to and from the new facility. An exception to policy has also been granted by Col. Gregory A. Renn, garrison commander, to allow Department of the Army civilians with current identification cards to use the facility as well.

The facility's weekday hours will be: breakfast from 6:15 to 7:45; lunch from 11 a.m. to 1 p.m.; and dinner from 4 to 5:30 p.m. The weekend/holiday hours are: breakfast from 6:15 to 9 a.m.; lunch from 11 a.m. to 1 p.m.; and dinner from 4 to 5:30 p.m. The cost for breakfast will be 95-cents; lunch and dinner are $1.90. For officers and civilians, the surcharge will be $2.30 for breakfast, with a $4.55 surcharge for lunch and dinner.

The move has many benefits, explained Richard D. Gore, director of logistics for the Presidio Garrison Headquarters.

Not only is the 500-seat LUSAH facility larger, more modern, and better equipped, but there is also a resident dietitian on the hospital staff.

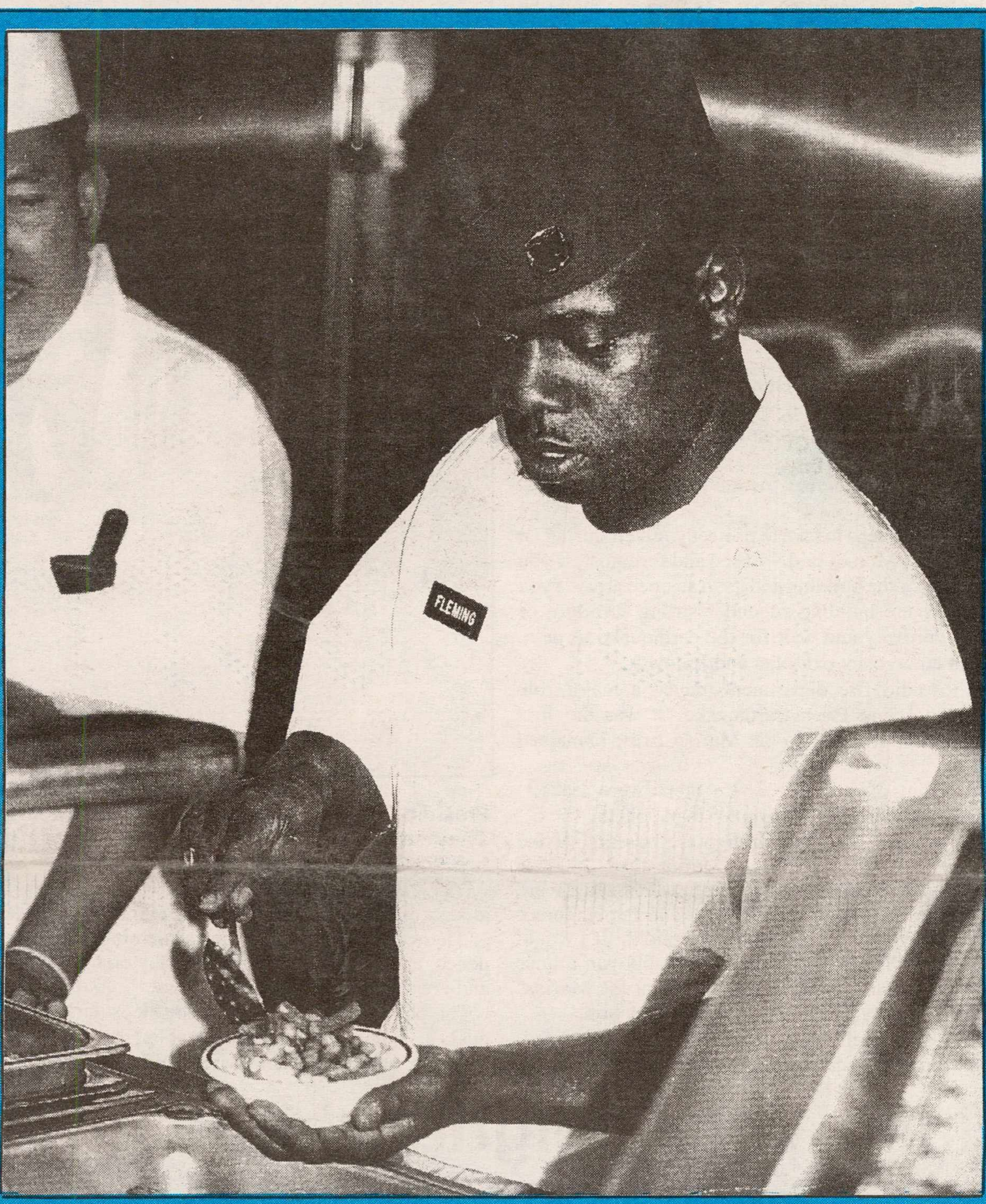
``For the price, nothing on the outside can compare for the same amount of money. Users will be able to get a good, balanced meal for a fair price,'' Gore said.

To prevent congestion in the hospital corridors, users are asked to use the patio entrance on the northeast side.

``It's sad to see the Fort Scott facility close,'' said James Harris, food service manager for the Presidio. ``Thigpen Limited, under the direction of Linda Young, has done an outstanding job providing service to our soldiers. Letterman U.S. Army Hospital has done an really great job also in supporting this move.''

Harris, with 35 years in food services, will become manager of the facility on June 12. ``In 1982, there were four facilities on post, not including the hospital,'' he remembers. ``It's sad, but it will be better for the soldier in the long run.''

The facility will have an official unveiling on June 12.



Sgt. John W. McGarrah

Dishing it out

Sgt. Timothy Fleming, a cook with the Letterman U.S. Army Hospital Dining Facility, serves lunch at the only dining facility currently open on the Presidio. The 500-seat facility has opened its doors to all, including Department of Army civilians . A valid identification card is needed to use the dining facility.

Remember!
Jump forward
one hour
this Sunday
morning...

Abrams witnesses Kuwaiti commitment

By Sgt. Jose Zuniga
Star Presidio staff

Kuwait is a country eager to rebuild itself and create a militia capable of defending its sovereign borders, Brig. Gen. John N. Abrams, commander of Joint Task Force-Kuwait, told officers March 23 at the Presidio Officers' Club.

``They are a country in shambles after the Persian Gulf War, but a country committed to making a change from what it was prior to Aug. 2, 1990,'' Abrams said. Iraqi forces pushed into Kuwait on this date, stirring international condemnation and eventually U.S. involvement in the region.

Abrams, the assistant division commander (maneuver) of the 1st Cavalry Division at Fort Hood, Texas, has served as JTF-Kuwait's commander since its inception in 1992.

The task force's role, Abrams explained, is power projection in the unstable region and coalition training. ``We are there to reinforce our Arab allies and make it clear that the aggression ruthlessly orchestrated by Saddam Hussein two years ago will not be tolerated,'' Abrams said.

Coalition training is the key to assuring that aggression is not repeated, the general emphasized.

``The Kuwaitis, along with several other small Arab states, are firmly committed to defend their sovereign borders. It is our desire to ensure they are capable of doing just that,'' Abrams said.

The resurgence of instability in the region makes the training all the more important, he added.

``The greatest source of instability now is the emerging military and political role of Iran in the region,'' Abrams said. ``This factor coupled with political instability in Iraq and the region's volatile history worries many.''

The task force commander stated that U.S. Army forces are highly regarded by Kuwaiti citizens -- a feeling he said was only paralleled in the early days of deployments to Europe in World War II.

``Unlike many of the other countries in the region, Kuwait has a different attitude in dealing with us. We are very welcome,'' Abrams said. ``Our soldiers are being asked for autographs and the usually shy Kuwaitis are willing to ask to have their childrens' picture taken with soldiers in the chocolate chip uniform.''

Beside Kuwaiti citizens, however, Arab armed forces have a great admiration for the American noncommissioned officer corps, the general said.

``They are shocked that we have such proficient NCOs in our ranks. Many times, as questions came up about equipment or training, they'd rather hear the answer from an NCO's mouth rather than mine,'' Abrams said.

It is in seeing how highly other services regard the U.S. Army that soldiers should be reminded of the great accomplishment they have and will face collectively.

``With all the changes we have going on today, we would be well served to remember what created this Army we are all so dedicated to,'' Abrams said. ``There are challenges ahead that we can only solve together; we're seeing an example of that collective work in the Persian Gulf.''

Earthquake Preparedness Month

Firefighters train, prepare daily

By Spc. Adrienne Story
Star Presidian staff

Scientists have predicted that 4,000 people might be killed, and between 15,000 and 20,000 would require hospitalization if a 7.6 magnitude earthquake shook the Hayward fault.

Despite these devastating predictions, there are several precautions you can take before an earthquake to prepare yourself and your home.

April is Earthquake Preparedness Month which makes it the perfect time to strengthen your earthquake awareness.

“You should secure your water heaters, tall cabinets and any large items to the wall with housing approval,” said Capt. Ed Moniot, chief, Presidio fire department. “It's important to know where your gas, heat and water shut off valves are located.

“Know all the emergency numbers in case of an earthquake or any situation,” Moniot continued. “Keep a list close to the phone because you may forget during an emergency.”

The emergency number for the Presidio fire department is 561-5656.

“There are steps to take to protect yourself during an earthquake,” Moniot said. “First and foremost, if you can, get out of the building and go to an open area. If you can't leave the building sit under strong furniture or inside a doorway and wait for the earthquake to pass. Have an emergency exit plan and follow it.”

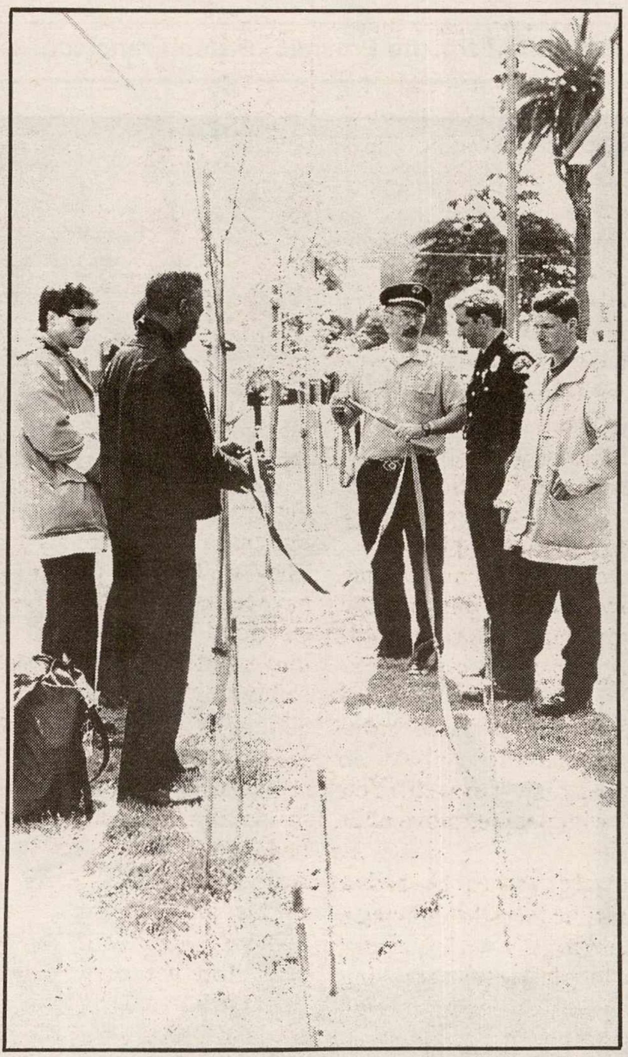
The Presidio fire department played a major role during the Loma Prieta earthquake. It was the first department to respond to the Marina fires, explained Moniot.

“We shut off the gas where there were leaks,” Moniot said. “Then we attempted to put out the fires.”

Vince Milano, Presidio firefighter, was one of the first to aassist in putting out the Marina fires.

Because their engine ran out of water, they were unable to put out all of the fires, Milano remembered.

“We put what we had into it,” he said. “If I would do anything differently, I would probably run a hose from the Presidio station to our engine at the Marina. Our water supply and hoses were still in action.”



Spc. Adrienne Story

Presidio firefighters train daily to stay prepared. They set up an anchoring system outside the fire department as part of their training.

The Presidio firefighters stay prepared, Moniot stated. “We train almost daily. We run the engines and hoses at least once a week to prepare for real fires,” he said. “There are certain times when something takes precedence, and we can't train, but we stay on top of things and are prepared for any emergency.”

The phone book lists preparation steps during earthquakes. For more information about how to protect yourself, call the Presidio Safety Office at **561-5532**.

Make your neighborhood safe

By Staff Sgt. Marian E. Anderson
Provost Marshal's Office

When it comes to fighting crime, we're all in it together to make your neighborhoods a safer place. You can make your neighborhood safer by being observant **and reporting suspicious people, places, or things.**

Be alert for the following:

*Someone running from a car or home.

*Someone screaming. If you cannot determine what the screams are, call the police and report it.

*Someone going door-to-door in the neighborhood, or looking into windows and parked cars.

*Someone asking about past residents.

*A person who seems to have no purpose wandering in the neighborhood.

*Any unusual or suspicious noise that you cannot explain, such as breaking glass or pounding.

*Vehicles moving slowly, without lights, or with no apparent destination.

*Business transactions conducted from a vehicle. This could involve the sale of drugs or stolen goods.

*Offers of merchandise at ridiculously low prices. It is probably stolen.

*Property carried by someone on foot at an unusual hour or place, especially if the person is running.

*Property being removed from closed businesses or unoccupied residences.

*A stranger entering a neighbor's home that appears to be unoccupied.

*A stranger in a car stopping to talk to a child or children.

*A child or children resisting the advances of an adult or teenagers.

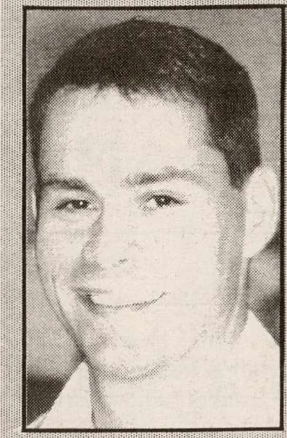
Never get involved with suspicious characters by taking life threatening chances.

Notify the military police and describe the suspicious activity or crime in progress as accurately as possible. Describe the suspect or vehicle involved as best as you can.

Let's continue to sustain the quality of life on Presidio. Help us, help you... Take a bite out of crime.

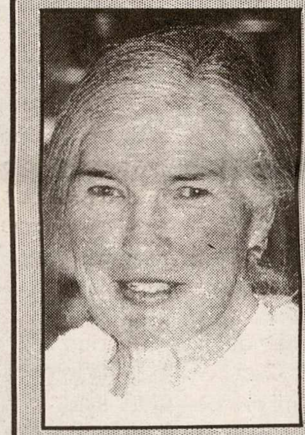
Ask Presidians

What is your favorite movie of all time and why?



Spc. Eddie A. Broughton, orthopedic specialist, LUSAH: “*Field of Dreams*,' followed closely by *Dances With Wolves.* Kevin Costner did a real outstanding job in both of them.”

Spc. Christopher Barr, multi-channel systems operator, 319th Sig. Bn.: “Probably, *Scent of a Woman*, it moves along well and builds to a good ending. Al Pacino's acting was also very good.”



Josephine Smith, family member: “*The Quiet Man* with John Wayne and Maureen O'Hara. It was filmed in Ireland. I liked it because it had very little violence, unlike today's movies.”

Maria Rejano, sales associate/checker, Main Post Exchange: “I love Walt Disney movies such as *Beauty and the Beast, Little Mermaid*, and *Aladdin*. They're lots of fun, and a good escape.”

Photos by Sgt. John W. McGarrah

Reminder:

Tax deadline is April 15. Don't procrastinate, plan ahead. See page 10.

Star Presidian

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Military 'brats' face sacrifices also

By Spc. Adrienne Story
Star Presidian staff

Editor's note: April is the Month of the Military Child. This month we recognize the sacrifices military children have made.

Spc. William Coward hasn't had a true home per se, in 24 years. He attended five different elementary schools, three different middle schools and five different high schools. His father was a cook in the military and their family moved often.

Because he has moved so often and doesn't feel he has a place to call home, Coward sometimes regrets being a `military brat.'

``Home was wherever my parents were living at the time,'' said Coward, a chaplain's assistant with the Main Post Chapel. ``When people ask me where I'm from I have to stop and think about it. They say, `it's not a hard question,' but it is. I feel like I have to explain and that is certainly not easy to do.''

Coward was born in Germany, went to kindergarten in Washington, went back to Germany for a few years, and then returned to the states. He attended junior high in Turkey. His father was then stationed in Saudi Arabia for two years. At that time Coward lived with his grandmother in Florida.

``It was hard to make friends. Even more difficult to keep them,'' Coward said. ``I was always the new kid in school. I never knew how long I would be in one place at a time, we moved so often. One time I started school and we moved before I even received a report card.

``I really felt bad for my sister, though,'' Coward continued. ``She had to move *her senior year and start all over* at a new school. She was pretty upset.

``We didn't have that Beaver Cleaver home life,'' Coward said. ``There's no home town I go back to visit. I don't know my old neighbor, and my kids won't play with my school buddy's kids. No one remembers me since kindergarten, and I don't remember anyone from kindergarten''

Although Coward was proud of his father, he admits there were many times he was upset with him.

``There were times I got mad,'' he said. ``I just started school and we would move again. It became frustrating. I had no say, it didn't matter how much I liked or disliked a place.''

Coward feels because of his experience as a ``military brat'' he will not have a family while he's in the military. He plans to settle in one place.

``Because of how I felt when I was growing up, I won't have a family or kids in the military,'' he said. ``It's O.K. when they're younger because they don't know what's going on, but kids need a place to call home. After ninth grade they should be able to stay in one place.

``There is no one besides my parents who really knows me. No one can say they saw me grow up,'' Coward said. ``I've had a thousand different teachers. I have yearbooks from more than five different schools. It's really hard to keep in contact with anyone especially when you don't know anyone that well. You just lose contact with people, move after move.''

Although Coward wishes he had a place to call home, he feels that moving a lot has some benefit.

``There are a lot of benefits to moving around so much, but they don't outweigh the bad,'' Coward said. ``I have seen so many places and different cultures. I've had the opportunity to experience a lot when some people never leave one state. You grow up a lot faster when you move around because one of your parents is in the military. I couldn't imagine just staying in one place for all my life.

``I think people who feel they missed out because they spent their whole life in one place need to really think about it. They are lucky,'' Coward said. ``They have friends they grew up with. They are still good friends with kids they went to kindergarten with. They have a place to call home.''

Coward was sometimes separated from his father because of his military duties.

``When I was six or seven, my dad was in Korea. We stayed at my grandmother's,'' he remembered. ``It was really weird. I knew he was gone because of his job, but everyone would ask, `where's your dad?' Well, he's overseas. I'm not sure people understood that. I still talked to him on the phone and saw him at Christmas, but it was still very difficult to be away from him.''

Because Coward's father was a cook, he was gone before 4 a.m. and on weekends and holidays, Coward explained.

``We all had to make our sacrifices to have time together,'' Coward said. ``On Thanksgiving we had dinner in the mess hall so we could spend time with him. We visited him at work whenever possible. It wasn't always easy, but we shared as much as we could.''

Coward's pride in his father towered above his feelings of loss and influenced him to join the Army.

``My father influenced my decision, but he never pushed me,'' Coward said. ``It was always my choice.''

Although it may seem a contrast to wish for stabilization and then join the military, Coward knows no other way of life.

``I almost have to move around now,'' Coward said. ``Since birth, I've been shuffled around from one place to another. It's hard to stay in one place for a long time. I get nervous and bored. Moving around is the only life I know.

``One of the reasons I joined the Army was I wanted to travel,'' Coward concluded. ``Moving around is all right for me right now, but I want my kids to have a home. I want a place to call home.''

Spc. William Coward

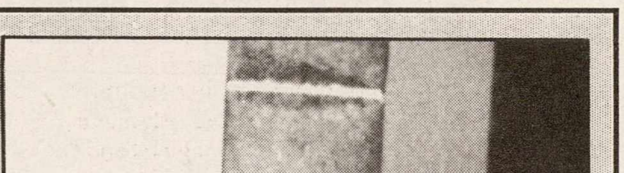
Working together, Presidio Scouts Jacob Thiessen and Marc Miglorin pick up leaves.

Scouts police Presidio areas

Post Scouts (Troop and Pack 77) cleaned up the Presidio March 27.

They fulfilled the Environmental Service Project Conservation Day event requirement by stacking barrels, cleaned a storage shed, and painting benches at Fort Point. They also cleaning up accumulated debris in and around the Scout Hut, Bldg. 1331.

Boy Scouts cleaned the Robb Hill Scout Campground on the Presidio then helped out with the assigned tasks. A brief pack meeting was held at which three Cub Scouts were awarded the rank of Bear. They were Shawn Driver, Aaron Mulren and Aundre Steward. All Scouts and particiapting family members were treated to a picnic lunch at the Scout Hut.



Presidio Scout Eric Hazas helps clean a storage shed at Fort Point.

Story and photos by Theresa Seegel

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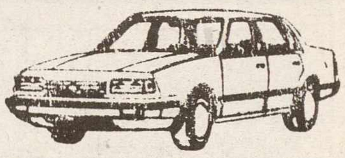

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NEWS BRIEFS

Tour for single parents offered

A trip to Marine World Africa, USA for single parents only will be sponsored May 8 by the Chaplains Office. Sign-ups must be made by April 30. A suggested donation of $5 is required. Call **561-4719** for details.

Enlisted spouses open membership

The Presidio Enlisted Spouses Club will have a membership meeting at 6 p.m., Monday, in Bldg. 1539 on Pershing Drive. Enlisted spouses from all service branches are invited to join. For information, call **386-1918.**

Passover observance begins

The Jewish festival of Passover is celebrated for eight days; beginning at sunset, April 5 and concluding April 13 this year. Passover, the Spring festival, celebrates Israel's deliverance from Egyptian bondage. It is a joyous family holiday rich in story, symbolism, and ritual. Above all, it calls attention each year to the yet unrealized dream of freedom for all people. This is the spirit and message of Passover - the festival of freedom and redemption which Jews will once again celebrate. A Seder service and dinner for Jewish military personnel and their families will be held at 6 p.m., Tuesday at the Congregation B'Nai Emunah located at 3595 Taraval Street, San Francisco. Please call Ruth Callman at **567-2830** for details, or the Chaplains Office at **561-4719.**

ACS hosts parental skill classes

Army Community Service is holding parenting classes on Thursday evenings from 5 to 7 p.m. These classes teach how to have a happier family life. The classes are fun and free, but space is limited. There is also free childcare available on a by-reservation basis. The next sessions will be April 8 and 15. To sign-up or for information, call Karen Kaho at **561-5155.**

Stress management class held

The Army Community Service is offering Stress Management Classes, from 10 a.m. to noon today and April 27. Today's class is on conflict resolution. The April 27 class will cover stress management at home and work. These classes offer the opportunity to learn skills to manage stress and have more fulfilling relationships. These classes are free, but space is limited. There is childcare available on a by-reservation basis. To sign-up or to reserve childcare, call Karen Kaho at **561-5155.**

New GI Bill users must deposit $1200

Soldiers who were not eligible before, but due to a reduction in force, chapter, or bonus, are now eligible for the New Montgomery GI Bill (Chapter 30) need to see a counselor at the Army Education Center, Bldg. 1216, as soon as possible and sign up and arrange to pay the $1200 before receiving their final paycheck. The transfer of the Presidio Finance Office to Fort Lewis has made deductions from final paychecks difficult. Prior to separation, soldiers must pay $1200 by check or money order to the DFAS Local Support Office, Bldg. 102, or they will not be enrolled in the new GI Bill which is worth more than $12,000. Entitlement for this New Montgomery GI Bill ceases upon separation. For further information contact a counselor at the center at **561-4445/2974.**

ITT sets Budweiser Tour

The Information, Tours and Travel Office is holding a tour of the Budweiser brewing facility at 9 a.m., April 22. Learn about Budweiser's century-old brewing heritage. See the beechwood aging cellar which houses their giant lager tanks. Visit the packaging floor and watch the amazing high-speed operation in action. Stop by ITT, Bldg. 210, to sign-up for this tour. The tour price is $2 and will not include lunch. Deadline for sign-up is April 14. Call **561-3992** for information.

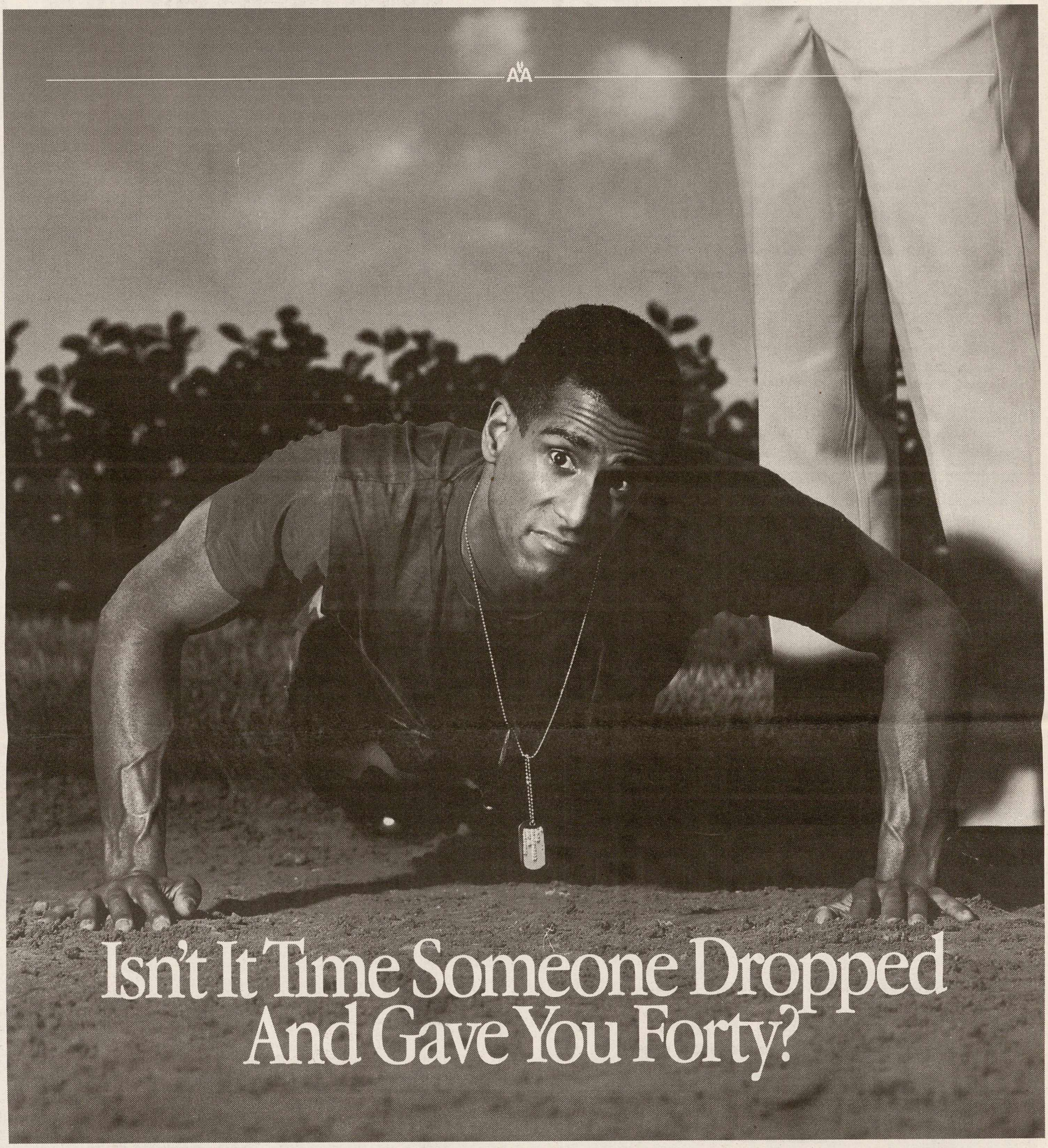
Area Red Cross hosts awards dinner

The Bay Area American Red Cross salutes those who have been instrumental in serving the bay area. Festivities begin with cocktails at 6:30 p.m. April 27 at the Grand Hyatt San Francisco in Union Square, 345 Stockton St. Parking is available at the Sutter-Stockton Garage at 444 Stockton St. Tickets are $150 per person. Red Tie is preferred, in keeping with the event.

Dental plan to expand April 1

The Department of Defense announced that active duty family members who are enrolled in the dependent's dental plan will be able to take advantage of expanded dental benefits, beginning in April. The expanded plan will pay 100 percent of costs of diagnostic and preventative care such as examinations, x-rays and cleanings. Monthly premiums for the new plan are $9.65 for a single family member, and $19.30 for two or more family members. Payroll deduction for the new premiums began in March for the April starting date for expanded benefits. See your dental care provider for information.

Briefs continued on Page 10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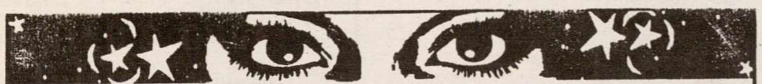

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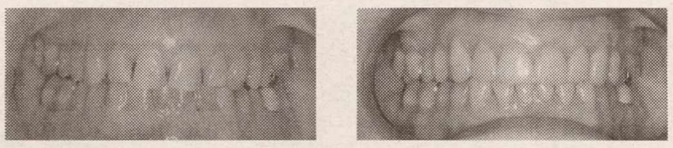

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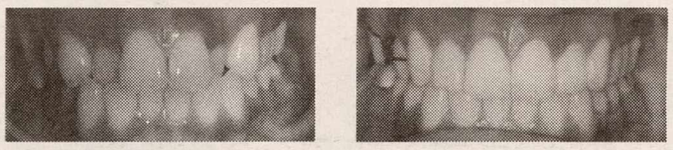

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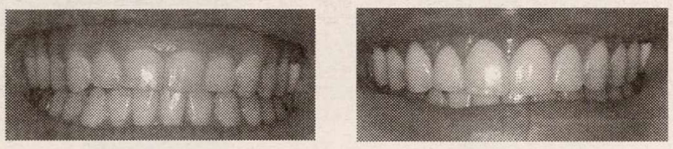

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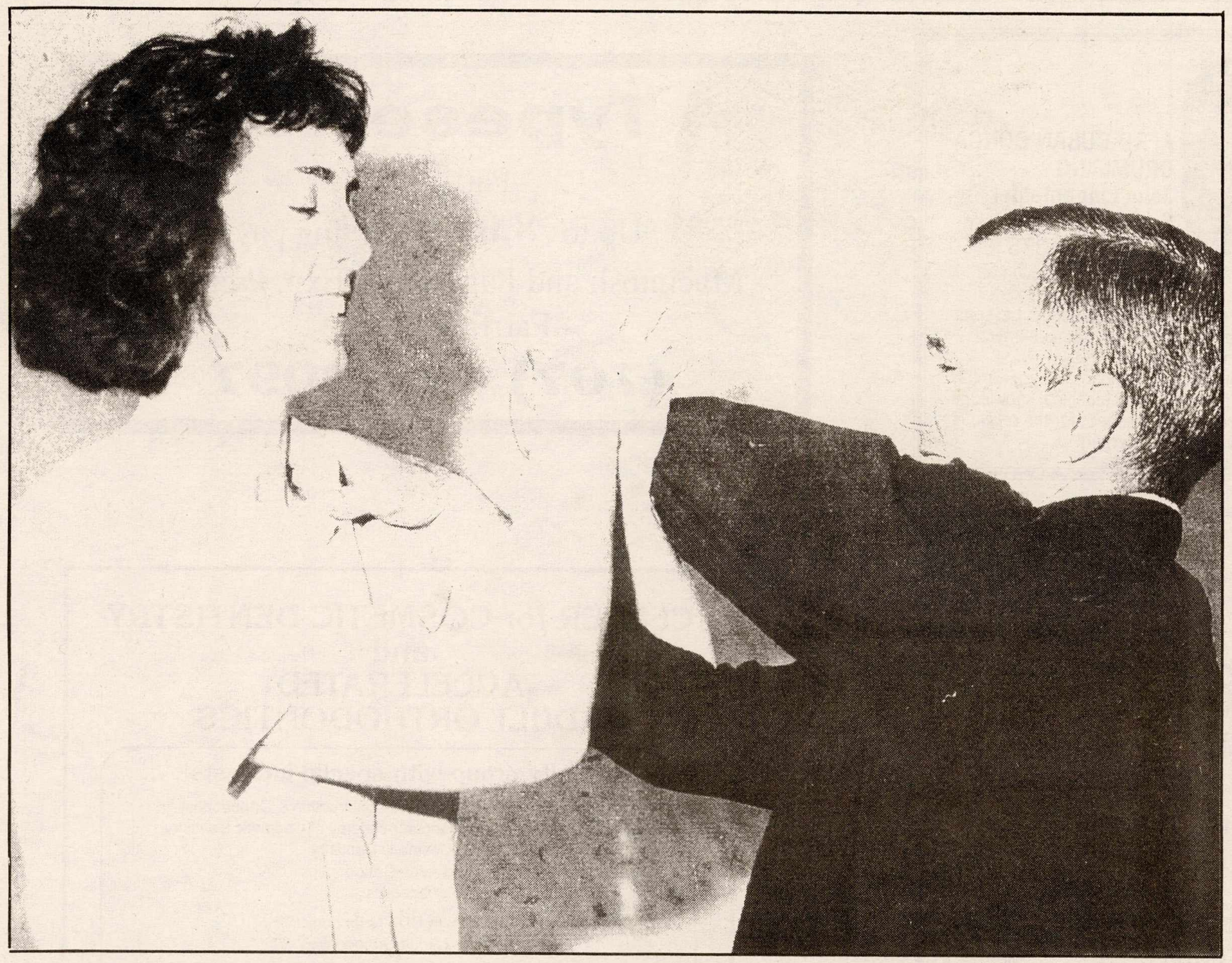


Photo by Spc. Adrienne Story

A student demonstrates how to break free from an attacker's choke hold.

Photo by Spc. Adrienne Story

Spc. Mike Doering practices disarming a knife-welding attacker.

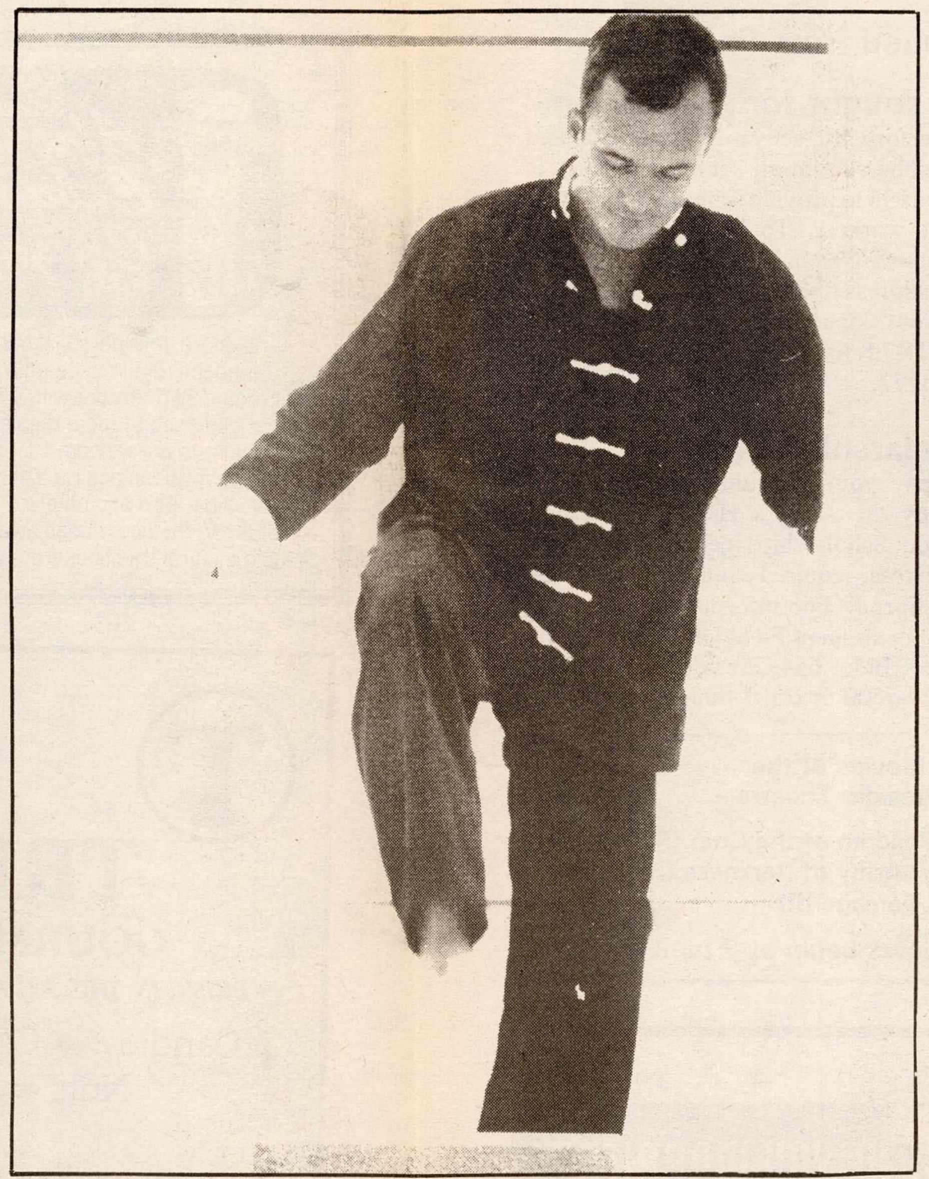


Photo by Staff Sgt. Pleasant Lindsey III

Taking careful aim, Cpl. Jim Bird demonstrates that a person can break break with his feet.

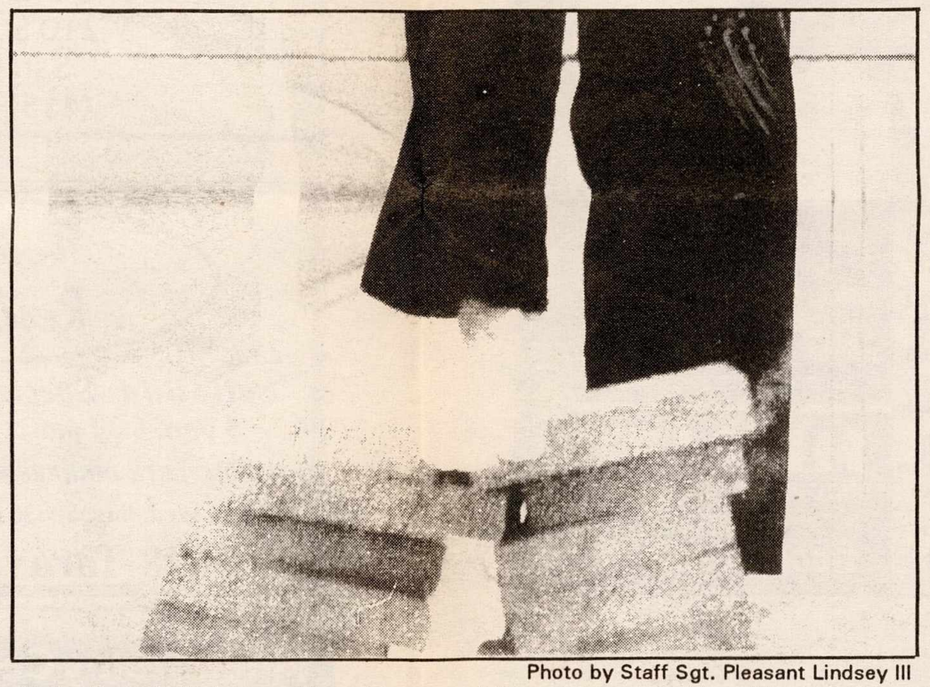


Photo by Staff Sgt. Pleasant Lindsey III

Cpl. Jim Bird shows that his speed beats immovable objects every time.

Check out martial arts for alternate workout

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

One day I was watching a soldier perform roundhouse kicks on the upper part of a punching bag in Gym No. 3 and wondered how he could get his feet that high.

Later, I was to discover (on a personal level) that a martial arts workout can be good for muscle toning and aerobic exercise.

Lt. Col. John Laggert, a fifth degree black belt, instructs a free, adult Tae Kwon Do class at 6 p.m. Wednesdays in Gym No. 1. The class meets again at noon on Saturdays under the direction of Laggert's assistant, Cpl. Jim Bird, who placed third in the 1988 European International Tournament in Worms, Germany, as a member and assistant coach of the Army Karate Team.

The Wednesday night classes focus on the basic movements and constant practice.The Saturday afternoon classes lean toward self-defense, such as how to disarm an attacker.

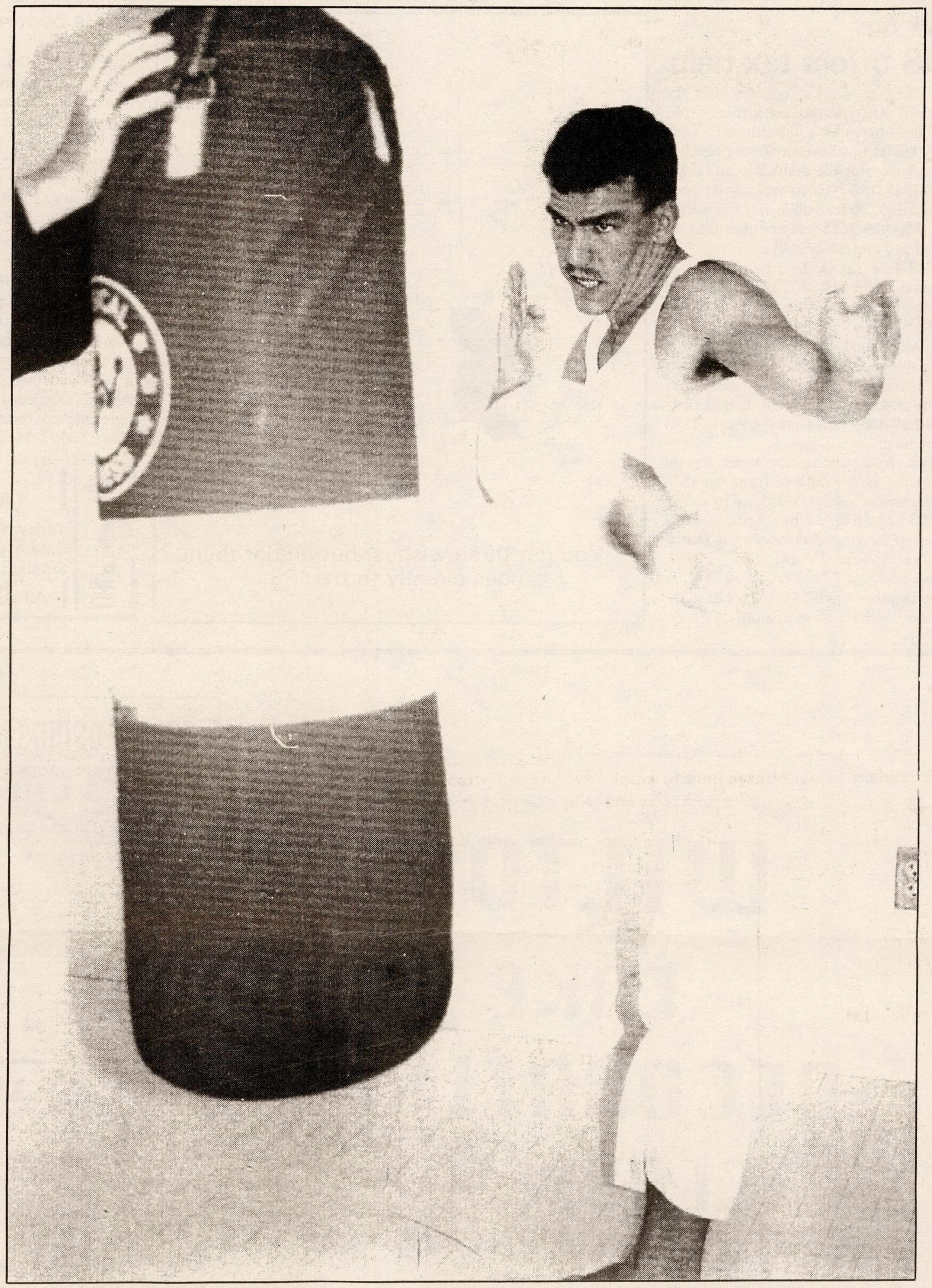
The classes include students of various martial arts styles and different skill levels; from those who've already attained their black belt status and just want to practice kicks, punches and throws, to those who are totally new to the activity.

Bird said he uses martial arts training for health reasons.

``I broke my back once, so I use martial arts training to strengthen my lower back and help support my body,'' Bird said.

Though the classes are officially one hour long, students tend to continue working out on their own for an extra 30 to 45 minutes. From warmup to cooldown, every body part is exercised.

If you're looking for an alternative physical conditioning program, the free Tae Kwon Do classes may be the optional exercise regimen for you. For more information, call **561-6277.**



Pfc. Johnny Weist throws a roundhouse kick to the practice bag.

Photo by Staff Sgt. Pleasant Lindsey III

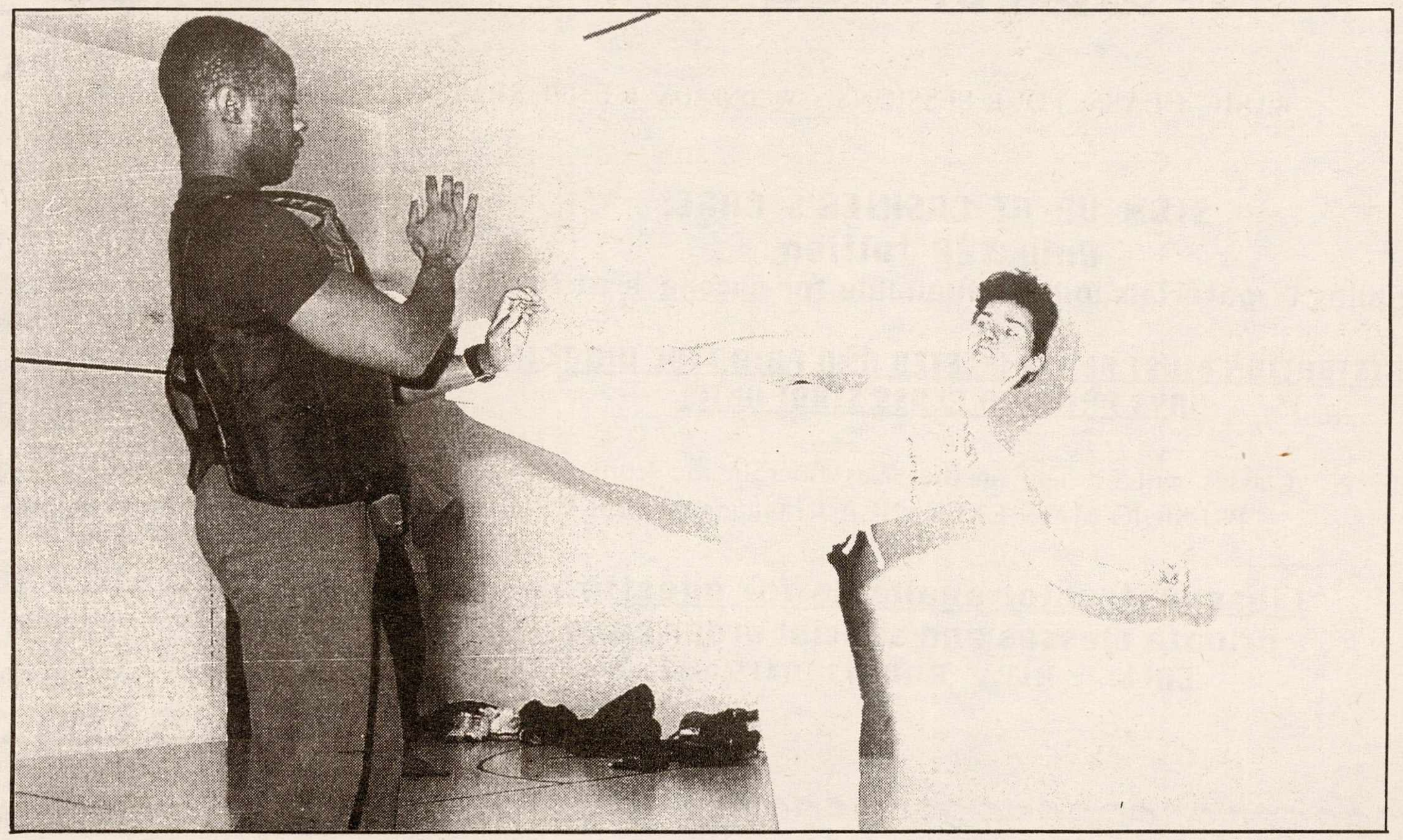


Photo by Spc. Adrienne Story

Showing a black belt's proper form, Capt. Elizabeth Bender throws a side kick to her target.

Tax tips

IRS offers tax help

Do you need a tax question answered? Are you missing a form or do you need to order a publication?

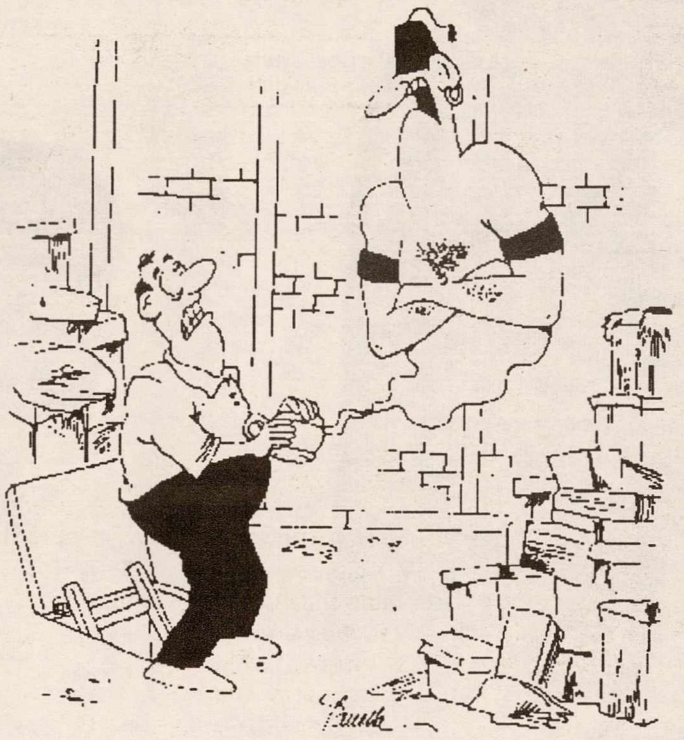
Call the Internal Revenue Service directly. Telephone for tax assistance at **1-800-829-1040** (IRS assisters will answer your questions). Order publications or forms at **1-800-829-3676** (most publications are listed in Publication 910) .

Call Tele-Tax to hear taped tax messages at **1-800-829-4477** (Over 140 taped messages are available, some in Spanish).

Automated Refund Information is available at **1-800-829-4477** (after mailing tax retum, allow eight weeks before calling). Hearing impaired filers call **1-800-829-4059** (must have access to TDD equipment.

Two free publications about federal taxes are now available from the IRS. Both publications can be ordered by calling **1-800-828-3676,** or by writing to the *Internal Revenue Service, Forms Distribution Center, P.O. Box 25866, Richmond, VA 23289.*

Remember **April 15** is the tax deadline unless you have an extension.



You get three wishes, but one of them goes directly to the IRS.

Briefs continued from Page 5

All veterans sought for publication

Roll Call, a directory for active-duty, retired, and former service members from all service branches is being compiled for 1993 to provide a means for locating old friends and co-workers. To be listed, send the following information: Name, rank, service branch, dates of service, address, phone number, and, self-addressed stamped envelope to Roll Call, Attn: Nick B. Bruno, editor, 1931 47th Ave. SE, Albany, Ore. 97321 or call **(503) 967-3177.**

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Food basket assists soldiers

Spc. Adrienne Story

Preparing for the food basket, Hands-Across-the-Presidio coordinator Judy Brown sets out food for soldiers who are program members.

By Spc. Adrienne Story
Star Presidian staff

The Hands-Across-the-Presidio food basket program is now located in Bldg. 228, the former dry cleaners.

The food basket program's mission is to offer food to soldiers and their family members who are in need.

``The other building we were in had flooded and it was very small,'' said Judy Brown, program coordinator. ``It was difficult to set things up for the food basket because of the limited space. It took a lot of work.''

An open house was held March 24 to celebrate the program's newfound home. Volunteers who regularly donate the food and time to the program assisted Brown in the celebration.

Brown thanked Col. Gregory A. Renn, garrison commander for the use of the building for the open house.

``This building is just perfect,'' Brown said. ``It's larger than the old building. There's no flooding.

``It's more convenient all around. There is more room for the soldiers to select the produce and other items,'' she added.

``It's not as difficult to set up the items for display. Everything's out in the open so soldiers have the opportunity to choose what they want .''

The food basket is open at 4 p.m. every Tuesday. The program is set up to exclusively help the soldiers, Brown said.

``It's a really good thing for the soldier,'' said Sgt. Jeff Hagar, Headquarters Command Battalion. ``It has a lot to offer, especially in produce.''

Hagar has assisted Brown with putting the food away and cleaning up.

Every week Brown sets up the items and supervises the distribution of food. A Headquarters Company, U.S. Army Garrison soldier assists by informing the program members what items are available and helps put away perishable items after the last soldier goes through the line.

``She's excellent,'' Hagar said. ``Judy is really good with people. She makes everyone feel good about coming in to the food basket. I don't think anyone could say anything bad about her or the program.''

The food basket manager can be contacted at **561-5156.**

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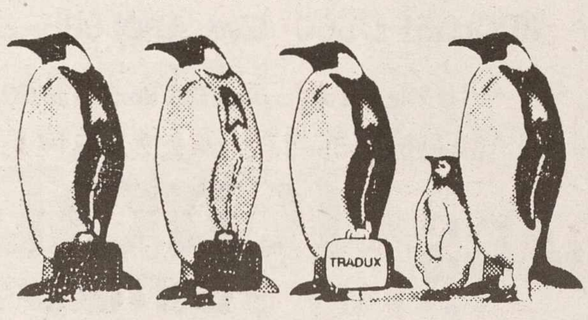

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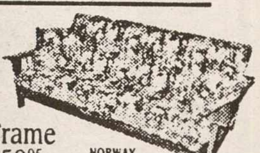

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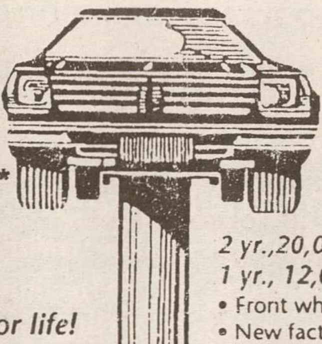

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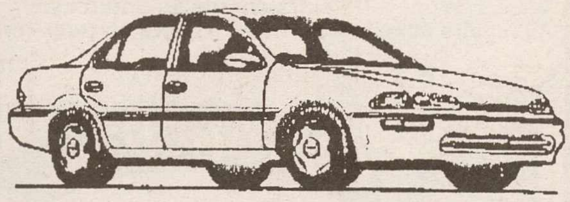

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Intramural basketball teams fight for standings as play-offs near

By Spc. Adrienne Story
Star Presidian staff

FBI 66
864th 65

The FBI's 66 - 65 win over 864th March 24 put them in first place in the league. Despite Jimmy Davis' 28 points, five from three-point range, his team couldn't pull it out in the end. FBI's Andy Black had 25 points carrying his team to first.

Transition Point 41
LUSAH 59

LUSAH destroyed TP 59 - 41 in their March 24 battle. LUSAH's White had high score of 23 points. TP's Anthony Smith contributed 13 points.

LUSAH30 61
USAG 50

LUSAH30 held USAG to no points in the last three minutes winning the game 61 - 50 March 25. LUSAH30's Charles Shedrick carried his team with 27 points, four three pointers. David Jackson III and Donnell Warren both added 10 points for their team.

LUSAH 55
LEC 67

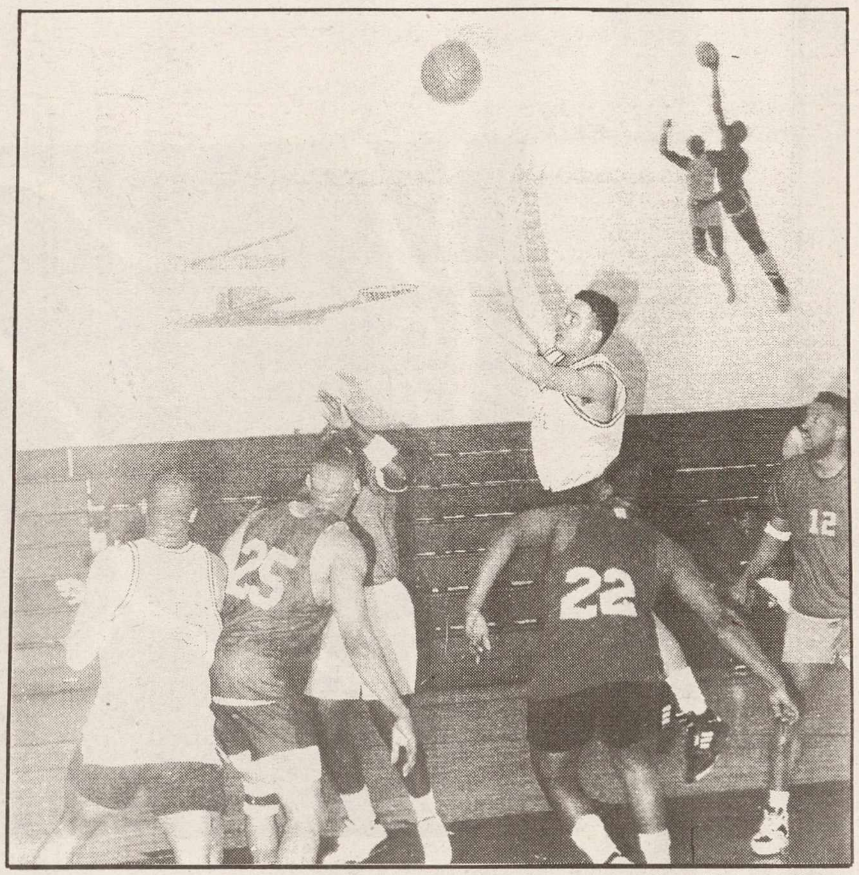
LEC beat LUSAH 67 - 55, giving them second place standings in the league March 25. Ronald Russ of LEC pulled out 25 points to give his team the win. LUSAH's Wayne Roger contributed 13 points respectively.

Standings as of March 29

LUSAH30 will be tied for second place with LEC if they win their next game. TP, USAG and 864th are all fighting for third place.

After the standings are decided, games will be set for the teams that tied in the league.

After the tie breakers, a meeting will be held to set play-off dates.



Spc. Adrienne Story

Leaping to the basket, Jason Thomas shoots over defenders in a 61-50 loss to LUSAH30 March 25.

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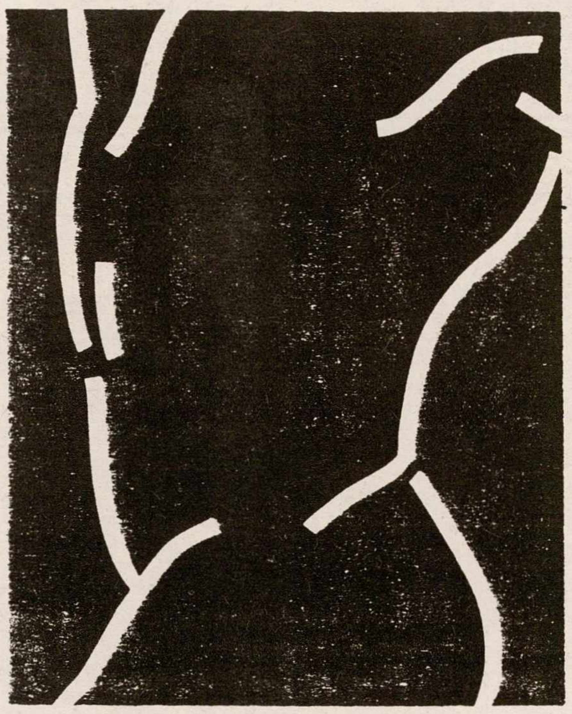

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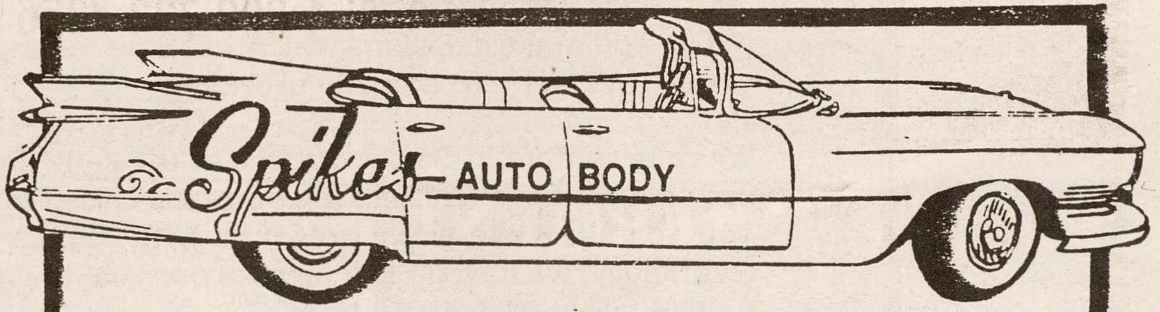

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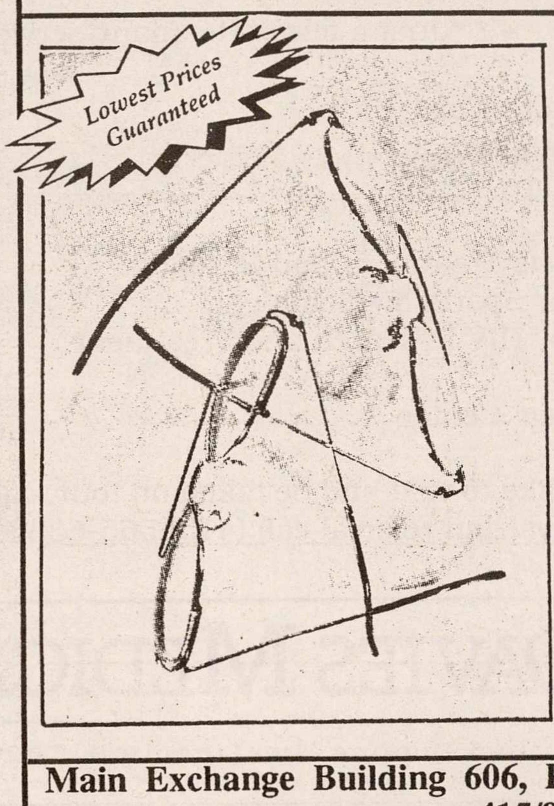

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Star Presidian

Vol. 37, No. 13 Published for the Presidio of San Francisco April 9, 1993

Spc. Adrienne Story

Let's face it, I'm cute!
Katie McNair, 3, plays at the Children's Church Sunday at the Main Post Chapel. This month the Army celebrates the military child, recognizing everything military children contribute to the quality of our lives and the sacrifices they make for the military and their families.

April is month of the military child

Child Development Center holds festival to mark month

By Staff Sgt. Marian E. Anderson
Provost Marshal's Office

April is the Month of the Military Child. Child Development Services is sponsoring Childrens Festival held 11 a.m. to 2 p.m. April 24 adjacent to their playground. All families are encouraged to attend and have fun with your children.

This year's festival will include a new fence weaving activity provided by the CDC.

The festival will feature arts and crafts, Fort Point Museum walking tours, information booths identification fingerprinting and photographing.

McGruff the Crime Prevention Dog will attend the festival to entertain children and provide helpful information.

Displays will be set up by the Presidio Fire Department, Boy, Girl and Cub Scouts, and other activities on post. There will be costumed characters participating in the fun.

New participants and sponsors for this year are a Park Police horse display, children's train rides, Gymboree, and Healthy Kids Resources. The participants and sponsors are subject to change from last year; however, there will be no noticeable difference in the level of fun activities that will be available. So bring the family and the kids. Attend the festivities and let's celebrate the Month of the Military Child.

Programs help prevent abuse, aid in handling parental stress

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Children require caring and nurturing year around, but this month the Presidio family will pay particular attention to the needs of young ones and parents alike.

April is Child Abuse Prevention Month, and is recognized by the Army as the Month of the Military Child. Presidio Army Community Services' Family Advocacy and the Child Development Center will host a number of joint programs and workshops to help adults recognize the stresses that lead to child abuse. Also, the Enlisted Spouses Club is cosponsor of a play day for Presidio children, once a month.

There will be one more evening Parenting Class held from 5 to 7 p.m. Thursday, at the Child Development Center, Bldg. 387. Space is limited, but free child care is available.

A special Parenting Infants Class will be held from 5 to 7 p.m., April 19 and 26, and May 3 at the CDC, for all parents of children from birth to 18 months. The three sessions will familiarize parents with the child's formative stages.

Topics will include: having fun with your infant; dealing with stresses of life with a baby; and understanding the baby's needs and temperament.

``Everyone who has a baby should attend,'' Karen Kaho, Family Advocacy Program director, said. ``You have to take a test to get a driver's license. To get a baby all you have to do is get pregnant.''

To register for these classes call Kaho at **561-5155**.

The Parenting Infants Class will provide information for young mothers in particular who have no experience with parenthood, Kaho said.

``Raising children is the most important job on the planet,'' Kaho said. ``In the military some parents face additional stresses, such as single parents juggling parenthood and a military career, and dual military parents who must find time to live as a family.''

The Parent-Child Play Day is another Presidio program designed to help parents bond with their children. The play day is scheduled for 9:30 to 11:30 a.m., April 24, at the Child Development Center. Once a month a play day will be held in the Pershing Community Center, Bldg. 1539.

The programs in April will focus on the child's emotional and physical health. Kaho said the idea is to stop the cycle of abuse.

``Abuse leaves lifelong scars. Child abusers tend to have been victims of abuse themselves,'' Kaho said.

The National Committee for Prevention of Child Abuse has developed ``12 Alternatives to Whacking Your Kid'' as an example of how to stop the cycle before it starts.

Instead of hitting your child in anger, try any or all of these steps.

1. Stop in your tracks. Step back. Sit down.
2. Take five deep breaths. Inhale. Exhale. Slowly.
3. Count to 10. Better yet, 20. Or say the alphabet out loud.
4. Phone a friend, a relative -- even the weather.
5. Still mad? Punch a pillow, or munch an apple.
6. Thumb through a magazine, book, newspaper, or photo album.
7. Do some sit-ups.
8. Pick up a pencil and write down your thoughts.
9. Take a hot bath, or a cold shower.
10. Lie down on the floor, or just put your feet up.
11. Put on your favorite record.
12. Water your plants.

Take time out. Don't take it out on your child.

For more information, call Kaho at 561-5155.

Soldiers receive recognition for outstanding achievement

The following individuals received awards and recognition at the Headquarters Command Battalion awards ceremony held March 31.

Headquarters Co., USAG

Sgt. 1st Class Robert Smith, Meritorious Service Medal
Master Sgt. Leo McWatt, Army Commendation Medal
Spc. Jeffrey Menzies, ARCOM
Sgt. 1st Class Victor Blouch, Army Achievement Medal
Cpl. Paul M. Taylor, AAM
Spc. Julie Ayers, AAM
Spc. Dermantini, AAM
Pfc. Kevin Hubert, AAM
Pfc. Edward Jenkins, AAM
Pfc. Tosha Macklin, AAM
Cpl. Elmira Ruffin, Department of the Army Certificate of Achievement
Spc. Adrienne Story, DA Certificate of Achievement

Sixth U.S. Army Band

Staff Sgt. Russell Robinson, AAM
Sgt. 1st Class William Cloke, Headquarters Command Battalion Certificate of Achievement
Spc. David Drake, Battalion Certificate
Spc. Rich McMillian, Battalion Certificate
Spc. Catherine Payne, Battalion Certificate

Law Enforcement Company

Sgt. Jeff Jackson, ARCOM
Sgt. Eric Keefer, ARCOM
Spc. Melissa Scott, AAM

Company C, 864th Engineer Battalion

Staff Sgt. Richard Andrada, AAM
Spc. Jeffrey Willbur, AAM
Sgt. Brad Gest, DA Certificate of Achievement

The following individuals retired at a ceremony held March 25 at the Pershing Square. They were recognized for their contributions to the Army and the United States.

Lt. Col. Jerry D. Beene, Legion of Merit
Sgt. Maj. Larry C. Mote, Legion of Merit
Master Sgt. Dallas O. Hooper, Defense Meritoriuos Service Medal
Sgt. 1st Class Jerome Smith, Meritorious Service Medal
Sgt. 1st Class Juan E. Talamantes, Meritorious Service Medal
Sgt. 1st Class Tom Taylor Jr. Meritorious Service Medal
Staff Sgt. Timothy Sarla, Meritorious Service Medal

News Briefs

Tour for single parents offered

A May 8 trip to Marine World Africa, USA for single parents only will be sponsored by the Chaplains Office. Sign-ups must be made by April 30. A suggested donation of $5 is requested. Call **561-4719** for details.

Passover observance begins

The Jewish festival of Passover is being celebrated through Tuesday this year. Passover, the Spring festival, celebrates Israel's deliverance from Egyptian bondage. It is a joyous family holiday rich in story, symbolism and ritual. Above all, it calls attention each year to the yet unrealized dream of freedom for all people. This is the spirit and message of Passover - the festival of freedom and redemption which Jews celebrate. Please call Ruth Callman at **567-2830** or the Chaplains Office at **561-4719** for details.

Stress management class held

The Army Community Service is offering Stress Management Classes, from 10 a.m. to noon April 27. The class will cover stress management at home and work. The class offers the opportunity to learn skills to manage stress and have more fulfilling relationships. Theses classes are free, but space is limited. There is childcare available on a by-reservations basis. To sign-up or to reserve childcare, call Karen Kaho at **561-5155.**

GI Bill users must deposit $1200

Soldiers who were not eligible before, but due to a reduction in force, chapter, or bonus, are now eligible for the New Montgomery GI Bill (Chapter 30) need to see a counselor at the Army Education Center, Bldg. 1216, as soon as possible and sign up and arrange to pay the $1200 before receiving their final paycheck. The transfer of the Presidio Finance Office to Fort Lewis has made deductions from final paychecks difficult. Prior to separation, soldiers must pay $1200 by check or money order to the DFAS Local Support Office, Bldg. 102, or they will not be enrolled in the new GI BIll which is worth more than $12,000. Entitlement for this New Montgomery GI Bill ceases upon separation. For further information contact a counselor at the center at **561-4445/2974.**

ITT sets Budweiser Tour

The Information, Tours and Travel Office is holding a tour of the Budweiser brewing facility at 9 a.m., April 22. Learn about Budweiser's century-old brewing heritage. See the beechwood aging cellar which houses their giant lager tanks. Visit the packaging floor and watch the amazing high-speed operation in action. Stop by ITT, Bldg. 210, to sign-up for this tour. The tour price is $2 and will not include lunch. Deadline for sign-up is Wednesday. Call **561-3992** for information.

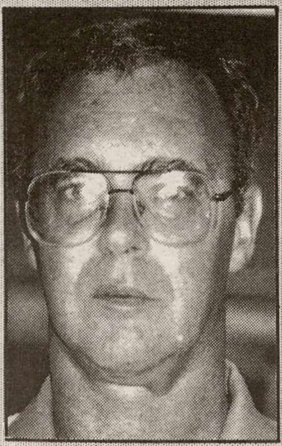
Area Red Cross host awards dinner

The Bay Area American Red Cross salutes those who have been instrumental in serving the bay area. Festivities begin with cocktails at 6:30 p.m. April 27 at the Grand Hyatt San Francisco in Union Square, 345 Stockton St. Parking is available at the Sutter-Stockton Garage at 444 Stockton St. Tickets are $150 per person. Red Tie is preferred, in keeping with the event.

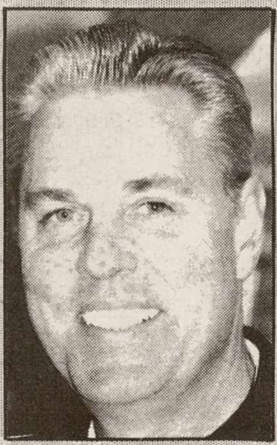
Continued on Page 5

Ask Presidians

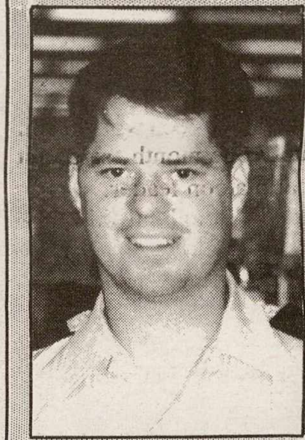
``Do you support the Clubs at the Presidio. If not, why not?''



Capt. Peter Milcovich, Sixth U.S. Army Naval Liaison, Naval Base San Francisco: I have just arrived here. I've used the clubs, but only in a very limited facility. I'm looking forward to using them a lot more.''



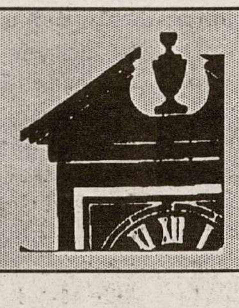
U.S. Air Force Lt. Col. John Benbow, Air Force Liaison to the Sixth U.S. Army, Presidio of San Francisco: ``I'm a member at the Fort Mason Center. It's elegant and it has great hours. It has an outstanding brunch on Sundays.''



Capt. Charles G. Wallis, chief of patient administration, LUSAH: *``I think that* it's a good idea to have the clubs here because it's a great place for soldiers to get together. There is too much competition here in San Francisco, though, for them to be competitive.''

Staff Sgt. Sandy Silver, senior chaplain's assistant, Chaplain Recruiting Office: ``I just arrived at the Presidio. I am really looking forward to trying them out. I hear the Officer's Club put on a great Sunday Brunch.''

Photos by Sgt. John W. McGarrah



Reminder!
Tax deadline is Thursday!

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif.

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For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-5279.Circulation: 9,000.

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Above photo: Company C, 864th Engineer Battalion's vertical platoon completed its final project at the Presidio Wednesday. Soldiers placed a sidewalk just inside the Lombard Gate. The project took approximately one month to complete because of poor weather conditions. however the vertical platoon soldiers worked for 50 hours to finish their last project here. Right poto: Spc. William Vanvegrift, slides a board across the concrete to create a smooth surface on the sidewalk while laying the first blocks of the project Monday.

'Charlie Rock' completes final project

Story and Photos by Spc. Adrienne Story
Star Presidian staff

Company C, 864th Engineer Battalion's vertical platoon finished its last project here Wednesday.

After completing a sidewalk by the Lombard Gate, the soldiers will clean and turn in all their equipment.

The vertical platoon soldiers have been working on this project for approximately one month, said. 1st Lt. Lorenza Morris, vertical platoon leader.

``The project has extended throughout this time because of the weather conditions, he said. ``We started back on it the project the first day possible.''

Soldiers worked about 50 hours on the sidewalk project. Despite the delays because of the weather, 1st Sgt. Bryan W. Dorrough feels his soldiers have been doing a great job.

``They've been doing a good job,'' Dorrough said. ``I think their success is due to the quality control of Staff Sgt. Younker and 1st Lt. Morris. They've worked hard and have continued to check on the project.''

Sgt. 1st Class Jimmy Davis, platoon sergeant, supported his platoon throughout the project and added to its success.

The sidewalk will add to pedestrian safety, Dorrough explained. Because there was no sidewalk there, pedestrians had to cross at the Lombard and Lyon streets intersection, now pedestrians may walk on either side of the street.

``I think they're doing an outstanding job,'' Morris said about his platoon. ``This is the last project they will be doing on the Presidio and they are really putting their all into it.''

Half of the sidewalk was finished Monday. Cement can only be placed 20 consecutive feet then there must be a break, Morris explained.

``If it had not been for the weather we would have been finished in less than two weeks,'' Morris said. ``We also took this opportunity to give the young soldiers some training. We've used this project to our advantage. We don't have many cement laying projects here.''

The military police supported the engineers. Two MPs controlled traffic while the cement truck was parked on the site.

``With all the projects we've completed on post, we've done our part in beautifying the Presidio,'' Morris said. "With all the missions we've been tasked to do, we've done an outstanding job here, although we wish we could do more."

"As a whole we've set the standard," Morris concluded. " We can take pride in what we have done to upgrade the Presidio."

Treat pets as part of family, don't leave them behind

Military families move many times during a career. When pets are involved in a move, special arrangements must be made to include current updating vacinations and health certificates, and providing for airline travel for the pet. Transportation and/or quarantine of the pet can be expensive depending on your destination.

Unfortunately, some pet owners fail to make the proper plans for the pet in advance of moving day. This sometimes results in pets being simply turned loose to fend for themselves.

``When many people move at once, as with post closure, many pets end up in local shelters or running wild on the post where they may starve, be injured or killed,'' explained Capt. Brian V. Noland, Presidio veternary services branch chief. ``When local shelters are swamped with stray animals, and they are unable to adopt the majority out, they are forced to euthanize them. With other post closings, this has created a poor public image of the military and resulted in the deaths of many of the animals.''

If you are moving or planning to move in the near future, and desire to take your pet, your pet needs current vaccinations and a health certificate. Requirements vary greatly from country to country (even state to state), so call that country's embassy or the Veterinary Treatment Facility at **561-3744** for entry information. If you are not planning to take your pet, make arrangements well in advance.

You can put your pet up for adoption through newspaper ads or by calling the San Francisco Department of Animal Care and Control at **554-6364** or the Society for the Prevention of Cruelty to Animals at **554-3000.**

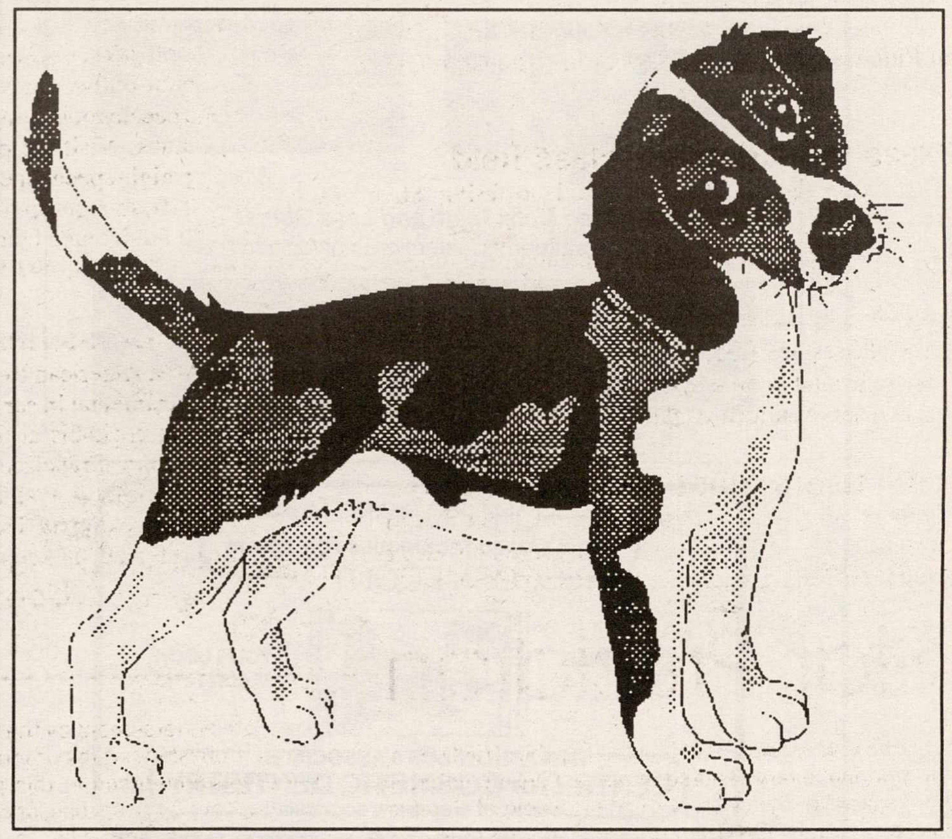
``Please do not turn your pets loose, Noland said. ``Hundreds of animals endure unnecessary pain and suffering each year because they are abandoned by their owners.''

Changes in operation

The following changes will be made in the current operation of the Presidio Veterinary Treatment Facility.

On April 1 the stray confinement facility closed. Animals picked up on post will now be taken to the San Francisco Animal Care and Control, at 1200 15th Street in San Francisco. If a pet is lost, call the center.

On May 1, the appointment scheduling system will change. The clinic will only be open from 8 a.m. to 1 p.m. Wednesdays. A sign-up sheet for appointments will be maintained on the clinic door. Patrons desiring appointments should come in and sign-up for a time slot. Patrons may also visit the clinic on a walk-in basis on Wednesdays and will be worked in between scheduled appointments. A scheduled appointment in advance is the desired procedure, however.



Routine procedures performed include vacinations; health certificates for travel; fecal, heartworm and feline leukmia tests; deworming; a limited test and treatments for communicable skin and ear problems such as ringworm and bacterial infections; sales of flea products and heartworm preventatives.

As before, treatment of animals for diseases not transmittable to humans, or the performance of cosmetic procedures, to include neutering, is not authorized. Owners should contact civilian veterinarians for these proceedures.

Owners are requested to pick up animal records on Tuesdays or Thurdays from 8 a.m. to noon. Animal records not picked up by May 1 will be mailed to the owners.

For further infomation, call **561-3744** on Tuesdays or Thursdays from 8 a.m. to noon.

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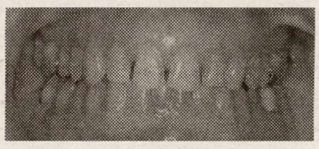

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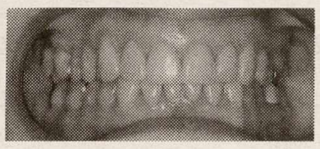

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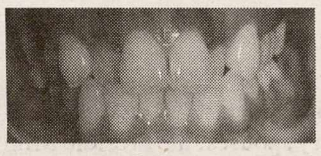

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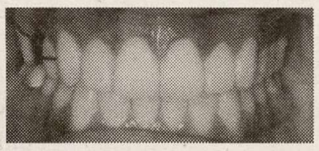

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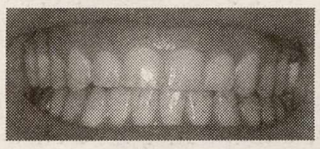

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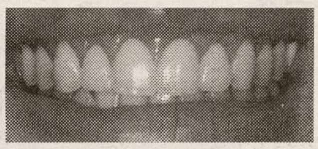

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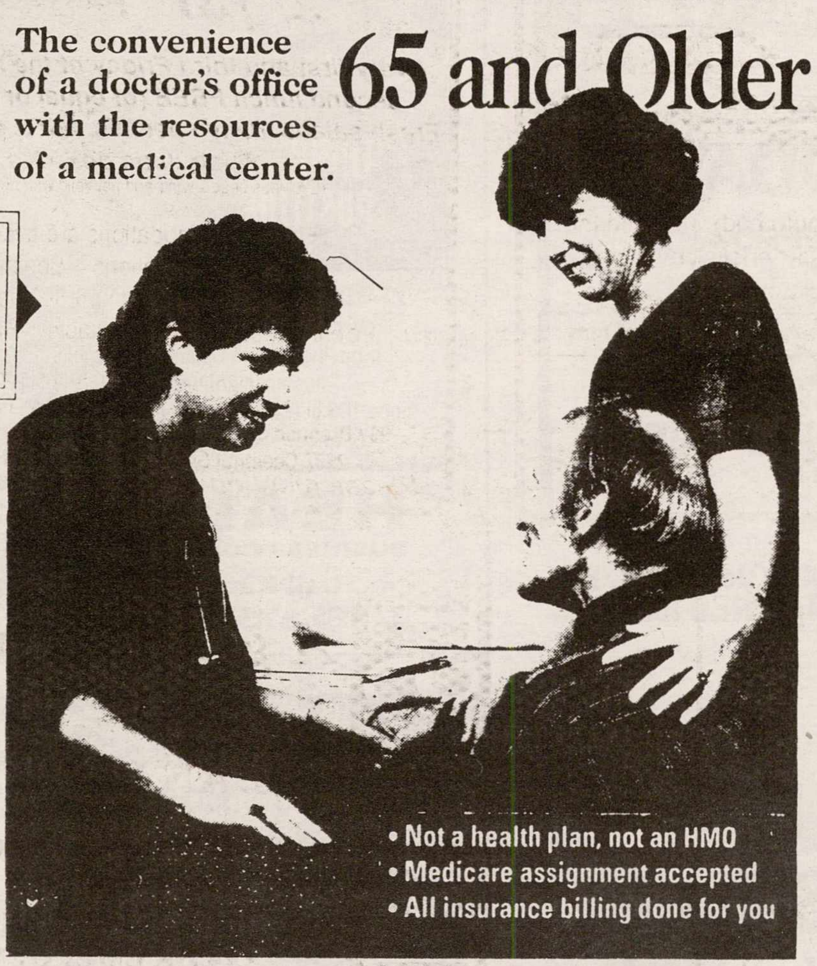

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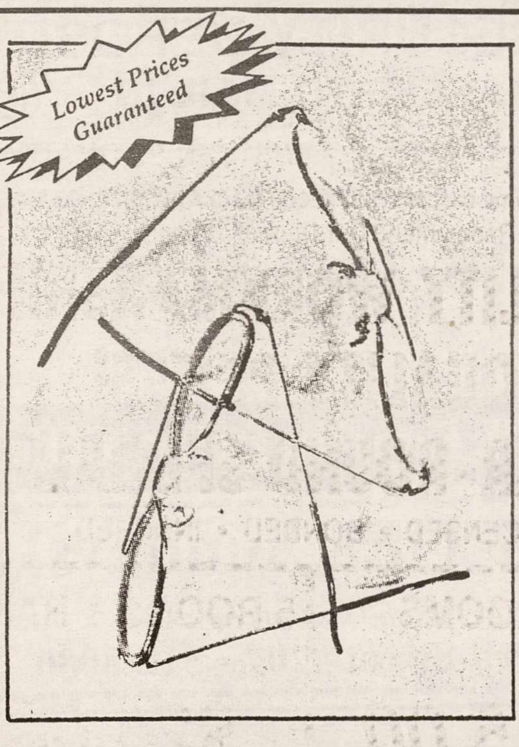

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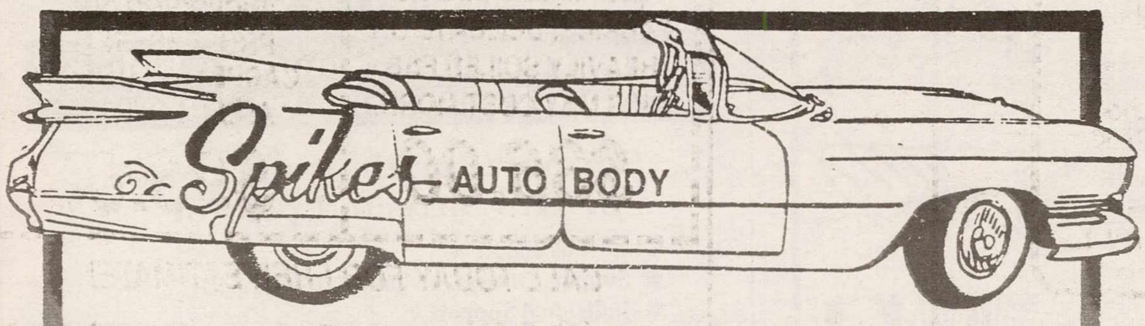

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Continued from Page 2

Boulevard to close for repairs

Presidio Blvd. from the gate to Lombard St. will be closed to conduct surface repairs from 8 a.m. to 4 p.m., Wednesday. Muni Bus #43 will take an alternate route through the Arguello Gate entrance and passengers will be picked up and dropped off at the bus stop by Letterman U.S. Army Hospital at the normal scheduled hours. If you have any questions please contact Joe Rothchild, contract officer representative, Directorate of Engineering and Housing, at **561-4468** or Juanita Whitehead at **561-3711.**

Be prepared for earthquakes

Did you find yourself wondering what you should have done during and after San Francisco's Loma Prieta earthquake of Oct. 17, 1989? An earthquake preparedness briefing will be held Wednesday in the Post Theatre, Bldg. 99. The morning session, from 8 a.m. to 9:30 p.m., is restricted to active duty personnel only, however the 10 a.m. to 2:30 p.m. session is open to all Presidians. For information, call Carol Brumfield, Directorate of Plans, Training, and Security, Plans and Operations Division, at **561-2327/3691.**

Health care fair scheduled

The staff at Letterman U.S. Army Hospital invites all active duty military, family members, seniors and retirees (both CHAMPUS and Medicare eligible) to attend a ``Health Care Planning Fair,'' from 8 a.m. to 2 p.m. on April 29 in the LUSAH Dining Facility on the first floor. Please bring your military identification card, Medicare card, CHAMPUS card, and proof of other health care insurance to make processing of paperwork easier. Some of the services to be provided will be Medicare information (Part A and B), CHAMPUS and CHAMPUS Prime enrollment, representatives from local health care agencies, hospitals and health maintenence organizations. All beneficiaries who need assistance with their health care should attend. Plan ahead for your health care needs. For information, call Jane Butler at **561-4509.**

ITT offers Great America special

Visit Paramount's Great America and save more than $6 on general admission. Be one of the first to test the challenge of Top Gun, an all-new suspended, outside loop, zero-G roller coaster. ``Good any day'' tickets are available now. General tickets for ages 7 and up are $17; for children 3 through 6 or under 48 inches tickets are $11.95; children under 2 are free. Regular admission is $23.95 Tickets are available from Information, Tour and Travel Office, Bldg. 210. The park is open Wednesday through Sunday, and April 14-18, 24-25. It will open daily beginning May 31. The Information, Tour, and Travel Office will be closed on April 22.

Retirees must view tapes

Army Regulation 600-8-7 requires that all retirement eligible soldiers with 19 or more years active federal service view two informational video tapes. These tapes are ``Military Pre-retirement,'' and ``Making the Right Decision: The Survivor Benefit Plan.'' These tapes may be viewed by making arrangements with the Post Education Center at **561-4445** or the Presidio Retirement Services Office at **561-3183.** Any questions should be directed at Martin Eastly, retirement services officer, at **561-2721.**

Sobriety checkpoint set

There will be a sobriety checkpoint conducted at Lombard Street and Presidio Boulevard from 8 to 11 p.m. April 22. Drive safe, drive sober.

Military spouses honored, May 7

In honor of military spouses, the Presidio Military Spouse Day will be celebrated on May 7. Active duty personnel, reservists, and retirees of all branches of the service in the Presidio area, and their spouses are invited to participated. Mark your calendar for special events and discounts on that day. Look for more details in upcoming Star Presidians.

Golf benefits Presidio AER campaign

Mit-Micks's Annual Golf Outing to benefit the Army Emergency Relief Fund will be the biggest and best ever. We hope to see you at the San Ramon Royal Vista Golf Club on May 6 as a participant or observer. Call the golf club for more information.

Meet the manager April 30 at PX

Due to the response to the "Meet the Manager Program" at the Main Post Exchange, we will try to hold meeting monthly. The next meeting is tentatively set for 5:30 p.m. April 30. Take this oportunity to let the PX management your views, opinions and suggestions, problems or complaints. Your veiws are important. For information, call Karen Patrick at the main exchange at **922-3545.**

ADMIT ONE

Movies at the Presidio Theatre

Friday-Chaplain (PG)
Saturday-Aladdin (G)
Sunday - Hexed (R)
April 16 - Loaded Weapon (PG-13)
April 17 - A Few, Good Men (R)
April 18 - Forever Young (PG)

All shows begin at 7 p.m.

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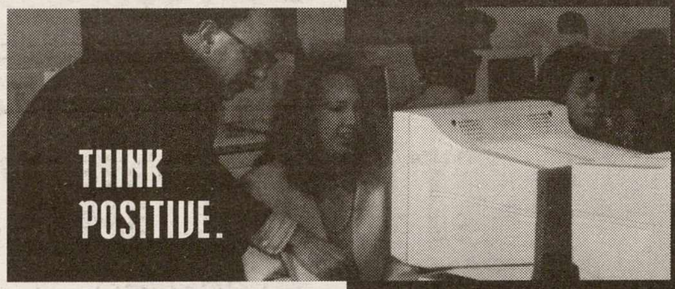
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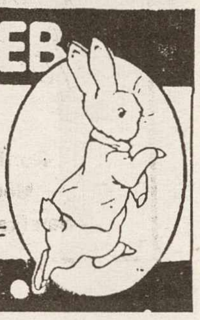

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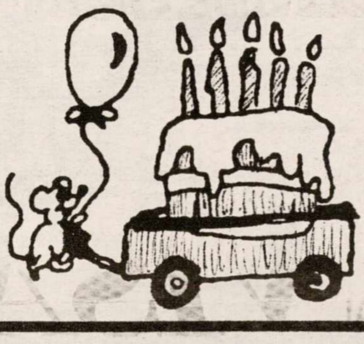

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Iron Mountain Ski Resort will be celebrating **Easter Sunday with an Easter Egg Hunt for Children** of all ages. *You could win one of two family season passes, one of six individual season passes for the 1993-94 season or lots of other prizes to be found in the hidden eggs.* **Bring the kids to see Peter Cottontail.** *Join in the fun, get in the spirit, we'll have ears and tails for you.*

Then the next day, **April 12th,** our **Spring White Sale** starts . . . **All lift tickets just $10** (ten bucks) every day seven days a week for the rest of the season. ***So make like a bunny and hop on up to Iron Mountain Ski Resort***, just 42 miles East of Jackson on Highway 88.

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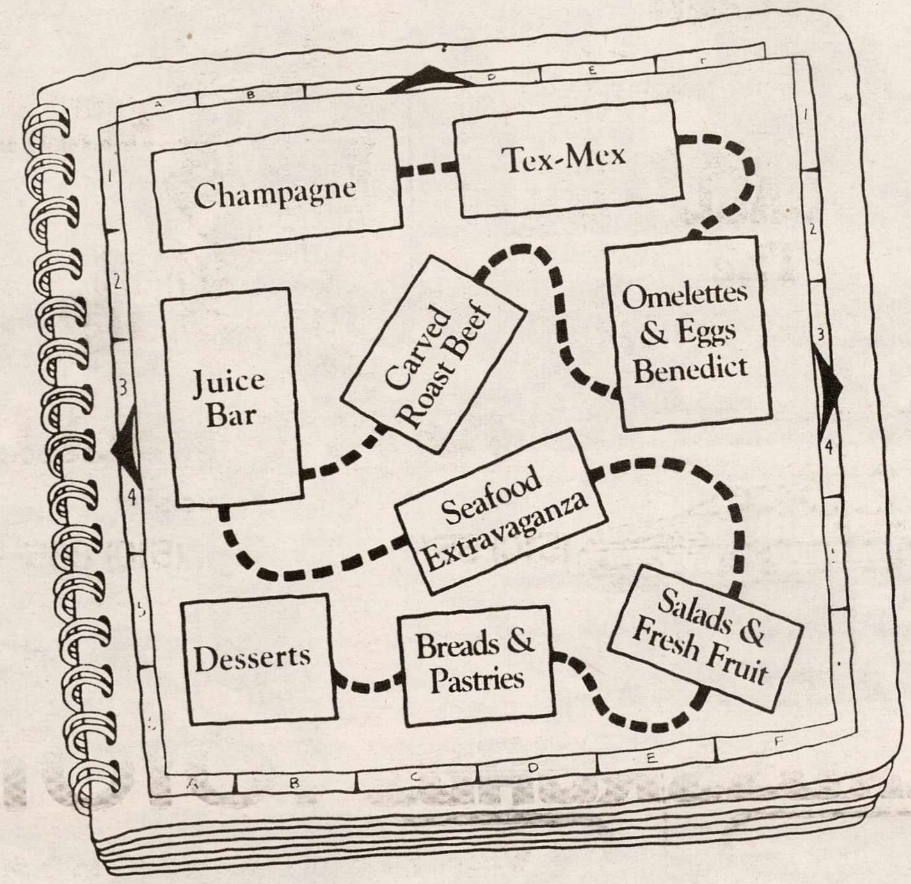

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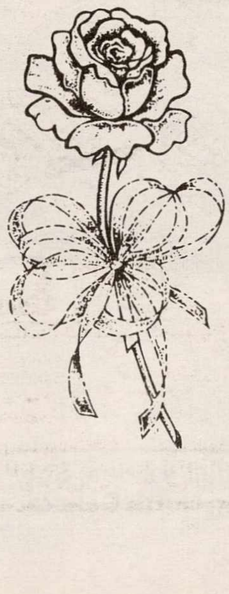

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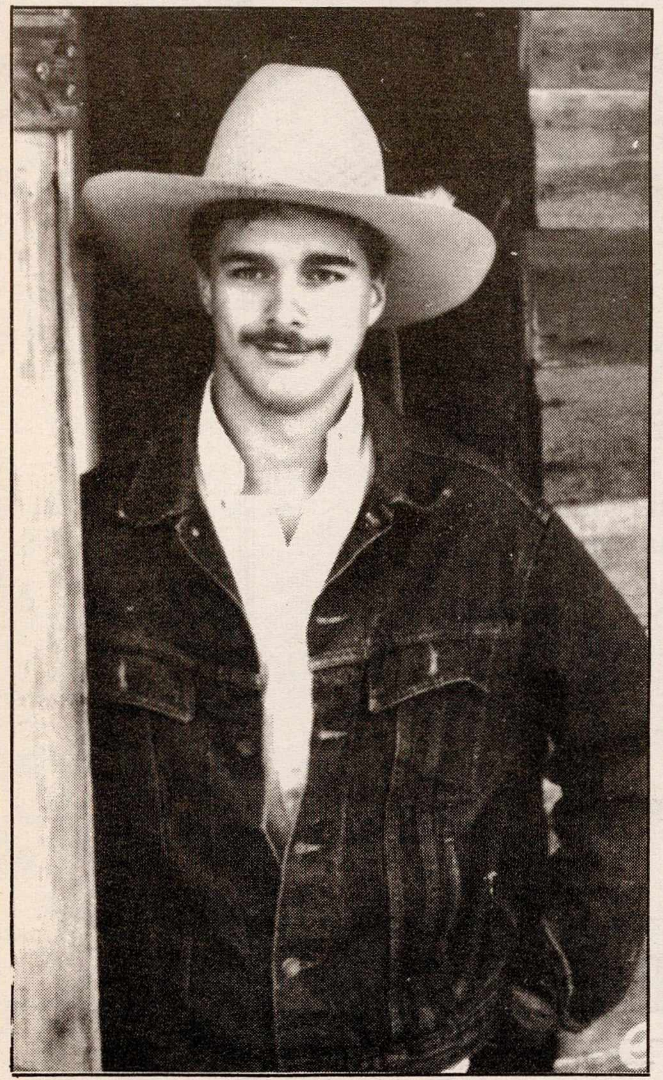
Gloved hand holding on for dear life and rowls buried into the bull's sides, Sgt. Terry R. Sedivec won third place for an alomost flawless ride in North Dakota. The Organizational Readiness Evaluation Team member continues to pursue his amateur rodeo career, hoping to make the major circuit some day.

Trying to outwit 1,500 pounds of raw energy, Sgt. Terry R. Sedivec attempts to stay on for the required eight-second ride.



Sgt. Terry R. Sedivec

Grabbing life by the horns

By Sgt. Jose Zuniga
Star Presidian staff

As the young cowboy made his way down the dusty alleyway toward the bullring, Terry R. Sedivec tried hard to focus; readying himself mentally to outwit an angry 1,500 pound foe.

If most days were any indication, this day in 1990 would prove to be like most others; Sedivec would prove the master as a better than average amateur rider aspiring to make the major rodeo circuit.

The clock seemed to slow to a crawl as the massive beast swayed left and right, trying to throw its 20-year-old rider. Sedivec held on as steadily as was humanly possible. Eight seconds passed in an eternity and he jumped off, jogging toward the safety the arena fence offered.

A few yards from that fence, Sedivec felt a horn stab into his inner thigh. In a matter of seconds Sedivec was flat on his back in the center of the arena.

Somedays you get the bull, and somedays the bull gets you.

The instinct to survive, and the need to prove the bull had not won, made him get up and run to the shelter of the fence despite a slight concussion and four broken ribs. A week later, Sedivec was at it again. He wasn't going to let any bull beat him.

An attraction to the rodeo came easy for the six-year bullriding veteran from Mandan, North Dakota. In that area of the country, he explained, the rodeo is as much a part of growing up as fishing, football and the constant need to prove oneself.

``Rodeos were as much a part of my high school as football. You didn't think twice about participating, it just came naturally,'' Sedivec said.

He started his rodeo career at age 15 with bare back riding. A year later Sedivec graduated to bullriding and embarked on a career that would take him across the country with the amateur rodeo circuit.

Sedivec, now a sergeant with the Organizational Readiness Evaluation Team, Headquarters Company, U.S. Army Garrison, enlisted in the North Dakota National Guard in 1988 as a combat engineer. His decision to join the guard instead of active duty was because he could not imagine the prospect of abandoning the rodeo.

``I wanted to expand my horizons and go to college, but I couldn't bear the thought of just giving the rodeo up altogether,'' Sedivec explained.

In January 1993 he enlisted in the active component and was assigned to the Presidio. Although his job with the ORE team does not allow him the time he had years ago to dedicate to bullriding, Sedivec's dream of joining the major circuit has not faded.

``That's still my dream, and I'm still working toward it. But now it's not my only dream. Some day I'd like to become the North Dakota National Guard sergeant major,'' Sedivec explained.

With any luck, the determination to overcome any obstacle he showed on that day in 1990 when he got back up from the center of the arena will help him achieve his goals. No bull.

Community life program manager stresses teamwork

By Spc. Adrienne Story
Star Presidian Story

Jeanne Mote

Jeanne Mote has seen many changes in the military since she and her husband were in Italy in 1965. At that time there was no command sponsorship. She was married to a private first class who was not authorized on post housing and made about $150 a month.

``There was a time when you couldn't wait to be an E-4 over four so you could get housing. You couldn't get housing if you were a lower rank or had less time in,'' Mote said. ``We lived in Italy in a small house. I remember wearing my husband's field gear to keep warm. We would pile it up on the bed to keep warm through the night.''

Experiencing those hard times influenced Mote to eventually become the Community Life Program manager at the Presidio.

Mote arrived here three days after the Loma Prieta earthquake shook the Bay Area. She's been fully active in the community ever since.

As the Community Life Program Manager, Mote is in charge of all Army Community Service volunteers and serves as liaison between the command and community.

``I'm the eyes and ears of the community,'' Mote said. ``It's one of those jobs where if you don't care then you're no good, but if you care too much you can get burned out. It's not easy.''

``She's an excellent choice as the community life program manager,'' said Angela Brumfield, Equal Opportunity representative. ``She's so caring and intelligent. I never met anyone like her. She can do so much. She takes care of everybody, does her job and takes care of her home.

``One time when a soldier died, she took care of his wife,'' Brumfield remembered. ``She took the problem and just went with it when others weren't helping her, Jeanne went out of her way. She didn't care what she had to do or who she had to talk to, Jeanne did what it took to help that person.''

Mote found that the Presidio was structured differently than other installations where she had worked.

``I didn't know there was a garrison, a Sixth Army and the hospital command. It's all one Army to me,'' Mote said. ``The most difficult part of my job has been breaking through the layers of that structure. I think you have to work together as a team to be successful.''

Mote has worked to build one Presidio team.

``In some ways I have succeeded,'' Mote said. ``I'm not sure it'll ever be one, but people have been more willing to work together.''

``Jeanne is definitely a team player,'' Brumfield said. ``She's there for everyone.''

Since 1981, Mote has been a civil service employee doing some type of social work. ``I love working with people. There are so many different personalities,'' Mote concluded. ``When I have to say 'no' to someone it just breaks my heart. There is no greater feeling than solving a person's problem.''

Mote's husband, Sgt. Maj. Larry C. Mote retired March 25. They will be moving to Washington where she plans to continue her community relations work. Her last day with the Army Community Service here was April 2.

"She will be greatly missed. I cried at her going away ceremony,'' Brumfield admitted. ``She has *just* endeared herself to me. After I met her she just seemed like someone I knew all my life. I feel for the person who will have to fill her shoes.''

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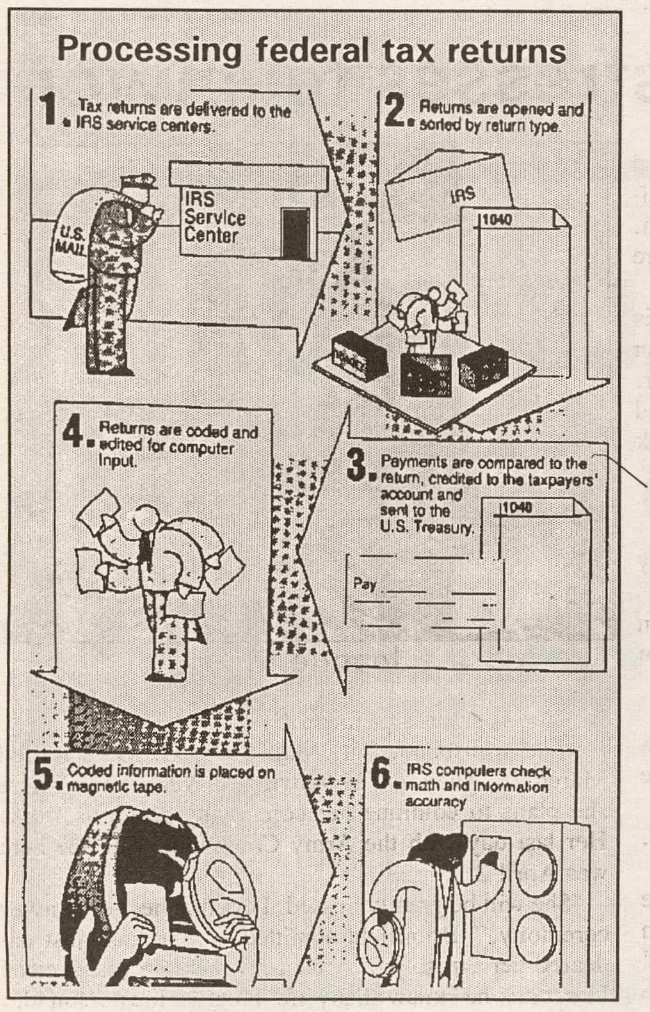
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LUSAH engineers earn awards

Ensure hospital operates, safety measures followed

By Spc. Adrienne Story
Star Presidian staff

Ten engineers ensure Letterman U.S. Army Hospital's electrical, plumbing, air vacuum and kitchen systems are operating 24 hours a day, seven days a week.

The hospital engineers, who say they are unknown by many, continue to keep LUSAH up to standard by reacting to emergency situations and completing work order requests. Recently these ``unknowns'' were rewarded for their safety consciousness.

The Letterman engineers have completed all work, accident free for five years. Many of the engineers received individual awards for more than 15 accident free years of service.

The youngest member of the team has been an engineer with LUSAH for more than four years.

These engineers fall under the Directorate of Engineering and Housing, but they are only responsible for LUSAH. They answer work orders throughout the hospital.

``Our duty assignment is strictly the hospital,'' said Ross Jackman, maintenance worker. ``They need engineers here 24 hours a day because of the patients, so we can't be responsible for other areas on the installation.''

Although the hospital has downsized, the engineers' work continues to grow, explained Jackman.

``We are still real busy. Many offices have moved into the hospital from other buildings so there are still several operating floors,'' Jackman said. ``We have the same amount of work, if not more. The tenth floor is the only floor that is not operating. We used to have 16 to 17 engineers, but now we're down to 10. There were four people doing my job. I'm the only maintenance worker now.''

After 17 years of service at LUSAH, Jackman has seen many changes and emergencies.

Jackman supported the hospital during the Loma Prieta earthquake and during floods which affected the first three floors.

``We all know our job,'' he said. ``We've learned not to get nervous even though many people depend on us. During the earthquake and the floods we just did our job.''

The 17-year veteran admits that some hospital staff members have become nervous during emergency situations, but the engineers have always reassured them and cleared away any doubts.

``Our job is very important because we have to keep the hospital running 24 hours a day, seven days a week for the patients,'' Jackman concluded. ``They wouldn't get the best care possible if we didn't do our jobs. There's a lot of satisfaction in knowing that people can depend on you and you won't let them down.''

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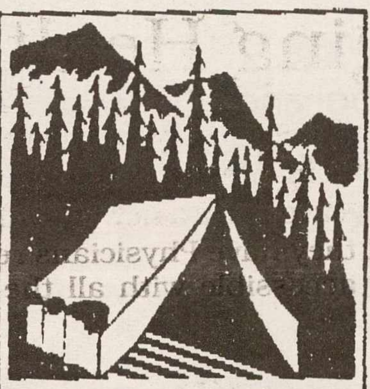
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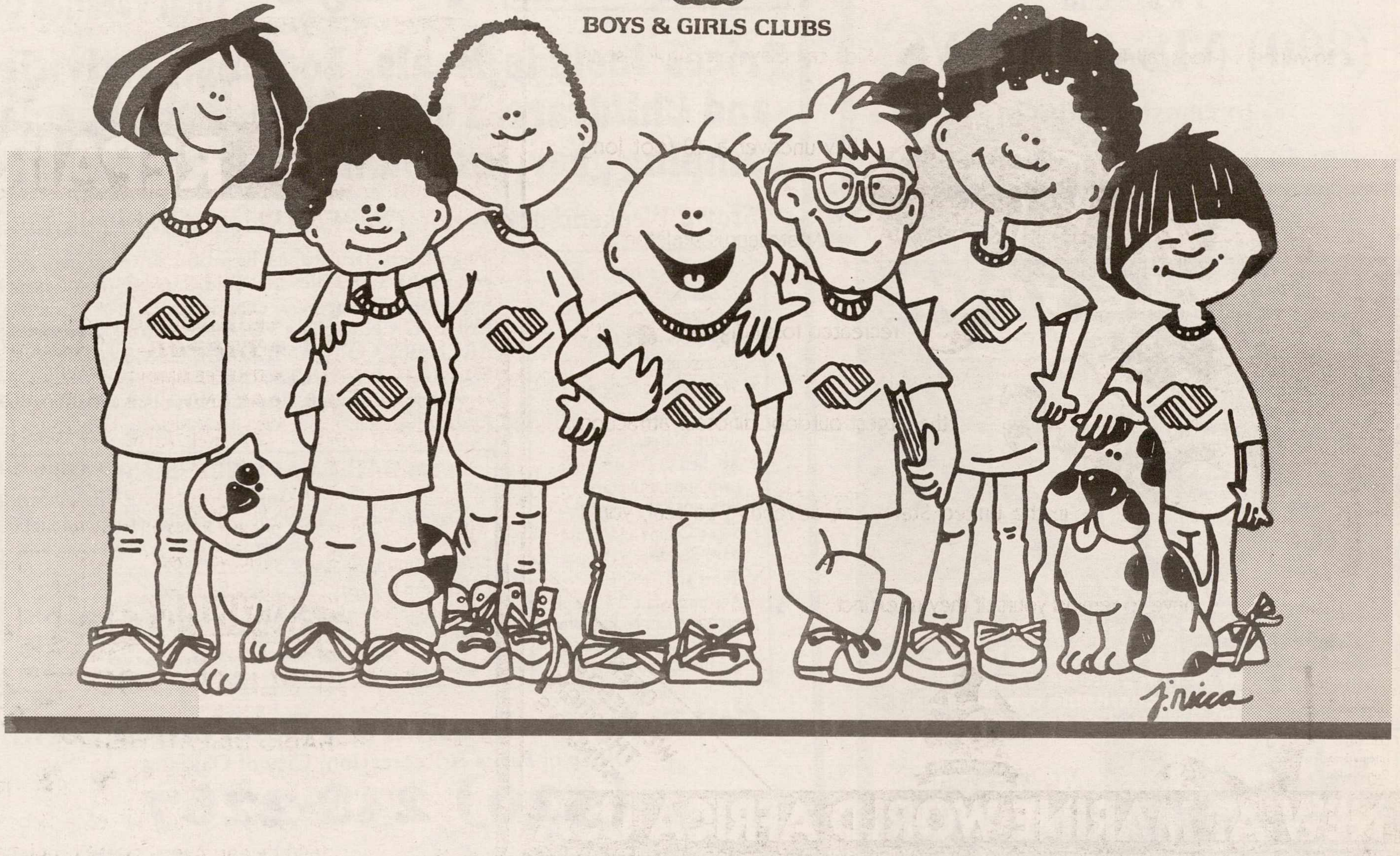


Basketball teams battle into finals

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

LUSAH 54
864TH Engr. 52

In a very physical game, LUSAH barely held out for a 54-52 win April 1, after 864th's Jason Encinias scored two field goals, added a 3-point shot and sank four fee throws in the second half to help his team whittle the lead away. for the night, Encinias was 9-14 from the line, and scored 20 points

LUSAH's Jared White scored 18 points, including 12 in the first half to give his team a 31-25 halftime lead. In team free-throw scoring, LUSAH was 12-21, and 864th was 19-36.

LUSAH30 35
LEC 50

Sitting on a comfortable 25-14 halftime lead, LEC's Ronald Russ and Jim Jansen scored 3-point goals to help their team bombard LUSAH30, 50-35 March 31.

LUSAH30's scoring leader, Shederick Charles, was not a factor in the game, leaving his team with no brass and no ammo.

864th Engr. 53
Transition Point 43

Transition Point, which started the first half of intramural season with a win streak, was again demolished this second half, this time by 864th, 53-43, March 31.

864th's Jimmy Davis scored 14 first-half points and finished the game with 21. He leads all players in the league with 210.

T-Point's scoring leader, James Boutknight, was held to eight points. He leads his team with 107 total points.

LUSAH30 56
T-Point 41

James Boutknight tossed in three 3-point bombs and finished with 17 points, but that wasn't enough to avoid a 56-41 whipping from LUSAH30, March 30.

Charles Shederick led LUSAH30 (and all scorers) with 20 points, and teammate

Willie Killens sank a couple of 3-pointers in the second half.

864th Engr. 48
USAG 64

USAG players spread the scoring around and demolished 864th, 64-48, March 30.

Nine USAG players put points on the board, averaging 7.1 points a piece.

Standings

1. FBI 9-3
2. LEC 8-4
3. LUSAH30 8-4
4. USAG 5-7
5. LUSAH 4-8
6. 864th 4-8
7. T-Point 4-8

Sports Briefs

HAAF hosts body-building tournament

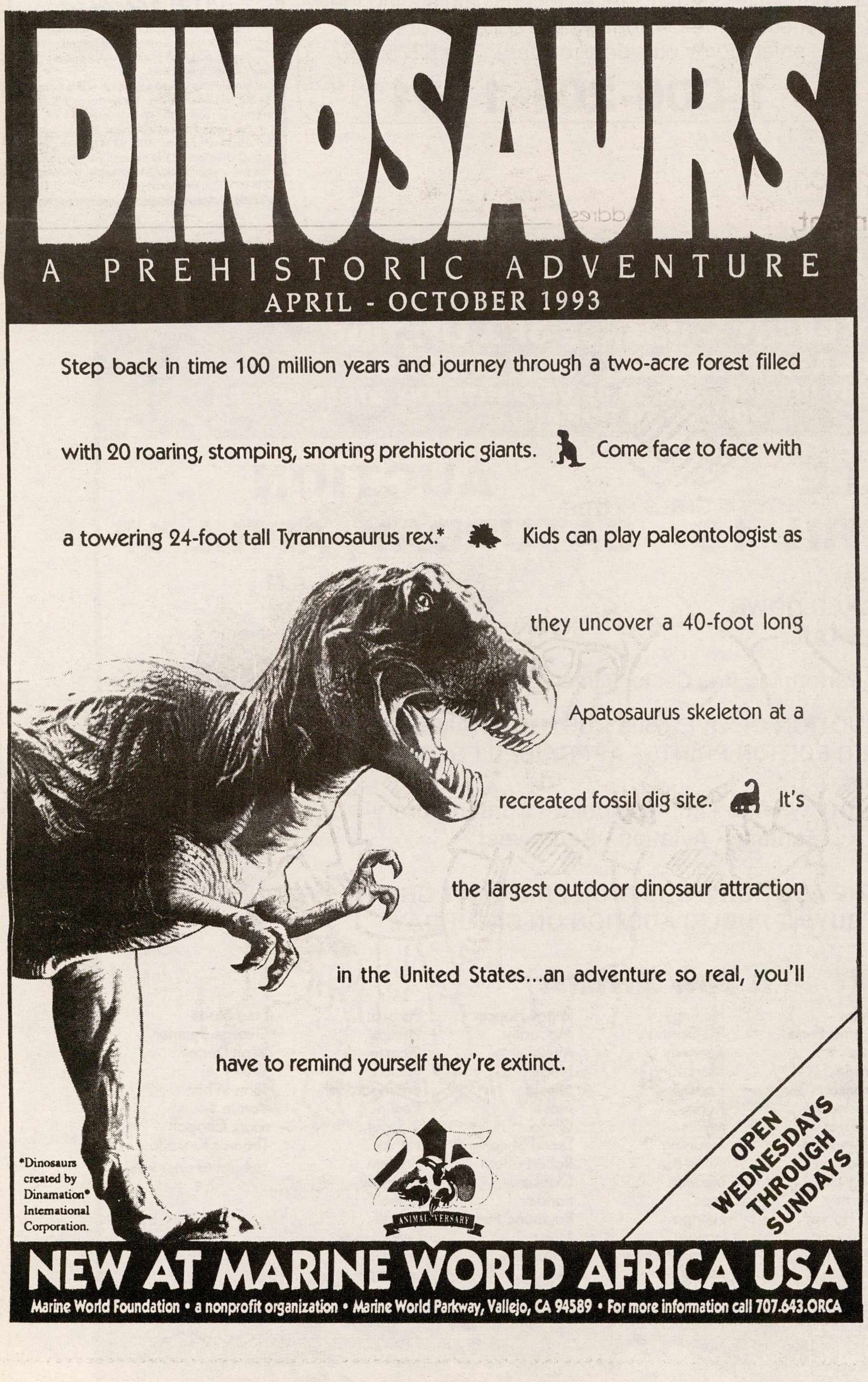
The Natural Western USA Drug-free Body Building Championship will be held April 24 in the Hamilton Field Theater, with divisions for novice and open men and women, teenagers, couples, and over-40 and over-50 divisions. The prejudging will be held at noon; the evening performance will be held at 7:30 p.m. Tickets are available by calling the contest hotline at **676-4534**.

Youth Activities forms sports teams

Youth can sign up now for T-Ball and baseball at the Youth Activity Center, Bldg. 386. For more information call Bill at **561-5143**.

Youth swim meet

The Presidio Swim Team will compete in its last meet May 8. The meet begins at 9 a.m. at Presidio Gym No. 2.



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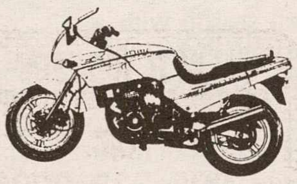

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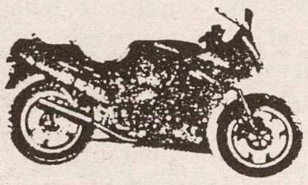

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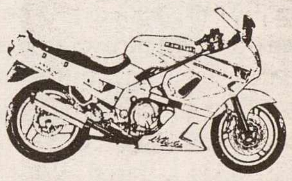

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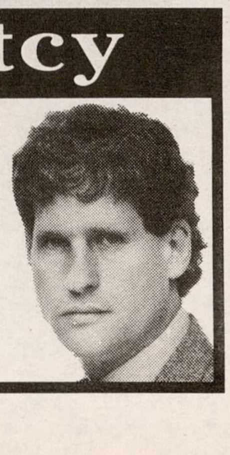

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Star Presidian

Vol.38, No. 14 Published for the Presidio of San Francisco April 16, 1993

Federal employees offered lower insurance rates

11 percent rate decrease in effect until April 30

By Evelyn D. Harris
American Forces Information Services

Federal employees have an opportunity to choose government life insurance at new, lower rates from March 29 through April 30.

The Office of Personnel Management has reduced the rates of Federal Employees Group Life Insurance by about 11 percent, from 18.5 cents to 16.5 cents for $1,000 of coverage. The reduction was effective Jan. 10, 1993, the first day of the first pay period of the year. Department of Defense officials said that paychecks due Jan. 29 and later reflect the change. The personnel office was able to cut the rates because of lower mortality rates and built up interest on reserves, said officials. The insurance plan covers 4.1 million employees and retirees.

OPM Insurance Policy Division Chief Abby Block said the agency wanted to offer employees who had declined the more expensive coverage another chance to enroll. Current enrollees may add to their coverage. Employees already enrolled and satisfied with their present level of coverage do not need to do anything, Block said.

Open seasons for life insurance are rare, she said. The last one was seven years ago. Employees who wish to enroll or add to their coverage should complete a Standard Form 2817, available from civilian personnel offices. OPM is distributing booklets explaining the insurance program to DoD agency personnel offices. It also has a hot line for agency headquarters insurance/benefit advisors.

Basic Federal Employees Group Life Insurance coverage is equal to the actual rate of an employee's basic pay rounded to the next $1,000, plus $2,000. The premium cost is not linked to age, so a 25-year-old and a 50-year-old who make the same salary pay the same premium - although employees age 35 and under receive double benefits at no extra charge. From age 36 to 45, the extra coverage drops 10 percent a year.

Rates for the additional insurance options A, B, and C are also lower for most age groups. Rates for option A, an additional $10,000 coverage, are lower for everyone 60 and younger.

Option B provides coverage up to five times the rate of basic pay after the pay is rounded out to the next $1,000. Rates for option B, calculated per $1,000 of coverage, are lower for all ages.

Payments for Option C, family coverage, have also been reduced. Family coverage costs are linked solely to the age of the employee and do not increase with family size.

OMP provided examples of how the new rates would affect three employees. An employee aged 57 making $49,210 a year pays $8.58 per pay period for basic coverage compared with $9.62 before. For Option A, the employee pays $3, down from $4.50. For Option B, payments are $7.50, $15, and 22.50, $30 and $37.50, respectively to cover one, two,

See Insurance, Page 10

Fingerprints, photos help curb incidence of child abductions, military police claim

By Staff Sgt. Marion Anderson
Provost Marshal Office

Thousands of children will be reported missing in this country this year. You will see their pictures on posters, milk cartons, newspapers and television. Some children will be found and returned home, others will not.

The Presidio Military Police are providing Child I.D. fingerprinting and photos from 11 a.m. to 2 p.m. April 24 at the Child Development Services' Children's Festival.

Child abduction is a tragedy that devastates parents and touches all of us.

The recommended means of positive identification is through the use of photographs and fingerprints which are very important -- but they will not prevent your child from being stolen or kidnapped.

Photographs and fingerprints are only used after a child is reported missing. However, fingerprints are a unique and valuable source of identification and do not change over a lifetime. They are used to assist law enforcement agencies in follow-up investigations and identification of missing children.

The Presidio Child Identification Program provides positive identification of children. The program is voluntary. No child will be photographed or fingerprinted without the consent of an adult.

The parents will receive the child's (photographed) identification card and the only copies of the fingerprints, and will be responsible for their safekeeping.

Photographs should be retaken every year for children more than 2 years of age. Update the photo every four months for children less than 2 years old.

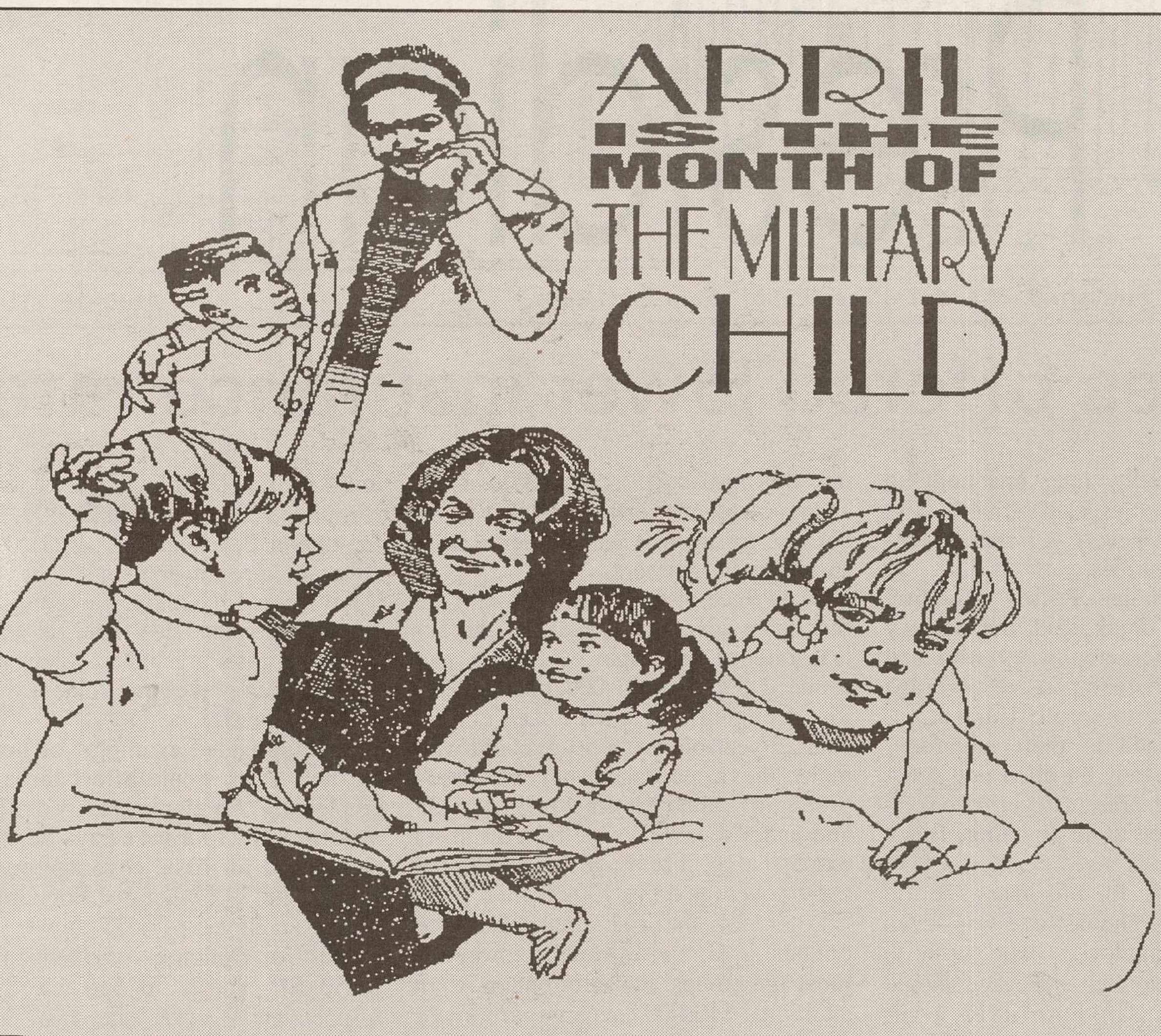
The Provost Marshal's Office recommends the voluntary fingerprinting of juveniles between the ages of birth to 18 years. Footprints are recommended for children less than 6 months of age. Palm prints are recommended for children up to 5 years of age. If your child was fingerprinted before the age of 5, or if you feel the prints are not clear, have the child reprinted. The older the child the better the prints are for identification.

For more information about child identification, call **561-5739**.

Hang time

Staff Sgt. Pleasant Lindsey III

Making sure it's clear to land, LEC's Reginald Brown finishes a dunk over USAG's Keith Page and David Jackson in early rounds of the intramural basketball tournament April 8. See coverage of tournament games on page 13.



Parents should compromise; remember children are people

By Spc. Adrienne Story
Star Presidian staff

Children are often taken for granted. Many times adults see them only as children and not people. They are people and they have feelings and attitudes just as real and important as adults.

We enjoy their company when no one else is around. Yet, we send them out to play or tell them to be quiet when there is another adult present.

We play with children when they are cute and cheerful, yet we send them to their rooms when they are cranky.

We don't send our spouses or other adults to their rooms when they are in ill moods. Adults have emotions just like children do.

Many adults make their children eat food they don't like. Adults, unless they are on a strict diet, don't eat food they don't like. Why should children?

The military child is often pulled from schools they like and put into schools they don't like. Although this is often unavoidable, we should take the time to thank our children for their sacrifices and explain why things happen.

Children are considered a hassle when you are someplace and they want to leave, yet adults leave when they become bored. We expect children to tolerate our interests, yet many adults refuse to tolerate children's interests. If we take the time to become involved with our children, we may find their interests are our interests.

Children have a short attention span, particularly when we are making them do something they don't want to do. Adults also become bored. Maybe sometime when your child says, ''I want to leave. I'm bored,'' you should leave. I understand that's not always possible, but sometimes we can make that sacrifice. Maybe sometime when your child wants to finish the game, you should finish the game.

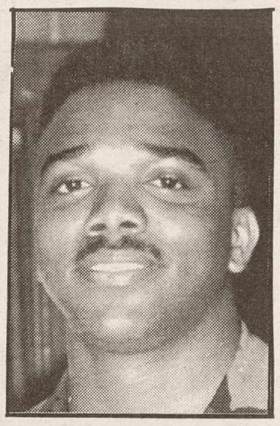
There should be compromise. You compromise with your spouse. Many spouses have sat through a football game they didn't care to watch. Others have walked around the mall long after they were ready to leave. If those sacrifices didn't hurt, putting aside interest for your child's won't hurt.

Your children are people. They know what they like and dislike. Not that you should always give them everything they want all the time, but at least respect their opinion and value their input.

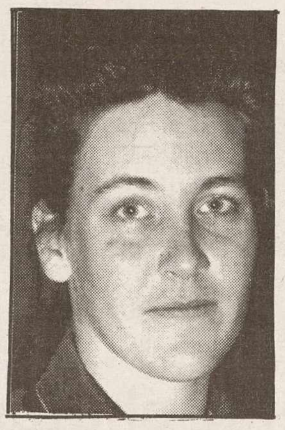
April is the month of the military child. We should thank our children for all they have done. They've made many sacrifices from sitting in the grocery cart for what seemed like days to them to leaving their best friend behind. We should respect our children as we expect them to respect others.

Ask Presidians

Where would you like to be transferred after you leave the Presidio? Why?

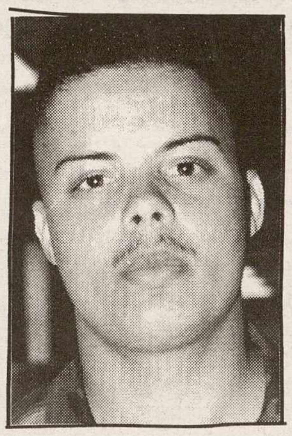


Pfc. Brian D. Fields, administrative specialist, Secretary of the General Staff: "Fort Bragg, N.C. It's only 30 minutes away from my home. I would probably get BAQ for living off post.''



Spc. Sharon Gallie, administrative specialist, Sixth U.S. Army command sergeant major: ''Hawaii. It's warmer there. I don't like the cold. I've always thought about going there for a vacation. I'd probably like living there. It would also be interesting to see their customs.''

Sgt. 1st Class Jesus Salgado, NCOIC, Standard Installation Division Personnel System: ''Fort Sam Houston, Texas. The weather is great. It would be cheaper to support my family and go to college. Fort Sam Houston would be a good place to retire.''



Pvt. 2 Jason Thomas, personnel automation systems analyst, SIDPERS: ''Anywhere in Germany. The Presidio is a pretty relaxed post. I like it here, but I would like to go to an infantry unit where I can learn more about the Army and become a better soldier.''

Photos by Spc. Adrienne Story

Letter to the editor: Where are your readers?

I am curious. It has been many, many months since I have read a letter to the editor in the *Star Presidian*. Is it because we have more ads now and we have no more space for articles? Is it because everything is perfect on our beloved Presidio and its substations? Or is it because no one cares anymore?

In fact, it's been a while since I've written a letter to be published. (I hope this one is a good reintroduction.) Are you ''Letter to the *Star Presidian* editor'' writers still out there''? If so, I would love to read what you have to say. If anything, write about how you feel about this ''Letter.'' Thanks for reading it.

they like and put into schools they don't like

Thomas L. Cho

The *Star Presidian* is starting a Presidio Focus page with this weeks' edition. If you have ideas or suggestions for fomeone to be highlighted on this page please let the editor know at 561-3861.

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif. The appearance of advertisements in this publication, to include all inserts and supplements, does not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-3861. Circulation: 9,000.

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Stray confinement facility closes, appointment scheduling changes

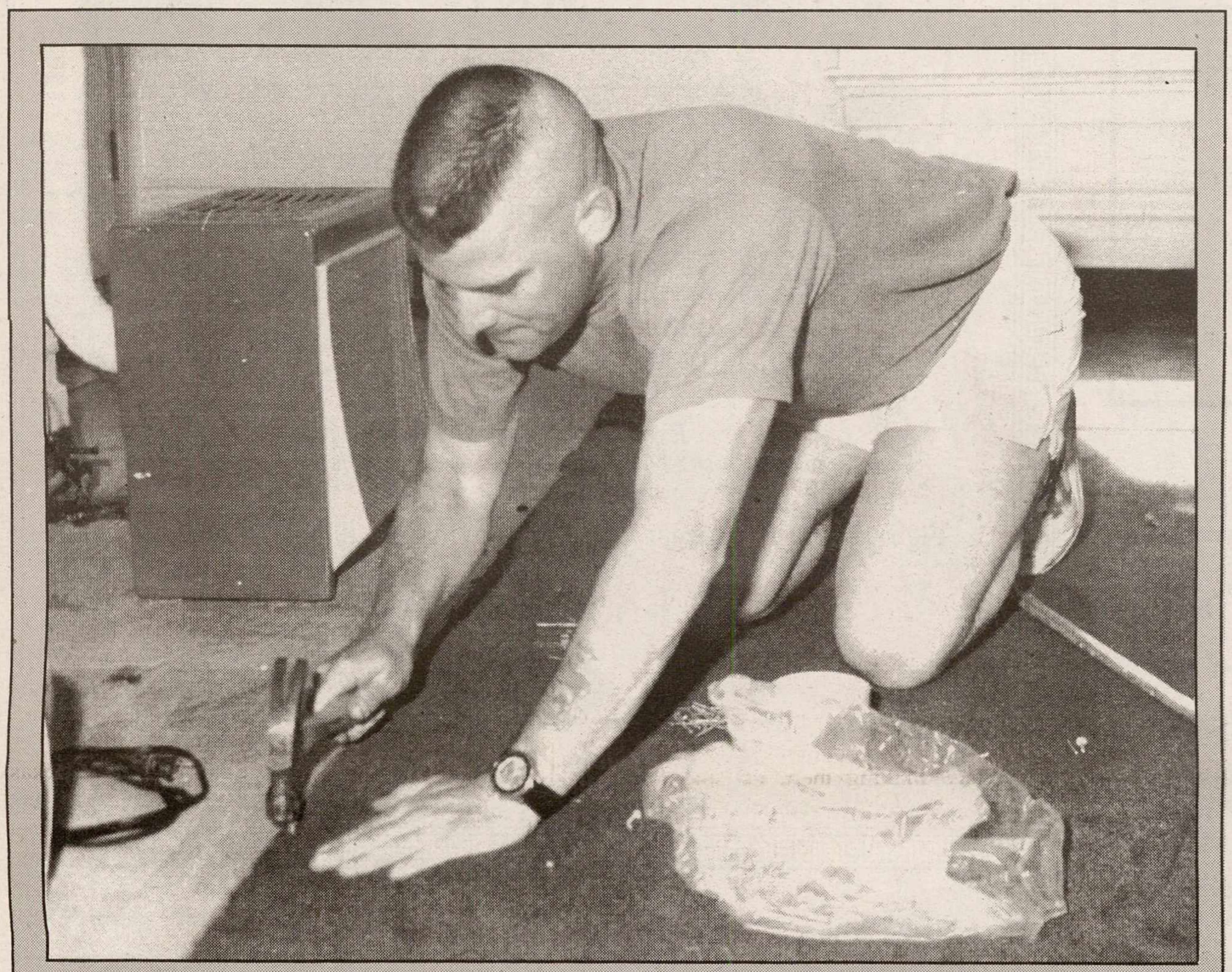
The following changes will be made in the current operation of the Presidio Veterinary Treatment Facility.

On April 1 the Stray Confinement Facility closed. Animals picked up on post will now be taken to the San Francisco Animal Care and Control Center, at 1200 15th Street in San Francisco. If a pet is lost, call the center.

On May 1, the appointment scheduling system will change. The clinic will only be open from 8 a.m. to 1 p.m. Wednesdays. A sign-up sheet for appointments will be maintained on the clinic door.

Patrons desiring appointments should come in and sign up for a time slot. Patrons may also visit the clinic on a walk-in basis on Wednesdays and will be .seen between scheduled appointments. A scheduled appointment in advance is the desired procedure, however.

Routine procedures performed include vaccinations; health certificates for travel; fecal, heartworm and feline leukemia tests; deworming; a limited test and treatment for communicable skin and ear problems such as ringworm and bacterial infections; sales of flea products and heartworm preventitives. For further information, call **561-3744** on Tuesdays or Thursdays from 8 a.m. to noon.



Hitting the nail right on the head, Sgt. 1st Class Christopher Kennally tacks down flooring in the ceremonial platoon's new building.

Ceremonial platoon defies ghost tales

Story and photos by Spc. Adrienne Story
Star Presidian staff

Despite several warnings, Ceremonial Platoon, Headquarters Company, U.S. Army Garrison, soldiers laugh in the face of fear. They have ignored the ghastly tales, and perhaps have travelled paths too daring even for these infantrymen. The honor guard has courageously claimed grounds which are said to be haunted. Prepared to battle the evil spirits if necessary, CP soldiers have marked their territory and are moving into a building most refuse to step foot into.

They've just inherited Bldg. 116, the "haunted house of the Presidio." They are now renovating the building -- preparing to make it their new headquarters. Building 116 has served as a set of quarters; the Fort Point museum; Chaplain headquarters; and a computer center for the Directorate of Information Management.

In spite of the tales of ghosts, the CP's main concern is using all available resources to repair the building.

The sign which is now placed in front of Bldg. 116 was found in the dumpster by CP soldiers. It was formerly placed in the indoor range with a marksmanship insignia on it. With a little paint and Spc. Angelo Aleman's steady hand, the sign was transformed into the honor guard headquarters shingle.

Blinds which are placed in the windows of CP's new home were found in trash bins. Sgt. 1st Class Christopher Kennally, platoon sergeant, wouldn't say where he'd get supplies, but admitted that no stone will be left unturned while finding resources to renovate their new headquarters.

The building renovation began the first week of April and is expected to be completed at the end of May.

"The building was dilapidated when we first started working on it," Kennally said. "Minor, self-help repairs had never been done. We're going room by room and repairing small earthquake cracks, painting, plastering holes, and removing and replacing old tile."

The Ceremonial Platoon has been using materials available at the Self Help Store, Bldg. 1227, and receiving support from Company C, 864th Engineer battalion. They have been spending their own money on a volunteer basis. A fund was used to buy brown paint, Kennally explained.

"We have at least two soldiers and one NCO working here five days a week," Kennally said. "We are still accomplishing three to five funeral missions a day. Soldiers are working together and taking pride in this project. There's nothing like this to build espirit de corps."

In mid-June the platoon will move into the building and use it as an operations and training center, the ceremonial platoon sergeant explained.

"We will put the building to good use because we interface with so many services and other honor guards," Kennally said. "In the past we haven't had the facilities to accommodate them."

Kennally feels their soon-to-be operations and training center will serve as a historical contribution to the Presidio after the post closes.

"When we leave here, we will have left this building with no need for repairs at very little cost to the Sixth U.S. Army," he concluded. "Ceremonial Platoon will have left its mark. Twenty years down the road the soldiers can come back here and proudly say, 'my platoon renovated that building. That was our headquarters.'"

Legal documents speak for those who can't speak for themselves

By Burton K. Brasher
Office of the Staff Judge Advocate

Editor's Note: This article is provided as a public service and does not constitute individual legal advice, which can only be given by an attorney who understands your specific circumstances. To obtain the advice of an attorney, please call the Legal Assistance Office (LAO) at 561-4273 and make an appointment to discuss your situation with an attorney.

With the ability of medical technology to extend life for comatose or dying patients, service members are demanding more control over the type of medical treatment they receive. Many individuals are not willing to undergo costly, and often futile medical procedures. To them, the quality of life does not justify the pain and cost involved. Others may desire to authorize limited life support functions for the specific purpose of organ donation.

You now have some ability to make binding decisions about the amount and type of care you are willing to accept. These decisions provide direction to the health care provider if you later become incapacitated. You should consult with your spouse, family members and chaplain or clergy now to decide what type of care you are, and are not, willing to undergo. It is also very important that you communicate any desires in advance with your regular physician.

Advance directives are documents which record these choices.The two principal types of advance directives currently available are a living will and a durable power of attorney for health care. A living will is a document in which you direct your physician to withhold or withdraw life-sustaining procedures if you should become terminally ill. You may make, change, or revoke a living will at any time. A durable power of attorney for health care is different than a general power of attorney. A general power of attorney is only effective when the grantor is competent and it is not effective when the grantor is incompetent.

The durable power of attorney, however, becomes effective only when you cannot make medical decisions for yourself. You state, in the power of attorney, which treatments are desired, and which are not desired. You also appoint an agent to make other medical choices that might be required for you. Like a living will, it can be changed or revoked at any time.

Any service member, retiree, or dependent authorized legal assistance services may have either document prepared at the Garrison SJA's Office. Service members thinking about an advance directive should ensure that their questions are addressed before executing such a document.

A copy of the directive should be placed in your medical records or stored where family members can locate it should you become disabled. You may also wish to consider carrying a card in your wallet stating that an advance directive has been signed and where it is located. Finally, some states allow you to indicate that you are an organ donor, or have prepared an advance directive, on you driver's license.

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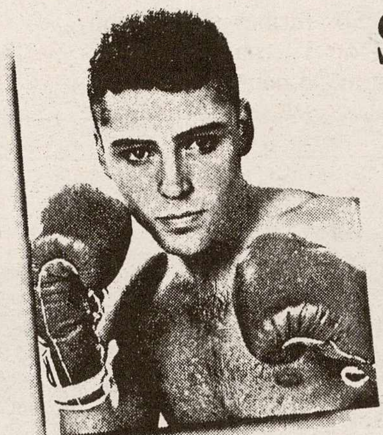

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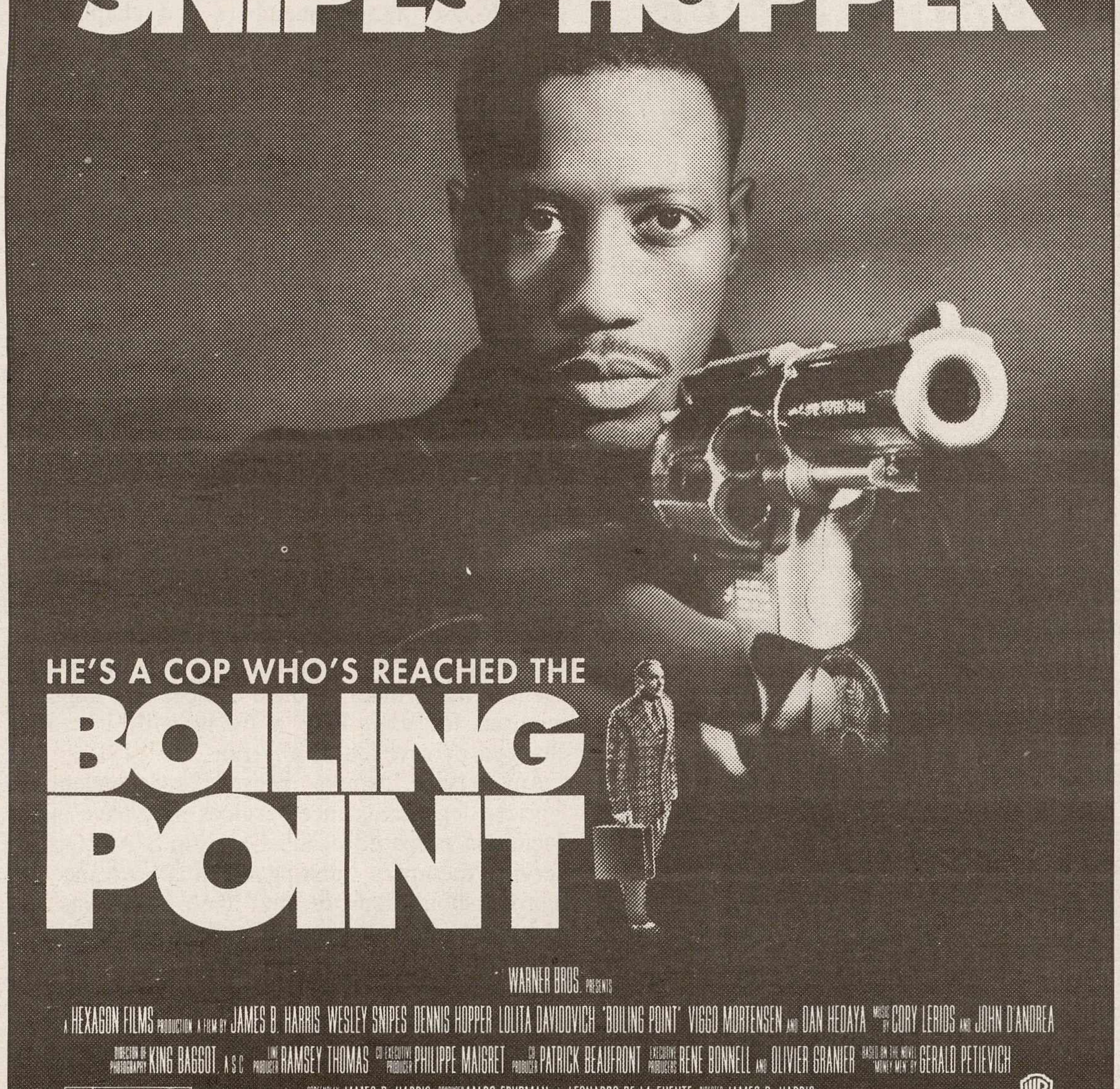

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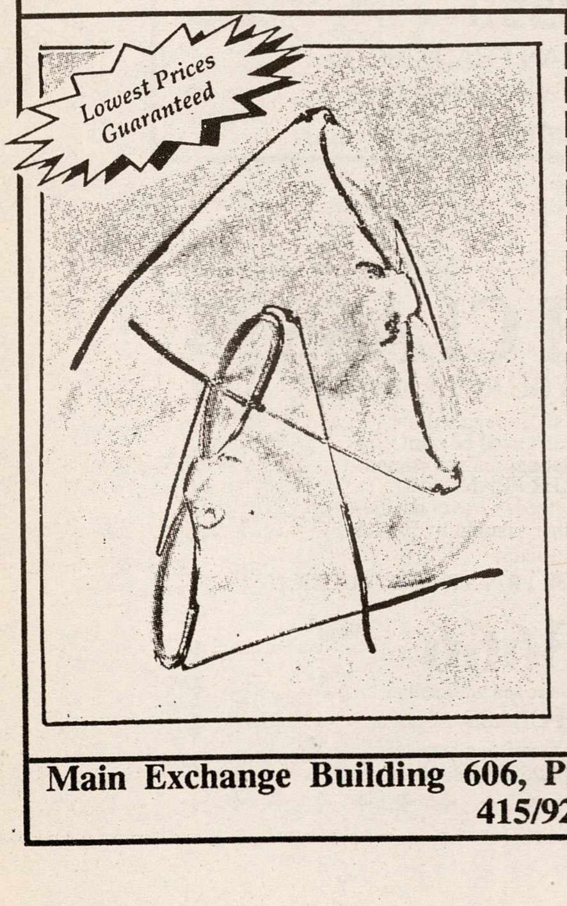

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News Briefs

Spring Clean up set for May 17-21

Spring Clean-up will be conducted in housing areas from May 17 to May 21. The schedule for clean-up is as follows:

May 17: Housing areas 1 through 100, 300 and 1500.
May 18: Housing areas 400, 500, 800 and 1700.
May 20: Housing areas 1300 and 1400.
May 21: Fort Baker housing areas 500, 600 and 800, and Presidio's 700 area.

For more information, call Juanita Whitehead at **561-3711**.

Children celebrate month of military child

Child Development Services presents a Children's Celebration, from 11 a.m. to 2 p.m., April 24, at the Child Development Center. There will be fun, games and activities for children 3 months to 8 years old. All families are invited to this free event to celebrate the Month of the Military Child. For information, call **561-6372**.

Sobriety checkpoint set

There will be a sobriety checkpoint conducted from 8 to 11 p.m. April 22 at Lombard Street and Presidio Boulevard. Drive safe, drive sober.

Bowling slots open

Summer bowling leagues are now forming. Sign up at the Presidio Bowling Center, Bldg. 92, or call **561-5042**.

DOIM transfers communication lines

If your section transfers or inactivates, the Directorate of Information Management will see to it that your communications lines and accounts are properly disconnected or discontinued. The DOIM, Communications Planning Division, is available 7:30 a.m. to 3 p.m., Monday through Friday, in Bldg. 34, second floor, Room 201, to assist you with the necessary paper work needed to cancel your organization's local or commercial telephone lines, credit cards and radio frequencies. The DOIM sends a communication packet that contains cancellation request forms for local or commercial telephone lines, telephone credit cards, and radio frequencies to your activity's Unit Telephone Control Officer (TCO) approximately 90 days in advance.

The completed forms must be returned as soon as possible to Directorate of Information Management, ATTN: Mr. Wilson, PSF 94129-6200. This ensures that the DOIM no longer pays for unnecessary communication lines -- it also saves money for the government. Call the DOIM at **561-6161** or **561-4040**, or visit us at Bldg. 34, 2nd Floor, Room 201.

National Day of Prayer May 6

The Presidio Chapel program will recognize National Day of Prayer, May 6, with three activities that are open to all members of the Presidio family. The Men of the Chapel will host a Prayer Breakfast, 6:45 a.m., in the Religious Activities Center, Bldg. 682. RSVP by May 4 to Maj. John Fowler at **561-3798**. Next, there will be a Women's Prayer Brunch at 9:30 a.m. at the RAC. RSVP by May 4 to Abigail Dolinger at **928-7917**. Afterward, all Presidians are invited to "take 5 at 12" as Chaplain Randy Dolinger hosts a five minute prayer service at noon, by the Flag Pole on Pershing Square. These activities are part of the National Day of Prayer Task Force's nationwide program.

Newcomers' orientation today

The Newcomers' Orientation Briefing and Historical Tour of the Presidio will start at 9 a.m. today in the Army Community Service Conference Room, Bldg. 103-B. The tour of the post begins at 10:30 a.m. All DoD civilians and their family members, as well as members of all military branches living on or assigned to the Presidio within the last 120 days are welcome to attend. Family members **should** come even if the military member can't. Refreshments will be served. These briefings and tours are held the third Friday of each month and offer up-to-date information on: hospital and dental clinic status, Delta Dental and CHAMPUS, Transportation, bridge passes and on-post shuttle bus service, Engineering and Housing services, post security, and Chapel services. For additional information call Dayle Ann DeLong, the Relocation Assistance Program Manager at **561-5256.**

Parenting class for Month of Military Child

Family Advocacy, Presidio Army Community Services is hosting parenting classes from 9:30 to noon Thursday, and April 29, May 6, 18, 20 and 27 in the ACS Conference Room, Bldg.

See Briefs, Page 11

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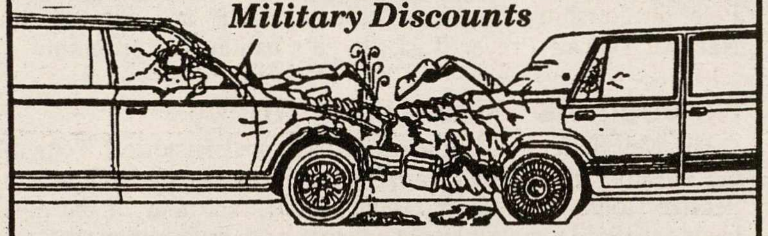

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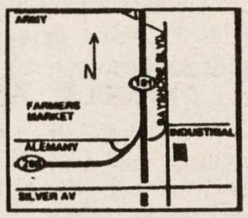

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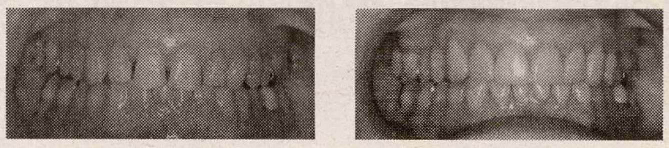

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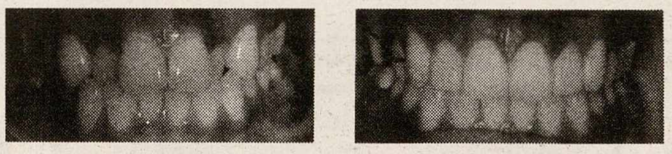

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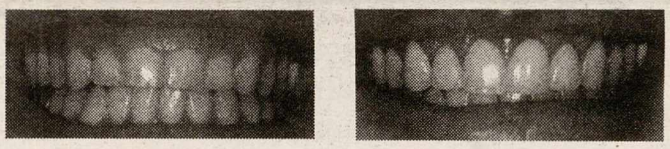

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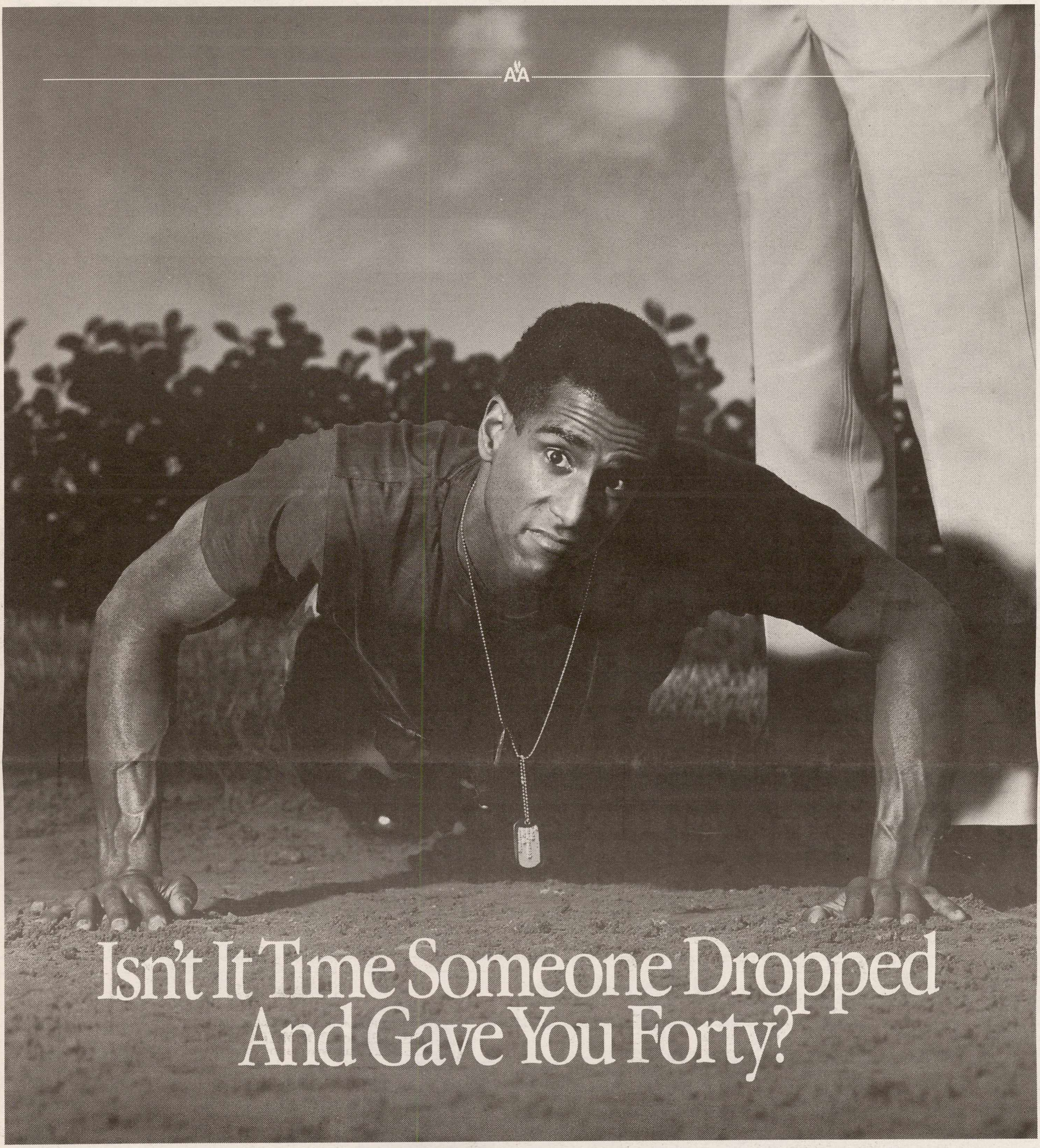
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Presidio Focus

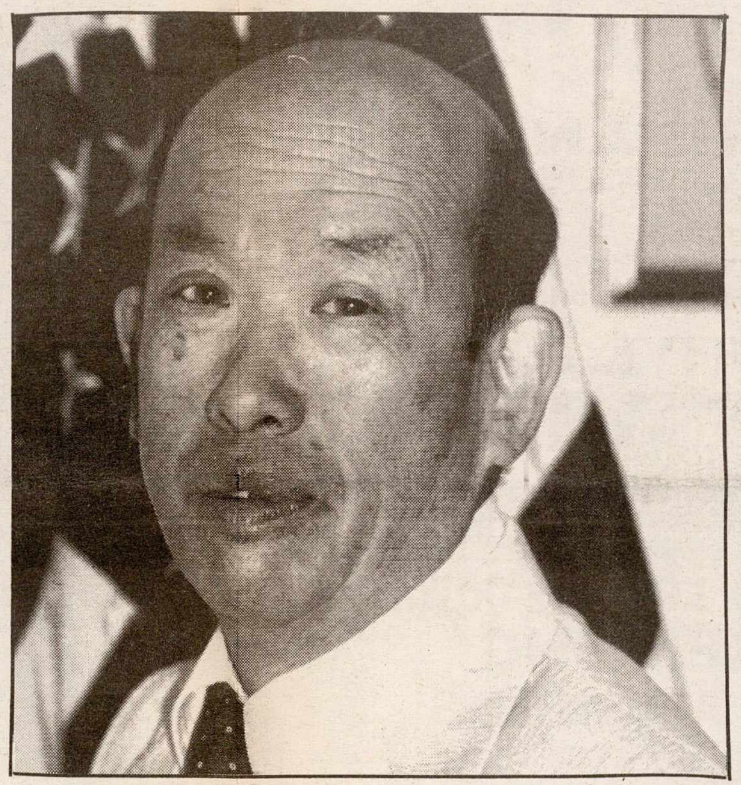
Easter sunrise

Sgt. Jose Zuniga

Chaplain (Col.) Jerry Mize, post chaplain, reads scripture during an Easter sunrise service Sunday at the Main Post Chapel. More than 150 Presidians attended the one-hour service.

DOIM recognizes stalwart veterans

Bessye Herd, 42 years of government service



Alvin Chan, 41 years of government service

Mock demonstration

1st Lt. Liana Bratland

Deputy U.S. Marshals, led by chief deputy U.S. Marshal Raymond Van Putten, remove mock demonstrators Specialists David Zeveney, Matthew Taylor and Sean Maile, all of the Law Enforcement Company.

Post bids farewell to officer

By Spc. Adrienne Story
Star Presidian staff

After serving three years and holding three different positions at the Presidio, Maj. Jonathan A. Manson, will report to Fort Riley, Kan.

Manson served as the Secretary of the General Staff, deputy for the Deputy Chief of Staff for Training and the chief of the unit training division of DCST. His most recent position was Secretary of the General Staff.

As the SGS, Manson was responsible for all administrative actions in the command group. Although this job kept him busy, Manson found time to enjoy the sites of the Presidio.

''The Presidio is a beautiful, great place. I've really enjoyed my time here,'' Manson said. ''Its been wonderful serving the Army in such scenic surroundings.''

Manson will also take a great deal of experience with him.

''Besides enjoying the scenic value of Presidio, it's been a learning experience,'' he said. ''I've never had so much exposure to the Reserve Component. I don't think people realize how big it is, how many units there are or the importance of the Reserve Component.''

Manson will be assigned to the 1st Engineer Brigade at Fort Riley, which will activate in October.

''Although I've learned a lot and enjoyed my time here I am looking forward to working with the engineer brigade,'' Manson said. ''There have been many engineer divisions to begin operation recently. This will be the last division to activate.''

Manson and his wife, Jo, left the Presidio Sunday. They are expecting their first born in July.

> ***"The Presidio is a beautiful, great place. I've really enjoyed my time here. It's been wonderful serving the Army in such scenic surroundings."***
>
> **Maj. Jonathan A. Manson**
> **Secretary General Staff**

TSC photo by Sam Park

Col. Giles Crider (far right) congratulates Maj. Jonathan Manson after awarding him a Meritorious Service Medal.

DEH employees receive awards

By Spc. Adrienne Story
Star Presidian staff

Four Directorate of Engineering and Housing employees received $50 on the spot check awards from Col. Gregory A. Renn, garrison commander, March 29.

Juanita Whitehead, customer relations specialist, received the award for her assistance in ensuring a water leak was repaired at Bldg. 651.

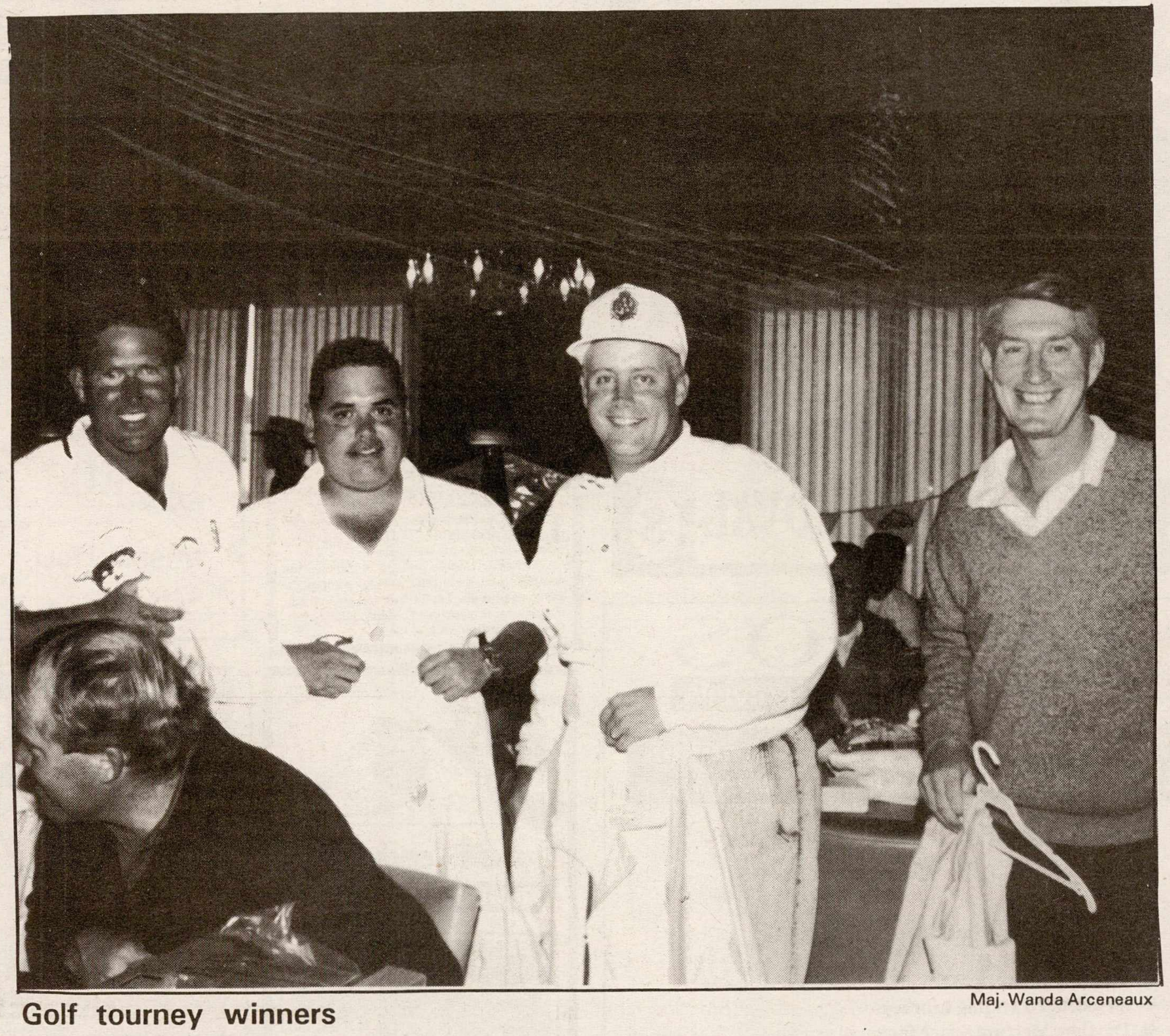
Ferdinand Munar, carpenter, received the award for his work at Bldg. 86 in January. He fixed the stair treads and heating system.

Macario Bura Jr., maintenance mechanic foreman, was rewarded for repairing a water leak in Bldg. 651.

Sony L. Cubilo, heating equipment mechanic, assisted in repairing the stair treads and heating system in Bldg. 86.

All these employees were congratulated for their customer service and improving the quality of life for other Presidians.

Rudy Shokal, transportation office of Directorate of Logistics, received an On-The-Spot Award for volunteering added support for a request which saved the government money and accomplished the mission. Shokal provided transportation for the civilian aide to the secretary of the Army for Montana. Because of his initiative he was awarded a $50 check.



Maj. Wanda Arceneaux

Golf tourney winners

The team winning received top honors at this year's annual golf tournament sponsored by the Association of the United States Army (AUSA), posted an impressive score of 62, 10 under par, at the Presidio Golf Course. Winners are, from left to right, Mike Groves, Sgt. Albert Trevino, Maj. John Fowler and Col. Richard Brown.

Insurance, Continued from Page 1

three,four, or five times the salary. Option C, family coverage, costs $1.50 -- down 25 cents.

A 46-year-old employee making $64,985 a year pays $11.06 per pay period for basic coverage, down $1.34. Option A additional coverage will cost 20 cents less, or $1.10. Option B, costs $7.15, $14.30, $21.45, $28.60 or $35.75. Family coverage cost the same as before: 70 cents.

A 27-year-old employee making $24,300 a year pays 54 cents less per pay period for basic coverage, or $4.46. Options A and C are unchanged at 40 cents and 30 cents. Option B also remains unchanged at $1, $2, $3, $4, or $5.

Retirees may not participate in the open season. To carry federal life insurance into retirement, employees must have been enrolled for the last five years before retirement, said Block. Retirees' insurance premiums are deducted from their pensions until age 65.

Insurance Tables

	Standard Optional Insurance (per $10,000 of coverage)			Add. Optional Insurance (per $1,000 of coverage)		
Age Group	Biweekly	Semimo.	Monthly	Biweekly	Semimo.	Monthly
Under 35	$0.40	$0.43	$0.87	$0.04	$0.043	$0.087
35 - 39	.50	.54	1.08	.05	.054	.108
40 - 44	.70	.76	1.52	.07	.076	.152
45 - 49	1.10	1.19	2.38	.11	.119	.238
50 - 54	1.80	1.95	3.90	.18	.195	.390
55 - 59	3.00	3.25	6.50	.30	.325	.650
60 +	7.00	7.58	15.17	.70	.758	1.517

Family Optional Insurance

Age Group	Biweekly	Semimo.	Monthly
Under 35	$0.30	$0.33	$0.65
35 - 39	.31	.34	.67
40 - 44	.52	.56	1.13
45 - 49	.70	.76	1.52
50 - 54	1.00	1.08	2.17
55 - 59	1.50	1.63	3.25
60+	2.60	2.82	5.63

Partial Schedule of Basic Insurance Withholding

Premium Per Pay Period

Annual Pay	Basic Insurance	Biweekly
$15,000-$16,000	$18,000	$2.97
20,000- 21,000	23,000	3.80
25,000- 26,000	28,000	4.62
30,000- 31,000	33,000	5.45
35,000- 36,000	38,000	6.27
40,000- 41,000	43,000	7.10
45,000- 46,000	48,000	7.92
50,000- 51,000	53,000	8.75
55,000- 56,000	58,000	9.57
60,000- 61,000	63,000	10.40

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Briefs, continued from Page 5

103-B. Free child care will be provided. For more information call Karen Kaho at **561-5155**.

Battalion CQ changes location

The Headquarters Command Battalion staff duty and charge of quarters location has been moved to Bldg. 1214. The new phone number is **561-6010**.

Tour for single parents offered

The Chaplains Office is sponsoring a trip to Marine World Africa, USA, for single parents and their children. Call **561-4719** for details.

FISC closes for one week

The Fleet and Industrial Supply Center (FISC), Oakland, Islemart Servemart, located at Treasure Island, Bldg. 260, will be closed from April 26 through 30 to conduct the required annual inventory. Islemart will reopen for customer sales May 3. The **Touch-N-Go** Servmart at the Naval Aviation Center in Alameda, Bldg. 168, will remain open to support all customers. Operating hours are 9 a.m. to 3 p.m. Monday through Thursday, and 9 a.m. to 1 p.m. Friday. For more information call **302-4151**.

Club offers scholarship

The Presidio Enlisted Spouses Club is offering a $500 scholarship. The scholarship is open to children and spouses of enlisted personnel. Family members of **retired** enlisted personnel may also apply. For applications and details, call Valeria Dunn at **561-4656** day, or **346-6479** evenings. Application must be postmarked by June 1.

Asian Pacific Month celebration

Tickets to the Asian Pacific Heritage celebration will be available now until May 4. A $3 donation is requested. The celebration will feature Asian Pacific food, entertainment and several displays from 11 a.m. to 1 p.m. May 13 at the Log Cabin. For a ticket, contact your unit Equal Opportunity representative. For more information, call the EO office at 561-4154.

Voting Assistance slogan contest

The Federal Voting Assistance Program has started its 1993-94 Voter Slogan Contest to broaden voter participation among soldiers, family members and civilians overseas. The winning slogan for 1991-92 was ‘‘Democracy Counts... On Your Vote’’ submitted by an American citizen overseas.

The author of the winning slogan receives a certificate of recognition from the Secretary of Defense. Slogans must be typed or written on 8 1\2 by 11 inch paper, and include the writer's full name, branch of service, mailing address and daytime telephone number. Send entries to Federal Voting Assistance Program, Attn: Voting Slogan Contest, Room 1B457, The Pentagon, Washington, DC 20301-1155. The deadline for entry submission is July 16.

Parenting, stress classes offered

The Presidio Army Community Services is offering free **parenting classes** 5 to 7 p.m. Thursday evenings at the Child Development Center, Bldg. 389.Also, ACS is offering free **Stress Management Classes** from 10 a.m. to noon April 27 in the ACS Conference Room, third floor, Bldg. 103-B. This class offers an opportunity to learn skills to manage stress and to have more fulfilling relationships.

There is free child care for both classes. For more information call Karen Kaho, Presidio Family Advocacy, at **561-5155**.

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Sunday
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1296 E-54

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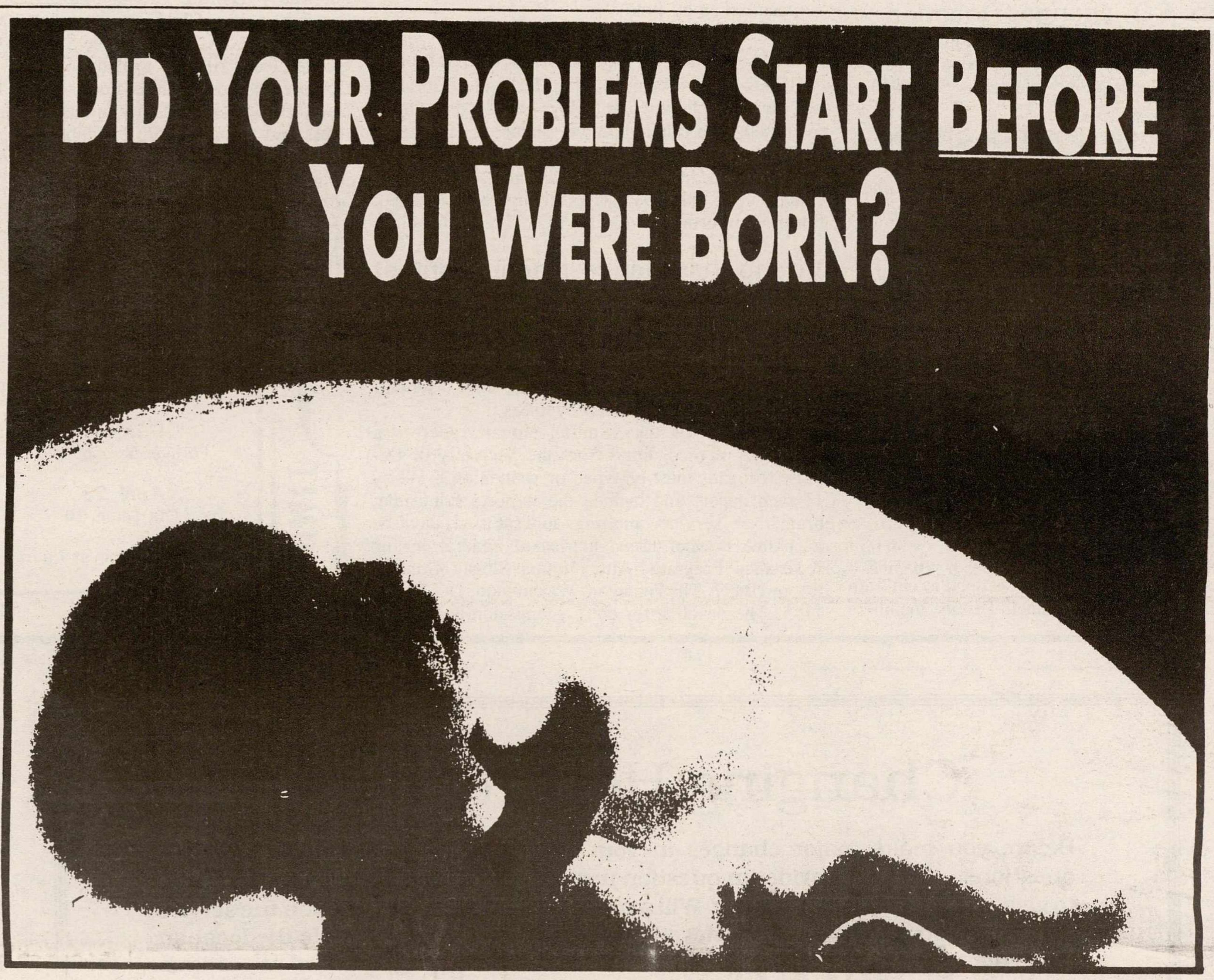

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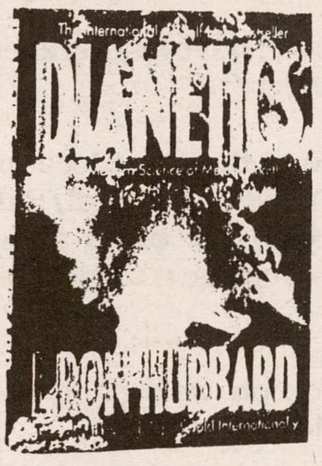

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Fast paced hoop tournament winds down to final games

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

LUSAH30 35
FBI 44

FBI's Brian Guy doesn't look like he can drive to the hole -- but he can and he did three times, scoring twice and drawing two fouls while his team wiped out LUSAH30, 44-35 April 8. Guy shot 3-3 from the free throw line. Guy's arms don't look strong enough to sink 3-pointers either, but he hit three of them in the first half.

With 1:05 left in the game, LUSAH30 chose to actively foul FBI to control the clock. Unfortunately for them they fouled the wrong guy. Lambert fouled Guy, who hit two free throws and stretched the score to 39-32. Andy Black added a bucket and a free throw, and the score was 42-34 with 20 seconds left in the game.

USAG 35
LEC 48

LEC's Reginald Brown ran the offense from the floor and John Evans led all scorers with 20 points en route to a 48-35 victory over USAG April 8.

With 4:11 remaining in the game, USAG's Keith Page went in for what looked to be a dunk, only to be rejected by Brown who brought the crowd to its feet. Then, at the 2:52 mark, Brown slammed over Page, drew the foul and connected on the subsequent free throw to extend the lead to 42-28. Although Brown only scored five points, he cleanly blocked four shots and was called for fouling on two more blocks.

LUSAH30 57
USAG 56 (eliminated)

Leading 31-29 at halftime, USAG battled to within one point but was eliminated by LUSAH30, 57-56 April 12. LUSAH30's David Smith led all scorers with 22 points, and shot 3-6 from the free throw line. USAG's David Jackson pumped in 17 points. Jackson hit 7-10 from the line.

LUSAH 48 (eliminated)
864th Engr. 49

864th tossed LUSAH out of the tournament April 12, 49-48, behind Jimmy Davis' 22 points. Davis tossed in a couple of 3-pointers in the first half and one more in the second, while Jason Encinias hit 5-6 from the free throw line to finish with 11 points. McMorris led LUSAH with 16 points, including three long-range scores for nine points in the second half.

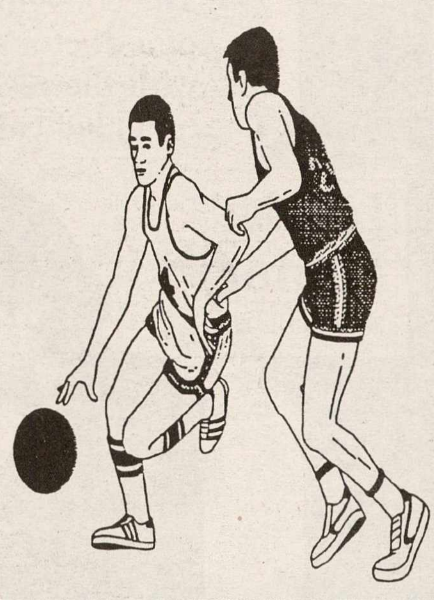
LUSAH 34
USAG 60

USAG showed high hopes April 6 when it destroyed LUSAH, 60-34. The game was tied 20-20 at halftime, but David Jackson turned up the heat in the second half and pumped in 15 points. Jackson went 5-5 from the free throw line. LUSAH could only manage 14 second-half points, including poor 2-9 free-throw shooting as a team.

LUSAH30 60
864th Engr. 55

LUSAH30 opened the playoffs with a 60-55 victory over 864th, April 6. LUSAH30's David Smith pumped in 24 points, including 17 in the first half, and shot 4-7 from the line. Charles Shedrick added 15 points and was 6-11 in free throw shooting.

The game was tied 29-29 at halftime. Encinias fired off nine first-half points for 864th and Davis added 10, including five free throws. Davis led 864th with 26 points.



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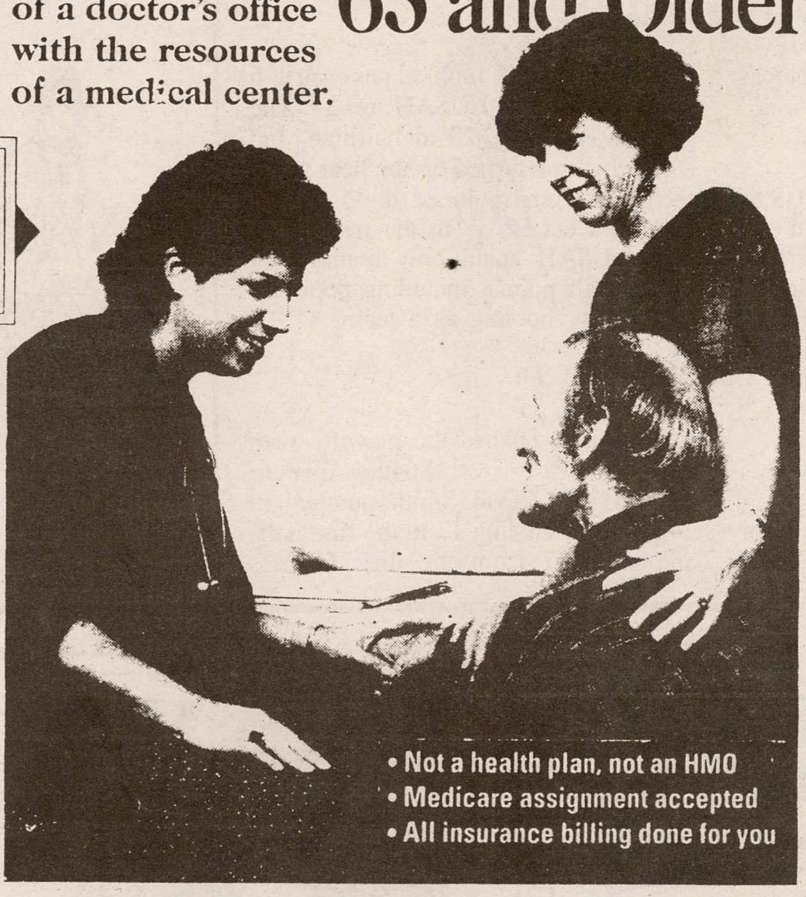

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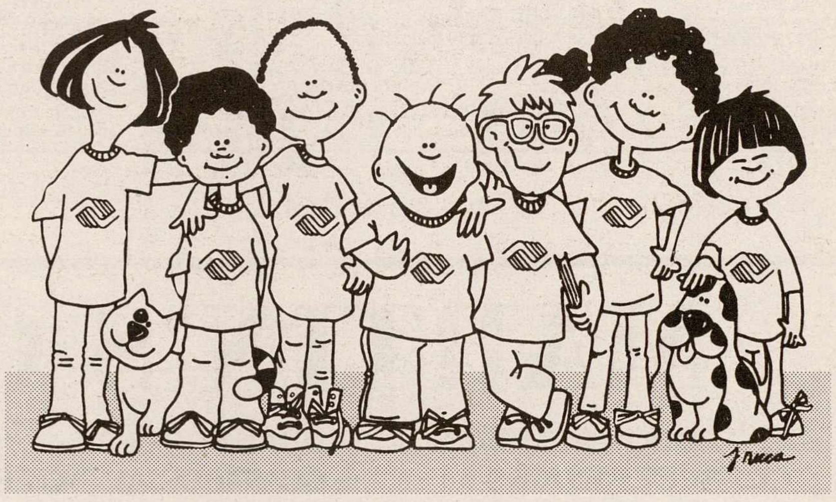

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Star Presidian

Vol.38, No. 15 | Published for the Presidio of San Francisco | April 23, 1993

The Gorbachev Foundation: Presidio hails new tenant

By Maj. Wanda Arceneaux
Star Presidian Staff

In an event unimaginable just a few years ago, Sixth Army Commander Lt. Gen. Glynn C. Mallory, Jr., gave the key to a building on the Presidio to former Soviet Union leader Mikhail Gorbachev Friday. A formal ceremony, complete with the Sixth U.S. Army Band, marked the beginning of the Gorbachev Foundation USA's tenancy in what had been the quarters of the Coast Guard station chief, just a few yards from the San Francisco Bay and the impressive Golden Gate Bridge.

In attendance were such dignitaries as former California Senator Alan Cranston, San Francisco Mayor Frank Jordan, and Golden Gate National Recreation Area (GGNRA) Superintendent Brian O'Neill. The miracle of technology also brought via satellite hookup from New York rock star Billy Joel and his wife fashion model Christie Brinkley, who were seen and heard as if they were actually at the site of the gathering.

''It is an honor to present this key to you which symbolically demonstrates today's meaningful transfer of buildings from the United States Army and the Department of Interior to your peace foundation,'' Mallory said as he handed the key to Gorbachev.

''This is the symbol of the irreversible transition from the era of confrontation and militaristic insanity to a new political reality that promises impressive peace dividends to all of us,'' Gorbachev replied through his interpreter.

Gorbachev then turned over the key to Cranston, who is chairman of the board of directors of the foundation's American office, and charged him to ''get to work.'' The Gorbachev Foundation, with its world headquarters in Moscow, aims to promote world peace and strengthen democracy and social change in the former Soviet Union.

Jim Garrison, executive director of the Gorbachev Foundation USA, made a special tribute to Gorbachev's wife, Raisa for her support of the foundation's efforts. She was visibly moved as she was asked, without forewarning, to address the group of more than 300 invited guests, which included both military and civilians.

Joel and Brinkley's part in foundation activities will be to sponsor a televised fund raising concert on June 25 for the purpose of immunizing children in the United States and the former Soviet Republics against infectious diseases.

Prior to the formal ceremony, the official party toured the 113-year-old, two-story residence which will serve as the offices of the foundation. It will be rented at fair market value on an interim lease until the Presidio is officially turned over to GGNRA in 1994, at which time a longer-term lease may be considered.

Although plans for use of the Presidio after the Army leaves are not finalized, GGNRA allowed the interim lease to be negotiated to preclude losing the Gorbachev Foundation USA to another area. Having such an organization on the Presidio may help attract other prestigious organizations.

Maj. Wanda Arceneaux

With the Golden Gate Bridge as witness, former Soviet president Mikhail Gorbachev addresses the crowd at the dedication ceremony for the refurbished quarters which will serve as the new headquarters for the Gorbachev Foundation USA.

New per diem rates affect all on official, business travel

By Evelyn Harris
American Forces Information Service

Government travelers will have more money to spend in some U.S. cities and less in others under per diem rates that took effect March 12. The rates are available from Anita McKay of the Presidio Finance and Accounting Local Support Office, Bldg. 102B.

For most destinations, the government reimburses travelers up to $40 for lodging and $26 for meals. Lodging rates decreased in 86 cities including Las Vegas, Nev., and Poughkeepsie, N.Y. Lodging allowances increased by up to $5 for 224 cities. Meal rates increased in 270 locations, but fell in four -- Andover, Mass.; Cloudcroft, N.M.; Monticello, N.Y.; and Hilton Head, S.C.

The government sets the per diem rates based on an annual cost survey conducted by an independent travel consulting firm. The firm factored in the average corporate rate to ensure government rates were not set higher.

The government will now use a four-tier structure for meal rates, whereby travelers will receive $26, $30, $34 or $38, depending on the location. McKay said the highest meal rate in 1992 was $34.

Government employees with business in Vail, Colo., can be reimbursed up to $174 per day, but if they go to Denver, they'll only receive $115 per day.

Among the increases, travelers to San Francisco will receive $134 ($96 lodging, $38 meals), $8 more than the 1992 rate of $126, McKay said. The rate for a trip to Fort Benjamin Harrison, Ind., is $71 for lodging and $30 for meals. That's up from $69 and $26 in 1992. The rate for Los Angeles is $102 for lodging, $38 for meals or a total of $140. The 1992 rate was $134.

The highest stateside travel allowance is for New York City. Government travelers there can be reimbursed up to $178 per day -- $140 for lodging and $38 for meals and incidentals.

In New York City and some other high-cost places, room tax is a significant chunk of change.

Room tax is reimbursed provided the total doesn't exceed the authorized lodging allowance. Government civilian and military travelers carrying valid orders aren't supposed to pay room tax, but a DoD resource manager said many hotels ignore that agreement. He suggested travelers check the hotel's tax policy when making reservations.

GSA officials said the government pays official travelers about $1.5 billion a year for subsistence expenses. They estimate the new rates will increase the annual cost by $47 million, or 3.1 percent.

The Department of Defense sets rates separately for U.S. cities outside the continental United States. It updates rates for areas such as Hawaii, Alaska and Puerto Rico ''as-needed'' instead of once a year. Currently, those with business in Hawaii can receive up to $160 a day on Oahu and $140 on Maui. On the smaller islands, travelers get only $106.

The standard per diem rate of $40 for lodging and $26 for meals and incidentals remains the same as in 1992. For more information about per diem rates to selected cities, travelers can call McKay at the Presidio Local Support Office at **561-2486.**

Contributions of military spouses highlighted at Presidio luncheon

The 1993 Military Spouse Day Luncheon will be held at 11:30 a.m. May 7 at the Golden Gate Club.

Active and reserve component soldiers, retirees and their spouses are invited to attend. All branches of service on the Presidio are welcome to join us.

The cost of the luncheon is $8 per person with one spouse per family free for the first 100 spouses. The luncheon consists of an all you can eat soup and salad bar, dessert, and a pay as you go bar.

Free child care will be available. All children will be required to have current immunization cards. Child Development Center registration fees will be waived for the luncheon.

Call **561-4894** by May 4 for reservations. Gifts will be given away at the luncheon in honor of military spouses.

The Officers' Spouses' Club, Enlisted Spouses' Club, Presidio Thrift Shop, Presidio E-9 Group, and the San Francisco chapters of the noncommissioned Officers Association and the Association of the U.S. Army have donated time and energy into providing the complementary meal and the no cost child care.

In celebration of Spouses Day, discounts to military spouses are being offered by the following organizations: AAFES Post Exchange and Post Theater, Outdoor Recreation, Information, Tour, and Travel Office, Arts and Crafts Center and the Auto Crafts Shop.

Security Corner

Crime, criminals don't discriminate; Take prevention precautions seriously

By Staff Sgt. Marian E. Anderson
Provost Marshal's Office

Crime does not discriminate and continues to rise. No matter who you are or what your status, the probability is high that you will become a victim of crime in the near future.

The choices are simple: Take the necessary precautions to prevent crime or passively wait to become a victim. One of the best ways to take an active part in crime prevention is to participate in a Neighborhood Watch Program where each person within a neighborhood becomes alert to danger or potential danger to the lives or property of their neighbors. Each person becomes an integral part of a cohesive unit with one goal, the prevention of crime.

Participation in a Neighborhood Watch Program is not something to which you must devote a great deal of time. It only means that you adopt a more observant and active e in your daily life. Knowing your neighborhood s alert you to strange cars, persons or circum- which might be a danger, and to call the Military .

its of information from different neighbors can be together, like a puzzle, to create the full picture rime pattern that could be occurring in your orhood.

e prevention measures can be taken by the orhood to put an end to that pattern. Neighbor- atch doesn't require frequent meetings. It re- that no one take any personal risks to prevent It leaves the responsibility for the apprehension inals to the Military Police.

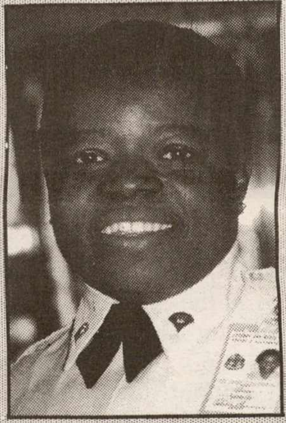
hborhood Watch does try to achieve a high pation of all neighbors in your community. If ne participates, it can work to reduce crime and our neighborhood a safer place to live and play, in and do your part. Take the bite out of crime!

Ask Presidians

"In honor of the Month of the Military Child, what is the best place to take kids to in the Bay Area?"

Nancy Brown, family member: "My kids love the Discovery Zone in Colma. It's great for rainy days. They can be active on the indoor play equipment. It's also inexpensive."

Coretta Rodman, family member: "We go to Ocean Beach along the Great Highway. We also like to go to the malls together. Shopping's always fun."



Spc. Olive Glanville-George, patient administration specialist, LUSAH: "Kids need calming *things in their lives.* There's too much violence on TV and in the movies. Perfect places are Golden Gate Park, the opera, ballet, and orchestra."

Barbara Hause, family member: "The Exploritorium. Kids can play with, and touch everything. Nothing is off-limits. The staff enjoys to answer questions. My kids enjoy it and learn at the same time."

Photos by Sgt. John W. McGarrah

Take note!

The Law Enforcement Company, Headquarters Command Battalion, change of command will be held at 10 a.m. April 30 at Building 1202 on Fort Scott.

Star Presidian

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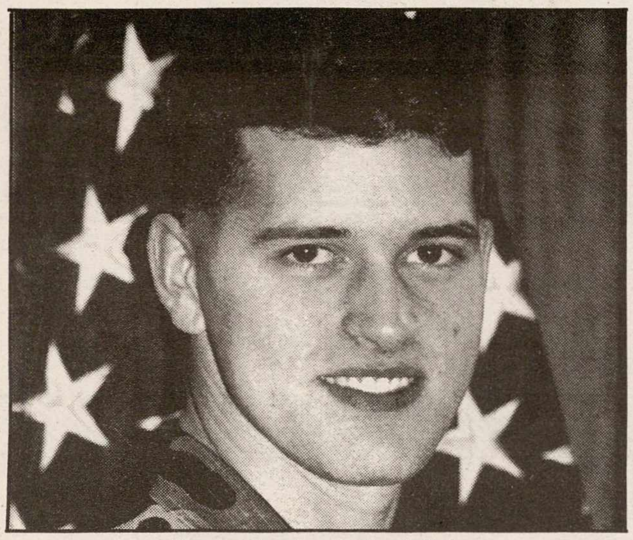


Sgt. Kevin Fairchild

MP drives to excel as CG's new driver

Story and photo by Sgt. John W. McGarrah
Star Presidian staff

In California every day, it's not unusual to see a chauffeur waiting by his car for his ward to appear. But this isn't Hollywood, it's the Presidio and this driver wears a battle dress uniform.

Sgt. Kevin E. Fairchild, 24, a military policeman with the Law Enforcement Company here has been selected as the new driver for the Sixth U.S. Army and Presidio of San Francisco commanding general.

Fairchild replaces Sgt. Stephen Nicholson, who served as Lt. Gen. Glynn C. Mallory Jr.'s driver for more than a year and is changing assignments.

This is Fairchild's second time at the Presidio. He recently completed a one-year tour at a military intelligence post in Turkey.

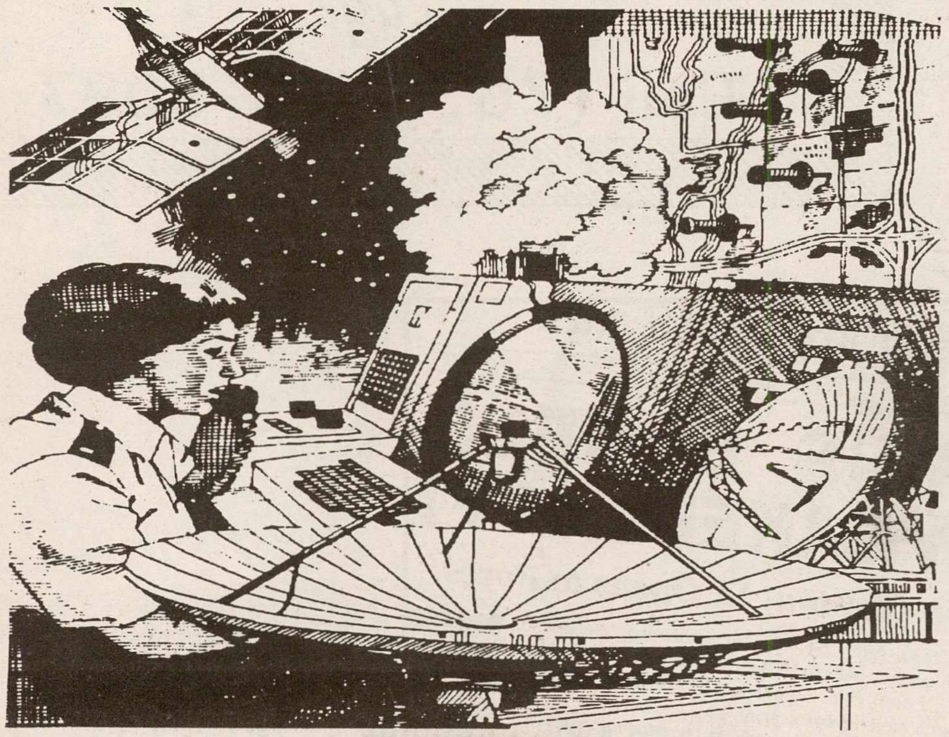
The primary responsibilities for the Richland, Washington native will be driving the commanding general, care and up-keep of the military vehicle, and routine administrative duties around the office. “My real job, though, is not getting lost; not embarrassing myself by forgetting the plate on the front of the vehicle; and making the coffee,” Fairchild quipped good-naturedly.

Though he brings a sense of humor to his new post, he takes his new responsibilities very seriously. “This is really exciting. It's a great opportunity. It will afford me the chance to work under, and observe, superior leadership in action,” Fairchild stressed.

In his free time, Fairchild enjoys computers, bike riding and reading.

Fairchild lives with his wife, Valenda, on the Presidio.

Directorate assists post's telecommunications needs



By Capt. Elizabeth P. Bender
Deputy Director, DOIM

I work for the DOIM! That is the response I so proudly proclaim whenever asked, “Where do you work?”

DOIM stands for Directorate of Information Management. We at DOIM provide a wide range of information management support for the Presidio and its sub-installations. Without the directorate, simple electronic communications would not exist. Telecommunication Center Service (TCC), mail delivery and telephone calls from one place to another would also cease.

During its heyday, there were 110 civilian employees and 30 soldiers assigned to the DOIM. Because of the down-sizing we have lost more than 50 percent of our employees; however, mission requirements remain the same.

The DOIM is a user-focused organization, with its vital mission to support the Presidio's information management needs. Besides working 10 hours a day, Mondays through Fridays, key civilian and military personnel are on call 24 hours a day throughout the year. Our personnel are professional and dedicated.

We can be relied on for technical advice and friendly service at any time; although, our information management's support often goes unnoticed.

This includes services such as: publications; automation telecommunications service; mail and distribution; copier control; freedom of information act programs; records management programs, and high frequency radio station support.

So the next time you turn your personal computer on, or pick up the phone to call someone, please pause for a minute and think of the Directorate of Information Management individuals who are providing you with outstanding service.

For information about DOIM services call **561-4223**.

Army Community Service parenting skills classes teach discipline to families

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The Presidio Army Community Services is recognizing the Month of the Military Child and Child Abuse Prevention Month with a series of workshops that focus on parenting and disciplining children.

The ACS offers parenting classes from 9:30 to noon Thursday, April 29, May 6, 18, 20 and 27 in the ACS Conference Room, Bldg. 103-B, and parenting infants classes from 5 to 7 p.m. Monday and May 3. Free child care will be provided.

Among the topics to be discussed is the difference between disciplining and abusing children. Discipline is defined as a method of training a child in self-control and self-confidence. Abuse is the continuous mistreatment of a child by parents (or other adults) through external, often physical, controls.

“When we get stressed we revert to the manner of disciplining that our parents used. In some cases this included hitting. The parenting classes teach parents other ways to discipline children,” Kaho said.

Children need guidance, but beating is not the way to teach discipline. The parenting classes will show parents how to help their children discipline themselves.

“Parents need support, education and validation of their roles as parents. The Army is dedicated to this ideal,” Kaho said. “Programs such as the parenting classes and stress management classes are mandated by the Army to support families.”

“Think of discipline as a way to teach your child to make safe, correct choices and to use internal discipline, as opposed to punishment which is after the fact and is used to get even with the child,” said Lynn Loar, educational coordinator, San Francisco Child Abuse Council.

“The root of the word `discipline' is `disciple,' which refers to learning. A child who is taught to discipline himself internally will grow to make responsible decisions,” Loar said.

While some cultures may advocate spanking as a method of “keeping the little buggers in line,” experts in modern child care suggest showing love and personal involvement as better ways of guiding children, Kaho said.

According to a parent training curriculum developed at Michigan State University, discipline fails when the child's positive aspects are constantly ignored, and when communication between the parents and the child breaks down.

For example, parents can give the child simple, easy to follow rules that fit the child's age and praise the child when the rules are followed. One of the pamphlets Kaho hands out suggests parents can be firm with their child without reverting to hitting or name calling.

Don't discipline the child when upset. If the situation becomes stressful, parents should call 'time out' before following the urge to hit their child. This is the time to evaluate the situation.

“Parents are a child's first teachers,” Kaho said. Showing personal restraint and self-discipline serves as an example for your child.

Information available

For information about the parenting class or the parenting infants class, call Karen Kaho at **561-5155**.

If at any time you witness or suspect a child is being abused, call the military police at **561-2251**, or Presidio Social Work Services at **561-2174** or **561-4683**.

Sprucing up

Sgt. John W. McGarrah

Isabel Navarette, a sales associate at the Main Post Exchange's former Four Seasons Store, dusts new furniture displays recently. The former toy store now carries home furnishings at a wide variety of prices.

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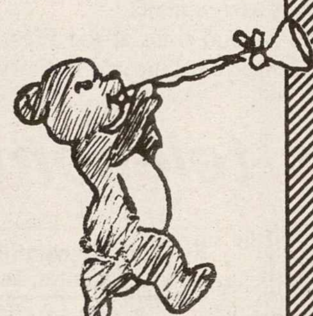

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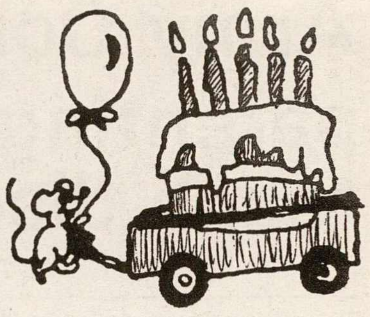

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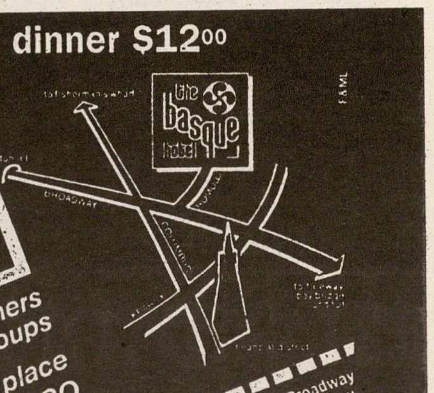

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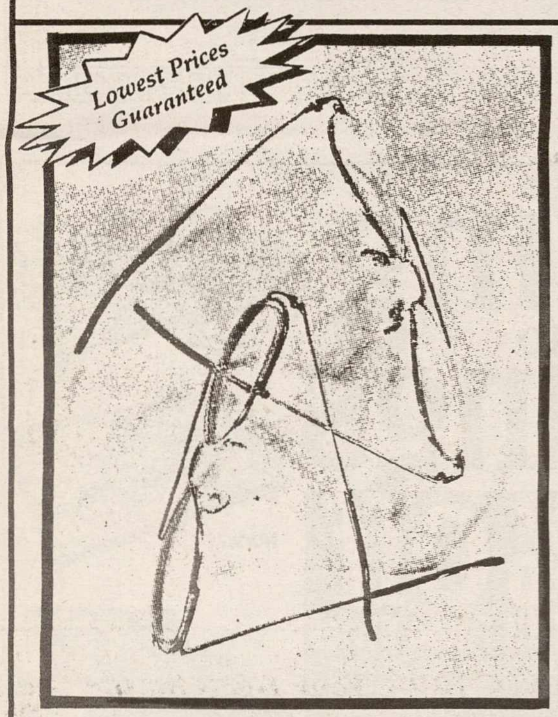

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News Briefs

Asian Pacific Month celebration on May 4

Tickets to the Asian Pacific Heritage celebration will be available now through May 4. A $3 donation is requested. The celebration will feature Asian Pacific food, entertainment , and several displays from 11 a.m. to 1 p.m. May 13 at the Log Cabin. For tickets or information , contact your unit Equal Opportunity representative, at **561-4154.**

Presidio Boulevard closure announced

Presidio Boulevard from the Presidio Gate to Lombard Street will be closed from 7:30 a.m. to 4 p.m. Tuesday through Thursday so that Reliable Tree Experts can trim and remove trees for safety reasons. Muni Bus No. 43 will take an alternate route through the Arguello Gate entrance and passengers will be picked up and dropped off at the bus stop by Letterman U.S. Army Hospital at the normal scheduled hours. For information call Jim Sirles, contract officer representative, Directorate of Engineering and Housing, at **561-4468** or Juanita Whitehead at **561-3711**.

Children's celebration set for Saturday

Child Development Services presents a Children's Celebration, from 11 a.m. to 2 p.m. Saturday at the Child Development Center. There will be fun, games and activities for children 3 months to 8 years old. All families are invited to this free event to celebrate the Month of the Military Child. For information, call **561-6372.**

Emergency leave donation requested

Robert Rogers, an employee with the Directorate of Logistics, U.S. Army Garrison, is an approved participant in the Voluntary Leave Transfer Program and is experiencing a medical emergency but has exhausted all sick and annual leave. Anyone wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780.**

Spring Clean up will be May 17 to 21

Spring Clean Up will be conducted in post family housing areas from May 17-21. The schedule for clean-up is as follows:

May 17: Housing areas 1 through 100, 300 and 1500
May 18: Housing areas 400, 500, 800 and 1700
May 20: Housing areas 1300 and 1400
May 21: Fort Baker housing areas 500, 600 and 800,
and Presidio's 700 area.

In conjunction with Spring Cleanup, Presidians may drop off hazardous materials and waste from 8 to 11 a.m. and 1 to 4 p.m. May 11 and 18 at Bldg. 638, next to the Transportation Motor Pool's Petroleum, Oil and Lubrication point, across from Crissy Field. For information call Sgt. 1st Class Calvin Belcher at **561-4860** or Juanita Whitehead at **561-3711**.

Summer bowling leagues open slots

Summer bowling leagues are now forming. Sign up at the Presidio Bowling Center, Bldg. 92, or call **561-5042** for information.

National day of prayer set for May 6

The Presidio Chapel Program will recognize the National Day of Prayer, May 6, with three activities open to all members of the Presidio community. The Men of the Chapel will host a Prayer Breakfast at 6:45 a.m. in the Religious Activities Center, Bldg. 682. RSVP by May 4 to Maj. John Fowler at **561-3798**. Next, there will be a Women's Prayer Brunch at 9:30 a.m. at the RAC. RSVP by May 4 to Abigail Dolinger at **928-7917**. Afterward, all Presidians are invited to ''take 5 at 12'' as Chaplain (Capt.) Randy Dolinger hosts a five minute service at noon, by the flag pole on Pershing Square. The prayer service is part of a nationwide program.

Parental stress will be focus of classes

Family Advocacy, Presidio Army Community Services, is hosting parenting classes from 9:30 to noon Thursday, and May 6, 18, 20 and 27, and a free Stress Management class from 10 a.m. to noon Tuesday, in the ACS Conference Room, 3rd Floor, Bldg. 103B. The stress management class offers an opportunity to learn to manage stress and enhance relationships. ACS offers free Parenting Infants classes, 5 to 7 p.m. Monday evenings at the Child Development Center, Bldg. 389. Free child care will be provided for these classes. For information, call Karen Kaho at **561-5155**.

Hq. Cmd. Bn. CQ changes location, phone

The Headquarters Command Battalion's staff duty and charge of quarters location has been moved to Bldg. 1214. The new phone number is **561-6010**.

See Briefs, Page 11

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Jarl Forsman studied with Kyoling Ying and has been practicing and teaching for 18 years.

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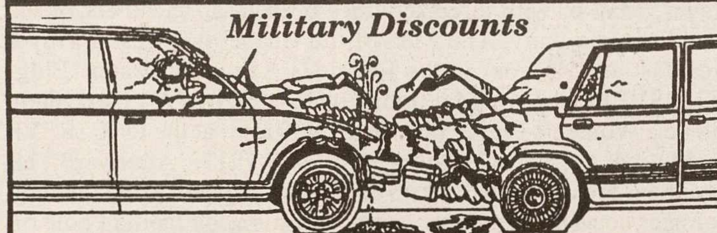

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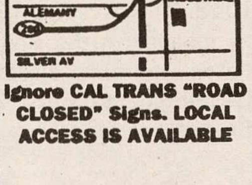

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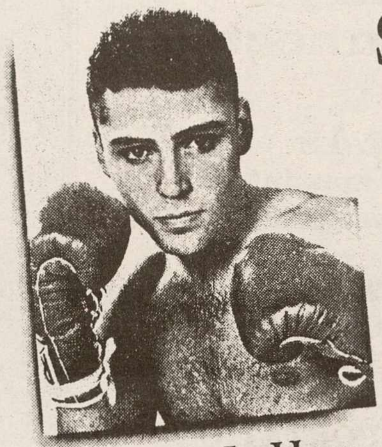

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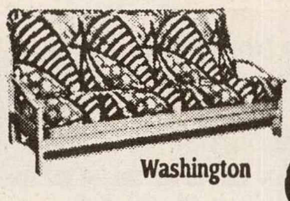

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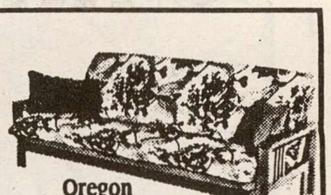

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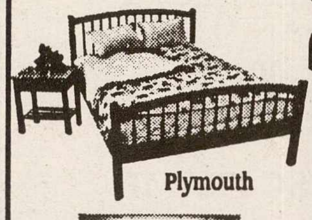

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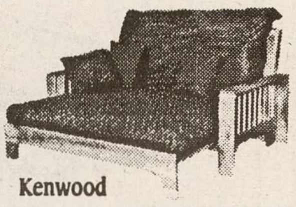

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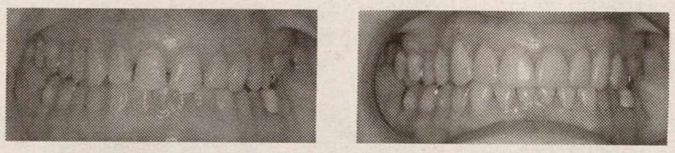

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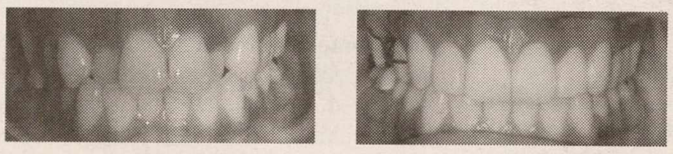

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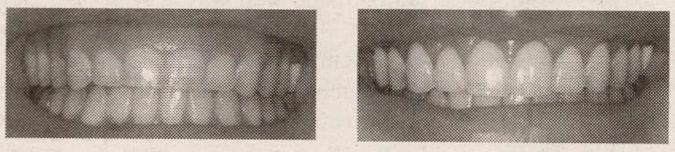

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DoD unveils limited fifteen year retirement

By Master Sgt. Linda Lee
American Forces Information Service

DoD will offer selected active duty military members the chance to retire with as few as 15 years of service.

The option will be available to service members in specific grades and skills, said DoD personnel officials. Each service is developing its own program, basing criteria on its short- and long-term needs, Currently, about 225,000 military members have between 15 and 20 years of active duty service.

Those accepting early retirement will receive retired pay based on DoD's formula of 2.5 percent times years of service times basic pay minus 1 percent for each year of service less than 20, the officials said. For example, an E-6 retiring after 20 years receives $922 per month. That same E-6 retiring after 18 would receive $813.40. With 15, it's $627.

The fiscal 1993 defense authorization act provides DoD the temporary early retirement authority and requires those who accept the offer to register in a public and community service personnel registry. DoD and federal agencies are now working on the details for this program, such as what jobs qualify and how the personnel registry will work.

Generally, DoD personnel officials said, early retirees who then go into certain public or community service jobs will earn military retirement credits. Members who acquire additional credit in this way will see their retired pay increase up to a maximum of the full 20-year level upon reaching 62, the officials said. Until reaching 62, members will be paid at the rate they retired at.

Qualifying critical job fields might include elementary and secondary education, law enforcement, public health, social services, human resources and environmental and conservation projects. Although the law requires registration, accepting a public or community service job is optional.

Service members who take advantage of early retirement are also eligible for all retirement benefits, including commissary and exchange privileges, medical care and the use of installation morale and welfare facilities. In addition, retirees under this program are subject to recall to active duty when authorized-, the same as those who retire with 20 or more years' service.

The temporary early retirement authority is not an entitlement, DoD officials said. Another force management tool to draw down the services voluntarily, the program expires Oct. 1, 1995.

The special separation benefit and volun-tary separation incentive, two programs in effect for a little over a year, offer targeted individuals a chance to leave the military early with financial compensation. According to DoD personnel officials, the programs are popular with service members with six to 15 years of service, but not with those who have served longer.

With the drawdown, DoD still has more people with 15 to 20 years of service than it needs, especially in certain grades and skills, officials noted. As part of its review of defense programs, the Clinton administration re-examined progress and plans for the person-nel drawdown and decided to use temporary early retirements to address those overstrengths, they said.

See chart on right

Department of Defense
Early Retirement Monthly Pay

Pay Grade	Years of Service 15	16	17	18	19	20
Commissioned Officers						
0-5	1363.25	1579.20	1695.56	1916.88	2044.35	2240.00
0-4	1287.25	1448.64	1554.91	1709.12	1822.59	1938.00
0-3	1194.15	1287.36	1382.25	1478.82	1576.08	1676.00
Commissioned Officers with over 4 years active service as enlisted members						
0-3E	1212.20	1306.56	1402.62	1500.38	1599.84	1701.00
0-2E	1026.00	1105.92	1187.28	1270.08	1354.32	1440.00
0-1E	868.30	936.00	1003.95	1074.08	1145.43	1218.00
Warrant Officers						
W-4	1045.00	1166.40	1251.30	1374.94	1466.19	1609.00
W-3	913.90	1014.72	1089.31	1201.48	1281.06	1416.00
W-2	820.80	915.84	982.61	1085.84	1158.30	1270.00
W-1	755.25	844.80	906.95	1003.52	1070.19	1179.00
Enlisted Members						
E-9	909.15	1003.20	1076.70	1177.96	1255.32	1361.00
E-8	790.40	874.56	937.99	1027.04	1094.94	1193.00
E-7	700.15	776.64	833.23	916.30	977.13	1053.00
E-6	627.00	696.96	748.84	813.40	867.24	922.00
E-5	557.65	600.96	645.05	689.92	735.57	782.00
E-4	448.40	483.84	519.92	555.66	593.01	630.00

Retired pay = 2.5 percent X years of service X basic pay X reduction factor

Source: OASD (Public Affairs)

Holocaust survivor makes Presidio her home

by Noel D. Mize
Special to the Star Presidian

Shanghai, China, 1940 --the world is in chaos. As the winter twilight gathers, a young woman leaves the Ali Baba Night Club by the back door.

She is not Chinese. Who is she, and what is she doing here on this icy evening?

More that 50 years later, that same woman walks the sidewalks and corridors of the Presidio of San Francisco. Her life story reads like a mysterious novel to those whose lives have been less exotic. She is a refugee from Nazi Germany; she is an American patriot; she is an expert on military claims; she is a committed and active participant in her faith group; she is a Presidian. Meet Ruth Callman.

Ruth was born in Berlin in the fall of 1918, when life ''unter den Linden'' was well-ordered and pleasant for the child of a Jewish physician. But, by the time Ruth reached her late teens, fear stalked those tree-lined streets. Jews were being rounded up and sent off to concentration camps when, between Christmas 1938 and New Year's, her father left the family in Berlin and made his way to Shanghai.

Why Shanghai? It was the only destination where neither a visa nor cash were required for entry. The United States required an *affidavit of support* before admitting refugees, and the Callman family knew only one person in America-an elderly cousin with no means of support for himself. He could not sign the affidavit. Other countries--Great Britain and Australia, for example, required emigrants to possess large amounts of cash.

The Callman family spent their resources on train tickets and joined Dr. Callman in Shanghai in the summer of 1939. No one had money, so if one could find work, payment was often in goods. Dr. Callman continued to practice medicine, perhaps receiving a piece of bread for each family member in payment for professional services rendered. Ruth worked as a bookkeeper at the Ali Baba nighclub and found other office jobs eventually, and the family survived. They sent care packages back to their old neighbors in Germany, sustaining those who had not escaped.

The Japanese invaded China, and after Pearl Harbor, the U.S. Army pursued them onto mainland China. At the end of World War II, when the U.S. Army occupied Shanghai, Ruth went to work for the Americans. Her younger brother joined the U.S. Army and was stationed at Letterman Hospital, the Presidio of San Francisco. Eventually, the rest of the family made their way to America, and in August, 1947, Ruth found employment as a temporary clerk-stenographer at Letterman Hospital. She was the first civilian employee in the newly organized Judge Advocate's office--and on Sept. 29, 1991, Ruth was the last civilian employee in the JAG. ''RIFed'' to secretarial positions in the Department of Nursing and later in Radiology, Ruth continued to render her trademark good service to staff and patients at Letterman U.S. Army Hospital.

Ruth Callman

She retired on April 30, 1992, after 45 years of civilian service.

Ruth became the resident expert in processing military claims and performed many other services for soldiers, from income tax assistance to notary public services. It was her vast expertise in claims examining that earned her the reputation as the best. Over the years, a number of awards were presented to Ruth, but awards do not place high on her list of memorable events. She was commended for her assistance to Korean battle casualty patients in filing claims for their personal belongings lost in combat. She received the Meritorious Civilian Service Award from the Surgeon General. The events that stand out in her memory are those involving people. The people she has worked with and patients she has helped are the stars around which her life revolves. Wounded soldiers from Korea were loaded aboard hospital trains at Chrissy Field for transport to hospitals all over the country during the '50s, and the ever-curious Ruth, who had worked around hospitals all her life but had never seen one in a train, asked if she might take a look inside one of the empty trains. Given permission, she stumbled into a bunk with a body tucked in! Ruth immediately summoned help for the patient who had been left behind, only to find that the ''patient'' was a training dummy! Her sense of duty to soldiers and their families has expanded over the years to concern for the spiritual well-being of Presidians, as well as their physical well-being. For many years, Ruth has served as the lay leader for Jewish service members stationed at the Presidio. She coordinates with local synagogues to offer worship opportunities and social and cultural activities to Jewish soldiers and family members. But her love and concern extend beyond her own faith group, as she offers her Christian friends opportunities to learn about their Judeo-Christian heritage by participating in seder suppers and Succoth celebrations.

During the years when the draft brought many Jewish service members to the Presidio, Ruth assisted the rabbi working out of the hospital chaplain's office to establish the tradition of *providing a replica shelter and symbolic foods for the* celebration of Succoth.

Originally, the tent was pitched in the back yard of a member of the congregation, but as the Jewish population has diminished, the celebration has been moved to the grounds of the Religious Activities Center. The blue tent is set up, children from the Protestant Sunday School decorate it with the traditional greenery, and Ruth sets out the symbolic feast, inviting all to partake.

Busy as she may be with her own preparations for Passover, Ruth nevertheless takes time to help prepare Lenten luncheons for Christians who gather at the Religious Activity Center on Thursdays throughout Lent for devotions.

In the summer of 1986, Ruth was invited by the Berlin Synod to revisit her homeland for the first time since fleeing as a refugee.

She was able to reestablish friendships begun as a schoolgirl in Berlin and has made new friends as well. Now she returns every other summer to visit them, and some of her German friends have visited her here.

And so the cycle of Ruth Callman's life has come full- circle.

Having been driven from her home, Ruth adopted America, Americans, Letterman Hospital, and all Presidians as her home and family.

In retirement, she continues to volunteer her time to assist soldiers with their income taxes, participate in chapel activities, and visit with Presidio friends.

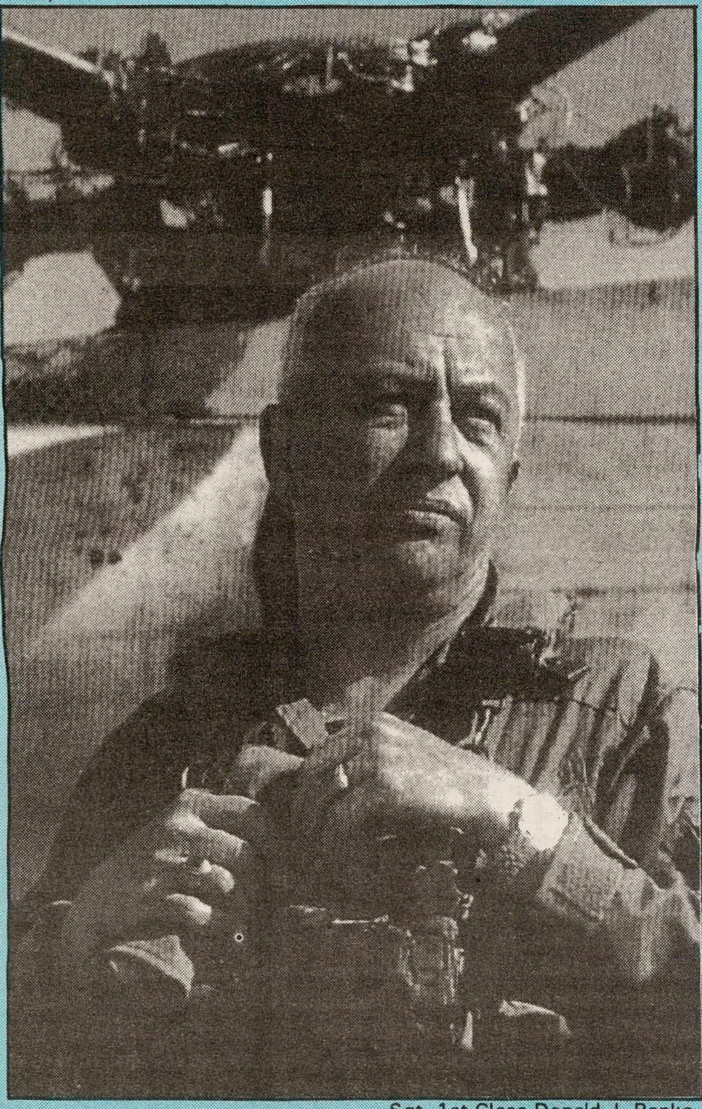
Her sense of humor never lags, and her love for America and its soldiers has mended the fabric of a life torn by hatred and fear.

Having been discriminated against, she includes all people in her concern. Having been offended, she refuses to give offense. She speaks of America as the great ''melting pot'' that makes all people one, and as she speaks, her ''old world'' accent evokes visions of incense-scented rooms where old men pray. One can almost here the cantor begin, *''Hear, O Israel....''*

This week on the Presidio

Sgt. 1st Class Donald J. Banks

U.S. Marine Corps helicopters airlift mock casualties during an Earthquake Preparedness Exercise April 15 throughout the greater Bay Area. The exercise evaluated response teams in action under simulated disaster conditions.



Sgt. 1st Class Donald J. Banks

An U.S. Marine Corps helicopter pilot observes the action during the San Francisco Bay Area earthquake drill here April 15.

Exercise tests joint preparedness

By Sgt. 1st Class Donald L. Banks
Star Presidian Staff

The wind blew east to northeast according to a weather vane on Crissy Field. Sea gulls decorated the gray sky. A light fog draped the Golden Gate Bridge support towers.

Recreational joggers curiously looked at the large gathering of civilian and military volunteers collected on the field.

It's 9 a.m., April 15, 1993. A voice came over Sgt. 1st Class Willie Killens' Motorola hand-held radio. ''Berkeley Seismological Station reports that a 5.2 earthquake occurred. It was followed by a Richter Scale 7.3.''

This was the beginning of ***BAYEX 93.***

Killens, Letterman U.S. Army Hospital operations sergeant, said, ''This exercise tests the military capabilities of assisting the civilian community in the event of an actual mass casuality disaster.''

The exercise required the assistance of the Army, Air Force, Navy, Coast Guard and the Marine Corps. Civilian involvement included San Francisco Police and Fire departments and local resident volunteers.

Active duty and reserve Marine Corps aviators from Naval Air Station Alameda flew simulated injured and traumatized patients to Bay Area military and civilian hospitals for treatment.

''Supporting the civilian community is a crucial aspect of this exercise,'' said Killens, ''but, the most important responsibility we must execute is the accountability, safety and welfare of the soldiers and family members assigned to units on the Presidio.''

Two assembly area support teams covered the eastern and western portions of the installation. The purpose of these assembly areas was to provide initial first-aid care and accountability of Presidio residents.

''We serve an important function,'' said Staff Sgt. Catherine Ricks, Headquarters Command Battalion. ''It's important that family members have a stable place to go during such a tragedic time.

''Here, they can find up-to-date information, food, temporary shelter, water, sons and daughters, husbands, and friends.''

Spc. Angela Cotton-Holmes, Hq. Co., USAG, said, ''We can never be truly prepared for such a catastrophic disaster, but it gives everyone an idea of what types of pressure and stressful situations we are going to be expected to handle.''

The exercise also tested the responsiveness of the damage assessment teams. The teams roamed the post turning off water mains, gas valves, electricity, and reporting fires and structural damage to buildings.

''From a realistic standpoint, I'm glad we're doing this type of training. With May 8 [the day a 14th century French seer, Nostradmus, predicted a geographical area similar to present-day California, would sink into the Pacific Ocean] coming soon, it gives me a satisfying feeling knowing that we have a plan,'' said Staff Sgt. Phyllis Darden, Hq. Co., USAG.

By excerise end, the light fog had lifted, the gray sky turned blue and the wind changed to a Northwesterly. There was another change too. A change of mind that if such a disaster occurred, the Bay Area civilian and military communities are able to work together.

Sam Park

Mikhail Gorbachev, center, accepts the key to a refurbished quarters on the San Francisco bay from Lt. Gen. Glynn C. Mallory, Jr., Sixth U.S. Army and Presidio commander, which will house the new Gorbachev Foundation, USA., April 16.

Continued from Page 5

FIS Center closes for one week

The Fleet and Industrial Supply Center, Oakland, Islemart Servmart, located at Treasure Island, Bldg. 260, will be closed Monday through April 30 to conduct required annual inventory. Islemart will reopen for customer sales May 3. The Touch-N-Go Servmart at the Naval Aviation Center in Alameda, Bldg. 168, will remain open to support all customers. Operating hours are 9 a.m. to 3 p.m. Monday through Thursday, and 9 a.m. to 1 p.m. Friday. For information call **302-4151**.

Boating lessons open to Presidians

The Outdoor Recreation Center announces sailing lessons will be available at the Presidio Yacht Club, beginning May 1, and will be held every other weekend through August. Instructors are members of the Presidio Yacht Club. Membership is not required. Lessons are available to active duty military and their spouses, retired military, reserves and Presidio DoD civilians. The fee is $45. To sign up, or for information, call **332-2319**.

Outdoor Rec reation rents bikes

The Outdoor Recreation Center has men's and women's 10-speed, all-terrain bikes for rent at daily or weekend rates. Locks and chains may also be rented. Call **561-4324** for details.

Health Fair returns to LUSAH

Letterman U.S. Army Hospital will host another ''Health Care Planning Fair'' from 8 a.m. to 2 p.m. Thursday to assist beneficiaries affected by Letterman's closure. The fair will offer services and information from representatives of Medicare, CHAMPUS/ CHAMPUS Prime, Bay Area health maintenance organizations, and local hospitals. LUSAH's staff encourages all beneficiaries to come the hospital's dining facility for a perfect opportunity to plan for their future health care needs. For information, call Jane Butler at **561-4509**.

OCS selection board set to meet

The commander, Total Army Personnel Command, announced the next Officer Candidate School selection board will be June 28 through 30. Selectees will attend OCS in October. Applications must be received at PERSCOM, complete and error free, by June 18. The deadline for local OCS board applicants will be May 25. For information, call Sgt. Anthony Lockhart, Personnel Operations, at **561-3297**.

Voting slogan contest set to begin

The Federal Voting Assistance Program has started its 1993-94 Voter Slogan Contest to broaden voter participation among soldiers, family members and civilians overseas. The winning slogan for 1991-92 was ''Democracy Counts...On Your Vote'', submitted by an American citizen overseas. The author of the winning slogan receives a certificate of recognition from the Secretary of Defense. Slogans must be typed or written on 8 1\2 by 11 inch paper, and include the writer's full name, branch of service, mailing address and daytime telephone number. Send entries to :

Federal Voting Assistance Program
Attn: Voting Slogan Contest
Room 1B457, The Pentagon
Washington, DC 20301-1155

The final deadline for submission is July 16.

Thrift Shop seeks summer help

The Presidio Thrift Shop will be seeking student volunteers during the summer months. For information, or an application, please see Adeline Michel, the manager, at Building 204, or call 922-3384.

Wartime drama highlights women

"Cry Havoc," a gripping drama based on the experiences of the valiant women who attended to American soldiers wounded during the Bataan Peninsula tragedy in World War II is being presented by the Bedini Theatre Project at Miz Brown's Cabaret Theatre, 2565 Mission Street near 22nd Street in San Francisco. The play, which will be presented at 8 p.m. Fridays and Saturdays only through May 1, dramatizes the results of frontline fighting and claustrophobic confinement on a group of young women naive to the realities of war. For information or reservations, call 921-2769.

ADMIT ONE

Movies at the Presidio Theatre

Friday- The Temp (R)
Saturday-The Best of the Best II (R)
Sunday-Shadow of the Wolf (PG-13)
April 30-Mad Dog and Glory (R)
May 1-The Bodyguard (R)
May 2-CB4 (R)
All movies begin at 7 p.m.

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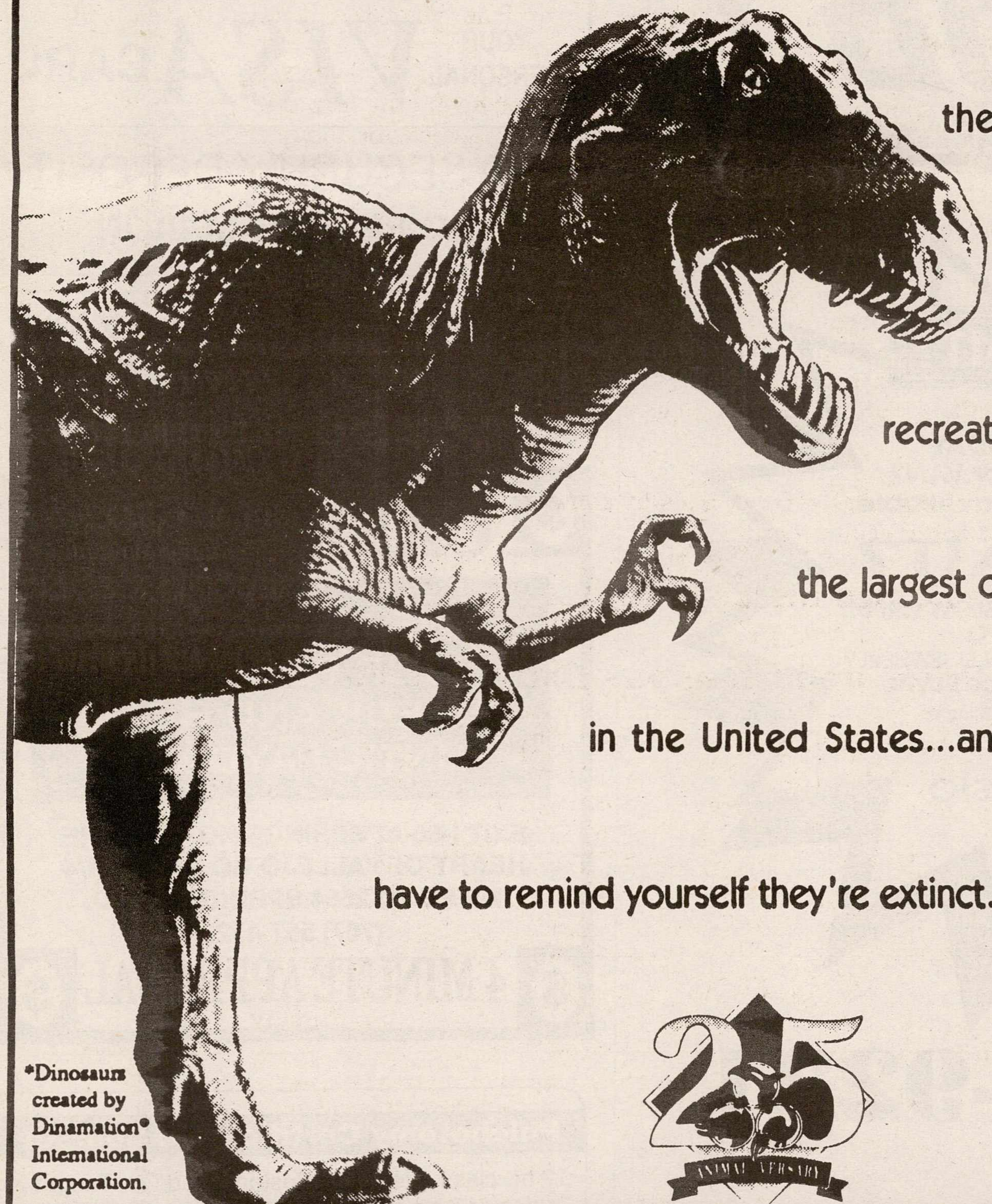

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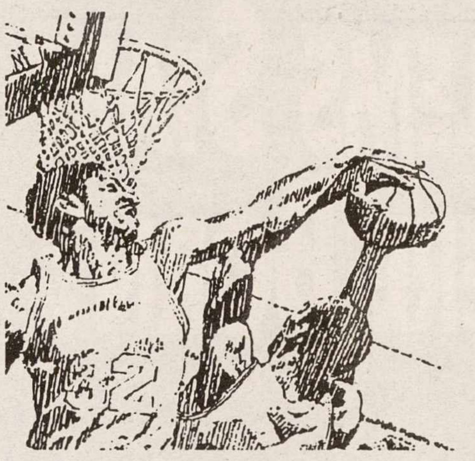
LEC crowned intramural tournament champions

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff



LUSAH30 40
LEC 45 (tournament champs)

LEC is the king of the hill, having won the Intramural Championship game April 15 and compiling a 3-0 tournament record. John Evans led LEC from a 26-18 deficit with 13 second-half points. Meanwhile, LUSAH30 scored 14 points as a team in that same time frame.

Charles Shederick got the fire going early for LUSAH30 with a couple of buckets from 3-point range, but all of his eight points would come in the first half. Ronald Russ sank two early 3-pointers to add some excitement for LEC's fans in the first half. But it was Evans' 17 total points that sparked LEC's comeback and made the team the tournament champions.

LUSAH30 67
FBI 44

Charles Shederick hit nine points to stretch LUSAH30's 20-point half time lead into a surprising rout that eliminated FBI from the tournament April 14.

LUSAH30 led 37-17 at halftime behind Shederick's 13 points. He scored 22 points for the night, and teammate Ronald Scott added 15. FBI's scoring leader, Brian Guy, sank only four points in the first half.

LEC 55
FBI 50

LEC's Gene Allen and Jim Jansen combined for 27 points to defeat FBI in a game with few fouls called. The game was as close as expected. FBI entered the tournament as the team that relied on fundamentals to amass a 9-3 regular season record. As a team LEC shot 8-9 from the free throw line. FBI hit 5-7 from the line, with Andy Black shooting 4-5. He led all scorers with 16 points.

LUSAH30 50
864TH 29

Ronald Scott led LUSAH30 with 18 points including 8 in the first half to give his team a 25-14 lead at halftime in a game that 864th may want to forget.

There were 23 fouls called in this game, and 864th was hit with 13 of them. LUSAH30 sank little more than half of its free throws, but that was enough to demolish 864th and bounce the team from the tournament.

Tournament standings

1. LEC 3-0
2. LUSAH30 3-1
3. FBI 1-2

Sports notes

Sailing lessons available

Soldiers can take sailing lessons at the Presidio Yacht Club, East Fort Baker, for $45 beginning May 1. Classes will be held every other weekend through August. Membership in the Presidio Yacht Club is **not** required. Lessons are open to active duty and retired military, family members and all federal employees. For class reservations call **332-2319**.

Baseball,T-ball coaches wanted for post YA

Presidio Youth Activities is looking for parents and older teens volunteers to coach T-ball and baseball for Presidio youth. There will be a coaches meeting at 5:30 p.m. Monday at the Youth Center, Bldg. 386. For information call **561-5143**.

Changing Health Plans?

Before you make major changes in your health care provider, ask the right questions. Has the provider in question merged into a large facility requiring you to visit multiple sites to get care? Will a new provider be able to give you the service you want and need? Will they have Physicians ready to see you? Is the location convenient and are they accessible with all the technology needed for today's health concerns?

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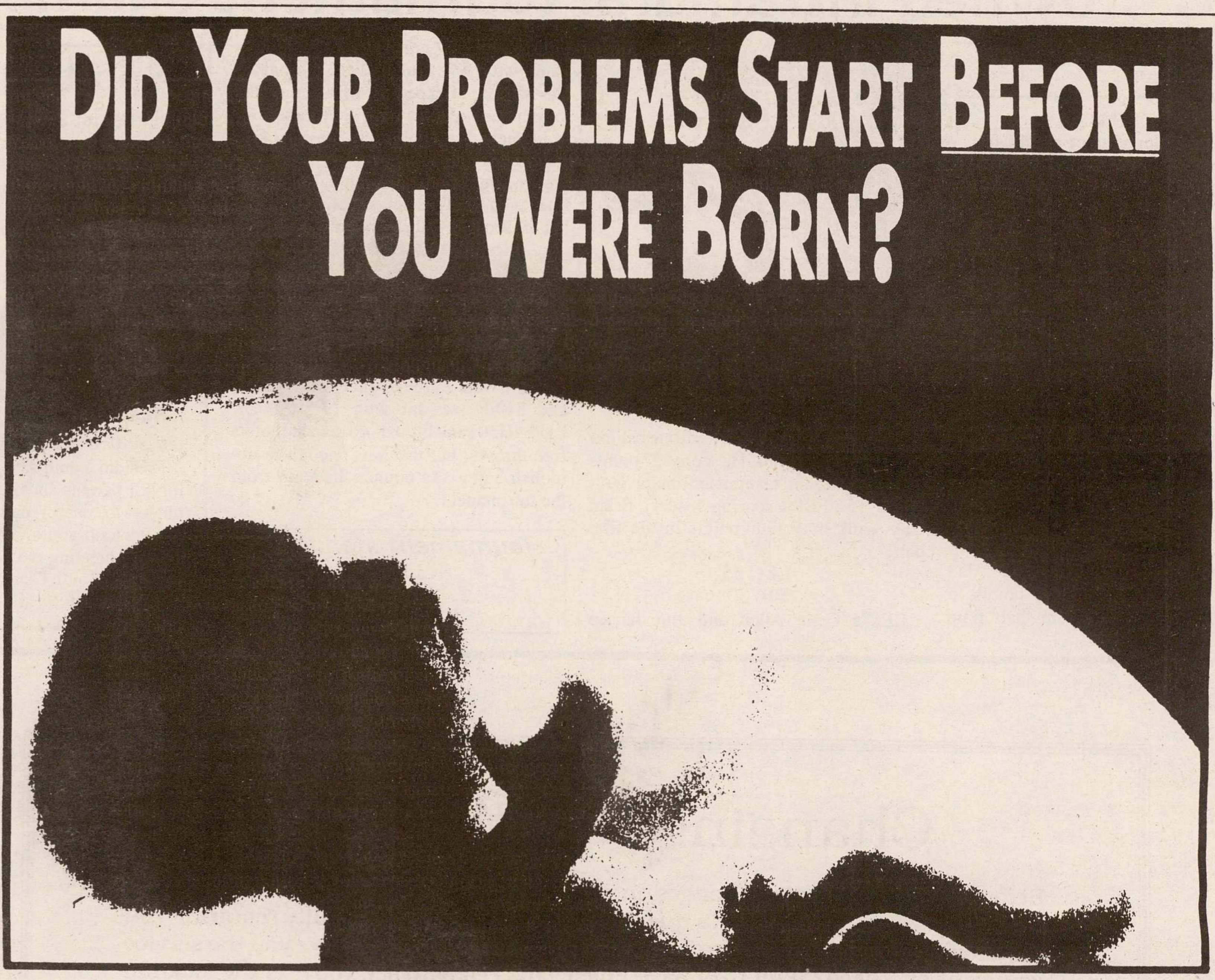

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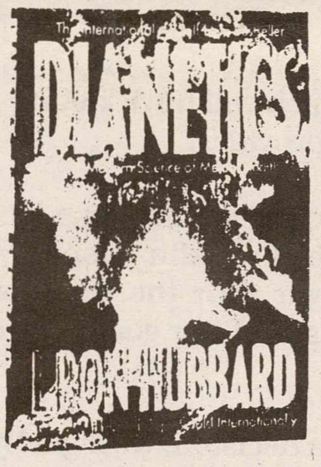

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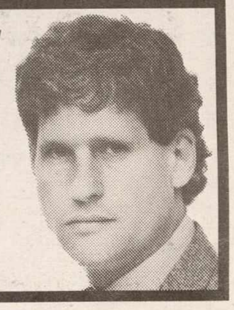

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Star Presidian

Vol.38, No. 16 *Published for the Presidio of San Francisco* April 30, 1993

New software aids in emergency response

Sgt. 1st Class Donald L. Banks
Star Presidian staff

Many of us have seen the cartoon of a person surrounded by towering paperwork. The poor worker pulls out his remaining strand of hair while asking, "There must be a better way to manage this paperwork?"

Many Sixth U.S. Army mid- and upper-level managers can easily relate to this cartoon during emergencies or natural disasters. However, this old-fashion paperwork drill is no longer an adversary.

Headquarters, Sixth U.S. Army, has moved toward a state-of-the-art style of managing its personnel and equipment resources.

The Sixth U.S. Emergency Information System software package gives the command the "capability of tying text data and graphic displays together so Crisis Action Team members may have a good visual of events as they develop," said Ray L. Tingstrom, Sixth U.S. Army emergency response coordinator.

The original prototype EIS was for assisting in managing medical resources during crisis operations. "After we learned more about the system and its applications, it was determined that the system had a much greater potential," said Tingstrom.

The EIS allows its users to perform five basic functions; to track events as they occur and their action status, to track progress of the implementation of plans or standing operating procedures during crisis or mobilization operations, provide a central emergency resource inventory with mapped locations, display computer generated maps showing geographic relationships of events and resources, and operate from a remote location.

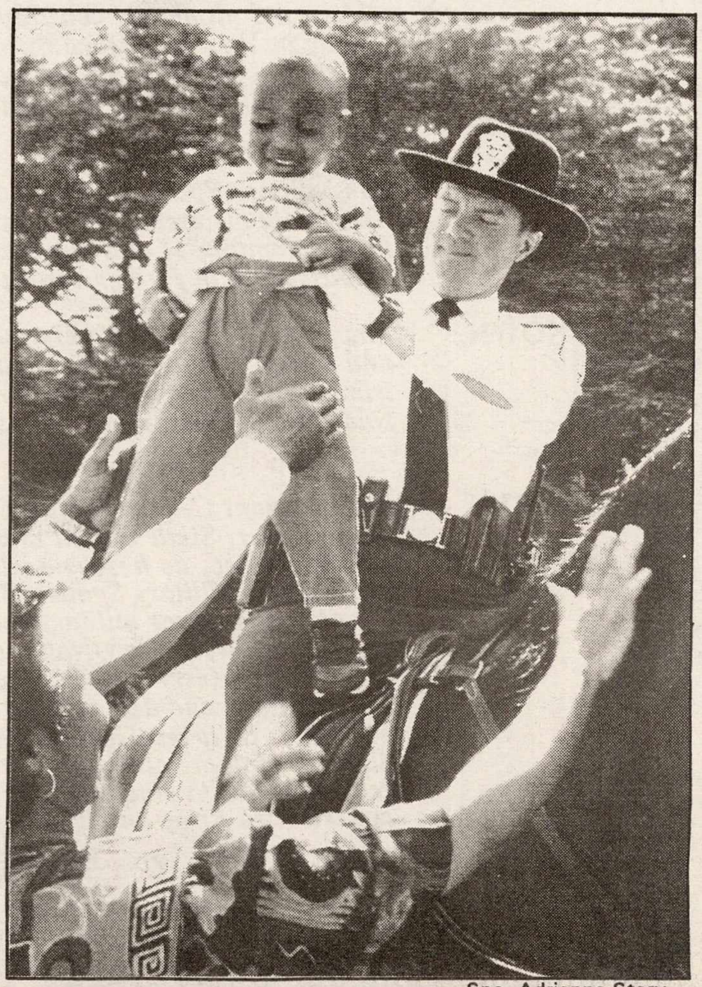
Sgt. 1st Class Frederic Jones, of the Deputy Chief of Staff for Information Management Office said, "The system gives me the ability to identify where my resources are and allocate them quickly to where they are needed the most."

As with any new piece of equipment or software, training the users is an important focal point.

"Our training plan isn't difficult. The program is quite user-friendly. All the user needs is familiarization with the various applications and to learn to use the function keys," explained Tingstrom."Another dividend attributed to EIS training is that not only are we training, but learning to function as a team at the same time."

"From a technical aspect," explained Col. Michael Mayer-Kielmann, EIS project officer, "This is a commercial-grade system with more than 2,000 federal, state, local and corporate sites. "Additionally, the system gives us the capability to exchange information between systems. Having compatible systems makes it easier to work with other agencies during a crisis situation."

The Emergency Operations Center may not resemble the high tech advancements shown in the movie "War Games," but we may have succeeded in getting rid of that stressful cartoon drawing.



Spc. Adrienne Story

Got ya!

A child and a park ranger share some laughs during the Children's Festival held here this weekend. Everyone had a good time. For more photos see Page 9.

Post's soldier of the month not just another Story

By Spc. Adrienne Story
Star Presidian staff

Spc. William A. Story, Headquarters Company, U.S. Army Garrison, was named the post's April soldier of the month.

After winning Hq. Co. January soldier of the month and Headquarters Command Battalion February soldier of the month honors, Story attended the Primary Leadership Development Course at Fort Lewis, Wash. Just five days after his return, he competed at the April 22 board and won.

"I felt more confident at the other boards because I had more time to prepare," Story admitted. "However, they stressed leadership and other subjects at PLDC."

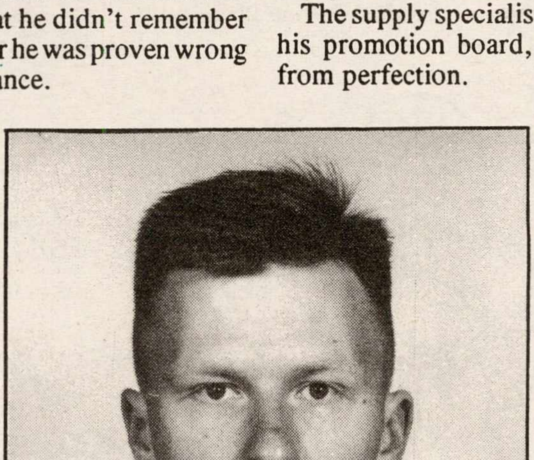
Although Story won the post board, he said he felt his performance was lacking because of the short time he had to prepare. Story said the post board, which included a written exam and hands-on testing, was the most difficult.

"At first the company board seemed the most difficult, but now that I look back, it wasn't more difficult than the others," Story said.

The Hq. Co. competition, where Story competed against three other soldiers, was his first appearance before any board.

"I was nervous and I didn't know what to expect," Story said. "The competition was tough, but after that board I knew what to expect and I became more confident that I would do well at each subsequent competition."

Story admits that before walking in to each board he became nervous and told his supervisor that he didn't remember anything, however he was proven wrong by each performance.



Spc. Will Story

"I feel Story performed exceptionally well at all the boards," said his supervisor, Sgt. Andre Clark, supply sergeant. "He was always concerned about how he would do before going into each board, but his poise, confidence and overall knowledge of the subjects overwhelmed the board members.

"I was surprised with his performance at the first board, because everyone becomes nervous before a board and I know it's difficult to keep your composure when sitting at the position of attention and answering the board members' questions," said Clark, a Morales Club member. "I was really impressed with his tone of voice and the confidence he showed when answering the questions."

The supply specialist earned a 198 on his promotion board, just two points from perfection.

Preparing for the promotion board was Story's initial reason for competing at the company level board, but he feels each step has been a learning experience.

"I feel all soldiers should go to at least one board," Story said. "It can only help you by increasing your knowledge in all military areas and prepare you for promotion boards."

Although he has accomplished a great deal, with little active duty service time, Story still has many goals. They include being named the Presidio's 1993 Soldier of the Year, becoming a good noncommissioned officer, and being a good husband and father.

"He will make a fine NCO," Clark said. "Story is very knowledgeable, he learns quickly and is very disciplined. He performs all of his duties with little to no supervision. He's the ideal soldier."

Story joined the U.S. Army Reserves in 1988 while he attended Texas A & M University working toward his degree in industrial engineering.

In October 1990, he enlisted for active duty and went to South Korea. He served at the Eighth U.S. Army NCO Academy, at Camp Jackson until his arrival at the Presidio of San Francisco in January 1992.

During his time here, Story has been honor graduate of the Field Sanitation Course, Fort Ord, Calif., and has attended the Bus Driver Course and PLDC, both at Fort Lewis.

He has been awarded the Army Achievement Medal for his service in Korea, two Department of the Army certificates of acheivement and a Hq Cmd. Bn. Certificate of Achievement.

He will be awarded a second AAM, at a ceremony honoring him as post soldier of the month May 11.

EDITOR'S NOTE: Spc. Adrienne Story, also of Hq. Co., USAG, was named the Presidio of San Francisco Soldier of the Month for March. At the end of the year she and her husband will compete for the Presidio Soldier of the Year title. The couple is expecting their first child in two days.

Proclamation

WHEREAS: *The Military Spouse serves our country supporting their soldier and ultimately contributes to the extended Army Family in War and Peace through their commitment, dedication, loyalty, and individual sacrifice, often receiving no personal recognition; and*

WHEREAS: *The Military Spouse represents our country and our Army with distinction through their contributions to their communities and our country, as well as serving as ambassadors in foreign lands;*

BE IT KNOWN THAT: *The Military Spouse is very much a part of the Army and serves proudly beside their soldier sharing trials and tribulations, always striving to improve life for all soldiers and families.*

THEREFORE: *I, Lieutenant General Glynn C. Mallory, Jr., Commander, Sixth United States Army and Presidio of San Francisco, do hereby declare Friday, 7 May 1993 as National Military Spouses Day at Presidio of San Francisco to honor military spouses of all active and retired soldiers, Army National Guardsmen and United States Army Reservists in recognition of their contributions and dedicated service, often in the face of adversity. Be it resolved that this proclamation shall be distributed to the attention of those so deserving of such recognition with sincerity and gratitude from an appreciative Army and a grateful nation.*

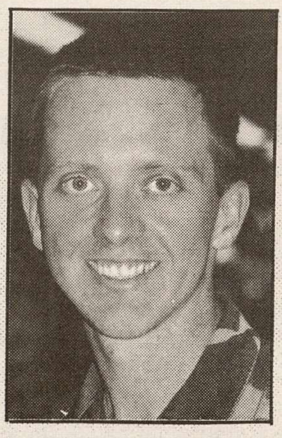
God Bless You,

Glynn C Mallory Jr

Glynn C. Mallory, Jr.
Lieutenant General, U.S. Army
Commanding

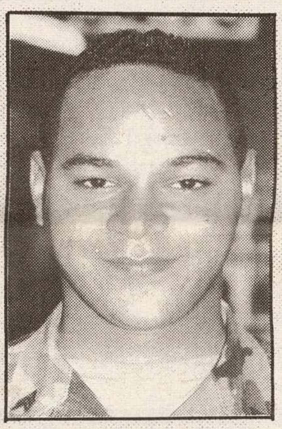
Ask Presidians

What topics whould you like to see covered in the Star Presidian?

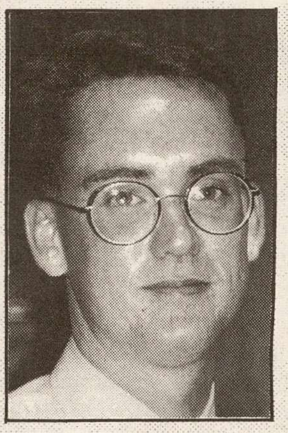


Spc. John Bosley, administration specialist, Chaplain's Office: "More focus of civilians and military people, promotions, soldier of the month boards, bus routes, and base closure schedules and information."

Spc. Kathleen Morris, Telecommunications Center, Hq. Co. USAG: "I would like to see more about the Child Developement Center and the programs that they offer. I would also like to see more stuff for kids in the paper."



Sgt. Lee Box, Special Security Office, Deputy Chief of Staff for Operations, Sixth U.S. Army: "We need to see more information on the transistion and future of the Sixth U.S. Army and the post."



Spc. Tim Queen, driver, deputy commanding general (active) Office: "I would like the paper to try to answer questions pertaining to relevant social ad economic problems facing society, to include the military."

Photos by Sgt. John W. McGarrah

Security Corner/*Shoplifting*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

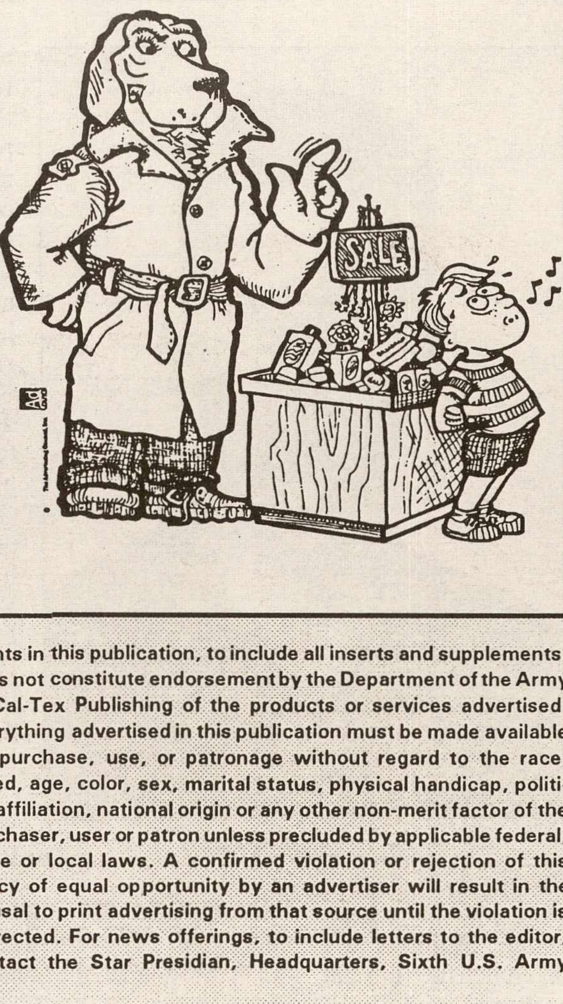
Shoplifting means to deliberately remove or take something from a store, in secret, without paying for it, and keeping it wrongfully. Shoplifting is stealing. It is a bad deal, not worth taking a risk. It is not getting something for nothing, because everyone pays for the crime. Stores have to pay for what they lose, and have to add in not only the cost of the item, by what it costs to protect it.

One of the most effective crime prevention methods used by stores to reduce shoplifting is the video recording surveillance monitors.

Shoplifters steal for a variety of reasons. Regardless of the excuse, the result is a criminal record. If you observe someone who is acting suspiciously or taking something from a store without paying, quietly tell a salesperson or cashier and let them look into it. The Military Police will investigate further when necessary.

Shoplifting is stealing. It's bad, it hurts, and it's wrong. Don't encourage it, and don't do it. Help stop it by taking a bite out of crime, which is, by far, the better deal.

EDITOR'S NOTE: Extracts of information was provided courtesy of the National Crime Prevention Council, Office of Criminal Justice Planning.



Take note!

The Star Presidian has a new feature - Presidio Focus!

We, along with your help, will spotlight some of the outstanding people living and working here.

See Pages 8 and 9 for more.

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif. The appearance of advertisements in this publication, to include all inserts and supplements, does not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-3861. Circulation: 9,000.

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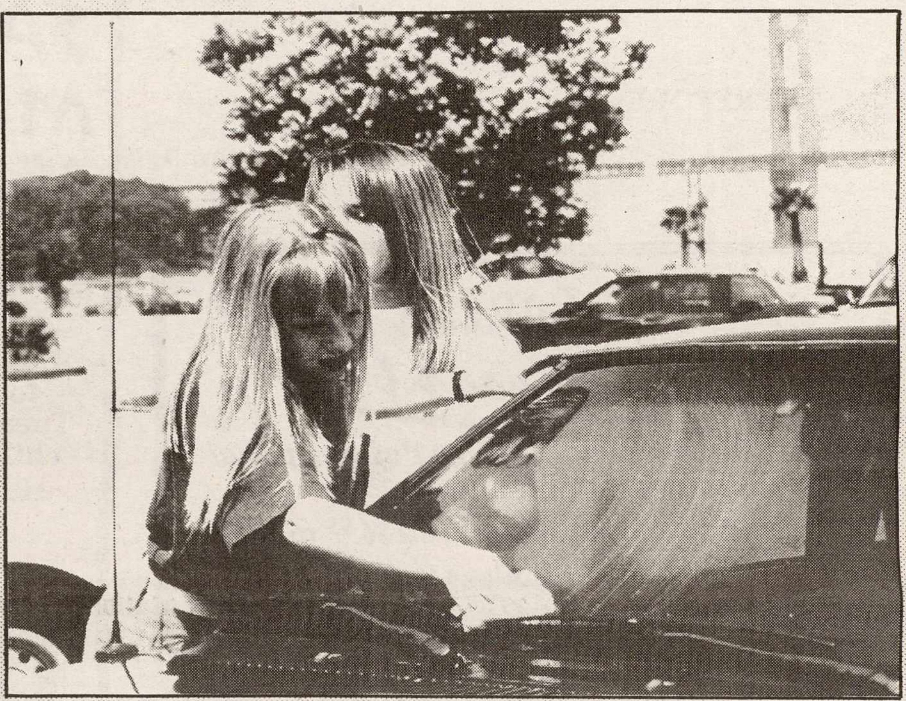
Assistant Editor..........................Sgt. John W. McGarrah
Staff Journalist.......................... Spc. Adrienne D. Story
Photographic support..........................TASC Photo Lab

Loli Chin uses some elbow grease to scrub down a car during the carwash held at the main PX last weekend. John W. McGarrah

Lalii Chin, sprays down another dirty vehicle while Leilani Quinquilla guides the driver in.



Making sure that every detail is taken care of , Amanda Tetters uses paper towels to wipe down the windows of a newly sparkling automobile

Teens make big splash, money just by working at the carwash

Twelve teenagers of the Junior High Teens of the Chapel Group, Religious Activities Center, got down and dirty this weekend, but it was all for a good cause.

The children raised almost $200 which will go towards financing their group outings this summer. The group is planning two trips, one to Yosemite and one to Paramount's Great America Theme park.

"We have a very active and good group of kids in this group," bragged Steve Miller, Religious Activities director for the center here.

The youth recently conducted the Easter Egg Hunt for the R.A.C. as one of their community service projects.

The next car wash will be held May 22 at the Main Exchange.

The group meets the second and forth Tuesday of each month from 6:30 to 8:30 p.m. at the R.A.C.

For information on the youth group, please call Miller or Sister Agnes Teresa at the center at 561-3535 or 4719.

The next car through the gate will be .... Washers stand ready to spray as cars begin to line up to be scrubbed squeeky clean.

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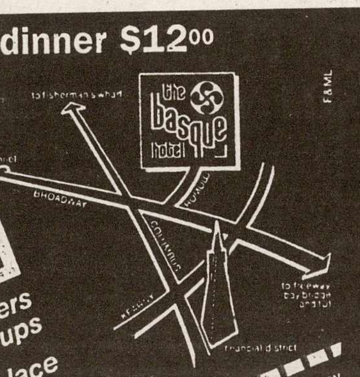

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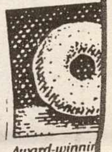

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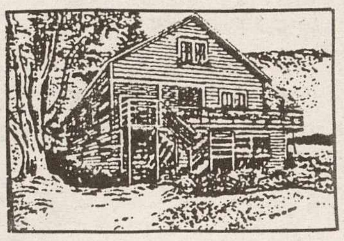

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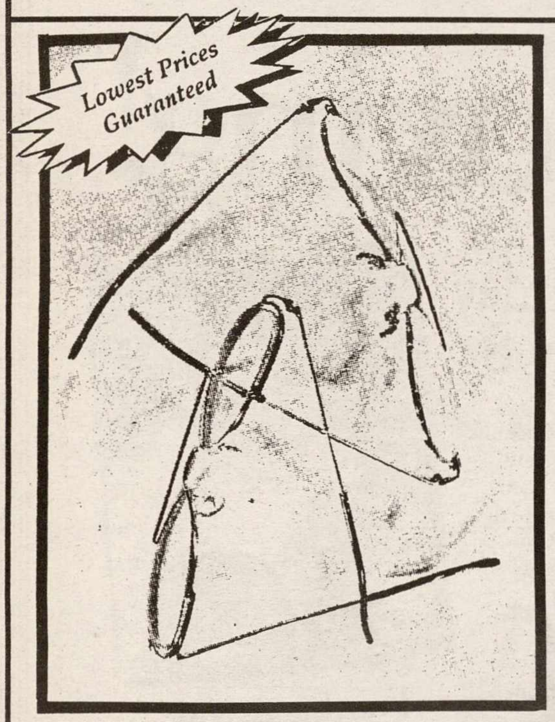

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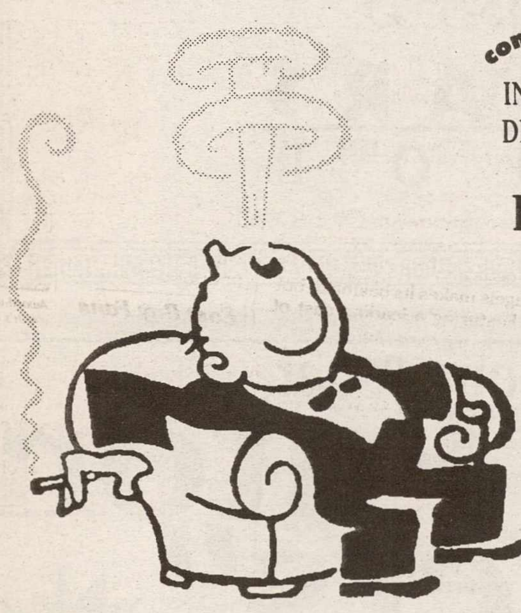

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News Briefs

Presidio ACS in need of volunteers

The Presidio Army Community Services, Job Resource Center is looking for volunteers to serve for two days per week, four hours per day, to type and help prepare SF 171s, Knowledge Skills Ability forms and resumés from handwritten originals. Volunteers should be able to type 40 words per minute and have some computer knowledge. For information call Marian Kemp at **561-5057** or **561-5502**.

Sixth U.S. Army Band recital Sunday

The Sixth U.S. Army Band will perform various solos and small ensembles at 3 p.m. Sunday in the Main Post Chapel. Everyone is invited to attend this showcase of talent. Admission is free, dress is casual.

Band leads with two-night performance

The Sixth U.S. Army Band will join other military ensembles for the third annual All-Military Orchestra performance at 8 p.m. May 14 in the Carol Channing Theater, Lowell High School. A second performance will be held at 8 p.m. May 15 in the Encinal High School Gymnasium, Alameda, Calif. The wind ensemble featuring the Sixth Army Band, Navy Band, San Francisco and the Air Force's America's Band in Blue will perform works by Skostakovich, Sousa, Filmore, Copeland, Bach and Reed. The bands will be conducted by the Sixth Army Band's Chief Warrant Officer Orville Gannon, the Navy's Ensign Lorelei Conrad, and Air Force's Capt. Carl Chevallard.These events are free and open to the public. Free parking is also available.

Tickets on sale for heritage celebration

Tickets to the Asian Pacific Heritage celebration will be available now until Tuesday. A $3 donation is requested. The celebration will feature Asian Pacific food, entertainment and several displays from 11 a.m. to 1 p.m. May 13 at the Log Cabin. For tickets or information, call the Equal Opportunity Office at 561-4154.

Post youth bowling tournament announced

The Saturday Morning Bunch Bowler of the Year Tournament will be held at 10 a.m. June 5 and 12 at the Presidio Bowling Center. There will be two divisions; prep handicap and junior handicap. All bowlers will bowl four games in the qualifying round, and bowl two games on assigned lanes, then two games on lanes to the right in the final round. The top four qualifiers from each division will be decided by four game total pins plus handicap. This tournament is open to all currently sanctioned YABA Presidio "Saturday Morning Bunch" bowlers. Sanction cards will be verified prior to the start of the tournament.

Enlisted Spouses meet this Monday

The Presidio Enlisted Spouses Club will have a membership meeting at 6 p.m. Monday at 1539 Pershing Drive. Enlisted spouses from all branches of the military are invited to join. For more information call **386-1918**.

National Day of Prayer to be held May 6

The Presidio Chapel program will recognize the National Day of Prayer, Thursday, with three activities that are open to all members of the Presidio family. The Men of the Chapel will host a Prayer Breakfast, 6:45 a.m., in the Religious Activities Center, Bldg. 682. RSVP by Tuesday to Maj. John Fowler at **561-3978**. Next, there will be a Women's Prayer Brunch at 9:30 a.m. at the RAC. RSVP by Tuesday to Abigail Dolinger at **928-7917**. Afterward, all Presidians are invited to "take 5 at 12" as Chaplain (Capt.) Randy Dolinger hosts a five minute prayer service at noon, by the Flag Pole on Pershing Square. The prayer service is part of the National Day of Prayer Task Force's nationwide program.

Youth center provides free piano lessons

Keyboard Educators Incorporated will provide 12 one-hour piano lessons for beginners through intermediate students in the Presidio Youth Activities Center, Building. 386. Each student will get one free, battery-operated organ for the course, to be kept at home. All materials and supplies will be furnished at no additional cost. The center can be contacted at **561-5143**.

See Briefs, Page 11

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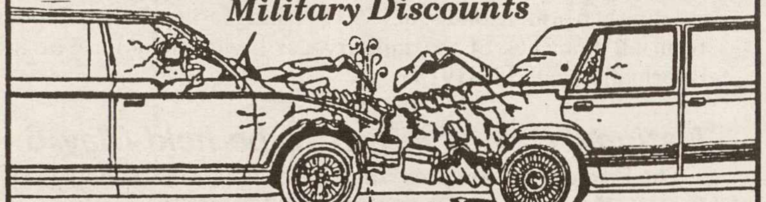

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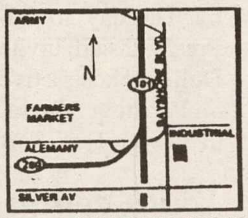

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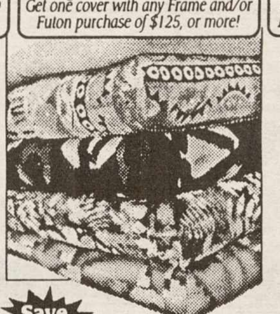

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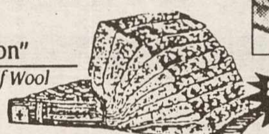

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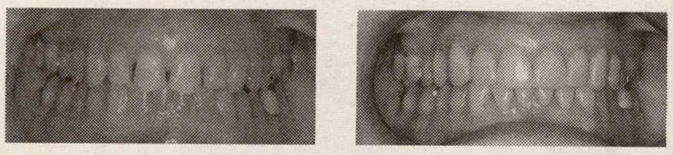

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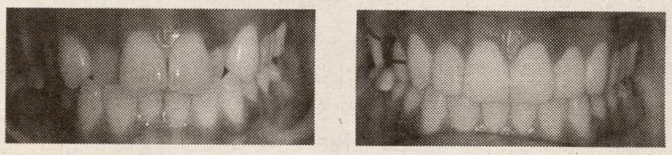

Before *After*

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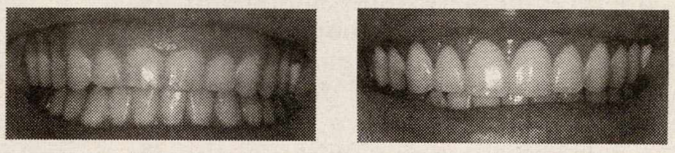

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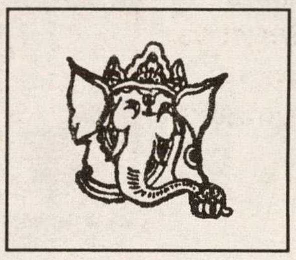

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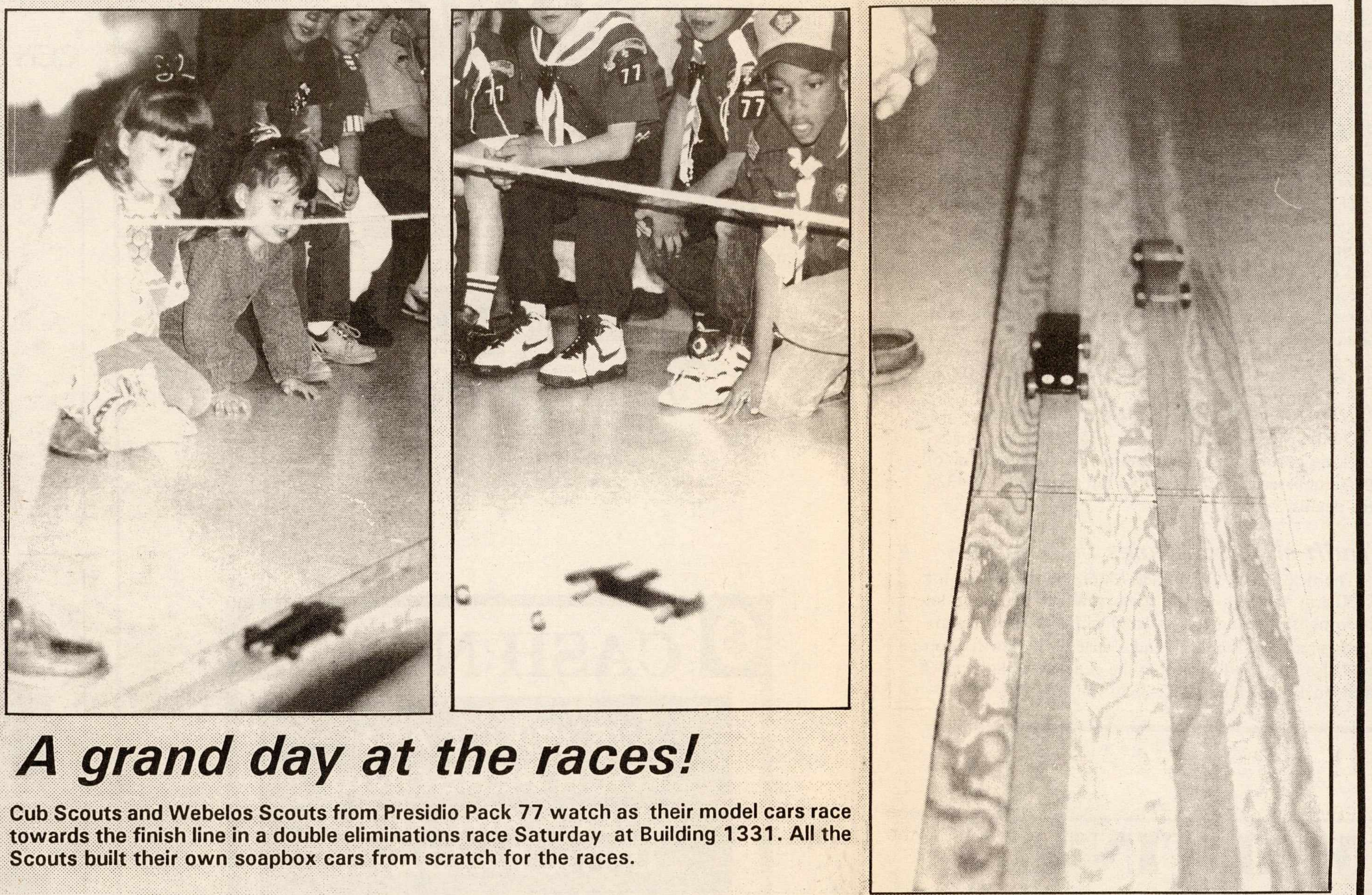
Spreading sunshine

Family Child Care Director Mary Anne Gianquento presents a child's painting to Thrift Shop Manager Adeline Michel and Assistant Manger Dorothy Claytor in appreciation for the shop's donation to the Children's Celebration held here April 24. *(Below)* Elaine Deehl, welfare committee chairman of the Officer's Spouses Club, presents a check to Child Developement Services Coordinator Tedi Siminowsky and Gianquento *in support* of the celebration.

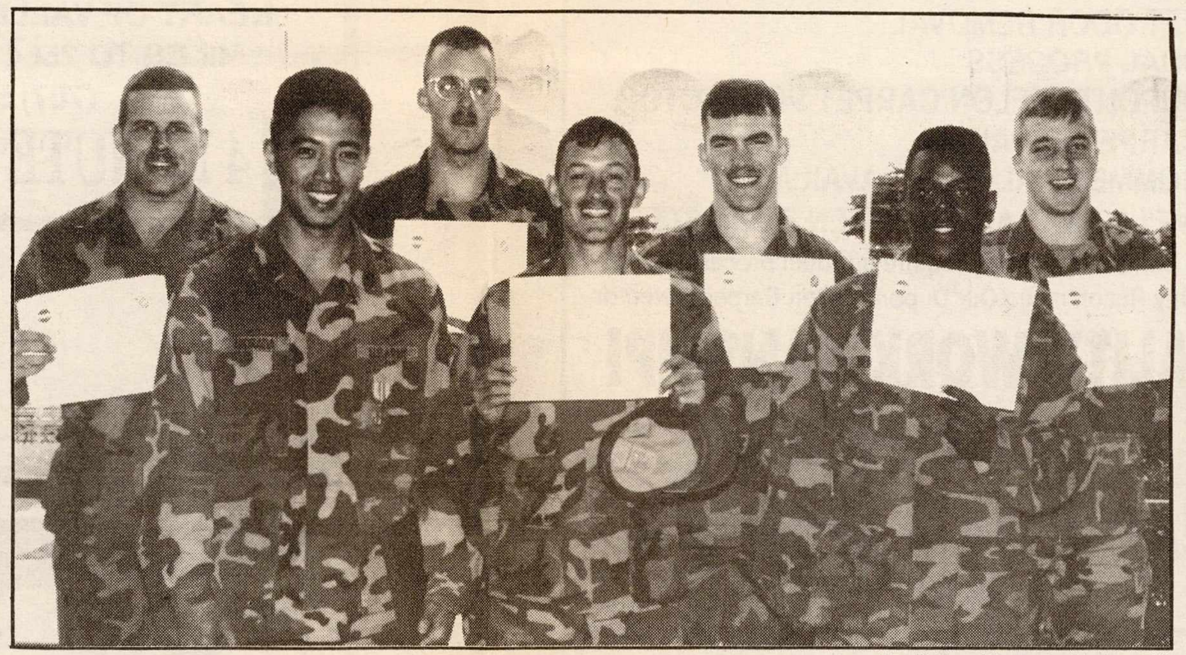


A grand day at the races!

Cub Scouts and Webelos Scouts from Presidio Pack 77 watch as their model cars race towards the finish line in a double eliminations race Saturday at Building 1331. All the Scouts built their own soapbox cars from scratch for the races.

Drive to achieve

Col. Gregory A. Renn, Headquarters, U.S. Army Garrison commander, presents Spc. Adrienne Story, Hq. Co., USAG, with an Army acheivement medal for being selected soldier of the month for March.

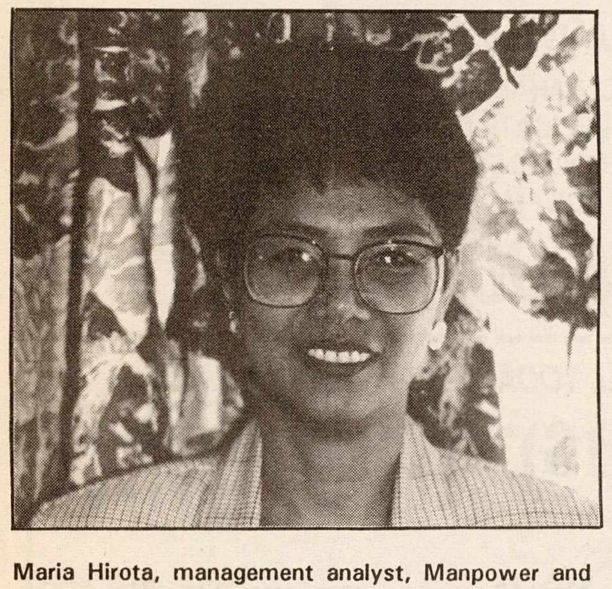


Staff Sgt. Pleasant Lindsey III

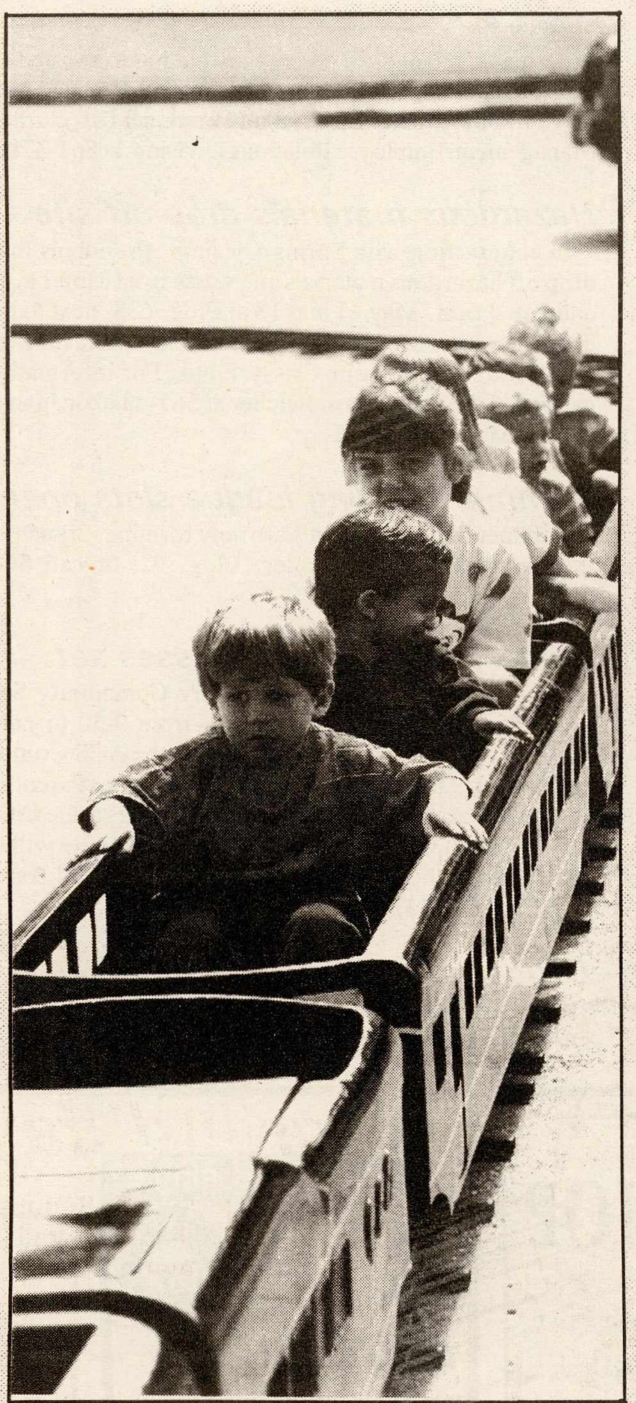
Members of Co. C, 864th Engr. Bn., received awards for relocating the Hands Across the Presidio site from Bldg. 1331 to 228, Feb. 19-22. Certificates of achievement awardees included: Pfcs. John Andersson, Tracy Belk, Kenneth A. Bennet, Vincent E. Burget, Johny Wiest, Sgts. Eulalio Diaz, and Mark Ingham. Staff Sgt. Richard Andrada received the Army Achievement Medal for his actions as squad leader of the detail.

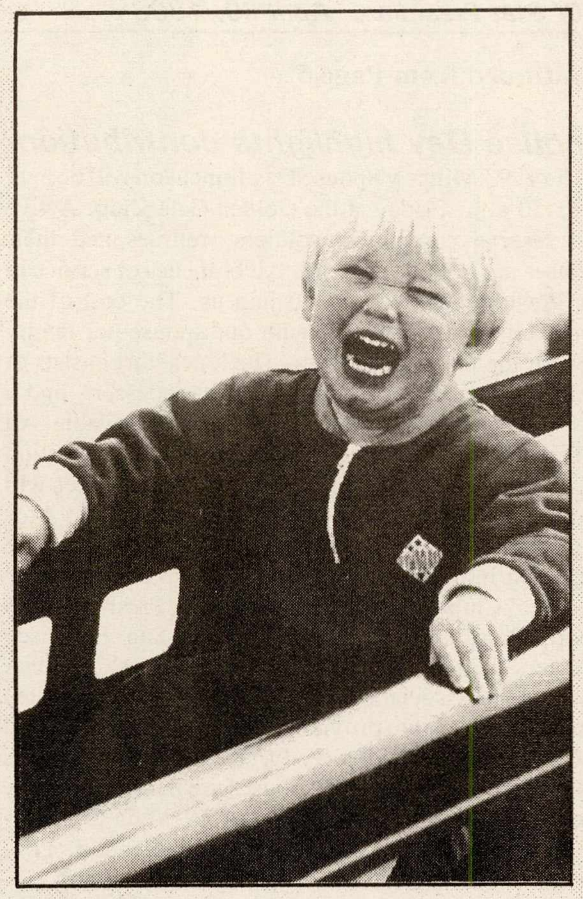
Diane Nishimoto, management assistant, Manpower and Documents Branch, Resource Management, Letterman U.S. Army Hospital, helped create programs designed to offer the civilian workers a smooth transition from the Presidio to other employment. She retires May 15 after 35 years of federal service, including the last 13 years on the Presidio.

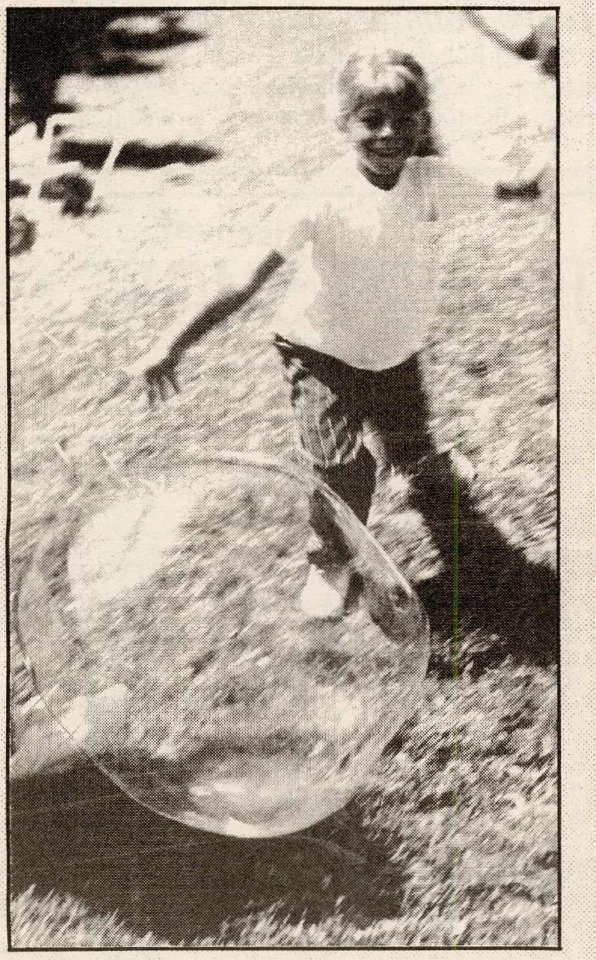
Examples of excellence in action



Maria Hirota, management analyst, Manpower and Documents Branch, Resource Management, Letterman U.S. Army Hospital, is in charge of out placement programs for civilian employees. She helped obtain services from several agencies which were designed to help employees complete job applications and resumés.







Children's Festival!

Story and photos by Spc. Adrienne Story
Star Presidian staff

More than 120 children were fingerprinted and photographed at the second annual Child-Parent Festival held Saturday at the Child Development Center.

The fingerprinting was set up by the Military Police to assist law enforcement agencies in the fight against child abduction. Although this is a serious issue, the MPs made it as fun as possible for the children by blowing up balloons and playing children's music.

A sign-in roster showed that 124 children and 90 parents attended the festival in celebration of the Month of the Military Child; however, many more families didn't sign in, stated Barbara Mayer, education specialist, Army Community Services.

Several activities were set up for children and their parents to spend time together and to provide an educational benefit.

"I feel it was a success," Mayer said. "We offered a lot of activities and the children enjoyed it. The parents had a chance to spend time with the children and important information was provided."

Children enjoyed a few new activities this year including a train ride, a rope walk set up by the scouts, and Park Service Police let children sit on their horses. More than 90 parents also enjoyed the activities and sharing time with their children. Bubble bursting, finger painting and water splashing games were available for kids. Activities ranged from cooking classes to an infant's gym. There was literally something for everyone.

Once per month a child - parent play day is held at the Pershing Activities Center, but on a smaller scale, Mayer said. There are six to eight activities held at the monthly play days. More than 15 activities were available at the annual festival.

"We feel it benefits the children, parents — the entire family," Mayer said. "It gives the families the chance to do things together and give them an ideal of what we do at the center."

"There was such great support given by everyone involved," said Mary Anne Gianquento, family child care coordinator. "The MPs were troopers. They fingerprinted and made identification cards for more than 100 children."

Continued from Page 5

Spouse Day highlights contribution

The 1993 Military Spouse Day Luncheon will be held at 11:30 a.m. Friday at the Golden Gate Club. Active and reserve component soldiers, retirees and their spouses are invited to attend. All branches of service in the Presidio are welcome to join us. The cost of the luncheon is $8 per person with one spouse per family free for the first 100 spouses. The luncheon consists of an all-you-can-eat soup and salad bar, dessert, and a pay-as-you-go bar. Free child care will be available. All children will be required to have current immunization cards. Child Development Center registration fees will be waived for the luncheon. Call **561-4894** by May 4 for child care reservations. Gifts will be given away at the luncheon in honor of military spouses. The Officers' Spouses' Club, Enlisted Spouses' Club, Presidio Thrift Shop, Presidio E-9 Group, and the San Francisco chapters of the Noncommissioned Officers' Association and the Association of the U.S. Army have donated time and energy into providing the complementary meal and the no-cost child care. In celebration of Spouses Day, discounts to military spouses are being offered by the following organizations: AAFES Main Post Exchange and Post Theater, Outdoor Recreation, ITT, Arts and Crafts Center and the Auto Crafts Shop.

Leave donation badly needed

Robert Rogers, an employee with the Directorate of Logistics, U.S. Army Garrison, is an approved participant in the Voluntary Leave Transfer Program who is experiencing a medical emergency but has exhausted all sick and annual leave. Anyone wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780**.

Hazardous materials drop off site

In conjunction with Spring Cleanup, Presidians may drop off hazardous materials and waste from 8 to 11 a.m. and 1 to 4 p.m. May 11 and 18 at Bldg. 638, next to the Transportation Motor Pool's petroleum, oil and lubrication point, across from Crissy Field. For information call Sgt. 1st Class Calvin Belcher at **561-4860** or Juanita Whitehead at **561-3711**.

Summer bowling league slots open

Summer bowling leagues are now forming. Sign up at the Presidio Bowling Center, Bldg. 92, or call **561-5042**.

Military child month classes set

Family Advocacy, Presidio Army Community Services, is hosting parenting classes from 9:30 to noon Thursday, and May 18, 20 and 27, in the ACS Conference Room, 3rd Floor, Bldg. 103B; and free Parenting Infants classes, 5 to 7 p.m. Monday evenings at the Child Development Center, Bldg. 389. Free child care will be provided for these classes. For information call Karen Kaho at **561-5155**.

Officer personnel branch altered

Effective now, the Officer Personnel Management Directorate's Personnel Management Branch will become an organizational element of the Adjutant General Directorate's retirements and separations division. It's new office symbol is TAPC-PDT-PM. Telephone numbers remain unchanged at this time. Correspondence should be directed to the personnel management branch accordingly. PERSCOM's point of contact is Lt. Col. John McDonnell, TAPC-PDT-PM, **DSN 221-9765** or **(703) 325-9765**.

Boating lessons open for Presidians

The Outdoor Recreation Section announces sailing lessons will be available at the Presidio Yacht Club beginning Saturday and will be held every other weekend through August. Instructors are members of the Presidio Yacht Club. Membership is not required. Lessons are available to active duty military and their spouses, retires military, reserves, and DoD civilians. The fee is $45. To sing-up or for information, call 332-2319.

Outdoor Rec rents salmon gear

Outdoor Recreation has salmon rods and reels, backpacking gear and other equipment for the peak time of the salmon season. Call Outdoor Recreation at **561-4324** for details.

Thrift shop schedules flea market

The next Thrift Shop Flea Market is scheduled for 7:30 a.m. through 1 p.m. tomorrow in the parking lot in front of Building 204. A valid military identification card is required to rent a vendor space. The Thrift Shop will also be open for sales to the general public from 9 a.m. to 1 p.m. Phone **922-3384** for details.

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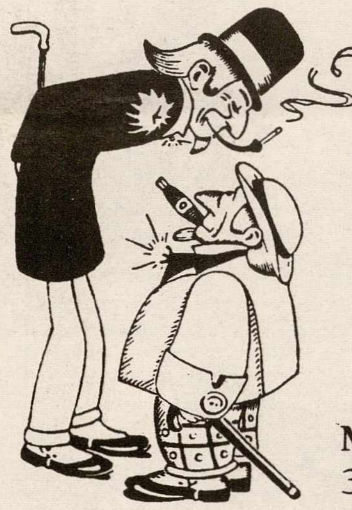

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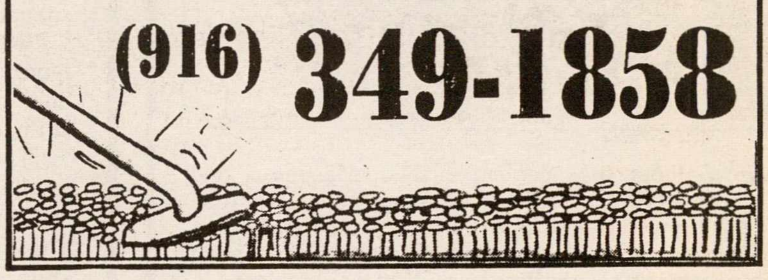

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Continued from Page 10

ITT Office to give away tickets

To support Military Spouses Day, ITT, Building 210, will hold a drawing to give away two free tickets to Paramount's Great America. All active duty personnel, reservists, retirees of all branches of service in the Presidio area and their spouses are invited to participate. Enter the lottery on May 7 no later than 3 p.m.; the winner will be contacted by phone shortly after 3 p.m.

Prayer breakfast set for Thursday

Lt. Gen. Glynn C. Mallory, Jr. commanding general, Sixth U.S. Army and Presidio of San Francisco, will be the guest speaker at the Men of the Chapel's bi-monthly prayer breakfast at 6:45 a.m. Thursday in the Religious Activities Center, Building 682. The breakfast is free and is open to all interested personnel. RSVP to Maj. John Fowler at **561-3798**.

Investigations office will be moving

The Presidio of San Francisco Military Police Investigations office has moved from Building 222B to the basement of Building 122, below the Presidio Arts and Crafts Center. Phone numbers to the new office are **561-4217**, **561-4721** and **561-5286**.

Essay solicited for Hoge Award

The Civilian Personnel Office, Management Employee Relations is promoting an annual essay competition for the Nick Hoge Award, dedicated to promoting excellence in civilian personnel management and administration. The entry deadline is June 16. The author of the winning essay will be honored at an award luncheon and participate in a professional development seminar in the fall of 1993. The competition is open to all Army military and civilian personnel. To apply call Glenda Plyman, CPD/MER, at **561-3779**.

ADMIT ONE

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Friday - Mad Dog and Glory (R)
Saturday - The Bodyguard (R)
Sunday - CB4 (R)
May 7 - Summersby (PG13)
May 8 -Teenage Mutant Ninja Turtles III (PG)
May 9 - Body of Evidence (R)

All movies begin at 7 p.m.

1296 E-54

Columbia offers courses

Columbia College, a service members opportunity college, located at Treasure Island, is offering classes for eight-week terms on the Presidio. Classes meet evenings for eight weeks from 6 to 11 p.m. at the Presidio Education Center.

Courses offered for the May- to July term are *The Middle East,* Mondays; *Critical Thinking,* Tuesdays; *General Sociology,* Wednesdays; and *Readings in Drama,* Thursdays.

Classes start the week of May 24 and finish July 17. Each course costs $270. Soldiers eligible for tuition assistance pay $67.50 plus books. Family members and soldiers are eligible for Pell grants. Registrars from Columbia College will be at the center on Monday and Tuesday, May 3 and 4; Tuesday , May 11 from 10 a.m. to 2 p.m. to register soldiers and family members for classes.

Soldiers using tuition assistance need to apply before registering for classes.

Columbia College offers a flexible associate degree and three bachelor of arts degrees in Business Administration, Criminal Justice, and Individual Studies.

For information, contact the Presidio Education Center, Building 1216, 561-4445.

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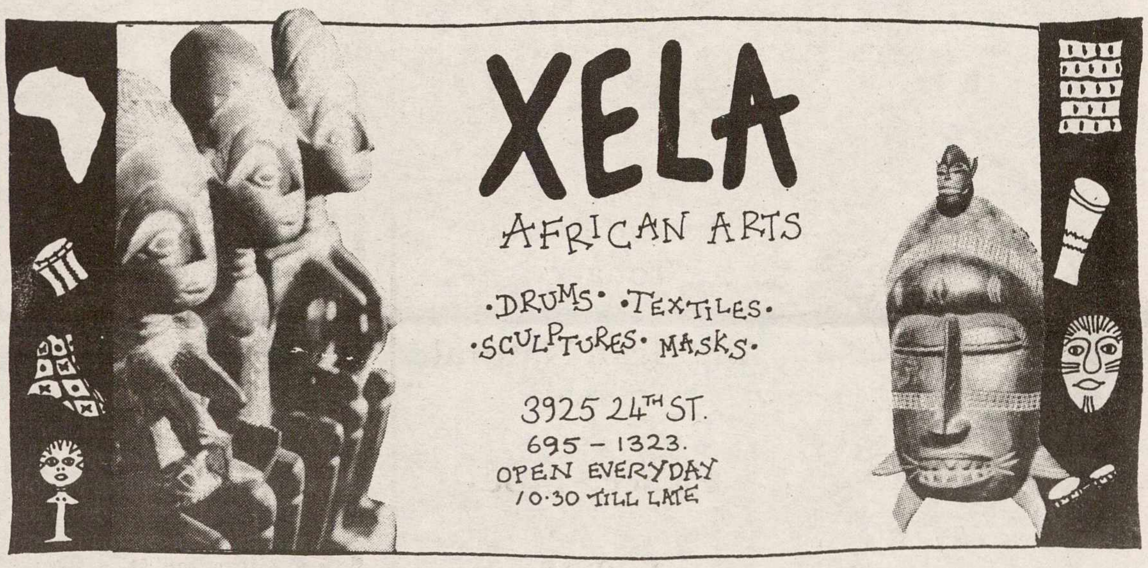

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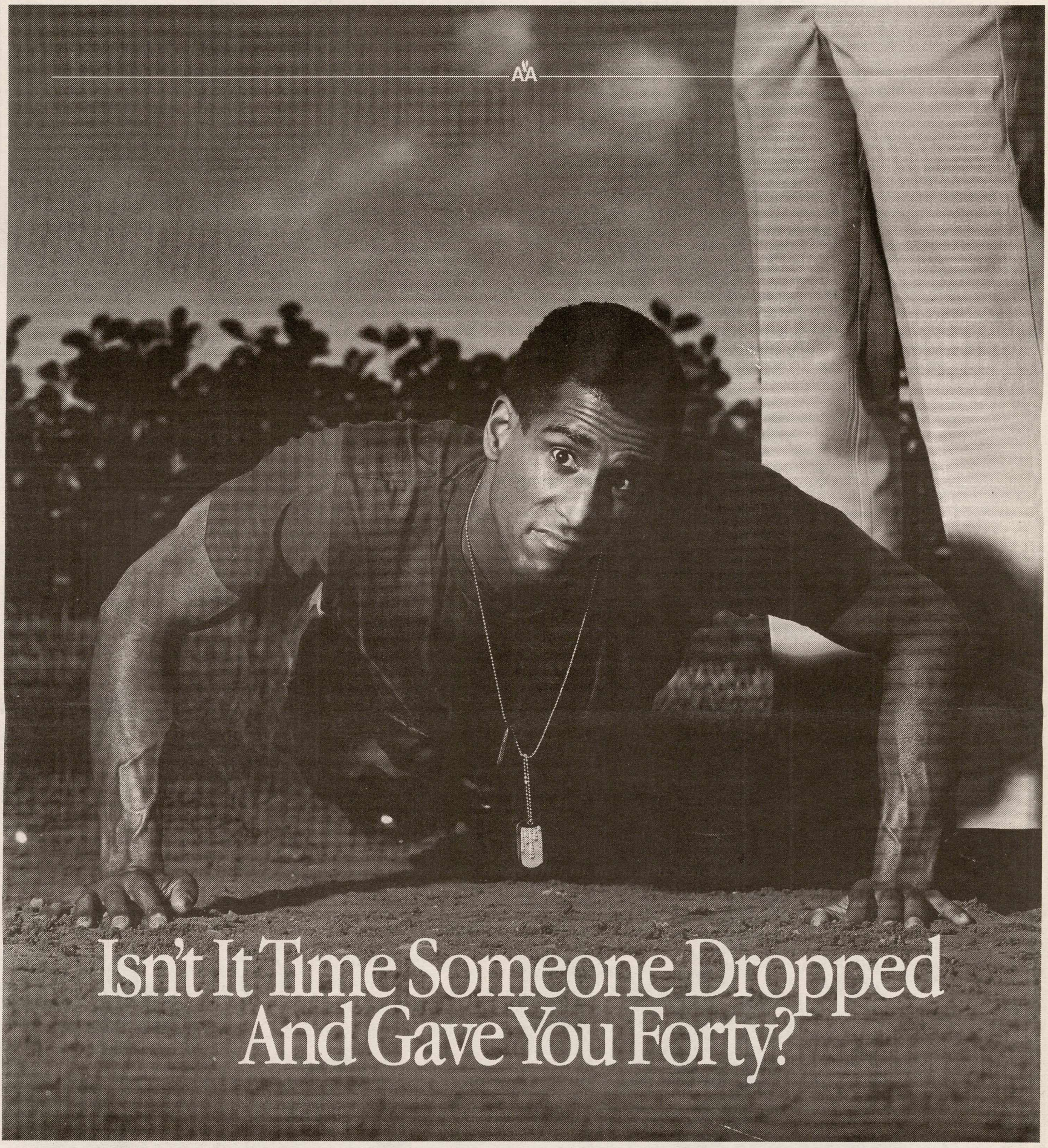
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Change of payroll office reflected in earning, leave statement

Presidio civilian employees who are under the Federal Employees Retirement System may have noticed changes to FERS data on their earnings and leave statement with the pay period ending Oct. 17, 1992. This is not an error.

The FERS amount, in the CUM FERS block, is removed from the statement and forwarded to the Office of Personnel Management, each time the supporting payroll office changes. The amounts forwarded are then posted to that employee's master retirement records at the OPM.

The procedure described above was the result of the change of payroll offices from the Presidio to Fort Sam Houston, Texas. The amount forwarded should equal the employee's FERS earnings from the date of hire by the Presidio through July 27, 1991. By May 15, 1993, each affected employee will receive a personal letter informing them of the amount transferred and the transmittal number forwarding the credit amount to the OPM. Employees should keep this letter with other permanent records such as birth certificates wills, etc.

FERS employees not receiving a letter by May 15, should contact the Presidio Civilian Pay Liaison Office at **561-2929**.

Refund available to some civilians for certain deductions

As a result of Anderson versus the United States, 16 Cl. Ct. 530 (1989), affidavit, 929 F. 2d 648 (Federal Circular 1991) civilian employees may be entitled to a refund of social security and medicare deductions withheld from certain overseas allowances and/or non-foreign cost-of-living allowances.

Civilian employees that served in an overseas or non-foreign assignment from 1986 to current, should provide their name, social security number and current allowances or non-foreign cost of living allowance was paid.

Please contact the Presidio Civilian Payroll Liaison Office at **561-2929** for further information.

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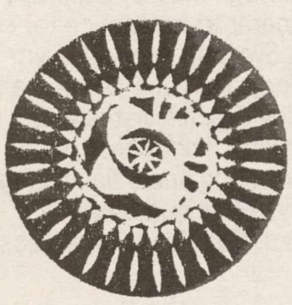

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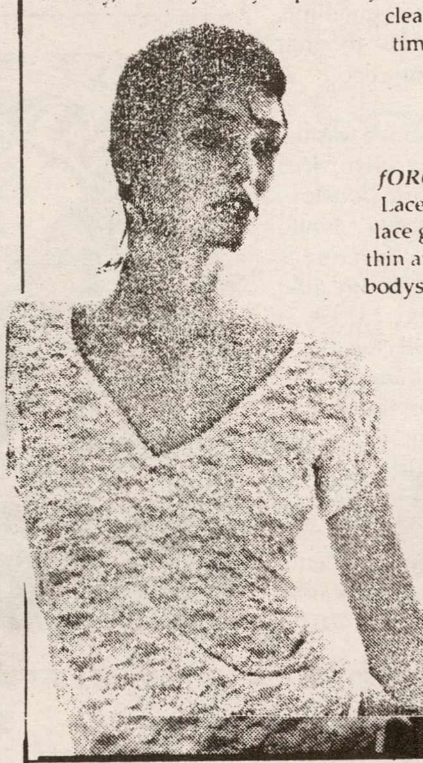

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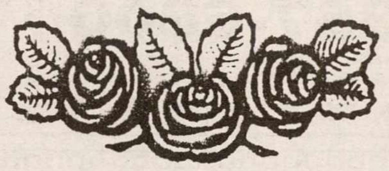

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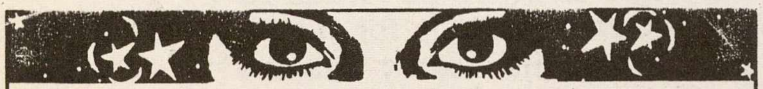

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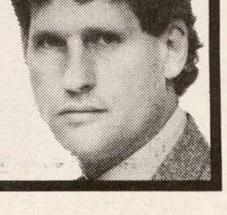

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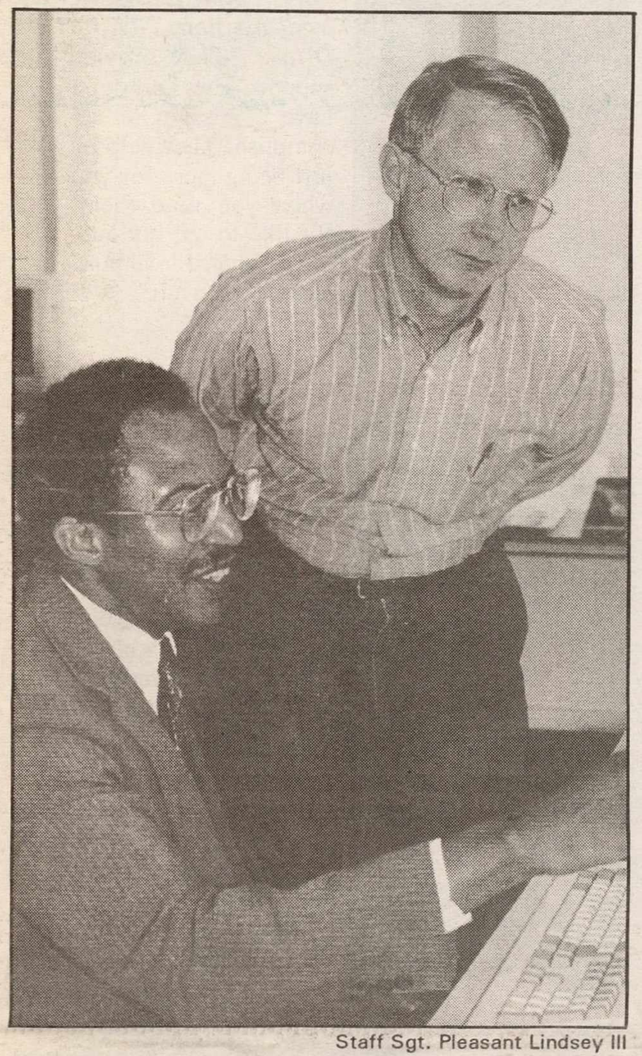

Staff Sgt. Pleasant Lindsey III

Ted Apontes, a volunteer at the Job Resource Center, Army Community Services, Building 103B, assists Ed Wiley prepare his civil service job application form.

To see more of the special people who comprise the Presidio community, please see Page 9.

Commander's volunteer service award

Job Resource Center volunteer recognized for assisting others

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

One Presidio soldier transitioning into civilian life discovered the benefits of using Presidio Army Community Service's Job Resource Center in Building 103B and has been recognized for donating his time to help others with the job hunting process.

Ted Apontes was given a volunteer service award from Lt. Gen. Glynn C. Mallory, commander, Sixth U.S. Army and Presidio of San Francisco. The award was presented by Ann Williams, transition coordinator, ACS. Apontes was recognized for his volunteer work with the JRC.

"He saw the need and started helping. He gave up his free time willingly," Williams said.

Apontes said that after his retirement in November, 1992, he and his family moved around to determine where they would like to settle down. However, none of those places could provide adequate help with resumés and Standard Form 171s for job applications.

"Other places could only offer one or two job openings per week, unlike the services here. So we came back to the San Francisco area," Apontes, a former Inspector General noncommissioned officer here, said.

The technique he used to make himself marketable to the civilian community is the one he shares with others. He said he continues to polish his applications. He's already received two responses and has other application packets in the mill.

"I had never filled out an SF 171. As I improved the quality of mine, I learned that others didn't know how to do them either," he said.

"A lot of people procrastinate, waiting until the last minute to prepare their resumés and SF 171s," Apontes said. Military and civilian employees don't have to wait until it's time to leave, but can use the resource center now to enhance their job applications.

The SF 171 allows job seekers to elaborate about their employment experience and describe their past duties in more than a couple of sentences. Apontes suggests employees should make a folder for each job assignment held in the past. This will provide a complete work history to prospective employers, and give job seekers a handy base to work from. Learn how to type, and learn how to adequately express yourself.

Use civilian terms on the forms. If you were the head cook on a ship, then you were the "dining facility manager." If you supervised eight people in an office, use their job descriptions to tell what and how you supervised.

Apontes also suggests using continuation sheets for each job, including the scope and accomplishments of each assignment.

"The post's LAN (Local Area Network) has a limited SF 171 that can be filled out, copied to a computer disk and brought to ACS," Apontes said. It can then be updated and polished in the resource center.

"Resumés can be done on the LAN in WordPerfect which allows you to structure the resumé any way you want it to appear," Apontes said. Word processing programs such as this are valuable in designing a quality product.

Williams said employees and managers should start preparing now for the transition into a new job market. It takes planning, and the JRC has equipment and people available to aid the process.

Williams said the resource center averages 20 visitors per day, including soldiers, civilians and family members. The center also serves members of other military branches. The next transition workshop is 10 a.m. to noon, Tuesday, in the ACS Conference Room, Building 103B.

New standard form software softens job search paper chase

By Ann Williams
Transition Coordinator, Army Community Services

The Army Community Service Job Resource Center is providing a quick and easy automated software program on computer for developing and printing the Standard Form 171 for government jobs.

It also offers a resumé producing program and WordPerfect 5.1 for producing quality resumés on laser printers.

Assistance is available for military personnel needing help transposing military occupational codes into civilian language, and civilians needing to enhance their SF 171 and elaborate on the KSAs (knowledge, skills and abilities of a vacancy announcement.

Customers updating or developing an SF 171 for the first time or developing a resumé should draft the input for their SF 171 before bringing it in. Demand for computer access time is high and available customer assistance is limited. Due to the shortage of clerical support, the ultimate responsibility of typing falls on the applicant.

The resource staff is available to help build the foundation and critique the SF 171 or resumé. Applicant's may bring their own discs for maintaining and supplementing final copies of the SF 171 or resumé.

The post has provided JRC to help with a smoother, more effective transition for military and civilian personnel.

For information about the Presidio Job Resource Center call me at **561-4513**; Marian Kemp, employment assistance, at **561-5057**; or Kika Sagapolutele, JRC facilitator, at **561-5502**.

LAIR program realignments nearing completion

By Donna Shepard
Chief, LAIR Public Affairs

The Letterman Army Institute of Research, located on the Presidio of San Francisco, is nearing completion of program realignment mandated by the 1990 Base Realignment and Closure Act, Public Law 101-510.

Under the plan approved by the Army last June, research programs will move to other Department of Defense laboratories by September 1993 and the institute disestablished by December 1993.

Realignment began in September of last year with the institute's Laser Bioeffects Research Program move to the Armstrong Laboratory at Brooks Air Force Base, Texas.

Blood Research

In June, the institute's Blood Research Program will move to temporary quarters in Rockville, Maryland, as part of a plan to consolidate the program with the Navy's Blood Research Program at the Naval Medical Research Institute, Bethesda, Maryland. Command and control of the Army program will transfer from Letterman to the Walter Reed Army Institute of Research in Washington, D.C. Approximately 33 military and civilian positions are slated for transfer with the program.

Scientists of the Blood Research Division conduct research in the areas of blood preservation and blood substitutes. In the area of blood preservation, researchers developed a red blood cell storage solution that increases the shelf-life of blood from 21 days to 35 days. Not only is this solution a great resource on the battlefield, it is used by blood banks worldwide and saves the civilian medical community millions of dollars a year.

Scientists of the Blood Research Division are also recognized as leaders in the area of blood substitute research and operate the only public facility of its kind specifically designed to produce hemoglobin for use in performing blood substitute research.

Military Trauma Research

In July, the Military Trauma Research Program will transfer and be consolidated with the U.S. Army Institute of Surgical Research at Fort Sam Houston, Texas. Approximately 376 military and civilian positions will be transferred with the program.

The Division of Military Trauma Research focuses on combat injuries and resuscitation, on military trauma assessment and management, and on speeding soldiers' return to duty.

Development of a new resuscitation solution to help replace the fluid loss caused by hemorrhage is just one of the division's significant accomplishments. Use of the solution will allow combat medics to carry approximately 12 times the amount of life-saving solution than that presently used, thereby enabling them to threat more soldiers on the battlefield than is currently possible.

Reduction in Force

Less than 25 civilian employees, primarily support personnel who are not authorized to transfer with the research divisions, are scheduled for separation on September 29, 1993.

Presidio civilian personnel representatives are working closely with the institute to minimize the adverse impact on these employees. Representatives have briefed institute civilians on the Reduction in Force process and will council separating employees individually on specific options available to them. Some of the options are priority job placement, severance pay, and for those who qualify, retirement.

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REPLY TO
ATTENTION OF:

A MESSAGE FROM THE COMMANDING GENERAL

May is Asian/Pacific American Heritage Month. It is a time when we honor all members of the Asian/Pacific American community, a community which has made tremendous contributions to all aspects of American life. This observance is extremely significant since it honors Americans whose roots cover over half the globe, from lands that span the Middle East to the vast Pacific Ocean. It honors the millions of Asian/Pacific Americans who have contributed to every profession in our nation and who have a sterling record in our military ranks.

This observance is also especially significant for both the Presidio and Sixth United States Army. As European immigrants came through Ellis Island, many ancestors of Asian/Pacific Americans came through the Golden Gate and the Presidio to settle in this country. It is, therefore, especially fitting to hold an observance here at the Presidio since the first view of America for many of these ancestors was of our beautiful installation and the city of San Francisco.

I urge all Presidians to join me in taking part in all of the activities planned for this month. It is a great opportunity to celebrate and to learn about the colorful and interesting heritage of a significant segment of America's diversity.

Glynn C Mallory Jr

GLYNN C. MALLORY, JR.
Lieutenant General, USA
Commanding

Security Corner/ *Safety Quiz*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

How safe and secure are you at work? Answer yes or no in the following work safety and security quiz:

1. Did you lock your car when you left it in the parking lot this morning?

2. If you are the last to leave work at night, do you lock the door to your office and the building?

3. Do you always try to park in well-lighted, well-traveled areas?

4. Do you insist on identification from repair persons who come to work in the office? Are you extra alert while they are there?

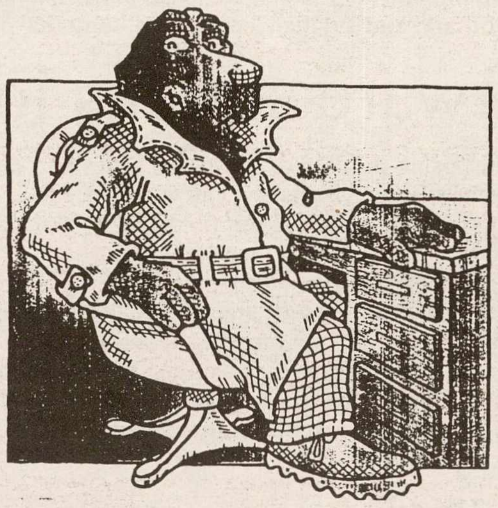
5. Do you know the location of the fire exits in your building?

6. Do you keep your purse or wallet with you at all times or locked in a drawer or closet?

7. If something suspicious or frightening happened: a stranger loitering or soliciting; a burglary; a telephone bomb threat; would you know the telephone numbers for the police and fire departments?

8. Do you keep track of the office keys in your possession, storing them in a secure place and not handing them out to unauthorized persons? Do you immediately report lost keys?

9. Do you shred important papers before discarding them in the wastebasket?



10. Do you avoid letting callers know that your boss or fellow workers are out of town?

11. Would you know how to respond if you were attacked or threatened?

If you answered "yes" to all 11 questions, congratulations! You are helping to make this a safer workplace for all of us. A score of eight or more indicates your are fairly alert and aware, but could use a little more practice. If you scored below eight, you can obtain information from the Crime Prevention Office, **561-5739.**

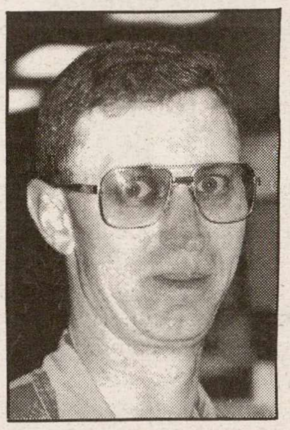
Ask Presidians

"In honor of Military Spouses Day today, what do you feel is the main contribution made by military spouses? What would you like to say to your spouse?"

Spc. Yolibeth Totah, legal assistant, J.A.G. Office: "They provide support. They know you have a mission to accomplish. They help by just being there for you when you need them. I'd like to tell my husband, Jude, I love him. He's wonderful."

Kim Bush, checker, Shoppette: "I'd like to tell my husband, Lewis, how grateful I am to him. He works real hard with the Readiness Group here which keeps his away from home a lot. It takes everyone working together to make it work."

Janet Mercer, stocker, Shoppette: "I've been married to my husband, Tyrone, for 18 years-ever since he's been in the military. There have been a lot of changes-mostly for the worse. But I wouldn't trade it for anything. We've enjoyed it, but we're ready to retire."



Staff Sgt. James Sinclair, NCOIC, Physical Security Section: "My wife and I have been separated for the past year-and-a-half. She is a GS9 in charge of a newspaper for C.E.G.E., in Germany. I miss her very much. It's been rough being separated."

Photos by Sgt. John W. McGarrah

Asian Pacific Month Celebration schedule of events

May 1-31-Presidio Museum Asian Heritage Tour
10 a.m. to 4 p.m.

May 13-Multicultural Celebration kick-off
Log Cabin 11 a.m. to 1 p.m.

May 27-Presidio Officer's Club
Asian Pacific lunch special
11:30 a.m. to 1 p.m.

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif. The appearance of advertisements in this publication, to include all inserts and supplements, does not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-3861. Circulation: 9,000.

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Staff Journalist.......................... Spc. Adrienne D. Story
Photographic support..........................TASC Photo Lab

Animals depend on owners; don't let them down

By Sharon E. Everett-Roles
Star Presidian staff

"Be Kind to Animals Week" is happening right now. Did you know that? Unless you are an active, responsible pet owner, chances are that you were unaware.

"Be Kind to Animals Week," sponsored by American Humane Association in conjunction with the American Veterinary Medical Association's "National Pet Week," is intended to bring the attention of Americans to the plight of our animal companions.

If you don't think our animals have problems, consider the following:

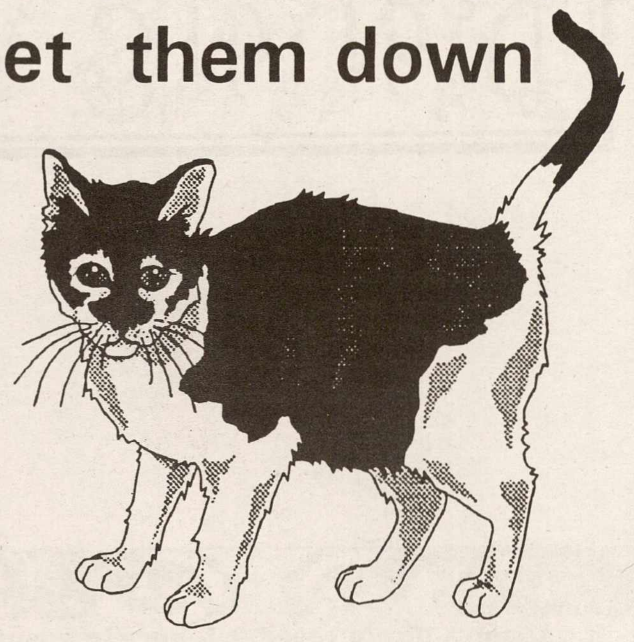
*Every year, thousands of adult companion animals are euthanized in shelters across the United States because they were not adopted. This problem could be alleviated if owners spayed or neutered their pets, preventing the birth of thousands of puppies and kittens.

*Another common cause of euthanasia is behavior problems -which could have been prevented with some basic training for both pet and owner. You have to have a license to drive a car, and you have to take prenatal classes to learn how to care for a baby. Why doesn't our society require the same diligence before allowing someone to purchase a pet? The San Francisco SPCA, where I volunteer in the behavior department, requires at least basic obedience training for each dog adopted from the facility. The adoption fee covers one obedience course of four classes, and people are still reluctant to come in at times.

*The last cause of problems for pets is our "throw-away" mentality as a society. I also volunteer as an adoption counselor at the San Francisco SPCA, a private shelter operating strictly on donations. Among some of the horror stories I have heard as animals were surrendered by their owners were: "We redecorated and the cat didn't go with our new furniture," "The adult cat we adopted was too demanding of our attention when we got home from work. We think a kitten would be better," "The dog sheds and got dog hair on my carpet," and many more. One family surrendered a beautiful 10-year-old dog because he was "too old" and they wanted a puppy; fortunately, someone came along and gave Jonathan a good home.

We don't surrender our children for adoption because they don't match the furniture; why do we find it acceptable to treat animals as if they are not members of the family?

Please understand that if you are a responsible pet owner I'm not addressing this to you. Unfortunately, many people think all there is to having pets is feeding them and occasionally taking them to the veterinarian for shots. Responsible pet owners obey leash laws, curb their pet, have companion animals spayed or neutered, and take time to educate themselves and others about responsible ownership. That's what "Be Kind to Animals Week" is all about.



Spouses' contributions to military life innumerable

By Sgt. John W. McGarrah
Star Presidian Staff

The military spouse is one of the least appreciated assets supporting today's soldier and the Armed Forces of the United States of America.

As one of the main links in a unbreakable chain of support, spouses provide more than love to their service member. From providing support and encouragement when times are tough, to being ready to pick up and move, the role of a spouse is not an easy one. Not just anyone can be a military spouse. Though there is no quiz to take, or licence needed, it takes a special breed to fill these shoes.

What constitutes a military spouse? Though the qualities and traits are far too numerous to name here, the following criteria will provide an idea of what is required.

A military spouse is a constant source of support to the soldier. Lending emotional support and ready to lend a shoulder when times are difficult.

A military spouse may have serve as an only friend and companion for those first few weeks in a new location, until new acquaintances are made.

Spouses stand ready to move at a moment's notice to locations unknown, without complaint. The move may require relocating to faraway lands where they will now be the foreigners.

A spouse fights the little battles we are not able to tend to due to our busy military schedules, while juggling classes; their own careers; the household; their own aspirations, dreams and hobbies; the children; and the pets.

Willing to say a possible permanent good-bye to dear friends and family members just to be close to their other half.

> *'Spouses provide more than love to their service member. The life of a spouse is not an easy one. Not just anyone can be a military spouse. It takes a special breed to fill these shoes.'*

Selfless dedication to their service member and the armed forces, at the cost of careers, friends, and family.

Knowing the proper wear and care of each of the uniforms in the soldier's closet, almost as well as he does.

Knowing all the intricacies of providing a well-balanced meal and checkbook at the same time.

So, to Stephanie, Don, Susan, Jane, and Doreen, and the thousands of military spouses out there the world over, we may forget to say it at times, but "We couldn't do it with out you." All our love, today during Military Spouse Day, and everyday.

1993 Military Spouses Day Luncheon

11:30 a.m. today
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Free admission
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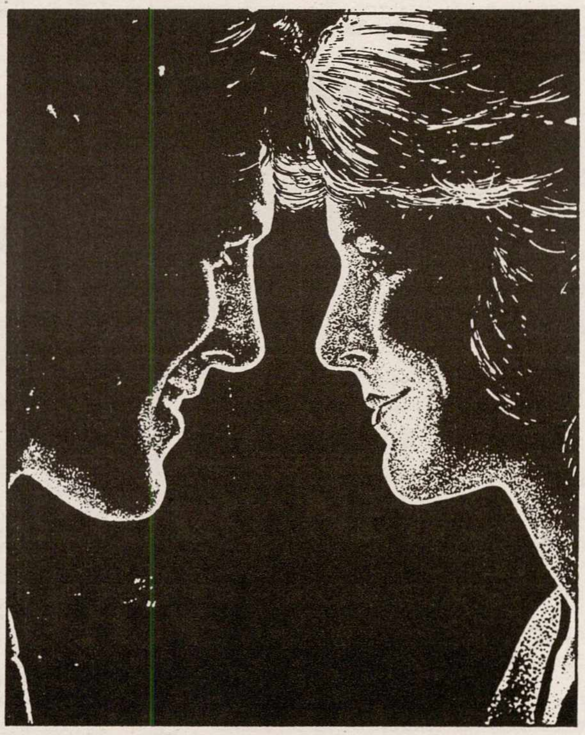
Watch for special discounts and promotions at the Main Post Exchange, Presidio Theatre, Outdoor Recreation, Information, Tour, and Travel Office, Arts and Crafts Center and the Auto Crafts Shop to mark this special day.



Military families must take proper steps to clear family quarters

Permanent changes-of-station are a stressful time for military families. There are hundreds of details to take care of and a very limited time to take care of them. To help families steer trough these turbulent times, the Presidio Housing Division has streamlined out-processing procedures for post. These guidelines are now available listing the criteria to clear military housing.

Military families leaving the Presidio of San Francisco who lived in government quarters should report to the Family Housing Office, Building 227, in person, at least 30 days prior to the scheduled departure with a copy of orders.

Telephone calls are not acceptable due to a requirement to pick up necessary paperwork detailing cleaning procedures and receive out-processing counseling.

Gene Blackburn and Aida Briggs are the points of contact for the post's housing policy. After making arrangements with the transportation office for shipment of household goods, a mutual date and time will be established for a "pre-termination inspection" and "final inspection."

For the first inspection, the family housing inspector will meet the occupant at the assigned quarters at the scheduled time to give the soldier an idea as to self-help and cleaning projects that should be accomplished by him prior to the final inspection.

After the household goods have been removed as arranged by the transportation office, the inspector will again meet the soldier at the assigned quarters for the final, termination inspection. This inspection will ensure the quarters have met the previously furnished standards listed in the hand out on quarters inspection and clearance in conjunction with special instructions furnished by the housing inspector during the "pre-termination" inspection.

A clearance from Self-Help Center must be obtained by the service member before the Housing Office can give a final clearance. This clearance must be obtained even if self help services have never been used.

The Housing Office is currently encountering problems with quarters which are not in condition to be cleared. This results in a second termination inspection. Also, sponsors or their spouses are calling to change dates and times for inspections. This creates a conflict with other schedules for other departing occupants (which is increasing rapidly). The sponsor or spouse must ensure that they are available and at the quarters on the date and time specified. Only emergencies will be considered valid reasons to grant a change to the schedules.

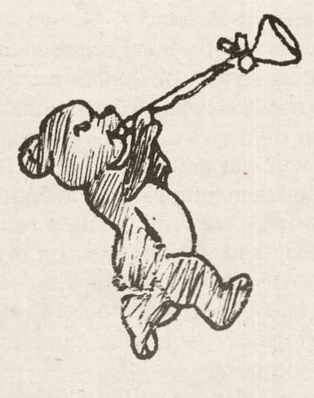
Continued failure by the service member to render the quarters acceptable for turn in according to published standards may result in a "statement of charges" or cash collection, depending on the type of orders presented prior to final clearance.

A list of cleaning teams is maintained by the Presidio Army Community Services, Building 103B.

The Housing Division staff cannot make any recommendations to the service member in this area. Any questions about the post's housing policy, call Blackburn at **561-3453** or Briggs at **561-2040**.

Contributed by the Housing Division

DINING AND ENTERTAINMENT



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San Francisco Times
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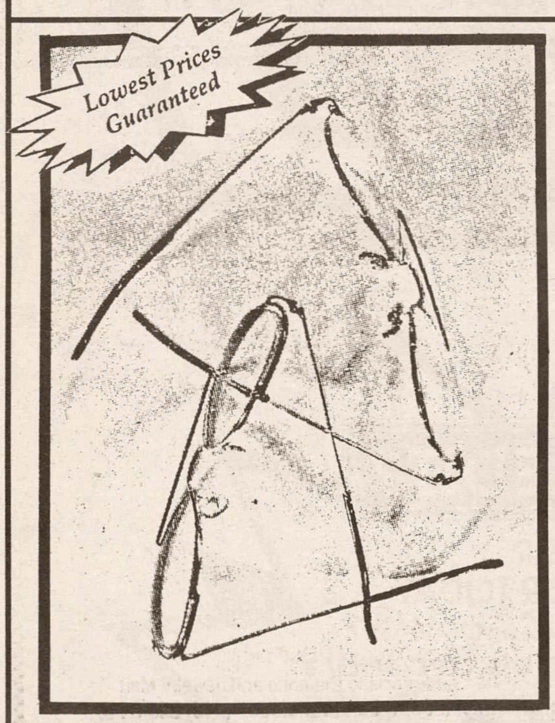

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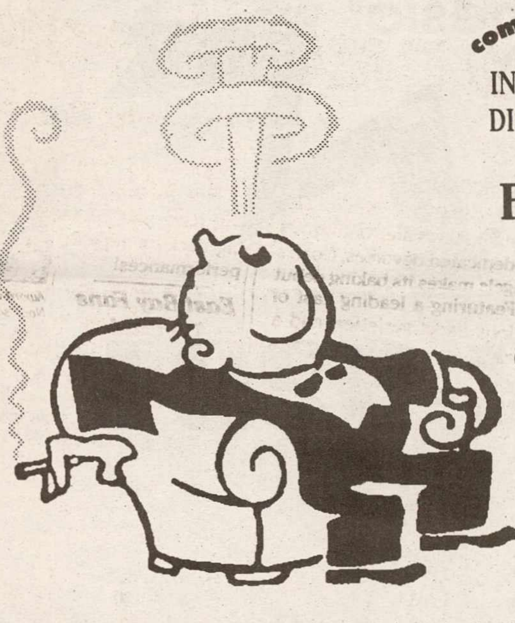

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News Briefs

Presidio ACS in need of volunteers

The Presidio Army Community Services, Job Resource Center is looking for volunteers to serve for two days per week, four hours per day, to type and help prepare SF 171s, Knowledge Skills Ability forms and resumés from handwritten originals. Volunteers should be able to type 40 words per minute and have some computer knowledge. For information call Marian Kemp at **561-5057** or **561-5502**.

Band leads two-night performances

The Sixth U.S. Army Band will join other militar ensembles for the third annual All-Military Orchestr performance at 8 p.m. Friday in the Carol Channin Theater, Lowell High School. A second performanc will be held at 8 p.m. May 15 in the Encinal High Schoo Gymnasium, Alameda, Calif. The band will be conducted by the Sixth Army Band's Chief Warrant Officer Orville Gannon. These events are free and open to the public. Free parking is also available.

Youth bowling tournament set

The Saturday Morning Bunch Bowler of the Year Tournament will be held at 10 a.m. June 5 and 12 at the Presidio Bowling Center. There will be two divisions; prep handicap and junior handicap. All bowlers will bowl four games in the qualifying round, and bowl two games on assigned lanes, then two games on lanes to the right in the final round. The top four qualifiers from each division will be decided by four game total pins plus handicap. This tournament is open to all currently sanctioned YABA Presidio "Saturday Morning Bunch" bowlers. Sanction cards will be verified prior to the start of the tournament.

Leave donation requested

Robert Rogers, an employee with the Directorate of Logistics, U.S. Army Garrison Presidio, is an approved participant in the Voluntary Leave Transfer Program who is experiencing a medical emergency but has exhausted all sick and annual leave. Anyone wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780**.

Dispose of hazardous materials

In conjunction with Spring Cleanup, Presidians may drop off hazardous materials and waste from 8 to 11 a.m. and 1 to 4 p.m. Tuesday and May 18 at Bldg. 638, next to the Transportation Motor Pool's Petroleum, Oil and Lubrication point, across from Crissy Field. For more information call Sgt. 1st Class Calvin Belcher at **561-4860** or Juanita Whitehead at **561-3711**.

Bowling slots open for leagues

Summer bowling leagues are now forming. Sign up at the Presidio Bowling Center, Bldg. 92, or call **561-5042**.

Officer management branch altered

Effective now, the Officer Personnel Management Directorate's Personnel Management Branch, will become an organizational element of the Adjutant General Directorate's retirements and separations division. It's new office symbol is TAPC-PDT-PM. Telephone number remain unchanged at this time. Correspondence should be directed to the personnel management branch accordingly. PERSCOM's point of contact is Lt. Col. McDonnell, TAPC-PDT-PM, **DSN 221-9765** or **(703) 325-9765**.

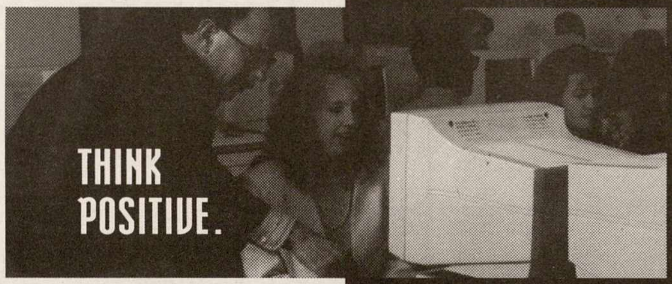
Boating lessons open for Presidians

Outdoor Recreation announced sailing lessons will be available at the Presidio Yacht Club, beginning Saturday, and will be held every other weekend through August. Instructors are Members of the Presidio Yacht Club. Membership is not required. Lessons are available to active duty military and their spouses, retired military, reserves and Presidio DoD civilians. The fee is $45. To sign up or for more information, call the yacht club at **332-2319**.

vision, at **561-3780**.

See Briefs, Page 10

BASE CLOSINGS HAVE YOU WORRIED?



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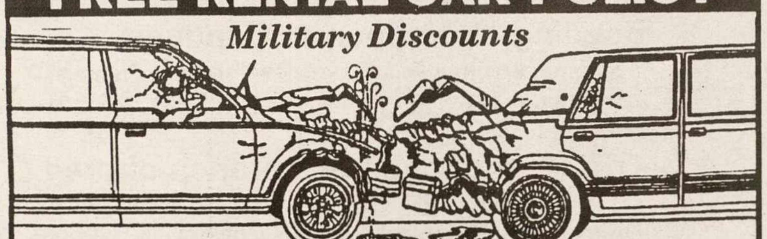

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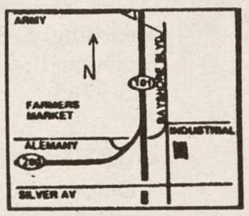

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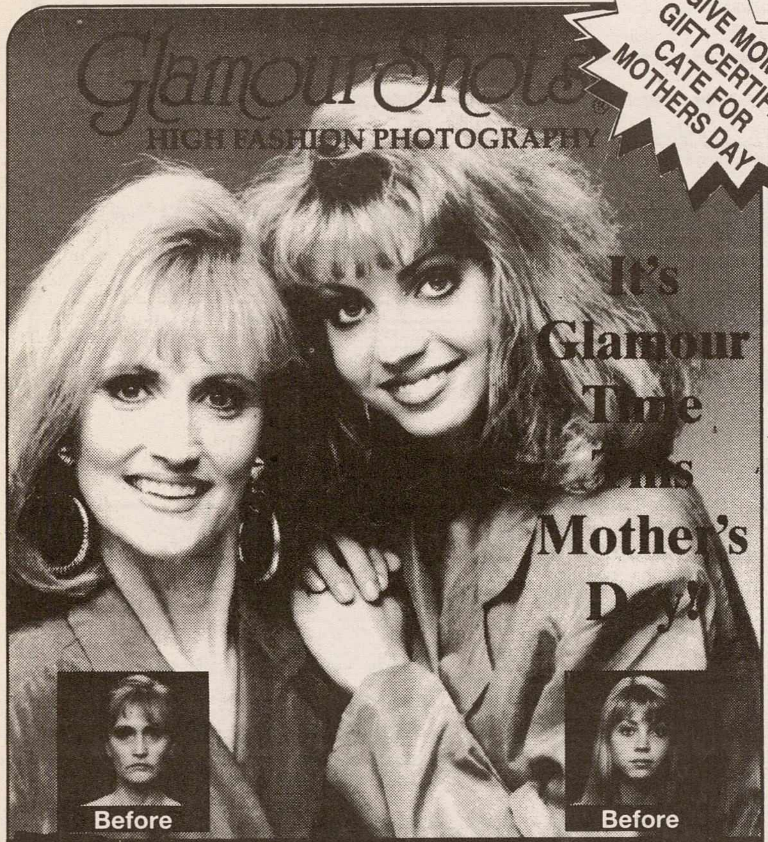

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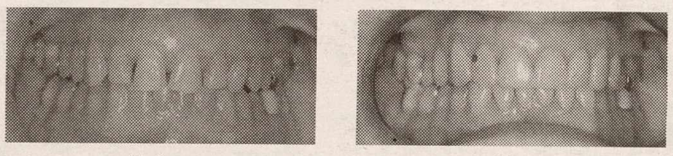

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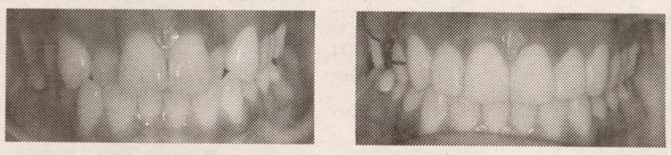

Before *After*

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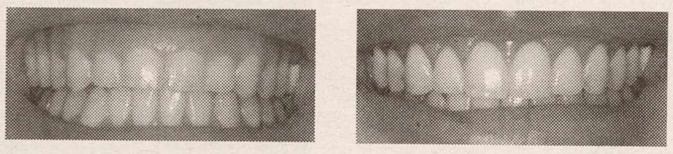

Before *After*

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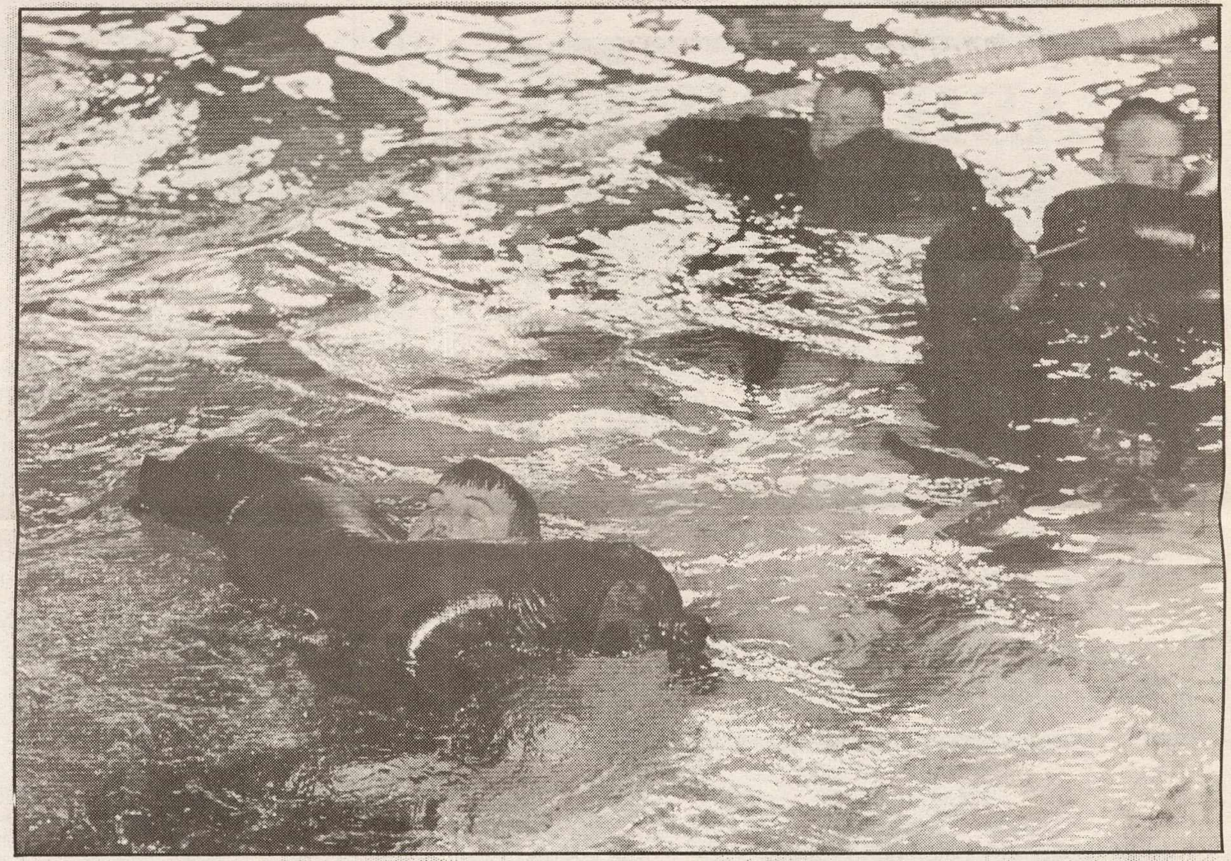
Survival training makes a splash with MP soldiers

Presidio lifeguard and swimming instructor, Allen Posey, above, takes Law Enforcement Company soldiers through each step of the survival glide during the unit's drown proofing class recently in Gym No. 2. Right photo, Using their uniforms as flotation devices, the Law Enforcement Company's Military police practice water survival techniques at the post pool.



Youth Activities 1993

Youth Services Activities for the week of May 10

unless otherwise noted, all activities take place at Building 386

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Teen Council at 3 p.m. Swimming at 6 p.m.	Bowling at 9 a.m. Hiking at 1 p.m. at Fort Alexander	Mother's Day	Dance at 4:30 p.m.	Nature Art Class at 3 p.m. Parent Conference at 4:30 p.m. Karate Class, T-Ball, and Baseball at	5:30 p.m. Chinatown visit 3 p.m. Keyboard class 4:15 p.m. Dance 5 p.m.	Computer class at 4:30 p.m. Karate class, T-ball, and Baseball at	5:30 p.m. Swimming at 6 p.m.

Questions, or information requests, will be answered at 561-5143.

Presidio Focus

Excellence in action

Sharlyn McLendon

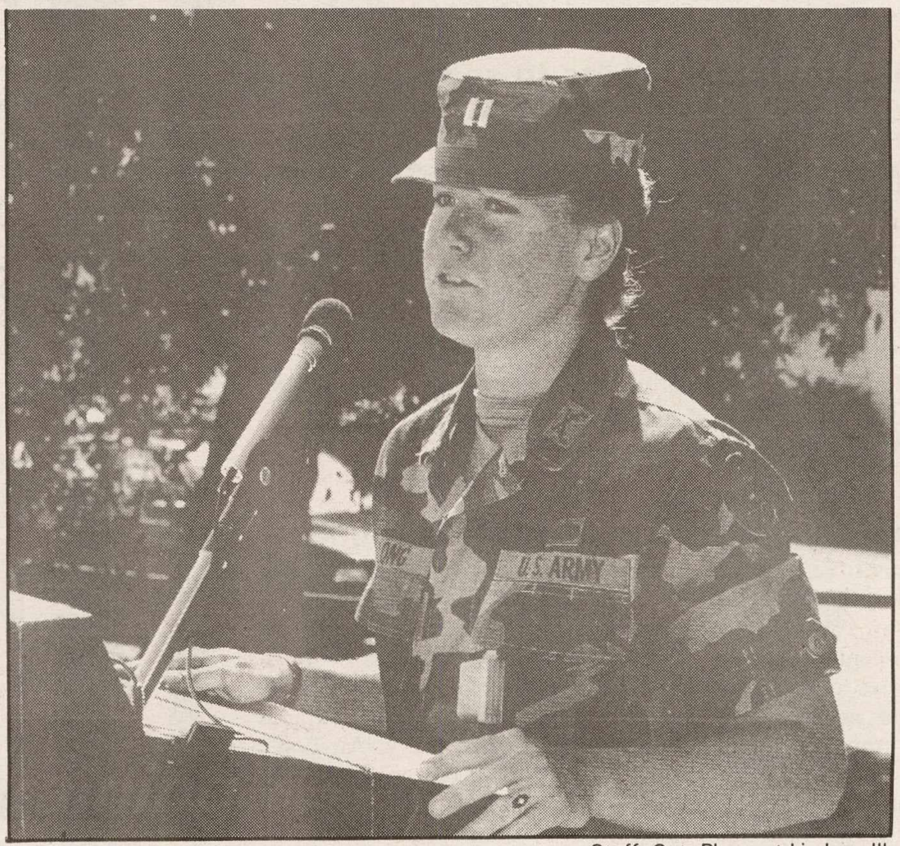
Deputy Chief of Staff, Training

A U.S. Army Reserve Schools specialist, McLendon was honored for 25 and 30 years of federal service.

Shirley Butler

Deputy Chief of Staff, Training

The DCST secretary, Butler was honored for more than 20 years of federal service.



Staff Sgt. Pleasant Lindsey III

Long arm of the law

Capt. Stephanie M. Long, incoming commander for the Law Enforcement Company here, addresses the audience at the unit's change-of-command ceremony, April 30 at Fort Winfield Scott.

Supporting Presidio Scouting

Lt. Gen. Glynn C. Mallory, Jr., commanding general, Sixth U.S. Army and the Presidio of San Francisco, purchases a candy bar and Scout-a-rama ticket from Cub Scouts Sean Driver and Joshua Newell, and Webelos Scouts Brian Driver and Jason Newell, to support Presidio Cub Scout Pack 77.

Boy Scout photo

Sherilyn Gorden Zeff

Holocaust survivors speech will highlight breakfast

The Presidio Officers' Club will be the site of this year's Holocaust Commemoration Breakfast May 20, at 7-8:30 a.m.

The guest speaker is Linda Breder, an Auschwitz survivor who was born in eastern Czechoslovakia. She is one of five children.

Breder will be speaking on her three-year experience in concentration camps and how it changed her life forever.

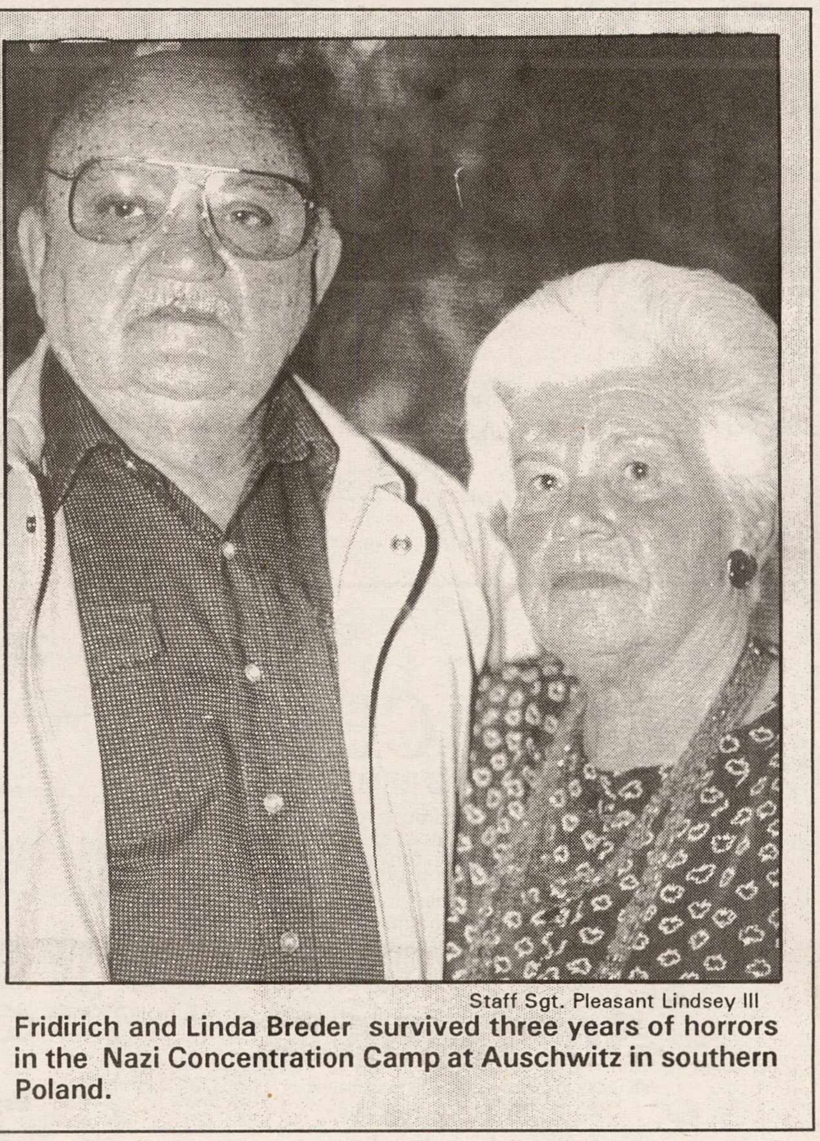
According to a Tikvah News newspaper article, Breder said, "she paid very little attention" as Czechoslovakia became one of the first satellite countries to adopt Hitler's anti-Jewish laws.

Prior to Breder's personal testimony, Sherilyn Gordon Zeff, a former Presidio resident, will perform a dramatized presentation from "On the Train."

"On the Train" is an excerpt from Gerda Weissman Klein's autobiography "All But My Life."

The Presidio Equal Opportunity Office encourages everyone to attend the breakfast.

Tickets may be purchased by contacting the office at 561-4158 or 561-4154.



Staff Sgt. Pleasant Lindsey III

Fridirich and Linda Breder survived three years of horrors in the Nazi Concentration Camp at Auschwitz in southern Poland.

Continued from Page 5

Outdoor Recreation rents salmon gear

Outdoor Recreation has salmon rods and reels, backpacking gear and other equipment for the peak time of the salmon season. Call Outdoor Recreation at **561-4324** for details.

ITT gives away tickets to spouses

To support Military Spouses Day, ITT, Building 210, will hold a drawing to give away two free tickets to Paramount's Great America. All active duty personnel, reservists, retirees of all branches of service in the Presidio area and their spouses are invited to participate. Enter the lottery on May 7 no later than 3 p.m.; the winner will be contacted by phone shortly after 3 p.m.

Recreation center offers camping gear

Outdoor Recreation has camping gear ready to be checked out in time for the change in weather. There are tents, sleeping bags, lanterns, cook stoves, back packs, coolers and canteens available. For details, call Outdoor Recreation at **561-4324**.

Employee of year nominations sought

It is time to nominate outstanding Federal employees for Federal Employees of the Year Awards. There are 17 categories for awardees, including: administrative, clerical, civil law enforcement, criminal law enforcement, employees with disabilities, equal employment opportunity, management, professional, scientific, service to the community, technical, trades and crafts, and U.S. Army, Marine Corps, Navy, Air Force and Coast Guard Uniformed.

The nomination deadline is June 11. For more details and nomination materials, call Glenda Plyman at **561-3779**.

ADMIT ONE

Movies at the Presidio Theatre

***Friday**-Sommersby (R)*
***Saturday**-Teenage Mutant Ninja Turtles III (PG)*
***Sunday**-Body of Evidence (R)*
***May 14**-A Few Good Men (R)*
***May 15**-Malcolm X (PG-13)*
***May 16**-Amos & Andrew (PG-13)*
All movies begin at 7 p.m.

Movies at the Hamilton Field Theater

Friday-Love Field (PG-13) 7 p.m.
Falling Down (R) 9 p.m.
***Saturday**-Same as Friday's movies*
***May 13**-Aladdin (G) 7 p.m.*
***May 14**-Aladdin (G) 7 & 9 p.m.*
***May 15**-Aladdin (G) 7 p.m.*
Mad Dog and Glory (R) 9 p.m.

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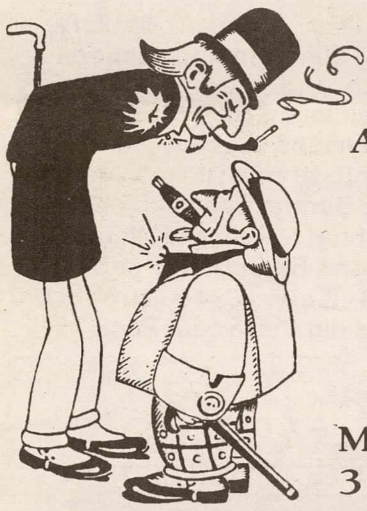

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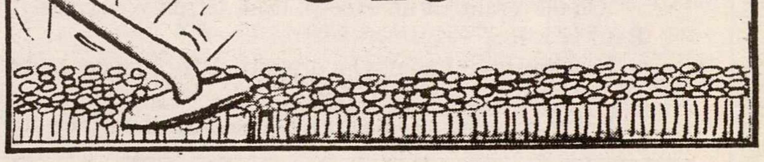

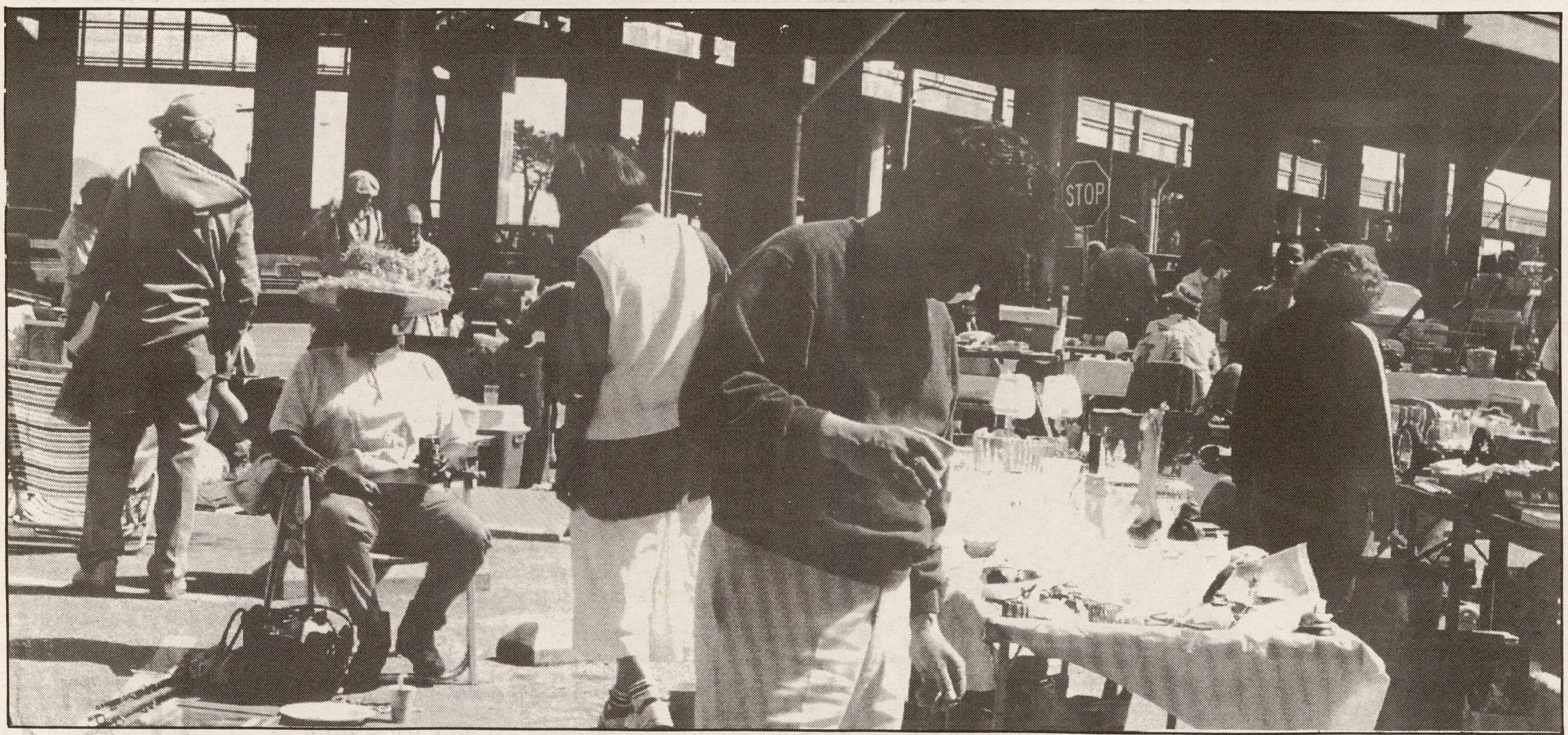

Among the clutter

Staff Sgt. Pleasant Lindsey III

Shoppers browse during the monthly Flea Market held by the Presidio Thrift Shop, Building 204. Hundreds of people, civilian and military, show up each month to look for that one-of-a-kind bargain of a lifetime.

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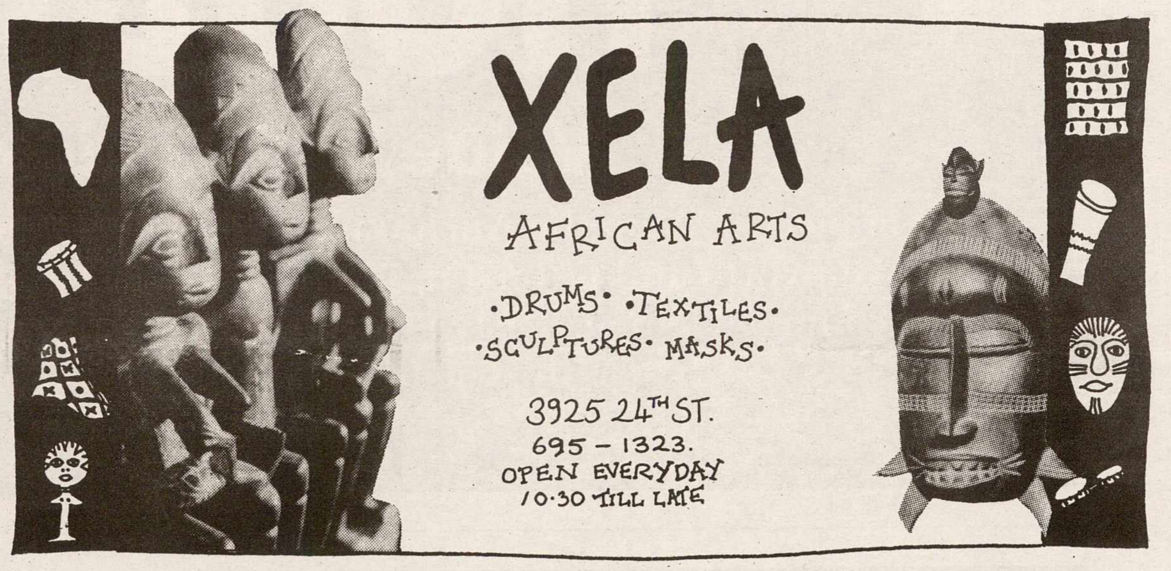
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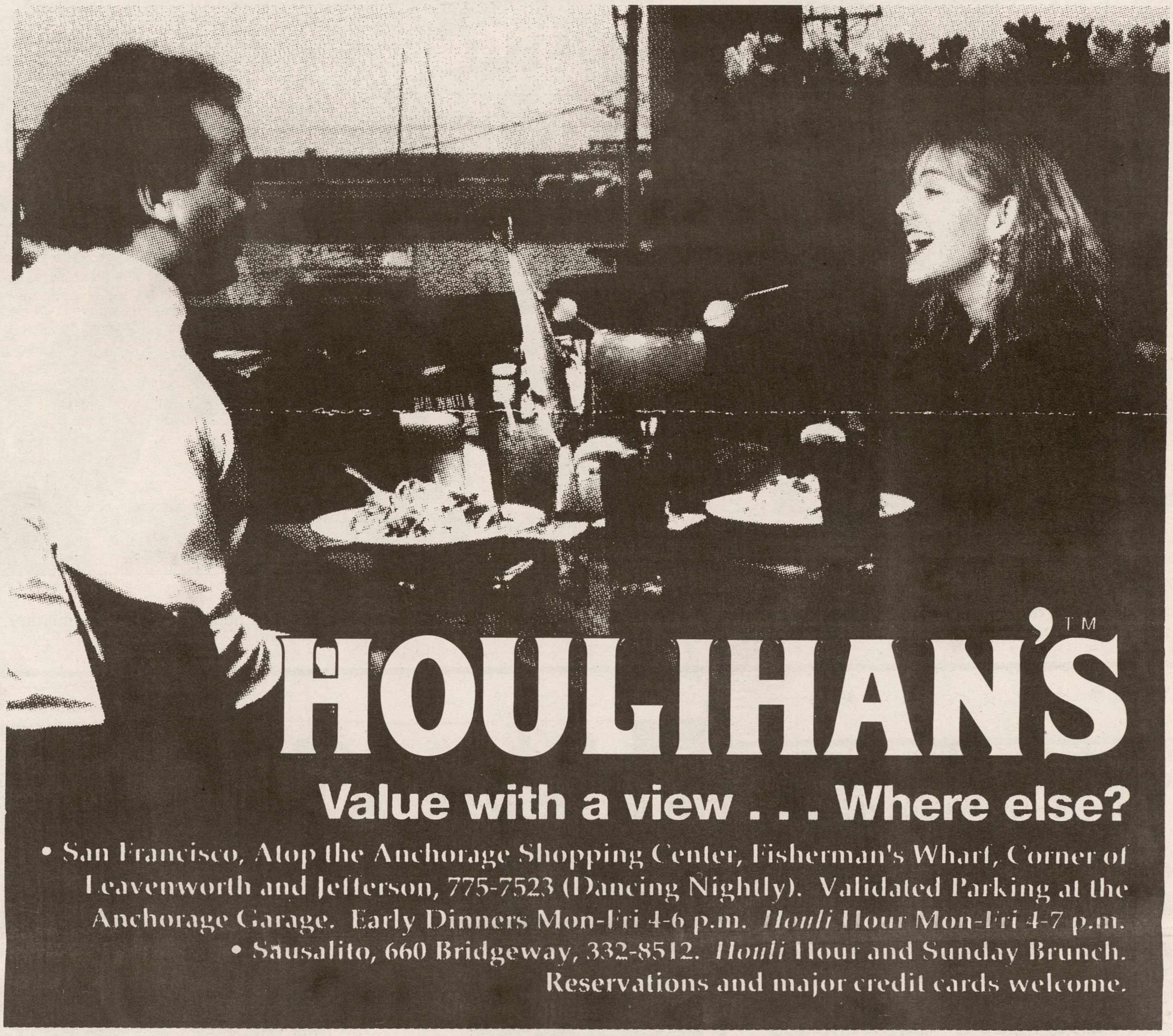

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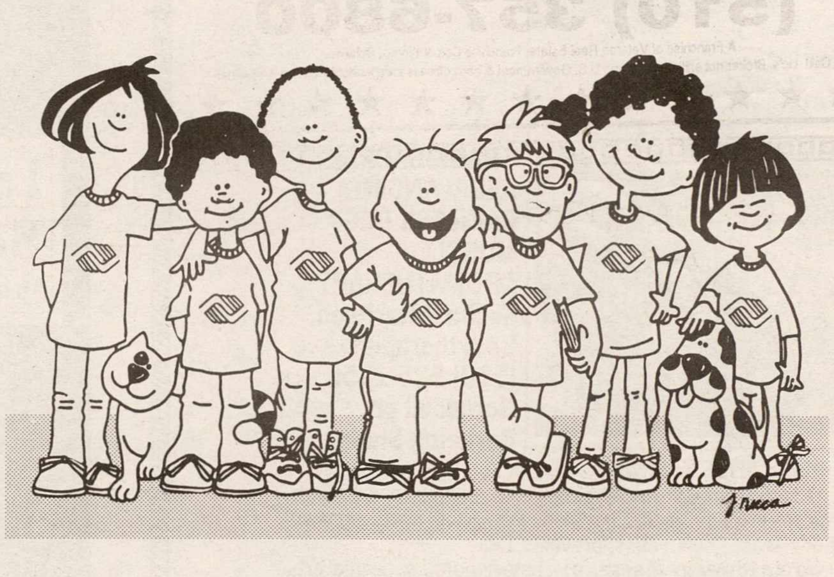

Military Parent Name ______________________
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______________________ (Age) ____
Address ______________________
City ____________ State ______ Zip ________
Phone # ______________________
Parent's Signature ______________________

Volleyball comes to a close, softball set to start

Intramural Volleyball scores

April 29

Sixth Army def. Sixth Army Band 15-8; 15-8.
LEC def. LUSAH #2 15-3; 15-10.
USAG def. CID 15-2; 9-15; 17-16.
LUSAH #1 def. RGPSF 15-12; 15-6.

April 28

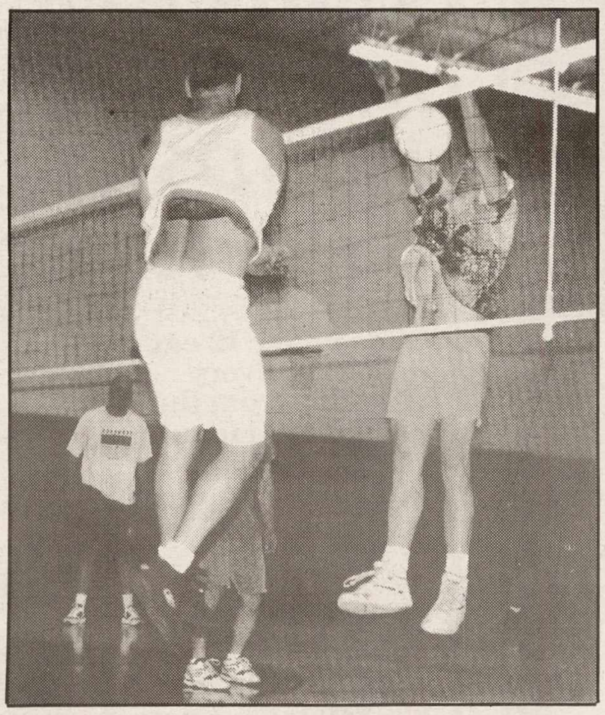
Sixth Army def. CID 15-6; 15-4.
LUSAH #1 def. USAG 15-10; 17-15.
LEC def. RGPSF 15-9; 15-2.
LUSAH #2 def. Sixth Army 12-15; 17-15; 15-12.

April 27

LUSAH #1 def. Sixth Army 15-0; 15-0.
LEC def. USAG 15-5; 12-15; 15-10.
LUSAH #2 def. RGPSF 15-7; 6-15; 15-10.
Band def. CID 15-11; 8-15; 15-11.

Standings

1. LEC, 3-0
1. LUSAH #1, 3-0
2. LUSAH #2, 2-1
2. Sixth Army, 2-1
3. Sixth Army Band, 1-2
3. USAG, 1-2
4. CID 0-3
4. RGPSF 0-3



LEC's Tim Jansons smashes a point through USAG's Paul Taylor in a practice game in Gym No. 1.

Softball one week away

The adult Intramural Softball season will be starting May 18 with games from 5 p.m. to 8 p.m., Tuesdays through Thursdays, at the Fort Scott fields. An organizational meeting for all teams will be 1:30 p.m. Tuesday at Gym No. 1, Building 63. Unit teams can check out a softball equipment bag (balls, bats, catcher's glove) for practice only, one day at a time, on a first come, first served basis at Gym No. 1. Intramural teams can also reserve fields 1 or 2 for up to two hours for practice by visiting the gym or calling **561-4131**.

Post Bowling roll-off

Readiness Group-Presidio of San Francisco, led by Lewis Bush's handicap series of 606 and 567, rolled past LUSAH #10 by a score of 4,612 to 4,523 to capture the 1993 Post Bowling Roll-off.

Results
1. RGPSF 4612
2. LUSAH #10 4523
3. LUSAH #1 4480

High Series Scratch: Men — Gary Schabert, LUSAH, 591; **Women** — Barbara Bagley, PSST-OFF, 552.
High Game Scratch: Men, William Ward, LAIR, 232; **Women**, Lynn Seabold, LUSAH #10, 193.
High Series Handicap: Richard Clark, Quiet Storm, 654.
High Game Handicap: Eric Seals, Quiet Storm, 241.

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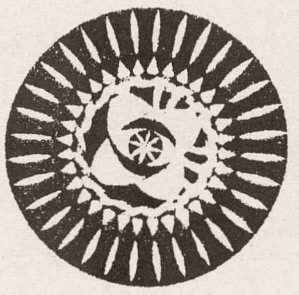
MANDALA ART WITH WATERCOLORS



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Judy Gardner has been a color consultant, artist and dance teacher for many years, both in Florida and the Bay Area. She has recently been teaching watercolor Mandala workshops in the Bay Area.

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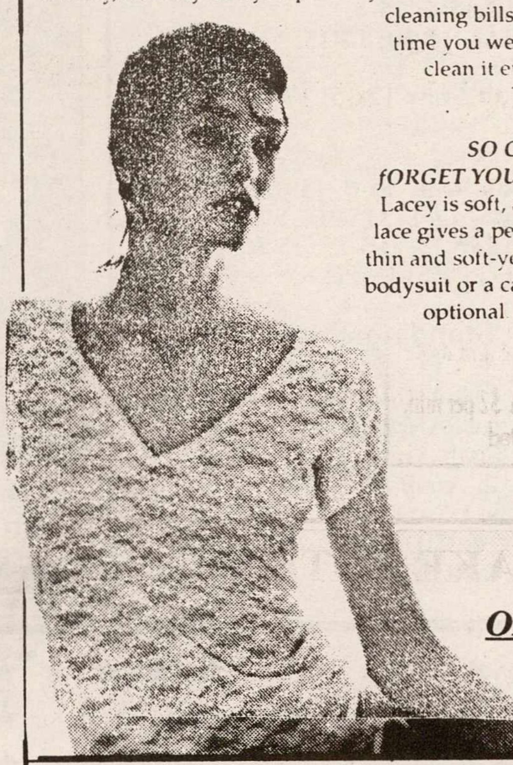

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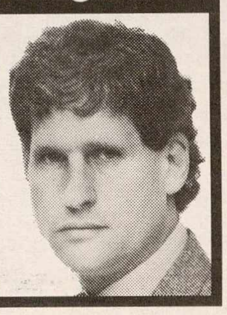

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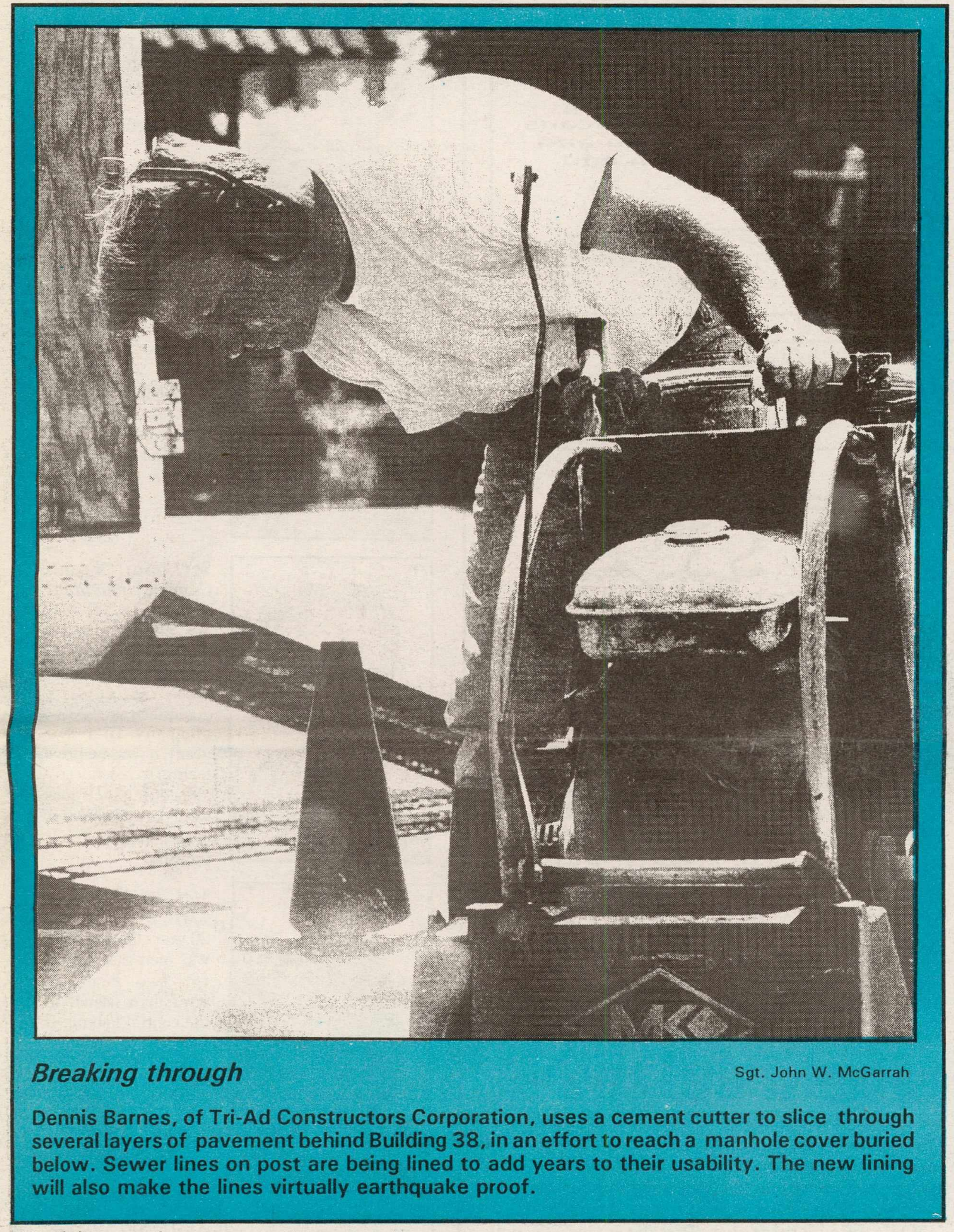


Sgt. John W. McGarrah

Breaking through

Dennis Barnes, of Tri-Ad Constructors Corporation, uses a cement cutter to slice through several layers of pavement behind Building 38, in an effort to reach a manhole cover buried below. Sewer lines on post are being lined to add years to their usability. The new lining will also make the lines virtually earthquake proof.

Post military police prepare to relocate

By Spc. Adrienne Story
Star Presidian staff

Some local Military Police have taken on a new trade joining Presidio engineers. They are helping to renovate a building which soon will become their new home and headquarters.

Law Enforcement Company soldiers are scheduled to move into Bldg. 101 the first week of June.

After approximately three months of renovation by LEC and the Directorate of Engineering and Housing engineers the building soon will be complete. There are a few Company C, 864th Engineer Battalion soldiers assigned to DEH who are now assisting in the renovation.

When the renovation began more than 40 engineers were working at the building daily. After two and a half months, the work load has decreased, and a few engineers and MPs are remaining to complete the project.

"There has been so much work done here," said Spc. Robert A. Stewart, LEC. "Everyone has been working very hard. Latrines that haven't been open since the 1970s are now operable. Everything has been painted, new tile has been put in, and a wall has been built to separate rooms."

Stewart and Sgt. 1st Class Walter L. Preston have overseen the project since its beginning.

The building will be used as barracks for the LEC's single soldiers and the company headquarters. Rooms have been selected for the commanders and first sergeants' offices, supply room and operations office.

"When we first moved in there were more than 100 beds still in the rooms," Stewart said. "Our soldiers moved all the beds out. They were donated to a homeless charity. There were several mattress in the basement, but they were all damaged from water and time. We were directed to dispose of those."

The barracks have been used to house team members of the All-Army and other visiting teams, Stewart explained. The other half of the building was used as a mess hall which closed in 1988. The dining area of the old mess hall will be used as LEC's new day room. Stewart has moved a pool table (piece by piece) from the third floor of the building to the day room on the first floor and has also constructed a dart board.

Engineers began renovation on the third floor and worked down to the basement. After construction was finished on each floor, contractors began painting the rooms.

Continued on Page 8

Taking charge of your future

Proper planning can ease job search stress

By Lt. Col. David McClure
Special for the Star Presidian

EDITOR'S NOTE: This is Part One of a three part series by Lt. Col. David McClure, Sixth U.S. Army Public Affairs Office. McClure is a reserve officer with nine years experience in Career Planning and Placement at Central Texas College, providing support to military personnel and their families worldwide.

Military personnel, their spouses, and Department of the Army civilian employees need not be "victims" of the military downsizing.

With proper planning, taking the initiative to understand the job search process outside the military environment and the civilian personnel system, many rewarding career opportunities can be found. The choice is yours: wait to see what happens or take responsibility for your own career.

We are all creatures of habit and tend to stay with what we consider to be comfortable in our lives including our careers or jobs. This leads to the next question: do you want a job or a career?

Whether or not a person is facing transition decisions by choice or necessity, everyone goes through a variety of emotional stages.

Depending upon the situation and the individual, these stages can be disabling or can readily lead to new strategies being developed. Each stage can be dealt with in a few moments or can take months to get through.

Prior to taking advantage of all the Department of Defense programs that have been established to support transitioning military and civilian personnel, each of the seven stages of emotional transition must be effectively dealt with before any of these "help" programs can be effective.

These stages are: **(1)** Shock & Immobilization, **(2)** Minimization & Denial, **(3)** Self-doubt & Depression, **(4)** Letting Go, **(5)** Testing Options, **(6)** Search for Meaning, and **(7)** Internalization.

As previously mentioned, each individual will be affected differently and can pass through these stages in a few moments to a few months, but the bottom line is to remember that this is normal and "taking action" is the key word.

Ideally, a retiree should start the transition process no later than one year prior to retirement but realistically the majority of individuals who are facing the transition dilemma may only have 180 days or less to deal with the various stages mentioned above.

Taking charge of your future begins by understanding what you are going through emotionally and dealing with each of these stages. The first two stages, depending upon how strongly these emotions have affected the individual, can be dealt with through open communication with family members, friends, co-workers, supervisors, or with local career counselors and job transition services that are available. Various assessments, self or formal testing, for career choices will assist in data collection and the decision making process to help individuals gain a more positive insight about their future opportunities and to avoid the negative trap.

The action stages of testing options and search for meaning can be met by looking at personal values and values clarification. Two aspects of this are **(1)** the tracing of how different alternatives are likely to affect the welfare of all parties involved, and the evaluation of each alternative in relationship to one's moral ideas, and **(2)** prioritizing of alternatives.

Execution or action stage involves converting these internal thoughts and ideas into action through the formulation of a strategy or a plan of action. This plan of action is called the job search stage and will be presented in **Part II** of "Take Charge of Your Future".

Armed Forces Day Message from the Chairman, Joint Chiefs of Staff

On May 15, America will celebrate the 44th observance of Armed Forces Day. We will honor American soldiers, sailors, airmen, Marines and Coast Guardsmen who stand vigil, securing peace around the globe. This year's theme, "Proud ... Professional ... Prepared," truly exemplifies today's Armed Forces. However, change is the watchword as America works to preserve its position in the new world.

At home, our military and civilian communities are facing force reductions and base closures. Abroad, changes of historic proportions are occurring in every corner of the globe. These changes make it more important than ever that we continue to maintain a strong, powerful, and proud force with worldwide capabilities.

America's Armed Forces are the world's finest — championing a cause to ensure our beloved Nation is safe and secure from the uncertainty of an ever-changing world. The Joint Chiefs of Staff and I join Americans everywhere on this Armed Forces Day, sending you and your families our appreciation for your dedication and many sacrifices.

Colin L. Powell

Security Corner/ *National Police Week*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

The week of May 9-15 is National Police Week. In recognition of this event, take time to reflect upon the men and women of law enforcement. Honor the memory of law enforcement personnel killed or disabled in the line of duty, while serving their communities.

On the Presidio, we can use this occasion to thank our Military Police for what they do. Along with the hours, the duties and responsibilities of MP's vary. They protect the Army community, and play vital roles in civil disturbances and natural disasters.

The Presidio is an open military base with over 60,000 vehicles passing through daily. A large majority of these drivers do not work or live on the Presidio, and include visitors, joggers, bicyclists, skaters, and pedestrians.

The challenges of an open base versus a "traditional" installation are obvious. In April, for example, there were 16 traffic accidents reported, two involved bicycles being struck by vehicles.

Keeping the Presidio safe from accidents and serious injuries is only a limited part of the MP's job. Security is another.

The MP's are not limited to only providing service to the Presidio, but also patrol Forts Mason, Baker, and Berry housing areas, located near the Presidio. They also cover Camp Parks, a Reserve Forces Training Area, located in Dublin, California.

They have a working relationship with the Park Police, Park Rangers, United States Coast Guard, San Francisco Police Department and other law enforcement agencies, and coordinate with them when the need arises.

At the Presidio MP station, under the tutelage of the Provost Marshal, are MP stations that cover many different areas of responsibilities. Vehicle Registration handles privately owned vehicles and firearm registration, and fingerprinting.

The traffic section handles traffic accident investigations, road signs/hazards, traffic control, coordinates drunk driving and bicycle safety check points, and any other special events requiring traffic control.

The Physical Security Section handles crime prevention, which includes unit inspection, the McGruff campaign, child identification program, Teddy Bear program, house watch program, and neighborhood watch program.

The MP Investigations Section investigates criminal cases, and handles the Crime Hotline.

The AWOL Apprehension/Animal Control section processes AWOL offenders and handles animal control.

The administrative office staffed with civilian employees handles copies of incidents and traffic accident reports, and a variety of administrative needs. MP Operations coordinates and supervises all law enforcement missions and special events. The MP desk is a 24-hour operation with both civilian and military employees.

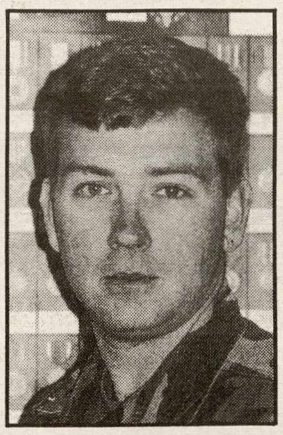
While serious crimes on the Presidio are rare, the only way to stop crime is to fight it before it begins. Due to the aggressive pro-active law enforcement efforts of the MP's, and the invaluable input, cooperation and assistance of the Presidio community, crime here continues to decline. This accomplishment is reflected in the Provost Marshal's Office placing second in the Federal Agency of the Year competition for 1993.

The best way to thank law enforcement personnel for all of their efforts is to become involved in learning how to stop crime. Begin by following the rules. Don't break laws. Teach by example. Educate yourself, your family, and your friends on crime prevention. Help us, help you. Let's continue to keep the Presidio a safe place to live, work, and play.

For information on National Police Week or Crime Prevention, call **561-5739**.

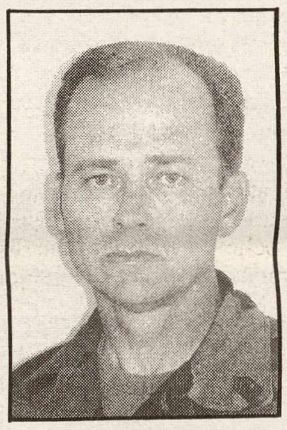
Ask Presidians

What is the greatest memory you have of serving in the Army so far?



Capt. John Roszkowiak, contingency plans officer, DCSOPS: "My proudest moment was when I assumed command of Battery A, 1st Bn, 15th Field Artillery, a Howitzer battery at Camp Casey, South Korea."

Sgt. 1st Class G. Roxanne Coleman, NCOIC, Secretary to the General Staff: "Doing a show with Bob Hope in 1975 when I was a talent specialist. The hardest thing that I've ever done is graduate from the NCO academy at Botoelz, Germany."



Sgt. Maj. Frank Cappel, individual training, DCST: "Being selected 1983 Forces Command and the Ohio state NCO of the Year. It was a gigantic year. As a company first sergeant it was a great feeling to see my soldiers doing their jobs well: knowing I was responsible for their training."

Maj. David Janney, TME, DCST: "In my 20 years the highlight was being stationed for two years in Kwajalein Island, in the central Pacific. It was a tropical paradise."

Staff Sgt. Daniel Cook, Special projects NCO, DCSOPS: "Force realingnment in Germany. Getting to watch the wall come down and the German reunification-the end of the cold war. That's something that I'll always remember."

Photos by Sgt. John W. McGarrah

Star Presidian

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Asian/Pacific Heritage Month guest commentary

United States' only monarchy claims proud heritage, history

By Cynthia Copeland
Special to the Star Presidian

A significant event occurred in Hawaii's history one hundred years ago on Jan. 17, 1893. The Hawaiian islands ceased to exist as an independent nation ruled by a monarchy.

This momentous event has been the subject of much discussion and controversy, particularly today as native Hawaiians debate sovereignty. Will the future bring a reborn Hawaiian nation within the framework of the United States?

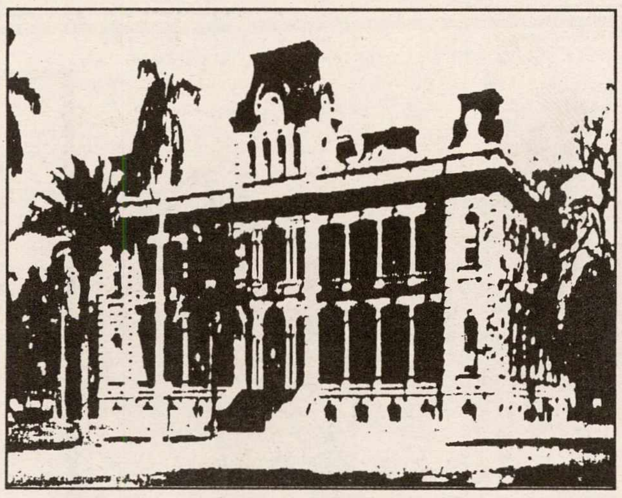
By understanding the full scope of Hawaii's past, you can better understand the Hawaii of today. Indeed, there is strength and understanding from the past.

Kamehameha-the-Great established the monarchy uniting the Hawaiian islands in 1795. The sister of King Kalakaua, Queen Liliuokalani was 52 when she ascended to the throne after her brother's death in 1891. Kalakaua, the seventh reigning monarch of the Hawaiian Islands, died in San Francisco on Jan. 20, 1891. After 96 years of reigning kings, Hawaii acquired their first queen.

Liliuokalani was a woman of Victorian times, born and educated in a tiny pacific island kingdom at a time when its written language was less than twenty years old. Nevertheless, she attained a high level of knowledge, understanding and accomplishments. She undoubtedly possessed the combination of natural intelligence; eagerness to learn; deep religious zeal; and above all, the love for her people.

Liliuokalani traveled, observed and learned in both the United States and Europe. She was an honored guest at Queen Victoria's Jubilee in 1887, and continued her friendship with the queen until Victoria's death. President and Mrs. McKinley entertained her both publicly and privately. A lavish and generous hostess, she entertained many world famous figures at her various homes.

A warm hearted, stubborn, modest, poised and devout woman, she believed firmly in the divine right of an absolute monarchy - yet she personally organized and supported efforts to improve the native Hawaiians' health, welfare and education.



Iolani Palace

After being engaged for two years, Liliuokalani married Gen. John Owen Dominis on Sept. 16, 1862. Dominis later became Governor Dominis and Prince Consort once Liliuokalani ascended the throne. On August 27, 1891, only seven months after she is named reigning monarch, Dominis passes away. Not only did the queen lose her husband and companion, but also her closest friend and most valued advisor.

Liliuokalani ascended to the throne during very complex political times. She was a strong willed sovereign who clashed with the Caucasian elite who wanted a weak monarchy, as plans develop to overthrow her and form a Republic. They were successful for the Republic of Hawaii was established on July 4. 1894.

During the time period of Jan. 6 and 7, 1895, several attempts were made to restore the monarchy, but failed. After this unsuccessful rebellion in 1805, the former queen was put on trial for treason and sentenced to five years imprisonment. She served 21 months before being released on parole. During her imprisonment, she was not allowed newspapers, books or any other reading materials. She was allowed to have paper and pencils with which she used to write a daily journal as well as her many musical compositions. One of her most famous compositions, "Aloha Oe," (Hawaiian for "Farewell To Thee,") was written during her imprisonment. She would draw the clef signs and staff lines by hand and compose her beloved music.

When the Hawaiian flag was lowered and the U.S. flag raised at Iolani Palace on August 12, 1898 in annexation ceremonies, Liliuokalani was only a block away at her home with family, friends and supporters. The mood was grim and funereal.

Liliuokalani retired to lovely Washington Place, the home she once shared with her husband. Her writing, music and many welfare projects occupied her time. In 1911, she was an interested observer and guest at the opening ceremonies for Pearl Harbor. When the United States entered World War 1, she presented a Red Cross Flag to the first Hawaiian chapter of the American Red Cross. Finally, the Stars and Stripes flying over Washington Palace, proclaimed her loyalty.

Liliuokalani was Hawaii's first and last queen. She was also the last monarch of the kingdom of Hawaii. The only state with can claim this distinction. She died an Nov. 11, 1917 in Honolulu, where she was born. She left no children.

On August 21, 1959, a bill was signed by President Dwight D. Eisenhower admitting Hawaii into the union. Now, Hawaii has taken its place among the states, and Liliuokalani's story is part of the American heritage and history, and it deserves to be more widely known.

I am proud of being part Hawaiian and I am privileged to be part of this Hawaiian heritage. My diverse ethnic background will never steer me away from my Hawaiian culture, - "To be Hawaiian is to be strong and proud," is what my tutu (grandmother) always said. "Never forget who you are and where you came from. I will never forget, for, I can stand tall and say with pride, "I am Hawaiian."

Daly City couple recall WWII atrocities during commemoration here Thursday

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The Presidio Officers' Club will host this year's Holocaust Commemoration Breakfast from 7 to 8:30 a.m. Thursday.

The guest speaker for the luncheon will be Linda Breder, a survivor of three years in the Auschwitz death camp, located in southeastern Poland during World War Two. She was one of the first 1,000 Jewish women, ages 16 to 25, to be sent to the camp March 24, 1942, by the Nazis.

Breder will be speaking about her experiences at Auschwitz, a story made all the more amazing by the fact that the Nazis recorded all events in the camp — including atrocities.

The Breders were from Slovakia. Linda was from Stropkov, and Fridirich was from a small village, Luky.

They both have numbers tattooed on their forearms. Jews were not the only prisoners at Auschwitz, all of whom wore numbers on their clothing. But only the Jews were forced to have the numbers tattooed into the skin.

Breder said that when she was imprisoned the Germans already had 1,000 German female prisoners in the camp who wore their identification numbers — 1 through 1,000 — on their clothing. These women were used as wardens for the Jewish prisoners. The subsequent women prisoners were numbered in the order in which they entered the camp. One male, the town doctor, accompanied them. He was beaten to death upon their arrival.

Linda's number is 1173, signifying that she was the 173 Jewish woman to be processed into the death camp. By May 1942 there were 45,000 Slovak Jewish women at Auschwitz.

Fridirich's number is 33034. His number is high because the Germans had been sending men to the camp earlier, and he arrived at Auschwitz three weeks after his future wife.

Linda Breder worked as a sorter, one of the women who separated the prisoners' personal belongings and jewelry to be melted down by the Germans. Her present husband, Fridirich, was among the third load of male prisoners to be shipped to the camp. He survived as a bricklayer.

"The Slovakian premiere, Dr. Joseph Tiso, offered to pay Adolph Hitler DM500 for each Jew that he removed from Slovakia," Linda Breder said. Her own government had paid the Nazis to have its Jewish citizens eliminated. Breder said the signed document is on display in the Auschwitz Museum.

"They (the German soldiers) told us `the only road to freedom for you is through the smoke' — and then they'd point to the chimneys over the ovens where the Jewish prisoners were cremated," she said.

Everyday they killed 25,000 Hungarians from May to August, 1944," she said. That's more than 2 million people. She said gunpowder that had been smuggled in over a one-year period was used to blow up the crematorium.

When the Russian Army advanced through Poland the Nazis forced the prisoners, including 100,000 Jewish women from all parts of Europe, to March to another site at Birkenau. Those who couldn't make the march were killed or left to die.

Linda Breder, left, at Auschwitz, in 1942.

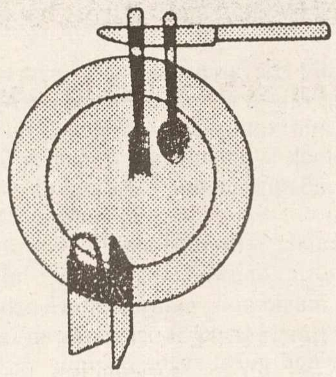
Breder's struggle for survival didn't end with the war, but continued afterward as well. Her homeland had been taken over by the communists after the war.

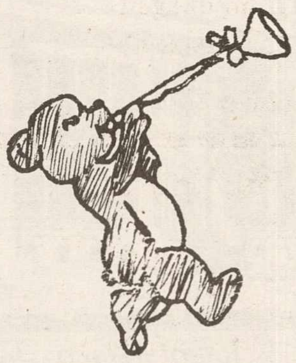
"Until 1966 I was a prisoner of either the Fascist regime or the Communist régime. I didn't get my freedom until 1966 when I came to the United States with two children and $40," she said.

The Breders currently operate Breder's Villa, two retirement homes located in San Francisco and Daly City.

The Holocaust remembered: Least we never forget

DINING AND ENTERTAINMENT





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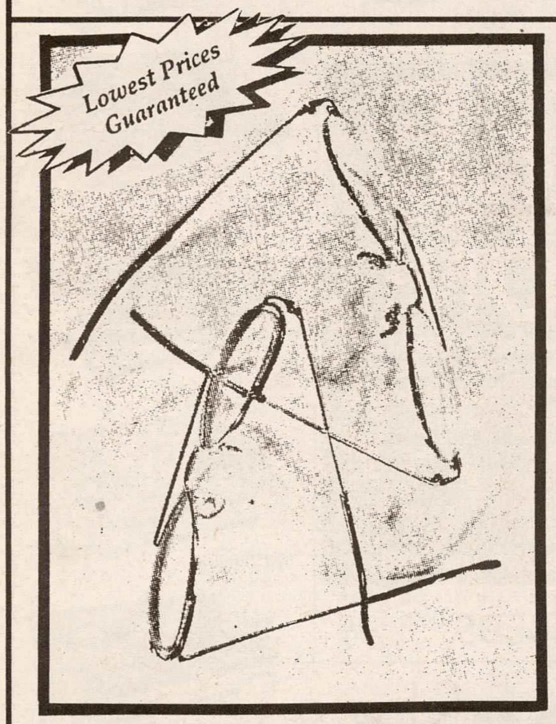

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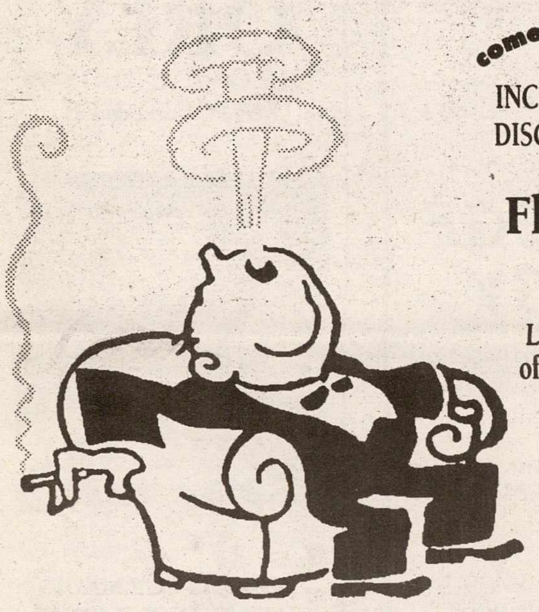

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News Briefs

Job fair scheduled in San Mateo

The Community Career Education Center is sponsoring the Peninsula Job Faire, 10 a.m. to 2 p.m. and 4 to 7 p.m., May 25, at the Dunfey Hotel, 1770 S. Amphett Boulevard in San Mateo. Fifty-five Bay Area employers are expected to be recruiting at this function. For more information, call **345-0753**.

ACS hosts newcomers' briefing

The Newcomers' Orientation Briefing for people assigned within the past 120 days will be held from 9 to 10 a.m. May 21 in the Presidio Army Community Service Conference Room, Building 103B. New military and civilian personnel will receive information about installation services, dental and hospital services, earthquake preparedness and child care. A bus tour of the post will follow at 10:30 a.m. Free child care is provided. Child Development Center registration fees are waived for the newcomers' program; however, all children will be required to have current immunization cards and reservations are required by Wednesday. Child care reservations can be made by calling Kristine Cooper at **561-6004**. Briefing information is available from Dayle Ann DeLong at **561-5256**.

Memorial seeks female veterans

The Women In Military Service for America Memorial Foundation, Inc. is seeking to register active duty, National Guard and reserve service women in the Memorial's computerized roll of honor. Each registration includes the photo, military history, and personal memories of its subject. The database will provide a record of the achievements of women in the defense of the country. To register, donate to the memorial, or suggest the names of service members to be added, call **1-800-4-SALUTE** or write to WIMSA, Dept. 560, Washington, D.C. 20042-0560.

Veterans Affairs to survey veterans

The Department of Veterans Affairs will conduct a national survey of veterans to determine the characteristics of the veteran population and their use of VA benefits. The information will help the VA plan for veterans health care needs and changes in VA's medical system. Telephone surveys will be conducted from June through October by Klemm Analysis Group and Westat under a $2.3 million contract. Half of the 10,600 veterans to be surveyed will contacted through random dialing; the other half will be selected from VA records. Participation is voluntary. The study is the fourth in a series of national surveys of veterans.

Computer class offered at center

What is a computer and what can it do? What are word processing, spreadsheet, database and integrated programs? These and other questions are answered in this hands-on workshop for beginners, which meets from 10 a.m. to 12:30 p.m., June 8 to July 1 at the Education Center, Building 1216 at Fort Scott. Active duty soldiers receive priority for this free course. Secondary consideration goes to Department of the Civilians. Reservists, other military, and family members will be welcomed if space is available. to enroll, see Kay Terry at the Fort Scott Education Center.

Parenting classes offered, ACS

The Presidio Army Community Service has scheduled parenting classes from 10 a.m. to 12:30 p.m. Thursday mornings in the ACS Conference Room, Building 103B. Topics and dates include: Tuesday (special day) Effective Communication; May 20, Building Responsibility; **May 27,** When Nothing Works. Space is limited. To sign up and to preserve your child care, call Karen Kaho at **561-5155**.

Mandatory pre-transition brief held

The Military Personnel Division's mandatory pre-transition briefing will be from 8 a.m. to noon at the Presidio Audio/Visual Center, Building 603. Topics will include veterans benefits, employment assistance,

See Briefs, Page 10

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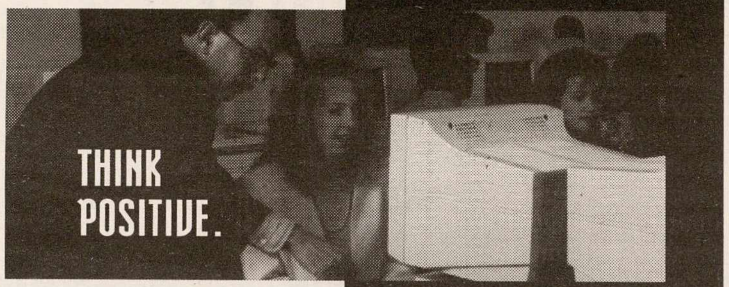

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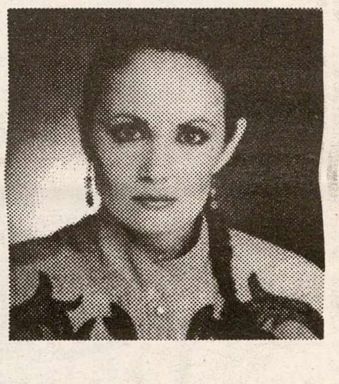

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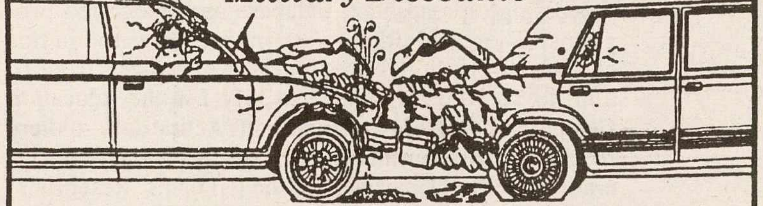

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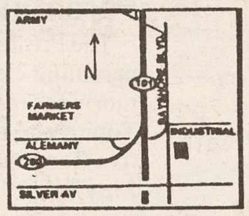

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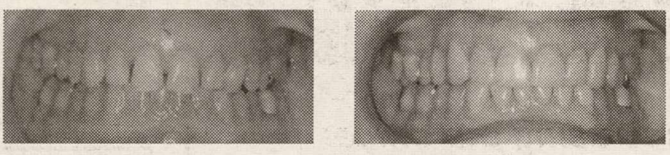

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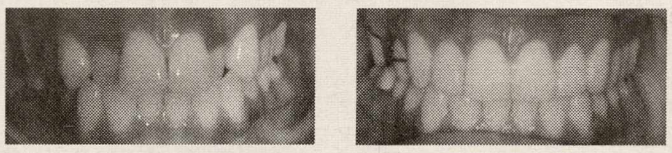

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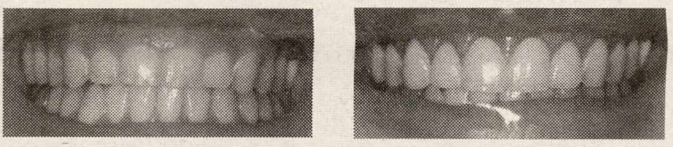

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Moving

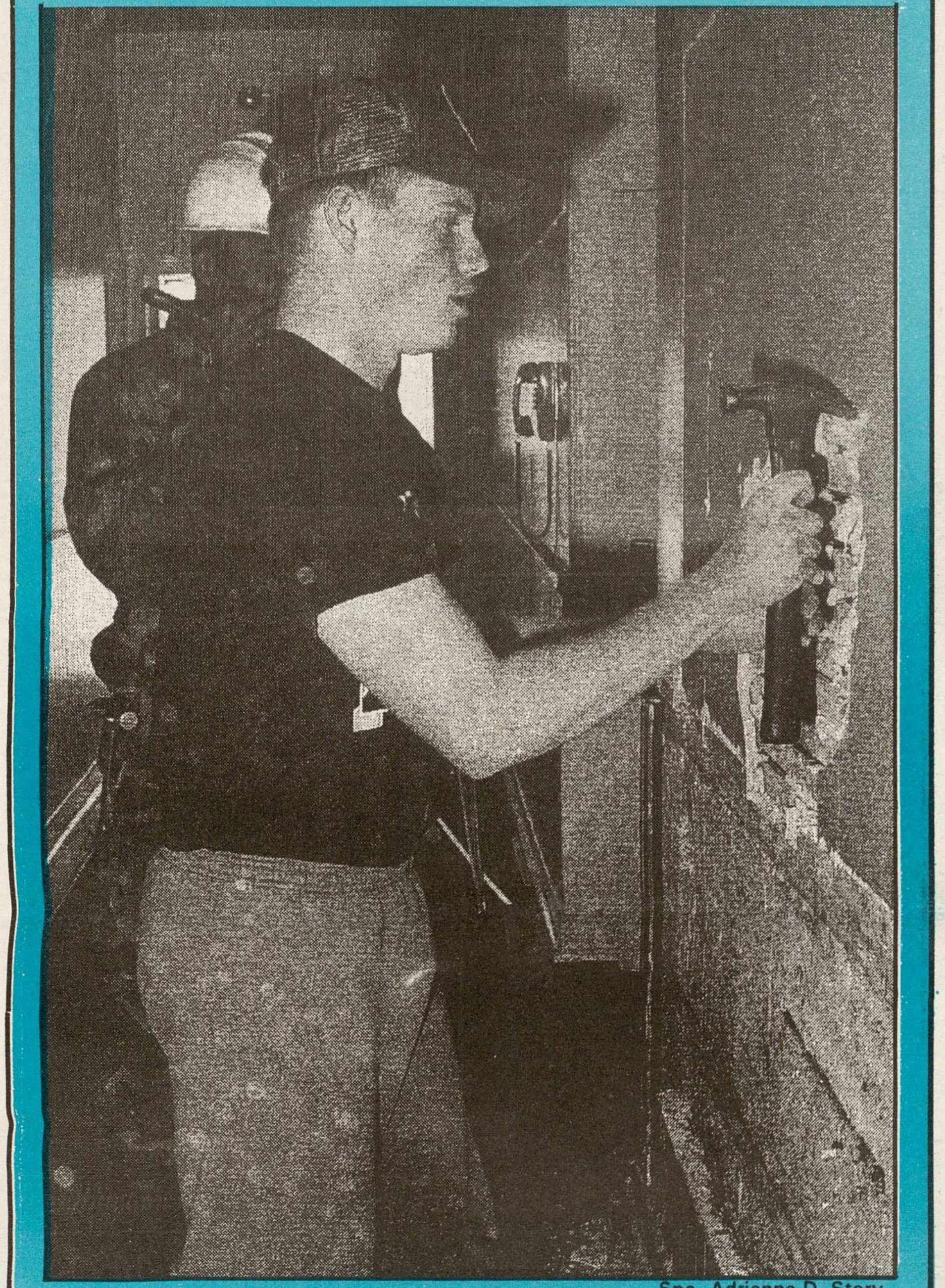
Continued from Page 1

Renovation is expected to be complete before LEC moves into the barracks. The porch will be replaced, but it is unknown when that project will be complete.

"It's been great being involved with this project. I've seen the building evolve from start to finish," Stewart said. "The changes in this building are amazing. So much work has been done here. This building will make an outstanding headquarters for our company." Building 101 formally has been used as a mess hall, barracks, finance center and Military Personnel Division.

"There is so much history in this building. I feel kind of like Jacques Cousteau," Stewart concluded.

"The people who were here before left very quickly. It seemed like they had a few days to move out, and only took what was necessary. I've found items that were left behind I know some other soldier owned. There's a story behind this building and everything in it. Someday we'll be a part of it's history."



Spc. Adrienne D. Story

Spc. Robert A. Stewart, LEC, helps tear out a wall where new mail boxes will be placed as part of an on-going renovation project of Building 101, which will soon become LEC's new headquarters and barracks.

Keeping correct military records benefits soldiers through career

By Master Sgt. Linda Lee
American Forces Information Service

Check your official personnel records routinely for accuracy and missing documents. Keeping them current may result in promotions or increased schooling, said DoD personnel officials.

Promotions, selections for schools, early retirement boards and other military personnel actions are often based on official personnel files. Also, these records are used for information in casualty cases.

So, what's in the files or what's not can play a major role in your career, DoD officials said. A few things that could affect board results, they added, are missing orders for an award or completion of a school, an out-of-date official photograph and an incomplete list of assignments.

If you do nothing else, officials recommended, check the official records far enough in advance of any board so you have enough time to make needed corrections.

Basically, all that is required to request a microfiche copy of the records is a letter or service-specific form. You can even arrange to review your records in person, said personnel officials.

In addition, the Army has set up a voice response system for noncommissioned officers that requires a touch-tone telephone. Using this system, NCOs can check certain information or request a copy of the fiche. Specific information on these services is available through the local Army military personnel office.

Soldiers who would like a copy of their official personnel fiches can request them by sending a letter that includes full name, rank, Social Security number, mailing address and signature. Officers may use TAPC-FL 44 to request the fiche, but it isn't mandatory.

Officers should send their request to:

US Total Army PERSCOM
Attn: TAPC-MSR-S
200 Stovall St.
Alexandria, VA 22332-0444.

Army enlisted service members may write to this address:

Commander
US Army Enlisted Records &
Evaluation Center
Attn: PCRE-RF
Fort Benjamin Harrison, IN
46249-5301.

If you are in the Navy, you must use NAVPERS Form 1070/879 to request a copy of the official fiche.

You may use a letter, however, if the form is not available. Navy personnel officials caution that all form requests will be answered first.

Full name, rank, Social Security number, return address and signature must be included to request a copy of the fiche. Send the request to:

Chief of Naval Personnel
(PERS-313D)
Navy Dept.
Washington, DC 20370-5313.

To receive a copy of personnel fiches, Marines should send a request with full name, rank, Social Security number, return address and signature. An example of a suggested letter format is available at local personnel offices.

The request should be sent to:

Commandant of the Marine Corps
Hqs USMC
Code MMRB-10
Quantico, VA 22134.

There is no standard form for active duty Air Force members to request the fiche. All that is required is a letter with the requestor's full name, Social Security number, grade, return address and signature. Send it to:

HQ , AFMPC/DPMABR4
550 C St. West
Suite 5
Randolph AFB, TX 78150-4707.

If you have questions concerning your fiche, have found someone else's documents filed in your fiche or need to make corrections, check with your local military personnel office.

Armed Forces Information Service

Employee of the year nominations sought

It is time to nominate outstanding employees for Federal Employees of the Year awards. There are 17 categories for awardees, including: administrative, clerical, criminal and civil law enforcement, employees with disabilities, equal employment opportunity, management, professional, scientific, service to the community, technical, trades and crafts, and the uniformed services.

The nomination deadline is June 11. For details and nomination materials, call Glena Plyman at 561-3779.

Youth Activities 1993

Youth Services Activities for the week of May 17

unless otherwise noted, all activities take place at Building 386

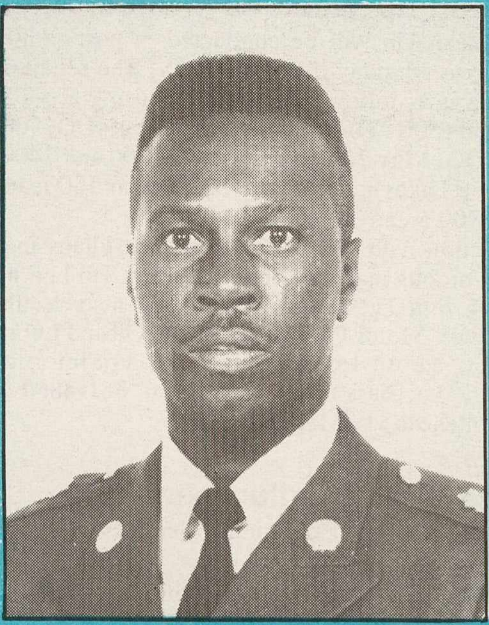
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Swimming 6 p.m.	Armed Forces Day Bowling 9 a.m.		Dance 4:30 p.m.	Nature Art 3 p.m. Karate, T-Ball and Baseball 5:30 p.m.	Pier 39 3 p.m. Keyboard Class 4:15 p.m. Dance 5 p.m.	Computer Class 4:30 p.m. Karate, T-ball and Baseball 5:30 p.m.	Teen Council 3 p.m. Swimming, Pre-teen party (10-12 years) 6 p.m.

Questions, or information requests, will be answered at 561-5143.

Presidio Focus

Hundreds mourn death of equal opportunity NCO

By Sgt. John W. McGarrah
Star Presidian staff



Sgt. 1st Class Victor L. Bradley

An afternoon motorcycle accident recently claimed the life of a longtime friend and champion of the Presidio community.

Sgt. 1st Class Victor L. Bradley, known throughout post in his position as the equal opportunity noncommissioned officer for the EO Office here, died slightly after 5 p.m. May 5 of injuries sustained after being thrown from his bike in a traffic accident.

More than 300 Presidians mourned Bradley's passing in a Memorial Service filled to compacity Monday at the Main Post Chapel.

The Eulogy was delivered by Maj. Butch Ferguson, Readiness Group, Presidio of San Francisco, and Deputy Post Chaplain Freddie Hall. Headquarters Command Battalion Chaplain Randall Dolinger delivered the meditation.

"Sergeant Bradley cared very deeply about the soldiers of the Presidio," Said coworker Angela Brumfield, EO supervisor. "The were many nights he stayed here at work late to talk to someone until they felt better. He cared all the way. He would see something to the bitter end. If he promised you something, you could rest assured it would be done. He took his job very seriously. He had a lot of integrity. It's a loss which the entire community will feel for a long time to come."

Bradley gave more than 19 years to the U.S. Army. He had been at the Presidio since June 27, 1988, originally attached to the Readiness Group, Presidio of San Francisco.

Born Sept. 12, 1955 in Louisiana, Bradley claimed Tucson, Az., as his home. He entered active duty on Feb. 1, 1974 and served three overseas tours in Italy, South Korea, and Germany. He is the recipient of six awards of the Good Conduct Medal, two awards of the Meritorious Service Medal, two awards of the Army Commendation Medal, the Army Achievement and Humanitarian Service Medals.

He is survived by his wife Sandra L. Bradley, and Children Corey L. and Victoria L. Bradley.

The family has asked that memoriams be sent to 723A Ligett Drive, Presidio of San Francisco, CA 94129.

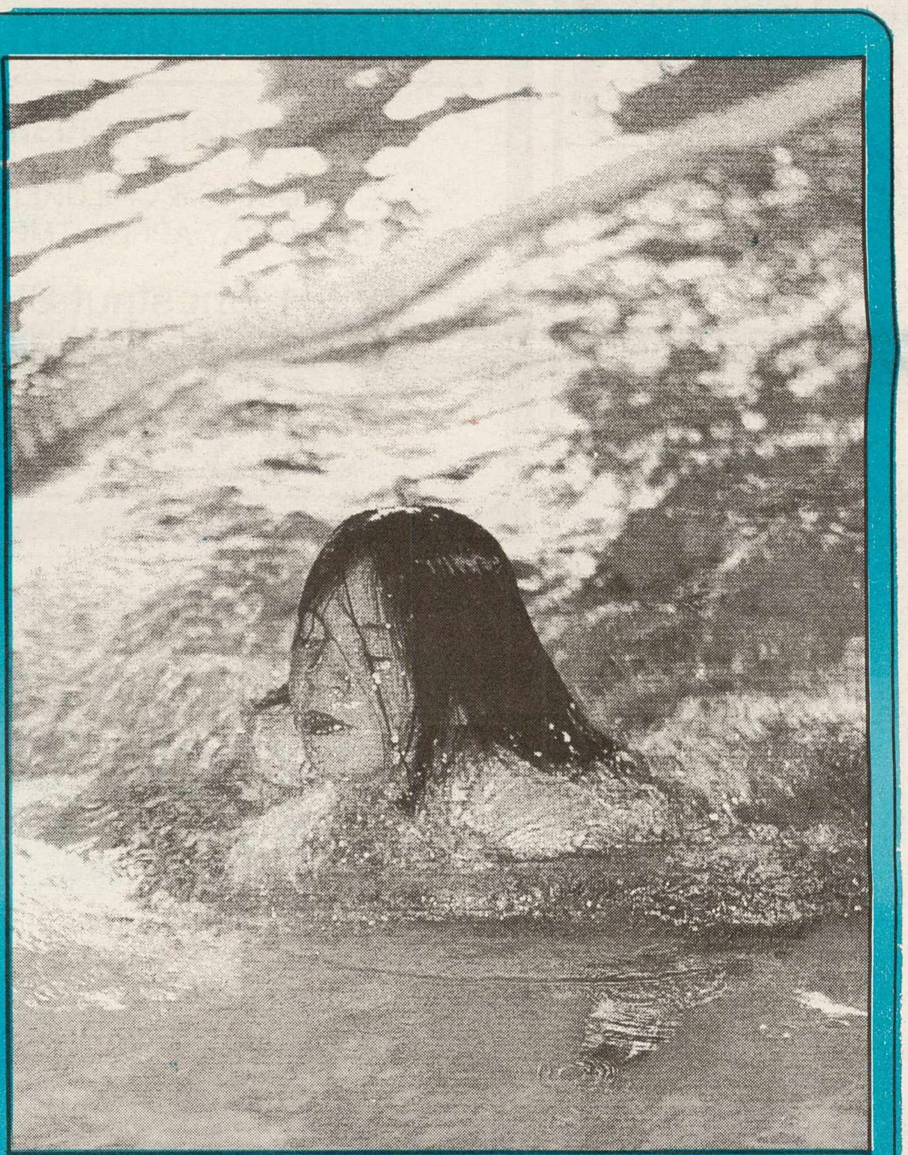
MAINTAINING

Staff Sgt. Pleasant Lindsey III

Phil Purrini and Sue Baker, of the Directorate of Information Management Computer Support Team, are recognized by Col. Gregory A. Renn, the Garrison commander, with on-the-spot cash awards for their valued assistance in keeping the *Star Presidian* coming out every Friday. The recommendation was made by the Public Affairs Office in recognition of the teams' constant technical support to the newspaper.

Spc. Adrienne D. Story

Member of the Sixth U.S. Army Band clean their weapons after qualifying recently, proving that those trained fingers mean business.



Staff Sgt. Pleasant Lindsey III

Jennifer Bokmeyer of the Presidio Swim Team helps her team take the lead and win a medley at the meet held here Saturday.

A shining season

The Presidio Youth Swim Team hosted a meet Saturday. The Jewish Community Center, Millberry Union (UCSF), and Stonestown YMCA were the other teams participating in the competition. In all, about 100 youth between the ages of 5 and 15 competed in free style back stroke, breast stroke, butterfly, medley, and relay events.

Award ribbons were presented the first through sixth place finishers in each events.

Although no team walked away the clear winner, the Presidio swimmers won 36 first place ribbons, 43 second place ribbons, and 31 third place ribbons, and seven forth place ribbons, eight fifth place ribbons, four sixth place ribbons.

The Presidio Youth Swim Team Concluded it's 1992/93 Season with this swim meet. A swim Team party is scheduled 5 p.m., May 24 at the Boy Scout Hut, Building 1331, on Fort Winfield Scott. Parents and friends are invited to the awards presentation at 6 p.m.

The swim team would like to take this opportunity to thank the Presidio Thrift Shop for sponsoring them and the many parent volunteers who gave their time.

Continued from Page 5

property shipment, legal assistance, travel entitlements, and outprocessing procedures designed to assist in making the transition to civilian life as simple as possible.

In accordance with Army Regulation 635-10, soldiers scheduled to separate or depart for transition leave prior to separation between May 31 and Sept. 30 must attend this briefing. For more information, call Sgt. Anthony Lockhart, Military Personnel Division, at **DSN 586-2151** OR **586-3297**, or commercial **561-2151** or **561-3297**.

Roads paved, trees cut on post

Ransome Contracting Company will be repairing and widening Mason Street today through May 21, but should not effect traffic. On May 24 the work crews will begin paving the street and this will impact traffic through June 4. All of Mason Street will be posted for no parking for the duration of construction and traffic will be controlled by signs, cones, barricades and flagmen.

Lincoln Boulevard between McDowell Avenue and Crissy Field Avenue will be closed from 7:45 a.m. to 3:45 p.m. Monday and Tuesday to allow Reliable Tree Experts to trim and remove trees in this area. Traffic will be detoured down McDowell for traffic going East, and down Crissy Field Avenue for traffic going West.

For questions concerning these projects call Charles Sirles or Ambus Rothschild at **561-4468**, or Juanita Whitehead at **561-3711**.

Concerts mark Armed Forces Day

The Sixth U.S. Army Band will join other military ensembles for the third annual All-Military Orchestra performance at 8 p.m. Saturday in the Encinal High School Gymnasium, Alameda, Calif. The band will be conducted by the Sixth Army Band's Chief Warrant Officer Orville Gannon. This event is free and open to the public. Free parking is also available.

Sobriety checkpoint this Thursday

A sobriety checkpoint will be enforce May 20 at the corner of Lincoln Boulevard and Graham Streets on the Presidio from 7 to 10 p.m. Drive safe, drive sober!

Post clean-up week now underway

Spring Clean Up will be conducted in post family housing areas Monday through Friday. The schedule for clean-up is as follows: **Monday**: Housing areas 1-100, 300 and 1500 . **Tuesday:** Housing areas 400, 500, 800 and 1700. **May 20**: Housing areas 1300 and 1400. **May 21**: Fort Baker housing areas 500, 600 and 800, and Presidio's 700 area.

In conjunction with Spring Cleanup, Presidians may drop of hazardous materials and waste from 8 to 11 a.m. and 1 to 4 p.m Tuesday at Bldg. 638, next to the Transportation Motor Pool's Petroleum, Oil and Lubrication Point, across from Crissy Field. For information call Sgt. 1st Class Calvin Belcher at **561-4860** or Juanita Whitehead at **561-3711.**

ACS in need of volunteers

The Presidio Army Community Services, Job Resource Center is looking for volunteers to serve for two days per week, four hours per day, to type and help prepare SF 171s, Knowledge Skills Ability forms and resumés from handwritten originals. Volunteers should be able to type 40 words per minute and have some computer knowledge. For information call Marian Kemp at **561-5057** or **561-5502**.

ADMIT ONE

Movies at the Presidio Theatre

Friday-A Few Good Men (R)
Saturday-Malcolm X (PG-13)
Sunday-Amos & Andrew (PG-13)
May 21-Fire in the Sky (PG-13)
May 22-Falling Down (R)
May 23-The Vanishing (R)
All movies begin at 7 p.m.

Movies at the Hamilton Field Theater

Friday-Aladdin (G) 7 & 9 p.m.
Saturday-Aladdin (G) 7 p.m.
Mad Dog and Glory (R) 9 p.m.
May 20-Amos & Andrew (PG-13) 7 p.m.
May 21-Teenage Mutant Turtle III (PG-13) 7 p.m.
Amos & Andrew (R) 9 p.m.
May 22-Same as Friday's shows

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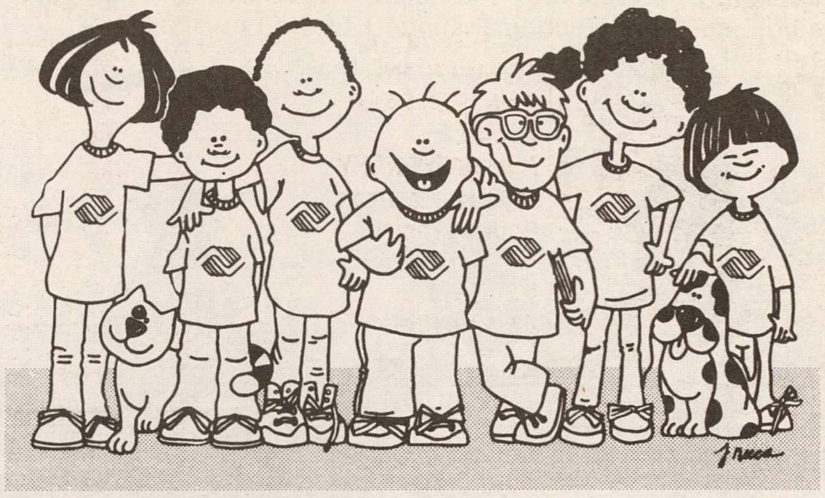

Military Parent Name ____________________
Child's Name(s)____________________ (Age)______
____________________ (Age)______
____________________ (Age)______
Address ____________________
City ____________ State ______ Zip ________
Phone # ____________________
Parent's Signature ____________________

Regulation curbs uncontrolled pet owners

Standards for dog litter control are covered by regulation *(USAG-PSF Reg 27-1)* on the Presidio of San Francisco to make the post a cleaner, safer, and healthier place for residents and visitors.

The following acts by a dog owner or a person having custody or control of a dog, are prohibited on the Presidio of San Francisco:

*Failing to substantially remove feces left by the owner's dog from a public area on the Presidio. This includes areas adjacent to family housing, government quarters, playgrounds and picnic areas.

*Disposing of dog feces other than in a clearly designated refuse receptacle, such as a public garbage can or dumpster, or by placing it in the gutter.

*Entering an area with a dog where the presence of dogs is prohibited by signs posted under the direction of the installation commander.

Members of the public and military family members who violate these regulation are subject to being barred from this installation, pursuant to United States Code 18, Section 1382. Authorized residents of the post who violate this regulation are subject to being evicted from government quarters, pursuant to Army Family Housing Regulations. Military personnel who violate this regulation are subject to disciplinary action in accordance with Article 92, Uniform Code of Military Justice.

The proponent for this regulation is:

Office of the Staff Judge Advocate
ATTN: AFKC-ZM-JA
Building 223
U.S. Army Garrison
Presidio of San Francisco, CA 94129

Personal property shipping office consolidated

The Consolidated Personal Property Shipping Office has embarked on an extensive customer service upgrade for all Bay Area military.

The CPPSO-Oakland now offers one-stop services for all customers desiring household goods information and processing. All major military installations in the Bay Area having a personal property/household goods office new been linked via computer to the mainframe computer at CPPSO-Oakland. Therefore, all information available at CPPSO-Oakland is now also available at each personal property office. The new system allows housing offices to cut down on the time it takes to process families into and out of the Presidio and other installations in the area. Also, the office has added operating days and expanded its hours. The office is now open from 8 a.m. to 3 p.m., fives days a week.

All inbound Presidio personnel must report to the Personal Property Shipping Office, Building 227, 2nd Floor. Whether in- or outprocessing, sponsors must bring all household goods documents and one copy of orders to the office.

Electronic warfare specialty 33Y to be realigned

The Army continues to reduce Military Occupational Skill imbalances through its reclassification/reenlist-fast track program, under the Force Alignment Plan.

Imbalances in many grades and MOSs still exist, consequently, Skill Level 1 MOS 33Y Electronic Warfare/Strategic Systems Repairer has been placed in this program. Certain specialists in MOS 33Y have been identified for possible reclassification to MOS 33R, Electronic Warfare/Intercept Aviation Systems Repairer.

Memorandums through the unit commander to the soldiers serviced by the personnel service center/military personnel division will be forwarded for distribution. Soldiers in 33Y should consider initiating voluntary reclassification or reenlistment under the fast track program into other MOSs or shortage MOSs, provided they meet eligibility requirements prescribed in applicable regulations.

Soldiers in the reenlistment window are not eligible to submit voluntary reclassification requests, but may seek reenlistment with retraining.

For information call Mark Dongu, Total Army Personnel Center, at **DSN 221-5400** or **(703) 325-5400**.

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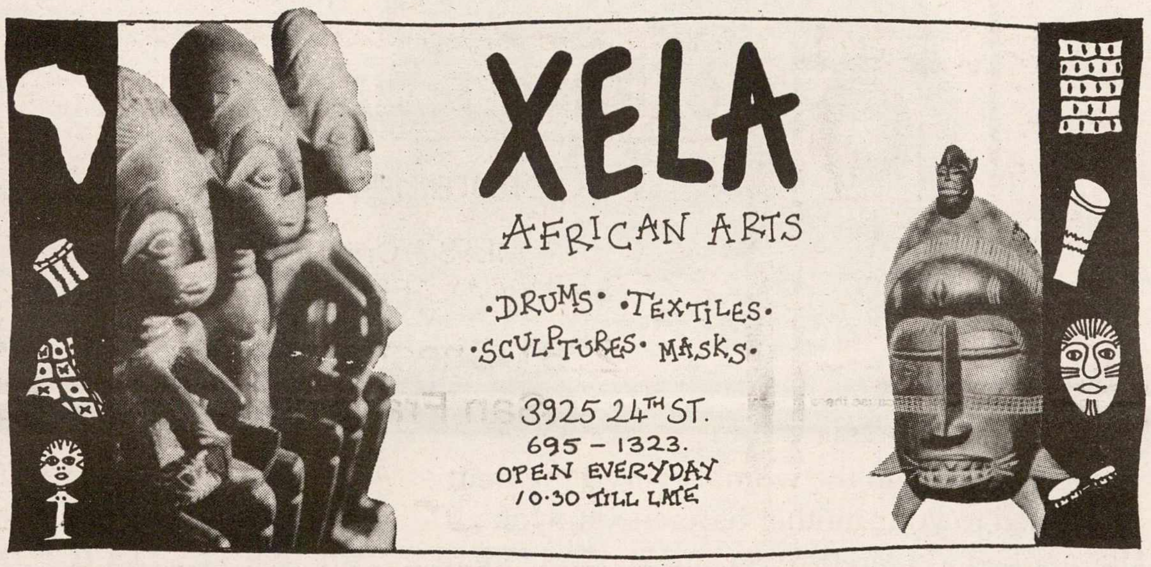

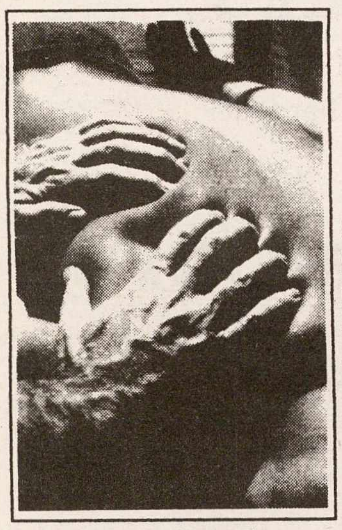

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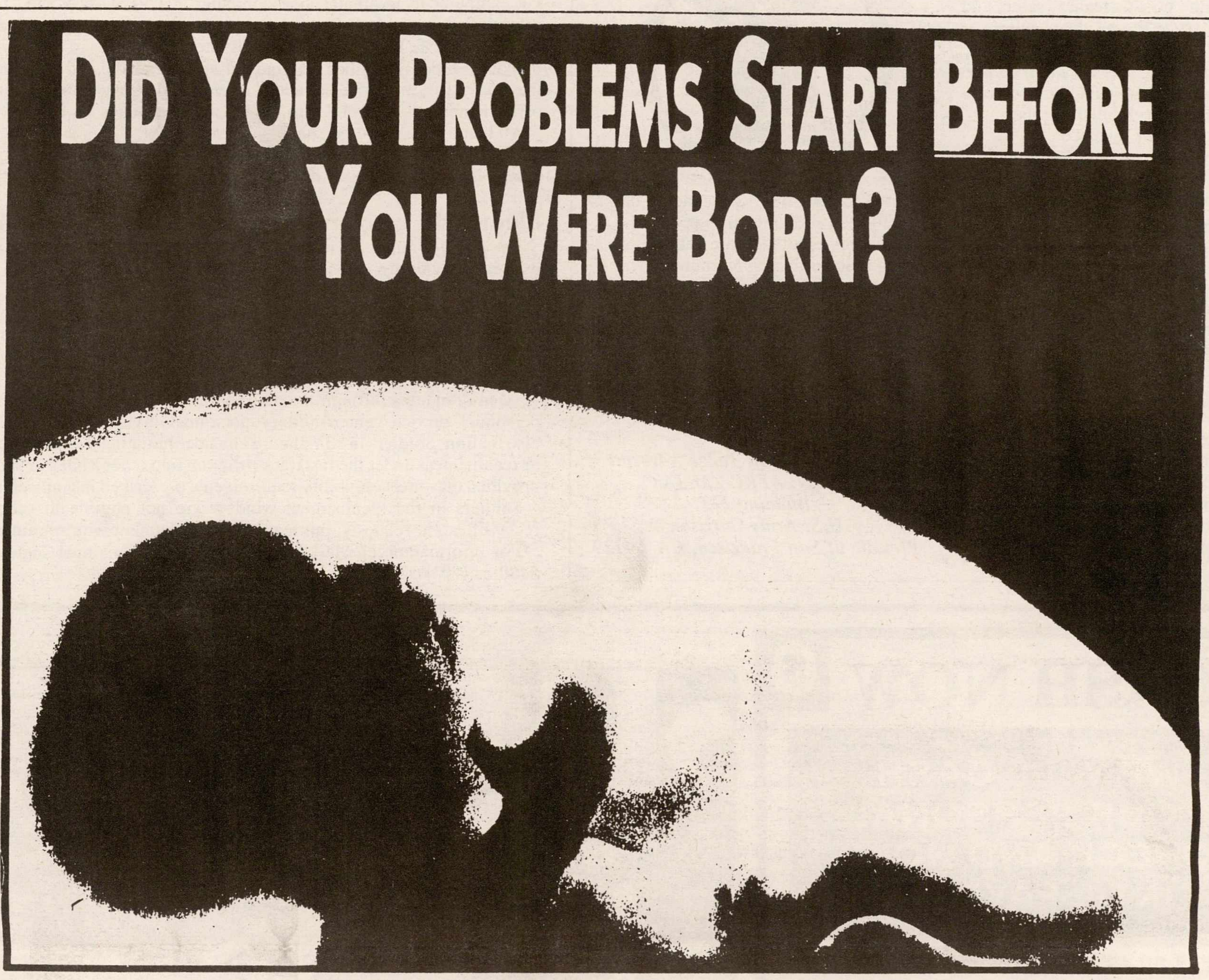

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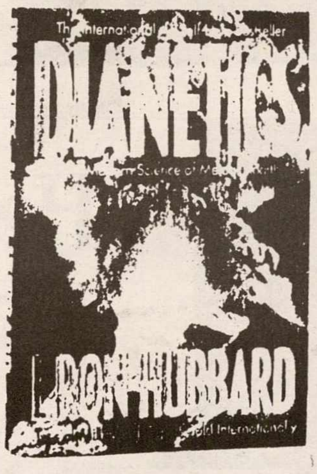

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Post volleyball tournament scheduled to begin Monday

The double elimination volleyball tournament begins a 5:30 p.m. Monday and continues through Thursday in Gym No. 1, Building 63.

LEC and LUSAH#1 are the strongest teams showing good ball control and strong spiking. These are the teams favored to win the championship.

Scores from the final week of intramurals are as follows.

May 6

LUSAH#1 def. Sixth Army Band 15-0; 15-9.
LEC def. Band 15-4; 15-3.
USAG def. RG-PSF 15-9; 15-0.
LUSAH#2 def. Band 15-0; 15-0.

May 5

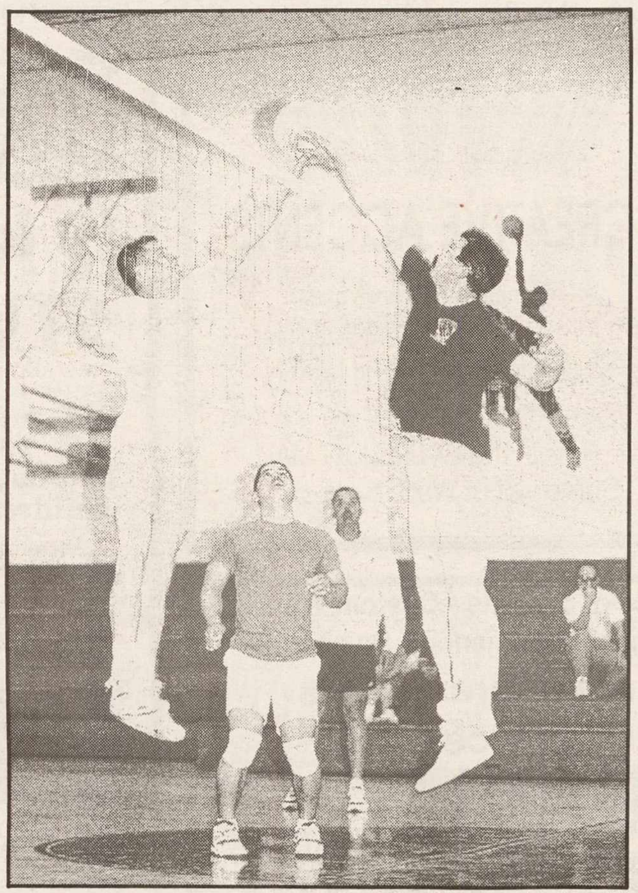
LEC def. LUSAH#1 7-15; 16-14; 15-13.
LUSAH#2 def. USAG 12-15; 15-2; 15-9.
LUSAH#2 def. CID 15-7; 8-15; 15-4.
RG-PSF def. Sixth Army 15-0; 15-0.

May 4

LEC def. CID 15-3; 11-15; 15-9.
CID def. RG-PSF 15-12; 13-15; 15-12.
LUSAH#1 def. LUSAH#2 10-15; 16-14; 15-10.
USAG def. Sixth Army 15-0; 15-0.

Volleyball Standings

1. LEC 6-0
2. LUSAH#1 5-1
3. LUSAH#2 4-2
3. USAG 3-3
4. Sixth Army 2-3
5. Sixth Army Band 1-4
6. RG-PSF 1-5
7. CID 1-5



Staff Sgt. Pleasant Lindsey III

USAG's Paul Taylor spikes past RG-PSF's Francis Diemer in Gym No. 2 May 6.

Keys needed for outdoor courts

Tennis courts 1 and 2 on Infantry Terrace, court 5 by the Main Flag Pole and courts 9 and 10 at Fort Winfield Scott require a key to the entrance door of each court.

The key must be checked out at Gym No. 1, Building 63, and must be returned after each use. For information call **561-4131.**

Bowling tourney scheduled in June

The Saturday Morning Bunch Bowling of the Year Tournament will be held at 10 a.m. June 5 and 12 at the Presidio Bowling Center. There are two divisions; prep handicap and junior handicap. All bowlers will bowl four games on assigned lanes, then two games on lanes to the right on the final round. The top four qualifiers from each division will be decided by four game total pins plus handicap.

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Recreational Sports Facility, UC Berkeley Campus—Tuesdays & Thursdays 7-8pm.

9th Ave & Anza, San Francisco–Mondays 7:15-8:30pm.

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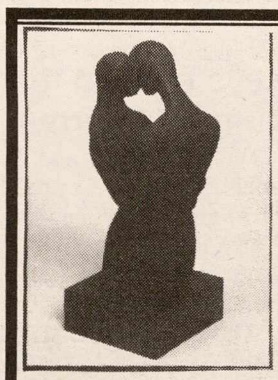
Jarl Forsman studied with Kyoling Ying and has been practicing and teaching for 18 years.



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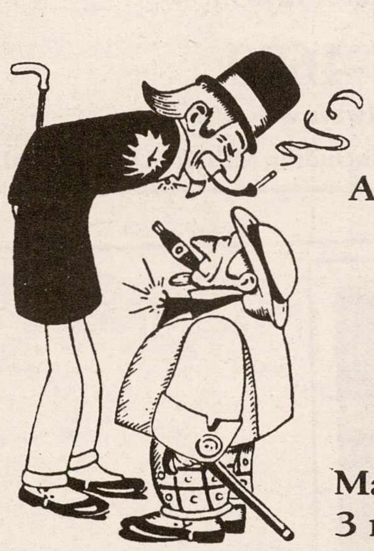

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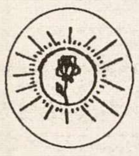

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For further info contact the local
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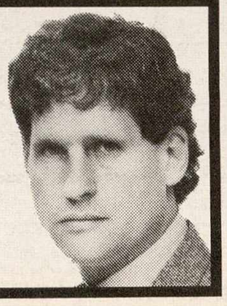

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Star Presidian

Vol. 38, No. 19 Published for the Presidio of San Francisco Community May 21, 1993

Taking charge of your future

Resumes, cover letters can aid in job placement

By Lt. Col. David McClure
Special for the Star Presidian

EDITOR'S NOTE: This is Part two of a three part series by Lt. Col. David McClure, Sixth U.S. Army Public Affairs Office. McClure is a reserve officer with nine years experience in Career Planning and Placement at Central Texas College, providing support to military personnel and their families worldwide.

The stage is now set for transitioning personnel to take advantage of all the services and programs that can assist in the search for a new career or employment after working through the emotional stages that affect transition of any nature.

Remember, take advantage of this transition situation and make it a positive opportunity for new and better things to happen rather than a PLOM (poor little old me) scenario.

Recognizing what skills and qualities you have to offer a prospective employer and what environment matches your own personality will provide the right direction in seeking new employment. Understanding what the job market has to offer and how to uncover the "hidden jobs" is the next biggest challenge.

Just as important of understanding the seven emotional stages of transition, is the understanding of each step of the job search process and the skills necessary to conduct a successful job search.

After self-assessment and making career choices, an action plan is initiated through careful planning, and includes researching the job market, researching resources available, and researching identified companies/organizations that potentially may have opportunities meeting individual career goals.

Appropriate cover letters or letters of inquiry, and resume or data sheet for completion of formal application forms should be prepared. Only send resumes and a cover letter when a targeted job opening has been identified. Send a letter of inquiry to targeted companies to locate job openings, then follow-up with a cover letter and a resume or initiate the required application process.

Assistance in preparation of professional resumes and cover letters is available through the transition services established by the Department of Defense.

Remember, this will not be done for you. But since you are taking charge of your future this is just another step in the job search process. Also, knowing how, when, and where to submit resumes or applications is vital. Keeping track of contacts made and when to plan for follow up is another important detail to remember.

Most decisions for hiring are made during the first few minutes of an interview; therefore, preparation and development of interview skills is essential. Check out the resource materials available for types of questions to expect during an interview and practice by having a friend conduct a mock interview.

The market is flooded with all types of information and commercial programs to assist in the job search process; spending your money, check out the free services and information available through the Army Career and Alumni Program and other Department of Defense programs that have proven to be very beneficial for those willing to take charge and not wait for someone to do it for them.

Attend job fairs to increase the contacts with as many employers as possible and find out firsthand the types of job opportunities and what qualifications these employers are requiring. New statistics reveal you will probably have to go through 20 to 30 interviews before you receive an offer. Be persistent and opportunity will come your way!

How to be successful at a job fair will presented in **Part III** of ***"Take Charge of Your Future."***

Computerized bulletin board provides RIF, job information

DoD employees can get up-to-the-hour information on down-sizing and reductions in force through a computer bulletin board.

Managed by the Office of Personnel Management, officials have added categories to the menu-driven board.

The categories include one for veterans and one for job seekers. The veterans' category includes information on the Veterans Readjustment Act.

The job board is called FJOB, for Federal Job Opportunities Board, on the menu. People can access job opportunities by series number, grade level or geographic location.

The down-sizing bulletin board is called POSH, for Policy, Operations and Staffing Headquarters. Users can go directly into POSH or choose it as an option on the menu.

The modem telephone number for both boards is **1-912-757-3100.** The boards have 22 lines available 24-hours-a-day. The system is free, but the long-distance call costs money. Tom Glennon, OPM staffing specialist, said this guarantees much quicker access to the board.

DoD personnel officials have provided a large number of files for the OPM bulletin board, including information on the Priority Placement Program and DoD-specific reduction-in-force and down-sizing information.

It requires access to an IBM-compatible computer, a 300-baud or faster modem, a telephone line and communications software. First-time users must follow the registration procedures and will then be approved for immediate access to many areas of the job board.

People comfortable with computers can follow system prompts to use the bulletin boards. Others can get help from their organization's computer specialists.

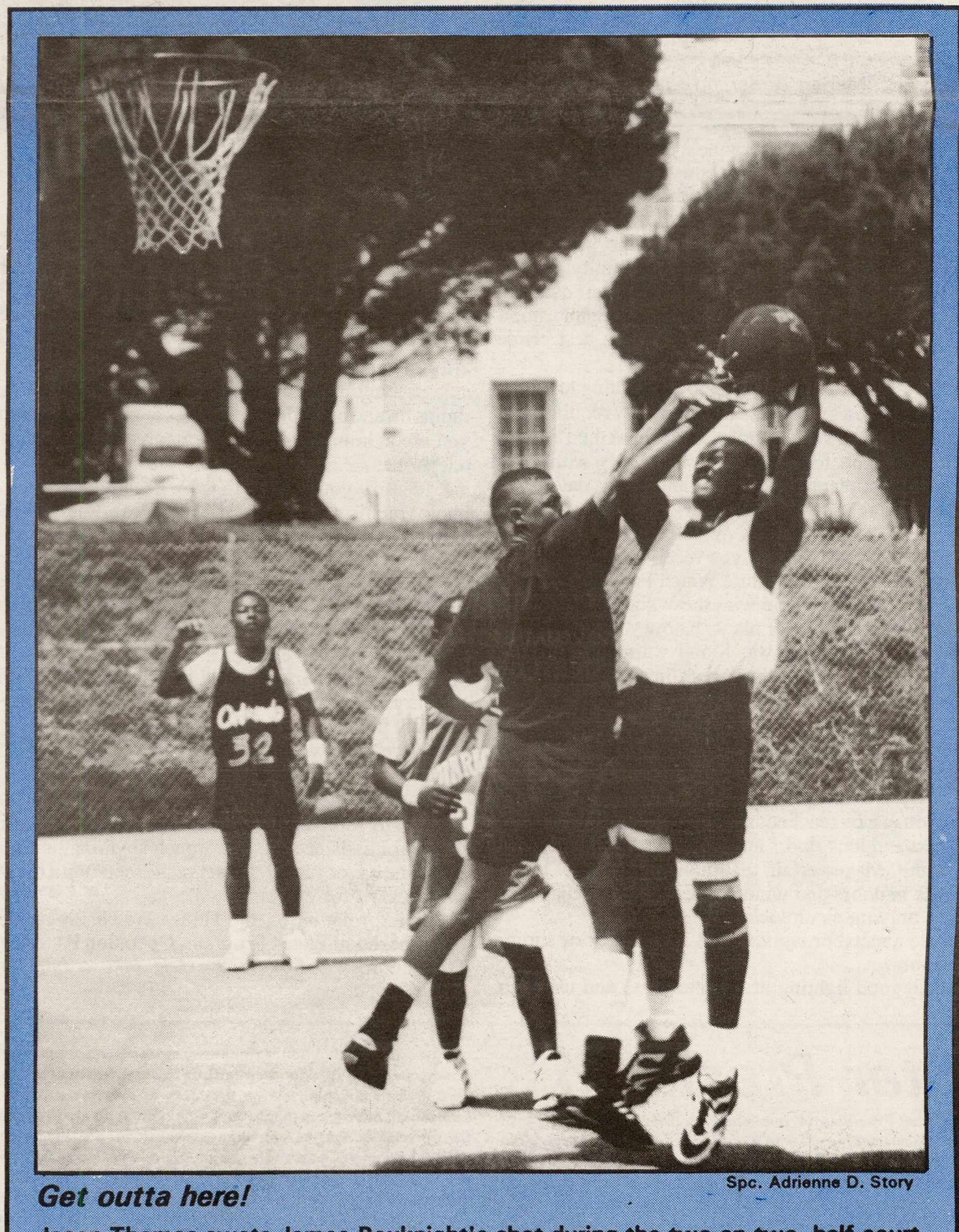
OPM is publishing an addition to the Federal Personnel Manual dealing with bulletin boards as well, Glennon said. Instructions should already be at the local civilian personnel office. For urgent problems, call OPM's systems support office in Macon, Ga., at **1-912-744-2139.**

Glennon said POSH will post changes to reduction-in-force regulations the day they are approved.

The board already includes all OPM and DoD pamphlets and regulations on reductions and force and down-sizing. He said users can download the information directly into their own computers. Larger files are compressed into ZIP files for quicker access. Shorter, uncompressed files, use a TXT extender.

According to Glennon, one popular file is **RIFBOOK.TXT.** This is a crash course on the reduction-in-force process and includes information on employee benefits and placement programs. See the local CPO for details.

Armed Forces Information Service



Spc. Adrienne D. Story

Get outta here!

Jason Thomas swats James Bouknight's shot during the two-on-two, half-court, black top basketball tournament held at Fort Scott May 15. For more photos and the story, see Page 8.

John W. McGarrah

Clean Sweep

Hundreds of Presidians took time out this week to partake in clean-up activities throughout post showing just what can be accomplish when we all pitch in and take part in making our areas better.

Security Corner/ *House Watch Program*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

Crime prevention is everyone's responsibility, not just a job for the police. When it comes to home security, your active cooperation with the military police will help provide effective security.

The House Watch Program is a crime prevention program available to the Presidio community, where MP's will physically check the security of your quarters while you're away. Combined with a Neighborhood Watch Program, this can make one of the best crime prevention programs around.

The House Watch Program is not something to which you must devote a great deal of time. It only requires you to fill out a House Watch Program Form at the Presidio MP Station. The form provides the MP's with your name, address, planned departure and return dates, and a trusted neighbor who has your key to check your quarters.

In addition to the support you receive from the MP's and your neighbors, the House Watch Program requires you to protect your home with these simple tips:

* Do not publicize your plans. Know your neighbors, and work out a mutual watch and warning system to prevent burglaries and other break-ins.

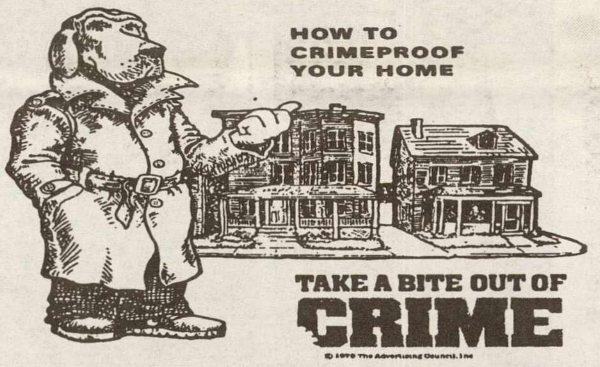
* Do not hide spare keys. One option is to give your key to a trusted neighbor to make periodic checks of your quarters, and vary positions of the shades, blinds, or curtains for that "lived-in" appearance.

* Call a trusted neighbor and leave a telephone number where you can be reached in the event of an emergency.

* Close and lock doors and windows when you leave your home. Make certain that door and window locks, and glass in doors and windows are in good repair. Do not rely only on chain locks for door locks.

* Place a metal or wooden rod in the track of sliding glass doors.

* Have good lighting at all entrances, and use them after the hours of darkness.


HOW TO CRIMEPROOF YOUR HOME
TAKE A BITE OUT OF CRIME
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* Use automatic timers to turn lights, televisions, or radios on and off at different times to give the appearance you are at home. However, temporarily disconnect the telephone.

* Identify your belongings by keeping a written and photographic inventory of valuables. Engrave items with a personal identification number (Operation ID).

* Store and secure valuables.

* Stop deliveries while you are on vacation, or a prolonged absence, either by phone or in person, ahead of time. Forward mail or have it picked up so it doesn't pile up. Don't leave notes.

* Have neighbors ask for identification from repair, delivery, and sales people. When in doubt, notify the military police.

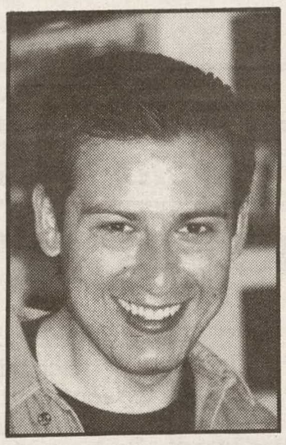
* Have the lawn maintained while you're away (well trimmed, neat and clean in appearance).

* If you come home and find a door or window open or signs of forced entry, **do not enter!** Call the military police for assistance. Do not touch anything or clean up if a crime has occurred. Preserve the scene until the MP's can check it for evidence.

For information on the House Watch Program, the Neighborhood Watch Program, Operation ID, or Crime Prevention, call **561-5739**. ***Help take a bite out of crime!***

Ask Presidians

How should the long military heritage of the Presidio of San Francisco be remembered when the post closes?

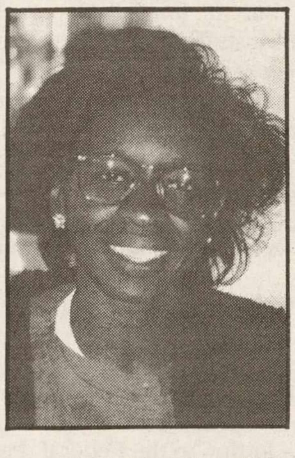


Gregory Wein, family member: "Probably with a museum such as the one already here or the Fort Point Museum. There is a strong foundation and structure here which can be built upon."

Deborah Mevorach, family member: "I would like to see the majority of the land preserved as a park with no built-up areas or tall buildings. Keep the access to the beach and waterways open for use by all."

Julie McManus, family member: "Preserve the Presidio as a state or national park. Make sure the real estate to be built matches what's already here. *Preserve it. Keep it* green."

Sgt. Nathan Voges, 6th U.S. Army Band: "We are already on the right track. The military here should be remembered primarily in a museum with additional historical markers to point out significant sites."



Valerie Graves, college student: "It should be developed into a small town which concentrates on tourism with hotels and theme parks."

Photos by Sgt. John W. McGarrah

Star Presidian

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Photographic support...........................TASC Photo Lab

Photos by Robert Davis

West meets East

Exotic foods and great entertainment were the highlights of the Asian Pacific Luncheon May 13 at the Log Cabin on Fort Scott. (Above) Lovely women dressed in colorful Polynesian and Asian costumes stand ready to serve the huge multicultural buffet. (Left) Winna Lucas charms the audience with a traditional Tagalog song and (below) Cynthia Copeland entertains the noon time audience with a traditional hula dance from her native Hawaii.

New Deferred Payment Plan starts today

Starting today, Presidio Post Exchange customers will have expanded benefits under the Army and Air Force Exchange Service's Deferred Payment Plan, or DPP.

"The DPP service starts today," said Georgina Tagaloa, PX warehouse clerk. "We have plenty of applications in customer service."

One benefit of the new program is a revised credit limit, up to $5,000, based on the applicant's disposable income. Current limits ranged from $300 to a maximum of $1,500, based on the applicant's rank. The new system is similar to the scoring and approval method used by other major retailers.

A 36-month pay-back period, another new feature, will replace the existing 12-month period. Also, soldiers and airmen no longer need to pay the account in full prior to separating from the military.

Family members with authorized exchange privileges and their own income will now be able to apply for their own account and credit limit. In the past, they could only use their sponsor's account.

DPP has been available in overseas exchanges since 1979. AAFES began the CONUS-wide roll-out of the program in late 1992, and will offer it in all exchanges by November. Features include a low, 12-percent annual finance rate.

Authorized customers include all active duty military members, reservists, National Guard members, both military and AAFES retirees, most AAFES associates and family members with authorized exchange privileges.

They may charge almost anything in stock in their exchange, including home delivery and assembly fees and auto repairs.

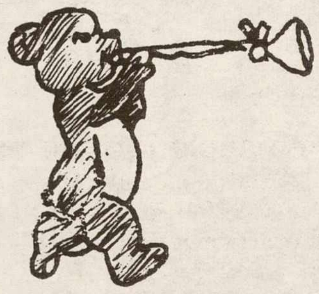
The program will eventually merge with the home layaway program (available at overseas and some remote CONUS locations), creating a single, worldwide credit program.

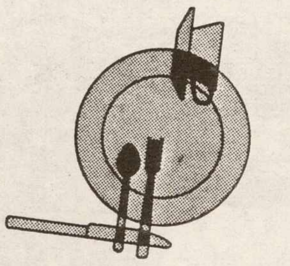
From AAFES Headquarters, Dallas.

AAFES Memorial Day operating hours

***Main PX, Furniture Store, and Shoppette,** 10 a.m. to 6 p.m.
***Service Station,** 10 a.m. to 5 p.m.
***Burger King,** 11 a.m. to 6 p.m.
***Concession Mall, including the barber and beauty shops, laundry, Flower Shop, Optical Shop, Watch Repair, Ice Cream Parlor and Anthony's Pizza & Frank's Franks,** 11:30 a.m. to 4 p.m.
***Class Six Store, service station bays and Military Clothing Sales Store,** closed.

DINING AND ENTERTAINMENT





N.I.M.B.Y.

(Noah's In My Back Yard?)

Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around 9th and Irving in San Francisco can look for a Noah's Bagels store opening at 742 Irving in June! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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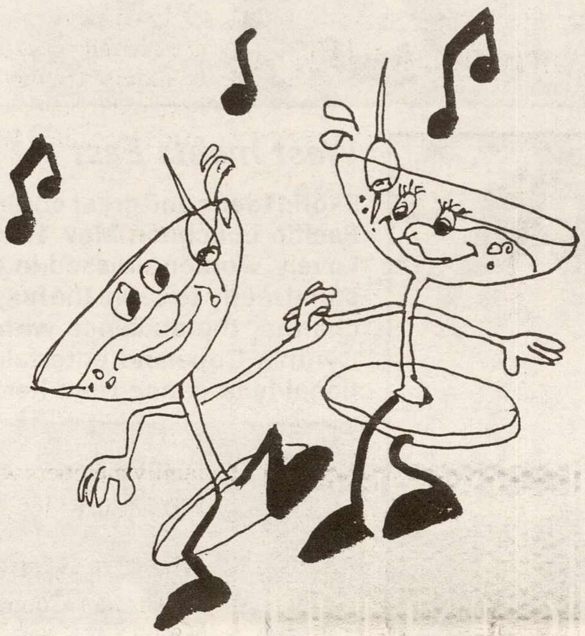

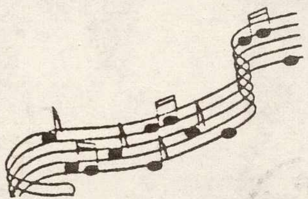

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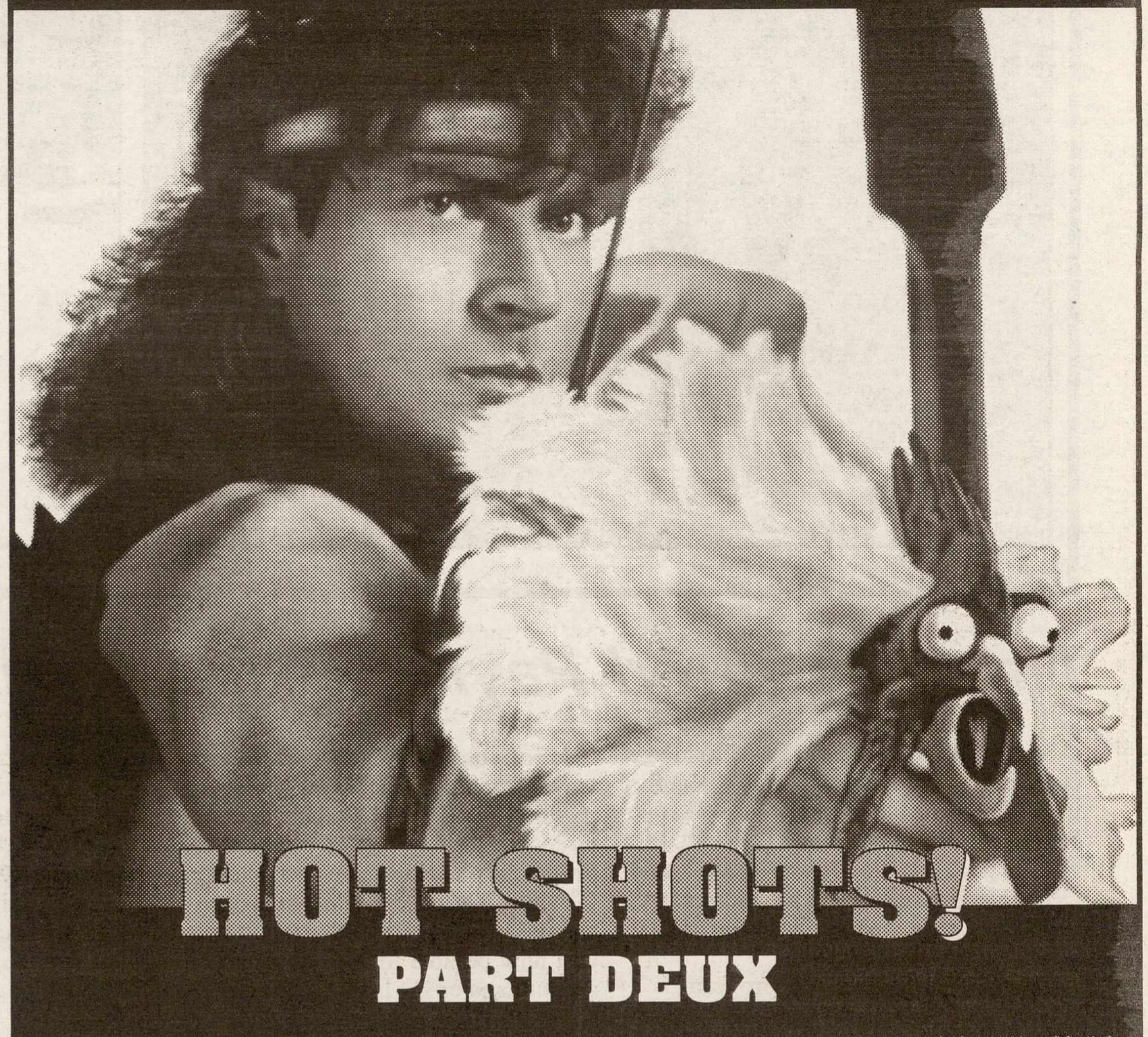

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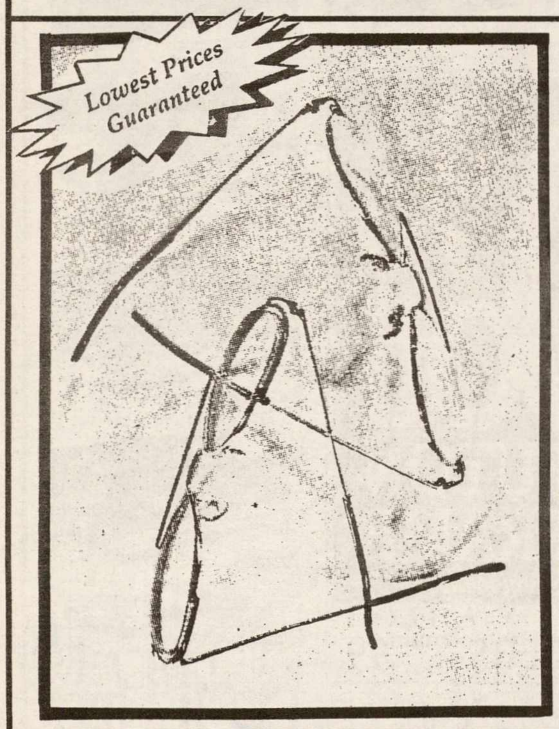

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News Briefs

Peninsula job fair scheduled in San Mateo

The Community Career Education Center is sponsoring the Peninsula Job Faire, from 10 a.m. to 2 p.m. and 4 to 7 p.m., Tuesday, at the Dunfey Hotel, 1770 South Amphett Boulevard in San Mateo. Fifty-five Bay Area employers are expected to be recruiting at this function. For information, call **345-0753**.

ACS hosts newcomers' briefing today

The Newcomers' Orientation Briefing for people assigned within the past 120 days will be held from 9 to 10 a.m. today in the Presidio Army Community Service Conference Room, Building 103B. New military and civilian personnel will receive information about installation services, dental and hospital services, earthquake preparedness and child care. A bus tour of the post will follow at 10:30 a.m. Free child care is provided. Child Development Center registration fees are waived for the newcomers' program; however, all children will be required to have current immunization cards and reservations are required by the previous Wednesday. Child care reservations can be made by calling Kristine Cooper at **561-6004**. Future briefing dates are available from Dayle Ann DeLong at **561-5256**.

Computer classes being offered at center

What is a computer and what can it do? What are word processing, spreadsheet, database and integrated programs? These and other questions are answered in this hands-on workshop for beginners, which meets from 10 a.m. to 12:30 p.m., June 8 to July 1 at the Education Center, Building 1216 at Fort Scott. Active duty soldiers receive priority for this free course. Secondary consideration goes to Department of the Army Civilians. Reservists, other military, and family members will be welcomed if space is available. To enroll, see Kay Terry at the Education Center.

Mason Street paving begins this week

Ransome Contracting Company work crews will begin paving Mason Street starting Monday which will impact traffic through June 4. All of Mason Street will be posted for no parking for the duration of construction and traffic will be controlled by signs, cones, barricades and flagmen. Questions concerning this project call Charles Sirles or Ambus Rothschild at **561-4468**, or Juanita Whitehead at **561-3711**.

ACS job center in need of volunteers

The Presidio Army Community Services, Job Resource Center is looking for volunteers to serve for two days per week, four hours per day, to type and help prepare SF 171s, Knowledge Skills Ability forms and resumés from handwritten originals. Volunteers should be able to type 40 words per minute and have some computer knowledge. For information call Marian Kemp at **561-5057** or **561-5502**.

Bay Area shipping offices consolidated

The Consolidated Personal Property Shipping Office has embarked on an extensive customer service upgrade for all Bay Area military. The CPPSO-Oakland now offers one-stop services for all customer desiring household goods information and processing. The office has also added days to its schedule and expanded its hours. The office is now open from 8 a.m. to 3 p.m., five days a week. All inbound Presidio personnel must report to the Presidio Personal Property Shipping Office, Building 227, 2nd Floor Whether in or out processing, sponsors must bring household goods documents and one copy of orders to the office.

Delta emergency leave fares extended

Delta Air Lines has announced the extension of their military emergency leave fare program for active duty military and their family member. The program is good for travel within the U.S., Puerto Rico, and the U.S. Virgin Islands. Fares are based on seven-day advance purchase rates with restrictions waived.

The military passenger must present an active duty green card and a copy of emergency leave orders at the time of ticketing. Any family members accompanying the passenger must travel to the same destination and must be ticketed at the same time. For information call **DSN 289-4932** or commercial **(703) 756-4932**.

Presidio Gym No. 1 extends hours

Gym No. 1, Building 63 has extended its hours from 4:30 p.m. to 5:30 p.m. Saturdays and Sundays. This change will be on a trial basis. For information or comments call Sports Director Bobbie H. Gascon at **561-4131**.

Commissary closed for holiday

The Presidio Commissary will be closed June 1 to observe the Memorial Day holiday. The store will reopen for normal operations June 2.

See Briefs, Page 10

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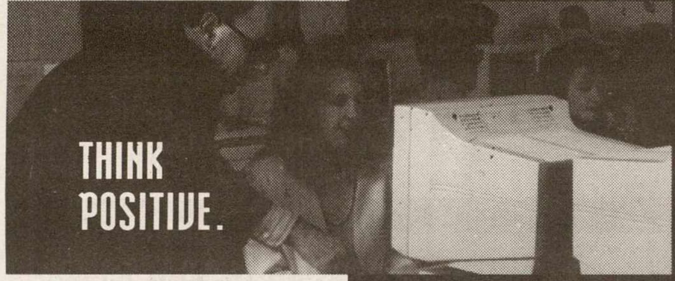

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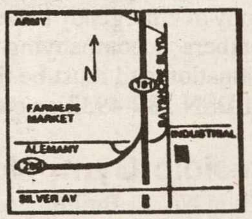

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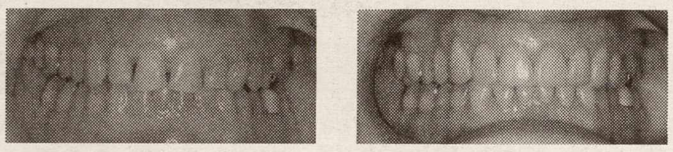

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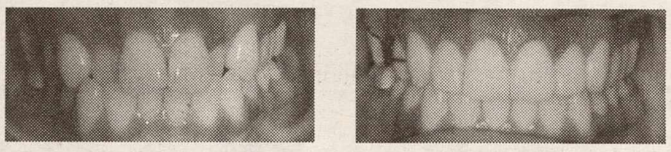

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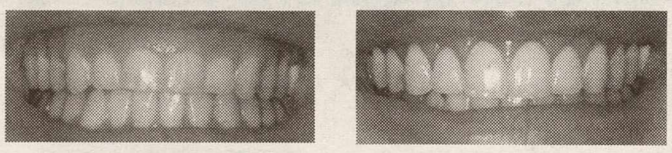

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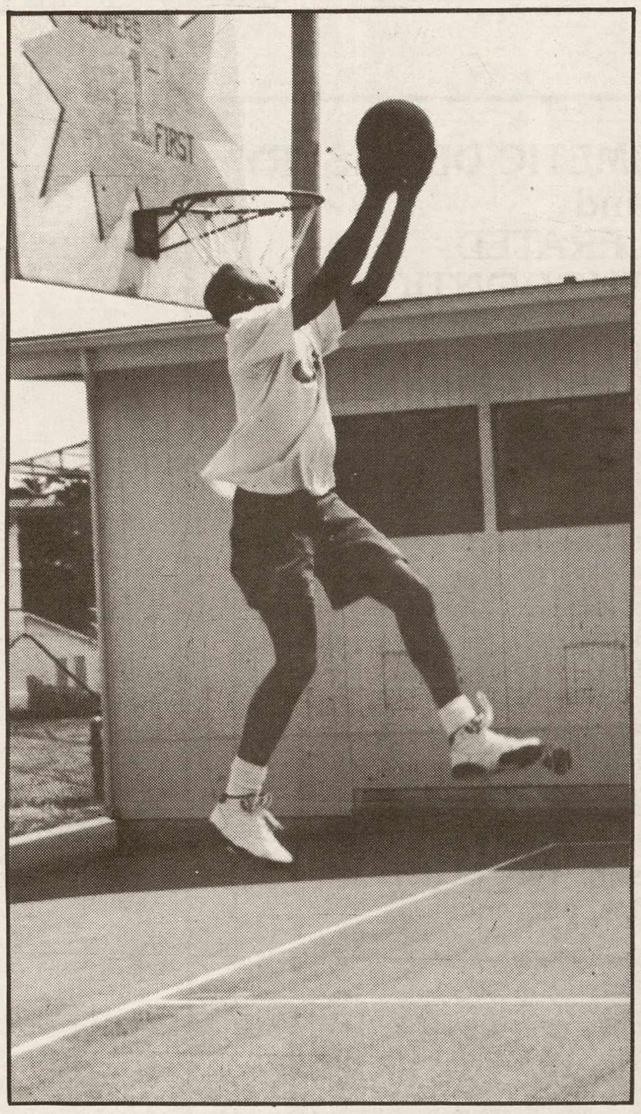
Find out about trekking in the Himalayas from representatives of travel and adventure companies.

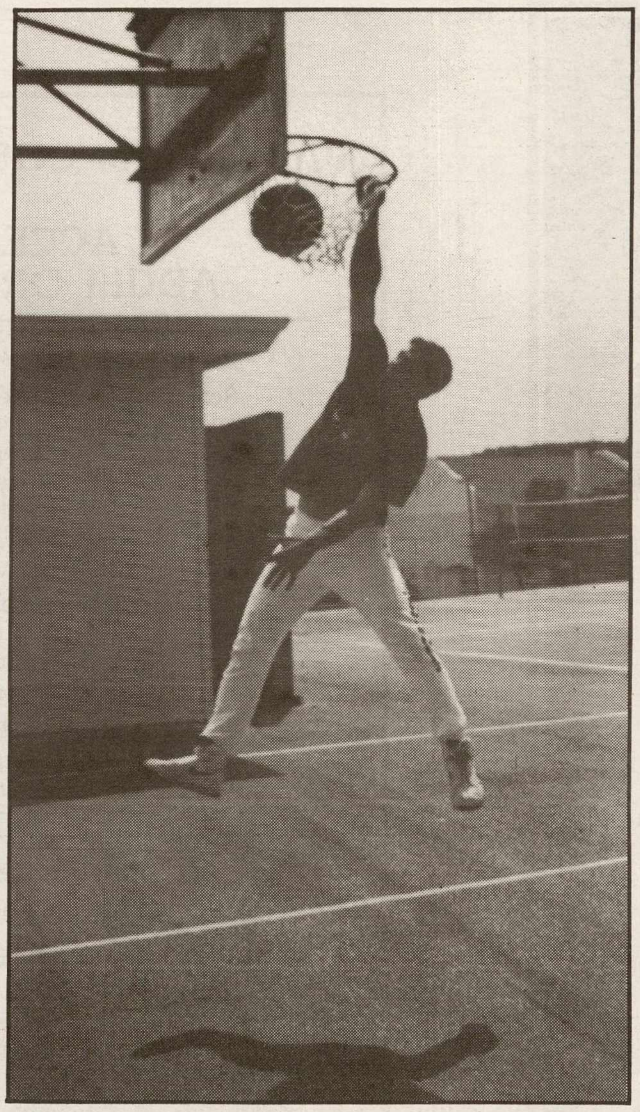
$3 donation goes for Himalayan charities and chance to win raffle prizes.

B-ball tournament showcases best in 2-on-2 action

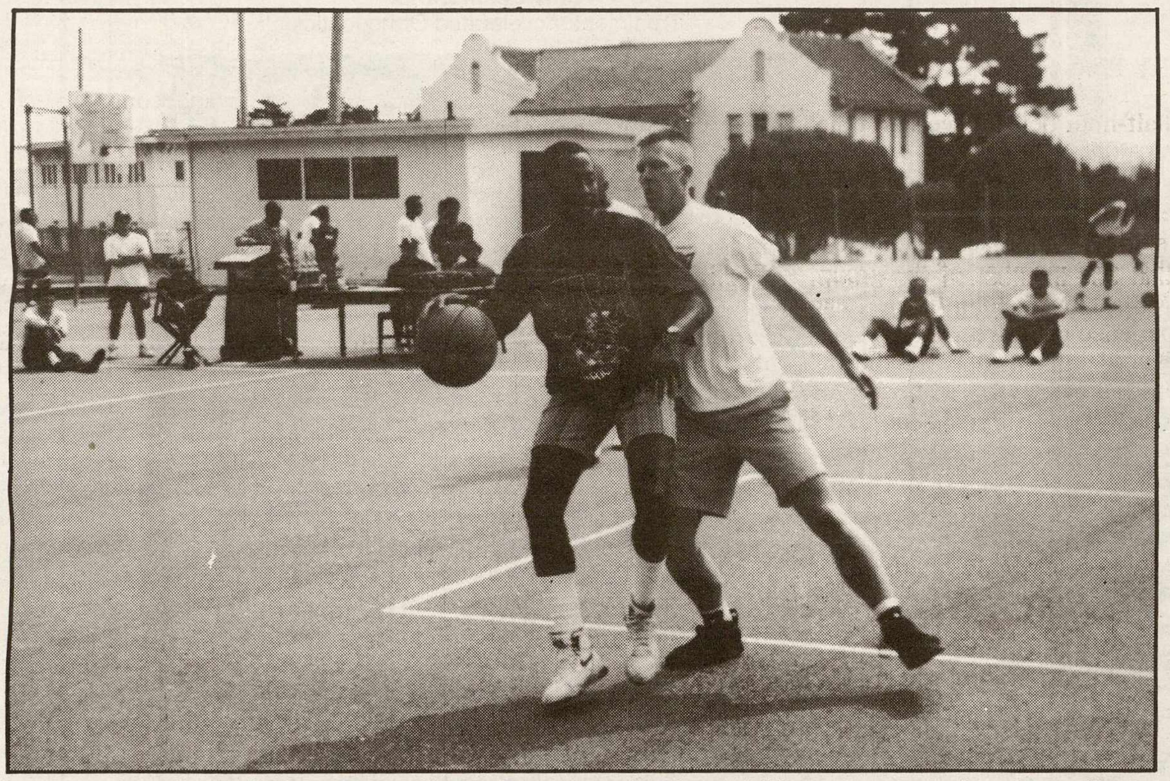
Photos and story by Spc. Adrienne Story
Star Presidian staff



Spc. Eric Jackson slams home a 180-degree dunk during the slam dunk competition held Saturday at Fort Scott.



Spc. Fred Harter proves he really can jump as he puts one in during the competition.



Protecting the ball, Sgt. Don Allen tries to get by Spc. William Story during Saturday's 2-on-2 tournament at the Headquarters Company, U.S. Army Garrison courts.

James Bouknight and Jerome Rogan were the overall winners in a 2-on-2 half-court, blacktop competition held Saturday at Fort Scott.

Bouknight also won the slam dunk contest, which was judged by Yolanda Barnes-Levy, KelliAnn Salano and Phyliss Harris.

The tournament was put on by Andre Clark and Michael Card of Headquarters Company, U.S. Army Garrison.

"We held the tournament to build morale," Clark said. "I think we had a good turn out. It gave soldiers a chance to get out of the barracks and enjoy themselves on a Saturday morning."

The games were played to 12 points or 15 minutes. Teams had to win by two points. Because of this ruling, four games went into overtime.

First round:

Bouknight/Rogan def. George Richards/Jason Encinias, **12-7**;

Anthony Lucas/Jason Thomas def. Fred Harter/Patrick Stevenson, **12-8**;

Charles Summers/Eric Jackson def. Alexander Calinagan/Alec Morrow, **12-6**;

William Story/Lorenzo Mallory def. Don Allen/Jeff McKeller, **12-8**.

Second round winners bracket:

Bouknight/Rogan def. Lucas/Thomas, **15-13** (OT);
Summers/Jackson def. Story/Mallory, **12 - 6**;

Second round losers bracket:

Richards/Encinias def. Stevenson/Harter, **9 - 8** (OT);
Calinagan/Morrow def. Allen/McKeller, **15-13** (OT).

Third round:

Bouknight/Rogan def. Summers/Jackson, **12 - 10**;
Richards/Encinias def. Story/Mallory, **12 - 6**;
Lucas/Thomas def. Calinagan/Morrow, **12 - 7**.

Fourth round:

Lucas/Thomas def. Richards/Encinias, **15-13** (OT);
Summers/Jackson def. Lucas/Thomas, **14-12** (OT).

Thomas was the tournament's high scorer overall, dominating the courts with 39 points. Bouknight fell just short with 31 points, Summers had 30 points, and Jackson and Lucas both had 25 points.

Another tournament is set for the third weekend in July, and will be open to all Presidians. An entry fee and registration deadline will be set. Watch the ***Star Presidian*** for details on the upcoming tourney.

"I feel the tournament went well. Everyone enjoyed themselves," Card said.

"We thought it would be nice to motivate the soldiers to get out and compete. We are going to add more to the next tournament to make it more competitive and professional."

Youth Activities 1993

Youth Services Activities for the week of May 24

unless otherwise noted, all activities take place at Building 386

Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Teen Council 3 p.m. **Swimming, Pre-Teen Party (10-12 yrs) 6 p.m.**	**Bowling 9 a.m.** **Giants Baseball 1 p.m.**		**Dance 4:30 p.m.**	**Nature Art 3 p.m.** **Karate, T-Ball & Baseball 5:30 p.m.**	**Crab Fishing 3 p.m.** **Keyboard Class 4:15 p.m.** **Dance 5 p.m.**	**Computer Class 4:30 p.m.** **T-Ball & Baseball, Karate 5:30 p.m.**	**Swimming 6 p.m.** **Teen Dance 7 p.m.**

Questions, or information requests, will be answered at 561-5143.

Tom Galvin

Ismael Kirui (right) leads the top seeded runners toward the finish line and a chance at a new BMW in the 1993 San Francisco Examiner Bay to Breakers Race, May 15.

Rena Davies and Maj. Wanda Arceneaux of the Sixth U.S. Army Public Affairs Office, rejoice at the finish line. (below) Presidio volunteers man the drawbridge at Howard and Third Streets.

1993 San Francisco Bay to Breakers

By Maj. Wanda Arceneaux
Star Presidian Staff

Some people call it the world's largest moving party. It's also known as the world's largest participatory sporting event.

But to more than 80,000 who become players in it each year, "Bay to Breakers" is like no other foot race/costume party.

This was my second year to run it, but this time I finished the entire 7.5 mile course. (including the notorious Hayes Street hill at the 2.5 mile mark. It's probably not really as steep or as long as it appears, but it looms ahead for a long enough time to make runners wish it were not quite so visible or imposing)

Although Sgt. Maj. Ted Disney, Presidio's Bay to Breakers volunteer organizer for the past several years, is no longer in the area, three bus loads of Presidio volunteers pulled out of a Fort Scott parking area at the unthinkable time of 4:30 a.m. on Sunday (that's right, a day when most people sleep late).

The buses dropped volunteers off in an area near the starting line, under the Bay Bridge, to get their assignments and official volunteer wind breakers. Then they scattered out to their stations to become either part of the "human wall," which is tasked to keep order at the starting line, or the "draw bridge," which must keep runners from entering the race route from the side streets—at least until the "seeded" and "sub-seeded" runners (top 1,000 who can prove just how fast they really are) have gone by.

The first Presidio volunteer I found was Tom Galvin from the Sixth Army Deputy Chief of Staff for Resource Management Section. He told me that I could find a group of Presidio volunteers forming the draw bridge at Howard and 3rd Streets. About a half-hour before race start time, I saw Bob Cowan from the U.S. Army Garrison Headquarters with a group of other Presidians.

As the start time approached, it became evident that one member of the group, Provost Marshal Maj. John Fowler, had some experience in crowd control. Once he gave the order that no one was allowed to cross the street until after the first group of runners came by, only one very large person was brave enough to question his authority.

Just a few minutes before the starting gun was set to go off, I saw a young woman in a purple satin bridesmaid or prom dress (and running shoes, of course) trying to get through the barricade for a short cut to the starting line. She was fortunate to be recognized by many of the Presidio volunteers as Capt. Mary Kay Horvath, recently from the Sixth Army Protocol Office, so a volunteer escorted her and her group of "running bridesmaids" up the street.

We never heard the starting gun go off, but within minutes after 8 a.m., the seeded runners came by in a big rush. About a minute later, the volunteers moved the barricades, and I was swept into the running mass on Howard Street.

Along the way bands played, spectators shouted and strange-looking costumes appeared. My favorite was a centipede (a group of runners tied together who must stay that way throughout the race) of dental students. They were connected by a huge black toothbrush which fit over their heads, and they were singing a song in French. When they got around to the English translation, I found it was a song telling people to brush their teeth.

And then there was a guy who continuously shouted, "recycle, re-use, conserve." He was covered with aluminum cans and seemed to me to be very "California."

A few runners obviously expected very hot weather, because they were wearing very little clothing. In fact, I have one of these runners to thank for an unusually fast finishing time, because I was trying to snap his photo from behind before he got away.

The views (provided by the thousands of costumed runners) all along the race route offered such diversity, that I barely realized how long 7.5 miles really can be.

After my running partner Rena Davies, and I made it through the finish line and walked over to the polo field to pick up our T-shirts, we encountered Lt. Col. Thomas Gallegos from the Sixth U.S. Army Deputy Chief of Staff for Mobilization Evaluation Section. He told us this was the first time he had run Bay to Breakers and he was born and reared in San Francisco.

We saw several more Presidio volunteers and congratulated each other for meeting our goals. Now that I've crossed the hurdle of running the entire route, what's next? Some runners—of the "seeded" variety, no doubt—try to win the car (a red BMW 325i convertible) at the finish line. (The winner was probably picking up the keys to his new car when I was only halfway through the route).

Ismael Kirui, an 18-year-old from Kenya, won the race in a time of 33 minutes, 42 seconds. Lynn Jennings from Newmarket, New Hampshire was the top female finisher in a time of 39 minutes, 14 seconds. Both won BMW's.

I'll be happy just to do the race again for the unique experience of it all. And if I get my name printed in the newspaper as one of the top 10,000 finishers and have nice weather and good musical entertainment after the race, that will be icing on the cake. That's what Bay to Breakers is all about.

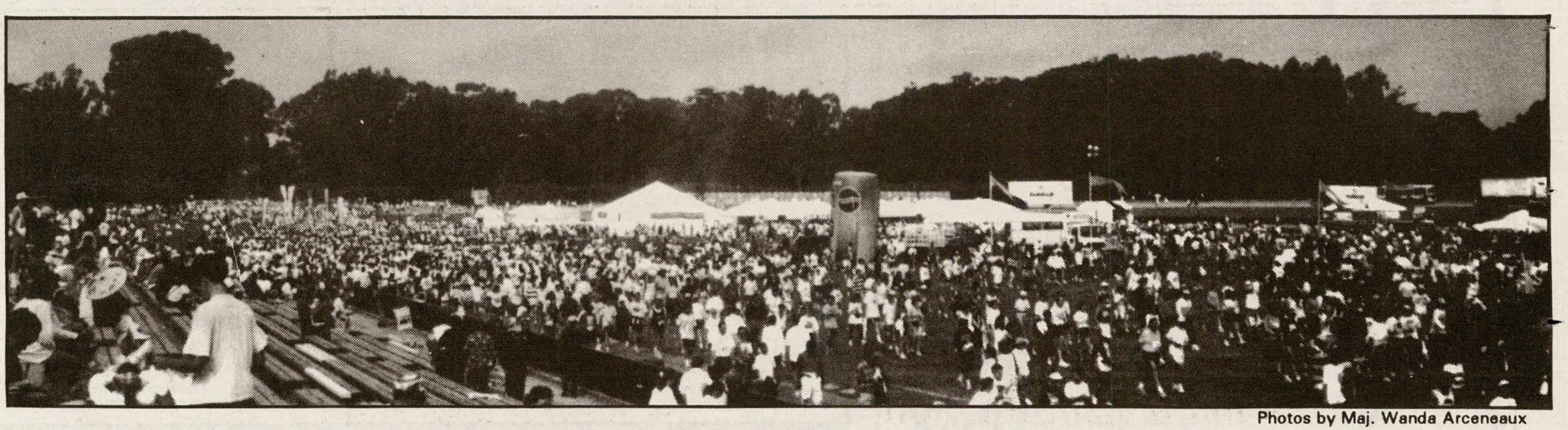
Editor's Note: Arceneaux finished in the top 5,000 runners with a time of 1:07:58.

The 1993 Bay to Breakers

According to the *San Francisco Examiner*, who sponsored this weekend's race, 766 military participants, from the Bay Area and elsewhere, took part in the Bay to Breakers Race.

The following is a partial list of Presidio participants and their times:

Robert Darling 41:52
Terez McClarty 51:31
Johnny Weist 54:30
Dennis O'Conner 56:31
Charles Conrad 56:34
Alec Morrow 56:00
Linden Queto 59:48
Alexander Calinagan 1:00:00
Michael McGovern 1:00:56
Thomas Hanna 1:03:09
Lloyd Rolle 1:03:32
Thomas Gallegos 1:06:04
Steven Stryker 1:06:17
Wanda Arcenceaux 1:07:58
Rena Davies 1:08:10
Richard Armfield 1:08:28
Lee Stewart 1:09:22
Jeff Mathis 1:10:00
Thomas Morey 1:10:44
Bill Driver 1:10:00
Nora Brownlee 1:13:00
Laura Armfield 1:13:06
Donald Smith 1:13:44
Robert Riecke 1:13:54
Angelo Aleman 1:14:12
Linda Norman 1:15:24
Tim Burns 1:30:00



Photos by Maj. Wanda Arceneaux

Thousands of participants take part in a party at the Golden Gate Park Polo Fields at the end of what is called one of the largest parties in tennis shoes in the Unites States, May 16.

Continued from Page 5

SFSU hosts AIDS conference

A conference titled "HIV, AIDS, and Chinese Medicine: A First International Conference," will open with a public forum at 8 p.m. June 19 at San Francisco State University, Knuth Hall, Creative Arts Building, 1600 Holloway Avenue. Admission is $5. The main conference will feature a two-day program of discussions and workshops led by leaders in the field, with a registration of $145, or $75 for students. Scholarships and continuing education credit available. The event is sponsored by S.F. State's Institute for Holistic Healing Studies and the Chinese Medical Science Research Institute. For information call **453-2130**.

Outdoor rec rents camping gear

Cruise lazily down the Russian River at your own pace in one of Outdoor Recreation's canoes. Stop along the banks of the river for fishing or a picnic. Canoes, fishing equipment, camping equipment and coolers are available at Outdoor Recreation for small fees. For information visit Building 667, across the street from the Automotive Skills Center, or call **561-4324**.

ACS offers parental stress classes

The Presidio Army Community Service has scheduled parenting classes from 10 a.m. to 12:30 p.m. Thursdays in the ACS Conference Room, Building 103B. Topics and dates are: Thursday, **"When Nothing Works"**; June 17, **"Taking care of ourselves"**; June 24, **"Who's in control?"** Space is limited. ACS also offers stress management classes Thursdays from 2 to 4 p.m. These classes offer an opportunity to learn skills to manage your stress and to have more fulfilling relationships. Topics include: June 24, **Personnel stress management; July 1, Change management.** All classes are free and free child care is available on a by-reservation basis. To sign up and to preserve your child care, call Karen Kaho at **561-5155**.

Mandatory pre-transition brief held

The Military Personnel Division's mandatory pre-transition briefing will be from 8 a.m. to noon at the Presidio Audio/Visual Center, Building 603. Topics will include veterans benefits, employment assistance, property shipment, legal assistance, travel entitlements, and out-processing procedures designed to assist in making the transition to civilian life as simple as possible. In accordance with Army Regulation 635-10, soldiers scheduled to separate or depart for transition leave prior to separation between May 31 and Sept. 30 must attend this briefing. For dates or other information, call Sgt. Anthony Lockhart, Military Personnel Division, at **DSN 586-2151** OR **586-3297**, or commercial **561-2151** or **561-3297**.

Museum offers visitors lots to see

In a joint agreement with the U.S. Army to better serve visitors to the Presidio, National Park Service rangers are now on duty in the Army Museum Wednesdays through Sundays, 10 a.m. to 4 p.m. The museum was established in 1972 by the Fort Point and Presidio Historical Association, and is also open on Tuesdays. There is no admission charge. The rangers began April 4 greeting 245 visitors The museum, located in the old post hospital at the corner of Lincoln Boulevard and Funston Avenue, was built in the 1850s. Museum director Herb Garcia and his staff are now cataloging and inventorying the artifacts at the museum in preparation for the transition from the Army to the National Park Service. Most material will remain at the Presidio, though a few items relating to the Army's role elsewhere will be moved to other Army museums. National Park Service rangers on duty at the Presidio Army Museum are Peggy Rives, Fabian Brown, and Berkeley Yoshida.

EO Office begins new hotline

The Equal Opportunity Office here has began a new sexual harassment hotline for the Presidio of San Francisco community. If you are suffering on-the-job harassment here, please call 56H-ARAS, or just dial HARAS on-post. The staff at EO is standing by the assist you.

Presidio Flea Market set for June 5

The next Presidio Flea Market will be held June 5 in front of Building 204.

ADMIT ONE

Movies at the
Presidio Theatre

Friday-Fire in the Sky (PG-13)
Saturday-Falling Down (R)
Sunday-The Vanishing (R)
May 28-Aladdin (G)
May 29-Cop and a Half
May 30-Hear No Evil (R)
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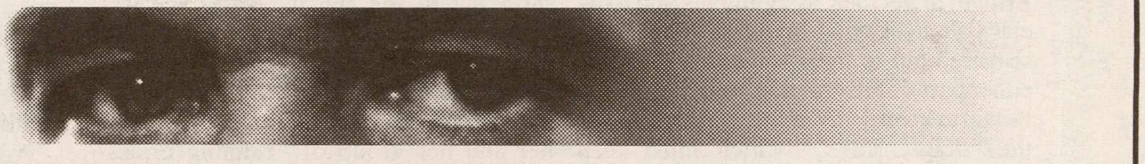

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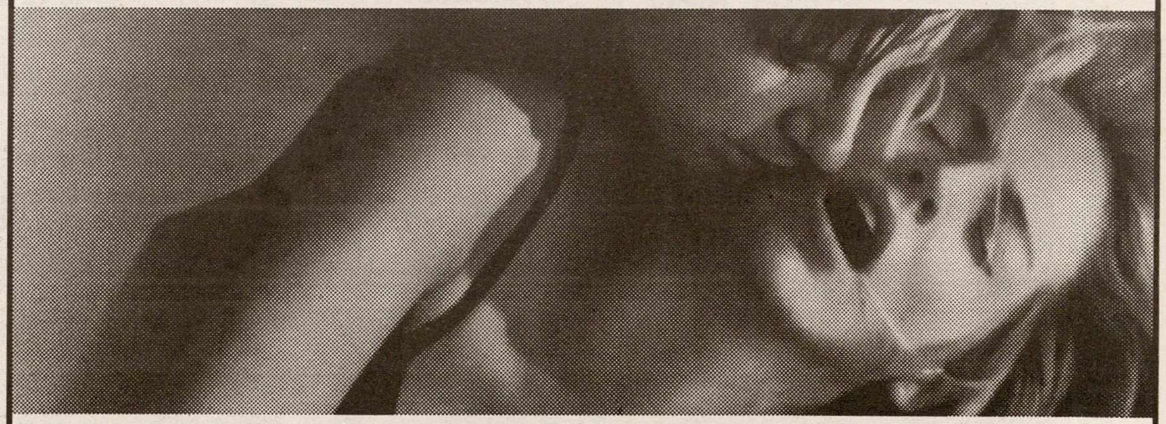

SLIVER

Paramount Pictures presents a Robert Evans production Sharon Stone William Baldwin Tom Berenger SLIVER Martin Landau music score by Howard Shore music supervisor Tim Sexton co-producer William J. Macdonald edited by Richard Francis-Bruce production designer Paul Sylbert director of photography Vilmos Zsigmond, A.S.C. executive producers Howard W. Koch, Jr. and Joe Eszterhas based on the novel by Ira Levin screenplay by Joe Eszterhas produced by Robert Evans

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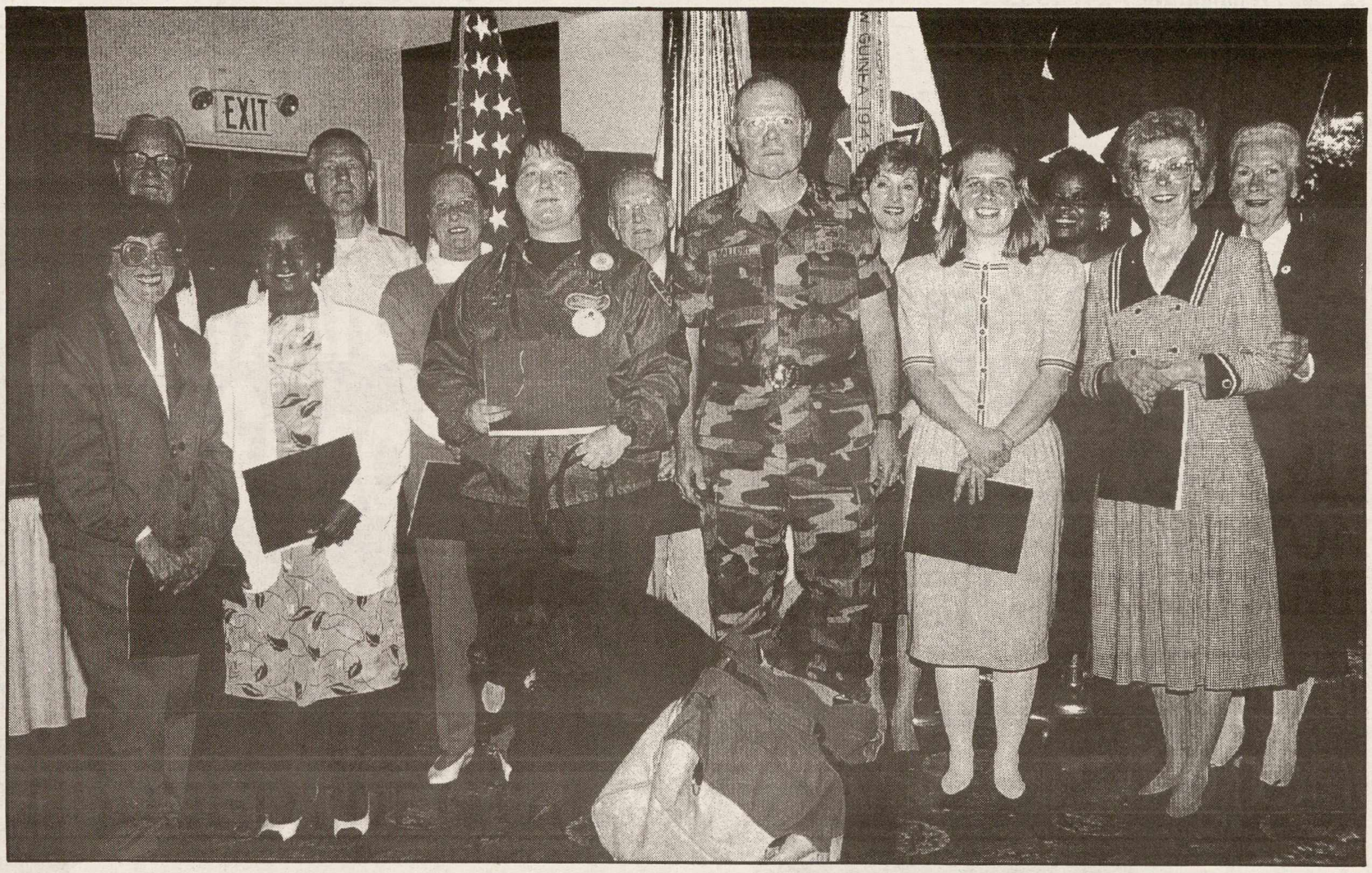

Presidians honored at the Volunteer Recognition Luncheon, which was recently held at the Presidio Officers' Club, by Maj. Gen. Glynn C. Mallory, Jr., 6th U.S. Army and Presidio commander, *(center)* included *(Front row left to right)* Joan Barrett, Beulah Hudson, Eve Iverson, Christine Richardson and Jean Zurek, *(second row left to right)* Lt. Col. Richard Allphin, Maj. Michael Koplin, Ellen Litney, Herb Mann, Sherri Miller, Valencia Moore, and Katalin Winegard. Not pictured are Brad and Mary Lorber.

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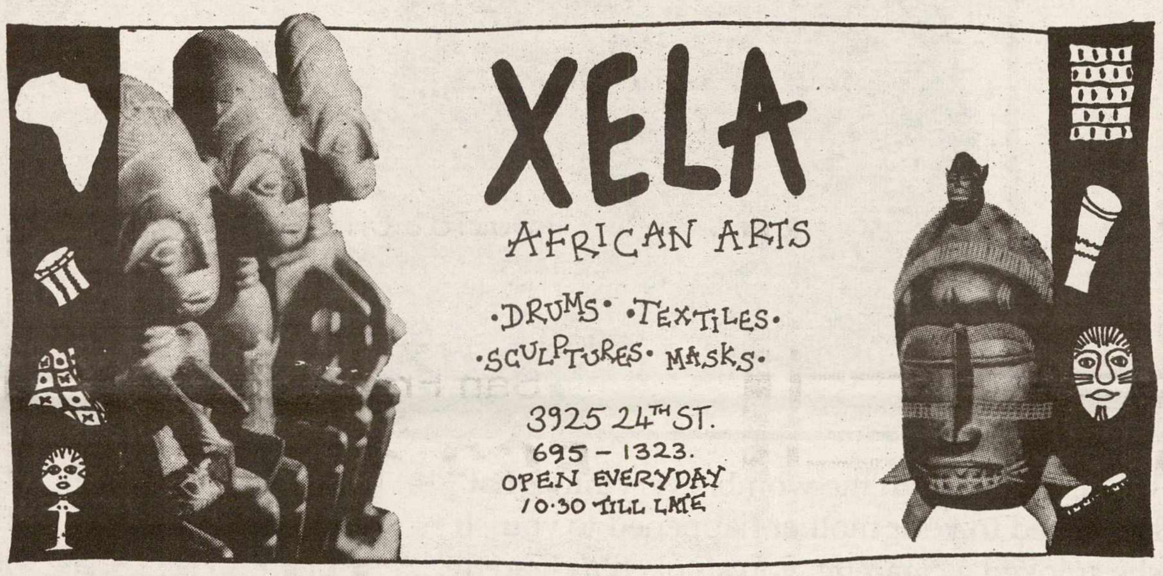

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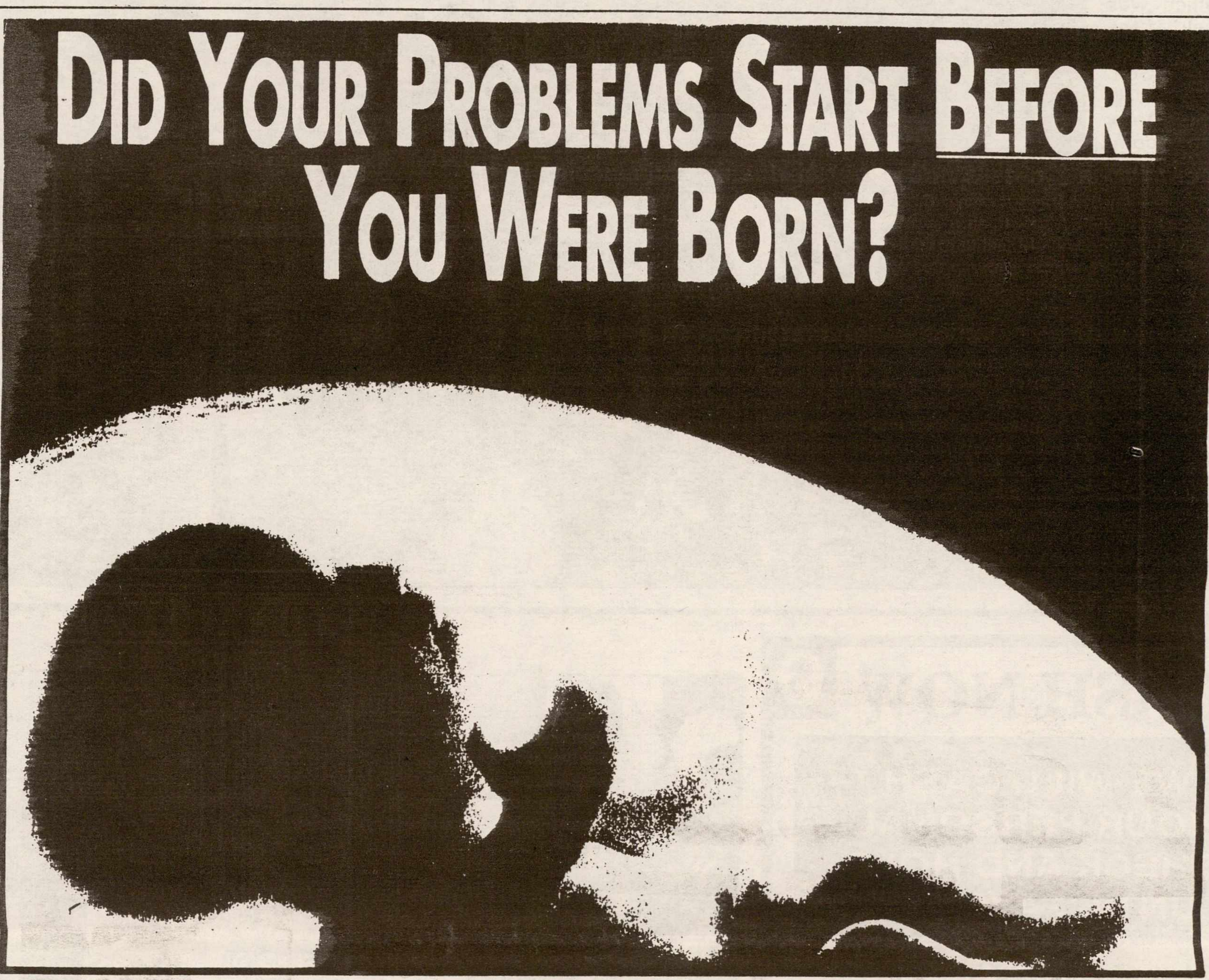

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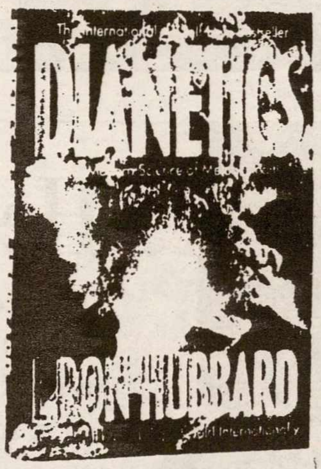

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Health fairs tackle questions Thursday

Secure your family's health care as Letterman U.S.Army Hospital continues to down-size. The Hospital staff highly encourages all active duty military, family members, and CHAMPUS eligible retirees to attend a Health Care Information Briefing. The hospital's Patient Service Center will address the hospitals down-sizing status and how this will impact all the beneficiaries who are currently utilizing Letterman for health care. Foundation Health will brief on CHAMPUS Prime. CHAMPUS Prime differs from standard CHAMPUS in that it features expanded benefits, no premiums, less paperwork, and reduced out-of-pocket costs. The briefing will be held from 1 to 2 p.m. Thursday, in the Hospital's Torney Hall (first floor). After the briefing, representatives will be present to answer questions and enroll eligible beneficiaries into CHAMPUS Prime. For information contact Jane Butler, at (415) 561-4509.

All retirees (over 65 years of age) and their dependents are highly encouraged to attend the 'Health Care Planning Information Briefing" at Letterman U.S. Army Hospital. This briefing is to update senior retirees on Letterman's down-sizing status and inform retirees of available Bay area health care resources. An opportunity to enroll in a Bay area health care organization will also be provided. The 'Health Care Planning Information Briefing' will held in Letterman U.S. Army Hospital's Torney Hall (first floor) on Thursday, from 8 to 11:30 a.m. There will be a series of seven different presentations; Letterman's down-sizing status, Medicare supplemental insurance, four different health maintenance organizations, and HICAP (Health Insurance Counseling Advocacy Program). For information contact Jane Butler, at (415) 501-4509.

The Presidio Youth Swim Team's season closed with a barbecue Monday. The team thanks all Presidio auxiliaries and individual Presidians who've helped make this a winning season.
***Front row left to right*: Maria Hechanova, Brynna Murray, Kyle Lee. *2nd row*: Michael Deehl, Marisa Bowersox, Rebekah Koplin, Renée Hazas. *3rd row*: Veronica Marek, Nathin Chin, Daniel Dolinger, David Hazas. *4th row*: Emily Sickafoose, Rachel Murray, Mercedes Salgado, Joel Dolinger. *5th row*: Bethany Thompson, Rebekah Baker, Jessica Marek, Justin Griego. *6th row*: Mark Salgado, Jon Bokmeyer, Brandon Koplin, Chris Bowersox. *7th row*: Melanie Rains, Joshua Dolinger, Bryan Peterson. *8th row*: Johnny Adkins, Jennifer Bokmeyer. *9th row*: Jennifer Kasten, Kimberlee Koplin. Members not present: Jeremy Edwards, Erica Erwin, David Gardner, Erica Hazas, Joe Valdes, Jason Pingstrom. Coach: Mike Koplin; Assistant coaches: Judy Hutton and Andrew Bokmeyer.**

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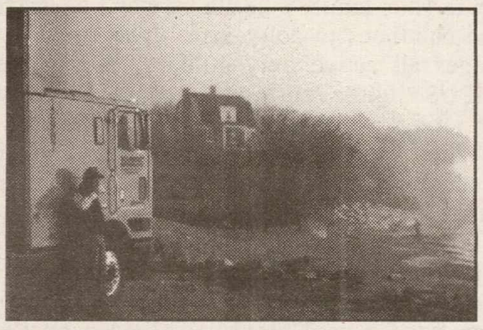

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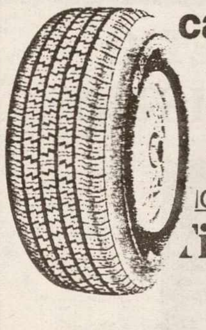

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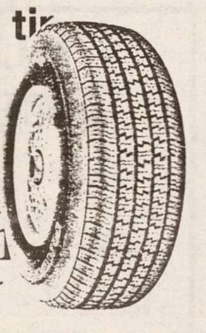

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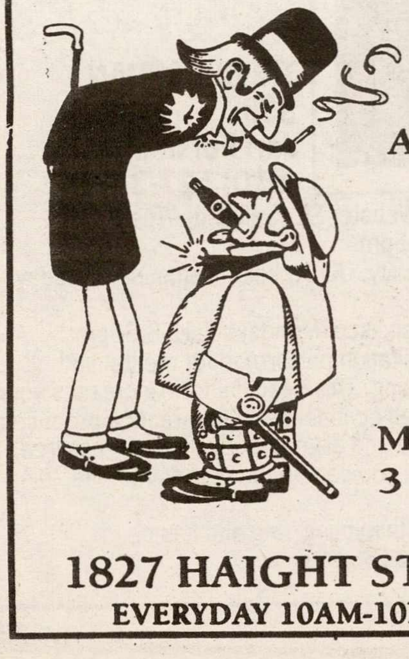

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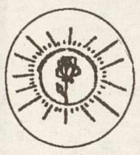

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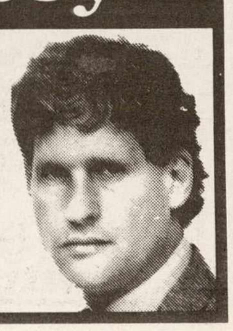

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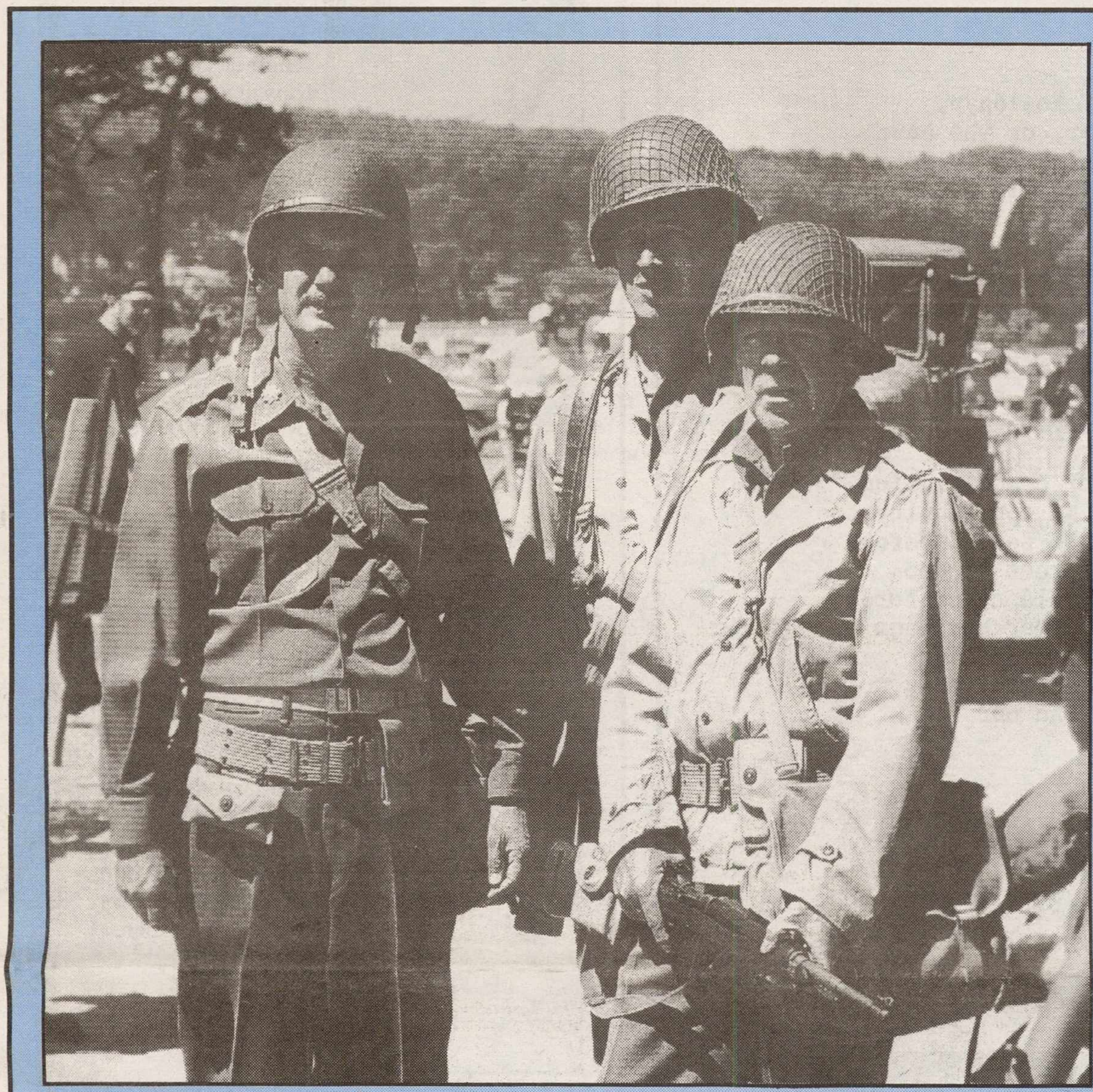
Star Presidian

Vol. 38, No. 20 Published for the Presidio of San Francisco Community May 28, 1993



An event to remember... Sgt. John W. McGarrah

Bay Area residents and tourists who are used to unusual sights here, were treated to something different Saturday and Sunday. As soldiers representing a different era, reenacted the storming of Normandy on the beach a Crissy Field. For additional photos, see Page 8.

Presidio hosts historic Normandy reenactment

By Sgt. John W. McGarrah
Star Presidian Staff

Soldiers wearing World War II uniforms worked feverishly to secure the beach, laying sandbags and sweeping for mines.

Everywhere in sight were the implements of war: A Liberty Ship waiting at sea, while a navy landing craft, a DUKW (and amphibious vehicle), jeeps and ambulances packed the shore. But this wasn't the beach at Normandy on that famous D-Day, it was Crissy Field this weekend.

San Francisco residents and tourists alike got a rare chance to see the historic S.S. Jeremiah O'Brien, one of two operational liberty ships of the 2,700 built during World War II, grace the waves again Saturday and Sunday. The national historic landmark vessel was marking the National Maritime Day weekend by making it's annual Seaman's Memorial Cruises in honor of sailors who lost their lives in World War II. The ship carried about 2,000 people on two six-hour cruises, laying a memorial wreath at the Golden Gate.

This weekend was a dress rehearsal for the Jeremiah O'Brien's return to Normandy next year for the 50th Anniversary commemoration. The O'Brien was among the vast fleet involved in the June 6, 1944 invasion that led to an allied victory in the war.

Maj. Gen. Patrick H. Brady, deputy commander (Active Component) for the Sixth U.S. Army presented a commemorative American flag and a certificate from the World War II Commemoration Committee to Rear Adm. (ret.) Thomas Patterson, for his organization's participation in the commemoration of the 50th Anniversary of World War II.

Local re-enactors and ones from out-of-state, many of which brought personally-owned vehicles and clothing, took part in the event.

The ship is permanently breathed at Fort Mason's Pier 3 and is open to visitors and tourists year round.

Taking charge of your future

Job fairs can be invaluable for job seekers

By Lt. Col. David McClure
Special for the Star Presidian

EDITOR'S NOTE: This is final part of a three part series by Lt. Col. David McClure, Sixth U.S. Army Public Affairs Office. McClure is a reserve officer with nine years experience in career planning and placement at Central Texas College, providing support to military personnel and their families worldwide.

The popularity of job/career fairs has been in the forefront for job seekers for the past few years.

Job fairs are organized and sponsored by a variety of organizations.

As a new job seeker, you may ask, 'what is a job fair?', 'what is the process?', 'how do you prepare for a job fair?', or you may have heard horror stories of long lines, companies attending but not hiring, confusion, crowds, and other negative comments. This is a result of not knowing the keys to have a successful job fair experience and at a minimum a follow-up interview or request for a resume.

After organizing nine job fairs and attending many others, I will share my observations and explain the three "P's" for success at a Job Fair.

1. PREPARATION--The key to success.

•Begins with the earlier stages of job search strategies and is put into focus based on the list of employers attending.

•Pre-register if available for early prescreening for an interview.

•Obtain a list of employers from the organizers and plan your strategy for which companies you would like to visit.

•Research the companies in attendance and prepare several questions to ask each recruiter.

•Be prepared to sell yourself--and fast! You only have a few minutes to introduce yourself, show you know what the company is about, and spark the recruiters interest in you for a future, more formal interview.

•Check out the other companies to see what opportunities they have. Failure to do this will cause you to screen yourself out of a job based on your limited perceived knowledge of what they may have to offer.

2. PROFESSIONALISM--A must!

•Treat this event as if it were a formal interview.

•Dress appropriately so you "stand out and are noticed" for the right reasons. Basic guide: be conservative and dress one level above what is expected on the job.

•Be polite at all times. The person you meet in the parking lot, elevator, hallway, or restroom may be a recruiter you will see that day.

•Display confidence, enthusiasm, and the ability to think and speak on your feet and under pressure.

•Get the recruiter's business card, and discuss how and when you should follow-up with the recruiter.

•Follow-up letters offer another opportunity to outline what you know about the company, your qualifications, and why you are a "good fit" in their organization.

3. PATIENCE--Always a good virtue.

•Be prepared for long lines especially at the larger companies, so consider comfortable shoes and start selling yourself while in line by respecting other candidates privacy while they have the recruiter's attention.

•Follow your plan and make notes after you have spoken with a recruiter and then regroup and have your thoughts in order for the next recruiter.

•Remember, most recruiters are not authorized to hire on-the-spot and a job offer will probably not be made--you are only trying to land a follow-up interview or acquire a positive interest in yourself and your ability to gain more information about future career opportunities.

Statistics vary on the number of candidates who receive an interview at job fairs but those who are prepared are usually successful.

The process of interviewing could be on the spot interview, scheduled during the course of the day, or can take three to four months. Again, the larger the company, the longer this may take. Some federal jobs will take up to a year for the process.

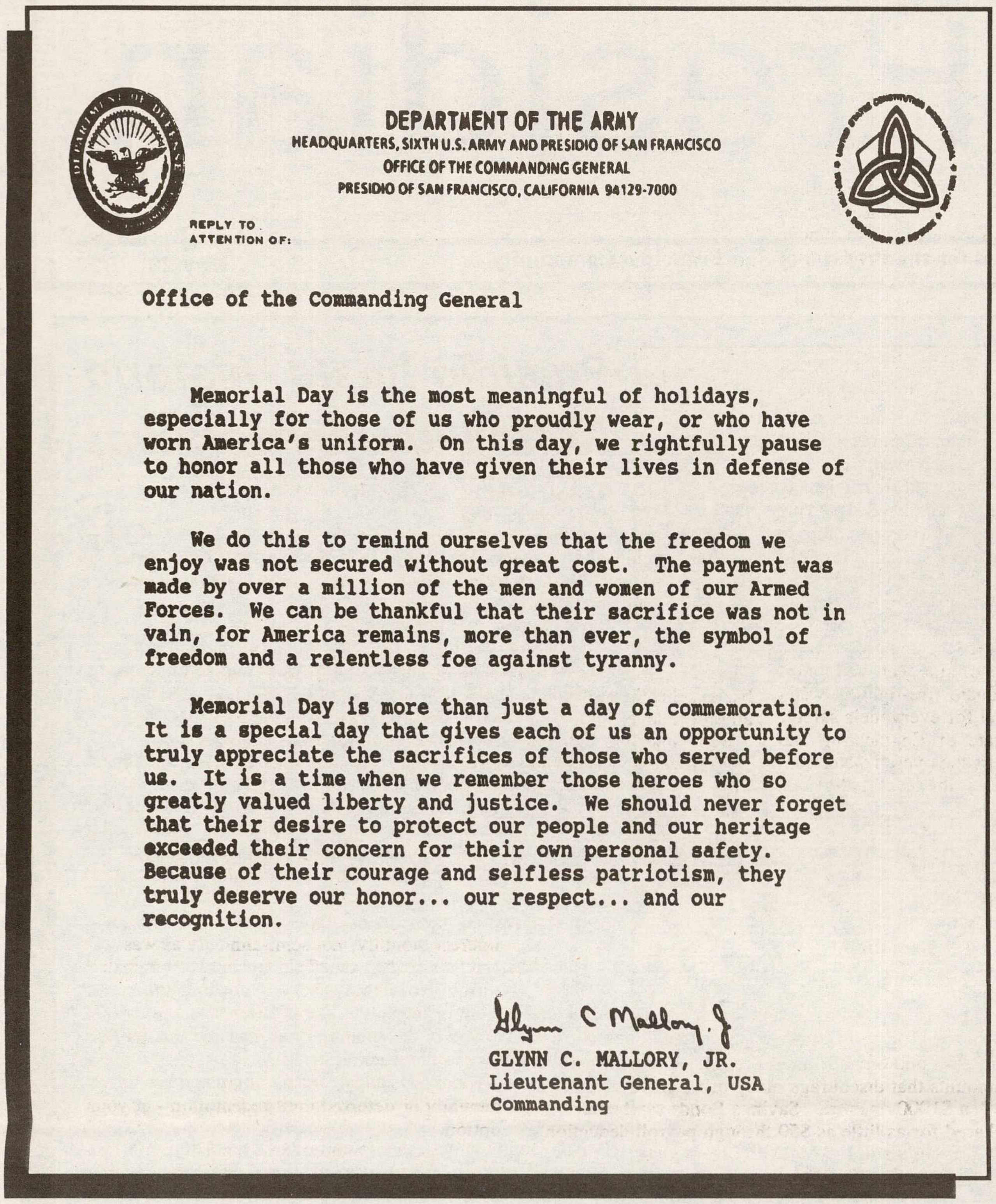
Remember the three "P's" and make job fairs work for you!

A personal note is to be very selective in leaving your resume with a recruiter. If possible check the specific job qualifications against your resume and take the time to strengthen the resume and then submit later to the recruiter or appropriate person. This may help get your resume out of the large stack collected during the job fair and receive more positive attention.

Assess the experience you gain each time you communicate with a potential employer and plan a variety of strategies in conducting your job search.

Attend a variety of job fairs since each one is organized for different goals and representative companies will also vary.

Good luck in finding that job!



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Memorial Day is the most meaningful of holidays, especially for those of us who proudly wear, or who have worn America's uniform. On this day, we rightfully pause to honor all those who have given their lives in defense of our nation.

We do this to remind ourselves that the freedom we enjoy was not secured without great cost. The payment was made by over a million of the men and women of our Armed Forces. We can be thankful that their sacrifice was not in vain, for America remains, more than ever, the symbol of freedom and a relentless foe against tyranny.

Memorial Day is more than just a day of commemoration. It is a special day that gives each of us an opportunity to truly appreciate the sacrifices of those who served before us. It is a time when we remember those heroes who so greatly valued liberty and justice. We should never forget that their desire to protect our people and our heritage exceeded their concern for their own personal safety. Because of their courage and selfless patriotism, they truly deserve our honor... our respect... and our recognition.

Glynn C Mallory. Jr

GLYNN C. MALLORY, JR.
Lieutenant General, USA
Commanding

Security Corner/ *Vehicle Vandalism*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

Crime is an unfortunate outcome of hard times. Sadly, our values change with our nation's economic condition. We tend to distract ourselves with complacent attitudes and by letting our guard down, which encourages a crime conducive environment.

"Hard times" can also be the excuse commonly exploited by criminal opportunists who lack values, and who are intolerable. You can do something about it.

Take precautions against vehicle vandalism, damage, and larceny. Prevent getting ripped off by taking the following positive steps.

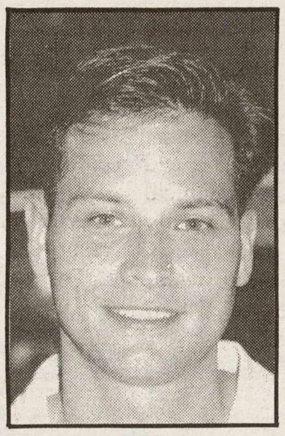
- Lock vehicle doors and roll up windows.
- Take the keys.
- Engrave a personal identification number on your car radio and other removable equipment.
- Secure all valuables and packages out of sight, no matter how trivial (in the trunk, for example). Remember -- "Out of sight, out of mind."
- Park smart. In a garage or on a well-lighted, sell-traveled street, or parking lot.
- Install anti-theft hardware, if possible.

Protecting our property helps us protect ourselves. If you notice a suspicious person looking into windows, or wandering and hanging around parked cars with no apparent purpose, report it to the Military Police at 561-2251 or 561-2252.

Ask Presidians

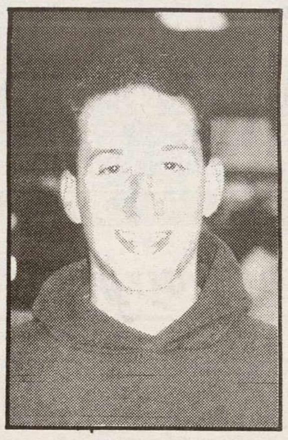
What Facility on the Presidio do you find the most useful? Why?

Rosemary Smith, family member: "Letterman U.S. Army Hospital. I've been using them for 19 years, now I'm going to have to find another doctor and hospital. It was convenient in case of emergencies."

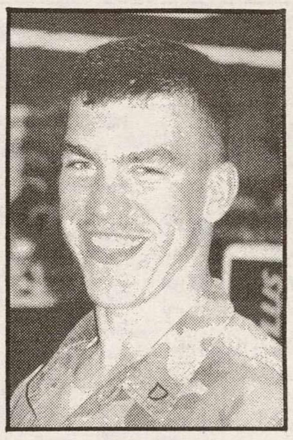


Spc. George Miller, Fort Ord: "The Outdoor Recreation Section. I can rent camping and sporting equipment I can't afford, for a fraction of the cost: enjoy it and turn it back in."

Capt. Deborah Jackson, Presidio ROTC: "The Commissary, Main Post Exchange, swimming pool, Outdoor Recreation Center and the gym. Everything I need is here."



ROTC Cadet Jock Pool, University of San Francisco: "The Presidio Main Post Exchange because I can buy things here a lot cheaper than I can off-post."



Pfc. Johny Wiest, 864th Engr. Bn.: "The Gym. I use the equipment to work out. I like to stay in shape and my unit's physical training just isn't enough for me."

Photos by Sgt. John W. McGarrah

Star Presidian

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Repairs may result in water conservation measures

By Rajeev Parasnis
Directorate of Engineering and Housing

Water consumption on post dropped dramatically during the long drought. The chart shows the remarkable decrease in Presidio's water usage over the last five years. The credit for successful conservation goes to all those who live and work here. The Presidio lawns are green, everybody is enjoying the spring weather and summer is right around the corner. But summer also means more water for the flower beds and lawns. Outdoor irrigation accounts for almost half of post water consumption during the warmer months.

The Presidio is fortunate to have a flowing creek in its own backyard. The Lobos Creek and two groundwater wells supply over 90 per cent of our needs. The balance is purchased from the City of San Francisco. The Presidio's water treatment plant near Baker Beach pumps several thousand gallons of water each and every day. Obviously, all mechanical equipment wears down and eventually needs to be replaced.

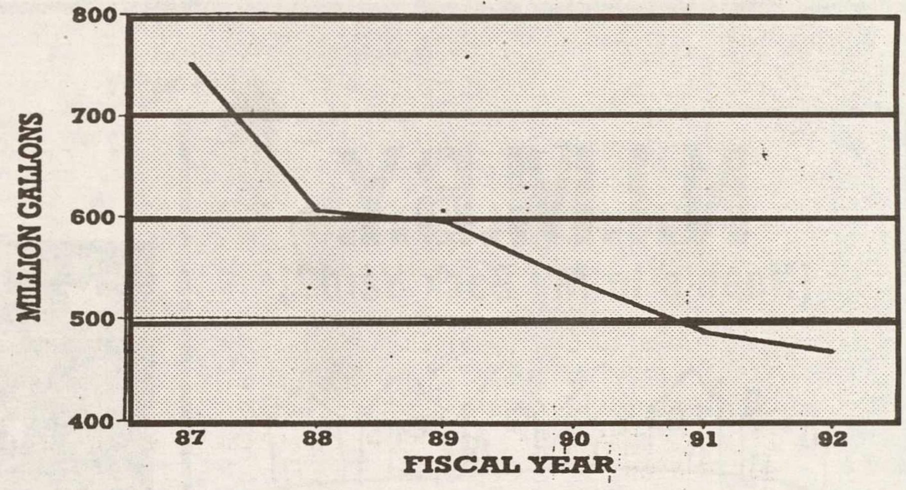
The hard-working pump at the water treatment plant were near the end of their economic life. Therefore, the Directorate of Engineering and Housing arranged for a contractor to furnish and install new, high-output, high-efficiency water pumps at the plant. The retrofit work started around May 1, 1993. The one-million gallon clearwell is being cleaned and disinfected. Work is underway to remove old pumps and install new vertical turbine pumps and motors atop the clearwell. If everything goes according to schedule, the water treatment plant should be up and running by June 15, 1993.

In the meantime, all of our water is being purchased from the City of San Francisco. The Pacific Avenue pump station is capable of pumping 1,68 million gallons of purchased water per day. This quantity is ordinarily sufficient to take care of the post's daily needs during this time of year. The water is stored in the main reservoir in the middle of the Presidio Golf Course and distributed by gravity to various parts of the installation. The Presidio Fire Chief has determined that we need to keep the main reservoir at a minimum level of nine feet at all times. Having an adequate fire-fighting water reserve is critical for everyone's safety.

The Directorate of Engineering and Housing monitors the overall water consumption as well as the level in the main reservoir on a daily basis. The level has hovered around 10 to 11 feet during the first two weeks of the water plant shutdown. The golf club has started buying water directly from the city to conserve the post's resources. Grounds irrigation continues around post, but on a reduced basis so that the reservoir does not drop to an unsafe level.

Remember the old sign near the Presidio fire station at Lincoln and Halleck? The one that says "Army Conserves Water"? The condition has been green for several months, indicating that post residents are permitted to water their lawns and flower beds without any restriction. However, if it is discovered that the city water pump cannot keep up with the Presidio's water consumption, we may have to declare a temporary condition Red. A red strip would replace the green strip on the sign. Residents should refrain from all outdoor watering while this condition lasts.

38% REDUCTION IN WATER USED DURING THE DROUGHT YEARS



Benefits of Savings Bonds highlighted in June

Lt. Col. Daniel M. Caughey
Deputy Director Resource Management

The Army has designated June as the 1993 Savings Bond Campaign. If this fact produces a ho - hum attitude, look again - you may just find that United States Savings Bonds have a place in your financial future.

The guaranteed minimum interest rate for savings bonds is currently 4% if held six months compared to 3.1% or less for six month Certificates of Deposit, CDs, at most major banks.

EE series bonds held for five years earn the market variable rate, currently 4.78%, a rate many major banks are offering for comparable 5 year CDs. Since the market variable rate for Savings Bonds can increase, but never decrease below the guaranteed minimum rate, bonds allow upside potential while guaranteeing returns should interest rates drop.

CDs on the other hand rarely allow upward adjustments during the holding period, and often charge substantial penalties if traded in before maturity for a better paying certificate.

Banks and Savings and Loans have minimum CD amounts that discourage many prospective savers, often $1000 or more. Savings Bonds can be purchased for as little as $50 through payroll deduction, and if that's still too big a bite from your paycheck, the Army will allow smaller deductions from each pay period, then buy you a bond automatically upon collecting the entire $50 purchase price. Better still, they'll back date the purchase price giving you a head start on interest accrual.

Bonds can be redeemed for instant cash, and redeemed without substantial penalty fees most banks charge for early redemption. Even better, series EE bonds purchased after 1 March 1993 accrue interest monthly, not semi-annually as was previously the case. This means you can redeem your bonds on any monthly anniversary without loosing interest.

Don't forget, interest earned on Savings Bonds is free of state and local income taxes. Federal income tax on Savings Bond interest can be paid annually or deferred until redemption - at your option.

Now parents may redeem bonds tax free provided the proceeds pay for children's college costs. Some limited restrictions do apply, so be sure to get full information before embarking on a major college savings program.

If you think U.S. Savings Bonds aren't for you, look again. You may just find conservative old U.S. Savings Bonds have a new pep that could put extra money in your family's future.

Prison visit eye opening experience for legal specialist

By Spc. Brenton M. Reeves
Office of the Staff Judge Advocate

I was fortunate enough to take part in a field trip to San Quentin Correctional Facility recently.

This trip was organized by Staff Sgt. Lavonne Settlemire as "section training" for the enlisted members of the Office of the Staff Judge Advocate. While a trip such as this might seem an odd choice for a training exercise at first glance, the implications of its pertinence to our specific military occupational specialty turned out to be very surprising.

As a legal specialist, I am, if not directly responsible for, then at least indirectly involved in the administration of military justice.

The possibility is very high that, assuming I remain in the legal field for any length of time, I will be involved in some case that will involve the incarceration of one or more individuals. Naturally, it is always advisable to know something about any location or situation into which you may be forced to send someone in the future. It should be noted that the knowledge I gained of the situation facing the residents of a correctional facility made what could only be termed as a "lasting impression."

The most overwhelming impression that I got as we toured the facility was one of self-interest. I immediately ascertained that this installation was not one in which I would like to spend any more time than was absolutely necessary.

I fully understand that prison is not intended to be the most pleasant of all environments, but I found the actual conditions to be somewhat shocking. The cells that we got a chance to view were unbelievably tiny. The entire width of the cell was less than the span of my outstretched arms. I tried to put myself in the position of having to really occupy one of these cells for any extended period of time, and the emotions that racked me were of extreme despair and utter hopelessness. Even though I continuously tried to remind myself that these people were being punished and were only being held here to keep them from the general public, I still could not stop myself from empathizing. It truly is a shame that we live in a world where some people exhibit behaviors that cause them to be locked up like dogs.

The next realization that struck me was that these people, sadly enough, actually belong in custody. This came to me as I watched two guards transporting a condemned prisoner back into the block of cells designated for prisoners on death row. This individual was possibly the palest person I have ever seen.

> ***"I found the actual conditions to be shocking. The emotions that racked me were of extreme despair and utter hopelessness. It truly is a shame we live in a world where some people exhibit behaviors which cause them to be locked up like dogs."***

Even casual observers, as we were, could look at him and see that his mental state was other than normal. One look at this individual would definitely have frightened most people to some degree. I then realized that the alternative to holding people in cages was to release individuals like this back into society, and came to the conclusion that while I would certainly not ever want to spend any time in one, installations like San Quentin are necessary and serve dual purposes. They serve a deterrent function for the public -- especially for those of us who have seen what the inside looks like --and they serve a protection function by removing undesirables from society.

Our tour definitely made me think, and forced me to try and identify with a section of society with which I have never had any real contact.

The third thing that truly amazed me was that some of the prisoners do not choose the paths available to them to lessen their sentences. Apparently, the prisoners have the opportunity both to work full time jobs and to go to school full time.

Some of the more highly motivated prisoners do both. Each day that they work or go to school, their sentence is lessened by one day. Yet there are still prisoners who do not take advantage of these programs.

I could not decide whether to attribute this to the atmosphere of helplessness that seemed to pervade the compound, or a simple lack of what I would consider common sense. I was dumbfounded that anyone placed in that facility would not take the necessary steps to lessen their stay.

Once again, I was faced with attempting to identify with an element of society about which I knew absolutely nothing. It became very frustrating at times, and disturbing, as well.

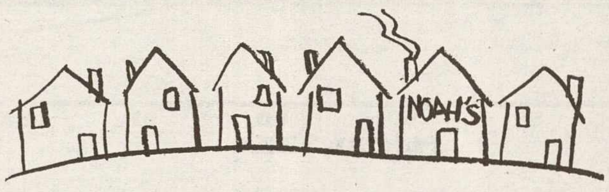
However, all things taken into consideration, I would say that the entire experience was very interesting, very worthwhile, and extremely sobering.

Editor's note: The soldiers who participated in this field trip were tasked with writing essays reflecting their experiences. The Office of the Staff Judge Advocate regarded this essay to be exceptional, and has allowed us to share it with our readers.

DINING AND ENTERTAINMENT

N.I.M.B.Y.

(Noah's In My Back Yard?)



Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around 9th and Irving in San Francisco can look for a Noah's Bagels store opening at 742 Irving in June! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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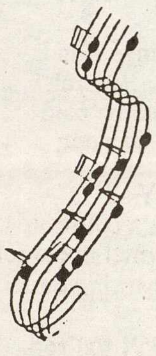

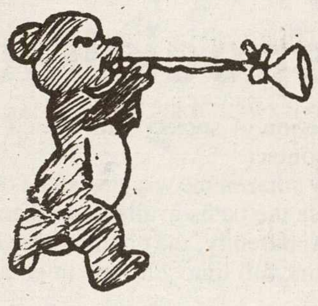

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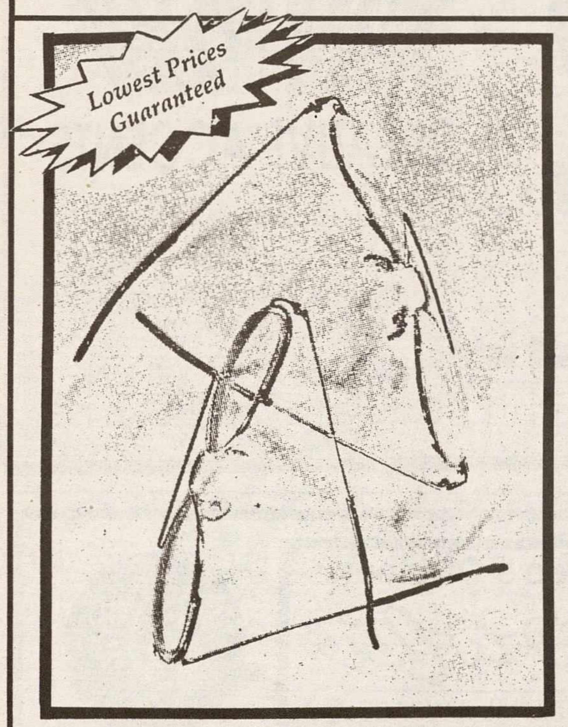

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Presidio News Briefs

Mason Street paving continues this week

Ransome Contracting Company work crews will continue paving Mason Street which will impact traffic through Friday. All of Mason Street will be posted for no parking for the duration of construction and traffic will be controlled by signs, cones, barricades and flagmen. Questions concerning this project call Charles Sirles or Ambus Rothschild at **561-4468**, or Juanita Whitehead at **561-3711**.

ACS job center in need of volunteers

The Presidio Army Community Services, Job Resource Center is looking for volunteers to serve for two days per week, four hours per day, to type and help prepare SF 171s, Knowledge Skills Ability forms and resumés from handwritten originals. Volunteers should be able to type 40 words per minute and have some computer knowledge. For information call Marian Kemp at **561-5057** or **561-5502**.

Delta emergency leave fares extended

Delta Air Lines has announced the extension of their military emergency leave fare program for active duty military and their family member. The program is good for travel within the U.S., Puerto Rico, and the U.S. Virgin Islands. Fares are based on seven-day advance purchase rates with restrictions waived. The military passenger must present an active duty green card and a copy of emergency leave orders at the time of ticketing. Any family members accompanying the passenger must travel to the same destination and must be ticketed at the same time. For information call **DSN 289-4932** or commercial **(703) 756-4932**.

Presidio Gym No. 1 extends hours

Gym No. 1, Building 63 has extended its hours from 4:30 p.m. to 5:30 p.m. Saturdays and Sundays. This change will be on a trial basis. For information or comments call Sports Director Bobbie H. Gascon at **561-4131**.

Post Commissary closed for holiday

The Presidio Commissary will be closed Tuesday to observe the Memorial Day holiday. The store will reopen for normal operations Wednesday.

EO Office begins new harassment hotline

The Equal Opportunity Office here a new sexual harassment hotline for the Presidio of San Francisco community. If you are suffering on-the-job harassment here, please call **56H-ARAS**, or just dial **HARAS** on-post. The staff at EO is standing by the assist you.

Swimming pool closed for cleaning

The Presidio swimming pool, Building 1151, will be closed Wednesday through Friday for chemical cleaning of the pool bottom. The pool should reopen June 5 from 12 to 4 p.m. The further information, contact Allen Posey at **561-3673**.

Education Center offers computer classes

The Army Education Center plans to offer the following free classes this summer: **Introduction to Microcomputers**, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, June 8 to July 1.; **Beginning WordPerfect 5.1**, 10 a.m. to 12:30 p.m., Mondays and Wednesdays, July 7 to Aug. 2 and Tuesdays and Thursdays, July 8 to Aug. 3; **dBase IV**, 10 a.m. to noon, Mondays and Wednesdays, Aug. 9 to Sept. 20; and **Advanced WordPerfect 5.1**, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Aug. 10 to Sept. 2.

Active duty soldiers have first priority for enrollment and DA civilians who work on the Presidio have second priority; adult family members and reservists are accepted on a space-available basis.

Enrollment forms and further information on all classes are available from Kay Terry at the Presidio Army Education Center, Building 1216, **561-2974** or **561-4445**.

Leave donation requested

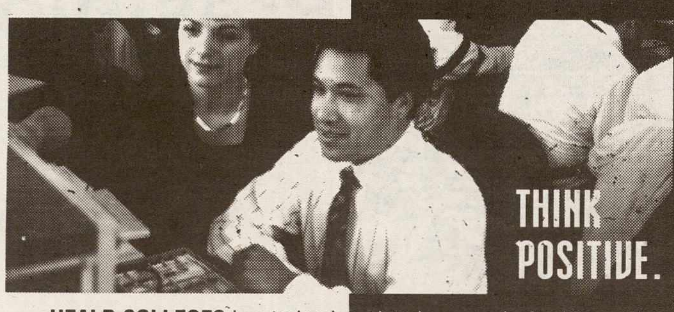
Leslie B. Martin, an employee with the Logistic Control Activity, is experiencing a medical emergency that has exhausted all sick and annual leave. Martin is an approved participant in the Voluntary Leave Transfer Program. Anyone wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780**.

Flea market set for next weekend

The next Thrift Shop Flea Market is scheduled for 7:30 a.m. to 1 p.m. June 5 in the parking lot in front of Building 204. A valid military identification card is required to rent vendor space. The Thrift Shop's phone number is **922-3384**.

See Briefs, Page 10

BASE CLOSINGS HAVE YOU WORRIED?



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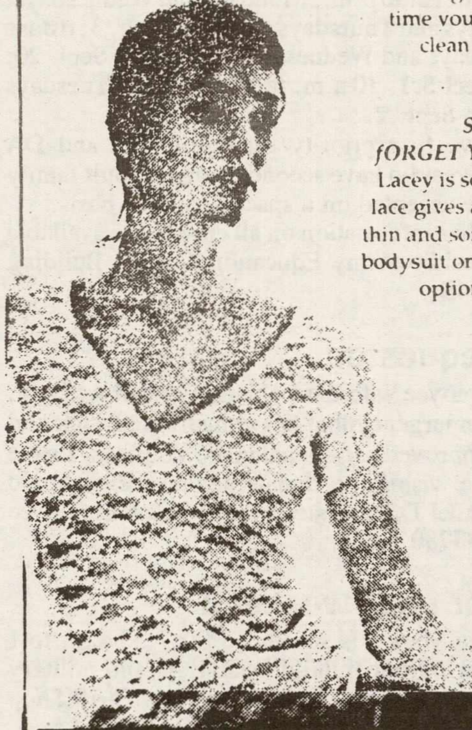

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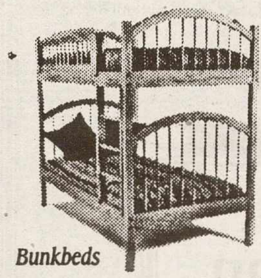
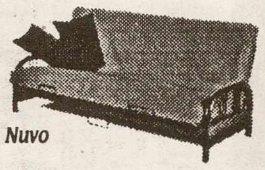
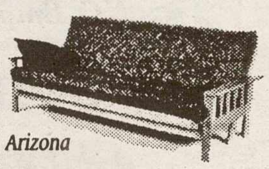
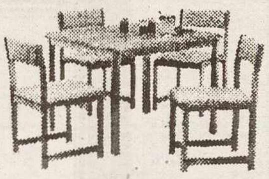

Bunkbeds


Nuvo

New Rojo

Washington


Arizona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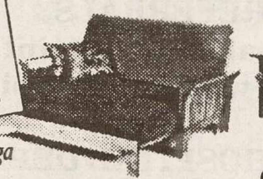
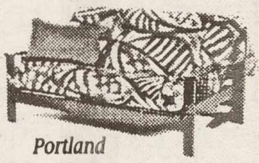

Bodega

Norway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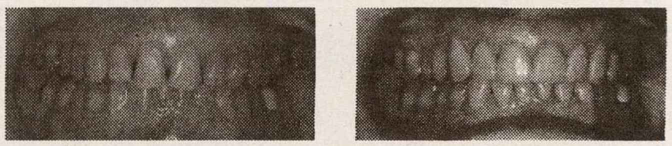

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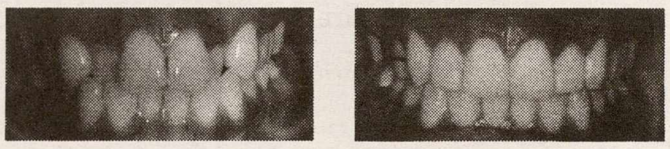

Before *After*

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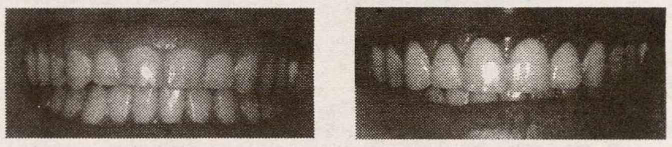

Before *After*

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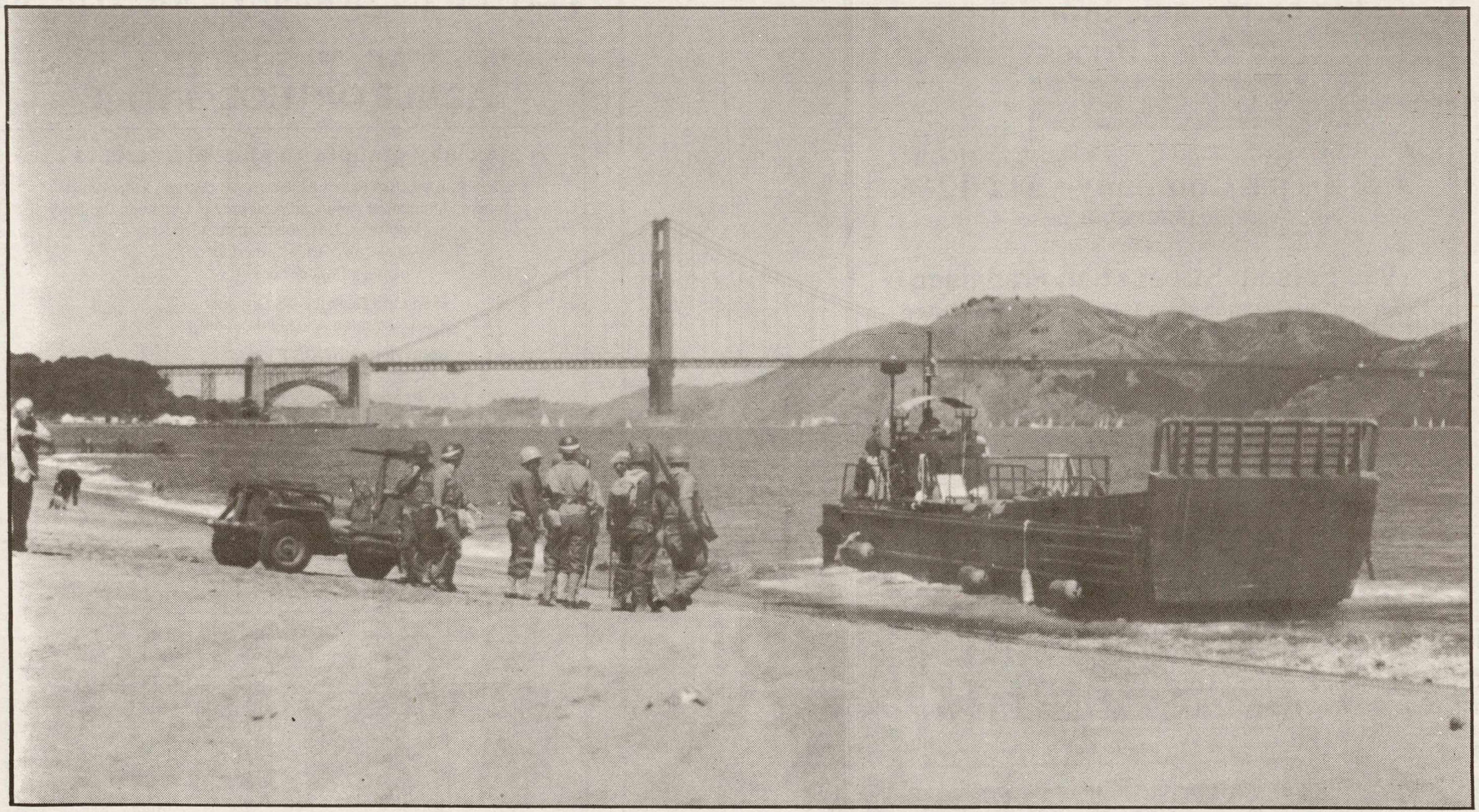
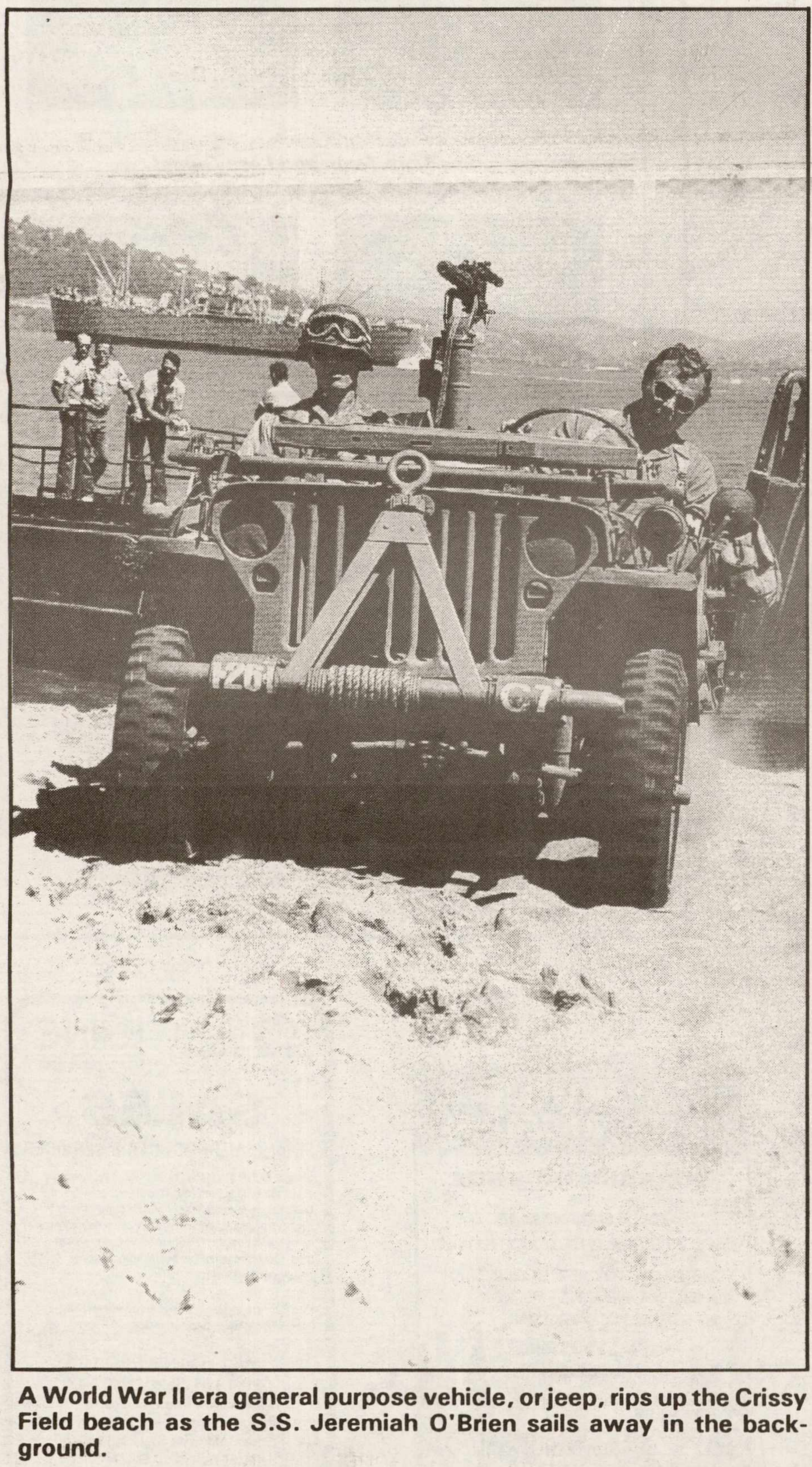
SS Jeremiah O'Brien returns to duty

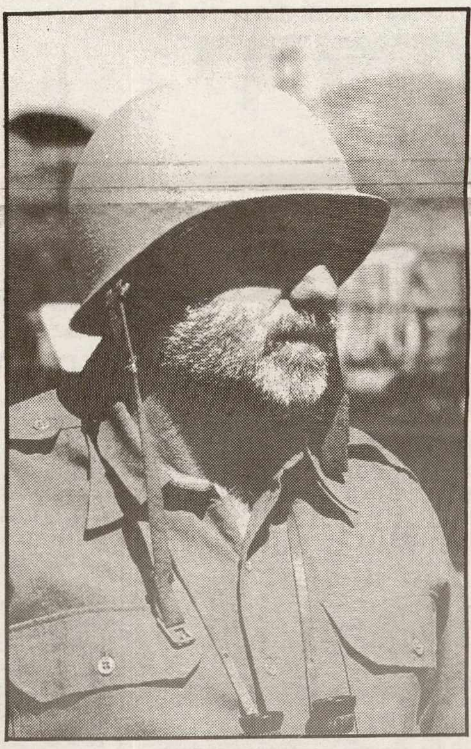


Michael J. Murphy

The Golden Gate Bridge stands as a silent witness as soldiers from a seemingly different era gather on the San Francisco Bay beach early Saturday morning vividly recreating events that happened fifty years ago on the other side of the world.



A World War II era general purpose vehicle, or jeep, rips up the Crissy Field beach as the S.S. Jeremiah O'Brien sails away in the background.



DEPARTMENT OF DEFENSE
50th
ANNIVERSARY
OF
WORLD WAR II
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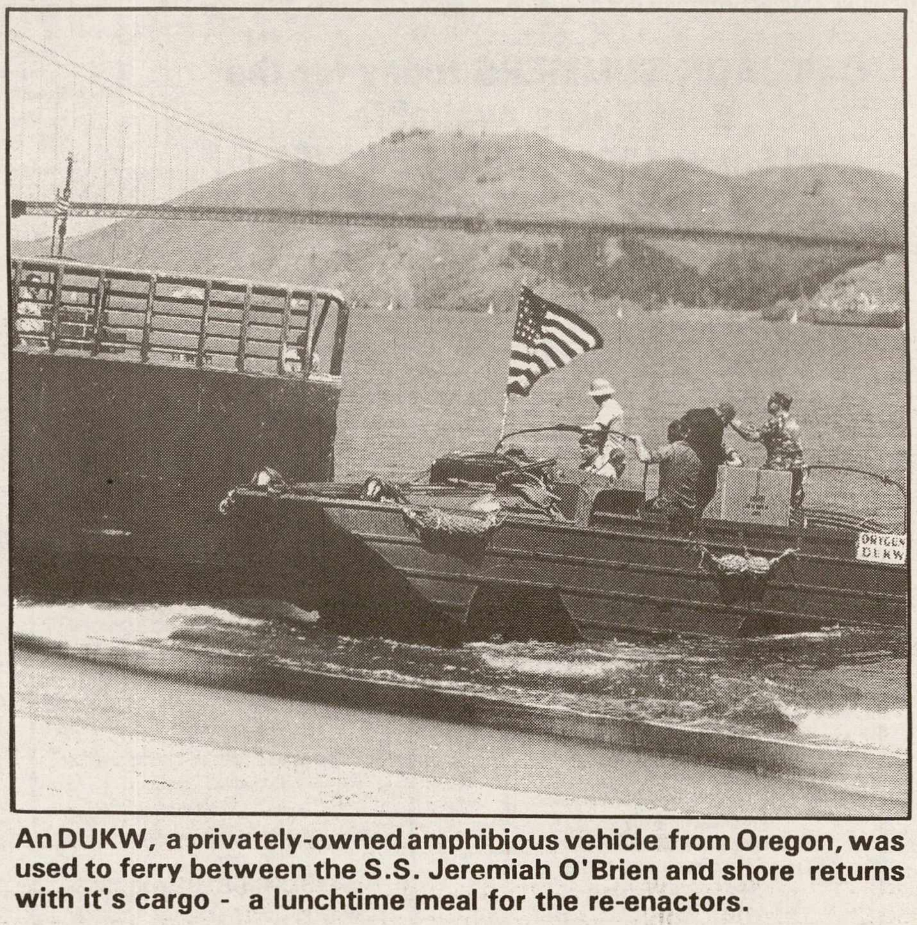
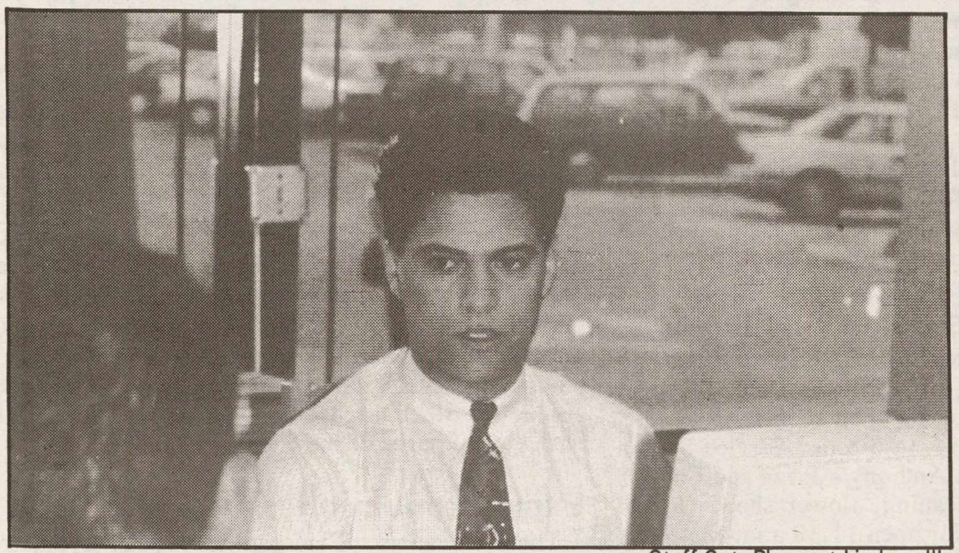
The Beachmaster keeps a careful watch out for his people as the reenactment activities unfold on the beach at Crissy Field much the same as the must have 50 years ago a world away at Normandy.

Photos by Sgt. John W. McGarrah



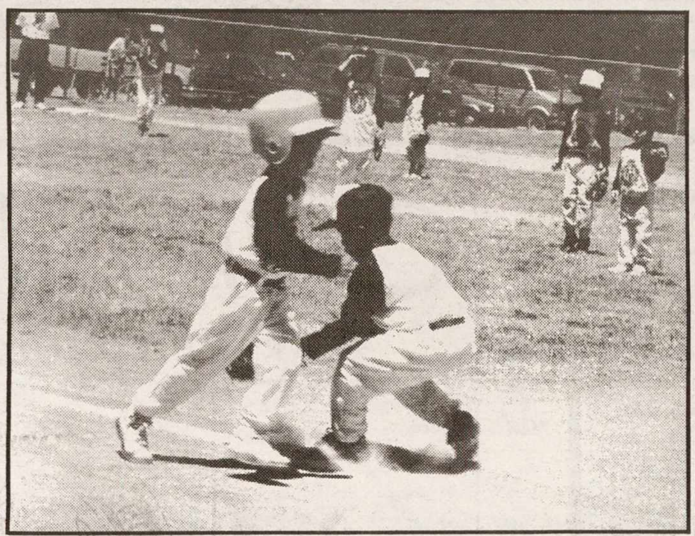
An DUKW, a privately-owned amphibious vehicle from Oregon, was used to ferry between the S.S. Jeremiah O'Brien and shore returns with it's cargo - a lunchtime meal for the re-enactors.

Presidio Focus



Staff Sgt. Pleasant Lindsey III

Gary Harrison, PX merchandising manager, provides Deferred Payment Plan information to a soldier. The new DPP program will provide a new 36-month pay back period, and family members may keep separate accounts. See the Main Exchange for details on the new service.



Missed me!

With a teammate looking on, the first baseman fields a late throw allowing a runner to slip by safely in a T-Ball game at Pop Hicks Field Saturday. There are four T-Ball teams in the Presidio league.

Staff Sgt. Pleasant Lindsey

Always remember

Robert Davis

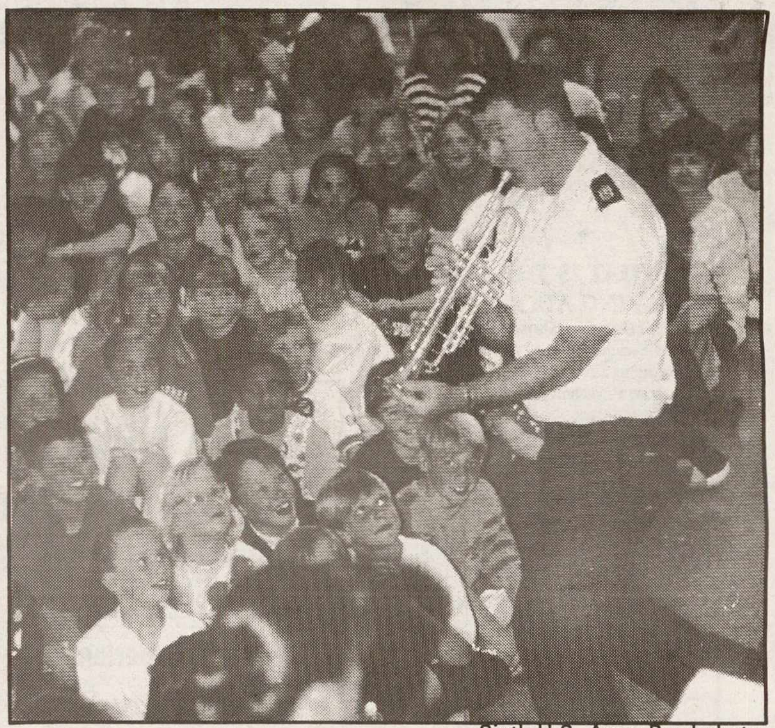
Sherilyn Gorden Zeff, a former Presidio resident, performed a dramatic presentation from "On the Train." Her story was one of the high points of the Holocaust Commemoration Breakfast, May 20 at the Presidio Officer's Club.

1993
PSF POST
VOLLEYBALL
CHAMPIONSHIP
CHAMPIONS

We are the Champions!

Staff Sgt. Pleasant Lindsey III

The Law Enforcement Company team took top honors in the Presidio of San Francisco Post Volleyball Championship tournament May 20 at Gym #1.



Welcome to my world

Sixth U.S. Army Band photo

Sgt. Major John R. Moffett, Sixth U.S. Army Band, holds a captive audience during the band's performance for school children last week in Clamath Falls, Ore.

Robert Davis

Volunteers received a well-deserved pat-on-the-back last week at the Presidio Red Cross Volunteer Recognition Luncheon here. Awardees included Catherine Hong, Katalin Winegard, Beulah Hudson, the Edward A. Kasten family, Miriam Chin, Diane Ruck, Michelle Iverson, Eleanor Baker, Ermelyn Hummel, Frances Weis, Candice Haney, and Randy Ortega. Congratulations to all.

Continued from Page 5

Commissary council to meet

The Presidio Commissary Council meeting will be at 9:30 a.m. June 4 in the Commissary Conference Room, Building 653. Members or alternates are required to attend; advisor, mayors, Army Community Services representatives and Commissary customers are encouraged to participate.

Novato celebrates Hamilton Day

The Marin YMCA and the Hamilton Recreation Services will provide three hours of swimming fun from 10 a.m. to 1 p.m. June 5 at the Hamilton Army Air Field swimming pool.

The swimming programs for Hamilton Day will include Swim Team practice, synchronized swimming, skippers (for younger children), parent/infant water adjustment class and games. There are no fees for this Hamilton Day event. to sign up call Hamilton Recreation Services at **833-5962**.

ACS class schedule for summer

Parenting classes, 10 a.m. to 12:30 p.m. Thursdays.

Topics:

·**June 17**, Taking care of ourselves.
·**June 24**, Who's in control?
·**July** 1, Encouraging cooperative kids.
·**July 8**, Effective communication.
·**July 15**, Building responsibility.
·**July 22**, When nothing works.

In ACS Conference Room, Building 103B.

Stress management classes, 2 to 4 p.m. Thursdays.

Topics:

·**June 24**, Personnel stress management.
·**July 1**, Change management.
·**July 8**, Type "A" behavior.
·**July 15**, Managing anger.
·**July 22**, Conflict resolution.
·**July 29**, Home and work stress management.

In ACS Conference Room, Building 103B.

Parenting newborns workshops, for parents of children from newborn to 3 years, 5 to 7 p.m. Mondays, June 7 and 14, at Child Development Center, Building 387.

Free child care for all classes is available on a by-reservation basis. Space for all classes is limited. To sign up and to reserve your child care, call Karen Kaho at **561-5155.**

AAFES facilities holiday schedule

The hours of operation for AAFES facilities for Monday, Memorial Day, are as follows: Post Exchange, Furniture store and Shoppette open 10 a.m. to 6 p.m.; Burger King open 11 a.m. to 6 p.m.; Service Station open 10 a.m. to 5 p.m.; Anthony's Pizza and Frank's Franks, Laundry/dry cleaning, flower shop, Optical shop, and ice cream parlor open 11:30 a.m. to 4 p.m. The Post Office, Class Six store, Service Station bays and barber and beauty shops are closed.

Calif. veteran license plates on sale

Veterans license plates are available from California for $30 as part of the Veterans Automobile License Plate Program. The program was established under California Assembly Bills 3016 and 3033.

ADMIT ONE

Movies at the
Presidio Theatre

Tonight-Aladdin (G)
Saturday-Cop and a Half
Sunday-Hear No Evil (R)
June 4-Married to It (R)
June 5-Homeward Bound (G)
June 6-Street Knight (R)
All movies begin at 7 p.m.

1296 E-54

The generated funds will be deposited into a special fund designed to assist veterans service offices in each of California's counties to meet the needs of their veteran population. Approximately 50 veterans organizations are expected to make their logos part of the program. To purchase a plate, veterans can contact the county veterans service office listed in the county government listing in the white pages of the telephone book.

Exploratorium orienteers the post

The San Francisco Exploratorium, 3601 Lyon Street (the domed building outside post between the Mason Street and Gorgas Avenue gates) will offer an orienteering program of the post June 13.

Visitors can grab a compass and topographic map and explore the Presidio along three courses, ranging from easy to challenging, that have been prepared by the

See Briefs, page 11

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"Orly, world renowned matchmaker..."
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"Orly, matchmaker in action..."
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"Orly is a real marriage broker..."
Montel Williams Show
"Orly's clients are the cream de la cream.:."
AM Philadelphia Show
"Orly's clients are simply top of the line..."
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"Orly, a touch of class..."
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National Enquirer
"Orly has a dream date for you..."
Orange County Register
"Orly has a match for the sincere singles..."
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Continued from page 10

Exploratorium and the Bay Area Orienteering Club. Meet in front of the Exploratorium anytime between 9 a.m. and 2 p.m. to pick up supplies. Cross discounts for Exploratorium visitors/orienteerers will be available. The Orienteering Club can be reached at **566-6331**.

Officer service computations

The Total Army Personnel Command's Officer Service Computation Section will no longer be staffed to process individual requests for service computations. Instead, personnel officers will compute all periods of service and assist officers in resolving discrepancies or issues relating to amounts of service.

Effective June 1, the service computations calculated by PERSCOM (TAPC-PDT-RC) will be limited to the verification of DA Forms 1506 (statement of service for computation of length of service for pay purposes). PERSCOM will no longer accept requests for computations of officer PEBD, BASD, AFS AFCS, or projected retirement dates. Those requests received before June 1 will be acted upon. All requests received after June 1 will be returned without action to the requesting agency. Officers requiring a computation of service will be referred to the custodian of their military personnel records under the provision of AS PAM 600-8, procedures 5-11, 5-11-1 and 5-11-2.

PERSCOM will verify DA Forms 1506 only when military personnel officers are unable to verify service. PERSCOM will only verify officer service that cannot be validated by the military personnel officer. More information about this change is available from Wanda Rollinds, Service Computation Section, DSN **221-2033**.

Special elections to be held in June

There will be elections held June 8 in Arkansas, Montana and California's 17th Congressional District.

Arkansas will hold special elections to fill the Lieutenant Governor's seat and to select nominees for the vacancy in the office of State Representative to the General Assembly for District 20. Arkansas waives registration for soldiers and family members serving out of state. To participate send a completed Federal Post Card Application to the county clerk and request ballots for the elections. Arkansas does **not** allow for electronic transmission of election materials.

Montana's special election will be on a 4 percent sales tax and use tax under Referendum 111. Soldiers and family members from Montana who are already registered may apply for an absentee ballot by submitting the FPCA to reach the county election administrator by noon June 7. Or, Montana residents can have the FPCAs and ballot requests FAXed. Some counties even allow the ballots to be FAXed to and from the voter.

California's run-off election will determine who will fill the 17th Congressional seat vacated by Leon Panetta. This includes the counties of Monterey, San Benito and parts of Santa Cruz County. There are eight candidates competing for the seat. Questions about this election can be answered by call the Voting Information Center at DSN **223-6500** to hear recorded messages from the candidates and other information. The center receives calls 24-hours a day.

Questions about any of these elections which cannot be answered locally may be referred to:

Director, Federal Voting Assistance Program
Office of the Secretary of Defense, Room 1B457
The Pentagon
Washington, DC 20301

or call DSN **225-0663**, or **1 (800) 438-VOTE**.

Memorial Day observance slated

The San Francisco Citizens Committee for Proper Observance of Memorial Day will sponsor the annual Memorial Day activities at the Presidio May 31. Activities begin at 10:30 a.m. with a parade from the main parade parking lot to the ceremony site at the San Francisco Cemetery Cenotaph. Occurring at the same time as the parade, a representative of the American Gold Star Mothers will place a wreath at the Tomb of the Unknown Soldier also located at the cemetery. Sixth U.S. Army and Presidio of San Francisco Commander, Lt. Gen. Glynn C. Mallory, Jr. will be the guest speaker. The ceremony will conclude with a 21-gun salute and the flag rising from half to full staff at the cenotaph and Pershing Square main post flagpole at noon. In case of inclement weather, the ceremony will be held at the post theater. For information, call Carol Brumfield at **561-3781** or **561-3636**.

Teller machine closed in LUSAH

The Pentagon Federal Credit Union teller machine located on the first floor of Letterman U.S. Army Hospital will be permanently closed Tuesday. The hospital will become a clinic in June and the doors will be locked, denying 24-hour access to the machine. PenTeller Card holders can continue to use the teller machine located at the Presidio Post Exchange, Building 605, as well as some other teller machines located at nearby banking facilities off post. For questions concerning teller machine usage call **561-6227**.

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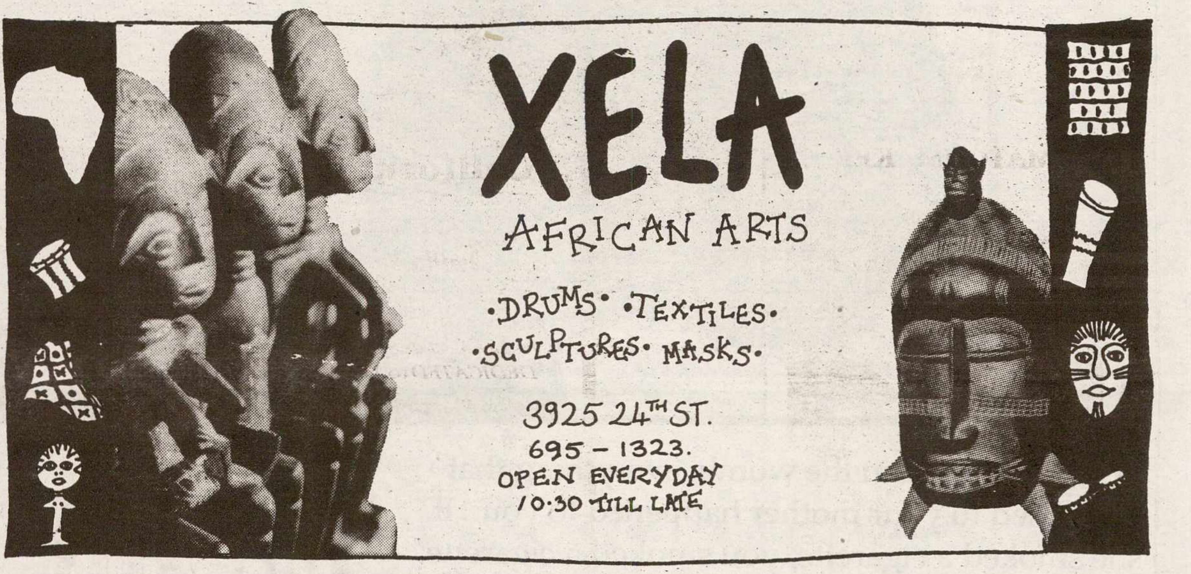

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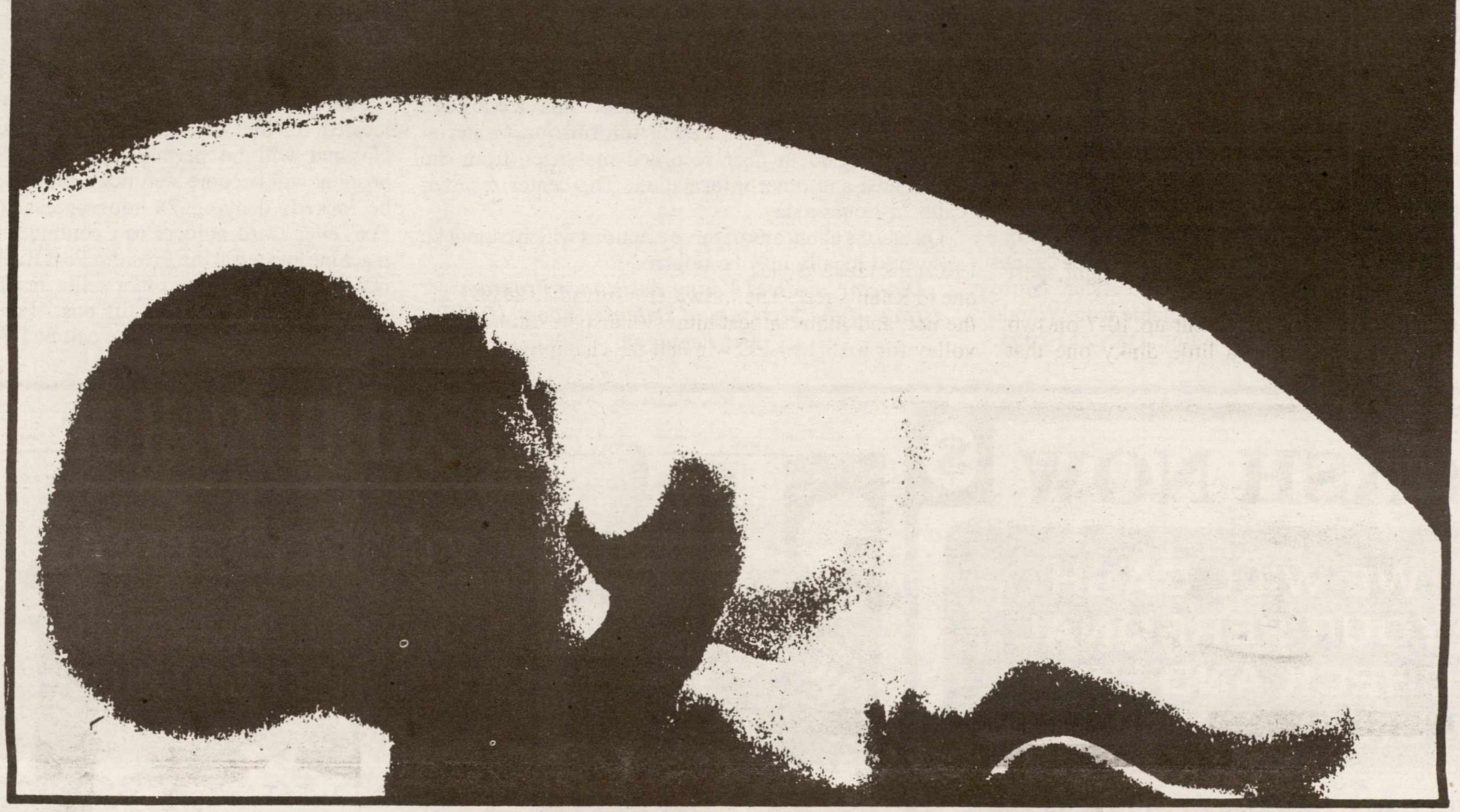

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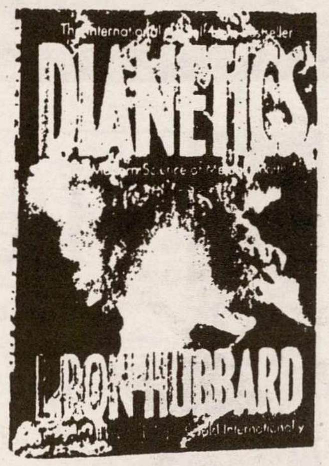

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LEC takes volleyball tourney, league titles

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Letterman U.S. Army Hospital No. 1, the team that cruised through the tournament for the most part unscathed, met its Waterloo at the hands of Law Enforcement Company which defeated LUSAH No. 1, 11-15, 15-7, 15-7, in game one, and 15-12, 6-15, 15-11 in the rubber match May 20 in Gym No. 1, Building 63.

LEC's spikers dominated the net and rallied from a one set deficit to sweep the next four sets. Because LEC had lost one game earlier in the tournament (to LUSAH No. 1), the team had to win the listed final plus a tie-breaker match to be crowned champions. And it did.

LEC would play eight straight sets this night, including two sets in an earlier match that eliminated USAG.

After handling LEC in the first set of the first game, LUSAH No. 1 seemed likely to continue its domination of the tournament with Kamron Khan in charge of the spiking duties. But LEC turned the tide in the second set.

In the second set LEC moved ahead 11-7 on two spikes by Tim Jansen. LUSAH's Wayne Rogers replaced Steve Canterbury and somehow the team fell out of sync. LUSAH left a hole in the left-front quarter of its court that LEC exploited twice. On the final serve LEC's Steve Johnson spiked the ball from left to right, past LUSAH's spikers to end the set.

In the match's final set, LEC went up 10-7 on two spikes by Johnson, including a little dinky one that nobody on LUSAH's side tried to defend. Then, on LEC's final serve, LUSAH's return volley fell out of bounds and LEC won, 15-7, to force the tie-breaking match.

In the second match's first set LEC jumped to a 14-6 lead on spikes by Jansen and Gordon Tiemeyer, who rose to the forefront in this set and found the holes in LUSAH's court. The set ended when Jansen met LUSAH's Brad Switter at the net and muscled the ball over to LUSAH's side to salvage a win.

In the second set LUSAH fought back. Spikes by LEC's Jansen and Johnson put their team up 5-1, but Johnson turned his ankle on the fifth point. Bad spacing on LEC's side allowed LUSAH to tie it 5-5. Then, Canterbury and Switter took over the spiking chores for LUSAH to take a 10-5 lead. LEC was called for touching the net on the final volley, preparing the stage for the final set.

The final set started with a Spike by LUSAH's Matt Dillon and a big-time block by Khan for a 2-0 lead. But Jansen tied it 3-3 with a smash from the right side that went from corner to corner and found an opening in LUSAH's back court. This game was for all bragging rights and both teams rose to the occasion.

Canterbury's touch-spike put LUSAH ahead 8-7. LEC took the lead back, 13-11, when Johnson slammed one to Khan's feet. Then, Switter mishandled a spike at the net, and Johnson beat him with a spike on the next volley for a 15-11 LEC win and the championship.

Tournament at a glance

LUSAH No. 2 def. USAG 15-13, 15-3.
CID def. RG-PSF 15-9, 15-2.
LEC def. LUSAH No. 2 15-10, 15-6.
LUSAH No. 1 def. CID 16-14, 12-15, 15-7.
USAG def. CID (eliminated) 15-12, 11-15, 15-13.
RG-PSF def. LUSAH No. 2 (elim.) 10-15, 15-13, 15-10.
USAG def. RG-PSF (elim.) 15-12, 15-10.
LUSAH No. 1 def. LEC 11-15, 15-1, 15-13.
LEC def. USAG (elim.) 15-3, 15-7.
LEC def. LUSAH No. 1 11-15, 15-7, 15-7.
LEC def. LUSAH No. 1 15-12, 6-15, 15-11.

League standings

LEC	7-0
LUSAH No. 1	6-1
LUSAH No. 2	5-2
USAG	4-3
RG-PSF	2-5
CID	1-6

Maj. Gen. Brady shoots hole-in-one

Maj. Gen. Patrick H. Brady, deputy commander (Active Component) for Sixth U.S. Army, using a pitching wedge, shot a hole-in-one on the 137-yard par 3 13th hole at the Presidio Golf Course May 13.

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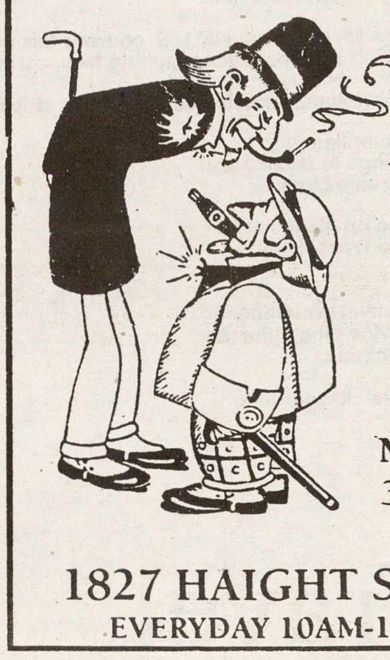

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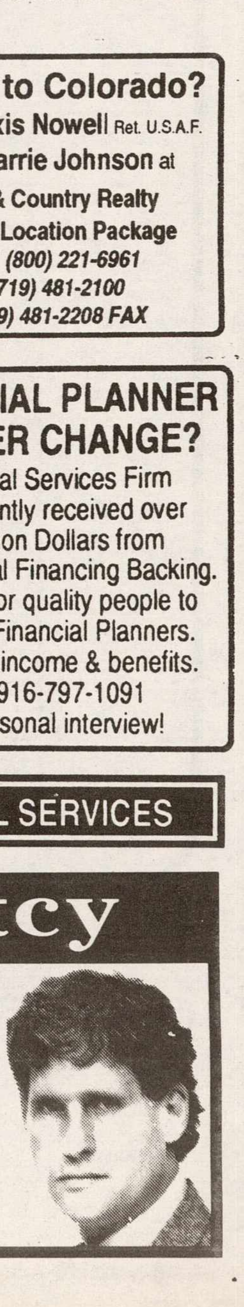

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Vol. 38, No. 21 | Published for the Presidio of San Francisco Community | June 4, 1993

Transitions

Sixth Region CID closes doors

The Sixth Region Criminal Investigation Command held it's closing ceremony here, May 28 as they prepare to relocate the headquarters to Fort Hood over the next months.

The Sixth Region has been a member of the Presidio family since CID was formed as a major command in 1972. Prior to that it was the Sixth Military Police Group (Criminal Investigation). The region is a brigade command for a 21-state area from Alaska to the Mississippi covering four time zones.

It's mission, both in war and peace, is the same: to provide crime prevention services; investigate Army related felony crimes, provide CID support to all Army tactical elements in the field; conduct sensitive or special interest investigations into matters in which there is an Army interest; and, conduct personal protective service operations for key department of defense personnel.

In her remarks, Col. Linda Norman said, "leaving San Francisco is like leaving no other city. This is a place where fog horns sing you to sleep; cable cars hang on to the hillsides; runners, bicyclists, and skateboarders challenge drivers with nerves of steel; and a bridge that lifts the soul every time you look at it resides. How can you leave a place like this?"

The command formally closed the doors on the historic Building 106 it occupied, turning the keys officially over to Maj. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio commanding general. The building was originally built in 1909 to house the regimental band of the 30th Infantry during the 1920's and '30's.

"The men and women at the Presidio, like this bridge they protect, are long on unswerving dedication, and tall on hospitality. May the Army's span bring us together again down the road," Norman concluded.

Letterman U.S. Army Hospital downsizes to a medical clinic

Built on land where Spanish-American War units once camped and earthquake refuges pitched their tents, Letterman U.S. Army hospital has been overlooking the Golden Gate since 1965.

Tracing it's roots to a general hospital established in 1898 when Headquarter of the Army General Orders established the Army's first general hospital here at the Presidio. The U.S. Army has staffed a medical facility at the Presidio of San Francisco since at least 1857, when the first station hospital of any permanence, was constructed of adobe bricks and wood on the hill over looking the San Francisco Bay.

With the strains of the Sixth U.S. Army Band in the background, the Letterman U.S. Army Hospital's colors were officially cased for the final time in a solemn ceremony here Wednesday.

Brig. Gen. Leslie M. Burger, M.D., former commander of LUSAH and current commander of Madigan Army Medical Center in Tacoma, Wash., assisted Col. Michael J. Brennan, M.D., current commander, and Sgt. lst Class Jewel Hanson, first sergeant, in casing the colors officially changing LUSAH to the Letterman U.S. Army Health Clinic. A dedication ceremony for the clinic was held at the same time.

The occasion was also used as an opportunity to award the contributions of many on the hospital and post staffs, and to celebrate retirements. One of the notable awards was the presentation of the Order of Military Medical Merit to Maj. Gen. Patrick H. Brady, deputy commander for active component for the Sixth U.S. Army.

"Letterman U.S. Army Hospital has served the country for many years, both at war and peace. It is with great regret that I see it close today," said Henry Morris, a civilian aide to the secretary of the Army, here for the ceremony.

Letterman was the Army's first general hospital and one of it's major teaching institutions. The hospital's location, overlooking the Golden Gate, was not always considered as ideal. An early survey declared the site `unsatisfactory since roads were too dusty, fogs will be bad for those affected with respitory (sic.) ailments, sea too close, and insects obnoxious.'

For more on the distinguished history of Letterman U.S. Army Hospital, see **Page 9.** Also see related story on Letterman Institute of Research's transfer of facilities to Walter Reed Army Medical Center, see **Page 2.**

Compiled by Sgt. John W. McGarrah

Memorial Day marked

Lead by Col. Jim Newell, Scoutmaster, the Presidio's Cub Scouts, Webelos, and Boy Scout Troop 77, lead Bay Area troops and residents in a salute honoring fallen soldiers on Memorial Day in the San Francisco National Cemetery Saturday.

Incentive program beginning

By Gary Stella
CPD Technical Services Chief

The Presidio of San Francisco, as an installation, has requested and been granted the authority to offer the Voluntary Separation Incentive Pay to post civilian employees, except for the Logistic Control Activity.

Each employee regardless of organization, current reduction-in-force status or transfer of function has an opportunity to apply for VSIP under one of three options; resignation, early retirement, and regular (optional) retirement.

The Civilian Personnel Directorate has authority for 182 Voluntary Separation Incentive Pay options. If there are more requests than CPD has authority for, those with the greatest seniority, based on service computation date for leave, will be given the opportunity to accept the option.

There are conditions which govern the approval of the VSIP for an individual. Generally, someone must be saved from an involuntary separation, or the position occupied must be abolished.

The first deadline to get your application to the civilian personnel directorate is today. For resignation and retirements the effective date can be set at any date prior to the effective date of the organizations reduction-in-force or transfer of function (Letterman U.S. Army Hospital, June 26; U.S. Army Garrison Nov. 26; Letterman Army Institute of Research Sept. 29; Commissary, Aug. 28).

For early retirement the effective date must be during the open window for early retirement authority (VERA), normally within 30 days of approval. The window for VERA will last at least 30 days from the date of approval but can be extended if the ceiling is not reached.

The early consideration date will not prohibit employees from later requesting VSIP. However, the required ability to save an individual from involuntary separation will be lessened by placements made through the Priority Placement Program. So it is imperative that requests for VSIP be made as soon as possible.

To be eligible for VSIP, an individual must be a U.S. direct hire civilian employee who is eligible for either early retirement, immediate (optional) retirement, or resignation, who is serving is an

Continued on Page 3

LAIR's Blood Research Program to relocate

By Donna Shepard
Chief, LAIR Public Affairs

On Jun. 14, command and control of the Army's Blood Research Program will transfer from the Letterman Army Institute of Research (LAIR) to the Walter Reed Army Institute of Research, Wash., D.C. Ironically, that's exactly where the program began 28 years ago.

The Blood Research Program came to the Presidio from Fort Knox, Ky., in 1974. It traces its history to the Army Medical School, later named Walter Reed Army Institute of Research (WRAIR), during World War II when researchers worked on solutions to store whole blood for military use.

In 1965, the Blood Banking Research Activity was transferred from WRAIR to Fort Knox, Ky., to try to reestablish Army technical leadership in blood banking which had been lost with personnel attrition since the Korean War. Also transferred was a large blood transfusion service with the goal of establishing a large blood donor center to support the Vietnam War effort. The Frank Camp Blood Center is still at Fort Knox, named for the Medical Service Corps officer who brought it there in 1965.

At Fort Knox, the major efforts of the Blood Research Group were to extend the shelf-life of red blood cells and platelets, to evaluate transfusion reactions, and to evaluate the issues concerning use of hemoglobin solutions as a blood substitute. About 10 members of the Fort Knox group followed the program to the Presidio in 1974.

In the early days at the Presidio, about 80 percent of the blood research effort was devoted to extending the shelf-life of blood beyond three days. In 1979, a five-week storage solution called CPDA-1 was licensed. That solution became the standard storage solution used by military and civilian blood banks worldwide, and saves millions of dollars a year. In 1981, researchers completed human trials on a six-week storage solution, CPDA-2, and it was subsequently licensed for military use only.

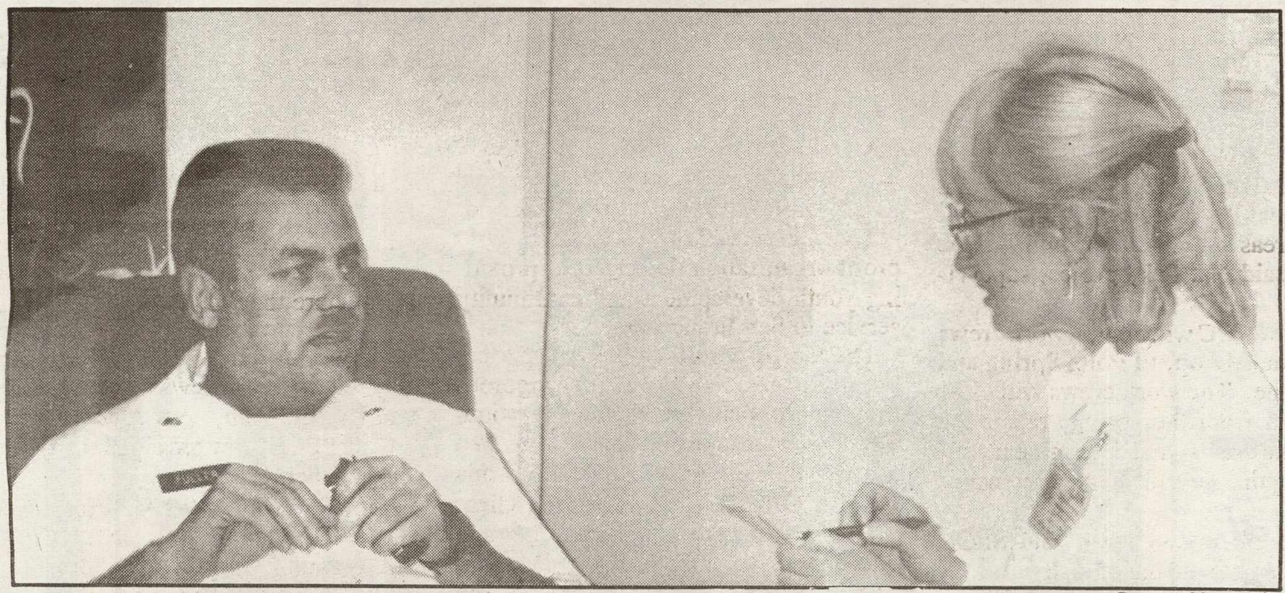
Blood substitute research moved to the forefront in the early 1980s and by 1985 was the focus of increased attention. In 1990, the Institute opened the first public pilot plant facility specifically designed to produce large quantities of hemoglobin derivatives for blood substitute research. International conferences on blood substitutes were held at LAIR in 1982 and in 1989.

In 1992, researchers completed the first phase of human trials, successfully demonstrating that by using nutrient additives the shelf-life of thawed frozen blood can be extended from one to 21 days -- a breakthrough that could revolutionize blood banking.

Now the blood research program will return to WRAIR where it began 28 years ago. Thirty-three positions are authorized at the WRAIR Blood Research Detachment, which will physically be located at the old Gillette Razor Laboratory in Rockville, Md.

The move is part of base realignment and closure actions that call for transfer of the Institute's research programs to other DoD laboratories and dis-establishment of the Institute by the end of 1993.

Researchers of the Institute's Laser Bioeffects Program paved the way last September with their move to the Armstrong Laboratory at Brooks Air Force Base, Texas. In July, the Military Trauma Research Program will complete the transition with their move to the U.S. Army Institute of Surgical Research at Fort Sam Houston, Texas.



Donna Shepard

Mary Edith Moore takes information from Sgt. Dan Fuller, a volunteer, during the first phase of human trials to extend the shelf-life of thawed frozen blood from one to 21 days.

Ask Presidians

"What are your thoughts on the new Deferred Payment Program at the Main Exchange? Do you intend to use it?"

Pvt. 2 Sabrina Shannon, Law Enforcement Company: "I think that it is pretty good, especially for single soldiers trying to establish a credit history. It can give you a new start."

Corine Curd, family member: "I'm using it right now. We bought a vacuum and other items to establish our household. This way we can get what we need while it is in stock."

Marianne Carrillo, family member: "I wouldn't use it. I have credit cards which I use for emergencies. I don't like to keep a running balance. I pay it off at the end of the month, it's better than writing a check for everything."

Lena Caliyo, Main Post Exchange: "It's very good for the military and retirees who use the PX. They can use the program like a credit card, to buy appliances or make emergency car repairs. Than make monthly payments."

Tami McMullen, family member: "We used it overseas, and it worked out great. We will use it again, if we need to buy something big. We won't use it for little things."

Interviews by Sgt. John W. McGarrah

Security Corner/*Home safety tips*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

Crime Prevention insures the personal safety and well-being of our families and friends. It reduces our chances of becoming victims of crime. Our active participation in preventing crime and the common sense to plan ahead is our defense. Protect yourself in all situations, including when:

On the telephone:

- Don't give any information to strangers or "wrong number" callers over the phone or admit that you are alone.
- Hang up on obscene callers or on people who won't identify themselves. A telephone answering machine is an alternative to screening calls.
- Report repeated "crank" calls to your phone company or the police.
- Keep important and emergency phone numbers available and near the phone.
- Avoid the "sucker-bait" traps of phoney telephone offers. Never give credit card or bank account numbers over the phone.

Answering your door:

- Keep your door locked and closed (don't depend on the chain guard). Use the door peephole to see who's there. Install a peephole, if you don't have one.
- Never let a stranger in for any reasons. Give directions or information through the door without opening it.
- Do not admit persons asking to use your phone. Offer to make the call for them.
- Ask repair or service people to slip identification under the door. Telephone the person's company to verify any unexpected service calls.
- Report unknown door-to-door salespeople to the police.
- Refuse to accept and pay for anything delivered that you did not order.

For information on crime prevention, call **561-5739.**

Star Presidian

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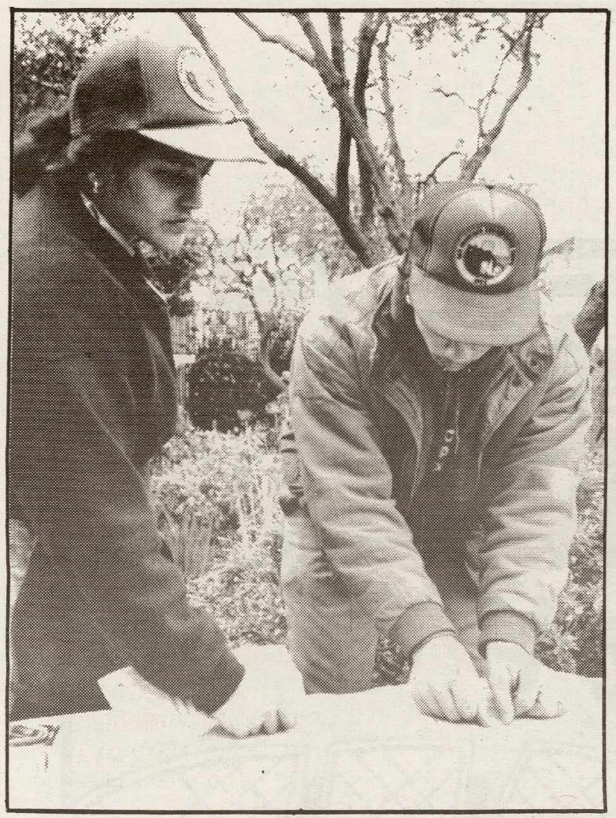

Photos courtesy of the S.F.C.C.

Connie Cadavas, the San Francisco Conservation Corps program manager, reviews project details with a corpmember. (Right) Corpmembers work on the waterfront near the Presidio's Crissy Field.

Conservation Corps tackles post beautification projects

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Young adults of the San Francisco Conservation Corps have started maintaining and restoring portions of the Presidio.

The work project was made possible by a federal allocation backed by Representative Nancy Pelosi (D. California) to develop jobs for inner-city youth.

The work crews started May 17 on the area around the Boy Scout Hut, Building 1331, in the Fort Winfield Scott area. San Francisco Conservation Corps workers, distinguishable by their brown and blue uniforms and yellow hats, are cutting back overgrown vegetation and clearing debris from the area between the hut and the tennis courts.

The SFCC crews will be working for at least the next three weeks in this area, as well as areas along Upton and Kobbe avenues, said Nat Pak, project supervisor.

Also, the SFCC will deploy work crews to Symmonds Loop, El Polin Spring and Lovers Lane. The work crews will clear overgrowth from the spring, repair the cobblestone drains, and determine if conditions require any further maintenance there.

Corpsmember Paul Dean said SFCC workers also handle the on-call work for various areas on post. This includes removing trash, emptying waste receptacles and picking up items left at curb side by post residents.

"The contract calls for a certain amount of crew hours at a given site," Pak said.

The Conservation Corps is a nonprofit organization dedicated to providing youth development and community service to San Francisco.

The Corps enrolls young people between the ages of 18 and 23 for a vigorous training program of work and education. The Corps was created in 1984 by then Mayor Dianne Feinstein and California Court of Appeals Judge J. Anthony Kline.

Four days per week, 80 young men and women report to the SFCC headquarters on Fort Mason at 7:30 a.m. They start the day with calisthenics, then leave for the project sites for a full work day. Members attend classes Wednesday evenings and all day Fridays to improve literacy skills and prepare for college.

Presidians may not see all of the workers at one time, given the various locations where they'll be working.

"We're contracted to have two crews employed on the Presidio. Some areas may require both crews at the same site," said Russell Tom, crew supervisor.

Each SFCC crew has eight to ten people plus a supervisor.

In the 1930's and 40's the Presidio was one of the main centers for the Civilian Conservation Corps, the forerunner to the SFCC. ***Information provided by the San Francisco Conversation Corps***

Incentive program to offer valuable option to civilians

Continued from Page 1

appointment without time limitation; continuously employed by the Department of Defense for at least 12 months; not a re-employed annuitant under Subchapter III of Chapter 83 or 84, 5 USC or another retirement system for employees of the government; not disabled so that he/she would be eligible for disability retirement.

The amount of incentive pay is calculated on the formula for severance pay set forth in 5 USC 5595 (c); however, the maximum is $25,000. The formula to determine your amount of incentive is one week of pay for the first 10 years of service your have, two weeks of pay for every year of service over ten years and an age allowance of 10 percent for every year over 40 years of age.

For example, if an individual is 45 years old with 15 years of service, they would get 10 weeks of pay for the one week per the first ten years of service, 10 weeks for the five years of service over the first ten years of service and 10 weeks of pay for five years over of age allowance of 40 years of age for a total of 30 weeks of incentive pay.

All requests for consideration for VSIP in by close of business today will be reviewed starting next week. Individuals who qualify will be notified, and if they still wish to use VSIP, they will be required to negotiate an effective date with their supervisor and have the organization submit a SF-52 through normal channels, with a signed irrevocable statement by the employee as follows: " I understand that this is a voluntary action on my part. I further understand that I cannot register on the DoD Priority Placement Program and cannot be reemployed by any DoD installation in any capacity for a period of 12 months from the effective date of this action. I also understand that this action is irrevocable by me."

The purpose of the VSIP is to reduce the impact of or need for a formal reduction-in-force. Therefore, if an employee is an organization not impacted by the reduction-in-force or transfer of function and would like to use the VSIP and an employee in an impacted organization can be reassigned into the resulting vacancy, VSIP could be approved at management's discretion. If you are in an organization where all jobs are disappearing now, you could opt for VSIP but would have to give up the Alternative Form of Annuity (lump sum) and the corresponding reduced annuity that you would be eligible for under a Discontinued Service Retirement.

If you have any questions on the VSIP, call Gary Stella at 561-5757 or 561-3016.

Editor's Note: If eligible for retirement, you are not eligible for severance pay. Retirement must be considered "involuntary" to be eligible for lump sum retirement contributions.

Voluntary Separation Incentive Pay Options	CSRS	FERS
Voluntary Optional Retirement (anytime)	**5 years service, 62 years old 20 years service, 60 years old 30 years service, 55 years old**	**Same as CSRS Same as CSRS 10 years service, 55-57 years**
Discounted Service Retirement Involuntary retirement. Eligible for lump sum. Must be in receipt of reduction-in-force (RIF) letter separating you or changing to lower grade - more than two grades.	**20 years service, 50 years old 25 years service, no minimum age**	**Same as CSRS Same as CSRS**
VERA Voluntary Early Retirement Authority must be requested by the Commander and approved by the Office of Personnel Management. Must save a minimum of one employee from involuntary separation or downgrading.	**25 years service, no minimum age 20 years service, 50 years old**	**Same as CSRS Same as CSRS**
Deferred Annuity: Individuals who are not eligible for an immediate annuity, leave civil service, and who elect to keep their contributions in the retirement system become eligible.	**5 years service, 62 years old**	**5 years service, 62 years old 20 years service, 60 years old 25 years service, 55-57 years old**

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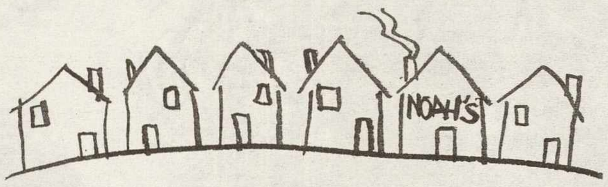

Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around 9th and Irving in San Francisco can look for a Noah's Bagels store opening at 742 Irving in June! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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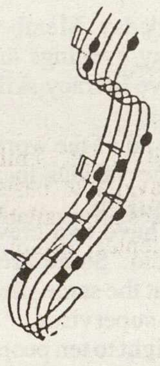

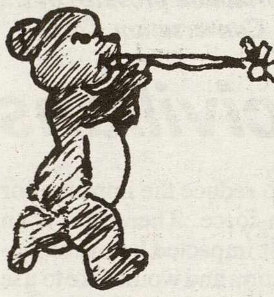

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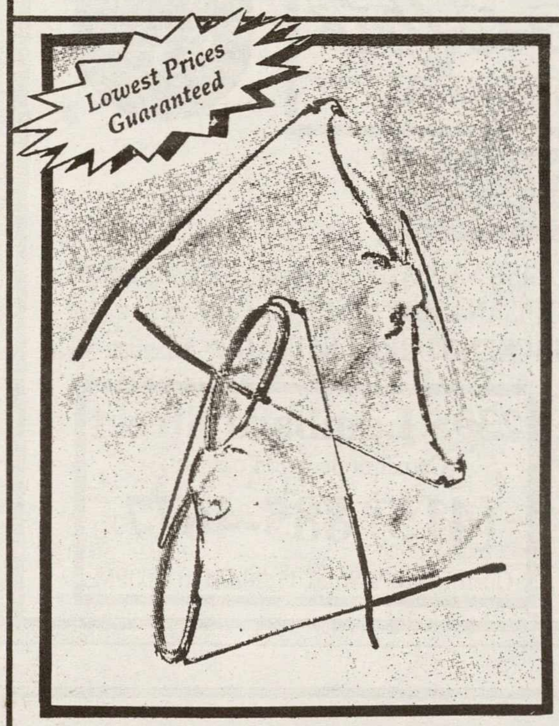

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Presidio News Briefs

Sewer lines repaired around the Presidio

Contractors will be repairing the sewer main running from Pershing Drive south along the east edge of Lincoln Boulevard past the entrance to the Golden Gate Reserve Center, Building 1750, from 8 a.m. Monday and continuing through June 17.

The repair will require closure of the northbound lane with flagmen directing traffic Monday through Thursday from 8 a.m. to 6 p.m. for the duration of the project. The contractor will backfill all holes and patch the road by 6 p.m. each day and restore all lines of traffic. Entrance to and exit from the 1500 area will not be affected, but the 1700 area may be affected for short periods. Residents of the 1700 area will be informed by letter about the degree of impact and actual dates entrance to their residences will be impaired.

For additional information contact residents should contact Ed Shamma, chief of inspections, at **561-6026**, or Juanita Whitehead, customer relations specialist, at **561-3711**.

Education center computer classes offered

The Army Education Center plans to offer the following free classes this summer: **Introduction to Microcomputers**, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, June 8 to July 1.; **Beginning WordPerfect 5.1**, 10 a.m. to 12:30 p.m., Mondays and Wednesdays, July 7 to Aug. 2 and Tuesdays and Thursdays, July 8 to Aug. 3; **dBase IV**, 10 a.m. to noon, Mondays and Wednesdays, Aug. 9 to Sept. 20; and **Advanced Wordperfect 5.1**, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Aug. 10 to Sept. 2.

Active duty soldiers have first priority for enrollment and DA civilians who work on the Presidio have second priority; adult family members and reservists are accepted on a space-available basis. Enrollment forms and further information on all classes are available from Kay Terry at the Presidio Army Education Center, Building 1216, **561-2974** or **561-4445**.

June special elections to be held

There will be elections held June 8 in Arkansas, Montana and California's 17th Congressional District.

Arkansas will hold special elections to fill the Lieutenant Governor's seat and to select nominees for the vacancy in the office of State Representative to the General Assembly for District 20. Arkansas waives registration for soldiers and family members serving outside the state. To participate send a completed Federal Post Card Application to the county clerk and request ballots for the elections. Arkansas does **not** allow for electronic transmission of election materials.

Montana's special election will be on a 4 percent sales tax and use tax under Referendum 111. Soldiers and family members from Montana who are already registered may apply for an absentee ballot by submitting the FPCA to reach the county election administrator by noon Monday, or, Montana residents can have the FPCAs and ballot requests faxed. Some counties even allow the ballots to be faxed to and from the voter.

California's runoff election will determine who will fill the 17th Congressional seat vacated by Leon Panetta. This includes the counties of Monterey, San Benito and parts of Santa Cruz County. There are eight candidates competing for the seat.

Questions about this election can be answered by call the Voting Information Center at DSN **223-6500** or commercial **(703) 693-6500** to hear recorded messages from the candidates and other information. The center receives calls 24 hours per day.

Questions about any of these elections which cannot be answered locally may be referred to:

Director, Federal voting Assistance Program, Office of the Secretary of Defense, Room 1B457, The Pentagon, Washington, DC 20301 or call DSN **225-0663**, **(703) 695-0663** or **(800) 438-VOTE**.

Leave donation requested

Leslie B. Martin, an employee with the Logistic Control Activity, is experiencing a medical emergency that has exhausted all sick and annual leave. Martin is an approved participant in the Voluntary Leave Transfer Program. Anyone wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780**.

Thrift Shop flea market this Saturday

The next Thrift Shop Flea Market is scheduled for 7:30 a.m. to 1 p.m. Saturday in the parking lot in front of Building 204. A valid "unlimited" military identification card is required to rent vendor space. The Thrift Shop will also be open for sales to the general public from 9 a.m. to 1 p.m. The Thrift Shop's phone number is 922-3384.

See Briefs, Page 10

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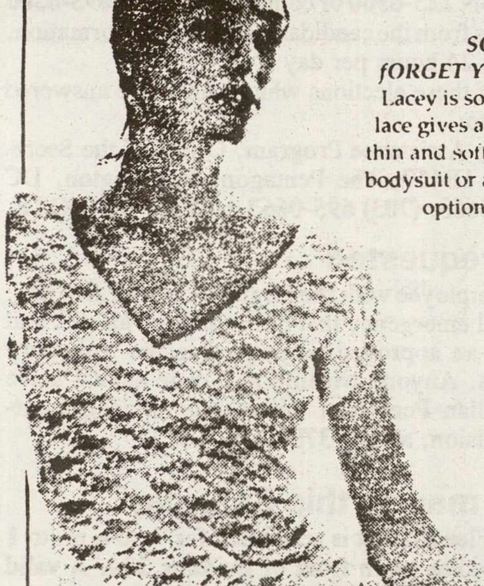

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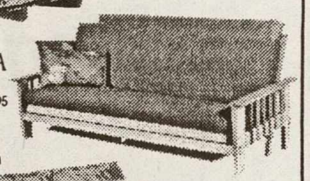

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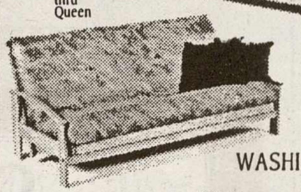

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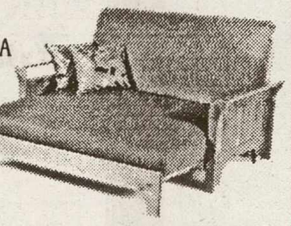

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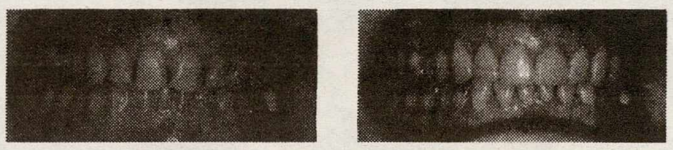

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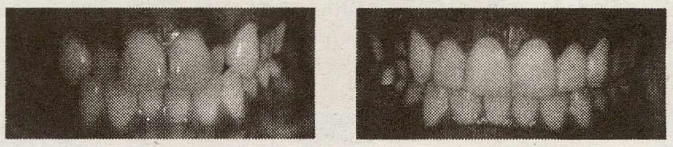

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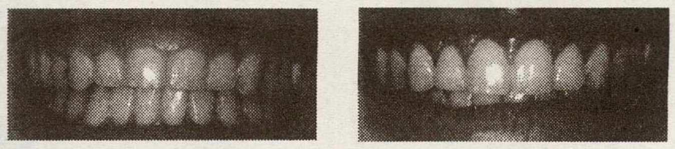

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Presidio Focus

The Bay Area remembers

A salute to veterans

Hundreds of California veterans salute the colors during the playing of the National Anthem at the Memorial Day ceremony at the San Francisco National Ceremony Monday. (left) A marker stands remembered. (below) Members of the Ladies Auxiliary of the Veteran's of Foreign Wars hold the colors proudly. (below left) The honorable San Francisco Mayor Frank Jordan, accompanied by Maj. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio of San Francisco commander, makes his way to the podium before the ceremony.

Photos by Sgt. John W. McGarrah

Hospital legacy of care, teaching will be remembered

The U.S. Army has staffed a medical facility at the Presidio of San Francisco since 1854.

The Wright Army Hospital was completed in 1864. This building, which now houses the Presidio Army Museum, served as the post hospital for the next 35 years.

The United States won the Spanish-American War in 1898 and found itself in possession of a vast Pacific empire. To support its operations in the Pacific, the Army built a new general hospital on the Presidio in 1899.

This facility, the Army's first modern general hospital, occupied a six-acre quadrangle and consisted of 10 wards, each containing 40 beds. Casualties from the Spanish-American War and Philippine insurrection began arriving even before construction of the hospital was finished.

The hospital's next major medical challenge occurred after the great San Francisco earthquake and fire in 1906. During the confusion caused by the disaster, Lt. Col. George H. Torney, hospital commander, opened the doors of the hospital to countless civilian casualties and patients from damaged or overcrowded civilian hospitals.

In 1911, the U.S. Army General Hospital, Presidio, was named the Letterman General Hospital in honor of Maj. Jonathan Letterman, the famous Medical Director of the Army of the Potomac during the Civil War. By the time of American's entry into World War I in 1917, Letterman was the Army's largest military hospital. By 1919, Letterman's bed capacity reached 2,200.

Between the World Wars, Letterman started its internal training program.

World War II brought an enormous growth in Letterman's' responsibilities.

Letterman General Hospital was the major mainland hospital for the reception of all the wounded and sick patients and returning prisoners of war from the Pacific Theater. In 1945, for example, more than 72,000 patients passed through Letterman and more than 3,500 beds were operational.

On Oct. 20, 1945, Letterman admitted an all-time record of 1,862 patients in one day. Letterman's teaching mission increased with the establishment of formal residency training programs in 1946.

When the Korean War began in 1950, Letterman expanded again, eventually reaching a 1,500 bed compacity. The hospital's role in that war ended with "Operation Big Switch" in the fall of 1953. In one day, Letterman received 644 prisoners of war returning from North Korean POW camps, examined them, and transferred them to hospitals near their homes.

The Vietnam War began in 1964 and Letterman once again treated casualties arriving from the Pacific. In that same year approval was granted from the construction of a new 10-story, 340-bed hospital. The new Letterman General Hospital was formally dedicated on Feb. 14, 1969.

In 1973, Letterman participated in "Operation Homecoming" during which nine former prisoners of war were examined here. The Letterman General Hospital was renamed Letterman Army Medical Center and became the hub of a regional network of military hospitals and clinics.

For the next 15 years the Letterman Army Medical Center was one of the premier teaching hospitals and referral centers in the United States, providing quality medical care to hundreds of thousands of patients each year.

The Presidio of San Francisco and the Letterman Army Medical Center were nominated for closure by the Base Realignment and Closure Commission in 1988.

In 1989, the Letterman staff began the painful and complicated process of dis-establishing itself as a teaching hospital and regional medical center.

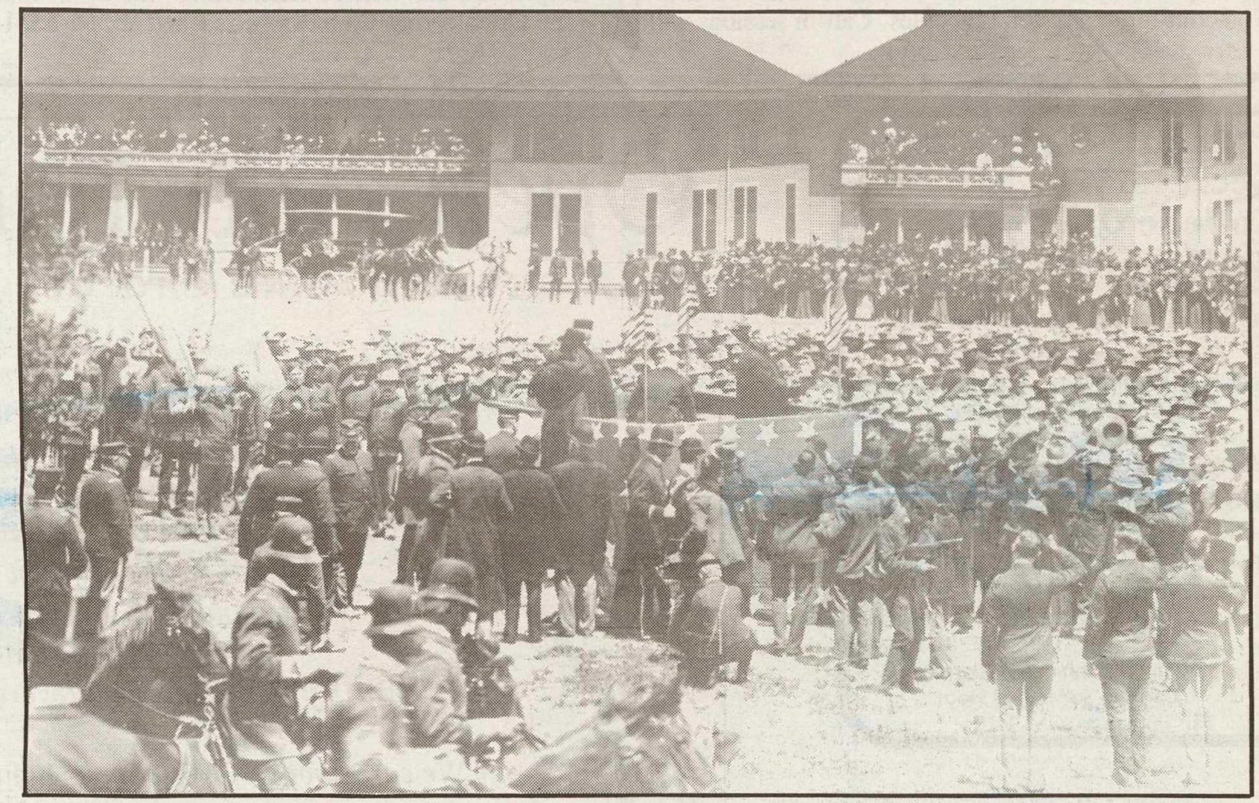
On June 8, 1991 the Letterman Army Medical Center was officially inactivated and converted to the Letterman U.S. Army Hospital. Since then, the men and women of the Letterman staff have maintained their tradition of providing quality medical care and community service while continuing to down-size the hospital and its outlying clinics.

The Letterman U.S. Army Hospital staff performed its last surgeries on May 13, 1993, graduated its last class of psychiatry residents on May 28, and closed its inpatient service on Tuesday.

Wednesday, the hospital marked the end of it's service as an Army hospital.

The Letterman U.S. Army Clinic will continue to serve patients and the Presidio community as an outpatient clinic during the next year and will closed completely in the Summer of 1994.

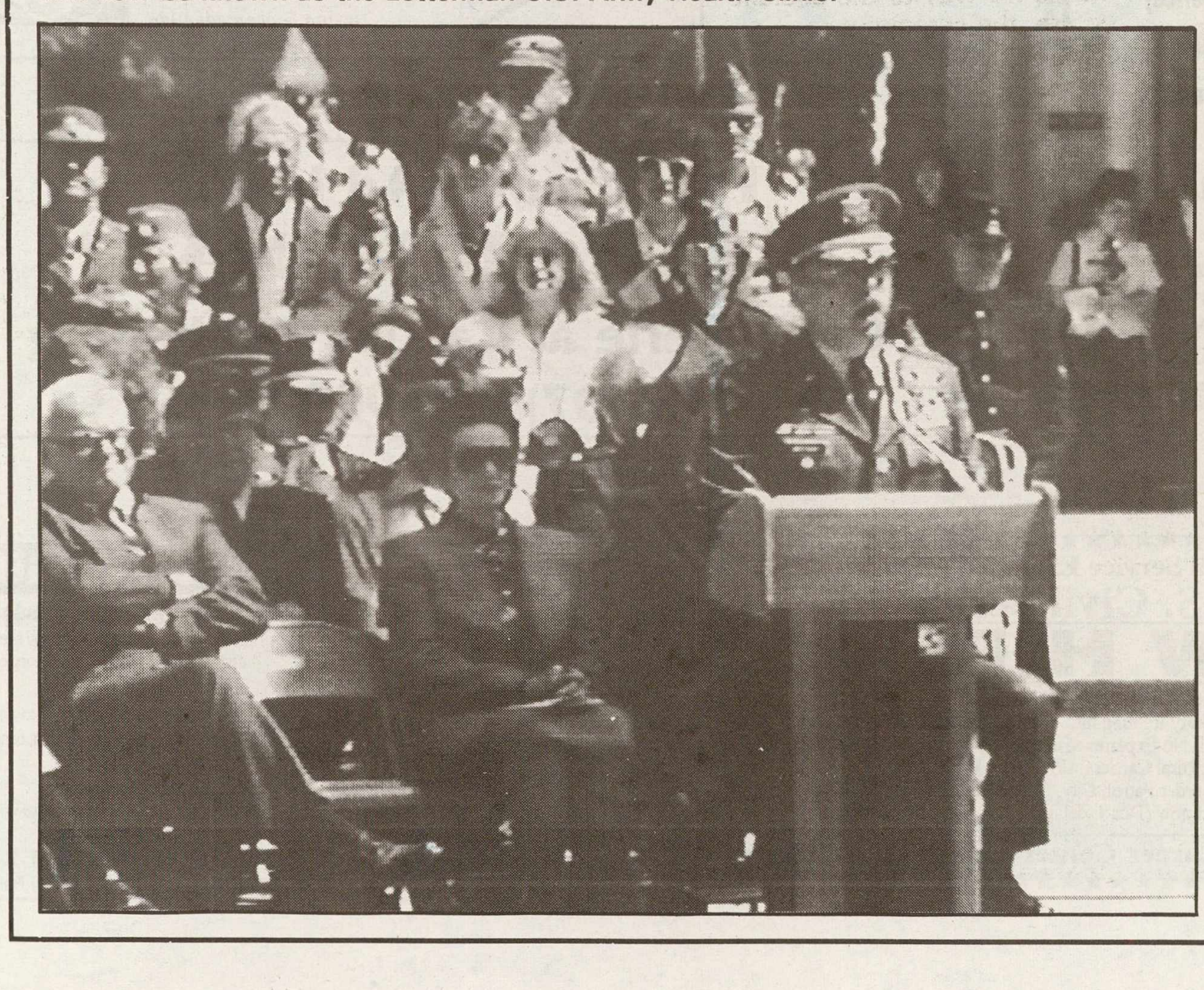
LUSAH Archives



Historic photo

Yesteryear

Then President, William McKinley, officially dedicates the opening of the new U.S. Army General Hospital on the Presidio of San Francisco in 1901. (Below) Col. Michael J. Brennan, M.D. , Letterman U.S. Army Hospital final commander , addresses the crowd during the Retiring of the Colors ceremony for the Letterman U.S. Army Hospital Wednesday. Which will now be known as the Letterman U.S. Army Health Clinic.



Maj. Jonathan Letterman, M.D.

How a single man changed Army, world health care

Letterman U.S. Army Health Clinic proudly bears the name of the surgeon whose memory it honors — Maj. Jonathan Letterman, medical director of the Army of the Potomac during the Civil War. It is particularly fitting that a San Francisco hospital bears his name, since he practiced medicine here after leaving the Army, and was also coroner of the City and County of San Francisco.

Letterman completely reorganized the Army's field medical service during the Civil War. He developed an effective ambulance system for the evacuation of battle casualties, a system field hospital, a medical education program, and further developed a structured medical supply system. This new organization functioned so effectively at Antietam and Gettysburg that is was adopted for use throughout the Union Army. The basic plan of evacuation and field hospitalization known as "the Letterman plan" has influenced combat field medicine in every modern Army.

Letterman was born in Canonsburg, Penn., and received his medical degree at Jefferson Medical College in 1849. That same year he was appointed as an assistant surgeon, U.S. Army. Maj.

Letterman served in a number of Indian campaigns, then in 1862 was appointed medical director of the Army of the Potomac. Within a month he had drawn up and submitted a plan for an ambulance corps, which was approved at once. The new ambulance service had its first trial at Antietam proving its worth. He then issued a circular, calling for the establishment of field hospitals and containing detailed instructions for the care of wounded. The provisions in his circular were carried out, and after the Battle of Gettysburg it was said that "The hospital organization made it possible to removed the wounded from the field, feed them and dress their wounds within six hours after injury."

After Letterman's resignation from the Army, he came to San Francisco in 1866, was elected coroner the following year, and later served as a member of the Board of Medical Examiners of the University of California. After an illness of several months, he died in March 1872, at the age of 47.

Continued from Page 5

Provost Marshal's Office closure

The Provost Marshal Office will be closed all day June 17. All emergency phone calls should be directed to the MP desk at **561-2251** or **561-2253**.

Vaccination updates offered

Summertime is an excellent time to have your child's vaccines updated. Immunizations are available from 8 to 11:30 a.m. and 1 to 4 p.m., Monday through Friday, in the Letterman U.S. Army Health Clinic's Pediatric Clinic. The Pediatric Clinic offers walk-in shots; no appointment is necessary. June and July visits will help avoid the rush before school begins in the Fall.

Bring your child's yellow international immunization record from home and the out-patient record with you for proper documentation.

Officer transition briefing slated

An intensive, one day transition awareness program designed specifically for officers will be held 8:15 a.m. to 2:15 p.m., June 24, in the Presidio Command Conference Facility, Building 35.

Advance registration is required by June 17 with Army Community Service Center Transition Coordinator Ann Williams, at **561-4513** or **561-6090**. Seating is limited to 25 attendees, including spouses. The briefing will be conducted by volunteer retired and retiring officers and successful business professionals. The briefing will focus on plans of action to successfully manage the separation and re-employment process, provide insight to identifying and exploring opportunities, and reduce anxieties and misconception of retirement, separation and re-employment.

Novato to celebrate Hamilton Day

The Marin YMCA and the Hamilton Recreation Services will provide three hours of swimming fun from 10 a.m. to 1 p.m. Saturday at the Hamilton Army Air Field swimming pool.

The swimming programs for Hamilton Day will include Swim Team practice, synchronized swimming, skippers (for younger children), parent/infant water adjustment class and games. There are no fees for this Hamilton Day event. to sign up call hamilton Recreation Services at **833-5962**.

TAPC answers phone questions

The commander of the U.S. Total Army Personnel Command is establishing a 1-800 number for use by soldiers and Department of the Army civilians worldwide. The number is **1-800-USA-TAPC (872-8272)**. Maj. Gen. Gerald H. Putman along with the directors of the enlisted personnel management directorate, the officer personnel management directorate, the civilian personnel management directorate, and the adjutant general will be available twice a month to personally take telephone calls.

This service should not be used to avoid or sidestep the chain of command.

The next session will be from 2 to 4 p.m., June 15. Subsequent call-in periods will be on the first and third Tuesdays of each month from 7 to 9 a.m. and 2 to 4 p.m. respectively. At other times callers will hear a message about future session schedules. Call-in sessions will be recorded for later broadcast on Soldiers Radio Satellite Network (SRSN).

This call-in service is being established to fortify communications and answer personnel related questions for soldiers and DA civilians. It is not intended to bypass or usurp the chain of command.

Nautilus training available at Gym 1

Gym No. 1, Building 63 has 17 Nautilus weight machines available for use by certified users. These popular machines will exercise all essential muscles of you body, according to Bob Darling, fitness director.

To use the Nautilus machines, you must have a Sports Branch Nautilus card or another Nautilus card from a military or civilian gym. If you know how to use the machines but do not have a card you must pass a short practical test by making an appointment with Darling at **561-4120**. For all future classes for beginners, call **561-4131**.

Exploratorium explores the Presidio

The San Francisco Exploratorium, 3601 Lyon Street (the domed building outside post between the Mason Street and Gorgas Avenue gates) will offer an orienteering program of the post June 13.

Visitors can grab a compass and topographic map and explore the Presidio along three courses, ranging from easy to challenging, that have been prepared by the Exploratorium and the Bay Area Orienteering Club. Meet in front of the Exploratorium anytime between 9 a.m. and 2 p.m. to pick up supplies. Cross discounts for Exploratorium visitors/orienteerers will be available. The Orienteering Club can be reached at **566-6331**.

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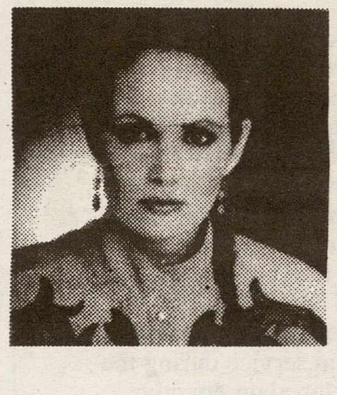

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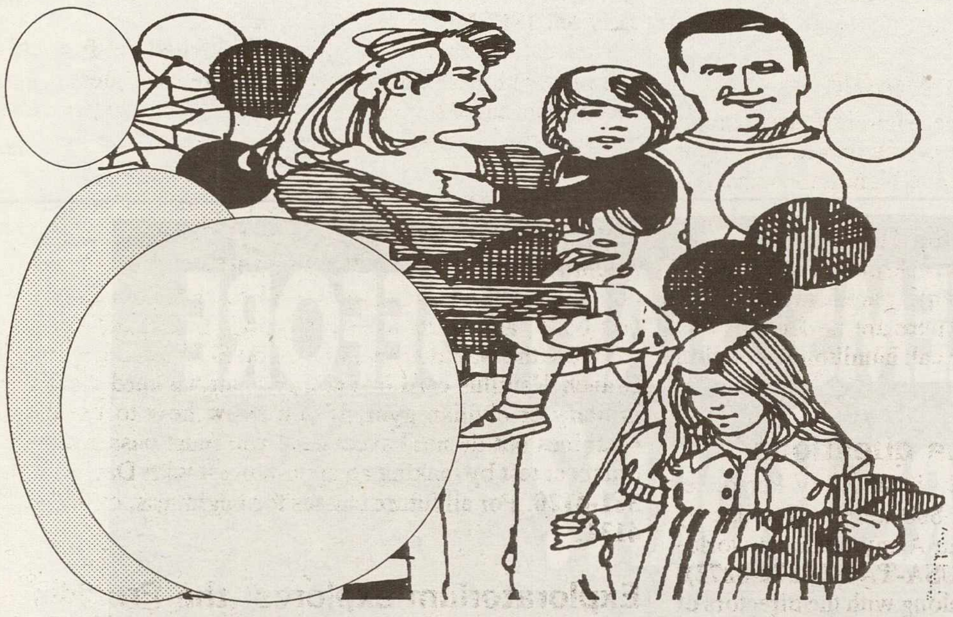

By Sgt. John W. McGarrah
Star Presidian staff

Looking for fun things to do this weekend? Look no further than the Installation Tour and Travel Office, Building 203, here.

The office offers a variety of tickets to Bay Area and California leisure-time activities and events at discount prices.

Local area

Available tickets in the local area include:

The Monterey Bay Aquarium, $8 for military adults and seniors, $5 for children (3-12).

Santa Cruz Beach Boardwalk, general admission tickets $12.95.

Marine World, Africa USA in Vallejo tickets are $15 for adults and $12 for children.

Paramount's Great America in San Mateo adult tickets are $17.50, children's (3-6) are $11.95.

Pacific Theaters tickets are $4.75 for general admission tickets. Other movie theater tickets are also available.

Scandia, Family Fun Center, tickets are $11.50. Children under five years are admitted free.

Southern California attractions

Knott's Berry Farm Adventures tickets are $18.80 for adults, $13.80 for children (3 to 11 years).

Disneyland adult tickets are (one day) 24.50, (two day) 39.75, Children (one day) $19.90, and (two day) $32.10.

Universal Studios (Hollywood) tickets are $19 for adults, $15 for children (3-11).

Magic Mountain general admission tickets are $19.75.

Sea World of San Diego adult tickets are $20.95, with children's (3-11) tickets for $16.35.

Hours for the recreational services office are 8:30 a.m. to 4:30 p.m. Monday through Fridays.

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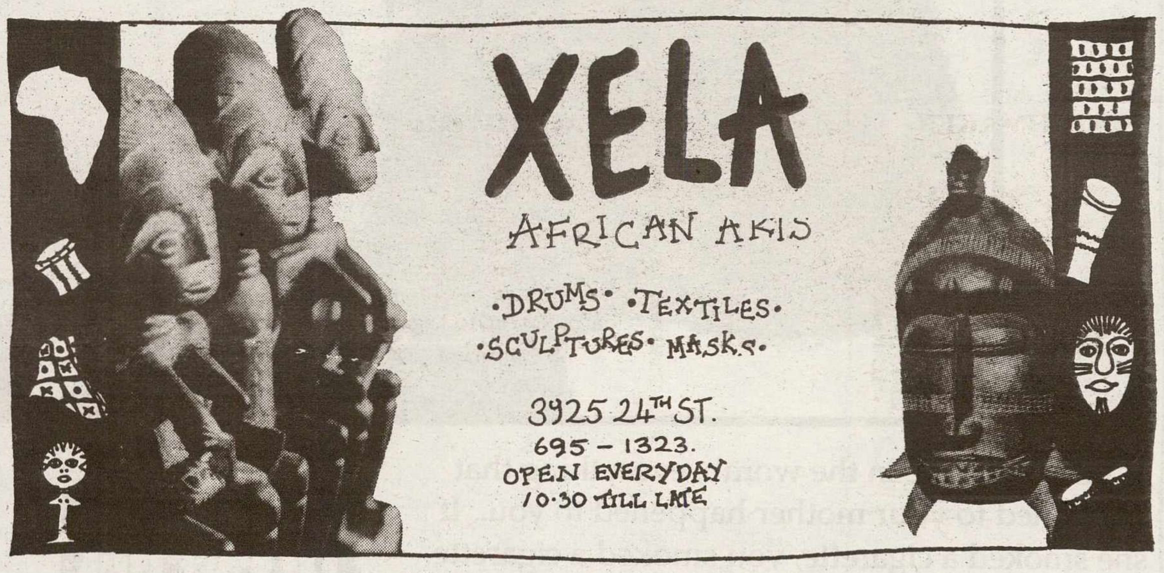

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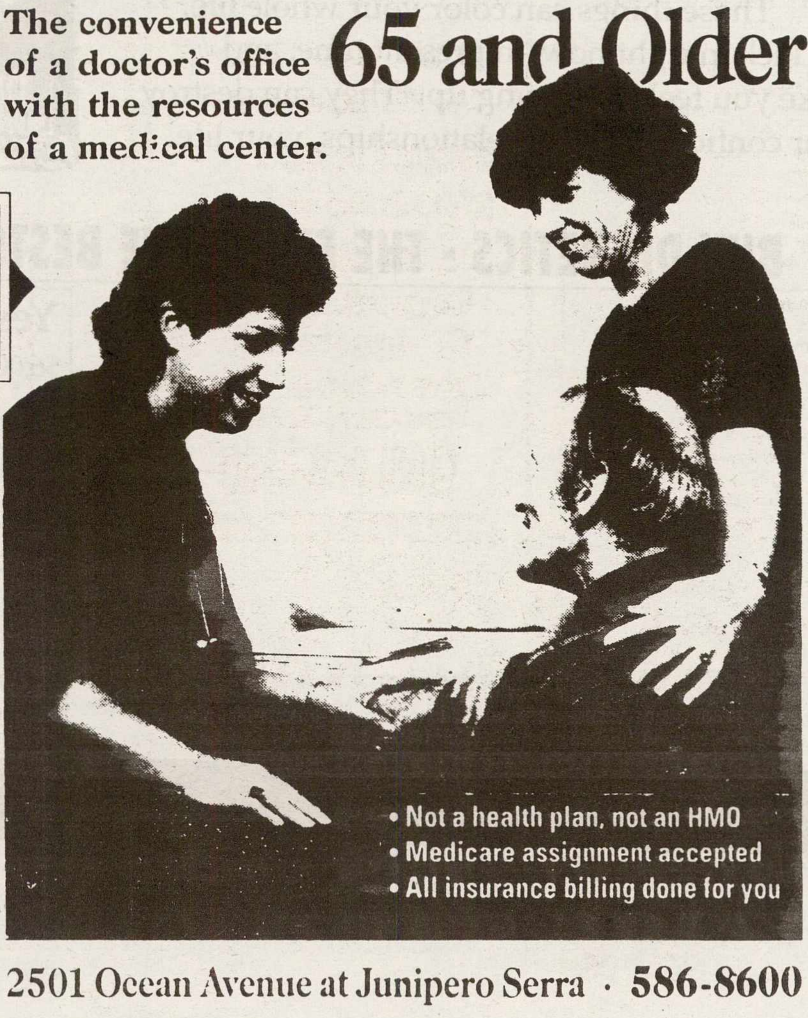

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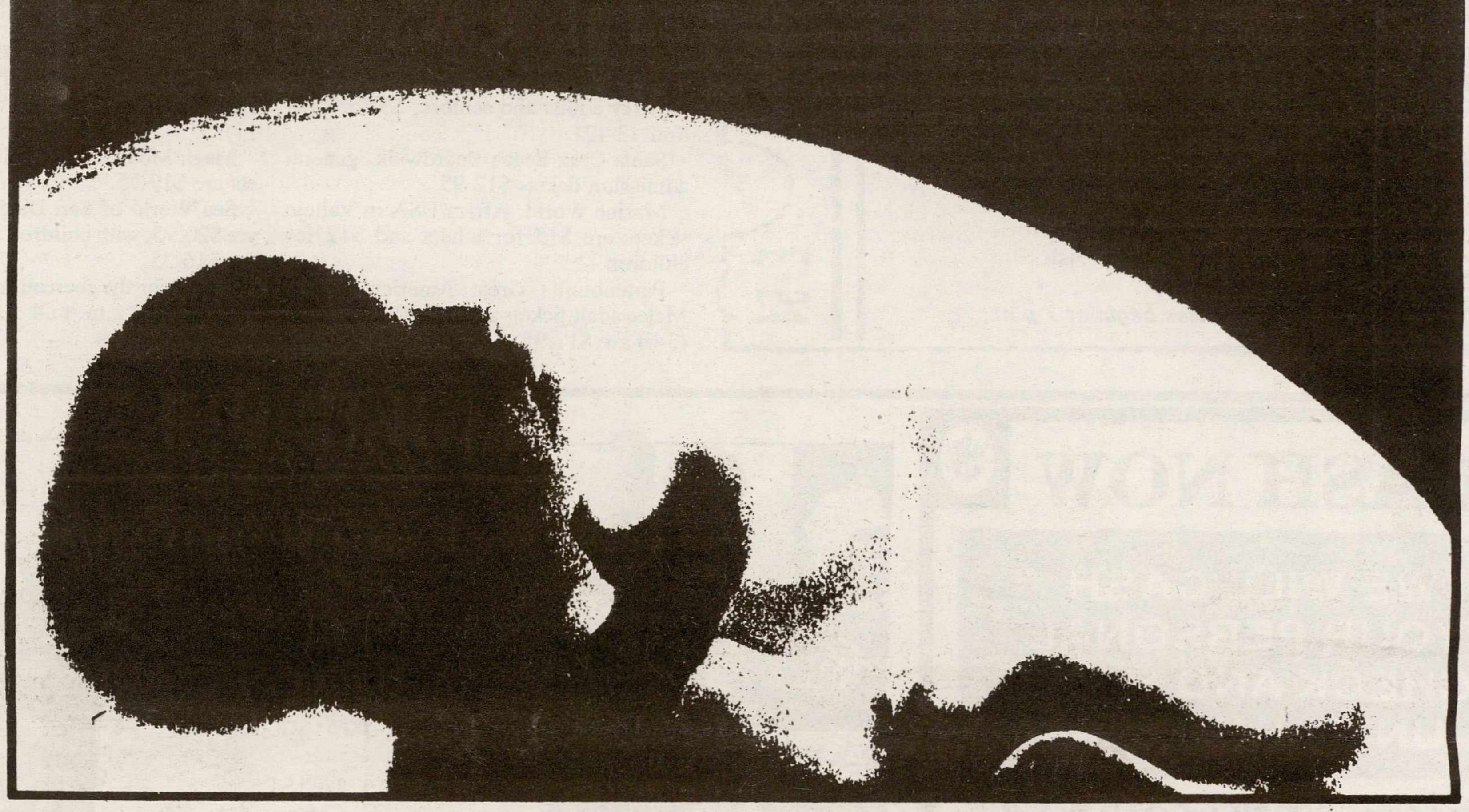

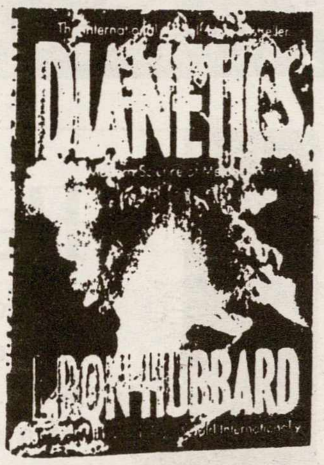

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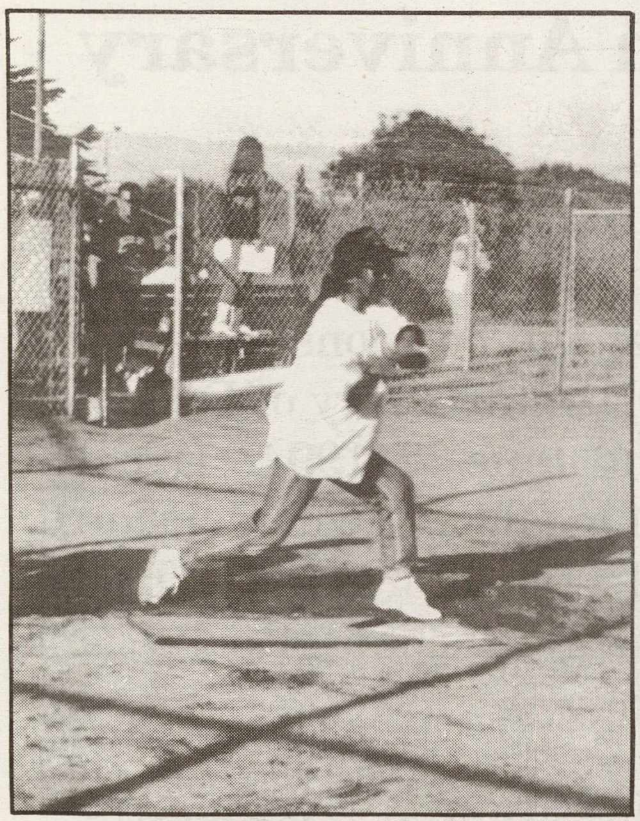

Staff Sgt. Pleasant Lindsey III

Sharlene Penn, U.S. Coast Guard, takes a swat at the ball in the final inning of her team's game against Law Enforcement Company May 27. LEC smoked the Coast Guard, 12-2.

Youth soccer registration opened

Presidio Youth Sports is now accepting registration for Soccer Season '93, scheduled for September through December. The deadline is July 24. Boys and Girls born on or after August 1978 through July 1984 are eligible to compete on a Presidio Team in the San Francisco Vikings Soccer League.

Applicants must bring a completed Presidio of San Francisco Sports registration form; a completed U.S. Youth Soccer Association form; proof of birth (copy of birth certificate, passport, immigration card); a 1½ by 1½ photo; and the registration fee of $65 per child or $105 for three or more in the same family. For more information call the Youth Activities Center at **561-5143.**

Youth swimming lessons offered

Youth Activities Learn To Swim lessons are finally here. Lessons are available for beginners, advanced beginners and intermediates. There will be lessons for advanced swimmers if there is enough interest.

All lessons will be held at the Post Pool, Building 1151. Youngsters must be at least 36 inches tall for beginner classes.

Each session will be one hour per day, Monday through Friday, for a two week period. On the last day of each session swimmers will be tested according to Red Cross standards. If the test is passed, youngsters may move up to the next level.

The lesson fee is $30 per swimmer for each two-week session. To register visit the Youth Activities Center, Building 386 or call **561-5143**.

Best Ball Foursome tourney set

The Presidio Sports Branch has scheduled the Best Ball Foursome Golf Tournament for a shotgun start at noon, June 30, on the Presidio Army Golf Course. Check-in time is 11:30 a.m. Players can form their own teams or register individually and be placed on a team.

Special events will be conducted during the tournament, including the longest drive on hole nine, the nearest to the pin on hole 13, and the longest putt on hole 18.

The tournament is open to all active duty personnel, Department of the Army Civilians, family members 20 years or older assigned or attached to the Presidio, and Army retirees on a space available basis who reside within 50 miles of the post.

Green fees will be paid in advance at the Sports Branch office by all golfers who are not members of the Presidio Army Golf Club. The fees are Department of the Army civilians, $30; enlisted, $8; officers, $14; retirees, $15. Fees for golf carts will be paid at the Starter's Shack no later than 11:45 a.m.

Entries must be submitted to the Presidio Sports Office,, Building 63, by June 21. For more information call Bobbie H. Gascon, sports director, or Charles Hurd, golf coordinator, at **561-4131** or **561-5032**.

Water classes offered at Hamilton

Synchronized swimming classes at now being held at the Hamilton Field Base pool. Participants will learn -- stationary and propulsion sculling, modified swimming strokes, individual water figures and much more. For more information, call **883-5962.**

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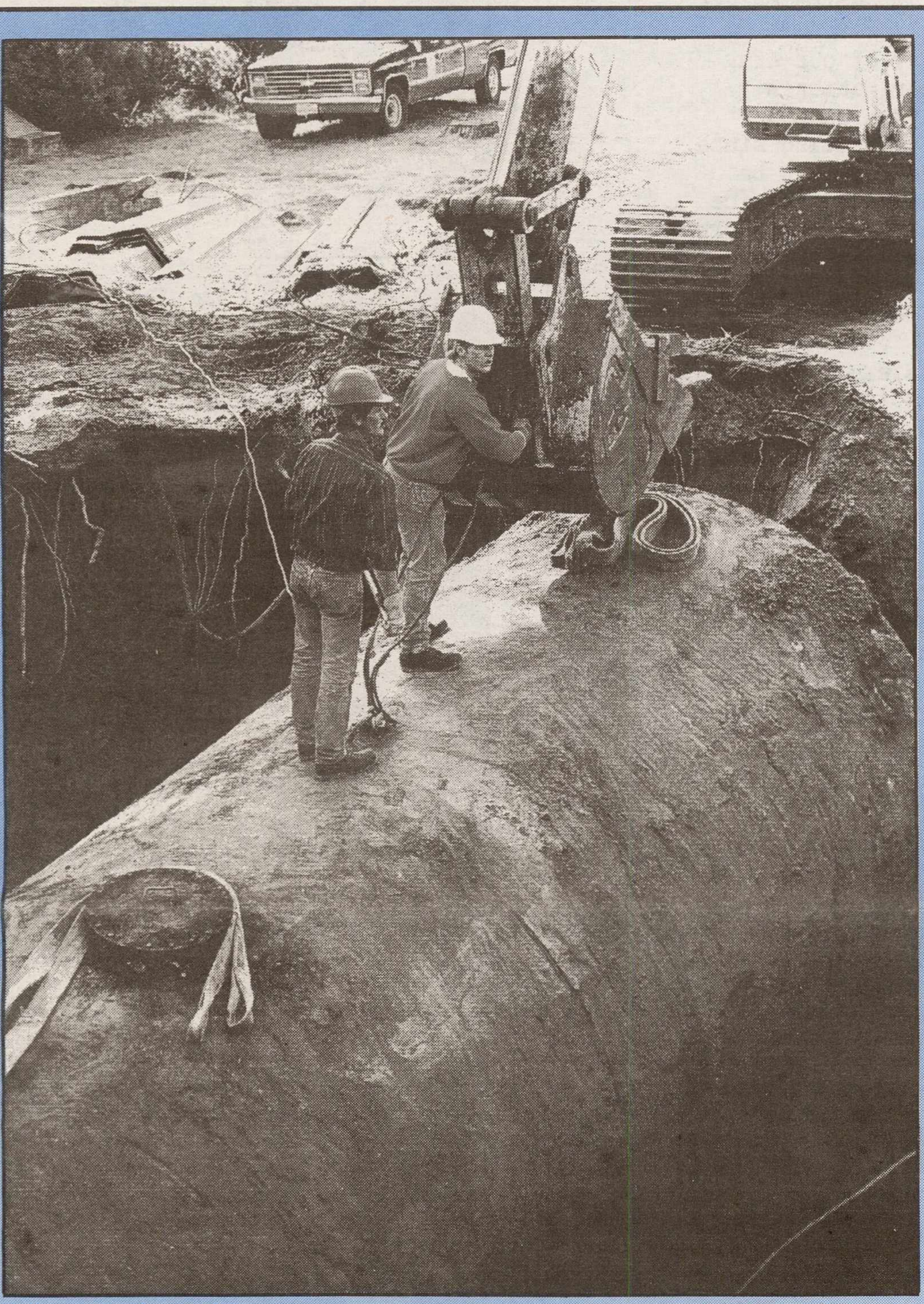
Star Presidian

Vol. 38, No. 22 Published for the Presidio of San Francisco Community June 11, 1993



It's otta here! Sgt. John W. McGarrah

Workers using specialized equipment remove a huge storage tank from the area around the former Public Service Hospital here as part of the Presidio's on-going environmental clean-up program.

Music, fireworks highlight Fourth of July festivities

Historic Crissy Field will be the site of the annual Fourth of July fireworks and festivities begining at 2 p.m. July 4 until the fireworks conclude at 9:45 p.m.

The event includes continuous entertainment on a main stage and children's stage, hands-on activities and displays in a "Cultures and Sciences Activity Tent," ethnic food concessions, and the best view for the second largest fireworks display on the West Coast.

Entertainment

Entertainment on the main stage will begin at 3 p.m. This year's theme, "*A Tribute to the Presidio and San Francisco's Cultural Heritage*" will include a narrative, read by Master of Ceremonies Michael Pritchard, which summarizes the 226-year history of both the Presidio and the pueblo of San Francisco. San Francisco was founded in 1776 as the northern outpost of New Spain.

The entertainment will interpret the Bay Area's military and cultural history and will include a kick-off set by the Zydeco Flames (music from the Louisiana bayou), followed by a performance of early California dances by Theatre Flamenco of San Francisco and a set of Irish step dances and aires by the Kennelly School of Irish Dancing (with music by the Core). The era of San Francisco's earthquake to the war years will be revisited through a set of 1940's era swing and blues tunes by the Johnny Nocturne Band. San Francisco as a cultural frontier will be the leitmotif of a set of rhythm and blues by native-son Merl Saunders and his Rainforest Band with special guest Maria Muldaur.

The official ceremonies begin at 8:25 p.m. with a 50-cannon "Salute to the Nation" followed by a set of patriotic tunes by the Sixth U.S. Army Band. The fireworks will begin promptly at 9:15 p.m. and will continue for approximately 25 minutes.

The Cultures and Sciences Activity Tent, near the Children's Area, will feature hands-on interactive exhibits and demonstrations for kids (and kids-at-heart). Included among the participants this year are the Bay Area Discovery Museum, California Academy of Sciences, Exploratorium, Galeria de la Raza, Museo Italo Americano, the National Park Service in California, and the Oakland Museum. The tent will open at 3 p.m. and will close at 7:30 p.m.

Admission to the Fourth of July fireworks and festivities is free. Donation boxes will be located at Crissy Field for those who wish to help support the event. The public is encouraged to come early and to bring warm clothing, a flashlight, and a blanket to sit on. Food and beverages will be available for sale.

Parking limited

Parking is limited, and public transportation is encouraged. San Francisco MUNI has expanded its bus service for this year's event. For schedule information, call **(415) 673-MUNI.**

Parking along Conzelman Road in the Marin Headlands is very limited, and all roads will be closed when available space is filled, usually by mid-afternoon.

The gate to Fort Point will close at 5 p.m. Many roads near the north end of the bridge and on the Presidio are usually blocked by traffic jams until well after the fireworks are over.

The Fourth of July fireworks and festivities are sponsored jointly by the National Park Service and the San Francisco Chronicle in cooperation with the United States Army at the Presidio.

For more information, call **556-1643.**

Information provided the National Park Service

Health clinic lists services

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Letterman U.S. Army Hospital's colors were officially cased for the last time June 2. The former hospital has been down-sized, a euphemism meaning "to shrink," and is now officially known as Letterman U.S. Army Health Clinic.

LUSAHC's former emergency room is now an Acute Care Clinic which handles minor emergencies and provides 24-hour ambulance service to transfer seriously ill and injured patients to local hospitals. However, on Oct. 1 it is scheduled to handle minor emergencies from 7:30 a.m. to 7:30 p.m. Monday through Friday, and 8:30 a.m. to 4:30 p.m. weekends and holidays.

For now, family members can use the acute care clinic for minor emergencies during duty hours or use civilian emergency facilities. After hours, family members must use civilian services. The facility will no longer handle surgical procedures, and some clinical services have been cut back or eliminated completely.

However, the Patient Service Center will be keeping Presidians up-to-date on available services and alternate health plans. Or, Presidians needing health care services can call the clinic's central appointment office for up-to-date information at **561-5324**. Eloise L. Callwood of Letterman's Patient Service Center is scheduling unit briefings to update soldiers and family members about available services and medical plans, at **561-5661 or 4853**.

The center maintains a listing of services that is distributed during the briefings along with information about the Civilian Health and Medical Program for the Uniformed Services. The service center can be used help Presidians find alternate health care sources and CHAMPUS programs.

Family members and retirees should be familiar with CHAMPUS Prime, a CHAMPUS plan that is administered here by Foundation Health Federal Services Inc. Under CHAMPUS Prime the user chooses his own personal primary care doctor, pays no annual deductible or monthly premiums, and pays only $5 for most civilian doctors' office visits.

Also available is CHAMPUS Extra, which does not require an application to enroll. The user pays five percent less than the standard CHAMPUS copayment, and can't be charged by health care providers more than CHAMPUS allows.

Continued on Page 3

Doyle Drive clean-up begins

The California Department of Transportation has started constructing a fence to secure an area beneath Doyle Drive that is contaminated with lead.

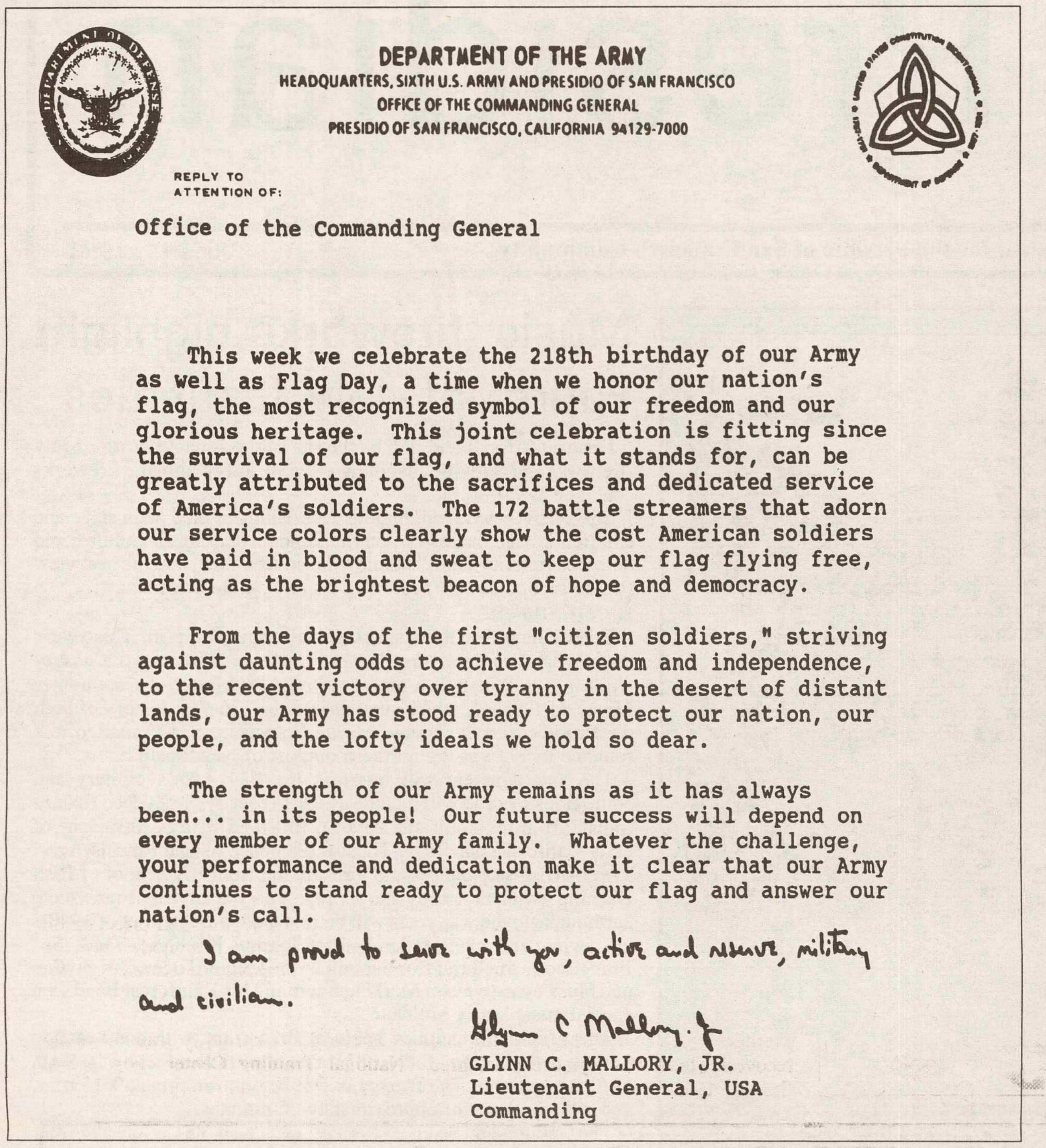
During the course of upgrading the Doyle Drive bridge deck early this year, Caltrans was contacted by the Presidio about possible lead contamination under the bridge structure. Small particles of lead were discovered when Caltrans contractors performed spot-sampling of soil under the bridge structure.

It is believed by Caltrans that previous sandblasting of lead-base paint on the steel bridge deposited lead particles in the ground. The bridge has been painted with a lead-base paint for more than 50 years to protect its steel structure.

In cooperation with the Army and the State Department of Toxic Substances Control, Caltrans has developed a fencing plan to secure the contaminated area. Multilingual signs warning of hazardous material will be placed on the fence.

Further testing to determine the extent of contamination beyond the bridge structure will be done later this summer.

Information provided by CalTans



DEPARTMENT OF THE ARMY
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ATTENTION OF:

Office of the Commanding General

This week we celebrate the 218th birthday of our Army as well as Flag Day, a time when we honor our nation's flag, the most recognized symbol of our freedom and our glorious heritage. This joint celebration is fitting since the survival of our flag, and what it stands for, can be greatly attributed to the sacrifices and dedicated service of America's soldiers. The 172 battle streamers that adorn our service colors clearly show the cost American soldiers have paid in blood and sweat to keep our flag flying free, acting as the brightest beacon of hope and democracy.

From the days of the first "citizen soldiers," striving against daunting odds to achieve freedom and independence, to the recent victory over tyranny in the desert of distant lands, our Army has stood ready to protect our nation, our people, and the lofty ideals we hold so dear.

The strength of our Army remains as it has always been... in its people! Our future success will depend on every member of our Army family. Whatever the challenge, your performance and dedication make it clear that our Army continues to stand ready to protect our flag and answer our nation's call.

I am proud to serve with you, active and reserve, military and civilian.

Glynn C Mallory, Jr

GLYNN C. MALLORY, JR.
Lieutenant General, USA
Commanding

Security Corner/*Operation Identification*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

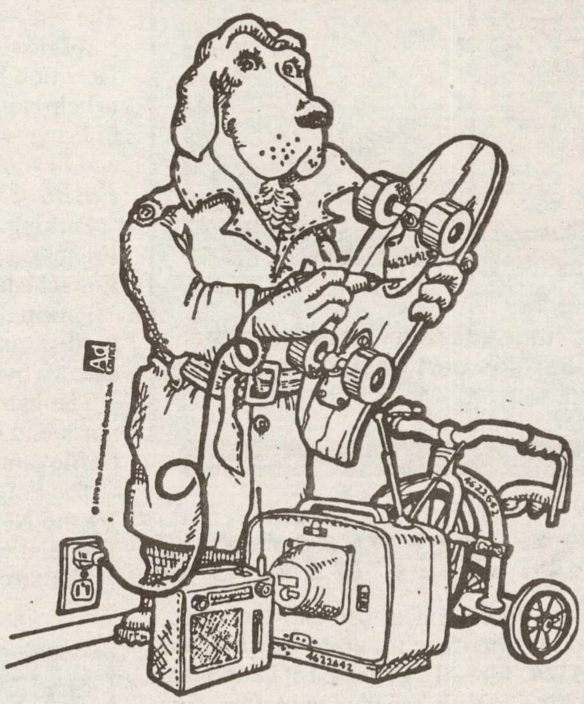
Operation Identification is a program that protects property. It goes hand-in-hand with security devices such as dead-bolt locks, fire extinguishers, smoke/fire and burglar alarms.

Operation Identification is a burglary prevention/ property identification program for homes and businesses. It assists you to identify your property should it be lost, stolen, recovered or damaged. It discourages burglary and theft.

If personal property is insured against fire, theft, and other perils, a thorough inventory is required in order to file and quickly settle a claim in the event of loss or damage.

Inventory lists of home furnishings, personal possessions, and valuable items must include make, model, serial number, value, size and color. With an engraving tool, mark valuable items with a permanent personal identification number recognizable to law enforcement agencies, for a quick return of property., when its recovered. For example, with your state drivers license number; or your Department of Motor Vehicles personal identification card number; or your initials and social security number.

Color photographic (camera) and taped (video camera) records five details that written descriptions cannot. They show quality, quantity, appearance, characteristics, and size. The inventory should be kept locked and safely away at home for reference and additions, with a copy of the current inventory and photo/tapes stored in a safe place outside of your home, such as a safe-deposit box,

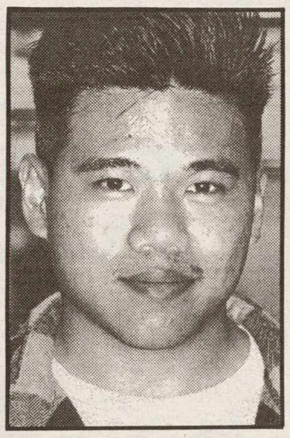


Once your property is engraved and inventoried, Operation ID decals can be provided, which should be placed on windows and other strategic locations around your residence to further deter a thief.

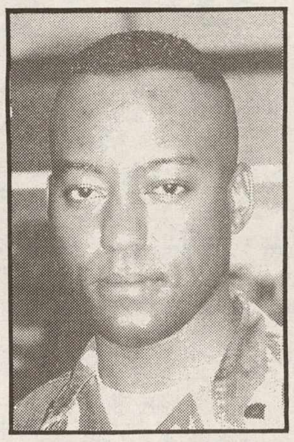
For more information on protecting your property, call 561-5739.

Ask Presidians

Name the best and worst part of being stationed at the Presidio of San Francisco?

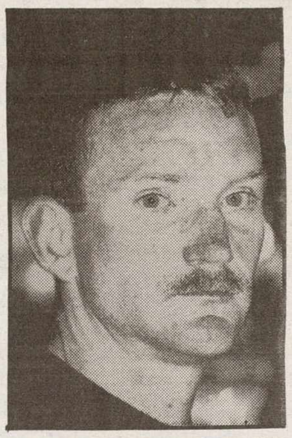


Spc. Ben Isreal, California National Guard: "The best things are the facilities, like the gym. I use it about twice a week. The bad thing, is that it's closing."



Spc. Eric Compton, Preventive Medicine Clinic, LUSAMC: "Oakland is my home! The best things are the location, a damn good section, educational opportunities that can't be beat, and women. The bad thing is that it's closing."

Ben Minkin, student: The whole Presidio is great. The location is beautiful. It has become like home to us."



Staff Sgt. Larry Reed, 6th Recruiting Bde.: "There are lots of things to like about the Presidio. There are a multitude of things to do. The bad part is, I'm a grunt, there's no infantry units here!"

Sgt. Randy Eibeck, Co. A, 524th M.I. Bn.: "We are near the beach and the ocean. There's clean air and good weather all the time. There's always something to do. The worst part is the traffic and the crime."

Interviews by Sgt. John W. McGarrah

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif. The appearance of advertisements in this publication, to include all inserts and supplements, does not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-3861. Circulation: 9,000.

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Health clinic

Continued from Page 1

The Patient Service Center has all of the information soldiers, retirees and family members may need about CHAMPUS programs, including the Bay Area Region Provider directories listing doctors and health care facilities that participate in the CHAMPUS Prime program.

In its briefings the service center's staff displays an updated listing of services available at LUSAHC as well as the CHAMPUS Prime facilities available for inpatient care.

Available services scheduled to continue include, but are not limited to, the Allergy, Dermatology, Endocrinology, Optometry, Orthopedics, Physical Therapy, Podiatry, Psychiatry, and Social Services clinics. Some of these services may be cut back further or eliminated completely.

For San Francisco, the CHAMPUS Prime facilities include California Pacific Medical Center, Davies Medical Center, St. Francis Memorial Hospital, St. Luke's Hospital, St. Mary's Hospital, and Seton Medical Center.

In Marin County, the CHAMPUS Prime facilities are Marin General Hospital, in Greenbrae; Novato Community Hospital, in Novato; and Ross Hospital, in Kentfield.

Other services covered by CHAMPUS Prime include pediatrics, hematology, pediatrics, podiatry and various surgical specialties. CHAMPUS Prime users will find a number of doctors and specialists listed in the directory.

Non-availability statements are required for inpatient, non-emergency care. However, these statements are not necessary for emergency care.

The service center also offers assistance to Medicare eligible retirees who need information about senior health care programs, supplemental care and Health Maintenance Organizations. The center's staff also helps eligible applicants enroll in Medicare parts A and B.

The Patient Service Center hosts monthly health fairs and invites local CHAMPUS Prime facilities and HMOs to meet with Presidians in the Eleanor L. Mitchell Dining Room on LUSAHC's first floor.

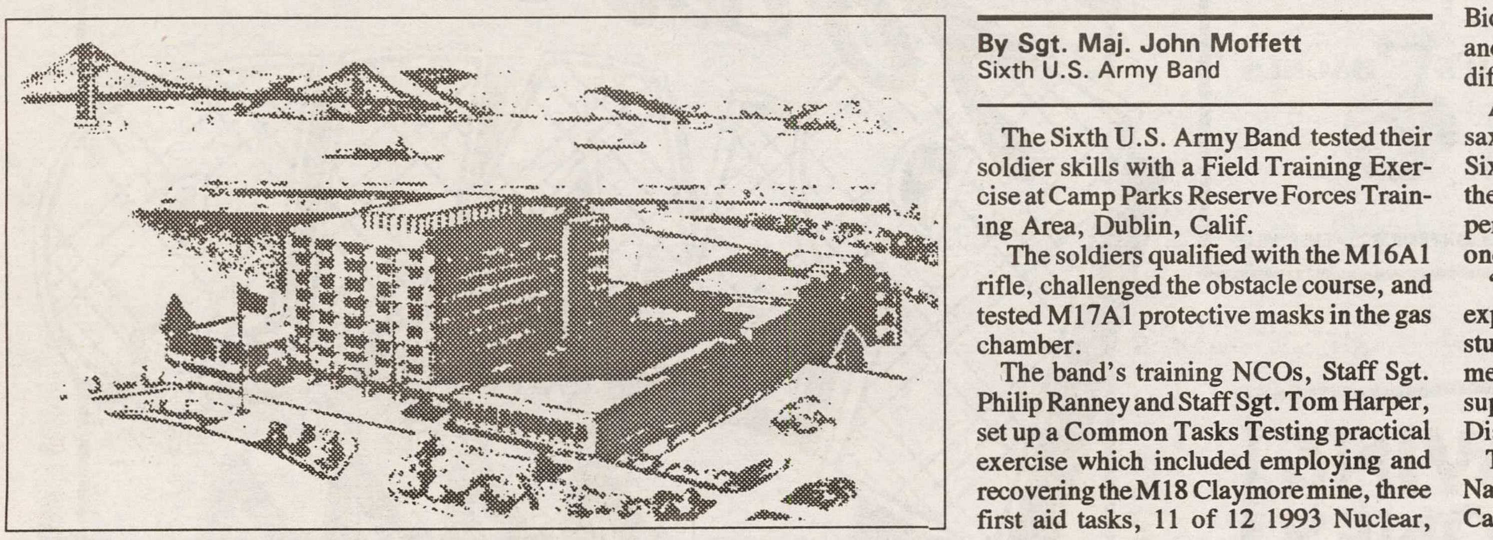


Photo by Sgt. Maj. John Moffett

Chief Warrant Officer Orville Gannon, Sixth U.S. Army band commander, zeroes his M16A1 rifle at the range at Camp Parks.

Field musicians

By Sgt. Maj. John Moffett
Sixth U.S. Army Band

The Sixth U.S. Army Band tested their soldier skills with a Field Training Exercise at Camp Parks Reserve Forces Training Area, Dublin, Calif.

The soldiers qualified with the M16A1 rifle, challenged the obstacle course, and tested M17A1 protective masks in the gas chamber.

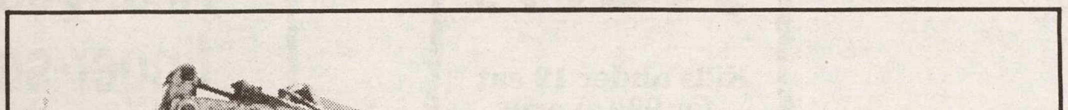
The band's training NCOs, Staff Sgt. Philip Ranney and Staff Sgt. Tom Harper, set up a Common Tasks Testing practical exercise which included employing and recovering the M18 Claymore mine, three first aid tasks, 11 of 12 1993 Nuclear, Biological, and Chemical tasks, challenge and password, and ended with a very difficult night land navigation course.

After a short break from the FTX, the saxophone quarter, brass quintet, and Sixth Army Dixieland Combo traveled to the Klamath Falls, Ore., area where they performed for elementary through secondary schools.

"Not only was the groups' musical expertise fantastic, but their effect on the students as positive role models was tremendous," said Margie Howard, music supervisor for the Klamath County School District.

The band is currently training at the National Training Center, Fort Irwin, Calif.

Thinning the trees



Loading up

Photos by Staff Sgt. Pleasant L. Lindsey III

A contracted worker loads timber into a waiting truck (above). Reliable Tree Experts are cutting down trees from various areas on post which pose risks to the surrounding buildings or areas. (at left) A contract worker removes cut timber from a holding area by Gym 1, Building 63 using a loader.

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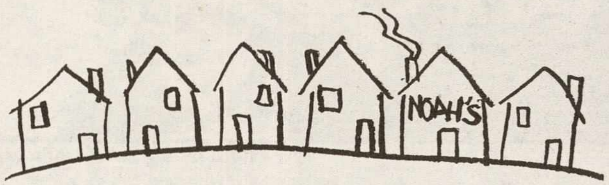

Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around 9th and Irving in San Francisco can look for a Noah's Bagels store opening at 742 Irving in June! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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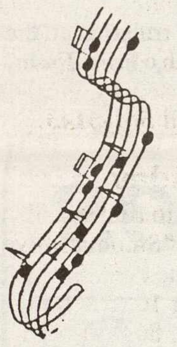

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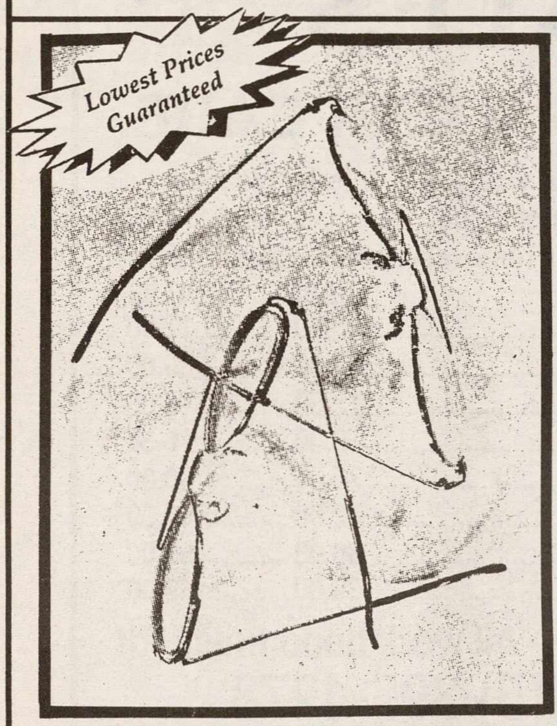

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Presidio News Briefs

Provost Marshal's Office closed Thursday

The Provost Marshal Office will be closed all day Thursday. All emergency phone calls should be directed to the MP desk at **561-2251** or **561-2253**.

Pershing area sewer lines repair ongoing

Contractors will be repairing the sewer main lines running from Pershing Drive south along the east edge of Lincoln Boulevard past the entrance to the Golden Gate Reserve Center, Building 1750, from 8 a.m. Monday and continuing through Thursday.

The repair will require closure of the northbound lane with flagmen directing traffic Monday through Thursday from 8 a.m. to 6 p.m. for the duration of the project. The contractor will backfill all holes and patch the road by 6 p.m. each day and restore all lines of traffic. Entrance to and exit from the 1500 area will not be affected, but the 1700 area may be affected for short periods. Residents of the 1700 area will be informed by letter about the degree of impact and actual dates entrance to their residences will be impaired.

For additional information contact residents should contact Ed Shamma, chief of inspections, at **561-6026**, or Juanita Whitehead, customer relations specialist, at **561-3711**.

Post kicks-off teen enrichment program

The eight-week Presidio Teen Enrichment Program begins June 28 and designed to teach teens between 13 and 18 marketable skills and help them gain valuable employment experience. Applications must be picked up at the Youth Activities Center, Building 386 and returned no later than Tuesday. All applicants must attend an orientation from 10 a.m. to noon June 19 at the youth center. Parents are encouraged to attend. This program is supported by Presidio nonprofit organizations. For more information call **561-5143**.

PCS transition briefing this Thursday

All Presidio unit's first sergeants are encouraged to find out all the details about the Relocation Assistance Program's "Smooth Move" Transition Briefing, from 1 to 5 p.m. Thursday in the Presidio Army Community Services Conference Room, Building 103B.

This scheduled briefing is being held for Co. C, 864th Engineer Battalion, but is a good opportunity for other leaders to see if the program is desirable for their units.

This briefing is designed for service members with orders-in-hand and their spouses. Either or both are eligible to attend with an appointment scheduled through the unit's first sergeant. Topics covered will include: requirements needed for CHAMPUS enroute to your next duty assignment; Filling out forms on moving day for claims; financial preparation, and stress management.

Speakers from the hospital and dental activities, Housing, SATO and ACS will attend the briefing. To find out if this briefing will benefit your soldiers, attend the next scheduled briefing.

Additionally, RAP will prepare computerized welcome packets for your next duty assignment. For more information, unit first sergeants should call Dayle Ann DeLong, RAP manager, at **561-5256**.

Education Center offers computer classes

The Army Education Center plans to offer the following free classes this summer:

Beginning WordPerfect 5.1, 10 a.m. to 12:30 p.m., Mondays and Wednesdays, July 7 to Aug. 2 and Tuesdays and Thursdays, July 8 to Aug. 3;

dBase IV, 10 a.m. to noon, Mondays and Wednesdays, Aug. 9 to Sept. 20;

Advanced WordPerfect 5.1, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Aug. 10 to Sept. 2.

Active duty soldiers have first priority for enrollment and DA civilians who work on the Presidio have second priority; adult family members and reservists are accepted on a space-available basis. Enrollment forms and further information on all classes are available from Kay Terry at the Presidio Army Education Center, Building 1216, **561-2974** or **561-4445**.

Vacation Bible School begins July 6

"Living in God's Creation" is the theme for this year's Vacation Bible School, sponsored by the Presidio Post Chapel. VBS is scheduled for 9:30 to 11:30 a.m., July 6 through 16, in the Religious Activities Center, Building 682, for children 4 years old up through those who've just finished the sixth grade. Bus service will be provided.

For information or to register, drop by the RAC, or the Post Chapel, Building 130; or phone Stephen Miller or Sister Agnes Teresa at **561-3535** or **561-4719**.

See Briefs, Page 10

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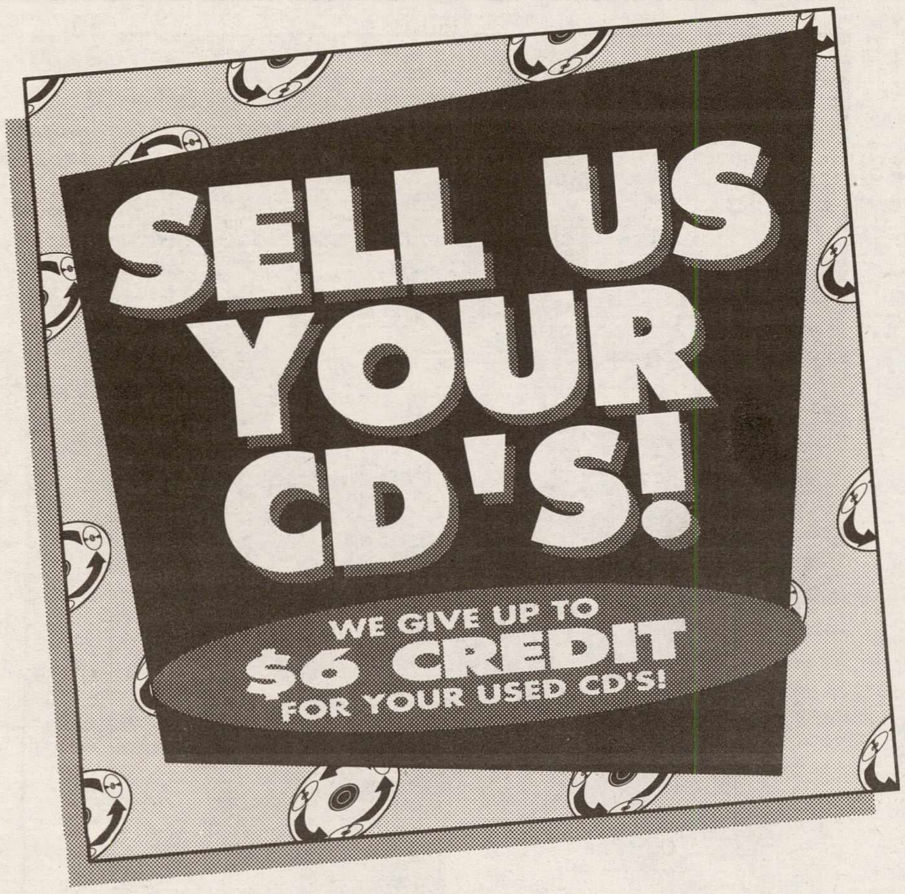
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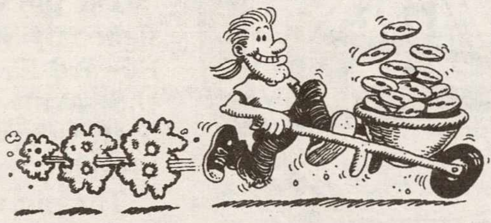

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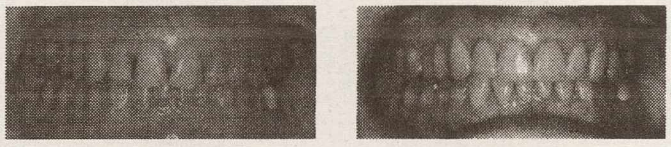

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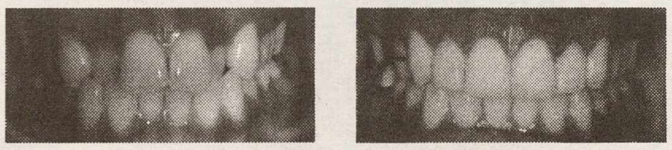

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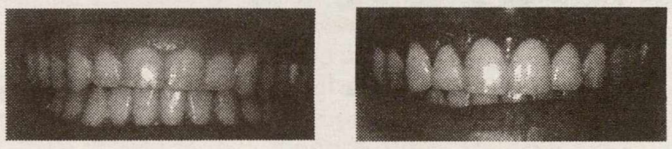

Before *After*

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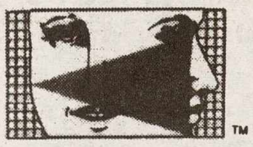

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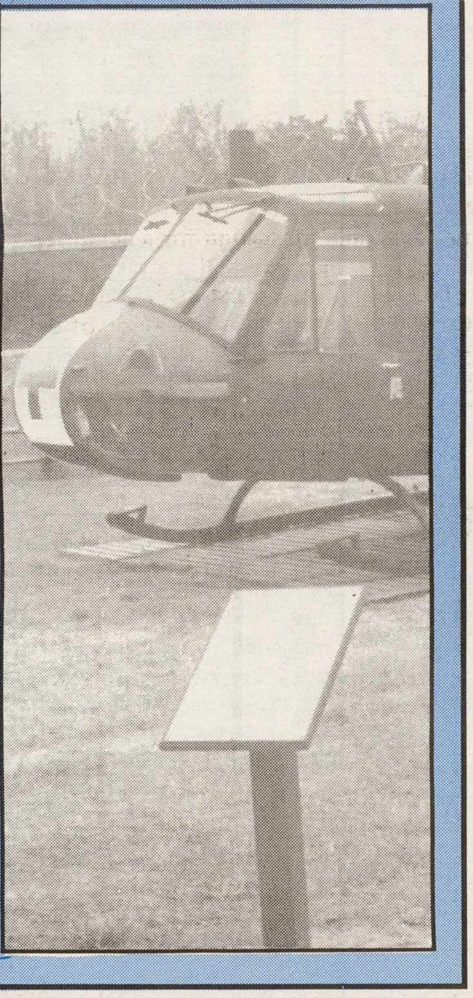


An American hero

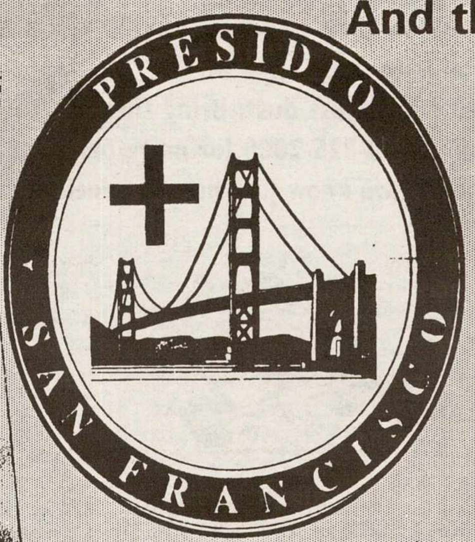
It has been an event filled year so far for Sixth U.S. Army Deputy Commander (active component), Maj. Gen. Patrick J. Brady. In February, Brady was honored with a marker at Patriot's Point Museum in Charleston, S.C., for his actions in Vietnam. In the fire base display at the museum is his UH-1H ambulance helicopter. Next to it is a bronze marker bearing the citation for Brady's Medal of Honor. Last week, at the retiring of the colors ceremony at Letterman U.S. Army Hospital, Brady was presented the Order of Military Medical Merit. Recently, Brady was the subject of a special documentary on heroes on the Disney Channel on cable television. He also recently, distinguished himself by making a rare hole-in-one at the Presidio Golf Course.

Courtesy photo

When I grow up...

Presidio Fireman Darrell Barr shows members of the Presidio Tiger Scouts of the Boy Scouts of America around the Presidio Fire Station recently. The Boy Scouts were on a merit badge tour.

And the winner is.....



DESIGNER: SSG. Edward K. Oh

This was the winning design in the Red Cross Pin Competition held recently at Letterman U.S. Army Hospital.

The pin was designed by Staff Sgt. Edward K. Oh, of the U.S. Army Dental Activity here at the Presidio.

The pin will be used to mark the service of Red Cross post volunteers.

Youth Services Calendar June 1993

					11 4:00pm Free Swim	12 10:00am Youth Bowling Tourament
13	14 4:00pm Free Swim 4:30pm Dance 5:30pm T-Ball	15 5:30pm Karate 5:30pm Baseball	16 3:00pm Presidio Hike 4:00pm Keyboard 5:00pm Dance 5:30pm T-Ball	17 3:00pm Art Class 4:30pm Computer 5:30pm Karate 5:30pm Baseball	18 Last Day Of School 4:00pm Free Swim	19 9:00am Bowling
20 Fathers Day	21 8:00am Swim Lessons 4:00pm Free Swim 5:30pm T-Ball	22 8:00am Swim Lessons 5:30pm Karate 5:30pm Baseball	23 * 8:00am Swim Lessons 1:00pm Muir Woods Trip 4:00pm Keyboard	24 8:00am Swim Lessons 4:30pm Computer 5:30pm Karate 5:30pm Baseball	25 8:00am Swim Lessons 1:00pm Billiard Tourament 3:00pm Teen Council 4:00pm Free Swim	26 9:00am Bowling
27	28 8:00am Swim Lessons 4:00pm Free Swim 5:30pm T-Ball	29 8:00am Swim Lessons 5:30pm Karate 5:30pm Baseball	30 * 8:00am Swim Lessons 1:00pm Moss Beach Tide Pools 4:00pm Keyboard			

YOUTH SERVICES 561-5143

`So many wineries, so little time'

By Maj. Wanda Arceneaux
Star Presidian Staff

It's that time of year when those of us who live in the paradise known as the "Bay Area" must pay the price. It's time, once again to play tour guide to our many out-of-town guests who are just dying to visit. They weren't so anxious to see us when we were stationed in the Midwest or some hick town in the deep South, but now they just can't wait. Right?!

I've been practicing my tour guide duties and have become an expert on one particular area, so I've decided to share some things I've learned in my extensive research. My area of expertise is the ***WINE COUNTRY***--only an hour's drive away.

This past weekend, I was guiding a co-worker and two of his guests on an outing to Napa and Sonoma counties. I obtained some new information to pass along.

The first rule is try to avoid weekend trips during the summer months, but if you can't, then get there early. Most wineries open at 10 a.m., that's when you should be at the first winery you plan to visit. Too early to begin tasting? *Never!* Just make sure you've had some breakfast first.

The long and wining road

From the Presidio, the drive should take between an hour and 90 minutes to either area via Highway 101 North, over the Golden Gate Bridge to Highway 37 toward Vallejo. This is the fastest route, because the Bay Bridge is always more congested and adds time. Besides, once you're on Highway 37, you can easily decide which to visit first because both areas are accessible from a cutoff (Highway 121, which is the closest route to Sonoma) near the Sears Point Raceway. Beware, when the raceway is open, the traffic can be very heavy just north of the cutoff. If so, this is a good reason to choose Napa over Sonoma and continue on Highway 37 to Vallejo, where you should turn left onto Highway 29. This is a four-lane highway until just past Yountville, where the string of most popular wineries begins in earnest.

Just past the town of Napa, vineyards become visible on both sides of the highway, and the scenery reminds me of the rolling hills and wine country near Heidelberg, Germany. California wine, however, is quite different from German wine, which I'll explain later.

On my most recent trip, our first winery stop was at the V. Sattui winery in St. Helena. This is my favorite winery and is usually the favorite of everyone I take there. Why, you ask? That's simple. Because this winery does not sell its wines to distributors, such as wine shops and supermarkets, it caters to the public and makes visits to its winery a very pleasant experience.

Its grounds are beautifully kept with flowers, inviting shade trees and picnic tables. It has a deli that boasts one of the most extensive selections of cheeses and pates (with free samples for tasting) in the entire area, gourmet sandwich makings, salads and decadent desserts that would please almost any palate. And finally, many of the wines (many of which are medal winners) are available for free tasting, and range from very dry to very sweet, including a rare Madeira that is *rationed to six bottles* per customer.

Our second stop on the tour was the Beringer Vineyard, just a few miles north of V. Sattui. It also has beautiful grounds, and the tasting and gift shop areas are in a stately mansion patterned from the German home of the founder in 1876. On the good advice of a friend, we took the winery tour, which was very enjoyable, interesting and enlightening. Also, taking the tour is the only way visitors may taste any of the wines for free.

Our Tour guide Carol, who is also a wine grower, was full of sage advice. She told us there are only four kinds of wines--"red wines, white wines, wines you like and wines you don't." She also told us we need not try to be wine snobs, because it's okay to select wines for our own enjoyment rather than to impress others. (It was clear later at another winery that wine snobs still exist, and they berate anyone who enjoys sweet wines.)

Speaking of types of wine, she also said that the biggest selling wine in the United States is White Zinfandel, which is generally a full-bodied, sweet wine, slightly pink in color. She taught us a few tricks on getting the best flavor from a glass of red wine by swirling it vigorously and letting it air before drinking. The tour also included a walk through tunnels which were hand-dug into the hillside by immigrants in the late 1800's to house the aging wines in wooden barrels. This tour concentrated on the winery's rich history, but two others I have taken also explained the wine-making process.

I recommend either type of tour, but one visit per trip is enough--after all, you must have enough time for the main event, which is the tasting.

This is picnic heaven

After the Beringer tour, we went back to V. Sattui for a wonderful picnic lunch composed of scrumptious food from the deli and a bottle of White Zinfandel. Many wineries have picnic areas, so it's a good idea to bring an ice chest and picnic items. However, in case you don't come prepared, these supplies are available (at a slight cost) at most of the wineries that have picnic areas.

From there, we drove back down to the junction of Highways 29 and 12 just past the town of Napa. We then turned west onto Highway 12 toward the town of Sonoma, which is quite picturesque with its historic landmarks and town square. There are signs pointing toward the different wineries in the area, so we easily found the next one on our list, which was Sebastiani Vineyards.

I enjoy the large selection of free tasting wines here as well as the 15 percent military discount on all wine purchases. Tours here are also very informal and given every half hour. A tour I took at Sebastiani in September included grape crushing (not by people but by machines), so there is always something different to anticipate.

After we had tasted several types of wine at Sebastiani, we drove a short distance up a hill to Ravenswood, which has a lovely setting. The wines, however, were not at all to my liking, because they were all dry, which in California means that they contain no residual sugar.

No wimps allowed here!

The winery proudly boasted that it has no "wimpy wines," which obviously meant that sweet wines are undesirable. I found this to be insulting, because I cut my wine-tasting teeth on German wines, which are usually sweet and fruity, like the grapes from which they are made. The snobs at Ravenswood could learn a lot from Carol at Beringer about customer relations. I doubt that I will return to Ravenswood.

Another few miles away, we visited what was called California's oldest winery--Buena Vista, which is also in a beautiful setting. I like to visit this one, because it always features the works of local artists on the upstairs level. Besides the selections of wines available for free tasting, it always has a list of special wines available for tasting for a small fee. These usually include reserve wines and dessert wines (the really sweet ones, like the late harvest rieslings).

To end our tour we stopped at the Sonoma Jack Cheese Factory in the town square, which has a great selection of deli foods and wines from the area, as well as a viewing area where visitors can watch workers making cheese. Visitors get free samples of all the varieties of cheese made there.

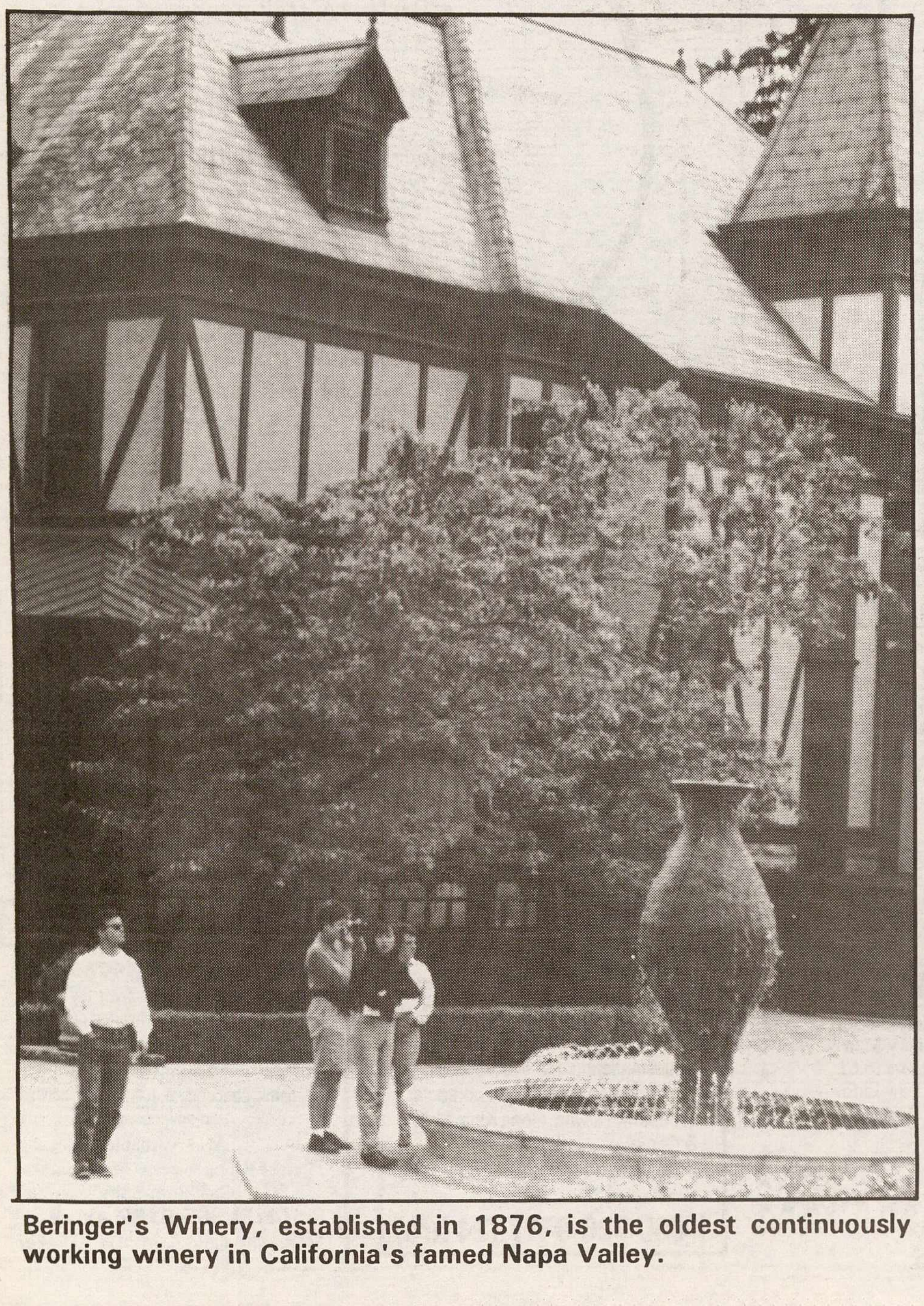
Next door is an old Spanish fort and mission, which sometimes houses special displays. Just in case you cannot find a parking space in the town square, just drive around to the back of the fort, where there is a large public parking lot, which is almost never full.

My most recent wine country trip was typical in that it included five wineries in Napa and Sonoma counties. There are other great areas to visit in Guerneville, Healdsburg and Geyersville, to name a few. I'm trying to get to them all, but it will take some time.

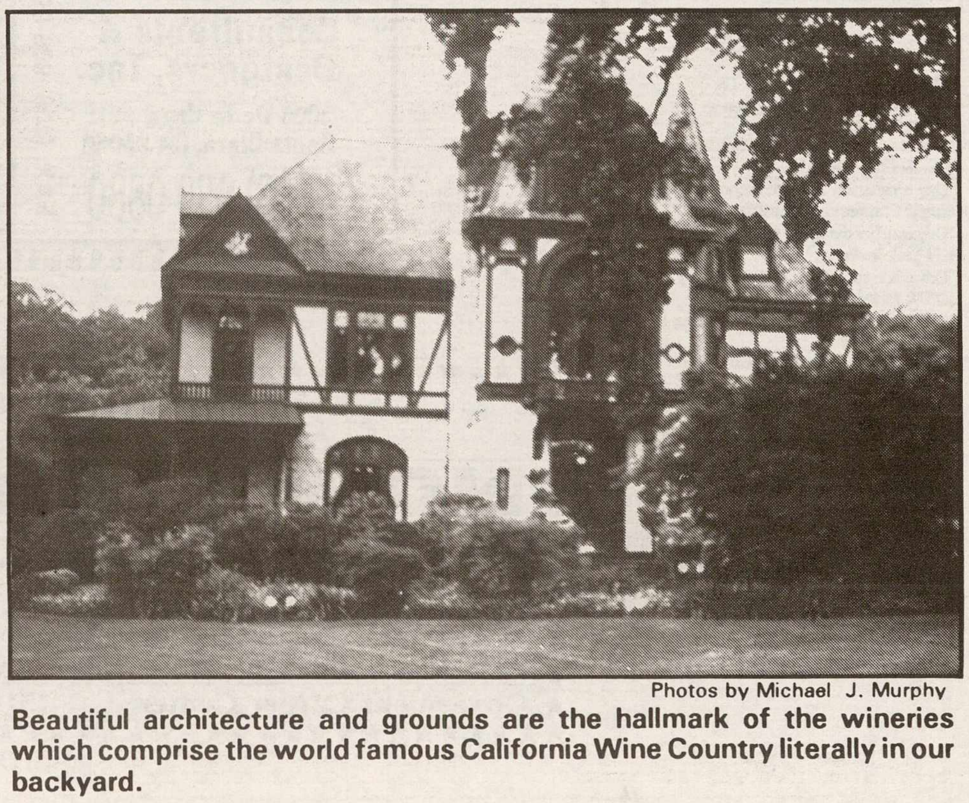
If you need more information on the wine country near San Francisco, I recommend you pick up a copy of a magazine (given free at most of the wineries) called "Spotlight's Wine Country Guide," which is published in Novato.

For information on where to get a current editions, call (415) 898-7908. This magazine has great maps, lists addresses and business hours of all the wineries and contains interesting articles about the area's history, how wines are made, coming events and activities, etc.

If you begin training soon, you too can become an expert tour guide on the wine country as well. With hundreds of wineries in your neighborhood, you have unlimited opportunities to practice skills you can use when hosting those guests from out of town! My motto is `so many wineries, so little time.' Good luck!



Beringer's Winery, established in 1876, is the oldest continuously working winery in California's famed Napa Valley.



Photos by Michael J. Murphy

Beautiful architecture and grounds are the hallmark of the wineries which comprise the world famous California Wine Country literally in our backyard.

Continued from Page 5

Children's vaccine updates offered

Summertime is an excellent time to have your child's vaccines updated. Immunizations are available from 8 to 11:30 a.m. and 1 to 4 p.m., Monday through Friday, in the Letterman U.S. Army Health Clinic's Pediatric Clinic. The Pediatric Clinic offers walk-in shots; no appointment is necessary. June and July visits will help avoid the rush before school begins in the Fall. Bring your child's yellow international immunization record from home and the out-patient record with you for proper documentation.

Retiring, separating officers briefing

An intensive, one day transition awareness program designed specifically for officers will be held 8:15 a.m. to 2:15 p.m., June 24, in the Presidio Command Conference Facility, Building 35. Advance registration is required by Thursday with Army Community Service Center Transition Coordinator Ann Williams, at **561-4513** or **561-6090**. Seating is limited to 25 attendees, including spouses. The briefing will be conducted by volunteer retired and retiring officers and successful business professionals. The briefing will focus on plans of action to successfully manage the separation and re-employment process, provide insight to identifying and exploring opportunities, and reduce anxieties and misconception of retirement, separation and re-employment.

TAPC answers phone questions

The commander of the U.S. Total Army Personnel Command is establishing a 1-800 number for use by soldiers and Department of the Army civilians worldwide. The number is **1-800-USA-TAPC (872-8272).** Maj. Gen. Gerald H. Putman along with the directors of the enlisted personnel management directorate, the officer personnel management directorate, the civilian personnel management directorate, and the adjutant general will be available twice a month to personally take telephone calls. This service should not be used to avoid or sidestep the chain of command.

The next session will be from 2 to 4 p.m., Tuesday. Subsequent call-in periods will be on the first and third Tuesdays of each month from 7 to 9 a.m. and 2 to 4 p.m. respectively. At other times callers will hear a message about future session schedules. Call-in sessions will be recorded for later broadcast on Soldiers Radio Satellite Network (SRSN). This call-in service is being established to fortify communications and answer personnel related questions for soldiers and DA civilians.

ADMIT ONE

Movies at the Presidio Theatre

Tonight-The Crush (R)
Saturday-The Sandlot (PG)
Sunday-Passion Fish (R)
June 18-Far Off Place (PG)
June 19-Indecent Proposal (R)
June 20-Indian Summer (PG-13)

All movies begin at 7 p.m.

1296 E-54

Youth choir sings at post chapel

The Gospel Prayer and Praise Service's youth choir will sing during the 9 a.m. worship service Sunday in the Main Post Chapel. The Gospel group's morning worship service in the Religious Activities Center is canceled for this Sunday and will be replaced with a potluck dinner at 11 a.m. in the RAC.

Exploratorium explores Presidio

The San Francisco Exploratorium, 3601 Lyon Street (the domed building outside post between the Mason Street and Gorgas Avenue gates) will offer an orienteering program of the post Sunday.

Visitors can grab a compass and topographic map and explore the Presidio along three courses. Meet in front of the Exploratorium anytime between 9 a.m. and 2 p.m. to pick up supplies. The Orienteering Club can be reached at **566-6331**.

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Jewish T.V. Network
"Orly is a real marriage broker..."
Montel Williams Show
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AM Philadelphia Show
"Orly's clients are simply top of the line..."
Cleveland Tonight Show
"Orly, a touch of class..."
Orange County News Channel
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DLA field officer to visit ISSD here

Norman R. Banda, Defense Logistics Agency Customer Assistance Field Office, Alameda, Calif., is scheduled to visit the Installation Supply and Service Division at the Presidio Wednesday and Thursday. He will discuss support being rendered by DLA and provide any assistance which may be required to resolve problems. During his visit he may be seen or reached at the Supply and Services Division, Building 1188, at **561-4106**.

Hospital Post Office Branch still open

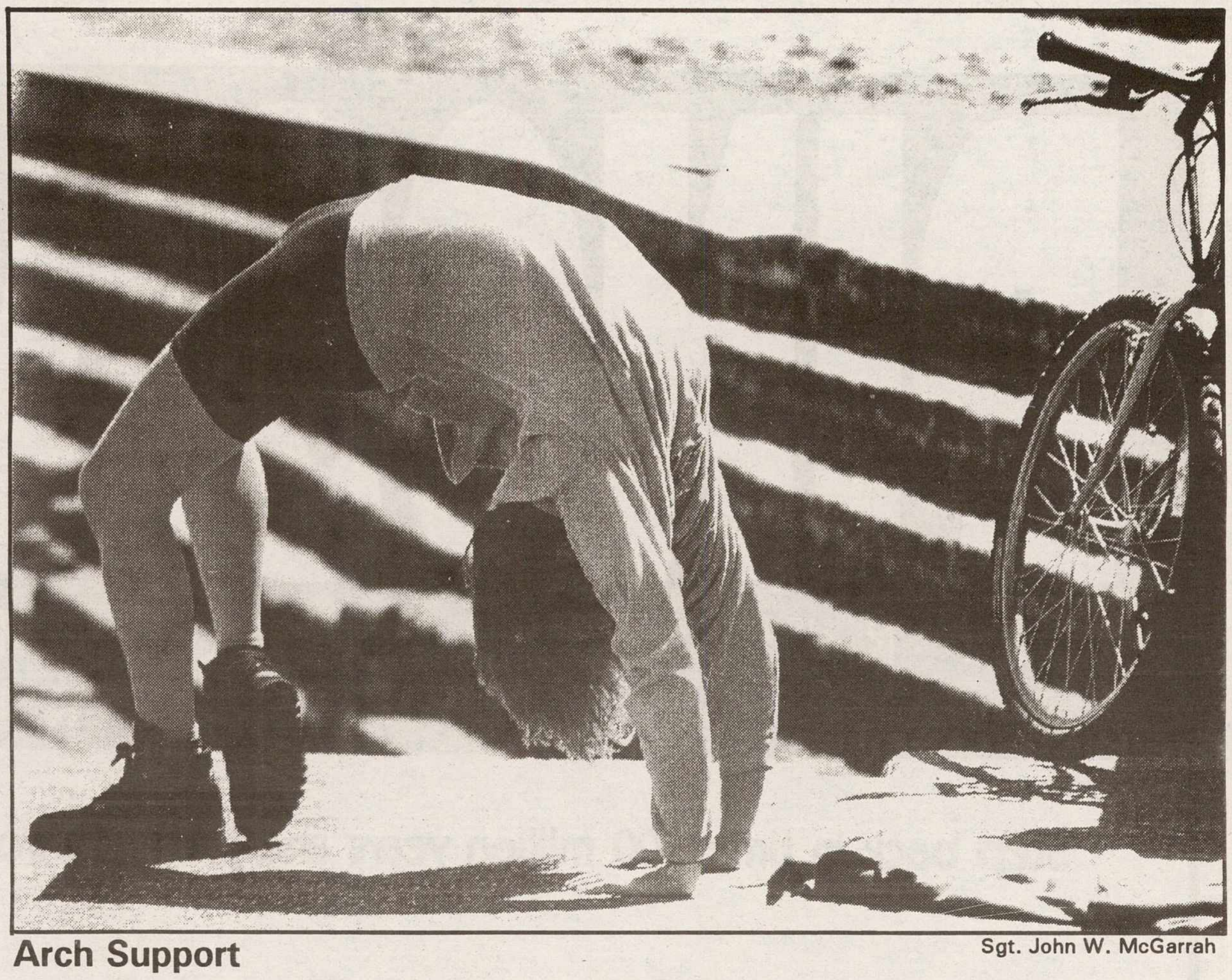
The Letterman U.S. Army Health Clinic's U.S. Postal Service branch remains in Building 1100, Room 359 on the third floor. The Post Office is open from 8 a.m. to 4:50 p.m., Monday through Friday. The medical facility's status change hasn't affected the postal service's operations.

Directory available for job seekers

"Job Hotlines USA," published by Career Communications, Inc., features the names and jobline telephone numbers of more than 1,000 employers from all 50 states and Wash., D.C. The publication also lists job hunting tips and is geographically and alphabetically indexed. For information about the catalogue contact Career Communications, Inc., 298 Main Street, P.O. Box 169, Harleysville, PA 19438; or call **1-800-942-2417**.

Correction

Lt. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio commanding general, was mis-identified in last week's Star Presidian. The staff apologizes for the error.



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Sgt. John W. McGarrah

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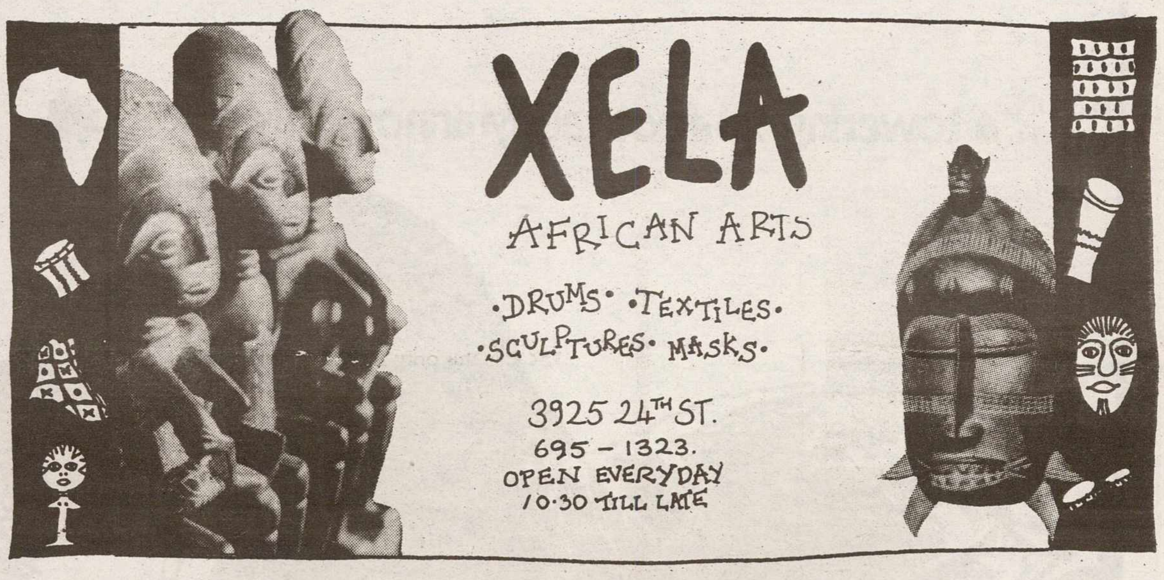

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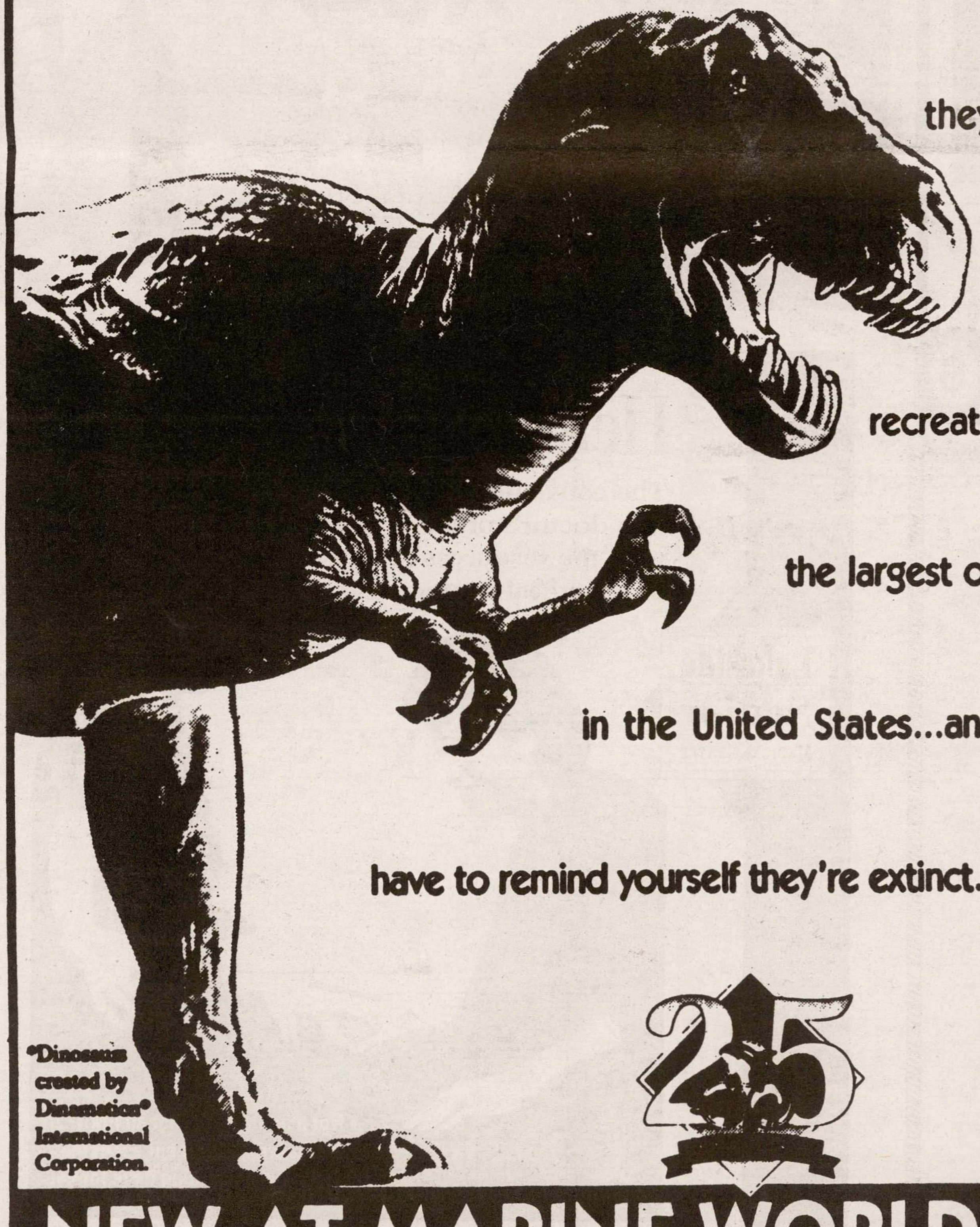

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Staff Sgt. Pleasant Lindsey III

Jose Cano (with bat) of Team 4 fouls off a pitch during a Presidio League game June 3 on Paul Goode Field on post. He singled on the next pitch, and scored later on Jennifer Kasten infield hit.

Fort Scott to hold 3-on-3 tournament

A three-on-three basketball tournament is scheduled for July 24 and 25 on the Fort Scott Basketball Courts. The tournament is open to all Presidians for $15 per participant. Entry fees are accepted in money orders only. The entry deadline is July 9. For details, contact Sgt. Michael Card or Sgt. Andre Clark at **561-2355** or **561-5020**.

Track team wins inter-service tourney

The All Army Track and Field Team ran away with the Armed Forces Championship June 3 and 4 in Fort Gordon, Georgia. In the men's division the Army led with 38½ points, followed by Air Force with 68, the Navy with 36, and the Marines, 28½. For the women the Army totaled 78, the Air Force had 61, Navy scored 16 and the Marines collected a paltry 6 points.

U.S. military B-ball team takes second

The U.S. Military Basketball Team placed second among 11 teams in the Council Internationale Sports d'Militaire Basketball Championship in Treviso, Italy. The Army's Eric MacLaughlin was named tournament co-MVP. About 112 nations competed in boxing, track and field, basketball and other events, the Presidio's Edward Jackson served as the basketball team's trainer in Italy.

Intramural softball scores, June 1 and 3

ORE def. Sixth Recruiting Bde., 12-4;
ORE def. LEC 13-9;
RG-PSF def. AAFES 13-11;
LUSAHC def. Disaster Control 26-0;
LUSAHC def. Coast Guard 16-12;
864th def. RG-PSF 12-7;

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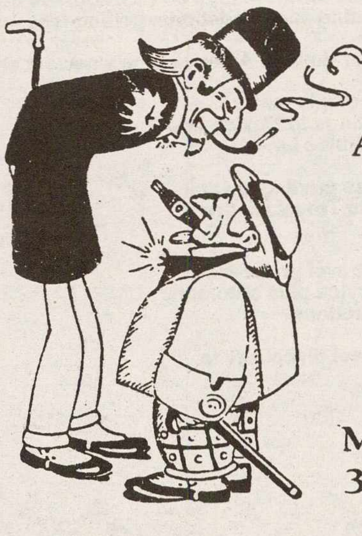

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Royal Carribean Cruise Line Delta Runaway Tours to Mexico and Hawaii.

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11:00 - 2:00
Norwegian Cruise Line, Delta Air Lines Runaway Tours to Mexico and Hawaii Eagles and Anchors Club.

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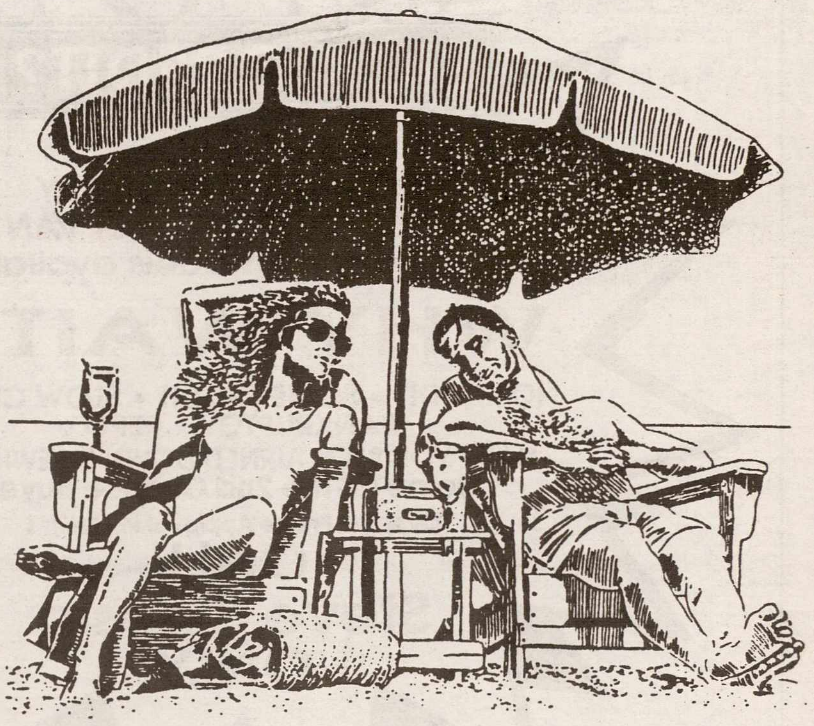

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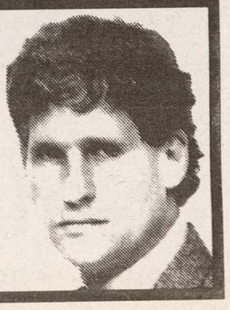

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IN.6

Star Presidian

Vol. 38, No. 23 Published for the Presidio of San Francisco Community June 18, 1993

Eureka!

By Sgt. John W. McGarrah
Star Presidian staff

Everyone dreams of digging up a buried treasure in their backyard. One Presidio backyard has yielded a treasure trove this past week. Though this treasure is made of mud and stone and not of silver and gold, it's historical worth could be priceless to the Bay Area.

During sliplining and oil storage tank removal operations on Mesa Street here, workers literally uncovered what appears to be a portion of a building which could date to the origins of the Presidio and the city of San Francisco. "This discovery could be of the earliest anglo-saxon occupation on the peninsula dating from 1770 to 1840," said Vance Bente, a consulting architect with Woodward, Clyde Consultants.

"This is part of the ultimate irony that in the 217 years that the Presidio has been here, we would find proof of the first occupants now that we are preparing to turn the post over to the Golden Gate National Recreation Area, said Col. Gregory A. Renn, Garrison commander.

So far just a portion of an exterior and interior wall have been uncovered along with several shards of ceramics and metal items. The exterior wall is approximately 39 inches wide. The wall could be a portion of the original Presidio's defensive wall, however this would mean that the fortification's location was substantially east of where it had been originally believed to be located. A portion of the original enclosures wall can be seen at the Presidio Officer's Club, which stands a few hundred feet from the recent discovery. It is more likely, according to Benke, a secondary structure, such as a casement or home. It's a building of major importance, however, signified by the materiels, care, and craftsmanship used in the construction.

A sizable portion of the old exterior wall and an internal partition wall was uncovered under about a foot of packed soil, in addition to roof or floor tiles and adobe block fragments produced locally. "The time can almost be specified, because soon after this period there was a change from using native Americans as the labor force in these constructions," he explained.

"It's an amazing discovery," said Gladys Hansen a retired archivist for the city of San Francisco.

In addition to the walls, pottery and metal artifacts have also been uncovered. The pieces were found up and down Mesa Street from the sliplining and tank pulling operations which were recently completed. Many of the pieces are currently at labs being washed and cataloged. The pieces include export pieces of Chinese china, which were probably brought to the area by Manilla galleons. Shards of Mexican wheelware and brownware, cooking service, oils and olive containers have also been uncovered. The porcelain, ceramics, pottery and china were used in food service, handling, preparation, and storage.

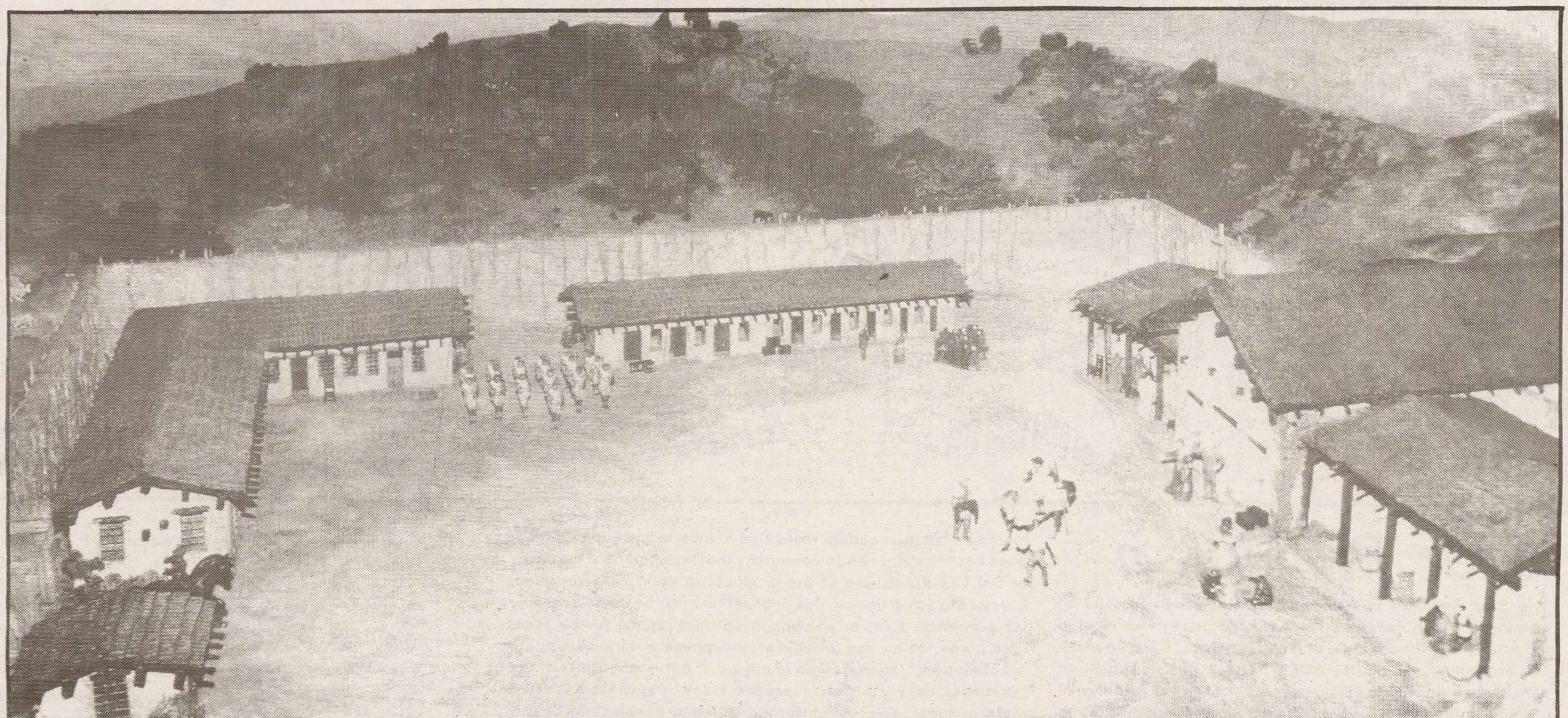
"This constitutes a signature collection from that period, explained Bente. "This are consistent with the type of `noise or wash' of artifacts which would surround a activity such as this." Plans for the site are to protect and explore it further. "What we'd like to do is additional estivation to find the size of the building," said Bente. This is much too significant a find to stop now."

The Presidio was founded by the Spanish Lt. Col. Juan Bautista de Anza in June 1776, with construction starting in September of that year.

"It's quite ironic that here in the sunset of the Presidio as a military installation, we would find the beginnings of the Spanish presence in the Bay Area," Bente said.

Sgt. John W. McGarrah

Pieces of pottery and ceramics such as this have been unearthed both at the site and up and down Mesa Streets here. See Page Three for more on this find.



This is an artist rendering of what the original Presidio of San Francisco must have appeared like when founded 217 years ago.

Security Corner/*Burglary Prevention*

By Staff Sgt. Marian Anderson
Provost Marshal's Office

There's nothing as disturbing, frustrating, or infuriating as being a victim of a burglary. You've been robbed of your peace of mind. You attempt to rationalize what happened, no longer feeling safe or secure. An invasion of privacy had occurred. The feeling of having been violated has a devastating effect on your willingness to become involved in any form of citizen participation to prevent crime. Who can you trust? What's the use? It's no longer enough to rely solely on the overproduced police. Why me? Who are the criminals?

Generally, the common type of burglar is a young male anywhere between the ages of 11 and 27, usually with prior criminal records.

Property theft is the most frequently committed crime because the experienced criminal opportunist knows it's easy, and it's difficult to get caught. Burglars aim for the easiest targets. Most often they're just taking advantage of an easy mark. As easy as an unoccupied house, or an opened window or door.

Reasons for committing burglary vary from the more common juvenile delinquency, to the individual life conditions of a professional burglar, or a drug addict, or a potential rapist. Basically, the chances of you becoming a victim of a crime depends on the type of crime, the season, the time of day or night, and where you live. Warm or holiday seasons, during the hours of daylight, and urban areas are more common with burglary.

Contrary to popular belief, individual citizen participation has proven to be the best deterrent to crime. Neighborhoods that stick together and practice good crime prevention techniques are basically safe and secure.

It takes less effort to discourage a criminal from committing a crime or to teach people to avoid becoming a victim, than it does to investigate a crime, identify the offender, prosecute and punish him for the crime. However, catching criminals would not be possible without the participation of the average citizen.

It wouldn't take much to outsmart burglars. They may have the experience, but they're usually not professionals. The simplest crime prevention measures can reduce your chances of becoming a burglary victim, and increase the criminals chances of getting caught.

Believe in yourself, your family, friends, and neighbors, your law enforcement agencies and the judicial process. It provides peace of mind, it works, and so does crime prevention. It's our personal responsibility to make sure that it continues to work.

Fight crime before it begins by following these simple tips: The "lived-in house look" is what you want. Burglars want things fast and simple...don't make it easy for them. Lock doors and windows. Remove "hidden" keys. Don't allow mail, newspapers, bottled water, or deliveries to accumulate out front. Have family, friends or neighbor arrange the curtains, or park a car in the driveway, it tend to the yard. Don't mention not being home on the answering machine.

Doors: Solid hardwood or steel doors at least 1 3/4 inches thick well secured with a heavy durable steel dead bolt works best. Re-key the locks if you lose the original keys. Install a peephole.

Windows: Doors and windows are only as strong as the frame. Make certain it's in good repair. Use the locks. Special coating or plexiglass installed on glass windows will make it hard to break. At night, opened curtains make it easier for burglars to peek in.

Outdoor trees, shrubbery, grass, and other obstructions: Cut, trim, or remove any potential burglar "hiding" places.

Lights, television and radio: Lights are an excellent deterrent when used on approaches to the front and rear of the house. Use an automatic timer with a variable cycle for lights, television, and radio.

Dogs: Excellent burglar deterrents, especially the ones that get noisy when alerted.

Alarm systems: Security warning stickers and alarm systems are only as good as the person using them. Use them correctly.

Operation Identification: Engrave valuable items with drivers license numbers. Don't leave valuables in plain view. Lock them up!

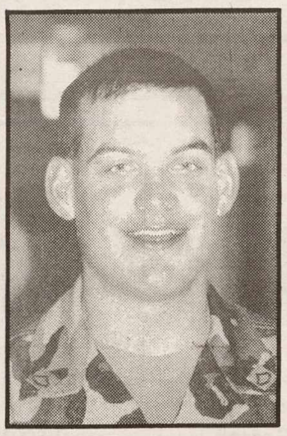
House Watch programs: The Presidio MPs will physically check the security of your quarters while you are away. It's easy as five minutes of your time to fill out the form, available a the MP station 24 hours-a-day.

Neighborhood Watch program: Neighbors helping neighbors give you greater control over your property and your lives. Be the eyes and ears of your neighborhood and report suspicious activity to the Military Police.

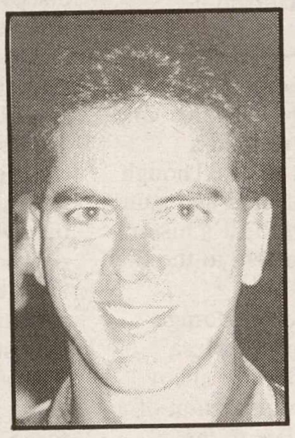
For further information on Crime Prevention, call **561-5739**.

Ask Presidians

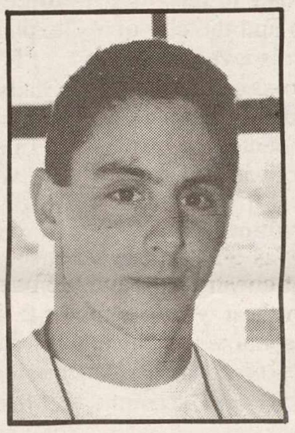
What are your special plans for this summer?



Pfc. Jerry Hill, Mail and Distribution Center: "I'll be getting out of the Army and going back to college to major in architecture. It will be nice to relax and enjoy life for a change."



Capt. Frank Merritt, commander, 902nd M.I. Det.: "I'll be receiving my masters degree in international affairs at Golden Gate University after two and a half years. I plan to go rafting on the American River."



Sgt. Steve Chaine, Coast Guard Air Station San Francisco: "We are making a cross country move to Cape Cod-from one coast to another. We plan to take our time and see the sights along the way. Lot's of stops."

Kathleen Brien, family member: "I'm getting married and taking my nursing boards for the University of California at San Francisco's Master's in Nursing Program."

Sandy Tam, TASC production clerk: " I really don't have any big plans, because I used up all my vacation time. I'm going to take my family to Great America in San Clara one weekend."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Patient center provides health care counseling

Letterman U.S. Army Hospital downsized for the final phase of closure June 1.

The new name for the medical facility is Letterman U.S. Army Health Clinic. The clinic is scheduled to continue supporting Sixth U.S. Army and the Presidio until next summer.

Along with the downsizing and loss of the inpatient services, Letterman has lost the majority of its specialty services. The focus will be to provide primary care to the active duty population and their family members. Retirees will be seen on a space available basis.

To meet the health care needs of retirees, LUSAHC has established a Patient Services Center located in Room 215 next to the Pharmacy. The Center's purpose is to assist beneficiaries obtain health care in the civilian community.

Patients over the age of 65 and not enrolled in Medicare Part B can get enrollment assistance here and obtain a waiver for the late enrollment penalty.

In addition, the staff will provide information on Health Maintenance Organizations and education on community resources. The cost for the different HMOs vary depending on the county in which you live, from $0 to $50 per month, but there is no registration fee. The HMOs are in most of the Bay Area counties.

For CHAMPUS-eligible retirees under 65 years, California is a CHAMPUS Reform Initiative state and CHAMPUS Prime is available for enrollment free of charge. CHAMPUS Prime covers more benefits than standard CHAMPUS.

To enroll in CHAMPUS Prime, an application can be obtained in the Patient Services Center and mailed to Foundation Health. Enrollees select a physician to be their primary care provider who belongs the to CHAMPUS Prime Provider Network.

This provider then will make referrals to a specialist as needed for additional evaluation or care as needed. The fee for an outpatient visit is $5 per visit; pharmacy benefits are $5 per prescription per month, and the inpatient costs when using a hospital in the network is $75 per day for a maximum of $750 per hospitalization.

There are several differences in the CHAMPUS programs. Information is available in the Patient Services Center.

The center's staff will help active duty family members with enrollment into CHAMPUS Prime and coordinate their health care if LUSAHC can not provide the services.

The CHAMPUS Prime benefits greatly outweigh the benefits covered by standard CHAMPUS and should be evaluated by all active duty family members to minimize the out of pocket expenses that can be incurred by using the civilian health care resources.

Currently LUSAHC has scheduled the Acute Care Clinic to remain open 24 hours a day until Sept. 30. The ACC is not an emergency room and can only provide limited services.

Patients requiring further evaluation or hospitalization will be stabilized and transferred to either Naval Hospital Oakland or to a civilian hospital. Any care requiring extensive evaluation or hospitalization will be transferred.

The Patient Services Center is open from 8 a.m. to 11:30 a.m. and 1 to 4:30 p.m., Monday through Friday, and can be reached at **561-4509** or **561-4923**.

Stop by the center for any assistance with CHAMPUS -- to include information on Prime; enrollment; claims and provider; Medicare information and enrollment; HMOs; Veterans Administration assistance; and assistance with services provided at LUSAHC.

Patient Services Center
Letterman U.S. Army Health Clinic

Workers find a piece of history

Presidio fortifications evolved because of environment, time

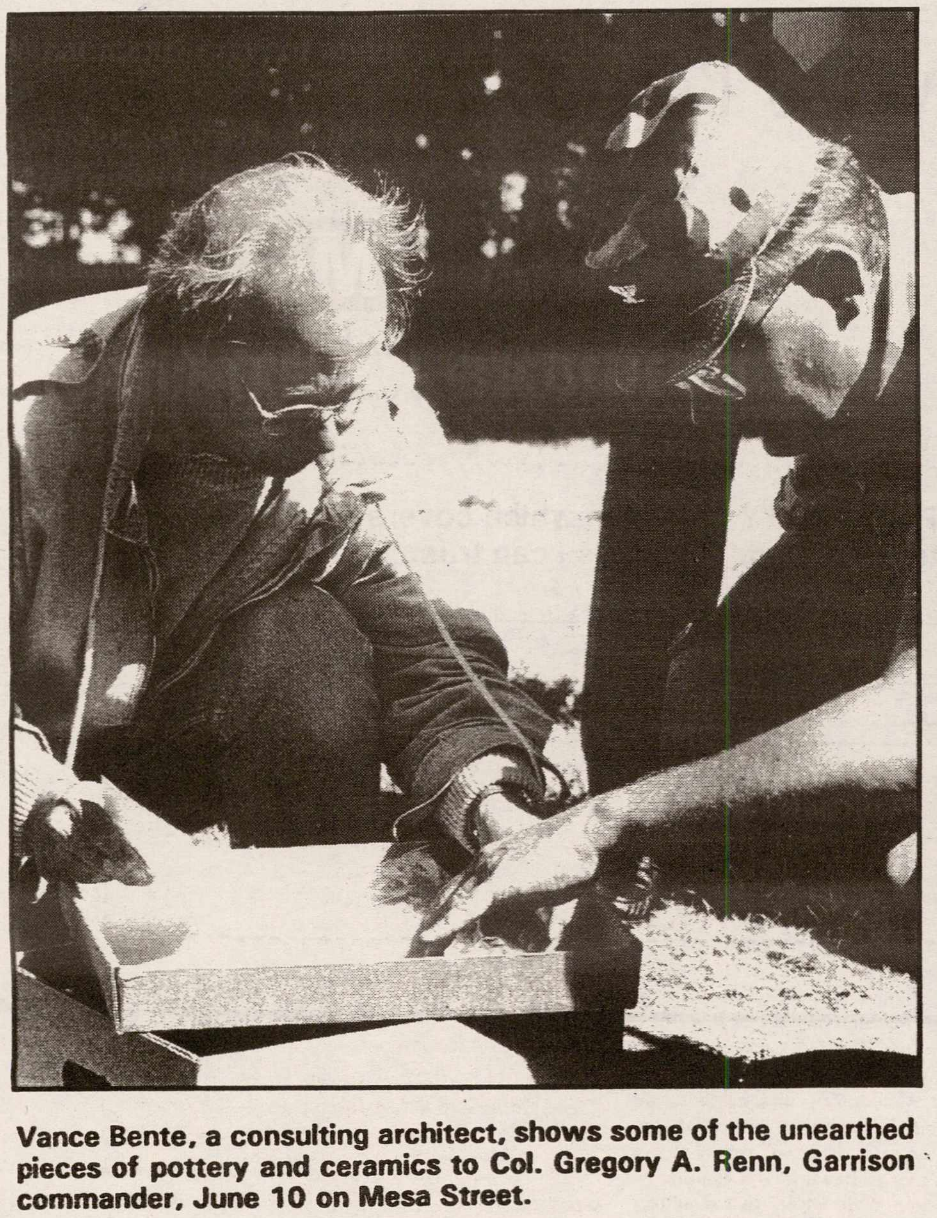
According to historical records, the structures which would become the Presidio of San Francisco actually went through three stages prior to the final structures.

Presidio one, 1776-1780, was destroyed by torrential rains in 1779-80. The emphasis was on palisade and earthen roof construction. Ship tents served in the construction and as a hospital.

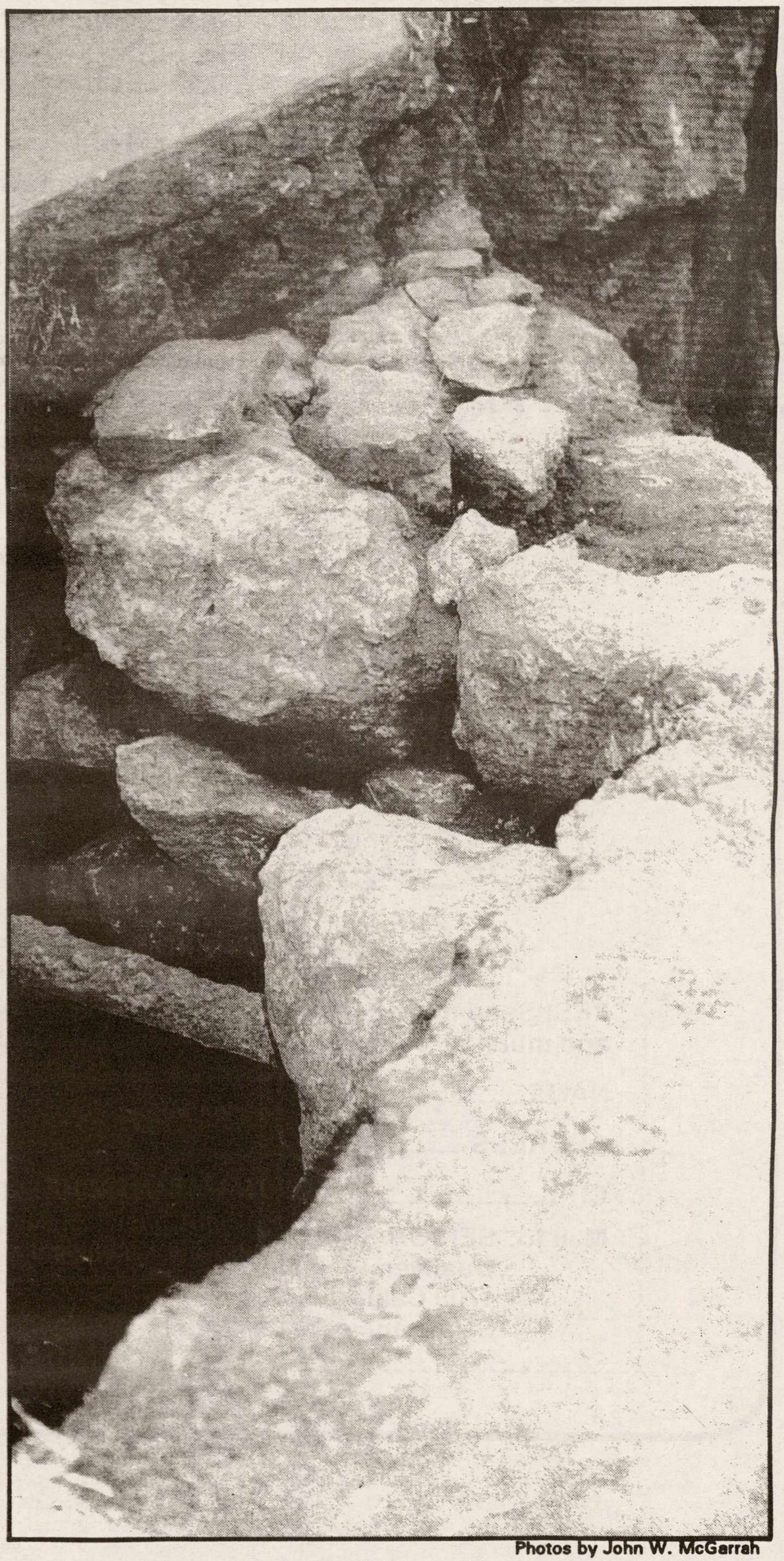
Presidio Two, 1780-1816. This reconstruction was severely damaged by a 1812 earthquake. It contained a continued palisade construction with some principal buildings made of adobe and stone; Many of the buildings eventually had tile roofs.

Presidio three, 1816-1846. This reconstruction work in 1821 was assisted by the missions in the area using native American workers.

Archeologists working on the dig and the post commander would like to express their thanks to the families of Captains Joseph Miller and Richard Armfield, who reside at Quarters 12 A and B, on Mesa Street. "Their cooperation throughout all of this has been really outstanding," said Col. Gregory A. Renn, Garrison Commander.



Vance Bente, a consulting architect, shows some of the unearthed pieces of pottery and ceramics to Col. Gregory A. Renn, Garrison commander, June 10 on Mesa Street.



Photos by John W. McGarrah

A section of the unearthed wall shows the construction techniques used more than 200 years ago by native builders using local materials.

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Presidio News Briefs

Job-search advice/counseling is available

The Army Career and Alumni Program/Job Assistance Center is offering one-on-one job search counseling for transitioning military and civil service employees and their family members. If you need help defining your goals and job search strategy, writing an effective resumé, or preparing for interviews, call **DSN 929-7907** or **(408) 242-7907** to schedule an appointment. Counselors will be available from 1 to 5 p.m. July 6, 8 a.m. to 5 p.m. July 7, and 9 a.m. to noon July 8 in the Presidio Army Community Services Resource Center, Building 103B. Use the portable JAC-in-the-Box to review the Army Employer Network or to prepare a polished, professional resumé. The JAC-in-the-Box will be available for use at the same time.

Post kicks-off teen enrichment program

The eight-week Presidio Teen Enrichment Program begins June 28 at the Presidio Youth Center, Building 386. The program's goal is to teach teens between 13 and 18 marketable skills and help them gain valuable employment experience. All applicants must attend an orientation from 10 a.m. to noon Saturday at the youth center. If you haven't made an application, attend anyway. Parents are encouraged to attend. This program is supported by Presidio nonprofit organizations. For information call **561-5143**.

YMCA camp offered to young Presidians

YMCA Summer Day Camp will be offered for Presidio youngsters ages five through 12 with weekly sessions beginning Monday and continuing though Sept. 3. The program will have a variety of fun and stimulating activities including sports, games, arts and crafts, swimming and hiking. The program will be based on the Presidio at Robb Hill Campground. Registration is now being accepted. Enrollment is limited, so register now at the YMCA, 360 18th Avenue. For information, call **668-2060**.

YMCA giving swim lessons for youth

The Richmond District YMCA will be running swim lessons for Presidio youngsters ages three to five years old, starting June 21 and July 26. Lessons will be from 3:15 to 4 p.m. Each session will be four weeks long (eight lessons). The program will be the YMCA Skippers swim lessons, the same program used for pre-schoolers at virtually every other YMCA throughout the country. For details, call the YMCA at **668-2060** or stop by the facility at 360 18th Ave. at Geary Boulevard.

Education center computer classes offered

The Army Education Center plans to offer the following free classes this summer:

Beginning WordPerfect 5.1, 10 a.m. to 12:30 p.m., Mondays and Wednesdays, July 7 to Aug. 2 and Tuesdays and Thursdays, July 8 to Aug. 3;

dBase IV, 10 a.m. to noon, Mondays and Wednesdays, Aug. 9 to Sept. 20;

Advanced Wordperfect 5.1, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Aug. 10 to Sept. 2.

Active duty soldiers have first priority for enrollment and DA civilians who work on the Presidio have second priority; adult family members and reservists are accepted on a space-available basis. Enrollment forms and further information on all classes are available from Kay Terry at the Presidio Army Education Center, Building 1216, **561-2974** or **561-4445**.

Vacation Bible School beginning here July 6

"Living in God's Creation" is the theme for this year's Vacation Bible School, sponsored by the Presidio Post Chapel. The VBS is scheduled for 9:30 to 11:30 a.m., July 6 through 16, in the Religious Activities Center, Building 682, for children 4 years old up through those who've just finished the sixth grade. Bus service will be provided. For information or to register, drop by the RAC, or the Post Chapel, Building 130; or phone Stephen Miller or Sister Agnes Teresa at **561-3535** or **561-4719**.

Vaccine updates offered for children

Summertime is an excellent time to have your child's vaccines updated. Immunizations are available from 8 to 11:30 a.m. and 1 to 4 p.m., Monday through Friday, in the Letterman U.S. Army Health Clinic's Pediatric Clinic. The Pediatric Clinic offers walk-in shots; no appointment is necessary. June and July visits will help avoid the rush before school begins in the Fall. Bring your child's yellow international immunization record from home and the out-patient record with you for proper documentation.

See Briefs, Page 10

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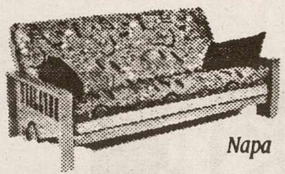
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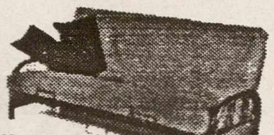
Norway

Portland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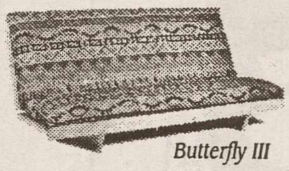
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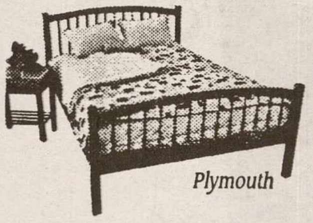
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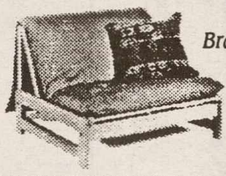
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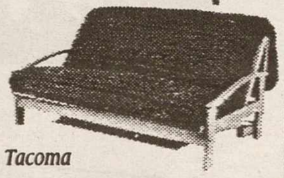
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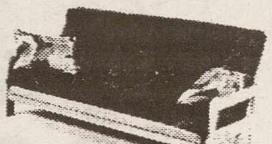
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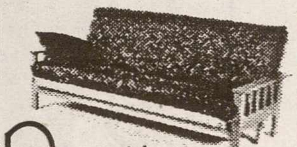
Washington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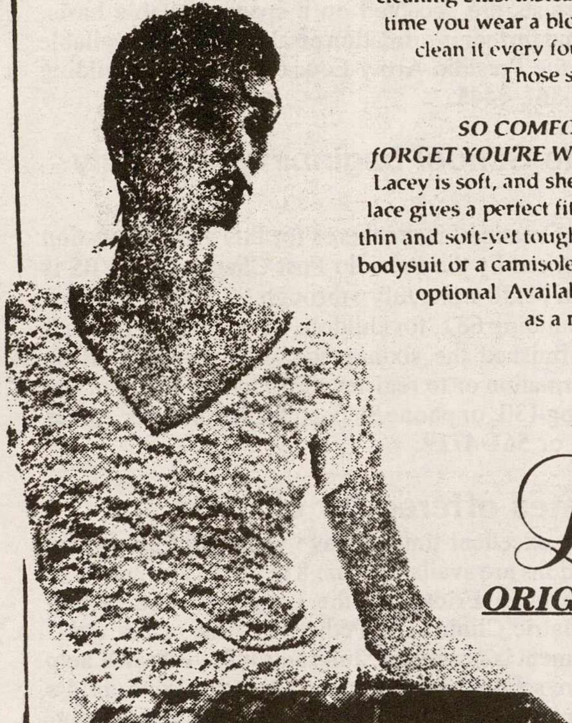

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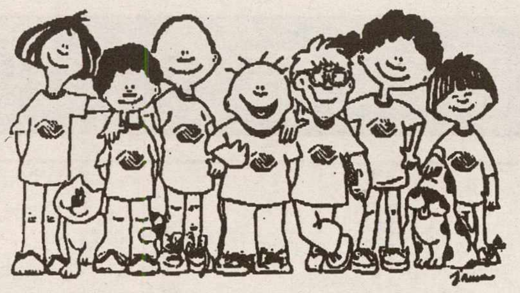

The San Francisco Boys & Girls Club is now offering one-year memberships to eligible military families!

If you are a member of the military and live off-base, your child can join the club for free!!!!

Space is limited on the club's bus as transportation would be provided, starting in July, for a pick-up & drop-off program in the Presidio and Fort Baker. Sign-up before June 18th as there isn't too many available seats left on the bus. Your child would be transported to the Ernest Ingold Branch on Page Street where he or she can partake in all of the following activities:

Summer Camp at Camp Mendocino, Swimming, athletics, Computer Lab, Arts & Crafts, Photography, Social Recreation, Field trips to the Giants and A's baseball games, Great America, Marine World Africa U.S.A., Raging Waters, Santa Cruz Beach Boardwalk and much, much, more!!!

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Child's Name(s)

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______________________ *Age* ______

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Address ______________________________

City ______________ *State* ___ *Zip* ____

Phone # ______________________________

Parent's Signature ______________________

For more information call the San Francisco Boys & Girls Club at (415) 221-0790 and ask about our Military Outreach Program or Send this advertisement to our administrative office at 1950 Page Street, San Francisco, CA 94117.

Deadline: Friday, June 18th

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Presidio Focus

The Presidio's Soldier of the Month for May

Pfc. Stephen M. Johnson

Pfc. Stephen M. Johnson, 20, was recognized June 8 as the May soldier of the month for the Presidio of San Francisco. An animal care specialist for the Letterman Army Institute of Research here, Johnson is a native of Lynden, Wash. Johnson resides with his wife, Jodylin, on the Presidio.

Promotions

Promotion photos by Robert Davis

Lt. Gen. Glynn C. Mallory Jr. , Sixth U.S. Army and Presidio commander, is assisted by Ellen Litney in pinning colonel rank on Lt. Col. Dale Litney, former Sixth U.S. Army Deputy Chief of Staff for the Plans Division. Litney was promoted in a ceremony here Friday. Lt. Col. Phillip Mugford holds the rank. The Litneys left this week for Chicago.

Maj. William Pomeroy, the Sixth U.S. Army's aide-de-camp, has his new rank pinned on by his boss, Lt. Gen. Glynn C. Mallory Jr., the Sixth U.S. Army and Presidio commanding general, and his fiance Carla Dowell during his promotion ceremony at the Headquarters building Friday.

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Col. Gregory A. Renn, the garrison commander for the Presidio of San Francisco, was on hand to present awards to the staff of the Equal Employment Opportunity Office in recognition of their many contributions to the Presidio community at large . Shown with Renn are Equal Employment Opportunity counselors Bobby Lyles, Johnny Hampton, Cora Chennault, Linda Omega, Henry Watson and Peter Yan. Not shown is Maria Mata, who received her award posthumously.

Sgt. John W. McGarrah

Presidio Scouts hold pow wow

Scouting photos

Pack 77 Cub Scouts enjoy roasting marshmallows together at the conclusion of the pack meeting, June 11.

Good friends recently gathered together for one of the most important meetings of the Scouting year here at the Presidio.

Presidio Cub Scout Pack 77 met at the Rob Hill Campground on June 11.

In addition to the various awards presented at this important pack meeting, all Cub Scouts advanced to the next level of Scouting and were presented with the appropriate Cub Scout scarf and handbook.

Presiding at the Pack Meeting were Cubmaster (Sgt. 1st Class) Scott Beecher and Unit Commissioner/Akela (Col.) Jim Newell.

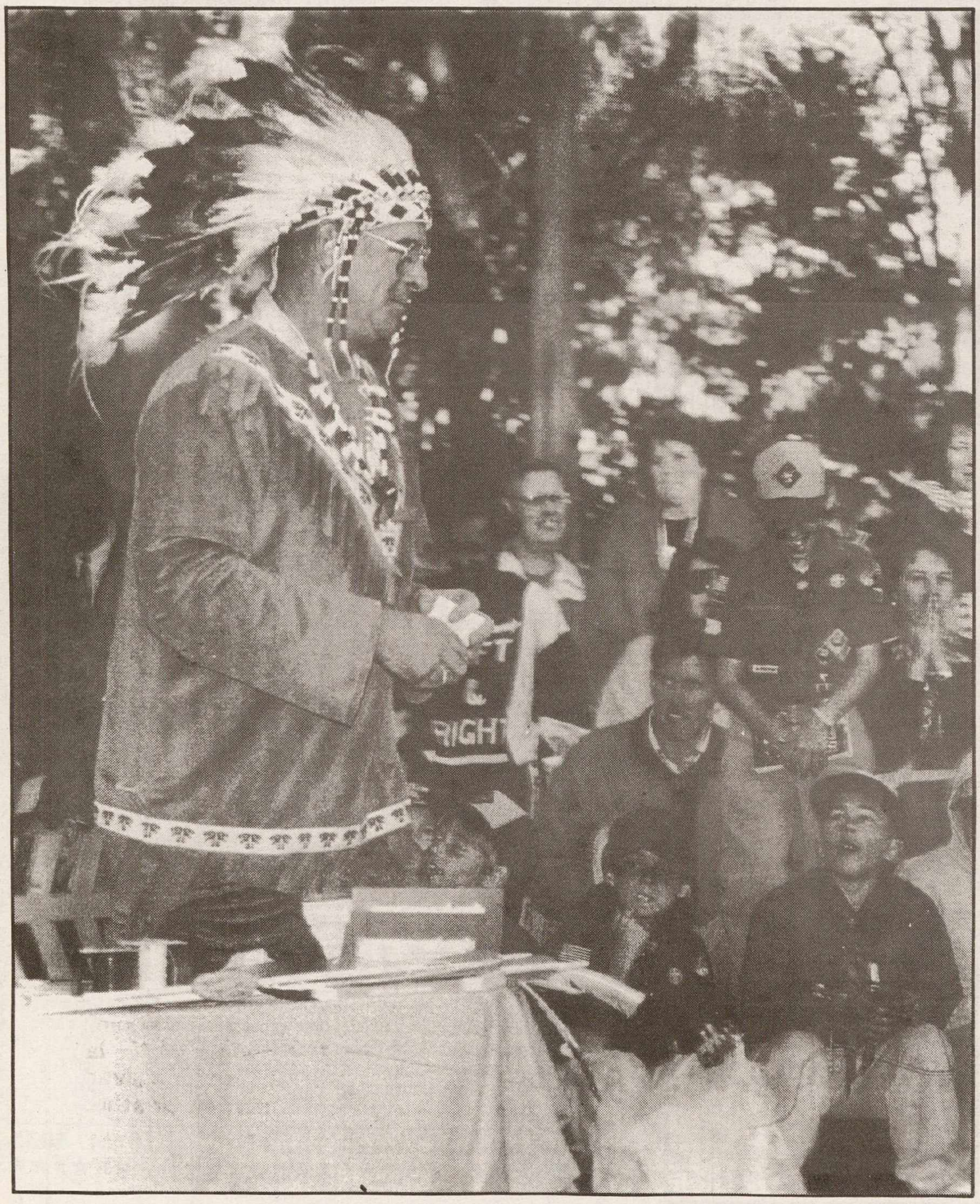
The high point of the evening was the impressive Arrow of Light Ceremony where four Webelos Scouts—Jason Austin, Brian Driver, Christoph Miller, and Jason Newell received the highest award achievable in Cub Scouting.

Presidio Scoutmaster Bill Dickson and Assistant Scoutmaster (Master Sgt.) Dana Seegel were on hand to welcome the four Webelos Scouts to the Presidio Boy Scout Troop.

Complete with a roaring campfire, the evening culminated with a marshmallow roast.

Some of the summertime activities for Pack 77 will include attending the Cub Scout Day Camp in San Bruno; attending a San Francisco Giants baseball game in July; and having a Raingutter Regatta model boat race in August.

Weekly den meetings will resume on post in September. Watch the ***Star Presidian*** for details.



The Arrow of Light

Akela Jim Newell, at left, narrates the Arrow of Light ceremony where Presidio Scouts received the highest award attainable. (Above) Presidio Boy Scouts John Dunbar (left) and Jeremy Edwards (right rear, saluting) welcome the new Scouts to Troop 77.

ADMIT ONE

Movies at the Presidio Theatre

Tonight-Far Off Place (PG)
Saturday-Indecent Proposal (R)
Sunday-Indian Summer (PG-13)
June 25-Born Yesterday (PG)
June 26-Point Of No Return (R)
June 27-Bound By Honor (R)

All movies begin at 7 p.m.

1296 E-54

Continued from Page 5

TAPC answers phone questions

The commander of the U.S.Total Army Personnel Command has established a toll-free number, **1-800-USA-TAPC (872-8272)**, for use by soldiers and Department of the Army civilians worldwide. Maj. Gen. Gerald H. Putman along with the directors of the enlisted personnel management directorate, the officer personnel management directorate, the civilian personnel management directorate, and the adjutant general will be available twice a month to personally take telephone calls. This call-in service is being established to fortify communications and answer personnel related questions for soldiers and DA civilians. It is not intended to bypass or usurp the chain of command.

Call-in periods will be on the first and third Tuesdays of each month from 7 to 9 a.m. and 2 to 4 p.m. respectively. At other times callers will hear a message about future session schedules. Call-in sessions will be recorded for later broadcast on Soldiers Radio Satellite Network (SRSN).

Post office remains open in hospital

The Letterman U.S. Army Health Clinic's U.S. Postal Service branch office remains in Building 1100, Room 359. The office is open from 8 a.m. to 4:50 p.m., Mondays through Fridays. The medical facility's status change hasn't affected the postal service's operations.

Directory available for job seekers

"Job Hotlines USA," published by Career Communications, Inc., features the names and jobline telephone numbers of more than 1,000 employers from all 50 states and Washington, D.C. The publication also lists job hunting tips and is geographically and alphabetically indexed. For information about the catalogue contact Career Communications, Inc., 298 Main Street, P.O. Box 169, Harleysville, PA 19438; or call **1-800-942-2417**.

Retiring, separating officers briefing

An intensive, one day transition awareness program designed specifically for officers will be held from 8:15 a.m. to 2:15 p.m. Thursday, in the Presidio Command Conference Facility, Building 35. Seating is limited to only 25 attendees, including their spouses. The briefing will be conducted by volunteer retired and retiring officers and successful business professionals. The briefing will focus on plans of action to successfully manage the separation and re-employment process, provide insight to identifying and exploring job opportunities, and reduce anxieties and misconception of retirement, separation and re-employment. Advance registration is required with Transition Coordinator **Ann Williams**, Army Community Service Center, at **561-4513** or **561-6090**.

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Guidance Information System aids in transition to college life

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Future high school juniors and seniors, plan now for financial assistance and give yourselves more time to investigate college scholarships, loans and grants.

The Guidance Information System is a free, computerized source of national information on more than 2,500 four-year and two-year colleges, 1,500 graduate and professional schools, military and civilian careers, and financial aid opportunities.

The GIS is located at the Presidio Education Center, Building 1216, and includes civilian and military job descriptions, college and university backgrounds and requirements, and financial aid opportunities for each school listed.

Presidio youth looking for answers on college choices and future careers can use the system five days per week, free. With the stiff competition students face just to get into an institution of higher learning, planning early makes sense.

The GIS lists more than 1,000 civilian occupations by job title, average starting salary and education requirements.

For those interested in military careers, the GIS describes military occupations by officer or enlisted status, displays civilian education requirements and registers any gender restrictions. There are more than 200 military careers listed in the data base for all branches of service, but most of them are Army specific.

Those students having a hard time choosing a college or university can investigate schools of higher learning through the GIS system. The system lists four-year schools from Abilene Christian University in Texas, to Youngstown State University in Ohio. The GIS profiles schools and lists residency requirements, available fraternities and sororities, athletic program and scholarships, and Reserve Officer Training Corps availability.

Schools can be categorized by region, specific location or by area of study. Once a student has picked a couple of schools to choose from (why settle for one?) the GIS can supply an index of tuition assistance and other financial aid available. Furthermore, the aid need not be selected from any particular school. The GIS lists scholarship, grant, internship and fellowship programs; awards, loans and federally funded programs; funds for study in other countries and aid funded by the military.

Aid packages can also be categorized based on certain situations, such as personal, parental or general requirements. For instance, if a parent is a member of a specific union, club, religious affiliation or fraternal organization, or is employed by a specific company, the GIS can provide a listing of the aid packages funded by or associated with those activities.

The GIS also lists outside agencies that furnish financial aid, such as Army Emergency Relief Education Assistance Program, the Coca-Cola Scholars Foundation Inc. Scholarships, and the Disabled American Veterans Scholarships, just to name a few.

The information about scholarship programs is extensive. For instance:

The AER assistance is available for active duty soldiers, spouses and unmarried dependent children (of active, retired or deceased Army personnel) pursuing undergraduate studies. The awards are based on financial need and are available as scholarships or loans. The maximum aid is $1,000, and must be renewed yearly. AER assistance can be used at any accredited college, university or post-secondary vocational school. Seniors should apply by March 1, 1994 for scholarships, or anytime for loans. For applications write to:

AER Educational Assistance Program
200 Stovall Street
Alexandria, VA 22332-0600.

The Coca-Cola Scholarship is open to all seniors and is based on character, merit and background. Coca-Cola awards 50 four-year scholarships of $5,000 annually to finalists who complete the second round of applications and pass an interview at the corporate headquarters in Atlanta. Four-year awards of $1,000 annually are awarded to all other finalists.

Applications must be mailed by Oct. 31. High school counselors should be able to obtain them for you. Mail the applications to:

Coca-Cola Scholars Foundation Inc.
One Buckhead Plaza
3060 Peachtree Road Suite 1000
Atlanta, GA 30305.

The GIS profiles all of the listed aid packages available. It provides a tutorial program to help the first time user learn the system. If you can use a computer for anything, you should be able to handle the GIS with no problem. All of the information selected can be printed out and studied later with parents. To use the program, call the center at **561-4445**.

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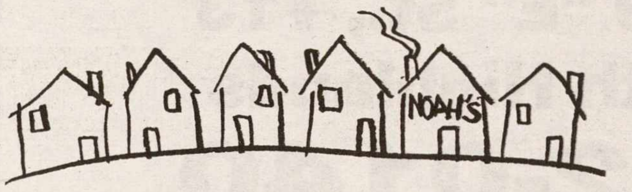

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Intramural Softball highlights

Letterman U.S. Army Health Clinic's team extended its record to 6-0 by destroying ORE and Sixth Recruiting Brigade in games on the Fort Scott fields last week.

Led by Wayne Rogers, LUSAHC's bats knocked in a total of 36 runs to their opponents' 6.

On June 8, Rogers went 3-4 with two home runs and 3 runs batted in, Edgar Perez added three RBI to help LUSAHC wipe out ORE, 15-2.

On June 10, LUSAHC smothered Sixth Recruiting Bde. 21-4. Steve Canterberry, Steve Gradwohl, Rogers, Stan Schmidt and Charles Wallace all combined for 16 hits. When the smoke cleared, the stats on these guys alone reads as follows:

	ab	h	bi
Canterberry	4	3	0
Gradwohl	4	3	3
Rogers	4	3	3
Schmidt	4	3	0
Wallace	5	4	2

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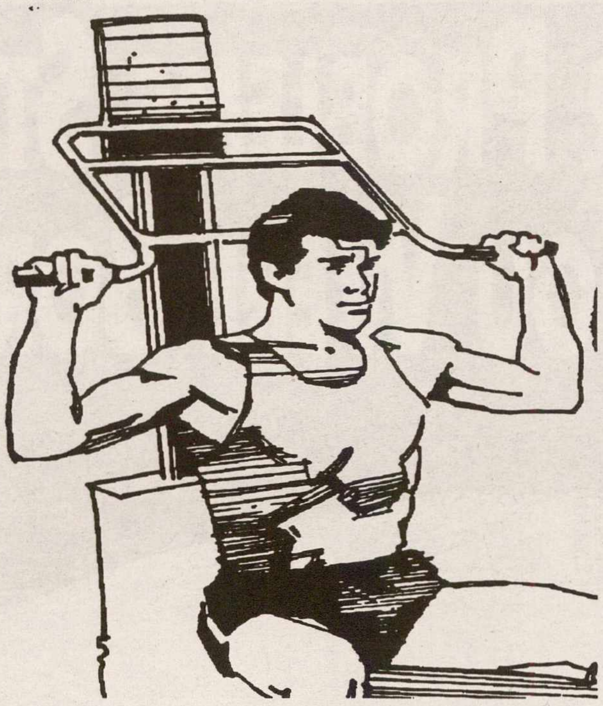
A schedule of all future classes for beginners will be posted at the equipment checkout room. Call **561-4131** for details



Best ball foursome tournament set

The summertime Best Ball Foursome Golf Tournament will be held at noon, June 30 at the Presidio Golf Course.

Golfers have until June 29 to enter the contest at Gym No. 1, Building 63. The tournament will begin with a shotgun start. The event is being sponsored by the Sports Branch, Community Recreation Division. The entry fee is $5 per golfer or $20 per team and is due prior to the tournament's start.

All cart charges will be paid at the starters shack.

After the tournament, awards will be presented to the top two teams and for the longest drive, longest putt and nearest to the pin. For information, contact Charles Hurd at **561-4131**.

Gym admission and guest policy

Admission to all Sports Branch facilities (including the pool) will be permitted only upon presentation of a valid identification card to the staff.

This includes the following cards: active duty armed forces, reserve component, retired military, family member or DoD civilian identification cards.

Active duty military in uniform are not required to present their identification card.

Eligible personnel of the community are authorized to bring one guest to a facility.

Guests will not be permitted during peak periods, 11 a.m. to 1 p.m. and 4 to 6 p.m., Monday through Friday. All guests must be identified to the sports staff at the time of entry and signed in by their sponsor. Guests will be permitted to use the facility no more than once a week.

The sports branch can be contacted at **561-4131**.

Compiled by Staff Sgt. Pleasant Lindsey III

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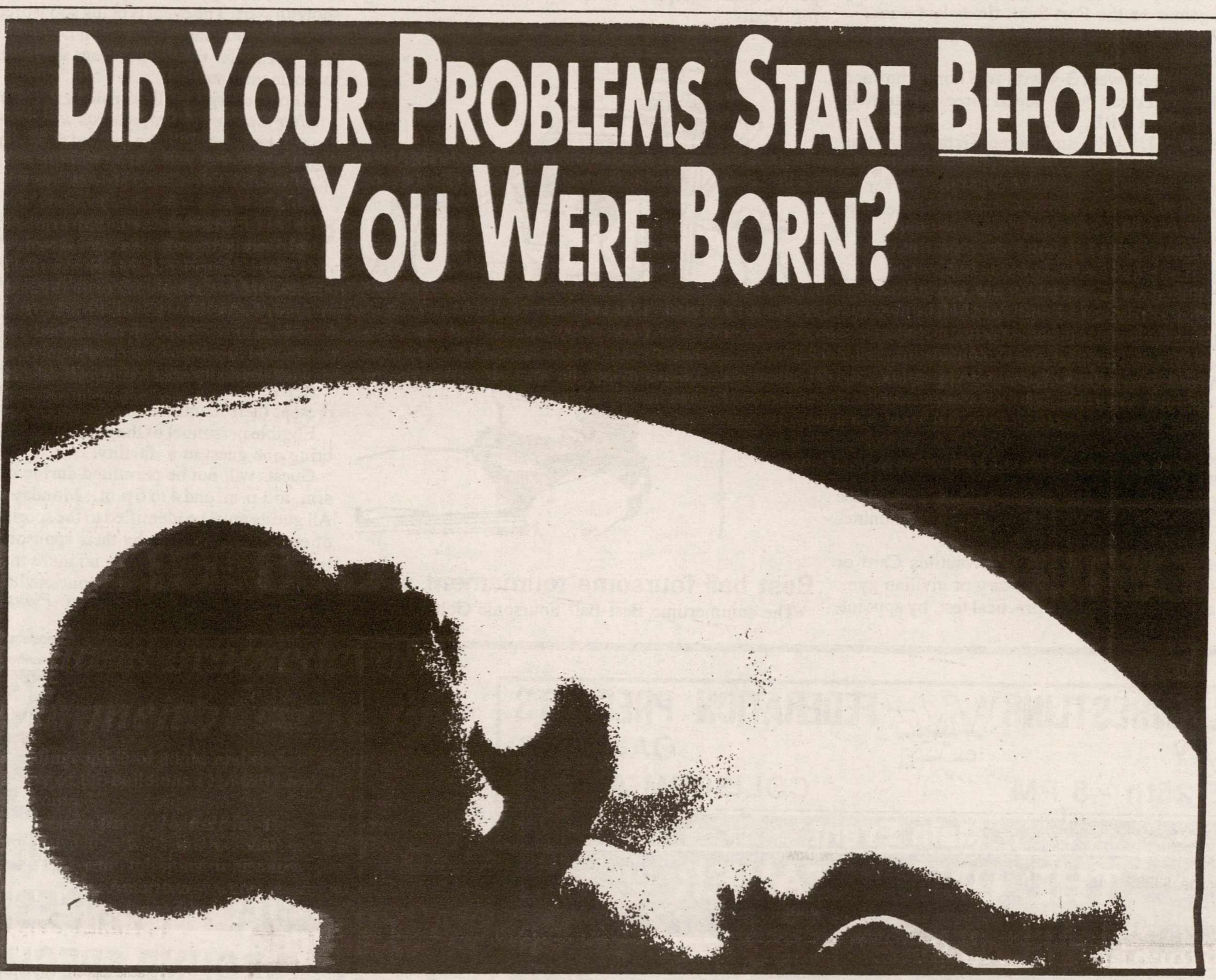

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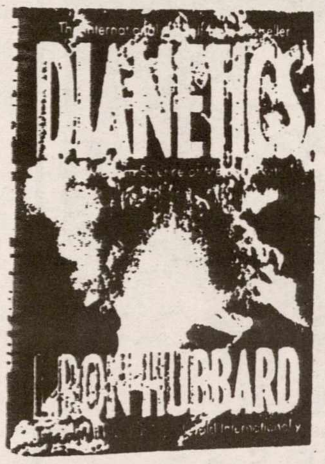

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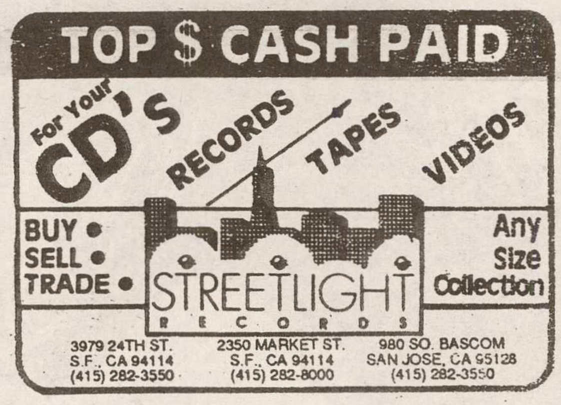

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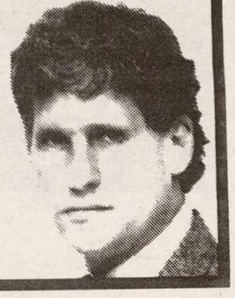

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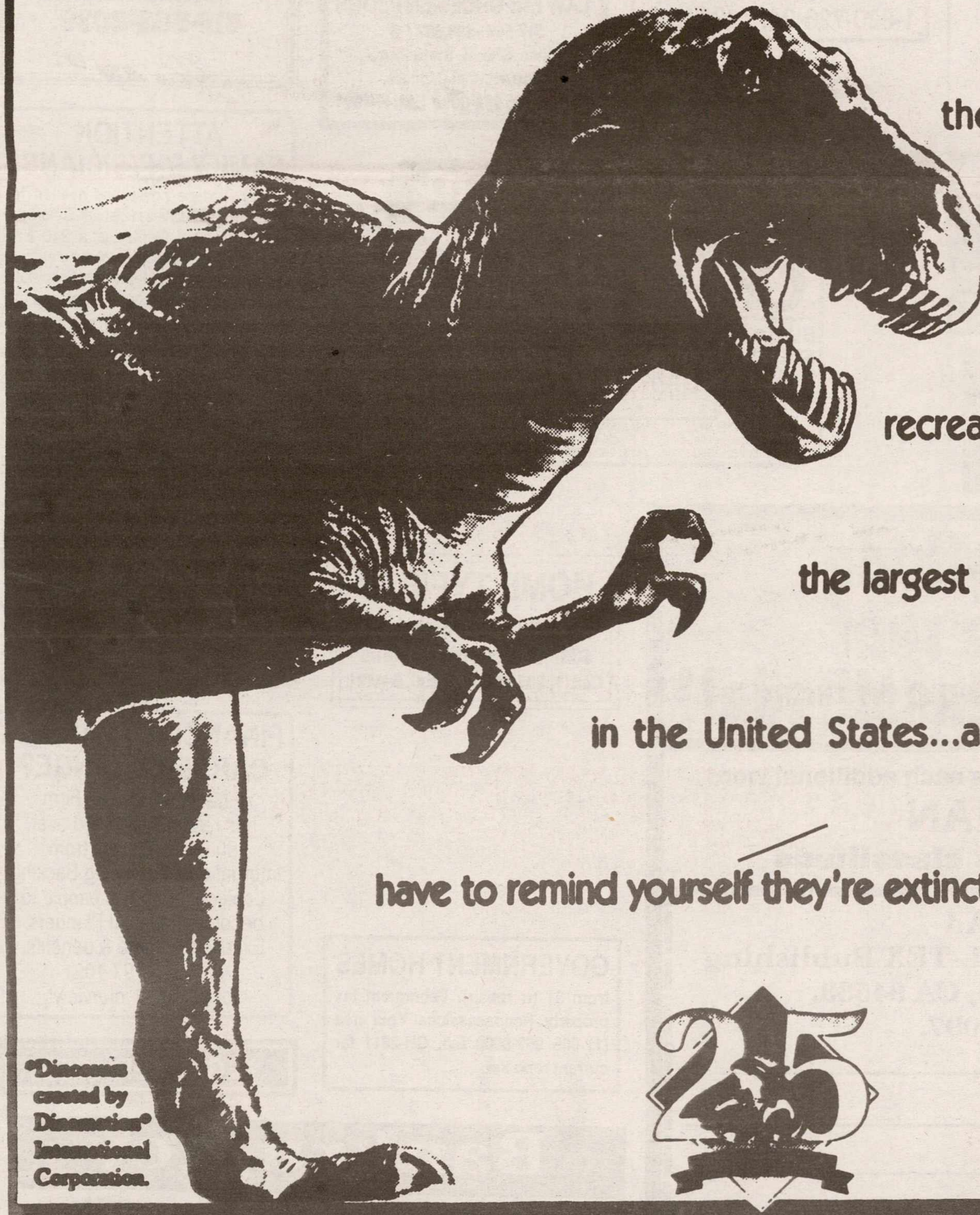

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Star Presidian

Vol. 38, No. 24 Published for the Presidio of San Francisco Community June 25, 1993

New location improves life for Law enforcement's soldiers

By Sgt. John W. McGarrah
Star Presidian Staff

The military police are really on the move here. It has been a month full of changes for them, with a new commander and new location.

The Law Enforcement Company is the first post unit to relocate from Fort Winfield Scott to the main post area.

"This is a very beneficial move for our soldiers (32 of which made the move)," explained Sgt. lst Class Walter L. Preston, military police operations sergeant. "More than half of our soldiers don't have privately-owned vehicles. This move puts them within walking distance of the bowling alley, post theatre, main post exchange and commissary. I see this improving the quality of life for them greatly. We've already seen a great improvement in esprit de corps and morale."

Other incentives for the MP's move from Building 1202 to 101 included larger personal areas and more single man rooms.

Work to ready the building has been ongoing since February of this year. The project took the hard work of people from the Directorate Of Engineering and Housing, *Self-Help* Center, Directorate of Contracting, Furnishing Management Office, and the Telecommunication Center here.

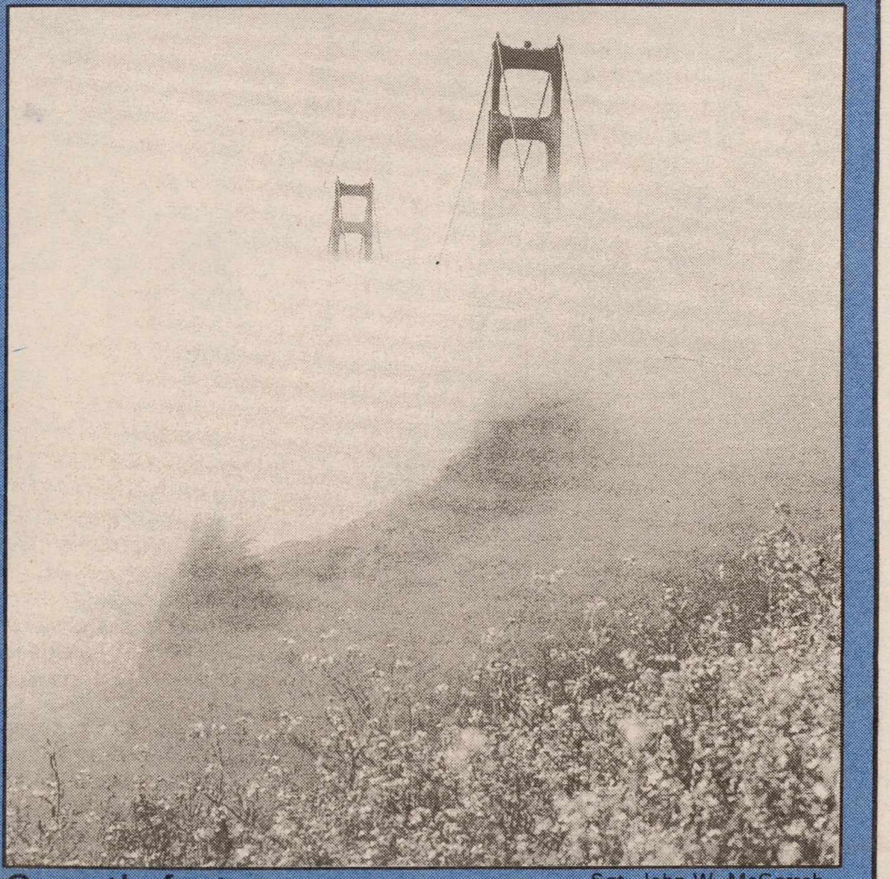
Once all the old furniture and debris was removed from the building, DEH began work to ready the building for occupation again. Once the work was completed on the building, it took the police three days of back breaking work to complete the move of personal belongings.

There are new amenities as well.

The building also boasts a new orderly room with offices for the commander, first sergeant, training and platoon sergeants. A Day room/TV room with separate reading room fills out the MP's new home. Still in the works are a laundry room and kitchenette for the soldiers.

"I couldn't have done it without the assistance of Staff Sgt. James A. Sinclair, post physical security noncommissioned officer, and Spc. Robert A. Stewart. Sinclair was in charge of getting the locks put into the building which was quite a chore. Stewart gave me progress reports every day, telling me what was done and what still needed to be done."

"We couldn't have done it without the support of our soldiers, and the chain-of-command, who gave all when we asked," concluded Preston.



On cat's feet

Sgt. John W. McGarrah

The arrival of San Francisco's famous fog officially announces the start of summer in the Bay Area.

RESPONSE '93

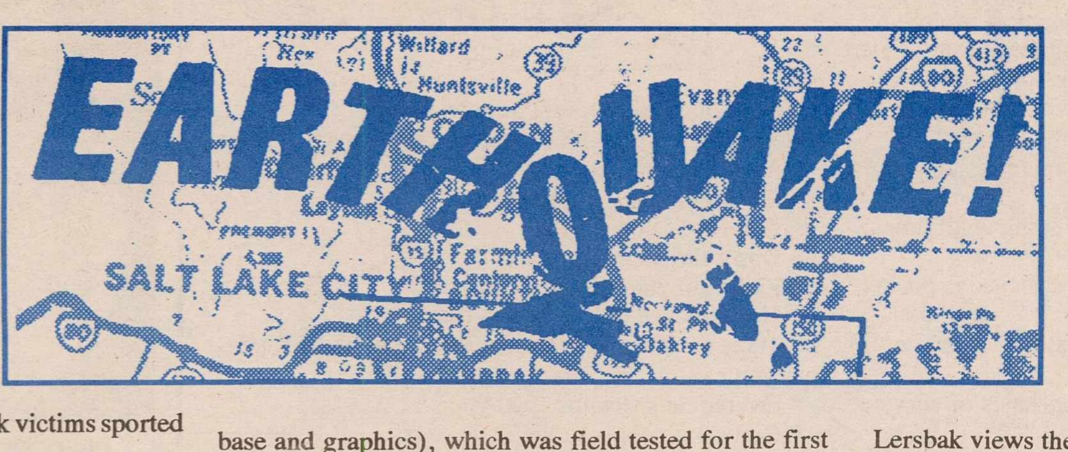
Largest earthquake preparedness exercise ever tackles `big one' in Salt Lake City test of skill

By Maj. Wanda Arceneaux
Special to the ***Star Presidian***

A few weeks ago a group of Sixth U.S. Army soldiers and civilians were up to their eyes in the aftermath of the "big one," a 7.5 magnitude earthquake that devastated Salt Lake City, Utah.

It may have been only an exercise, but it looked like the real thing to anyone visiting the Disaster Field Office at Camp Williams, Utah, where about 20 Sixth Army personnel worked feverishly alongside about 1,000 other government employees.

For four days they were desperately trying to locate and rescue victims trapped under debris, care for the injured, get water and food to stranded people, open shelters to those made homeless, restore electricity and telephone lines, repair roads and railways, clean up chemical hazards, re-open airports, and generally attempt to restore order from the havoc caused by the earthquake and later aftershocks.



Real-world news media concentrated their news coverage of the exercise's first day on a collapsed Air National Guard hangar at the Salt Lake International Airport, where mock victims sported very real-looking injuries.

Meanwhile, at Camp Williams, Utah Governor Mike Leavitt addressed the government workers about the importance of their mission, which was to test the preparedness of federal, state and local agencies to deal with a disaster, such as a major earthquake on the Wasatch Fault. Key players included the Utah Division of Comprehensive Emergency Management and the Federal Emergency Management Agency.

According to Lt. Col. Simms Anderson, Chief of Plans Division, Sixth Army Deputy Chief of Staff for Operations, Response '93 was the largest earthquake exercise ever held in the United States. Its purpose, as he sees it, was "to validate the rewritten Federal Response Plan as published in 1992." He explained, "The means in which agencies interfaced was found to be deficient in the 1989 Loma Prieta Earthquake, so this rewrite was meant to refine and correct. This exercise tested those changes." The outcome has been viewed very positively by participating agencies at all levels, he added.

Sixth Army's objectives were also met, according to Anderson. They include validating operational procedures for Military Support to Civil Authorities, demonstrating that we could field a Defense Coordinating Element at a distant location and link it via communications with the crisis action team at the Presidio's Sixth U.S. Army Headquarters, and validating use of the Emergency Information System software (disaster information management system consisting of a database and graphics), which was field tested for the first time by Army elements during this exercise.

As it arrived, exercise message traffic was routed to the appropriate liaison officers by the DCE, which was also in charge of Urban Search and Rescue (Emergency Support Function Nine). The DCE was headed by the Defense Coordinating Officer, Air Force Brig. Gen. L. Boyd Anderson, and his assistant was Col. Kenneth Smith, Sixth Army's Deputy Chief of Staff for Mobilization Evaluation.

The DCE's operations element analyzed each request for support into component missions, looked for appropriate resources, obtained validation from branch chiefs and turned them over to supporting agencies or units.

Back at the Presidio, Lt. Col. Wayne Lersbak, Sixth Army DCSOPS, was in charge of the Crisis Action Team, which operated in two six-hour shifts during the earthquake exercise.

About 43 personnel actually worked in the basement of Building 38, but they involved other members of their office sections in exercise play when needed. An example of the type of support the DCE at Camp Williams needed from the CAT was help in repairing major roadways damaged in the earthquake. When the CAT received this request, it was forwarded to Forces Command, which then identified a force package from real-world resources to meet the needs.

In this case, the force package included a battalion-sized unit of combat-heavy engineers, which was capable of repairing road damage.

"Response `93 afforded us the opportunity to exercise the Crisis Action Officers in the day and night shifts for the first time since Loma Prieta," Lersbak said. He added, "It gave them a unique opportunity to in-brief the follow-on shift.

Each of the shifts constructed a daily situation report, a comprehensive report giving the current status of events." He also added that each shift briefed Sixth U.S. Army Commander Lt. Gen. Glynn C. Mallory, Jr., on current status of events each morning of the exercise.

Lersbak views the exercise as a success and points out that the CAO's are now well trained to react to such a crisis as the earthquake in Response '93, because of recent training initiatives, including monthly Crisis Exercises since October 1992 and EIS training.

"The operation was a success," Anderson said, explaining, "Messages flowed, and we had timely responses." He also said that Brig. Gen. Anderson was pleased with the cooperation of federal and state agencies and felt that all had benefited from the exercise.

Now things are back to normal in Salt Lake City, but federal planners are beginning to turn their attention to the next location of a major disaster exercise.

It looks like Response '94 will take place not so far from here--look out, San Diego, the "big one" may be coming your way soon, if the real one doesn't come first! If it does we're ready for you.

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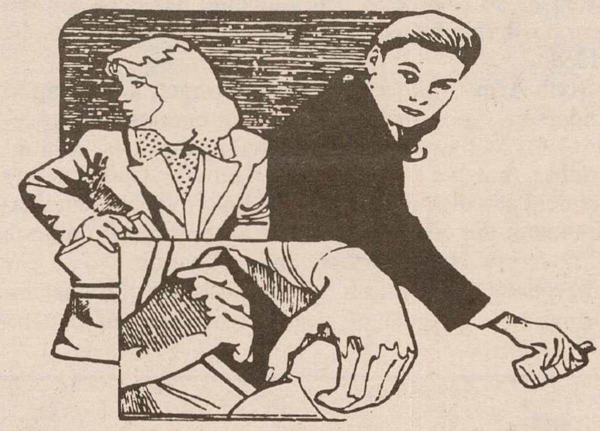
Sgt. John W. McGarrah

Col. Gregory A. Brennan, Letterman U.S. Army Health Clinic commander, is assisted by Col. *Rebecca Loomis, chief* , Patient Services Center, officially open the new center's doors here. The multi-service center is available to provide information and assistance to active duty, military family members, and retirees in obtaining quality health care in the Bay Area using alternate methods as facilities down size further. The new service can be reached by calling 561-4509.

Security Corner/*Crime Prevention*

By Staff Sgt. Marian Anderson
Provost Marshal's Office



To cut the risk of a personal attack, be aware of your potential as a victim.

Your goal should be to make yourself a person who seems neither particularly available nor particularly vulnerable. Begin with what private security experts call "threat analysis."

This theory suggests that victims define themselves by what they do and where they go. Violent crimes tend to happen in situations where the victim can be violated. It is true you cannot eliminate every situation where you might be isolated, but being wary of isolation is the first step toward becoming less vulnerable.

Here are a few things you can do to improve your odds against inevitable risks:

* Plan ahead. What will you do if something happens?
* Tell a trusted friend your plans.
* Act as if you know what you are doing at all times.
* Don't let yourself be concerned.
* Conceal your valuables. Put your cash in one pocket and credit cards in another.
* Conceal the fact that you are alone. Vary your routine.
* Always ask for identification from sales or service people.
* Teach your children emergency actions.
* Create extra security when away from home, like placing valuables in a safe at hotels.

How to say no to an attacker and survive:

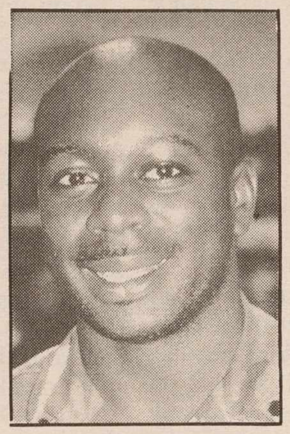
* Avoid confrontations.
* Give up money on demand.
* Look as if you belong.
* Don't threaten criminals.
* Fight only to escape.
* Use violence only as a last resort.
* Make careful observations. Record all the information you can.
* Overcome spectator apathy.
* Convince people to help you.

For information about crime prevention, call **561-5739.**

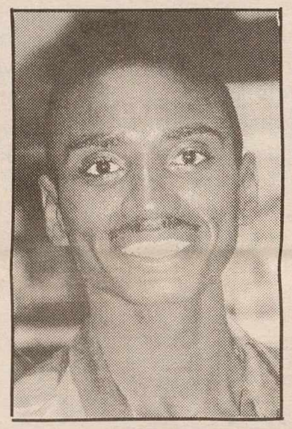
Ask Presidians

When things get bad, what do you do to feel better?

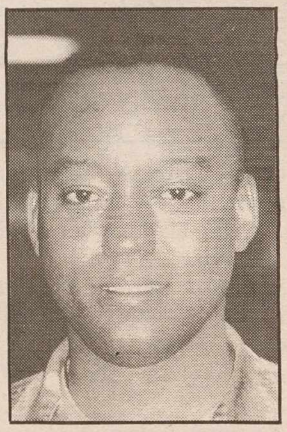
Pfc. Robert Bates, Patient Administration Division, LUSAHC: "I rely on my wife, Tammy. She supports me and is there for me when things get bad."



Spc. Antonio Spann, Bio-medical Maintenance, LUSAHC: "I take time away from work. I give my mother a call. It allows me to forget about what's going on and cope with it."



Cpl. Guillaume Meyer, Preventative Medicine, LUSAHC: "When the problem is job-related, I turn away and try to separate myself from it so I can tackle and solve the problem."



Spc. Eric Compton, Preventative Medicine, LUSAHC: "I pray. When things get bad, I turn things over to God. It helps me deal with work and stress."

Spc. Dawn Wilken, supply clerk, Hq. Co., USAG: "When there are just so many things to do that I don't know how I can possibly get them all taken care of, I prioritize them. Sooner or later, everything falls into place."

Interviews by Sgt. John W. McGarrah

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif. The appearance of advertisements in this publication, to include all inserts and supplements, does not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-3861. Circulation: 9,000.

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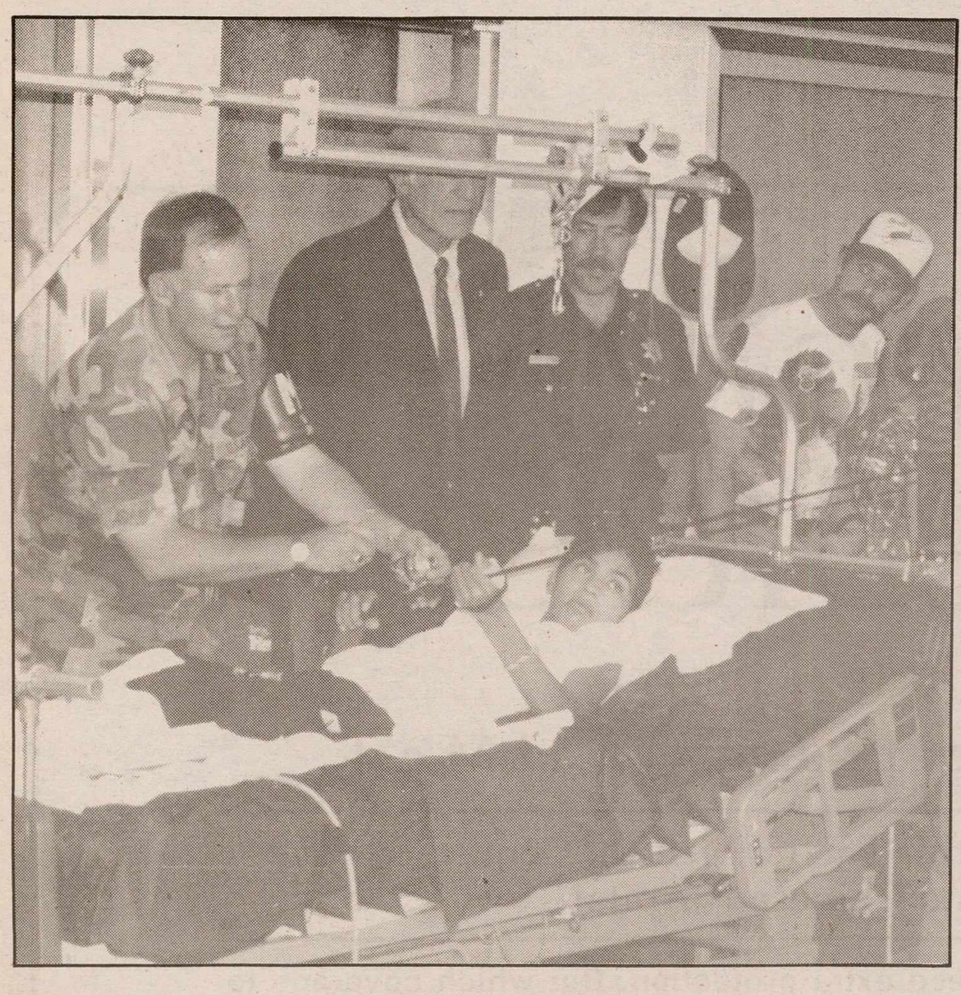


Maj. John Fowler, Presidio Provost Marshal, assists a bed-bound Shriner's Hospital patient reel one in at the special fishing program at the hospital Friday.

Photos by Sgt. John W. McGarrah

San Francisco Mayor Frank Jordan looks on as Aaron Brown pulls out a big fish from the hospital's therapeutic pool which was transformed into a fishing hole for a day.

‘Gone Fish'n!'

By Sgt. John W. McGarrah
Star Presidian Staff

Anyone who has ever wanted to tell a military policeman to "go fish," might have been shocked to see them doing just that Friday. But our post policemen and women weren't shamming, they were showing just how much they care. And that's no tall fish story either!

For the third year in a row, the Presidio MPs assisted the San Francisco Police Department and the Little People Fishing Program in their Youth Fishing Program. This program provides fresh water and deep sea fishing as recreational activities for underprivileged, crippled or severely burned Bay Area children.

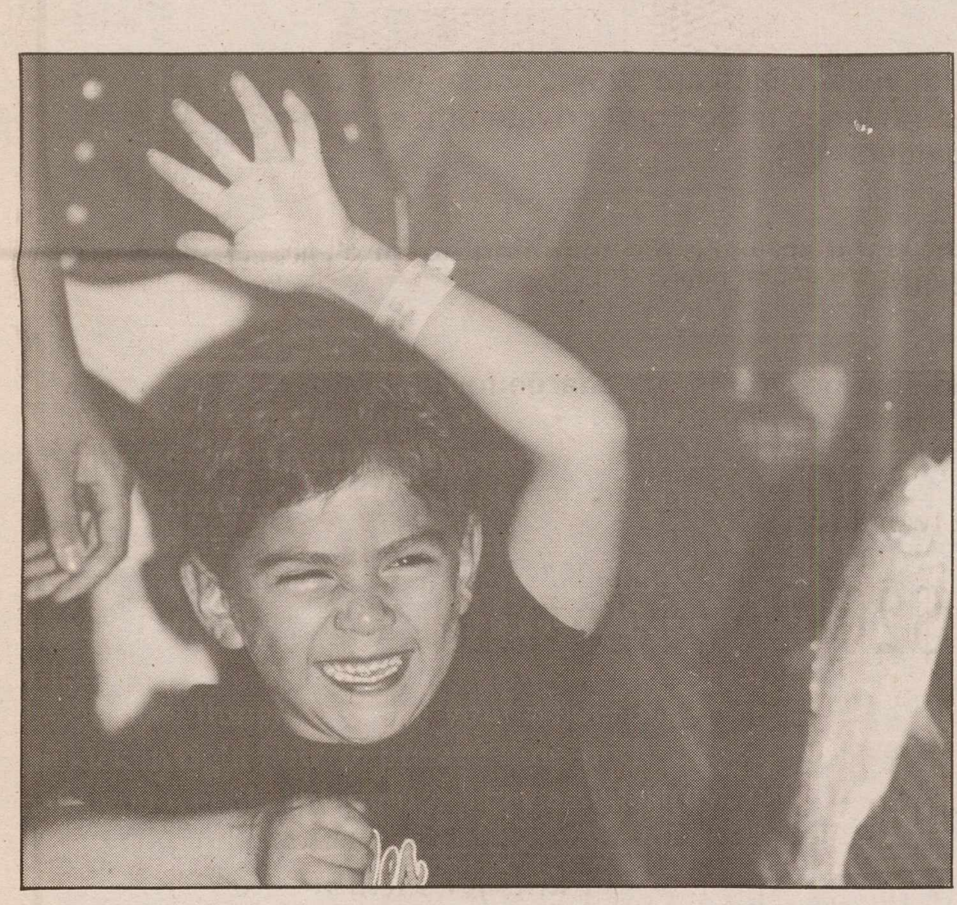
The program, which began as the dream of two SFPD officers, has provided summer fun for more than 70,000 youngsters to date. The program was started as a way to give city children something constructive to do during the usually idle summer months.

To open the summer fishing season each year, the SFPD and LPFP Youth Fishing Program sponsors a special fishing event at Shriner's Hospital, 1701, 19th Ave.

The therapy pool was transformed into a private fishing hole for the young, usually wheelchair-bound, patients. The therapeutic pool is drained and refilled with fresh water, stocked with hungry rainbow trout, and the doors are opened.

Children of all ages, many for the first time, get an opportunity to experience fishing first hand. For just a moment, their troubles and pain are a long way away as they vie for several prize categories including most, least, biggest and smallest.

The final event, of course, is a fish fry for all the children, so that everybody wins.



Christopher Lopez reacts with shock at his first up-close and personal look at a rainbow trout. The next time he'll see it will be on a plate.

Child care option charges time, not money

Parents looking for a break in child care costs may be interested in a system used on the Presidio called Baby-sitting Co-op that requires no money or fees from the parent.

A baby-sitting co-op is an organized group of families who baby-sit for each other. No money is offered or accepted, only "co-op hours" are exchanged. Sits are arranged by a co-op secretary. Every hour exchanged gives the sitter positive points and the employer negative points.

Here's how it works, step-by-step.

1. The employer calls the co-op secretary for a sitter.

2. The secretary calls co-op members to fill the sit, beginning with members with the most negative points, until she finds a sitter.

3. The sitter calls the employer to arrange details of the sit.

4. The sitter is assigned. The employer and sitter agree on how many hours used.

5. The sitter contacts secretary to report number of hours.

6. The secretary records hours (negative for employer, positive for sitter.)

The Presidio Co-op has been going for about a year. Those who join are positive about it. Users get to meet other Presidians, plus it saves money on baby-sitters.

A member doesn't have to give a reason if she declines a sit. Members, however, should be willing to use the co-op and take sits, on a reasonable basis. Since members pay the monthly secretary and co-op coordinator with hours from each member, some negative time accrues even if the co-op isn't used for baby-sitting.

Hourly charges are counted the same regardless of the number of children being watched. Meetings are held on a bi-monthly basis to discuss the rules and to complete necessary co-op forms. Co-op forms include a medical release form for each child and a membership roster.

The job of co-op secretary is rotated through the membership as does the job of co-op coordinator. The co-op coordinator is available to answer questions from all. She interviews prospective new members, answers their questions and visits their homes to be sure they're safe.

Through co-ops its possible to meet the friends of a lifetime. If you are interested in becoming a member of the Presidio co-op contact Marina Urroz at **221-7141** or Mary Anne Gianquento, Family Child Care/Supplemental Program and Services director, at **561-6372**.

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Presidio News Briefs

Power shut down announced for post

A power outage is scheduled from 8 a.m. to 8 p.m. Saturday, effecting the following buildings: 649 through 652; 661, 662, 663, 666, 667, 668, 669; 901 through 919 (including the Military Clothing Sales Store), 926 and 940. The power will be shut down so that two electrical switch gears can be replaced at Building 107. Any questions concerning the outage should be directed to Don Abbott, Directorate of Engineering and Housing, Contract Services Branch at **561-6000**, or Juanita Whitehead at **561-3711**.

Pre-retirement orientation tapes available

Retirement eligible soldiers should make arrangements with the Post Education Center **(561-4445)** or the Post Retirement Services Office **(561-3183)** to view two videotapes, "Military Pre-Retirement" and "Making the Right Decision: The Survivor Benefit Plan," as required under Army Regulation 600-8-7. Retirement eligible soldiers generally are those with 19 or more years of active federal service.

Exploratorium now open everyday

The Exploratorium, San Francisco's popular hands-on museum, will be open 7 days a week through Labor Day. Hours of operation are 10 a.m. to 5 p.m. and Wednesdays until 9:30 p.m. Admission ranges from $4 to $8, is free to members, and is free to the public on the first Wednesday of each month. The museum is located in the Palace of Fine Arts, 3601 Lyon Street, off post between the Marina Boulevard and Gorgas Avenue gates.

Presidio Burger King is hiring now

Are you tired of asking your parents for money and hearing no? Then, get a job. Believe it or not Burger King may have the solution to your problem. The Presidio's Burger King is taking applications at Building 1161; or call **922-0192**.

Holiday car race, chili cook-off next week

The California Veterans Memorial Commission is hosting a chili cook-off July 3 at Sears Point Raceway in Sonoma, Calif. The gates open at 9 a.m., the cook-off and live music are scheduled from Noon to 5 p.m. World Challenge production sports cars will be qualifying in four classes all day for the July 4 championship race. There will be a 5-Kilometer run at 7 p.m., followed by a major fireworks display at 9 p.m. For more information call Clifford Fewel or Kristen Kirkpatrick at **(916) 452-7196**.

ACAP/JAC job-search advice available

The Army Career and Alumni Program/Job Assistance Center is offering one-on-one job search counseling for transitioning military and civil service employees and their family members. If you need help defining your goals and job search strategy, writing an effective résumé, or preparing for interviews, call **DSN 929-7907** or **(408) 242-7907** to schedule an appointment. Counselors will be available from 1 to 5 p.m. July 6, 8 a.m. to 5 p.m. July 7, and 9 a.m. to noon July 8 in the Presidio Army Community Services Resource Center, Building 103B. Use the portable JAC-in-the-Box to review the Army Employer Network or to prepare a polished, professional résumé. The JAC-in-the-Box will be available for use at the same time.

YMCA offers day camp to Presidian youth

YMCA Summer Day Camp will be offered for Presidio youngsters ages five through 12 with weekly sessions beginning June 21 and continuing though Sept. 3. The program will have a variety of fun and stimulating activities including sports, games, arts and crafts, swimming and hiking. The program will be based on the Presidio at Robb Hill Campground. Registration is now being accepted. Enrollment is limited, so register now at the YMCA, 360 18th Avenue. For further information, call **668-2060**.

Education center computer classes offered

The Army Education Center plans to offer the following free classes this summer: **Beginning WordPerfect 5.1**, 10 a.m. to 12:30 p.m., Mondays and Wednesdays, July 7 to Aug. 2 and Tuesdays and Thursdays, July 8 to Aug. 3; **dBase IV**, 10 a.m. to noon, Mondays and Wednesdays, Aug. 9 to Sept. 20; and **Advanced WordPerfect 5.1**, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Aug. 10 to Sept. 2. Active duty soldiers have first priority for enrollment and DA civilians who work on the Presidio have second priority; adult family members and reservists are accepted on a space-available basis. Enrollment forms and further information on all classes are available from Kay Terry at the Presidio Army Education Center, Building 1216, **561-2974** or **561-4445**.

See Briefs, Page 10

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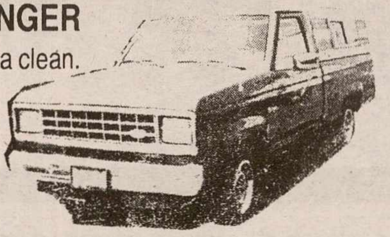

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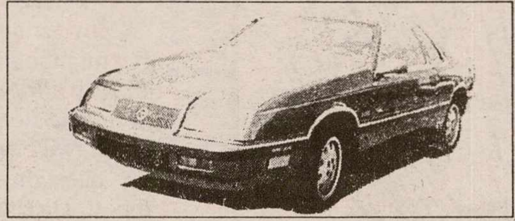

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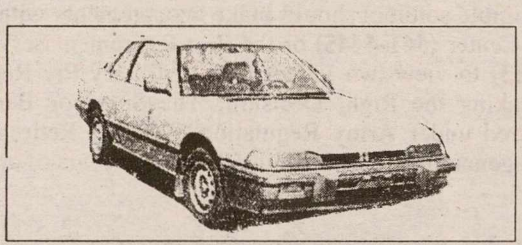

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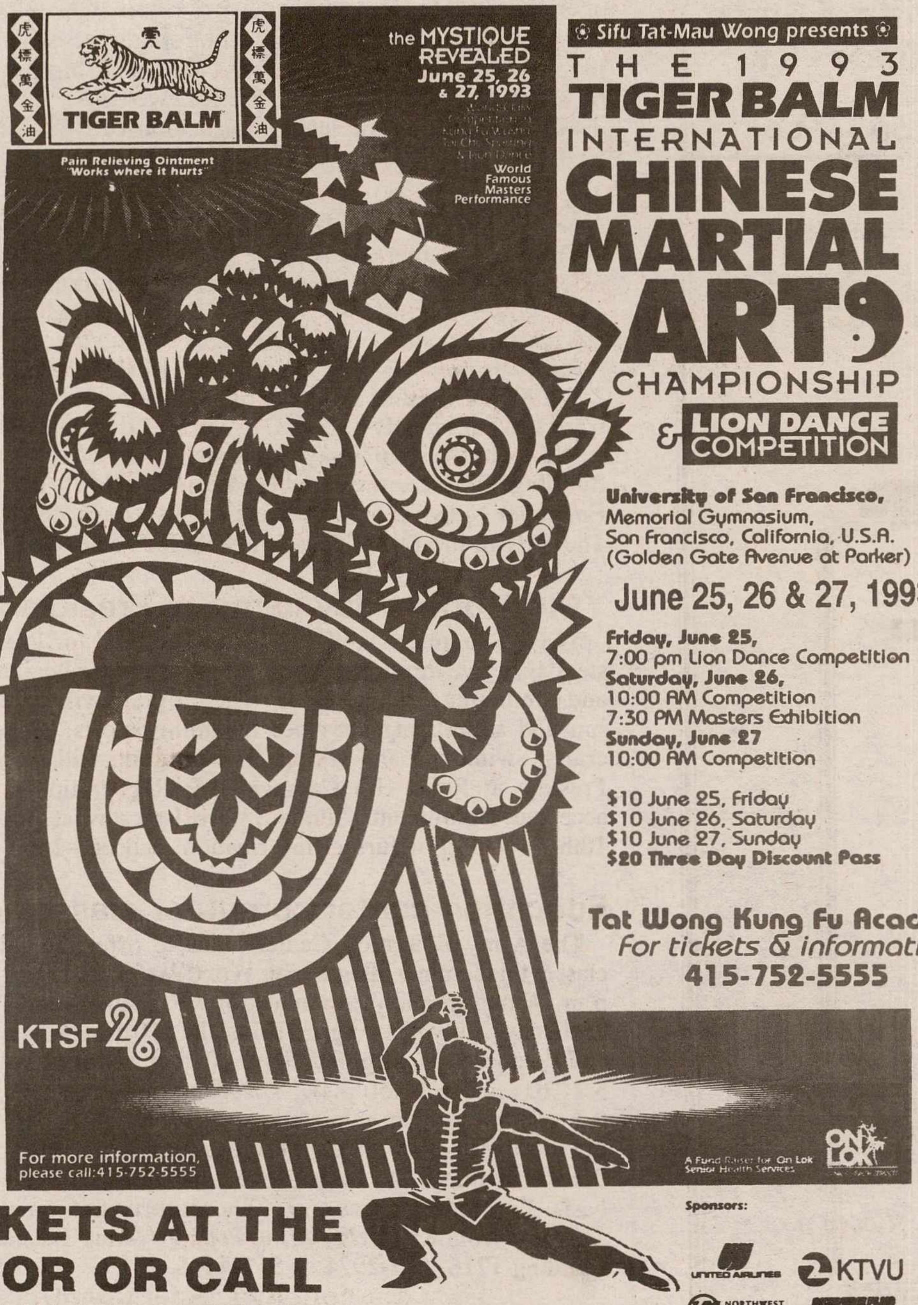
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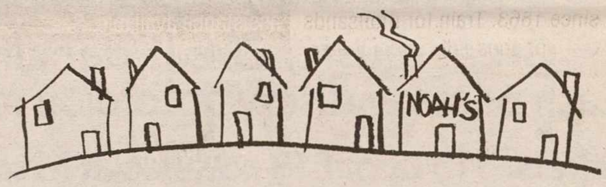
N.I.M.B.Y.
(Noah's In My Back Yard?)



Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around 9th and Irving in San Francisco can look for a Noah's Bagels store opening at 742 Irving in June! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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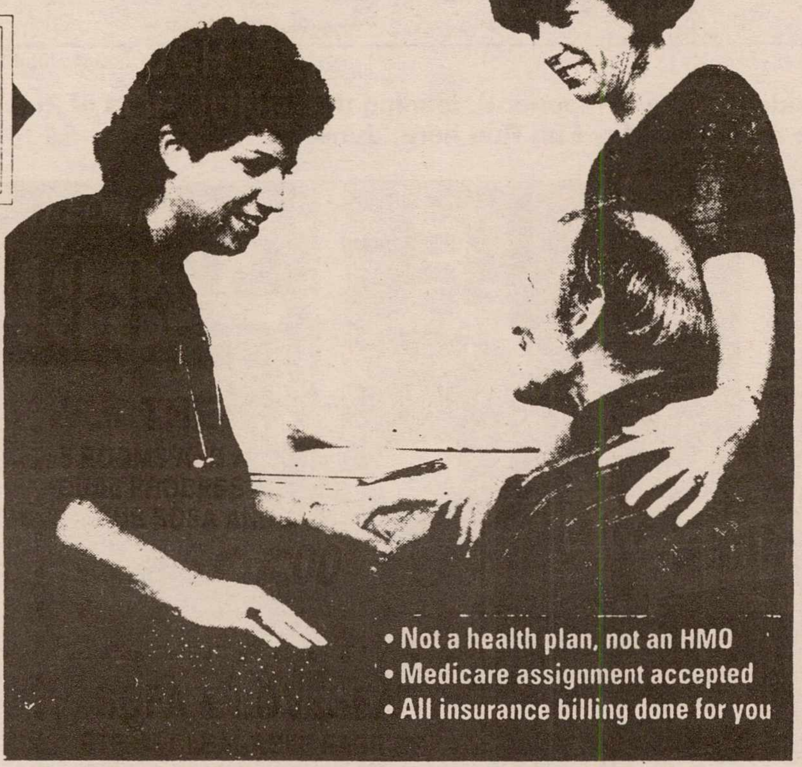

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Presidio Focus

Fifteen Presidians receive sheepskins

By Barbara Hug
College counselor, Presidio Education Center

Fifteen soldiers, two retirees, and two family members from the Presidio of San Francisco and the Bay Area earned associate and bachelor level degrees from Columbia College June 6.

Earning a college degree while working full-time is not an easy task. However, 19 Army graduates showed that it could be done with some determination, self-discipline, and the desire to complete a degree.

Most used Military Occupational Specialty and service school credit to complete part of the degree, as well as credit received by taking CLEP, DSST's and ACT-PEP exams for free at the local Army Education Center. Some had attended one or more colleges at other posts while in the Army, or local colleges in their civilian communities. For some, Columbia was the first college they attended.

Graduation ceremonies were held at Treasure Island, where the college has conducted its program with the Navy for the past 15 years.

Two Company C, 864th Engineer Battalion soldiers earning degrees are Staff Sgt. Richard Andrada, associate degree; and Sgt. Michael Hubbard, Bachelor of Arts degree in Individual Studies. "In the military, I have had plenty of distractions that could have prevented me from getting my degree. It's just like everything else, if you want it bad enough, you will find a way to make it happen," Hubbard said. "Going to school once or twice a week in the evening, the late night studying and all the things I had to miss has been worth this weekend graduation. I want to thank Chris Scott and Marilyn Van Ketel at the Education Center for keeping me on track toward my goal."

Soldiers receiving two-year associate degrees this Spring term are: Master Sgt. Louis Dickerson and Sgt. First Class Margie Pellerin, Readiness Group; Sgt. Michael Sell and Spec. Dawn Wilken, Headquarters Command Battalion; Staff Sgt. Charles Fraser and Spec. Nikki Watkins, Letterman U.S. Army Hospital; Sgt. Steven MacDonald, U.S. Army Reserve Recruiter; Sgt. First Class Charles Mitchell, 124th Army Reserve Command; Master Sgt. Velia Robles, 352nd Evacuation Hospital; and Sgt. First Class Alvin Stewart, retired.

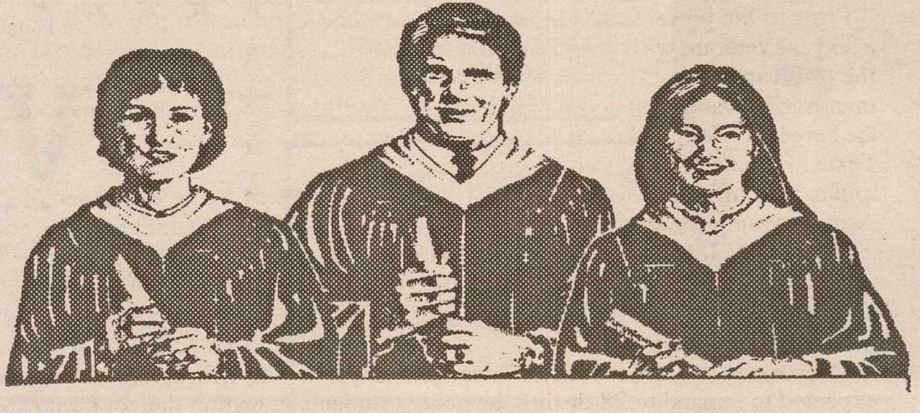
Family members completing associate degrees are Michelle MacDonald, and Veronica Martinez.

Four year bachelor level degrees were received by Sgt. William Frazier, Sixth Region San Francisco Field Office; Staff Sgt. Cecil Morris, Military Traffic Management Command; Master Sgt. Titus Whitehead, Headquarters Sixth U.S. Army; Master Sgt. Bruce Rennock, retiree; and Sgt. First Class Neil Angst, Sixth U.S. Army Band, an Honors Graduate who spoke at the graduation ceremonies.

Columbia College has its home campus in Columbia, Mo., offering classes also at Fort Leonard Wood.

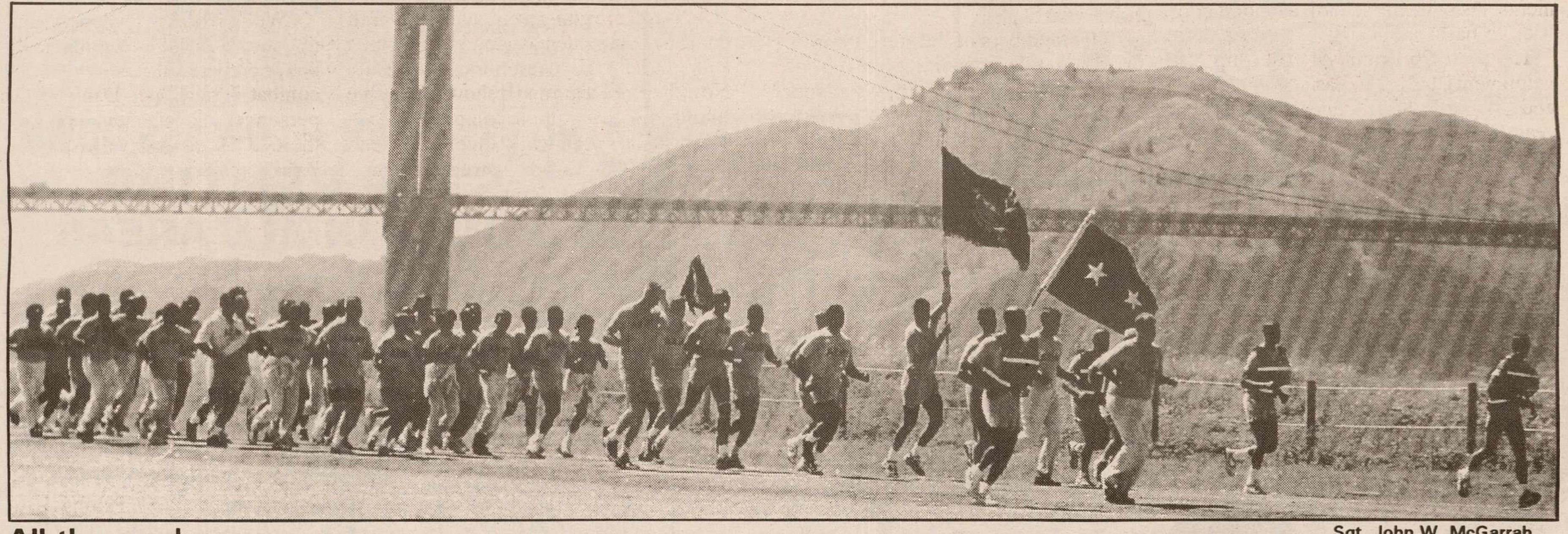
Associate's Degrees

Staff Sgt. Richard Andrada
Master Sgt. Louis Dickerson
Sgt. Ist Class Margie Pellerin
Sgt. Michael Sell
Spc. Dawn Wilken
Staff Sgt. Charles Fraser
Spc. Nikki Watkins
Sgt. Steven MacDonald
Sgt. 1st Class Charles Mitchell
Master Sgt. Velia Robles
Sgt. 1st Class (R) Alvin Stewart
Michelle MacDonald



Bachelor's Degrees

Sgt. Michael Hubbard
Sgt. William Frazier
Staff Sgt. Cecil Morris
Master Sgt. Titus Whitehead
Master Sgt. (R) Bruce Rennock
Sgt. First Class Neil Angst



Sgt. John W. McGarrah

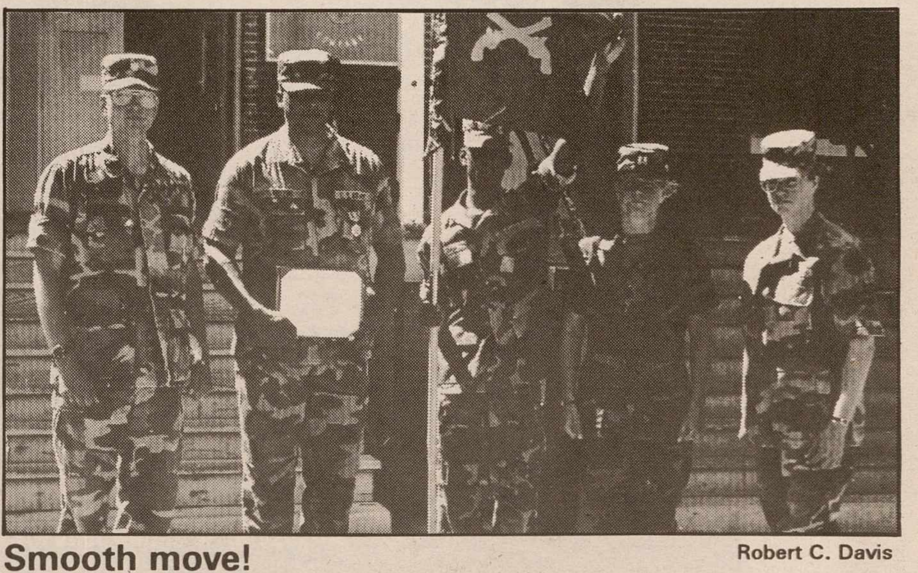
All the way!

With Maj. Gen. Patrick J. Brady, Sixth U.S. Army deputy commander (active component), leading the way, hundreds of Presidio soldiers marked the 218th birthday of the founding of the Army with the Army Birthday Fun Run here, June 14.

We are the Champions!

Staff Sgt. Pleasant Lindsey III

The 1993 Presidio Intramural Bowling champions are Staff Sgt. Charles San Nicholas, Sgt. 1st Class Bill Kelly, Sgt. Christine Edwards, Sgt. Maj. Anthony Powell and (not pictured) Spc. Alexander Calinagan.

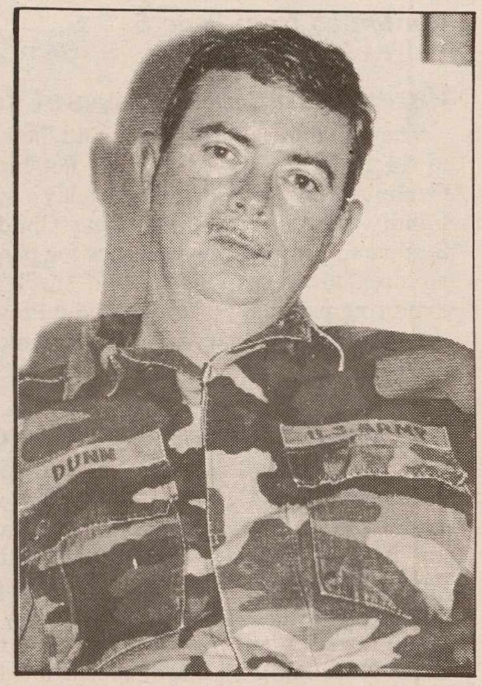


Smooth move!

Robert C. Davis

Lt. Col. Frank P. Janecek (left), DEH commander, awarded Sgt. Ist Class Walter L. Preston, MP Co. operations sergeant, with an Army Commendation Medal June 18 for his hard work in coordinating the company's move from Building 1202 to 101. Spc. Moses Logan (guidon), Company Commander Capt. Stephanie M. Long, and First Sgt. Delores Carter look on.

A squad of Primary Leadership Development Course Students breaks off into a tactical road march and heads to its objective at Camp Park Reserve Training Center near Dublin, recently.



Photos by Staff Sgt. Pleasant Lindsey III

The NCO Academy's new Commandant, Command Sgt. Maj. Steve Dunn.

Building the `best' NCO Academy in the Reserve command

By Staff Sgt. Pleasant Lindsey III
Star Presidian Staff

Army Reservists and National Guardsmen from 12 western states are individually converging on Parks Reserve Forces Training Area to be molded into top-quality team leaders and members.

The Sixth U.S. Army Noncommissioned Officer Academy has a new commandant who said his mission is to make the school the best academy in U.S. Army Reserve Command.

"We train soldiers to be NCOs, and train junior NCOs to be better NCOs," said Command Sgt. Maj. Steve Dunn. Dunn said this is his first stint as commandant of an academy, but he has worked with military schools in other assignments. As with any school, a lot of it goes back to basic soldiering.

There are 96 Primary Leadership Development Course, 36 Basic NCO Course, and 24 Battle Staff students. The fiscal year 1994 PLDC limit will be expanded to 144, and upped to 196 in FY '95.

The academy teaches only the leadership phase of BNCOC; "We don't teach any Military Occupational Skills related courses here, it's all NCO Educational System."

"We take care of soldiers. My goal is to make this the best reserve academy in the United States," Dunn said.

He's an 11B Infantryman with combat experience in Vietnam -- as a Marine. He was wounded by a mortar round Feb. 16, 1969, in Quangnam, Vietnam. He was discharged in March, 1974, but joined the Army in 76. "I missed wearing the uniform," he said. "There were some adjustments to be made-- the discipline is different and the approach is different."

Prior to his present assignment Dunn, a 23 year veteran, was operations NCO in the 104th and 102nd Army Reserve Commands. He was graduated in 1989 from the Sergeant's Major Academy, Fort Bliss, Texas. His current assignment gives him a chance to influence some of Sixth U.S. Army's youngest and newest leaders.

"It's great. It puts me right back with troops, which is what I enjoy doing. The academy is operated by NCOs, which makes my job easier.

"We have a staff of 16, which is expected to expand to 28 during the next fiscal year."

Most members of the staff are instructors and one is a medic, while others are administrative or operations personnel.

While some military operations are down-sizing, Dunn said the academy is expected to expand to better accommodate Sixth Army's NCO schools.

The academy is unique in that it is a tenant in its present location, a building used for Army Reserve schools. New sites under consideration include Fort Hunter Liggett, Calif., Fort Lewis, Wash., or another location on Parks RFTA. Studies must be conducted and evaluated by building and environmental engineers to determine space requirements.

Parks RFTA comes under the jurisdiction of Fort Lewis. Technically the academy was made subordinate to the U.S. Army Reserve Command Oct. 1, 1992. However, it still reports to Sixth U.S. Army, and will continue to do so until Sept. 30.

The command's newest commandant isn't resting on his laurels. He said he prefers going out to meet the students, see first-hand how they are progressing, while at the same time showing support for his staff.

"We have really good senior NCOs here. I make it a point to get out and visit the soldiers. It makes a difference for the soldiers to see the commandant in the field with them," Dunn said.

In the field that enthusiasm has trickled down to the instructors as well as the students attending the courses.

"Classes are going well, and the overall quality of the students is good. When they first got here they were lost individuals. Now they're a team and it shows. They've found it's easier to accomplish a task when there's teamwork involved," said Staff Sgt. Tim Tasho, instructor.

Sgt. First Class Francis Welch, assistant operations NCO and a platoon sergeant in the field, said the students show excellent academic and physical performance. The academy provides them with study hall sessions and gives them ample opportunity to go over the lessons.

Staff Sgt. Anthony Garris, instructor, said the leadership course provides something many of the students had never before experienced. Commenting from the field about his group of students, Garris said there were only two 11Bs in his squad. Therefore, the leadership opportunities and experiences were brand new to a lot of the students who learned about issuing frag orders, operating tactical operations centers, small unit tactics and properly occupying assembly areas.

As the students progress through the courses, individual soldiers are molded into a top quality team.

The quality of the leadership is reflected in the students as well. They are expected to leave the NCO Academy with a better understanding of the fundamentals of leadership.

"I've learned things here that I can't learn anywhere else," said Sgt. Laura Bray, supply sergeant, 104th ARCOM, Portland Ore.

"We're learning leadership and how to maintain a positive attitude. I'll be a lot better prepared should my unit be sent to combat," said Spc. Danielle Griffin, a personnel management specialist from the 6251 U.S. Army Hospital, Tucson, Ariz.

Her voice reflected the seriousness with which she took the course when she said that her squad's motto was "Blood makes the grass grow here in third squad" as her group moved out to make contact with "the enemy."

"Unit standards don't apply here. We reinforce the *Army* standard. That's the standard we adhere to," Tasho said.

With that standard in mind Dunn said he expects to have best academy in the command.

Primary Leadership Development Course students test fire their weapons before leaving their assembly area during a field exercise.

Continued from Page 5

Parent/child play day set for July 8

There will be a Parent and Child Play Day from 9:30 to 11:30 a.m., July 8 in the Pershing Community Center, Building 1539. This play day is sponsored by the Family Advocacy Program and Child Development Service to provide opportunities for parents any young children to do art, music, and snack together while exploring parental resources on the Presidio. For more information call, Mary Anne Gianquento, Family Child Care and SPS director, at **561-6372**.

Vaccine updates offered to children

Summertime is an excellent time to have your child's vaccines updated. Immunizations are available from 8 to 11:30 a.m. and 1 to 4 p.m., Monday through Friday, in the Letterman U.S. Army Health Clinic's Pediatric Clinic. The Pediatric Clinic offers walk-in shots; no appointment is necessary. June and July visits will help avoid the rush before school begins in the Fall.

Bring your child's yellow international immunization record from home and the out-patient record with you for proper documentation.

TAPC answers phone questions

The commander of the U.S. Total Army Personnel Command has established a toll-free number, **1-800-USA-TAPC (872-8272)**, for use by soldiers and Department of the Army civilians worldwide. Maj. Gen. Gerald H. Putman along with the directors of the enlisted personnel management directorate, the officer personnel management directorate, the civilian personnel management directorate, and the adjutant general will be available twice a month to personally take telephone calls. This call-in service is being established to fortify communications and answer personnel related questions for soldiers and DA civilians. It is not intended to bypass or usurp the chain of command.

Call-in periods will be on the first and third Tuesdays of each month from 7 to 9 a.m. and 2 to 4 p.m. respectively. At other times callers will hear a message about future session schedules. Call-in sessions will be recorded for later broadcast on Soldiers Radio Satellite Network.

ADMIT ONE

Movies at the Presidio Theatre

Tonight-Born Yesterday (PG)
Saturday-Point Of No Return (R)
Sunday-Bound By Honor (R)
July 2-The Dark Half (R)
July 3-Side Kicks (PG)
July 4-The Boiling Point (R)

All movies begin at 7 p.m.

1296 E-54

City natives mark birthday here

Los Californians, descendants of the members of the Anza expedition which founded the Presidio of San Francisco, will be holding their San Francisco 218th birthday celebration here this Sunday.

The ceremony starts at 10 a.m. at Pershing Square. Featured participants include the Sixth U.S. Army Band, the Consul General of Spain, and the "Guard of the Presidio of San Barbara," a group in period Spanish uniforms.

This years event will be even more significant with the recent discovery of one of the possible ruins of first buildings built here by the Spanish settlers.

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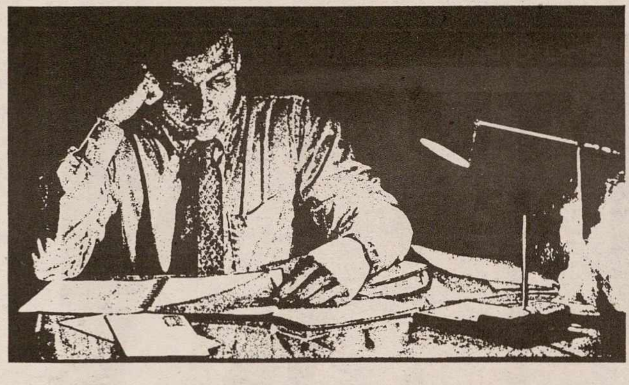

Use ACAP/JAC without leave loss

Workload permitting, managers and supervisors are authorized and encouraged to excuse civilian employees from duty without change to leave to use Army Career and Alumni Program services. Authorization is granted under AR 690-990-2, Book 630, Subchapter 11, Excused Absence. The ACAP offers workshops, seminars and job search assistance through its Transition Assistance Office and Job Assistance Center. For information, contact Patrick Rook at **561-5610**.

Vacation Bible School begins July 6

"Living in God's Creation" is the theme for this year's Vacation Bible School, sponsored by the Presidio Post Chapel. The VBS is scheduled for 9:30 to 11:30 a.m., July 6 through 16, in the Religious Activities Center, Building 682, for children 4 years old up through those who've just finished the sixth grade. Bus service will be provided. For information or to register phone Stephen Miller or Sister Agnes Teresa at **561-3535** or **561-4719**.

Independence weekend post closures

Facility	July 4	July 5
AAFES Post Exchange and Furniture Store,	10 a.m.-5 p.m.	regular hours
Service Station	10 a.m.-5 p.m.	10 a.m.-5 p.m.
Service Station bays	closed	closed
Burger King	8 a.m.-6 p.m.	11 a.m.-6 p.m.
Shoppette	9 a.m.-6 p.m.	9 a.m.-6 p.m.
Anthony's Pizza & Frank's Franks	11 a.m.-4:30 p.m.	regular hours
Post Theatre	7-9:30 p.m.	closed
Class Six Store	Noon-5 p.m.	closed

Additional closure announcements

The Military Clothing Sales Store will be closed both days, and the Barber and Beauty shops, Laundry/Dry Cleaning, Optical Shop, Vase Shop and Watch Repair Shop will be closed July 4 and operate normal hours July 5.

The Presidio Commissary will be closed both days and will re-open for normal operations at 10 a.m. July 6.

Finally, members of the PX Council will meet at 1:30 p.m. July 14 in the Training Room, Building 1161.

The July 4 schedule of events will be printed in next week's *Star Presidian*.

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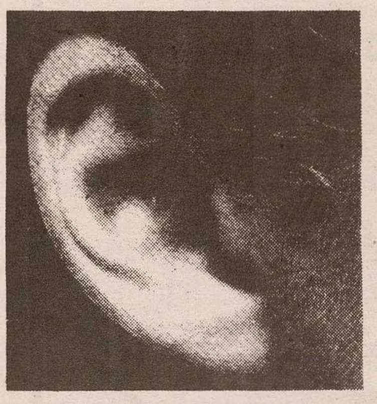
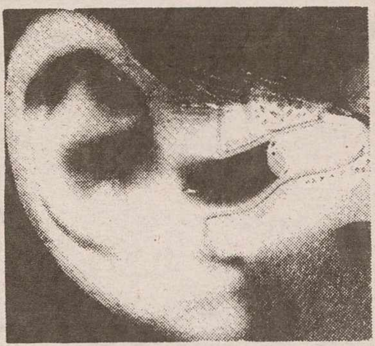


Well, they're finally **hear** and they're literally out of sight!!



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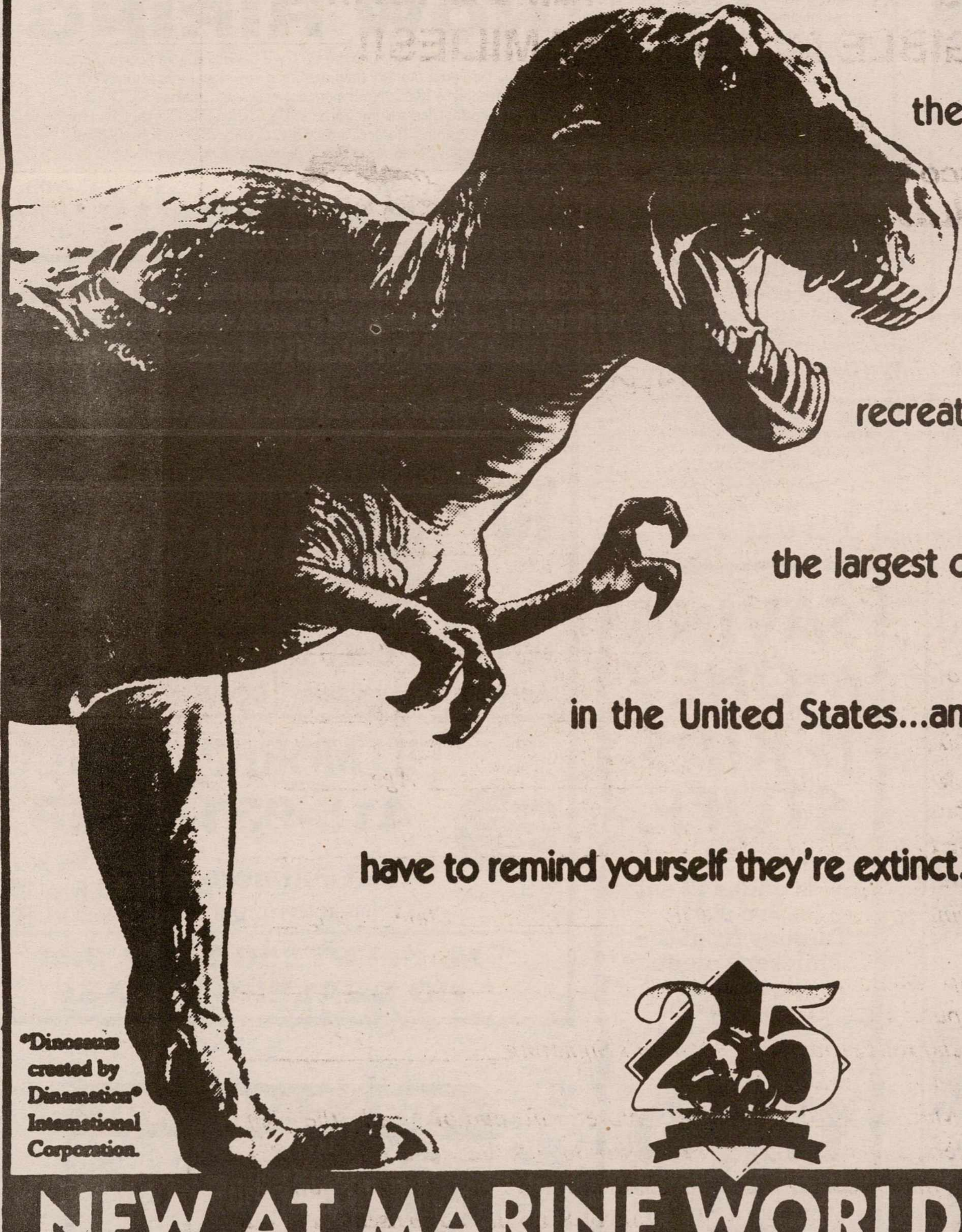

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Coast Guard sinks ORE 12-10

Dan Oshiro hit a three-run home run in the bottom of the seventh to help draw ORE two within two points of a tie, but the Coast Guard team held on to win 12-10 June 22 on Fort Scott Field. Oshiro's homer scored David Byars and Steve Stryker.

The Coast Guard used ORE's poor fielding to score five runs in the fifth inning, including a fence-clearing home run by Jerry Check, for a 12-3 lead. In the fourth, Coast Guard's Sharlene Penn singled to move Bob Bowman into scoring position. He later scored on Byars sacrifice fly to tie the game 3-3.

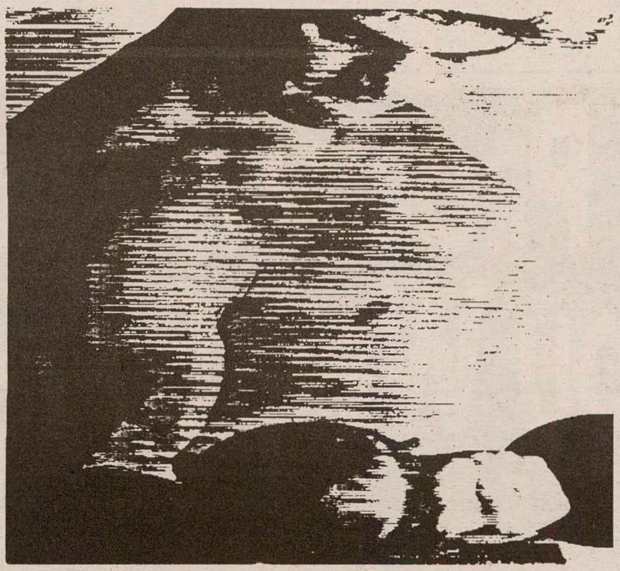
In the first inning, Francisco Baca led of with a single for ORE. Stryker's fly ball advanced Baca. Oshiro, Tony Williams and Johnnie Hughs got hits which scored Baca, Oshiro and Williams for a 3-0 lead. Coast Guard got two of those runs back in the bottom of the inning when Harold Bell doubled to score Check, and Harvey Hatfield later scored beating a throw from left field.

Gym admissions and guest policy

Admission to all Sports Branch facilities (including the pool) will be permitted only upon presentation of a valid identification card to the staff. This includes the following cards: active duty armed forces, reserve component, retired military, family member or Department of Defense civilian identification cards. Active duty military in uniform are not required to present their identification card.

Eligible personnel of the community are authorized to bring one guest to a facility. Guests will not be permitted during peak periods, 11 a.m. to 1 p.m. and 4 to 6 p.m., Monday through Friday. All guests must be identified to the sports staff at the time of entry and signed in by their sponsor. Guests will be permitted to use the facility no more than once a week.

The sports branch can be contacted at **561-4131**.



1993 Summer Basketball League

The 1993 Presidio Summer Basketball League competition will begin July 12. Soldiers, Department of the Army Civilians and family members 20 years and older, assigned or attached to the Presidio of San Francisco are eligible to participate.

Individuals desiring to participate may form their own teams. Team members need not be from the same organization or activities. A $25 entry fee will be assessed to cover the cost of awards.

An organization meeting will be held at 6 p.m. July 7 at Gym No. 1, Building 63. Teams or individuals wanting to participate must have a representative at this meeting. The league will be cancelled if less than four teams are interested in participating.

For information contact Bobbie Gascon, sports director, at **561-5032** or **561-4120**.

Best ball foursome tournament

The summertime Best Ball Foursome Golf Tournament will be held at noon, Wednesday at the Presidio Golf Course. Golfers have until Tuesday to enter the contest at Gym No. 1, Building 63. The tournament will begin with a shotgun start. The event is being sponsored by the Sports Branch, Community Recreation Division. The entry fee is $5 per golfer or $20 per team and is due prior to the tournament's start. All cart charges will be paid at the starters shack.

After the tournament, awards will be presented to the top two teams and for the longest drive, longest putt and nearest to the pin. For more information, contact Charles Hurd at **561-4131**.

Post three-on-three tourney set

A three-on-three basketball tournament is scheduled for July 24 and 25 on the Fort Scott Basketball Court. The entry fee is $15 **per team**, not per person as originally reported. The fee will be accepted only by money order. Entry deadline is July 9. The tournament is open to all members of the Presidio family. Only first and second place trophies will be awarded. For more information or to submit entries, contact Sgt. Michael Card or Sgt. Andre Clark at **561-2355** or **561-5020**.

Compiled by Staff Sgt. Pleasant Lindsey III

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Boys & Girls Club

The San Francisco Boys & Girls Club is now offering one-year memberships to eligible military families!

If you are a member of the military and live off-base, your child can join the club for free!!!!

Space is limited on the club's bus as transportation would be provided, starting in July, for a pick-up & drop-off program in the Presidio and Fort Baker. Sign-up before June 18th as there isn't too many available seats left on the bus. Your child would be transported to the Ernest Ingold Branch on Page Street where he or she can partake in all of the following activities:

Summer Camp at Camp Mendocino, Swimming, athletics, Computer Lab, Arts & Crafts, Photography, Social Recreation, Field trips to the Giants and A's baseball games, Great America, Marine World Africa U.S.A., Raging Waters, Santa Cruz Beach Boardwalk and much, much, more!!!

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Military Parent Name

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Child's Name(s)

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Address _________________________

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Phone # _________________________

Parent's Signature ____________________

For more information call the San Francisco Boys & Girls Club at (415) 221-0790 and ask about our Military Outreach Program or Send this advertisement to our administrative office at 1950 Page Street, San Francisco, CA 94117.

Deadline: Friday, June 25

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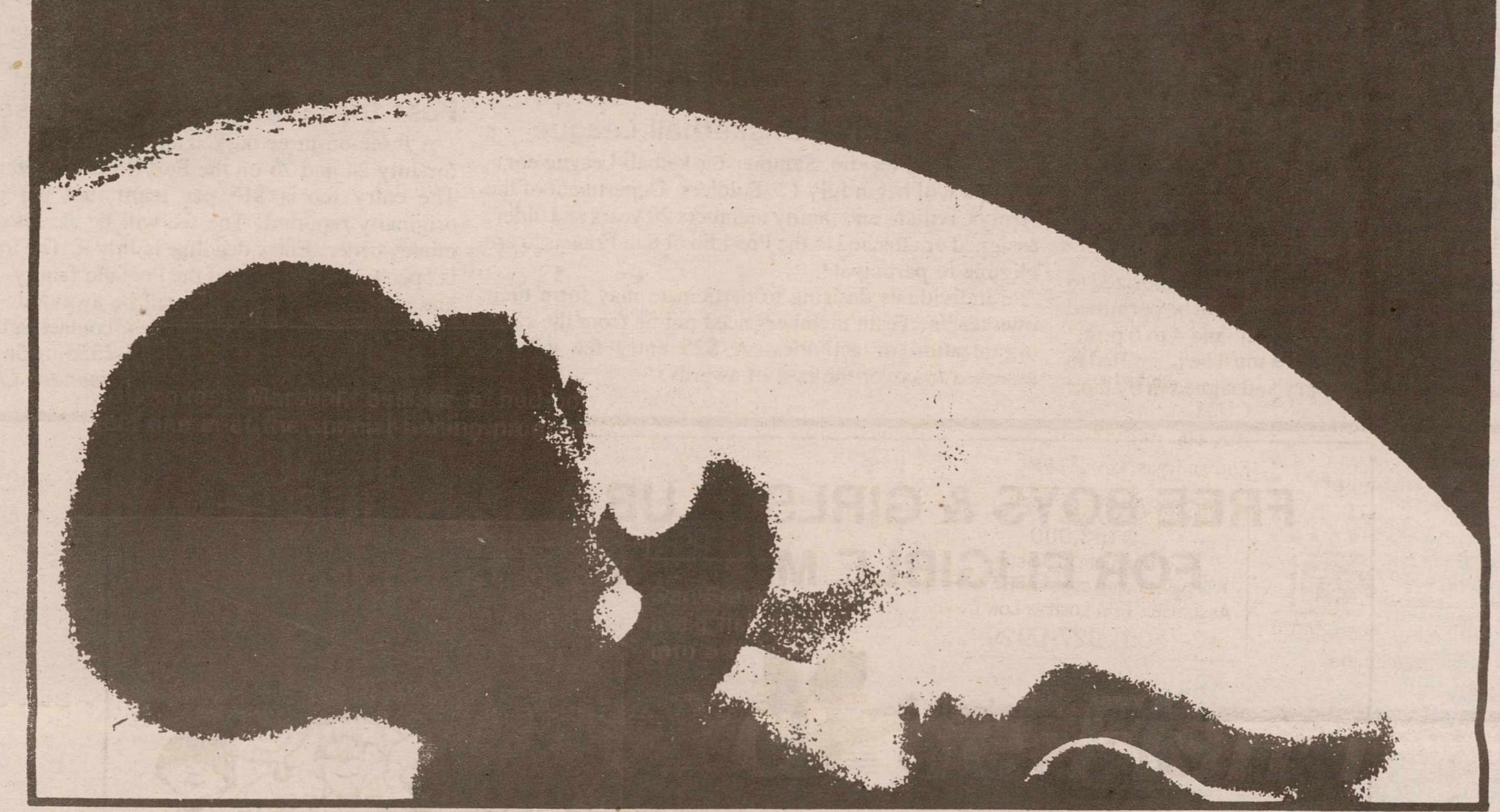

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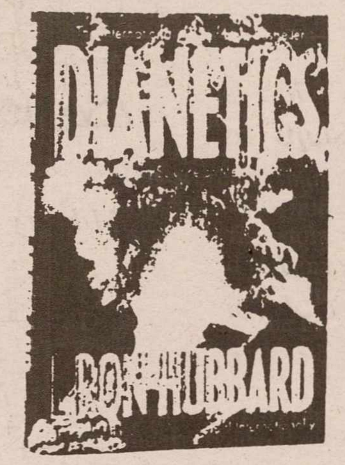

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I have fifty (50) years of business experience in tax matters and you can call me for a free consultation.

My telephone number is **(510) 530-3229**; office hours, Tuesday through Friday from 10am to 4pm.

Thank you. Winn Forbush

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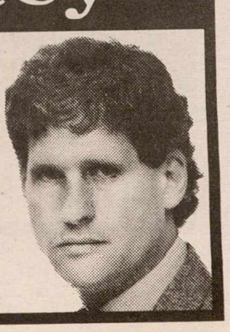

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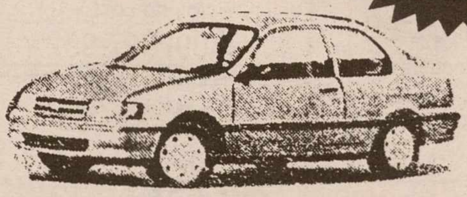

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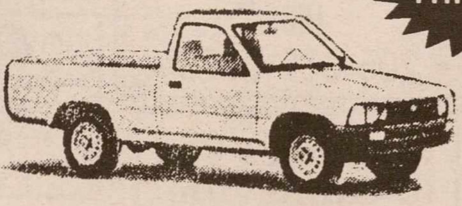

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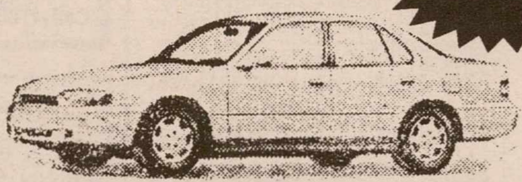

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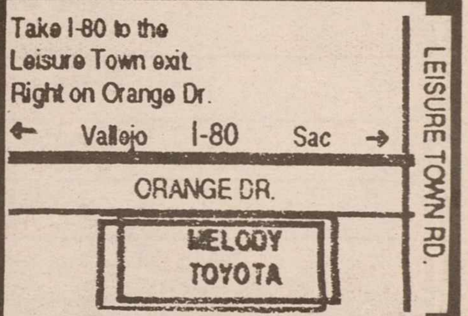

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Star Presidian

Vol. 38, No. 24 Published for the Presidio of San Francisco Community July 2, 1993

Presidio may remain Sixth Army home

BRAC recommends Sixth Army headquarters remain at Presidio

by Maj. Wanda Arceneaux
Special to the Star Presidian

The 1993 Base Closure and Realignment Commission recommended last week that the Sixth U.S. Army Headquarters remain at the Presidio of San Francisco.

The commission voted unanimously (7-0) to rescind the portion of the Base Realignment and Closure Act of 1989 which requires the headquarters to be moved to Fort Carson, Colo.

The BRAC III recommendations were due to go to President Bill Clinton for approval or rejection by July 1 and then on to Congress for ratification by July 15.

Even if BRAC III is ratified, this will not alter plans to turn the Presidio over to the Department of Interior (National Park Service) by Sept. 30, 1994.

The Department of Defense had recommended that the Sixth U.S. Army Headquarters be moved to the National Aeronautics and Space Administration Ames Research Center at Moffett Field, but the commission voted to retain the headquarters here at the Presidio.

Until the BRAC III recommendations are ratified, Sixth U.S. Army planners will continue to work on several different plans. One plan is for the move to Fort Carson, which is in accordance with the law currently in effect, BRAC I; another is to move to NASA Ames, based on the Secretary of Defense's recommendation to BRAC III; and the third is to remain at the Presidio, based on the BRAC III recommendation.

A Sixth U.S. Army Headquarters working group has been formed to insure that all requirements are identified.

As more information becomes available, it will be disseminated to those who will be affected.

Watch the ***Star Presidian*** for current updates on the Presidio of San Francisco future as they become available in the weeks to come.

Independence weekend post closures

AAFES Post Exchange and Furniture Store
July 4; 10 a.m. to 5 p.m.
July 5; regular hours
Service Station
July 4-5; 10 a.m. to 5 p.m.
Service Station Bays
July 4-5; closed
Burger King
July 4; 8 a.m. to 6 p.m.
July 5; 11 a.m. to 6 p.m.
Shoppette
July 4-5; 9 a.m. to 6 p.m.
Anthony's Pizza & Frank's Franks
July 4; 11 a.m. to 4:30 p.m.
July 5; regular hours
Post Theatre
July 4; 7 to 9:30 p.m.
July 5; closed
Class Six Store
July 4; 12 to 5 p.m.
July 5; closed

The **Military Clothing Sales Store** will be closed both days. The **Barber and Beauty shops, Laundry/Dry Cleaning, Vase Shop and Watch Repair Shop** will be closed July 4 and operate normal hours July 5.

The **Presidio Commissary** will be closed both days and will re-open for normal operations at 10 a.m. July 6.

Fourth of July
We're having a blast!

The 35th San Francisco Fourth of July Celebration Sunday will be held at Crissy Field. The free event is sponsored by the National Park Service and the San Francisco Chronicle in cooperation with the U.S. Army at the Presidio of San Francisco.

The event, which runs continuously from 2 p.m. until 9:45 p.m., will include entertainment, activities, displays, food, and a fireworks display. The entertainment begins at 3 p.m. This year's theme is *"A Tribute to the Presidio and San Francisco's Cultural Heritage."* The official ceremonies begin at 8:25 p.m. with a 50-cannon "Salute to the Nation," followed by patriotic music performed by the Sixth U.S. Army Band. A spectacular fireworks display over the San Francisco Bay will begin promptly at 9:15 p.m.

The public is encouraged to come early and to bring warm clothing, a flashlight, and blanket to sit on.

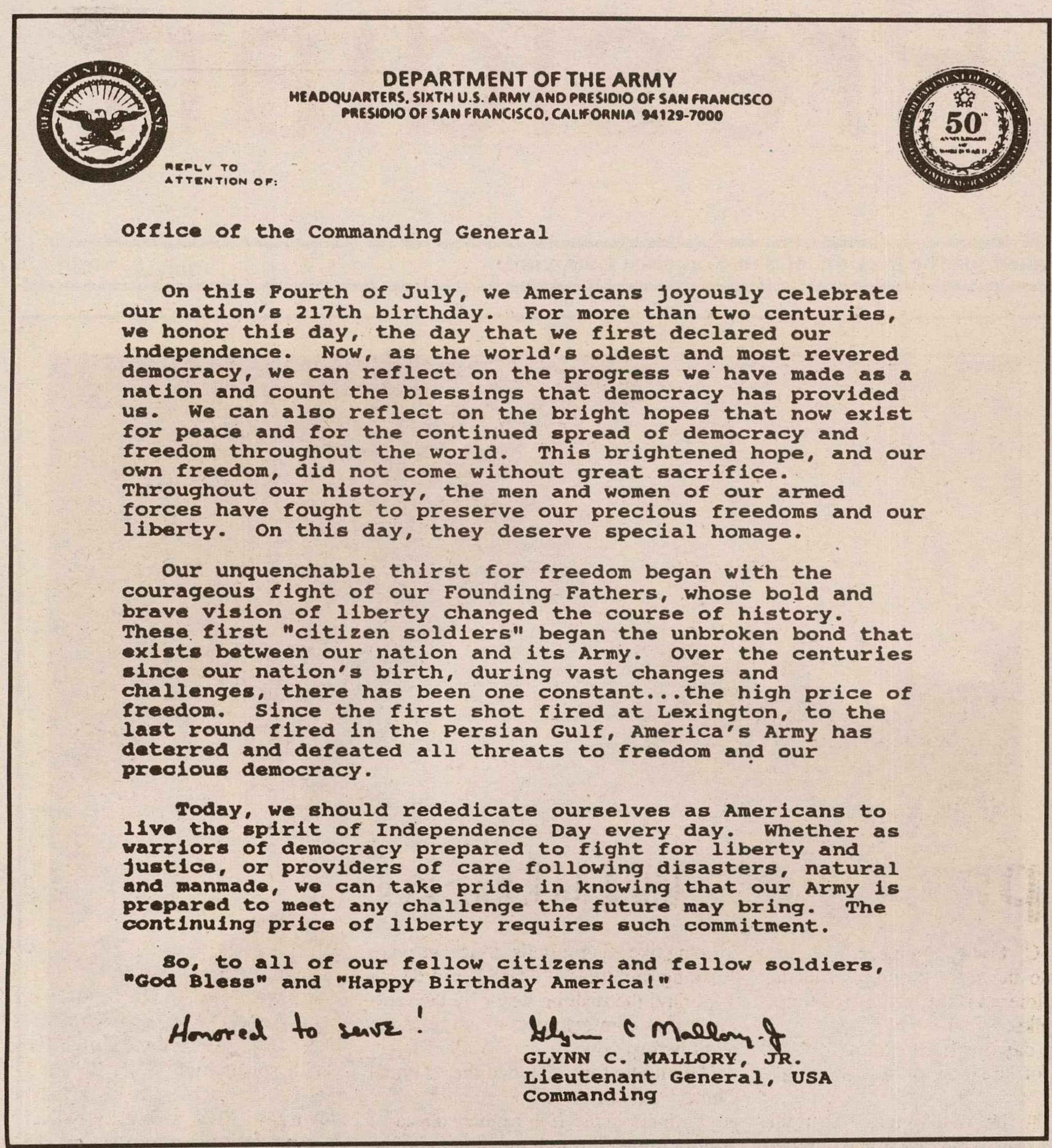
Parking is very limited, and public transportation is strongly recommended. Residents who can walk to the event are encouraged to do so. Handicapped parking will be available. Check with on-site law enforcement personnel for access. San Francisco MUNI will expand its bus service for this year's event. For schedule information, call **(415) 673-MUNI.**

Parking along Conzelman Road in the Marin Headlands is also limited, and all roads will be closed when the available space is full, usually by mid-afternoon. The gate to Fort Point will close at 5 p.m. Be aware, many roads near and on the Presidio are usually blocked by traffic jams until well after the fireworks are over. At approximately 8:30 p.m., the only gates operating as usual will be the Lombard Street and 25th Avenue gates. All other gates will be for outbound traffic only. Doyle Drive, north and south access to Highway 101 from the Marina District, will be closed from 8:30 p.m. until the traffic flow from the installation subsides.

Fireworks will be confiscated on-the-spot by military and park police, who will be on-duty.

For current information, call **556-1643.** Special lines on the Fourth of July will be manned by military police to provide information and assistance, at **561-6472/6473** or **2085.**

Information provided by National Park Service and Presidio of San Francisco Military Police



DEPARTMENT OF THE ARMY
HEADQUARTERS, SIXTH U.S. ARMY AND PRESIDIO OF SAN FRANCISCO
PRESIDIO OF SAN FRANCISCO, CALIFORNIA 94129-7000

REPLY TO
ATTENTION OF:

Office of the Commanding General

On this Fourth of July, we Americans joyously celebrate our nation's 217th birthday. For more than two centuries, we honor this day, the day that we first declared our independence. Now, as the world's oldest and most revered democracy, we can reflect on the progress we have made as a nation and count the blessings that democracy has provided us. We can also reflect on the bright hopes that now exist for peace and for the continued spread of democracy and freedom throughout the world. This brightened hope, and our own freedom, did not come without great sacrifice. Throughout our history, the men and women of our armed forces have fought to preserve our precious freedoms and our liberty. On this day, they deserve special homage.

Our unquenchable thirst for freedom began with the courageous fight of our Founding Fathers, whose bold and brave vision of liberty changed the course of history. These first "citizen soldiers" began the unbroken bond that exists between our nation and its Army. Over the centuries since our nation's birth, during vast changes and challenges, there has been one constant...the high price of freedom. Since the first shot fired at Lexington, to the last round fired in the Persian Gulf, America's Army has deterred and defeated all threats to freedom and our precious democracy.

Today, we should rededicate ourselves as Americans to live the spirit of Independence Day every day. Whether as warriors of democracy prepared to fight for liberty and justice, or providers of care following disasters, natural and manmade, we can take pride in knowing that our Army is prepared to meet any challenge the future may bring. The continuing price of liberty requires such commitment.

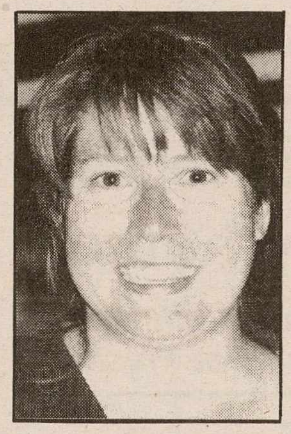
So, to all of our fellow citizens and fellow soldiers, "God Bless" and "Happy Birthday America!"

Honored to serve!

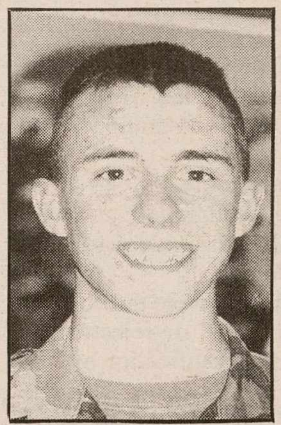
Glynn C Mallory Jr
GLYNN C. MALLORY, JR.
Lieutenant General, USA
Commanding

Ask Presidians

What personal concerns or problems would you like the Garrison Commander Col. Gregory A. Renn to address?

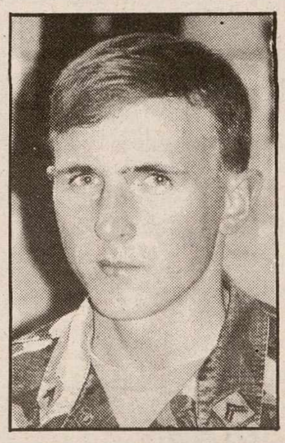


Laura Schaefer, family member: "The biggest thing I'm concerned about is what are they going to do with the housing on the Presidio as it downsizes. They shouldn't let them deteriorate. I'm also worried about the influx of drifters on post now. The MPs need more patrols."



Pvt. 2 Keith Spengler, patrolman, Law Enforcement Company: "I think Col. Renn should set people straight about what the Better Opportunities for Single Soldiers Program is and how it benefits young soldiers. We need to know what we can and can't have or do in our barracks. There is not enough on this post for single soldiers without POVs."

Dale Humphreys, operations clerk, Provost Marshal's Office: "Civilians need more reduction in force information provided to them, especially now that we find that the Sixth U.S. Army is staying here at the Presidio. How will this affect the people who are still here?"



Cpl. Marvin Schulz, Garrison Headquarters Transistion Office: "People don't know what's going on. There is a serious lack of information getting out. They should have never closed facilities like the library and finance until the entire post closed. I'm a college student and I now have to go downtown just to do research for my classes on post."

Linda Saremi, family member: "We need to start a greening of the base program: more trees and more vegetation. We can plant ones that are indigenous to California, so that we won't have the same problem as with the eucalyptus trees."

Note: These questions will be turned into the Garrison Commander and answered in future issues of the *Star Presidian.*

Interviews by Sgt. John W. McGarrah

Military Police Corner

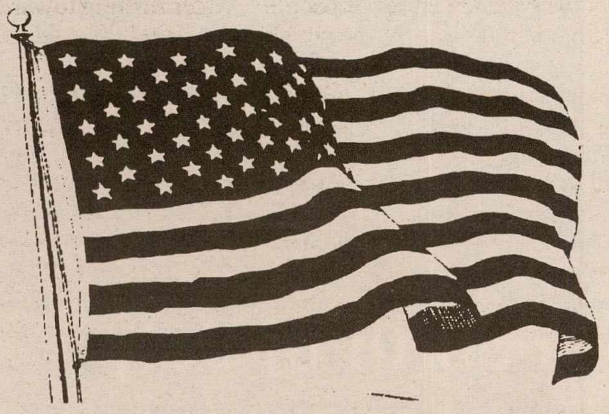
By James Sinclair
Provost Marshal's Office

Its 5:50 a.m. and five MPs are standing at parade rest at Building 80 (the number assigned to the Presidio flagpole). Most Presidio residents are just stirring from their beds, finishing their morning coffee and readying themselves for another day's work. The MPs smartly come to attention and at 6 a.m. the cannon is fired, reveille is played and the American flag is raised to full staff. When the day's work is almost complete, the MPs again assemble at the flagpole. The time is 4:50 p.m. Standing at parade rest they remain motionless. Retreat is played, the MPs snap to attention, the roar of the cannon being fired is heard throughout the Presidio. "To The Colors" is played and the flag is slowly lowered. The MPs fold the flag into a triangle and escort the flag to an awaiting patrol car where it will be transported to the MP station and secured in a glass casing.

This scene is played out every day on the Presidio in honor of our nations' flag. The flag of the United States represents the living country and is considered a living thing. As such, the MPs render the flag courtesy and respect.

In 1942, Congress enacted Title 36 of the United States Code giving rules and customs for displaying the flag. Army Regulation 600-25 and Field Manual 22-5 also provide rules and customs for members of the military community. The rules apply to all people on the Presidio whether military or civilian.

As military members and United States citizens we should be proud and honored to render the proper respect to our nation's symbol.



Below is a listing of the proper courtesies to be rendered during flag call.

***Drivers and passengers of vehicles or senior occupant of buses:** Immediately pull the vehicle over to the side of the road (safely), exit the vehicle, come to attention and salute (if military and in uniform), or place your right hand over your heart (if not in a military uniform).

*** Military personnel in uniform:** At the first note of the music, come to attention, face the flag (or music if the flag is not in view) and render the hand salute.

*** All personnel not in uniform:** At the first note of the music, come to attention, face the flag (or music if the flag is not in view) and place your hand over you heart. If wearing a hat, remove the hat before placing your hand over your heart.

Let's set the example for our civilian visitors by leading the way. Do what you know is right and continue our proud history.

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army, or Headquarters, Sixth U.S. Army and the Presidio of San Francisco, Calif. The appearance of advertisements in this publication, to include all inserts and supplements, does not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs Office, Building 38, Room 113, Presidio of San Francisco, Calif., 94129-7000, phone (415) 561-3861. Circulation: 9,000.

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Adventure-seekers from the Sixth U.S. Army Honor Guard and others shoot the rapids of the American River, providing an unforgettable ride.

White water provides white-knuckle ride

By Chap. (Capt.) Randall Dolinger
Headquarters Command Battalion
chaplain

Earlier this month, a group of 18 soldiers consisting mostly of the Sixth U.S. Army Honor Guard rafted down the south and middle forks of the American River using three six-man boats, and one guide.

With rapids named "Bouncing Rock," " Hospital Bar," and "Satan's Cesspool," the river made for an unforgettable challenge. The training developed teamwork, increased confidence, and heightened morale. Sgt. 1st Class Christopher Kennally, the honor guard noncommissioned officer in charge, and I set the framework for the trip while the squads fleshed out the plans.

The group stepped back in time at Sutters Mill June 7, where gold was first discovered in California. Then, arriving at our site the soldiers set up their various styles of shelters. After the camp was set up, a volleyball tournament began. Pfc.'s Keith Mullis and Lloyd Rolle, both of Company C, 864th Engineer Battalion entered into the team building with the infantry soldiers as they learned to bump, set, and spike.

The first day down the South Fork set the tone for the rest of the training-- *Intense!*

Within the first five minutes one of the rafts took a spin in the rapids and dumped out four soldiers. Not long after that, one of the guides fell out. With bigger rapids ahead the first day, the next day promised to be even wilder yet.

That night we watched slides of people launched 15 feet in the air by the rough water.

At a particularly rough rapid, a photo company took pictures of us as we plunged through. The people in the front of the rafts tended to be extra serious like Sgt. Jaime Roberts who was knocked from his perch by a hefty wave. Those in the rear tended to be more relaxed like Spc. Kalia Chan who just smiled for the camera. There was some tension in the air when the guide told us to picture a class VI rapid as being like Niagra Falls. Since we were planning on hitting a Class V rapids the third day, the rushing water by the tents was not as comforting as it had been the night before.

The middle fork included the "Tunnel Chute," one of the wilder rapids where gold miners in the 19th century blasted a 90 foot tunnel through the mountain and diverted the river down a chute through the tunnel so they could mine the old river bed. In order to get a real appreciation for the experience you have to see the white water rushing towards the rocks, hear the roar, feel the cold spray, and taste force-fed water.

Staff Sgt. Anthony Allen demonstrated his Kung Fu-like grip to stay in the boat, but the two soldiers who showed they could hang with the best of them were Spc.'s Ronald Blow and David Singer. Using an eddy to paddle back into the "Tunnel Chute" their boat stood on end and did a complete circle twice. When it came back down, Singer and Blow were the only ones left in the boat.

Sgt. Erik Stalte said, "All I know is one second I was paddling and the next I was under water. When I came up, there was Spc. Angelo Aleman-Gonzalez in the water trying to give me a high five."

With spirits high, Cpl. Bryant Long's and Sgt. Jason Richard's boat led the way down the "Ruck a Chucky Falls."

Another tour group sat on the bank with wide eyes as the Presidio adventurers led the way. There was no way to portage around, and the water was fast. After they saw the Army lead the way, the other tour group gained the confidence to blast through the rushing water.

Everything after that seemed calm, but Spc. Michael Mohn still managed to catch some air before he took the plunge on "Kanakuh." While Spc. Juan De La Garza, the computer wiz kid, took it all in stride.

Spc. Terry Hill learned to keep on paddling even if the waves hit him in the face. Spc. Hector Contreras said, "I learned to trust my leaders." Pfc. Damon Murphy claims, "It was the best thing that has happened to me in a long time."

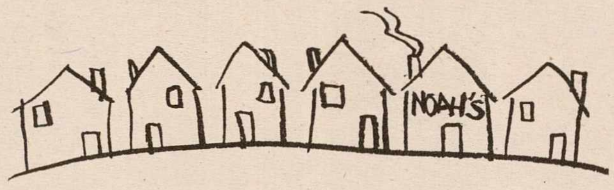
Riding high

White water rapids provided a white-knuckle ride for 18 of the Presidio of San Francisco's more adventurous soldiers who tackled the south and middle forks of the American River recently. The excursion proved to be an unforgettable experience for the group.

Photos courtesy of Rapid Shooters, Lotus, Calif.

N.I.M.B.Y.

(Noah's In My Back Yard?)



Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around 9th and Irving in San Francisco can look for a Noah's Bagels store opening at 742 Irving in June! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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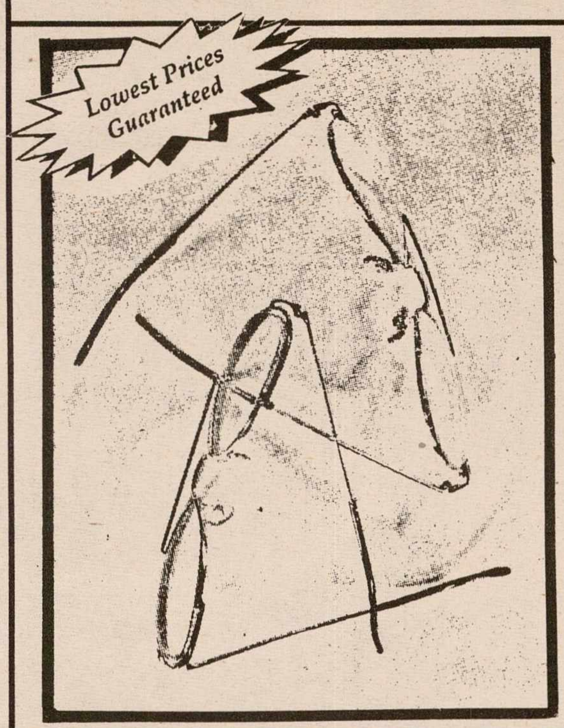

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Presidio News Briefs

Thank you for your kindness, Presidio

"The family and friends of the late Aurecia M. Jones of the Sixth U.S. Army Inspector General's Office wish to thank the entire Presidio community, civilians and military, for its outpouring of generosity and sympathy.

"Words can never express how your expressions of kindness and love has helped strengthen and carry us through this difficult time. We shall forever remain humble and grateful."

Carmilla Payne, sister
Directorate of Plans, Training and Security

Emergency leave donations are requested

Alberta Banks, of the Directorate of Logistics, is experiencing a medical emergency. Banks, an approved participant in the Voluntary Leave Transfer Program, has exhausted all sick and annual leave. Those wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780**.

Tax law affects retirees, military members

The U.S. Supreme Court clarified a 1989 decision which declared unconstitutional certain state income tax laws that taxed federal retirees, including military members, more heavily than state and local government pensioners, June 18. The 1993 decision prohibits preferential tax treatment which discriminates against federal retirees. The court left the precise remedy (refund or order retroactive taxation of state retirees) to the states. It could be a year or so before states implement corrective actions. According to the California State Franchise Tax Board, *no such preferential exemption scheme* exists in California.

The 16 states to which the ruling applies are: Alabama, Arizona, Arkansas, Georgia, Iowa, Kansas, Kentucky, Mississippi, Montana, New York, North Carolina, Oklahoma, South Carolina, Utah, Virginia, and Wisconsin.

While the importance of this case applies to current and past retirees, active duty soldiers planning for a retirement home state are advised to keep abreast of the current state tax liability in any particular state as part of comprehensive transition planning. The Legal Assistance Branch Section of the Office of the Staff Judge Advocate is available to assist and advise you in such matters.

Veterans set holiday car race, chili cook-off

The California Veterans Memorial Commission is hosting a chili cook-off Saturday at Sears Point Raceway in Sonoma, Calif. The gates open at 9 a.m., the cook-off and live music are scheduled from noon to 5 p.m. World Challenge production sports cars will be qualifying in four classes all day for Sunday's Payless Drug Stores 1993 Trans-Am Classic Championship Race. There will be a 5-kilometer run at 7 p.m., followed by a major fireworks display at 9 p.m. For more information call Clifford Fewel or Kristen Kirkpatrick at **(916) 452-7196**.

ACAP/JAC job-search advice available

The Army Career and Alumni Program/Job Assistance Center is offering one-on-one job search counseling for transitioning military and civil service employees and their family members. If you need help defining your goals and job search strategy, writing an effective résumé, or preparing for interviews, call **DSN 929-7907** or **(408) 242-7907** to schedule an appointment. Counselors will be available from 1 to 5 p.m. Tuesdsay, 8 a.m. to 5 p.m. Wednesday, and 9 a.m. to noon Thursday in the Presidio Army Community Services Resource Center, Building 103B.

Use the portable JAC-in-the-Box to review the Army Employer Network or to prepare a polished, professional résumé. The JAC-in-the-Box will be available for use at the same time.

Civilians excused for ACAP assistance

Workload permitting, managers and supervisors are authorized and encouraged to excuse employees from duty without charge to leave to use Army Career and Alumni Program services. Authorization is granted under Army Regulation 690-990-2, Book 630, Subchapter 11, Excused Absence, according to a letter to employees from Col. Gregory A. Renn, commander, U.S. Army Garrison. This will allow civilian employees to take part in ACAP's workshops, seminars and job search assistance. A direct point of contact for ACAP is Patrick Root, **DSN 929-7907** or **(408) 242-561.**

See Briefs, Page 10

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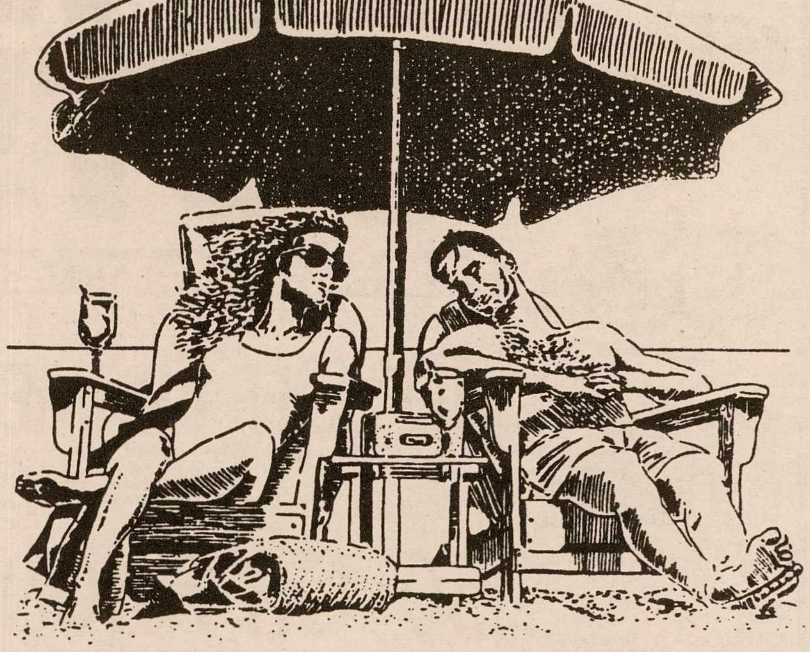

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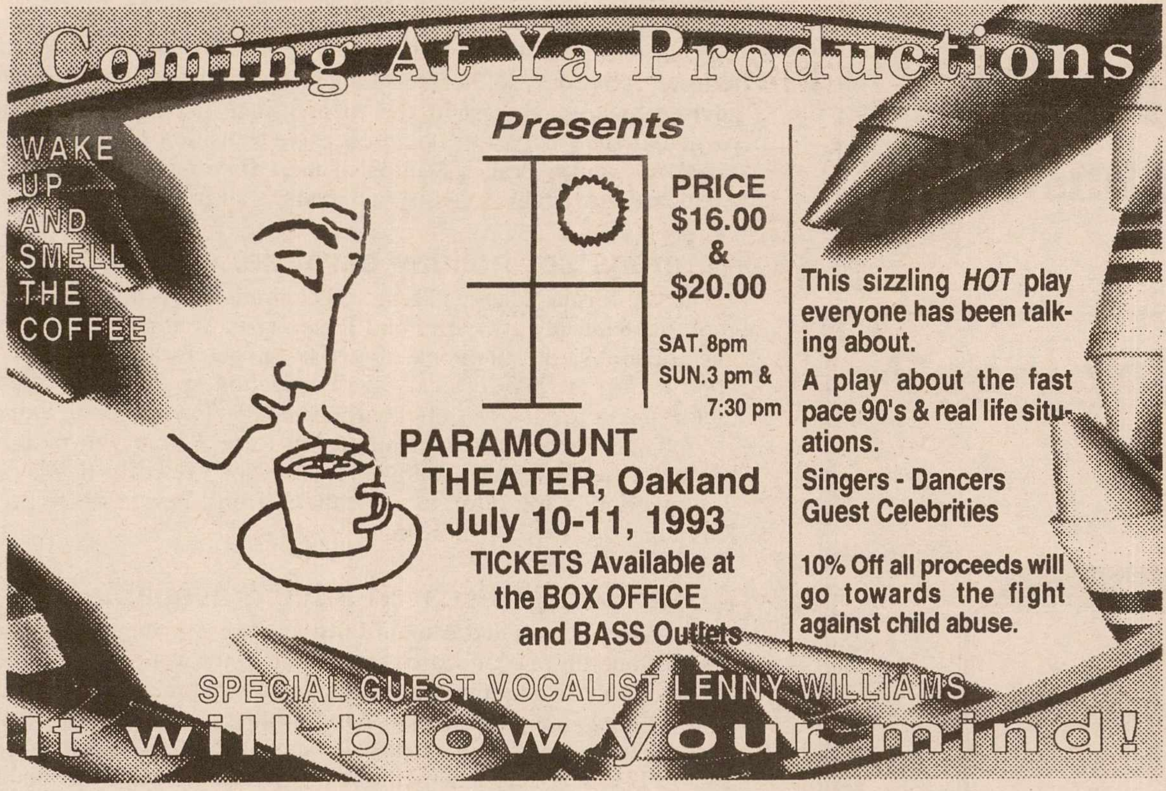

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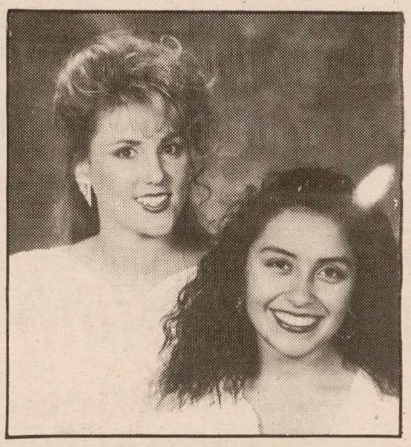

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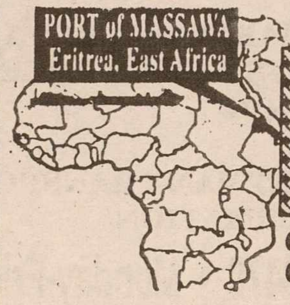

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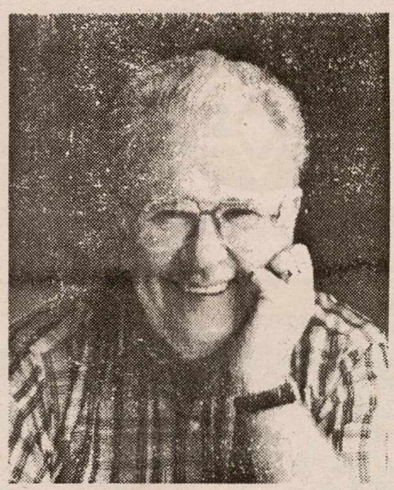

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July Meetings in San Francisco

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Tuesday, July 13 • 9:30 AM
Tuesday, July 27 • 9:30 AM

The Olive Garden Restaurant
3251 20th Ave.
(In Stonestown Mall)
Wednesday, July 7 • 3:00 PM
Wednesday, July 21 • 3:00 PM
Wednesday, July 28 • 3:00 PM

St. Luke's Hospital
3555 Army St.
In the Griffin Room
Tuesday, July 13 • 2:30 PM
Tuesday, July 27 • 2:30 PM

Sugar Plum Restaurant
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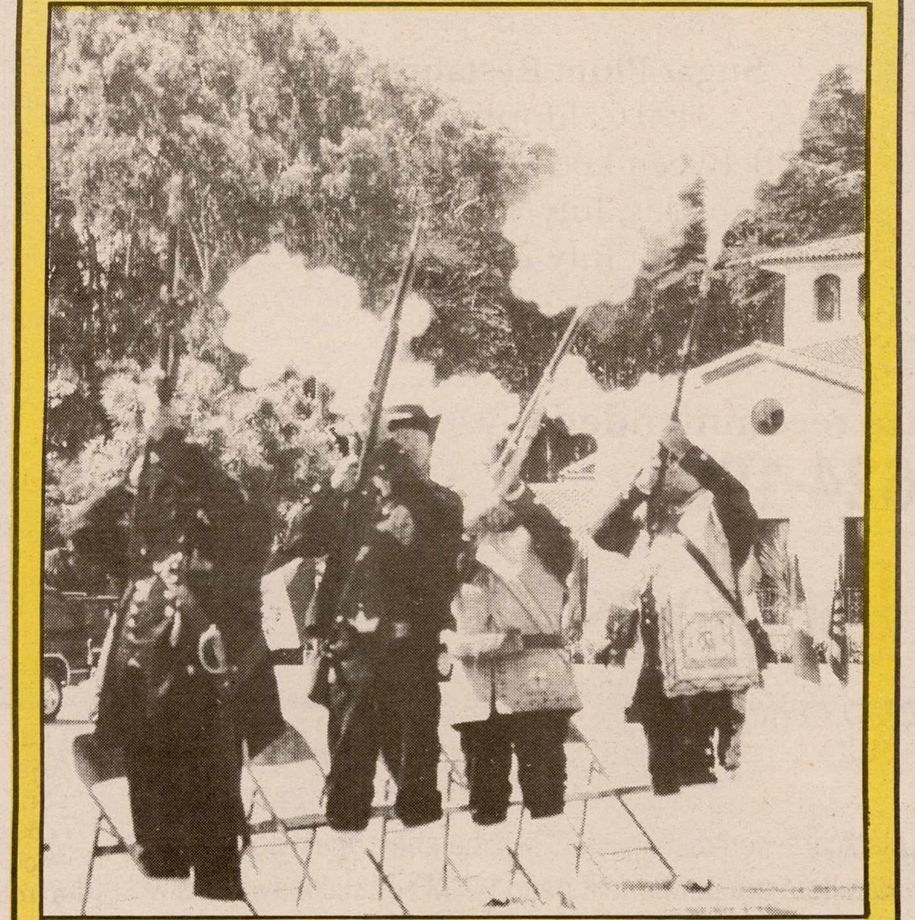
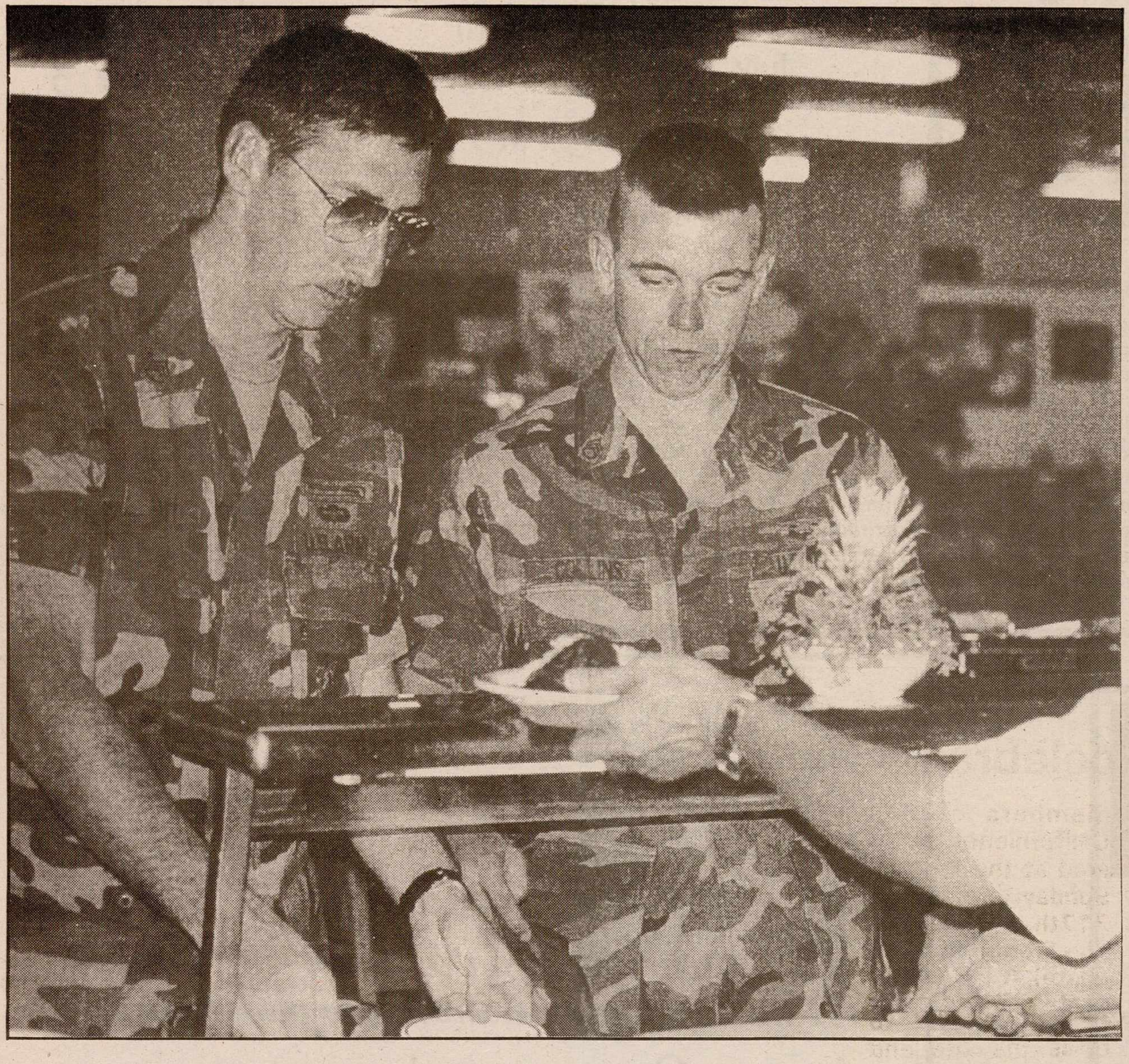
Presidio Focus

Post's rich heritage celebrated

Members of Los Californianos gathered at the Presidio Sunday to mark the 217th birthday of San Francisco. (Top photo) A re-enactor casts soil and grass to the four winds to bless the site and event in the Accion de Posesion. (Left) Jim Elwell Martinez reads the official proclamation from the king of Spain claiming the Presidio as rightful territory. (Below) Soldados del Real Presidio de Santa Barbara render a salute with muskets.

Michael J. Murphy





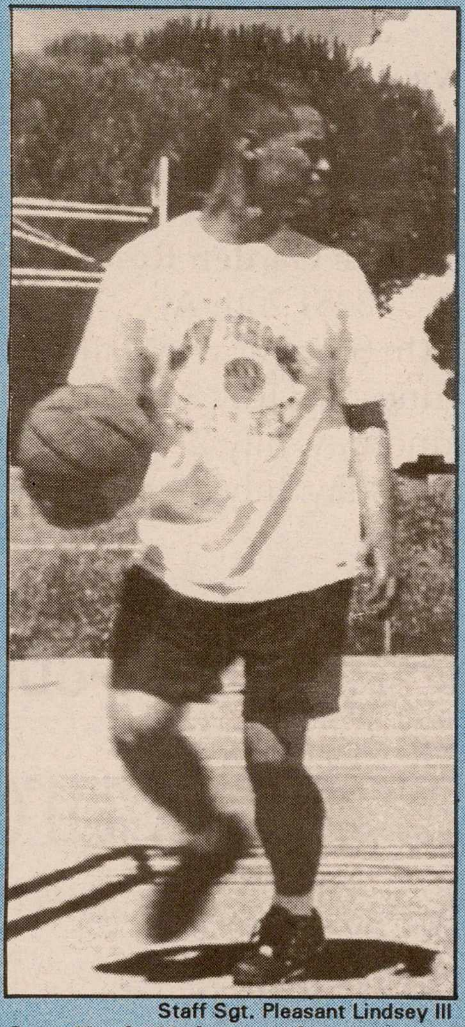
Photos by Sgt. John W. McGarrah

Serving soldiers

Lt. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio commander, (center) Col. Gregory A. Renn (left), garrison commander, and Col. Michael Brennan (right), Letterman U.S. Army Health Clinic commander, officially open the only dining facility on post. The U.S. Army Garrison Dining Facility serves all Presidians. (Right photo) Soldiers receive their lunches.

Day of fun, games, food for Headquarters Company, Garrison

Headquarters Company, U.S. Army Garrison held its last organization day Friday at it's Fort Winfield Scott location. The unit will be moving to main post this month. It will be the second unit to make the move.

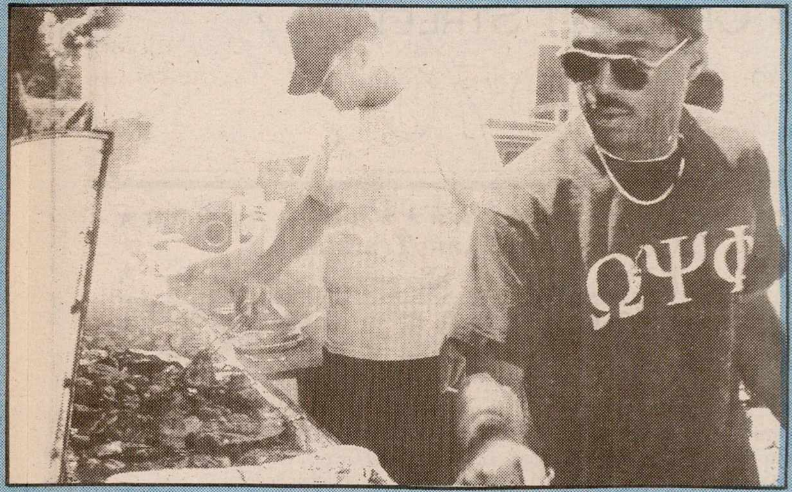


Staff Sgt. Pleasant Lindsey III

Spc. Kevin Hubert waits prepares to take a rebound back up court during a basketball game Friday.

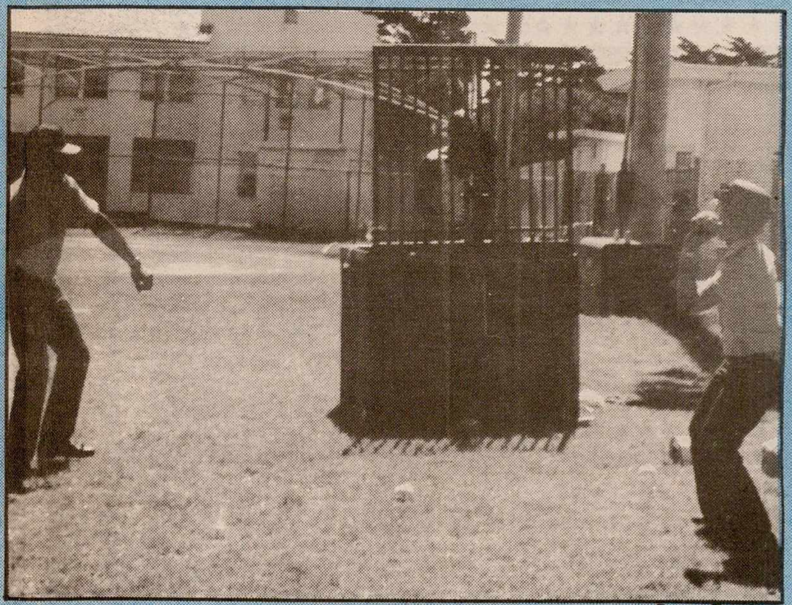
Rena Davies

Sgt. 1st Class Sergio Ramos sets up the perfect drive using a wedge during a `closest to the pin contest.'



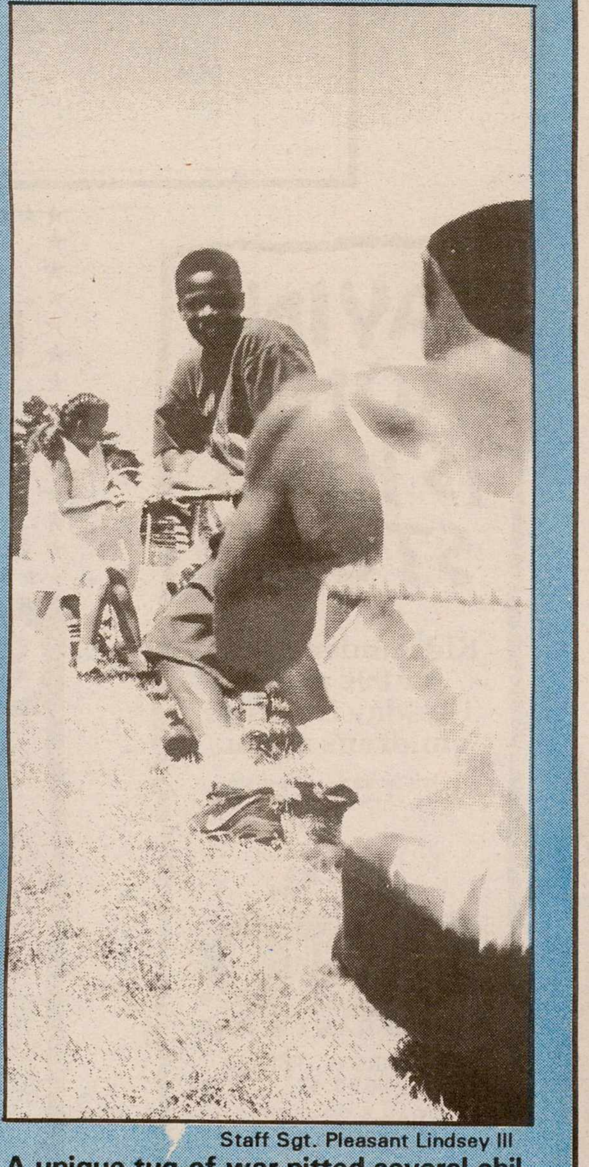
Staff Sgt. Pleasant Lindsey III

Spc. Charles Summers (right) prepares to feed an Army.



Rena Davies

Sharpshooting Maj. Wanda Arceneaux tries to make waves at the dunk tank at the Organizational Day.



Staff Sgt. Pleasant Lindsey III

A unique tug-of-war pitted several children against Cpl. Charles Green. The youngsters won.

Network News

Photo courtesy of KCET News

California Gold

The Sixth U.S. Army Band will appear on "California Gold" July 10 at 3 p.m. on KQED (PBS/San Francisco). The band will open the program by playing "California, Here I Come." The program is about the Golden Gate Bridge and its maintenance.

Mosaic

Chap. (Lt. Col.) Jerry Mize, the post chaplain, will appear in a panel discussion regarding chaplains in the military environment on "Mosaic" airing at 6:30 a.m. and 1:15 p.m. Sunday on KPIX channel 5. Mosaic is a discussion program focusing on the role of religion in the 90's.

Continued from Page 5

Flea Market set for this Saturday

The next Flea Market will be from 7:30 a.m. to 1 p.m., Saturday, in the parking lot in front of Building 204. A valid military identification card is required to rent vendor space. The Thrift Shop will also be open for sales to the general public from 9 a.m. until 1 p.m. Call **922-3384** to reserve a slot.

Donations solicited for memorial

Chaplain (Lt. Col.) Freddie Hall, deputy post chaplain, is accepting donations for a memorial plaque in memory of Sgt. 1st Class Victor Bradley. For information, contact Hall at the main chapel at **561-4711**.

Ed center offers computer classes

The Army Education Center plans to offer the following free classes this summer:

Beginning WordPerfect 5.1, 10 a.m. to 12:30 p.m., Mondays and Wednesdays, July 7 to Aug. 2 and Tuesdays and Thursdays, July 8 to Aug. 3;

dBase IV, 10 a.m. to noon, Mondays and Wednesdays, Aug. 9 to Sept. 20; and

Advanced WordPerfect 5.1, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Aug. 10 to Sept. 2.

Active duty soldiers have first priority for enrollment and DA civilians who work on the Presidio of San Francisco have second priority; adult family members and reservists are accepted on a space-available basis.

Enrollment forms and further information on all classes are available from Kay Terry at the center, Building 1216, or call **561-2974** or **561-4445**.

ADMIT ONE

Movies at the Presidio Theatre

Tonight-The Dark Half (R)
Saturday-Side Kicks (PG)
Sunday-The Boiling Point (R)
July 9-Who's The Man? (R)
July 10-Posse (R)
July 11-Three Of Hearts (R)

All movies begin at 7 p.m.

1296 E-54

Columbia College classes on post

Soldiers and family members planning to attend Columbia College during the August to October 1993 eight-week term may register from 10 a.m. to 2 p.m. July 12 and 13 at the Presidio Education Center, Building 1216. Soldiers using tuition assistance should have completed the paperwork before the registration dates. The following classes will meet at the Education Center from 6 p.m. to 11 p.m., one evening per week, Aug. 9 through Oct. 2: **Introduction to Psychology**, Mondays; **The American Presidency**, Tuesdays; **Math in Modern Society**, Thursdays. For more details, see an education counselor at the center or call **561-4445**.

Parent/child play day scheduled

There will be a Parent and Child Play Day from 9:30 to 11:30 a.m., July 8 in the Pershing Community Center, Building 1539. This play day is sponsored by the Family Advocacy Program and Child Development Service to provide opportunities for parents and children to make art, music, and snack together while exploring parental resources on the Presidio. For more information call Mary Anne Gianquento, Family Child Care director, at **561-6372**.

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Sixth Army/post hosts Job Fair

The Sixth U.S. Army and Presidio of San Francisco invites all professionals in the Northern California area to attend Job Fair '93, from 9 a.m. to 4 p.m. Aug. 9, at the Presidio Officers' Club.

Whether you're employed or currently unemployed, Job Fair '93 will allow you to explore your full career potential, by exposing you to the abundant employment opportunities currently available.

Participating this season are some of the top firms in the nation, as well as the Northern California area, each looking for skilled professionals to add to their corporate teams. Among the professional skills in demand are accountants, chemists, engineers, legal assistants, managers, secretaries, marketing professionals, technical writers, sales representatives, and many more.

There is abundant free parking in the parking lot across the street form the Officers' Club.

Day in Army life photos are needed

Soldiers Magazine is asking civilian and military photographers to record a day of Army life for its second annual "This is Our Army" photo feature. The magazine wants amateur and professional photographers to photograph what's happening on their installation on July 14 for a 32-page photo special feature to appear in *Soldiers'* December 1993 issue.

The magazine needs photos that tell a story and capture the faces of soldiers, families and Department of the Army civilians. Posed shots won't be accepted, so be imaginative and creative. If you can, use as many different lenses as possible to capture the uniqueness of Presidio life. We take for granted things we see here everyday, but others may have never seen the Presidio before. Don't worry about the weather on July 14, because that's part of Army life, too.

Photos must be shot in the 24-hour period of July 14. Submit processed color slides or 5x7 or 8x10 black and white prints. Photos should be printed for magazine quality. If you print your own, print photos as if you are going to hang them on the wall.

Submissions will not be used without full credit and cutline information. Cutline information must include full name, rank and service, as applicable, of the photographer; the names of identifiable people in the photos; details on what's happening in the picture; and the location of the photo. Cutlines must be attached individually to the photo or slide. Do not send a sheet of slides and a sheet of cutlines. Photos must be processed and received by *Soldiers* by Aug. 31. They will not be returned.

Questions about this project, open to all Presidians and others, may be directed to Staff Sgt. Larry Lane or Donna Miles at **DSN 284-6671** or **(703) 274-6671**.

Mail photograph or slide submissions to:

Soldiers Magazine
Building 2, Door 11
Cameron Station
Alexandria, VA 22304-5050

New Calif. VA director appointed

California Governor Pete Wilson recently appointed USMC Col. (Ret.) Jay Vargas to the position of director of California Department of Veterans Affairs. A Vietnam War Congressional Medal of Honor recipient, Vargas replaces retired Navy Admiral B.T. Hacker.

Vargas was awarded the Congressional Medal of Honor by President Richard Nixon in 1970. While in combat in Vietnam, Vargas personally destroyed three machine gun positions, freeing one of his platoons which was pinned down by heavy machine gun fire. He then rescued his wounded battalion commander and saved the lives of seven other Marines. He was wounded three times during the battle.

Prepare CHAMPUS claims properly

The Civilian Health and Medical Program of the Uniformed Services is set up to provide timely support to family members and retirees. When checking the status of a claim with your CHAMPUS claims processing contractor, you can speed things up by having the following information ready when you call: patient's full name; sponsor's full name, rank, branch of service and status (active or retired); sponsor's Social Security number; sponsor's and patient's addressees and phone numbers; name and address of the provider of care; and the dates of the care.

Bible school set to begin Tuesday

The Vacation Bible School is scheduled for 9:30 to 11:30 a.m., Tuesday through July 16, in the Religious Activities Center, Building 682, for children 4 years old through those who've just finished the sixth grade. Bus service will be provided. For information, or to register a child, phone Stephen Miller or Sister Agnes Teresa at **561-3535** or **561-4719**.

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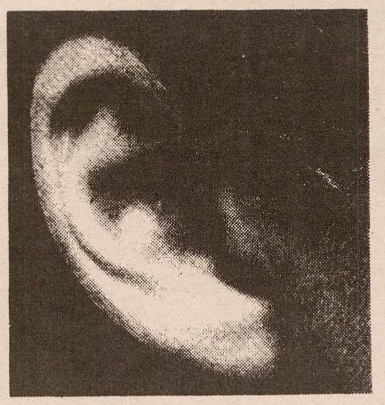

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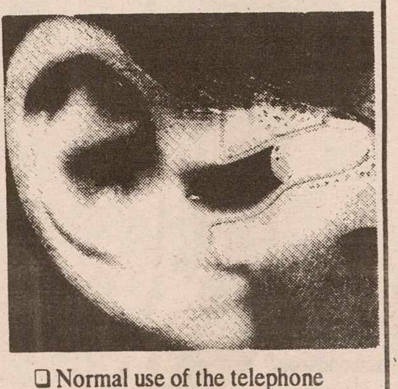

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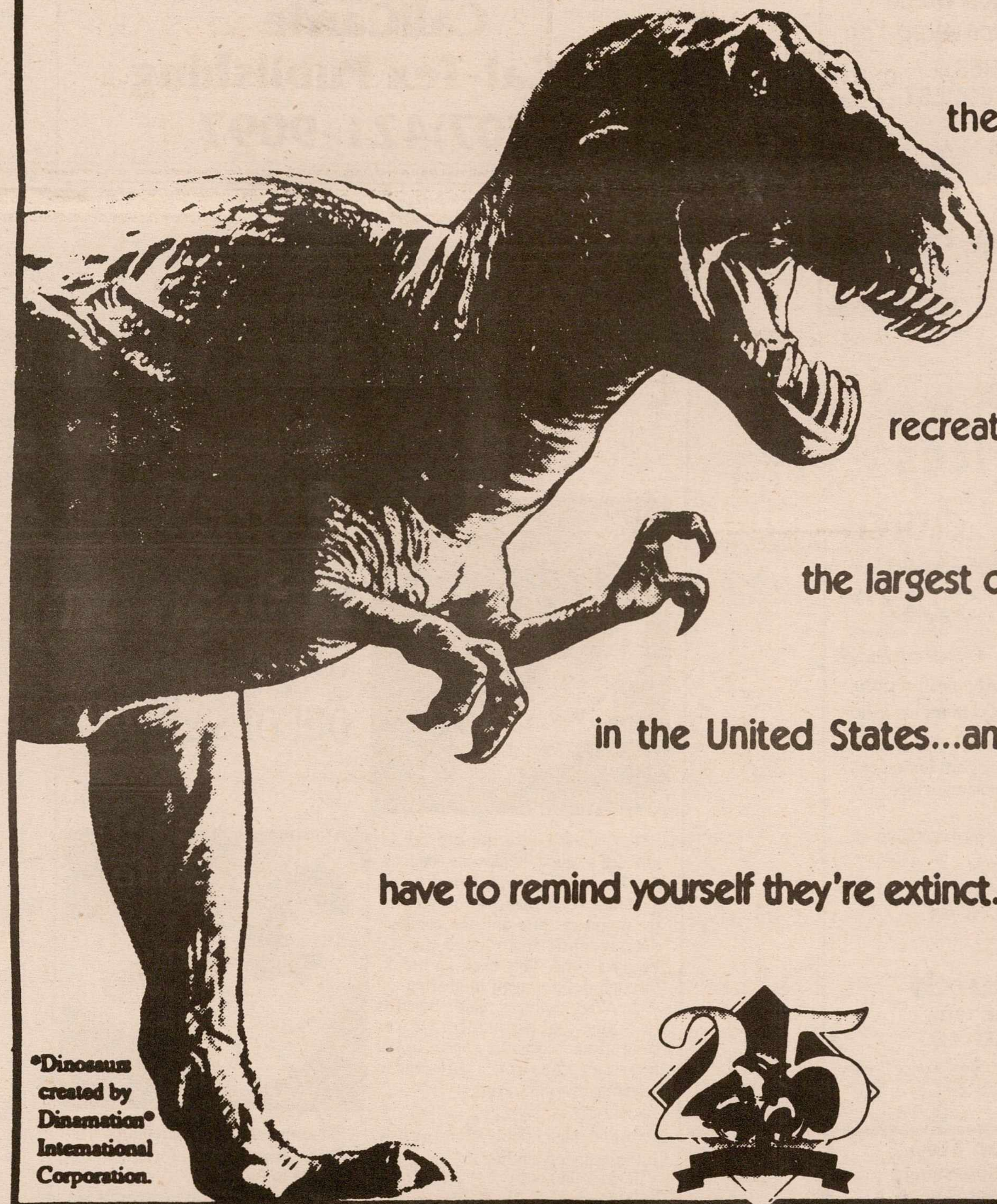

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Sports

Aerobic classes now offered on post

Aerobic classes start at 4:45 p.m., Mondays through Thursdays, for one hour in Gym No. 1, Building 63. Cost is $2.50 per class. Beverly Carpenter is a certified fitness instructor with the ACE Association and is also a professional member of the IDEA Association. She will monitor the exercise classes and is trained in injury prevention.

For additional information call Gym No. 1 at **561-4131**, or Carpenter at **681-6721**.

Summer Reno Bowling Fun League

Don Banks led all keglers with a 624 high series scratch score to help Team No. 4 maintain a 10-10 win/loss record Monday. Banks' high series handicap score of 684 was second in that category behind the fifth place Pit Bosses' Larry Robinson, who scored 732. Robinson has a 20 handicap; Banks' handicap is 8. Bud Fleming rolled the high scratch game with a 266, and bowled 294 to claim the high handicap game.

For the women, Kim Coons of the Pit Bosses rolled a 193 high game scratch, followed by To Be Announced's Linda Laws who bowled 190 to help her team maintain first place. Laws' teammate Betty Larkins scored a 233 high game handicap, and Coons led all women by compiling a 553 high scratch series and a 631 high handicap series.

Standings

1. To Be Announced	14-6 (10,987 total pins)
2. Mo Better Blues	13-7 (10,758)
3. Seven/Eleven	12-8 (11,179)
4. Strike Force	12-8 (11,071)
5. Pit Bosses	11-9 (10,701)
6. Pai Kow	10-10 (10,818)
7. Team No. 4	10-10 (6,547)

Staff Sgt. Pleasant Lindsey III

Sgt. 1st Class David Byars (left) is beaten at the net by Staff Sgt. Aubrey Cousins' spike during the Headquarters Company, U.S. Army Garrison Organization Day, Friday.

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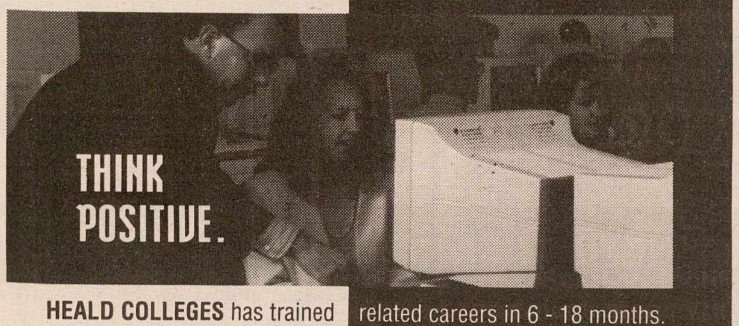

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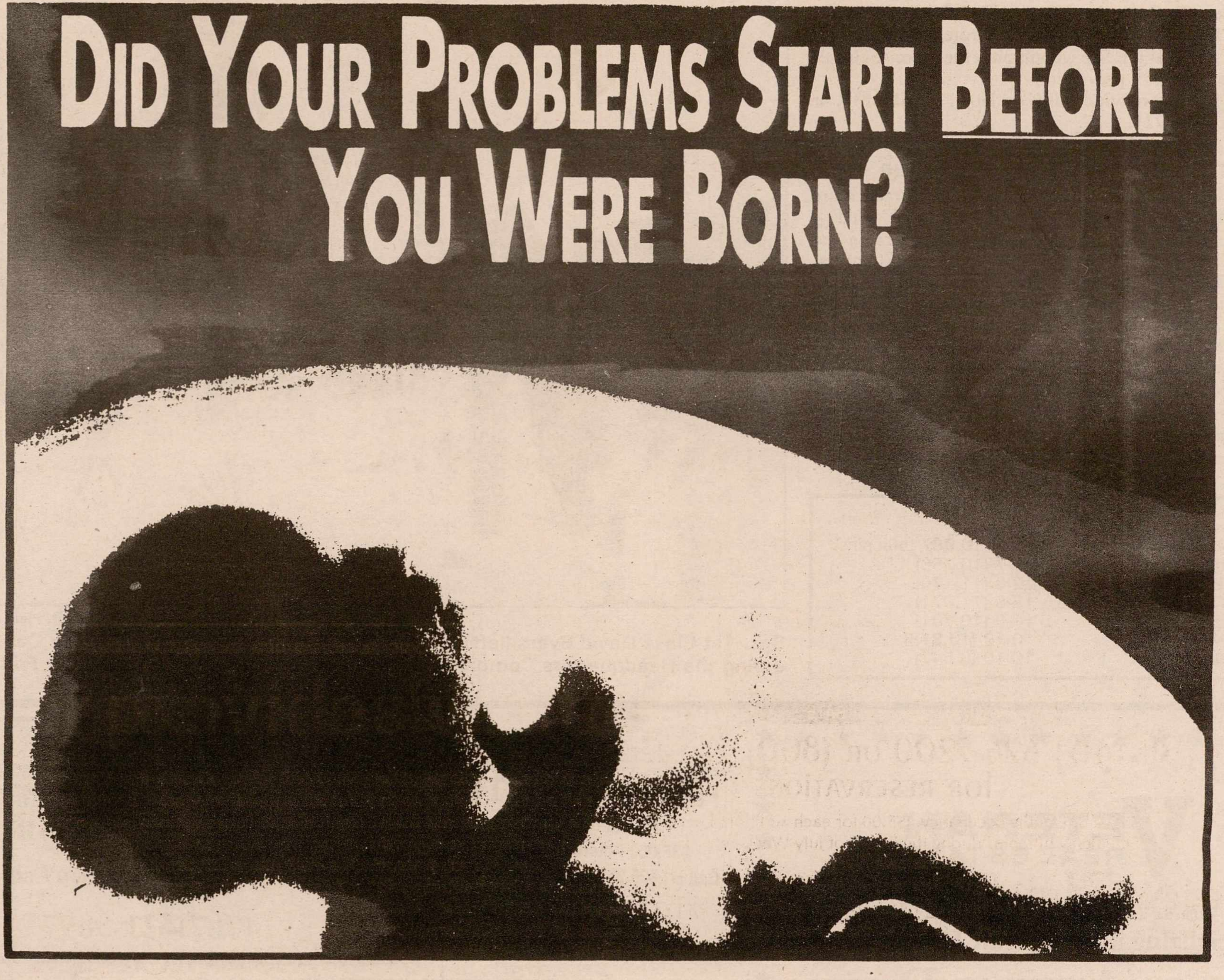

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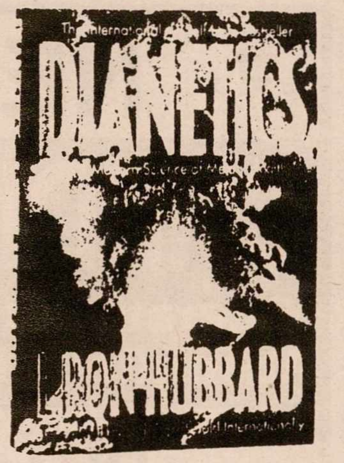

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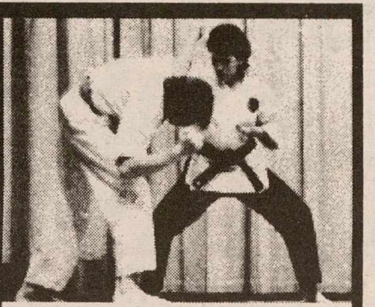

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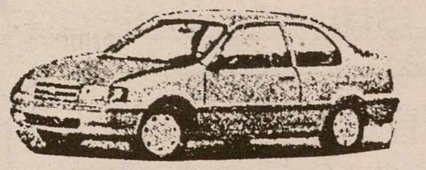

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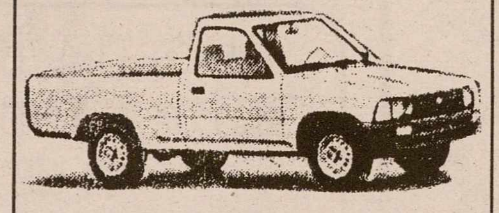

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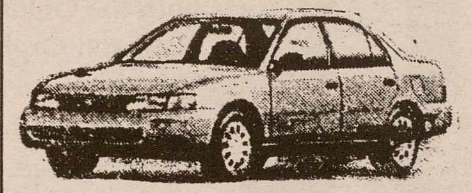

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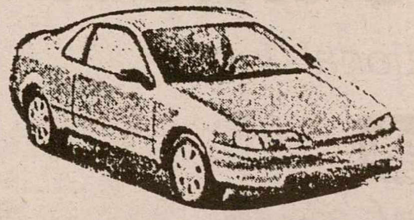

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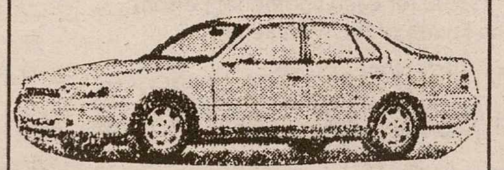

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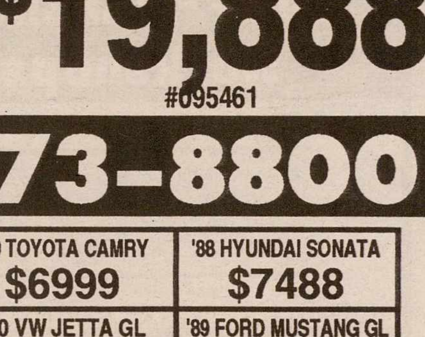

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Star Presidian

Vol. 38, No. 25 Published for the Presidio of San Francisco Community July 9, 1993

Caltrans fences contaminated area under Doyle Drive

By Spc. Adrienne Story
Star Presidian staff

The California Transportation Department is now fencing the area under Doyle Drive because of lead contamination. The fencing project began June 1.

Testing of the soil around the Golden Gate Bridge for lead contamination began more than a year ago, said Bob Ebert, environmental engineer at the Directorate of Engineering and Housing.

Lead contamination from sand blasting became a concern after the dangers of lead base paint were known. At that time the California State Department of Toxics observed the area and set requirements for fencing.

Precautions were taken in light of the sand blasting under Doyle Drive.

The paint previously used on the bridge, called international orange, contained high levels of lead and chromates, according to J. Juan Alcedo, Ph. D., manager industrial hygiene, Directorate of Engineering and Housing.

However this type of lead base paint has not been used on the Golden Gate Bridge for several years, said Jim Burress, Caltrans resident engineer. "The paint which is now being used is EPA approved. The lead base paint was used before people became more environmentally aware." In 1978, lead base paint was no longer permitted for use.

"Approximately 20 tests were conducted on soil from 12 different sites around Doyle Drive," Ebert said.

"The permissible exposure level is 0.15 milligrams per meter cubed. This amount is based on an eight hour work day," Alcedo said. "In the 28 sites tested the lead levels ranged from 300 to 10,000 milligrams per meter cubed.

"There is a very minimal chance that people will suffer from lead poisoning just from walking through the area if you're not digging holes and eating the soil," Ebert said. "Our main concern is people stirring up soil from working in those areas. Small children are also our concern because they are at greater risk of being harmed from lead contamination."

"There is really no reason for children to be in the area," Alcedo added. "One project of the Boy Scouts was to keep up the pet cemetery. They are no longer in charge of that. At this time no one is keeping up the pet cemetery, but sometime it will have to be done. It may be contracted out, but precautions will be taken.

"Children are more susceptible to lead poisoning, and it is not uncommon for children to eat dirt," Alcedo said. "It's important for parents to watch their children and not let them run loose in areas suspected of being contaminated."

The engineers from Caltrans are taking all precautions while constructing the fencing, Ebert added. They are wearing overalls and protective garments.

Fencing is also being put up in areas closer to the bridge near Fort Point; however, this is a separate project because these areas are property permitted to the Golden Gate National Recreation Area. This property falls under the responsibility of the Golden Gate Transit District.

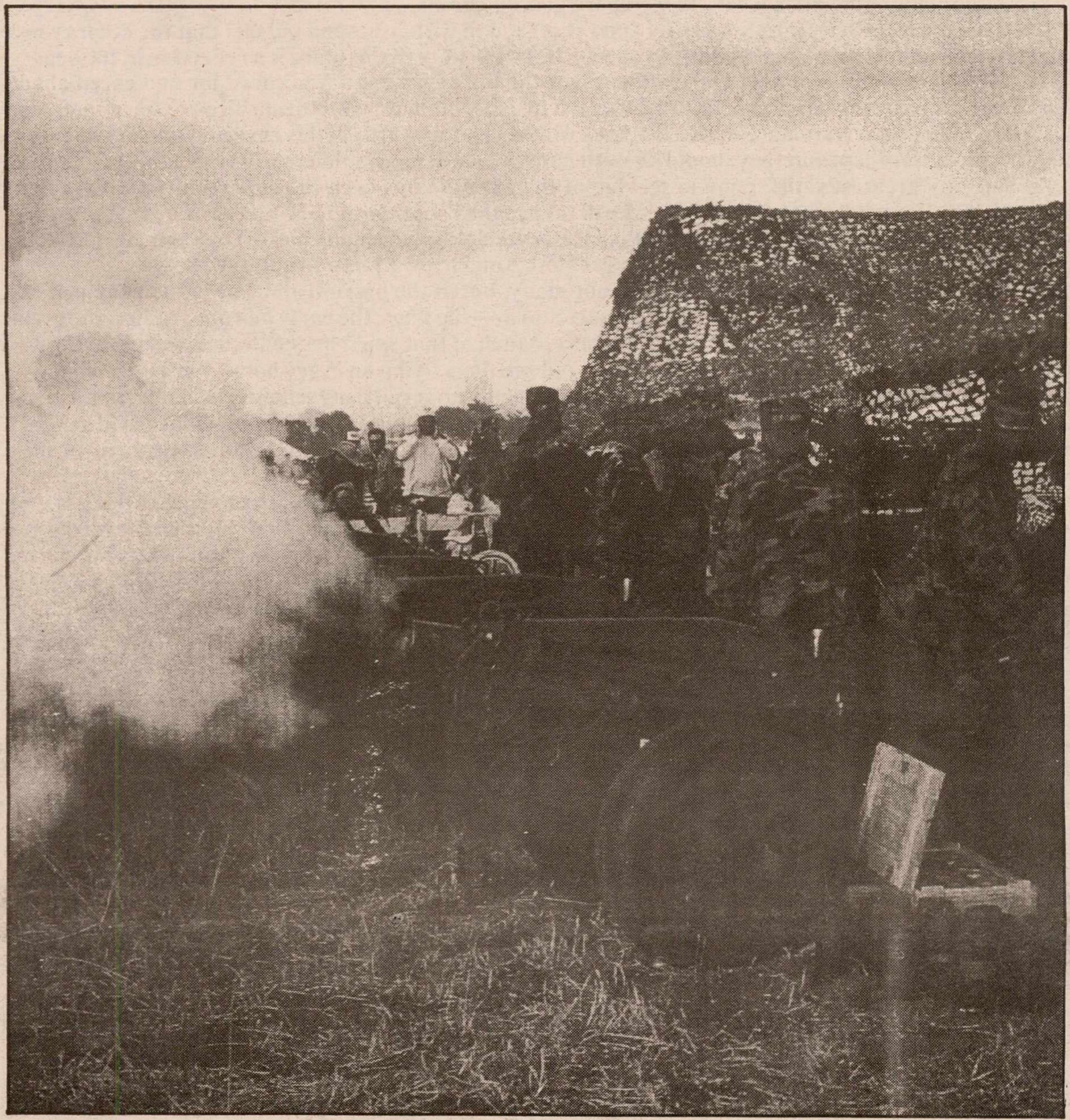
There are two other concerns besides lead contamination involved with the construction of the fence.

"Because the Presidio is an historic land mark the fence is being put in differently," Ebert said. "Anytime holes are dug we become involved for archeological reasons. When construction takes place in an area which has a high potential for having historic findings an archeologist must be present.

"The Caltrans workers are not digging holes. The fence posts are being driven into the ground," he continued. "Any soil that was dug up would have to be treated as hazardous waste, removed from the Presidio or at least tested. This also makes it easier for Caltrans."

Another concern was the probability of endangered species because bushes and trees had to be trimmed in order to put in the fence. Cal Trans had to provide a

Lead continued on Page 3



Spc. Juan L. de La Garza

Salute to the Nation
Ceremonial Platoon fires the 50 cannon salute to the United States during the Fourth of July festivities at Crissy Field. Soldiers also fired rounds with the 1812 Overture and a mad minute, which involved quickly firing approximately 50 rounds before the fireworks began.

See Page 9 for more on the fireworks

Pediatrics faces changes, staff reduction as Letterman downsizes to health clinic

As Letterman has downsized to an U.S. Army Health Clinic, the Pediatric Clinic has undergone a reduction in staff. This has necessitated some minor changes in the way the Pediatric Clinic will be able to serve the community.

As of Aug. 1 we will no longer be able to provide routine care to family members of retirees. Active duty family members can still access the Pediatric Clinic for primary care.

Since LUSAHC is now only an outpatient facility, inpatient or advanced care requires coordination with the civilian community. In order to facilitate this, Patient Services Center will assist in obtaining adequate coverage for any required civilian health care. Thus, we **strongly encourage** all service members and retirees to enroll their family members in CHAMPUS Prime. Information regarding this is available at the Patient Services Center, Room 215, LUSAHC, **561-4509** or **561-4853**. Also, feel free to contact 1st Lt. George Walruff, Pediatric Clinic, **561-3202**.

To improve the quality of our provision of care, Dr. (Maj.) Avery has set aside extra appointments on Monday and Friday mornings for same-day appointments. This will help in caring for non-emergency acute illnesses that may develop. Same-day appointments and routine visits will be scheduled for Monday afternoons as well as all day Tuesday, Wednesday and Thursday. Dr. Bradus will continue to see patients for Exceptional Family Member Program Overseas screenings on Thursday mornings and for developmental appointments on Mondays, Thursday afternoons and Fridays.

Immunizations will be done during well-baby appointments, as well as on a walk-in basis. Your child's **medical record and shot record** are **required**. All appointments are scheduled through Central Appointments, **561-5324** (except Dr. Bradus' developmental appointments).

It is our hope that this information will assist you in securing the needed care for your children. Any questions you have may be directed to Walruff. As a reminder you can assist by arriving on time, having the medical and shot records available and having your child seen appropriately.

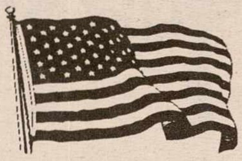
Providing for your children's well-being requires that we work together. In this new era of downsizing, changes are necessary. It is up to us to determine the direction of the changes. Join us in becoming pro-active to provide for your children's health. For those interested in going a step further, contact the American Red Cross if you would like to volunteer some hours of your time.

Appointments	**561-5324**
Pediatrics	**561-3202**
Developmental Pediatrics	**561-4268**
American Red Cross	**561-2167**

Pediatric Clinic hours: 7:45 to 11:45 a.m. and 12:45 to 4 p.m., Monday through Friday.
Immunizations Clinic hours: 7:45 to 11:30 a.m. and 12:45 to 4 p.m., Monday through Friday.

Provided by Pediatric Clinic

To All Presidians:



The time has come for me to stack my boots, and my family and I would like to say farewell to all the wonderful people at the Presidio. This post has been such a happy part of our lives. Three of my children were married while we were here, a son graduated from the University of San Francisco and Meghan was born at Letterman Army Medical Center and baptized in the Chapel of Our Lady. It has been my pleasure to promote many young officers in the same room where I was promoted to colonel—a rank I never thought I would make. Lest I forget, I also had a hole in one at the Presidio Army Golf Course, the highlight of an otherwise woefully mediocre golfing career.

The Presidio is the only post my family and I returned to with joy—and the fact that the others were the Pentagon and Vietnam had nothing to do with it. The beauty of this place is a reflection of the beauty in the souls of countless soldiers and civilians over the life of America who cared for and cared about this remarkable piece of God's earth. It is what it is because of their love and sacrifices. We are confident that the Golden Gate National Recreation Area will be good stewards of this gorgeous garden which we have prepared for them, but they should know that the ghosts of many soldiers will be grading their work.

Perhaps my greatest satisfaction in serving at the Presidio has been the opportunity to serve with America's citizen soldiers. After 34 years, I will take to the communities of America the great patriotic values of military service. Our brethren in the Reserves do this on a daily basis. They are the backbone of America's support for her military. The greatest Americans I know are Reservists.

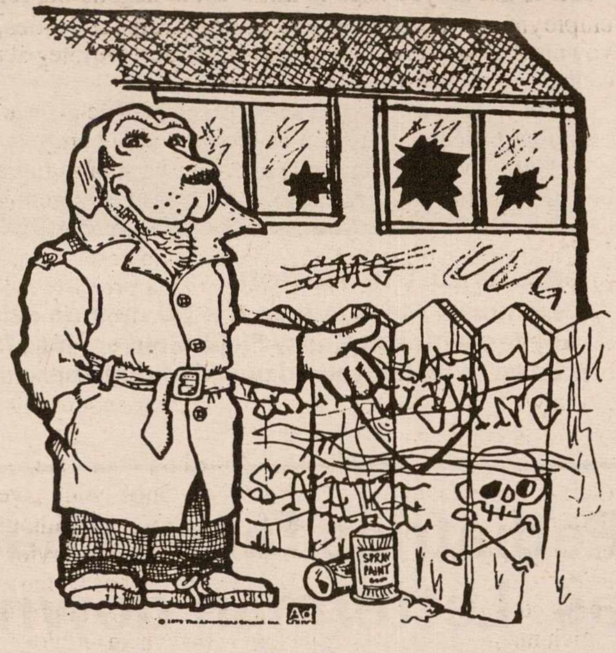
As I think of my great thrills as a soldier, not many match the patriotism I saw in the people of the Presidio when our soldiers returned from Desert Storm—the flags, the early morning rallies, the great spirit of family that literally exploded everywhere. Much of that spirit has continued and each day it is a pleasure to drive up Kobbe on the way home and see flags flying on every home. My retirement will be on the 16th of July, and this old soldier would be deeply honored if my fellow Presidians would bring out their Desert Storm flags and fly them that week, not for me, but in memory of all the great soldiers who have given so much to our country and this post—they will be much on my mind as I begin my search for other ways to serve America.

In the final analysis, life is really nothing more than a series of memories, but the great thing is that we all have so much control over the quality of those memories. Nancy and I will feast on the memories of people like you and places like this for the rest of our lives. But now it is time to go build new memories and our prayer is that God will bless you as you have blessed us, and that you will have every success in your professional life and every happiness in your personal life.

Major General Patrick H. Brady

Security Corner/Vandalism Prevention

By Staff Sgt. Marian Anderson
Provost Marshal's Office



Vandalism is a frustrating problem that can be controlled when everyone becomes involved to end it. Vandalism includes different types of motives. Some people vandalize to steal money, such as destroying a pay telephone or vending machine to obtain the change.

Other people vandalize as an ignorant form of recreation, such as breaking windows or street lights. Still others use vandalism as a form of immature revenge. Graffiti is yet another form of destructive vandalism. Regardless of its nature or type, vandalism is against the law.

There's no typical vandal, but most are juveniles between the ages of nine and 20. Vandals are found among the well-to-do, and the poor, and from all racial groups. All share one trait; they react immaturely to vent their feelings. It is largely a juvenile crime that's very much a group activity. With the peer group it's "rational," exciting, and self-enforcing.

Angry vandalism - the most common kind - is similar to the tantrum response. Most vandals don't know why they vandalize, and most don't think they've committed a crime. While there is no reason for committing vandalism, the most common motives included anger, revenge, frustration, boredom, and peer pressure.

The risk of arrest increases with public awareness and involvement. For the vandal and the vandal's family there awaits humiliation and financial loss. For the vandal there is a criminal record.

Our schools, recreational activities, and other public places we enjoy share deeply in the problem. They often end up spending more on losses and damage repairs, than on the services they're able to provide us.

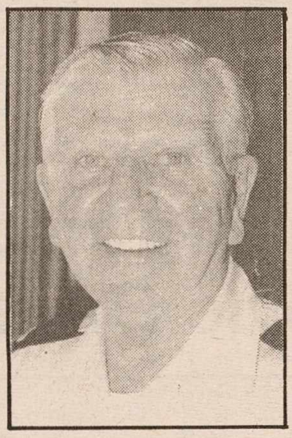
Signs of vandalism are an indication of complacent community attitudes which will encourage other crimes, like burglaries. Vandalism is a crime of darkness. Vandals, like burglars, prefer "hiding places." At night, around buildings and fence lines, lights are an effective deterrent. Cut, trim, or remove any trees, bushes, shrubbery, grass, or other obstructions that provide hiding places.

You can do more than anyone else to prevent vandalism by reporting all acts of vandalism or suspicious activities to your military police at **561-2251**. If you want to you may remain anonymous.

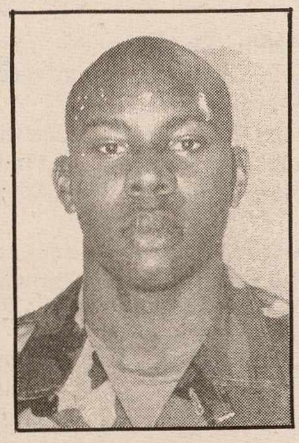
Whether vandalism occurs where you live, work, or play, show that you regard any kind of vandalism to be unacceptable by reporting it. Protect your property and the property of others by keeping an eye on it; otherwise we all pay for it. For more information on preventing vandalism, call **561-5739**.

Ask Presidians

What is your opinion of the Sixth U.S. Army headquarters remaining at the Presidio of San Francisco?

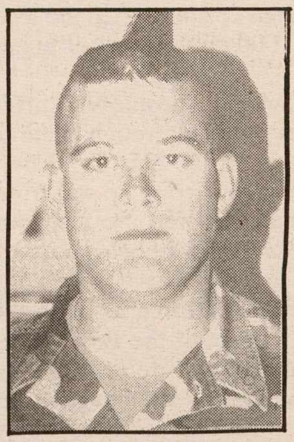


Chief Warrant Officer Denny M. Auker, administrative assistant to the Army Reserve and National Guard advisor: "I think it's great . It will save the government a lot of money on PCS moves. It doesn't disrupt family lives and children's lives by moving just 45 miles down the road."



Pvt. 2 Pepukayie Nunnally, strength management specialist, Military Personnel Division: "I think it should stay to keep some type of military here. It's a tourist attraction. If it's turned into a park and no military is here, the Presidio may not be remembered."

Patricia A. Cloke, education technician, Child Development Center: " I think it's good that the headquarters is staying here because it's been here so long. It's important to keep ties here because the Presidio is such a historic place. I think it will also save the Army money to stay here instead of moving to Moffett Field."



Sgt. 1st Class Christopher J. Kennally, Ceremonial Platoon sergeant: "I believe it is important to maintain an Army presence at the most historical installation on the western coast to preserve military tradition. The Presidio is a key location for the Sixth U.S. Army headquarters to project power to the 12 western states."

Sgt. Christine Edwards, NCO promotions section, Military Personnel Division: "It's great. I don't think the park service will be able to keep up the Presidio. This way one hand will wash the other. The Army will be able to help keep up the Presidio. With military here there will be money coming in. It's also a good strategic location."

By Spc. Adrienne Story
Star Presidian staff

Star Presidian

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Camp Parks marks half century as training base

By Sgt. John W. McGarrah
Star Presidian Staff

For 50 years Camp Reserve Forces Training Area in Dublin has seen almost half a million servicemen of three services march across it's sandy grounds. Friday, some of these soldiers got together with many others to mark the center's 50 anniversary. The event also served as a rededication ceremony.

The remarks made by Brig. Gen. Stanley Kwieciak, the chief of staff for I Corps and Fort Lewis, Wash., covering the distinguished history of Camp Parks were the highlight of the day.

A plaque was dedicated to mark the event. The plaque is on a pedestal on a newly completed grassy area.

Commander William Lewis, Naval Facility Engineering Command, also addressed the crowd on the many contributions made by Rear Admiral Parks, and the distinguished career he served.

Charles Wellman Parks, for whom the facility is named, was born in Massachusetts on March 22, 1863. He was commissioned in the Corps in 1897 as an ensign. He was promoted quickly, and attained the rank of rear admiral in 20 years. He was awarded the Distinguished Service Medal for his service during World War II.

History

Camp Parks was born as a Navy base during World War II when it was commissioned on July 19, 1943. The Construction Battalion Replacement Depot (Seabees), Camp Parks, was an integral part of the United States Training and Distribution Center, called Camp Shoemaker.

The western home of the Seabees, Camp Parks was the largest station for Seabees personnel, approaching 90,000 men and officers.

Following the war and outprocessing of hundreds of Seabees, the Secretary of the Navy directed the disestablishment of Camp Parks on January 1, 1946.

In 1951 the Navy made the installation available to the United States Air Force, who reactivated the camp for use as a basic training center. Actual transfer did not take place until 1953 and the base was renamed Parks Air Force Base.

In July 1959, Parks Air Force Base was transferred to the United States Army and became known as Camp Parks. It was operated in a standby status under the jurisdiction of Sixth U.S. Army.

In 1964 Sixth Army declared the installation excess but was directed by the Department of the Army to retain 1,600 acres for National Guard and Navy use.

By 1973, the Sixth U.S. Army determined that Camp Parks was needed as a mobilization and training center for Reserve Components in the event of war or natural disaster.

Sgt. John W. McGarrah

With Camp Parks stretching back in the distance and the newly installed plaque behind him, Brig. Gen. Stanley Kwieciak addresses the crowd at the anniversary celebration June 25.

The Army's Camp Parks perimeter would roughly approximate that of the Navy's in 1943.

Parks Reserve Forces Training Area (PRFTA), was officially designated as a semiactive installation by the Department of the Army, General Order 16, in December 1980, and was designated a subinstallation of the Presidio of San Francisco.

On October 1, 1992, Parks Reserve Forces Training Area became a subinstallation of Headquarters, I Corps and Fort Lewis, Washington.

The Mission of PRFTA is to provide and support a training resource for Army Reserve Component units and individuals.

In 1993 over 200,000 mandays of training occurred at Camp Parks.

History provided by Parks RFTA

Legal office to hold mandatory ethics training July 20

By Maj. Paul Conrad
Staff Judge Advocate's Office

Are common sense and good intentions sufficient to guide you through the transition from Federal Service to civilian employment? If you think they are, you can fall into a conflict of interest "trap," and become the subject of a criminal investigation. If you are thinking about retiring or leaving federal service, prepare a "Negotiating for Employment" checklist covering the items discussed below.

Under federal law and regulation, you may not negotiate for employment with any company or individual ***whose interests are affected by your official government duties***. This applies to all federal employees, military and civilian. What is "Negotiating for Employment?" If a former co-worker asks if you are interested in a private sector job after you retire, you may be negotiating for employment, unless you immediately and unequivocally reject the overture. Negotiating for employment is permissible under certain circumstances.

If your official duties could affect the company making the call, you cannot say, "I'll talk to you later," because that would be leaving the door open to further discussion and that would be "negotiating." This applies even if there is no firm offer of employment. A conflict of interest can arise if you do not immediately turn down offers and terminate discussions.

If you think you might want to work for the company that has contacted you, but your official duties would prevent that because they have an impact on the company, you need to discuss it with your supervisor.

If your supervisor agrees and will permit you to change your duties, you can disqualify yourself from taking any actions which might affect the company that you're interested in. As you can see, this requires some planning, and either you or your supervisor might want to talk with an ethics counselor to work out the details.

This is not all you need to know about negotiating for employment. If you have procurement responsibilities, you must be sensitive to your duty to protect the integrity of the contracting process.

When you are working as a procurement official on an on-going procurement, you cannot talk about employment with a vendor who has, or might be submitting a bid. Under limited circumstances, the head contracting activity can disqualify you from the procurement.

In addition, certain federal officials who perform any function relating to the management of a procurement program must report employment contacts from companies which have an interest in the performance of their official duties. By regulation, this report must be submitted in writing, to your supervisor and ethics counselor, within seven days of the contact.

One more item needs to be included on your "Negotiating for Employment" checklist. Once you have determined you can negotiate for employment without creating a conflict, you must report any job interview ***reimbursement*** received from a Department of Defense contractor or from a potential employer that has interests which may be affected by the DoD. If such an employer offers to pay for travel to an interview, or to take you out to lunch, it must be reported . You must provide your supervisor with some assurance that the same benefits are offered to all applicants. You cannot accept travel reimbursement or meals given just because you are an Army employee.

So you found a job, left the government and have avoided any conflict of interest problems. Depending upon your rank or grade, your position, your duties, or whether you retired from the Regular Army, there are post-employment restrictions which may still apply.

There are limitations on what you can do for your new employer. There will be restrictions when dealing with the government. As a retired officer, there are restrictions on selling goods or services to the government.

As a former procurement official, you may not be able to accept compensation from certain defense contractors, and there may be restrictions on what you can do for that employer. Army officers, former procurement officials, or anyone who has performed a procurement function in the last years of government service, and who plans to work for a defense contractor, should make an appointment with their ethics counselor at their last duty station to check if these limitations apply to them.

Military and civilian personnel assigned to Headquarters, Sixth U.S. Army, the U.S. Army Garrison, and Letterman Medical Clinic (unless that organization has its own ethics counselor) may obtain ethics counselor advice from an attorney in the Sixth U.S. Army Staff Judge Advocates offices, located in Building 39, 3rd floor, telephone **561-3131;** or the USAG Presidio SJA office, Building 223, telephone **561-5591**.

Mandatory ethics training for all Sixth U.S. Army and U.S. Army Garrison Presidio Army officers and civilian personnel will be held at the Post Theater (Building 99), July 20, from 10 to 11 a.m. and 1:30 to 2:30 p.m. Personnel can attend either class. Tenant activity personnel are invited to attend. Training for enlisted soldiers will be held in 1994. For information, call Maj. Paul Conrad, Assistant Sixth U.S. Army Staff Judge Advocate at **561-3131**.

Al Novotne of the Department of Army Standard of Conduct Office contributed to this story.

Staff Sgt. Pleasant Lindsey III

Leobardo San Roman and Frank Bloss, Caltrans engineers, put up fencing in area under Doyle Drive.

Lead continued from Page 1

forester and the Presidio engineers also had a forester on site to observe the vegetation. Although these precautions were taken, no endangered species were found in the area.

Lead contamination spreading from particles washing downhill after being mixed with soil is highly unlikely, environmental engineers say.

"Once the dust particles mix with the dirt it becomes fairly insoluble. The contaminants should stay in the first six inches of the dirt," Alcedo said. "Some could wash down into the Bay, but in such small amounts it is not a concern."

Testing will continue in areas outside the fencing under Doyle Drive, Burress said. This testing will measure how far the lead powder distributed in the area from the winds.

"The plan is to immediately block off the areas which have already been tested to reduce the potential for lead contamination," Ebert explained. "Paint powder does not normally fall straight down during sandblasting."

"The dust and powder from the sandblasting would have been distributed in other areas by the wind," Alcedo concluded.

"Caltrans will likely do further extensive studies and then take necessary measures depending on their findings."

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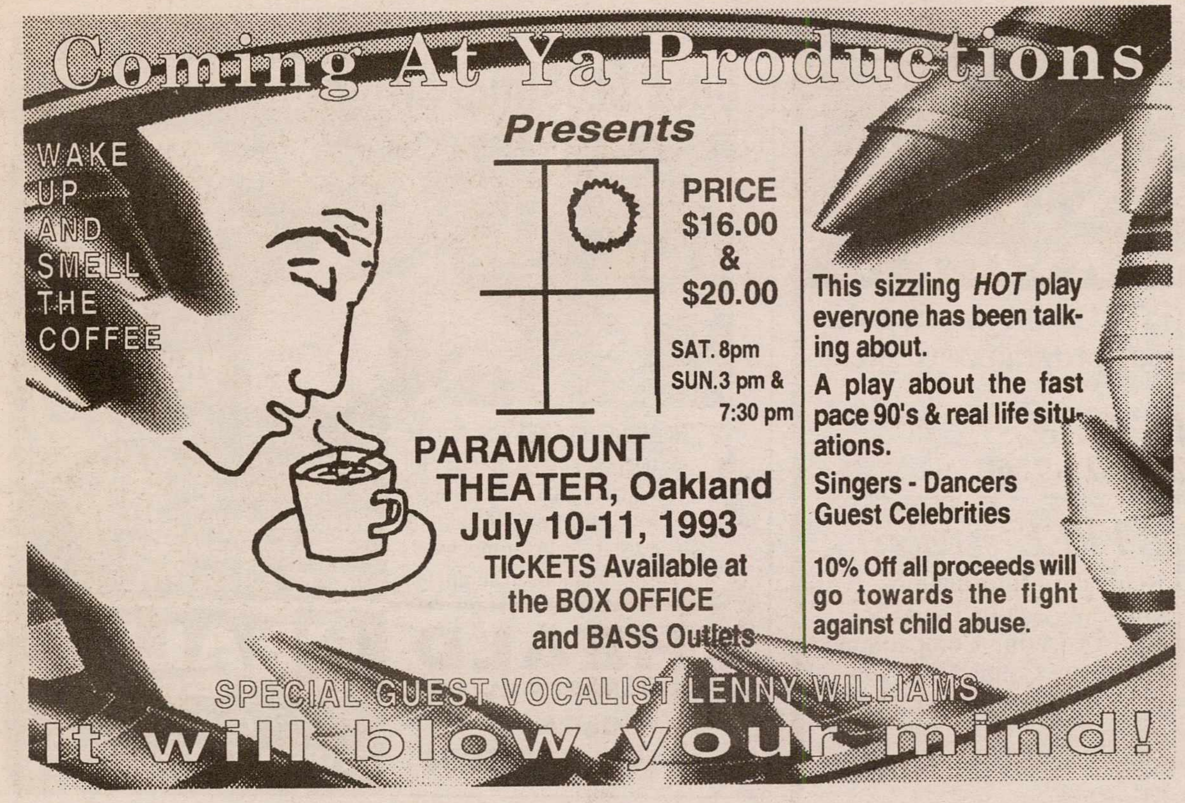
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Presidio News Briefs

Sobriety Check Point

A sobriety check point will be held from 8 to 11 p.m. July 22 at Lombard Street and Presidio Boulevard. Drive safe. Drive Sober.

Newcomers' briefing

The Newcomers' Orientation Briefing and Historical Tour of the Presidio is changing from every third Friday to the third Friday of every other month. This month's briefing will be from 9 to 10:30 a.m. July 16 in the Army Community Services Conference Room, Building 103B. The subsequent newcomers' orientation will be in September.

The briefing offers up-to-date information on: hospital and dental clinic status, Delta Dental and CHAMPUS Prime; Transportation, bridge passes and on post shuttle bus service; engineering and Housing; Post Security; and Chapel Services. Probably two of the most popular briefings are those from the Judge Advocate General which discusses moving claims and expenses, and the Safety Office which provides safety tips on what to do in case of an earthquake. Other installation participants are the Education Center, Commissary, Officers' Spouses' Club, Presidio Thrift Shop, Civilian Personnel and Military Personnel offices, and the American Red Cross.

DoD civilians and their family members, all branches of service and their family members living on or assigned to the Presidio withn the last 120 days are welcome to attend.

Free child care is provided to those attending the briefing, enabling family members to attend with without their spouses. Child care costs have been donated by the Presidio Thrift Shop. Reservations must be made for child care by July 14 by calling Kristine Cooper at the Child Care Development Center, **561-6004**.

The tour of the Presidio begins at 10:30 a.m., following the briefing, information fair and refreshments. Any other questions may be directed to Dayle Ann DeLong, Relocation AssistanceProgram manager, at **561-5256**.

Stress management classes offered

Army Community Services is offering Stress Management Classes from 2 to 4 p.m. Thursdays at ACS, Building 103B, and parenting classes from 10 a.m. to 12:30 p.m. and 5:30 to 7:30 p.m. Thursdays in the Child Development Center, Building 387. Child care is available for all classes.

Stress Management
Thursday, Managing Anger;
July 22, Conflict Resolution;
July 29, Home and Work Stress Management.
Parenting Class
Thursday, Building Responsibility;
July 22, When Nothing Works.

To sign up and to preserve your child care, call Karen Kaho at **561-5155**.

Emergency leave donations are requested

Alberta Banks, of the Directorate of Logistics, is experiencing a medical emergency. Banks, an approved participant in the Voluntary Leave Transfer Program, has exhausted all sick and annual leave. Those wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780**.

Donations solicited for memorial

Chaplain (Maj.) Freddie Hall, deputy post chaplain, is accepting donations for a memorial plaque in memory of Sgt. 1st Class Victor Bradley. For information, contact Hall at the main chapel at **561-4711**.

Columbia College classes on post

Soldiers and family members planning to attend Columbia College during the August to October 1993 eight-week term may register from 10 a.m. to 2 p.m. July 12 and 13 at the Presidio Education Center, Building 1216. Soldiers using tuition assistance should have completed the paperwork before the registration dates. The following classes will meet at the Education Center from 6 p.m. to 11 p.m., one evening per week, Aug. 9 through Oct. 2:

Introduction to Psychology, Mondays; **The American Presidency**, Tuesdays; **Math in Modern Society**, Thursdays.

For more details, see an education counselor at the center or call **561-4445**.

Sixth Army/post hosts Job Fair

The Sixth U.S. Army and Presidio of San Francisco invites all professionals in the Northern California area to attend Job Fair '93, from 9 a.m. to 4 p.m. Aug. 9, at the Presidio Officers' Club.

Whether you're employed or currently unemployed, Job Fair '93 will allow you to explore your full career potential, by exposing you to the abundant employment opportunities currently available.

See Briefs, Page 10

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- *Mare Island Shipyard, P.O. Box 2225, Vallejo, CA 94592*
- *NAS Moffett Field, Bldg. 25, Mt. View, CA 94035*
- *Navy PG School, P.O. Box 8717, Monterey, CA 93943*
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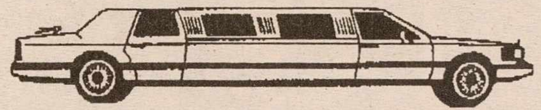

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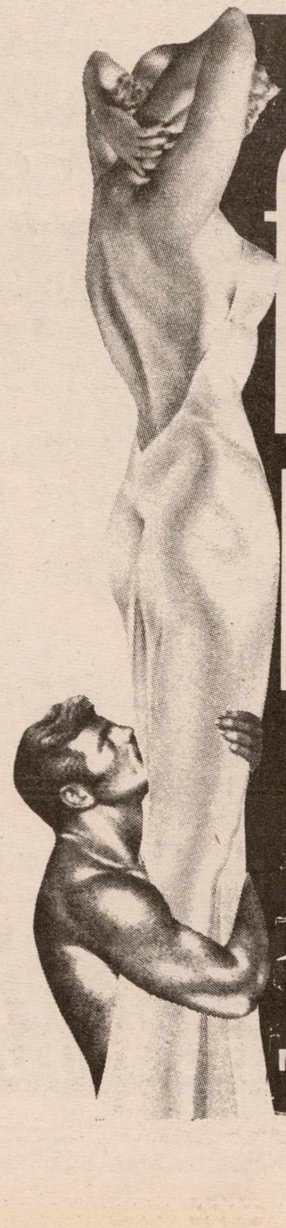

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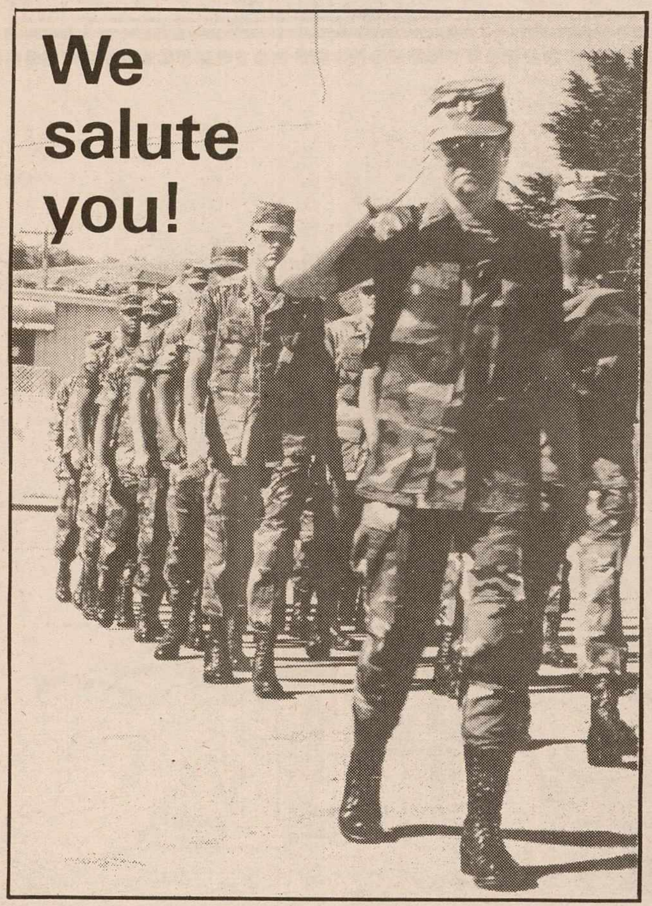


Capt. Stephanie M. Long leads the Law Enforcement Company in the pass and review at the Headquarters Command Battalion Awards Ceremony.

Excellence in action

The following soldiers received awards June 30 from Lt. Col. Wayne C. Agness, commander, Headquarters Command Battalion.

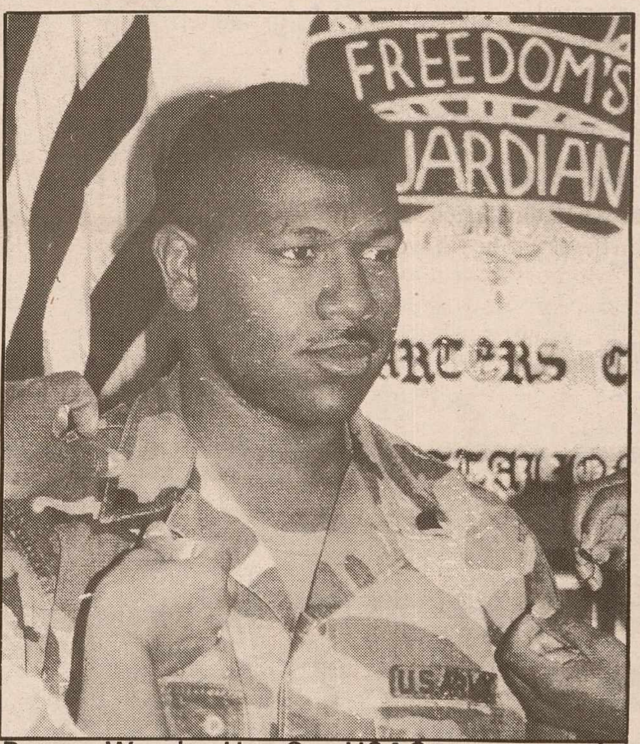
Army commendation Medal:
Cpl. Charles Green, Spc. Mary Jane Hargrave, HHC;

Army Achievement Medal:
Staff Sgt. Eric Hodge, Sgt. Tod Burmeister, Spc. Robert Bilger, Spc. Dean Frame, Spc. Timothy Nord, Pfc. John Anderson, Pfc. Vincent Burget, Pfc.Joseph Hess, Pfc, Keith Mullis, and Pfc. Kevin Tounget, all from Company C, 864th Engineer Battalion.

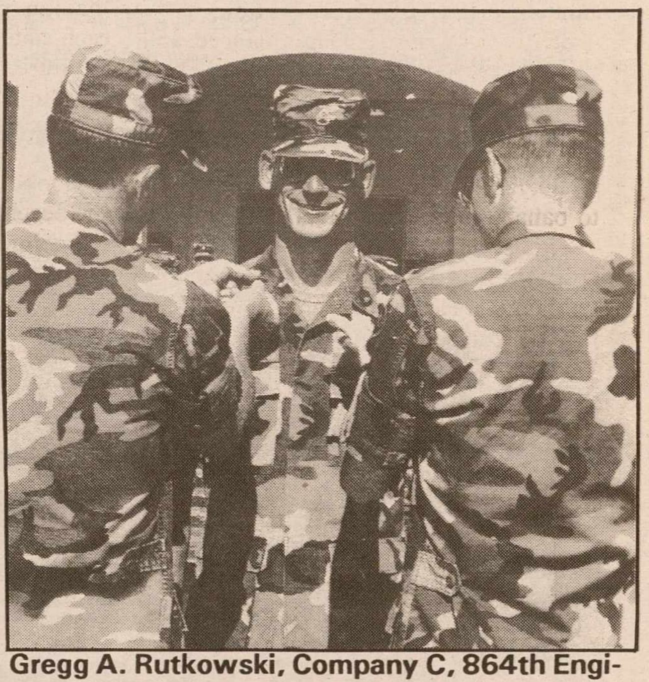
Department of the Army Certificates:
Spc. Michael McNemar, Pfc. Jason Encinias, Pfc. Kenneth Bennett, Pfc. Wayne Gillespie, Pfc. Dennis O'Connor, Pfc. Barbara McClease, Pfc. Neil Sharron, Pfc. Anita Smith, Pfc. Kevin McBride, Pfc. Durrand Smith, Pfc. Edwardo Maxwell, Pvt. Leonard Marshall, Pvt. Thomas Hill, all from Company C, 864th Engineer Battalion.

Battalion Achievement certificates:
Sgt. 1st Class Carter, Sgt. 1st Class David Miglorin, Staff Sgt. Joseph Miceli, Staff Sgt. James Sinclair, Spc. Robert Stewart, all from LEC.

Elena R. Sarsozo, Headquarters Company, USAG was promoted to Sergeant 1st Class July 1. Sarsozo is now the new noncommissioned officer in charge of Plans and Operations, Military Personnel Office. Sgt. Maj. Hansell and Capt. Tracy Sharpe pin on her new rank.



Barron Woods, Hq. Co. USAG was recently promoted to the rank of specialist.

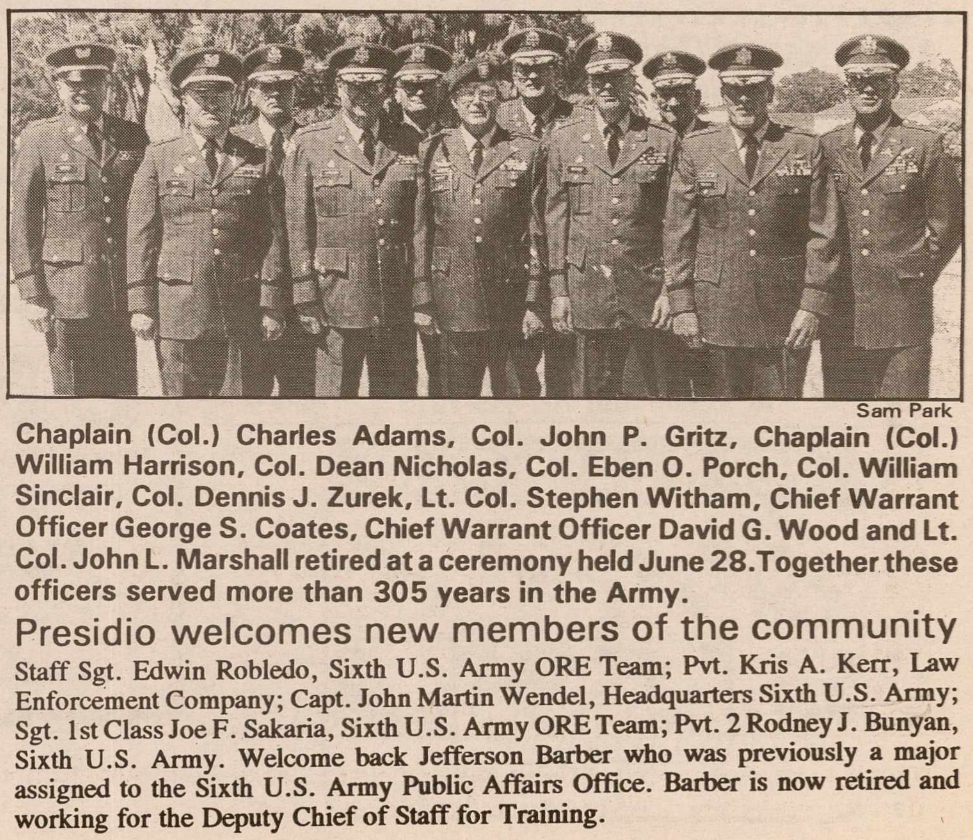


Gregg A. Rutkowski, Company C, 864th Engineer Battalion, was promoted to the rank of Sgt. 1st Class. Rutkowski will be the company's new motor sergeant in charge of all ordinance, heavy equipment and motor pool vehicles.

Law Enforcement Company's Spc. Stephen Mantaris, Pvt. 2 Theresa Burgess and Pvt. 2 Jeremy Martin (back row) were promoted, and Spc. Shawne Maile and Spc. Billie Muzik received plaques for battalion sodlier of the year and sodlier of the month, respectively.

Photos by Staff Sgt. Pleasant Lindsey III

Hail and Farewell



Sam Park

Chaplain (Col.) Charles Adams, Col. John P. Gritz, Chaplain (Col.) William Harrison, Col. Dean Nicholas, Col. Eben O. Porch, Col. William Sinclair, Col. Dennis J. Zurek, Lt. Col. Stephen Witham, Chief Warrant Officer George S. Coates, Chief Warrant Officer David G. Wood and Lt. Col. John L. Marshall retired at a ceremony held June 28.Together these officers served more than 305 years in the Army.

Presidio welcomes new members of the community

Staff Sgt. Edwin Robledo, Sixth U.S. Army ORE Team; Pvt. Kris A. Kerr, Law Enforcement Company; Capt. John Martin Wendel, Headquarters Sixth U.S. Army; Sgt. 1st Class Joe F. Sakaria, Sixth U.S. Army ORE Team; Pvt. 2 Rodney J. Bunyan, Sixth U.S. Army. Welcome back Jefferson Barber who was previously a major assigned to the Sixth U.S. Army Public Affairs Office. Barber is now retired and working for the Deputy Chief of Staff for Training.

Spc. Adrienne Story

More than 40,000 people gathered at Crissy Field to enjoy the Fourth of July celebrationwhich was sponsored by the San Francisco Chronicle, the National Park Service and the Army.

Fun, food & fireworks

By Spc. Adrienne Story
Star Presidian staff

More than 40,000 people gathered at Crissy Field to watch the skies light up above the Golden Gate Bridge at the annual Fourth of July celebration.

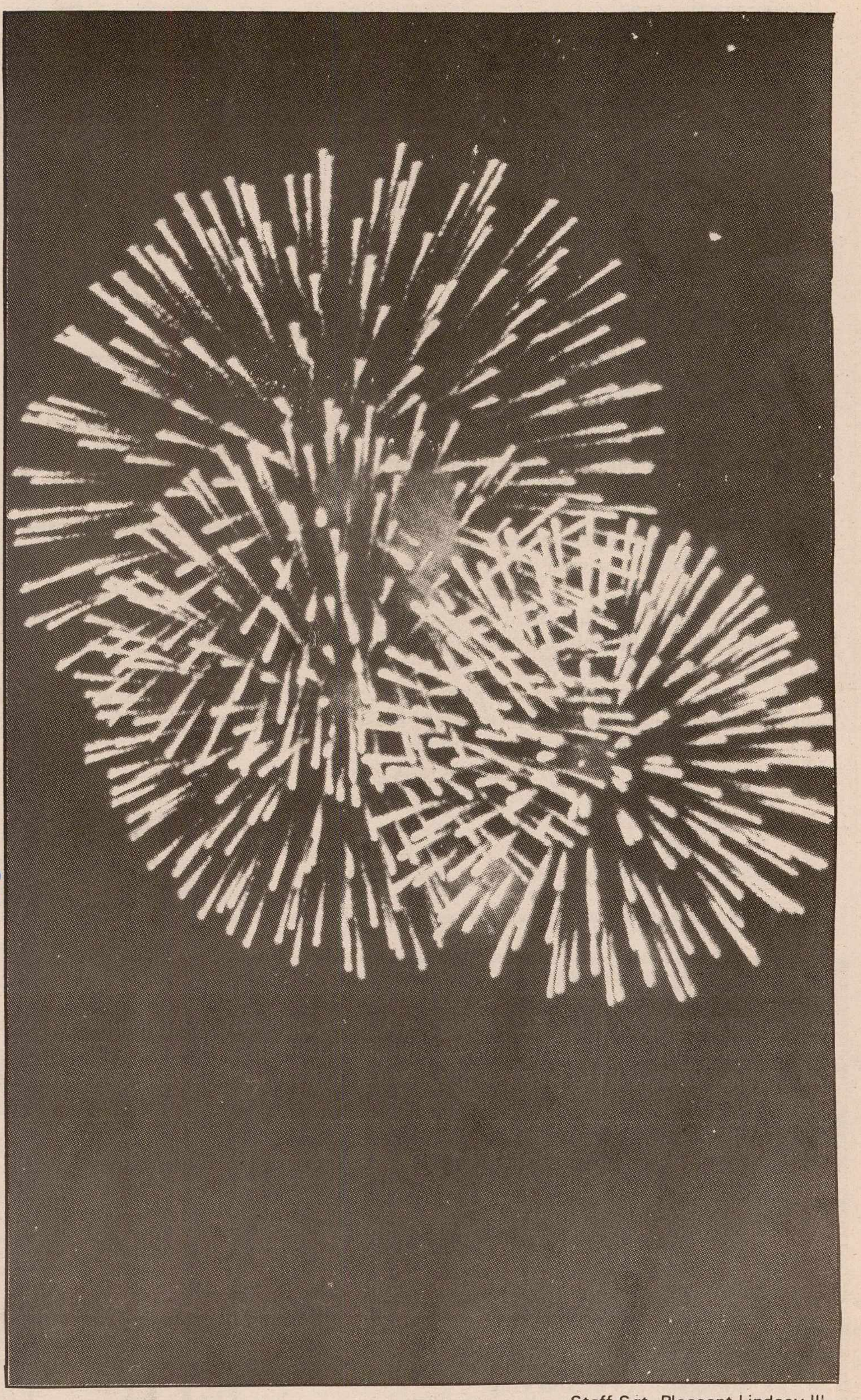
Bands performed, people danced and children played in a jumping gym. Their were entertainers for both young and old. Festivities were sponsored by The Chronicle, the National Park Service and the U.S. Army. Food ranging from pizza to banana lumpia was available.

This year, many came prepared for the cold winds, setting up tents and wrapping in blankets. However some had forgotten the breeze and regrettably wore shorts to the event, despite their confessions to come prepared the next year.

The sounds of the Sixth U.S. Army Band's music led into the fireworks show.

One of the main attractions this year, besides the 25 minute fireworks display, was the cannon salute. The Ceremonial Platoon performed a cannon salute to each state and fired rounds for the 1812 overture. They also drew the crowds attention with their mad minute, firing approximately 50 rounds as fast as possible.

Ooooohhhhs and Ahhhhhhhs echoed the beach as spectators watched the dancing colors in the sky. The fireworks show impressed spectators with its variety of colors and shapes. The finale delighted many, and the shows final cheers were heard throughout Crissy Field.



Staff Sgt. Pleasant Lindsey III

The 25-minute firework display lit up the sky with bright colors.

Staff Sgt. Pleasant Lindsey III

There was entertainment for young and old at Crissy Field. Girls from the Kennelly School of Irish dancing performed for the audience at Crissy Field.

Staff Sgt. Pleasant Lindsey III

Many bands performed at the July Fourth celebration. Inkaria, a cultural band, performed music from the Andes.

Briefs continued from Page 5

Participating this season are some of the top firms in the nation, as well as the Northern California area, each looking for skilled professionals to add to their corporate teams. Among the professional in demand are accountants, chemists, engineers, legal assistants, managers, secretaries, marketing professionals, technical writers, sales representatives, and many more.

There is abundant free parking in the parking lot across the street form the Officers' Club.

Day in Army life photos are needed

Soldiers Magazine is asking civilian and military photographers to record a day of Army life for its second annual "This is Our Army" photo feature. The magazine wants amateur and professional photographers to photograph what's happening on their installation on July 14 for a 32-page photo special feature to appear in *Soldiers'* December 1993 issue.

We take for granted things we see here everyday, but others may have never seen the Presidio before. Don't worry about the weather on Wednesday, because that's part of Army life, too. Photos must be shot in the 24-hour period of July 14. Submit processed color slides or 5x7 or 8x10 black and white prints.

Submissions will not be used without full credit and cutline information. Cutline information must include full name, rank and service, as applicable, of the photographer; the names of identifiable people in the photos; details on what's happening in the picture; and the location of the photo.

Cutlines must be attached individually to the photo or slide. Do not send a sheet of slides and a sheet of cutlines.

Photos must be processed and received by *Soldiers* by Aug. 31. They will not be returned.

Questions about this project, open to all Presidians and others, may be directed to Staff Sgt. Larry Lane or Donna Miles at **DSN 284-6671** or **(703) 274-6671**.

Mail photograph or slide submissions to:

Soldiers Magazine
Building 2, Door 11
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ADMIT ONE

Movies at the Presidio Theatre

Tonight-Who's the Man? (R)
Saturday- Posse (PG)
Sunday-Three of Hearts (R)
July 16-No Place to Hide (R)
July 17-Hot Shots Part Deux (PG-13)
July 18-Ground Hog Day (PG)

All movies begin at 7 p.m.

1296 E-54

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The Civilian Health and Medical Program of the Uniformed Services is set up to provide timely support to family members and retirees. When checking the status of a claim with your CHAMPUS claims processing contractor, you can speed things up by having the following information ready when you call: patient's full name; sponsor's full name, rank, branch of service and status (active or retired); sponsor's Social Security number; sponsor's and patient's addressees and phone numbers; name and address of the provider of care; and the dates of the care.

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Volunteers improve communities

By Sgt. John W. McGarrah
Star Presidian Staff

In the early 1960s, then President John F. Kennedy Jr. made the statement "Ask not what your country can do for you; ask what you can do for your country." It was through his foresight the Peace Corps began, benefiting communities around the world.

Today, under a new president, Bill Clinton, that idea has come back home. Three decades after the inception of the peace corps, volunteers are being sought to help improve the quality of people's lives in our own communities.

Almost 1,500 recruits ranging from 17 to 25 years old were recently in the Bay Area to participate in a week of national training for service that will eventually become a domestic peace corps of 25,000 by next summer, and possibly 150,000 by 1997. Congressional approval is still needed to make the plan a reality.

During their first week on Treasure Island the young adults took part in training to prepare them for eight weeks of summer work in their own communities: tutoring children, helping with immunization drives, teaching sex education, painting schools, testing for lead poisoning, and providing a range of other services aimed at benefiting the poorest children in this society.

In return for their participation, the young people will receive minimum wage ($4.25 an hour) and a $1,000 stipend to apply towards their education.

The enthusiastic group from the Bay Area, which worked under the East Bay Conservation Corps, made up the largest contingent of volunteers from states that stretch from coast to coast. The group also covers every ethnic range possible: with the majorities being black, latino, and Asian. Fifty are members of the Ojibway (Chippewa) Tribe from Northern Minnesota, who will be assisting in cleaning a river and teaching tribal history and health care.

Locally, participants cleared vegetation and restored trails on the Presidio and the Marin Headlands, while across the bay in East Palo Alto some painted school buildings.

Vice President Al Gore was on hand to address the new corpsmen, June 21. Gore emphasized that "National service is a chance to build America and your own lives."

Sgt. John W. McGarrah

Muricio Ramirez, of the San Francisco Conservation Corps, assists in putting up fencing around hiking trails on the Presidio.

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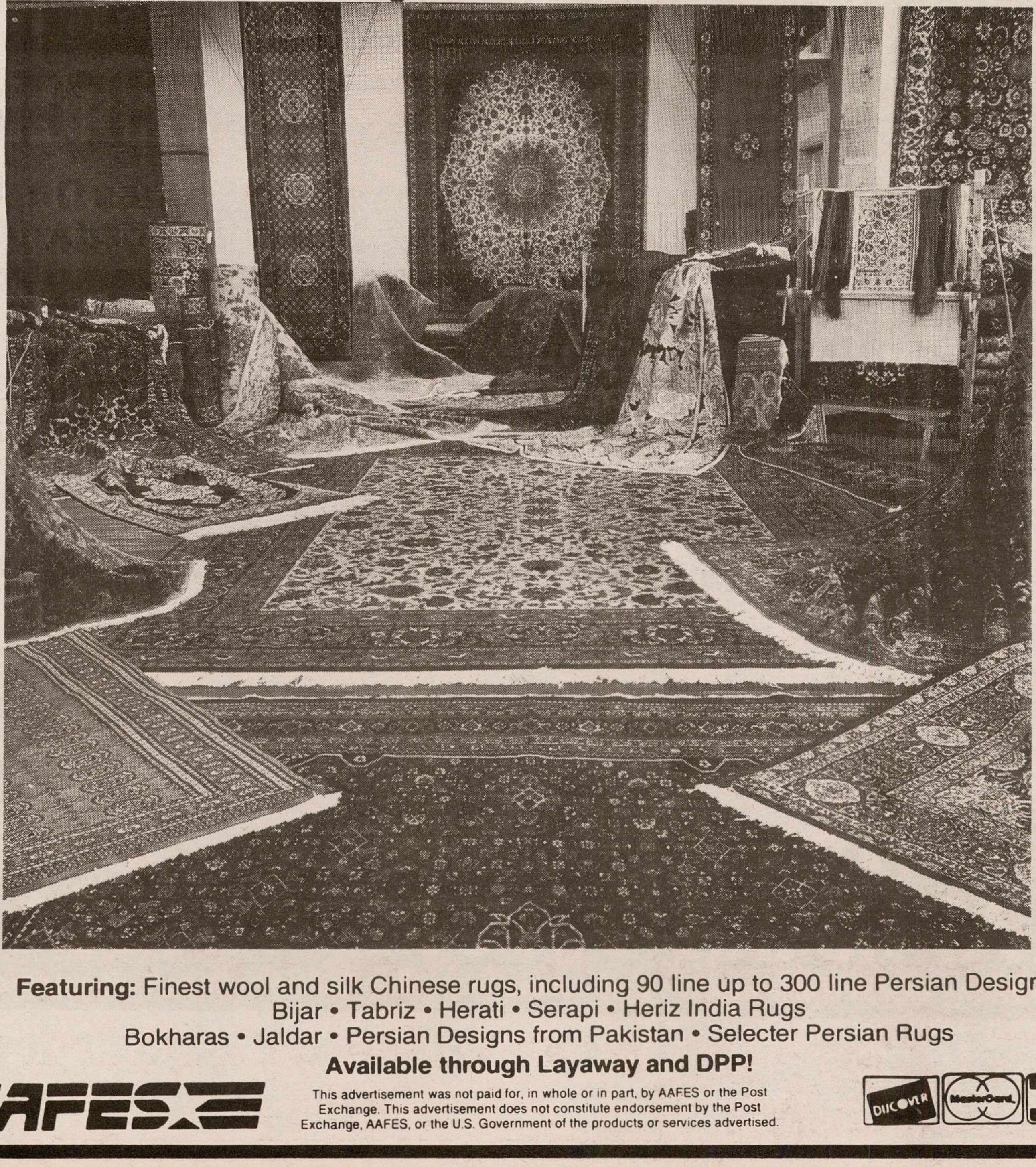

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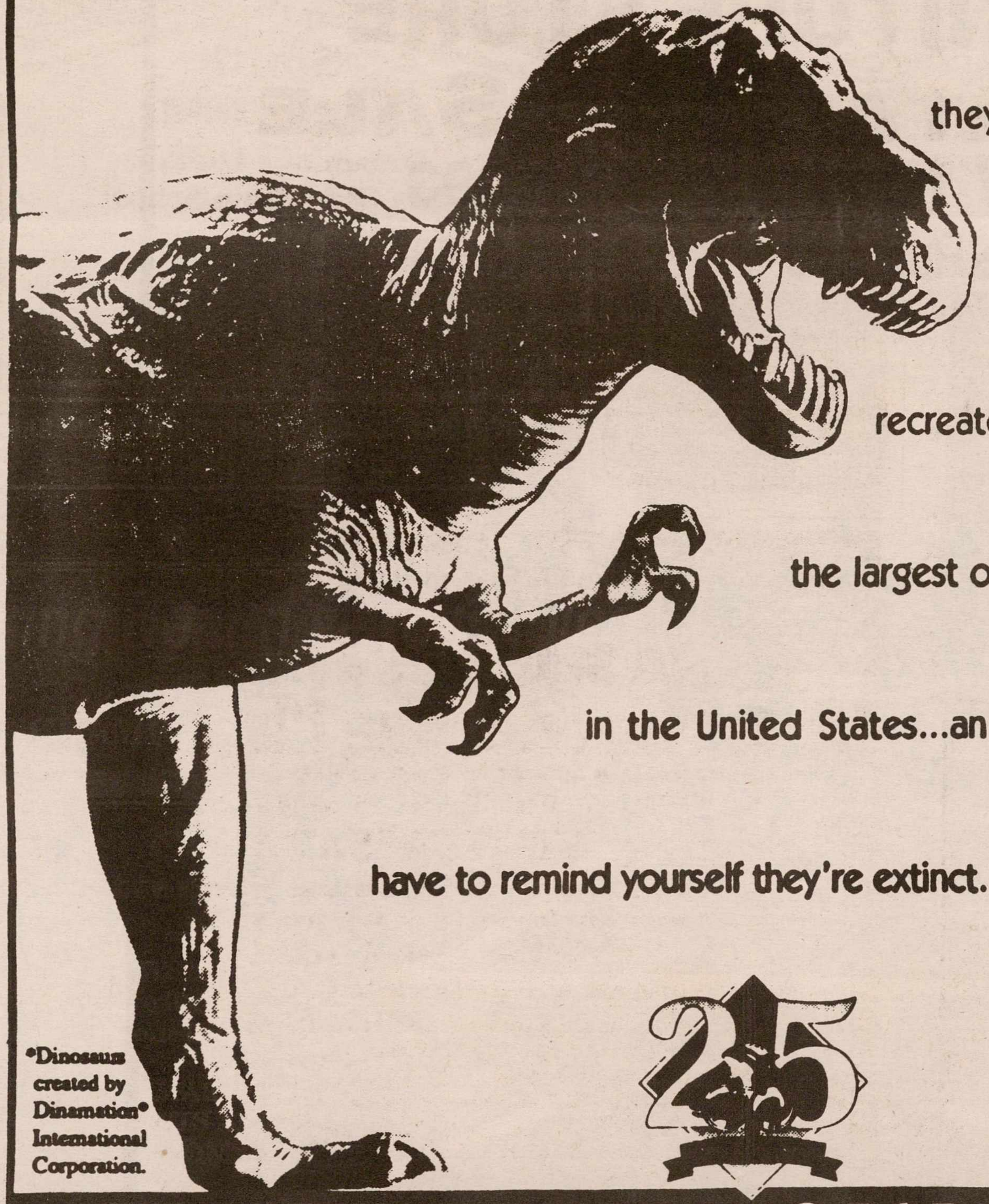

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Sports briefs

Post intramural softball team scores

June 29

Coast Guard **14,** LEC **10**
USAG **14,** Sixth Army ORE **13**
LUSAHC **4,** 864th **10**
Readiness Group PSF **14,** AAFES **7**
Disaster Control **14,** Recruiting Brigade **11**

July 1

LUSAHC **19,** Coast Guard **9**
AAFES **14,** USAG **4**
864th **1,** Readiness Group **0**

Best ball foursome golf tournament

A clear, sunny day greeted 66 golfers who competed in the Sports Branch's Best Ball Foursome Golf Tournament. The team competiion was close, resulting in a tie for first place.

The tie was broken using a special golf tie breaker rule. Various special awards were presented for the longest drive and putt, and the closest to the pin.

There will be another tournament in September. Contact the Sports Office at **561-5032** for details.

Team

1. Louis Caviglia, Gary McMahill, Jake Highland, John Mulligan, 62;
2. Pat Brady, Pat Cornett, Jim Egarton, Ken Smith, 62;

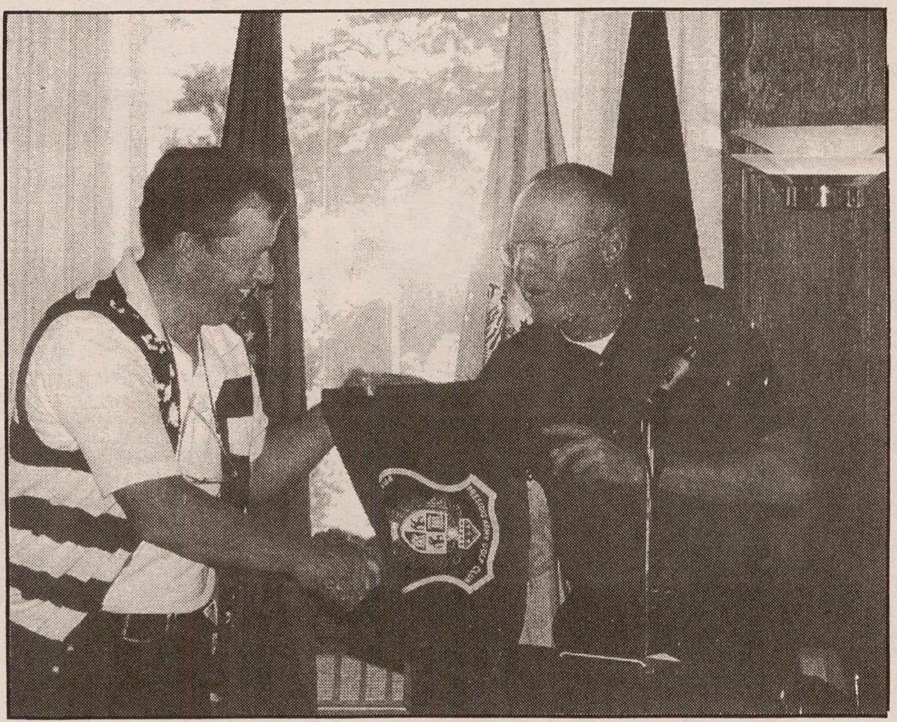
Longest Drive: Al Tui
Nearest to the pin: 1. Ed Christoph, 5 feet 6 inches; 2. Lou Locati, 5 feet 8 inches.
Longest Putt: 1. Jeff Wilbur, 7 feet 4 inches; 2. Al Trevino, 6 feet 1 inch.

Gospel Prayer service summer activities

The Gospel Prayer and Praise Service is updating its summer activities plan to include camping, a picnic and sports activities. Plus, the date for the Great America trip has been changed. Members will receive more details in the worship service at 11:30 a.m. Sunday in the Religious Activities Center, Building 682.

Aerobic classes now offered on post

Aerobic classes start at 4:45 p.m. Mondays through Thursdays, for one hour in Gym No. 1, Bldg. 63. Cost is $2.50 per class. For more information, call Gym No. 1 at 561-4131 or Beverly Carpenter at 681-6721.



Lt. Col. Steven C. Fredericks

13 the lucky number

Lt. Gen. Glynn C. Mallory Jr., Presidio and Sixth U.S. Army commander presents Maj. Gen. Patrick H. Brady with the flag from the 13th hole at the July 4 Col. Davis Memorial Golf Tournament. Brady was awarded the flag for making a previous hole in one. This golf tournament paid special tribute to Brady who retires July 16. Brady's team placed sixth in the tournament.

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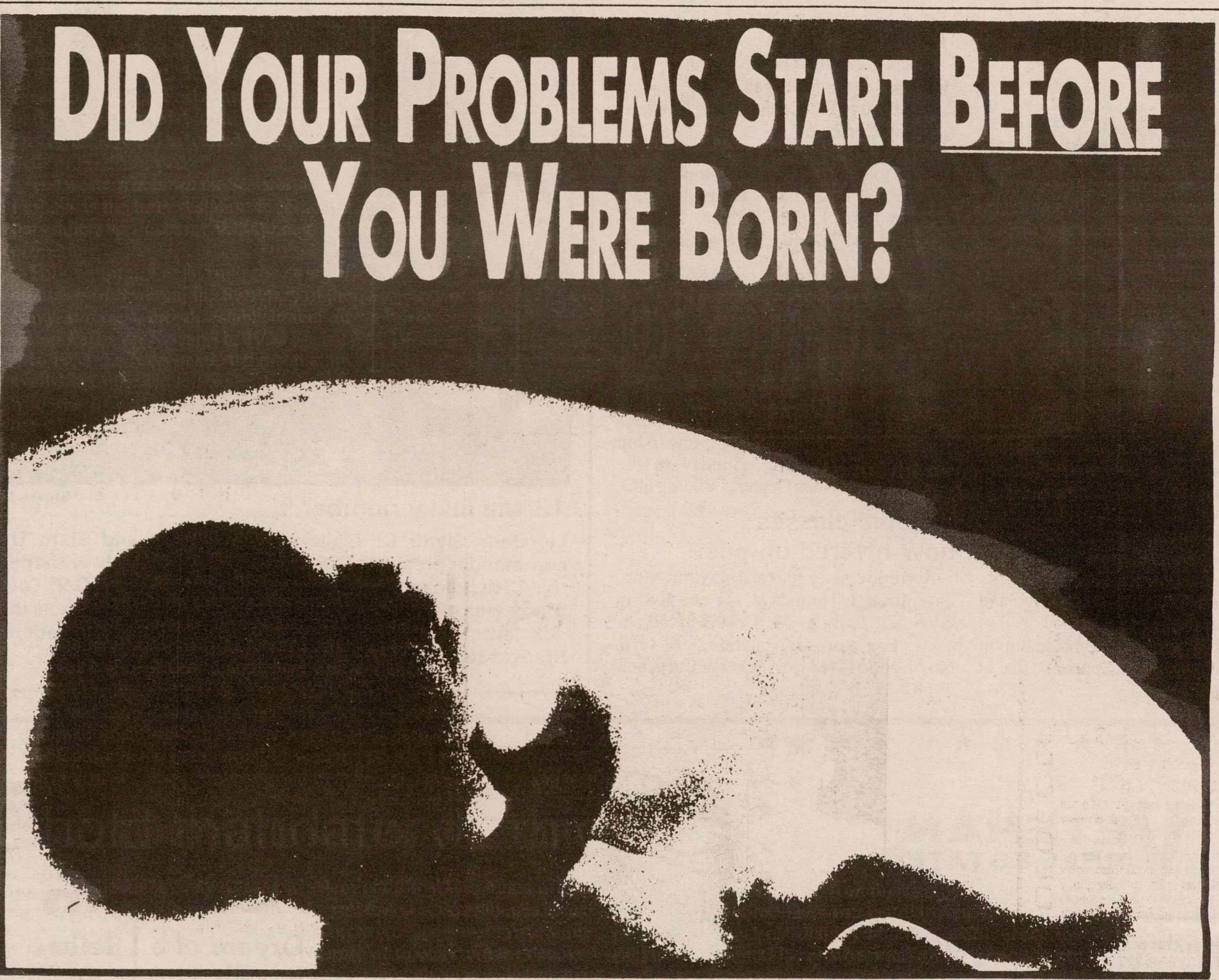

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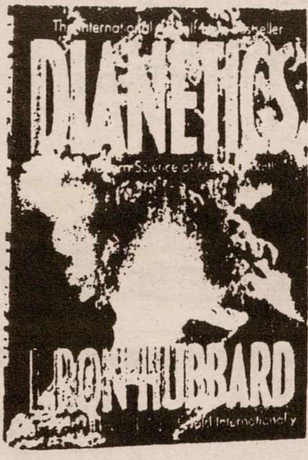
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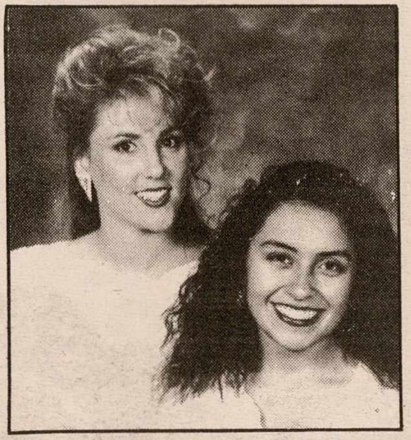

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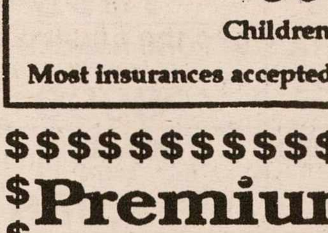

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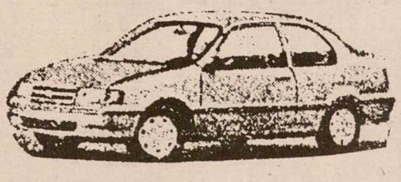

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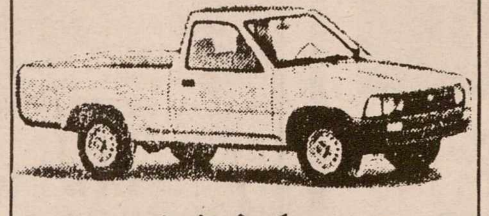

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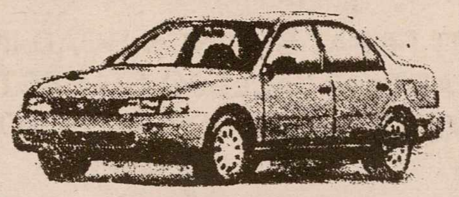

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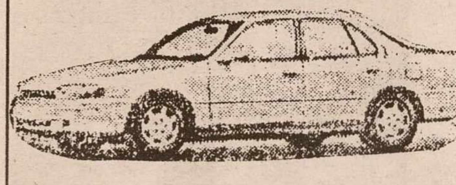

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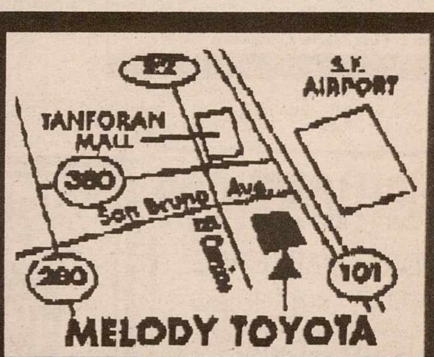

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Star Presidian

Vol. 38, No. 26 | Published for the Presidio of San Francisco Community | July 16, 1993

Charlie Co. inactivates

By Spc. Adrienne Story
Star Presidian staff

Company C, 864th Engineer Battalion's inactivation ceremony was held yesterday. After 22 years of being stationed at the Presidio, Company C, rolled up its guidon making its nonexistence official.

In June 1971, when the engineers were first assigned to the Presidio, they were Company D. After reorganization of the engineer units throughout the Army they became Co. C in August 1987, according to 1st Lt. Tim J. Geisler, Co. C's former executive officer.

Co. C has made its mark on the Presidio its sub installations and throughout the world since the company has been assigned here.

One of the most significant being its accomplishments during the Gulf War.

"We really did a lot in Saudi," Geisler said. "In Kuwait we performed emergency restoration on hospitals. We repaired power lines, plumbing and some construction work to get the hospitals in working order immediately. We restored the power in the U.S. Embassy so the staff could move back in. We repaired power plants."

Most soldiers in Saudi Arabia are stationed at Camp DoHa," Geisler said. "We basically built that camp. We also built a tank range there."

The engineers have also deployed to Honduras in 1984, 1986, 1988 and 1989. There, they did mainly construction work, building schools and roads. Company C's work was very important and improved the quality of life for the Honduras people, Geisler said.

Maintaining relations with the other services, Charlie Rock assisted in construction work at both Navy and Air Force bases. They deployed to San Clemente Island to help the Navy build a runway, barracks, bases for buildings and other key facilities.

The unit worked at the National Training Center, Calif. building obstacles for training purposes.

After the 1989 Earthquake, Company C, constructed a major parking lot at the Alameda Naval Station. Because the Bay Bridge was closed many had to use fairies for transportation. Company C, made it possible for people to make it to and from work by building the parking lot. They renovated buildings which had cracks form the earthquake.

Company C cleaned out sewage drains at Hamilton Army Air Field to ensure they would not become backed up and flood the area.

Soldiers also deployed to Parks Reserve Forces Training Area and Camp Roberts, Calif. and Fort Lewis, Wash. At Parks they constructed the firing ranges and training areas. At Roberts they assisted in construction work, and took part in Army Readiness Training Evaluation Programs with their mother battalion in Fort Lewis.

Charlie Rock completed several projects on the Presidio and its sub installations which have improved the community life here.

"We've fixed up housing units here at forts Baker, Barry and Mason," 1st Sgt. Dorrough said. "We've done several projects with DEH with electrical, plumbing and carpentry work."

Company C soldiers restored two refugee cottages from the 1906 earthquake which were placed outside the Presidio Army Museum.

Fort Point suffered damage from floods. Co. C soldiers restored part of Fort Point. They added sand bags and repaired other minor damages.

Charlie Rock soldiers did major repair work on the Self Help Center, Transition Point, buildings 1207 and 1208. They renovated building 1016 for the Furnishings Management Office. These buildings had several office partitions and the electrical and plumbing systems were inoperable. Co. C soldiers repaired the electrical and plumbing systems tour down walls, painted and tiled

Charlie cont. on Page 3

That's nice, honey. What is it? Staff Sgt. Pleasant Lindsey III

Showing off thier artistic talents, children make finger paintings at Chidl/Parent Play Day.

See page 8 for story and photos

General retires after 30 years service

Maj. Gen. Patrick Henry Brady assumed the position of Deputy Commanding General for Active Components, Sixth U.S. Army in June 1990.

Brady has more than 30 years of active commissioned service. Born in South Dakota, he received his commission through ROTC, following graduation from Seattle University, Wash. in 1959. There Brady was included in the Who's Who in Colleges and Universities.

He is a graduate of the Armed Forces Staff College and the U.S. Army War College. He also holds an MBA from the University of Notre Dame, graduating Magna Cum Laude, and is a member of the Beta Gamma Sigma.

He has held a wide variety of important command and staff positions culminating in his current assignment as Deputy Commanding General for Active Components, Sixth U.S. Army, Presidio of San Francisco. Other key assignments include Chief of Public Affairs, Office, Secretary of the Army; Chief of Staff, First U.S. Army, two tours of duty with the Reserve Components; Secretary to the Commander in Chief of the United Nations Command Military Armistice Commission (Korea) and Inspector General, I Corps and Fort Lewis.

On Jan. 6, 1968, then Maj. Brady earned the Medal of Honor for a series of missions which began before sunrise and ended after dark. Repeatedly he was warned by competent advisors that the missions were impossible due to weather, the enemy situation or mines. On three different missions and six tasks Brady extracted patients from areas where other aircraft failed. On two different occasions his aircraft was severely damaged by a mine. Brady's aircraft was so severely damaged that three ships were required to complete the missions and at days end the aircraft he flew had more than four hundred holes in it. Two crew members were injured. During this time Brady evacuated 51 injured patients. Undoubtedly many of those men would have died without expeditious medical evacuation. In two tours of Vietnam, Brady evacuated more than 5,000 wounded persons.

Maj. Gen. Patrick H. Brady

In addition to the Medal of Honor, Brady is the recipient of the Distinguished Service Cross, the Distinguished Service Medal, the Defense Superior Service Medal, the Legion of Merit, six Distinguished Flying Crosses, the Bronze Star Medal with five device and Oak Leaf Cluster, the Purple Heart, 53 Air Medals, one with five device. He is a master Aviator and wears the Air Assault Badge.

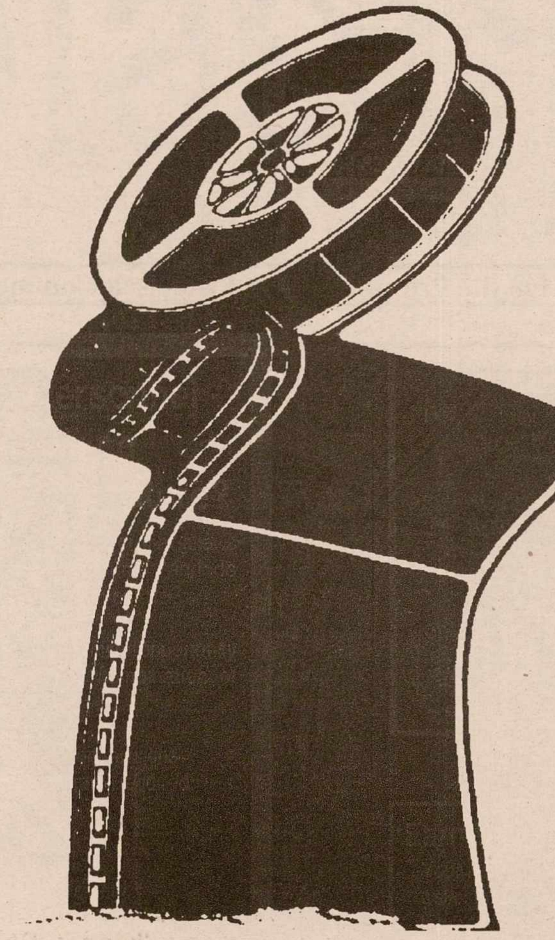
He and his wife, Nancy Lee, have five children: Shaun, Casey, Kelly, Shannon and Meghan.

After 30 years of service, Brady will retire today in a ceremony held at 3:45 p.m. on the Main Parade field.

Commentary

What's playing at the movies this week?

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff



At first I felt like complaining. But then I found out how the problem was being handled and I just had to give a shout out to the guy. Keep reading, you'll see what I mean.

It happened two weeks in a row and I found it to be somewhat frustrating. I don't ask for much in the way of (inexpensive) weekend entertainment. Give me a nice, quiet reading place from time to time, or maybe a good movie theater for a weekend outing and I'm satisfied.

Yes, the bowling alley is a good place to congregate (love the food) and I'm a BIG fan of our gym--but I don't always want to expend a lot of energy.

Sometimes I just want to sit back with my wife, relax and be entertained. We don't have the library anymore, so that leaves the Presidio Theatre for quiet entertainment--or so I believed.

Our theater shows first-run, just-released (I know that's redundant) movies. If it's on the market and it's popular, it's going to play on post within the month. At least that's what I've always assumed, so that's what I told everyone who'd listen.

But the past two weekends something happened to make me doubt.

Take for instance the July 4 weekend. The powers in charge of scheduling the post's movies notified this paper that movies would play July 3 and 4. I thought that to be odd since the fireworks would be the big attraction on the 4th. We listed those movies, "Sidekicks" and "The Boiling Point", in our paper because we were assured by the post's AAFES management (after TWO revisions) that these movies would play during the holiday weekend--in effect, the movie theater would be open both days.

Fortunately, I'd sent my daughter Christina ahead to scout for me July 3. She and a girlfriend, Tenisha, walked to the theater and found, along with other patrons, that the theater was closed. She called me at the house and told me not to bother leaving.

Now I know that sometimes things happen that cause the best laid plans to fall apart. But having the same thing happen two weekends in a row makes me wonder.

Another mega-hit was scheduled to impact the post July 10. "Posse" was supposed to play at the theater. I was ready. My family was ready. This time we would not be denied.

Once again my daughter, accompanied this time by her beau, formed the advance party and arrived early (she doesn't go early to find a seat, mind you, but to see and be seen by her peers--you know how young people are). Just as I was headed for my door, the phone rang. It was Christina, calling from the bowling alley.

"Daddy, they've got a sign on the door that says it's closed!"

OK, maybe they've rescheduled Posse it for next week.

"It doesn't say. It just says the theater is closed tonight and it advertises the movie that's playing tomorrow. There's still people driving up to the theater to see the movie."

In other words, this was news to all of us. When she added that she saw a theater employee in the bowling alley I knew I couldn't keep silent.

So, on behalf of the Presidio family (yeah, right), Monday I called the office of the person in charge of handling the movie schedule for the post.

Andy White, service business manager for the post exchange, got a bummer (is that a word?) deal than we did. Apparently BOTH projectors broke down on the July 4 weekend, and have just recently been repaired. But White, who's in charge of concessions, the theater and services, is on top of things.

"I've been assured by the projectionist that both repaired projectors are in top-notch condition," White said. "I'm now checking with Dallas (AAFES headquarters in Dallas, Texas) to see if we can get the movies we missed brought back to the Presidio for our community."

Meanwhile, White has updated the movie schedule to include the movies we have listed in today's paper.

Is that service, or is that service?

So the next time downsizing gets you ... down ... and you contemplate the services that we've lost, remember this. We have a theater that shows the latest releases Friday through Sunday every week at the cheapest prices in town. And it's people like Andy White who are making it happen. Thanks Andy.

Ask the commander answers

The *Star Presidian* started a new monthly "Ask Presidians" column in the July 2 edition of the newspaper. The column is called "Ask the Garrison Commander."

The following question was asked by **Cpl. Marvin Schulz of the Transition Office**: People don't know what's going on. There is a lack of information getting out. They should have never closed the library and finance office until the post closed. I'm a college student and I now have to go downtown just to do research for my classes on post.

Col. Gregory A. Renn, Garrison Commander's response: Our goal is to maintain the best possible Quality of Life for all Presidians for as long as possible. We need to devote our resources to those areas where the needs are the greatest across the whole community.

Closing the library was one of the toughest decisiions we've had to make so far in the course of downsizing the Presidio. Unfortunately, the library was very expensive to operate and was used by relatively few people.

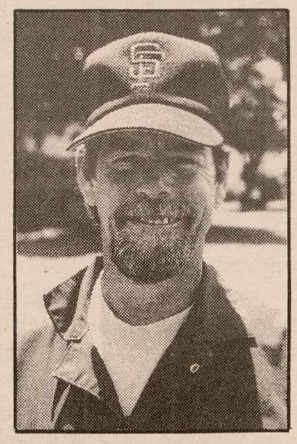
To better serve the community, we converted the library into a first class Youth Activitiy Center. During the summer, this facility is serving 50 to 75 kids each day.

Schulz's questions concerning the finance office closure and the remaining questions that were asked in the July 2 Ask Presdians will be answered and published in future the next edition of the *Star Presidian*.

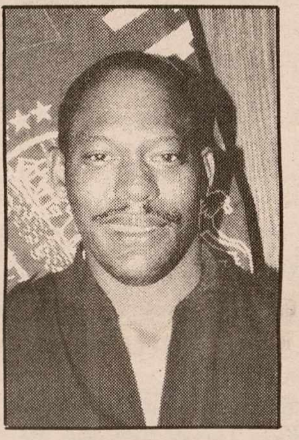
Ask Presidians

What changes would you like to see in the *Star Presidian*?

Spc. Monique E. Barnes, driver, PROTOCOL: "I would like to see more world issues on the United States and other countries the Army supports. Since we are sending soldiers to Bosnia, there should be some coverage on that. I would also like to see articles on the soldiers going to Japan for the United Nations peace keeping effort."



Larry Skufca, groundsman, Directorate of Engineering and Housing: "Basically more articles covering events on the Presidio and less advertisements."



Maj. Gerald Brown, Headquarters Commandant: "I'm happy with the paper. I would like to see more on transitioning, early retirement and reduction in force and how to plan. People think it will be a smooth process, but it happens so fast."

Debra K. Richards, secretary to Deputy Chief of Staff, Sixth U.S. Army: Less advertisements. I know there has to be ads, but I would like to see more discretion used when choosing advertisements."

Staff Sgt. Frederic E. Shaffer, communications NCO, Exercise Division: The nuts and bolts of the military. People think because you put on the suit your a military expert. Cover stories on why we can use tanks in the desert, but not in Bosnia: Computer Users group information. How do you fix the LAN? There is a lot that goes on around here at levels below retirement ceremonies."

By Spc. Adrienne Story
Star Presidian staff

Star Presidian

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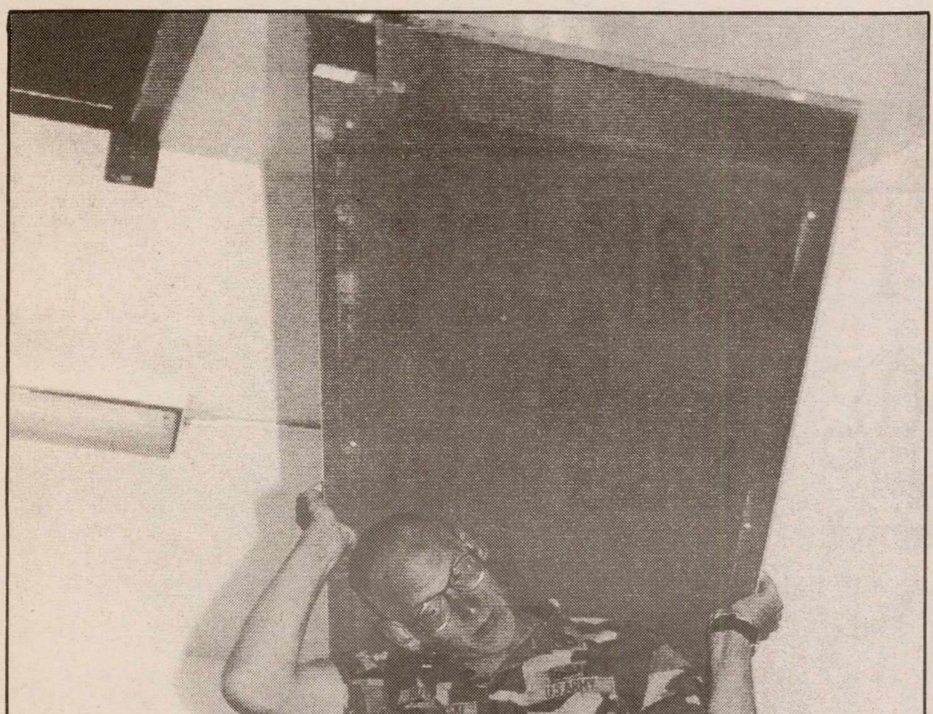
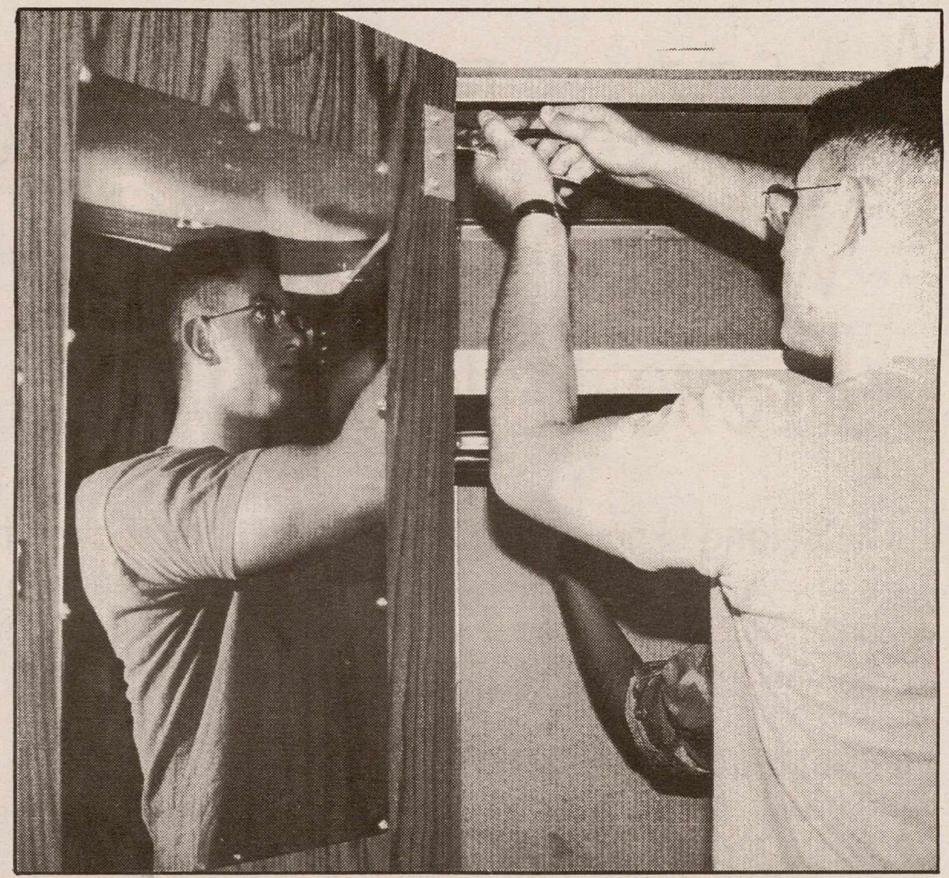


Staff Sgt. Pleasant Lindsey III

Minutes after his promotion, Sgt. 1st Class Gregg A. Rutkowski carries dismantled sections of a wall locker, one of many items of furniture removed from buildings 1207 and 1208 during Co. C, 864th Engineer Battalion's relocation.



Staff Sgt. Pleasant Lindsey III

Lending a hand, Pfc. Jason Encinias helps another soldier dismantle a wall locker. Company C, 864th Engineer soldiers moved all the military furniture from their former barracks, buildings 1207 and 1208. Remaining Charlie Rock soldiers, who are not living in housing are now living in Building 1030.

Charlie cont. from Page 1

floors. The buildings are now used as a storage area for the FMO's property.

Soldiers constructed a sidewalk by the Lombard Gate which added to pedestrians safety.

Their accomplishments are high in numbers and quality.

Although Company C, 864th Engineer Battalion, inactivated yesterday, its completed projects will be appreciated for a life time.

Most soldiers have PCSed or ETSed before the inactivation. Before the ceremony, there were 67 soldiers assigned to Co. C, Dorrough said. They are authorized 134. Soldiers who are waiting to transition out of the Army will be assigned to Headquarters Co. USAG Monday and remain here until their ETS date arrives.

Many soldiers assigned to Company C before the inactivation arrived here straight out of Advanced Individual Training, however Dorrough feels their experience will continue to be an Army asset.

"The soldiers learned a lot while they were here," Dorrough said. "They worked in their MOS. Some places engineers don't get as much on the job experience. They will bring a lot of knowledge and experience to their new units.

"I'm proud of what our unit has done here," the first sergeant said. "Since we've been here, we've done a lot for the Presidio and the country. The soldiers should be proud."

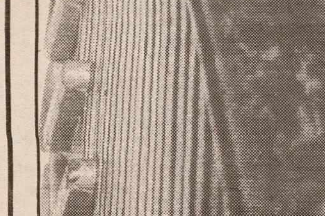
Dorrough, who will be assigned to Camp Humphries, Korea, says he is looking forward to his new assignment, but admits he will miss Charlie Rock.

He became first sergeant in November of 1992, but had been assigned to Co. C since September of 1989.

"I feel pretty sad about the inactivation," he said . "I've gone to Honduras and Saudi with this company.

"We been through a lot, " Dorrough concluded. "I've worked with a good group of people, and I'll really miss them."

MP assists in illegal immigrant capture



Military Policeman Sgt. James A. Scott

By Spc. Adrienne Story
Star Presidian staff

At midnight a boat crept up to the dock at Fort Point. It had reached it's destination after a long journey. About 180 survivors of the trip were cramped together inside the small boat.

They were thirsty, hungry and some we're even close to death. Most were cramping so bad from dehydration they didn't realize they had landed.

They scurried out of the boat awaiting further transportation.

They came here to seek freedom, employment and the American dream. However, these Chinese immigrants came here illegally.

Sgt. James A. Scott, an MP here, ensured their illegal acts did not go unnoticed.

About one hour after the boat docked, Scott spotted a suspicious vehicle on Lincoln Blvd. going toward the 25th Ave. Gate. The driver was not wearing a seat belt and the license plate light was out in the rear of the truck.

Scott pulled him over. He saw eight people in the back and the stench was almost enough to knock him over.

"There were eight passengers in the back and only one in the front. I thought that was strange," he said. "They were drinking rusting water out of jars, and had cans of fish that were open and taped closed. The whole truck stank."

Scott became very suspicious and began asking the driver questions.

"I knew something wasn't right," Scott continued. "They were soaking wet. When I asked the driver questions, he didn't have answers. He didn't know any of the passengers names, where he picked them up or where they were going."

Because of his instincts as a MP, Scott continued questioning and attained the people in the vehicle.

"I didn't know about the boat of illegal aliens landing, so I wasn't sure what was going on, but I knew something was up," Scott said.

"I flagged down a Park Police officer that was driving by," he added. " He knew about the boat, and we put two and two together. That's when we realized these passengers were illegal aliens."

None of the passengers could speak English, and they were cramping severely.

"It was very difficult to communicate. It became frustrating trying to find out information," Scott added. "We had to communicate by using gestures alone."

Scott and the Park Police officer attained the suspects. Then Scott released them to the custody of the Park Police.

Col. Gregory A. Renn, garrison commander, presented Scott with a Commander's certificate July 9 at the Provost Marshal's Office award ceremony for his involvement in capturing the illegal aliens.

"What was so amazing was Scott had no idea about the boat load of illegal aliens," said Staff Sgt. Michael G. Garrett, NCOIC Traffic accident section. "He just acted on instinct, and he did the right thing."

As Scott's supervisor Garrett says he is proud soldier's actions that early morning on May 24.

"I'm very proud of him. I don't think all the illegal aliens would have been found if it wasn't for him stopping that vehicle," Garrett continued. "The ones in the truck would have never been caught because they were heading right off post."

This was not the first Commander's certificate Scott has received for his outstanding performance as an MP.

"He's one of the best MPs I've known, if not the best," Garrett said. "He is very proactive. He's a good MP, a good NCO, just an all around good person."

"I'm proud. I think I helped find all the illegal aliens," Scott concluded. "The way I see it is if you don't come here the right way then you're going back."

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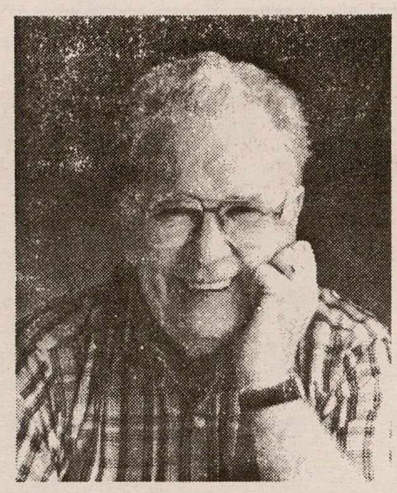

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Lakeside Cafe
2529 Ocean Ave.
(Between 19th & Junipero Serra)
Tuesday, July 27 • 9:30 AM

The Olive Garden Restaurant
3251 20th Ave.
(In Stonestown Mall)
Wednesday, July 21 • 3:00 PM
Wednesday, July 28 • 3:00 PM

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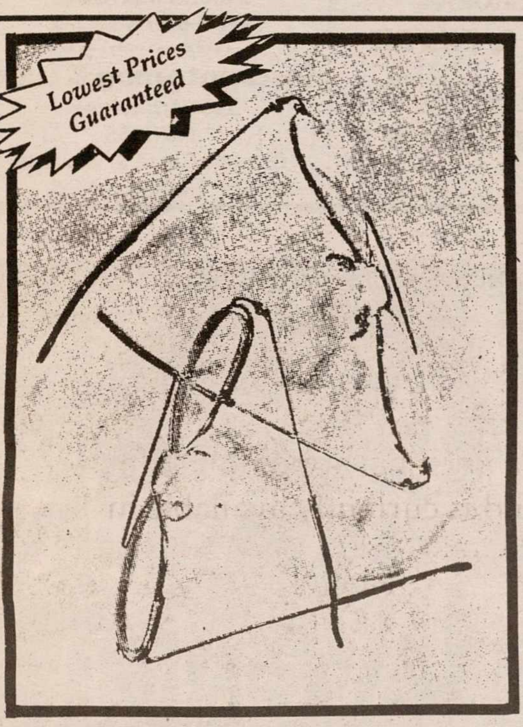

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Presidio News Briefs

Donations solicited for memorial

Chaplain (Maj.) Freddie Hall, deputy post chaplain, is accepting donations for a memorial plaque in memory of Sgt. 1st Class Bradley. For more information contact Hall at the main chapel at **561-4711**.

Education center computer classes offered

The Army Education Center plans to offer the following free classes this summer: **dBase IV**, 10 a.m. to noon, Mondays and Wednesdays, Aug. 9 to Sept. 20; and **Advanced Wordperfect 5.1**, 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Aug. 10 to Sept. 2.

Active duty soldiers have first priority for enrollment and DA civilians who work on the Presidio have second priority; adult family members and reservists are accepted on a space-available basis. Enrollment forms and further information on all classes are available from Kay Terry at the Presidio Army Education Center, Building 1216, **561-2974** or **561-4445**.

Job Fair '93 here

Sixth U.S. Army and Presidio of San Francisco invites all professionals in the Northern California area to attend Job Fair '93, from 9 a.m. to 4 p.m. Aug. 9, at the Presidio Officers' Club. Whether you're employed or currently unemployed, Job Fair '93 will allow you to explore your full career potential, by exposing you to the abundant employment opportunities currently available. Participating this season are some of the top firms in the nation, as well as the Northern California area, each looking for skilled professionals to add to their corporate teams. Among the professional skills in demand are accountants, chemists, engineers, legal assistants, managers, secretaries, marketing professional, technical writers, sales representatives, and many more. There is abundant free parking in the parking lot across the street form the Officers' Club. The Job Fair is jointly sponsored by the Sixth U.S. Army and the Association of the United States Army.

More stress management classes offered

Army Community Services is offering Stress Management Classes from 2 to 4 p.m. Thursdays at ACS, Building 103B, and parenting classes from 10 a.m. to 12:30 p.m. and 5:30 to 7:30 p.m. on Thursdays in the Child Care Development Center, Building 387. Child care is available for all classes

Stress Management
Thursday, Conflict Resolution;
July 29, Home and Work Stress Management.
Parenting Class
Thursday, When Nothing Works.

To sign up and to preserve your child care call Karen Kaho at **561-5155**.

Thrift shop job openings

The Thrift Shop is accepting applications for two paid job openings available in August, cashier and janitor. Call **922-3384** for information or come to Building 204 from 10 a.m. to 1:30 p.m. Tuesday, Wednesday or Thursday.

Patient health care information day

Attention retired service members, their dependents, and active duty service members and their family members.

The Patient Service Center is having a Health Care Information Day split into two sessions July 29 from 8 to 10:30 a.m. representatives will meet with retirees, those over 65 and family members. From 1 to 2 p.m. they will be available for active duty soldiers with dependents and retirees who are eligible for CHAMPUS and CHAMPUS Prime. The information day will provide an opportunity for you to obtain important information about CHAMPUS and CHAMPUS Prime, health maintenance organizations and Medicare parts A and B. Your questions and concerns will be addressed by the experts in each of the above fields. Refreshments will be available. For more information, call Capt. Patrick Durnin, **561-2535**.

Post-career lecture to be held Wednesday

Col. Doug Carter, U.S. Air Force retired, will lecture on "Marketing Yourself for a Second Career" at the Post Theater, Building 99, from 9 to 11:30 a.m. Wednesday. Carter is the director of The Officer Placement Service for the Retired Officers Association (TROA). He will discuss the pros and cons regarding retirement and the civilian job market. Soldiers and their spouses will have an opportunity to ask questions and receive a free copy of "Marketing Yourself for a Second Career." For questions, call Maj. Gerald J. Brown at **561-3906**.

Civilian clothes optional for flights

All Army personnel travelling Air Mobility Command Category B flights on PCS orders, temporary duty, emergency leave, or space available are authorized to wear civilian clothing. A Category B

See Briefs, Page 10

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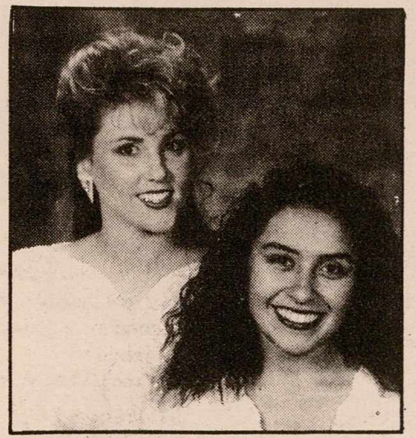

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3499 Industrial Dr. 578-4242

• PALO ALTO
370 Calif. Ave. 329-1204

• FREMONT
Mowry East Center 796-7507

• EMERYVILLE
Powell St. Plaza 547-8545

• COLMA ~ *Metro 280 Center*
37 Colma Blvd. 992-0606

• CONCORD
508 Contra Costa 825-1969

• SAN JOSE
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1080 Blossom Hill Rd. 978-5696

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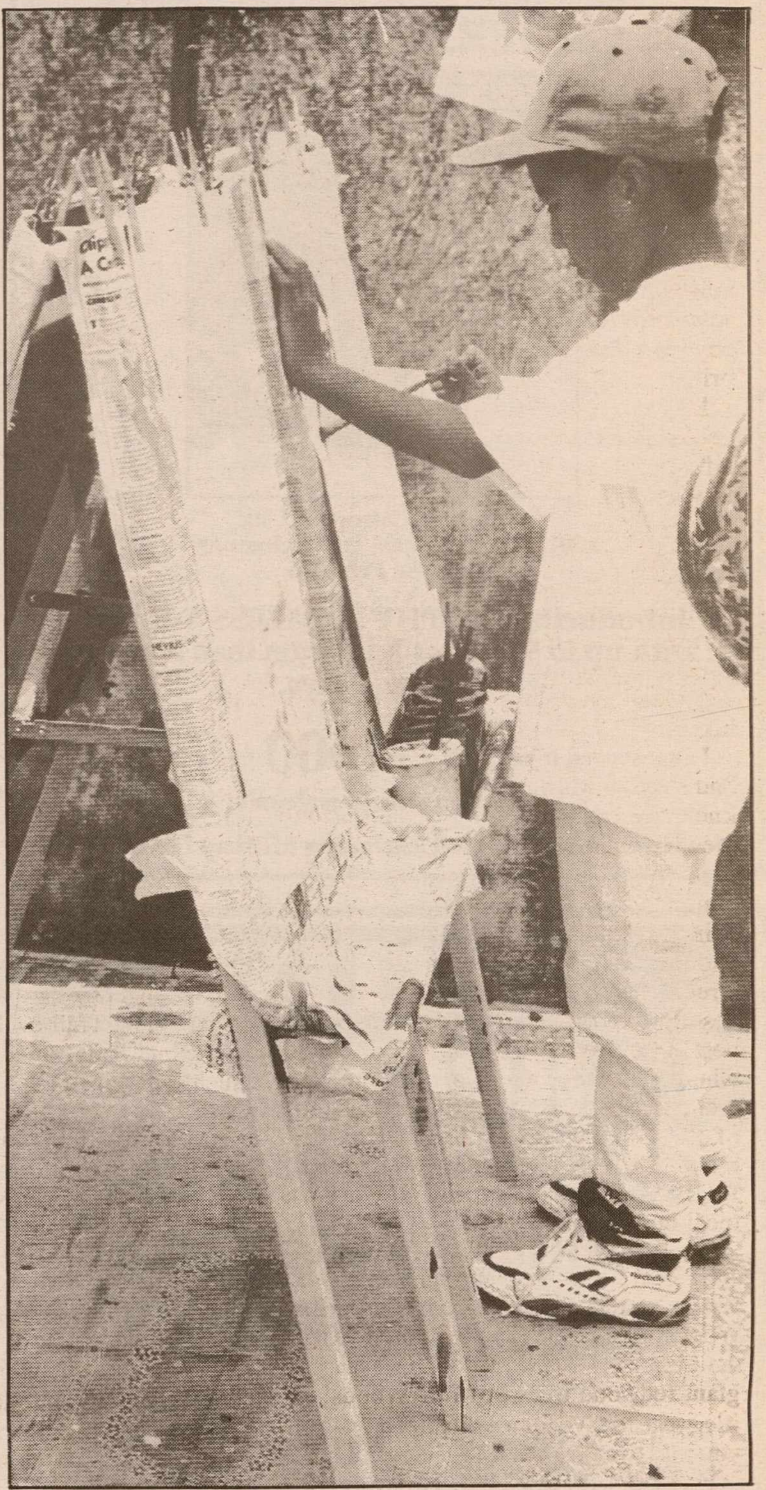
Presidio Focus



Play Day fun for all ages

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Tired of sitting in the house all day with your child? The Presidio's family services host a once-per-month activity day for infants, toddlers and pre-schoolers in the Pershing Community Center, Building 1539.

The Parent/Child Play Day is sponsored by Child Development Services and the Family Advocacy Program. It provides a way for parents to meet , discover community resources and have fun with their children in a community setting.

Among the hands-on activities are finger and brush painting, balls and building blocks, and flash and picture cards. The center also provides tricycles, rocking horses and wagons. There are books for those who can read or for parents to read to their children. The volunteers also put on dramatic plays and provide snacks for children and parents.

The volunteers include parents, child care providers and Child Development Services employees. All of the post's providers are Army trained and certified. Many of them are parents too.

"Parents share their joys, hardships. We have lots of new mothers who come here to meet one another," said Mary Ann Gianquinto, Family Child Care director.

During their visit parents can learn more about the Child Care Center and the Family Child Care program, parenting classes, baby sitting co-ops, stress reduction and becoming a family child care provider. As the name implies, the day is set aside to ensure the children get a chance to associate with one another as well.

"The play day is a great opportunity for children and parents to socialize. The children love it," volunteer Tina Guerrero said.

"The play day is good for all of the children." said volunteer Norma Quilaton, a parent and provider whose children were playing nearby. "We have many activities for them to do. Also, those parents who can are allowed to stay and spend time with their children."

The children and parents aren't the only ones who benefit from this program. Family child care providers use it as part of their ongoing training for the Presidio community.

"We use it as a classroom for providers and parents, which gives us a chance to provide role models for interacting with children. We believe that the more education and stress reduction you provide, the more you eliminate the chance of child abuse," Gianquinto said.

The Parent/Child Play Day meets from 9:30 to 11:30 a.m. the second Thursday of every month. The next play day is scheduled Aug. 12. For more information about Presidio activities for your child call Child Development Services at **561-6372**.

(Top left) Calling them by name, Travis Leder, 3, places picture cards in rows before him. Travis can already read the words on each card.
(Above) Painting for fun, Donnie Quilaton show off his talent at the Pershing Community Center.

Photos by Staff Sgt. Pleasant Lindsey III

Congratulations

Spc. Juan de La Garza

Eric Stalte was recently promoted to the rank of sergeant. Stalte is an infantryman assigned to Headquarters Company, USAG Ceremonial Platoon. His wife, Robin , and company commander Capt. Tracy Sharpe pinned on his new rank.

Spc. Adrienne Story

Spc. Jacquelyn Y. Ambrogio was named Presidio Soldier of the Month for the month of June. She is a behaviorial science specialist at Letterman U.S. Army Health Clinic. Maj. Gen. Patrick H. Brady presented Ambrogio with a Presidio plague.

Hiking in the Marin Headlands

By Maj. Wanda Arceneaux
Special for the Star Presidian

What can you do in the Bay Area if you're low on funds but it's a beautiful weekend? Don't sit around and sulk. Just head north across the Golden Gate Bridge to the Marin Headlands for some of the most wonderful scenery and hiking trails anywhere--and it doesn't have to cost anything, except $3 to get back across the bridge.

Hiking in the headlands offers gorgeous views of the city skyline, the Pacific Ocean and the entire San Francisco Bay area, as well as a chance to see the local vegetation and wildlife. The exercise can be moderate or vigorous, depending on the steepness of the trail and the pace. And you can hike for as little as an hour or an entire day. I have chosen to detail a few hikes which take 3-4 hours, the ideal length for most recreational hikers.

I first started hiking with a friend who had lived in Marin County for years and knew the trails very well. She recommended a good book on the trails of the area which is published by the Sierra Club. Its title is "To Walk with a Quiet Mind--Hikes in the Woodlands, Parks and Beaches of the San Francisco Bay Area." It contains area maps and detailed descriptions and even includes tips on the best places to park near the trailheads and where to stop for a picnic. I also recommend that you get a good map of the trails of the area before beginning your first hike. These items are available at local Park Service visitors' centers and most local bookstores.

One of my favorite hikes is from Mountain Home Inn on the Panoramic Highway down to the visitors' center at Muir Woods via the Fern Creek Trail. Most of the hike is in the shade of the beautiful giant redwood trees of Muir Woods, so it's great to save for a really hot day when you want shelter from the heat and sun.

From the Presidio take Highway 101 north across the Golden Gate Bridge to Highway 1 (Stinson Beach, Mill Valley exit). After exiting 101, you should turn left at the first stoplight, which is Highway 1. After a few miles, you will come to the intersection of Panoramic Highway. Turn right and travel north past the turnoff for Muir Woods. Continue about 2 miles to Mountain Home Inn, on the right. Park in the lot across the street from Mountain Home Inn (on the west side of the Panoramic Highway). The trail head is marked on wooden stakes. The hike begins on the Old Railroad Grade road, which is paved. Take this down to Camp Alice Eastwood, where you will see picnic tables and a camping area. There are also rest rooms here. From here take the Fern Creek Canyon Trail down toward Muir Woods. Before you reach the bottom of the canyon, you will come to the intersection of the Bootjack Trail. Take this one in the direction of the Muir Woods Visitors' Center.

This hike is a great way to really see Muir Woods like few tourists ever do, with the lush ferns and rushing creeks under the canopy of huge redwoods. It should take about 90 minutes to two hours to reach the Muir Woods Visitors' Center, where you can get a sandwich or snack or a cone of soft ice cream. I usually don't bring snacks, since I like the food at the snack bar. But even though this hike is mostly in the shade, I still bring a canteen of water.

You can return the same way or take the Ocean View Trail back up to Mountain Home Inn. This trail is less strenuous and much more open, and it offers different views.

If you are with a group, you might want to leave one car at Mountain Home Inn and one down at the Muir Woods Visitors' Center if some in your group prefer not to hike the 700-foot climb back up the mountain. But beware, the Muir Woods parking lot fills up early on weekends and during the summer.

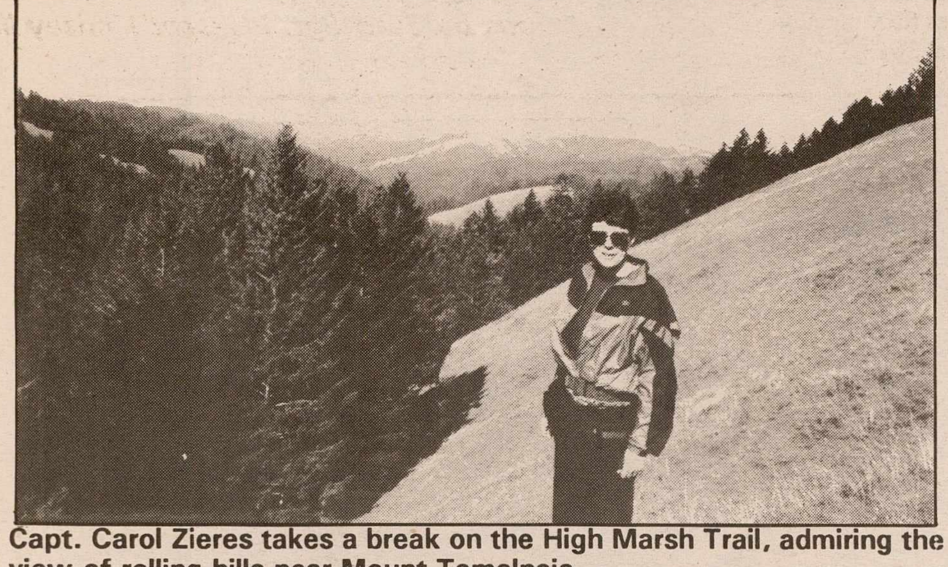
Another hike I enjoy is in the same general vicinity but farther up Mount Tamalpais. From the Presidio, take the same route up to Mountain Home Inn, but continue past it about two miles to the Pantoll Road intersection. Take a right and drive uphill about a mile to the parking lot at Rock Spring. This parking lot is free, but it also fills up fairly early on weekends, so try to get there by 10 a.m.

From here you can take either the Cataract Trail, the Simmons Trail or the Benstein Trail. I've only hiked the Cataract, so I can't tell you which is the best. But the Cataract offers beautiful views and will take you to Laurel Dell, a picnic area with rest rooms. Just past Laurel Dell are the Cataract Falls, which are beautiful and offer a great place to stop. Not far from the falls is another trail off to the right, the High Marsh Trail. If you have lots of time, you might want to take a side trip on this trail for a short distance to get a good view of the rolling hills and Alpine Lake.

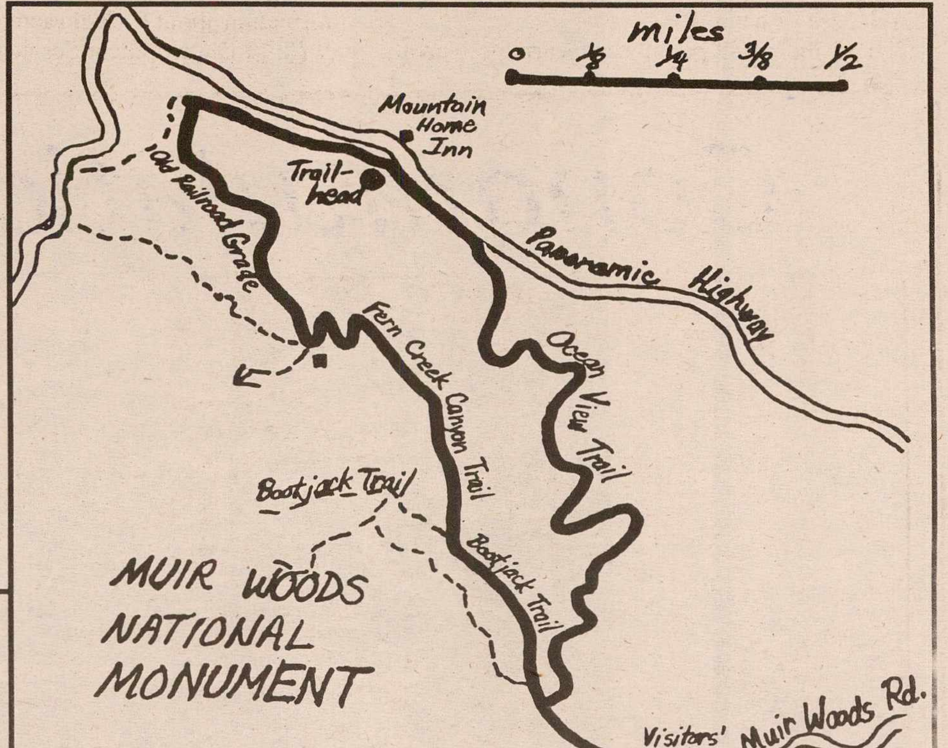
Continue down from the waterfalls and follow the creek until it runs into Alpine Lake. This is a beautiful area that reminds me of places in Austria. The only way back is to return the same way you came, unless you post a car along the Bolinas-Fairfax Road, which is accessible from West Ridgecrest Boulevard, just west of the parking lot at Rock Springs. Most of this hike is also in the shade, but it is steep in places, so you will definitely get lots of exercise, especially on the return trip.

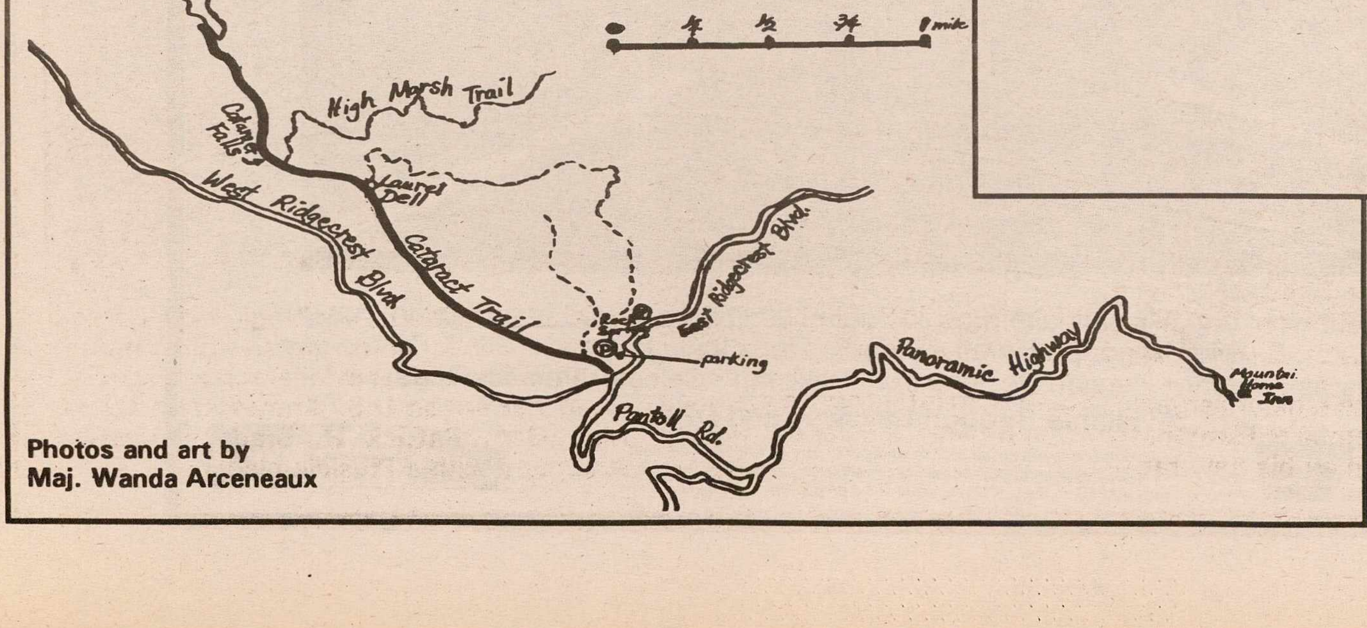
These are just two of hundreds of hikes available a few minutes from the Presidio. The scenery is breathtaking, and the air is fresh. Next time you have a free weekend or have visitors who are tired of the normal tourist routine, head out to the Marin Headlands and Mount Tamalpais. Your wallet will be better off for it, and so will your health!

Cataract Falls is a favorite stopping point for most hikers on the Cataract Trail, accessible from Rock Springs on Mount Tamalpais.



Capt. Carol Zieres takes a break on the High Marsh Trail, admiring the view of rolling hills near Mount Tamalpais.





Photos and art by
Maj. Wanda Arceneaux

Briefs continued from Page 5

flight is a contracted, full plane load mission, which normally arrives and departs from a commercial airport.

Dress and appearance should be appropriate for the occasion and should not discredit the Army. Tank-tops or T-shirts worn as outer garments, clothing with inflammatory or obscene language or depictions, cut-offs, shorts, sandals, and revealing, soiled or torn clothing are examples of inappropriate civilian attire.

Army personnel travelling on AMC owned flights and operational support aircraft will still be required to wear a uniform. For more information, call Headquarters, Department of the Army at **DSN 225-6361**.

GI Bill deposit

Soldiers who were not eligible before, but, due to a reduction in force, chapter, or bonus, are now eligible for the New Montgomery GI Bill (Chapter 30) need to report to the Presidio Education Center as soon as possible to enroll in the GI Bill and pay the $1,200 **before** receiving their final paycheck.

Centralization of local Finance and Accounting Offices at the Defense Accounting Service in Indianapolis, Ind., has made deductions from final paychecks difficult. Prior to separation, soldiers must pay $1,200 by check or money order at the Presidio Education Center, Building 1216, or they will not be enrolled in the GI Bill which is worth $14,000. Entitlement for this New Montgomery GI Bill ceases upon separation. For further information contact a counselor at the Education Center at **561-4445** or **561-2974**.

ADMIT ONE

Movies at the Presidio Theatre

Tonight-No Place to Hide (R)
Saturday-Hot Shots Part Deux (PG-13)
Sunday-Ground Hog Day (PG)
July 23-Falling Down (R)
July 24-Sliver (R)
July 25-Loaded Weapon (PG13)

All movies begin at 7 p.m.

1296 E-54

Letterman's CHAMPUS services

Letterman U.S. Army Health Clinic continue to provide limited outpatient services for CHAMPUS eligible beneficiaries under 65 years of age. Resource sharing providers from the civilian community provide services within Letterman Hospital and accept CHAMPUS rates as payment in full. Resource sharers do not see Medicare patients.

Appointments may be obtained by calling Beau DeFehr at **561-4816** for the following specialties: Allergy, dermatology, endocrinology, GI, gynecology (after Aug. 5), physical medicine (non-surgical orthopedics), rheumatology, pediatrics and podiatry.

Appointments for the adult and child psychology service may be made in person at the Psychiatry Clinic on the third floor or by calling **561-3120** or **561-4403**. For any additional information contact Lt. Col. Sandy Peterson in the Patient Care Center at **561-2468** or **561-4509**.

ACS birthday party

Presidio Army Community Services is celebrating its birthday from 1 to 3 p.m. July 23 in Building 103B, open to the Presidio community.

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FURNITURE STORE
ORIENTAL RUG SALE
JULY 15 - JULY 18, 1993
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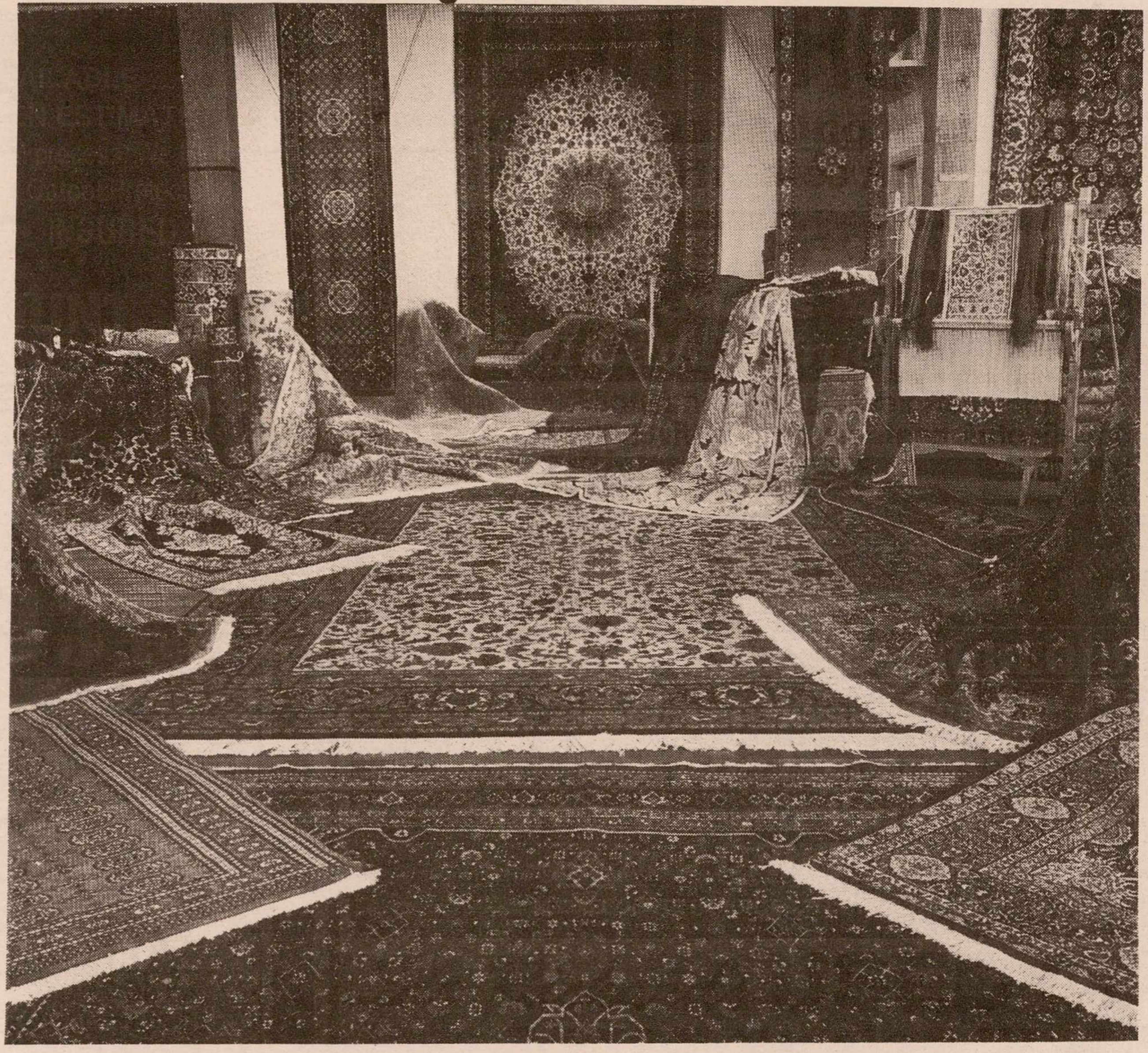

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Guidelines for voluntary separation program announced

Members of the U.S. Army Reserve Active Guard and Reserve seeking early retirement should be aware of the categories and procedures applicable for the USAR AGR Voluntary Separation Incentive programs and temporary Early Retirement Authority Incentive programs for fiscal year '94.

Retirement dates are governed by category, with each category having an application window for retirement.

An individual letter of notification and a sample application will be sent separately to identified USAR AGR soldiers who meet application criteria.

Application categories are as follows:

*** Category I -- 17 to 20 years of active federal service;**
*** Category II -- 16 to 17 years AFS;**
*** Category III -- 15 to 16 years AFS.**

The application window for Category I is now to Aug. 4. Required retirement date is Nov. 1. The application windows for categories II and III will be announced if required.

Captains, Lieutenants and warrant officers may not apply. Also, majors, lieutenant colonels and colonels in the following branches may not apply: Judge Advocate General, Chaplain, Civil Affairs and Nurse Corps.

For enlisted members the following military occupational skills by rank may apply:

***Sergeant major -- 92Z, 79D, 75Z, 71L, 11Z, 00E;**
***Master sergeant -- 98Z, 95B, 93P, 92Z, 88Z, 79D, 75Z, 74Z, 73Z, 71L, 71D, 63Z, 63B, 55Z, 54D, 51Z, 37F, 31Z, 12Z, 11B, 00E;**
***Sergeant first class -- 96B, 95C, 95B, 94B, 93P, 92Y, 92A, 88M, 88L, 88K, 88H, 81Q, 77W, 77F, 75Z, 74D, 74C, 73C, 71L, 71D, 68K, 55B, 31G, 18B, 13B, 13E, 12B, 11B.**

All requests for early retirement eligibility will be submitted on Department of the Army Form 4187. Requests from officers will reflect some differences from requests by enlisted soldiers, therefore a format for both requests is listed here.

Officer application format

Section III, in (other) block. Identify request as "Early retirement eligibility."

Section IV

1. AOC: fill in the blank
2. I request release from active duty on (date).
3. I do/do not desire to take transition leave from (date) to (date).
4. My transition site is (see AR 635-10, appendix B):
5. Home address/home and duty phone:
6. I understand that application for Voluntary Retirement Eligibility does not guarantee approval.
7. I understand that I cannot withdraw my request for separation, once approved, except in the case of unforeseen medical hardship or acceptance of promotion.
8. I understand that I must complete a physical examination, or sign a waiver thereof, prior to separation.
9. I understand that I am subject to collection of negative leave balances.
10. I waive the 90 day notification of the transition benefits briefing (ACAP) if not locally available.
11. I request a waiver on time in grade from 3 to 2 years, if applicable, in order to retire at my current grade (10 U.S. Code 1370).

Enlisted application format

Section III, in (other) block identify request as "Early retirement eligibility."

Section IV

1. ETS(date) PMOS: Bonus recipient:yes/no
2. I request release from active duty (date)
3. I do/do not desire to take transition leave from (date) to (date).
4. My transition site is (see AR 635-10, appendix B).
5. Home address/home and duty phone
6. I understand that application for voluntary early retirement eligibility does not guarantee approval.
7. I understand that I cannot withdraw my request for separation, once approved, except in the case of unforeseen medical hardship or acceptance of promotion. If selected for promotion prior to separation, I will be removed from the promotion selection list if I choose to separate.
8. I understand that I must complete a physical examination or sign a waiver thereof, prior to separation.
9. I understand that I am subject to recoupment of any unearned bonuses and collection of negative leave balances.
10. I waive the 90 day notification of the transition benefits briefing (ACAP) if not locally available.

All applications will be submitted to **Director, FTSMC ATTN DARP-ARO** (officer) or **DARP-ARE** (enlisted), **P.O. Box 46936, St. Louis, MO 63146-6936.**

Applicants must provide information copies to their assigned unit and major U.S. Army reserve command.

Applications may be mailed through the Postal Service, overnight delivery or hand carried within the announced window for the category, but facsimile applications **will not be accepted**. FTSMC retains the authority to close category windows once target numbers by rank and AOC or MOS are reached.

Requests for exception to policy may be sent to **FTSMC, ATTN: DARP-AR**, for processing.

For more information, contact Col. Phillip J. Stoneman, at **561-4151**; or the FTSMC personnel manager at **800-325-4118** for officers and **800-325-4119** for enlisted.

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IN 6

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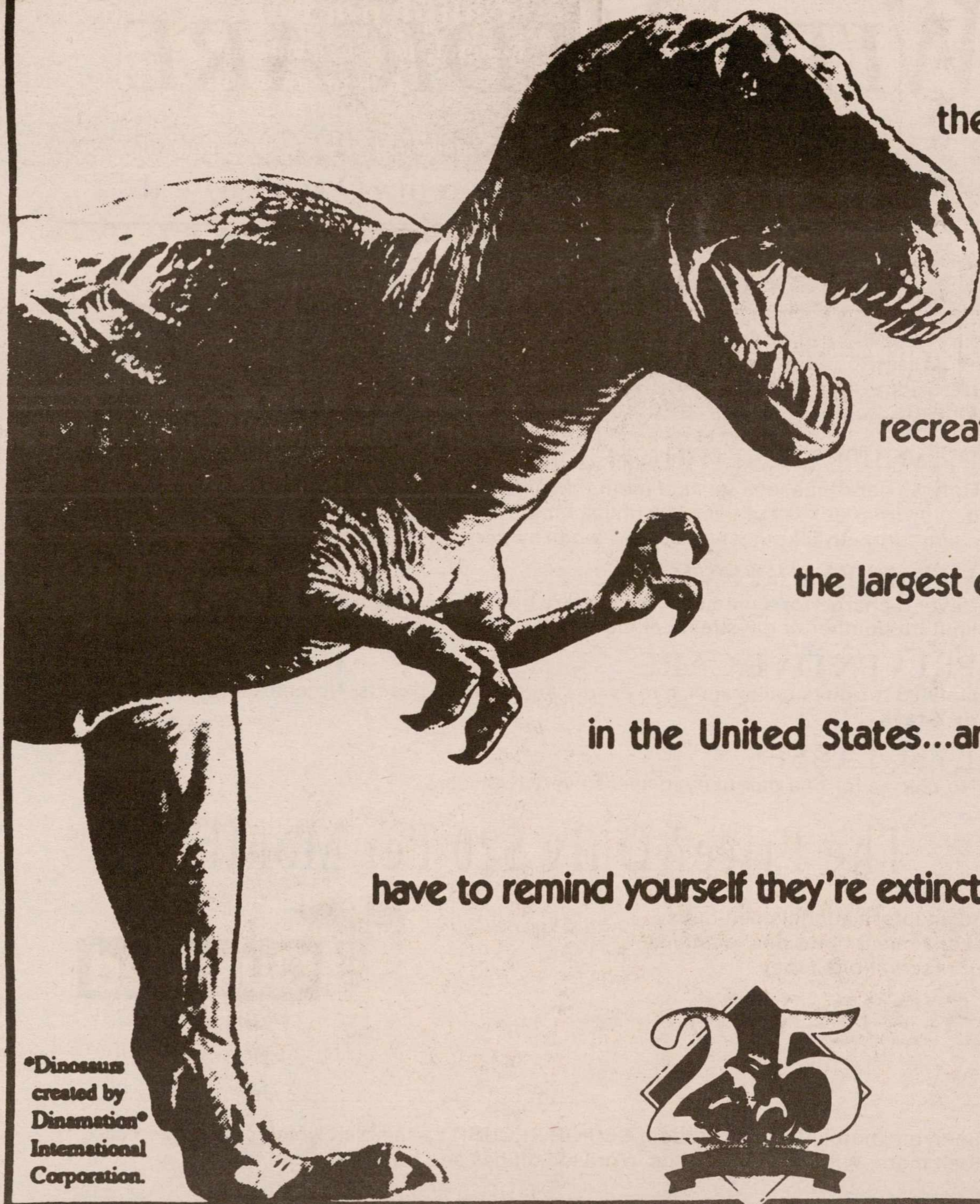
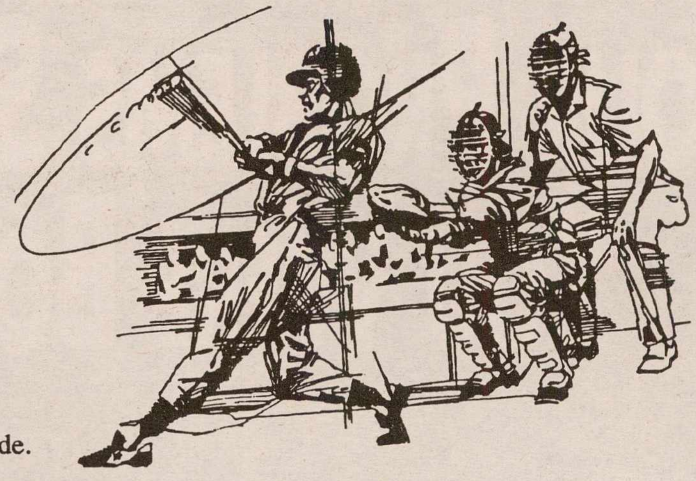


Presidio Intramural softball teams at battle for high scores, standing



July 6

LEC 8
ORE 3

Recruiting Bde. 13
USAG 14

Disaster Control 0
LUSAHC 28

AAFES 6
864th 11

Coast Guard 10
RG-PSF 12

July 8
LUSAHC 11
ORE 9

LEC 11
Recruiting Bde. 6

Coast Guard 11
AAFES 10

Disaster Control 1
RG-PSF 25

864th 14
USAG 18

Next week's games

Tuesday, field #1
5:30 LUSAHC vs USAG
6:30 AAFES vs Recruiting Bde.
7:30 ORE vs 864th
field #2
5:30 Disaster Control vs Coast Guard
6:30 RG-PSF vs LEC

Thursday, field #1
5:30 AAFES vs LEC
6:30 864th vs Recruiting Bde.
7:30 Disaster Control vs USAG
field #2
5:30 ORE vs Coast Guard
6:30 RG-PSF vs LUSAHC

League standings

1. **LUSAHC 12-1**
2. **USAG 9-2**
3. **LEC 8-2**
4. **RG-PSF 5-2**
5. **864th 7-6**
6. **Coast Guard 6-6**
7. **Recruiting Bde. 3-7**
8. **ORE 4-8**
9. **AAFES 4-9**
10. **Disaster Control (some trades needed)**

Sports briefs

HAAF pool open

Cool off and relax at the Department of Defense Hamilton Field swimming pool at Hamilton Army Air Field, Novato, Calif. Open swim is 1 to 4:45 p.m. Monday through Friday and Noon to 4:45 p.m. weekends. Family and adult swimming is 4:45 to 6:45 p.m. daily. The pool also offers water aerobics, fitness swimming, private and group lessons, and pool parties. Call the pool at **883-5962** for details.

Martial arts classes

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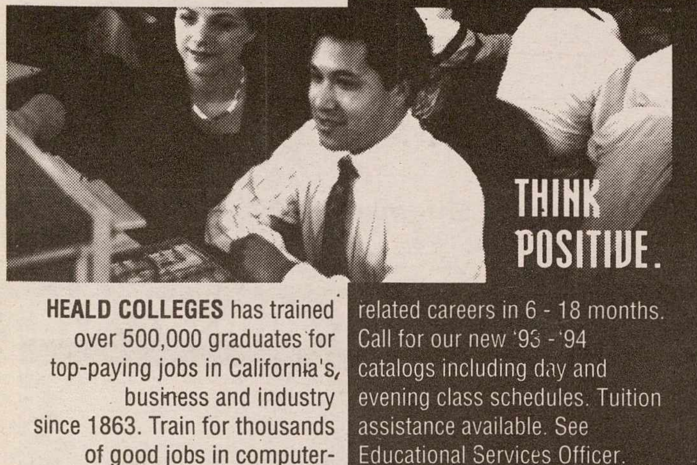

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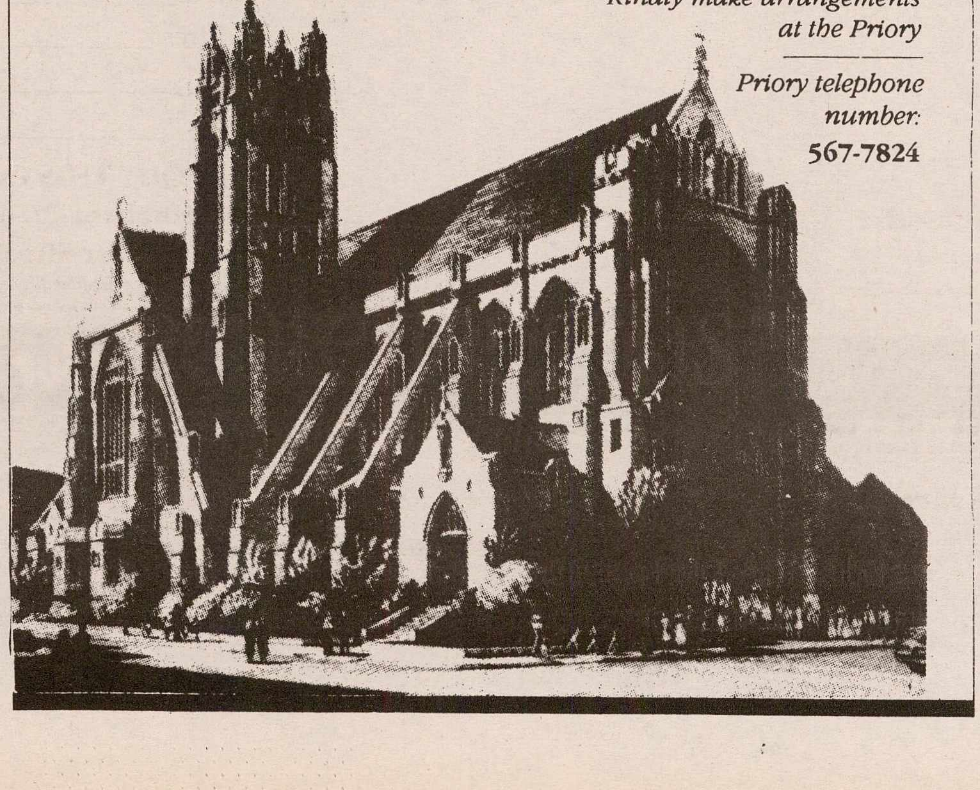
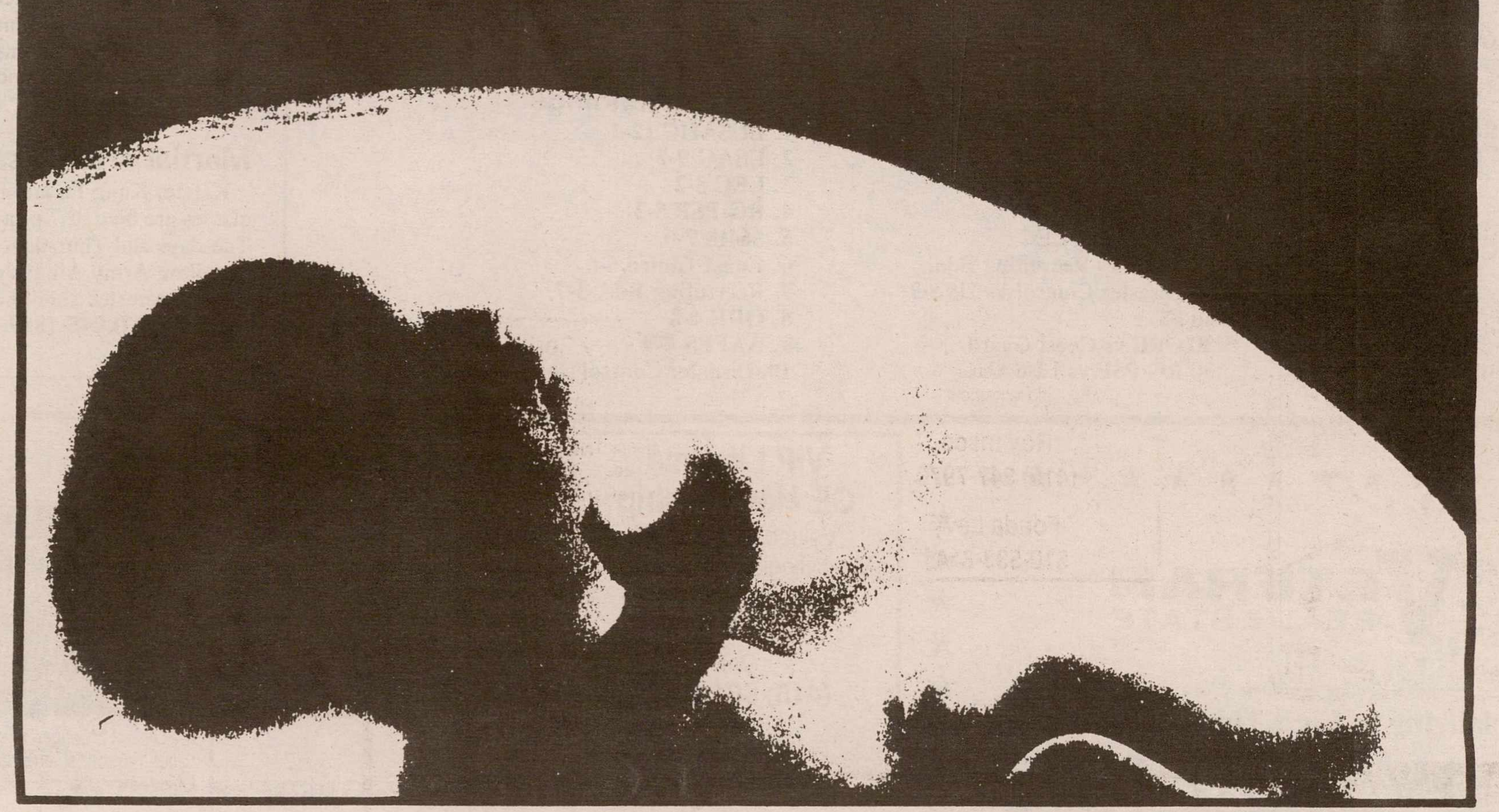


DID YOUR PROBLEMS START BEFORE YOU WERE BORN?



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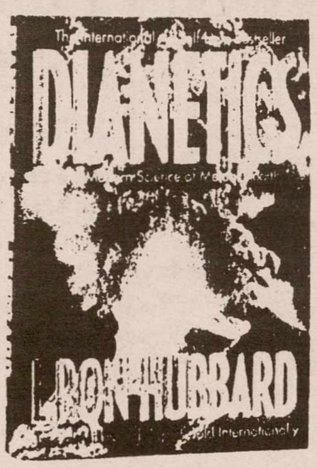

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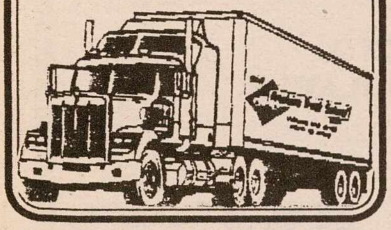

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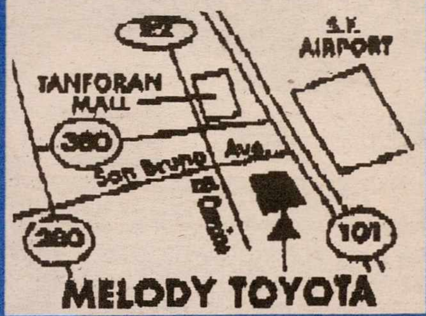

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Star Presidian

Vol. 38, No. 28 Published for the Presidio of San Francisco Community July 30, 1993

Witness to history

Sgt. John W. McGarrah

Leon Watkins, the founder and director of Walking Ghosts of Black History, a Denver, Colo., based reenactment group, contributed his skills Wednesday to make "Buffalo Soldier Day" at the Presidio a success. The actor has been in several motion pictures, including the hit *"Glory."*

Job search

Planning is the key

by Maj. Wanda Arceneaux
Special to the Star Presidian

About 85 percent of all jobs available today are not advertised, according to Doug Carter, a retired Air Force colonel from the Retired Officers Association, who addressed a group of senior officers and NCOs last week.

For this reason, it is very important that anyone looking for a job have a very well-defined plan, he said. You must decide what you want to do and how you are going to do it, devising a very specific plan with identifiable tasks, a sequence or priority of activities and a chart of milestones or target completion dates for each. The process should begin with self education, and Carter provided a bibliography of books from TROA with valuable information to assist the job searcher. Any library should also be a good place to begin the self education process.

When Carter explained that it takes 60 to 80 hours per week over a period of months or possibly even years to conduct a successful job search, it was obvious that his audience was skeptical. But after he outlined all the steps involved, the skepticism was replaced with looks of shock, disbelief and even fear. It was not all doom and gloom, however, as he indicated that most job seekers today actually find a job in about seven months. But remember, he cautioned, if you take a job you know will not satisfy you, this will prevent you from finding the job you really want, because you will no longer have the needed time to devote to the job search.

After you've begun educating yourself, the next step is to write a good resume. The key to this is to think "civilian." Unless you have targeted jobs in the defense industry, you should be careful not to use military terminology and titles. Civilianize where possible. Also keep in mind that a resume should not be a summary of your history but rather of your capabilities and accomplishments.

Other tips on resume writing include the following:

- Keep the length to one or two pages on paper that is 8½ by 11 inches with black print, mailed in a large envelope so it does not have to be folded.
- In listing your work experience, do not write job descriptions. Instead, write about your accomplishments and the results. Keep in mind that most civilian employers are profit motivated, so work in specific cost avoidances/cost savings where possible. Including information on how you engineered a cost savings or cost avoidance could show a potential employer your worth to the company.
- Write a functional rather that chronological resume unless you have no gaps and can show a steady career field progression. You may also include outside positions that add support to your career field. At the end of the function paragraphs, you may add a brief chronological list of positions held for the past 10 to 15 years, beginning with the current one and working backward. When writing the functional resume, determine which of your professional accomplishments you wish to highlight and write a paragraph on each. For each paragraph use the acronym PARS as a guide, where "P" is the problem encountered, "A" is the action you took to overcome it, "R" is the result of your action, and "S" is a statement supporting the result. Begin each sentence with an action verb, and use a variety of verbs. Avoid using words of self-evaluation. Never use phrases from military efficiency reports.
- Keep in mind that your resume should reflect your ability and is the best way you have of advertising yourself to the person who has authority to hire you. Use action verbs to create interest and show enthusiasm.
- Do not telegraph your age unless you feel that is necessary to get the job, and do not discuss salary requirements.
- Do not treat your resume as if it were written in concrete and can not be changed. This is when having a computer is advantageous. You can easily change your

Continued on Page 3

LAIR research realignment ends

By Donna Shepard
LAIR Chief Public Affairs

The Division of Military Trauma Research has completed its move to the U.S. Army Institute of Surgical Research in San Antonio, Texas. The division's transfer is the last in a series of Base Realignment and Closure-mandated realignments of LAIR's three research programs to other Department of Defense laboratories.

The institute's Laser Bioeffects Program led the way in October 1992 when it moved to Brooks Air Force Base, also in San Antonio, Texas, to be collocated with the Air Force's Directed Energy Program. In June, LAIR's Blood Research Program moved to Rockville, Md., where it will be collocated with the Navy's Blood Research Program.

With the transfer of the research programs completed, the remaining staff of about 60 military and civilians will focus on clearing the building and turning it over to the U.S. Army Garrison command. The goal is to clear the building by the end of September when the remaining staff of civilians will leave due to a reduction in force.

New commander

Maj. Barbara A. Wilson assumed command of the Letterman Army Institute of Research July 12. With the transfer of research completed, LAIR's tenth commander, Col. John Hess, rejoined the Blood Research Division and turned command of the institute over to Wilson, his deputy.

Maj. Barbara A. Wilson

Wilson is a Medical Service Corps officer who transferred to LAIR in January from Bangkok, Thailand. She served as the executive officer of the U.S. Army Medical Component, Armed Forces Research Institute of Medical Sciences there.

Wilson was born in Portsmouth, Va., and has earned a bachelor of science degree in Business Administration from Oklahoma State University and a masters degree in Health Care Administration from Baylor University, Waco, Texas.

"I'd like to take this opportunity to publicly thank the entire Presidio family for your support over the years and throughout our transition process," Wilson said. "Thanks to your strong commitment to excellence and teamwork, we've successfully transitioned our research programs and our researchers will continue providing quality research for the soldier."

Since LAIR's establishment in 1968, its researchers have made significant contributions to medical science in such areas as battlefield casualty assessment and management, trauma and resuscitation, red blood-cell preservation, blood substitutes, insect repellents, and the bioeffects of military lasers. LAIR researchers will continue their work at their new locations.

Staff Sgt. Pleasant Lindsey III

We win!

Lt. Col. Elias Chin, flanked by daughter Lalii (left) and wife Miriam, cheers for the final strikout as the San Francisco Giants stomp the Montreal Expos 6-2 July 19. Cub, Webelos and Boy Scouts from unit 77, with their family members, enjoyed a unit outing at Candlestick Park in San Francisco.

Security corner/crime watch

Staff Sgt. Marian Anderson
Provost Marshal's Office

Protect yourself, your home and your personal property by working together with your neighbors and friends to prevent crime.

One way to do this is to be alert to people and activities in your neighborhood. This way, each person in the neighborhood becomes an integral part of a cohesive unit with one goal -- the prevention of crime.

It only requires you to adopt a more observant and active attitude in your daily life. Knowing your neighborhood patterns alerts you to strange cars, persons or circumstances which might be a danger to you, your neighbors and friends.

Tidbits of information from different neighbors pieced together, like a puzzle, creates a full picture of a crime pattern that could be occurring in your neighborhood. Practiced crime prevention measures can break that criminal pattern, save a life, or prevent an injury.

Take no personal risks to prevent crime. Leave the responsibility of the investigations and apprehensions of criminals to the Military Police by calling **561-2251** or **561-2252**. Join in and do your part. Practice being alert by doing the following:

Look outside your window and describe the person you see outside. Is it a woman or a man? How old? How tall? Fat or thin? What color hair? What color clothes? List other things that you notice about the person, such as a mustache, beard, glasses, jewelry, tattoos, etc. Describe what the person is doing.

Next, find a car, truck, motorcycle, etc. What color is it? What make or model is it? What colors and numbers are on the license plate? If the vehicle is moving, which way is it going? How many people are in it? Is there anything unusual about the vehicle, such as dents, decals, or signs? Here are some other things to be alert for in your neighborhood:

* A stranger in a car stopping to talk to a child or children.

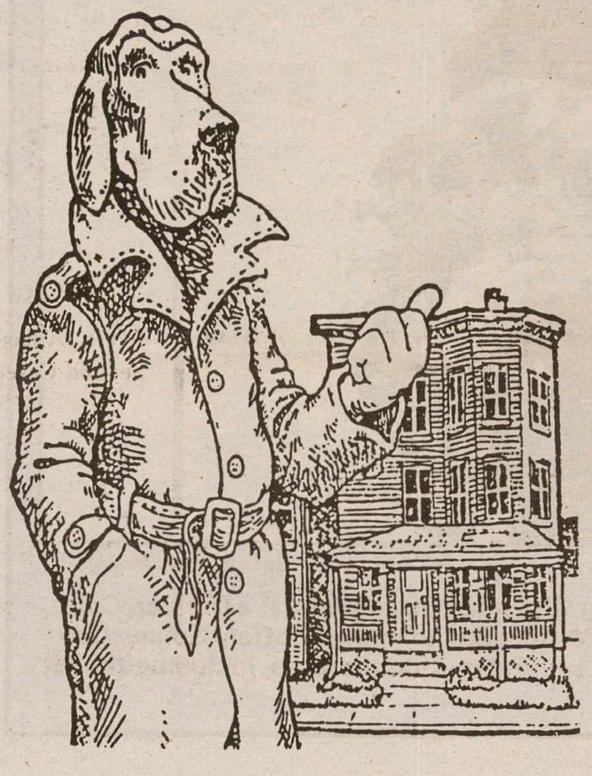
* A child or children resisting advances of an adult.

* Someone going door to door in a residential area, especially one who is looking around the back or side of the residence.

* Someone waiting in front of a house or closed business.

* Someone forcing entrance to or tampering with a residence, business, vehicle, etc.

* Human traffic to and from a certain residence, especially during late or unusual hours.



* Open or broken doors or windows.

* Someone running with property of value.

* Someone who seems to have no purpose, wandering and exhibiting unusual mental or physical symptoms.

* Continuous "repair" operations at a non-business location.

* Unusual noises such as breaking glass, pounding, gunshots, screaming, fighting, or barking dogs.

* Vehicles moving slowly, without lights, or with no apparent destination, that may also park and remain occupied. Even if occupants appear to be lovers, be careful.

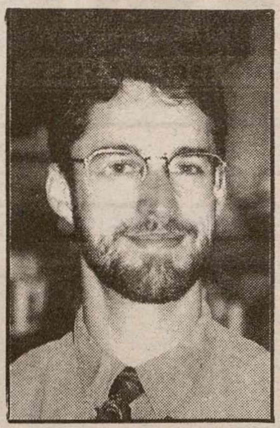
* Vehicles that appear to be neglected and left in a parking place for longer than three days.

If there are any signs of disrepair in your area (i.e. abandoned vehicles, abandoned/vacant/broken buildings or construction areas, broken/inadequate lighting), report it.

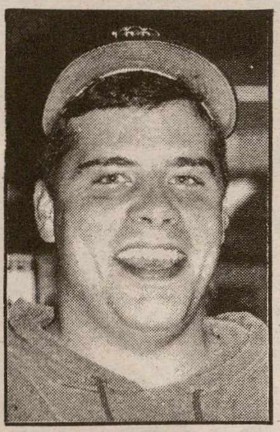
Your participation will work to reduce crime, and will continue to keep the Presidio a safer place to live, work and play. For crime prevention information call **561-5739**.

Ask Presidians

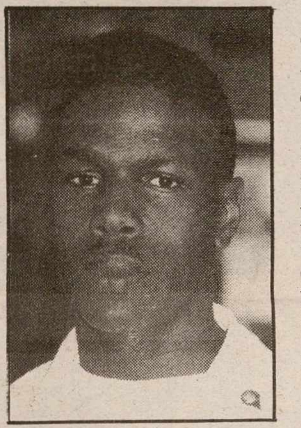
What is your personal opinion on the 'Don't ask, Don't tell" compromise released last week?



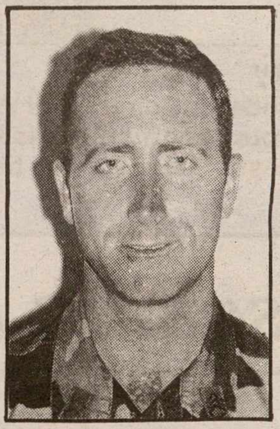
Bruce Cummings, operation manager, Post Exchange: "I don't think it's much of a change over the past policy. It certainly wasn't worth the months of agony and high emotions it caused."



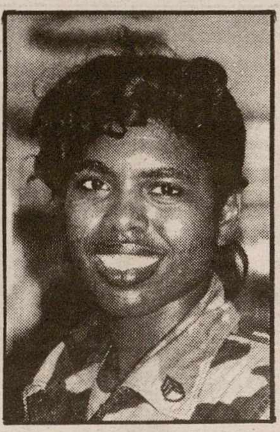
HM3 John Swanson, branch clinic technician, Alameda Naval Base: "I feel that it's unfair to the gay population in the military. As long as they work hard and don't force their sexual preference on anyone, it shouldn't make a difference."



Spc. Clifford McDonald, dental technician, Dentac: "My personal opinion is that it compromises integrity by forcing people to lie. You should always be honest. The old way was better."



Staff Sgt. Mark Hawley, drill sergeant, 109th Training. Division.: "Absolutely nothing was resolved. Gays in the military are still threatened by being discovered under this policy."



Staff Sgt. Lia Butler, legal Clerk, Staff Judge Advocate: "In my honest opinion, I really don't see how it's going to be any different."

Most of the men who were asked this question responded. All but one of the women refused to answer. Local recruiters were also unable to respond, due to directives.

Interviews by Sgt. John W. McGarrah

Star Presidian

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Star Presidian readers respond

What would you like to see in your newspaper?

By Spc. Adrienne Story
Star Presidian staff

The July 16 "Ask Presidians" question was "What changes would you like to see in the *Star Presidian*?"

There were several suggestions given to us.

Some asked to see more intramural sports, highlighting the high scorers, rebounders and other significant contributors. We will be working on covering more intramural sports and developing full stories, not just scores of games. If there is a specific sporting event you would like to see covered, please contact us. If a staff member is available, they will cover it.

We are also always looking for talented stringers. Anyone who enjoys writing or photography can submit articles or photos for publication. We would gladly accept stories written by someone outside the staff. If you have usable photos we will also publish them. You will receive full credit for your work.

Respondents said they would like to see more off-post activities covered and don't want the movie schedule moved. The movie schedule will remain on Page 10. If, for some reason, we have to move it, we will ensure it is easy to find.

Maj. Wanda Arceneaux, also of the Public Affairs Office, has been writing several articles covering off-post activities. For example, in the July 16 issue of the *Star Presidian* she had an article with photos and maps about hiking in the Marin Headlands. In the June 11 issue, she wrote an article, also with photos, about the wine country.

Once again if there is something you would like to see in the newspaper please let us know. We aren't mind readers.

Two Presidians said they would like to see more world events covered. We are `published in the interest of the Presidio of San Francisco community' and try to exclusively write stories pertaining to our post. However if national or global stories affect us locally, we will cover them. There was a recent article about a Presidian serving in Somalia.

Maj. Gerald Brown said he would like to see more on transitioning, early retirement and reductions in force.

We have run several articles with transitioning information, and will continue to do further articles. We also feel it's very important to keep our readers informed about transition assistance and upcoming RIFs. We will do our best to get as much information out as we can. This week's front page story by Arceneaux clearly reflects these ideals. Army Community Services also has on-going transition assistance programs They may be contacted at **561-5502.**

Two others said they would like to see fewer advertisements in the paper. We have a contract with a civilian printer. The *Star Presidian* is produced at no cost to the Army. The civilian contractor prints the newspaper receiving its profits from selling ads. Our contract states the printer is authorized 60-percent of the total newspaper space. Our printer does not use more than their 60 percent, however they rarely use less. This is not in our control to change. Debra Richards said she would like to see more discretion used in choosing ads. Again, we, the *Star Presidian* staff, do not choose the ads, however, ads will be looked over before the newspaper is printed. We have asked our printer to change ads in the past, which they have done.

Staff Sgt. Frederic Shaffer suggested we run more information covering the nuts and bolts of the military. In the past we have run articles providing historical and military information. It is not our responsibility to provide soldiers with tactical information. If you are interested in that information, there are better places to research it. Although, if there is a certain military subject you would like to see researched and covered in the *Star Presidian,* we will be happy to consider it.

Shaffer also said he would like to see computer information. In our news briefs we run the time, date and place of the monthly Users Group Meetings. We also run dates of computer classes offered at the education center. Sixth U.S. Army members who have a problem with the LAN system can call **561-6101**, Letterman U.S. Army Health Clinic and Institute of Research personnel should call **561-2231**, all others may call the Directorate of Information Management at **561-6183**.

The *Star Presidian* staff appreciates and always welcomes your comments. If there is anything you would like to see in the newspaper, please call **561-3861**. Letters to the editor will run if approved. We can withhold names upon request, but must have the name of the person submitting the article or we can not run it. All submissions, either written or photographic, are subject to editing for style and space allotments. Thank you.

Sgt. John W. McGarrah

Shop 'til you drop!

Cody, 3, the son of Staff Sgt. Richard and Patty Sihner, catches some 'Z's' while his parents do their weekly shopping at the Main Post Exchange recently.

Job search

Continued from Page 1

- Although it could be helpful to get outside assistance and critique, you should write your own resume, because you know better than anyone what you did and what your capabilities are.

TROA has published a booklet entitled "Marketing Yourself for a Second Career" which lists the following suggested resume format:

- Identification (name, complete address and phone numbers)
- Objective or title (must be supported by qualifications and experience)
- Professional qualifications, career history or summary (choose one only)
- Experience (functional areas of expertise in the PARS format)
- Educational and academic honors (include those which support position sought only; include pertinent service schools if curriculum may be explained in a line or two; military awards that cannot be related to an employer's needs should not be included)
- Personal data (for example, "Married--Two children--Excellent health," not more than three lines)
- Professional Licenses, Publications Authored and Membership in Professional Organizations (list only those which support the position you seek)

Once you have completed your resume (or several versions for different types of jobs you seek), the next step is to target prospective employers. According to Carter, the most successful way to do this is through networking (Informational Interviewing). Statistics show that from 60 to 65 percent of all jobs (blue- and white-collar) are found through networking--that is, by targeting personal contacts with whom you are a known quantity.

Carter recommends that you choose 15 personal contacts and ask them for their advice and information concerning the job search. Give each copies of your resume, and ask for names of three of their associates with whom you could network. Then visit each of them for informational interviewing. The purpose is not to ask directly for a job but to provide an introduction for further advice and referrals in the business world. This can also serve as a way to learn more about private industry.

Each time you send out a resume, it should be accompanied by a cover letter designed to create an interest in you and your qualifications as they relate to the employer's needs.

Even if you have an excellent resume that is tailored to a specific job, accompanied by a hard-hitting cover letter, and you possess all or most of the qualifications for the job, you should expect a response rate of two to four percent. Sound too low? Prepare yourself for reality in today's job market, knowing that the best way to control rejection shock is to prepare and follow your plan.

The second most successful way to target your job search is to send out broadcast letters. This is a way to describe your accomplishments to companies you have selected. Once you have done research on the company, you should address your letter to the person who has the authority to hire you, usually several levels above the one at which you expect or desire to be hired. The success rate should be about the same as with networking. Remember that the initial goal is to get an interview, a topic to be covered in next week's edition of the *Star Presidian*. In the meantime, if you would like more job search information from TROA, call their Officer Placement Service (TOPS) at (703) 838-8117.

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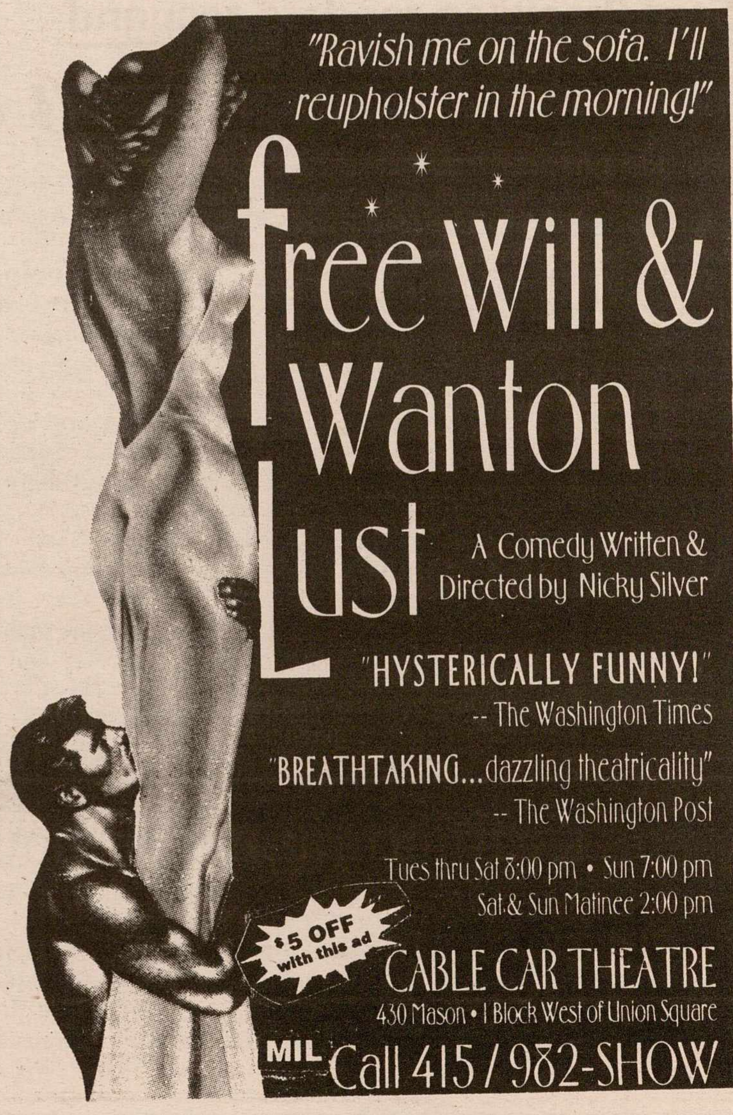

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Presidio News Briefs

Contractor representative training set

The three-day training session for contractor representatives will be conducted by the U.S. Army Garrison Directorate of Contracting from 8 a.m. to 3 p.m. Aug. 24, 25 and 26 in the Training Room, Building 603. This will be the last COR course taught for calendar year 1993. Priority for attendance will be given to those who need it for job performance. Call Dan Donovan at **561-4680** for more information.

AAFES announces two job openings

Those interested in working at the Post Exchange, Shoppette, Service Station or Burger King should pick up applications from 7:30 a.m. to 4 p.m., Monday through Friday, at Building 1161. Interviews are held from 8 to 11 a.m. every Wednesday.

Mobile food service now on the road

The AAFES Mobile Food Outlet is now operational. Contact Andy White at **922-0192** or **922-0193** if you would like to have your building added as a stop.

Fort Ord job assistance center here to help

The Job Assistance Center from Fort Ord, Calif., is here the first and third Tuesday afternoons, all day Wednesdays, and Thursday mornings in the Army Community Services Resource Center, Building 103B. Soldiers, civilians and adult family members may make an appointment with a counselor to discuss the job transition process. Counselors are available to help you write a professional résumé cover letter and prepare for interviews. The computerized Army Employer Alumni Network has a data base of more than 9,000 employers nationwide which can be used to develop employer networks and contacts. Counselors will help you access the portable JAC-In-The-Box to review the AEAN and prepare a professional and polished résumé. Call **DSN 929-7907** or **(408) 242-7907** to make an appointment or learn more about the Job Assistance Center.

Résumé workshops scheduled for Thursday

A special résumé writing workshop is scheduled for 9 a.m. to noon Thursday in the third floor conference room of Building 103B. To register, call **561-5057**.

Visual merchandiser wanted for AAFES

The Army and Air Force Exchange Service is taking applications for a visual merchandiser. The applicant must be creative and have experience in window or interior display. Applications are available in Building 1161. Call **922-0192** for details.

Battle of the Bulge reunion set for Aug. 28

The 50-year reunion luncheon for veterans of the Battle of the Bulge will be held at Noon Aug. 28 in the Alameda Naval Station Officers Club. For information call Bill Cordova at **756-7748** or Fred Dorg at **673-9827**.

FORSCOM IG representative to visit

A representative of the U.S. Forces Command Inspector General will visit the Presidio and will be available to discuss problems or issues from 4:30 to 7:30 p.m. Aug. 10, and 11 a.m. to 1:30 p.m. Aug. 11, in the Command Conference Facility, Building 35. To schedule an appointment call Lt. Col. Charles G. Conrad, chief, Assistance and Inspections Division, at **561-4951**.

Open house set for Red Cross volunteers

An open house for American Red Cross volunteers is set for 1 to 2:30 p.m. Tuesday to familiarize volunteers with the Red Cross's new offices on the third floor of Letterman U.S. Army Health Clinic, Room 354, Building 1100.

The Red Cross for the Presidio needs more volunteers. For information call **561-2184**.

Medical support briefing set for Aug. 9

The Letterman U.S. Army Health Clinic and Sixth U. S. Army will conduct a medical care briefing from 3:30 to 4:30 p.m. Aug. 9 in the Post Theater, Building 99. The briefing will outline the medical support Presidians can expect during fiscal year 1994 and will include an update on CHAMPUS Prime. The briefing is open to all military personnel, retirees and family members.

Presidio to host job fair at Officers' Club

Sixth U.S. Army and the Association of the United States Army are hosting Job Fair '93 from 9 a.m. to 4 p.m. Aug. 9 in the Presidio Officers' Club. Whether you're employed or currently unemployed, Job Fair '93 will allow you to explore your full career potential by exposing you to the abundant employment opportunities currently available. Some of the top firms in the nation as well as the Northern California area will be participating, looking for skilled professionals to add to their corporate teams. Free parking is available in the lot across the street from the club. For information call the Job Fair Project Manager, Office of the Deputy Chief of Staff for Training, at **561-2639**.

See Briefs, Page 10

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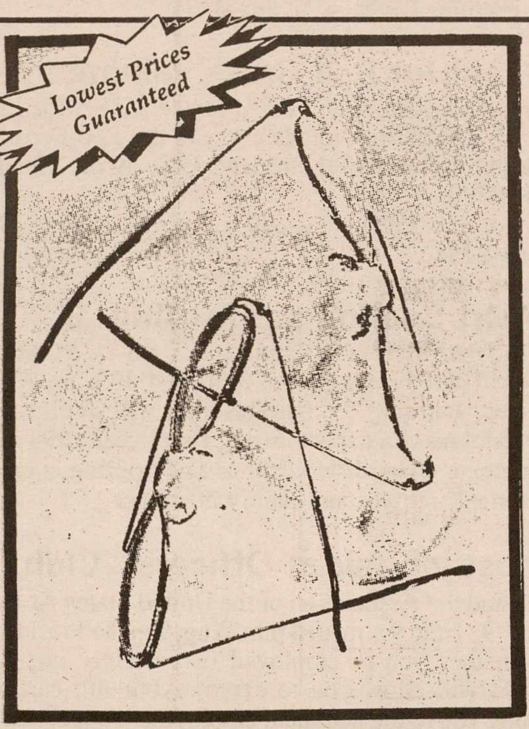

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IN 6

Presidio Focus

Ceremonial Platoon soldier named PLDC honor graduate

By Spc. Adrienne Story
Star Presidian staff

At the Primary Leadership Development Course June graduation ceremony, Spc. Jay J. Pope stood proudly among the awardees. He was the Distinguished Honor Graduate, putting him above his fellow soldiers. He was the top soldier out of 178.

Pope maintained a 100 percent grade point average, received all first time GOs on graded tasks and performed exceptionally well in leadership positions.

The Ceremonial Platoon soldier received all superior ratings on leadership qualities. He was the only soldier of the June session of PLDC who had 100 percent.

To become Distinguished Honor Graduate, Pope accomplished all this and was chosen by the cadre to represent his class. Pope was in a leadership position almost throughout the training. He was first a squad leader, then he became a platoon sergeant. His student number was one so he went first at everything.

"I really learned a lot being a squad leader and platoon sergeant," Pope said. "The hardest part is getting the whole squad to work as a team. You have to work together, even in little tasks such as cleaning up."

The course covers primarily leadership, general soldiering areas and common tasks. There are three written tests, land navigation testing, field training exercises and a physical fitness test. Soldiers' performances are evaluated throughout the course.

"The course is not that difficult if you keep a positive attitude," Pope said. "There are going to be things that you don't want to do, but if you stay positive and motivated you'll do well."

Pope admits that he knew the majority of tasks at PLDC, and he helped others. "There were three 11B infantrymen that went through the course," Pope said. "The instructors let us help others since we were more knowledgeable in some aspects of the training."

During the course, soldiers did not have much free time. Their study time depended upon how quickly they finished other tasks.

"You have to put in a lot of hours, but you can minimize those hours if you do things as a group," Pope said. "Soldiers get a lot more accomplished in a much shorter time when they work together. That way you have more time to study."

Soldiers who attended the course held several different military occupations. However, their differences did not distract from the mission.

"I really enjoyed working with all the soldiers from other MOS," Pope said. "You become tight with the soldiers who you go through the course with. You're always together in the classroom or in the field."

"I think Pope will make a good NCO," Staff Sgt. Anthony D. Allen, CP, said. "He still has a lot to learn, but he's willing to learn and work hard. He cares about soldiers. He takes initiative in everything."

"He also pays attention to detail, which is important," Allen concluded. "I expect him to continue to do well."

Pope's next goal is to become a noncommissioned officer before he reaches his four year mark in August. He is stepping in the right direction. He has been to the sergeant, E-5 promotion board and PLDC, which are both required for earning NCO stripes.

During the ceremony, Pope stood tall and marched straight as he always does, but this time he knew he was representing the best of the best.

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Sgt. Jerord Wilson, BNCOC honor graduate and Spc. Jay Pope, PLDC distinguished honor graduate stand in front of the Ceremonial Platoon's sign.

Infantryman earns honor graduate title

By Spc. Adrienne Story
Star Presidian staff

A Ceremonial Platoon soldier was named honor graduate of his Basic Noncommissioned Officer Course June 25 at Fort Lewis, Wash. Sgt. Jerord Wilson graduated second in his class and had the highest average of all soldiers in his military occupational specialty.

Wilson graduated with a 93.67 grade point average, had all first time GOs, and performed above his peers. He was the youngest sergeant attending the course with only four years of service, while others had at least six years in the Army.

"I feel good about being honor graduate especially since I haven't been working in my MOS," Wilson said. "It's like riding a bike, though. Once you learn how to ride you never forget."

The infantryman didn't feel the course was difficult, but it was time consuming.

"It wasn't hard, but it was tedious," Wilson said. "We had to put in long hours. Instructors were constantly finding things for us to do. Personally I think the course should be cut to five weeks instead of seven. It seems there is training added to accommodate the two weeks.

"We had to do lawn detail and logistics," he continued. "The logistics is for advance courses and is above the level we are at. I did learn some things from the training, though."

Wilson was the only Presidian attending this session of BNCOC. This was the first time Presidians attended the training at Fort Lewis instead of Fort Ord, Calif.

"People are really biased against Presidio soldiers because we don't work in our MOS," Wilson said. "I feel fortunate that I've seen the other side of the military. They haven't, and most don't want to accept any outside information."

In the classroom, Wilson was able to discuss his opinions and show his knowledge as an NCO.

"I think the classroom environment was the most beneficial," Wilson said. "We discussed different techniques with our peers. We didn't always agree and sometimes there were arguments, but we helped our peers understand what they didn't know.

"It's all about teamwork," he added. "It's important to work with others to accomplish the mission."

The course consisted of several tasks outside the classroom including land navigation; calling for fire, where soldiers request artillery support; signal operating instructions, combat operations, leading patrols, reacting to indirect fire, a field training exercise and student training exercise. There was also a 52 question test covering more than 20 subjects and a written exam.

"The patrols were long during the field training. We were getting about four hours of sleep a night," Wilson said. "The patrols were excellent training, because everyone was in charge at some time.

"We were constantly moving. The leader would be killed and then another soldier would take control and then he would be killed...," he continued. "It was like real combat. There were no secrets. Everyone had to know what was going on. You never knew when your leader might die in combat so you have to be prepared to lead troops and carry on the mission."

Wilson's training at the Presidio contributed to his success at BNCOC. "We train every day," Wilson said. "Training, training, it's necessary to be a good soldier and NCO."

"We work with our soldiers every day," said Staff Sgt. Anthony D. Allen, CP. "We try to teach them something new every day. We didn't do anything special to prepare [Wilson] for the course."

Although Wilson did not receive extra training before he attended BNCOC, his supervisors were not surprised by his success.

"I wasn't surprised that he was honor graduate because he's been attending a lot of college and he pays attention to detail," Allen said. No matter what he does, he really goes for it."

Personnel management specialist wins post soldier of the month title

Spc. Adrienne Story
Star Presidian staff

A personnel management specialist at Strength Management Office won Presidio's Soldier of the Month competition for July.

After winning Headquarters Company and headquarters Command Battalion soldier of the month honors, Bo'Tiwa Jackson proved his ability in map reading, common tasks and board performance.

"I went to the boards to better myself," Jackson said. "I feel the knowledge will be an asset to me."

Jackson, a private first class, is already preparing himself for the responsibilities of an NCO. "I'm looking beyond being promoted to specialist. I know I will get that promotion," Jackson said. "Competing for these boards will help me prepare for the E-5 promotion board."

"He will make an excellent NCO," said Staff Sgt. Vernon L. Fowler, platoon sergeant. "He has the leadership qualities and the ability to be a good NCO."

Jackson admits that he became nervous before and during each board, but his knowledge outshined his nervousness. He spent four months preparing for the post board by studying, competing in other boards and appearing before mock boards, Jackson said.

"The hardest part of the board was the common task testing," Jackson said. "The questions were so in-depth. The soldier I competed against was in the medical field so I figured he beat me on the CTT first aid questions, but I excelled on the map reading."

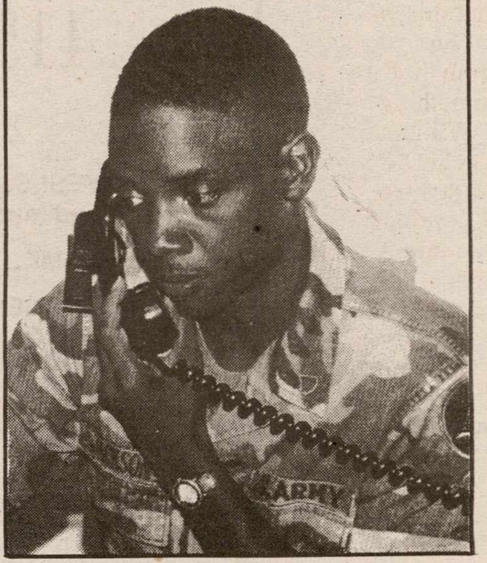
"He did an excellent job on the board," Fowler said. "I think he did a little weaker on his oral performance at the post level compared to his other boards, but he was strong in map reading and CTT."

Although Jackson won the board, he feels he did not do his best.

"Now that I look back, I think I could have done better," Jackson said. "There is always room for improvement."

Jackson will be awarded an Army Achievement Medal, a plaque, Sixth U.S. Army coin and several other items at an award ceremony August 10. He will also compete for the Presidio Soldier of the Year title.

"Honestly, I think he's going to take it," Fowler said about Jackson competing for soldier of the year. "He strives for excellence in everything he does, and I really think he'll win the soldier of the year competition."



Pfc. Bo' Tiwa A. Jackson

A look back into Presidio history

By Sgt. Ist Class Donald L. Banks
Public Affairs Supervisor

Presidio of San Francisco history

This week's highlights in history from the annals of the *Star Presidian*.

Thirty-four years ago during the week of July 27-31, 1959, Lt. Gen. Robert M. Cannon was named by Department of the Army to succeed Lt. Gen. Charles D. Palmer as the commander, Sixth U.S. Army. The Presidio post sergeant major, Sgt. Maj. William T. Stahl, added a five-point star to his chevrons making him the first senior NCO on the installation to wear the [nowadays] rank of sergeant major. Spc. Joseph A. Gascon was selected as the "Best Soldier of the Month" in Sixth U.S. Army Special Troops for the month of July. In sporting news, bowling bounded back this week with a howling vengeance, as Stan Bowlds bowled a 667-267 score. Not to be outdone the Honor Guard defeated 40th Brigade 9-5 to remain the only undefeated intramural softball team, first half.

Twenty years ago during the week of July 23-27, 1973, Presidio commander, Col. John L. Fellows, presented Aubney Lord, Presidio Fire Department, with a Department of the Army Exceptional Civilian Service award for bravery. Command Sgt. Maj. Billy G. Stephens succeeded Command Sgt. Maj. George E. Jones as Post Sergeant Major. The 170th Military Police Company rode the rapids from Redding to Red Bluff during a three-day adventure training exercise. The Presidio of San Francisco Scuba Club graduated its first diving class (Class 1-73).

Fifteen years ago during the week of July 24-28, 1978, a front-page advance story announced the Presidio would celebrate the 203rd anniversary of the Chaplains' Corps. The 402nd Military Police Company was presented an award by Gen. Walker, CG, 9th Inf. Div. at Ft. Lewis, Wash., for outstanding support during Operation "Brave Shield." Presidio residents were asked "What would they rename the Star Presidian?"

Soldiers were informed they would receive a 40 cent increase in pay this month as a result from a drop in Servicemen's Group Life Insurance premiums. Finally, *Grease* and *I Wanna Hold Your Hand* were packing-them-in at the Presidio and Schwartz/Letterman theaters.

Ten years ago Spc. 6 John Collier sung *"It's fun to stay with the A-R-M-Y!"* for the Presidio Showcase '83 talent show. Capt. Frank Jordan, San Francisco Police Department, crime prevention officer, the Presidio Provost Marshal, LAMC Security Office and the Sixth Army's Provost Sergeant combined forces to increase community awareness of crime and improve crime prevention here. Jim McKenzie, 6th U.S. Army, puts together rounds of 76 and 78 to win the low gross honors in the open division of the Commander's Cup Golf Tournament.

Five years ago during the week July 25-29, 1988, the ***Star Presidian*** enlightened its readers that the San Francisco Court of Historical Review and Appeals was called to session to "re-hear" and re-enact the court-martial of Brig. Gen. William "Billy" Mitchell. A tragic testimonial reminded Presidio residents of the importance of keeping up home safety.

EDITOR'S NOTE: Any individual or agency wishing to submit a significant event and/or tidbit from Presidio history which occurred during the week of Aug. 2-6 and 9-13, 1959, 1973, 1978, 1983 and 1988, address it to Editor, ***Star Presidian***, ATTN: Sgt. lst. Class Banks, Presidio of San Francisco, CA 94129 or stop by Building 38, Room 118. Submissions must be received by 4 p.m, Friday of each week.

MPs' daring rescue saves wind surfer's life from bay

By Spc. Adrienne Story
Star Presidian staff

A frantic woman desperately tried to seek help. She confronted two military policemen near the Fort Mason Hostel. She screamed, "There's a man drowning in the bay! We need help!"

There was no doubt in Spc. John T. Williams' mind that this was no hoax.

"She was absolutely frantic," he said. "I could tell from her expression and the tone of her voice that something was definitely wrong."

Williams instructed his partner, Pvt. 2 Rodney S. Kocher to report the incident to the MP desk sergeant while he responded on foot to the scene. He was about 300 yards away from the bay, but it took him less than one minute to respond.

A wind surfer, who was later identified as Doug Harley, was in the bay more than 200 yards from the pier and the beach. He was drifting toward the pier.

"He was just exhausted. He didn't even have enough strength to get on top of his surf board to bring himself out of the water," Williams said. "All he could do was hold on to it."

There wasn't much Williams could do, but call for assistance and direct rescue units. If he were to dive in the water he would have suffered from hypothermia because he was not in a wet suit, and with the current measured at four knots he could have been pulled out further into the bay.

"I wouldn't leave my pistol belt anyway," Williams said. "This isn't the fifties when you could ask someone to hold it for you. I wasn't about to take the chance of someone shooting me or taking my pistol to shoot others. I never leave my weapon."

A woman began yelling at him, "Why don't you do something?" When he told her all he could do at that point was call for assistance and direct it, she became very irritated. Williams gave her his card and said, "If you need to make a complaint here is the number you can call."

Kocher joined Williams at the scene. Kocher then secured the vehicle and proceeded to direct rescue units.

"What Kocher did was instrumental to saving the wind surfer's life and our mission," Williams said. "It wasn't easy to direct the rescue units. They first arrived at Fort Mason Center, and they then had to be redirected to the pier. I didn't know the name of the pier so I referred to it as Van Ness Pier."

Williams then ran out to the pier. The wind surfer drifted within 15 feet of the pier. Two males gave Williams a rope. He tossed it out to Harley. Williams instructed him to tie the rope to his board and hold on to it.

"When something like this happens, your adrenaline just kicks in," Williams said. "You just do your job, and do it as quickly as possible."

Williams asked Harley if he was OK. Harley said he was fine, just too exhausted to get up on the board and out of the area. Williams continued to reassure him.

The sea scouts were on their way to assist. Sea Scouts are boy scouts who give assistance to people in the water. They were able to pull Harley into a dingy and take him to their dock. Williams and Kocher ensured emergency rescue units were standing by.

"It makes me feel good to know that I helped save someone's life. I don't think he would have made it if I didn't throw the rope out to him," Williams said. "There were about 20 people standing around and only four others were helping. The rest were just watching everything almost as if it were a show."

Williams and Kocher received Commander's Certificates for their actions. They also received counseling for leaving their assigned patrol areas.

"It goes with the territory," Williams said. "All you can do is your job. In a life or death situation, you don't worry about getting in trouble for leaving your patrol area. You do what needs to be done.

"I don't think I did anything outstanding," Williams said modestly. "I just did my job to the best of my knowledge. I was glad we were there to help."

Williams, who was named Law Enforcement Company Soldier of the Month for July, will compete for Headquarters Command Battalion honors in August.

Briefs,

Continued from Page 5

Warrant officer book published

All Army warrant officers may leave their biographies, pictures and thumbprint in the first hard cover Warrant Officer history book ever published. The book will represent the official history of the Warrant Officer Corps from its inception in 1918 through its evolution the Army's technician/officer/soldier of today. Technical specialties, insignias and uniforms of the past and present will be included. For a brochure write to U.S. Army Warrant Officers Association, Herndon Parkway, Suite 207, Herndon, Va., 22070, or call **(703) 742-7727**. Membership in the association is not required.

Post water standard notification

The Presidio of San Francisco is initiating public notification of the post's status under the California Surface Water Filtration and Disinfection Treatment Regulations. The regulations require that certain filtration standards be met for water supplies. This notification to all water consumers is being published to conform with the State of California Department of Health Services regulations. Recent changes now require additional treatment of surface water, or public notification that changes haven't been completed.

The Presidio drinking water remains safe, of excellent quality, and satisfactory in all respects. The water is routinely tested in accordance with all existing regulations. The Department of Health Services requires the Presidio to make the following informational statement to its customers:

The State of California Department of Health Services sets drinking water standards and has determined the presence of microbiological contaminants are a health concern at certain levels of exposure. If water is inadequately treated, microbiological contaminants in that water may cause disease. Disease symptoms may include diarrhea, cramps, nausea, and possibly jaundice, and any associated headaches and fatigue. These symptoms, however, are not just associated with disease-causing organisms in drinking water, but also may be caused by a number of factors other than your drinking water. The DHS has set enforceable requirements for treating drinking water to reduce the risk of these adverse health effects. Treatment such as filtering and disinfecting the water removes or destroys microbiological contaminants. Drinking water which is treated to meet DHS requirements is associated with little to none of this risk and should be considered safe.

Please contact the Environmental Office at **561-3024** if there are any questions arising from this statement or other concerns about the Presidio's water. The Presidio will continue to give notice in this paper every three months until the Presidio Water Treatment Plant is in compliance with the SWTR.

The post is following the requirements of the SWTR regulations, Section 64666 (b), Chapter 17, Title 22, California Code of Regulations; and Section 64464.3, Chapter 15, Title 22, CCR.

ADMIT ONE

Movies at the Presidio Theatre

***Tonight**-Super Mario Brothers*
***Saturday**-The Bruce Lee Story*
***Sunday**-Indecent Proposal (R)*
***Aug. 1**-A Life With Mikey (PG)*
***Aug. 2**-Excessive Force (R)*
***Aug. 3**-Dave (PG-13)*

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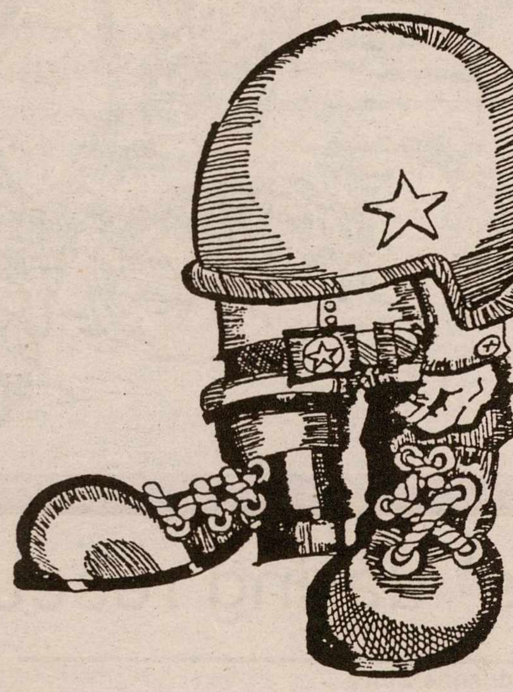

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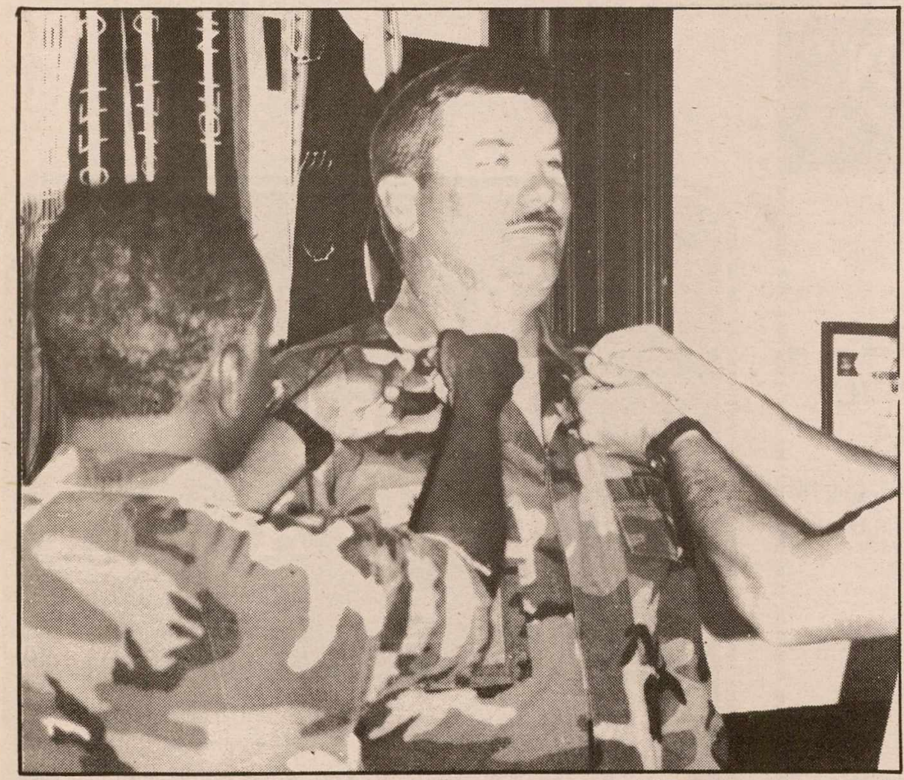

Staff Sgt. Pleasant Lindsey III

Moving up

Standing tall, James Jackson is promoted to the rank of master sergeant July 20. Capt. Tracy Sharpe, commander, Headquarters Company, helps pin Jackson's rank on him in the Ceremonial Platoon's facilitiy, Building 116.

Home computer use may result in more accurate dietary studies

Beth L. Cook
Recruiter, USDA

The U.S. Department of Agriculture is testing a new computerized method of recording energy/food intake and is set to begin a study on women Aug. 23.

Qualified women will receive $1,590 for completion of the live-in study. Six obese women and six women who are normal to moderately overweight, in addition to being healthy, non-smoking, drug-free and between the ages of 25 to 40, will participate in the study to be held at the Western Human Nutrition Research Center in the Letterman Army Institute of Research, Building 1110.

The Nutrition Evaluation Scale System may prove effective in the effort to unravel the specific nature of the relationship of diet to disease. Current studies that attempt to define this relationship are somewhat flawed due to the fact that people have difficulty estimating their food intake. In addition, these studies are often extremely time-consuming due to the huge amount of data that must be processed.

Dr. Mary Kretsch, a research scientist at the U.S.D.A., will conduct a study to determine the accuracy and effectiveness of NESSy to correctly measure what people eat.

"If we can gather more accurate data, as we expect, then we should have a clearer picture of whether people are getting the nutrients they need to stay healthy and fit," Kretsch said. The NESSy method will likely improve the accuracy of diet studies and the NESSy computer will surely help nutritionists to quickly tabulate and analyze study data, as opposed to doing this task by pen and paper.

Several other topics will be included in the NESSy study. For the first time, changes in body fluids across the menstrual cycle will be examined. In addition, the use and storage of beta-carotene will be studied. Beta-carotene is a substance found in brightly colored fruits and vegetables which may play an important role in cancer prevention.

Women interested in becoming study volunteers should call Bionetics Recruiting at **556-2174**, from 8:30 a.m. to 3:30 p.m., Monday through Friday.

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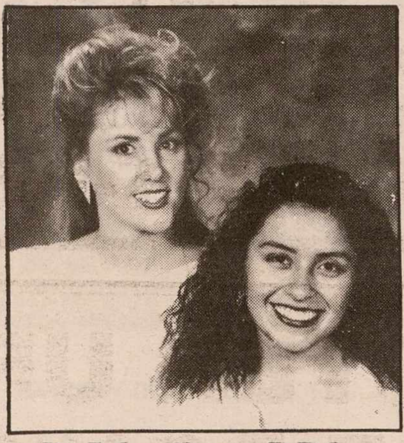

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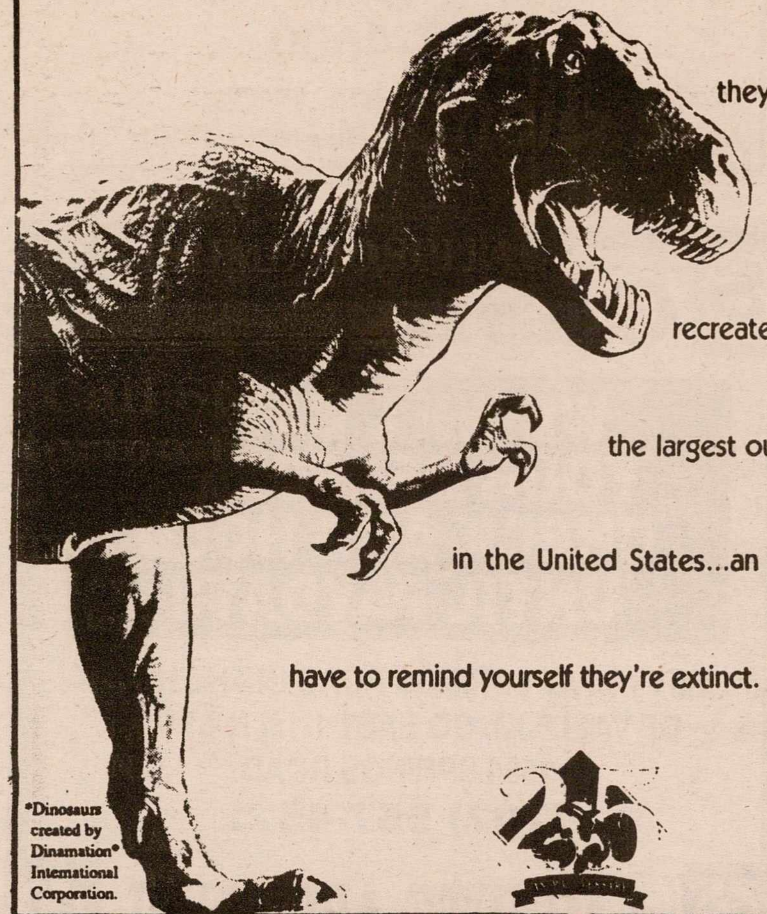

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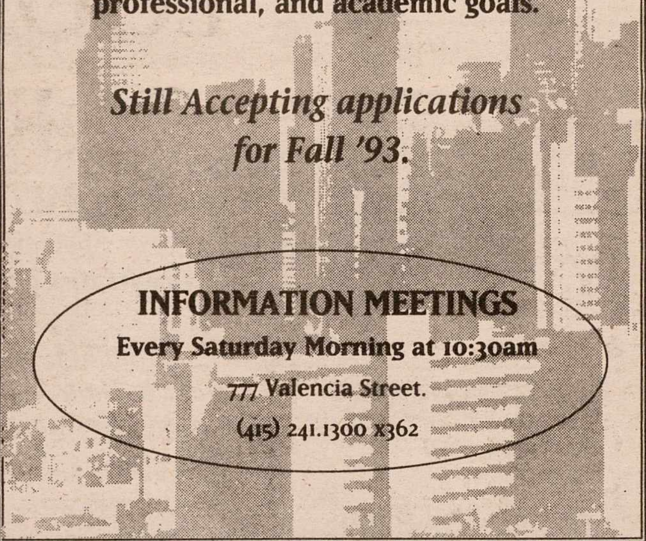

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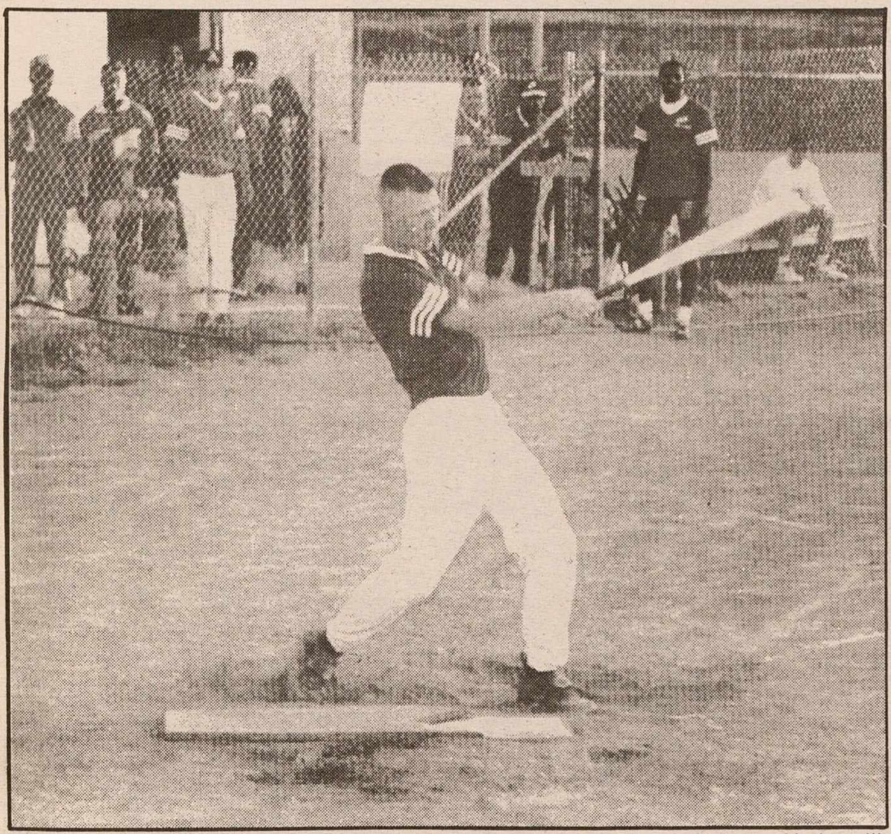

Staff Sgt. Pleasant Lindsey III

Swiinnnng batter!

William Story, Hq . Co. team, goes for the pitch during their blow out against Disaster Control July 22.

RG-PSF upsets LUSAHC, 13-10

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

A single, a strike out, a fly ball and a force out yielded one run as LUSAHC's rally was squashed in the sixth and final inning by fifth-place RG-PSF who won 13-10 July 22.

However, LUSAHC remains comfortably atop the intramural standings.

Trailing 6-4, the Readiness Group team jumped ahead in the fourth inning by piling up seven runs. Thomas Clanton, Sue Frazier, Philip Bray and Joseph Davis received bases on balls to load them up for Robert Montgomery. Montgomery and Michael Upchurch both hit safely, scoring runs. Robert Brown followed with a bases-clearing home run, and RG-PSF found itself with an 11-6 lead.

The health clinic's team got three runs back in the top in the fifth with two singles and Michael Butler's three-run home run which narrowed the gap to 11-9.

Readiness Group was leading the health clinic team 2-1 when LUSAHC scored four runs on seven singles and two ground balls to take a 6-1 lead.

AAFES destroys ORE, 15-3

AAFES scored the first 10 of its runs in the second inning July 20. The team added two more in the fourth and three more in the seventh inning. ORE rallied in the third inning with three runs, but was shut down with three straight outs in the fourth and escaped with a lone single in the fifth inning.

Intramural softball games, scores

LEC 2	**Recruiting Bde. 4**	**ORE 4**	**Disaster Control 3**
AAFES 0	**RG-PSF 7**	**RG-PSF 14**	**AAFES 21**

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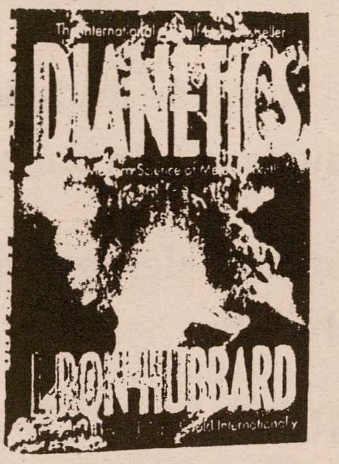

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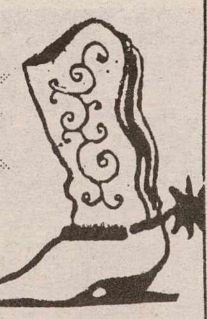

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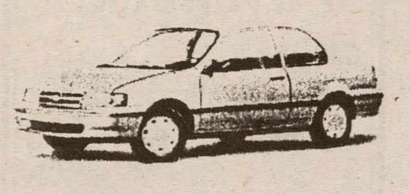

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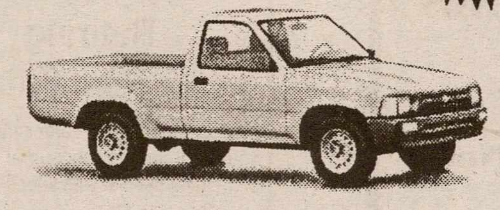

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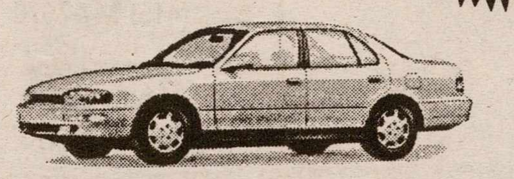

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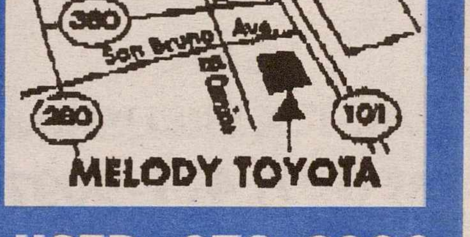

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Star Presidian

Vol. 38, No. 29 Published for the Presidio of San Francisco Community August 6, 1993

Spc. Adrienne Story

History marches on

Leading the way, Ceremonial Platoon's color bearers march to the grave site of a former Buffalo Soldier. About 200 people celebrated Buffalo Soldiers Day at a ceremony held at the San Francisco National Cemetery, July 28.

See Page 9 for stories and photos

Do your homework

Prepare, research before interviews

By Maj. Wanda Arceneaux
Special to the Star Presidian

The first part of this article dealt with the job market, planning the job search, and writing resumes. Now we'll discuss what to do once you've been successful in getting a job interview.

Retired Air Force Col. Doug Carter from the Retired Officers Association offered some tips on interviewing when he made a presentation to senior military personnel at the post theater recently. Possibly his most important tip was this--keep in mind that in today's job market, many employers are inundated with job seekers, so they are looking for ways to eliminate you, to find "a crack in your armor," so to speak. If you do your homework in advance, according to Carter, you should be able to keep yourself in the running.

Doing your homework, according to Carter, includes conducting research on the job and the organization before you report for the interview. Your research should be about things such as the organization's annual report, business objectives and strategy, profit and growth trends, and senior personnel. Ways you can conduct research include going to the library and reading about the organization in business magazines, if applicable, by talking to contacts you know who work for the organization, or even by calling the secretary and asking a few questions.

Other tips on interviews offered by the TROA publication "Marketing Yourself for a Second Career" are the following:

- Dress properly and neatly without being flashy or overdressed. Carter said that you should be dressed in clothes that are in-style, coordinated and fit well. He mentioned a good book with tips on proper ways to dress by John T. Malloy, entitled, "New Dress for Success."
- Never be late for an interview. This will leave the worst impression. In fact, being early could give you time to talk with organization employees who might give you valuable information you can use during the interview.
- Be nice. Thank the interviewer for the opportunity to be interviewed, and be genuinely courteous and warm. Carter noted that people tend to remember nice people in a favorable light.
- Try not to do most of the talking. Asking questions about the job and organization will help get the interviewer to talk more than you.
- Be a good listener. If you don't understand something the interviewer asks or says, don't be afraid to ask for clarification. By listening carefully, you may be able to pinpoint a problem area in the organization where you can bring in your experience or expertise. Although notetaking during the interview is considered inappropriate by some of the experts, TROA recommends that you make notes as soon as possible after the interview to help you remember points you may have left out of the interview and things you want to mention in the thank-you letter you send after the interview.
- Be enthusiastic, confident, and professional, underplaying your need for the job by using a soft-sell approach. Be humble, not flip or over-relaxed. Make eye contact to help overcome any nervousness.
- Don't put your foot in your mouth--that is, think before you answer a question. This should help you to organize your thoughts before speaking. Be honest, sincere and brief, and if you don't know the answer, say so. Don't be a name-dropper, and don't argue with the interviewer. Also don't "bad mouth" your present or former employer, because this will probably indicate to the interviewer that you are not a loyal employee.
- During the interview, try to say nice (and honest) things about the organization and its management without sounding like you are handing out meaningless flattery. Honest admiration can be in your favor.
- Ask questions you memorized prior to the interview that you need to have answered.
- If asked about salary requirements, try to be flexible and

Interviews cont. on Page 2

Presidio teens serve community

By Spc. Adrienne Story
Star Presidian staff

Fifty-three Presidio teens are working in offices throughout the Presidio. They're working above and beyond the call and setting the example for not only teens to follow, but for all to follow.

The Presidio is sponsoring a teen enrichment program, which gives teens from the age of 13 to 18 the opportunity to learn responsibility and have fun during the summer months by working nine hours a week. The program began with donations of almost $16,000 from the Presidio Thrift Shop, Creative Cottage, Association of the U.S. Army, Presidio Officers' Spouses Club, Enlisted Spouses Club, the Post Chapel, supportive individuals and parents, and a hot dog sale held at the Thrift Shop Flea Market.

"Everyone has been so supportive of the program. It's just amazing," said Jane Renn, program coordinator. "The whole community has backed the program. I want to thank everyone who was involved with the success of the program. No one has let us down in any way."

"It was scary at first. It seemed like every time we turned a corner, something else had to be worked out," said Linda Mallory, wife of Lt. Gen. Glynn C. Mallory, Jr., Sixth U.S. Army and Presidio commander. "Once we had it all down on paper, and the program began, we haven't heard one negative comment."

Mallory and Renn, the program sponsors, asked for interested parents to help manage the program. Cindy Agness, Livvy Coupe and Elaine Deehl volunteered. The volunteers had less than three weeks to get the program going. A meeting was held for all interested teens, and the program began June 28.

"We originally expected 30 teens to sign up for the program," said Agness, program treasurer. "We were surprised at the turn out. Even parents came.

"There was a list of the jobs, and the teens picked their first three choices. Ninety-five percent were placed in their first job choice," Agness continued. "There were sections that needed several teens for different jobs and times, so it worked out well for everyone."

Fifty-five teens began the program, however one teen found a job and another had a change of plans. Not one teen has just quit or not shown up, according to Agness.

"We are very proud of the teens," Renn said. "We haven't heard anything but positive comments from the supervisors."

"Please keep this program alive for next year," Sgt. 1st Class Art Carrillo wrote in an evaluation of the program. "It's worthwhile and helps our kids learn responsibility and patience." Carrillo is a supervisor at the Deputy Chief of Staff for Information Management.

The program provides teens with a real working experience. They learn responsibility, Mallory said.

"I think it's a pretty good program," said Tom Renn, who is working at the Main Post Gym. At the early age of 15 he has already learned the importance of learning. "I've learned responsibility and the value of a good education."

Terrance Carter, 13, who also works at the gym, said

Teens cont. on Page 2

Teens from Page 1

if nothing else, he's learned to clean better. "We do a lot of work," he said. "We clean up around the baseball fields and around the gyms."

"They set up the program so kids can learn how to use time sheets, some skills and the mechanics of holding a job," Mallory said. "These are things they will have to know when they have a real job."

Thrift Shop summer hires involved in the program work two days a week, four and a half hours a day. "I think I've learned a lot, and I am having fun," said Daniel Bronstien, 16, who works at the Presidio Thrift Shop.

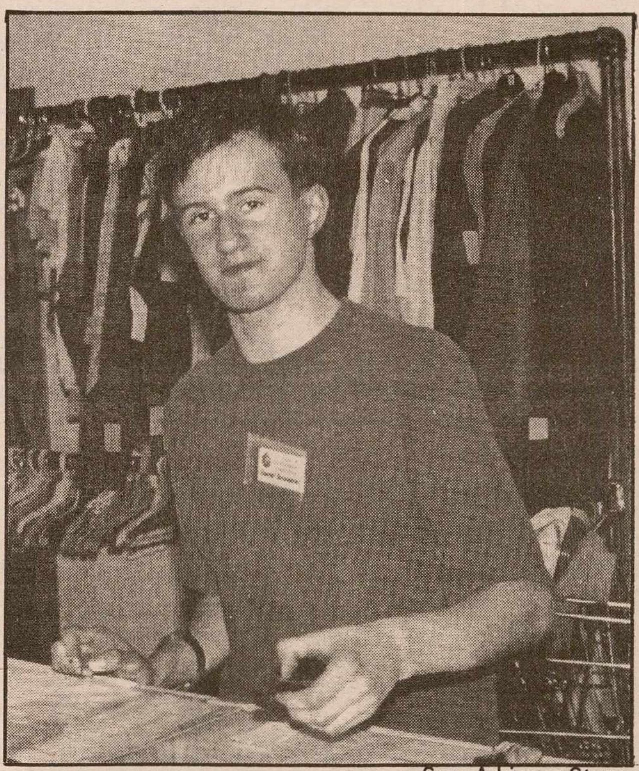
"I like dealing with money, so I asked for the cashier job at the Thrift Shop," Latisha Richardson, 13, explained. "I really enjoy it, because everyone I work with is so friendly. They always greet me with a smiling face. The program is really good. It teaches responsibility."

"I think the program is great," stated Sandy Ziegler, Thrift Shop cashier. "The teens are doing a great job. I couldn't believe how young Latisha said she was, especially since she does such a great job. She learned the job so fast. The teens have been great help. They aren't just taking up space: they work!"

"I enjoy working with people. That's why I chose this job," said Kali Kainghorne, 14. "As a consigner, I've learned the importance of deadlines."

"Some teens even volunteer their time on days that they are not scheduled to work," Agness said. "Sometimes their supervisors have to push them out the door."

"This has opened an avenue that the teens may not have been exposed to before," Mallory added. "Most teens between the age of 16 and 18 don't have a lot to do during the summer. This gives them something to do, while teaching them responsibility and work skills.



Spc. Adrienne Story

Daniel Bronstien prices tags at the Thrift Shop.

"We wanted to accomplish two things with this program. First we wanted to do something for the teens," Mallory continued. "Second, we wanted to return the money to help the community. As we downsize, it becomes more difficult to find things to help the community. We've reached both our goals with this program." Supervisors and parents have praised the program, its directors and the teens who are involved. No negative comments have been made at the program's half-way mark, and none are expected.

"The teens are very well trained. I have been impressed with their skill level," Sharon Thomas, Army Emergency Relief assistant officer said in her evaluation. "I would like to see it developed into an after school work program. The directors of this program have done a magnificent job with these teens."

Spc. Adrienne Story

Thomas Renn and Terrance Carter take boxes out to the trash bin at Gym No. 1.

Interviews continued from Page 1

general, but don't allow yourself to be sold for less than you feel you are worth or the organization can afford. Carter gave some interesting examples of how to get around salary questions. For example, when asked your requirements, you could ask the interviewer for more specifics on the duties and responsibilities of the job and let that determine what you believe salary should be. He also suggested negotiating, based on potential for upward mobility in the organization. To discuss salary intelligently, however, Carter advises research by reading books on salaries of similar types of organizations and jobs.

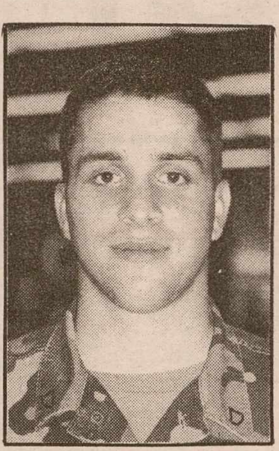
- Finally, be sure to thank the interviewer again as the interview ends for the opportunity and repeat your desire to work for the organization.
- After the interview, write a thank-you letter to the prospective employer, and if you are especially interested in the job, review your most important qualifications and any points you might have forgotten to include during the interview. Reaffirm your enthusiasm and interest in the organization and stress your confidence in your ability to do the job. Even if you are later informed that you did not get the job, thank those involved for the opportunity to be considered. If networking contacts helped you get the interview, you should also send them a thank-you letter for their assistance. Remember, Carter advised, nice people are thought of fondly.

Finally, Carter offered some advice about agencies that assist people in finding jobs. Employment agencies, especially those that offer fee-paid positions, and executive search firms like "Head Hunters" offer a valuable service, he said, to both job seekers and organizations which do not have large personnel offices. Career counseling firms, on the other hand, usually require the job seeker to pay large fees in exchange for assistance in resume writing and promises of a position that rarely materializes. Just remember, he said, that you can best manage your job search with proper planning.

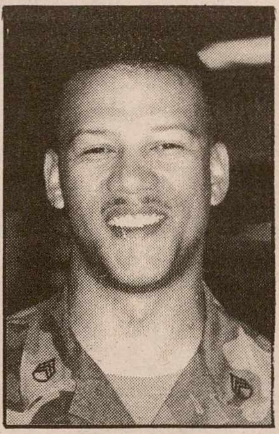
If you need more information on TROA's Officer Placement Service, call (703) 838-8117. If you have followed the advice of Carter and the other job search agencies available to assist you at the Presidio, you should be ready to make a good showing at the Job Fair next Monday at the Officers Club from 9 a.m. until 4 p.m.

Ask Presidians

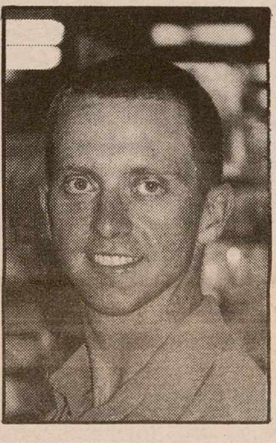
What issues or questions would you like the Garrison Commander to address?



Pfc. Fred Harter, administrative clerk, Military Personnel Division: "I would like to know when we, the soldiers at Hq. Co. USAG, can expect to leave the Presidio so that we can start making moving plans with our families."



Staff Sgt. Gene Allen, supply sgt., 353rd Phychological Operations Company: "We need information on realignment and relocation of soldiers leaving the Presidio now that it's closing. We need to prepare them, especially those whose first duty station is here."



Spc. John Bosley, chaplain's assistant, Hq. Co., USAG: "We need more recreational activities for the single and married soldiers on post, such as affordable tours at I.T.T. and field trips to local points of interest."

Sgt. Guadalupe Rocha, clerk, 7th Psychological Operations Group: "I'm a reservist, but I'm worried about the placement of the active duty soldiers as the Presidio closes. Locally, I think that there should be more availability to listings, no matter the rank, for job openings worldwide."

Pvt. 2 Jeremy Martin, patrolman, Law Enforcement Company: "What is going to happen to the Military Police when the Presidio closes down? There are nine million new rumors every day. We need information."

Interveiws by Sgt. John W. McGarrah

Star Presidian

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Ask the garrison commander answers

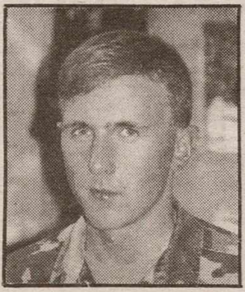
Editor's note: Due to an oversight, these responses did not appear in last week's edition of the *Star Presidian* as promised. The staff apologizes for the delay in publishing these responses. Starting in next week's edition, the responses to the "*Ask the Commander*" questions will appear the week after the questions are published.

Col. Gregory A. Renn
Garrison Commander

First, I would like to take this opportunity to explain the purpose of this column. I strongly believe that the Presidio workforce, both military and civilian, has more concerns about this installation than we think. This column is just one more way of communicating what is going on here to all Presidians.

Once a month, the question posed in the "*Ask Presidians*" column will be, "*What issues or questions would you like the Garrison Commander to address?*" I will then answer your question or concern in the next edition of the newspaper. I will make every effort to answer the questions in a non-bureaucratic, straightforward manner.

Let's take our first shot.


Cpl. Marvin Shulz

In a recent edition, Cpl. Marvin Shulz of the Garrison Headquarters Transition Office commented that the Finance Office should not have been closed until the entire post was closed.

The Finance Office was transferred to the newly formed Defense Finance and Accounting Service last October.

Eventually, all Department of Defense activities will be serviced out of a limited number of central locations.

The DFAS has provided a local support office for the past 10 months in Building 102.

We have also arranged with Fort Lewis, Washington, to provide military pay liaison services. Finance support was also consolidated with the Military Personnel Office in Building 87 for one-stop/two-part in/out processing.

The bottom line is simple.

Although changes in who does the finance and accounting have been made, the service will always be provided as long as we have troops.

Dale Humphreys

Our next question came from Dale Humphreys of the Provost Marshal's Office. She asked that more Reduction-in-Force information be provided and also what impact Sixth U.S. Army's staying at the Presidio will have on the people who are still here.

We have tried to provide as much information as possible through every means possible to our work force: articles in the ***Star Presidian***, briefings by the Civilian Personnel Directorate, and individual organizational meetings. I insist that information will be provided to you as we get it.

Right now, we are expecting Congressional approval on the Sixth U.S. Army's staying at the Presidio. I don't believe that we can make a blanket statement as to what impact this will have on any one individual.

However, what impact Sixth U.S. Army remaining will have relates solely to outplacement possibilities through Voluntary Separation Incentive Pay saving actions, Priority Placement Program placements, etc. As we develop a more concrete idea as to the specific impacts, we will pass them along.

Family members also asked some important questions.

Laura Schaefer

Laura Schaefer is concerned about what we are going to do with housing at the Presidio and with an increase of drifters on post.

Vacant housing has always concerned us. We intend to fill as many quarters as possible by moving people living off post into quarters on post, putting bachelors into quarters if we exceed our BOQ/BEQ capacity, and by filling quarters with as many Navy personnel as possible. Those quarters which are not filled will be stabilized and maintained to Department of the Army standards.

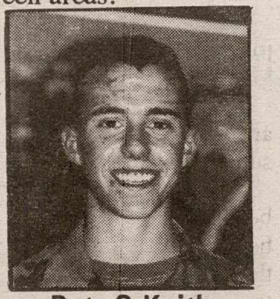
We make contact with one to five "drifters" each month. This has been fairly constant over the years. When we do make contact, the Military Police evaluate the individuals, escort them off post if they are able to take care of themselves, or take them to off-post hospital facilities if they can't. The MPs also conduct weekly sweeps of areas known to be frequented in the past by homeless persons.

Laura Schaefer's concern does raise a public safety issue that we all can address. If you see someone or something suspicious, call the Military Police desk at **561-2251.**

Linda Saremi

Another family member, Linda Saremi, asked about starting a "greening" of the Presidio with more trees and vegetation, especially with plants native to California.

We feel that "greening" the Presidio is important. Currently the San Francisco Conservation Corps is working on the Presidio conducting an aggressive rehabilitation program. They are clearing out underbrush, trimming trees, restoring original drainage structures, and generally turning run down areas of the post into park like green areas.


Pvt. 2 Keith Spengler

Finally, Pvt. 2 Keith Spengler of the Law Enforcement Company wanted to know about the Better Opportunities for Single Soldiers Program on post and what the soldiers can and cannot do in their barracks.

The Presidio of San Francisco doesn't have a Better Opportunity for Single Soldiers Program. Instead, the post relies on feedback from its soldiers through the Community Junior Enlisted Advisory Board to evaluate soldiers' wishes for improving the quality of life on the Presidio. Each unit has two representatives-one single and one married, on the board.

The board meets at 10 a.m. on the third Friday of every month in the Headquarters Command Battalion Conference Room, Building 1214. Garrison Command Sgt. Maj. Linda K. Boudy is the board president and Battalion Command Sgt. Maj. Dennis McKay is the vice president. The board includes representatives from the Main Post Exchange, Commissary, club system, and dining facility.

Through these board meetings, questions and suggestions from each unit can be evaluated and solutions researched. Programs, activities and problems in the barracks are the purview of each unit's commander. In these cases, soldiers should use their chain of command or NCO support channel to obtain solutions. We remain dedicated to serving the single and married soldiers and family members on the Presidio.

I hope that this column has answered the questions. I'd like to thank Cpl. Schulz, Pvt. 2 Spengler, Ms. Humphreys, Ms. Schaefer and Ms. Saremi for their input. I look forward to answering more of your concerns in future issues of the ***Star Presidian***.

New barracks standard to improve soldiers quality of living

By Sgt. John W. McGarrah
Star Presidian staff

Unfortunately, Army barracks have not always made good homes. The typical room has often been overcrowded with three to four soldiers to a room, ugly tile floors, cinder block walls, poor ventilation, and community latrines.

People who don't live in the barracks take for granted everyday things like closets, private bathrooms, and a certain amount of privacy. These items are important to single soldiers as well. Now there is a new barracks standard that's bringing radical changes. This new standard recognizes that single soldiers want a home they can be proud of, just like married soldiers who live in quarters on or off-post.

"These changes are long overdue," stresses Marc Brouqua, chief of the Housing Division here. "They provide the soldier a real place they can call home, in contrast to the communal living that they might be used to. It should really help morale and retention, Army-wide."

The new standard is based on the results of a tri-service housing survey conducted in April 1992, which asked single service members how the Department of Defense can better plan to house them in the future.

Four thousand service members living in Army, Navy and Marine Corps barracks at 12 installations were canvassed. Three Army, three Navy and two Marine Corps installations were surveyed. Four Air Force installations were surveyed in 1991 and the results were added to those of the Army, Navy and Marine Corps.

In the survey, service members were asked how they wanted the DoD to improve barracks life as well as how they thought specific changes might affect their desire to re-enlist.

The survey laid the groundwork for the Army Barracks Standards Subcommittee to develop a new standard for construction and modernization of barracks. What soldiers wanted most were more living space, more storage space, and more privacy, including private bathrooms. Soldiers also wanted common use kitchenettes, better laundry facilities, and more parking areas.

Final defense approval of the new Army barracks standard was granted in July 1992; in 1992, the Army Chief of Staff, Gen. Gorgon R. Sullivan, formally announced it.

The whole barracks renewal program requires a big investment of $4 to 5 billion. Funding for fiscal years 1994 through 1999 averages $250 million per year. Army-wide, the new standard will mean that troops living in the barracks will enjoy a quality of life similar to that of their married counterparts and soldiers living off-post.

The extended space criteria, the limit of two people per room, the private bathrooms, cable TV and telephone hook ups can give the soldier a sense that he, and his needs, are important to the Army. Under the concept, landscape, parking, and recreation areas are integrated to create a sense of community.

"Here at the Presidio, housing for enlisted personnel in the rank of E-6 and below, has been undergoing changes recently. Soldiers are being moved from the historic buildings into the newer barracks here on the main post," explained Brouqua. "These are very nice quarters, some of the best that I have seen in 17 years. The new barracks are very livable. Soon there won't be any soldiers living in the older barracks at all."

However, the new barracks on post, buildings 1029 and 1030, will be surpassed by the new standard, though not by much.

The barracks on post don't have a private bath for each room. Instead, a bath is provided for every two adjoining rooms. The rooms have approximately 200 square feet of living space.

New Standard

Here is the new barracks standard announced by the chief of staff in August 1992. The goal of this standard is simple: provide barracks neighborhoods that single soldiers will be proud to call home.

*For living and sleeping areas, 220 net square feet. Two junior enlisted soldiers (private through specialist) will share one room with 110 net square feet of living area. NCO's will be housed in private rooms with 220 net square feet of living area (not including closet space).

*A private bath for each room.

*Two closets, each with 20 net square feet which will replace all wardrobes.

*Bulk storage for 85-percent of maximum occupancy of the barracks. Maximum occupancy is the maximum number the barracks is designed to house.

*One clothes washer and dryer for every 15 personnel at maximum occupancy of barracks.

*Laundry facilities consolidated on the first floor or in a separate stand-alone facility.

*Air temperature controls in each room.

*Two telephone jacks and two cable television jacks per room.

*A consolidated "core" area that provides space for a TV and dayroom, as well as offices for the charge-of-quarters or barracks manager, the mail area, common-use kitchen and laundry facilities. This core area can be located within renovated facilities. (Common-use kitchenettes will be roughed-in, pending a policy decision to install kitchenettes in barracks.)

*Parking for at least 70-percent of the maximum occupancy of the barracks.

*No supply, administrative, or command-and-control facilities located within or attached to the barracks facilities.

*No dining facilities located within or attached to the barracks facilities.

Information provided by the Office of the Chief of Public Affairs, Department of the Army.

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Presidio News Briefs

Medical support briefing

The Letterman U.S. Army Health Clinic and Sixth U. S. Army will conduct a medical care briefing from 3:30 to 4:30 p.m. Monday in the Post Theater, Building 99. The briefing will outline the medical support Presidians can expect during fiscal year 1994 and will include an update on CHAMPUS Prime. The briefing is open to all military personnel, retirees and family members.

Presidio job fair in Officers' Club

Sixth U.S. Army and the Association of the U.S. Army are hosting Job Fair '93 from 9 a.m. to 4 p.m. Monday in the Presidio Officers' Club. Job Fair '93 will allow you to explore your full career potential by exposing you to some of the top firms in the nation as well as in Northern California, while showcasing the abundant employment opportunities currently available. Abundant free parking is available in the lot across the street from the club. For more information call the Job Fair Project Manager, Office of the Deputy Chief of Staff for Training, at **561-2639**.

FORSCOM IG representative visits

A representative of the U.S. Forces Command Inspector General will visit the Presidio and will be available to discuss problems or issues from 4:30 to 7:30 p.m. Tuesday, and 11 a.m. to 1:30 p.m. Wednesday in the Command Conference Facility, Building 35. To schedule an appointment call Lt. Col. Charles G. Conrad, chief, Assistance and Inspections Division, at **561-4951**.

Area coordinator meeting scheduled

There will be an Area Coordinator Meeting at 3 p.m., Wednesday, in the Command Conference Room, Building 220. For details, contact Master Sgt. Amelia Tsukuda, NCOIC, Family Housing Branch, at **561-6172**.

Contractor representative training session

The three-day training session for contractor representatives (CORs) will be conducted by the U.S. Army Garrison Directorate of Contracting from 8 a.m. to 3 p.m. Aug. 24, 25 and 26 in the Training Room, Building 603. This will be the last COR course taught for calendar year 1993. Priority for attendance will be given to those who need it for job performance. Call Dan Donovan at **561-4680** for more information.

AAFES job openings

Those interested in working at the Post Exchange, Shoppette, Service Station or Burger King should pick up applications from 7:30 a.m. to 4 p.m., Monday through Friday, at Building 1161. Interviews are held from 8 to 11 a.m. every Wednesday.

Mobile food service on post

The AAFES Mobile Food Outlet is now operational. Contact Andy White at **922-0192** or **922-0193** if you would like to have your building added as a stop.

Visual merchandiser wanted

The Army and Air Force Exchange Service is taking applications for a Visual Merchandiser. The applicant must be creative and have experience in window or interior display. Applications are available in Building 1161. Call **922-0192** for details.

Job Assistance Center arrives

The Job Assistance Center from Fort Ord, Calif., is here the first and third Tuesday afternoons, all day Wednesdays, and Thursday mornings in the Army Community Services Resource Center, Building 103B. Soldiers, civilians and adult family members can make an appointment with a counselor to discuss the job transition process. Counselors are available to help you write a professional résumé cover letter and prepare for interviews.

The computerized Army Employer Alumni Network (AEAN) has a data base of more than 9,000 employers nationwide which can be used to develop employer networks and contacts.

Counselors will help you access the portable JAC-In-The-Box to review the AEAN and prepare a professional and polished résumé. Call **DSN 929-7907** or **(408) 242-7907** to make an appointment or learn more about the Job Assistance Center.

Aviation unit award nominations

All aviation battalions/squadrons within Forces Command are encouraged to submit their nominations for the Lt. Gen. Ellis D. Parker Aviation Unit Award.

Any battalion-size unit may compete for this award. The following are the competitive categories bases on unit mission: combat, combat support, combat service support, and TDA units. Corps will consolidate battalion/squadron nominations, select nominees from each category and forward their selections to FORSCOM no later than Oct. 15. The top FORSCOM unit from each of the four categories will be forwarded to the U.S. Army Aviation Center for

See Briefs, Page 10

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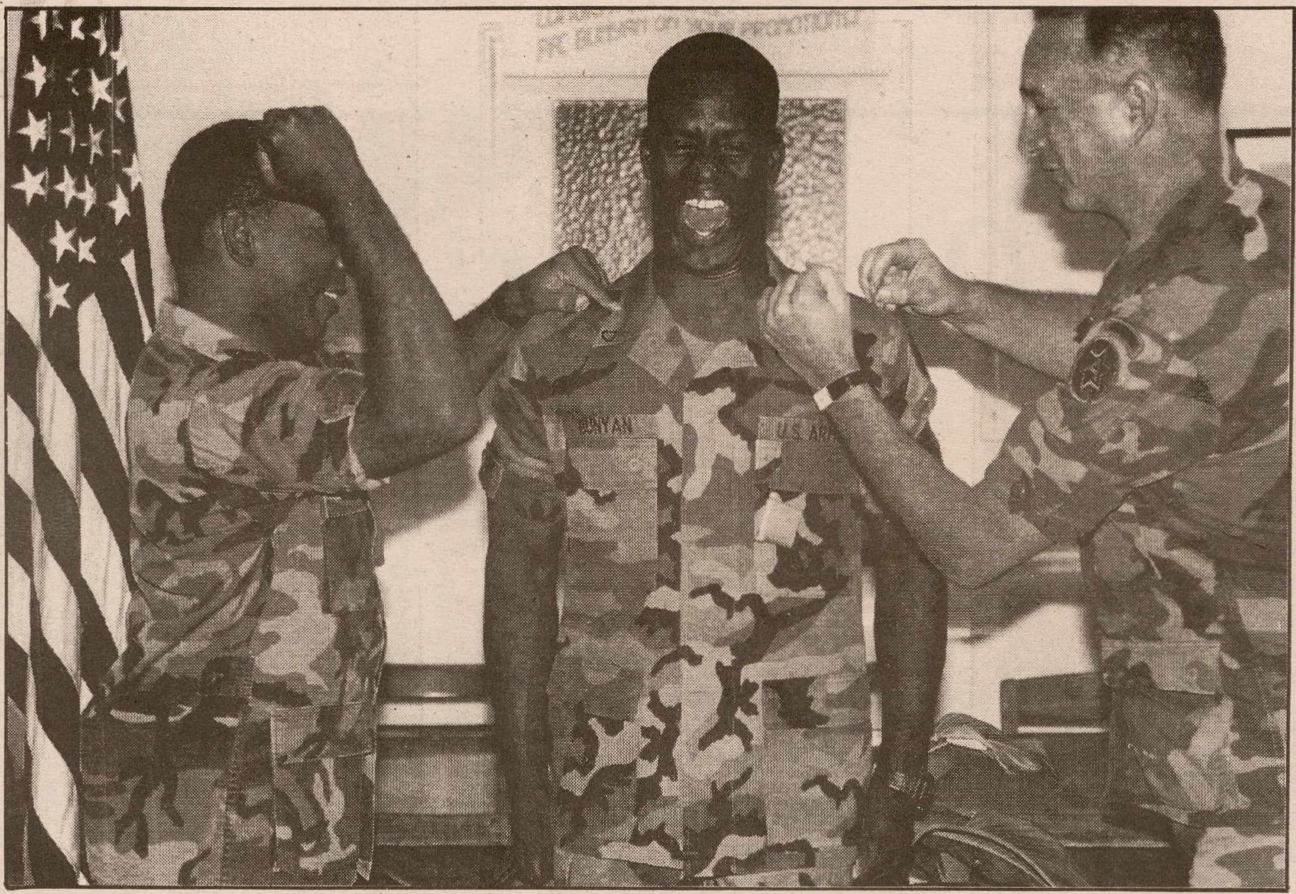
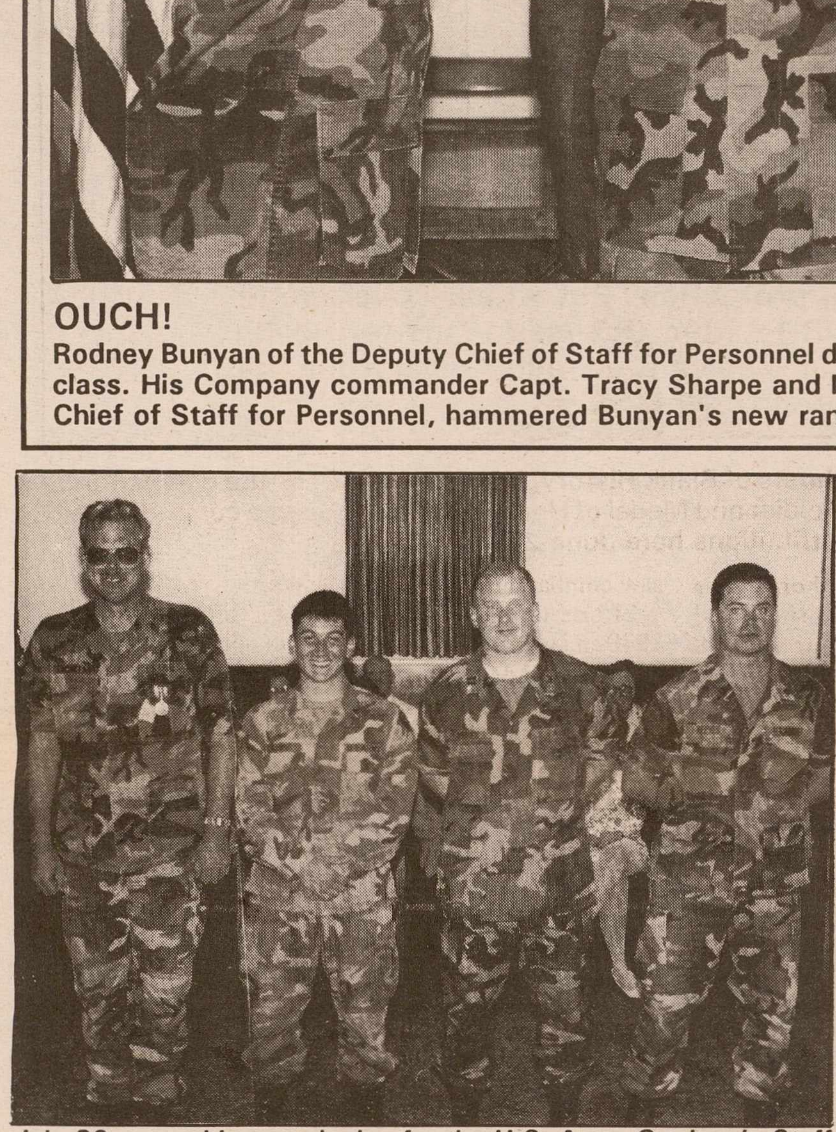
Presidio Focus



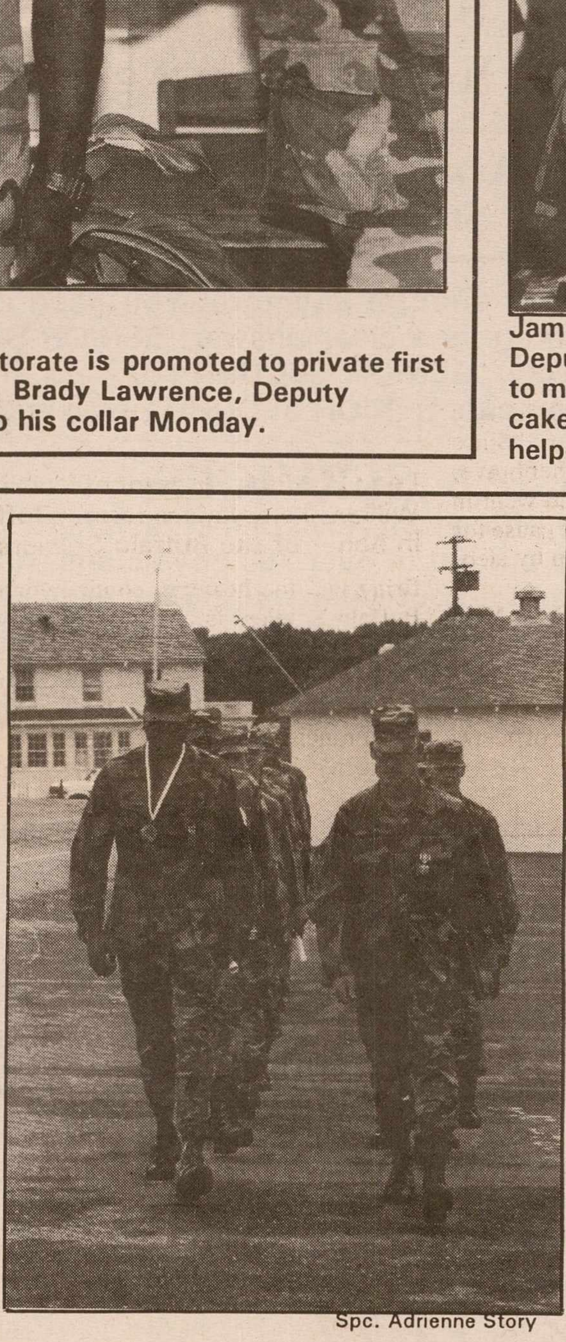
OUCH!

Rodney Bunyan of the Deputy Chief of Staff for Personnel directorate is promoted to private first class. His Company commander Capt. Tracy Sharpe and Maj. Brady Lawrence, Deputy Chief of Staff for Personnel, hammered Bunyan's new rank to his collar Monday.

James Lynn Utter, training and operations, NCOIC, Deputy Chief of Staff for Training, was promoted to master sergeant. He and his wife Clara cut the cake to celebrate his new promotion. She also helped pin on his rank.



July 30 was a big awards day for the U.S. Army Garrison's Staff Judge Advocate's office. Sgt. Joseph W. MacMillan received an AAM for his work as the NCOIC of the Presidio of San Francisco Tax Program. Capt. Craig Minnick received a certificate for helping Company C, 864th Engineer Battalion's soldiers move from Fort Scott to temporary billets. Spc. Brenton M. Reeves received a certificate for completing the Law for Legal Specialists school. As a surprise, Troy Garcia was promoted to specialist.



Spc. Adrienne Story

The following soldiers received awards and recognition at the Headquarters Command Battalion Awards ceremony held June 29.

Company C, 864th Engineer Battalion

Army Commendation Medals

Sgt. 1st Class Gregory Rutkowski, Sgt. Mark Ingham, Sgt. Jamie Goode, Sgt. Dennis Day, Sgt. Gary Phillips

Army Achievement Medals

Sgt. Reginald Spivey, Sgt. Michael Hubbard, Sgt. Samuel Debose, Sgt. Andre Tamplain, Spc. Thomas Hanna, Spc. Jeffery Wilbur, Spc. Andrew Blake, Pfc. George Richard,

DA certificate

Pfc. Thomas Hill

Headquarters Company, USAG

Spc. Anne Sullivan, AAM

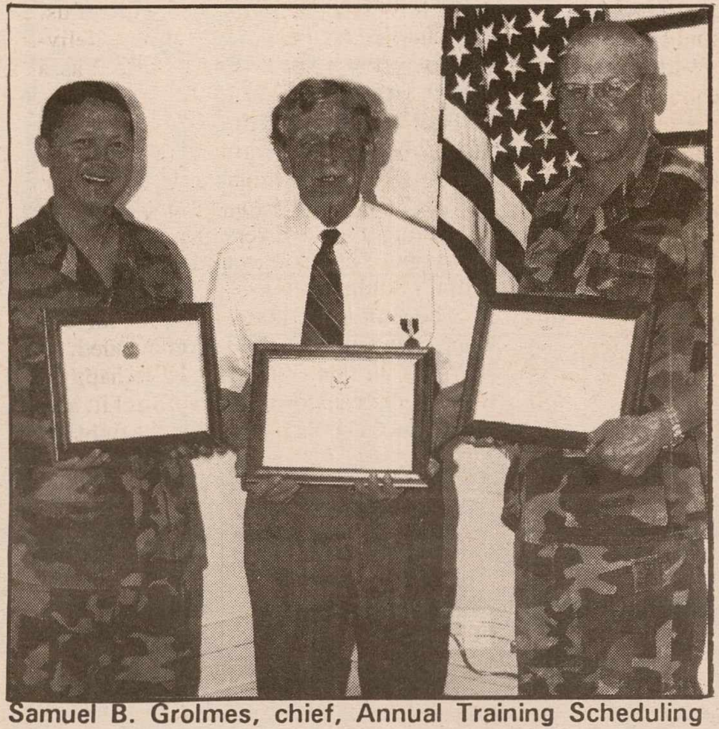
Hq. Command Battalion Certificates

Chaplain (Col.) Charles Adams, 1st Lt. Wilson,

Command Sgt. Maj. Linda K. Boudy, Sgt. 1st Class Mildred Simmons, Sgt. Michael Card, Spc. Dawn Wilken, Spc. William Story, Spc. Charles Summers, Spc. Kalia Chan, Pvt. 2 Pepukayie Nunnally, Pfc. Rodney Bunyan,

Law Enforcement Company

Spc. Reginald Brown, AAM and Bn certificate



Samuel B. Grolmes, chief, Annual Training Scheduling Branch, DCST, received the Superior Civilian Service Award and a Department of the Army Certificate of Appreciation and pin for more than 22 years of service at his retirement ceremony July 30. Lt. Col. Elias Chin and Col. William Ott help Grolmes hold his certificates. His wife Yumiko also received a certificate of appreciation.

Welcome

The Presidio welcomes the following soldiers to the community:

Pfc. George C. Bean arrived here in July and is now assigned to the Law Enforcement Company. Pfc. Scott R. Miller has also been assigned to LEC.

Maj. John M. Lundin will be serving in the Readiness Group, Presidio of San Francisco. Also, Sgt. 1st Class Jeffrey E. Hines, who arrived in July, and Sgt. 1st Class Billy J. Pace are also assigned to RG-PSF.

Maj. Douglas Biggerstaff was assigned to Sixth U.S. Army this month.

Capt. David S. Howard will be working at Letterman U.S. Army Health Clinic.

Photos by
Staff Sgt.
Pleasant Lindsey III

Staff Sgt. Fred M. Ramey, Sgt. Craig A. Whitaker and Pfc. Brian Fields were given awards July 29 in the Sixth U.S. Army Command Conference Room. The ceremony was conducted by Lt. Col. Clyde H. Tull, Sixth Army assistant chief of staff. Ramey, a motor sergeant, received a Meritorious Service Medal. He served as the noncommissioned officer in charge of the transportation section, Sixth Army Protocol. He's retiring after 20 years of service. Whitaker, who is transitioning out of the Army, received an Army Commendation Medal, First Oak Leaf Cluster, for his service as the administrative NCO for the Secretary of the General's Staff. Fields, a carpentry and masonry specialist who served as a Protocol driver, received an Army Achievement Medal and a Commanding General's Certificate.

Presidio celebrates Buffalo Soldiers Day

By Spc. Adrienne Story
Star Presidian staff

About 200 people recognized the contributions of more than 180,000 black Americans, known as the Buffalo Soldiers, in a ceremony held July 28 at the San Francisco National Cemetery here.

Black Americans first fought during the Civil War when President Abraham Lincoln called for their assistance to preserve the Union.

On July 28, 1866, Congress established six units made up of black Americans who helped establish the west and fought for our freedom. The six units later became only four, after the military downsized. They were the 9th and 10th Cavalry and the 24th and 25th Infantry.

During a battle in 1867, Cheyenne warriors remarked that these soldiers fought as fiercely as buffaloes. Because of their dark skin and curly hair, but mainly because of their strength and courage, the Indians referred to them as the Buffalo Soldiers. They proudly adopted the name as a badge of honor.

Often outnumbered as much as 10 to 1, the 9th and 10th Cav. Regiments eventually became two of the most highly decorated units in American military history.

"The Buffalo Soldiers were a great group of black American soldiers who did so much to start and settle the west," said Col. Michael J. Brennan, Letterman U.S. Army Health Clinic commander. "From 1867 to 1875 they pacified the American plains. Forty to 70 men patrolled areas and protected settlers."

"Members of the 9th and 10th Cavalry were not merely black American heroes. They were authentic American heroes — heroes of the American west," said Col. Gregory A. Renn, garrison commander. "Since these great Americans served, thousands of other brave, black Americans have followed their lead and went in harm's way for our nation, always moving the cause for equality and justice forward and upward, step by step, sacrifice by sacrifice."

In 1875, soldiers in these regiments went to New Mexico and served in the most hostile areas. The 9th Cavalry rescued the 7th Cavalry during a battle and was *the last unit in the field.*

These regiments were commanded by white officers. One commander, 1st Lt. John J. Pershing marched his troops for more than 600 miles, which took an entire summer. He was given the nickname Black Jack because of his compassion for the Buffalo Soldiers. He said they were the best soldiers with whom he'd ever served. Pershing later became the commanding general here.

Despite discrimination, unequal treatment and lack of supplies, the Buffalo Soldiers served with pride and fought hard for our country. The Buffalo Soldiers distinguished themselves in the Spanish-American War. The all black regiment deployed to Cuba. During the Tayabacoa battle, soldiers waited on a ship because the firing was too heavy to continue onto the shore. Four Buffalo Soldiers jumped the ship, swam to shore and aided their wounded comrades. These four soldiers received the Congressional Medal of Honor. One of these heroes, Sgt. William H. Tomkins is buried in the San Francisco National Cemetery.

BORN
DIED
G.A.R.

Spc. Adrienne Story

Leon Watkins, director of Walking Ghosts of Black History, places a wreath on the grave of Sgt. William Tompkins, a former Buffalo Soldier and Medal of Honor recipient, during a ceremony held in honor of the Buffalo Soldiers' contributions here June 28.

During the early 1900s Buffalo Soldiers were based throughout California. These regiments were the first to have chaplains. Chaplain Allen Allensworth was the second black chaplain and was the first black chaplain to minister to white troops. He proposed the cross as the symbol for chaplains, and the Army Chaplains Corps still uses this symbol today.

In 1918, the 10th Cavalry fought the last action with the Indians.

The Buffalo Soldiers served in World War II. The horse Cavalry was discontinued, and these soldiers joined the 24th and 25th Infantry regiments. Some even saw combat during the Korean War.

Efforts to end segregation of the military began in 1948 and were successful by the end of the Korean War. The military desegregated in 1952.

"Remembering [the Buffalo Soldiers'] bravery, dignity and purpose has even more meaning here, since members of the 9th Cavalry served with distinction at the Presidio at the turn of the century. They were the first troops to live in today's Religious Activities Center, first built as a cavalry barracks," Renn continued. "Ironically, they were assigned here to protect national parkland, such as Yosemite, against poachers and acted as our first unofficial park rangers. Now, nearly a century later, they are being honored here at the Presidio, as we continue to move towards transferring our beautiful post to park rangers who have followed in their steps and continue to protect our natural treasures as first done by Buffalo Soldiers."

Buffalo Soldiers prove loyalty throughout history

By Spc. Adrienne Story
Star Presidian staff

Each year as we celebrate Buffalo Soldiers Day, many Americans can proudly say they served in these decorated regiments.

"Although I came in the unit on the end of its inactivation, I am very proud that I was even associated with the Buffalo Soldiers," said Timmons B. Jones, a former Buffalo soldier. "The Buffalo Soldiers did a lot of good things, winning the west and protecting settlers."

Jones, who retired from the military as a sergeant first class at the Presidio of Monterey, fought with the 24th Infantry Regiment during the Korean War. He was with the unit when the military became integrated and the Buffalo Soldier Regiments were inactivated. Jones also served at the Oakland Army Base.

"We were definitely discriminated against, especially by the media," Jones said. "There were two white units that fought with us, and they received a lot of coverage in the papers. We were never in the paper.

"When that war started, the Buffalo Soldiers were issued out-dated weapons," he continued. "I know it sounds bad, but I sometimes feel we were just there to be slaughtered. We were supposed to be United States soldiers, but we didn't get the recognition or the treatment that white soldiers received."

Despite the discrimination Jones and other Buffalo Soldiers faced, they feel their struggle for equality was worth it.

"It was all worth it. We fought for freedom and our country," Jones said. "Black Americans contributed a lot. I feel we played a very important role in equality for other races, especially in the military. We proved we are strong and loyal to our country and we deserve equality.

"I'm happy for the troops that now serve in the military, because they don't have to face the discrimination that we had to face," the former infantryman continued.

"I think the military should have always been integrated," said William Porter, former Buffalo Soldier who served during World War II. "We always put our country first."

Porter was chosen to be the first black soldier to serve with white troops as a platoon sergeant in Europe.

"I am still proud to have served as a Buffalo Soldier," Porter said. "It is frustrating when I read about the Buffalo Soldiers and the area in which I served is passed up. The Buffalo Soldiers did do a lot to settle the west, but we also served up until 1952 in World War I, WWII and the Korean War. Most people don't recognize this.

"The government disbanded our unit in North Africa," the war hero said. "They turned the division into port battalions, companies and trucking and tank units. We were mainly in labor units, but nothing could have been accomplished without us. They needed soldiers to get supplies delivered, and we did it." Porter retired as a master sergeant Jan. 9, 1946.

Jones and J.P. Easterling, who also served in the 24th Infantry Regiment, attended the Buffalo Soldier ceremony held July 28 a the San Francisco National Cemetery here

"I thought it was a very nice ceremony, Jones said. "I think they told a lot about th Buffalo Soldier.

"The Buffalo Soldiers did a lot for ou country and our race," Jones concluded. " was born in this country and I'm happy was given the opportunity to protect it, an I'm proud that I played a part in the fight fo equality."

Presidio History

This week's highlights from the past

By Sgt. 1st Class Donald L. Banks
PAO supervisor

Twenty years ago during the week of July 30 - August 3, 1973:

- Lt. Gen. Elvy B. Roberts took command of Headquarters, 6th U.S. Army from Lt. Gen. Richard G. Stilwell.
- Col. John L. Fellows, Presidio Commander, retired after 31 years of active duty service.
- Dedication ceremonies took place to redesignate the old Wright Army Hospital (Building 2) as the site of the new Presidio Army Museum.

Fifteen years ago during the week of July 31 - August 4, 1978:

The Presidio-based Armed Forces basketball team departed for Damascus, Syria, to participate in the 1978 Consiel Internationale Militaire Basketball Championships.

- The Presidio team of Jimmy Stinebaugh and Ron Whitecliff won the Western Region Golf tournament held at Fort Ord, Calif.

Ten years ago during the week of July 31 - Aug. 4, 1983:

- Lt. Gen. David E. Grange, Jr., Commander, 6th U.S. Army, received the French Legion of Honor medal.
- Presidio residents were informed that cable TV was on its way to their homes...despite delays.

Five years ago during the week Aug. 1 - 5, 1988:

- The Presidio was one of 10 sites selected by the Red Cross for a pilot program which taught classes on various child care topics.
- Army and Air Force Exchange Service announced that Presidians would "have it their way" as Building 211 would be remodeled and turned into an AAFES-operated Burger King.

Briefs, *Continued from Page 5*

entry into the final round of competition.

Submit entry packets to Commander, Forces Command, Attn: FCJ3-OV, Fort McPherson, GA 30330-6000. For more information, call Chief Warrant Officer 5 Myron Babcock at **DSN 367-6037**.

Adult ballet dance class

Victoria Bautista is looking for interest in an adult ballet class to be conducted on Tuesday, Wednesday or Friday evenings in Gym No. 2, Building 1152. Dates and time will be confirmed later. The class will emphasize freeing the body from tension and learning the basic mechanics of ballet technique. Bautista has worked with the San Francisco Spring Opera and other dance companies. For information or to sign up, call Bautista at **752-6536**.

Flea market

The next flea Market will be from 7:30 a.m. to 1 p.m. Saturday in the parking lot in front of Building 204. A valid "unlimited" military identification card is required to rent vendor space. No reservations are needed. The Thrift shop will also be open for sales to the public from 9 a.m. to 1 p.m. Call **922-3384** for details.

Sobriety Checkpoint scheduled

The Presidio Military Police will conduct a Sobriety Checkpoint at the intersection of Lombard Street and Presidio Boulevard from 7 to 9 p.m. Aug. 19. Drive safe, drive sober.

ADMIT ONE

Movies at the Presidio Theatre

Aug. 6-A Life With Mikey (PG)
Aug. 7-Excessive Force (R)
Aug. 8-Dave (PG-13)
Aug. 13-Lost in Yonkers (PG)
Aug. 14-Menace II Society (R)
Aug. 15-Indian Summer (PG-13)

All movies begin at 7 p.m.

1296 - E-54

Golden Gate National Recreation Area Job Announcement

Gardener, WG-5003-07, (Full Time/Permanent), Vacancy #GOGA-93-39A, closes Aug. 30, 1993. For more information, call **556-2035**.

Presidio of San Francisco Job Announcements

Clerk-Typist, GS-322-3/4, (Temporary/Term Appointments Only), Vacancy #A60-93, closes Dec. 31, 1993. For more information, call **561-5732**.

Secretary (Typing), GS-318-4/5/6, (Temporary/Term Appointments Only), Vacancy #A50-93, closes Dec. 31, 1993. For more information, call **561-5732**.

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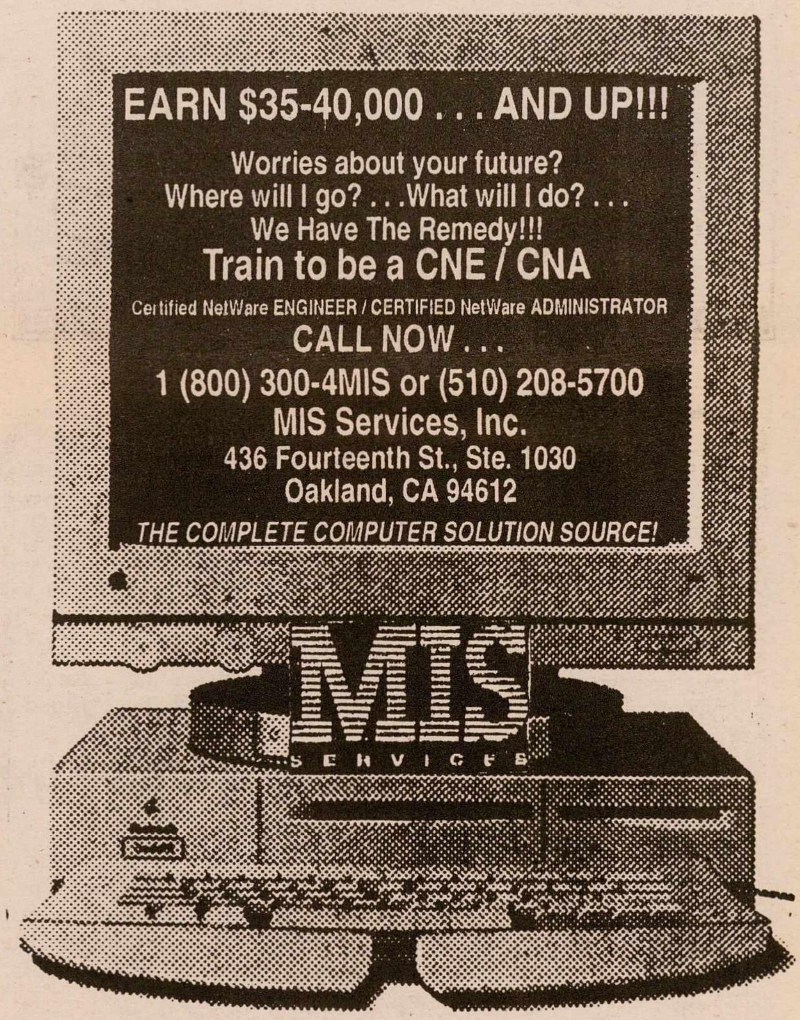

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Army reservists perform active mission for Sixth Army

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The Sixth U.S. Army is holding an Emergency Preparedness Liaison Officer Conference today through Sunday in Boise, Idaho. Sixth Army's support of Military Support to Civil Authorities (MSCA) is the conference theme.

The conference will present the emergency support mission, operational plans, and structure for support to Sixth U.S. Army's Emergency Preparedness Liaison Officers. The conference highlight will be a tour and briefing at the National Interagency Fire Center in Boise.

Boise was chosen because it is the home of the fire center, and August marks the peak of the forest fire season.

U.S. Army Reserve officers and noncommissioned officers assigned as regional or state EPLO, or Regional Emergency Preparedness Liaison Officers, serve as Sixth Army's representatives to each Army National Guard State Area Command and each Federal Emergency Management Agency region in the 12 states that make up the Sixth Army area of operations. During normal operations they drill and train with their respective STARC or FEMA region and are provided administrative support by a local Army Reserve unit.

The REPLOs assigned to FEMA Region IX, on the Presidio, form the region's Regional Emergency Management Coordinating team. They are members of the 124th Army Reserve Command, attached to the Sixth Army Deputy Chief of Staff for Operations. Col. William L. Carwile III, the DCSOPS, is responsible for assigning missions to the REPLO soldiers and is in charge of the Boise conference.

Each team has two colonels, two lieutenant colonels and two enlisted soldiers. Other agencies such as the Army Corps of Engineers are part of the REMC team.

Members of the team come from various walks of life. For instance, the team chief, Col. Roberto Campos, is a fire department battalion chief in Contra Costa County, Calif.

Campos said that certain terms and technologies cross over between civilian and military jobs, which can make the team members' civilian experiences an asset to the team's resourcefulness.

"Being in the fire department helps me see the larger picture," Campos said.During emergency operations, such as an earthquake or other natural or manmade disaster, the REMCs represent the Sixth Army Operations Center and provide liaison between the Department of Defense Coordinating Officer and the Federal Coordinating Official. They become the first military officials to receive assistance requests from the civilian side of the disaster response effort.

In the example of forest fires, the FEMA requests military assistance through the FCO. The FCO then contacts the DCO, which directs the REMCs to jump into action.

"We make the contacts for transportation, medical and other assets as needed," Campos said. "This is our only military duty. We're all reserve soldiers, and we provide a certain amount of stability to the system."

"We try to hold an EPLO conference once a year at a different location," Michael Graves, the EPLO administrator, said. Graves, an operations specialist assigned to DCSOPS, said the conference allows Carwile to talk about the EPLO program goals and objectives, exchange suggestions and comments among the EPLO soldiers, and meet them face to face.

"During the remainder of the year we rarely see the majority of the EPLO soldiers, since only a few are assigned near the Presidio," Graves said.

"We're just like any Army unit," Campos said. "We train for war. But our war is against any hazard that occurs. We always have a real mission to perform."

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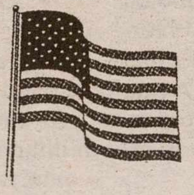

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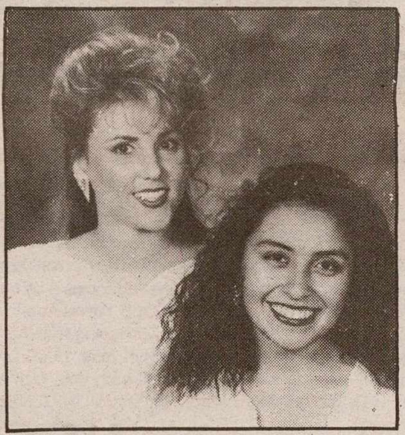

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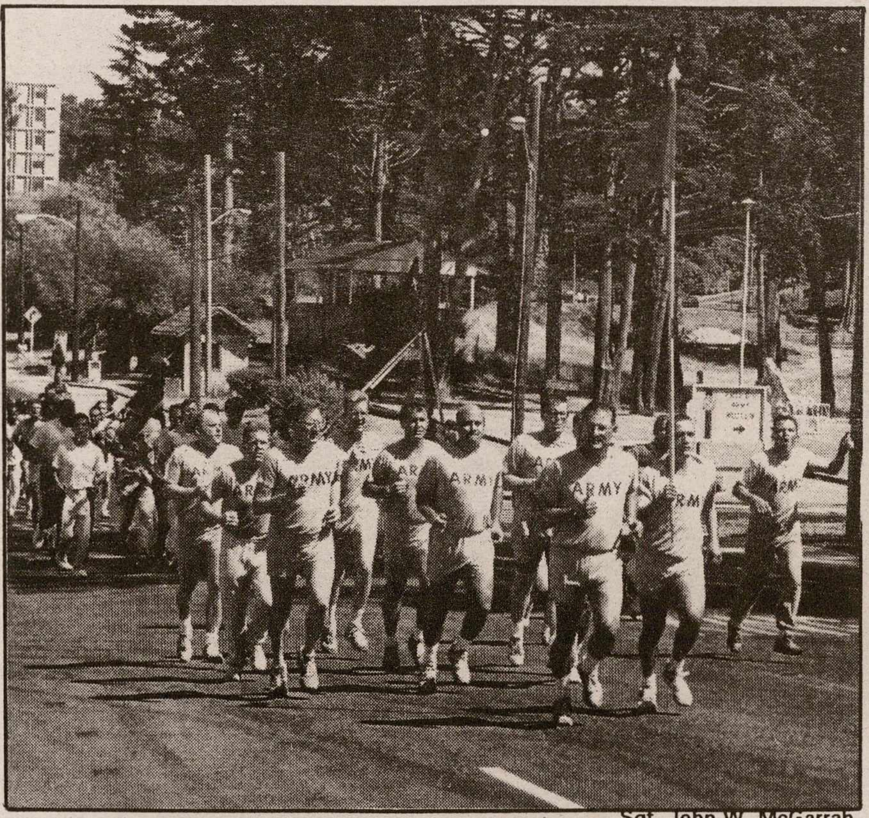

Sgt. John W. McGarrah

Going home, No sweat

Presidians reach the home stretch of the Sixth U.S. Army Fun Run led by Col. Gregory A. Renn, garrison commander. Headquarters Co., USAG, won the streamer for their motivation during this month's run.

Presidio sports briefs

Free racquetball lessons

Free racquetball lessons will be given from 6 to 8 p.m. Wednesdays, beginning Aug. 18, in Gym No. 1. Instructions will also be given to the novice players to improve and master the fine points of the game. For information contact the Presidio Sports Branch at **561-5032.**

Three-on-three basketball

The Sports Branch will host a three-on-three basketball tournament from Sept. 3 to 6 . Soldiers, Department of the Army civilians, and family members 19 years and older assigned or attached to the Presidio of San Francisco are eligible to participate. Team rosters will be limited to four players. To sign your team call the Sports Office at **561-4102**, or **561-5032.**

Winter bowling leagues

Four bowling leagues are set to begin soon for the winter session. Soldiers, Department of the Army civilians, and family members 19 years and older, assigned or attached to the Presidio are eligible to bowl in the leagues, which are listed below.

Intramural Bowling League

The 1993 Presidio Intramural Bowling League will begin Sept. 13. An organizational meeting will be held at 1:30 p.m., Sept. 7, in Gym No. 1, Building 63.

Handicap Singles

The Singles Handicap Brown Bag Bowling League open to male and female bowlers is being organized to bowl at 11:30 each Wednesday morning at the Presidio Bowling Center. Sign ups are being accepted now at the center, and all interested bowlers are urged to attend the meeting at 11:30 a.m. Sept. 1 in the bowling center. League play starts Sept. 8.

Hui O Hawaii league

The Hui O Hawaii Winter Mixed doubles Bowling League will hold an organizational meeting at 6 p.m. Sept. 2, at the bowling center. League play will start at 6 p.m. Sept. 6. Only 12 teams will be accepted in the league on a first come, first served basis. Applications for team and individual entries are available at the bowling center.

Singles Scratch league

Join the Presidio Scratch Singles Bowling League and improve your bowling average. It's head to head each week. Registrations are now being accepted at the bowling center.

For more information about any of the bowling programs, call Bobbie Gascon, sports director, at **561-5032.**

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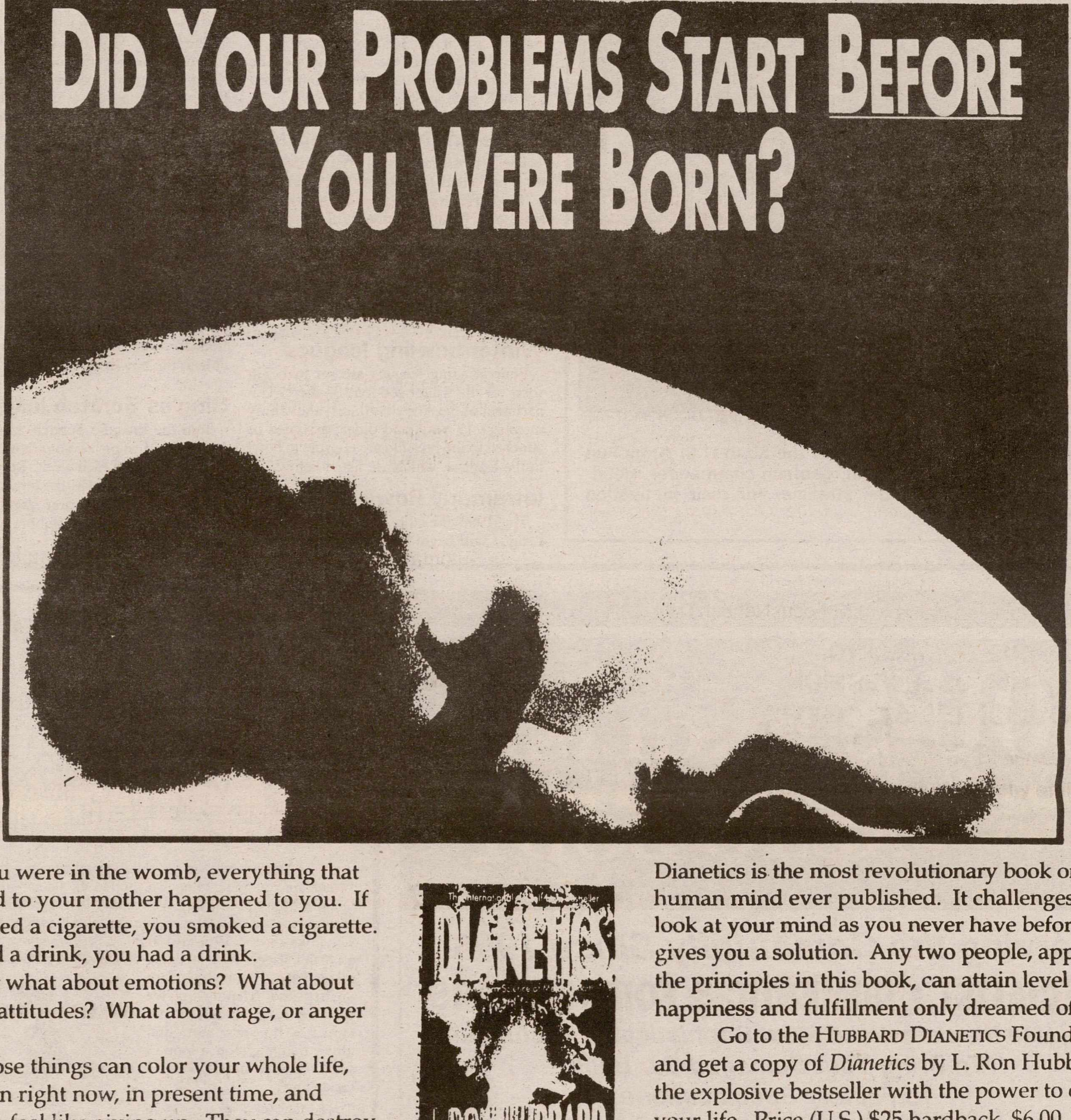

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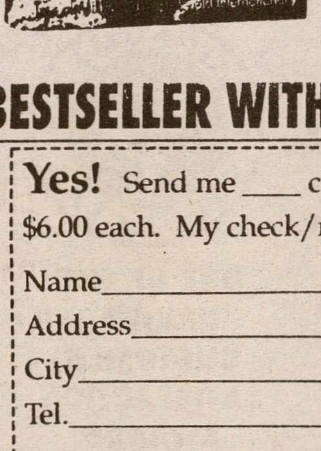

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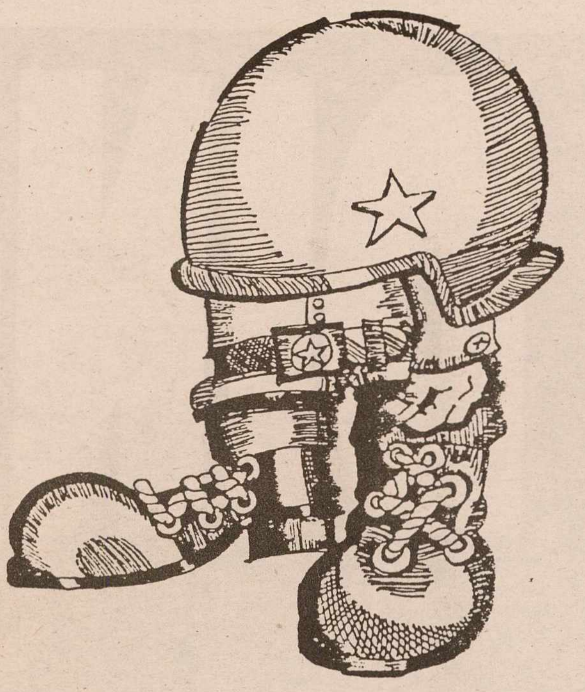

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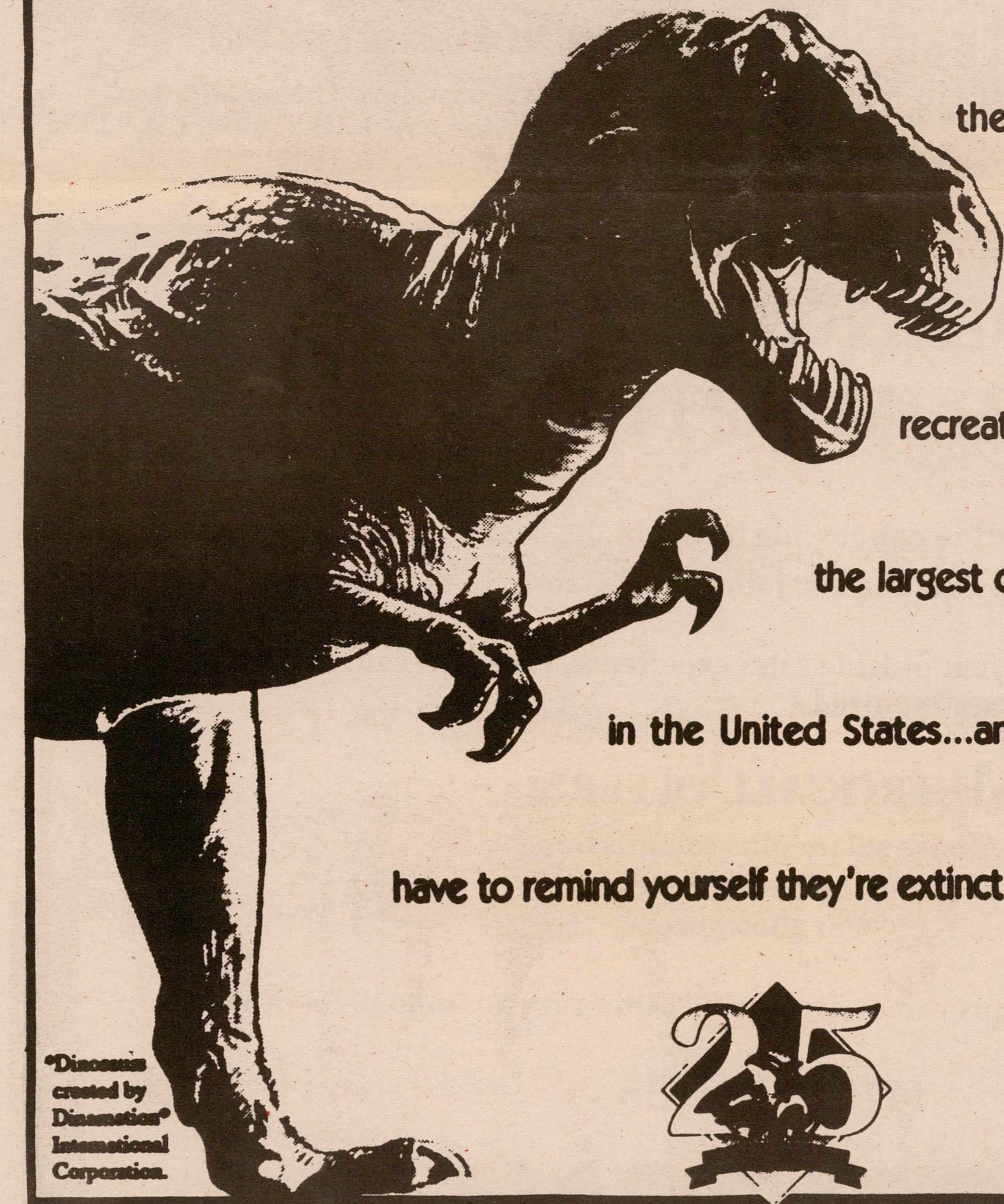

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Star Presidian

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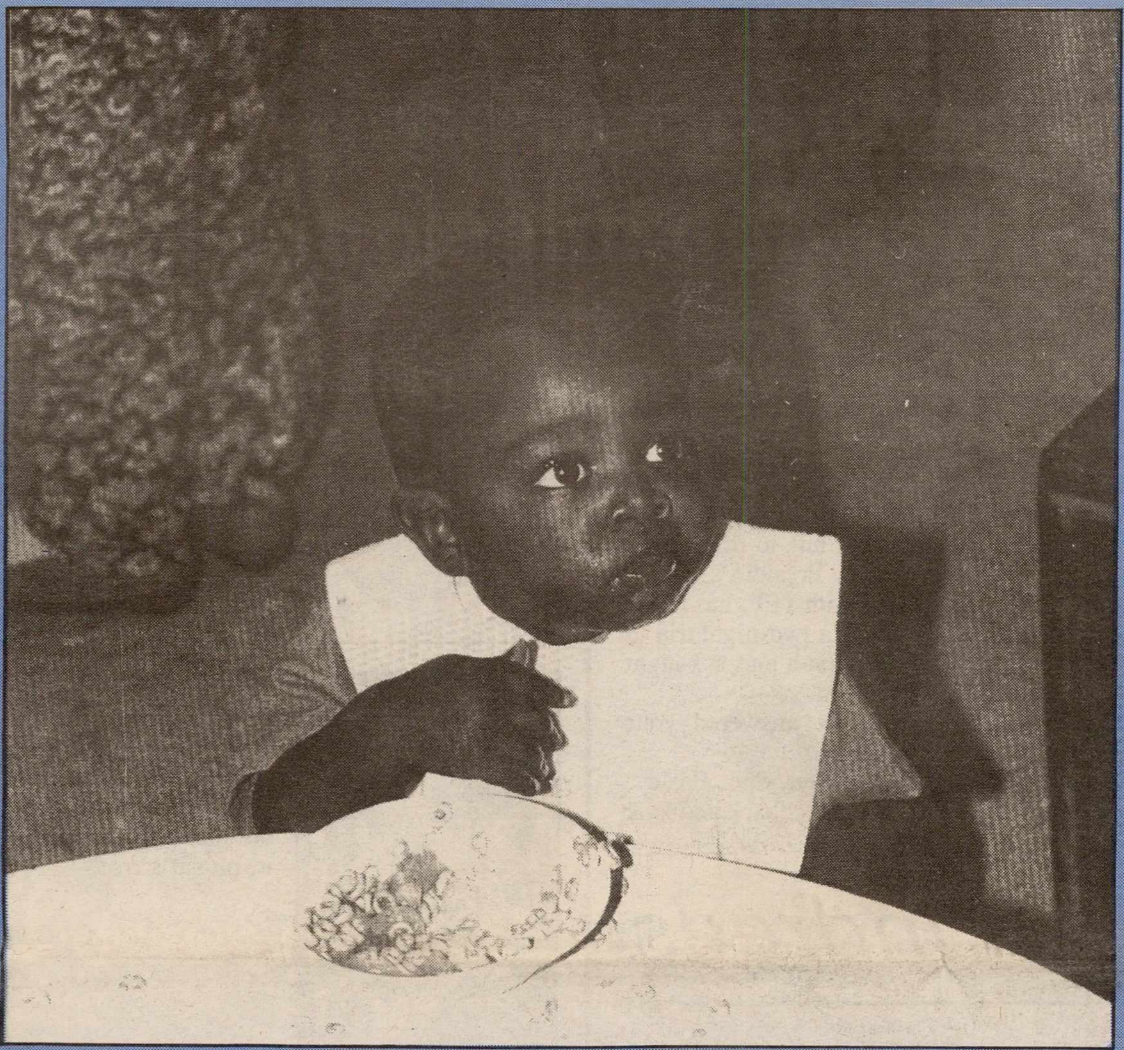


Spc. Adrienne Story

Breakfast of champions

Larry Watson, 12 months, eats his breakfast cereal in the infants room at the Child Development Center. Care providers for each room ensure the children eat healthy, nutricious meals. See Pages 8 & 9 for stories and more photos.

Museum transfers to park service

Former dispensary, clinic to assume new role once again

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The Presidio Army Museum is scheduled to transfer operations to the National Park Service, under the administration of the Golden Gate National Recreation Area, Oct. 3.

The museum will be the first Army element to be operated by the Park Service, according to Herb Garcia, museum director. It will be officially turned over to the Park Service, along with other Presidio assets, in October 1994.

The museum, located in Building 2, will be staffed by one Park Service Ranger, an archivist from the GGNRA, and a museum technician to maintain the museum's valuable collection.

The museum contains original artifacts from the time the Spanish first explored the Bay Area and established the Presidio to the present.

Included are uniforms, equipment and documents spanning the eras of the Spanish settlement of Northern California, the Civil War, the Indian Wars, the Spanish-American War, World War I and World War II.

Of particular interest are exhibits depicting Presidio soldiers' involvement in rendering assistance to distressed victims of the 1906 earthquake and subsequent fires that destroyed much of San Francisco.

Built in 1863-64, Building 2 had previously been used as a post dispensary, a dental clinic, and a drug rehabilitation center. This two-story, wood-frame building originally faced northwest but was reoriented towards the southeast in 1878, along with the houses south of it on Funston Avenue.

The museum will still receive support from the Fort Point and Presidio Historical Association, a private organization that provides monetary support, artifacts, and docents for the museum, according to Col. (retired) Milton Halsey, the association's executive director. The association began working with the National Park Service in the 1950s and will continue its affiliation after the museum changes hands.

"We started the association with Fort Point 35 years ago," Halsey said.

"We renovated the fort, supplied it with artifacts, then pushed for the legislation that made Fort Point a national park. In 1973 the Army said it had a vacant building and asked us if we could put our museum there. Since then, we have supplied the Presidio Army Museum with our own artifacts, purchased other artifacts, and conducted historical research for the museum," he explained.

The association purchases items such as ultraviolet glass to protect documents and acid-proof matting to protect other articles.

Its docents have escorted an average of 14,000 school children per year through the museum's halls, Halsey said. The museum will continue as is in the short term, according to Rich Weideman, acting district ranger for the Presidio and Fort Point. The museum will be closed for the last two weeks in September for extensive cleaning and to allow the park service to arrange some of the displays in chronological order, Weideman said.

They will also color coordinate the backgrounds and the typefaces of the displays by time period, to make it easier for visitors to follow the Presidio's history from its beginnings to the present day.

Weideman said visitors can expect the museum to stay in its current location for at least another five to seven years.

Mandatory briefing

Chain teaching outlines transition

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The next installment of the Army's Chain Teaching Program will be presented by the Sixth U.S. Army commander at 10:30 a.m. Aug. 25, 26 and 27, in the Post Theater, Building 99.

The briefing, "The Army in Transition, Update Three," will be given by Lt. Gen. Glynn C. Mallory, Jr., commanding general, Sixth U.S. Army and Presidio of San Francisco. The briefing will cover what has happened in the drawdown plan during fiscal year 1993, and give current projections for what will happen in FY94.

"Using the chain teaching method to get the word out about the transition plan is one of the Army's ways of taking care of its people. It is a program intended to keep the military and civilian work force informed about changes and about the drawdown," said Sixth U.S. Army Deputy Chief of Staff for Personnel Maj. Brady Lawrence.

Lawrence said it is mandatory for all Sixth Army military and civilian personnel to attend this briefing. Family members are encouraged to attend as well. Tenant units on the Presidio of San Francisco are also invited.

"We've sent copies of the Chain Teaching briefing to every Readiness Group, Senior Army Advisers in the 12 western states and each division chief in Sixth Army," Lawrence said. "Everyone needs to attend. The entire chain of command, from the Army Chief of Staff, to the FORSCOM commander, to the Sixth Army commanding general are involved."

The briefing will first cover the drawdown's concept as it affects all active Army personnel. Then, it will provide specific information pertaining to officers, enlisted soldiers and civilian employees. There is also a transition portion that updates and reviews the transition benefits for all Army personnel.

This briefing is the third in a series of chain teaching briefs. The first, "Drawing Down the Army, Update One," was presented in December 1991, and discussed the Army's plan to reduce in size. The second briefing, Reshaping the Army, Update Two, was released in July 1992, and updated the drawdown plan for FY92 and projections for FY93. Update three will provide a lot of information about the drawdown's plans and programs.

Update three will show how the Army remains prepared to deploy to any theater to serve the country, even though we have reduced the size of the force and reshaped its structure. The Army is expected to have 575,000 soldiers on active duty by the end of this fiscal year. The drawdown goal is 520,000 by the end of FY95.

Some key points addressed in the Chain Teaching Program include:

1. The transition programs used in FY93 to support those separating will continue to be available in FY94.

2. The Army is striving to ensure the most effective force structure. This will allow for continued promotions and provide top quality people access to the higher ranks.

3. The retention of high quality soldiers, and the development of leaders remain our most important imperatives.

4. Most of the projected drawdown is complete. The largest reductions in the Army's strength were made prior to October 1993. Yet, promotions have remained constant or have increased. Military schooling has continued to provide opportunities for professional development.

The chain teaching briefing will provide the Army's most current information about the drawdown. Some of the information may change in the future due to political, economic and world developments. However, Presidians should attend these briefings to be familiar with the Army's current programs and goals.

For additional information call Maj. Sid Donnell at **DSN 586-4967** or **561-4967**, or Maj. Lawrence at **DSN 586-2067** or **561-2067**.

"See you at the briefing," Lawrence said.

Chain Teaching Program
The Army in Transition
Update 3
Presented by Lt. Gen. Glynn C. Mallory, Jr, commanding general
Sixth U.S. Army and the Presidio of San Francisco

Aug. 25, 26, and 27 at 10:30 a.m.
Presidio Theatre, Building 99
For more information, call Maj.Sid Donnell at 561-4967

Ask the garrison commander

Col. Gregory A. Renn
Garrison Commander

After reviewing last week's "*Ask the Garrison Commander*" column, I found that concerns of three soldiers, Pfc. Fred Harter, Staff Sgt. Gene Allen and Sgt. Guadalupe Rocha, were focused on the relocation of soldiers as the Presidio transitions to the Park Service.

I have just approved the Military Management Plan for soldiers assigned to U.S. Army Garrison. The Military Personnel Division will manage this pro-active plan.

After establishing release dates for each soldier, MPD will conduct a series of briefings and one-on-one counseling beginning in January 1994. During these briefings, each soldier will be advised as to his/her options for reassignment or separation. After all the soldiers have gone through this process, the reassignment requests will go to the Personnel Command in February 1994.

We project that the majority of our soldiers will depart between June and September 1994. Until that time, the majority of the soldiers assigned to U.S. Army Garrison have been stabilized, except for normal ETS's and high priority PCS moves.

Sgt. Rocha also asked about the accessibility to listings for job openings worldwide. The active duty soldiers are reassigned by the Personnel Command based on the needs of the Army and the soldier's desires. Unfortunately, there is no one listing of active duty positions available. Each Military Occupational Skill is managed by its branch, and assignments are made based on units' requisitions. These requisitions are submitted nine months in advance for overseas units and six months for CONUS units.

Another transition question was posed by Pvt. Jeremy Martin. His concern was what was going to happen to the Military Police when the Presidio closes. The Military Police are currently scheduled to depart the Presidio at the end of the transition in September 1994. Until that time, we plan no degradation to resources or services provided. The current plan is that upon transition to the Park Service, law enforcement on the Presidio will be provided by the United States Park Police and Commissioned Rangers.

Spc. John Bosley wanted to see more recreational activities for single and married soldiers, such as affordable tours and field trips to local points of interest.

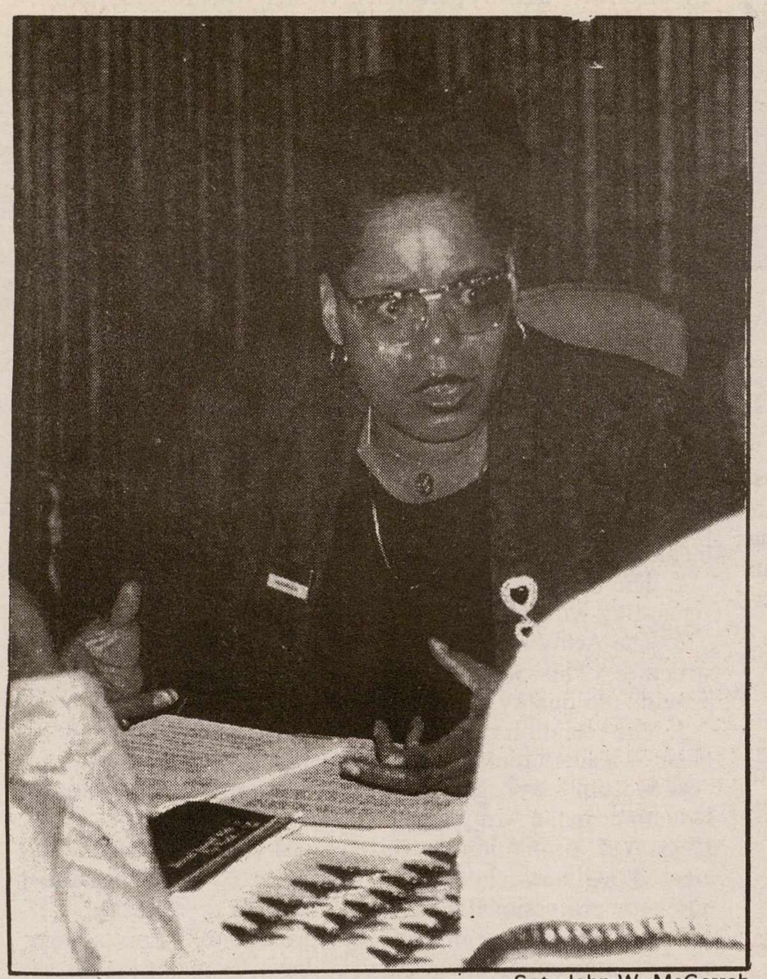
The Information, Tour and Travel Office continues to offer the military a wide range of discount tickets to local attractions and offers a large assortment of free brochures and recreational guides such as the Bay Area City Guide, RV & Camping Guide, Redwood Empire, and 101 Fun Things to Do at Lake Tahoe.

The ITT has offered various trips over the past 12 months, but unfortunately, every trip was cancelled because not enough people reserved spaces for the trips. Feedback from customers indicated that driving was the preferred method of travel for economy and a choice in date of travel, but the ITT will continue to offer more trips in the near future. Also the Presidio's SATO Leisure Travel Office, co-located with ITT, has many summer specials. Examples include a two-night trip to Laughlin, Nevada, for $108 per person and a 3-night cruise to Mexico for $289 per person.

I hope that these responses have answered your questions.

I thank Pfc. Harter, Staff Sgt. Allen, Spc. Bosley, Sgt. Rocha and Pvt. Martin for their feedback and look forward to next month's questions.

Post job fair draws hundreds


Sgt. John W. McGarrah

Rosalyn Tolliver, a representative for Northwest Airlines, answers queries at the Presidio Job Fair Monday at the Officers' Club.

By Maj. Wanda Arceneaux
Star Presidian Staff

Job Fair '93 held at the Presidio Officers' Club Monday drew about 700 job seekers and 47 participating agencies.

Companies represented at the job fair had to certify that they were actually hiring personnel, according to Henry Morris, president of the San Francisco Chapter of the Association of the United States Army. The AUSA picked up the cost of renting the facility for the day, which was partly defrayed by a registration fee charged the participating agencies.

Department of Defense personnel from the entire Bay Area were invited to attend, so many Navy uniforms were visible among the Army green throughout the day.

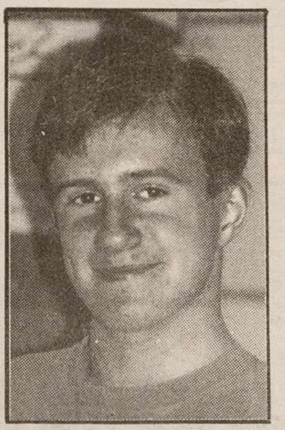
Civilian agencies such as United Airlines, and government agencies such as the Immigration and Naturalization Service were among those looking for employees.

Positions that seemed to be in the most demand were those in the medical field and those requiring technical skills. Several agencies offering temporary employment were represented, as well as schools to teach truck driving or prepare workers for jobs in the airline industry.

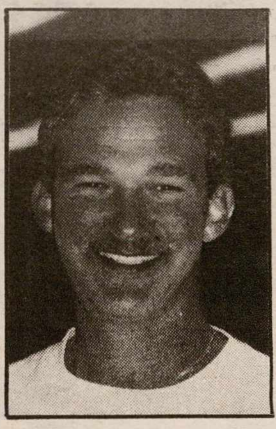
In case you missed this job fair, Naval Station Treasure Island will be hosting another one on Aug. 25 from 10 a.m. until 2 p.m. in Building 2. For more information, call the Family Service Center at 395-5176 or 5189.

Ask Presidians

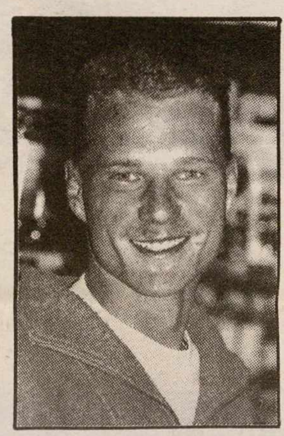
What activities do you enjoy doing in your free time?"



Daniel Bronstein, Teen Enrichment Program, Thrift Shop Volunteer: "I like to browse through bookstores. I can spend hours looking through history books from any period."

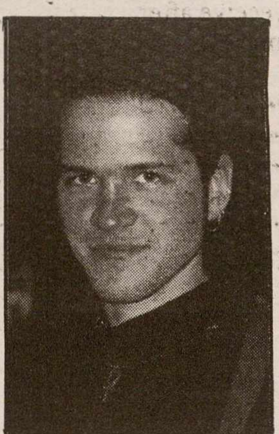


Sgt. 1st Class Phil Cloyne, Patient Administration Division, LUSAHC: "I like the abundance of scenic and famous sites in the area, especially Fisherman's Wharf, the parks and beaches. I also enjoy the nightclubs."



Pvt. 2 Todd Nesbol, combat medic, Norco, CA: "I love to fish. We go right off the Coast Guard Pier. We only go out there for the fun of it, plus it's free."

Pfc. Sondra McDonald-Carpenter, clerk, 7th Psychological Operations Group: "I like to take long walks by myself-watching people and looking in stores."



Michelantony Dunston, family member: "I really enjoy the clubs here in the city. I also like to take my bongos out to the beach near the cliffs in Pacifica and play all day long. It's really peaceful."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Army Sgt. Maj. Richard Kidd

Addressing today's soldier

Editor's Note: Sergeant Major of the Army Richard A. Kidd submitted the following answers to questions posed to him by the ***Star Presidian*** and Sixth U.S. Army Public Afairs Office staff during his recent visit to the Presidio of San Francisco. These questions were submitted prior to the recently announced "Don't Ask, Don't Tell" compromise.

Q. Recently, Department of Defense redefined women's roles in the military. How do you feel about female aviators receiving combat status?

A: Frankly, I would venture to say that any infantryman caught in a fire fight or cut off from his element would welcome the fire support or extraction from the hot spot, no matter who is flying the helicopter. I remind you and your readers that when I answer questions I try to represent the views and concerns of the enlisted soldiers and their families I represent. Since enlisted soldiers do not fly helicopters, I consider the question to be out of "my lane," other than as previously stated.

Q. Over the past 12 years there have been numerous changes in the military's retirement plan. Presently there are three retirement plans under which a soldier with 20 years of service can apply.

a. Why do you think there was a need for the creation of these additional plans? and

b. Do you expect more changes in the next 10 years?

A: The answer to the creation of the different retirement plans was done, to put it simply, to save money. Secondly, the changes were made to end what had become chronic complaints by lawmakers and critics that military retirement was too generous. As to future changes, I obviously cannot say with certainty [what they will be], however, we continue to stress at every forum the importance of a quality retirement program for a quality fighting force. I have discovered that many soldiers are unaware of the three plans. You might consider a story outlining the retirement plans (Final Basic Pay, High-3, and Redux) and help educate soldiers on what they can expect to receive after a 20-year career in the Army.

Q. San Francisco and the Bay Area have a high concentration of retired military. Many of them are concerned over the possible erosion of retirees' and their eligible family members' medical and dental privileges. Briefly, can you explain the future changes under consideration by DoD and Congress?

A: Hundreds of thousands of retirees across America and the world share the same concerns related to the erosion of their benefits. The active force has not gone unscathed and is also feeling the pinch of some of the same changes, i.e., soldiers are now having to use CHAMPUS or other plans that cost them for their family's health care.

The Dependent Dental Plan is in place and working well and will remain in place.

In health care, the Army is aggressively testing a couple of health care programs (Coordinated Health Care and Gateway to Care) which are designed to cut costs by having contracted physicians use existing military medical facilities and personnel. Ultimately, the management of treatment with certified physicians will improve families' health care plan for family members and retirees and is part of the overall package being reviewed by the Administration.

In the meantime, veterans groups and other organizations that support the military are actively lobbying Congress. We'll just have to wait and see how effective they are in affecting positive change.

U.S. Army photo

Sergeant Major of the Army Richard A. Kidd

Q. Department of Defense is undergoing a downsizing process. A number of senior Army leaders have said that it is possible that good soldiers will be asked to leave the Army. How is the Army attempting to assist separating soldiers and their families?

A: There is no question that we have indeed lost good soldiers since we began the drawdown process in 1989. The good news, however, is that their departure was not as badly felt as it would have been if we didn't have the depth of quality we have in today's Army. What's important to remember is that, except for the 160 sergeants major that were selected for early retirement, they all left voluntarily under one of the various voluntary incentive programs.

Those leaving the Army are given transition assistance to ease their move back into the civilian communities. The Army Career and Alumni program offers soldiers and their families counselling, job search assistance, training for interviews, resume writing, and more.

The monetary incentive programs offered to those leaving are also helping families transition out of the Army.

Unlike the officer corps who has experienced some forced reductions, the enlisted corps has been spared having to force its people out. And if we continue to stay on the current glidepath, there might not be a need for an enlisted Reduction In Force.

Q. With the breakup of the Soviet Union and the fall of the Berlin Wall, the European theater is downsizing considerably. Will soldiers still have opportunities for overseas assignments?

A: Soldiers will definitely have opportunities to continue to serve overseas.

As long as our Army maintains a forward presence, we'll have assignments for soldiers overseas, albeit fewer of them. With fewer overseas installations to go to, soldiers can anticipate longer assignments stateside.

Q. Standards for enlistment and reenlistment are getting tougher. What do you think about the quality of recruits entering the Army? And, how difficult will it be for them to advance?

A: The standards are not getting tougher, we've just tightened the enforcement of the existing standards. But as far as difficulty in advancing is concerned, if soldiers know the standards and use those standards, not as a goal, but as a springboard to bigger and better opportunities, they will do well.

Earlier this year we dipped a little deeper into the pool of recruits available to make up for the exodus of soldiers during the earlier peak periods of the drawdown. The good news is that we met the immediate needs for personnel and closed the window. By the way, all were still high school diploma graduates.

I think our recruiters are working as hard as they can to attract quality recruits, but they have several things working against them.

For example, news reports of the drawdown have many potential recruits thinking the Army's not hiring - we are. Our advertising budget was severely cut, so there was reduced capability. Some money since has been reinstated. The key is our recruiters are working hard to ensure we continue to recruit the smartest and brightest young people America has to offer.

Q. Quality of life issues are becoming more important to soldiers. With the many budget constraints announced by DOD, will there be reduced emphasis on quality of life for soldiers in the Army?

A: Absolutely not. Despite the budget cuts, quality of life continues to be a top priority for the Army's leadership.

The Army has made great strides in improving the quality of life for our single soldiers living in the barracks. A couple of ways are: we've moved up the timetable of new barracks construction and the barracks renovation program.

The Chief of Staff considers the providing of family housing comparable to the local economy one of its top priorities. The Family Housing Whole Neighborhood Revitalization Program established a whole-house concept to improvement, repair and elimination of unfunded maintenance for family housing. And as I mentioned earlier, we're also making advances in helping to maintain quality health and dental care for soldiers and their families.

Q. Last year the Army announced its new policy tying promotions to NCOES. Could you explain the correlation?

A: Bottom line --- soldiers cannot be promoted to the next higher rank until after they successfully complete the NCOES course that corresponds to that rank.

For example, a sergeant promotable cannot advance to staff sergeant if he/she has not graduated from BNCOC, and a master sergeant cannot be promoted to sergeant major until he/she graduates from the Sergeants Major Academy.

The program is designed to ensure all soldiers get the training required to more effectively perform in the higher rank, thus making them better able to deal with the new duties and responsibilities of that rank.

Q. A lot has been said by opponents and supporters concerning gays in the military. Can you describe the effects you've seen among soldiers who've contemplated the question of lifting the ban on gays in the military?

A: There really are no "visible" effects that I've seen among soldiers related to the proposal of lifting the ban. I can, however, tell you what soldiers and their families are telling me as I visit installations. The vast majority are overwhelmingly against the ban being lifted. There have been some soldiers that have expressed indifference about the subject, saying that as long as they "do their job and keep to themselves," it does not matter what their sexual preference is. These soldiers, however, normally do not live in the barracks. Again, the vast majority voiced opposition to lifting or modifying the ban.

Q. Do you foresee a change in the role of the NCO Corps as the Army continues to downsize?

A: No, I don't foresee a change in the role of the NCO.

While the drawdown is affecting a lot of change throughout our Army, one of the things that remains constant is the role of the NCO - to lead, train, and care for soldiers and their families.

NCOs make things happen --- and we will continue to do so to the very best of our ability!

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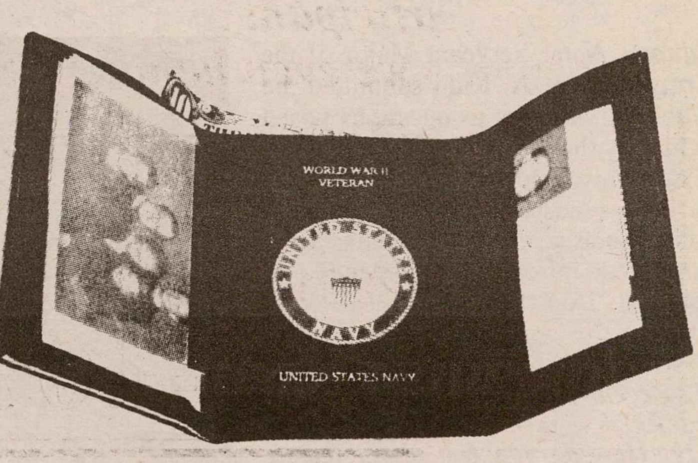

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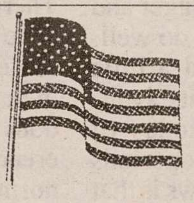

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Presidio News Briefs

Wear of uniforms is mandatory on Space A

On Space A flights for military missions on military aircraft only, you must be in military uniform. The Military Airlift Command relaxed its rules regarding the wear of uniforms on other types of flights.

"We're trying to get the word out now," said Capt. David Carroll, officer in charge, Passenger Service, Travis Air Force Base. For more information about Space A regulations, call Carroll at **DSN 837-1891**.

Mandatory ethics training set for Sept. 2

Ethics training for all Sixth U.S. Army and U.S. Army Garrison Presidio civilian personnel and Army officers who missed the July 20 session will be held from 10 to 11 a.m. at the Post Theater, Building 99, Sept. 2. **Attendance is mandatory**. Tenant activity personnel are invited to attend. Training for enlisted soldiers will be scheduled in 1994. The point of contact is Maj. Paul Conrad, at **561-3131**.

Red Cross offers first aid, safety classes

The American Red Cross is offering community first aid and safety classes from 6 to 10 p.m. every second Monday and Tuesday of the month. The fee is $30. The next class will be Sept. 13 and 14. Call **561-2187** to register.

PSF Brownies organizational meeting set

An organizational meeting for parents of girls interested in being Brownie Scouts will be held at 7 p.m., Aug. 26 at the Brownie Hut, Building 563, near Ruger and Lombard Streets. Brownies include girls attending the first through the third grades. The unit is looking for leaders and Brownies. For more information, call Susan Conrad at **387-8488** and leave a message.

Scholastic scholarships are available

The Budweiser/USO Scholarship Program for 1994-1995 is accepting applications, which are available at USO locations or can be secured by calling **391-1657**.

The application requirements, established by Budweiser, include the following:

- Applicants must be family member of active duty military (children and spouses only); and
- Applicants must have graduated from high school within the last four years.

For other requirements, call **391-1657**.

Native plant society needs volunteers

The California Native Plant Society is looking for volunteers to help their restoration weeding projects on the Presidio of San Francisco. The society is particularly interested in areas on post where native plant communities thrive. To sign on, call the society at **775-1812**.

Adult ballet dance class needs students

Victoria Bautista is looking for interest in an adult ballet class to be conducted on Tuesday, Wednesday or Friday evenings in Gym No. 2, Building 1152. Dates and time will be confirmed later. The class will emphasize freeing the body from tension and learning the basic mechanics of ballet technique. Bautista has worked with the San Francisco Spring Opera and other dance companies. For information or to sign up, call Bautista at **752-6536**.

Sobriety checkpoint scheduled Thursday

A sobriety checkpoint will be set up from 7 to 10 p.m. Thursday, at the intersection of Lombard Street and Presidio Avenue. Drive safe, drive sober!

Prayer groups hosting Bible studies on post

The Gospel Prayer and Praise group holds its Bible study classes from 6:15 to 7:30 p.m. Tuesdays, and prayer and praise meetings from 11:30 a.m. to 1 p.m. Sundays, in the Religious Activities Center, Building 682.

The Christian Women of the Chapel's Fall Bible Study Series begins Aug. 23 and will continue on Mondays from Sept. 13 through Dec. 13 at the RAC. Times for all classes will be from 9 to 11 a.m. Registration should be made by **Sunday**. For information, call Jetta Beacon at **346-4392** or Aby Dolinger at **928-7917**.

CCSF offers free parent-child classes

Tuition-free child observation classes for parents and young children, ages 15 months to 5 years, will start at 9 a.m. Aug. 23 in Building 563 on Ruger Street. The program meets on Tuesday and/or Thursday mornings during the school year and includes a nursery school environment, activities for the children and observation and discussion by the parents. This is a non-credit course presented by City College of San Francisco and sponsored by Presidio Youth Services. Call **561-1921** (not an on-post number) for information

See Briefs, Page 10

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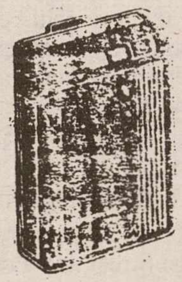

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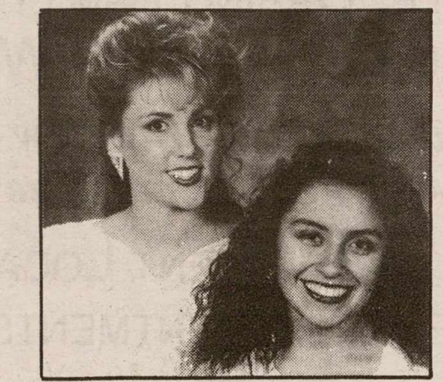

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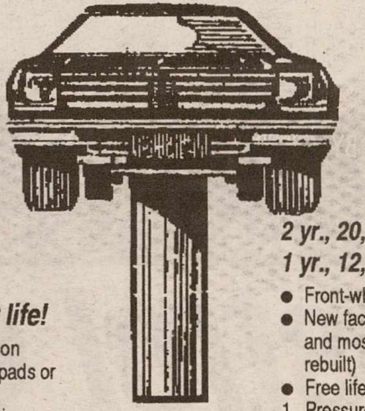

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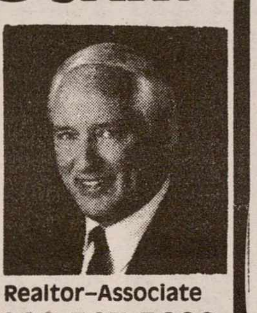

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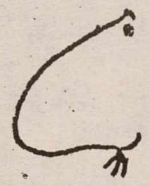

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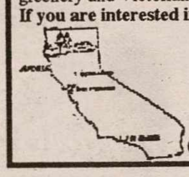

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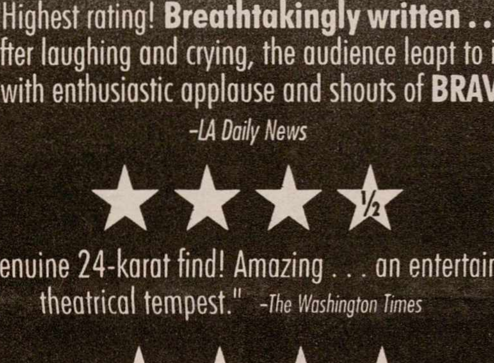

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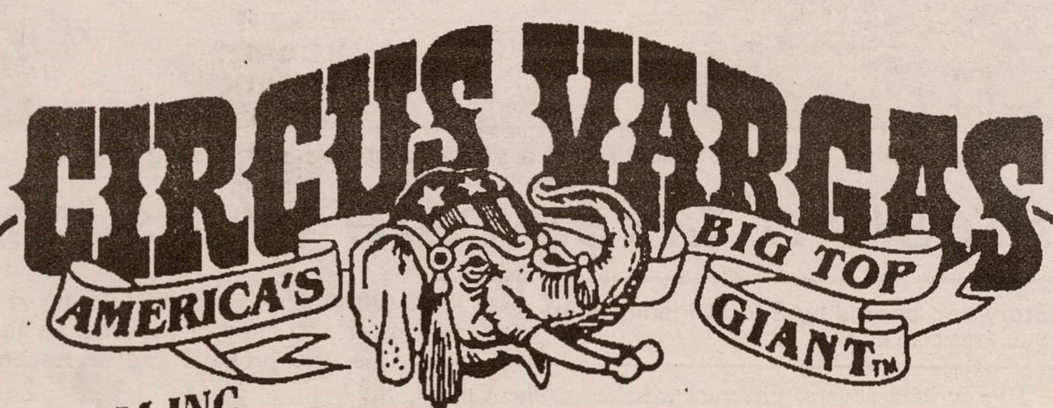

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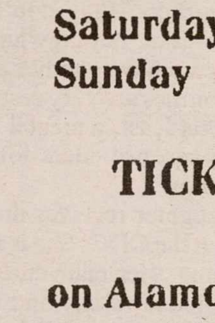

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Yabel Valdes, a childcare giver, reads a story to pretoddlers during day care.

Presidio takes care of its children

Story and photos by Spc. Adrienne Story
Star Presidian staff

I've written several different articles on the Child Development Center including the time they received their certification of operation from the Department of the Army, the Parent/Child Play Day activities and others, but that was before I became a mother.

Now that I have first hand experience with taking care of a child and have seen the care providers in action, my respect for the CDC staff has grown tremendously. It's not that I didn't think that their job is difficult; it's that I just didn't know how difficult and how important it is.

Care providers have to feed, entertain, change diapers and clothes in some cases, and care for children while continually challenging them mentally and providing learning experiences.

They also have to keep the parents happy, which can be a chore in itself.

I have to admit as a new mother of a beautiful, sweet baby (that's not editorializing, that's fact) I was concerned my daughter would not receive the care she deserved once I went back to work. The Presidio CDC staff eased my doubts.

If you have any doubts, visit the center and let the staff know about your concerns. They have always been very helpful, and I'm always welcomed when I visit my daughter.

From what I have seen, (and believe me, I've been all over the day care center) every child is receiving the care he or she needs.

I don't think people realize, as I once did not, what these day care providers put into their jobs daily. Although it's a pleasure, it is not always easy to care for your own child or children, let alone another's child. One care provider can be responsible for up to 18 children.

Infant day care providers care for up to four infants; pre-toddler (12 months to 2 years) care providers take care of five children; care providers for 2 to 3 year olds care for seven children; providers for preschoolers (ages 3 to 5) care for up to 10 children; care providers for the 5 to 8 age group care for 15 children, and providers care for up to 18 children in the 9 to 12 age group.

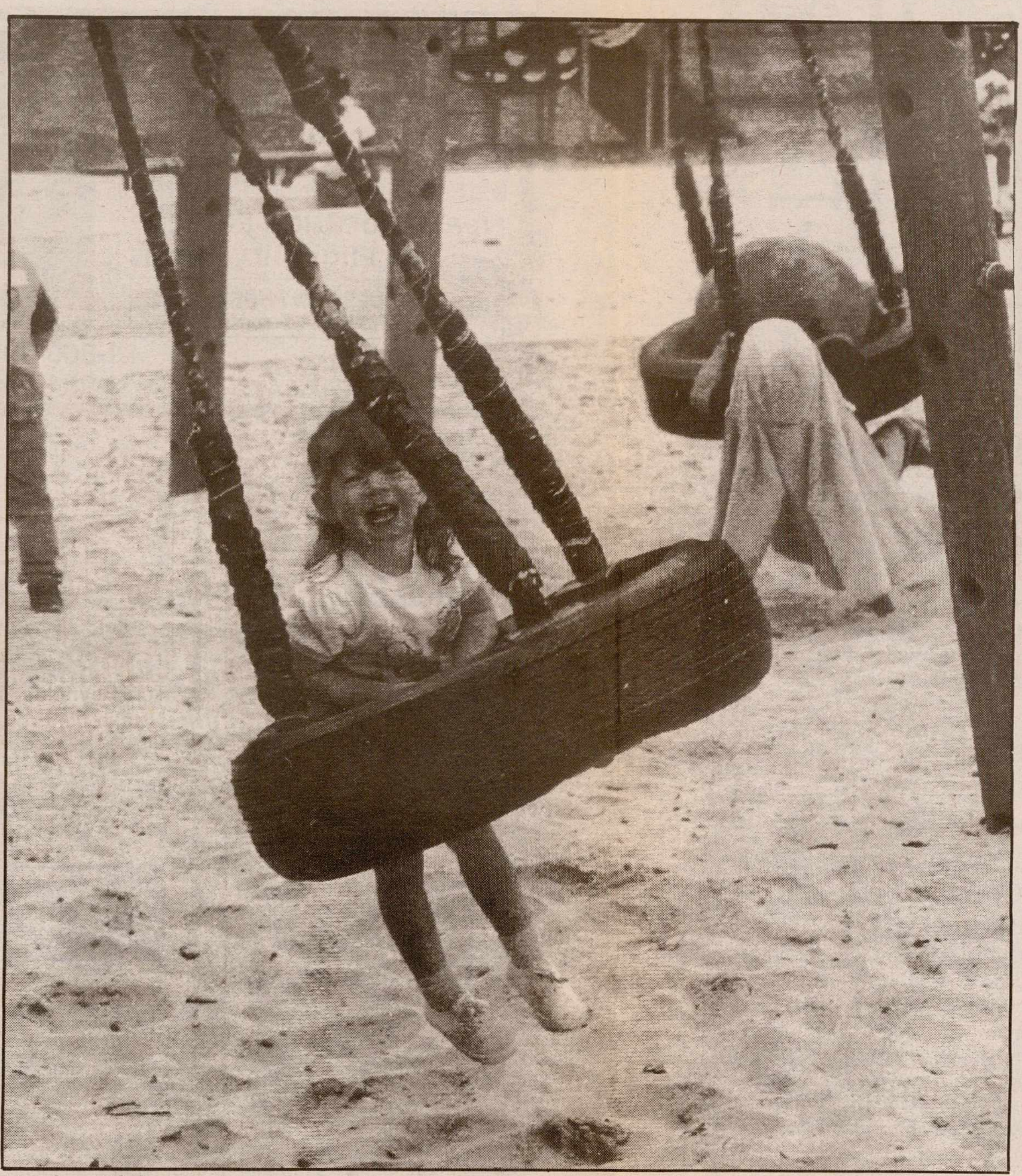
Unlike most workers, they don't have a set lunch break. They get breaks, but they have to wait until the children in their care have another employee present.

These responsibilities are very restrictive. Most office workers can take, at least, a mental break just sitting at their desk, but day care providers don't have that luxury, as most parents know.

I believe my daughter receives the best care possible away from home at the CDC. She is happy, comfortable and already learning. Her main care provider keeps me informed about Lindsey's day and truly cares for her. My daughter's needs come first, then mine, and I wouldn't have it any other way. If my daughter wasn't receiving the best care, she wouldn't be there!

After I saw first hand all these care providers do, I had to write this story. They highly deserve some recognition for their hard work and dedication. Although this is not an award or a cash bonus, it is a way to let the public know what a difficult job day care providers have, and how well they do it, and let the CDC staff know that someone cares and appriciates the fine work that they do each day for our community.

Kiara Dixon, 6 months, uses the fun toys and equipment to build motor skills at the center.



Meghan Richards, 2 years, watches the world swing by while riding on the swings at the Child Developement Center.

CDC grows in its last year

By Spc. Adrienne Story
Star Presidian staff

The post's child care center will begin a new program for preschoolers while pursuing full accreditation and caring for various age groups in its final year of service.

The Child Development Center's goal is to provide a safe, loving environment for children while helping them develop socially, emotionally and physically.

"We try to reach that goal through staff selection; working with the staff; training, evaluations of supervisors and choosing the appropriate backup staff," said Gary Deluhery, program director for rooms 8, 9, 14 and 15. "I feel we accomplish our goals. We are constantly working to improve the program. We're like parents. No parent starts out perfect, but they continue to become better parents."

A nationwide child care accreditation program is on-going. The CDC has also begun the program, which offers outside evaluation of the child care program.

"This gives us the opportunity to look at the quality of the program and receive information from outside, including parents staff members and administration," Deluhery said. "We now have a validator working with us."

Parents have expressed favorable impressions of the center in the accreditation forms, according to Deluhery. Despite the downsizing of the Presidio, the CDC care should continue to improve.

"We have a full administrative staff now, and we're working to bring the staff up to speed," Deluhery added. "We will continue to build on the program."

Starting Sept. 13, a new part-day preschool program will begin for children ages 3 to 5. Classes will be held 8:30 to 11:30 a.m. Mondays through Fridays. If you have any questions about the part-day preschool or to enroll, call Jackie Watson at **561-5615**.

"It is set up to prepare kids for kindergarten for those who don't need full day care," Deluhery said. "Oftentimes, going to school straight from home is a big adjustment for kids. This will provide them with some interaction with other kids before hand."

With the downsizing of the Presidio, child care is a growing concern. The CDC will close in June, 1994. As the CDC program downsizes, family child care is becoming another option for parents. Family Child Care is a program which trains Presidians who live on post to care for children in their home.

"There are very extensive background checks run on all the people who enroll in the program," Deluhery explained. "The program is continually monitored. Participants are well trained. About half drop out before the end of the program."

There are about 10 Presidians involved in the program who now offer day care in their homes, according to Deluhery. They are trying to build the program to offer parents a choice when the CDC closes. A new training session will begin soon.

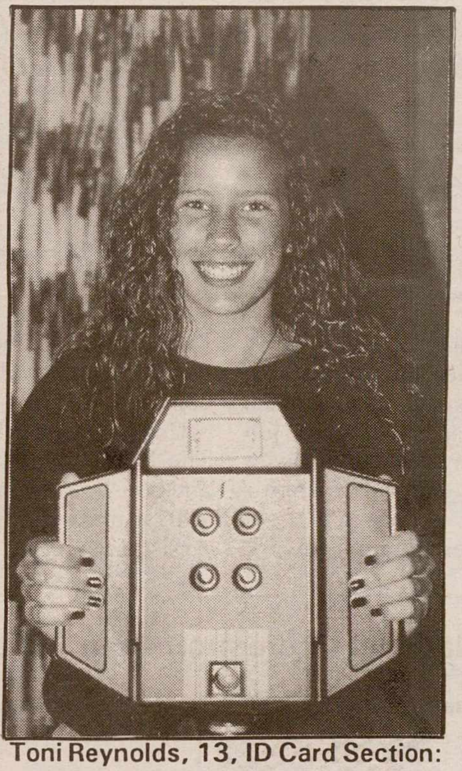
Taking care of children is not an easy job, and providers enjoy what they do.

"From the time I was little, I was fascinated with the growth and development of children. It's wonderful to have the opportunity to work with children from infants to school age," Deluhery said. "It's exciting. This job makes other jobs look dull and boring."

Deluhery gave examples of how the Presidio community works together to provide care for its children. One child enrolled in the CDC had asthma. A physician from Letterman U.S. Army Health Clinic came to the center to train staff members on how to react to asthma attacks and administer inhalants.

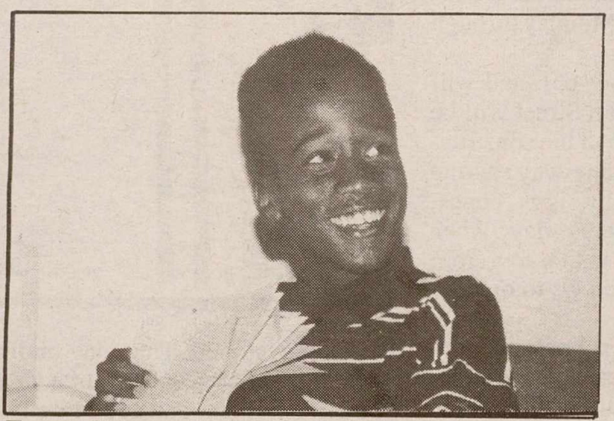
"I don't think a doctor would come out to a center anywhere else. Maybe you could get the training there, but everyone works so closely together here," Deluhery concluded. "The fire inspector comes out about once a week to keep us informed and check on everything. The closeness throughout the staff is something you don't realize looking in from outside.

"It's really impressive," he concluded.

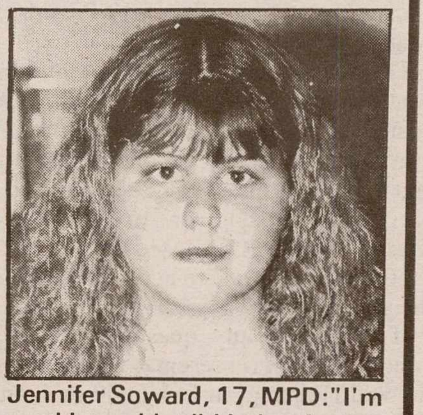


Toni Reynolds, 13, ID Card Section: "I take pictures, file, and help customers. I really enjoy working here and being involved in the program."

Photos by Spc. Adrienne Story



Taron Gregg, 13, ID Card Section: "I think I've learned a lot working each week."



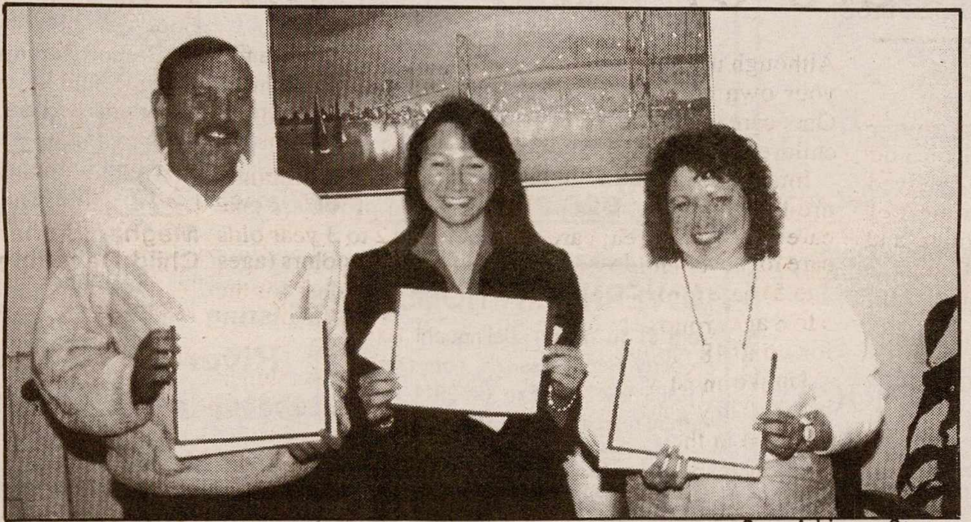
Jennifer Soward, 17, MPD: "I'm working with all kinds of computers."

Presidio Teens

Teen Enrichment Program is still going stong. The teens feel they are gaining a valuable experience, and the supervisors say the teens are an asset to their offices. An appreciation luncheon will be held for all teens and supervisors involved in the program at 11:30 a.m. Aug. 26 at the Youth Activities Center.

Lili Toa, 13, ACS: "I think this experience will benefit me."

KUDOS



Spc. Adrienne Story

Michael Murphy, Rena Davies, and Sharon Everett-Roles, all of the Sixth U.S. Army Public Affairs Office, received superior performance awards recently in a ceremony at Building 38.

Spc. Adrienne Story

It's moving day for Headquarters Command Battalion and Headquarters Company, USAG. Contract workers and soldiers move office furniture, equipment and files to the new headquarters location at Building 106.

Promotion selections

The promotions lists for selection to lieutenant colonel and master sergeant are out, and some Presidians and members of Sixth U.S. Army made these lists.

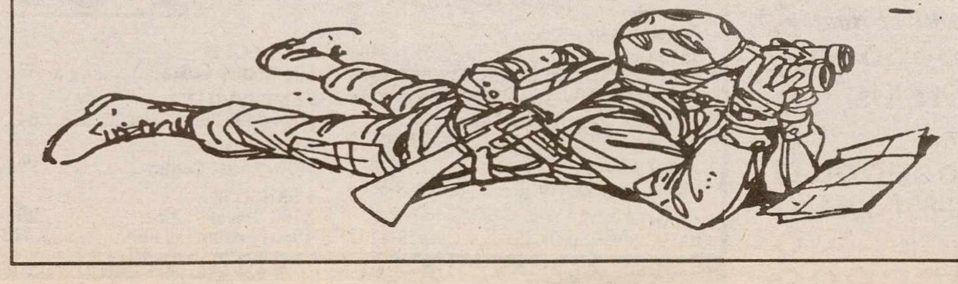
The majors in Sixth Army and Presidio units selected for promotion to lieutenant colonel include:

· *Teresa C. Corbin, Deputy Chief of Staff, Operations;*
· *Gregory D. Davis, U.S. Army Garrison Presidio;*
· *Gary W. Utterback, Readiness Group-Presidio of San Francisco*
· *James M. Bradbury, RG-Denver;*
· *Paul B. Patrick, RG-Denver;*
· *Stephen G. Findlay, RG-Los Angeles;*
· *John D. Murray, RG-Los Angeles;*
· *Patrick J. Vaughan, RG-Fort Lewis.*

The sergeants first class selected for promotion to master sergeant include:

· *Raymond Taylor, JAG, USAG Presidio;*
· *Delores Carter, Law Enforcement Company;*
· *David J. Miglorin, LEC;*
· *Jacqueline Penn, Deputy Chief of Staff, Mobilization Evaluation;*
· *James C. Williams, DCSME;*
· *Jeffery E. Hines, RG-PSF;*
· *R.J. Montgomery Jr., RG-PSF;*
· *Melvin L. Bunch, RG-Denver;*
· *Daniel Rhodes, RG-Salt Lake City;*
· *Steven E. Stanford, RG-Fort Lewis;*
· *William H. Burks Jr., RG-Los Angeles;*
· *Donald T. Browning, Senior Army Advisor/Guard, Utah; and*
· *Craig E. Simmons, SRAAG, Colorado.*

Be on the lookout for....



Capt. Alexander Gardner, Sixth U.S. Army Staff Medical Advisor's Office, was the commander of the 128th Combat Support Hospital in Hafar Al-Batin during Operation Desert Storm. He will be the featured speaker at 9 a.m. Aug. 14 the Veteran's Administration Medical Center in San Francisco.

Briefs, *Continued from Page 5*

Street repairs continue on post

Ransome Contracting Company is scheduled to conduct road paving repairs on the Presidio Monday through Aug. 20 on Mason Street.

The road work will begin at Building 656 and will continue to Crissy Field Avenue. Mason Street will be posted for ` No Parking' for the duration of the construction work, and traffic will be subject to one-way routing and detours. Routes will be controlled by signs, cones, barricades and flagmen, except on Wednesday, when Mason Street will be closed to all traffic in this area from 7:30 a.m. to 5 p.m. to allow the work crews to overlay the street.

If you have any questions, contact Foster Cope, contract officer representative, Directorate of Engineering and Housing, at **561-6000** or Juanita Whitehead at **561-3711**.

Contractor representative training

The three-day training session for contractor representatives will be conducted by the U.S. Army Garrison Directorate of Contracting from 8 a.m. to 3 p.m. Aug. 24, 25 and 26 in the Training Room, Building 603. This will be the last COR course taught for calendar year 1993. Priority for attendance will be given to those who need it for job performance. Call Dan Donovan at **561-4680** for more information.

Ft. Ord Job Assistance Center here

The Job Assistance Center from Fort Ord, Calif., is here the first and third Tuesday afternoons, all day Wednesdays, and Thursday mornings in the Army Community Services Resource Center, Building 103B. Soldiers, civilians and adult family members may make an appointment with a counselor to discuss the job transition process. Counselors are available to help you write a professional résumé cover letter and prepare for interviews.

The computerized Army Employer Alumni Network has a data base of more than 9,000 employers nationwide which can be used to develop employer networks and contacts.

Counselors will help you access the portable JAC-In-The-Box to review the AEAN and prepare a professional and polished résumé. Call **DSN 929-7907** or **(408) 242-7907** to make an appointment or learn more about the Job Assistance Center.

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***Saturday**-Menace II Society (R)*
***Sunday**-Indian Summer (PG-13)*
***Aug. 20**-Cliffhanger (R)*
***Aug. 21**-Meet in America (PG-13)*
***Aug. 22**-Point of No Return (R)*

All movies begin at 7 p.m.

1296 F-54

Golden Gate National Recreation Area job announcements

Supervisory Technical Information Specialist, GS-1412-09, Permanent/Full Time, Vacancy #GOGA-93-60, closes Aug. 30, 1993. For more information, call **556-2035**.

Supervisory Contract Specialist, GS-1102-11, Permanent/Full Time, Vacancy #GOGA-93-59, closes Aug. 30, 1993. For more information, call **556-2035**.

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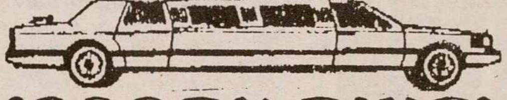

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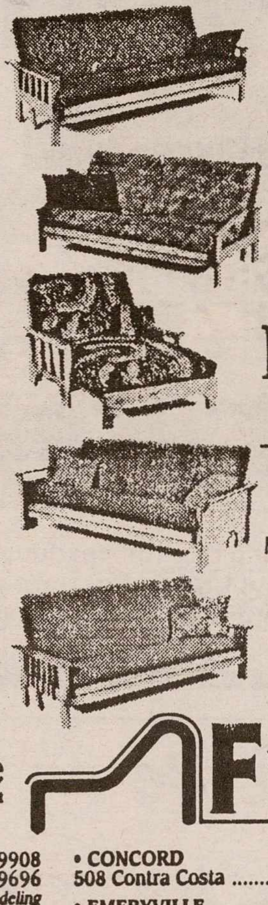

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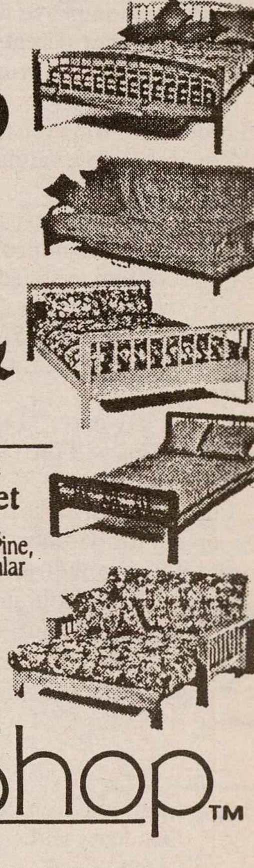

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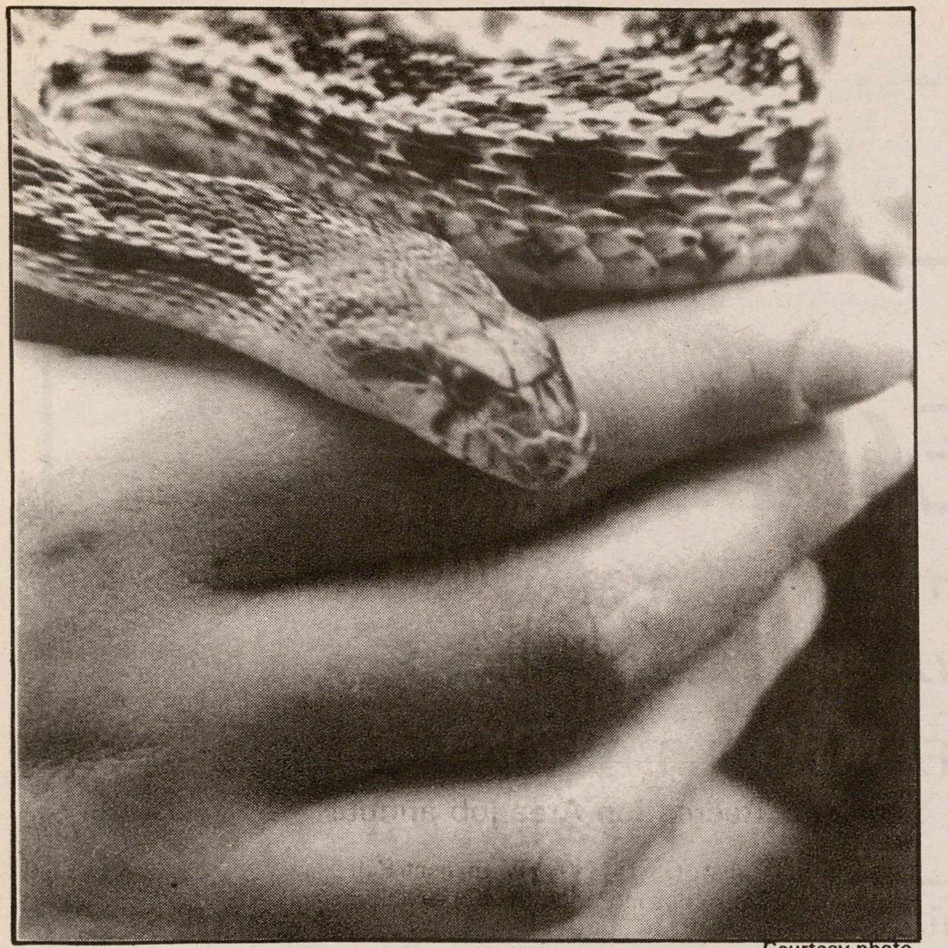

Courtesy photo

Grover, a young gopher snake, is one of the many animals at the Randall Junior Museum.

Randall Museum

Exhibits with bite!

By Sharon Everett-Roles
Star Presidian Staff

Have you ever seen a red-tailed hawk up close? Have you ever touched an opossum's fur or felt its stiff, prehensile tail? Those are just two of the opportunities that await at the Josephine D. Randall Junior Museum.

Located at 199 Museum Way in the Corona Heights neighborhood, the Randall Museum boasts exhibits on geology, plants, and more.

A major feature is the beautifully appointed Animal Room, where children of all ages can see animals ranging from the Axiotl salamander to the Great Horned Owl — and nearly everything between.

None of the animals in the Animal Room can be returned to the wild (some are permanently injured or ill), and they have an excellent quality of life at the Randall. They are fed excellent produce and meat and have clean, well designed habitats. For instance, the desert lizards live in a miniature Mojave, heated with lamps and decorated with cacti, rocks and other desert features.

Animal Room docents offer two classes per day on the fascinating creatures found at the Randall.

A typical class might offer information on the red-legged tarantula, gopher snake, desert tortoise, and American kestrel.

Docents like to provide a variety of information. They are also available whenever the Animal Room is open to answer questions about the animals and, in some cases, to help visitors hold or touch mice, gerbils, snakes and more.

You can get to the Randall Museum by car or bus. In your car, go up Haight Street to Masonic and turn right. Go all the way to the top of Masonic, where you will see the signs for Museum Way. The Randall Museum is located at the very end of that street. To take MUNI, catch the Number 7 Corbett at 14th and Church Streets.

The Randall Museum is open Tuesday through Saturday and charges no admission fees, although donations are welcome.

A variety of classes for students of all ages is offered for a nominal materials charge. For additional information on the Randall Museum, call **554-9600**.

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IN.6

Post bowling leagues starting up

Plans are being madê for the five 1993 winter bowling leagues. Soldiers, Department of the Army civilians, and family members 19 years and older, assigned or attached to the Presidio are eligible to bowl in the leagues. The leagues include:

- Intramural Bowling League: The league begins Sept. 13. An organizational meeting will be held at 1:30 p.m., Sept. 7, in Gym No. 1, Building 63.

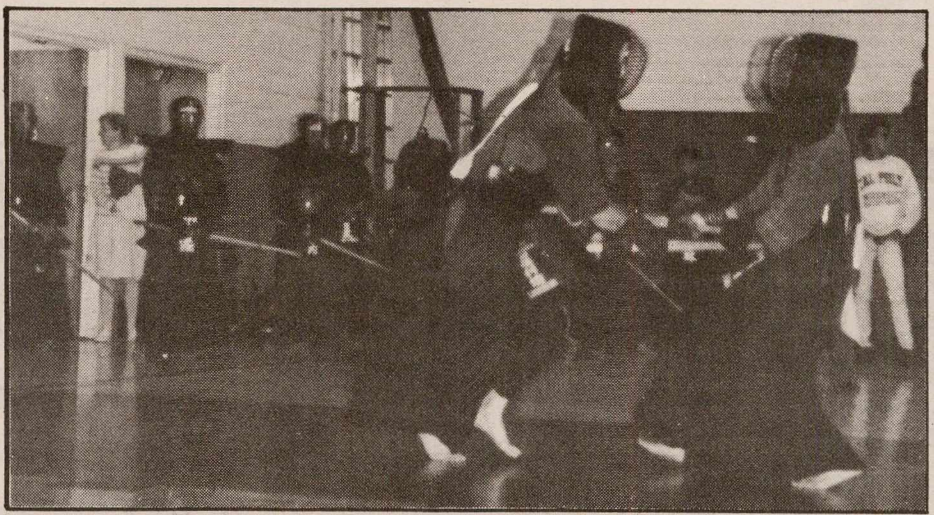
•Handicap Brown Bag Singles League: Open to male and feamale bowlers , the league is being organized to bowl at 11:30 each Wednesday morning at the bowling center. Sign ups are being accepted now at the center, and the league meeting will be at 11:30 a.m. Sept. 1 in the center. League play starts Sept. 8.

•Hui O Hawaii Winter Mixed Doubles League: The organizational meeting will be at 6 p.m. Sept. 2, at the bowling center. League play will start at 6 p.m. Sept. 6. Only 12 teams will be accepteed on a first come, first servcd basis.

•Reno Winter Bowling League: The league's organiztion meeting will be at 6 p.m. Aug. 30 at the bowling center. The league will consist of eight teams of four bowlers each, one of which must be of the opposite sex. League play will begin at 6 p.m. Sept. 13. The league schedules trips to Reno in January and April for league members.

•Singles Scratch Bowling League: Join this league and improve your bowling average. Registrations are now being accepted at the bowling center.

For more information call Bobbie Gascon, sports director, at **561-5032**.



Gotcha!

Two opponents square off in the 11th Northern California Kendo Championship in Gym No. 1 Sunday. The competition featured men and women from teenagers through young adult, sparring with bamboo staffs in an elimination tournament. Men and women often sparred against each other in the tourney.

Staff Sgt. Pleasant Lindsey III

Post intramural softball championships start

The 1993 Intramural Softball Championships begin this week.

Ten teams are battling in a double elimination tournament which will conclude Aug. 24 with the crowning of the league champions and the tournament champions. The odds-on favorites are LUSAHC and LEC.

Letterman U.S. Army Health Clinic's team sat in first place throughout the season, and laid claim to the league trophy with a 16-2 record. Law Enforcement Company's second place, 13-4 record indicates that the MPs will be the team to beat to make it to the championship. The season ending standings are as follows.

Standings as of Aug. 13, 1993

1. LUSAHC 16-2
2. LEC 13-4
3. USAG 10-6
4. Readiness Group 11-6
5. 864th 10-8
6. U.S. Coast Guard 11-7
7. Recruiting Bde. 8-10
8. AAFES 6-12
9. ORE 7-11
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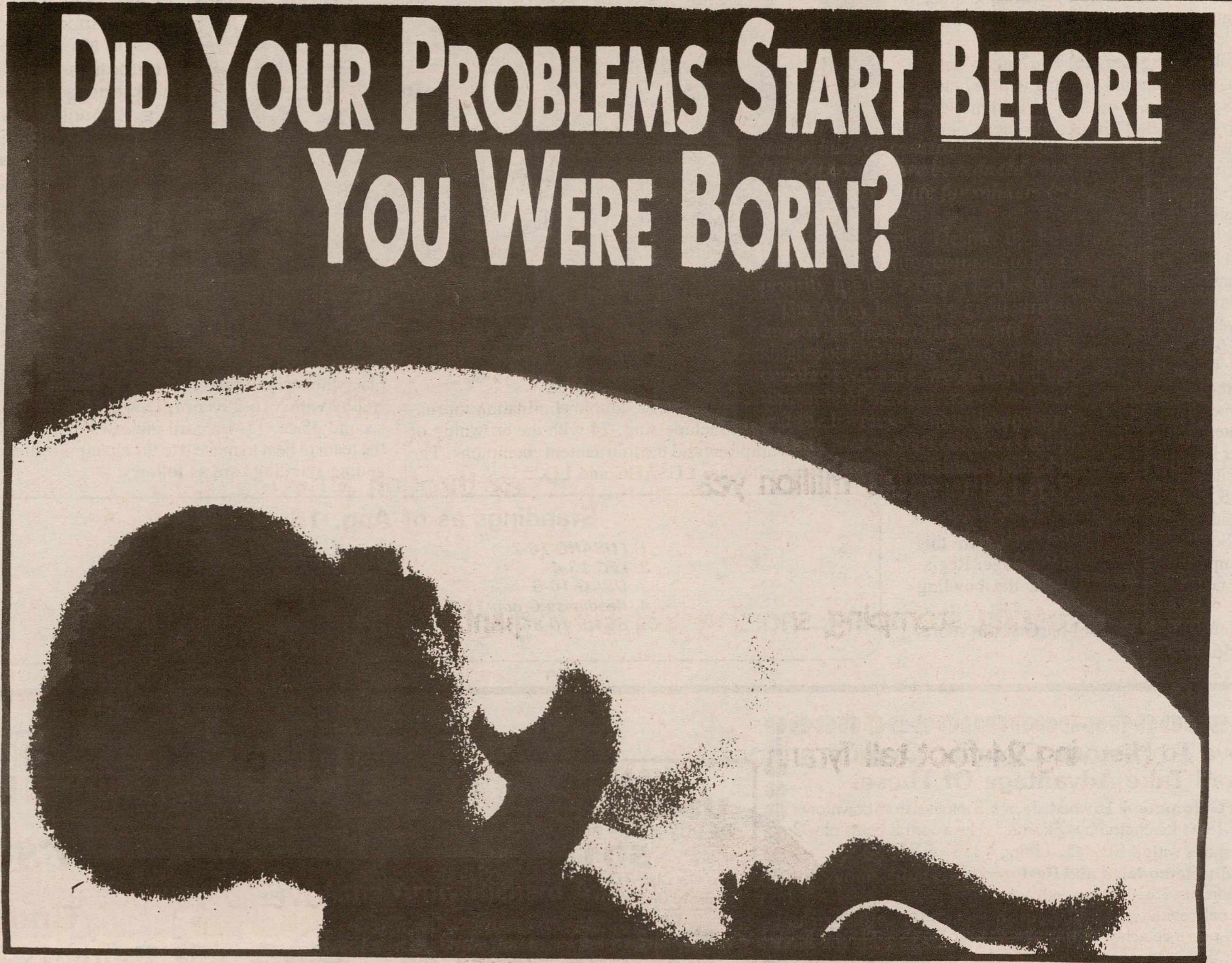

While you were in the womb, everything that happened to your mother happened to you. If she smoked a cigarette, you smoked a cigarette. If she had a drink, you had a drink.

But what about emotions? What about negative attitudes? What about rage, or anger or fear?

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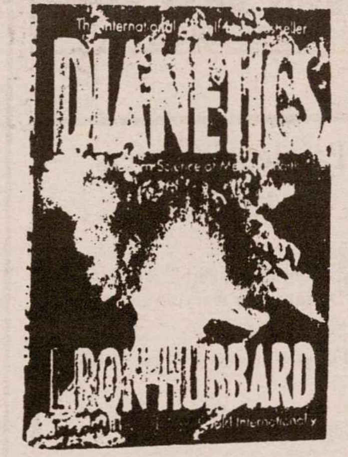
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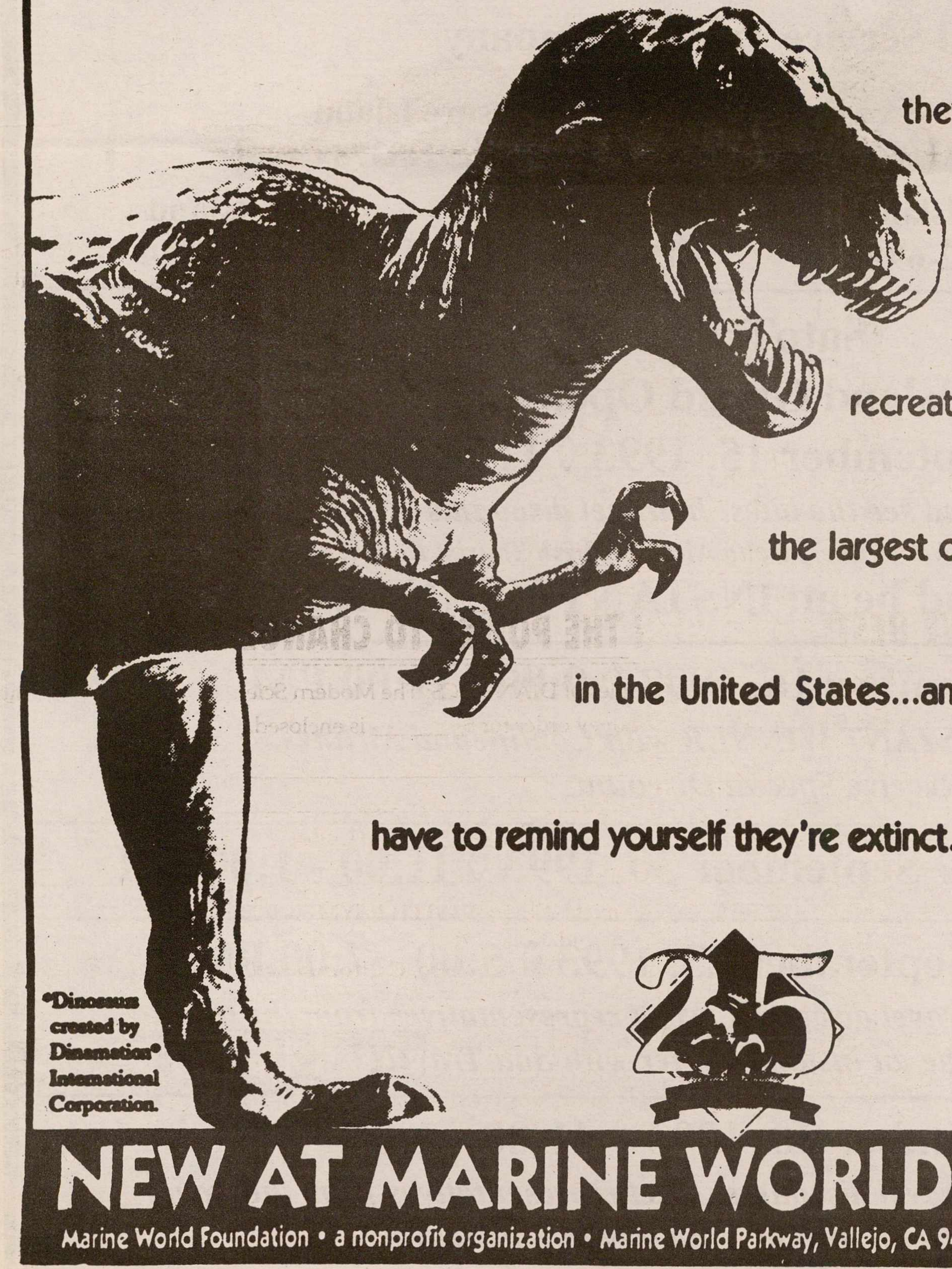

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Star Presidian

Vol. 38, No. 31 | Published for the Presidio of San Francisco Community | August 20, 1993

Abandoned cars

Owners will be found

By Sgt. John W. McGarrah
Star Presidian staff

In the beautiful national parks of the United States there is a popular saying that goes "take only memories, leave only footprints." Here, as the Presidio prepares to transfer to the National Park Service, some people are leaving a lot more than footprints! They're leaving 3,000-pound reminders of their presence--their cars.

"As we get closer to closure, more and more cases of people leaving abandoned/stripped, broken down or dismantled vehicles in housing areas and unit parking lots are starting to turn up," explained Maj. John M. Fowler, Presidio Provost Marshal. "We recently had two soldiers who PCS'ed abandoning vehicles in their unit parking areas. How would you like for one of these eyesores to be next door to you? What can you do? You can't fill it with dirt and use it for a planter."

Fowler explained that there is no need for this to be happening, since there are civilian salvage firms which will pay you for your car and tow it away for free. Some soldiers have received $150 for cars which were no more than scrap metal.

"What we want to emphasize is that it is not more cost effective for them to leave their vehicles on post, stressed Fowler. "In the end, it is their responsibility to take care of that vehicle."

Soldiers or civilians who abandon vehicles on the Presidio with thoughts that no one will be able to track them down are in for a rude awakening. In addition to the initial ticket, a warrant will also be issued. Add those charges to the other penalties which may also be assessed on top of the cost of the citation, and the cost can be steep. The penalty for an abandoned vehicle is $100 plus any towing charges and storage costs. "Towing and storage is not cheap. Towing is usually about $120 and storage fees can be more than $100 a day. At these rates a storage company can own your car really quick," said Staff Sgt. Michael Garrett, the NCOIC for the traffic section.

Army regulations, Presidio of San Francisco regulations and the California Vehicle Code cover the removal of abandoned vehicles after a 72-hour period. Once a vehicle is identified as abandoned/stripped or dismantled, it is tagged and every effort is made to contact the last registered owner by registered mail, explained Fowler. The letter offers the former owner the option to take care of the vehicle themselves or sign a waiver releasing the vehicle to a dismantler. There is usually a fifteen day grace period before the vehicle is towed away. There are certain cases when a vehicle can be towed immediately; such as if it's missing it's engine or axle.

There are several ways to locate a car's owner. The Department of Motor Vehicles has records on who the last registered owner was for any vehicle in the U.S. The last registered owner is the person who will receive the ticket. This is a reason to make sure that all vehicle transactions are completed properly.

"Lots of people assume that by removing a vehicles identification number (located at the bottom left corner of the front windshield) that the car can't be traced," said Fowler. "They don't know that each car has multiple VIN's located throughout the automobile, which we can find using special guides. Through a method known as abstracting, a person can be denied a new drivers's license nationwide if they have an outstanding citation for an abandoned vehicle."

A total of 67 cars were removed in 1989. For the year-to-date there have been 39 tickets issued and letters sent out to owners of abandoned vehicles, according to records at the PMO.

"We treat each one on a case-by-case basis though. We will work with the soldier if they are experiencing difficulties," said Fowler.

If you suspect a car in your neighborhood has been abandoned, please call Sgt. Wilber Singletary at the Provost Marshal's Office at **561-3810**.

"This is the bottom line, you can have someone pay you to remove your car, or you can pay us to do it for you." concluded Fowler.

Pleasant Lindsey III

Heave!
Soldiers from Headquarters Command Battalion, U.S. Army Garrison Presidio of San Francisco dig in to drag a local corporate team into the loser's bracket. The soldiers represented the Presidio in the 1993 Corporate Sports Challenge, on Galileo High School's athletic field Aug. 14. The community service project raised money to fight the glandular disease cystic fibrosis and pitted 20 teams representing Bay Area corporations in friendly yet serious competition.

See Pages 10 and 11 for story and photos

Garrison RIF may be unnecessary; VSIP approvals, placements up

By Severin V. Johnson
Civilian Personnel Director

The number of Voluntary Separation Incentive Pay approvals and Priority Placement Program placements for the post's civilian workforce may make it unnecessary for the garrison to run a formal Reduction In Force in September.

A memorandum explaining the VSIP for civilians was circulated around the post in May by the Civilian Personnel Directorate. It indicated that employees who were not saved by someone using VSIP could be eligible for registration in the PPP. A recent memorandum dated Aug. 5 provides an updated status, by organization, of the number of applications and approvals.

In Letterman U.S. Army Health Clinic there were 28 applications for VSIP and 21 approvals. The LUSAHC reduction-in-force was effective June 26.

In Letterman Army Institute of Research there were 10 applications for VSIP and five approvals. The LAIR RIF letters were issued June 23 with an effective date of Sept. 29. All LAIR employees impacted by the RIF have been registered in the PPP.

Sixteen commissary employees applied for VSIP and five were approved. The Commissary RIF letters were issued June 25 with an effective date of Aug. 28. All commissary employees eligible for PPP registration have been registered.

There have been 179 applications from garrison employees for VSIP and 102 approvals. Information on those garrison employees not saved by VSIP who are eligible for early PPP registration was sent out July 2, and registrations began the week of July 6 through 9 and will continue until completed. These early registrations are strictly voluntary.

There are 66 eligible for Priority 1, 23 for Priority 2, and 14 for Priority 3. In general, Priority 1 is for employees projected to lose their jobs. Priority 2 is for employees projected to drop two or more grades. Priority 3 is for employees projected for a change to lower grade of one grade.

It is anticipated that the number of VSIP approvals and PPP placements will make it unnecessary for the garrison to run a formal RIF in September. If that is the case, those individuals still impacted in the Mock RIF would either stay where they are; be reassigned to the position identified in the Mock RIF; or be detailed to a position where a continuing need exists. If no formal RIF letters are issued in September, as is the hope, there will be no formal changes to lower grades nor involuntary separations.

In Sixth U.S. Army there have been 22 applications for VSIP, and 18 have been identified as eligible, but it is expected that only 11 will be approved. The approval process is continuing.

Since Sixth Army is not currently undergoing a RIF, the VSIP rules require that an employee from another organization, who is projected for involuntary separation, be moved to Sixth Army to replace the Sixth Army employee requesting VSIP.

Any offers of employment that come out of the Sixth Army VSIP process are voluntary assignments. Declining assignment to Sixth Army would have no impact on an employee's PPP registration or other rights.

The Civilian Personnel Directorate will continue to provide new or updated information as it becomes available.

Women's Equality Day

We've spent years proving our strength

By Spc. Adrienne Story
Star Presidian staff

Thursday is Women's Equality Day. It marks the anniversary of the 19th Amendment which gave women the right to vote.

Seventy-three years after women earned the right to vote, we are still fighting for equality. A lot has to be said, though, for the women's movement.

In 1993 women make up 53 percent of the work force, have a family and career, can do with our bodies what we feel necessary, hold 54 seats in Congress and two on the Supreme Court.

Now female sailors are permitted to serve on some ships. There is no longer a Women's Army Corps, and 75 years has passed since the first woman enlisted in the Marine Corps.

Despite all these changes, some women still face discrimination in the workplace. Ninety percent of sexual harassment cases are claims of men harassing women. The Institute for Women's Policy search reports women aged 25 to 34 make 80 percent of what men make. Sometimes we wonder, are we equal?

Yes we are. Maybe not in every man's eye, but we are in our eyes, in the president's eyes and the future's eyes. How can anyone question our equality. Women hold several different types of jobs. We are construction workers, doctors, nurses, models, lawyers, soldiers.

Women have careers and children. We work through the day and go home and cook dinner, clean the house and take care of our children. We are strong. We've always been strong. Now we prove it inside and outside the home.

It's frustrating to still hear the remark, "Women should be barefoot and pregnant." You have to realize the men who make these remarks are those who are threatened by women's strength and intelligence, and more than likely, these are the men who should be.

Women may not have complete equality, but each generation gets closer. It's not perfect, but it's closer than it was and we will continue to close the gap. And maybe in a few years those old phrases that have long been proven wrong will no longer have to be endured.

Since the 1800s, women have taken steps closer to equality. From 1861 to 1865, women served in the Confederate and Union armies as spies, couriers, scouts, guides, nurses and soldiers. Women had the right to vote in western states.

The Army Nurse Corps was formed in 1901, and the Navy Nurse Corps was formed in 1908. In 1917, Jeannette Rankin became the first woman in Congress, and the Navy enrolled women other than nurses to free men stationed ashore for sea duty. The Marine Corps enlisted its first woman in 1918. Women earned the right to vote in 1920. Gertrude Ederle became the first woman to swim the English Channel in 1926. Forty-seven percent of women were undergraduates in 1930. Mae West earned the second highest salary in 1935. During World War II there were more than 67,000 Army and Navy nurses. In 1942 the Women's Army Auxiliary Corps, Marine Corps Women's Reserve, Coast Guard Women's Reserve were established, and women were accepted for voluntary emergency service in the Navy. During the Korean War, women reservists were recalled to active duty. In 1963 Congress passed the Equal Pay Act, and the National Organization for Women was founded three years later. The Little League admitted girls in 1974. The United Nations observed "Decade of the Woman" with a conference in Nairobi, Kenya, and the first female Marine general officer was selected by a board of her peers in 1985. The first lady now takes an active role in politics and heads the medical reform committee. Maybe the next decade will mark the first woman president.

And the band plays on at the Presidio

By Sharon E. Everett-Roles
Special to the Star Presidian

The Sixth U.S. Army Band will continue its musical career at the Presidio of San Francisco. As part of the Army's downsizing, the band would have inactivated Sept. 30.

All of the band members had PCS assignments, according to Sgt. Mark Hays, operations NCO. With one exception, all of those orders have been canceled until the band is back up to strength.

"The entire field is short handed," Hays explained. "They are offering enlistment bonuses up to $5,000 in some MOSs. For instance, seven bands are short a bass player. Five of those bands are ahead of us on the list! It's the same with oboe players and several others."

Until soldiers arrive as back-fill, the Sixth U.S. Army Band will be playing limited engagements. However, Hays said that by the end of the year the band will have adequate personnel to do just about any type of performance.

With the scheduled inactivation of the Fort Ord band and Treasure Island Naval Band, Hays anticipates the Sixth U.S. Army Band will be even more busy than before. Plans for major tours have been submitted.

As the entire Army continues downsizing, several bands were considered for inactivation -- among them the Sixth U.S. Army Band. CONUSA commanders went to bat for their bands and achieved their goal.

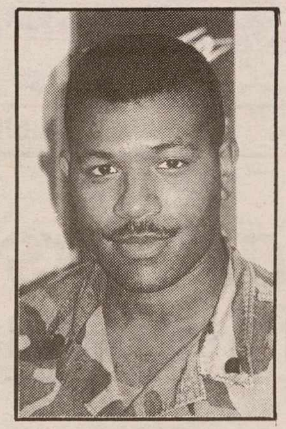
"Lt. Gen. Mallory helped to save us, as well as four other bands," stated Sgt. Maj. Jon Moffett, the band's NCOIC. "Without his help, we wouldn't be here."

Sixth U.S. Army Band's upcoming performances include:

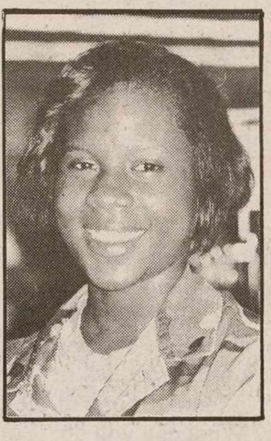
118th Signal Battalion Change of Command, Sept. 3
217th Anniversary of the Presidio's Catholic Chapel, Sept. 26
Lowell High School Class of 1943 Reunion, Oct. 3

Ask Presidians

Do you feel that women have finally achieved equality?



Spc. Barron Woods, leave clerk, Headquarters Command Battalion Personnel Administrations Center: "No. I don't think that they have. Gender bias has been around a long time, longer than racial or religious discrimination. There has been more discrimination against women than anyone else."



Spc. Dana Kizer, LUSAHC administrations services clerk: "In some forms we have. We have come a long way, but we still have a long way to go. Some of the areas we're making progress in are jobs and politics. We need to work on equal pay."

Capt. Carol Zieres, recruiter, AMEDD Division:: "Yes. We are improving equality opportunities especially in the Army where combat aviation occupations now have been opened to us. There are new doors starting to open all the time with more command positions being held by women."

Ellen Schroder, family member, retiree: "No. There are still many barriers. Job competition is still not equal. Women should be chosen based on competency. I wanted to be a CPA when I left college, but was told that I could not be one and to forget it."

Cpl. Ben Alex, NCOIC, Brace and Limb Shop, LUSAHC: "Because of the regulations in the military, things are getting better day-to-day. However, unfortunately, there is still a long way to go until we can say that we are all equal."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Medical advisor reflects on the stuff it takes to lead

By Spc. Adrienne Story
Star Presidian staff

At two o'clock in the morning, soldiers were given the order to get into MOPP level four. They were in danger of a chemical attack. Several soldiers panicked. The company was in a state of shock.

Troops were afraid they wouldn't return home from the Persian Gulf War. Initially, Capt. Alexander Gardner worried about his wife and his life. After the shock passed, he realized that as the commander of the 128th Combat Support Hospital, Germany, it was his responsibility to take care of 385 troops.

Gardner ensured that all his soldiers had reached MOPP level 4. Then they waited, and waited, and waited. After two and a half hours in MOPP level 4, not knowing what to expect and literally in a state of panic, the company received word it was all clear.

That was just one moment that Gardner questioned his chances for survival during his almost eight months in Saudi Arabia. That moment wouldn't stand alone.

Gardner, Sixth U.S. Army Staff Medical Advisor's Office, spoke at the Veterans' Administration Medical Center in San Francisco Saturday.

"It was an honor and a privilege to be chosen to speak before interested people," Gardner said. "It's not every day you see someone who is interested in the war since it has been a while since its end. People know the overall picture, but there are still some personal experiences that people haven't heard."

"When you are in combat, there is always the question, 'Will I make it home?' in the back of your mind," Gardner said. "Things happen during war that don't happen in a garrison environment. The hardest part for me was not knowing what to expect. I was always questioning whether I would make it home alive."

War has changed Gardner. He now realizes the importance of his job as a soldier and a leader.

"Before, I felt my job was just a job," he said. "Now I feel differently. I now know my job is important. I am here to protect my country and my troops."

One of the toughest challenges for Gardner was reassuring his troops they would all make it home, and they did. One soldier under his command had to be MEDVACed out because he mentally could not handle combat. The rest of his troops were there eight months and safely returned to Germany.

Although Gardner's troops suffered no major injuries, they did have to treat military members who did.

One soldier's leg was amputated because of wounds he suffered, an incident Gardner will never forget.

"Some of the procedures that happened bothered me, but those procedures are accepted during war. If we were back in the states, that soldier could have received a more technical operation to save his leg," Gardner explained. "I put myself in his place. I went to talk to him to find out how he was taking it. I realized he didn't know his leg was amputated. I then spoke to his physician who said he would tell him. I went back to talk to him. He cried a lot. He was very active. He said how he played football in high school and he had hoped to teach his two-year-old son to play. Now he couldn't.

"I realized that those were things I also have looked forward to when I have children," he continued. "It's made me appreciate things that I used to take for granted. After a while the soldier accepted that he lost his leg and he said he just thanked God that he was able to return home and see his son again."

Gardner continually faced mental challenges including the time he thought he and two of his troops were going to be killed.

He and a few of his troops were making a supply run. They stopped in a store to buy souvenirs. It was close to prayer time. A Saudi Arabian police officer announced prayer time across the loud speaker and two of Gardner's troops were still in the store.

"I went to get them because I knew it was prayer time. They were on their way out the door, but they were still trying to buy something and the salesperson was still trying to sell it," Gardner remembered. "Two Saudi Arabian policemen went to the door and started yelling. I went to see what was going on. At that time one of my troops fumbled his weapon. When he retrieved it, the weapon was pointed at the policemen. They then drew their weapons. I got in between them and took out my magazine. I gave it to them. I took out the soldiers' magazines to show them there were no rounds in their weapons. I thought they were going to shoot us, but they gave me back my magazine and explained that we couldn't buy anything during prayer."

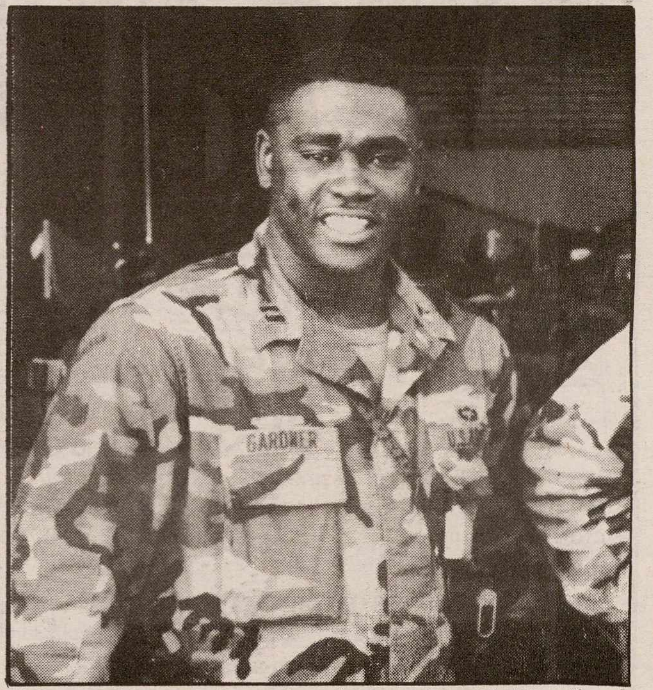
Although Gardner's wife wasn't in Saudi Arabia, she had her own battles to fight at home.

For the first two months of Gardner's deployment, he and his wife were not in contact. She continually wondered if he was dead or alive. The military kept her informed about his unit, but she had no personal information.

After they finally did speak, Gardner couldn't tell her where he was located.

"The mail was held up. She would receive a letter two to three weeks after I mailed it, so even though she had a letter she didn't know if I was still alive," Gardner said. "It was really hard for her. After I came back she wanted to know everything that had happened and I wasn't ready to talk about it. It was a stressful situation until I could finally talk about it a little bit. There are still things she doesn't know."

The way women were treated made it difficult for the female soldiers in Gardner's company.



Capt. Alexander Gardner, Staff Medical Advisor's Office, served in Saudi Arabia.

"Our adjutant was a female officer. Anytime we went anywhere, Arabs ignored her, they would only address me," he said. "One time she decided to speak to them. I explained to her she couldn't do that because of their culture and women were second class citizens there. She was very frustrated. They later became more receptive and always wanted to get their pictures taken with the females. It was like getting an autograph from a famous sports figure."

Some things Gardner observed during his tour in Saudi Arabia shocked him.

"It was a real eye opener to see this man being thrown out of a building," he remembered. "He was kicked several times by a couple of men after he was thrown out. We didn't know why he was thrown out, and we didn't stick around to find out."

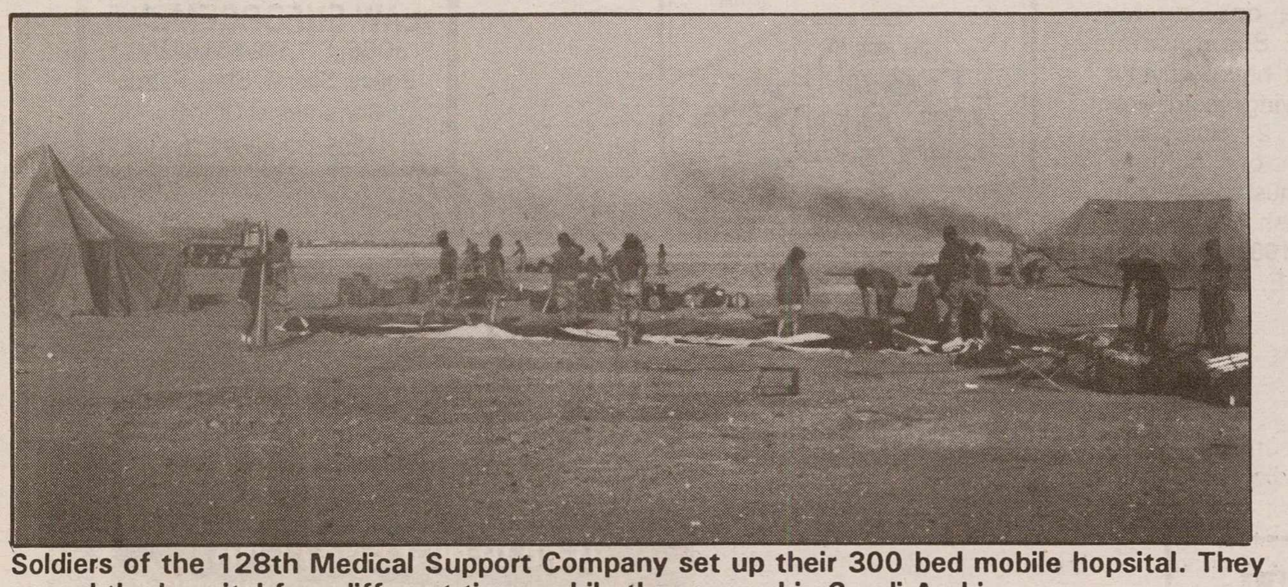
The 128th Combat Support Hospital had to pack up and move four different times during the Persian Gulf War. Each move was for a different reason, but moving a 300 bed hospital wasn't easy. Each time they maintained a triage element at their original base and sent an emergency element ahead to their new location.

"It was difficult and quite confusing. Some of our soldiers were fresh out of Advanced Individual Training and had no concept of a combat hospital at any size," Gardner said. "Even some of the senior soldiers didn't have experience moving a hospital. I had moved field hospitals before. I had some experience but even then we only moved 100 bed elements, not the full 300. We were lucky to have some senior NCOs with experience."

Even after the soldiers worked hard packing the equipment, they had to wait for their headquarters to move it because they didn't have the necessary vehicles.

"It was very frustrating just waiting. Sometimes we would have to unload our equipment because the headquarters would receive notification that they had to move firing equipment for other units," Gardner said. "One time we were back at the ports and had to unload our equipment. That was the worst time because that area was considered a danger area. We were just like sitting ducks because we were staying in the warehouses. If we would have been hit, 1,000 soldiers would have died."

"I've changed a lot since I've had a combat experience. Now I see my family every chance I get and I take my job more seriously," Gardner said. "I realize now is the time to prepare for war. Learn as much as you can now. It will make the transition easier. Know that your job is to defend your country: You may have to."



Soldiers of the 128th Medical Support Company set up their 300 bed mobile hopsital. They moved the hospital four different times while they served in Saudi Arabia.

Battle of the Bulge chapter hosts 49-year reunion luncheon at NAS Alameda

By Sgt. John McGarrah
Star Presidian staff

Almost 50 years ago, a massive and determined allied push halted the German drive for world domination outside the small Belgium town of Arnhem in World War II. Under the worst of conditions, the tide of the war and history was turned at the Battle of the Bulge.

The battle, as capsulated by Life Magazine's 40th anniversary edition of World War II: "On Dec. 16, 1944, 200,000 German troops had launched a surprise attack along the Ardennes front. A million men, including 600,000 U.S. troops, took part. The bitter, chaotic struggle, which cost 19,246 American lives, lasted six weeks before the Germans finally broke and retreated. As the allies pressed across Europe, air support was provided by the U.S. Army Air Forces. During the invasion, the airmen had played a vital role in softening enemy positions and disrupting communications. In the three months of hard fighting that remained after the Bulge, Air Force bombers and support would give the Allies an unbeatable edge."

This year the Bay Area survivors of that history-changing battle, will gather for their 49-year reunion luncheon at noon Aug. 28 at the Alameda Naval Station Officers' Club.

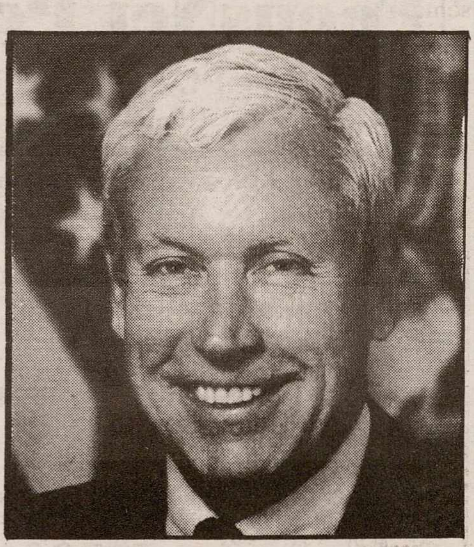
The highlight of this year's Veterans of the Battle of the Bulge Golden Gate Chapter Reunion will be a speech on "The Pentagon in the Summer of '93" by former Secretary of the Army Michael P.W. Stone.

Last year's reunion, held at the Presidio Officer's Club, attracted more than 100 survivors, family members and friends from around the world who gathered to remember those who made it back-and those who did not.

The chapter's goals are to perpetuate the memory of their sacrifices, preserve historical data and sights, foster international peace and goodwill, while promoting friendships.

The menu for the reunion is pot roast or roast turkey with either a white or red wine. The cost is $13.

For information or to make reservations, call Bill Cordova at **756-7748** or Fred Dong at **673-9827**.



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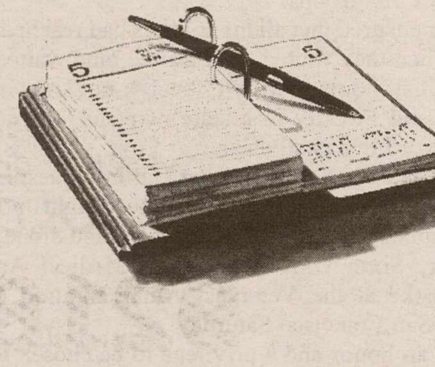

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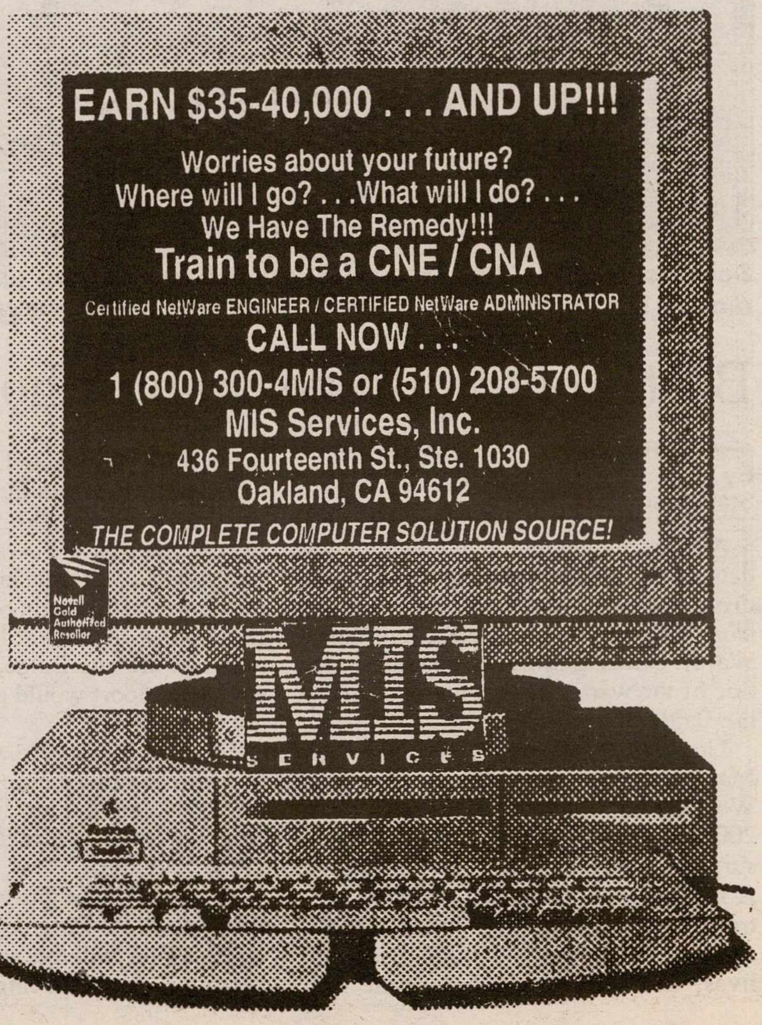

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Presidio News Briefs

Chain Teaching: Update 3 presented

The next installment of the Army's Chain Teaching Program will be presented by the Sixth U.S. Army commander at 10:30 a.m. Wednesday, Thursday and Aug. 27, in the Post Theater, Building 99.

The briefing, "The Army in Transition, Update Three," will be given by Lt. Gen. Glynn C. Mallory, Jr., commanding general, Sixth U.S. Army and Presidio of San Francisco. The briefing will cover what has happened in the drawdown plan during fiscal year 1993, and give current projections for what will happen in FY94. It is mandatory for all Sixth Army military and civilian personnel to attend this briefing. Family members and tenant units on the Presidio are encouraged to attend as well.

Wear uniforms on military aircraft

On Space A flights for military missions on military aircraft only, you must be in military uniform. The Military Airlift Command relaxed its rules regarding the wear of uniforms on other types of flights.

For more information about Space A regulations, call Capt. David Carroll, Passenger Service, Travis Air Force Base, Calif., at **DSN 837-1891**.

Mandatory ethics training Sept. 2

Ethics training for all Sixth U.S. Army and U.S. Army Garrison Presidio civilian personnel and Army officers who missed the July 20 session will be held from 10 to 11 a.m. at the Post Theater, Building 99, Sept. 2. **Attendance is mandatory**. Tenant activity personnel are invited to attend. Training for enlisted soldiers will be scheduled in 1994. The point of contact is Maj. Paul Conrad at **561-3131**.

Youth soccer league registration

The deadline for registering in the Presidio Youth Soccer League is Aug. 27. Registration fee is $15. For more information, contact the Youth Center, Building 386, at **561-5143**.

Red Cross first aid classes available

The American Red Cross is offering community first aid and safety classes from 6 to 10 p.m. every second Monday and Tuesday of the month. The fee is $30. The next class will be Sept. 13 and 14. Call **561-2187** to register.

PSF Brownies organized, meet Thursday

An organizational meeting for parents of girls interested in being Brownie Scouts will be held at 7 p.m. Thursday at the Brownie Hut, Building 563, near Ruger and Lombard Streets. For more information, call Susan Conrad at **387-8488** and leave a message.

Housing area mayors schedule meeting

There will be a Presidio Mayors meeting at 6 p.m. Monday in the Army Community Services Conference Room, Building 103B. Areas without mayors need to be represented by the area coordinator. For additional details, contact Susan Burzo, acting Community Life Program manager, at **561-4147**.

Cub Pack 77 holds contest

Attention first through fifth grade boys! Cub Scout Pack 77 is holding a Raingutter Regatta at 1 p.m. Aug. 28 at the Scout Hut, Building 1331. All returning Scouts are welcome, and interested boys are invited to come see what Scouting is all about. For more information, contact Jim Newell at **561-2682**.

1994/1995 scholarships now available

The Budweiser/USO Scholarship Program for 1994-1995 is accepting applications. The application requirements, established by Budweiser, include the following:

- Applicants must be a child or spouse of an active duty military; and
- Applicants must have graduated from high school within the last four years.

For other requirements, call **391-1657**.

Uniform Clothing DPP limit raised

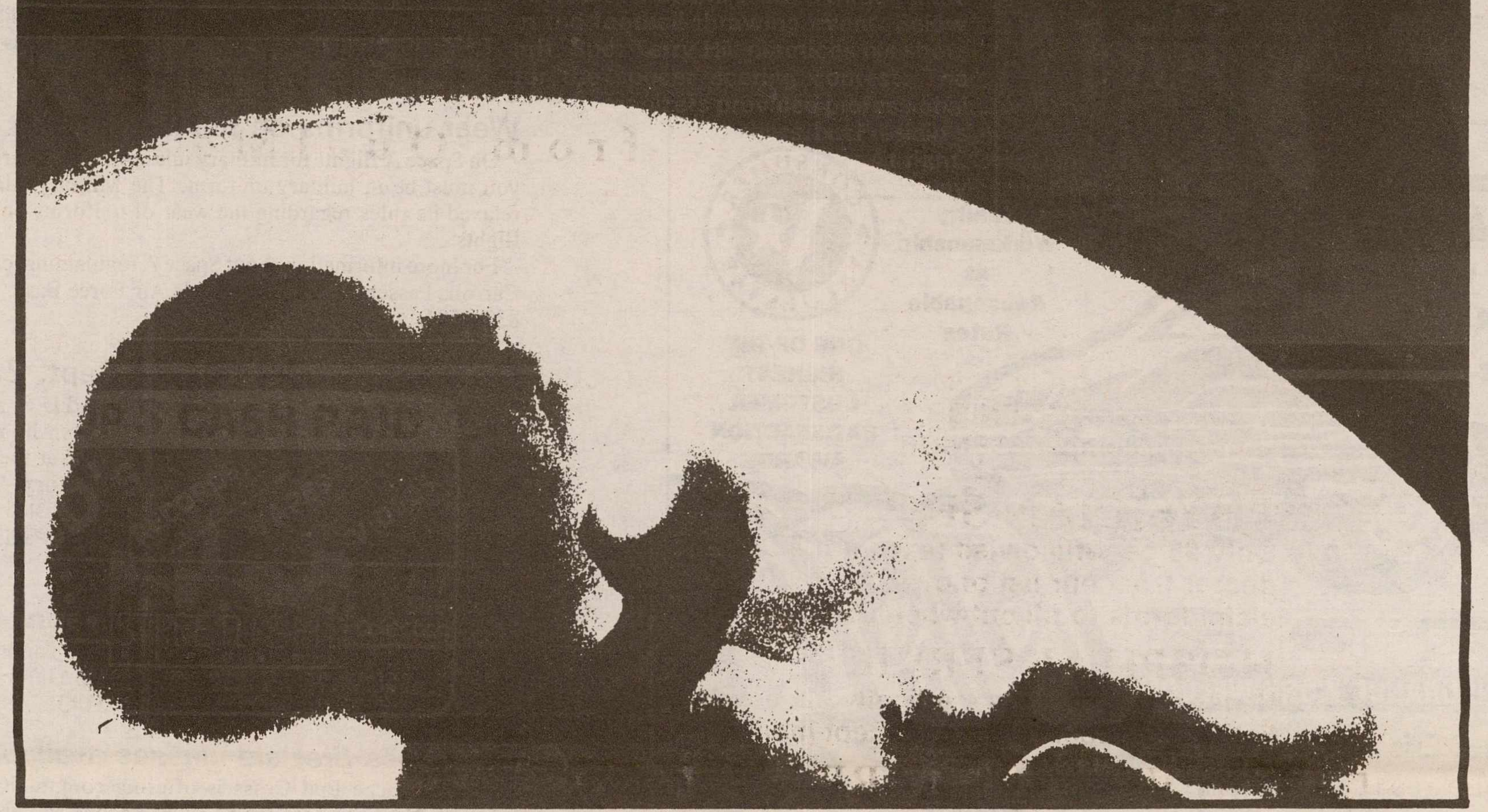
The Uniform Clothing Deferred Payment Plan now provides total service to the total force. This plan was recently extended to members of all the armed services, whether active duty, National Guard or reserve. This plan offers service members a $500 uniform account with an eight month payback and no interest charge. Military members can also use their UCDPP accounts for uniform orders from the military clothing catalogs.

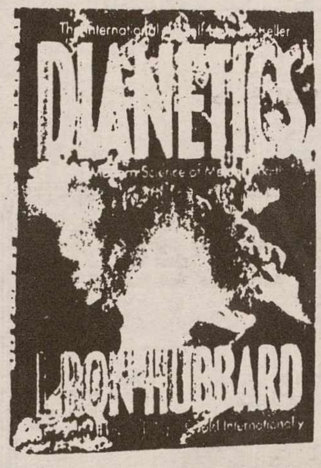
Optical shop now accepts DPP

The Presidio Optical Shop now accepts the AAFES Deferred Payment Plan. Telephone Andrew White at **922-0192** or **922-0193** for more details.

See Briefs, Page 13

DID YOUR PROBLEMS START BEFORE YOU WERE BORN?





While you were in the womb, everything that happened to your mother happened to you. If she smoked a cigarette, you smoked a cigarette. If she had a drink, you had a drink.

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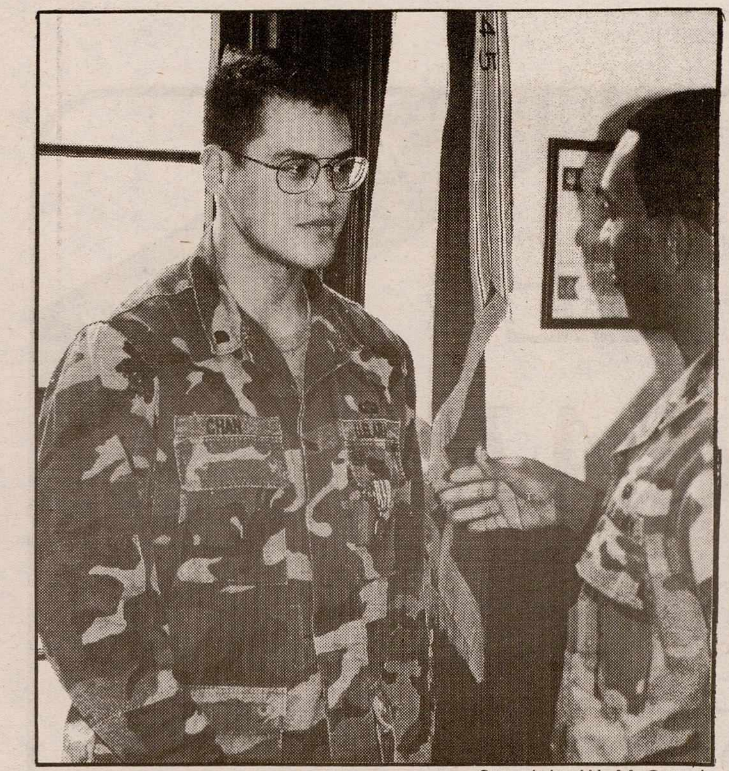
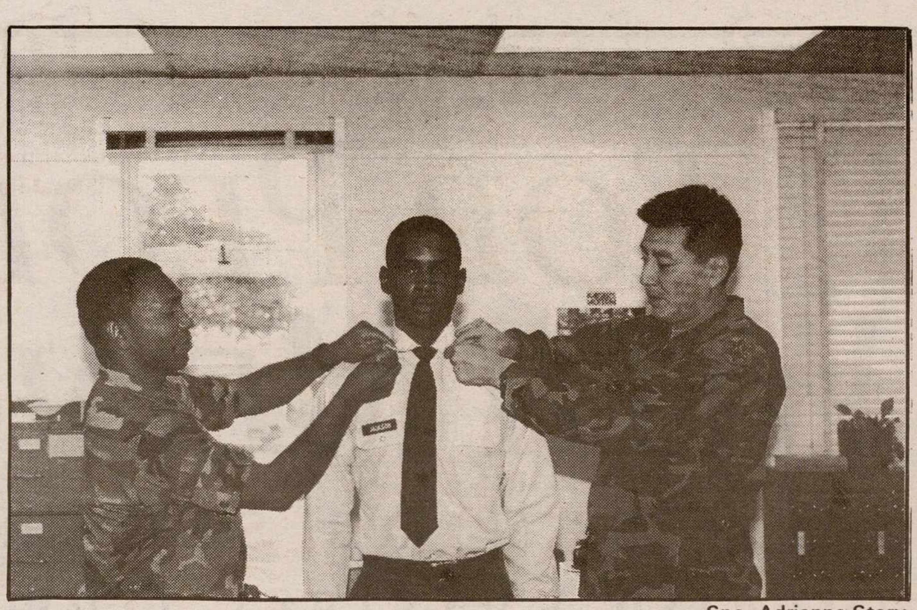
IN.6

Promotions and Awards



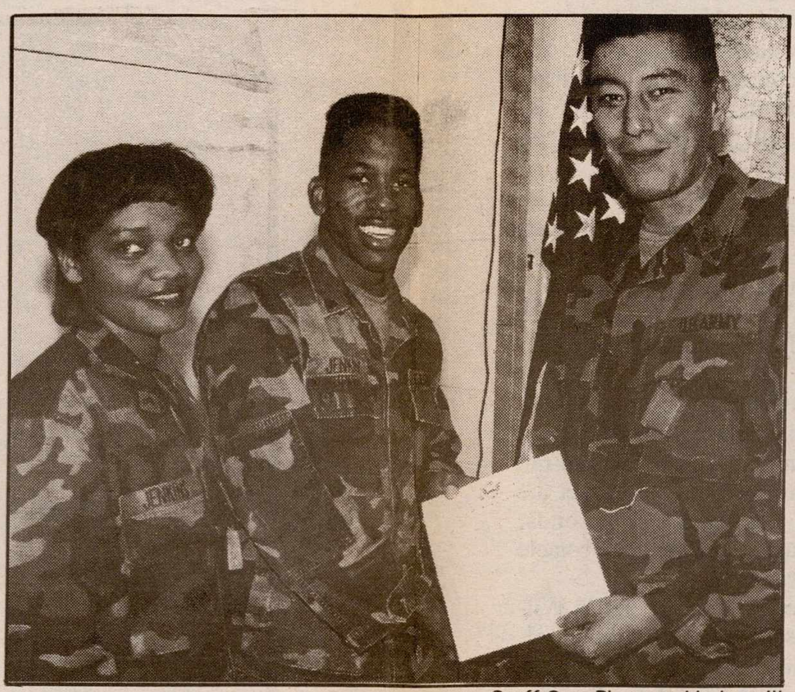
Sgt. John W. McGarrah

Spc. Kalia L. Chan, Ceremonial Platoon, Headquarters Company, received an Army Achievement Medal with 2nd Oak Leaf Cluster.



Spc. Adrienne Story

Before receiving his awards for earning the Post Soldier of the Month title, Bo'Tiwa Jackson was promoted to the rank of specialist. His company commander Capt. Tracy Sharpe and Co. 1st Sgt. Richard L Griego pinned on his rank Aug. 10. Jackson is a personnel management specialist with the Strength Management office.

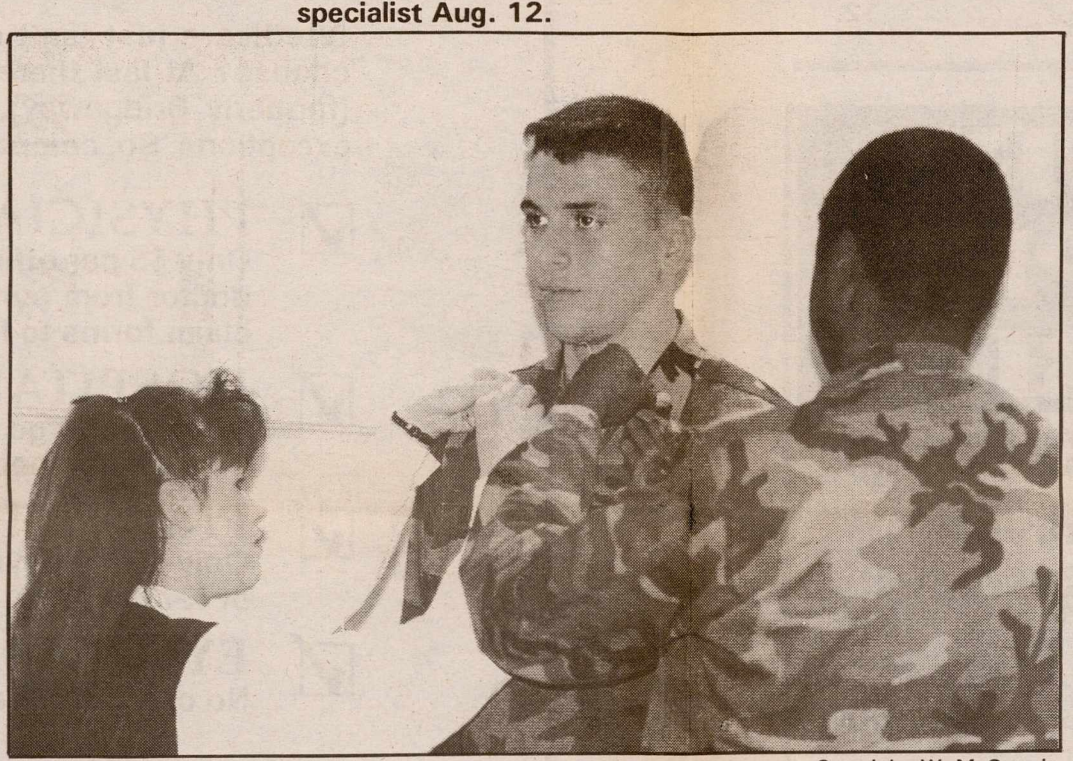


Staff Sgt. Pleasant Lindsey III

Edwin Lord Jenkins, flanked by his wife Cpl. Shaconda Jenkins and First Sgt. Richard L. GrGriego, is promoted to specialist Aug. 12.

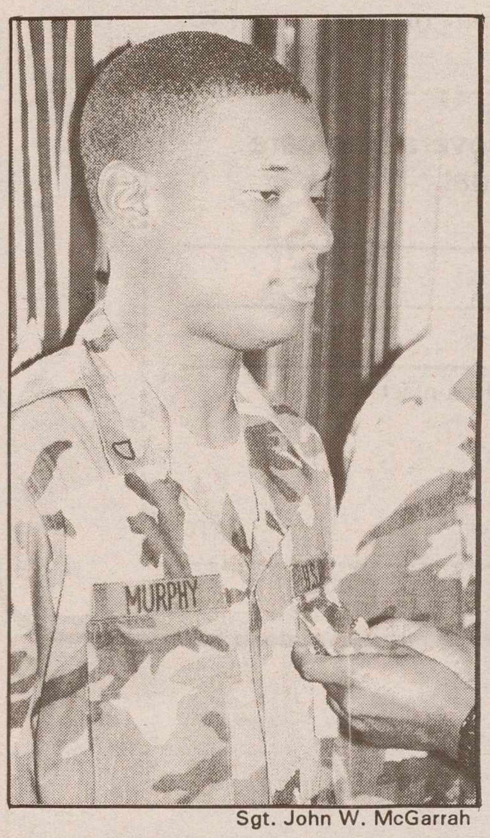
Spc. Adrienne Story

A small retirement ceremony was held for Francis Pickell and Patricia White. Pickell was the secretary to the staff judge advocate, Sixth U.S. Army before her recent retirement. She had more than 25 years of federal service. White, who retired as a information management specialist, Deputy Chief of Staff for Information Management, had more than 20 years of federal service. Col. Dennis F. Coupe, staff judge advocate, stood by as his secretary said good-bye, and Donald E. Meynig, DCSIM, thanked White for her contributions.



Sgt. John W. McGarrah

Fred E. Harter II is promoted to specialist Aug. 13. His rank was pinned on by his wife Rhonda and Sgt. Don Allen, NCOIC, Records Section, Military Personnel Division.

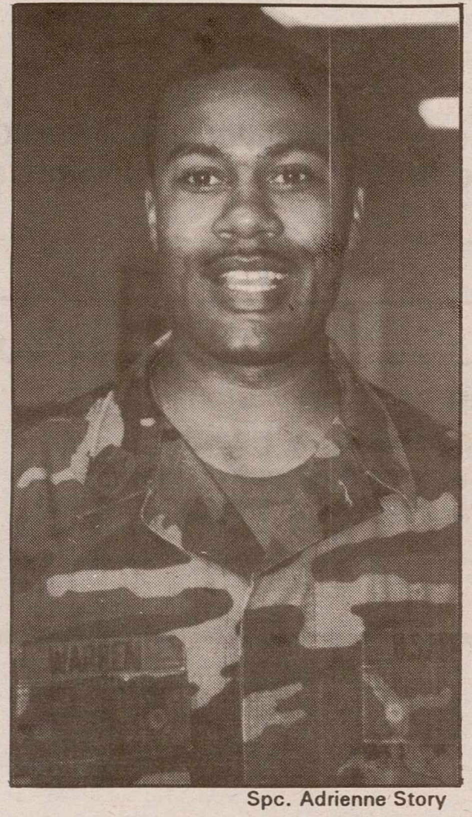


Sgt. John W. McGarrah

Pfc. Damon Murphy, Headquarters Company, received an Army Achievement Medal Aug. 12.

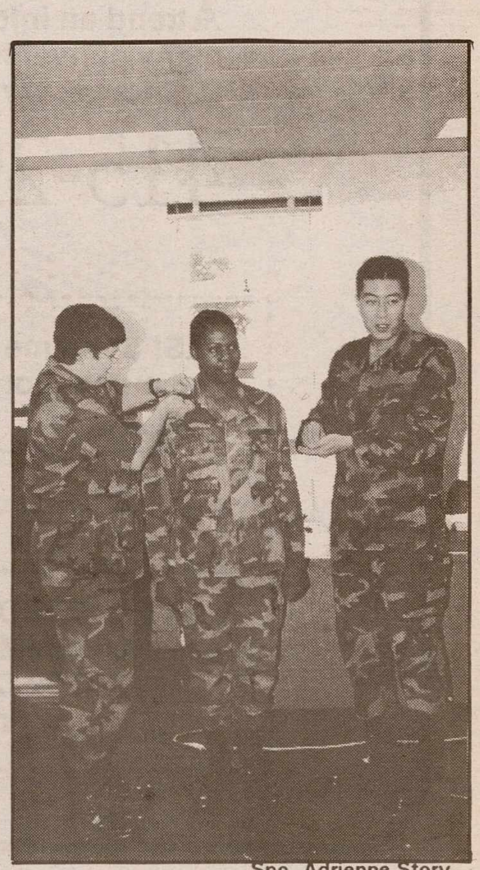
Spc. Adrienne Story

Delores Carter, Law Enforcement Company, was frocked to the rank of first sergeant after serving almost two years in that position. Lt. Col. Wayne C. Agness, Headquarters Command Battalion commander, pinned on the rank Aug. 10.



Spc. Adrienne Story

Donnell Warren, Funston House manager, was recently promoted to the rank of staff sergeant.



Spc. Adrienne Story

Tasha L. Macklin, personnel actions clerk, Strength Management, was promoted to the rank of specialist Aug. 10. The Military Personnel Division adjutant general Maj. Vicki Y. Bowman and Headquarters Company 1st Sgt. Richard L. Griego pinned on her new rank

A Look Back at Presidio History

By Sgt. 1st Class Donald L. Banks
PAO Supervisor

Thirty years ago during the week of August 12-16, 1963:

- The Sixth U.S. Army won the 1963 Department of the Army Savings Bond Award for its achievement during the campaign period. The award was presented by Maj. Gen. Paul A. Mayo, then-Army Chief of Finance.

- Presidio Housing authorities publicly stated that the Presidio and its sub-installations could house only 50 percent of the 2,065 eligible military families seeking on-post housing.

Twenty years ago during the week of August 13-17, 1973:

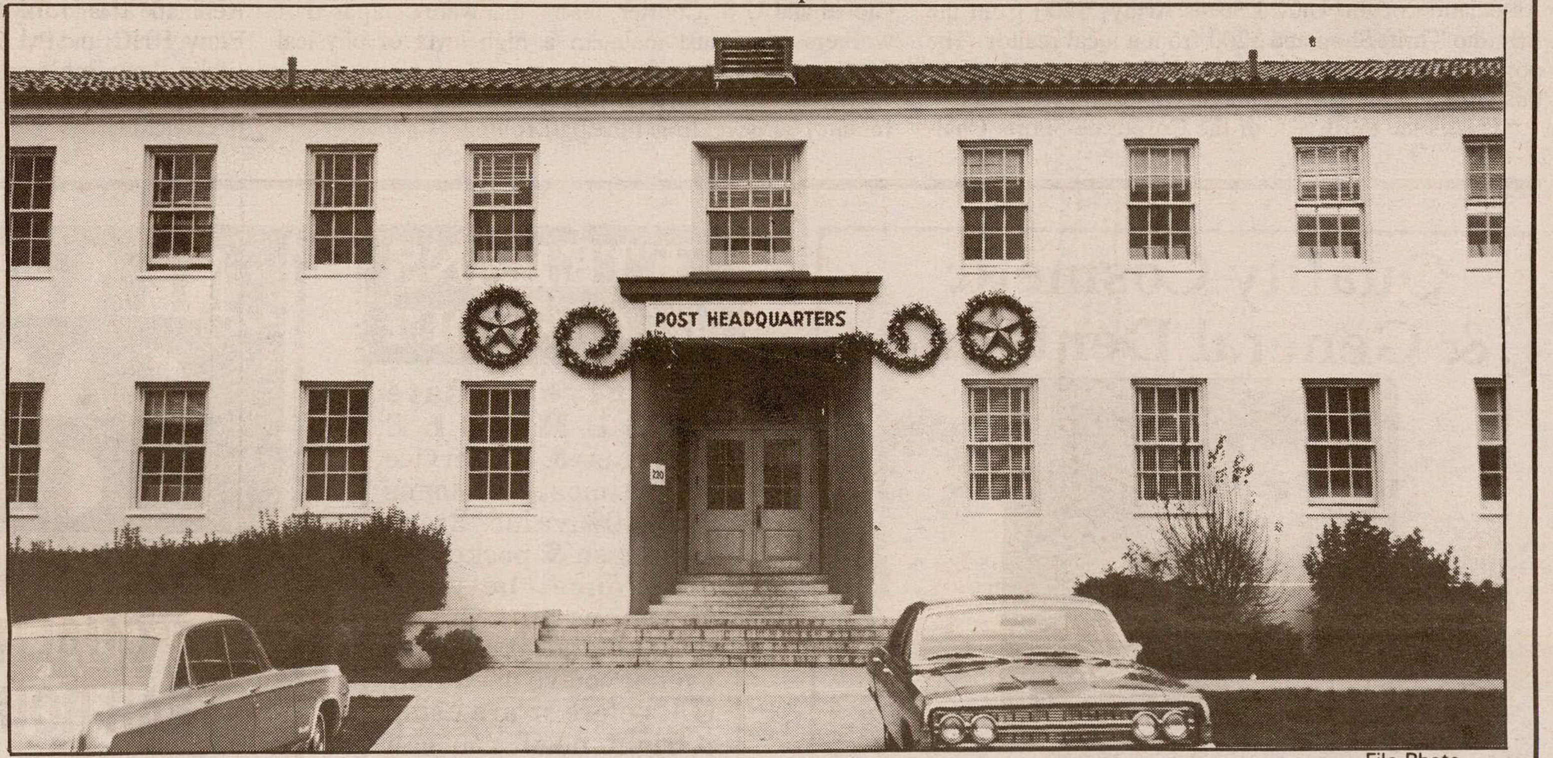
- Because of a nationwide shortage of foodstuff, Presidio Commissary officials announced an eight-item per customer limit on the sale of fresh meat and poultry.

Ten years ago during the week of August 13-17, 1983:

- Lt. Col. John McCloud succeeded Lt. Col. Donald Atcheson, Jr. as commander, U.S. Army Intelligence and Security Command.

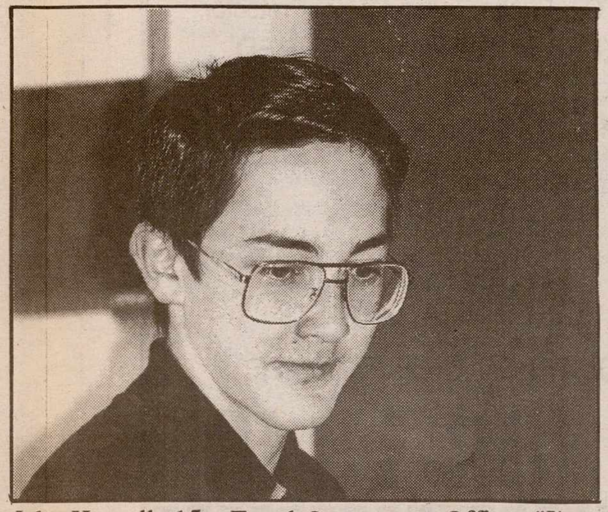
Five years ago during the week August 15-19, 1988:

- Presidio's Director of Logistics, Support Division announced that GTE Communications Systems will install a $3 million electronic and computerized telephone switching system. The new telephone system featured call forwarding, call transferring, speed calling, conferencing and digital data access. Also, Presidians were told that when using military phones they must dial "4" before all on-post numbers.

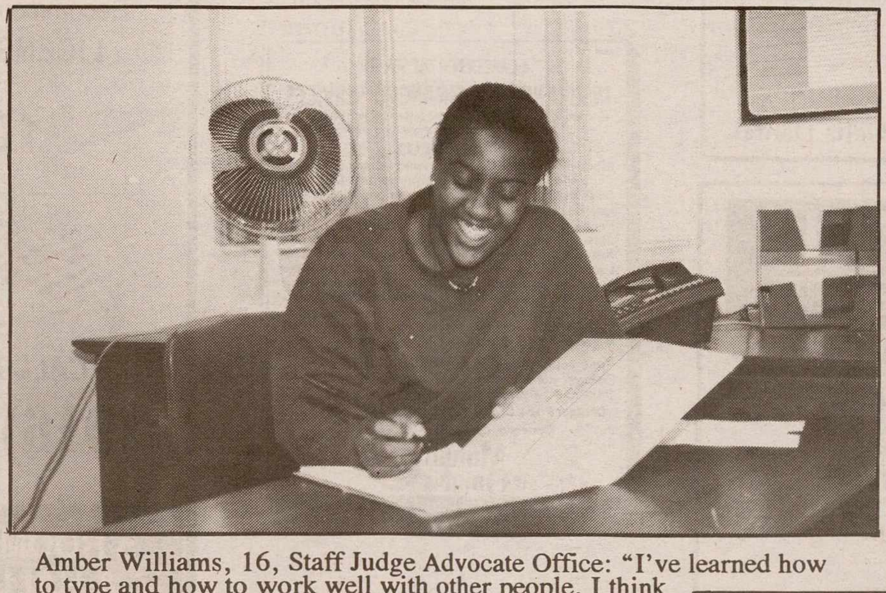


File Photo

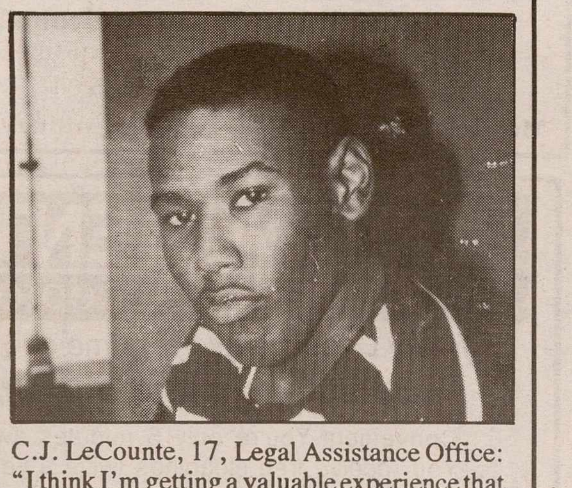
Building 220 was completed November 27, 1939. It was originally used as a Bakers and Cooks School and Barracks with a 75-man capacity. The building cost more than $183,000 to build. Currently, the building houses the Garrison commander and portions of his staff. It is unknown exactly when the building became post headquarters. Pictured above is a 1969 photograph.



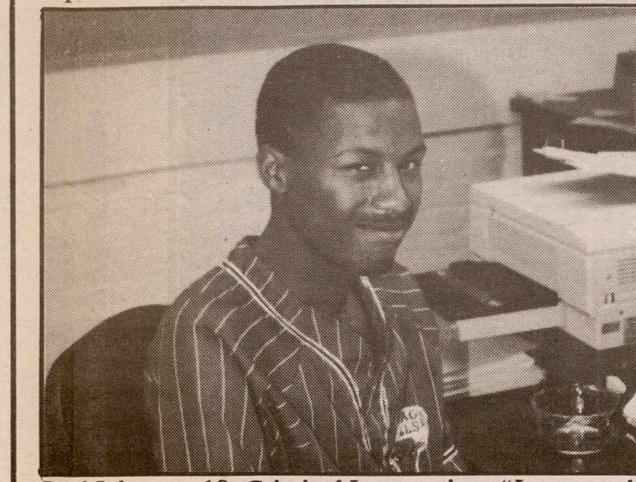
John Hansell, 15, Equal Opportunty Office: "I've been given the chance to work with others, get job experience and learn abdout the EO office.



Amber Williams, 16, Staff Judge Advocate Office: "I've learned how to type and how to work well with other people. I think the program is great because it gives teens a chance to work. It's hard for teens to get a job. I think I've learned a lot of responsibility because I feel the office depends on me to get things done."



C.J. LeCounte, 17, Legal Assistance Office: "I think I'm getting a valuable experience that I wouldn't get if it weren't for this program. It's not easy for a 17-year-old to get a job."



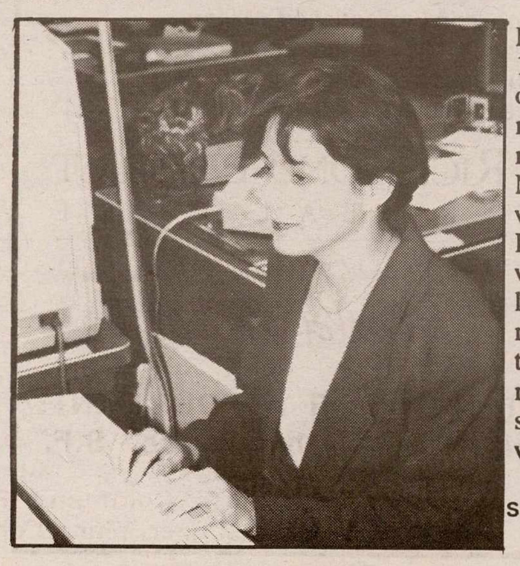
Paul Johnson, 18, Criminal Law section: "I requested to work here. It is something I want to do in the future."

Teen enrichment program

A luncheon will be held today at 11:30 a.m. at the Youth Activities Center for teens and supervisors who are involved in the program.

"I think we've gotten the best of the best. We haven't had any problems," said Chief Warrant Officer Ramirez, teen supervisor, JAG. "I think the program is wonderful for both the teens and the supervisors. They may not have known what to expect, but we put them to work.

"They really have become part of the office. One teen was sad the program was ending."



Michelle Davis, 19, Deputy Chief of Staff for Information Management: "It's great. Now I have an idea what type of classes I will enjoy and what job I want. I like computers much more now that I've learned more about them since I've been working here."

Photos by
Spc. Adrienne Story

Presidians take field of battle against cystic fibrosis

By Staff Sgt. Pleasant Lindsey
Star Presidian staff

Presidians battled a crippling disease as only soldiers can--by charging straight ahead to victory.

Presidio soldiers raised money for the sufferers of Cystic Fibrosis by competing in the 1993 Corporate Sports Challenge on the Galileo High School athletic field Saturday. When the dust settled the post's soldiers were named the number one team in their group.

Five flights of four teams each, representing some of the Bay Area's top corporations, struggled through five events in friendly competition that raised close to $10,000. Each 10-member team donated $500 to enter the contest and included five men and five women. Events included a soccer scoring contest, tug-of-war, a relay race, an obstacle course and a football throwing contest.

"It was exhilirating," said Cpl. Bryant Long. "It tested our team members' physical fitness."

"We participated for the community relations effort and to donate to charity," added Staff Sgt. Anthony Allen. "Anything you do for charity is worthwile."

The Presidio team's donation included $100 from the Association of the United States Army, $200 from the Presidio Thrift Shop and $200 from a local realtor. The post's soldiers were the military's only representatives this year, a point not lost on the contest's organizers.

"This is the third year of the Corporate Sports Challenge. Top corporations send teams to compete and raise money to battle cystic fibrosis," said the event coordinator, Nealy Mack. She said she was disappointed that neither the Navy nor the Marines from the area fielded teams, and she hoped the Presidio would field more than one team next year.

Soldiers from the Presidio have competed all three years, with stunning results which have become a winning tradition.

In 1992 soldiers from Headquarters Company, U.S. Army Garrison Presidio were named the overall sports challenge champions. In 1991 the overall champion was a team formed by the Presidio Chaplains.

Although an insurance company team from Palo Alto, Ernst & Young, was named this years overall winner, the Presidio's team beat out some athletic competition to win its division.

Teams were grouped in divisions called "Flights" according to the type of job represented. Insurance brokers, banks, insurance companies and service industries formed separate flights of four teams each.

The Presidio's team was in Flight Two which included teams fielded by the San Francisco Fire Department, G.T. Global and U.S. Courier, teams that were composed of workers who must maintain a high level of physical fitness.

The Sports Challenge started late, but leave it to an Infantry sergeant to get the ball rolling.

After watching the other teams and some of the officials milling around on the field of battle, Sgt. 1st Class Christopher Kennally, the Presidio team's coach, acquired the event sheet from the contest's organizers, used his command voice to form the teams into their divisions, told them which events they would be competing in and got the contest going.

The soldiers easily handled the courier teams in the tug-of-war, but met their match against the men and women of the fire department. It probably had something to do with throwing water hoses around for a living.

But what the fire fighters showed in brute strength was more than matched by the soldiers' ability to run and move.

The soldiers ran the best times of the day in the relay race and the obstacle course. The relay race was made memorable by the team's female members, four of whom ran barefoot. To top that, Allen dropped the baton, yet the team still recorded a time of 2 minutes, 20 seconds, handily beating all rivals. The team later ran the obstacle course in 4:05.

The team's members included Allen, Sgt. Jerod Wilson, specialists Ruth Morris, Melissa Blumenthal, Kellianne Solano, Jay Pope, Terry Hill and Pvt. 2 Ronald Blow, HHC; and Pvt. 2 Maggie Ward and Pvt. 1 Brandee Libby, Law Enforcement Company.

Long and Spc. Juan de La Garza helped Kennally with the coaching.

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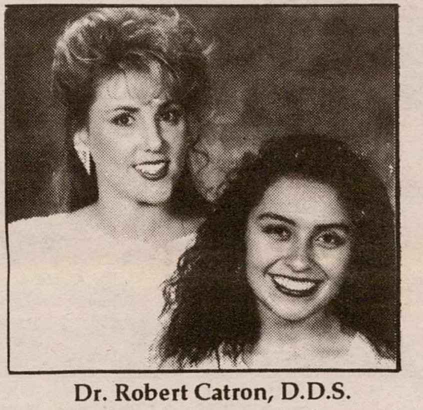

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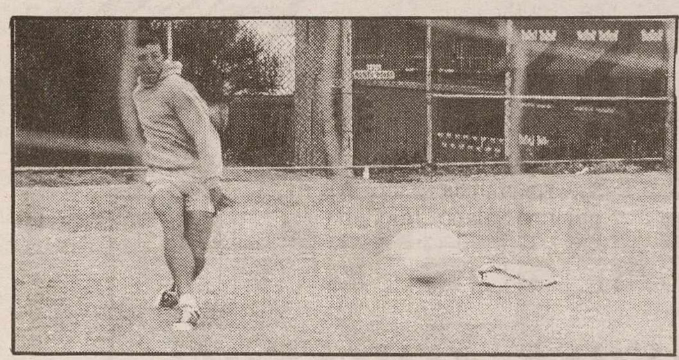
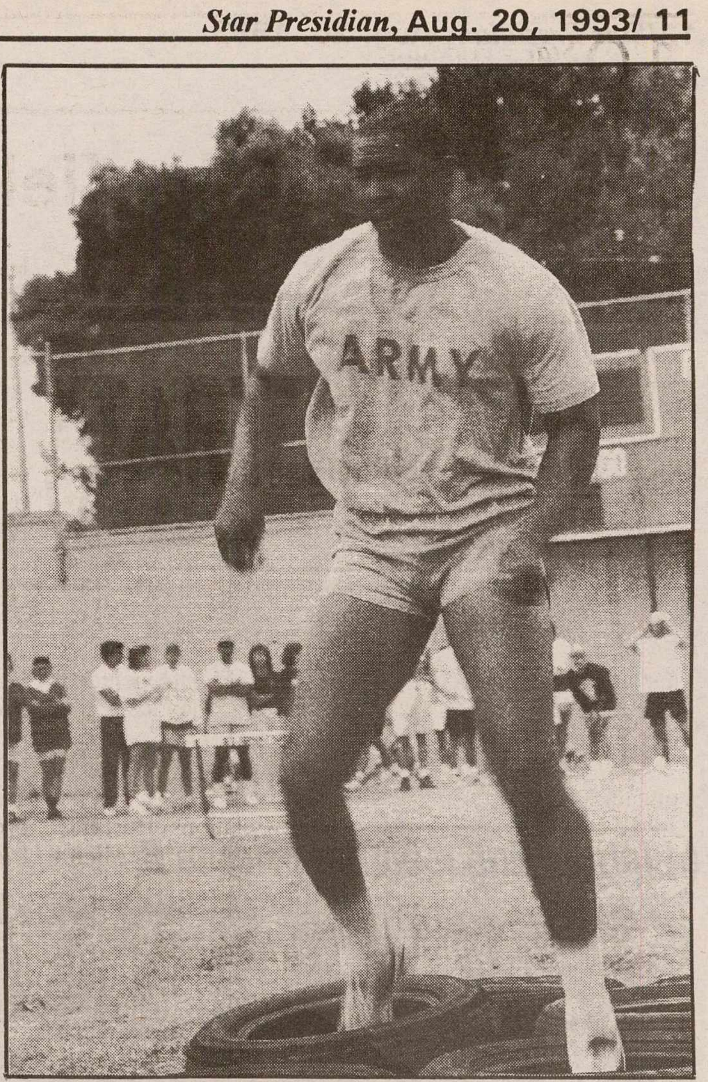
Soldiers join community to help stop gland disease





Left, Pvt. 1 Brandee Libby launches a bomb through the swinging tires. Libby scored one of the team's three points in the football throwing event. Below left, Spc. Terry Hill practices his shots for the soccer scoring contest. The event organizers provided professional goalies to block the shots, but Presidio's soldiers kicked around them. At right, Staff Sgt. Anthony Allen picks his way through the tire obstacle in what turned out to be one of the team's stronger events. The soldiers scored the fastest time in the obstacle course, enroute to winning their division.

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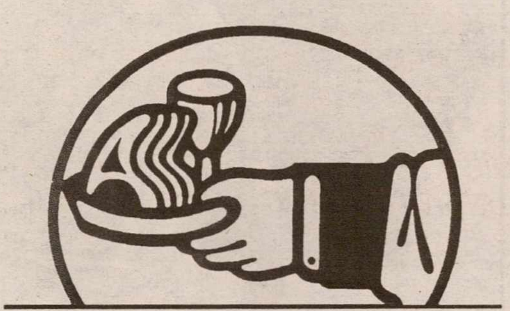

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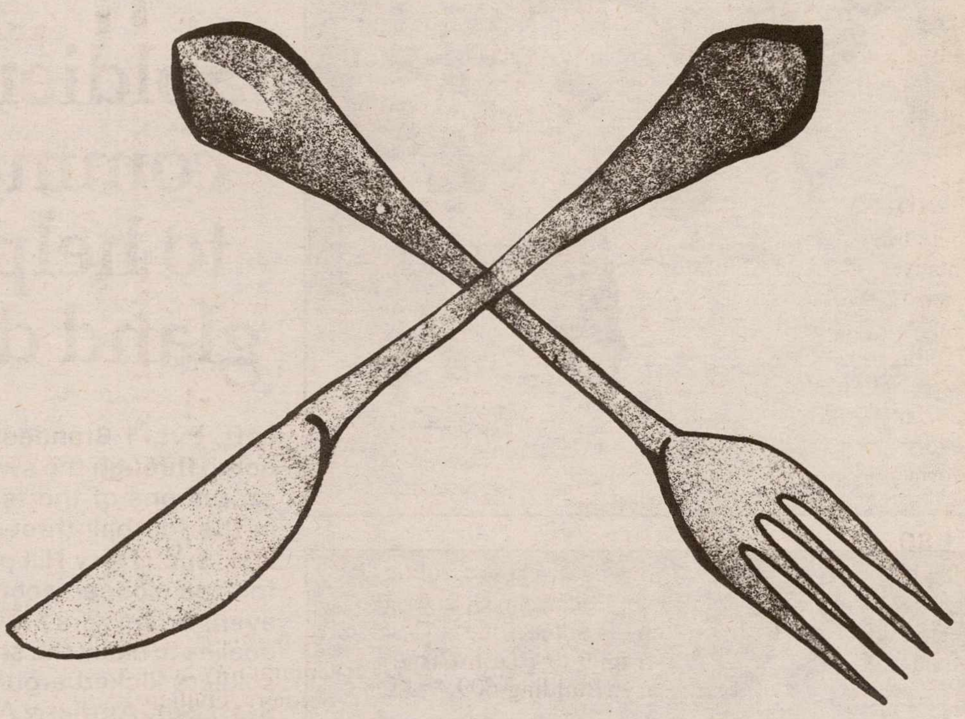

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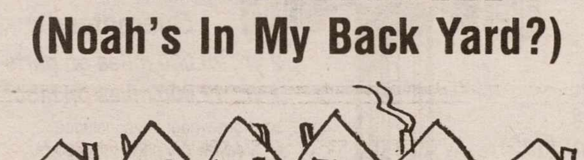

Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around **19th and Sloat** in San Francisco can look for a Noah's Bagels store opening at **Lakeshore Plaza** in July! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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Briefs,

Continued from Page 5

Bible studies held here post

The Gospel Prayer and Praise group holds its Bible study classes from 6:15 to 7:30 p.m. Tuesdays, and prayer and praise services from 11:30 a.m. to 1 p.m. Sundays, in the Religious Activities Center, Building 682.

Contractor representative training

The three-day training session for contractor representatives (CORs) will be conducted by the U.S. Army Garrison Directorate of Contracting from 8 a.m. to 3 p.m. Aug. Tuesday, Wednesday and Thursday in the Training Room, Building 603. This will be the last COR course taught for calendar year 1993. Priority for attendance will be given to those who need it for job performance. Call Dan Donovan at **561-4680** for more information.

Hospital offers makeovers

To help you learn how to lower fat, cholesterol and sodium while keeping good taste, Letterman U.S. Army Health Clinic's Nutrition Clinic is sponsoring a Commissary Shopping Makeover from 9 to 10 a.m. Thursday in the Presidio Commissary, Building 609.

Treasure Island job fair scheduled

The Naval Station Treasure Island Family Service Center is sponsoring the Treasure Island Job Fair from 10 a.m. to 2 p.m. Wednesday in Reserve Building 2. Abundant free parking is available in the lot across the street from the Reserve Building. For more information, call Judi Charlton or Anna Rodriguez at **395-5176**.

ADMIT ONE

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Tonight-Cliffhanger (R)
Saturday-Meet in America (PG-13)
Sunday-Point of No Return (R)
Aug. 27-Guilty as Sin (R)
Aug. 28-Last Action Hero (PG-13)
Aug. 29-Son in Law (PG-13)

All movies begin at 7 p.m.

1296 E-54

Ft. Ord Job Assistance Center here

The Job Assistance Center from Fort Ord, Calif., is here the first and third Tuesday afternoons, all day Wednesdays, and Thursday mornings in the Army Community Services Resource Center, Building 103B. Soldiers, civilians and adult family members may make an appointment with a counselor to discuss the job transition process. Counselors are available to help you write a professional résumé cover letter and prepare for interviews.

The computerized Army Employer Alumni Network has a data base of more than 9,000 employers nationwide which can be used to develop employer networks and contacts.

Counselors will help you access the portable JAC-In-The-Box to review the AEAN and prepare a professional and polished résumé. Call **DSN 929-7907** or **(408) 242-7907** to make an appointment or learn more about the Job Assistance Center.

Presidio 10-mile event times

The ***Star Presidian*** newspaper is running an article next week on the Presidio 10-mile race that was held last Sunday. All runners who would like their times included in the article should contact the ***Star Presidian*** office by close of business Monday. To publish your time, call the newspaper office at **561-5281** or **561-5279**. Only official times will be published.

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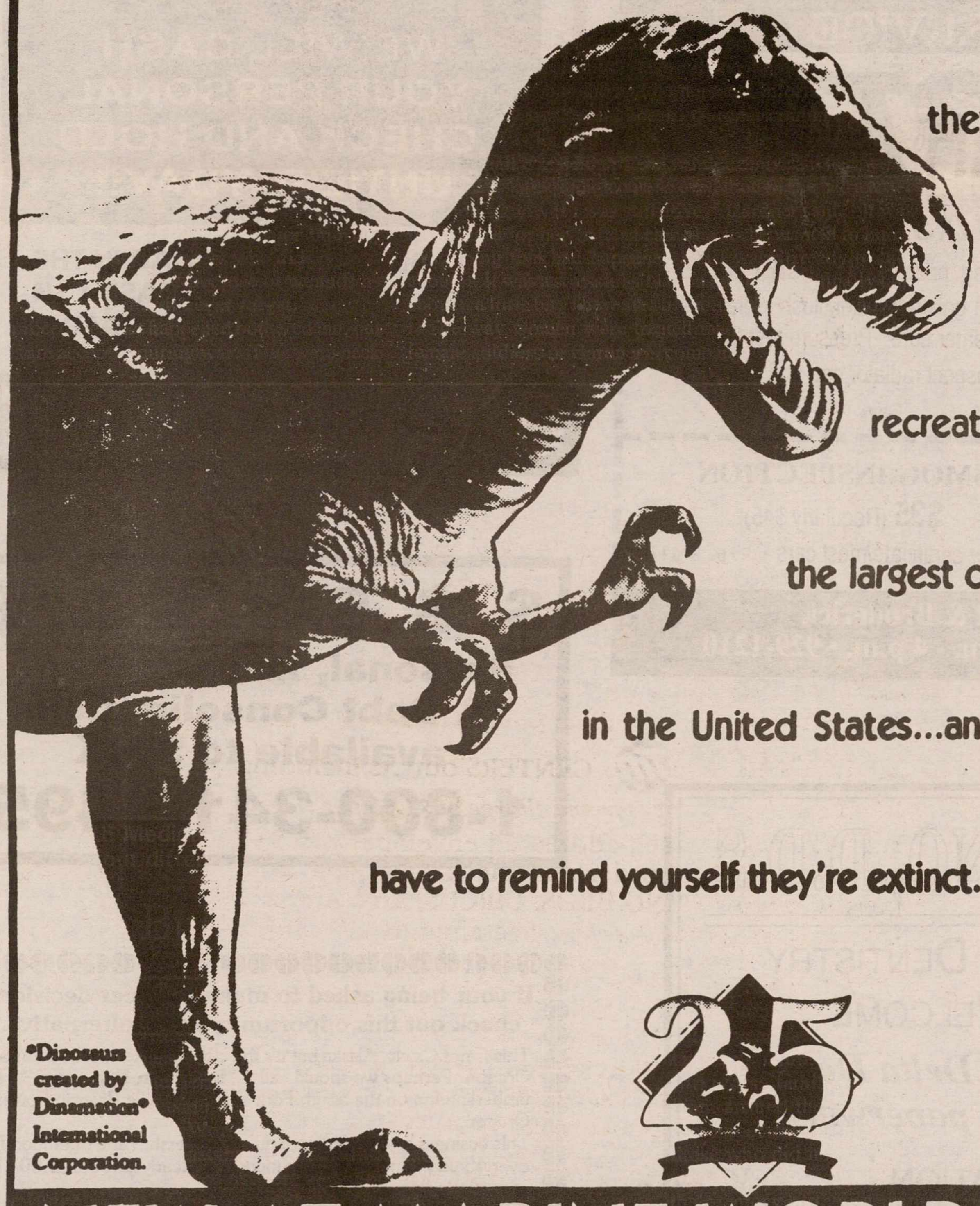

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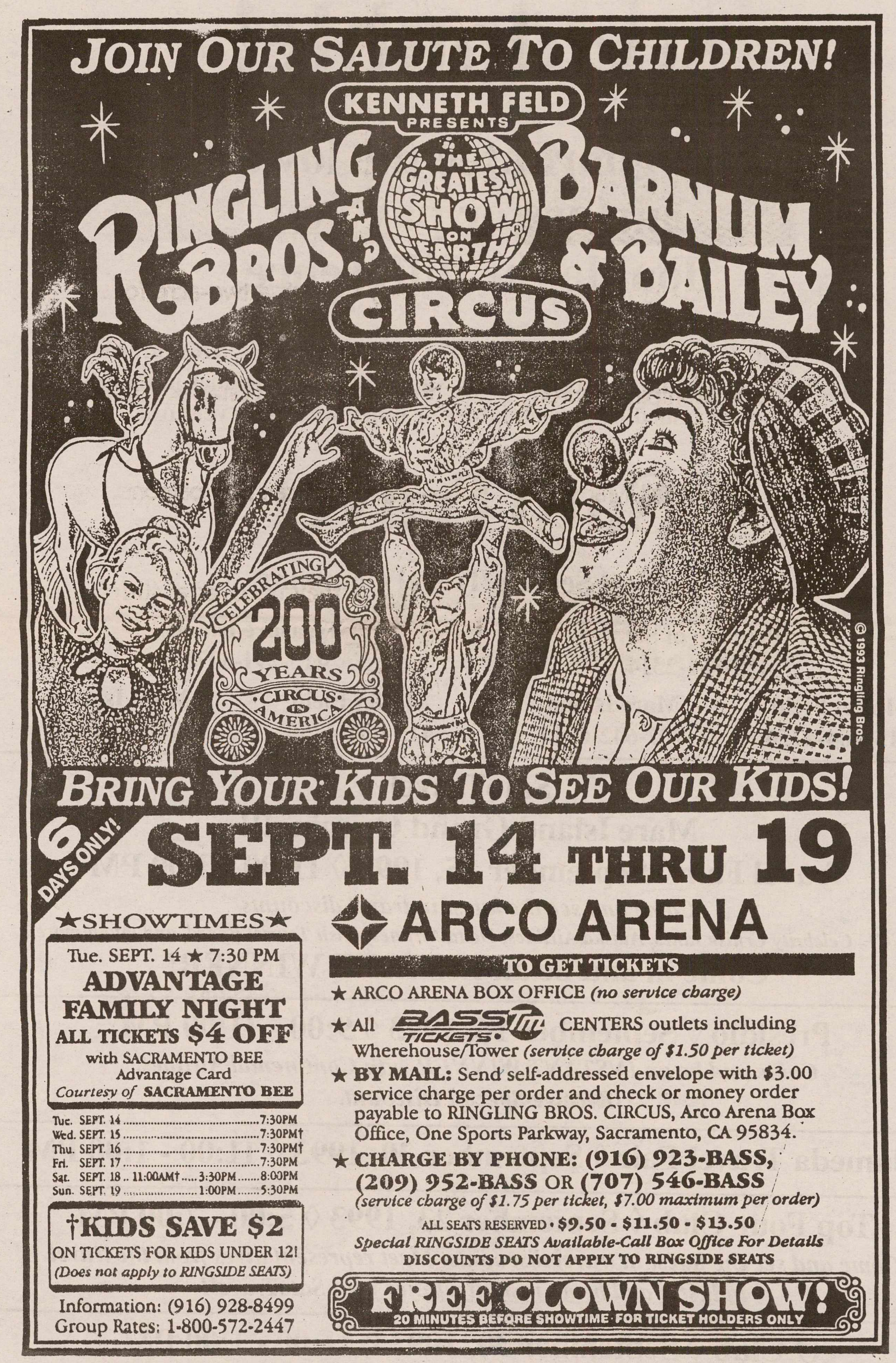

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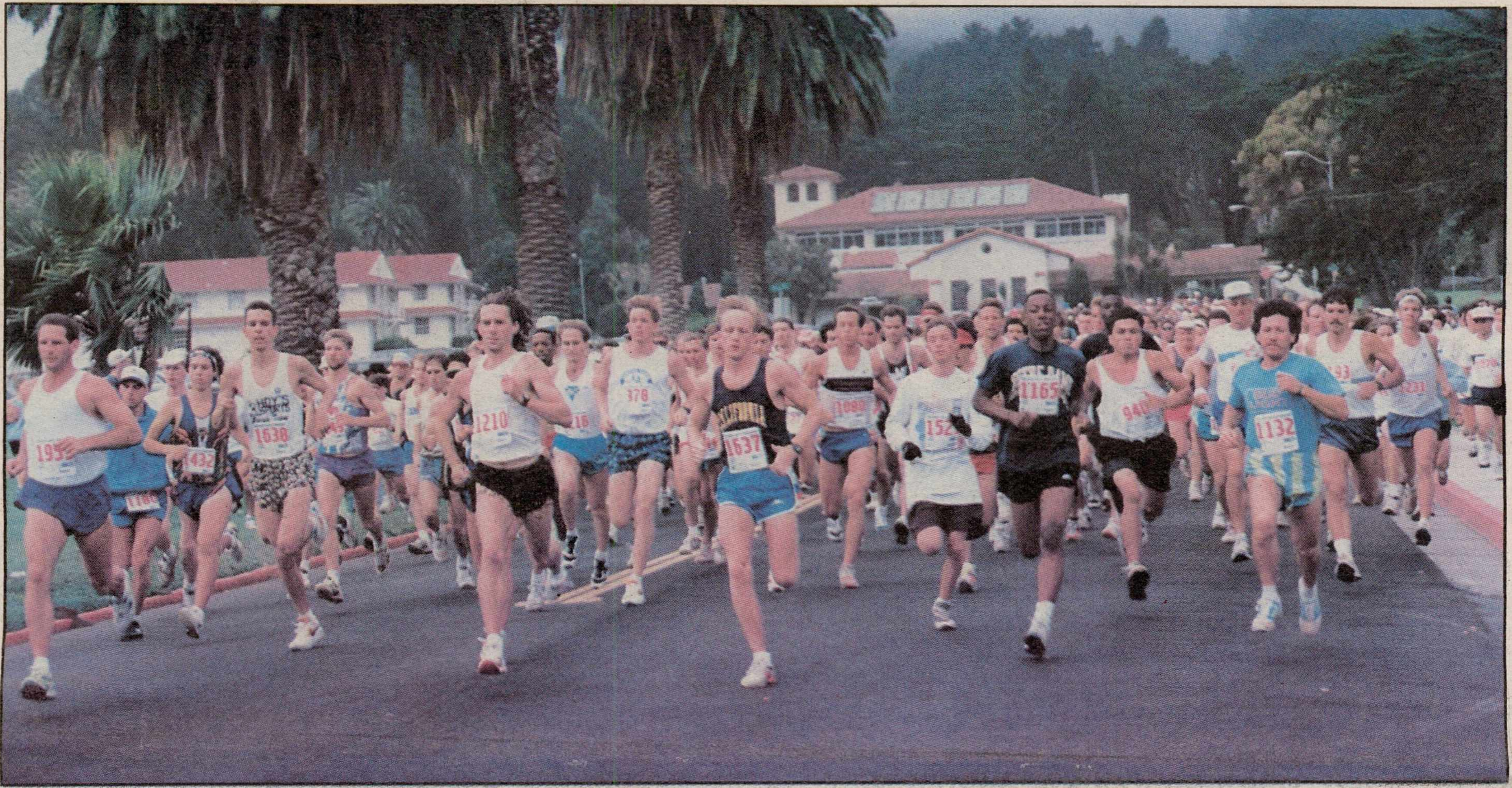
Star Presidian

Vol. 38, No. 32 — Published for the Presidio of San Francisco Community — August 27, 1993



Spc. Adrienne Story

.... And they're off and running

Hundreds participated in the Presidio 10-mile and 3-mile races held Aug. 15. The starting line for both races was near the Main Parade Field where people crowded together in order to make room for all participants. The 10-mile race went across the Golden Gate Bridge and back to the finish line on Graham St. near the Civilian Personnel Office.

See page 9 for story and more photos

Garrison units prepare to inactivate, transfer

By Pleasant Lindsey III
Star Presidian staff

The U.S. Army Garrison, Presidio of San Francisco is scheduled to close as an Army installation Sept. 30, 1994, a transition date that is shared by some other activities currently operating on post.

The garrison's property will be turned over to the National Park Service, but a couple of activities will remain, some will move and the futute of some have yet to be determined. The transition date given for any activity is the date it is scheduled to move or inactivate.

Headquarters, Sixth U.S. Army is scheduled to remain here. The Special Security Detachment and the Sixth U.S. Army Band are considered to be functions of the headquarters, and as such they will remain here as well, said Alice Kelly, chief, Presidio Army Transition Office.

Although some of the post's tenant units have a destination determined, the status of some others is still being studied.

Locations have not been determined for Company D, Military Intelligence Battalion which is scheduled to transition March 31, 1994 or for the Command Logistics Review Team, scheduled to transfer June 30, 1994.

Also, the U.S. Geological Survey office, Fort Point Historical Association, Federal Emergency Management Agency, U.S. Department of Agriculture, U.S. Post Office, and Corps of Engineers have migration dates of Sept. 30, 1994. However, each unit is negotiating a leaseback agreement with the National Park Service to remain in its present location.

Kelly said the decision to keep or inactivate the Presidio Commissary and the Post Exchange will be based on economics. Both have tentative migration dates set in mid 1994.

Those units currently scheduled to inactivate include:

- the 2nd Battalion, 4th Brigade, 91st Division, Sept. 30;
- Letterman Army Institute of Research, Oct. 15;
- the Pentagon Federal Credit Union branch, Dec. 31; and
- Letterman U.S. Army Health Clinic, July 31, 1994.

Tenant units scheduled to relocate include:

- 3rd ROTC Brigade to Fort Ord, Calif., Sept. 1;
- Logistic Support Agency to Redstone Arsenal, Ala., Sept. 19;
- 7th Psychological Operations Group to Moffett Field, Calif., Nov. 30; and
- 124th Army Reserve Command, 416th Engineer Command and 87th Explosive Ordnance Detachment to Moffett Field, March 31, 1994.

The Presidio branch of the American Red Cross may inactivate if it doesn't receive a lease from the Park Service.

MPs, park service police conduct joint patrols

By Sgt. John W. McGarrah
Star Presidian staff

Nope, that's not a new type of Army uniform on that strangely dressed MP getting into that patrol car. He's a park service policeman.

The Park Police and the Presidio of San Francisco Military Police have recently begun conducting joint patrols here.

The patrol idea is based upon a memorandum of understanding between the Park Police, under the San Francisco Field Office, and the U.S. Army.

The combined patrols, which began Aug. 18, are off to a good start, say post officials.

"Right at the moment there are only one park policeman and one military policeman going out per day for a shift," explained Maj. John M. Fowler, Presidio Provost Marshal. "We're starting with the supervisors but will continue to expand the program throughout the next year.

"Our goal is to have one military policeman and park policeman per vehicle soon," he continued. "At the moment we have one MP per patrol car; soon we'll have two people per car, one park policeman and one military policeman."

The new program will familiarize the park police with the layout of the Presidio and its housing areas and the types of incidents that the MP's normally handle on a day-to-day basis. It will also familiarize them with the differences between, and problems associated with, working with the civilian community and military residents.

"Basically, this is the start of establishing a park police presence on the Presidio of San Francisco," said Fowler. "Some of the park police will be augmented by Commissioned Park Rangers (law enforcement rangers) until they are fully up to strength."

"However, until Sept. 30, 1994, the military here is still in charge," he added. "The Presidio MPs retain all responsibility for the installation.

"I'm very happy with the program so far," said Fowler. "This is the first week and is really only on the management level at the moment, but it seems to be working well.

"It's a good program, It will ensure that we are able to provide increased protection for the Presidio community as we continue our transition," Fowler concluded. "I foresee nothing but positive things coming out of this program."

New deputy commander arrives

Maj. Gen. Robert S. Frix ceremony will be held on the Main Parade Field

By Sharon E. Everett-Roles
Special to the Star Presidian

Maj. Gen. Robert (Bob) S. Frix, Sixth U.S. Army's new Deputy Commanding General for Active Components, will be honored in a welcoming ceremony at 3:45 p.m. today on the Presidio's Main Parade Field.

Frix's previous assignments include serving as a rifle platoon leader, weapons platoon leader, and executive officer of Company B, 1st Airborne Battle Group, 501st Infantry, 501st Airborne Division (Air Assault), Fort Cambell, Ky.

His command assignments include Headquarters and Headquaters Company, 8th Aviation Battalion, U.S. Army reserve Europe; Headquarters and Headquarters Detachment, Capital Battalion, Fort Lewis, Wash; and 12th Combat Aviation Group, U.S. Army Europe.

He served as Deputy Commanding General and Chief of Staff, 3rd U.S. Army; Deputy Chief of Staff, V Corps; Chief of Staff, 1st Cavalry Division; Assistant Division Commander, 101st Airborne Division (Air Assault). Frix also served as the Assistant Commandant, United States Army Aviation School.

During Operation Desert Shield/Desert Storm, Frix served as the Chief of Staff and Deputy Commanding General of the U.S. Army Forces Central Command.

He commanded the Third Army Forward Command Post during the Gulf War and Task Force Freedom during the Kuwait restoration.

During Operation Southern Watch and the enforcement of United Nations Resolution 688, he commanded Joint Task Force Kuwait, United States Central Command.

Frix's decorations include the Distinguished Service Medal, Legion of Merit with One Oak Leaf Cluster, Distinguished Flying Cross, Bronze Star Medal with One Oak Leaf Cluster, Air Medals with 26 Oak Leaf Clusters (three with Valor Devices), Meritorious Service Medal with One Oak Leaf Cluster, and Army Commendation Medal with One Oak Leaf Cluster with Valor Device.

Maj. Gen. Robert S.Frix Sixth U.S. Army deputy commander for Active Components

He also earned the Combat Infantryman's Badge, Ranger Tab, Master Parachutist Badge, Master Aviator's Badge, and the Air Assault Badge.

Frix is from South Texas. After attending Texas A&M University and upon graduating from the United States Military Academy at West Point, New York, he was commissioned as a second lieutenant in the Infantry.

Later he earned his Master of Science degree in Public Administration from Shippensburg State College in Pennsylvania.

Frix is married to the former Maureen (Moe) Mullins and has one son, Alexander, and one daughter, Michele. He is involved in Scouting and youth development activities.

CHAMPUS contract changes carriers

Change may effect some CHAMPUS Prime beneficiaries

By Spc. Adrienne Story
Star Presidian staff

The Civilian Health and Medical Program for the Uniformed Services reform initiative in California and Hawaii will change carriers beginning Feb. 1, 1994.

Aetna Government Health Plans, Inc. has been awarded the contract, the largest ever awarded by CHAMPUS, for five and 1/2 years, including the six month start-up period. The start-up period began this month when Aetna was awarded the contract.

"CHAMPUS beneficiaries should not face any changes with the new contract," said Curt Davis, public relations specialist, Foundation Health. "Some people enrolled in CHAMPUS Prime may have to select new physicians. It should be a relatively small number."

Under the contract, Aetna will subcontract with Blue Cross/ Blue Shield of South Carolina, which is a current CHAMPUS contractor, to process all claims for the CHAMPUS Reform Initiative (CRI).

Under this program, everyone who is eligible for CHAMPUS in California and Hawaii have more health care choices and can save with less paperwork, according to the CHAMPUS newsletter.

"Over the next few months we will go through the transitioning phase," said Janet Hoy, Aetna southern California regional director. "We will put out a number of press releases and letters informing CHAMPUS beneficiaries of any upcoming changes."

Hoy said she expects very few changes, however Aetna will ensure CHAMPUS beneficiaries are informed of any changes.

"We're hoping to get out all the needed information before anyone has to make a decision," Hoy said. "The first newsletter is scheduled to come out in November. That's three months before any changes will be implemented."

Hoy said the carrier change will have no negative effects on CHAMPUS beneficiaries.

"We currently are the subcontractors for CHAMPUS in Southern California," she said. "We handle two thirds of the claims in California. I feel we will provide beneficiaries with good customer service."

Letters will be sent directly to CHAMPUS beneficiaries. The first letter should provide members with basic information and a phone number for questions.If you don't receive a letter by the end of November, contact your CHAMPUS representative at the Letterman U.S. Army Health Clinic.

More than 750,000 people in California and Hawaii are covered under the CHAMPUS contract. This number represents about 14 percent of the total people eligible for CHAMPUS in the United States.

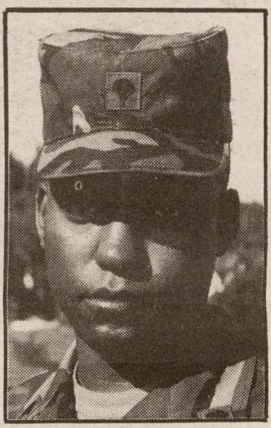
"Since we have experience working with CHAMPUS and a great number of claims, we feel we will benefit CHAMPUS-eligible persons," Hoy said. "We will provide a staff in military hospitals to increase accessibility of health care to military family members."

Ask Presidians

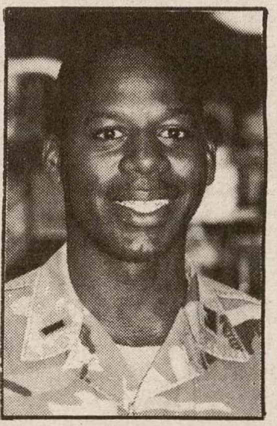
What was the high point of the summer for you?

Staff Sgt. Susan Moussa-Obermeyer, chemical NCOIC, Pathology, LUSAHC: "I drove up to the see the Redwood Forest. It's beautiful, just beautiful. It's a four-and-a-half hour drive there, but worth it. It's so peaceful."

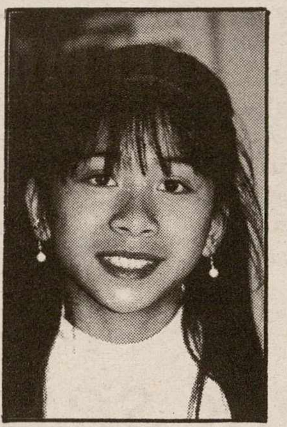
Spc. Cynthia Bandy, supply clerk, property management logistic section, LUSAHC: "I had a baby, Aaron Robert Bandy. He is my first and the most beautiful baby on post."



Spc. Eric Compton, preventative medicine specialist, LUSAHC: "I've been going down to the wharf fishing lately. I needed a break after my classes at Fort Scott. I have a Tahoe trip planned for the near future."



1st Lt. Lorenza Morris, S-3, Hq. Cmd. Bn.: "I went to Universal Studios and skiing at Moreno Valley, east of Los Angeles. It made for a great weekend and a good break from work."



Ivy Joy Laxamana, 10, family member: "I went to lots of movies. My favorite was *Jurassic Park*. I went to the beach and the pool a lot. I went bowling also."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Teen Enrichment Program celebrates summer success

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

The Presidio Teen Enrichment Program celebrated a successful summer of employing teens with a luncheon and awards program Aug. 20 in the Youth Activities Center, Building 386.

Teens who enrolled in the program were given employment on post. For completing the eight-week program they, along with their supervisors, were given certificates by Lt. Gen. Glynn C. Mallory, Jr., commanding general, Sixth U.S. Army and Presidio of San Francisco, and Col. Gregory A. Renn, commander, U.S. Army Garrison, Presidio of San Francisco. The Teen Enrichment Program's coordinators received plaques and roses. The coordinators included Linda Mallory, Jane Renn, Cindy Agness and Livvy Coupe. Gen. Mallory had high words of praise for the youths who participated in the program.

"The youths are the heart of America. Every time they're given a chance, they always come through, " he said.

"You teens have made a tremendous contribution to how our community is run."

One of the supervisors, Staff Sgt. Byron Crawford, echoed that sentiment.

"I had four youths working for me and I wish I could have them again," he said. "With our unit moving soldiers from Fort Scott to the main post, details, and the loss of civilian workers, the teens filled in greatly."

The teen program started with 55 members, all of whom found employment.

Livvy Coupe, Jane Renn, Linda Mallory and Cindy Agness received certificates and roses for coordinating the Teen Enrichment Program.

Teens who participated in the Presidio Teen Enrichment Program received certificates for completing the eight-week program.

One youth who originally signed up for the program found employment elsewhere before he could accept a job on post, while the other 54 worked in various offices on the Presidio. This gave the program a 100 percent success rate.

Overall, the teens were allotted 72 hours of work for the program. Agness said the teens earned $4.25 per hour for working at least nine hours per week. She said their supervisors would have loved to have the teens work many more hours.

The teens' personal schedules at the beginning of the program determined whether teens chose to take advantage of the extra hours offered them.

Participating youths included:

Kevin Agness, Kristine Albalos, Maria Albalos, Andrew Bokmeyer, Daniel Bronstein, Terrance Carter, Heather Cloke, Philip Cloyne, Victor Cruet, Bridgette Davis, Michelle Davis, Steven Elliott, Amanda Floyd, Jennifer Floyd, Lily Goloyugo, Crystal Goodwin, Delana Gregg, Taron Gregg, Tee Gregg, Terance Hall, John Hansell, Susan Hansell, Dwayne Jackson, Carrie Johnson, Paul Johnson, Caroline Johnston, Jennifer Kasten, Kali Kinghorne, C.J. LeCounte, Brian Littlejohn, Maria Mallory, Vanessa Mitchell, Luby Mitrovich, Jason Nelson, Delfina Ramey, Fred Ramey, Aramis Ramirez, Tom Renn, Tanya Reynolds, Toni Reynolds, Tasha Richardson, Todd Risinger, Jennifer Soward, Sarah Soward, Tika Sumpter, Lindsey Thiessen, Matthew Theissen, Lili Toa, Ula Toa, Latoya Upchurch, Joe Valdes, Samuel Valdes, Natasha Walton, Brian Welch, and Amber Williams.

Gift giving can violate ethical conduct standards

By Alfred H. Novotne and Maj. Paul J. Conrad
Staff Judge Advocate's Office

New ethics rules for federal employees, published by the Office of Government Ethics, went into effect in February. Generally, any misconduct in the workplace violates the standards of ethical conduct.

Many types of behavior, such as sexual harassment, racial discrimination, nepotism, alcoholism on the job, tardiness, or insubordination, are covered by other specific laws or regulations. The Office of Government Ethics rules only deal with those matters not covered by these other regulations. The two general areas covered by the OGE rules are gifts between employees and misuse of official position.

Gifts between employees

The general rule on gifts between employees is that an employee may not give a gift or make a donation toward a gift for an official superior, and superiors may not accept gifts from subordinates.

An "official superior" is someone whose duties include directing or evaluating the employee, or any superior in that employee's chain of review. Additionally, an employee may not accept a gift from any other employee receiving less pay, even if not in an official superior relationship, unless there is a personal relationship between the two individuals.

OGE has created two exceptions to this prohibition.

Under the first exception, a subordinate may give or donate toward a gift to an official superior on a special, infrequent occasion. Special, infrequent occasions are generally one-time or unusual events, such as marriage or illness.

A special occasion can also be a transfer or retirement which terminates the supervisory relationship. Gifts for special occasions must also be "appropriate" to the occasion. However, the new OGE rules do not define "appropriate." This is another situation in which you will have to seek guidance from the ethics counselor assigned to your organization.

Even though the gift might be permissible, the new OGE rules require that the solicitation for contributions to gifts to a superior must be completely voluntary. If an amount of a contribution is suggested, it must be made clear that employees can contribute a lesser amount or nothing at all.

The new OGE rules do not set a total dollar limit on the size of a gift to a superior. The Department of Defense may, in supplemental regulations, set a firm dollar limit on contributions.

The second exception permits gifts on an occasional basis, including traditional gift-giving occasions. This exception allows minor gifts, such as contributions for food which will be consumed at the office, meals at an employee's home (of a type and value customarily provided to personal friends), and customary gifts, such as a bottle of wine, brought when invited to another's home.

The regulation also allows infrequent gifts having a value not in excess of $10 on appropriate occasions, such as Christmas or birthdays. But if such gifts should become "routine" this exception will not apply. In a sense, this affirms the policy that gifts must be voluntary. No federal employee can be required to give gifts to the boss on each holiday and birthday.

Finally, this second exception provides that the donation of annual leave by civilian employees under applicable regulations is not an improper gift, even if given to a superior. However, this superior can not be the employee's immediate supervisor.

Misuse of position

The OGE regulations on misuse of official position address five areas: (1) use of public office for private gain, (2) improperly creating the appearance of government sanction, (3) use of non-public information, (4) use of government property, and (5) use of official time.

Using office for gain: The OGE rules prohibit employees from using their titles, positions, or authority of their positions for the private gain of themselves, their families or friends, or organizations with which they are affiliated. Thus, an employee would be prohibited from using his position to provide special handling of a friend's travel claim, even if the friend's claim was fully warranted.

Improper sanction appearance: Federal employees shall not permit their official positions, titles, nor authority to be used to imply that the government sanctions or endorses a private activity. Commercial and charitable organizations are eager to secure government endorsement for their products or activities. Even when a private organization has rendered great service to the government, employees must guard against giving an endorsement which could be misused.

Some charitable organizations do have special status because of their support of military service members or goals. However, endorsement or sanction of any such organization is carefully regulated. Official endorsement of charitable activity must be approved at Department of the Army and DoD level. Federal employees may privately endorse and support charities and civic groups but must be careful not to allow their status as federal employees to be included in the endorsements.

Federal employees may use their official titles in connection with some limited private activities, when the title is used as an ordinary term of address, such as "Justice O'Connor," or "Maj. Smith." Once again, employees must be careful that such use does not imply government sanction for the activity.

Use of non-public information: The OGE regulation prohibits an employee from using non-public information for his own or another's benefit. "Use" includes not only releasing non-public information, but also giving advice or taking action based on such information. "Non-public information" is simply any information which has not yet been released to the public, even though it might be released some time in the future.

Non-public information also includes classified and sensitive information. Employees should exercise special care in protecting this type of information. An example of "sensitive" information would be the content of proposals submitted by government contractors. Although this information is not classified, it is highly sensitive, and unauthorized release or use of procurement sensitive information could result in criminal penalties.

Use of public property: A federal employee has a duty to protect and conserve government property and not allow its use for other than authorized purposes. Thus, it would not be proper for a supervisor to ask an employee to type a personal letter during duty hours or to personally use a government computer and printer for the letter. Similarly, photostat machines cannot be used for any personal activities, such as a civic group or church in which you are a member.

In certain limited circumstances, telephones may be used for local personal calls so long as they do not interfere with official activities. For example, you can call your child's school to explain why she was late that day, but you cannot have an extended conversation with her teacher about the math study program. Personal long distance calls may be made if charged to the employee's calling card or home phone number.

Finally, gambling is prohibited on government property. This includes office sports pools.

Use of official time: Federal employees must make an honest effort to devote official time to official duties. Employees cannot actively pursue personal activities while at work and on the job. For example, you cannot run a part-time landscaping business and receive customer calls at work. In a similar fashion, you cannot solicit co-workers to patronize your outside activity. This includes soliciting the purchase of life insurance, kitchen products, or candy or cookies to support a civic or youth group during duty hours in the office.

If you have any questions about ethics in the workplace, you should contact your local ethics counselors. Personnel assigned to Headquarters, Sixth U.S. Army, may contact ethics counselor Col. Dennis Coupe or Deputy Ethics Counselor Maj. Paul Conrad at **561-3131**. For U.S. Army Garrison, Presidio, the ethics counselor is Maj. Stuart Simms, at **561-5591**.

For all military officers and DA civilian personnel at Sixth Army, the Presidio Garrison or tenant agencies who missed the mandatory attendance ethics briefing July 20, a make-up session is scheduled from 10 to 11 a.m., Sept. 2, at the Post Theater, Building 99.

Editor's Note: Novotne is the Headquarters, Department of the Army ethics attorney.

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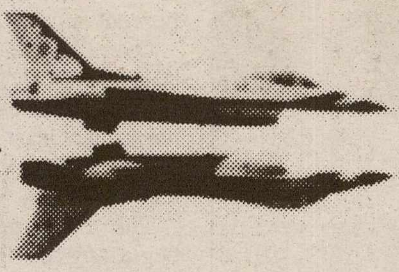

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Presidio News Briefs

Mandatory ethics training

Ethics training for all Sixth U.S. Army and U.S. Army Garrison Presidio civilian personnel and Army officers who missed the July 20 session will be held from 10 to 11 a.m. at the Post Theater, Building 99, Wednesday. **Attendance is mandatory**. Training for enlisted soldiers will be scheduled in 1994. The point of contact is Maj. Paul Conrad, at **561-3131**.

Family child care briefing arranged

There will be an orientation briefing of the Family child Care Program from 9 to 11 a.m. in the Family Child Care office located in the Child Development Center. If you are interested in being a Family Child Care provider, call mary Anne Gianquento, Family Child Care Director at **561-6372** for a reservation and interview. Child care will not be provided for this briefing.

There will be a training session for qualified applicants Sept. 13 through 17. Child care will be available for this training. All children must be registered into Child Development Services before care can be given.

Parent/Child Playday scheduled

There will be a Parent Child Playday from 9:30 to 11:30 a.m. Sept. 9 in the Pershing Community Building at 1539 Pershing. All parents with small children, including infants, are encouraged to attend this professionally-staffed activity session which provides opportunities for art, music, dramatic play, water and sand meal play and food experiences. For more information, call Mary Anne Gianquento, Family Child Care Directory at **561-6372**.

Red Cross classes: The American Red Cross is offering community first aid and safety classes, from 6 to 10 p.m., every second Monday and Tuesday of the month. The fee is $30. The next class will be Sept. 13 and 14. Call **561-2187** to register.

Officers' Spouses' Club luncheon set

The Presidio Officers' Spouses' Club will hold its first luncheon of the 1993-1994 year Sept. 9 in the Presidio Officers' Club. All spouses of active duty and retired officers are welcome to attend. Social hour, sign up for registration and activities begin at 11 a.m. Lunch will be served at noon and will feature a presentation by SATO Travel. For reservations, contact Sherri Miller at **386-3003** no later than noon Sept. 7.

UCDPP limit raised, extended

The Uniform Clothing Deferred Payment Plan now provides total service to the total force. This plan was recently extended to members of all the armed services, whether active duty, National Guard or Army Reserve. This plan offers service members a $500 uniform account with an eight-month payback and no interest charge. Military members can also use their UCDPP accounts for uniform orders from the military clothing catalogs.

Commissary closes for holiday

The Presidio of San Francisco commissary will be closed Tuesday for Labor Day. The commissary will re-open for business at 10 a.m. Wednesday.

Commissary Council convenes

The Presidio Commissary Council meeting will be held at 9:30 a.m. Sept. 10 in the Commissary Conference Room, Building 653. Members or alternates are required to attend; advisors, area mayors, Army Community Services representatives and commissary customers are encouraged to participate.

Youth soccer league starts here

Today is the deadline for registering in the Presidio Youth Soccer League. The registration fee is $15. For information call the Youth Center, Building 386, at **561-5143**.

Learn how to write résumés

The Job Assistance Center from Fort Ord will be available from 9 a.m. to noon Thursday in the third floor conference room of Building 103B to help with résumé and cover letter writing and preparing for interviews. To learn more about the JAC, call **DSN 929-7907** or **(408) 242-7909**.

Morning supping and supplication

The Men of the Chapel will sponsor their bi-monthly prayer breakfast at 6:45 a.m. Thursday in the Religious Activities Center, Building 682. The featured speaker will be Maj. Lindsey Smith, executive officer, Headquarters Command Battalion. The breakfast is free and is open to all interested. RSVP to Maj. John M. Fowler, at **561-3798**.

Flea market scheduled

The next Flea Market is scheduled for 7:30 a.m. to 1 p.m. Saturday in the parking lot in front of Building 204. A valid

See Briefs, Page 13

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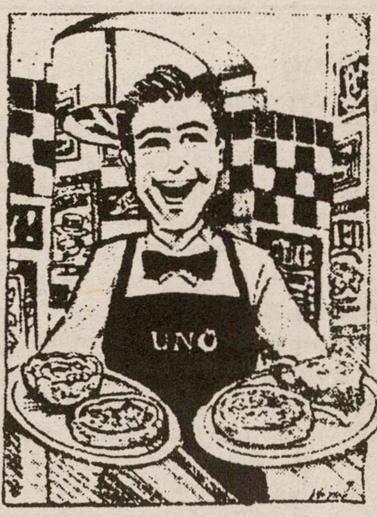

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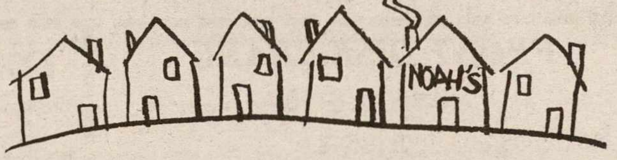

Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around **19th and Sloat** in San Francisco can look for a Noah's Bagels store opening at **Lakeshore Plaza** in July! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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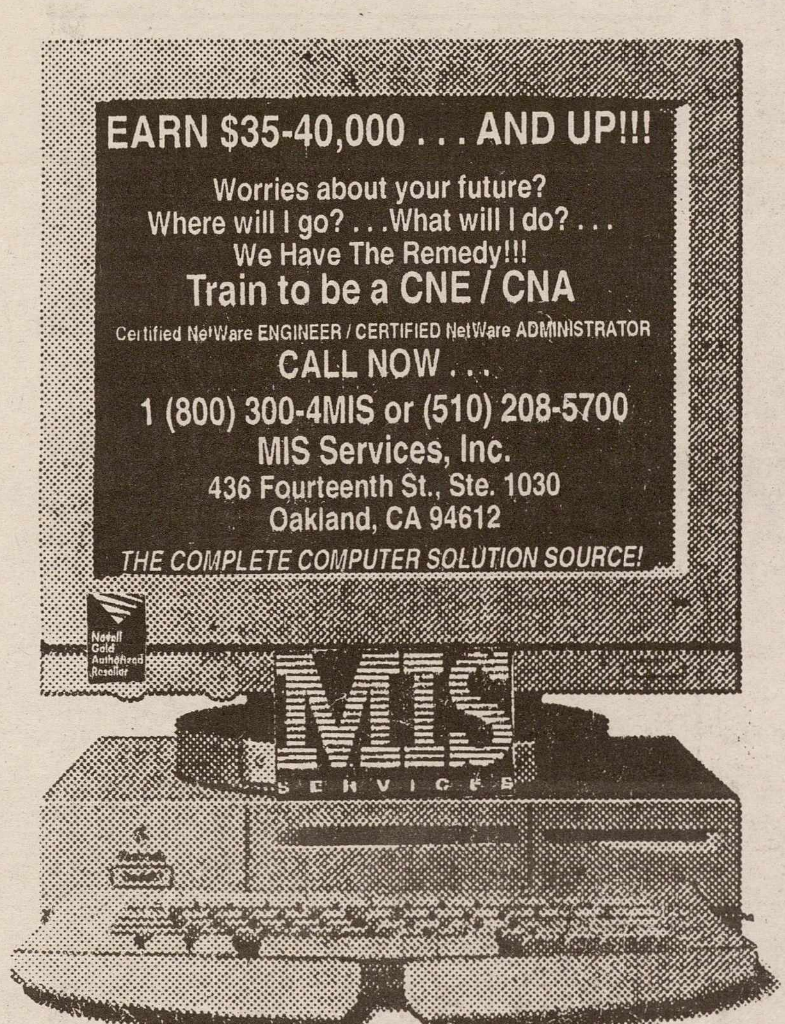

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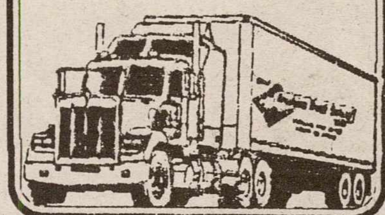

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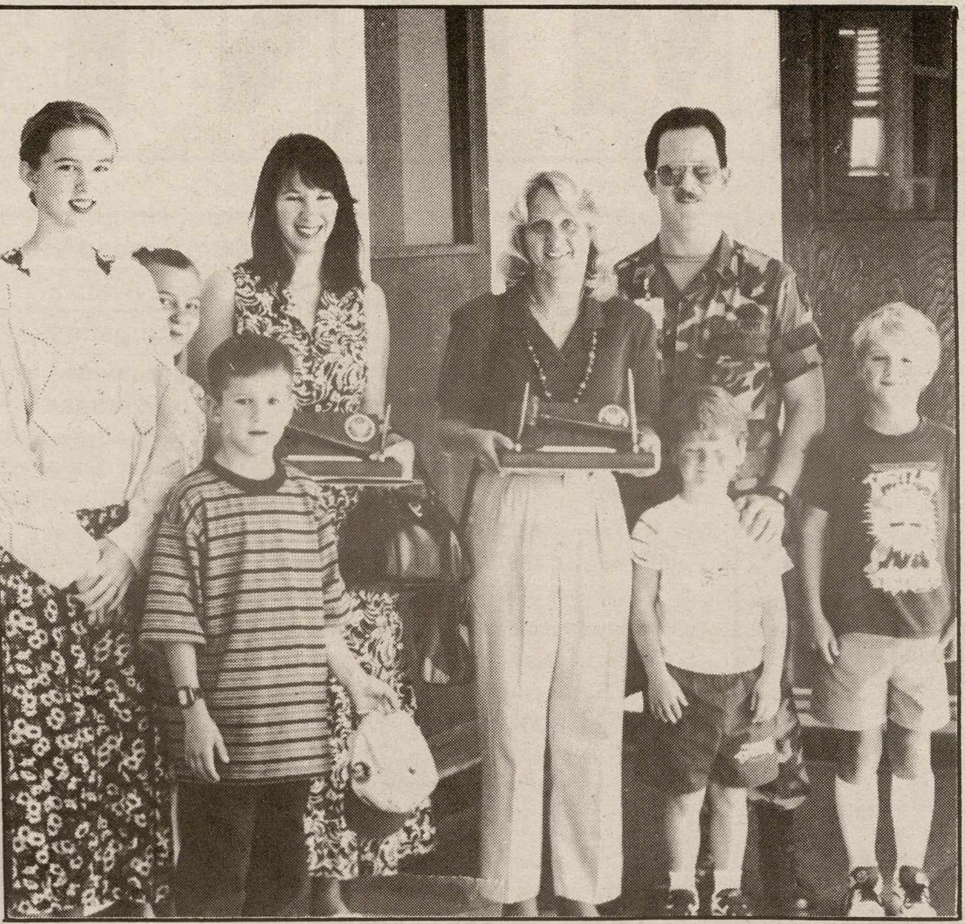

Sgt. John W. McGarrah

Mary Anne Cook and Andrea Hazas, shown here with families, were recognized Monday for their participation in the Presidio Mayors Program by Garrison Commander Gregory A. Renn. The pair have served as mayors for almost two years while stationed here.

Staff Sgt. Pleasant Lindsey III

Supervisors of Presidio youths in the Presidio Teen Enrichment Program represented activities from various sectors of the post.

Presidio welcomes newcomers

The Presidio welcomes the following soldiers who have recently been assigned here or at sub-installations of the Presidio:

Sixth U.S. Army

Majors Robert D. Asbury, David J. Schumann, Bruce A. Mynatt and Vannoy Culpepper, first lieutenants Deanna L. Durham and Joachim A. Gloschat, Sgt. Maj. Glenn R. Bauer and Master Sgt. Ortha B. Gray.

Readiness Group, Presidio of San Francisco

Maj. Mario A. Carrillo, master sergeants Isiah Steverson and Liliea M. Agee and Sgt. 1st Class Ramiro Medina Jr.

Presidian injured in rescue mission

By Spc. Adrienne Story
Star Presidian staff

Staff Sgt. Sandy Silver was hit in the face by falling rocks while she helped move a seven year old girl to safety.

At Baker Beach Saturday, the girl climbed on some rocks about 15 feet from the ground. After realizing how high she was, she froze.

Silver's children were at the beach with her that evening. They told her the girl was stuck on the rocks. Silver and a man who was also on the beach ran up to see if they could help the girl.

"After she made it up there, she couldn't move," Silver said. "She had nothing to grab on to. The rock around her wasn't too sturdy."

The man, who said his sister got stuck on the same rocks at another time, went up to get the girl. Silver climbed up a few feet and waited in case the girl fell. She was prepared to catch her.

As the gentleman grabbed the young girl, rocks fell from under her feet. They hit Silver in the face. She was bleeding and had to be taken to the hospital.

"At the hospital they said, 'You should have called us to get the girl down,'" Silver said. "There was no way we could have waited. It was cold and the girl was scared. If we didn't get her down then, she would have fallen."

Silver's face was just badly bruised. However, the doctor said if she would have been hit just an inch from where the rock fell, all her teeth would have been knocked out.

"She felt so bad, the poor girl," Silver said. "She saw that I was bleeding and hurt and she felt it was her fault. She apologized several times.

"I didn't feel it was her fault," Silver concluded. "The way I see it is, it was better me than her."

Sgt. John W. McGarrah

Col. Frank Janecek , director, Engineering and Housing Division, presented tokens of appreciation to Richard Lee, Mac Burr, Oscar Castaneda, Charles Glass, Richard Hansen, Tom Fry, and Ed Shamma for their years of service and dedication to the Presidio of San Francisco. Not pictured are Russ Batle, Russ Cameron, Alberto Mijares, Bernard Mitchell, Ron Chan, Rogelio Esponilla, Bernardo Marninag, Sang Nguyen, Ken Brown and Helen Lennox.

A Look Back at Presidio History

By Sgt. 1st Class Donald L. Banks
PAO Supervisor

Thirty years ago during the week of August 26-30, 1963:

- Capt. Kenneth N. Good was posthumously awarded the first Silver Star medal for heroism in action in Vietnam. His wife received the award from Brig. Gen. Patrick H. Devine, Chief of Staff, Sixth U.S. Army, during a ceremony at Fort MacArthur. Capt. Good earned the nation's third highest award for gallantry while serving as an advisor to a Vietnamese Infantry battalion in action against Communist guerrillas on January 2, 1963.
- The 6th Region, U.S. Army Air Defense Command, with its headquarters at Fort Baker, began preparations to celebrate its thirteenth anniversary. The command had Nike Hercules batteries located in the Bay Area and at Travis AFB and Los Angeles. The unit's mission was to defend the southern portion of the Pacific Coast from communist air attack.

Twenty years ago during the week of August 27-31, 1973:

- Colonel Robert V. Kane, a 1946 West Point graduate, assumed command of the Presidio from Col. John H. Fye III. The change-of-command ceremony was followed by a retirement ceremony for Col. Fye, who concluded 30 years of active duty service.
- Chief Warrant Officer Michael D. McGwin was presented the Broken Wing Award after he successfully force landed his UH-1H helicopter while on a Search and Resuce mission to Auburn, CA.

Ten years ago during the week of August 20-24, 1983:

- Maj. William Kemmitt, post deputy controller, had the special honor of swearing his daughter, Donna Jean, 19, into the Army. Donna Jean enlisted as a radio teletype operator.
- "Star Trek II: The Wrath of Khan" and "Porky's II: the Next Day" headlined the Presidio Theater billboard, while "Trading Places" and "The Survivors" were showing at Schwartz Theater.

Five years ago during the week August 22-26, 1988:

- John O. Marsh, Jr., then-Secretary of the Army, visited the Presidio to speak on Army themes.
- The Presidio Enlisted Spouses' Club members conducted a door-to-door voters' registration drive.

Spc. Adrienne Story

Moving into the new offices for Headquarters Command Battalion, Spc. Mishner Curtiss, carries boxes to assist in the move. Curtiss will be ending her tour of service to attend ROTC.

TOTAL RACE SYSTEMS
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Crossing the finish line, Lt. Col. Wayne C. Agness, Headquarters Command Battalion commander, hits the 10 mile mark at an impressive time of 1:10.31.

Thousands run Presidio 10-Mile

By Spc. Adrienne Story
Star Presidian staff

More than 1,800 people crowded together, fighting to reach the ends of their journey which took them across the Golden Gate Bridge and back.

The Guardsmen put on the Presidio 10-mile and 3-mile race Aug. 15.

This was the 13th race the Guardsmen put on here. They raised $23,000 to send inner city youths to camp. With its corporate sponsors they raised about $40,000 all together spending $17,000 to put on the race.

There were 50 more runners this year then the last, and the Guardsmen hope to continue the race after the Presidio transfers to the Park Service.

"We hope to continue our relations with the Presidio," Robert Staley, run organizer, said. "We've been successful in raising money.

"Having the run was just one fund raising idea we put together," he continued. "It's the only race that goes across the Golden Gate Bridge both ways. That makes it unique an attracts people."

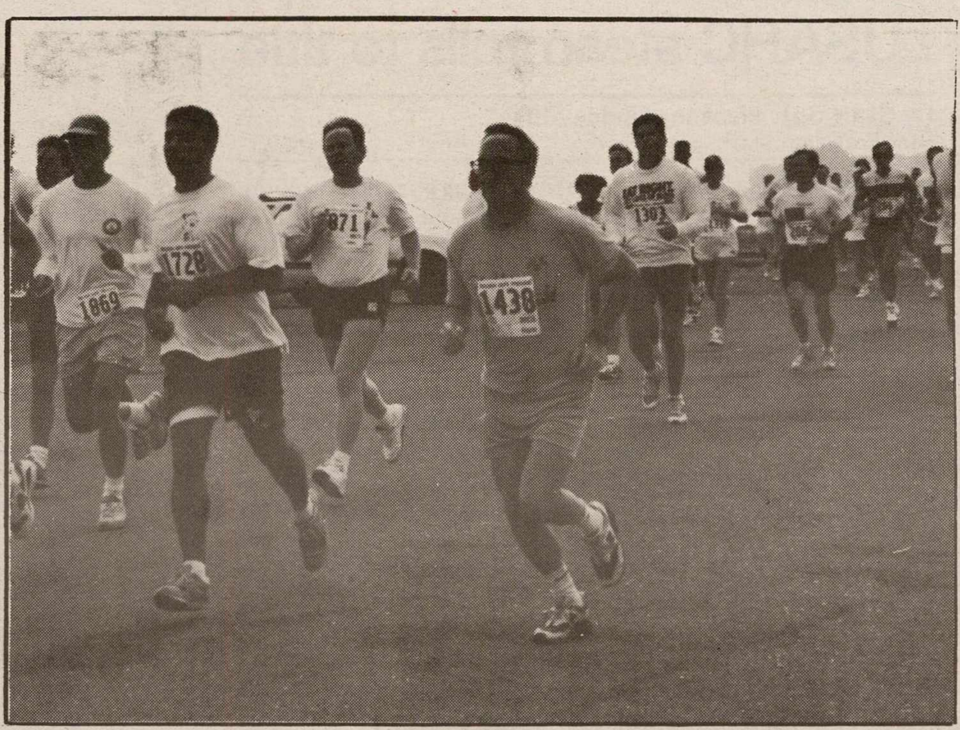
Several Presidians ran the 10-mile race:

Lt. Col. Wayne C. Agness, 58.31;
Bill Driver, 1:36;
Pam Driver, 1:36; and
Maj. Teresa Corbin, 1:38;
Sgt. Maj. John Hansell.

Three mile runners from Presidio include:

Maj. John Fowler,
Pam Fowler and
Sgt. 1st Class Christopher Kennally, 22.45.

Ten mile runners pick up the pace as they near the Golden Gate Brdige.



Setting their pace, Presidio 10-mile and 3-mile runners near the end of Crissey Field. Sgt. Maj. John Hansell, No. 1438, ran the Presidio 10 Mile race.

Stretching before the race, Sgt. 1st Class Christopher Kennally, leads particpants in the hip rotation and other warm up exercises.

Maj. John Fowler, Presidio Provost Marshal, his wife Pam, son Evan, Debra and Rob Tarr ran the Presidio 3-mile run Aug. 15.

LUSAHC steamrolls to title

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

LUSAHC scored 11 runs in the first inning en route to wiping out LEC 19-7 in a tournament elimination game Aug. 18 on Fort Scott Athletic Field.

Law Enforcement Company was trailing 17-3 at the start of the fourth inning. LEC's Dye led off with a double and was followed by Garrett, whose double sent Dye across the plate. Banales walked and Shaw singled to score Garrett. Banales and Shaw also scored in the inning on sacrifice flies.

Leading 11-3 in the third inning, LUSAHC padded its lead with six runs. Wilson reached base because of an error by LEC's third baseman. Canterbury doubled, then Ham and Rogers singled. Two outs later Wallis and Johnson added two more run scoring hits. An error by LEC's center fielder on Fraser's fly ball allowed Wallis and Johnson to score while Fraser reached third.

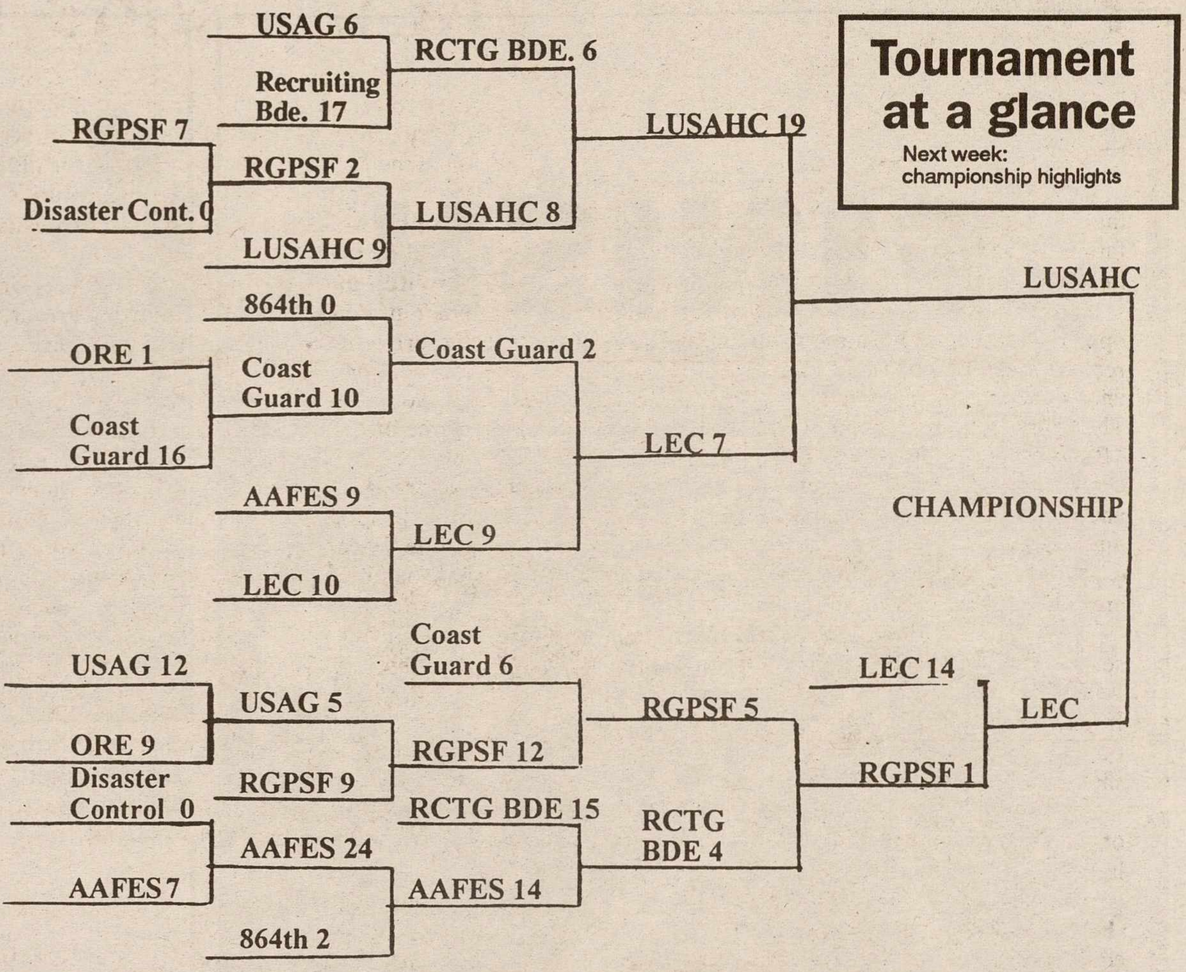
LEC scored one run in the top of the first inning, then produced a comedy of errors in the bottom half as LUSAHC shelled them for 11 runs. LUSAHC's first three batters reached base on fielding errors and later scored. In fact, only two people on the team did not score in the inning. Hansen was thrown out at first and Butler, who was thrown out by the shortstop on his first at bat, was stranded on first his second time around.

LEC made seven errors in the inning.

LUSAHC won all three of its games in the tournament. With a 14-2 record, the team handily laid claim to the league champion trophy and will probably add the tournament cup to its trophy case by the end of the week.

Tournament at a glance

Next week: championship highlights



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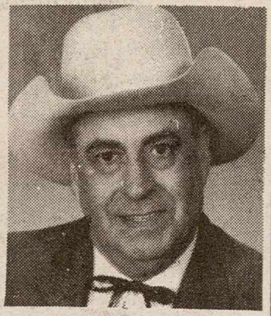
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Food Guide Pyramid aids in balancing meals

By Capt. Maria E. Bovill
Letterman U.S. Army health Clinic

Although health-conscious Americans spend more than $30 billion annually on diet books and special low-fat foods, the majority are not aware that healthy eating includes foods from five basic food groups.

Last year the U.S. Department of Agriculture developed a Food Guide Pyramid to encourage Americans to replace unhealthy high-fat foods with nutritionally balanced meals rich in fiber and complex carbohydrates. The Pyramid replaces the USDA's three-decades-old "Basic Four" guidelines with five food groups: breads, cereals, rice and pasta; vegetables; fruits; milk, yogurt and cheese; and meat, poultry, fish, dry beans, eggs and nuts.

No one food group is more important than another; all are needed for a healthy diet.

The Food Pyramid suggests including at least six daily servings of bread and grain foods in a diet, three of vegetables and two of fruit. Two to three servings each from dairy foods and meat or protein foods also should be included in everyone's diet. Fats, oils and sugars should be used sparingly.

Because breads, cereal, rice and pasta are at the base of the Food Pyramid, grain foods should make up the largest portion of everyone's diet. Following are some easy tips for meeting the 6-11 serving goal:

- **Eat at least two servings each meal.** One serving is considered a slice of bread or roll, a half-cup of pasta or cooked cereal, one-half a bagel or muffin, or one ounce of dry cereal. Try toast and cereal for breakfast, crackers or breadsticks for lunch and rolls for dinner.
- **Snack on bread and other grain foods when on the go or between meals.** Try bagels, breadsticks, crackers, cereal or pretzels.
- **Lighten up toppings or try it plain.** Grain foods are not fattening; butter and mayonnaise are high in fat. Experiment with jams, interesting spices, red sauces or low-fat spreads.

Choosing foods based on Pyramid recommendations is one of the easiest, most affordable ways to lower fat intake.

Here is a suggestion for a well-balanced meal: for breakfast, eat one-half cup cooked cereal, one slice whole-wheat toast with one teaspoon margarine, a banana and eight ounces of skim or one-percent milk.

Lunch could include a ham sandwich on white bread with sliced tomato and lettuce or one cup of oriental noodles with your favorite vegetables; two plums and eight ounces of skim or one-percent milk.

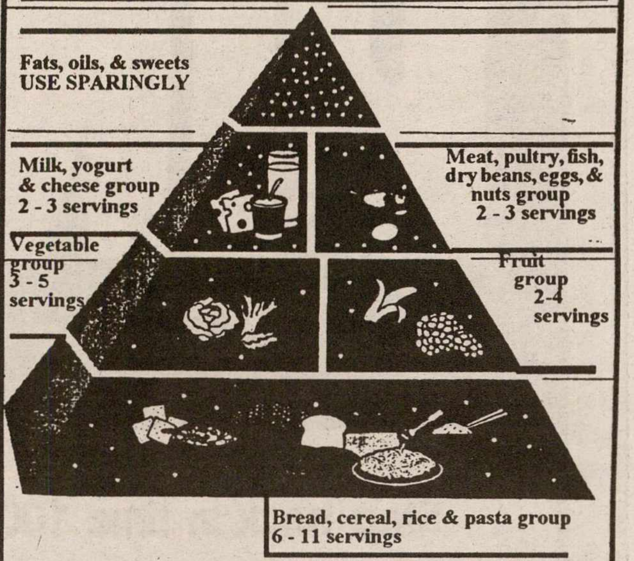
For dinner, enjoy a green salad with one tablespoon low-fat dressing, a three-ounce beef kabob, one dinner roll, one-half cup cooked pasta, one cup cooked broccoli and one-half cup strawberries on angel food cake. Try a muffin or bagel, one orange and eight ounces of skim or one-percent milk for snacks.

For more information on good nutrition and grains contact the Nutrition Clinic at Letterman U.S. Army Health Clinic at **561-2664** or **DSN 586-2664**.

FOOD GUIDE PYRAMID

A guide to daily food choices.

United States Departments of Agriculture and Health and Human Services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Vegetable group 3 - 5 servings
Fruit group 2-4 servings
Bread, cereal, rice & pasta group 6 - 11 servings

Use the food Guide Pyramid to help you eat better every day... the Dietary Guidelines way. Start with plenty of Breads, Cereals, Rice and Pasta; Vegetables; and Fruits. Add two to three servings from the Milk group and two to three servings from the Meat group. No one food group is more important than another - for good health you need them all. Go easy on fats, oils and sweets, the foods in the small tip of the Pyramid.

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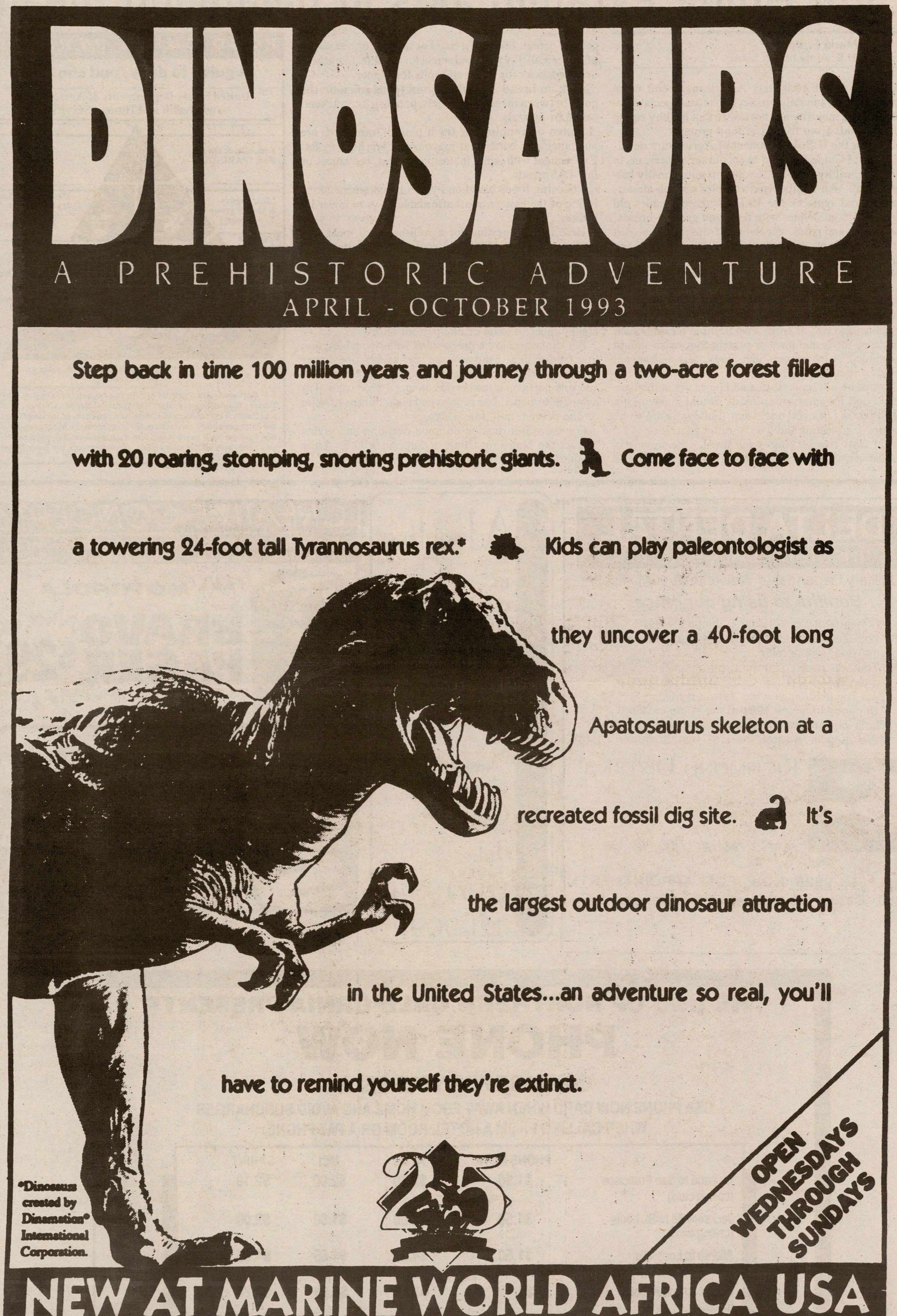

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Sunday-Son in Law (PG-13)
Sept. 3-What's Love Got To Do With It(R)
Sept. 4-Cop and a Half (PG)
Sept. 5-Hot Shots Part Deux (PG-13)

All movies begin at 7 p.m.

1296 E-54

Briefs, Continued from Page 5

"unlimited" military identification card is required to rent vendor space. No reservations are needed. The Thrift Shop will also be open for sales to the public at 9 a.m. For any assistance call Adeline Michel **922-3384**.

Bible studies held here on post

The Gospel Prayer and Praise group holds its Bible study classes from 6:15 to 7:30 p.m. Tuesdays, and prayer and praise services from 11:30 a.m. to 1 p.m. Sundays, in the Religious Activities Center, Building 682.

Sunday school classes begin soon

Protestant Sunday School and Catholic CCD classes will begin their fall quarter Sept. 12 at the Religious Activities Center, Building 682. Protestant classes include age groups from 3 years old up through adult and will begin at 9:30 a.m. Catholic classes include age groups from children 4 years old up though junior high and will begin at 11 a.m. If you are interested in helping teach or if you want information about registration, call **561-3535** or **561-4719**.

Scouts hold regatta Saturday

Cub Scout Pack 77 is holding a Raingutter Regatta at 1 p.m. Saturday at the Scout Hut, Building 1331. All returning Scouts are welcome, and all interested boys are invited to come see what Scouting is all about. for more information, contact Jim Newell at **561-2682**.

Officer Candidate School scheduled

Commander, Total Army Personnel Command has announced the next Officer Candidate School selection board will be from Oct. 20 to 22. Applications must be received at PERSCOM, complete and error free, by Oct. 1. For additional information, contact Sgt. Anthony Lockhart, Personnel Operations, at **561-3297** or **561-2151**.

Pretransition briefing set

The Military Personnel Division here will conduct a pretransition briefing from 8 a.m. to Noon Sept. 17 at the Presidio Audio/visual Center, Building 603. Topics will include veterans benefits, employment assistance, property shipment, legal assistance, travel entitlements, and outprocessing procedures designed to help make the transition to civilian life as simple as possible. In accordance with Army Regulation 635-10, soldiers scheduled to separate and/or departing for transition (terminal) leave prior to separation between Oct. 31 and Dec. 31 (except retiring) from the Army **must attend** this briefing. For more information contact Sgt. Anthony Lockhart, Personnel Operations, at **561-3297** or **561-2151**.

Washington Boulevard partially closed

A portion of Washington Boulevard will be closed to all traffic from 6 a.m. to 6 p.m. each day from today through Sept. 3 while Montgomery Watson, Americas conducts a site investigation in the area.

During this project, north bound traffic from Washington Boulevard will be routed through Kobbe Avenue and Harrison Boulevard back to Washington Boulevard. South bound traffic will be routed through Harrison Boulevard to Kobbe Avenue, and then back to Washington Boulevard. Montgomery Watson, Americas will supply, place and maintain all traffic controls.

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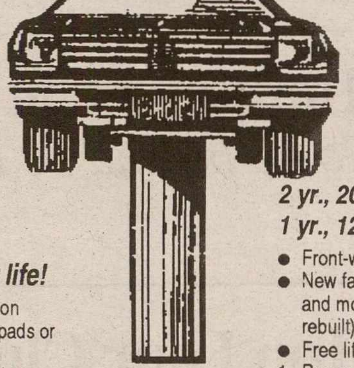

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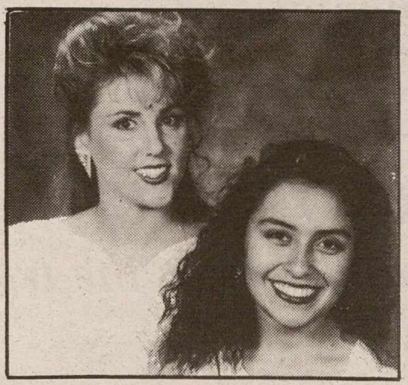

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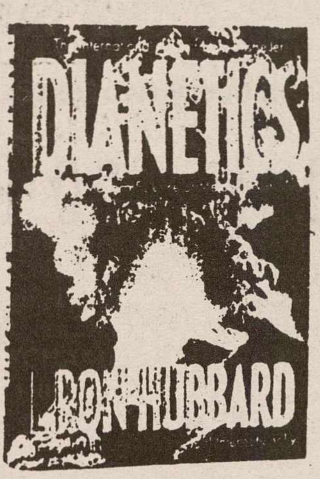

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IN.6

Star Presidian

Vol. 38, No. 33 Published for the Presidio of San Francisco Community Sept. 3, 1993

Recycling:

The everyday way to help save the Earth

By John T. Headlee
DEH Environmental Engineer

The Presidio of San Francisco currently recycles cardboard, motor oil, oil filters, batteries, freon from auto air conditioners, tires, brake shoes, aluminum, glass and plastic bottles.

All of these products either cost money which is refunded or are recycled for the value of the materials. Alternatives may exist that will help the Presidio further reduce its waste through recycling, but it is expected that this will cost money.

Army Regulation 200-1, Chapter 6-14, Paragraph a.6 states, "Army installations and activities that do not have their own established recycling program will cooperate to the extent practicable in recycling programs conducted by the civilian community."

Current recycling activities at the Presidio fall under this regulation. Between July 1989 and May 1992, a qualified recycling program (including white paper) existed but ran up a $6,000 per month deficit and was therefore terminated.

Department of Defense Directive 4165.60 requires that installations with more than 500 families recycle newspaper. In conversations with the solid waste authority at the Engineering and Housing Support Center, Fort Belvoir, Va., it was indicated that this directive is currently under revision.

The post's program

The Presidio recycles approximately 300 gallons of used oil collected at the AAFES Service Station each month. It is taken by Evergreen Environmental for a charge of 60 cents a gallon. The Auto Skills Center disposes of about 100 gallons of mixed oils with the same firm each month. A small quantity of used motor oil is disposed of through the Defense Reutilization Maintenance Office as a hazardous waste at a cost of $4 per gallon. Thus, paying Evergreen Environmental to recycle oil is both economical and desirable because it is recycling versus disposal.

The Grand Auto Supply Store located at 2246 Lombard Street will take small quantities of Presidio residents' waste oil free, which avoids the cost of either recycling or disposal.

The AAFES Service Station drains all oil filters for 24 hours and puts them in sealed drums which are then removed by Evergreen Environmental and presumably baked out before recycling.

Almost 400 tires a month are disposed of at the AAFES Service Station through Tire Resources Inc. of Oakland. The cost per tire is 89 cents. It is not known if TRI recycles tires or disposes of them, although the company name suggests that they do the former.

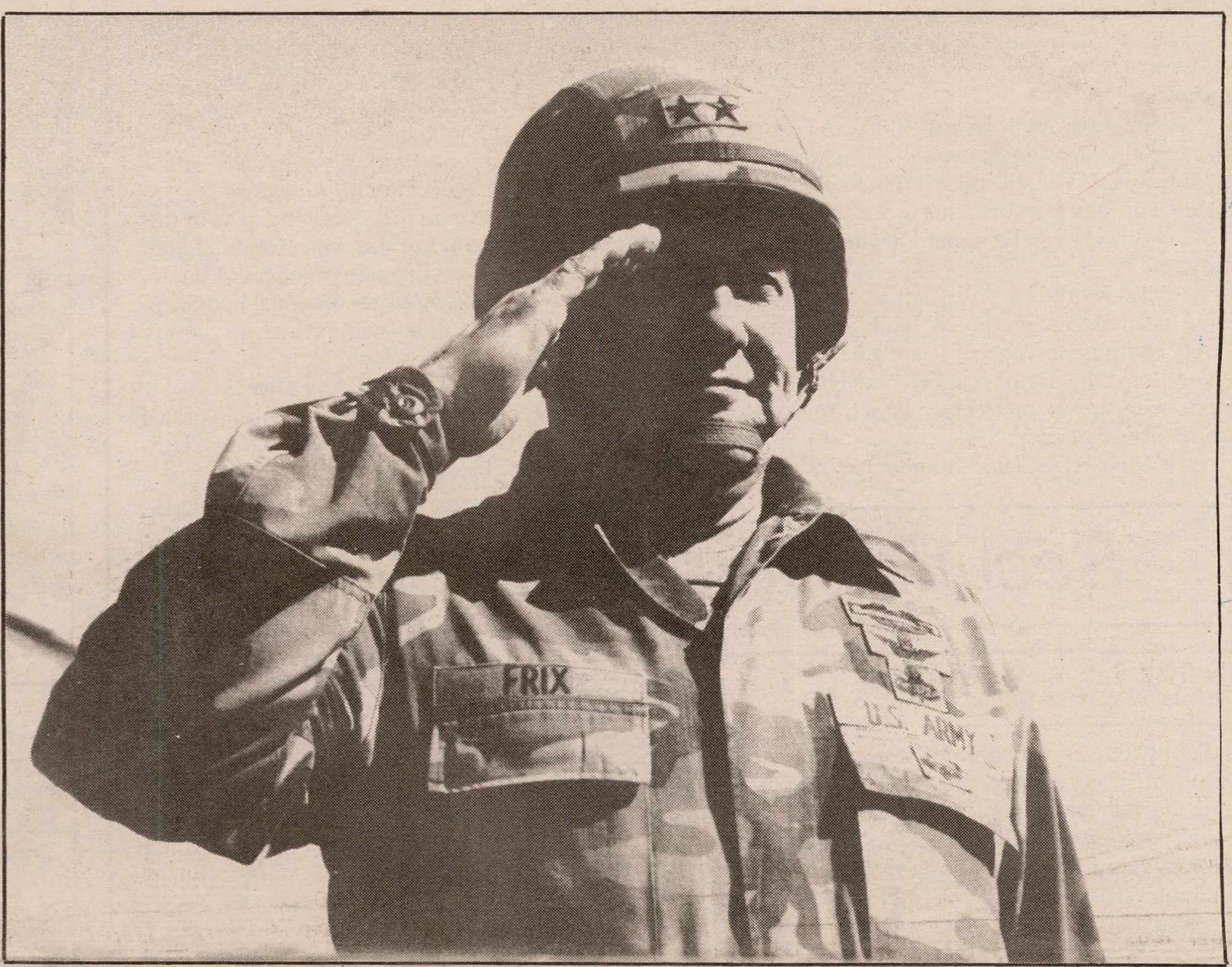
Johnson Controls, Inc., the preeminent battery manufacturer in the U.S., picks up all used batteries at two week intervals when they deliver new batteries. Because it is the largest battery manufacturer and given that used batteries are recycled within the industry, one can assumed that this firm recycles the batteries they collect from AAFES. Observations conducted over the last 100 days indicate that approximately 45 batteries per month are recycled in this manner.

Freon from car air conditioning systems is recycled on the spot by AAFES using collection and charging machines. The amount reused is .2 pounds a week, which is the amount used to recharge one vehicle.

All used brake linings are returned to the manufacturer. Used linings are collected weekly.

Aluminum cans, glass and plastic bottles are recycled through recycling Igloos placed at main post, Outdoor Recreation and the Golden Gate Club by Pacific Rim Recycling. These materials are recycled for the cost of being taken away. In addition, there are other informal

Continued on Page 3



Spc. Adrienne D. Story

Maj. Gen. Robert S. Frix, incoming deputy commanding general (active component), Sixth U.S. Army, salutes while To the Colors is played at his welcoming ceremony Aug. 27.

Sixth U.S. Army, Presidio welcome new deputy commanding general

By Spc. Adrienne Story
Star Presidian staff

A welcome ceremony for the new deputy commanding general for the active component for Sixth U.S. Army was held Aug. 27 on the Main Parade Field here.

Maj. Gen. Robert S. Frix brings more than 30 years of experience to the Sixth U. S. Army.

Commanding General for the Sixth United States Army and the Presidio of San Francico, Lt. Gen. Glynn C. Mallory, Jr., was the host commander at the ceremony. Frix was the reviewing officer and Col. Giles F. Crider, Sixth U.S. Army chief of staff, served as the commander of troops at the ceremony.

Before the ceremony began, Linda Mallory presented a bouquet of flowers to Maureen Frix.

The Sixth U.S. Army Band, led by Chief Warrant Officer Orville Gannon, performed Sound Off, Retreat and Honors to the Nation. The Sixth U. S. Army and Headquarters Company, U.S. Army Garrison, performed a 13 cannon salute appropriate for the rank of major general.

After attending Texas A & M College for one year and upon graduating from the U.S. Military Academy at West Point, New York, Frix was commissioned as a second lieutenant in the Infantry.

He has served in a variety of assignments at several different Army installations.

"I am extremely pleased to welcome to the Sixth U.S. Army and the Presidio a great soldier and a great American. Maj. Gen. Bob Frix comes to us with a distinguished and outstanding record as a leader, a teacher, a warrior, and as a great role model for our young soldiers," Mallory said at the ceremony. "There are many, many adjectives I could use to describe the life and accomplishments of Bob Frix..., but if I had just one word to best describe him, that would have to be the word 'respected.'

"[He] has been a successful leader of soldiers at every level of command from a rifle platoon leader to commander of the Third Army Forward Command Post, controlling the battle forward during Desert Storm," Mallory continued. "He has honorably served our Army and our nation during times of conflict as well as during times of peace."

Frix commanded Task Force Freedom during the restoration of Kuwait.

He also commanded Joint Task Force Kuwait, U.S. Central Command during Operation Southern Watch and the Enforcement of United Nations Resolution 688.

"My recent service with reserve component soldiers in operations in the Middle East has made me a strong advocate for the Total Army Concept," Frix said.

"We could have never fought and won the Gulf War without all the dedicated Reserve Component soldiers to include their families and community support. "In fact, anybody that had anything to do with the military in the last years helped win. More important, it was magnificently supported by the American people, which was very much appreciated," Frix continued.

"This remains a troubled world, one which requires the United States to have a strong, capable military and Army--an Army that is well trained and well led. More than ever before we need a ready total military with a ready Reserve Component," said Frix.

"I am indeed honored to represent all of the men and women of Sixth U.S. Army and the Presidio in welcoming Bob, Moe [Maureen] and their wonderful family," Mallory said. "I know that they will enjoy their time here and they will come to appreciate the traditions and beauty of this historic post.

"To a soldier, classmate, and friend, I say welcome and I am very glad to have you," Mallory said.

Joining Frix on this tour is his wife, the former Maureen Mullins; one son, Alexander and one daughter, Michele. Frix is involved in Scouting events and youth development activities.

"My family and I are very, very happy to be here," Frix said. "We are proud to serve with the Sixth U.S. Army and to live in this unique area. I am especially pleased to serve with the Sixth U.S. Army area soldiers and their important mission--readiness and training."

Monday: Labor Day safety should be priority

By Ronald F. Hall
Special to the Star Presidian

Labor Day, for many, marks the official end of the summer vacation season -- time for just one more blow-out.

Many individuals and families will take advantage of the opportunity to visit recreational areas on their final big outing of the year. Travelers must be especially alert to drive defensively with the increased motor vehicle traffic on streets and highways.

Personnel who will be traveling are reminded that careful planning is essential for a safe and pleasant trip. Vehicle operators should be well rested and alert before starting a trip. Skillful holiday driving can be impaired when a person is fatigued.

Vehicles should be given a pre-trip inspection, have needed repairs made, and the necessary safety equipment secured. It can't be emphasized enough that the use of seat belts in vehicles is the basic measure to prevent or lessen injury if an accident does occur.

Don't drive if fatigued or under the influence of alcohol. Since alcohol is considered to be the cause of half of all traffic deaths, it's obvious that drinking and driving do not mix.

Drowning also continues to be the second leading cause of accidental deaths. Therefore people are strongly encouraged to use only swimming areas in which qualified lifeguards and approved lifesaving equipment are provided.

Unfortunately, statistics prove that previous Labor Day holidays have been marred by tragic, accidental, fatal and disabling injuries nationwide.

We face the same challenge this holiday period. The goal of a safe holiday can be achieved, but it will require everyone working together. It's a challenge and one worth an all-out effort.

It is my sincere desire that every member of this command will have a happy and memorable Labor Day holiday by observing safe practices at home, on the highways and in all recreational activities. Let us all enjoy this holiday without a serious injury or fatality.

Safety First. Safety Last. Safety always!

Editor's Note: Hall is a safety and occupational health specialist for the Directorate of Safety , U.S. Army Garrison, Presidio of San Francisco.

Security Corner/Shoplifting

By Staff Sgt. Marian Anderson
Provost Marshal's Office

Shoplifting is deliberately stealing merchandise from a store, depriving both the store owner and the patrons. Shoplifters think it's an easy crime to commit and believe it's difficult to get caught. Shoplifters are of any race, age, or sex, and come from every rung on the social ladder. Usually they have the money to pay for what was stolen. Shoplifters steal for a variety of reasons: an intentional act committed out of greed, a spontaneous or impulsive act committed for the thrill, an immature compulsion due to deprivation, or an indirect need for attention or help.

Whatever the case may be, it's wrong and illegal. We become the victims of the crime, since stores have to pay for their loss. They must add in not only the cost of the item, but what it costs to protect it. Store detectives equipped with sophisticated surveillance equipment greatly enhance the detection and arrests of shoplifters.

What happens if you trade your future for stealing merchandise? The trouble you get into will become much more than you bargained for. You become a subject of an illegal act.

The Army and Air Force Exchange Service and the Presidio Military Police will take action against all shoplifters, no matter what the value or size of the stolen item. You will be apprehended, searched, possibly handcuffed, and escorted from the store. The nauseating rush of anguish, humiliation and shame drives most people to tears.

No one has special immunity. You will be processed by the MPs for your actions. You risk gaining a permanent criminal record, which greatly reduces the opportunities for employment or obtaining or retaining a security clearance. Not a very nice portrait, is it?

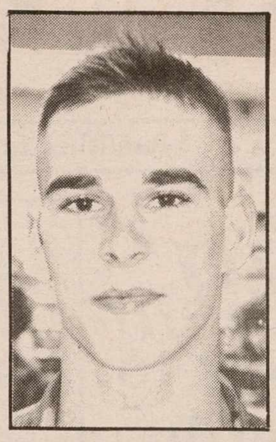
Shoplifting is stealing. It's a bad deal that hurts everyone. Don't encourage it, and don't do it. Fortunately, most of us are law-abiding citizens who assist in preventing crime, which is, by far, the better deal.

If you or someone you know has or feels the need to steal, seek professional help. If you observe someone who is acting suspiciously or appears to be taking merchandise from a store without paying for it, quietly tell a salesperson or cashier and let him or her alert store security. AAFES Security and the Military Police will investigate further.

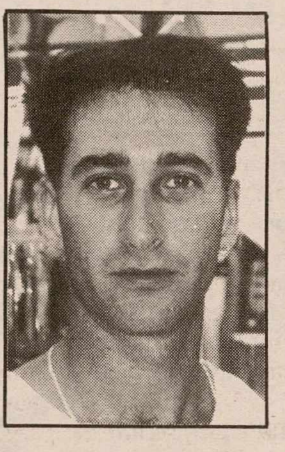
For more information on crime prevention, call **561-5739**.

Ask Presidians

"What comments or concerns would you like the Garrison Commander Col. Gregory Renn, to address?"

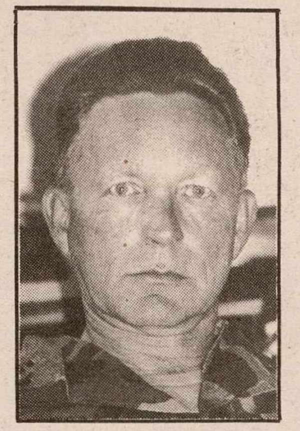


Spc. Jay Pope, Ceremonial Platoon, Hq. Co., USAG: "We need more MP patrols down in the Baker Beach area, especially on weekends. Now that it's nice (weather), it gets out of hand. There are always people in our yard."



Pvt. 2 Brendan Gallagher, administration clerk, 445th Civil Affairs Group: "I think things are getting better for everyone at the Presidio. New barracks, the roads are newly paved, and the selection at the PX has never been better. I can even get a hunting license here at the PX. Things are as great as they could be, considering the post is closing."

Sgt. Gloria S. Smith, Report of Survey Section NCO, DOL: "We need to know what plans have been made, as far as the Day Care Center closure. What other options will be available to parents still stationed here? The post will remain open until September 1994, however, the center is scheduled to close in July. Alternatives need to be discussed with parents. I feel there should be a meeting to address this with parents, a lot of whom don't even know the center is closing."



Chief Warrant Officer Forrest Holloway, administration assistant to the senior National Guard Army Advisor: "I really enjoy being stationed here at the Presidio, however, I'm starting to see a significant drop in customer oriented support in activities around post in both availability to soldiers and in the quality of service provided. A prime example would be the other night we went to the movies here, and it broke four times. Activities such as the golf course and barber shop close before most soldiers are off-duty."

Interviews by Sgt. John W. McGarrah

Labor Day!

Let's be careful out there.

Star Presidian

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Recycle, *Continued from Page 1*

aluminum can recycling bins at other locations.

The community recycles 30 tons of cardboard per month at a price of $10 a ton. Currently this money goes toward paying off the $17,000 cost of the cardboard compactor that was purchased in 1989. Observations conducted over the last 100 days indicate that the Post Exchange recycles 3.6 tons of cardboard per month.

The price received for recycling commodities has dropped by roughly 60-percent as recycling has become prevalent. Perhaps the only commodity at the Presidio which may be more valuable than the cost of collection and disposal is aluminum cans.

The Logistics Control Activity computer activity, a generator of sizable quantities of computer paper, is leaving post by September. The avoided cost of paper disposal is approximately $30 a ton.

The Presidio recycling program is currently operating along approximately the same lines as civilian recycling programs.

If you have any questions or comments about recycling or waste reduction, call John Headlee in the DEH Environmental Office at **561-5945.**

Baby welcomed to world from back of ambulance

By Spc. Adrienne Story
Star Presidian staff

At 8:15 a.m. another Presidian was born. However she was not born in a hospital or clinic, Cassandra Littleton was born in an ambulance.

A Presidio ambulance responded to a call from the fire department at about 7:55 a.m. Aug. 23.

In less than five minutes, Paramedics Jim Nielsen and Spc. James Ropp dashed into the Pershing housing area.

When they arrived Shirley Littleton was having contractions about two minutes apart.

"Her water sack had not broken. This was her third child. The previous labor lasted three hours and this time she had not been in labor that long," Nielsen said. "Delivery did not appear to be imminent at the time, so we decided to transport her to Children's Hospital where her doctor was going to meet us."

However, the baby had other plans.

About two minutes into the trip as they were traveling up Arguello Boulevard, Littleton's water broke.

Ropp pulled the ambulance off the road and a 7 pound, 2 oz. baby girl was born.

"They were great," Littleton said about the paramedics. "I wasn't nervous at all. They both did a great job.

"I had no idea that I wouldn't make it to the hospital," she continued. "If I had it all to do over again, I still would deliver in the ambulance again. These guys were absolutely gorgeous. They put out their arm for me, and said if I needed to hold on to them, I could.

"Sometimes in a hospital you are nagged, and there are more people around," the new mother said. "I could tell the paramedics had experience, and I was very comfortable with them. It was a great experience for me."

This was the third delivery Nielsen assisted in. One was in the front seat of a car, so this delivery was not difficult for him.

Ropp also had assisted in three deliveries, two in an ambulance and one in a clinic.

"It's just great. I've been in the business 20 years, and you get all kinds of calls, but these are by far the best," Nielsen said. "You don't get the chance to assist in a delivery very often. It's nice when you get a chance to bring a new life into the world."

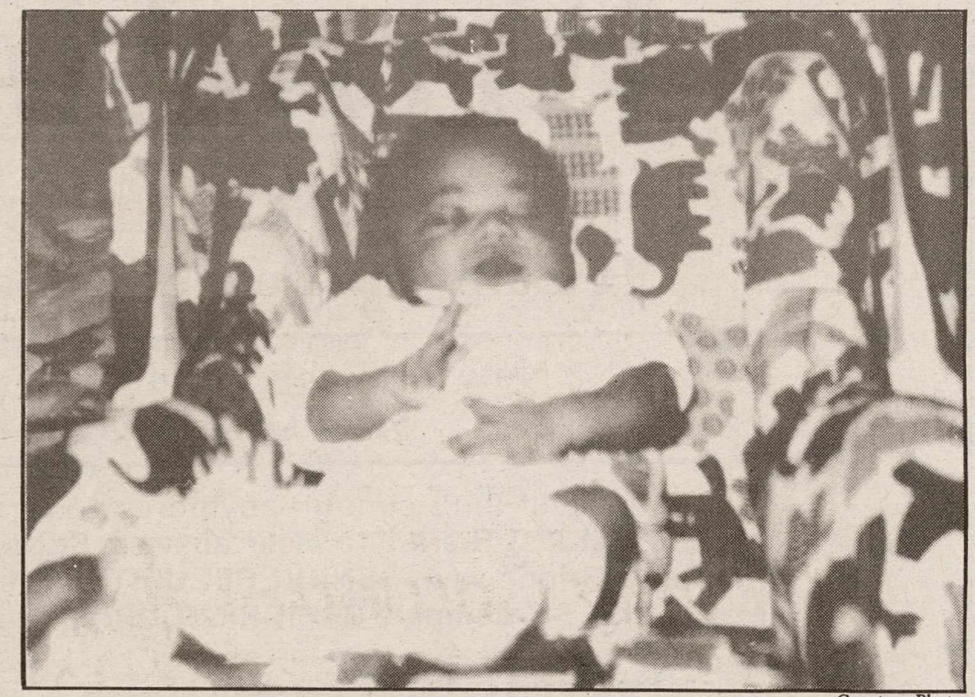
"I was a little nervous," Ropp admitted. "I was concentrating on keeping the ambulance on the road. I knew that everything would be fine. There were no indications of a breech birth or any problems."

Delivery in an ambulance is not as easy as inside a hospital, the paramedics said.

"Space is very limited so it is a little more difficult inside an ambulance," Ropp said. "If we wouldn't have responded so quickly there could have been problems. The patient probably would have went into full blown labor and delivered in her home without any assistance."

"I'm glad the delivery went this way. It was wonderful and exciting," Littleton said. "This birth was so easy. There were no complications and the paramedics were absolutely terrific.

"I was surprised and shocked when I saw my baby after she was born. It's the most wonderful feeling. All the pain was gone. I could relax, and hold my beautiful baby in my arms."



Courtesy Photo

Cassandra Littleton, now almost two weeks old, was born in a Presidio ambulance Aug. 23.

Main Post Chapel faithfully serves post for 62 years

Staff Sgt. Pleasant Lindsey III

The congregation enjoys a potluck luncheon in the beautiful weather at the Main Post Chapel's 62nd Anniversary Celebration Sunday.

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

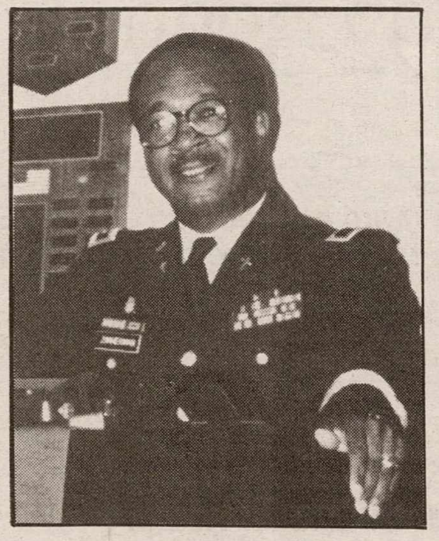
The Main Post Chapel celebrated its 62nd anniversary Sunday with special music by the Sixth U.S. Army Saxophone Quartet and a sermon by the U.S. Army chief of chaplains.

The celebration concluded with a potluck anniversary picnic on the chapel grounds.

Maj. Gen. Matthew A. Zimmerman, Army chief of chaplains, said at the start of his sermon: "Someone understood years ago that it's not enough to go to church on Sunday. You've got to walk the walk, Monday through Saturday as well." He said that grace and the people's dedication brought the Main Chapel through 62 years of existence.

"This chapel reflects the noblest aspirations of thousands of military people," said Chaplain (Lt. Col.) Jerry Mize, post chaplain. "It's a memorial to love for God and for our country."

The Main Chapel is a Spanish colonial revival building with Spanish tile covering the bell tower and gabled roof to mimic the style of old California missions.



Maj. Gen. Matthew A. Zimmerman

The 2,364 square foot sanctuary has a seating capacity of 220.

The chapel was constructed by the Works Progress Administration and dedicated Aug. 4, 1931. The total cost of the building was $40,000. In 1933, a bronze bell was purchased for $307.20 and placed in the bell tower.

"Those who worship here have found in its sacred walls inspiration, and in return have given inspiration to the whole Presidio community," Mize said. A tour of the chapel gives a glimpse of the passions that have prevailed under its roof and the sentiments with which it was built.

Memorial plaques grace the walls giving insight to the chapel's history. For example, one plaque indicates that Daniel Kendig was a chaplain at the Presidio for 26 years. On the rear wall is a plaque dedicated to Chaplain George F. Rixey who planned and sponsored the building's construction.

Rixey secured flags from several of the units which were formerly stationed at the Presidio. The flags are displayed from the chapel's ceiling after a custom dating back to medieval times when standards and banners were mounted to the walls of the cathedrals and parish churches. The flags that now hang from the ceiling are replicas of some of the originals, which had deteriorated or been placed in the Presidio Museum as historical pieces.

Various units and veterans organizations donated the stained glass windows as well. The pipe organ was built and installed by the Oliver Organ Company of Berkely, Calif. The company soon went out of business after completing the contract.

Located on the eastern wall of the chapel in the portico is a Victor Arnautoff fresco painted in 1935 that depicts the history of the Presidio of San Francisco. It is a piece of depression era art titled "*The Peacetime Activities of the Army*," and depicts Spanish soldiers arriving, the natives of the area, the Mexicans' arrival, followed by the Americans.

The chapel grounds include a granite rock memorial to all Army chaplains, a Memorial Garden with more dedication plaques, and a Vietnam Veterans Memorial dedicated May 25, 1986. The Vietnam memorial displays the Prisoner of War/Missing in Action flag plus the flags of the Army, Air Force, Coast Guard, Marines and Navy.

The chapel hosts two Protestant worship services every Sunday at 9 and 11 a.m.

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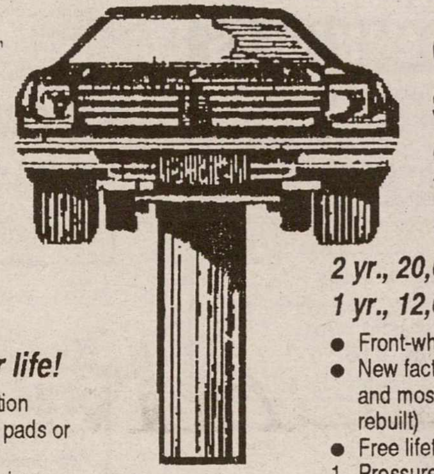

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Presidio News Briefs

Sole parent retreat set for Sept. 10-12

A free retreat for single parents and their children is scheduled to go to Lake Tahoe Sept. 10-12, sponsored by the post chaplains. The chapel will provide the food. To register, call Cpl. Marina Urroz at **561-4719** by Tuesday.

CDC hosting family day activities today

The Presidio Child Development Center Family Day will be from 11 a.m. to 4 p.m. today at Pop Hicks Field at the South end of Hicks Road off Barnard Avenue on the Presidio. The outing will celebrate the last day of the summer program for the school age children at the center. Contact Gloria Card for more information at **561-3588**.

Parent/child play day set for Thursday

There will be a Parent/Child Play Day from 9:30 to 11:30 a.m. Thursday in the Pershing Community Building at 1539 Pershing. All parents with small children, including infants are encouraged to attend this professionally-staffed activity session which provides opportunities for art, music, dramatic play, water, sand and cornmeal play and food experiences. For more information, call Mary Anne Gianquento, Family Child Care director, at **561-6372**.

Emergency leave donation requested

Herman Fox, an employee at the Directorate of Logistics is experiencing a medical emergency. He is an approved participant in the Voluntary Leave Transfer Program and has exhausted all sick and annual leave. Anyone wishing to donate annual leave should call the Civilian Personnel Office, Management-Employee Relations Division at **561-3780**. Thank you for your support.

Officers' spouses' Club luncheon set

The Presidio Officers' Spouses' Club will hold its first luncheon of the 1993-1994 year Thursday in the Presidio Officers' Club. All spouses of active duty and retired officers are welcome to attend. Social hour and sign-up for registration and activities begin at 11 a.m. Lunch will be served at noon and will feature a presentation by SATO Travel. For reservations, contact Sherri Miller at **386-3003** no later than noon Tuesday.

ROA chapter meets, dines at Fort Mason

The Reserve Officers Association Presidio Chapter 6 will meet at 6:30 p.m. Thursday at the Fort Mason Officers' Club. After a social hour, dinner will be served at 7:30 p.m. with a program to follow at 8:30 p.m. The meal cost is $16. The program will include a slide presentation titled First-timers' Impressions. For reservations, call Angus Loop at **(510) 531-6401**. Should you choose not to dine, you may make reservations for the program only.

Hair stylist needed at post beauty shop

The Post Beauty Shop is looking for a hair stylist who specializes in black hair care. Contact the beauty shop manager at **567-6175**.

TSC sets temporary closure dates

The Training Support Center, Building 603, will be closed tomorrow and Sept. 11. Also, the 1st Floor of the building will be closed from Sept. 20 through Oct. 1 for asbestos removal. The photo and graphics area on the 2nd Floor will be open for business as usual. There can be no use of the TSC Auditorium, no equipment or film loans during that time so plan your missions accordingly. TSC personnel will not be allowed to enter the area and no emergencies will be honored. The TSC point of contact is Marilyn Roberts at **561-2628**.

Assertiveness, safety training for youths

The Presidio Youth Center is offering free assertiveness and personal safety training for youths ages 12 to 18 years from 7 to 8:30 p.m. Sept. 15 and 22 at the Youth Activities Center, Building 386. RSVP to Steve Miller, Religious Activities Center, at **561-3535**.

Also, the Youth Center is offering youth effectiveness training from 4 to 6 p.m. Mondays and Thursdays through Sept. 30. Topics include having fun being yourself, communicating with people who hassle you, and getting along with parents. RSVP to Bill Bough at **561-5143**. For additional information about these activities, call Karen Kaho at **561-5155**.

Stress management classes offered

Presidio Army Community Services is offering effectiveness and stress management training from 7 to 9 p.m. Mondays and Thursdays at the Child Development Center, Building 387. Space is limited. These classes offer an opportunity to learn skills to manage your stress and to have more fulfilling relationships. These classes are free, with free child care available on a reservation basis. To sign up and to reserve your child care, call Karen Kaho at **561-5155**.

See Briefs, Page 10

EMPLOYMENT

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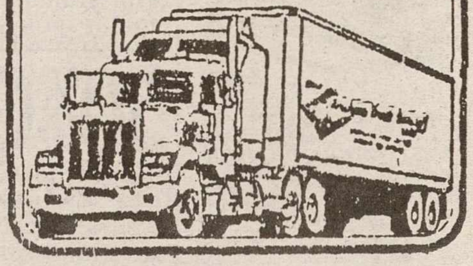

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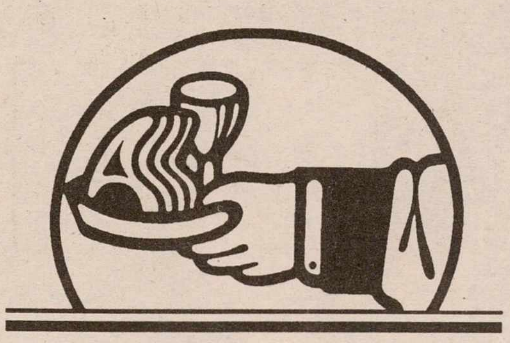

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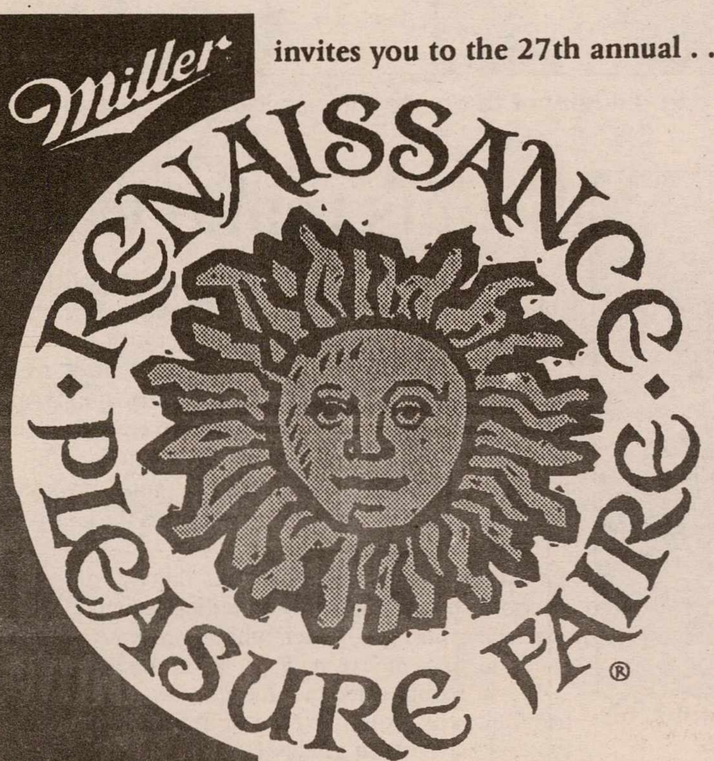

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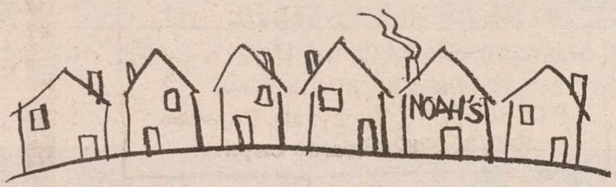

Every week we get this question from our customers, "When are you going to open a shop in my neighborhood?" (The "Noah's in my back yard" syndrome.) In our continuing efforts to address this societal woe, we are taking some positive steps. The folks around **19th and Sloat** in San Francisco can look for a Noah's Bagels store opening at **Lakeshore Plaza** in July! Be assured that Noah's legendary quality and friendly service will be scrupulously maintained at this new store and others that might open soon in your neighborhood. Thanks for asking!

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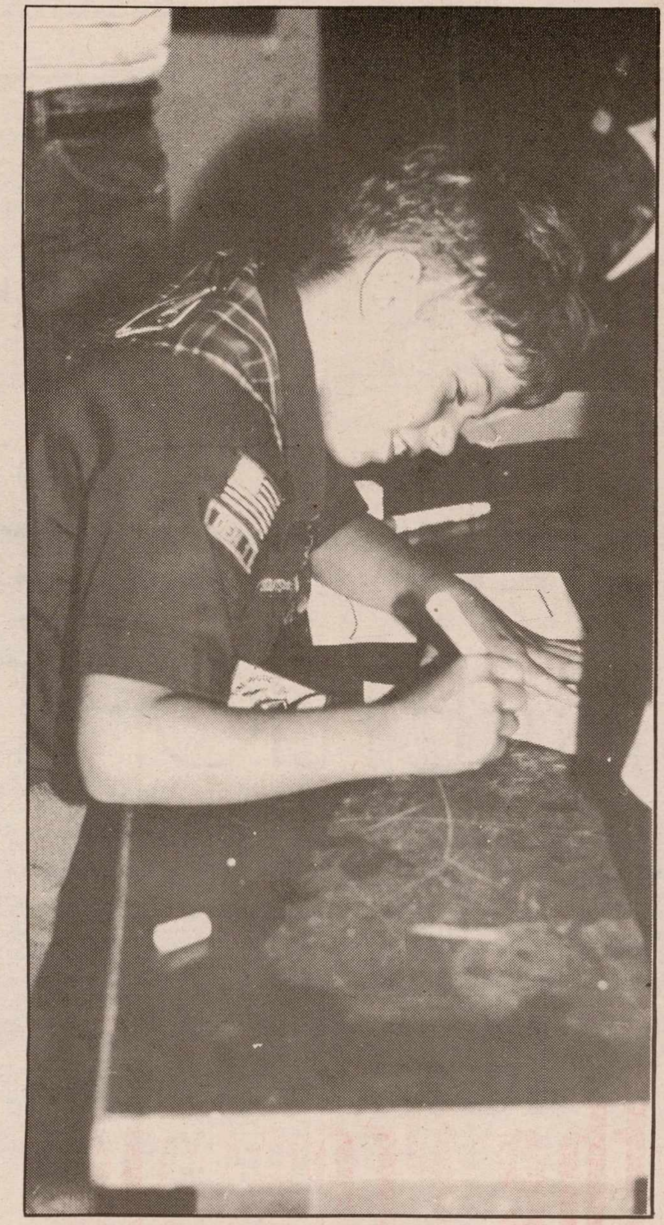
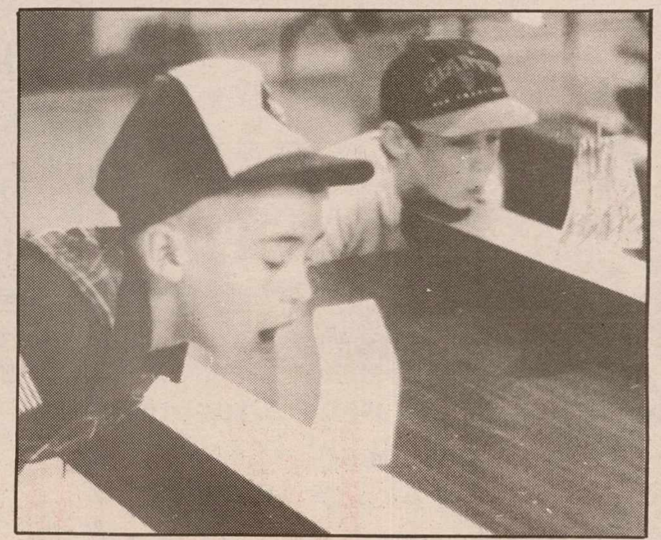


A Presidio Scout from Den 1 traces out the pattern for his sail and colors it in.

Boy Scouts and their sisters use styrofoam and paper to create their sailboats for the raingutter Regatta at Building 1331.



A Scout blows hard to make his boat cross the finish line.

Scouts make waves

Presidio Cub Scout Pack 77 met Saturday at the Scout Hut, Building 1331, for the Raingutter Regatta Boat Race--the final summertime pack activity.

Parents helped boys carve boats out of styrofoam. Paper sails were decorated and mounted to the styrofoam hulls by bamboo skewers, then the race was on.

Boys competed within their age groups by blowing the boats down the water-filled raingutters. Some girls (sisters of some Scouts) got involved in the competition as well.

Cub Scouts who participated in this activity plus two previous summertime pack activities became eligible for a special award pin, which will be presented at the next pack meeting at 7 p.m. Sept. 29 at the Scout Hut.

If you're interested in joining the Presidio Cub Scout program, call Col. Jim Newell at **561-2682**. The program is for boys in grades 1-5.

MP investigator selected Presidio NCO of the quarter

By Spc. Adrienne Story
Star Presidian staff

After the military investigator had impressed the staff sergeant promotion boardmembers by scoring a 197 everyone asked, "Are you going to compete at the NCO of the quarter boards?"

He hadn't given it much thought, but Sgt. Ferdinand Vazquez decided to go to the Headquarters Command Battalion NCO of the Quarter Board, and he won.

In August, he earned the title of the Presidio NCO of the Quarter.

Vazquez prepared for the boards by reviewing several study guides, Army regulations and field manuals. If he was going before the board again, Vazquez admits he would study more.

"If I had it to do over again, I would definitely study more," he said. "The written test was really difficult: It covered Soldier Development Test and Common Task Training.

"I don't know how well I did on the written test, but I know I got every questions right on map reading and aircraft and armored vehicle identification sections," Vazquez said. "I don't think I missed many questions during the board. I think I did well."

Vazquez said he's not exactly proud of himself, but he's content with his performance.

Before being assigned to the Military Police Investigations Office, Vazquez was a team leader with the Law Enforcement Company. His bilingual talents were one of the reasons he was selected to be an investigator, 1st Sgt. Delores Carter said.

"Sgt. Vazquez is the best investigator in this office," said Staff Sgt. Stephen A. Hutzell, MPI supervisor. "He is the most conscientious, hard working soldier I've seen in the field so far in my military career. He's concerned about serving the soldiers and the community."

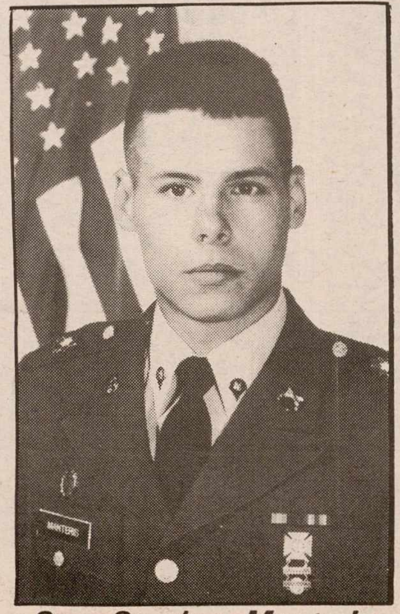
As a team leader, Vazquez helped two of his soldiers win honors at different boards. One soldier, under his leadership, was named the Headquarters Command Battalion Soldier of the Year and another soldier earned the battalion's Soldier of the Month honor.

"I would recommend that every soldier go to the boards," Vazquez said. "It's a good experience for young soldiers because they will eventually have to go to the E-5 promotion board. It also looks good in your files."

Vazquez said he benefited from the board by not only gaining personal knowledge, but also by improving his career.

"As far as promotion the board will benefit me because it's a great bullet to have on your NCO Evaluation Report," he said. "It definitely can't hurt to compete at the boards. It was definitely worth the time."

Sgt. Ferdinand Vazquez



Spc. Stephen Manteris

Presidio soldier of month credits win to confidence

By Spc. Adrienne Story
Star Presidian staff

After serving only 15 months on active duty, Stephen N. Manteris was promoted to specialist. That is not the only impressive honor the military policeman has achieved in his short time here.

In August, he won the Post Soldier of the Month competition, after earning the Law Enforcement Company and Headquarters Command Battalion soldier of the month titles.

Manteris said the company level board was the most difficult due to the detailed questions, however the hands-on and written part of the post board also tested his preparedness.

"The map reading was the most difficult part of the post board," he said. "I don't know how well I did on the map reading or the written test, but I did well enough to win." Manteris remarked he enjoys competing at boards and feels he's learned a lot since his first board appearance.

"I went to the board in the first place because my team leader said, 'You're next.' You either like boards or you don't. I like boards," Manteris said. "You can ask me any Army regulation and I'll know it."

Manteris will not compete for the Presidio Soldier of the Year because he is moving to Fort Leavenworth, Kan. on a stateside swap.

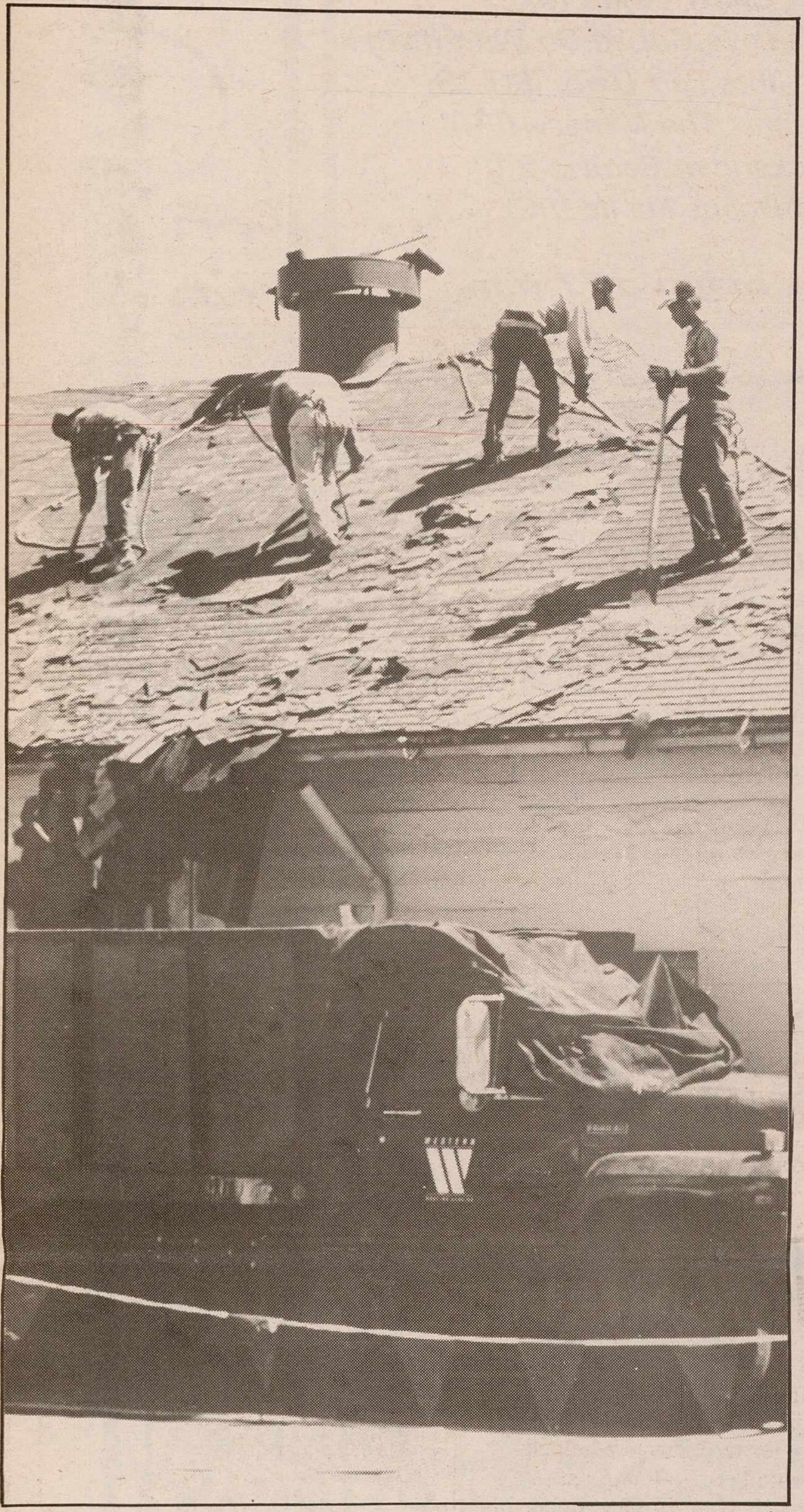
"I really want this assignment. I came in the Army to be a soldier, not a cop. I feel this is the best time to do that duty while I'm young," Manteris said. "I knew I would have to wait to leave, but I wanted to win the board so bad. It's definitely worth it."

"We'll hate to lose him," 1st Sgt. Delores Carter said. "He's a highly motivated and aggressive soldier. He made the rank of specialist in 15 months because of his overall attitude. He's a very conscientious soldier especially for his young age. He's only 19."

"I'm proud of myself. I was a lot more confident at the post board. I have the skill to say what I mean and most people don't have the skill and get too nervous," Manteris said.

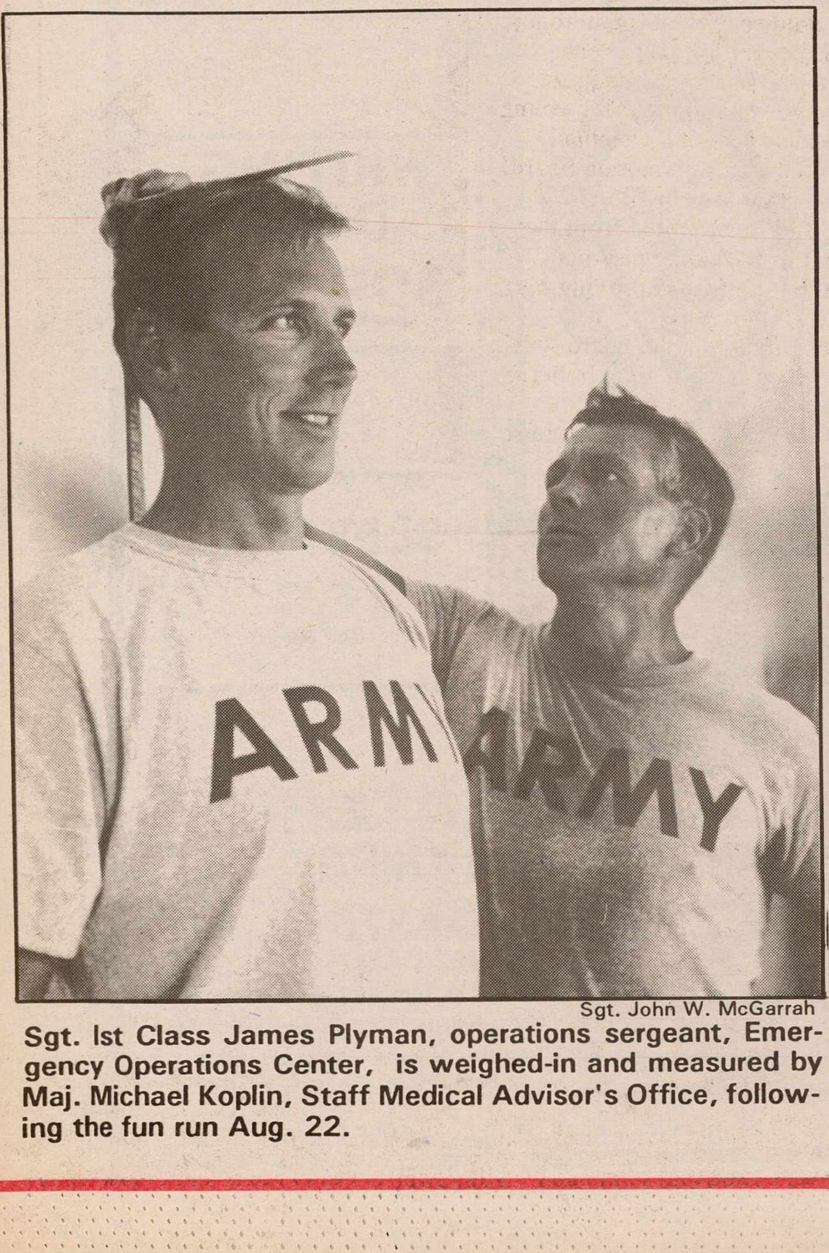
"I think I won by a decent margin. After the board the supervisor of the soldier I competed against had to ask me for the answers to some of the board questions because he didn't know them. I answered them," he concluded.

Life on the Presidio



Sgt. John W. McGarrah

Workers scrape roof tiles off the Sixth U.S. Army Trial Defense service Courthouse on Halleck Street this week.

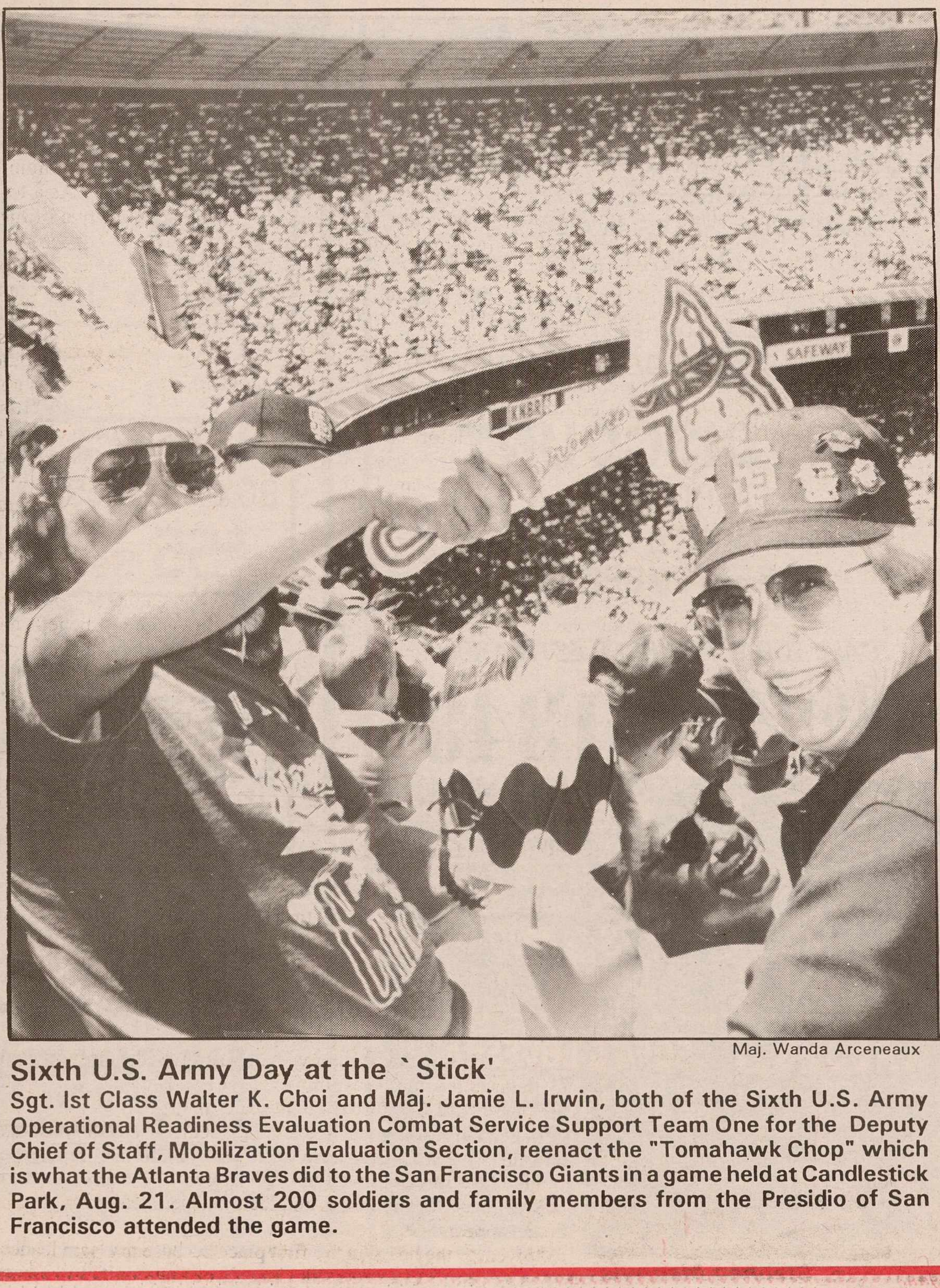


Sgt. John W. McGarrah

Sgt. lst Class James Plyman, operations sergeant, Emergency Operations Center, is weighed-in and measured by Maj. Michael Koplin, Staff Medical Advisor's Office, following the fun run Aug. 22.

Sgt. John W. McGarrah

Soldiers representing the Deputy Chief of Staff, Training take to the streets during the Sixth U.S. Army and Presidio of San Francisco Fun Run last week .



Maj. Wanda Arceneaux

Sixth U.S. Army Day at the `Stick'

Sgt. lst Class Walter K. Choi and Maj. Jamie L. Irwin, both of the Sixth U.S. Army Operational Readiness Evaluation Combat Service Support Team One for the Deputy Chief of Staff, Mobilization Evaluation Section, reenact the "Tomahawk Chop" which is what the Atlanta Braves did to the San Francisco Giants in a game held at Candlestick Park, Aug. 21. Almost 200 soldiers and family members from the Presidio of San Francisco attended the game.

Briefs,

Continued from Page 5

Commissary closes for holiday

The Presidio of San Francisco commissary will be closed Tuesday for Labor Day. The commissary will reopen for business at 10 a.m. Wednesday.

Commissary Council convenes

The Presidio Commissary Council meeting will be held at 9:30 a.m. Sept. 10 in the Commissary Conference Room, Building 653. Members, or alternates, are required to attend; advisors, area mayors, Army Community Services representatives and commissary customers are encouraged to participate.

Flea market set for tomorrow here

The next Flea Market is scheduled for 7:30 a.m. to 1 p.m. Saturday in the parking lot in front of Building 204. A valid "unlimited" military identification card is required to rent vendor space. No reservations are needed. The Thrift Shop will also be open for sales to the public at 9 a.m. For any assistance call Adeline Michel at **922-3384**.

Bible studies held here on post

The Gospel Prayer and Praise group holds its Bible study classes from 6:15 to 7:30 p.m. Tuesdays, and prayer and praise services from 11:30 a.m. to 1 p.m. Sundays, in the Religious Activities Center, Building 682.

Sunday school classes begin soon

Protestant Sunday School and Catholic CCD classes will begin their fall quarter Sept. 12 at the Religious Activities Center, Building 682. If you are interested in helping teach or if your want information about registration, call **561-3535** or **561-4719**.

Pre-transition briefings scheduled

The Military Personnel Division here will conduct a pre-transition briefing from 8 a.m.-noon Sept. 17 at the Presidio Audio/Visual Center, Building 603. Soldiers set to separate and/or departing for transition (terminal) leave prior to separation between Oct. 31 and Dec. 31 (except retiring) from the Army **must attend** this briefing. For information, call Sgt. Anthony Lockhart, personnel operations, at **561-3297** or **561-2151**.

Retention board set for Oct. 20

All soldiers who have permanent profiles with a numerical factor of 3 or 4 will be mandatorily referred for evaluation to an MOS/Medical Retention Board. Soldiers having these factors who have not been referred to an MMRB must contact the Military Personnel Operations Branch at **DSN 586-2151** or **586-3297**, or commercial **561-2151** or **561-3297**. Soldiers with approved retirements, bars to reenlistment, or pending administrative elimination and approved early outs are not required to be evaluated. The next scheduled MMRB is for 8 a.m. Oct. 20 at the Sixth U.S. Army Conference Facility, Building 35.

ADMIT ONE

Movies at the Presidio Theatre

Tonight-*Snow White (G)*
Saturday-*What's Love Got To Do With It (R)*
Sunday-*Hot Shots Part Deux (PG-13)*
Sept. 10-*Dennis The Menace (PG)*
Sept. 11-*Weekend at Bernies 2 (PG)*
Sept. 12-*Hocus Pocus (PG)*

All movies begin at 7 p.m.

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Breads aid in healthy diet

By Capt. Maria E. Bovill
Letterman U.S. Army Health Clinic

Forget fasting or expensive weight-loss schemes to shed pounds, and remain trim while enjoying oriental noodles, dinner rolls, pasta and bagels.

Nutritionists and federal dietary guidelines suggest eating more bread and grain foods to achieve lower-fat, healthy diets.

But "lower fat" doesn't have to mean eating skimpy portions or giving up everything you like. It simply means eating smart, and the first step to smart eating is adding more bread and grain foods to your diet.

It's only a half-baked truth that bread is fattening. Breads and other grain-based foods not only satisfy hunger, but are also high in fiber and complex carbohydrates. Complex carbohydrates are essential to healthy diets because they provide the kind of energy needed to work and play.

Another benefit of eating more carbohydrates like those found in grain foods is reducing total amounts of fat consumed. When complex carbohydrates replace high-fat, high-calorie foods, they help control weight because they contain less than half the calories of fat. This makes a big difference in addition to the fact that calories from carbohydrates are less likely to turn into body fat than calories from fat. When counting calories, count on carbohydrates to satisfy hunger.

For example, the mayonnaise on a burger usually has as many calories as the entire bun. Several other combinations of low-fat toppings, spreads and seasonings also are available. Try these delicious low-fat ideas:

- Spread on jams and fruit purees.
- Go light with butter, margarine and mayo.
- Try it plain.
- Toast it.
- Warm it up in the microwave.
- Dress it with fresh fruit.
- Experiment with salsa.
- Use low-fat spreads.
- Broil with low-fat cottage cheese.
- Sprinkle on flavorful seasonings such as dill, rosemary or Italian combinations.
- Build two small sandwiches with lighter ingredients instead of one Dagwood-size sandwich.

For more information, call the Nutrition Clinic, Letterman U.S. Army Health Clinic, at **561-2664** or **DSN 586-2664**.

Information, Tour and Travel Office

Tours highlight local area

The Information, Tour and Travel Office, Building 210, here has some suggestions if you're looking for things to do this month in the San Francisco Bay Area.

Wine tasting tour

A wine tasting tour in the world famous Sanoma Valley will be held Sept. 18 for those 21 years of age and older only. The cost of this tour is $8 and includes transportation, guided winery tours and tastings at the Sebastiani Vineyards and Buena Vista Winery. Lunches are at own expense, however a Mexican restaurant and a delicatessen will be nearby. Picnic lunches are also welcome. The tour will return to ITT at approximately 5 p.m. Sign up for this tour by Wednesday.

San Jose Flea Market

A day long excursion to the world's biggest flea market in San Jose will be held Oct. 16. This trip is $5. Transportation is included, but lunch is at your own expense. The group will return to post at approximately 5 p.m. Sign up for this tour by Oct. 16.

For more information on any of these tours, or to make reservations, call **561-3992.**

Labor Day schedule for AAFES facilities on Monday

Presidio Main Exchange	10 a.m.-6 p.m.
Presidio Shoppette	10 a.m.-6 p.m.
Service Station	10 a.m.-5 p.m.
Anthony's Pizza & Frank's Franks	11 a.m.-5 p.m.
Burger King	11 a.m.-6 p.m.
Furniture Store	Noon- 6 p.m.

The following will be closed: Class Six store, service station bays, Military Clothing Sales Store, barber and beauty shops, laundry/dry cleaning, and the Watch Repair, Optical and Vase shops.

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Jacksonville to St. Louis (calling card)	$1.50	$2.00	$1.90	$2.00
Atlanta to Lousiville (collect person to person)	$1.50	$4.20	$4.65	$4.65
Seattle to Los Angeles (collect)	$1.50	$3.18	$3.13	$3.24

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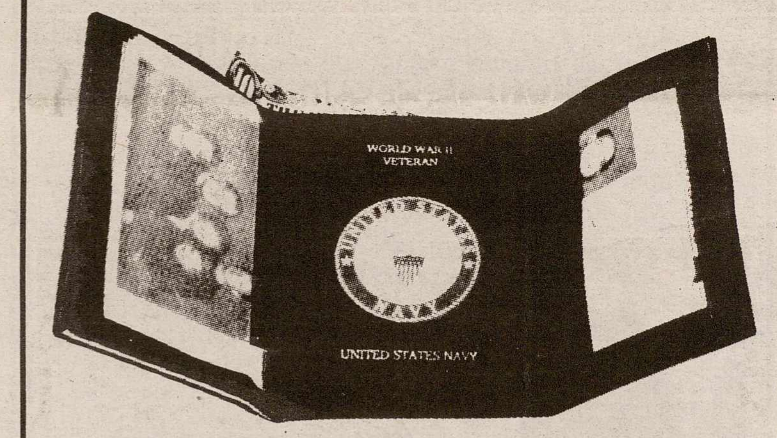

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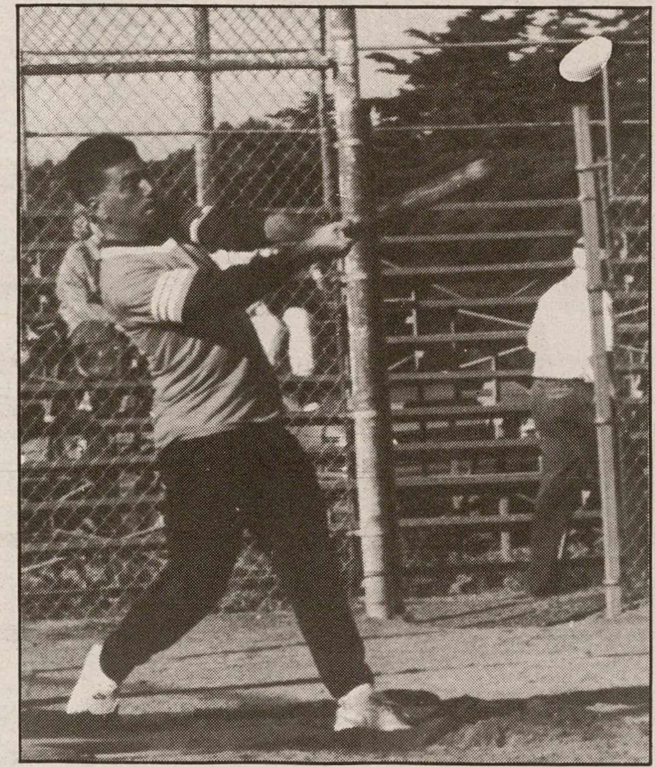
LUSAHC cripples LEC in post championship



Spc. Adrienne D. Story

LEC's Michael Garret pounds one for distance, but it wasn't enough to keep Letterman from taking the post championship title.

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Who won the championship?

"Letterman. Letterman won, that's who," replied Jewel Hansen with a smug grin, enjoying a cozy breakfast in the post's dining facility the morning after his team, Letterman U.S. Army Medical Center knocked off Law Enforcement Company 13-6 for the Intramural Softball Tournament champion's trophy Aug. 25.

"They scored four runs on us in the first inning, but we settled down and our bats started making contact as the game went on," he said.

LUSAHC's Wayne Rogers was named the tournament's Most Valuable Player.

"The game was interesting until the sixth inning when we began hitting the ball better," Rogers said. "The bottom half of our lineup took over and pulled through with key hits and great fielding."

LEC's seventh and final inning rally yielded only two runs. Loren Small reached base on a fielder's choice that forced out Richard Vater. With two outs, Kenneth Miller got a base hit and Small scored. Steve Hutzell's base hit allowed Miller to score, but the next batter made the game's final out.

LUSAHC was leading 8-4 in the bottom of the sixth inning when it padded its lead. Three base hits, plus two errors by LEC's Small at shortstop and pitcher Sherri George, allowed five runs to score.

LUSAHC was one run ahead when it picked up three runs in the bottom of the fifth inning. An error by LEC's third baseman allowed Eddie Battros to reach base safely. He later scored on John Ham's sacrifice fly to left field. David Wilson and Steve Canterbury also scored in the inning to give their team an 8-4 lead. Steve Gradwohl scored one inning earlier to break a 4-4 tie.

LUSAHC tied the game in the second inning, 4-4. Gradwohl reached first when he drew a base on balls. Johnson hit safely and LEC's Jose Reyes misplayed two fly balls in left/center field for two errors. When the dust cleared, Gradwohl, Johnson and Fraser had scored. With two out, Hanson's single then scored Partenan to tie the game.

LEC jumped on the scoreboard first in the first inning. Vater drew a base on balls. One out later LUSAHC's pitcher mishandled the ball and Small reached base on the error. Miller, Hutzell and Christopher Dye followed with run-scoring base hits to give LEC an early 4-0 lead.

Junior Bowler Winter League

All children between the ages of 4 through 18 years are welcome to join the Junior Bowler Winter League starting at 9 a.m. Sept. 18. Previous experience is not required. If you have any questions, contact Donna Martin at **386-2419** or Bill Boehm at **561-5143**.

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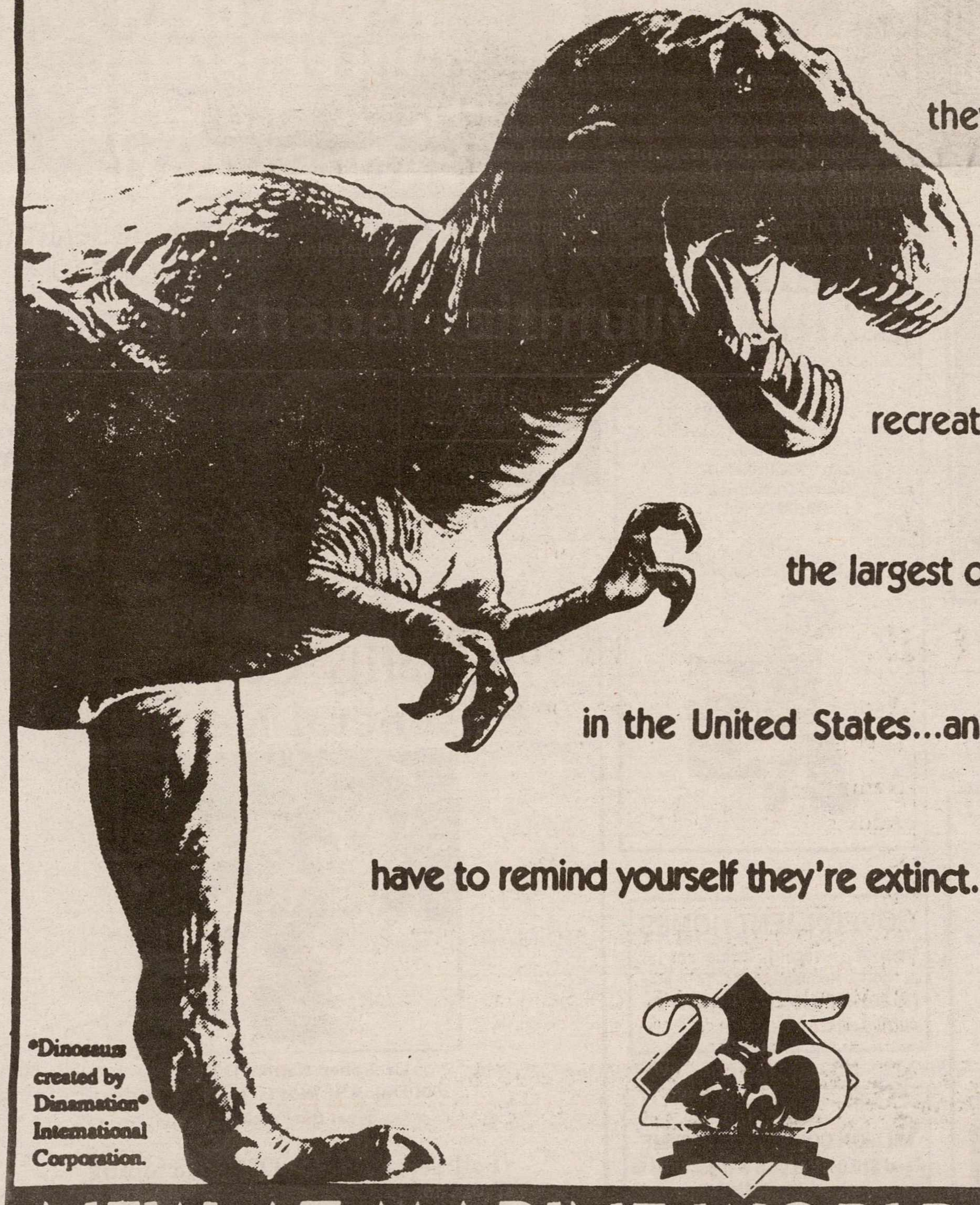

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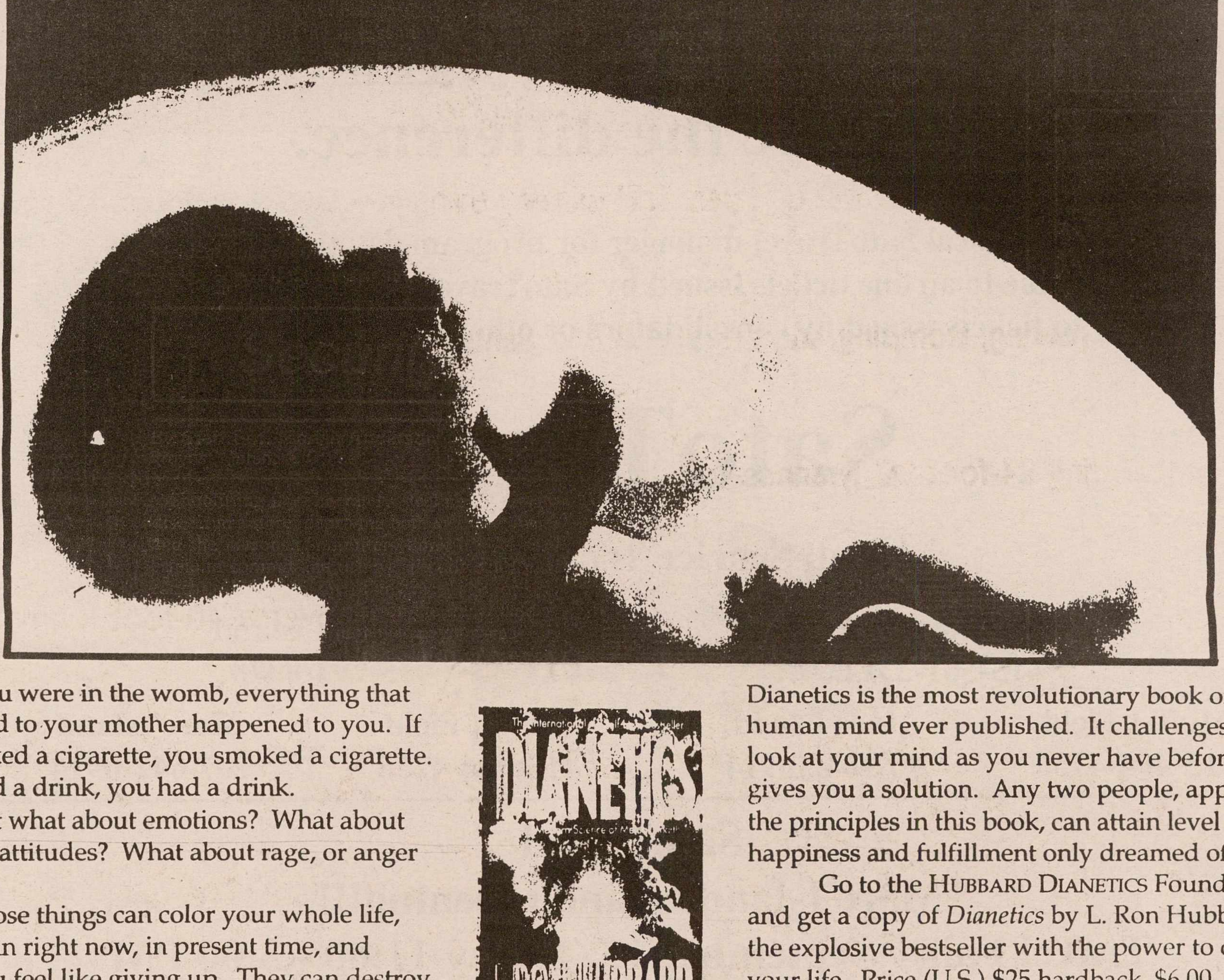
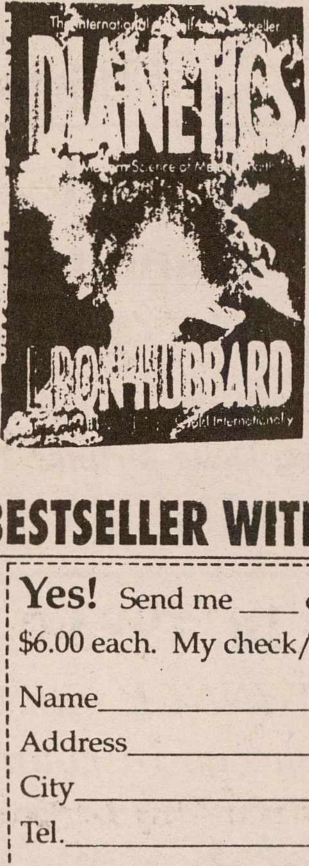


While you were in the womb, everything that happened to your mother happened to you. If she smoked a cigarette, you smoked a cigarette. If she had a drink, you had a drink.

But what about emotions? What about negative attitudes? What about rage, or anger or fear?

Those things can color your whole life, can kick in right now, in present time, and make you feel like giving up. They can destroy your confidence, your relationships, your life.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Star Presidian

Vol. 38, No. 35 | Published for the Presidio of San Francisco Community | Sept. 17, 1993

Post notes

Post AC Clinic preps to cut hours

The Acute Care Clinic which has provided 'emergency room' type care at the Letterman U.S. Army Health Clinic will soon limit hours of operation. As of Oct. 1., the new clinic hours will be 7:30 a.m. to 7:30 p.m., Mondays through Fridays, and 8:30 a.m. to 4:30 p.m., on weekends and holidays.

Presidio of San Francisco residents, and area retirees should use an area hospital if the clinic is closed. A valid identification card is needed for health care.

Soldiers in the barracks should call their charge of quarters or the staff duty non-commissioned officer at **561-6047** for emergency transportation. If an ambulance is needed at any time, call **561-5656.**

A mandatory medical support briefing for all Presidio soldiers will be held at 2 p.m., Monday in Torney Hall on the first floor of LUSAHC. Col. Michael Brennen, LUSAHC commander, and *Lt. Col.* Rebecca Loomis, chief of the Patient Services Center, will discuss current and future medical services at LUSAHC as well as alternative health care options such as CHAMPUS Prime. Family members are strongly encouraged to attend.

The Patient Services Center is available to answer your health care need questions at **561-4509.**

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See Page 8 for complete listing

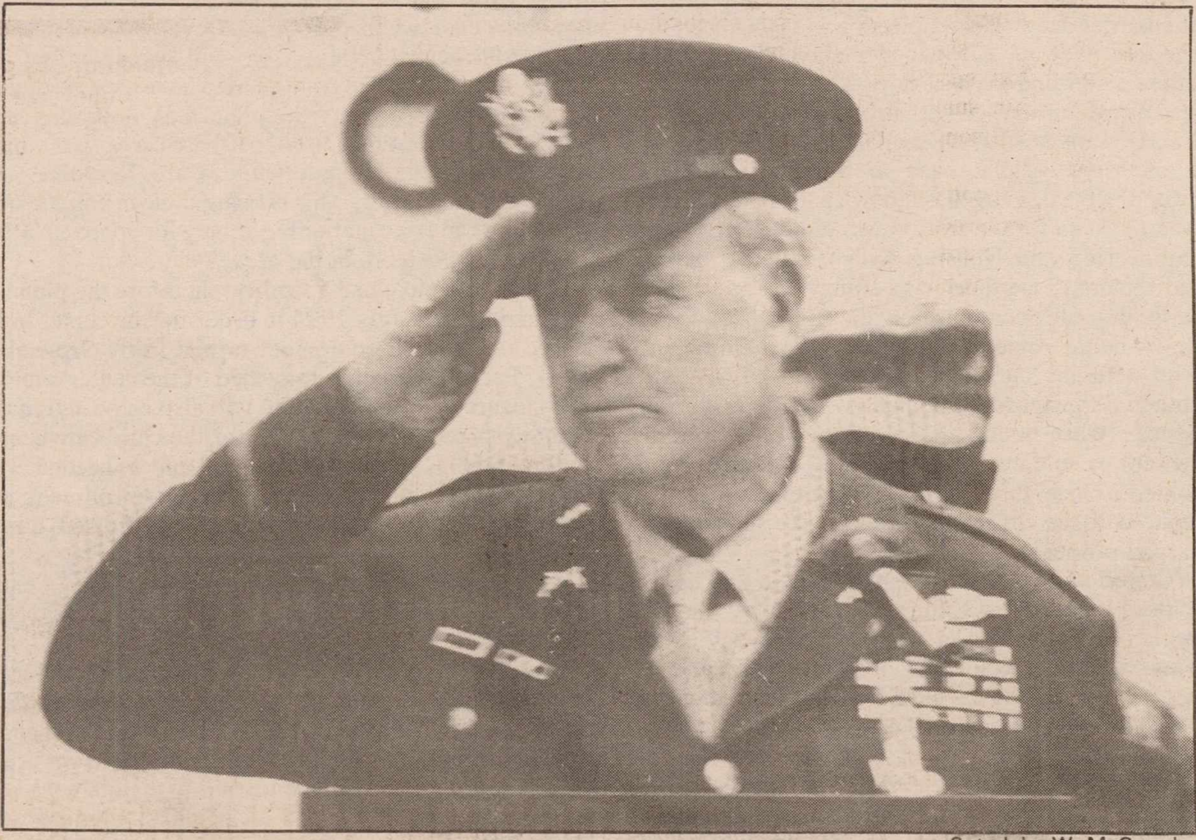
Department of Motor Vehicles sets new registration guidelines

California vehicle owners late in renewing their registrations will find they face a lighter penalty structure that's easier on those whose renewal is paid no later than 30 days after the due date. But vehicle owners who renew their registrations more than 30 days after the due date will end up paying a much higher penalty fee.

New legislation, effective Aug. 2, institutes a graduated penalty for vehicle owners during the first days after their vehicle's registration due date. If a registration is renewed one-10 days late, the penalty will be 10 percent of the fees due; if renewed 11-30 days late, the penalty will be 20 percent. Anyone renewing their vehicle registration beyond the 30-day period, however, will face a stiffer 60 percent penalty. Previously, vehicle owners paid a 40 percent penalty if they were one day to one year late in paying their registration renewal fees.

The department is still in the process of revising its registration renewal billing notices to reflect the new penalties, and anyone who pays more than they should will automatically be issued a refund.

California Department of Motor Vehicles



Sgt. John W. McGarrah

'God Bless the Sixth U.S. Army!'

Capt. (retired) Kermit R. Lay received the Medal for Humane Action from Sixth U.S. Army and Presidio of San Francisco Commanding General, Lt. Gen. Glynn C. Mallory Jr., during a ceremony held in his honor, Sept. 7--the 48th anniversary of his liberation from a Japanese prisoner of war camp.

Education Center: A smart choice

By Walter Sobczyk Jr.
Chief, Education Division

We're still here! The Presidio Education Center, Building 1216, continues to offer high-quality education programs and services.

Although the number of military and civilian Presidians is declining, the demand for education remains high. Personnel who face career changes or possible voluntary or involuntary separations are often in need of education or training.

One of the most valuable resources at the Education Center is the counseling staff. Adult Presidians are welcome to see a counselor, no appointments are necessary, to discuss educational goals and plans.

Counselors can help locate specific degree for training programs, both locally and in other states. They can suggest alternative methods of achieving goals such as credit by exam, external degrees, and credit for military experience. Counselors are a good source of information on G.I. Bill education benefits, Army tuition assistance, and Federal Financial Aid Programs. Counseling services are available from 7:30 a.m. to 5:15 p.m., Mondays through Thursdays, and from 7:30 a.m. to 4 p.m., Fridays.

Noncommissioned Officer Career Maps represent a major breakthrough in demystifying the path to promotion. Obtainable from guidance counselors at the Education Center, these guides were developed by the Army to help enlisted soldiers help themselves become better leaders and map career progression. The maps describe by skill level, recommended duty assignments, NCO Educational System training, reading and writing standards, correspondence courses, college courses and degree goals.

On-post evening courses in general education subjects are conducted by Columbia College during five, eight-week terms per year. Daytime computer-user training workshops will continue to be offered free-of-charge in subjects such as Introduction to Microcomputers, Beginning and Advanced WordPerfect, dBase IV and DOS.

Soldiers whose scores on the Test of Adult Basic Education show a need to improve their reading, math, or English skills may be eligible for the functional Academic Skills Training Program (formerly BSEP). College-level correspondence courses are also available.

The Education Center's Military Occupational Skills Library is an excellent source of training publications. Soldiers will find Army regulations, Department of the Army pamphlets and circulars, and field and training manuals, usually in sufficient numbers to sign out. Soldiers can also obtain assistance in registering for correspondence courses from Army schools. The librarian is on duty from 7:45 a.m. to 4 p.m., weekdays.

Testing services and preparation materials round out the center's current offerings. Available undergraduate and graduate college entrance tests include the American Collegiate Test, Scholastic Aptitude Test, Graduate Record Examination, and Graduate Management Admissions Test. Credit by exam tests such as the College Level Examination Program, Defense Activity for Non-Traditional Education Support, and ACT Proficiency Examination Program are also offered. The Adult Basic Education Test (to assess current skill levels in English, math, and reading), the Strong-Campbell Inventory (to identify vocational interests), and certification tests in many fields are also available.

Military exams such as the Armed Forces Classification Test, Defense Language Proficiency Test, Defense Language Aptitude Battery, Officer Selection Battery, and Alternate Flight Aptitude Selection Test are given regularly. Others, scheduled upon demand, include the English Comprehensive Level, Army Analysis Aptitude, Auditory Perception, and typing tests.

Preparation materials in the form of study guides, text book recommendations, video tapes, computer software, or practice tests are available for many of these tests. Preparation classes for SAT, GRE and GMAT are also conducted in the center.

The optimum time to take advantage of education programs and services is now!

Although the Education Center plans to operate as closely as possible to its closure date of Sept. 30, 1994, the opportunities will never be better than they are today.

For more information, visit the Education Center or call **561-2974**.

Ask the Garrison Commander

By Col. Gregory A. Renn
U.S. Army Garrison commander

I'm pleased to, once again, be able to address specific issues of concern to the community on the way things are here at the Presidio of San Francisco. This marks the third month that the ***Star Presidian*** has provided this service to the post.

The first issue is raised by Chief Warrant Officer Forrest Holloway who noted that he is "starting to see a drop in customer oriented support" in post activities and facilities. He used the movie theater, the golf course, and the barber shop as examples.

I checked with the PX manager about the concerns with the theater and barber shop. The PX has already realized a problem existed with broken projection equipment and has invested a substantial amount of money to have extensive repairs made to both projectors. In addition, the theater now has a new coat of paint, a new hot water system for the restrooms, and the Directorate of Engineering and Housing will shortly be making needed repairs to the theater's ceiling.

The hours of operation for the Barber Shop are currently being reviewed. The PX has a long term contract with the current concessionaire. Installation Command Sergeant Major Linda A. Boudy is working to identify what hours of operation would be most convenient to soldiers stationed here. Soldier input is welcomed. Once that survey is complete, we will negotiate with the concessionaire to make sure soldiers are served properly.

CWO Holloway also commented that the golf course was closed before most soldiers are off-duty. The golf course is open from 7 a.m. to sunset everyday except Mondays when the course is closed for maintenence. However, if a holiday falls on Monday (as many do), then the course is closed on Tuesday instead.

Just one final point about customer service, the reponsibility of our facility managers is to be responsive to customer needs. Please give our managers a chance to satisfy you on the spot. If you are not happy with any aspects of the service you receive, immediate feedback is the best way to solve problems.

Spc. Jay Pope expressed his security and safety concerns with the large weekend and holiday crowds in the housing areas adjacent to Baker Beach. On occasion, there have been overflows of visitors into the Pershing and Brooks housing areas for parking. When that occurs, the Presidio Military Police cite violators and tow the cars which are creating a safety hazard. Otherwise, the cars are left alone.

The Baker Beach area itself has been permitted to the Golden Gate National Recreation Area and the Park Police are responsible for law enforcement in that area. Our military police have recently begun combined patrols with the Park Police. The program, though only in its beginning stages, should reap great benefits in the months to come. As always though, if any resident experiences a problem, immediately notify the Military Police at **561-5656.**

Sgt. Gloria Smith is concerned about the future plans for child care when the Child Developement Center closes. Through next July, we will be expanding the Family Child Care Program so as to have a viable option in lieu of center care. Supplemental Programs and Services is generating a list of off-base caregivers which will be available though Child Care Resource and Referral at the center. This is being done in conjunction with a state and city marketing survey for approximately 250 day care centers in the area.

It takes time to close a facility, therefore the planned closure is set for July 1994 in order for the center to be closed out and all equipment turned in by September 1994. Parents are being informed of the center's tentative closure date. Information will also be posted in the monthly parent newsletter. As for the child care center staff members, they will be replaced only as needed. The average daily attendance and target enrollment are declining, and classrooms are being consolidated, due to the reduction in military and civilian residents.

Any questions concerning the Child Care Center should be referred to Teresa Hopkins, acting child care coordinator.

I was happy to see the positive comments from Pvt. 2 Brendan Gallager among the Sept. 3 ***Star Presidian "Ask the Commander"*** question. Even with the shadow of closure hanging over us, things continue to get better at the Presidio. Our main concern is to maintain the best possible quality of life for all soldiers, civilians and family members who live and work at this beautiful installation; while at the same time, conducting a professional transistion to the National Park Service. From the improved barracks that Headquarters Company, U.S. Army Garrison recently moved into, to several infrastructure repairs which are ongoing, we are, and will continue to, keep things as normal as possible for as long as possible. Rest assured, services will only be closed as it becomes necessary.

Child care: *Simply the best need apply*

By Mary Anne Gianquento
Family Child Care director

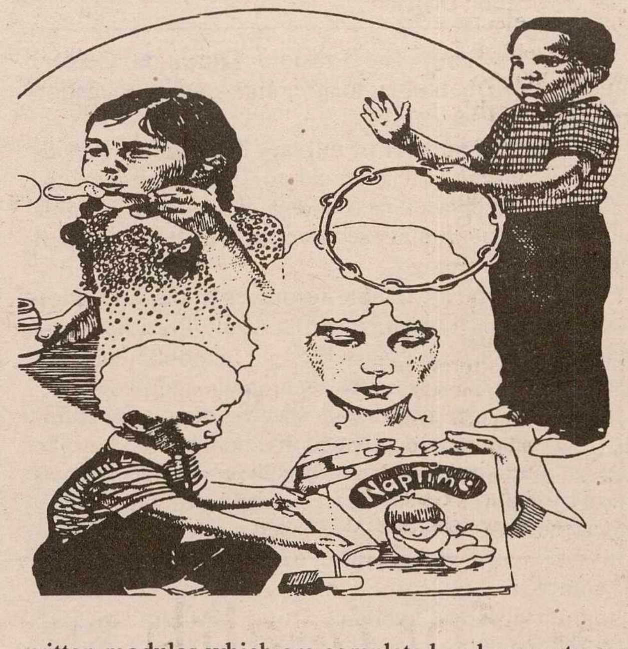
With the inception of the Military Child Care Act of 1989, the military, especially the Army, has taken great strides to improve the quality of child care for its children.

Currently, the Army is the largest employee-sponsored child care program in existence, and stands as a model of high-quality care throughout the world.

Family Child Care is no less of a quality program. Regulated by the Army with strict guidelines, each child in care is offered those elements which early childhood specialists have determined will promote optimal cognitive, emotional, social and physical growth.

Designed to result in only the best qualified applicants, the FCC applicant screening process consists of five background checks, three personal references and a letter from the company commander. If an applicant passes this phase, has a family interview, and initial inspection of the home by the FCC director, she/he is invited to participate in the entry level training. This training is 40 hours long and includes child growth and development, childhood diseases, child guidance techniques and FCC business to name but a few.

Ongoing training is required, to maintain certification, based on the CDA credential training using 13 written modules which are completed and competency is assessed by the Educational Specialists.



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Ask Presidians

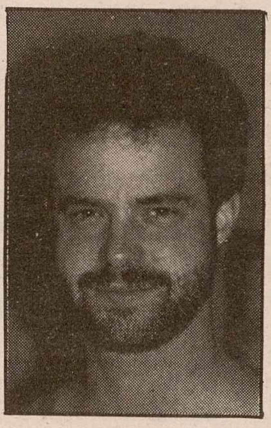
"What would you do if you won one million dollars today?"

Spc. Aarron Barnes, Telecommunications Center operator, DOIM: "First of all, I would pay my mom's house off, and buy myself a house in Texas. I would pay my car off and put the rest into a bank."

Pfc. Christopher Tice, physical examination technician, LUSAHC: "I would go back home to Texas, enroll in medical school, buy myself a twin turbo Corvette and a house, and get married."

Teri Collins, family member: "The first thing that I would do is head for the closest mall. I know I couldn't spend it all, but I could sure make a dent in it. Then, I guess, I would tell my husband."

Spc. Robert Brown, nursing department, LUSAHC: "Go back home, buy a house, and get married. I would look into investments or put the money into a bank and live off the interest."



Sgt. Jeff Hager, personnel actions NCO, Hq. Cmd. Bn.: "Family comes first, so I would take my entire family to Germany. My parents have never been, but have wanted to go all their lives. I'd use the money to buy land."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Ceremonial Platoon has long, distinguished history

By Sgt. 1st Class Christopher Kennally
Special to the Star Presidian

The distinguished history of the Presidio of San Francisco and Sixth U.S. Army's Honor Guard (Ceremonial Platoon) has been colorful and significant.

With the downsizing of the Sixth U.S. Army and Presidio from it's current size and level of activity to maintaining only the Sixth U.S. Army headquarters here, there will be a significant impact on the Army's relations with the surrounding communities and local government organizations. The Sixth U.S. Army Honor Guard is one of the most important and viable factors in this close relationship.

Organized more than 50-years-ago at the direction of Lt. Gen. Joseph Swing, the 1953 Sixth U.S. Army commander, as Detachment A, 6002 ASU, the honor guard drew-up its first morning report on Aug. 2, 1952.

Since that date, the honor guard in its many reincarnations has been a part of the most impressive military and civilian ceremonies to be held within the Sixth U.S. Army area of operation.

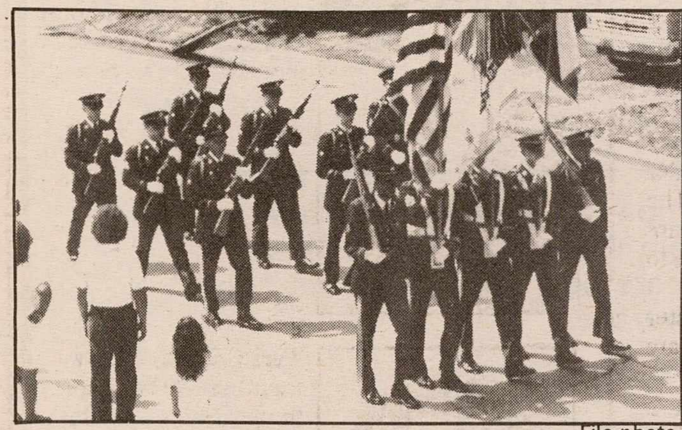
The honor guard was established with two purposes in mind, the first being to perform as a mobile force capable of functioning as a controlling or tactical element in case of a disaster, fire, or civil disturbance. As such, the unit was designed to fit into the plans of the Sixth U.S. Army during such instances. The secondary mission of the unit was to fulfill the many ceremonial duties that are contingent with any Army headquarters. In addition to this, the unit's soldiers have been "on call" to many civilian parades, ceremonies, and exhibitions where their military precision and soldierly bearing have become trademarks.

These missions include-just to name a few, post-wide monthly retirement ceremonies, Naval Fleet Week activities, Fourth of July celebrations, funeral details, repatriations missions, color guard activities, working with disabled children, and the well-known battery (Howitzer) salutes. The organization has participated in a variety of missions both on-post and statewide.

The platoon participated in recovery operations during the 1989 Loma Prieta earthquake and was the first military organization ever to stand guard over remains laying in state at the State Capitol Building. In addition, it was this unit which stood in parade and fired its cannons during the recent retirement of our Army's last active duty Medal of Honor recipient, Maj. Gen. Patrick Brady.

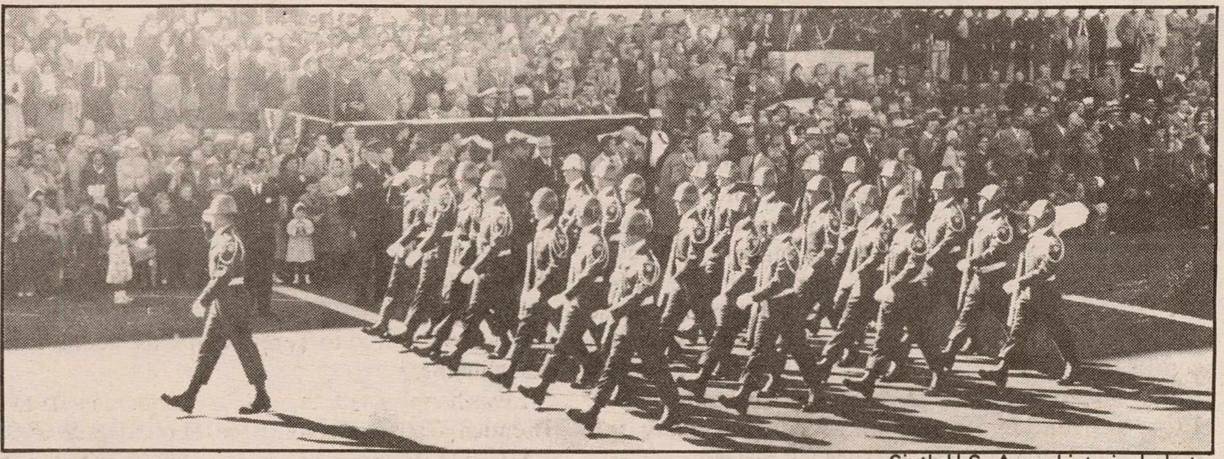
Through its exceptional performance of these activities, and the positive media coverage generated, the honor guard has received recognition as the sole custodian of the national, U.S. Army, and Sixth U.S. Army colors. The honor guard is the only remaining active Army ceremonial unit trained and ready to represent the Sixth U.S. and U.S. Army by properly displaying this country's most prestigious and honored symbols.

The honor guard has seen many changes thoughout the years, at one time even females helped to fill that now all-male ranks of the platoon. The Sixth U.S. Army Honor Guard is currently comprised of skilled and dedicated soldiers who remain focused and poised no matter what external forces may come to bear upon them in the future.



File photo

Members of the Sixth U.S. Army Honor Guard stand tall during Memorial Day ceremonies at the San Francisco National Cemetery here.



Sixth U.S. Army historical photo

An early photo shows Detachment A, 6002nd ASU as they march past the San Francisco City Hall building on Van Ness Boulevard.

Upcoming elections require special preparation for some

The following states or municipalities are holding elections in the near future.

Most will have elections Nov. 2. Some may allow for electronic transmission of voting materials while others won't. For details about voting in your state, contact your unit voting officer. The names are listed at the end of this article.

•Miami, Miami Beach and Hialeah in Dade county, Florida will hold elections for mayor Nov. 2. Federal Post Card Application requests for registration and absentee ballots should be mailed to the Supervisor of Elections, Dade county, Miami, FL 33101-2241.

•Minneapolis and St. Paul, Minn. will hold mayoral primary elections Sept. 14, followed by the general mayoral elections Nov. 2. In addition, cities throughout the state will hold elections for various city offices Nov. 2. Minnesota waives registration from members of the armed forces and their immediate family members.

•Michigan's 3rd Congressional district will hold a special primary election Nov. 2, followed by the general election Dec. 7 for a vacancy.

•California will hold a special statewide election Nov. 2 in which voters will decide on five legislative constitutional amendments, one legislative measure and one initiative constitutional amendment. California residents should mail the FPCA to the county election official no later than 29 days before the election so that it arrives no later than 25 days before the election. California allows residents to send the FPCA by fax.

•Louisville, and other municipalities in Kentucky will hold elections for mayor and other municipal officers Nov. 2.

•Toledo and other Ohio municipalities will hold mayoral, municipal officer and board of education member elections Nov. 2. Municipal issues will appear on the ballot as well.

•New Jersey will hold gubernatorial, statewide and local elections Nov. 2.

•New York City and other New York municipalities will hold elections for mayor, various municipal officers and municipal issues. New York City held its mayoral primary election Sept. 14.

•Pittsburgh and other Pennsylvania municipalities will hold mayoral, municipal and judicial elections Nov. 2. Pittsburgh's mayoral candidates are Tom Murphy (D), Kathy Matta (R), Jeff Hitchcock (Ind.) and Dwayne Darkins (Ind.).

•Virginia will hold statewide elections for the offices of governor, lieutenant governor, attorney general and 100 seats in the House of Delegates Nov. 2. Also, various municipalities will vote for officers.

•Seattle and other Washington municipalities will elect mayors and municipal officers, and decide municipal issues Nov. 2.

•Montana municipalities will hold elections for local offices Nov. 2. Some counties allow for electronic transmission of all voting materials.

•Arkansas will hold school board elections in each county Sept. 21 and District 93 will hold an election for the State House of Representatives seat.

•Missouri has scheduled a special election for Nov. 2 to fill vacancies for a senator in the 8th district from parts of Kansas City and Jackson County; representatives in the 69th district covering part of St. Louis County, the 71st district covering part of St. Louis City and the 105th district covering parts of Franklin and Jefferson Counties. Missouri does not allow for electronic transmission of voting materials.

Major unit voting officers for the Presidio of San Francisco:

Headquarters Company	Lt. Kelso	561-2355
Law Enforcement Company	Staff Sgt. Sinclair	561-2251
87th Explosive Ordnance Detachment	Capt. Bachtell	561-2524
Sixth U.S. Army Band	Chief Warrant Officer Gannon Jr.	561-2625
Readiness Group-P.S.F.	Sgt. 1st Class Shields	561-4281
Letterman U.S. Army Health Clinic	Capt. King	561-3667
U.S. Army Garrison	Maj. Vicki Bowman	561-4489
Headquarters, Sixth U.S. Army	Ms. Gifford	561-3097

Accession board set for health services technicians

The annual accession board for health services maintenance technicians, Military Occupational Specialty 670A, will be held Dec. 14.

Soldiers in MOS 35U, medical equipment specialist, should know the closing date for accepting applications for MOS 670A is Oct. 29. All applications must be in the hands of immediate commanders not later than Oct. 15.

Minimum eligibility requirements include:

•Soldier must be a high school graduate or pass the GED test;

•Have an interim secret security clearance to apply and a completed "secret" security clearance to attend Warrant Officer Candidate School;

•Must achieve a general technical aptitude area score of 110 or higher; and

•Must be a U.S. citizen.

These four requirements cannot be waived. Also, applicants must have completed either the Advanced Medical Equipment Maintenance Course, Biomedical Electronic Equipment Maintenance Course, Biomedical X-ray Eqiupment Maintenance Course, or the Biomedical Equipment Specialist Advanced Course.

Applicants must not have exceeded 12 years of active federal service as of July 13, 1993.

Waivers of this policy will only be considered if qualified applicants are critically short. All applicants must have demonstrated technical proficiency in the medical equipment maintenance field for a period of not less than one year subsequent to completion of training. Therefore, applicants must have completed training not later than Oct. 29, 1992 to be eligible for submission of an application this year.

Applications are required to obtain a current copy of their official microfiche (restricted and unrestricted) and include it with the application. Microfiche may be obtained from:

Commander, USAEREC,
ATTN: PCRE-RF-I,
Fort Benjamin Harrison, IN 46249-5301

or by calling **DSN 699-3714**. Applicants should request their fiche immediately, since it takes 30 days to receive them.

The original complete application and one copy will be submitted with the unit commander's endorsements directly to:

Commander, U.S. Army Health
Professional Support Agency,
ATTN: SGPS-PDD,
5111 Leesburg Pike,
Falls Church, VA 22041-3258.

One additional copy will be sent to:

Headquarters, USAMMA,
ATTN: SGMMA-C-C,
Frederick, MD 21702-5001.

Technical questions should be referred to **DSN 343-2410** or **(301) 619-2410.** Administrative questions should be referred to Marianne Scott or Maj. Craig Buss at **DSN 289-8127** or **(703) 756-8127.**

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Presidio News Briefs

Army CFC campaign starts Tuesday here

The kick-off for the Army sector of the Combined Federal Campaign will be at 9 a.m. Tuesday in the main ballroom of the Presidio Officers' Club. Lt. Gen. Glynn C. Mallory Jr., commander, Sixth U.S. Army and Presidio of San Francisco, will be chairing the event.

Presidio Mayors schedule post meeting

There will be a Presidio Mayors meeting at 6 p.m., Sept. 27 in the Army Community Services Conference Room, Building 103B. Areas without mayors need to be represented by the area coordinator. For additional details, contact Susan Burzo at **561-4147**.

Sobriety checkpoint on Lincoln Blvd.

The Military Police will conduct a sobriety checkpoint beginning at 7 p.m. Thursday at the intersection of Lincoln Boulevard and Graham Street in front of the Provost Marshal's Office. Drive safe, drive sober!

Family Child Care is seeking volunteers

The Presidio Family Child Care is looking for volunteers. Regulated by the Army with strict guidelines, the training is 40 hours long and includes child growth and development, childhood diseases, child guidance techniques and FCC business to name but a few. Ongoing training is required to maintain certification.

To become a part of the FCC program, call Mary Anne Gianquento, FCC director, at **561-6372** for an appointment.

Angel Island marks anniversary Sept. 25

The "Angel Island Jubilee," commemorating the 30th anniversary of Angel Island as a state park, will be from 11 a.m. to 4 p.m. Sept. 25. All historic sites on the island will be open with special historical reenactments during this day of living history. There will be performances by the Sixth U.S. Army Band and other bands, living history characters, tours, cannon firing, crafts, games, and dancing. To determine how to take the Red and White Fleet ferry from San Francisco and Vallejo, call **546-2628**. Call **453-2131** for ferry information for the Blue and Gold Fleet from Tiburon.

For information about the Day of Living History, call Lt. Col. Judith M. Allen, Angel Island Association, at **561-4881**.

TSC sets temporary closure dates

The first floor of the Training Support Center, Building 603, will be closed from Monday through Oct. 1 for asbestos removal. The photo and graphics area on the second floor will be open for business as usual. There can be no use of the TSC Auditorium, no equipment or film loans during that time, so plan your missions accordingly. The TSC personnel will not be allowed to enter the area and no emergencies will be honored. Refer questions to Marilyn Roberts at **561-2628**.

Free WordPerfect 5.1 class offered

Learn to use WordPerfect 5.1, arguably the most popular word processing program in the country, free, from 10 a.m. to 12:30 p.m. Mondays and Wednesdays from Sept. 27 to Oct. 25. Active duty soldiers have first priority for enrollment and Department of the Army civilians who work on post have second priority. Army Reservists, other military and family members will be accepted on a space-available basis. To enroll, see Kay Terry at the Presidio Education Center, Building 1216.

1994 outpatient deductible begins anew

The CHAMPUS deductible for outpatient care starts over for the new fiscal year Oct. 1. For services CHAMPUS patients receive from Oct. 1, 1993 through Sept. 30, 1994, most will pay the first $150 (for one person) or the first $300 (for a family) of allowable outpatient medical bills. The only exceptions are the eligible family members of active-duty military sponsors on the pay grade of E-4 or below. These families will pay an annual outpatient deductible of $50 for one person or $100 for the whole family.

Local AUSA chapter remembers World War II

The Maj. Gen. William F. Dean Chapter of the Association of the U.S. Army will host a banquet Oct. 13 at Parks Reserve Forces Training Area, Dublin, Calif., to commemorate the 50th Anniversary of World War II. For details, call Lucie Marx Titus, chapter president, at **(510) 736-4738**.

Quarters of Excellence Program returns

The Quarters of Excellence program is now in effect. A panel of judges, headed by Command Sgt. Maj. Linda K. Boudy will begin viewing the exteriors of all family housing quarters. After completion of the panel reviews, winners will be notified. For information, call Master Sgt. Amelia Tsukuda, noncommissioned officer in charge of the Family Housing Branch, at **561-6172**.

See Briefs, Page 10

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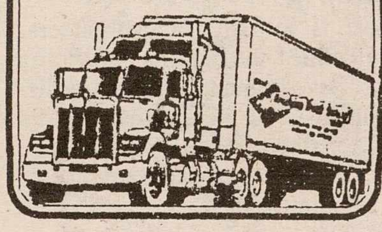

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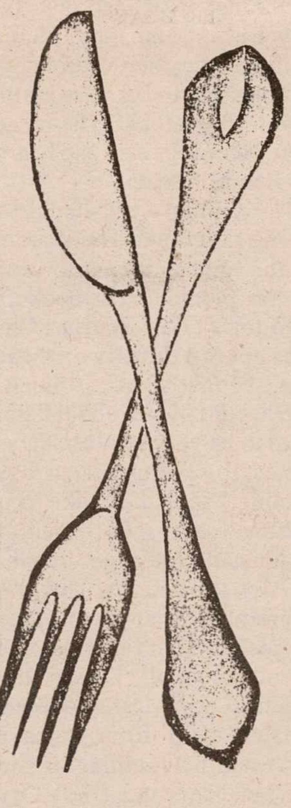

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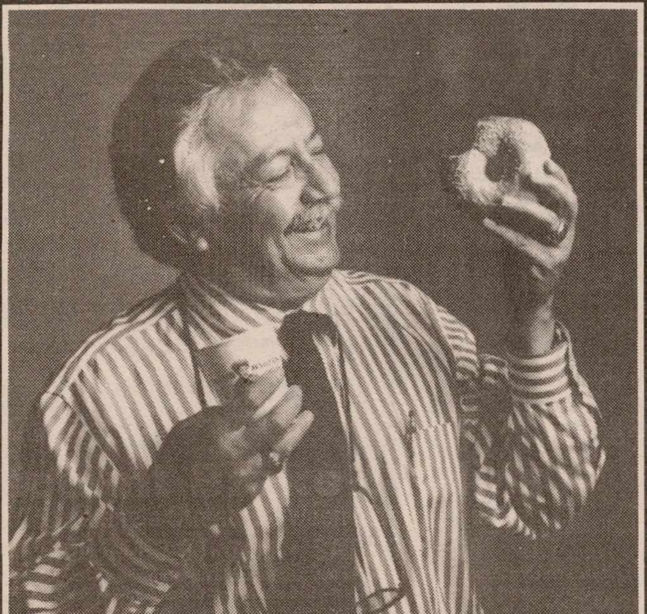

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Olivia's expresion is typical of these intelligent animals (Right photo) Lt. Col. Suzanne C. Jennings and her Llama, Monet.

Even llamas need mommas!

Story and photos by Sharon E. Everett-Roles
Special to the Star Presidian

If you've been through Letterman U.S. Army Health Clinic's Acute Care Clinic, you've seen Lt. Col. Suzanne C. "Cris" Jennings' smiling face. If you want to see her smile increase tenfold, ask about her llamas.

Jennings is one of approximately 30 llama breeders in the Sonoma County "Wine Country." Dragon Mist Llamas currently consists of six llamas--with three on the way.

"Their gestation is around 11 and a half months," Jennings explained. "The babies weigh between 25 and 30 pounds and are around 30 inches tall."

Jennings purchased her first two llamas because she wanted a gardener to keep her grass trimmed! "I wanted a goat, but when I looked at them, I didn't like the smell. Also, I didn't plan to eat my gardener. So, I went to the Pet-A-Llama Ranch, and I fell in love with llamas," Jennings explained.

Jennings also emphasized the low environmental impact of her woolly friends. She explained that llamas nibble the tops of grass, rather than pulling it out of the earth. This allows the grass to continue growing. In addition, Jennings said that the llama's two-toed, padded foot doesn't tear up trails or pasture land.

"These are the most intelligent, gentle, calm animals I've ever been around," Jennings enthused.

After that recommendation, I had to meet the llamas myself. So, we drove to Dragon Mist Llamas at Jennings' invitation. On the way to Sebastopol, I regaled my husband, Don, with llama information gleaned from my talks with Jennings.

"Did you know," I asked, "that llamas are living composters? Cris said they use a common manure pile and that it makes excellent fertilizer." This was proven to me when I saw a riot of tomato plants at Dragon Mist--it was two vines that had been fertilized with llama pellets.

I also imparted such gems from my notes as: one acre of property can easily support four llamas; many hunters use llamas to pack out deer and elk from country too rough for horses; llamas only spit to establish food dominance, defend territory, or when pushed beyond reasonable limits -- it's their way of saying "stop" (Jennings says everyone asks whether llamas spit). Don's eyes were a little glazed by the time we reached Dragon Mist.

At Dragon Mist, Jennings introduced us to Pat and Chuck Warner of Pet-A-Llama, and Vera and Jack Van Schaick of Enjoy Ridge Llamas. And then we met the llamas: Monet, Olivia, Maya, and Shaman of Dragon Mist, and Nicodemus of Pet-A-Llama, who had come over for the day. Every animal looks different even though, as Jennings said, they come in only one shape.

Jennings explained that, because llamas are herd animals, they are very unhappy if left alone. She said that single male geldings are often used to guard sheep herds: the llama has companions and can use his high-pitched alarm call to alert the herd to predators. The other sound llamas make is a gentle hum. Jennings said she hears it most often when it's time for the llamas to eat.

The day that we visited, Monet got to wear his training pack for the first time. The Warners put Nicodemus' full size pack on the animal for us to see; this pack can accommodate a cooler, picnic lunch, books, kites . . . everything you might need for a hike. And, as Chuck Warner explained, the pack does not rest directly on the llama's back and so does not hurt him. Monet's pack is much smaller.

What did I learn about llamas that surprised me? I expected them to be very shy, but they were friendly. In fact, Don was subject to several "llama loves" while he held Monet's lead. Jennings said that, like people, llamas all have different personalities. My observation was that the llamas were curious and interested in what we were doing.

I also learned that llamas have no upper teeth. When we offered bits of apple to Monet and Nicodemus, they plucked the pieces from our hands with their prehensile upper lips.

And the wool! Llamas are very soft and their wool makes beautiful yarn, as evidenced by the lovely skein Vera Van Schaick spun from llama combings. The wool can be harvested by combing or shearing, Jennings said.

When Don and I left Dragon Mist, I was talking about moving to the country so that we could add a llama to our menagerie. After all, Jennings had explained that they were less expensive to maintain than a horse, and they are environmentally sound. Jennings said that if you can afford a pedigreed dog, you can afford a llama. Don's eyes began to glaze over again.

If you would like to see llamas for yourself, visit the Harvest Fair at the Santa Rosa Fairgrounds, Oct. 1-3.

You can also visit Pet-A-Llama and have a tour of the ranch. Call Pet-A-Llama Ranch at **(707) 823-9395.**

Hospitals, continued from Page 1

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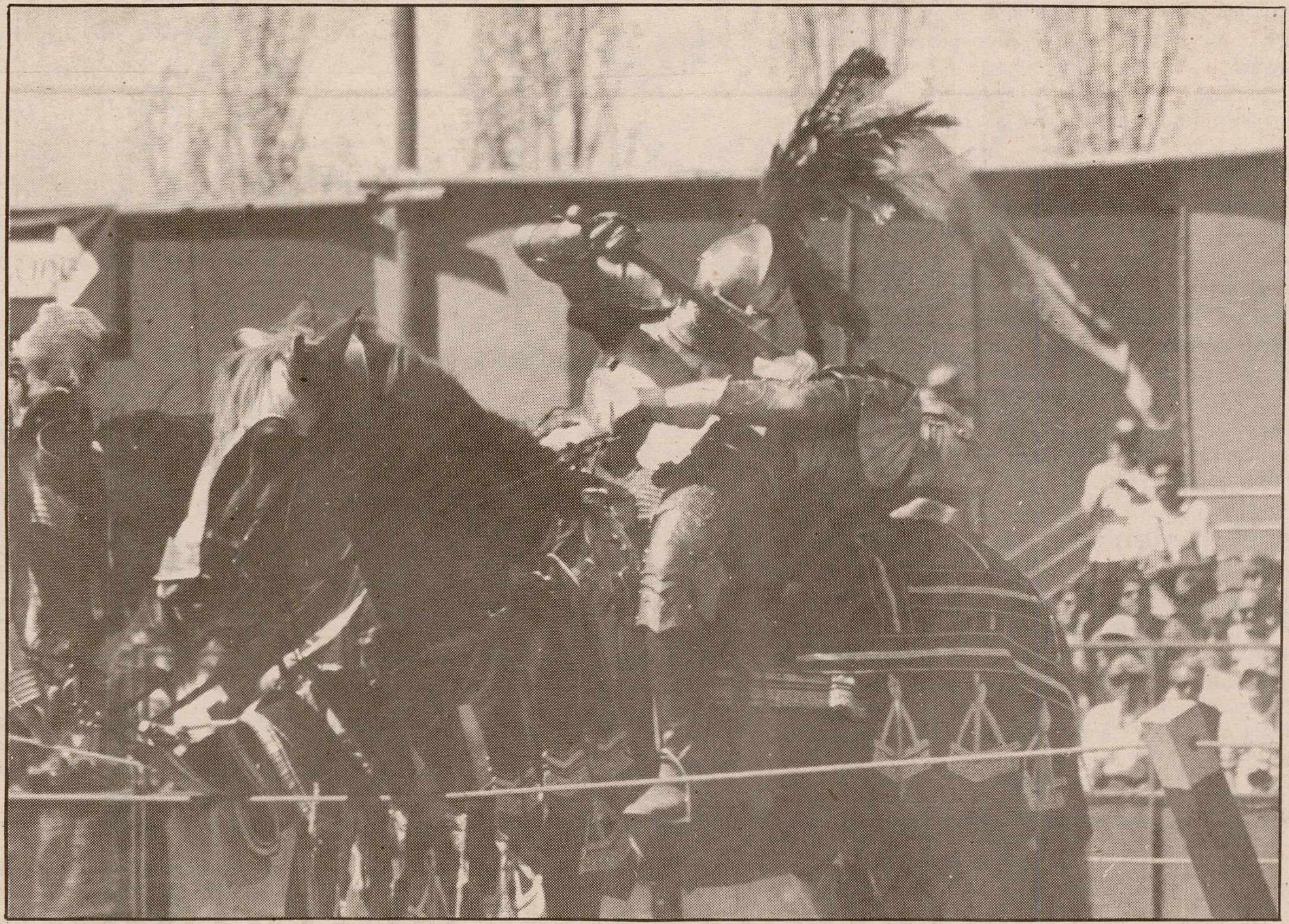
Period crafts and crafts people can be found all over the fair such as these two fair maidens who are spinning yarn..



Surely you joust! Reenactors demonstrate daring jousts and sword battles in the Tournament of the Horses and the Royal Joust held throughout the day at the horse tourney.

Fall in love at the Faire. The free environment provides a great opportunity to meet new friends.

Eat, drink, and be merry at the faire!

Story, photos by Sgt. John W. McGarrah
Star Presidian staff

Need to get away from it all for the weekend? Here's a suggestion, how about driving to Merry ole England--*real old*. Step back in time and see knights of old do battle, and partake in a Tudor country fair and harvest celebration. The good news is a time machine isn't required and you can be back home by dinner.

Every year near here, the Renaissance Pleasure Faire recreates an authentic Elizabethan-era country fair where the year's harvest is celebrated re-enacting 16th century English life and customs.

The fair has been held in the beautiful rolling hills of eastern Marin County, near the famous wine country of Northern California, for the past 27 years since 1967. It is internationally regarded as the most historically correct Renaissance-period event of its kind in the United States attracting hundreds of thousands of visitors each year from around the world.

This year, more than 1,200 costumed performers, musicians, dancers and actors will perform and entertain an average of 15,000 visitors a day. Some of the delightful characters you may encounter at the fair may include Queen Elizabeth I, Sir Robert Dudley, Sir Walter Raleigh, Sir Francis Drake, William Shakespeare, the Lord Mayor, the Lord High Sheriff, Don Bernardino de Mendoza, the Lord of Misrule, John Barleycorn, knights, and a huge supporting cast of peasants, jesters and townfolk. Each actor brings their character to larger-than-life realism.

Not to be missed in your journey through ole England are the Tournament of Horses and the Royal Joust.

Whether you're just visiting, or totally immerse yourself in the spitit of the event by renting a costume at the site or wearing one of your own creation, fun will be had by one and all.

Exotic foods to tantilize the palate are in abundance, after all it is a harvest festival. Foods vary from the traditional to the terrific to the terrifying. Shepherd's pie, steak-on-stick, spicy turkey legs, quail, abelskivers, and toad-in-a-hole are just some of the entrees. For the non-adventurous, there's are more familiar sandwiches and desserts (including non-period churros and fresh strawberry shortcake). Beverages of all kinds abound to keep fairfolk from getting too dry.

Games at the fair are custom made to delight and entertain all ages. Included among the games, one will find the Dragon's Maze, giant swings, peasant dunking, huge rocking horses, gourd tossing, traditional board games, bowling, and rope walking. The gaming green is the perfect spot for children to learn about, and compete in, Elizabethan games.

Beautifully crafted wares are sold in the marketplaces throughout the fair. In the Traders' Market treasures brought from the lands explored by Drake, and Raleigh can be found. Unique shopping opportunities are available only at the fair, from swords to handmade nightgowns, as hundreds of artisans hawk the handmade goods they've created. Some of the handcrafted wares for sale include hand-thrown pottery; homespun, dyed and woven fabrics; feathered masks; hammered pewter ware, fine jewelry; hand crafted furniture; children's toys and games; delicate handiwork and applique; stained and hand-blown glass; knives and swords; prints and paintings.

The fair is a program of the Living History Centre, a California non-profit corporation, and runs weekends through Oct. 10, at Black Point Forest, 30 minutes north of San Francisco on Highway 37 in Marin County. Fair hours are 10 a.m to 6 p.m.

Discount tickets to the fair are available at the Information Tour and Travel Office, Building 210, for $12. Parking at the fair site is an additional $5. The fair site is fully wheelchair accessable and comfortable walking shoes are recommended.

Games and rides provide fun and excitment for children of all ages.

What's in a name: HRH Elizabeth I (1558-1603)

The 45-year reign of Elizabeth 1 (1558-1603) was a pivotal time in the history of England and the English speaking peoples around the known world.

Elizabeth was the end of the Tudor monarchy which ruled England-not always gently-from the middle ages though the Renaissance. It was an age of creation and exploration, when Shakespere and Marlowe struck fire with phrases newly minted, and English adventurers found brave new worlds by sea. The middle class began to prosper and grow. Education, a rarity in earlier generations, became more available and valued.

"You may well have a greater Prince, but you will never have a more loving Prince, " Elizabeth once told her subjects. The people revered the brilliant, talented, tenacious woman. Daughter of Anne Boleyn and Henry VIII, Elizabeth I had been educated in a manner considered masculine, and spoke and wrote seven languages. Elizabeth Glorianna left the stamp of her tastes and judgement on an age which shall forever bear her name.

Briefs, Continued from Page 5

Adult ballet classes held Mondays

Ballet instruction for adults will be offered from 6:15 to 7:15 p.m. Mondays at the Boy Scout Hut, Building 1331. Class emphasis will be on freeing the body from tension in a creative, positive atmosphere; heightening self-awareness by learning the basic mechanics of ballet technique and basic steps to bring out the dancer in you.

The instructor, Victoria Bautista, has worked with the San Francisco Spring Opera, San Jose Civic Light Opera, The Rod Rodser Dance Company in New York and has taught in New York and San Francisco. For information, call Bautista at **752-6536**.

Youth ballet, jazz classes offered

There will be ballet and jazz dance classes offered to youths from 4 to 5 p.m. and 5 to 6 p.m. Monday and Wednesday afternoons at the Boy Scout Hut, Building 1331. The first class is for ages 10 to 19 and the second is for ages 5 to 9. The cost is $40 per month per student. For information and/or sign up, call Victoria Bautista at **752-6536** or **561-5143**.

Gospel garden shares ingredients

The church garden features five rows of lettuce: Let us love one another, let us welcome strangers, let us be faithful to duty, let us truly worship God, let us give liberally. The Gospel Prayer and Praise group holds its services from 11:30 a.m. to 1 p.m. Sundays, and Bible study classes from 6:15 to 7:30 p.m. Tuesdays, in the Religious Activities Center, Building 682. Let us worship together.

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Saturday-*Coneheads (PG)*
Sunday-*The Firm (R)*
Sept. 24-*Sliver (R)*
Sept. 25-*Poetic Justice (R)*
Sept. 26-*The Meteor Man (PG)*

All movies begin at 7 p.m.

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Retention board set for Oct. 20

All soldiers who have permanent profiles with a numerical factor of 3 or 4 will be mandatorily referred for evaluation to an MOS/Medical Retention Board. Soldiers having these factors who have not been referred to an MMRB must contact the Military Personnel Operations Branch at **DSN 586-2151** or **586-3297**, or commercial **561-2151** or **561-3297**. Soldiers with approved retirements, bars to reenlistment, or pending administrative elimination and approved early outs are not required to be evaluated. The next scheduled MMRB is for 8 a.m. Oct. 20 at the Sixth U.S. Army Conference Facility, Building 35.

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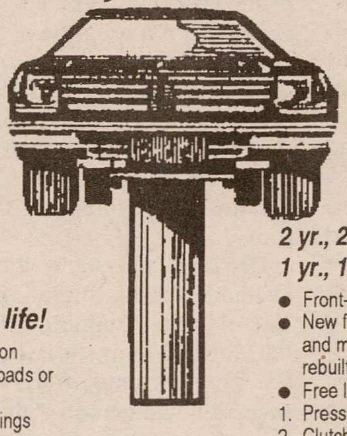

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Couch potatoes sacked by poor snacking habits

By Capt. Maria E. Bovill
Letterman U.S. Army Health Clinic

As the Monday night football season rolls around, we find ourselves spending more time "sitting", watching the activity of others! This is not half bad, but couple this increased inactivity with football season "munchies," and you should be ready for "stuffing" by Thanksgiving Day!

This football season, make a promise to yourself to eat and serve lighter snacks. You may be surprised to find simple substitutions can leave you lighter and not facing a few extra "Winter" pounds. Here are some suggestions:

Classic Ingredient	*Possible alternatives*
White Bread	*Whole grain bread offers fiber, minerals and other nutrients*
Tuna packed in oil, 150 calories per 2 oz	*Tuna packed in water, 70 calories per 2 oz*
Cold Cuts	*Lean meats from the deli such as sliced chicken or turkey breast; also use vegetables (lettuce, tomato, onion, green pepper); they add flavor and little fat*
Cold cuts,hot dogs	*Extra lean ground beef*
Macaroni or potato salad with mayo	*Replace mayo with yogurt or vinaigrette dressing, herbs and spices. Raw vegetables 80 calories per 1 oz*

HALF-TIME SNACKS-Cheese and crackers, potato chips, brownies, popcorn (hold the butter!), Fruit salad

Try this recipe and score a touch-down with your guests, while not ruining your diet. Enjoy! Contact the Nutrition Clinic at Letterman U.S. Army Health Clinic at **561-2664** for more nutritional information!

TV MUNCHIES

7 cups popcorn, popped and unsalted
1 cup low salt wheat crackers (2 ounces)
2 tablespoons unsalted margarine, melted
1/4 cup honey
1 cup seedless raisins

Combine popcorn and crackers in a large bowl, set aside.

In a small bowl, blend margarine and honey; pour over popcorn mixture, tossing to coat well.

Spread on greased 15 1/2 by 10 1/2 x 1 inch baking pan. Bake at 350 degrees F for 10 minutes, stirring once.

Stir in raisins. cool completely, store in airtight container.

Nutritional information per serving (1/2 cup): Calories 95, Sodium 19 mg, cholesterol 0 mg, total fat 3 gm (28 % of calories) , saturated fats 0 mg, dietary fiber 1 gm.

Nutrition Care Division, Letterman U.S. Army Health Clinic

Changing Health Plans?

Before you make major changes in your health care provider, ask the right questions. Has the provider in question merged into a large facility requiring you to visit multiple sites to get care? Will a new provider be able to give you the service you want and need? Will they have Physicians ready to see you? Is the location convenient and are they accessible with all the technology needed for today's health concerns?

Before you make decisions which will have lasting effect, visit the facility and talk to the staff, get a feel for the provider.

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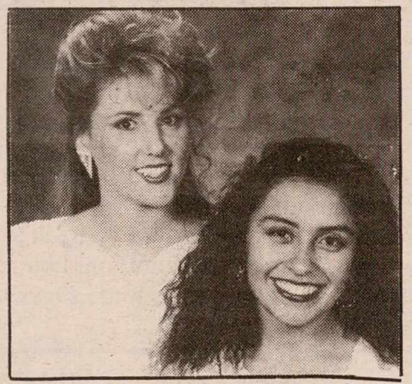

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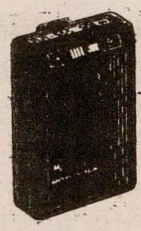

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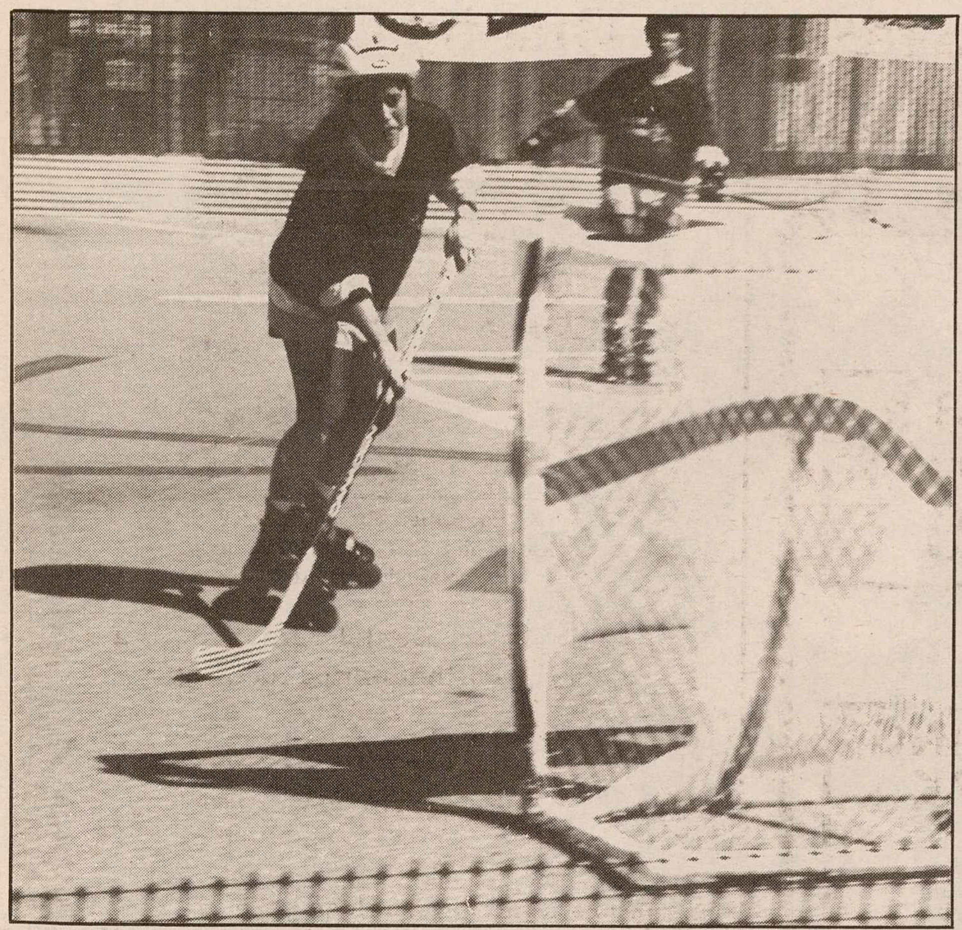

Staff Sgt.Pleasant Lindsey III

A female inline skater goes in for the shot in the Ruby Red Red Hot and Rolling Expo held at Crissy Field this weekend.

Inline derby held on post

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Bay Area in-line skaters raised money for local seniors through races and hockey contests Saturday afternoon near the north end of Mason Street.

The Ruby Red Red Hot and Rolling Expo featured sprints, distance races and three-on-three and five-men team hockey tournaments. The event was sponsored by Ocean Spray, the makers of Ruby Red grapefruit juice drink; other beverage and sports drink companies and inline skate merchandisers. The money raised was used to benefit the San Francisco Senior Center.

"This was the biggest inline skating event ever held in Northern California," said Dave Rhody, president, RhodyCo Productions. "It was fabulous. The people loved the Crissy Field site and the support of the Presidio's Military Police was fantastic."

SportsChannel covered much of the competition and local station KMEL-FM supplied musical entertainment.

The hockey competition included three-on-three and five-on-five matches featuring male and female teams. Players ranged in age from 12 to adult. Five-on-five competition was limited to adults (those who were 16 and older). The games were friendly. No checking or fighting was allowed.

The event featured a freestyle skating and fashion show, as well as 50 and 100 meter sprint races. All Sport provided prizes for the races in male and female age divisions of 10 and under, 11 to 15, 16 to 20, 21 to 29, 30 to 39 and 40 and older. Freestyle awards went to the top three individuals and top three groups.

There was a free 5-kilometer citizen roll that morning, open to all. The Any Mountain booth provided free Bauer skates to anyone willing to roll along the flat course. This event was designed to introduce people to in-line skating.

The first event of the day was the 10-kilometer Elite Race. The race featured a $2,000 purse split among the top five men and top five women racers.

"The Senior Center's members wanted to do something different for a fund-raising event," Rhody said. "They wanted to create a bridge between seniors and young people and saw this as a way to reach young people. They are looking at this as becoming an annual event."

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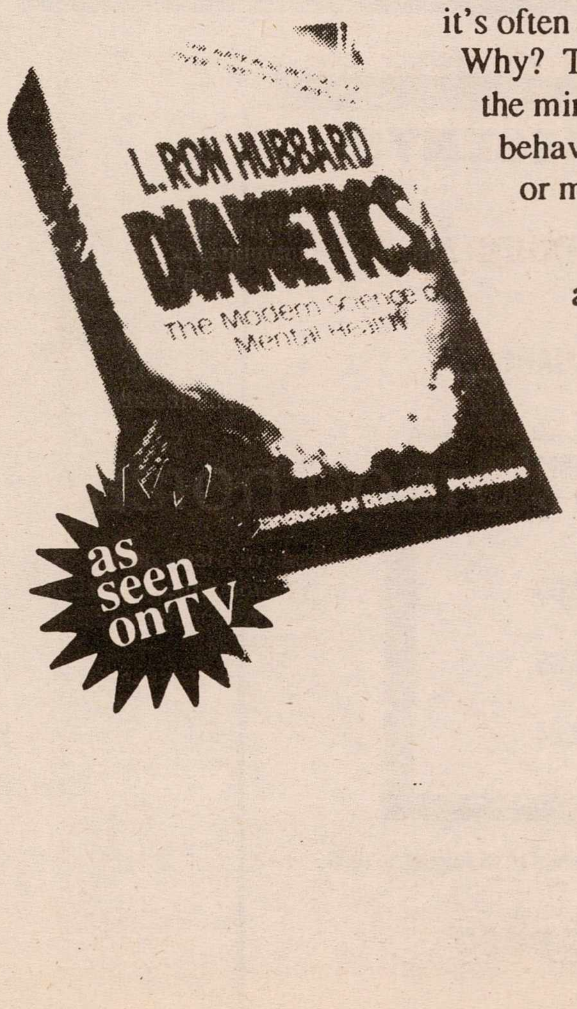

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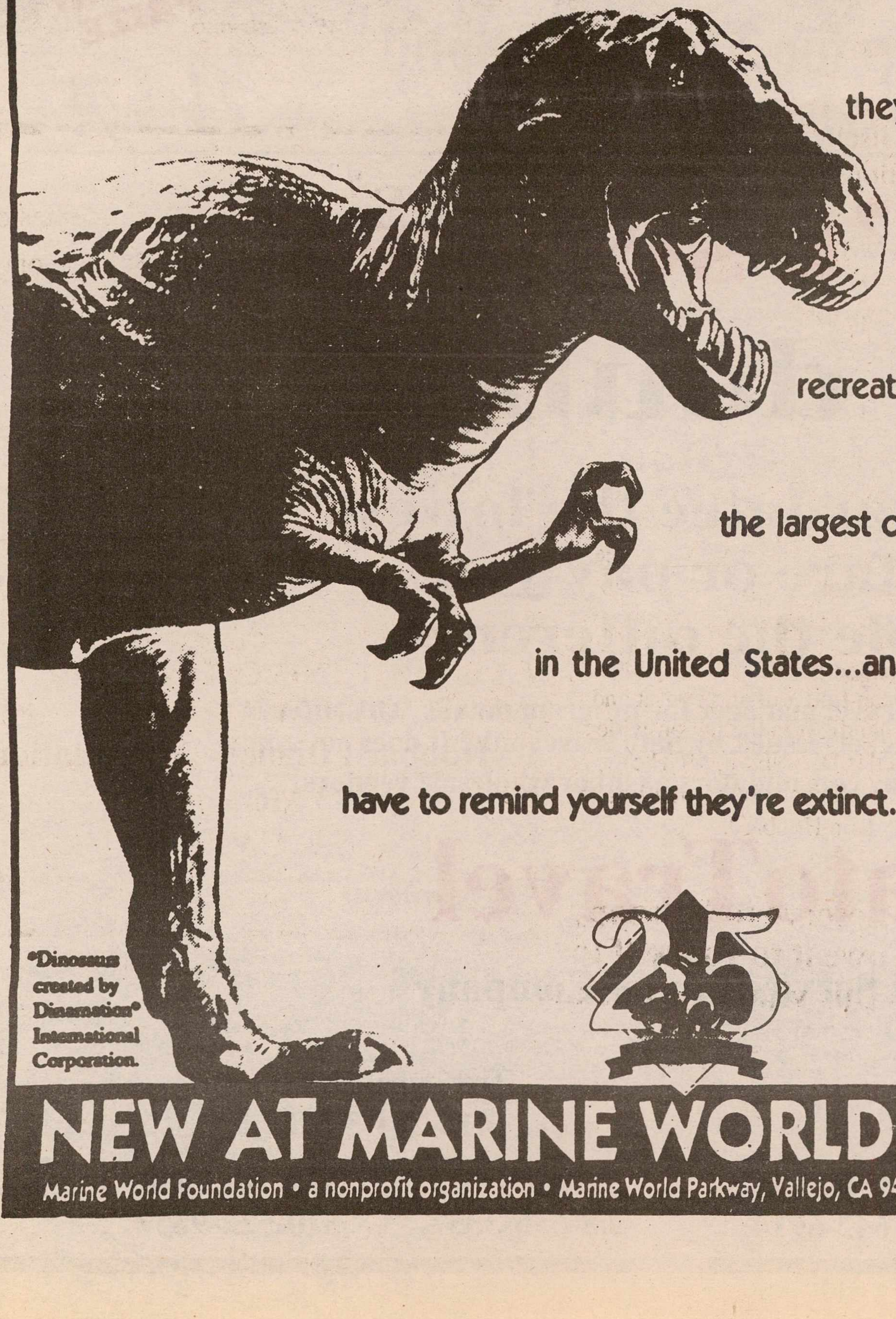

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Star Presidian

Vol. 38, No. 37 Published for the Presidio of San Francisco Community Sept. 24, 1993

Priority Placement Program offered to post employees

By Joan Gusman
Civilian Personnel Office

All garrison and health clinic civilian employees are eligible for Priority-One registration in the Department of Defense Priority Placement Program Oct. 5-15.

Col. Gregory A. Renn, commander, U.S. Army Garrison, Presidio of San Francisco, and Col. Michael J. Brennan, commander, Letterman U.S. Army Health Clinic, have authorized the early, voluntary registration of all civilian USAG and LUSAHC employees in the DoD PPP.

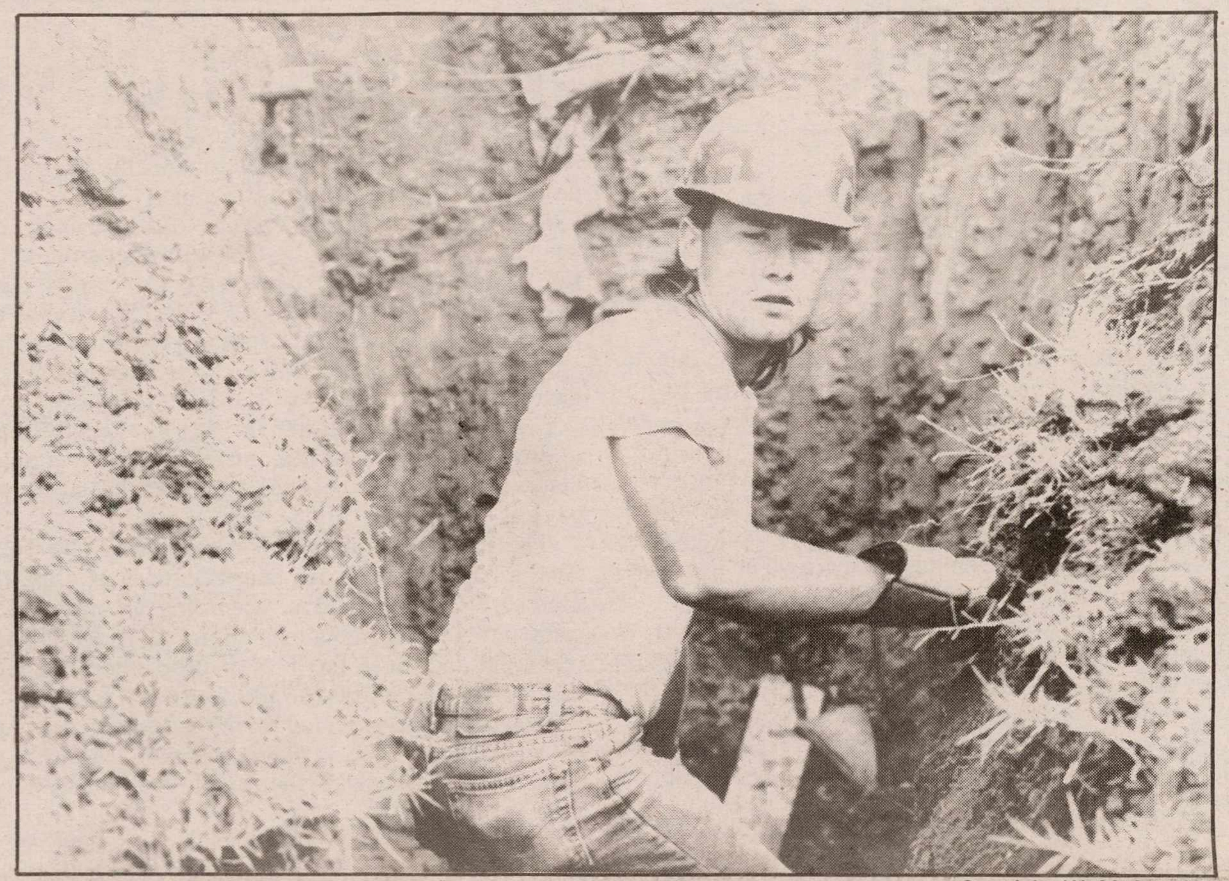
Because both organizations are within one year of transition, all interested employees may register as PPP Priority-One candidates. The Army garrison is scheduled to transition Sept. 30, 1994 and LUSAHC will cease operations and close July 31, 1994.

There are three priorities in the PPP. Priority-One is for those employees who will be losing their jobs. Priority-Two is for those who change to a lower grade by two or more grades and Priority-Three is for employees whose status will drop one lower grade.

All Presidio of San Francisco employees will be considered for Priority-1 placement because they will all be losing their jobs here.

Each directorate within USAG and the Resource and Information Division in LUSAHC will identify a point of contact to coordinate the registration. The directorates' point of contact will be contacting their employees to determine interest in early registration and to schedule appointments. Therefore, employees are asked not to contact the CPO for an appointment.

See PPP, *Page 8*



Sgt. John W. McGarrah

In the trenches

Scot Rountree, a worker with Tri-Ad Constructors, finds himself in over his head as he lays a new liner into the existing pipes on the Presidio as part of the sliplining upgrade program ongoing here. The project, which is in it's final stages, should make an improvement in the current conditions, say officials.

Fond memories, friendships highlight secretary's long career

By Sgt. John W. McGarrah
Star Presidian Staff

When Joyce B. Teague leaves the Presidio of San Francisco next week, it will be like leaving a family she has come to love.

Teague, a native of Charleston, W. Va., has served as a secretary to Sixth U.S. Army and Presidio of San Francisco commanding and deputy commanding generals for the past 10 years. She retires Thursday after nearly a quarter century of service to the nation.

Her distinguished and varied career began after graduating highest in her business administration field class. As a direct result, she was awarded her first job with the Carbide and Carbon Chemical Corporation in Charleston in June 1945. The road of her career led to the Department of the Air Force Civilian Personnel in the Pentagon, Washington, D.C., and finally to the U.S. Army here at the Presidio. She has also worked as a real estate broker managing six offices simultaneously. Teague plans to return to school to renew her broker's license in the near future.

"I've never had a bad job," Teague said. "I've really been blessed.

"This is the start of a new and exciting chapter in my life," Teague explained. "As much as I'm going to miss the close friends I have made here at the Presidio, I'm very much looking forward to starting my life anew. Everything that I've done and experienced to this point has prepared me for this time in my life. I'm looking forward to what the future may hold."

Teague recently completed a five-year Bible Study Fellowship Course. She is currently serving on the Woman's Ministry Board and Discipleship Committee of the Marin Covenant Church, where she plans to devote a lot more of her time.

Joyce Teague

With her new-found free time, Teague will be realizing a lifelong goal in November when she visits Israel. The trip is a surprise retirement present from her husband.

"It's time for me to share some of my good fortune, and take time out to share with my family," she said.

Leaving the Presidio is a bittersweet move for Teague. "The Presidio is filled with beauty everywhere you look; not only in the breathtaking area it covers, but in the people who live and work here each day," she said.

"I will miss the many friends I'm leaving. The crashing waves at Fort Point where I would have lunch, my coworkers, the ceremonies, the changes of command, and visiting dignitaries are all things I will miss very much," she said.

"It's heartbreaking to see everything closing down as the post quietly and sadly closes. I have had so many friends who have come and gone during my time here."

"However," she joked, "I won't miss getting up at 5:30 a.m. each day."

Serving as the secretary to the Sixth U.S. Army commanding general during peacetime and during times of war has provided Teague with memories she will never forget.

"During Operation Desert Shield it was wonderful to see how everyone pulled together," she explained. "We had a Christmas tree in the headquarters office here decorated with envelopes with the addresses of all the people we had overseas. Everyone either adopted someone and wrote to them, sent them a care package, or contacted their families left at home. Another good memory was the Bay Area Kuwaiti businessmen who bought and distributed children's toys to the families of our soldiers serving in Kuwait."

In their free time, the Teagues enjoy sailing their 36-foot Islander on the famous waters of the Bay Area.

"We spend a lot of time on the Bay," she said. "This is one of the greatest places on Earth to sail. The view of the city from the bay, the Golden Gate Bridge, and Angel Island just can't be beat."

Teague is married to Col. (retired) Jerry L. Teague and has one daughter, Sue S. Muguruza, and two grandchildren, Michael and Melissa.

"I would like to thank Lt. Gen. Glynn C. Mallory Jr.; his wife, Linda, and family, for adopting me into their family. I will miss them all very much. Mrs. Mallory is a very special, lovely lady. I will miss her very much, and cherish our friendship."

"I'd like to tell my replacement she is coming into a wonderful environment and will love the people she will be working with. We are one big family here," she stressed.

A family who will soon bid a sad farewell to one of its own.

An awards ceremony in honor of Joyce Teague on the occasion of her retirement will be held at 11 a.m.,Thursday, in the Sixth U.S. Army Command Conference Room followed by a no-host luncheon at noon at the Presidio Officers' Club. For information, Call Spc. Teresita Geston, secretary to the general staff office, at **561-3746/2778.**

BE THERE
Give a Fair Share

CFC

San Francisco Bay Area
Combined Federal Campaign
Fall 1993

Post kicks off CFC fund drive

By Sgt. John W. McGarrah
Star Presidian Staff

The San Francisco Bay Area Combined Federal Campaign Army Sector Kick-off was held Tuesday at the Presidio Officers' Club. The campaign will be held here through Oct. 31.

In attendance at the kick off were unit and activity commanders, agency heads, and coordinators for the more than 20 United States military agencies in the greater Bay Area.

Featured speaker for the event and CFC Army Sector Chairman Lt. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio of San Francisco commanding general, addressed the enthusiastic crowd at Tuesday's kick off ceremony.

Mallory stressed the importance of letting workers at all levels know what the Combined Federal Campaign does through 100-percent contact. "You will find that our soldiers are the most noble creatures in creation," Mallory said. "If you let them know the great things that the Combined Federal Campaign does, they will support it."

"The Combined Federal Campaign is special in the respect that the money given can be used right here in the local community or wherever the need is greatest," said *Lt. Col.* Russ Hendon, the Army sector loaned executive for the 1993 campaign. "It's also very easy to contribute, either directly or through payroll deduction."

The campaign offers several options for donors: Donate the whole amount to an international, national, or local group or agency of your choice, or divide the gift among several different agencies. Other options include sharing the donation between all the agencies listed--either locally, nationally or internationally. Your donation can also be made in confidentiality.

Three of the categories that can be donated to are local agencies here: the **Presidio Child Developement Center**, the **Presidio Food Basket Program (Hands Across the Presidio)**, and the **Presidio Youth Services**. Campaign officials have made special provisions so these agencies, if designated, will receive donations prior to October 1994.

The CFC was established in 1961 by executive order to provide a single, unified annual charitable campaign that was efficient and could be accomplished through payroll deductions.

The theme for this year's campaign is "Be There-Give a Fair Share. (A fair share is one hour of pay per month)." Over the years, according to officials, the campaign has become a meaningful way to voluntarily reach out and touch the lives of people needing help--making a better world for all of us.

Except for service relief drives and emergency disaster appeals, the CFC is the only authorized on-the-job solicitation of federal civilian employees and military at their place of work.

The Army And Air Force Exchange System here, in recognition of the campaign, is offering two special promotions. Bring in a CFC receipt for a five percent discount off a single item of your choice, in addition drop off a copy of the receipt at the special box at the Main Post Exchange for a chance at winning a new television or video cassette recorder. The drawing will be held Oct. 31.

Watch future issues of the *Star Presidian* for lists of unit representatives and further information on the Combined Federal Campaign.

Presidians willingly show patriotism

By Spc. Adrienne Story
Star Presidian staff

Patriotism is dead.... NOT!

In several military newspapers, I've read the overwritten commentary about the lack of patriotism on military installations.

Well, it's just not true at the Presidio. When the cannon goes off, people stop and listen. They render the proper salute and pay tribute to their nation's colors and the armed forces.

The other day I was going home from the day care center.

I saw Chaplain (Capt.) Randall Dolinger walking home. Knowing he has a killer hill to climb to get to his quarters, I asked him if he needed a ride.

He declined saying he was just waiting for the cannon to go off. It was just minutes before 5 o'clock.

I turned the corner and just made it past the stop sign.

BOOM!

I stopped the car. My sister who is unfamiliar with military customs asked what I was doing.

"I'll explain in a minute." I had no time to talk, the music was starting.

To be perfectly honest, I may not have heard the cannon. If the kind chaplain didn't draw the time to my attention. I did hear it though, and I was proud to stand at attention and give the proper salute while "To The Colors" played.

Two vehicles approached the other stop signs at the intersection. Apparently the drivers did not hear the cannon, but when they saw me standing outside my car, they must have realized the time, because both stopped and got out of their cars.

I felt even more proud. I helped two other soldiers take the opportunity to pay tribute to their country.

In the distance I saw a civilian (I assume he was a civilian because he was dressed in a suit and his hair was a little too long to be a military member) standing at attention with his hand over his heart.

...And people think patriotism is dead. Where have they been?

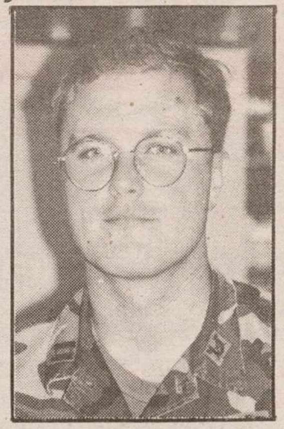
I got back in the car, smiling at the thought of people recognizing our country, and the armed forces which in turn recognizes me. It may sound silly, but I really felt good. Those few minutes which began at five o'clock made the rest of my day. I completely forgot about the explanation I owed my sister.

"So, what was that all about," she asked.

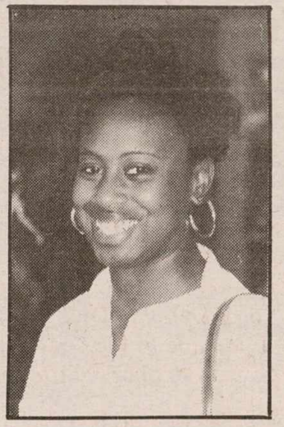
I explained the cannon, retreat, saluting and military customs. I said, "It's patriotism, sis, patriotism!"

Ask Presidians

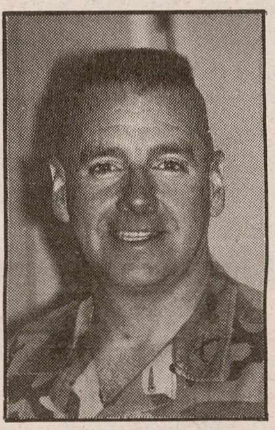
"What person or activity here on post do you feel is doing an outstanding job?"



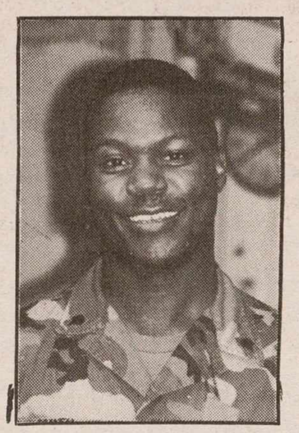
Cpt. Daniel Marsh, administrative/criminal law attorney, Garrison Judge Advocate General's Office: "The entire staff at the Garrison JAG Office. They put in long hours putting forth a very professional work product."



Tanjela Rogers, family member: "The staff at the Education Center here. The free classes they put on are really well done. The classes are scheduled at times I can take them."



Cpt. Brick Loomis, exercise project officer, Exercise Division, DCSOPS: "All of the family members here at the Presidio. They are dealing with extraordinary presures and uncertainties as we go through the dynamics of downsizing. My hat goes off to those folks!"



Spc. Marcus Smith, administration specialist, Exercise Division, DCSOPS: "The staff at the Post Gym is great, very friendly. A good variety of equipment is available to help prepare for PT tests."

Teri Allred, personnel systems manager, Civilian Personnel Office: "The Child Developement Center is the best organization here, especially Mike Simones, the lead teacher for Room 11. He's wonderful and does a great job with kids. It's just a fabulous place. Both my kids have gone there."

Interviews by Sgt. John W. McGarrah

Star Presidian

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North Dakota employers see troops in action

Story and photos by Maj. Wanda Arceneaux
Special to the Star Presidian

Most of the 32 North Dakota businesspeople who watched soldiers putting up a portable hospital at Camp Parks last week had never imagined what their soldier-employees do when they go to "summer camp" each year. That all changed quickly when the group received an orientation on the process, and they were able to talk with Army Reservists of the 347th General Hospital from Sunnyvale, Calif.

The 347th Gen. Hosp. was undergoing sustainment training on Deployable Medical System during its two weeks of annual training at Camp Parks. Many of these part-time soldiers work full-time in civilian hospitals and medical clinics, and were happy to talk about both of their worlds with the North Dakotans over a lunch of MRE's. For many of the North Dakotans, it was their first "taste" of military life--and they seemed to enjoy it.

The group was participating in a "Boss Lift" sponsored by an organization called the National Committee for Employer Support of the Guard and Reserve (ESGR), which aims to gain and reinforce the support of civilians who employ Reserve and National Guard members for a strong reserve-component system. The National Committee uses the "Boss Lift" program to inform employers about the kinds of activities reserve-component members become involved in when they depart their civilian jobs each year for annual training. In this case, the ESGR chairman from North Dakota, Dick Walstad, who is also the state's Civilian Aide to the Secretary of the Army, had invited employers to observe training in the Bay Area.

Lt. Gen. Glynn C. Mallory, Jr., Sixth U.S. Army commander, welcomed the employers the morning after their arrival by a Colorado Air National Guard aircraft. The Sixth Army staff gave them briefings on its mission, and the group then went on an extensive windshield tour of the Presidio before joining Presidio soldiers at the Letterman Dining Facility for a hot lunch.

The group got a glimpse of Navy life as well as Army training, when they toured the aircraft carrier U.S.S. Carl Vinson, which was in port at the Alameda Naval Air Station.

On the third day of the visit, however, the group got the best glimpse of what their employees do as citizen-soldiers, when they visited Camp Parks Reserve Forces Training Area.

Post Commander Lt. Col. Mark C. Nelson briefed the group on Camp Parks' mission of reserve training and explained how it is organized, funded and operated.

Lt. Col. Paul A. Boensch, Jr., director of the Regional Training Site-Medical, which conducts training on DEPMEDS equipment, briefed the group on the mission of his organization. The group then toured a DEPMEDS hospital which had been set up on a hard site.

After the tour, the North Dakotans then walked to the area where soldiers from the 347th Gen. Hosp. were practicing opening the shelters which fit together as modules to form the hospital. Some were making measurements on the ground to determine the best placement for these shelters, while still others were learning to drive 5-ton trucks with dollies to transport the shelters when it was time to begin actually putting the hospital units together. At the end of a productive morning, the 347th Gen. Hosp. took a lunch break in the tent city where the unit was spending its two weeks at Camp Parks. The North Dakota group joined them and shared some interesting conversations over the likes of Salisbury steak with Tabasco sauce, potato patty, cherry nut cake, and other such MRE-styledelicacies.

Mm-mm-good! That seems to be the consensus of opinion from a group of North Dakota businessmen as they sample MRE's for the first time.

Lt. Gen. Glynn C. Mallory, Jr. (front row, center), Sixth U.S. Army commander, poses with a group of North Dakota business people who employ reservists and guardsmen. Left of Mallory is Dick Walstad, chairman of the North Dakota Employer Support of the Guard and Reserve. To the right is Maj. Gen. Alex MacDonald, the North Dakota Adjutant General.

Prior to departing Camp Parks, the group got a post tour from Rick Fielder, Directorate of Reserve Component Support, who pointed out such landmarks as the federal prisons where Patty Hearst and Michael Milken had served time.

The group departed the following day, much more knowledgeable of what it means to be a citizen-soldier, whether serving as an Air National Guardsman on a flight crew, a sailor on an aircraft carrier, or a soldier in a portable Army hospital. If the employers' enthusiasm and favorable comments are an indicator, the trip was a success, and they will take back a better understanding of what their employees do as reservists and guardsmen and a positive attitude toward their military service.

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Saint Luke's Hospital
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ER **353-6300**
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Information **353-6000**

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ER **925-7200**
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Presidio News Briefs

Memorial plaque dedicated

The dedication service for the memorial plaque in memory of the late Sgt. 1st Class Victor Bradley will be held at 11 a.m. Monday in the Main Post Chapel Memorial Gardens. All are welcome.

Family child care volunteers needed

The Presidio Family Child Care is looking for child care training volunteers. Regulated by the Army with strict guidelines, the training is 40 hours long and includes child growth and development, childhood diseases, child guidance techniques and FCC business. Ongoing training is required to maintain certification. To become a part of the FCC program, call Mary Anne Gianquento, FCC director, at **561-6372** for an appointment.

Angel Island anniversary celebrated

The "Angel Island Jubilee," commemorating the 30th anniversary of Angel Island as a state park, will be from 11 a.m. to 4 p.m. Saturday. There will be performances by the Sixth U.S. Army Band and other bands, historical reenactments, tours, games, and dancing. For more information about the Day of Living History, call Lt. Col. Judith M. Allen, Angel Island Association, at **561-4881**.

Officers' Spouses Club hosts tour

The Presidio Officers' Spouses Club will host a tour of the Sheraton Palace Hotel at 1 p.m. Oct. 7. There will be a tea following the tour. The number of available slots is limited. For more information, or if you signed up at the luncheon and cannot attend, contact Christine Mathis at **346-6712**.

Résumé writing class Oct. 7

The Job Assistance Center from Fort Ord, Calif., is here the first and third Tuesday (afternoon), Wednesday (all day) and Thursday (morning) in the Army Community Services Resource Center, Building 103B. Transitioning soldiers, civilians and adult family members should make an appointment with a counselor to discuss the job transition process. Counselors are available to help you write a professional résumé and cover letter and prepare for interviews. Counselors will also help you access the portable JAC-In-The-Box to review the Army Employer Alumni Network.

There will be a résumé writing class from 9 a.m. to noon Oct. 7 in the ACS Conference Room on the third floor. To make an appointment or learn more about the JAC, call **DSN 929-7907** or **(408) 242-7907**.

Camping equipment available for rental

Outdoor Recreation has everything you need for your camping pleasure including tents, sleeping bags, lanterns, camp stoves, water coolers, and small heaters for chilly California nights. The equipment can be rented now for reasonable prices. call **561-4324** for more details.

TSC schedules temporary closure dates

The first floor of the Training Support Center, Building 603, will be closed through Oct. 1 for asbestos removal. TSC personnel will not be allowed to enter the area and no emergencies will be honored. The photo and graphics area on the second floor will be open for business as usual. The TSC point of contact is Marilyn Roberts at **561-2628**.

WordPerfect 5.1 class offered

Learn to use WordPerfect 5.1 free from 10 a.m. to 12:30 p.m. Mondays and Wednesdays from Sept. 27 to Oct. 25. Active duty soldiers have first priority for enrollment and Department of the Army civilians who work on post have second priority. Army reservists, other military and family members will be accepted on a space-available basis. To enroll, see Kay Terry at the Presidio Education Center, Building 1216.

Presidio Mayors meet on post

There will be a Presidio Mayors meeting at 6 p.m. Monday in the Army Community Services Conference Room, Building 103B. Areas without mayors need to be represented by the area coordinator. For additional details contact Susan Burzo at **561-4147**.

Local·AUSA chapter honors World War II

The Maj. Gen. William F. Dean Chapter of the Association of the U.S. Army will host a banquet Oct. 13 at Parks Reserve Forces Training Area, Dublin, Calif., to commemorate the 50th Anniversary of World War II. For details, call Lucie Marx Titus, chapter president, at **(510) 736-4738**.

Adult, youth ballet classes offered here

There will be ballet and jazz dance classes offered to youths from 4 to 5 p.m. and 5 to 6 p.m. Monday and Wednesday afternoons at

See Briefs, Page 10

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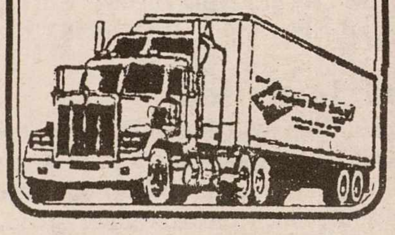

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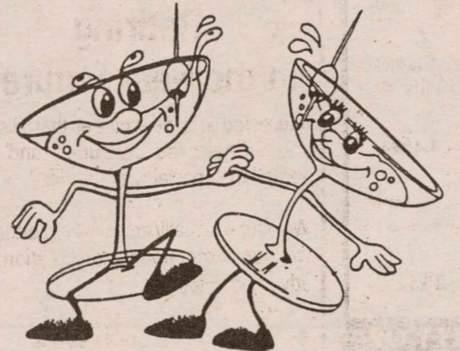

Be on the
DINING
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Page

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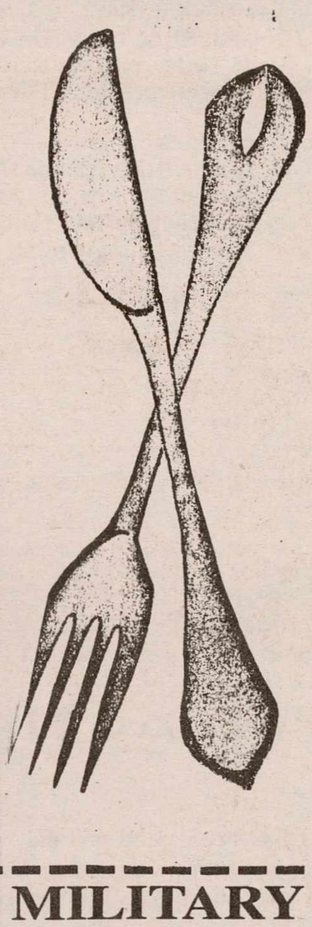

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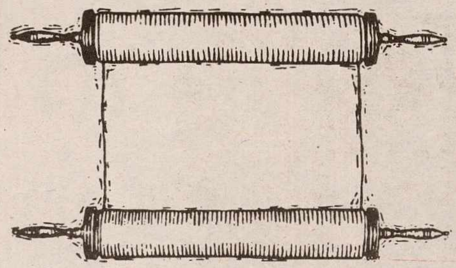
PPP, *from Page 1*

Employees who plan to take advantage of this registration opportunity should prepare now by updating their Application for Federal Employment (SF-171). The CPO will ask for a copy of the 171 during registration. Employees who are already registered in PPP, based on the results of the USAG mock Reduction-In-Force, or who are currently registered in the PPP Re-Promotion Program must also make an appointment to review and possibly modify their current registration.

As the Presidio nears transition to the National Park Service, the Command wants to support its employees in their efforts to seek and secure continued employment. PPP is an effective program, and early registration in PPP will increase the future federal employment opportunities of our remaining civilian employees.

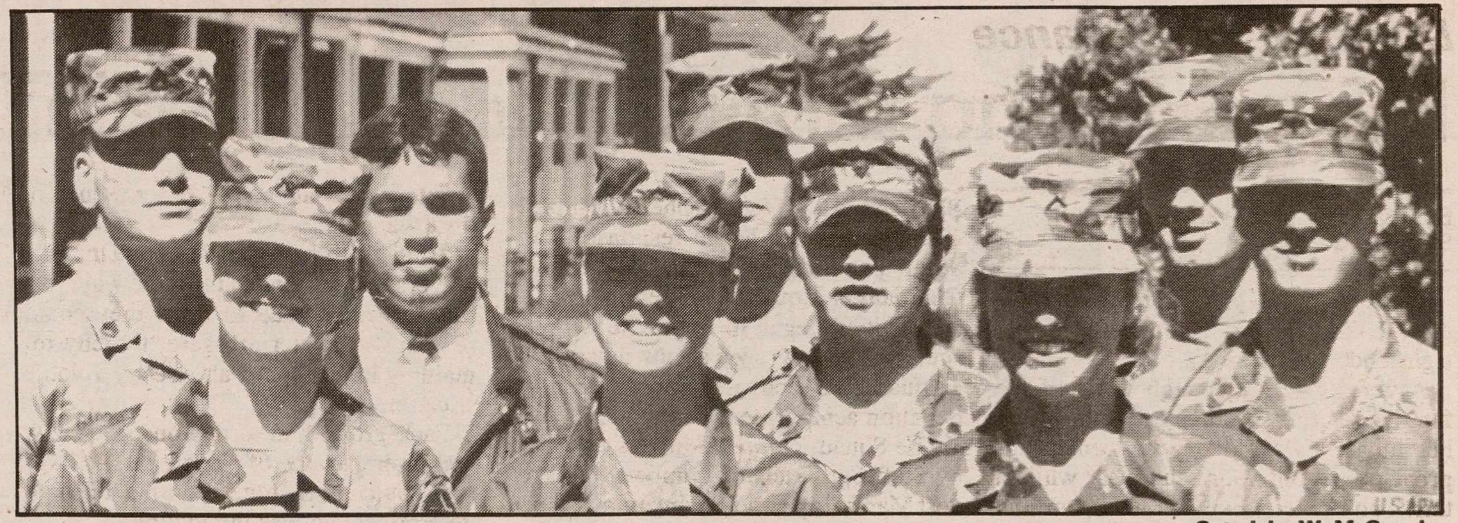
Joan Gusman is a supervisory personnel staffing specialist for CPO.



Jewish Presidians mark Sukkot holiday

A lunch in the Sukkah for Jewish military personnel is planned for Oct. 6 at the Religious Activities Center, Building 286 to celebrate the Jewish Sukkot holiday. This year, Sukkot starts at sunset Wednesday and will end at sunset Oct. 8.

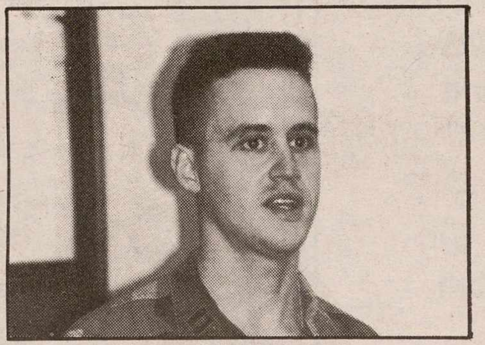
Sukkot is one of the three major Jewish festivals. This colorful festival which stresses the theme of thanksgiving for the bounty of the Lord influenced the establishment of America's Thanksgiving Day. The focal point of this holiday is the Sukkah, a temporary structure built especially for the festival. Symbolic of the holiday are the "Four Species", consisting of a palm branch (lulov), three myrtle twigs (hadasim), two willow branches (aravot) and a citron (etrog). Simhat Torah, the last and most joyous day of Sukkot, is celebrated with special gladness. It is the time of the annual completion and commencement of the reading of the Torah in the Synagogue.



Sgt. John W. McGarrah

Of the troops/for the troops

The following Law Enforement Company soldiers were recognized or promoted Sept. 10: They are (left to right, front to back) Pfc. Shannon Wood (promotion), Pvt. 2 Sherri George (certificate of acheivement for board performance), Spc. Billi Muzik (certificate of acheivement), Pvt. 2 Brandee Libby (promotion), Spc. Cecil Jones (certificate of acheivement), Staff Sgt. Michael Garrett, (battalion NCO of the month plaque), Sgt. Ferdinand Vazques (NCO of the quarter plaque), Spc. Stephen Manteris, (post soldier of the month plaque), and Pvt. 2 Christopher Shaw (promotion).



Capt. John Perfetti

2nd Lt. Heather Tupper

Sgt. Maj. Enrique Comacho

Kudos

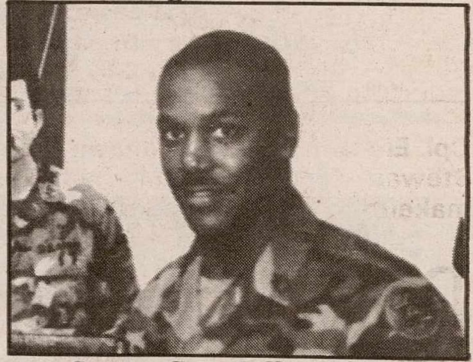
Capt. John Perfetti of the Deputy Chief of Staff, Operations Office, and 2nd Lt. Heather Tupper, of the Deputy Chief of Staff, Personnel Office, were awarded with Army Commendation Medals Sept. 10 for putting together the Sixth U.S. Army Transition Action Plan. Their awards were presented by the DCSOPS, Col. William Carwile III.

In Readiness Group-Presidio of San Francisco, Enrique Camacho was promoted to sergeant major, master sergeants Lorene Atkinson and Mitchell Jessip and Sgt. 1st Class Arthur Zamora received retirement awards and Meritorious Service Medals and Sgt. 1st Class Jeffery Hines received a Meritorious Service Medal from a previous assignment. Col. Jim Newell, commander, RG-PSF presented their awards.

Master Sgt. Lorene Atkinson

Master Sgt. Mitchell Jessip

Sgt. 1st Class Arthur Zamora



Sgt. 1st Class Jeffery Hines

Presidio employee survives three wars as reservist

By Spc. Adrienne Story
Star Presidian staff

When he was just 17, Juan Alcedo was off to serve his country in World War II. After that war he continued serving his country as a Reservist in the Navy.

On August 16, just one day after the invasion which began the Korean War, Alcedo had orders and once again answered the call. Alcedo, now Manager industrial hygiene at the Department of Public Works here, also served in Vietnam.

He's endured and survived three wars and quite a bit more.

While working in an experimental lab, Alcedo was bitten by a rat and contracted a classified disease. After six weeks in Oak Knoll Navy Hospital, Oakland, and receiving medical treatments, Alcedo was fit for duty.

The veteran of three wars lost several friends during battles, some sunk on submarines.

He saw friends with marital problems.

"It's very stressful to be a military spouse. It's especially so for Navy spouses, because sailors are always out to sea."

Although he served in three wars, Alcedo never had a draft board. After he returned after the Korean War, he received a notice from the draft board that he was not enrolled.

Alcedo has made several sacrifices for his country, but he feels the favor has been returned.

"The service has been good for me," he said. "I probably wouldn't be where I am today. It motivated me to continue my education. The military can do that if you're open to it."

Alcedo was a medic during WWII and came in as an hospital apprentice. Before the end of the war he had been promoted to pharmacist mate first class and qualified for independent duty on submarines. Alcedo was chosen to make E-7, however, the military started to cut back at the end of the war and he was put on a waiting list.

"People ask how could you serve in three wars," Alcedo said. "I just tell them it comes with the territory of being a reservist. I accepted the pay and the training, I had to accept the responsibility and the possibility of going to war."

World War II was the toughest for Alcedo.

"I was scared and young," he said. "I guess I was the most nervous during this war because I didn't know what to expect. Every day I wondered if I would make it back."

After WWII, Alcedo went to a psychologist to work out some post war stress problems, and it helped.

"Now, I feel when it's your time, it's your time. You can't hide," he said. "I asked myself why them and not me? Why did they die? But I realized dwelling on it didn't change the fact that they died and I'm alive.

"Every war is awesome," he said. "You can't stop yourself from becoming nervous in some situations."

Aside from his nervousness, the military wasn't as prepared during WWII as in other wars, Alcedo said.

After WWII, Alcedo went to diving school, to extend his submarine qualification.

Because of his experiences, he served on an aircraft carrier during the Korean War launching aircraft. He served a few tours in Korea.

"It wasn't too bad because I was so busy," Alcedo said. "When you're working so hard, you miss what's going on around you."

During the Vietnam War, Alcedo had to do testing for the military in several different areas of Vietnam for days at a time.

Between wars, Alcedo continued his education. He worked in several different areas from chemical testing to being a psychologist.

He not only works at DPW, but he continues his psychology practice.

Alcedo has five children. He and his wife adopted a Peruvian baby. She was abandoned when she was born and Alcedo and his wife Elizabeth adopted her at two weeks. She is now three and half years old. Alcedo says he has not yet reached his proudest moment. It will come as his daughter grows, and Elena becomes the first woman Chief of Naval Operations, he said.

"If I died tomorrow I could say I've lived a full life," Alcedo concluded.

Domestic disturbance

MP's training throws curves in real-life situations

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

It can happen anytime, in any community. In this scenario it's happening here, right under our noses.

A wife is heard through walls of the family's quarters, screaming at the top of her lungs. Two military policemen approach the front door cautiously while a third observes the windows from the ground.

After repeatedly knocking on the front door, the three-man team of MPs are finally let inside by the wife as the husband runs upstairs. The wife describes the disturbance to one MP as the husband is coaxed downstairs by one of the other two. The third one observes the questioning while keeping an eye out for anything else unusual.

Does this sound like a case of a husband abusing a wife? Unknown to the MPs being evaluated, the husband in this scenario is the victim. The MPs had to figure that out through their questioning. Their methods were evaluated by Sgt. Sergio Banales and Staff Sgt. Stephen A. Hutzell.

Domestic disturbance response is another part of the Law Enforcement Company's Squad Competitions. The competition began in July. The winning squad will be awarded a four-day pass as a squad and each member will receive battalion achievement certificates.

The Squad Competition was designed by Staff Sgt. Richard Lambert, the Provost Marshal operations noncommissioned officer. Used as a training tool, the competition helps the MPs to hone the skills they need to use in any given situation.

For the domestic disturbance exercise, the scenario changed for each group of MPs. For some, the exercise seemed to last only a few minutes; others may have felt the scene lasted too long, because the role players, Sgt. Deborah Cordell and Spc. Robert Stewart, played their parts to the hilt. They even wore makeup that made it look as though they'd been in a fight.

Hutzell said the role players' attitudes were used to test the MPs' interpersonal relationship skills. After all, the goal was not to make an arrest but to quell a disturbance.

"If the MPs have a bad attitude the role players will respond in the same way," he said. The MPs had to show they could remain cool under pressure, thereby remaining in control of an already volatile situation.

Each group had to demonstrate show they were aware of their surroundings and could work together as a team to determine who was the victim.

They had to deal with blaring television sets and radios, "alcohol" sitting in the open, pets that were too friendly, check for weapons or other people in the house, look for scars and other tell-tale signs of struggle and monitor the attitude of the residents.

Afterward, the monitors and the role players critiqued the team as a whole as well as each member's actions. The team members were also allowed to discuss aspects of the scenario and how best to make corrections.

The domestic disturbance exercises helped LEC's soldiers maintain their technical and tactical proficiency. Training such as this helps prepare the post's military police to efficiently serve Presidio residents outside and inside the home.

WALLACE
U.S. ARMY

Photos by Staff Sgt. Pleasant Lindsey III

Cpl. Eric Wallace questions an "abused spouse", played by Spc. Robert Stewart, to help determine which spouse is the victim. Stewart wore makeup to simulate scars.

An upset spouse" tells MPs they are not welcome. The MPs had to effectively convince the woman to let them in.

Post Scouts paddle up the merit badge stream

Story and photos by Theresa Seegel
Special to the Star Presidian

Eight members of Presidio Boy Scout Troop 77 earned the Canoeing Merit Badge during the Sept. 17 through 19 canoeing and camping trip. Parents were invited to participate in the 10-mile canoe trip on the Russian River near Guerneville, Calif.

Some of the requirements for the Canoeing Merit Badge include the ability to swim 100 yards or 100 meters using various strokes, knowing the parts of a canoe and canoeing terminology, the difference between canoeing in moving water and still water and safely climbing aboard a capsized canoe.

Since all of the requirements for this in-depth merit badge could not be accomplished in one weekend, prior instruction and testing, conducted by Merit Badge Counselor Chaplain (Capt.) Randy Dolinger was provided at previous troop meetings at the Presidio Swimming Pool and the Scout Hut.

A Boy Scout must earn 21 merit badges for the Eagle Rank. While the Canoeing Merit Badge is not one of the eleven merit badges mandatory for Eagle, it is a challenging, fun merit badge that serves as an elective and helps a Boy Scout earn the other ranks on the trail to Eagle.

After the canoe trip, the Boy Scouts prepared stew and pineapple upside-down cake, both cooked in Dutch ovens. Following supper, Troop 77 joined another Boy Scout troop for evening campfire and skits.

Troop 77 is planning a backpacking trip and hike at Mount Tam in October. To join the Presidio Boy Scout Troop, call Col. Jim Newell at **561-2682** or **750-0768**.

Scouts listen as an instructor gives her safety briefing.

Brandon Koplin (left) and Alex Frix move into the lake and prepare to show they know the proper way to right a capsized canoe.

Briefs,

Continued from Page 5

the Boy Scout Hut, Building 1331. The first class is for ages 10 to 19 and the second is for ages 5 to 9. The cost is $40 per month per student. Also, ballet for adults will be offered from 6:15 to 7:15 p.m. Mondays at the Boy Scout Hut. For more information, call Victoria Bautista at **752-6536**.

Gospel group holds services, study

The Gospel Prayer and Praise group holds its services from 11:30 a.m. to 1 p.m. Sundays, and Bible study classes from 6:15 to 7:30 p.m. Tuesdays, in the Religious Activities Center, Building 682.

Crime hotline started on post

The Presidio's Provost Marshal's Office has established a Crime Information Hotline and incorporated it as part of an aggressive, pro-active law enforcement program. Crime has been on the decline due to the pro-active law enforcement program and the invaluable assistance of the military and civilian community. The hotline is a telephone answering machine operating 24 hours per day. Your calls will remain completely anonymous. The hotline number is **561-5654**. Do your part to keep the Presidio a safe place to work and live.

IVC council meeting scheduled

There will be an Installation Volunteer Coordinator Council meeting scheduled for all IVC council members at 9 a.m. Oct. 5 in the Army Community Services Conference Room, Building 103B. For more details, call Susan Burzo at **561-4147**.

ADMIT ONE

Movies at the

Presidio Theatre

Tonight-*Sliver (R)*
Saturday-*Poetic Justice (R)*
Sunday-*Meteor Man (PG)*

All movies begin at 7 p.m.

The post theatre will be closed from Sept. 27-Oct. 12 for needed repairs.

1296 E-54

School car pool meeting slated

There will be a school car pool meeting for interested Presidio families at 5:30 p.m. Oct. 13 in the Presidio Army Community Services Conference Room, Building 103 B. For more information, call Susan Burzo at **561-4147**.

Hispanic Heritage dance contest set

The Presidio Golden Gate Club presents the 1993 Hispanic Heritage Month Celebration Dance from 8 p.m. to 1 a.m. Oct. 8. Admission is free. For details, call Sgt. Eduardo Bonilla at **561-3838** or Sgt. 1st Class Carmelo Marrero at **561-7173**.

Health support briefing is Thursday

Letterman U.S. Army Health Clinic will present the Sixth U.S. Army health support briefing from 7:30 to 8:30 p.m. Thursday in Torney Hall on the first floor of LUSAHC. All active duty families should attend. Movies and supervision will be available for children over 4 years of age.

Presidio vacancy announcement

Announcement #21-93(MG), Personnel Management Specialist, GS-201-09, GS-201-11 GS-201-12, Hq., USAG, Civilian Personnel Office, Presidio of San Francisco; temporary. Call **561-2595**.

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effective Sept. 27, 1993

	AM RUN1	AM RUN2
TRANSPORT BRANCH BLDG 639	0610	--
PX/COMMISSARY	--	--
LUSAH BLDG 1100 (Bus Shed, 3d Floor)	--	0710
MAIN BUS STOP	--	0712
FORT SCOTT CHAPEL	--	0715
GOLDEN GATE BRIDGE (South End Bus Stop)	0615	0716
MAIN BUS STOP FORT BAKER (Note 1)	--	0723
FORT BARRY BUS SHELTER	0623	0730
FORT BARRY STABLES	0627	0734
FORT BARRY BUS SHELTER	0631	0738
MAIN BUS STOP FORT BAKER (Note 1)	0638	0746
GOLDEN GATE BRIDGE (South End Bus Stop)	0645	0755
LAKE ST & PARK PRESIDIO BLVD	0648	0758
LAKE ST & 25TH AVE	0650	0800
LINCOLN & BROOKS	0651	0801
PERSHING & LINCOLN [South]	0652	0802
1496 PERSHING	0653	0803
1497 PERSHING	0653	0803
1498 PERSHING	0653	0803
PERSHING & LINCOLN [North]	0654	0804
FT SCOTT CHAPEL	0656	0806
FT SCOTT PX	0657	0807
KOBBE & UPTOWN	0658	0808
KOBBE & HARRISON	0659	0809
1407 WASHINGTON	0700	0810
414 WASHINGTON	0702	0812
CHILD DEVELOPMENT CENTER	0707	0817
MAIN POST BUS STOP	0708	0818
LUSAH BLDG 1100 (Bus Shed, 3d Floor)	0710	0820
PX/COMMISSARY	--	0824
TRANSPORT BRANCH BLDG 639	--	0825

Note 1: Bus will enter and leave Fort Baker via main entrance to serve bus stop at Baker/Barry Tunnel.

This bus operates Monday through Friday only except holidays.

	PM RUN3	PM RUN4
TRANSPORT BRANCH BLDG 639	1435	1606
PX/COMMISSARY	1436	1607
LUSAH BLDG 1100(Bus Shed, 3d Floor)	1440	1611
MAIN POST BUS STOP	1442	1613
BUILDING # 100	1443	1614
CHILD DEVELOPMENT CENTER	1444	1615
414 WASHINGTON	1446	1617
1407 WASHINGTON	1448	1619
LAKE & 15TH AVE.	1451	1622
LAKE & 25TH AVE.	1453	1624
LINCOLN & BROOK	1454	1625
PERSHING & LINCOLN (SOUTH)	1455	1626
1496 PERSHING	1455	1626
1497 PERSHING	1455	1626
1498 PERSHING	1455	1626
PERSHING & LINCOLN (NORTH)	1456	1627
FT SCOTT CHAPEL	1458	1629
GOLDEN GATE BRIDGE (SOUTH END BUS STOP)	1459	1630
MAIN BUS STOP FORT BAKER (NOTE 2.)	1506	1637
FORT BARRY BUS SHELTER	1513	1644
FORT BARRY HORSE STABLES	1516	1647
FORT BARRY BUS SHELTER	1519	1650
MAIN BUS STOP FORT BAKER (NOTE 2.)	1529	----
GOLDEN GATE BRIDGE (SOUTH END BUS STOP)	1538	1658
MAIN POST BUS STOP	1543	1703
LUSAH BUILDING 1100 (BUS SHED, 3RD FLOOR)	1546	1706
PX/COMMISSARY	1548	1708
TRANSPORT BRANCH BUILDING 639	1549	1710

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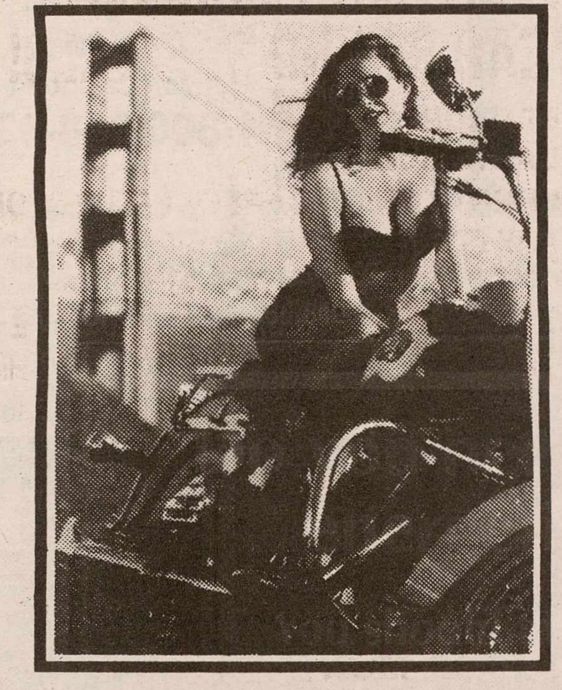

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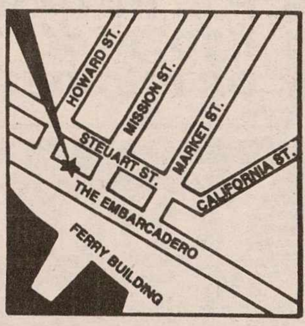

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Youth swim team begins new season

The swim team will begin the 93/94 season Oct. 4. Swim team practices are held from 4:30 to 5:30 p.m. Mondays and Wednesdays. All team members are expected to attend the practices to maintain the integrity of the team. However, members may be excused when legitimate conflicts arise. Please notify the coach in advance if you know you can not be present.

Team membership is open to all youths ages 5-15. Tryouts will be held the first week of the scheduled practices. The intent of the swim team is to train and develop "existing" abilities for competition and not spend time on teaching new stroke development.

Each team member will be charged $15 to support the team and may be asked to participate in some fund raising activies as needed. Please make payment in cash only to one of the swim team coaches who will provide a receipt upon request.

Interested swimmers should be at the post swimming pool at 4:30 p.m. Oct. 4 for tryouts, registration, and parental permission slips. For details, call Mike Koplin at **561-4224** or **929-7839**.

Best Ball Foursome golf tournament

The Presidio Sports Branch Fall Best Ball Foursome Golf Tournament is scheduled for a shotgun start at noon Wednesday on the Presidio Army Golf Course.

Entry fees are $25 per team or $7 per individual. Individual entries will be placed on a team by the Sports Branch.

Greens fees, as established by the Presidio Army Golf Course, will be paid in advance at the Presidio Sports Office by all golfers who are not members of the PAGC.

Greens fees are as follows: Department of the Army civilians $30, enlisted soldiers $8, officers $14 and retirees $15. Entries will not be accepted without paid entry and green fees.

The tournament is open to all active duty personnel, family members 19 years or older, DA civilians assigned to the Presidio, and Army retirees residing within 50 miles of the Presidio.

Individual awards will be presented to the first and second place teams and the golfers who make the longest drive, drive nearest to the pin and sink the longest putt.

Entry deadline is Tuesday. Entry blanks are available at all Presidio sports facilities.

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Staff Sgt. Pleasant Lindsey III

Spc. Ruth Morris received the U.S. Military Sports Association Military Athletic Award Sept. 17 to honor her sports achievements in 1992. Morris ran for the Army Track Team and competed in the 1992 Olympic Games representing her Virgin Islands home. The award was presented to her by Bobbi Gascon, chief, Presidio Sports Branch.

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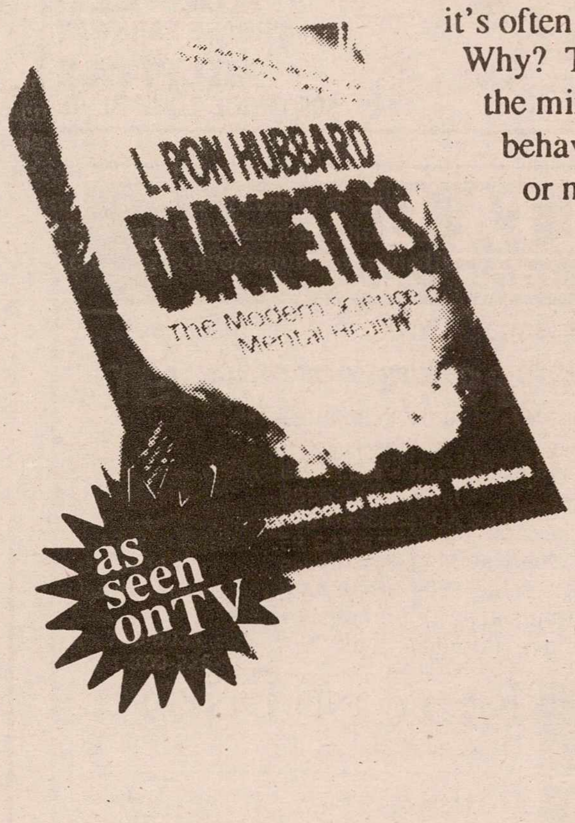
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Star Presidian

Vol. 38, No. 38 Published for the Presidio of San Francisco Community Oct. 1, 1993

Post closure

Soldier transitions to begin

By Spc. Adrienne Story
Star Presidian staff

Remaining soldiers will transition from the Presidio between June 1 and Sept. 30, 1994, as part of the military's base realignment and closure plan.

"Our goal is to be proactive in maintaining assignment instructions based on the soldiers' desires, not the Army's," said Maj. Vicki Bowman, Presidio adjutant general, Military Personnel Division.

The transition process will be in several steps.

First step

The first step will begin in November. Bowman will find out when soldiers can begin out-processing from each section.

"Just because your section doesn't need you any longer doesn't mean you will get to leave here," Bowman said. "You may work two to three jobs before you leave here."

Second step

"In December, the Adjutant General will sort out everything by identifying soldiers who are working in critical areas," Bowman continued. "We may spread release dates out. For instance, they probably will need clerical support at Directorate of Information Management and some strong backs in supply areas."

Soldiers who will be moved out between June and September will be divided into four groups: barracks soldiers, married soldiers without children, married soldiers with children in school and single soldiers with children in school.

"We will try to move the soldiers with children before Aug. 15 [1994] so they can get their kids enrolled in school," Bowman said. "We are thinking of the soldiers' main interest when moving. It's not an easy system."

Third step

In January, commanders and soldiers will be briefed on pretransition decisions. Soldiers will fill out personnel action forms, or a roster will be submitted to the Department of the Army headquarters, depending on what will create a smoother process. Soldiers will decide on the three duty stations they most desire.

"We have two points of contact that we are working closely with at DA," Bowman said. "We are expecting to get assignment instructions back to us in the March time frame.

"We'll have the 'sails to the wind' cutting orders. We want everyone to have orders between March and May," she added. "MILPO closes in May, and 201 files (personnel records) will move to Fort Lewis. If we don't cut your orders by then, it will be handled through Fort Lewis, Wash. If we cut your orders before May, you can take your files with you."

There are several options available to soldiers.

Option Quicksilver

If your end of tour service date is between now and December 1994, you can move your ETS date up one year, which will put you into the reenlistment window for 30 days. If you don't reenlist within that time frame, your date will revert to the original ETS, and you will still be given the same reenlistment options.

Early Voluntary Separation Option

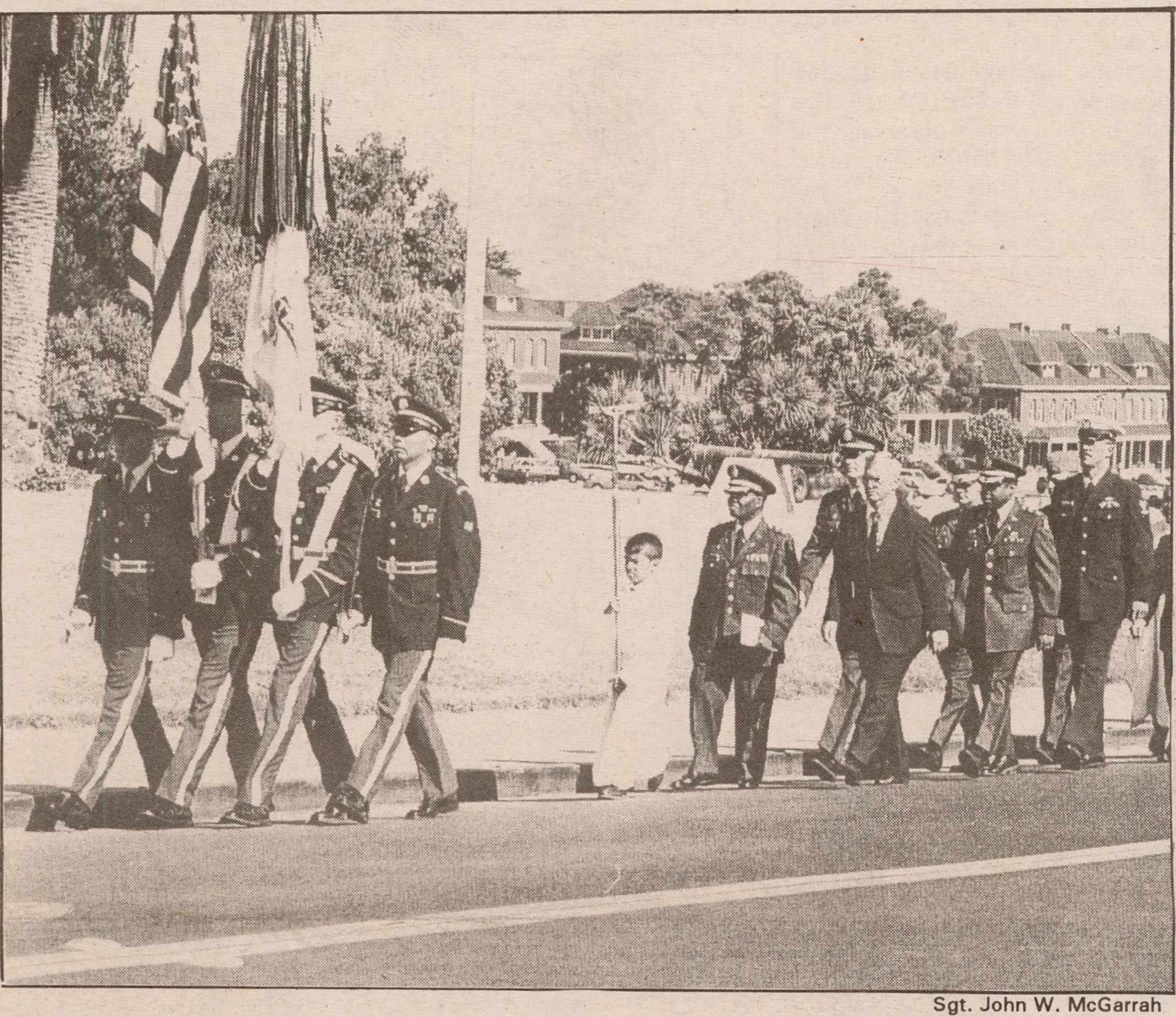
If your ETS is between Oct. 1, 1994 and Sept. 30, 1995, you can request an early discharge. This date will be close to Sept. 30, 1994. However, this decision must be made before you receive orders from DA or you request the three duty stations you desire and send it up to DA.

"If DA receives your request for duty station, you are showing them a desire to remain in the military," Bowman said. "You have to choose the early separation before you receive assignment instructions."

Involuntary separation

Soldiers whose ETS date is between Oct. 1 and Dec. 31, 1994, can be involuntarily separated if they will not

See TRANSITION, Page 3



Sgt. John W. McGarrah

Onward Christian soldiers...

With flags held high, the Hq. Co., USAG Ceremonial Platoon Color Guard leads a procession of parishioners to the Chapel of Our Lady Sept. 26 for a special mass commemorating the 217th Anniversary of the Presidio's only Catholic chapel. See Page 9 for story and photo.

Presidio transition set for '94

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

A Department of Defense Base Transition Coordinator has the tall task of cutting through the red tape to help the local community with the transition of the Presidio of San Francisco and particularly Hamilton Army Air Field in Novato, Calif.

The resulting action will make the Presidio and Hamilton, after transition, economically viable parts of their surrounding communities.

Arnold T. Rossi, garrison manager and deputy USAG commander, has filled the DoD base transition coordinator's role for the Presidio of San Francisco. In this capacity, Rossi will work with local officials to ease the transition process, particularly for Hamilton.

The Presidio's transition effort is well on its way. In fact, today marks the one-year-out point for the Presidio's transfer to the National Park Service Sept. 30, 1994.

Rossi will coordinate all federal activities here, including DoD and other federal operations, to support the President's five-point program for economic revitalization of communities affected by transition.

The five-point program includes providing transition coordinators for transitioning bases.

The other four points include a fast-track cleanup plan for bases that removes needless delays while protecting human health and the environment; procedures to provide easy access to transition and redevelopment help for workers and communities; providing larger economic development planning grants to base closure communities from the DoD Office of Economic Adjustment; and a jobs-centered property disposal plan that puts local economic redevelopment first.

Rossi will be coordinating all points of the program through his office. He will be working with the community to identify reuse needs and to see that those needs are accommodated, wherever possible, in the DoD's closure plans.

"Hamilton is a base that closed 20 years ago that still must be disposed of properly," Rossi said. Proper disposal will include an environmental cleanup plan and making sure the property will be transferred to the local community in the proper condition to meet the community's reuse needs.

"The transition and transfer of the Presidio is on schedule, as is the post's environmental cleanup program," Rossi said. He also said he foresees no problems with the timetable for transitioning the base to the National Park Service one year from now.

Rossi will be the one point of contact for all interested local parties to go to, coordinating such functions as disposal of government property, facilitating a cleanup plan and helping interested parties with economic development grants.

Rossi's office will provide contacts for transition and redevelopment help and making sure that transition procedures help the Presidio and Hamilton move to a civilian-based economy which will benefit the Novato and San Francisco communities.

"Revitalizing base closure communities and facilitating the creation of jobs is what the Base Transition Office is all about," said Col. John G. Meyer, the manager of the DoD portion of the program at the Pentagon.

"The coordinators are not trained to be experts in each area, but are knowledgeable enough to champion the community's reuse desires. DoD must play a major role in the economic reinvestment of communities affected by base closure or realignment," Meyer said. "We view this process in the same manner as we view individuals leaving the services. They served with honor and distinction, therefore they deserve our full support in their transition."

Rossi's office is a satellite office of the Base Transition Office at the Pentagon in Washington D.C.

Month celebrates contributions made by Hispanic-Americans

By Sgt. John W. McGarrah
Star Presidian Staff

Without the financial support and backing of Spain, the Italian explorer Cristoforo Colombo could never have discovered and laid claim to, on Oct. 12, 1492, what would become the Americas.

In 1986, almost 500 years later, President Lyndon B. Johnson and the U.S. Congress proclaimed there should be a national Hispanic Heritage Week observed each year. In 1989, the observance was expanded to a month-long celebration.

Hispanic Heritage Month is currently underway through Oct. 15. The theme for this year's observance is "Hispanic, A Diversified Workforce to Change the Future."

A misconception is that Hispanic-Americans are comprised only of one group--Americans of Mexican descent. This is not true. Though Mexican-Americans comprise one of the largest and oldest groups in the United States, other hispanic groups include Puerto Ricans, Cuban Americans, Spanish, Dominicans, Latin Americans, and in certain instances, Filipino-Americans. The diversity of these lifestyles, languages, interests, beliefs, customs, and foods, add to the ethnic richness of American culture.

Subtle reminders of a rich Hispanic heritage can be found around us everyday, from the foods we eat to the cities we live in. Seven state names are of Hispanic origin: Texas (from *tejas*, land of the tile roofs), Nevada (red land), Colorado (land of snow), California (an imaginary island in Spanish folklore "an earthly paradise), Montana (mountain), Florida (state of flowers), and New Mexico. Throughout the United States there are many cities and towns whose names are of Hispanic origin. In California alone there are more than 400, including the one we reside in.

Thirty-seven Hispanic-Americans have been awarded the nation's highest military decoration--the Medal of Honor. During the Civil War, two Hispanic-Americans who were among the first to receive that medal. Hispanic-Americans have gone on to receive the Medal of Honor for actions during the Boxer Rebellion, World Wars I and II, the Korean and Vietnam Wars. They have also served proudly in the American Revolution, the post Revolutionary War, frontier conflicts, the Civil War, and the Spanish American War.

Soldiers of Hispanic descent served with honor in recent military operations in Grenada, Panama and the Persian Gulf. Hispanic-American men and women continue to serve with courage and distinction in today's armed forces.

According to figures provided by the Department of Defense, almost 93,000 Hispanic-Americans currently wear the uniforms of the United States military.

Overall, soldiers of Hispanic heritage account for 5.3 percent of all enlisted personnel and 2.2 percent of all officers.

Nationwide, it is estimated that by the year 2020, Hispanic-American will be the largest cultural minority in the United States, accounting for almost 15 percent of the total population. Currently Hispanic-Americans number about 25 million or ten percent of the country's population.

In observance of Hispanic Heritage Month, the Post Child Care Center will host an Arts and Crafts Display Oct. 3 through 7.

A celebration dance will be held 8 p.m. to 1 a.m., Oct. 8 at the Presidio's Golden Gate Club. Admission is free. For more information, call Sgt. Eduardo Bonilla at **561-3838** or Sgt. 1st Class Carmelo Marrero at **561-7173**.

Firemen conduct safety inspections

By Sgt. John W. McGarrah
Star Presidian staff

With the 1991 Oakland hills firestorm still fresh in people's minds here in the Bay Area, just the word 'fire' is enough to set people's nerves on edge. In a matter of hours, several hundred homes were destroyed in an inferno that is burned forever into the consciousness of our city and nation. The fire took place just miles from San Francisco, the site of another famous fire from which the current city arose.

The Oakland hills firestorm proved once again that fire is never really under human control.

The National Fire Protection Association and the American Red Cross have joined forces this year to distribute information and promote awareness and safety during National Fire Prevention Week, Sunday through Oct. 9.

Locally, the Directorate of Public Works, formerly the Directorate of Engineering and Housing, will be conducting annual housing fire safety inspections during the month of October. Selected residents will be visited by uniformed firefighters and fire inspectors from the Presidio Fire Department. During the visit, each family will have the opportunity to discuss individual concerns dealing with fire safety in their quarters. Firemen will inspect family housing quarters for working fire alarms, and obvious fire hazards. The inspections are being conducted to eliminate fire hazards and provide guidance and assistance to residents in accordance with recognized fire prevention practices.

"I'm very concerned about making your homes fire safe," stressed Col. Frank P. Janecek, public works director for the Presidio of San Francisco. "I am therefore requesting your cooperation and participation in this program. Do not give fire a place to start."

The theme for this year's observance is "*Get out, stay out: your fire safe response.*" The theme is to stress the importance of having a fire escape plan and not returning into a burning building. The safety campaign is observed each year in North America and several European countries in remembrance of the Great Chicago Fire of 1871, in which 250 people died. It is held every October for a full week including the Oct. 9 anniversary of the Chicago fire.

Fire Inspections

Inspections will take place from 9 to 11:30 a.m. and 1 to 4 p.m. Mondays through Fridays, Oct. 12 through 28. An adult family member must be present at the quarters the day of the inspection. Residents unavailable for the scheduled inspection should contact the Presidio Fire Department at **561-4220 or 561-4108** for a new inspection appointment. If residents are not at home when the fire department arrives, instructions will be left on appointment procedures. Residents will be required to correct any fire hazards found that do not require Directorate of Public Works support.

Times and quarters

Oct. 12, 1 to 4 p.m., 325 A & B, 326 A & B, 332, 334, 338 A & B, 339, 340, 715 A & B, 716 A & B, 721 A & B, 722 A & B, 725 A & B.

Oct. 13, 9 to 11:30 a.m., 743 A & B, 745 A & B, 753 A & B, 756 A & B, 765 A through H, 7701 A through D.

See FIRE, Page 10

Ask Presidians

What comment or complaint would you like the Garrison Commander, Col. Gregory A. Renn to address?

Pat Thrasher, Thrift Shop cashier and family member: "Speeds need to be regulated a lot better on Lincoln Boulevard, especially near Fort Point. People just fly around that corner."

Norma McMichael, family member: "My problem is with DPW response times. The power went out in the kitchen in my quarters on Pershing. It took three to four days for the power to be restored. In the meantime, I couldn't cook, use my microwave or dishwasher."

Spc. Shaylea Cooney, SIDPERS Section, MILPO: "I just got here. My inprocessing went very smooth. The Housing Office was just great getting us our quarters. Everyone has been very friendly. I'm looking forward to my time here."

Spc. Monique Barnes, Protocol assistant: "I would like to know if the Shoppette could stay open 24 hours a day. Also, is it possible for AAFES to get a better selection of movies for rental? Add laser discs to the selection also."

Rosemary Mitchell, Main Post Exchange employee and family member: "We need to be reassured that facilities such as the Post Exchange and Commissary will remain open. When you work, you can't just drive to Travis A.F.B. or Moffett Field to do your shopping. If we're going to have to shop on the economy, we need to get a cost of living allowance for this area."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Patient Service Center helps retirees receive relief

By Spc. Adrienne Story
Star Presidian staff

Retirees over the age of 65 who opted not to sign up for Medicare Part B, which pays physician fees and outpatient care, will pay a penalty for that decision.

Many retirees chose not to receive Medicare Part B when they reached the age of 65, because Letterman was still a full-service hospital.

Now these retirees who want the Part B plan are being charged late penalties and can only enroll between the months of January through March every year. If they do not enroll at that time, they have to wait until the following year to receive the benefits.

Retirees may receive a waiver from paying the penalty or a refund if they are already paying a penalty. With a waiver, retirees may also enroll in Medicare Part B immediately. While they cannot guarantee that all retirees will receive a refund, the Patient Service Center staff has been quite successful with helping retirees receive refunds upon enrolling in the Part B plan.

"There are a lot of people out there who may be eligible for this waiver," said Lt. Col. Rebecca Loomis, chief of Patient Services Center. "We want to get the word out so that they can come see us. We will do everything we can to assist them."

Larry Nager, Patient Service Center social worker, uncovered the Social Security Administration circular which referred to the waiver. After his discovery, he still had several problems with the system.

"At first everyone denied the existence of the memo," Nager said. "I finally called Senator Barbara Boxer's office to find out if the memo was legitimate.

"It took some time, but we proved its existence and had waivers approved," he continued. "Even a month ago people still didn't know about this, and retirees who qualified weren't getting relief. There haven't been any recent problems."

"With persistence from this office, we have been able to get the information clarified within the San Francisco manual," Loomis said. "The staff has really made a joint effort to provide everyone with the benefits and services they need. We use all the resources available."

Retirees need a letter from a federal agency admitting fault for the retirees being misinformed and opting not to take the Medicare Part B plan. Letterman U.S. Army Health Clinic's Commander Col. Michael Brennan supports the equitable relief waiver and will sign the letters.

"Leadership has kept us in the right direction. We've received the responses we've needed from the command," Nager said. "The command has made it possible for us to better represent patients."

"We've taken responsibility and submitted the letters. Initially, we had to resubmit several letters, but we were able to get the initial case approved, and now we are informing other medical facilities about this circular," Loomis said. "People assumed this facility would always be here, and retirees would have all the health care they needed. It's important that people apply for the waiver as soon as possible, because they must have a letter from a federal agency. Once we are gone, they will have to go to Oak Knoll, and once it's gone, there is nothing left."

Loomis suggests that all retirees sign up for Medicare Part B when they reach the age of 65, even if they live close to a military medical facility.

If people do not enroll in Part B, they may not only face penalties, but delay enrollment, and they cannot sign up in any Health Maintenence Organizations.

Once a waiver is approved, individuals may sign up for Medicare Part B and enroll in an HMO immediately.

If this waiver applies to you, or you need any information about health care benefits, visit the Patient Service Center, Room 215, or call **561-4509**, **561-4923** or **561-4853**.

"We have become the focal point of the hospital," Eloise Callwood, patient representative said. "The center is very beneficial to patients in many ways and is vital to the clinic."

"We represent everyone: active duty, family members and retirees," Loomis concluded. "We will help everyone get access to the care they need that can't be provided here. We will find the services for people and keep them informed through health fairs and unit briefings."

The Letterman U.S. Army Health Clinic's Acute Care Clinic hours change today. New hours of operation are 7:30 a.m. to 7:30 p.m., Mondays through Fridays; 8:30 a.m. to 4:30 p.m., Saturdays, Sundays and holidays. For more information, call the Accute Care Clinic at 561-5771 during operating hours.

Retirees receive refunds from penalties paid

By Spc. Adrienne Story
Star Presidian staff

When Col. (ret.) James A. Smutz *turned 65 years old, he chose not to sign* up for Medicare Part B because he thought Letterman would remain open and serve all his health care needs.

After the hospital downsized to Letterman U.S. Army Health Clinic, Smutz decided to sign up for Medicare Part B. This cost him $62 a month, and his wife $54 a month.

Smutz appealed the penalty, and the appeal was denied. He appealed again more than one year ago, and still has not heard if it has been approved or denied.

Since that time, he visited the Patient Service Center and has received a refund of more than $800 while his wife received more than $600 back. They now save about $600 a year because their Medicare payments went down to $36.90 a month.

Smutz is in the same category as many retirees who believed Letterman would be capable of serving their health care needs. With the downsizing of the Presidio, many retirees need care outside of Letterman U.S. Army Health Clinic. The clinic is scheduled to close in July, 1994, therefore retirees will receive health care in the civilian community.

The Patient Service Center staff has made it possible for retirees to receive their refunds if they paid a penalty when they signed up for Medicare Part B. They may also keep them from paying a penalty if they are enrolling late.

With a letter signed by Col. Michael Brennan, LUSAHC commander, taking responsibility for retirees declining Part B, they may receive a waiver from paying late enrollment penalties and enroll in a Health Maintenence Organization. Without Medicare Part B, people may not enroll in an HMO.

"The folks here at the Patient Service Center have been very helpful. I am very thankful," Smutz said. "I had almost given up after my appeal was denied. It's been a year and a half, and I still haven't received a response about my final appeal. This office was successful. It was just over a month after I applied for the waiver, that I received my refund."

Navy CPO (ret.) T. Rocky Raquipiso had also paid a penalty. His payments increased by more than $50 a month. He was misinformed by other federal offices that no waiver existed.

During a health information day at the Presidio Commissary, Raquipiso asked Lt. Col. Rebecca Loomis, Patient Service Center chief, if there was anything he could do.

"I told her my trouble and she helped me," Raquipiso said. "I received a refund for $1,947.60, and my payments reduced from $95.25 to $36.50 a month.

"If it wasn't for the staff, I wouldn't have received a refund and would still be paying penalties," he added. "I thank everyone, from the receptionist to Lt. Col. Loomis. They're doing a great job."

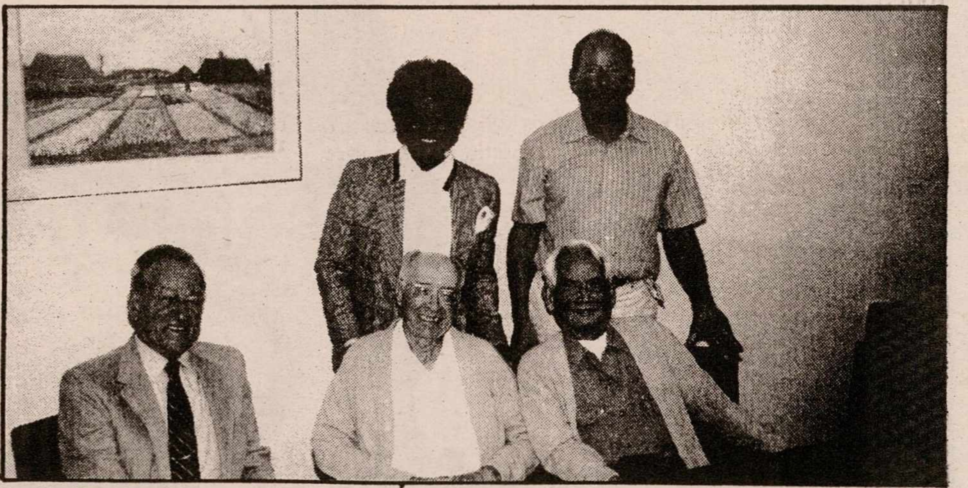
"We were told we would always be taken care of, and we didn't need to get Part B," Air Force Tech Sgt. (ret.) Emile A. Patrick said. "Because we assumed the hospital would be here for all of our health care needs, we were penalized for the rest of our lives. I went to the social security office, and I couldn't get any of the information I needed. It was a dead end."

Patrick had a medical appointment at dermatology. He explained his Medicare problems and he was directed to the Patient Service Center. He was approved for a waiver and his monthly Medicare payment dropped from $52 to $36.60.

"Without the work of this center, there is no way I would have received a refund," Patrick said. "At other agencies, you can't get the same answer from two different people. Everyone was very helpful here."

"I have to give most of the credit for getting my refund to Lt. Col. Loomis. I met her, and she gave me good luck," Raquipiso said. "She also helped me when I received a bill for $71 for a prescription. Lt. Col. Loomis took care of it. I am so grateful to these people."

For information about health care benefits, contact the Patient Service Center, Room 215, at **561-4509**.



Emile Patrick, James Smutz, and T. Rocky Raquipiso received refunds. (Back row) Eloise Callwood and Larry Nager helped retirees receive relief.

TRANSITION, Continued from Page 1

lose any benefits.

"We are looking at soldiers whose ETS date is 90 days after closure," Bowman said. "We will not interfere with soldiers who want to take other options. In January, we will notify the soldiers if they were chosen for involuntary separation."

PCS

"If the time on station at the unit is less than 24 months but more than eight months, then the soldier can PCS without extending, with proper justification," Bowman said. "Soldiers need a reason. If you say you want to continue to fulfill your contract and serve the Army but want to go to school, I'll probably approve it. As long as I think the Army will get its money's worth by moving you again, I will approve the required waiver." Bowman stated that if your retirement date is February 1995, you will still be moved out. "We are not going to let you retire early because your want to hang around here."

Soldiers who qualify for joint domicile will be identified. "We will try to make sure you move out together," Bowman said.

Sixth U.S. Army soldiers will remain here. If you are assigned to garrison, but you work at Sixth U.S. Army, all these options still apply to you.

"It's going to be hard. That's why we're sending Sgt. Maj. John Hansell to work directly with branch," Bowman said. "We might not win everything, but we'll win at least half the battles."

Bowman discourages requesting early release, saying such requests will be denied.

If soldiers are trying to get assigned to a certain unit, letters from unit commanders or sergeants major will not help these soldiers get that assignment.

"Unless you have a valid requisition with nine digits, there is no valid requirement for you at that installation," Bowman continued. "If you have a valid requisition, we will work with you and can help you get there."

Fourth step

"Soldiers' requests will be hand carried to PERSCOM in February, 1994. Hansell will coordinate with each assignment branch, according to Bowman.

Some soldiers may PCS to Sixth U.S. Army.

"We will be looking at the soldiers who have been here the shortest time and how we can save the Army money," Bowman added. "If you are assigned to garrison and your MOS is needed at Sixth U.S. Army, you may receive PCS orders reassigning you to Sixth U.S. Army."

Soldiers will be notified through briefings about the upcoming closure plans and how they will be effected.

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Presidio News Briefs

Job Resource Center is relocating

The Resource Center will move to the Outplacement Center in the Civilian Personnel Office, Building 37. All transition services, SF-171s, updates, resumes, and personnel services, ACAP, PIC, EDD, etc., are being established in one location for smoother, easier transitions. For more information, call Civilian Personnel Officer Donna White at **561-2383**.

Post housing units open to DoD civilians

The Presidio of San Francisco Family Housing Branch, Building 227, is now taking applications from DoD civilians who wish to lease family housing on the Presidio. Approved applicants can move in today. Eligible applicants are DoD employees, NAF employees, and AAFES employees. These applicants must be married or single parents who meet the AR 210-50 "maried/single parents eligibility requirement," to qualify for housing. Available housing includes two and three bedroom units located in the 1500 Pershing Park Area across from Baker Beach. Rent is $980 for two bedrooms, and $1,165 for three bedrooms. Rent includes all utilities and housing support services. All approve leases will terminate on Oct. 1, 1994, with no exceptions.

For more information, call Capt. Robert Gongora, chief of the Family Housing Branch, or Master Sgt. AmeliaTsukuda, NCOIC, Family Housing Branch, at **561-6172**.

Thrift Shop Flea Market this Saturday

The next Presidio Thrift Shop Flea market will be from 7:30 a.m. to 1 p.m. Saturday in the parking lot in front of Building 204. A valid military identification card is required to rent vendor space. No reservations are needed. The Thrift Shop will be open for sales to the general public from 9 a.m. to 1 p.m. Call **922-3384** for details.

Commissary closed for Columbus Day

The Presidio of San Francisco Commissary will be closed Oct. 12 to observe Columbus Day. The Commissary will reopen for business at 10 a.m., Oct. 13.

Clothing Sales Store prices changing

Effective today, all government issue merchandise in the Military Clothing Sales Store, Building 913 will have a price change. The price list is available at the store.

Add joint service time to ORB

The audit Officer Record Briefs mailed to the field in August for Fiscal Year 1994 Army Competitive Category Selective Early Retirement Board failed to properly reflect many officers' joint experience. The board will be provided the officer's current joint experience to include Joint Specialty Officer status. Any questions concerning an officer's joint duty status and how it should be annotated on the ORB should be referred to the officer's career management branch.

JROTC in Denver hiring retired military

Lt. Col. (retired) Roger Ratzlaff of Parker, Colo. has received a grant that allows him to hire a retired military person starting school year 1993 to 1994 and again in 1994 to 1995. If anyone is interested, or you know someone who is interested, have them contact Ratzlaff at 6235 Riveria Court, Parker, Colo., 80134, or call **(303) 394-8692**.

Officers' Spouses Club hosts tour

The Presidio Officers' Spouses Club will host a tour of the Sheraton Palace Hotel at 1 p.m., Oct. 7. There will be a tea following the tour. The number of available slots is limited. For information, or if you signed up at the luncheon and cannot attend, call Christine Mathis at **346-6712**.

Resume writing class held Thursday

The Job Assistance Center from Fort Ord, Calif., is here the first and third Tuesday (afternoon), Wednesday (all day) and Thursday (morning) in the Army Community Services Resource Center, Building 103B. Transitioning soldiers, civilians and adult family members should make an appointment with a counselor to discuss the job transition process. Counselors are available to help you write a professional resume and cover letter and prepare for interviews. Counselors will also help you access the portable JAC-In-The-Box to review the Army Employer Alumni Network.

There will be a resume writing class from 9 a.m. to noon, Thursday in the ACS Conference Room on the third floor. To make an appointment or learn more about the JAC, call DSN 929-7907 or (408) 242-7907.

See Briefs, Page 10

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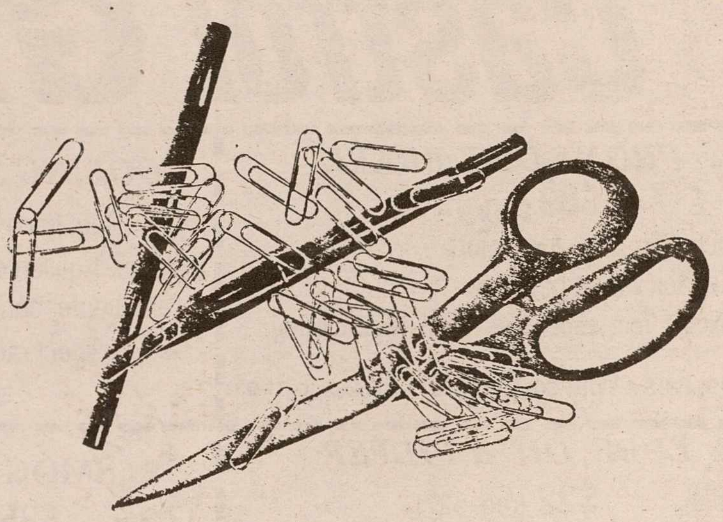

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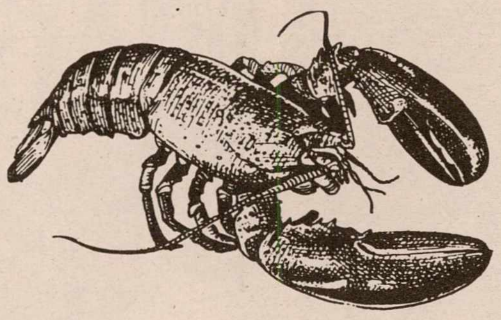

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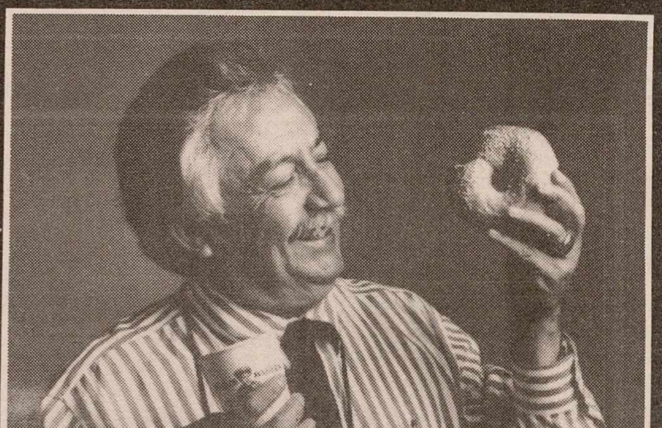

Hugo Mesones, President, Berkeley Blueprint Co., LOVES NOAH'S and soccer

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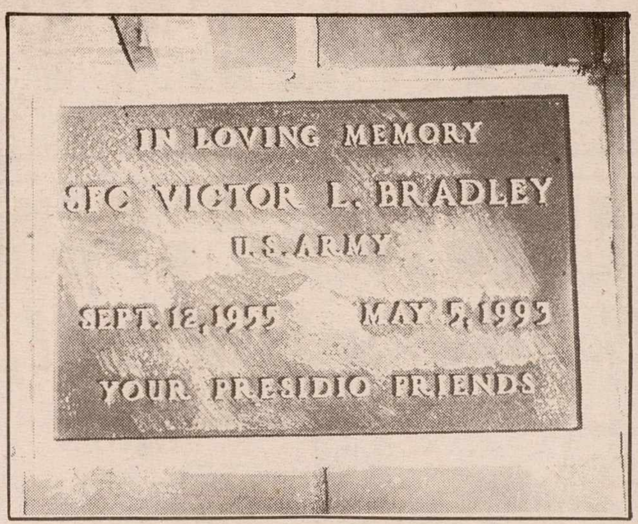
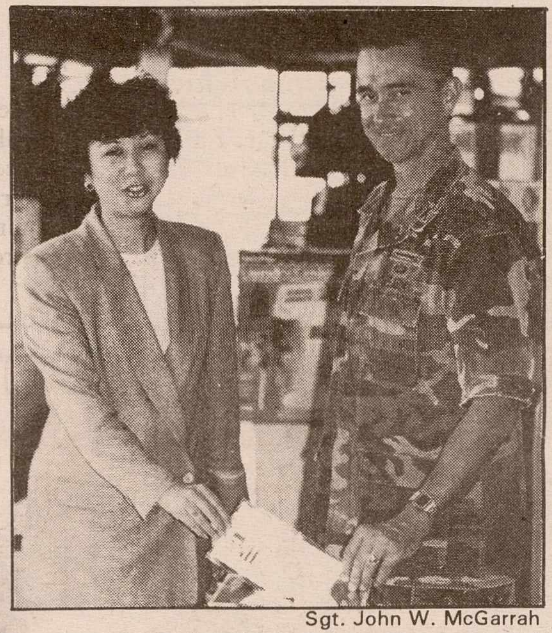


Memorial dedication

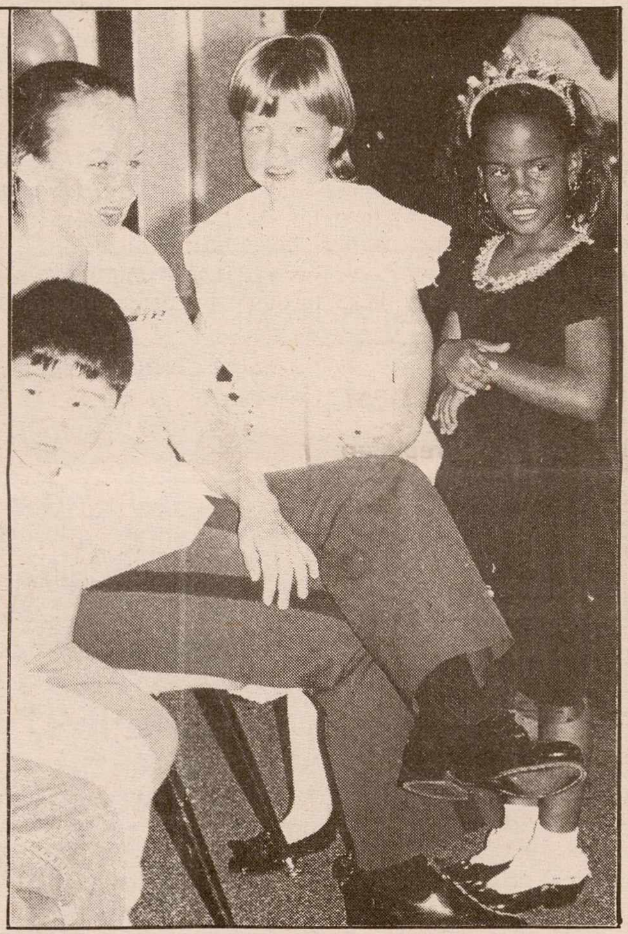
(Above) A memorial plaque was dedicated to Sgt. 1st Class Victor L. Bradley, who served at the Presidio as the Equal Opportunity representative. (Right) Chaplain (Maj.) Freddie Hall and Sandra L. Bradley uncover the memorial plaque dedicated to her husband at 11 a.m. Monday. Bradley died slightly after 5 p.m. May 5 of injuries sustained in a traffic accident.

photos by Staff Sgt. Pleasant Lindsey III



Sgt. John W. McGarrah

Lt. Col. Russ Hendon, Army sector loaned executive for the combined Federal Campaign, assisted by Karen Y. Patrick, Presidio Exchange general manager, drops his receipt into a collection box at the Main Post Exchange. The receipts will be used for a drawing Oct. 30 for a new color television or a video cassette recorder. The items were donated by the exchange system for the campaign.



CDC holds prom

Dancing and feasting are the order of the day for the Child Development Center. The children planned the prom from start to finish, as they do with all of their activities. "We let them do all of the creating. We just supervise them to make sure things work well for them," said Gloria Card, program assistant.

photos by Staff Sgt. Pleasant Lindsey III

MP named post soldier of the month

Story and photo by Spc. Adrienne Story
Star Presidian staff

A Presidio military policewoman has used her short time at her first duty station here to earn recognition as the Post Soldier of the Month Sept. 16.

Pvt. 2 Sherri George has been assigned to the Law Enforcement Company for four months. She began studying for the board one month after her arrival.

George competed at the company level board in July but lost. Yet, she impressed the board members and was chosen to represent the company at the battalion level. Competing against one soldier, the MP was named the Headquarters Command Battalion Soldier of the Month for August.

"The first time I went to the board I volunteered to see what it was like. I heard a lot of people talking about the competition," George said. "I wanted to prove to people that I could do something. Some people come in the Army and just work every day. I want to do more than the average soldier."

George admits that the boards were all difficult, but she said the post board was the toughest.

"The post board was really tough, especially the map reading. I guess I did O.K. on it since I won," George said. "The company level board was probably the easiest because I knew everyone on the board. If the board members know you outside the board, then they know you are not a bad soldier. But if you don't do well on the board, and they don't know you, they may think you're always like that when actually you are just nervous.

"I get so stressed out right before I knock on the door to report to the president," she continued. "At the post board I started to knock, then I stopped and took a few deep breaths. After you sit down and start answering questions, it's more relaxing."

George is trying to accumulate promotion points early in her career. She is already taking correspondence courses and accomplishing everything she can. "I want to get some points ahead of time so I don't stress out at the end when it's time to get promoted," she said.

Although the young soldier has faced several challenges since she's been at the Presidio, she said the toughest was leaving home for the first time.

"I didn't know if I could handle being away from home," George admitted. "I thought I would be homesick all the time, but I like being on my own. In the Army your're not really on your own, because you have people taking care of you, but it feels good to know I'm doing something with my life."

As an MP, George faces danger every day.

"Once when I was on patrol alone, I picked up a driver under the influence, but I called traffic to come out," the soldier of the month said. "You have to watch your own back when you're by yourself. I like being on patrols by myself, because you really have to stay on your toes."

George said she had a lot of support from her squad members and other MPs while she was preparing for the boards.

"I really had to study," she concluded. "I would not have known most of the answers if I didn't prepare, but now I won't forget them."

Pvt. 2 Sherri George folds the flag after "To the Colors" played, one of her many duties as a military police woman.

Chapel of Our Lady celebrates 217th

By Caroline Gissler
Chapel of Our Lady Committee

The Presidio of San Francisco's Catholic chapel marked its 217th anniversary with a procession from the main flag pole and concluding with a brunch in the Presidio Officers' Club Sunday.

This commemoration of the Chapel of Our Lady anniversary celebrates the Catholic community faith on the Presidio. The procession was led by the Sixth U.S. Army Color Guard from Ceremonial Platoon, Headquarters Company, U.S. Army Garrison.

The chapel's historical significance stretches back through the post's Spanish and Mexican periods.

On March 27, 1776, a Spanish expedition, led by Juan Bautista de Anza, reached the San Francisco Bay Area. The 20 men in this party had come from Monterey to explore the Bay of San Francisco and choose sites for a mission and presidio or garrison.

Father Pedro Font represented the Franciscan fathers and was the chronicler of the expedition. In his words, "In the morning we camped on the banks of a fine lake or spring of very fine water near the mouth of the Port of San Francisco." This was evidently Mountain Lake on the south edge of the Presidio.

Moving northward, de Anza selected the site for the Presidio in the vicinity of the present Fort Point. Actual colonization began in June, when Lieutenant José Joaquin Moraga, accompanied by Father Francisco Palou, led the first party of soldiers and settlers north from Monterey.

Moraga's group encamped at the site of the future Mission Dolores in June, but, by July, Moraga and his soldiers, rejecting de Anza's original site for a presidio, moved the military section of the expedition to the site of the present Presidio. Crude adobe huts were constructed and a chapel of tule branches erected.

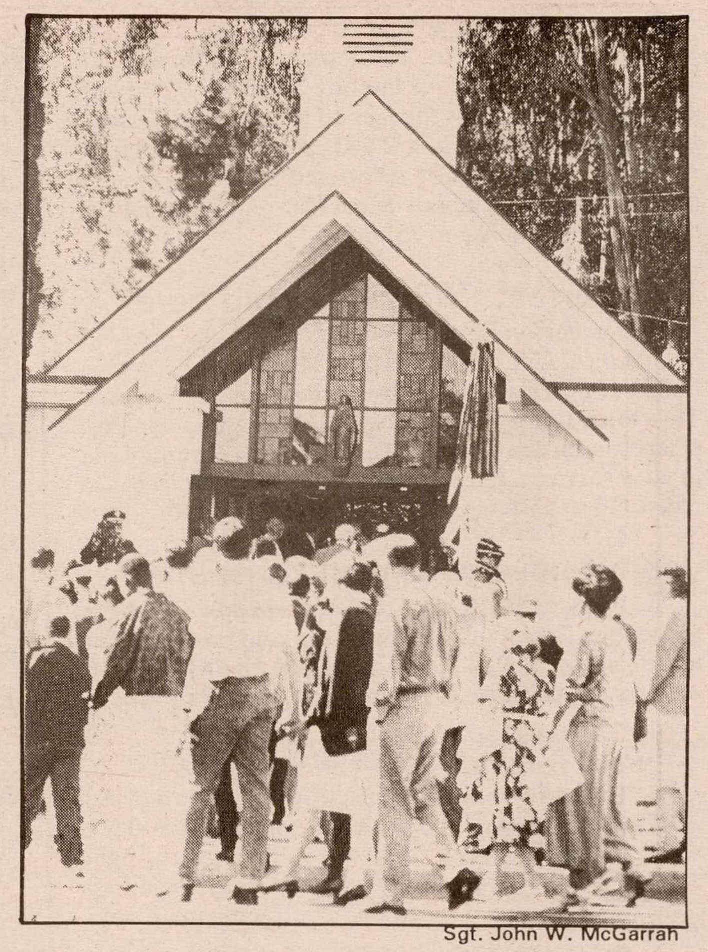
On July 28, 1776, Father Francisco Palou wrote in his diary, "I have celebrated the first holy mass." This was the first known Catholic worship service at the Presidio. On Sept. 17, 1776, the feast of the Stigmata of Saint Francis, Father Palou celebrated the dedication of the Presidio in a solemn mass offered a short distance from the present Chapel of Our Lady. Today a bronze plaque placed under a wooden cross in the garden between the Chapel of Our Lady and the Presidio Officers' Club commemorates this dedication. Dedication of the actual chapel, the first permanent building finished in the Presidio, was celebrated Oct. 9, 1776.

Since that day, the Presidio chapel has been rebuilt three times. A second chapel, built in 1788, collapsed in the 1812 earthquake. A third chapel, built in 1816, had disappeared by the end of the Mexican period. The present chapel was erected in 1864 under the auspices of the San Francisco Episcopal Diocese. It was a simple frame building with a shingle roof and a small tower resembling a New England village church. This "ivy-covered chapel," as it was called, served as the inter-denominational Post Chapel until 1931, when a new Post Chapel was begun next to the San Francisco National Cemetery at the Presidio. The old chapel was then named "The Chapel or Our Lady" and used for Catholic services only.

In 1952, the building was enlarged by the addition of a new wing. The area between the present Presidio Officers' Club and the chapel was made into a typical California mission garden. Subsequent interior modifications, including enlargement of the sanctuary, were made after the Second Vatican Council.

In the 217 years since its founding, the Chapel of Our Lady has been intimately bound to the ebb and flow of military life on post. On this spot many have worshipped; young couples have been united in matrimony; children have been initiated into the Catholic community here through baptism, first communion, and confirmation. Others have obtained peace through reconciliation with their God. Some, when their span of life was over, have been carried from the peace of the chapel to their final resting place in military cemeteries.

The chapel will continue to shelter the Christian community of the Presidio into the future, building upon a strong foundation.



Sgt. John W. McGarrah

People crowd into the Chapel of our Lady to celebrate its 217th anniversary.

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Sgt. John W. McGarrah

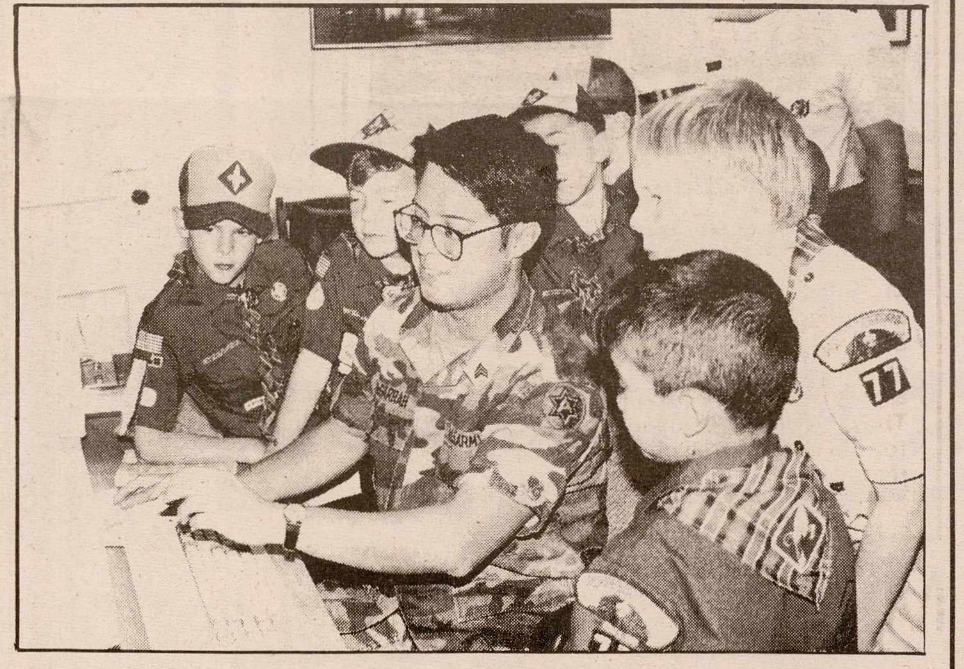
So many items, so little time

Main Post Exchange Manager Maria Clift checks inventory prior to the huge warehouse sale being held from 10 a.m. to 6 p.m. today through Sunday at Building 1185. The building is located on the right hand side as you drive out the Marina Gate. A huge selection of items, not normally found at the PX, is promised by AAFES officials. Come early for the best selection.

Press at its best

The Star Presidian section of the Public Affairs Office recently assisted the local Scouts from Troop 77 earn their merit badges in communications. The Scouts were shown the process used to put the Presidio's only newspaper out each week. Pictured is Sgt. John W. McGarrah with Scouts and troop leaders.

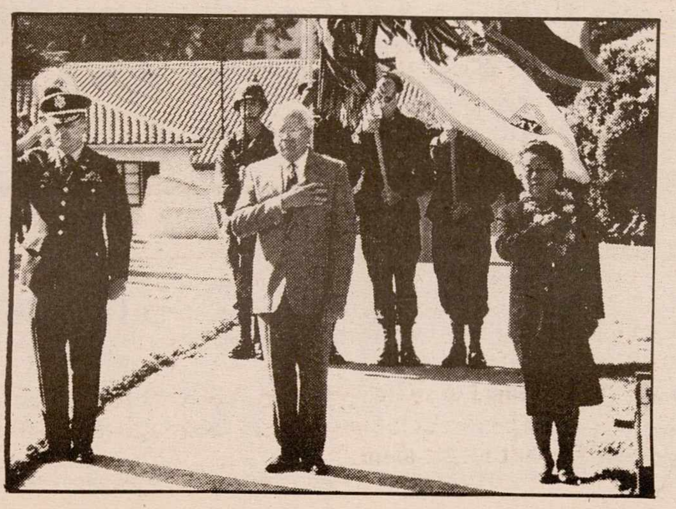
photo by
Spc. Adrienne Story



Presidio Quarters of Excellence program winners

The following residents have won the Presidio Quarters of Excellence program.

Capt. Craig A. Minnick
Maj. John M. Fowler
Staff Sgt. James E. Plyman
Maj. Gerald L. Paratore
Col. Dennis Zurek
Staff Sgt. Ralph C. Gutierrez and Spc. Fred E. Harter II
Sgt. 1st Class Gregory Smith
Sgt. 1st Class Judith A. Battey and Sgt. 1st Class Johnnie L. Hughes
Lt. Gregg R. Fordacabe
Chief Warrant Officer George S. Coates
Capt. Michael A. Staves
Maj. Gary E. Longman and Sgt. 1st Class Roger S. Morgan
Petty Officer 3rd Class Earl Mills III
Pfc. John Ham
Maj. Andrew T. Gasparovic
Sgt. 1st Class Larry Robinson and Spc. David Singer



Retiring with honor

Maj. Steven L. Haley, George W. Weippert and Lurline Richards salute during the playing of the national anthem in their retirement ceremony Sept. 23. Haley served in the military 20 years, Weippert had 30 years of military and federal service. Richards first entered federal service in 1941 and earned a 30-year civilian service award before retiring.

photo by Spc. Adrienne Story

Briefs *continued from Page 5*

Two ballet classes are available

There will be ballet and jazz dance classes offered to youths from 4 to 5 p.m. and 5 to 6 p.m., Monday and Wednesday afternoons at the Boy Scout Hut, Building 1331. The first class is for ages 10 to 19, and the second is for ages 5 to 9. The cost is $40 per month per student. Ballet for adults will also be offered from 6:15 to 7:15 p.m., Mondays at the Boy Scout Hut. For information, call Victoria Bautista at **752-6536**.

Octoberfest '93 celebrated here

An Octoberfest is scheduled for 7 to 11 p.m., Oct. 15 at the Log Cabin, Building 1299. A suggested donation of $5 per ticket will cover food, drinks and a live band. Tickets are limited and will be available at the Main Post Chapel and at the Chapel of Our Lady after Saturday and Sunday services. For information, call Jean Bergeron at **386-1918** or Sister Agnes Theresa at **561-4440**.

Janitor needed at post thrift shop

The Presidio Thrift Shop is accepting applications for the Janitor's position. This will be a paid position. For information, call **922-3384** or visit Building 204 from 10 a.m. to 2 p.m., Tuesdays through Thursdays.

Tahoe vacation units are available

There are still some openings for rental units at Lake Tahoe for October. The units are available for $60 per night, Sunday through Thursday and $85 per night Friday, Saturday and the day before holidays on a first come first served basis. Call Outdoor Recreation at **561-4324** for information.

FIRE, Continued from Page 2

Oct. 13, 1 to 4 p.m., 777 A through F, 785 A through D, 787 A & B, 788 A through F.

Oct. 14, 9 to 11:30 a.m., 5 A & B, 9 A & B, 10 A and B, 16 A & B, 791 A through F, 1211 A & B, 1235 A through D.

Oct. 14, 1 to 4 p.m., 58, 64, 65, 124 A & B, 126 A & B, 129 A & B, 1254 A & B, 1257 A & B, 1261 A and B, 1263 A & B, 1274 A & B.

Oct. 15, 9 to 11:30 a.m., 1276 A & B, 1280 A through D, 1291 A & B, 1294 A and B, 1298 A & B, 1401 A & B, 1405 A & B, 1411 A & B, 1413 A & B.

Oct. 15, 1 to 4 p.m., 401 A & B, 403 A & B, 409 A & B, 411 A & B, 416 A & B, 420 A & B, 423 A & B, 434 A & B.

Oct. 18, 1 to 4 p.m., 808 A through D, 810 A through D, 816 A through D, 1703 A through H.

Oct, 19, 9 to 11:30 a.m., 818 A through D, 850 A & B, 855 A through D, 1705 A through F, 1708 A and B.

Oct. 19 1 to 4 p.m., 857 A through D, 860 A through D, 863 A through D, 864 A & B, 1710 A through D, 1712 A through D.

Oct. 20, 9 to 11:30 p.m., 952, 953, 958, 959, 961, 962, 1501 A through D, 1502 A through D, 1506 A through F.

Oct. 20, 1 to 4 p.m., 964, 966, 1001 A & B, 1003 A & B, 1510 A & B, 1512 A through D, 1515 A through F.

Oct. 21, 9 to 11:30 a.m., 1519 A through F, 1521 A through D, 1528 A through D, 1532 A through D.

Oct. 21, 1 to 4 p.m., 1536 A through D, 1543 A through D, 1546 A through D, 1550 A through D, 1556 A through F.

Oct. 22, 9 to 11:30 a.m., 1300 A & B, 1304 A and B, 1314, 1322, 1334 A through D, 1566 A through F.

Oct. 22, 1 to 4 p.m., 1569 A through H, 1571 A through H.

Oct. 25, 1 to 4 p.m., 1572 A through D, 1575 A through H, 1577 A through H.

Oct. 26, 9 to 11:30 a.m., 1579 A through H, 1583 A through D, 1583 A through D, 1584 A to D.

Oct. 26, 1 to 4 p.m., 1588 A through H, 1589 A & B, 1591 A through J.

Oct. 27, 9 to 11:30 a.m., 1593 A through D, 1594 A through D, 1595 A & B, 1598 A through H.

Oct. 27, 1 to 4 p.m. 1809, 1811, 1813 A & B, 1815 A & B.

Oct. 28, 9 to 11:30 a.m., 510 A & B, 512 A & B, 531 A & B, 533 A & B, 537 A & B, 539 A & B, 542 A & B, 547, 549, 551 A & B.

Oct. 28, 1 to 4 p.m., 1418 A through D, 1423 A through D, 1425 A through D, 1425 A & B, 1433 A through D, 1443 A through D.

Oct. 19, 9 to 11:30 a.m., 500 A & B, 504, 508 A & B, 512 A & B, 524, 529 A & B.

Oct. 19, 1 to 4 p.m., 536 A & B, 544 A & B, 548 A & B, 552 A & B, 555, 563 A & B.

Fort Barry Family Quarters
Fire Safety Inspection schedule

Oct. 20, 9 to 11:30 a.m., 604, 606 A & B, 631 A & B, 800 A & B, 804 A & B.

Oct. 19, 1 to 4 p.m., 806, 808 A & B, 809 A & B, 810, 815 A & B, 818 A & B.

Oct. 21, 9 to 11:30 a.m., 838 A & B, 842 A & B, 554 A & B 858 A & B.

Oct. 19, 9 to 11:30 a.m., 2, 3, 7 east and west, 36 east and west, 37 north and south.

Oct. 19, 1 to 4 p.m., 46, 48, 50 east and west, 235 A through D, 239 A and B.

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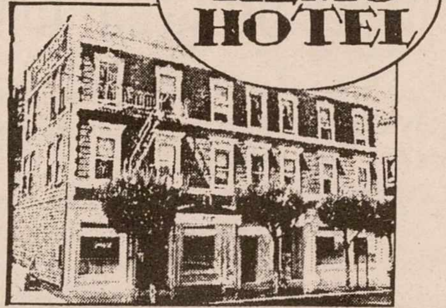

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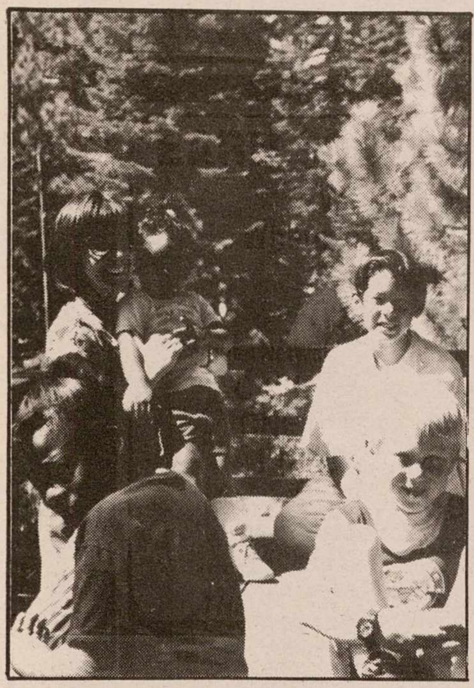
Sole parents, their children enjoy Lake Tahoe retreat



Parents and their children enjoy the activities offered during the Lake Tahoe retreat sponsored by the Presidio Enlisted Spouses Club, Catholic Parish and the Protesetant Congregations.

photos by Master Sgt. James Jackson

By Chaplain (Capt.) Randall Dolinger
Headquarters Command Battalion

Sole parents took time out at Lake Tahoe to learn survival skills Sept. 10 - 12. Professional counselors hired by Army Community Services led seperate groups for the adults and children.

Vonnell Bettencourt led discussions centered around caring for your child (to include how to "immunize" your child against abuse) and caring for yourself (taking time out and dealing with grief). The personal experiences each person brought to the group made for both an interesting and educational time.

The children had special times together with Sandra Aseltine and Karen Kaho. They found "secret" paths to Lake Tahoe and enjoyed making new friends like Giovanni Favors. All the children especially liked driving the motor boat that Master Sgt. James Jackson and Chaplain (Capt.) Randall Dolinger rented. Even Adrianna Urroz piloted the boat with a little help from her mother, Cpl. Marina Urroz. Troy and Aaron Henckel entertained everyone as they tried to coax a crayfish 15 feet out of water with string and playdough.

(First row) Vonnell Bettencourt, Karen Kaho, Giovanni Favors, Marina Urroz, Mary Henckel, Randy Dolinger, Olive Glandville (Second row) Adrianna Urroz, Aaron Henckel, Troy Henckel, Jim Jacson, Kimberly Glandville.

Times of worship were followed by Jim Jackson on the guitar. Dolinger tried to recruit Spc. Olive Glandville and her daughter Kimberly for the choir after hearing them sing during devotional times.

The trip was best summed up by Pfc. Mary Henckel, "I just had a very good time." Great weather, great people and a great time made it just too much fun.

A special thanks goes to the Enlisted Spouses Club who provided the money for the lodge.

Also, a special thanks to the Catholic Parish and the Protestant Congregations on the Presidio who provided the food and made the trip possible.

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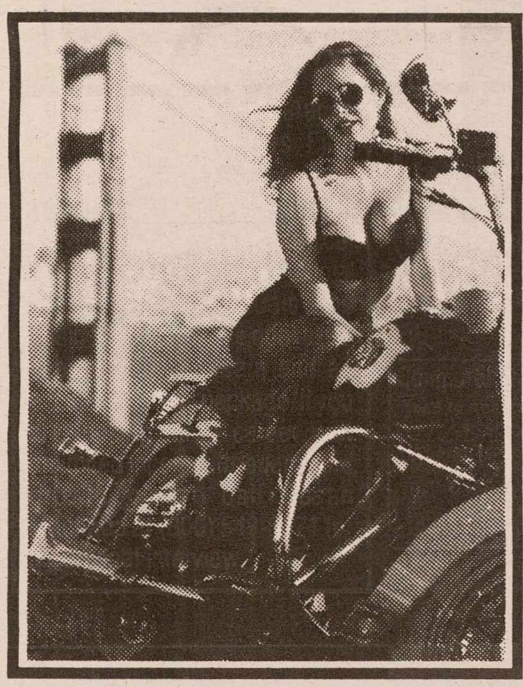

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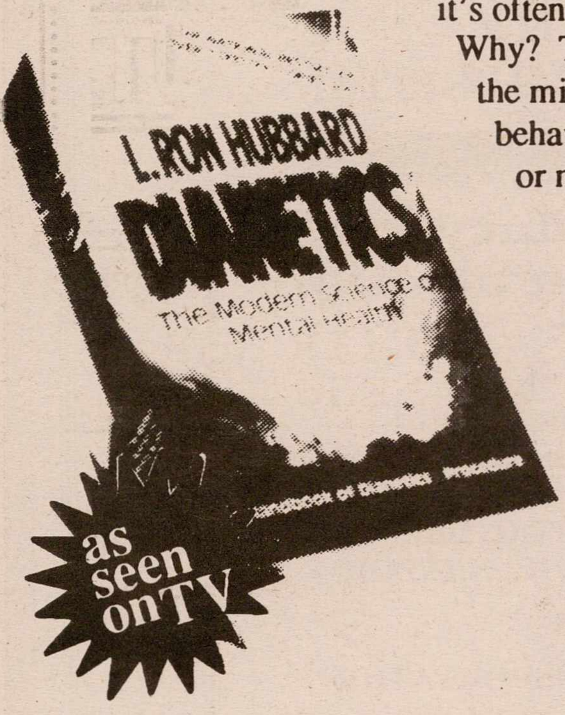
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The post's gladiator
Spc. Ruth Morris, Hq. Co. USAG, celebrates her victory against an opponent on the Pyramid, an obstacle used on "The American Gladiators" television program Sept. 24. Morris competed in pugil stick, power ball and other events.

Sports briefs

Nautilus equipment available

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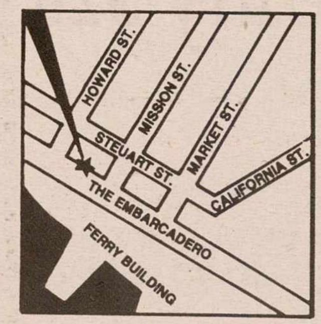

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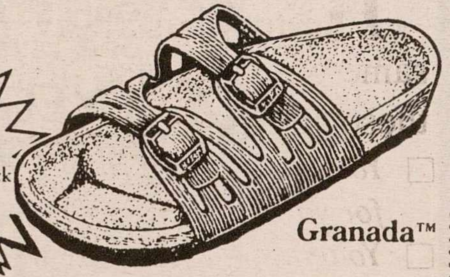

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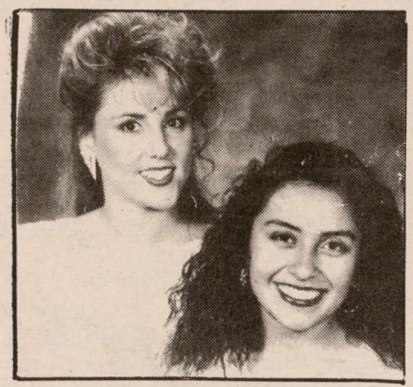

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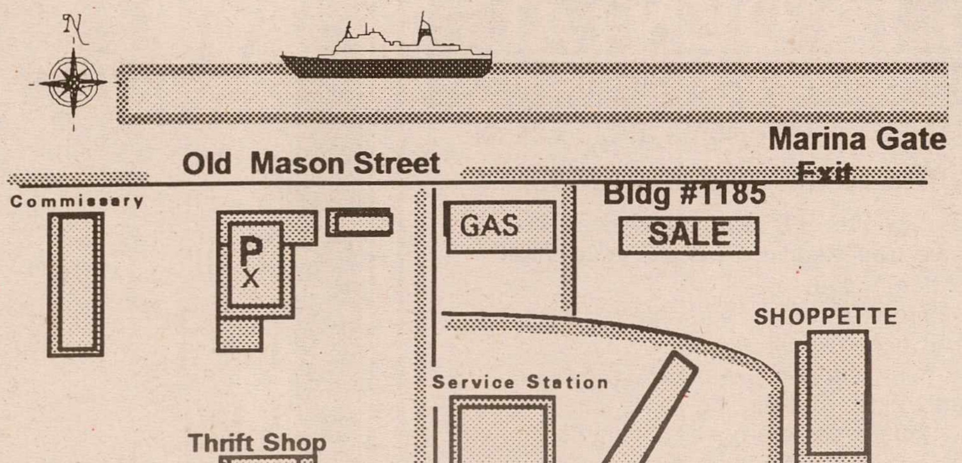
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Star Presidian

Vol. 38, No. 38 | Published for the Presidio of San Francisco Community | Oct. 8, 1993

Letterman Insitute of Research now part of post history

By Donna Shepard
LAIR Public Affairs Office

On Oct. 15, the Letterman Army Institute of Research will be disestablished, having completed realignment of its research divisions as required by base realignment and closure actions of 1991.

Realignment began in October 1992 with relocation of the Institute's Laser Bioeffects Program to the Armstrong Laboratory at Brooks Air Force Base, San Antonio, Texas.

In June 1993, the Institute's Blood Research Program was transferred to Rockville, Md., to work with researchers of the Naval Institute of Medical Research, Bethesda, Md. Realignment of research programs was completed in July 1993, when the Institute's Military Trauma Research Program was transferred to the U.S. Army Institute of Surgical Research at Fort Sam Houston, Texas.

With transfer of the research programs completed, the remaining staff of about 60 military and civilians turned their attention to closure.

The building was turned over Sept. 3 to the Presidio Directorate of Public Works, and with the exception of Maj. Barbara Wilson, LAIR's eleventh and last commander, the remaining staff had departed the institute by the end of September.

Research to prevent injury and to improve the medical care of soldiers wounded in combat was the goal of Presidio scientists for almost three decades.

History

The U.S. Army Medical Research and Development Command established a Medical Research Unit on the Presidio in Sept. 1966. At that time, the 42-member staff conducted research in the fields of dermatology, dentistry, and surgery.

The Unit was redesignated the Letterman Army Institute of Research, Nov. 4, 1968. LAIR continued to conduct research in the fields of medicine and dentistry and provided guidance and support for clinical research projects of Letterman General Hospital.

Prior to construction of the present LAIR facility, research was conducted in what is now referred to as the "old hospital annex" and a few outlying buildings.

As part of the Army's program to strengthen in-house research and development activities, a study was undertaken in 1963 to determine how best to provide Army laboratories with the resources needed to carry out a sound, long-range program.

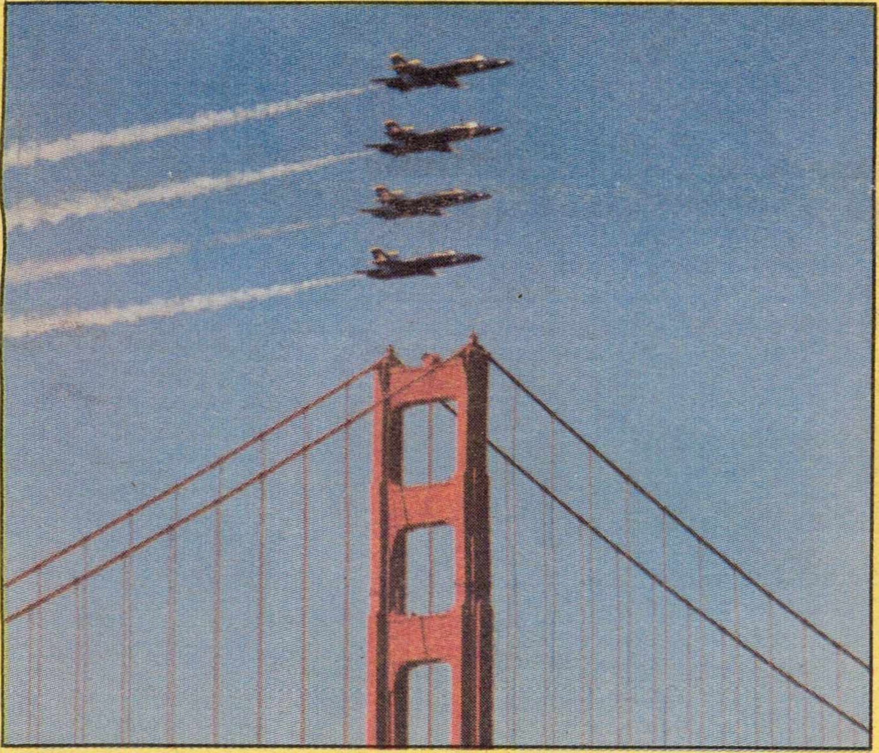
From that study evolved the plan to build a state-of-the-art Western Medical Institute of Research adjacent to the newly constructed Letterman General Hospital and relocate existing Army research programs to the new facility.

Defense Secretary Melvin R. Laird asked and got Congressional approval to construct a "Walter Reed Medical Center, West" at the Presidio of San Francisco, but ultimately, the new facility retained the Letterman name.

Ground was broken for the new 360,000 square foot facility on Jul. 28, 1971. The building was built in three phases over a five-year period and was dedicated in 1976.

Each of the three phases consists of administrative support space, laboratory space, and research support space.

See **LAIR** *on Page 8*



The Blue Angels perform at Fleet Week here. Sgt. John W. McGarrah

Bay Fest begins!

By Sgt. John W. McGarrah
Star Presidian Staff

One of the high points of the San Francisco tourism year will steam full-speed-ahead into the Bay Area this year during Bay Fest '93.

Highlights to the week-long event, which used to be known as Fleet Week, will be this weekend on or near the Presidio.

The Parade of Ships, featuring more than 15 vessels this year, will begin the festivities at 10:30 a.m., Saturday. The naval ships will join a huge flotilla of craft on the waters of the bay. The U.S. Navy's precision flying team, the Blue Angels, will thrill the large crowd expected with death-defying stunts and exhibitions of skill. The air show will take place over the Bay between the Golden Gate Bridge and Treasure Island, from noon until 3 p.m., with the Blue Angels performing at 2 p.m. The show will consist of thrilling high-speed fly-bys, vertical climbs and dives with the most famous bridge in the world as a backdrop.

On Sunday, the Marina Green, just outside the Marina Gate, will host thousands of sailors for the day with games, food, and entertainment.

Usually landbound civilians will have the oportunity to tour historic and history-making ships on display at many of the city's piers. While civilians get a view of life aboard ship, sailors and marines will take in the views that make San Francisco one of the most popular cities in the world.

Families or individuals wishing to adopt a sailor for Bay Fest should call **395-5027/5028/5029**. For Bay Fest information, call **395-5030**.

Fall cleanup underway

By Spc. Adrienne Story
Star Presidian staff

The first phase of Fall Cleanup will be complete today. The second phase, housing area cleanup, is Tuesday through Oct. 15.

Since the downsizing of troops at the Presidio, the National Park Service and the San Francisco Conservation Corps have helped with post cleanup, Garrison Command Sgt. Maj. Linda K. Boudy said.

"We will be able to do as good a job as we have in the past since the park service and Conservation Corps are supporting us in our efforts to beautify the post," she said. "We requested their help, since the number of troops has decreased."

Leaves have been removed, trash discarded, bushes trimmed, grass cut, and walkways edged so far. The post was divided into sections. As groups completed a section, it was inspected. If they passed the test, the section was finished. The test wasn't easy to pass, though.

"I thoroughly check areas for neatness and cleanliness," said Sgt. 1st Class Calvin Belcher, Directorate of Public Works NCOIC. "If its not good enough, I tell the group what needs to be corrected."

"I think post cleanup is very important," Boudy said. "After it's finished, everything looks outstanding. Every six months, you can see the difference."

Although post cleanup is held twice a year, maintaining the post is a year-round job, Boudy said.

"We must continually improve quarters and office building areas," she said. "Everyday, soldiers do post police. There is one NCO and two soldiers. With the increase in traffic, it's important to do police call daily."

Boudy feels soldiers have done well in their efforts to keep the post clean.

"The post looks outstanding. Everyone has done a great job," she concluded. "I feel it's necessary to do whatever we can to maintain the post. We will continue to keep the Presidio clean. It is our responsibility until the post transfers to the park service."

Spc. Adrienne Story

Post soldiers collect and discard piles of leaves during the semiannual post cleanup activities this week.

INSIDE

On-post power outages scheduled Page 3
Museum Transfers to Park Service Page 11

Ask the Commander

Speeders,Commissary, PX, Shoppette main concerns of Presidio residents

By Col. Gregory A. Renn
Garrison commander

I'm happy to once again take the time to answer some of the concerns of the Presidio community here in the *Star Presidian*.

I share Pat Thrasher's concern about speeders on the Presidio. This is a problem-just ask any military policeman. However, we have to remember Lincoln Boulevard is the most travelled roadway on the Presidio. It's also the main avenue through post and is part of the beautiful "49 Mile Scenic Drive." As a result of this combination, we get people from all over the world, local and post residents, Bay Area commuters, bicyclists and roller-bladers, all sharing Lincoln Boulevard--it can seem as if it's all at the same time.

On average, the Presidio has 60,000 motor vehicles entering the installation on a daily basis.

The Provost Marshal's Office and military police are aware that not all our neighbors, guests, and residents comply with the posted speed limits and other traffic laws. That is why this year, to date, the military police have written 3,000 speeding citations. The majority of these tickets were written on Lincoln Blvd.

The particular location pointed out by Mrs. Thrasher at the Lincoln Boulevard curve by Fort Point is one of the highest patrolled and monitored areas due to the volume of motorized traffic and bicyclists. The traffic to and from Fort Point compounds this situation. I can assure you, we will continue to keep our roadways safe--keeping the Presidio a great place to live, work and play.

Several people, including Rosemary Mitchell, are concerned about the future of the Presidio of San Francisco Commissary and the Army and Air Force Exchange Service Main Post Exchange here.

The post exchange will continue to serve the military and their families until August 1994. You can be reassured that they are committed to providing the best customer service available until base closure. Last weekend's big warehouse sale should be proof of that commitment.

The Commissary is scheduled to close its doors to customers on June 30, 1993 to be ready for closure on Sept. 30, 1994.

Both the PX and Commissary have expressed an interest to remain on the Presidio to support the Sixth U.S. Army. We expect a decision on this within the next few months. We will inform you as soon as we know.

Spc. Monique Barnes asked why the Shoppete can't stay open around-the-clock and stock an newer up-to-date variety of rental videos.

Hourly customer counts have been taken at the Shoppette, and the customer load does not justify it being open 24-hours-a-day. The usage has also dropped due to the loss of active duty soldiers stationed here. Although customer usage has dropped, the exchange system is trying to maintain the current hours of operation and has not cut back on any of the services they offer such as renting videos, selling stamps and money orders, renting carpet cleaning equipment, etc. On the subject of video selection, the Shoppette receives the latest videos for rental. The AAFES releases the videos on the same day as outside commercial firms. The same blockbusters as downtown are ordered for the Shoppette. All businesses get a street date on which to release the videos. They are put out for sale or rental on the street date provided. New videos go quickly, so check at different times.

Norma McMichael experienced a problem with the circuit breakers in her home. To compound matters, a cross in communication lines also caused her a delay in service.

A service order was issued on Sept. 8 to restore power to her kitchen. The electrician from the Directorate of Public Works called and left a message on her answering machine requesting a return call. She did not call back until Sept. 10, at which time another service order was issued to assure service before the weekend. An electrician responded to the call, reset a circuit breaker, and explained to Ms. McMichael that the microwave oven should not be used at the same time as other appliances on that circuit, or it should be plugged into another outlet on a separate circuit.

I was extremely pleased to see that Spc. Shaylea Cooney and family received such a great welcome into the Presidio community by the hardworking staff at the Family Housing Office. Welcome Cooneys, I hope you make the most of your time here at this historic and beautiful post.

We all will be making the most of the time that we have left here. Whether it's short or long, the Presidio remains a great place to work and call home.

Letter to the Editor

To the editor:

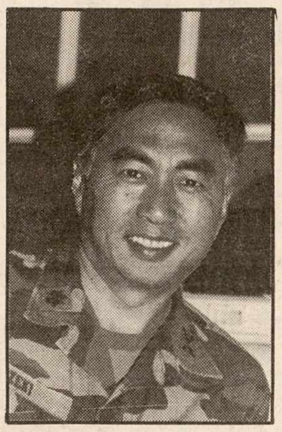
Commenting on your past July 23 article by Spc. Adrienne Story, "I know an emu. Do you know an emu, too?" I found it quite amusing until it took an ethical turn downhill when Ms. Story (presumably referring to Mr. Norbie's statements) mentions that "emus are good for breeding purposes, leather, feathers, meat and oil." At this point, I would have substituted the words of the great naturalist John Muir, who once asked rhetorically, "What good are rattlesnakes (emus) for?," and he answered, "They are good for themselves." Since the American Revolution, the concept of liberty has prevailed such that today the liberation of nature is the new frontier of philosophy. Man no longer sits on the throne of dominion; he is neither the beginning nor the end. The hierarchies are tumbling to be replaced by a beautiful biocentricity embracing all of nature--the animals, the flowers, the trees, the rivers. Each creature has intrinsic value, and we must forsake the idea of utilitarianism, (an idea whose manifestations have so destroyed our earth), by subscribing to the idea that all of creation was not necessarily put here with us humans in mind. We can live quite well without the leather, feathers, meat and oil of the emu, and we would do well to let THEM live well in their Australian homeland. And the raising of cattle alone worldwide has wrought the greatest despoliation of the land, where overgrazing has eroded the soil, polluted our waterways, caused wildlife to be displaced, not to mention how affluent Americans are poisoning themselves with the two major killers -- heart disease and cancer, which are directly consuming the nutritious grains we feed to cattle. This all not withstanding, Ms. Story also refers to birds with the pronoun "it." A living being is no more an "it" than a rock is a "he or a "she." Surely the quandary of not knowing the gender of the animal can be solved by either speaking collectively as "they," or simply saying together "he or she."

Surely we military folk would never be caught referring to a noble battleship, much less Old Glory herself as "it." If inanimate objects as these can command such respect, as right they should, then animate creatures deserve equal. I just hope Ms. Story can broaden her philosophical horizons and see the greater picture of the greater good. The *Star Presidian* has always been our favorite military newspaper -- let us all continue to promote peace amongst our human and non-human brethren alike.

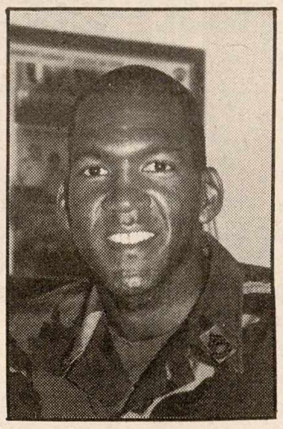
Most sincerely,
Patricia Briggs

Ask Presidians

What trait or traits make you an excellent soldier or employee?



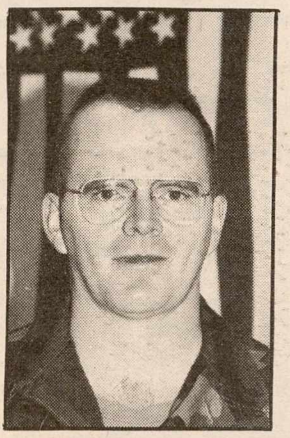
Lt. Col. Mel Ozeki, mobilization planner, DCSOPS: "I care about the welfare of the system. All my actions benefit the people that I serve--*the soldiers*."



Sgt. lst Class Eric Seals, Intellegence Security NCOIC, DCSOPS: "Consistency in maintaining the highest standards, including physical fitness, job proficiency, and adhering to the standards, allows you to compete with the best."

Juby Labaria, secretary, Sixth U.S. Army Aviation Office: "I'm very conscientious about the work I do in my capacity. I do what the boss says and try to do it on time. I love my job. It's important to enjoy what you do."

Sgt. lst .Class Morena Villanueva, NCOIC to the secretary of the general's staff: "To be a good soldier you must believe in yourself and take care of soldiers. Dishonest people are one of my pet peeves."



Sgt. Hal Taylor, Transportaion NCO, Sixth U.S. Army Protocol: "I try to learn all the different aspects of the military so that I'm a better rounded soldier and more of an asset to the U.S. Army."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Presidio's environmental clean-up program is ongoing

By Spc. Adrienne Story
Star Presidian staff

Environmental cleanup is ongoing at the Presidio. Several underground storage tanks and asbestos have been removed. Areas suspected of contamination are being tested and the contamination will also be removed.

The Presidio environmental cleanup process will continue until the final work is complete.

Step one

The first step, which is the preliminary assessment inspection, has identified potentially contaminated areas, what caused the contamination, and the possiblity of endangerment to the public's health, safety, welfare, and the natural environment.

According to environmental coordinator Bob Ebert, this step is complete.

"It was determined that there was no heavy manufacturing at the Presidio," he said. "There were general support facilities such as the hospital, gas station and maintenance shops. Sites were considered based on present or past activity."

Step two

The remedial investigation and feasibility study will identify the presence of contamination, how badly the area is contaminated and what exactly caused the contamination. This will be determined by laboratory analysis of the ground, sediment, and water supplies. The Presidio environmental cleanup is in the second phase of its process and various areas have already been tested.

"We have put in wells and done some trenching to test areas," Ebert said. "In the first step we determined whether any areas could be health risks. We were concerned about some graded areas, however they were found not to be health risks."

Sgt. John W. McGarrah

Workers remove a storage tank from the Public Health Service Hospital area recently. Tank removal is part of the ongoing clean-up program.

Ongoing cleanup

"Leaking underground storage tanks caused soil contamination at Building 231, a former gas station," Ebert said. "Four tanks and the contaminated soil were removed." A soil and ground water treatment program is ongoing.

The 1989 Loma Prieta earthquake caused storage tanks and related pipes to leak into the soil and groundwater at Building 637, a former petroleum, oil and lubricant facility on Old Mason Street. Six tanks, three 20,000 gallon diesel, and three 5,000 gallon gas tanks have been emptied and removed.

The Army is determining the extent of contamination. Treatment is expected to begin in December.

Two underground storage tanks, associated piping and materials contained in the tanks have been removed from the maintenance facility at the west end of Crissy Field.

Contaminated soil was excavated and treated as hazardous material.

The 100,000 gallon above-ground storage tank which is part of the fuel storage facility, Building 1349, has been cleaned and emptied.

The Army is studying the contamination. Remediation will begin once the study is complete. Tank removal is being coordinated with state and federal agencies. According to the Presidio Environmental Newsletter, an asbestos survey was completed in 1990, and an abatement program is underway. Structures containing unsafe levels of asbestos have been remediated.

In this stage of the cleanup, negotiations are on going to decide what is clean and what areas must be remediated.

"We are progressing as fast as we are allowed to," Ebert said. Testing areas takes time and will continue, which may slow the process, however, Ebert says they are working toward step three.

Step three

A public meeting will be set, and a cleanup plan will be developed. At that time, a 30-day public review and comment period will be held before the plan is finalized.

"We have not reached the third step yet, but we are looking forward to that."

The following steps are part of the Army's environmental cleanup program. Although the Presidio has not reached these steps, the cleanup process will continue through the final step.

In step four, the Army will issue its final cleanup plan in a form of a record of decision after hearing all the public comments.

In step five, the plan will be designed and implemented.

Step six will consist of continuous monitoring by the Army and appropriate regulatory agencies until remediation is completed.

Don't be left in the dark! Power outages scheduled

A power outage has been scheduled from 8 a.m. to 10 p.m., Oct. 16.

The purpose of the power outage is to perfrom repairs and maintenance on the 12 KV and 4.16 KV switchgear at Substation 107.

The buildings affected are: 2, 34 through 38, 44, 47, 48, 86, 87, 88, 105, 127, 128, 129, 135, 150, 151 through 154, 201, 204, 205, 207, 208, 218, 220, 222 through 225, 227 through 231, 267, 269, 274 through 278, 280, 282 through 290, 601 through 610, 630 through 634, 637, 639 through 646, 649, 901 through 919, 926, 940, 115B, 1160 through 1164, 1167 through 1170, 1182, 1184 through 1186 and 1188.

Some buildings will experience two short power shortages (expected to last not more than one hour for each outage), one in the morning to switch to alternate feeders and a second in the evening to switch back to regular lines.

Buildings impacted by these short power outages are: 92, 93, 97, 99, 100 through 104, 108, 113, 116, 117, 122, 123, 125, 126, 130, 310 through 312, 314, 325 through 345, 375 through 382, 386, 387, 401 through 404, 406, 407, 409 through 417, 419 through 424, 428, 432 and 434.

The only dwelling units that will experience the entire 14 hours of power outages are quarters 127 through 129.

Any questions concerning the outage should be directed to Lance Dutton at **561-5176** or Juanita Whitehead at **561-3711.**

Liaison bridges Army, Navy communities through change

Staff Sgt. Pleasant Lindsey

Senior Chief Petty Officer Marvin DeVaughn

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Navy and mixed service (Army/Navy) families have an advocate to turn to for help with issues which may be caused by the Presidio's transition to the National Park Service.

Senior Chief Petty Officer Marvin DeVaughn is the U.S. Army Garrison's Navy Liaison. DeVaughn is a Presidio resident whose previous duty station was Naval Air Station Alameda, Calif.

DeVaughn will provide liaison services to the garrison, because the transition will affect the lives of Navy families living here.

As the Presidio transitions, DeVaughn will give Navy members guidance on where to go for assistance in various family and personal matters, thereby keeping sailors from falling through the cracks. He will interface with the command here as well as at N.A.S., Alameda.

This is not DeVaughn's first time working with the Army. At one point in his career, he did a logistics tour in Japan in support of Army functions.

DeVaughn was the field services division officer for the Alameda naval air station, before being assigned here. He was responsible for providing services for transport aircraft, making preparations for presidential and dignitary visits, and maintaining the airfield and optical landing systems.

He will now be using his knowledge of people in a different capacity, a necessity sparked by also being a concerned Presidian.

DeVaughn attended a meeting here on family matters and saw issues that could potentially escalate into serious problems for Navy families who had no representation here.

"We occupy a large number of the quarters here, and the base's transition will have an impact on the social, health, and family services available here," he said. "I saw a need to provide some level of support for Navy families." From this line of thinking was born the Navy liaison position.

DeVaughn was a logical choice as liaison, given his residency on post and the path his career has taken. His impending retirement after nearly 19 years of service follows the same time line as the Presidio's transition.

"Living here, I'm aware of some of the problems and conditions facing Navy residents. Why send an Alameda resident here as a liaison who's not affected, doesn't know the people, and would probably resent being here," he said.

DeVaughn's position could determine if a future, permanent liaison position is warranted. DeVaughn said he plans to use his knack for working with people in a positive way after his retirement. He said he plans to teach in the school system with an emphasis on drug prevention. He's looking into the Navy's Junior Reserve Officer Training Corps program for high schools, as well as other options.

"Our education system is a mess," he said. "We don't have enough people involved in all levels. Drugs know no social caste and have no boundaries. Anyone can fall into that trap."

Until then, DeVaughn will be working to ensure that Navy families here don't fall into any traps due to the Presidio of San Francisco's upcoming transition.

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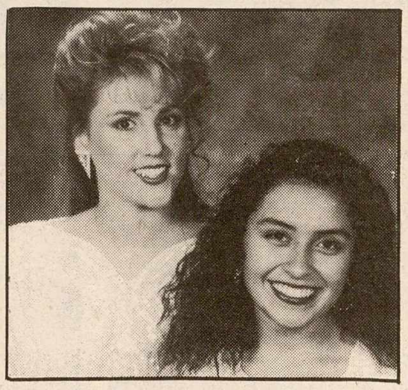

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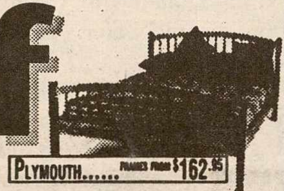

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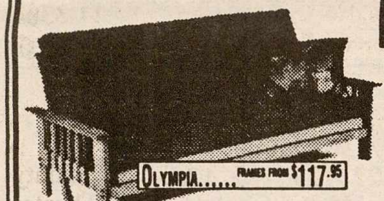

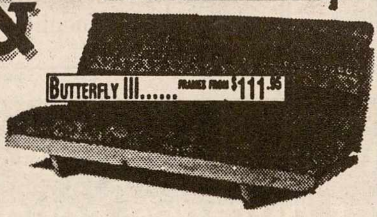

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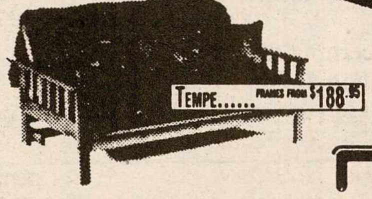

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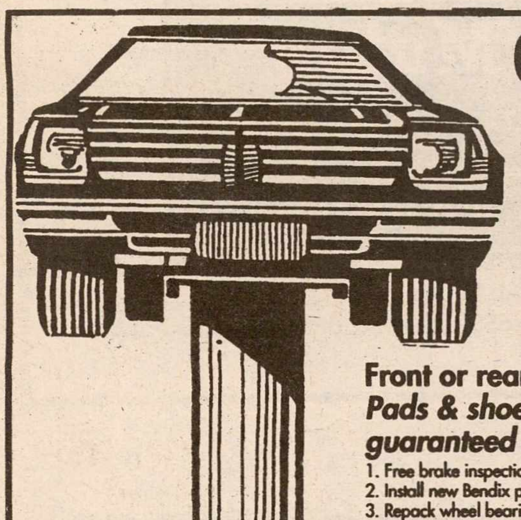

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Presidio News Briefs

Post housing units open to DoD civilians

The Presidio of San Francisco Family Housing Branch, Building 227, is now taking applications from DoD civilians who wish to lease family housing on the Presidio. Approved applicants can move in immediately. Eligible applicants are DoD employees, NAF employees, and AAFES employees. These applicants must be married or single parents who meet the AR 210-50 "married/single parents eligibility requirement" to qualify for housing. Available housing includes two-and three-bedroom units located in the 1500 Pershing Park Area across from Baker Beach. Rent is $980 for two bedrooms and $1,165 for three bedrooms. Rent includes all utilities and housing support services. All approved leases will terminate on Oct. 1, 1994, with no exceptions. For information, call Capt. Robert Gongora, chief of the Family Housing Branch, or Master Sgt. AmeliaTsukuda, NCOIC, Family Housing Branch, at **561-6172**.

Commissary closed for Columbus Day

The Presidio of San Francisco Commissary will be closed Tuesday to observe Columbus Day. The Commissary will reopen for business at 10 a.m., Oct. 13.

Octoberfest '93 celebrated here

An Octoberfest is scheduled for 7 to 11 p.m., Oct. 15 at the Log Cabin, Building 1299. A suggested donation of $5 per ticket will cover food, drinks and a live band. Tickets are limited and will be available at the Main Post Chapel and at the Chapel of Our Lady after Saturday and Sunday services. For information, call Jean Bergeron at **386-1918** or Sister Agnes Theresa at **561-4440**.

Janitor needed at post thrift shop

The Presidio Thrift Shop is accepting applications for the janitor's position. This will be a paid position. For information, call **922-3384** or visit Building 204 from 10 a.m. to 2 p.m., Tuesdays through Thursdays.

Health Clinic giving immunizations

The 1993-94 Influenza Vaccination will be given to all active duty soldiers from 8 a.m. to 4 p.m. Oct. 18 and 20 in Schwartz Theater on the first floor of Letterman U.S. Army Health Clinic. Retirees, family members and Department of Defense civilians can receive immunizations from 8 a.m. to 4 p.m. Oct. 25 and 27. The shots are mandatory for active duty soldiers. Bring your yellow shot record and medical record for proper documentation. For more information, call the Preventive Medicine Service at **561-3929** or **561-2297**.

Education Center offers CLEP tests

The post's college hopefuls will have a chance to take the CLEP and GMAT entrance examinations here.

The CLEP English with Essay general exam will be given at 1 p.m. Jan. 11, 1994, in the Presidio Education Center, Building 1216. This examination is given free for the first time to active duty or reserve military personnel attending, or planning to attend, colleges which accept this test rather than the multiple choice CLEP English general exam. Family members, Department of Defense civilians, and retirees may take the test for a $40 fee. The test must be ordered in person by Dec. 7 at the Education Center.

The Graduate Management Admission Test will be held from 7:30 a.m. to 12:30 p.m. Jan. 18, 1994, at the Education Center. The GMAT is given free the first time to active or reserve military personnel who plan to pursue a master's degree in business. Soldiers who retest must pay a $52 fee. Tests must be ordered no later than Dec. 15 during an in-person counseling session at the Education Center. For more information about testing, call the center at **561-4445** or **561-2974**.

Burger King extends weekday hours

The post's Burger King will extend its Monday through Friday operating hours and will be open from 6:30 a.m. to 8 p.m. for a one-month test from Oct. 15 through Nov. 15. The weekend hours of 8 a.m. to 6 p.m. will remain the same. The extended hours will be evaluated at the end of the test period.

Pre-retirement orientation is required

Army Regulation 600-8-7 requires that all retirement eligible soldiers (19 or more years of active federal service) view two video tapes, "Military Pre-Retirement" and "Making the Right Decision: The Survivor Benefit Plan." The tapes may be viewed by making arrangements with the Presidio Education Center at **561-4445** or the Martin Eastly Post Retirement Services Office at **561-2721**.

See Briefs, Page 10

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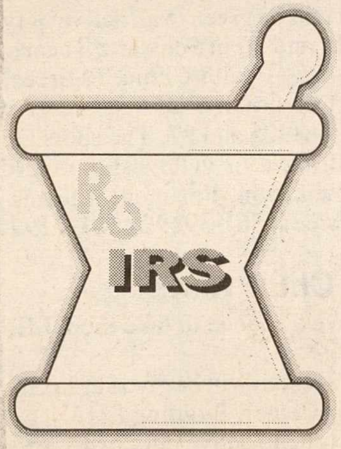

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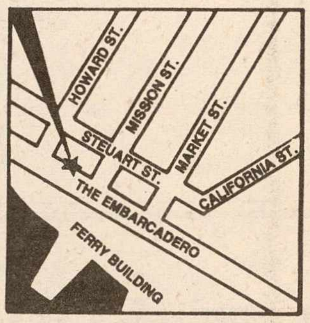

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(USAF Judge Advocate, Retired)
(Former Travis AFB Area Defense Counsel)
(Major, USAF Reserve)
(Former Civil Litigation Lawyer, Sacramento)

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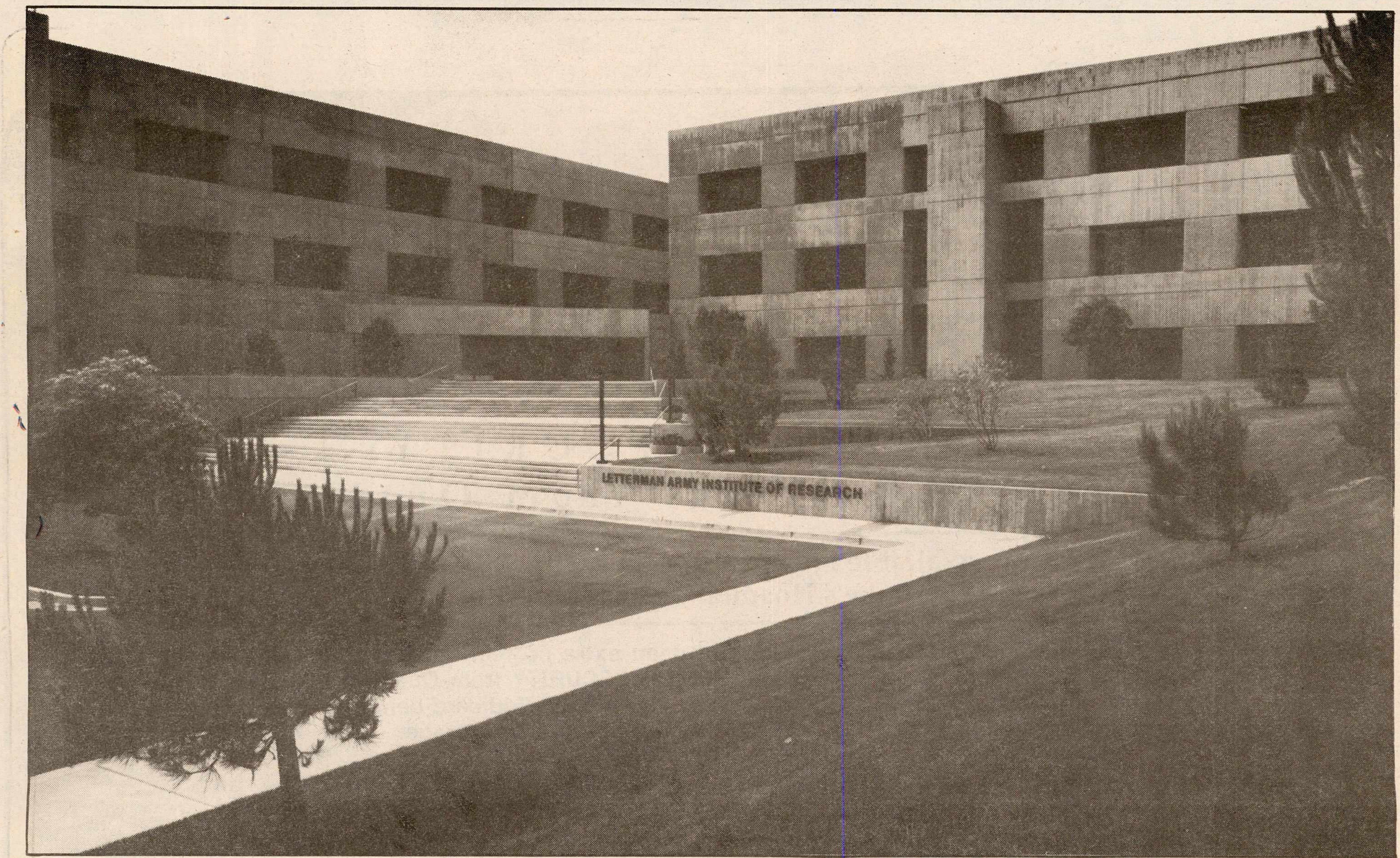


Historic photo

Letterman Institute of Research as it looked at the time of its grand opening here. The noted research facility will become one of the first facilities to close here at the Presidio of San Francisco. The separate research elements have been transfered to other facilities Army-wide.

LAIR: Disestablishment ends disinguished chapter

Continued from Page 1

Phase I of the facility was completed in 1974. Three activities from locations across the nation began their migration to the Presidio in 1974, to join researchers of the existing Letterman Army Institute of Research. The Medical Research and Nutrition Laboratory relocated from Fitzsimons Army Medical Center, Denver, Colo., in May 1974. The U.S. Army Medical Research Laboratory, which conducted Blood Research, relocated from Fort Knox, Ky., in July 1974. And medical components of the Joint Laser Safety Team made their move from Frankford Arsenal, Pa., in July 1974.

Although researchers began arriving in 1974, only those from the Nutrition Laboratory moved directly into the new building. Researchers from Fort Knox moved into the Letterman Annex, and researchers from Frankford Arsenal set up operation in Building 668, fondly referred to as the "mule barn." It was a year before Phase II of the new LAIR was ready and two years before Phase III was completed and the building was fully occupied.

By 1975, the Institute staff had grown to more than 450 people, and was awarded accreditation by the American Association for the Accreditation of Laboratory Animal Care, one of only 285 laboratories in the United States at the time so recognized.

With the addition of new research activities, the mission of the new LAIR was refocused to provide a general medical research capability and to conduct research in the areas of nutrition, infectious diseases, dermatology, surgery, blood transfusion, laser safety, and experimental psychology. Researchers also continued to support clinical investigation projects recommended by the center's commander.

Contributions were many

The Institute's mission continued to evolve as technology advanced and the needs of the Army changed. Throughout their time on the Presidio, LAIR researchers made many significant scientific contributions that touched the lives of soldiers and civilians alike. Some of their achievements include:

"Research for the Soldier"

Basic and exploratory research on insect repellents conducted at LAIR from 1975 to 1984 resulted in the fielding of an improved 12-hour insect repellent in 1989. The improved formula insect repellent has no detectable odor from 10 feet, is less damaging to plastics than its predecessor, and is more resistant to being washed off by perspiration and rain.

In the area of blood preservation, LAIR researchers made an international impact. In 1978, an anti-coagulant called CPDA-1 was licensed by the Food and Drug Administration. CPDA-1 increased the storage life of blood from 21 to 35 days. This storage solution is used by blood banks worldwide and saves the civilian medical community millions of dollars each year.

Follow-on research resulted in development of CPDA-2, which increased the storage life of blood to 42 days. In 1992, researchers tested a solution that successfully increases the storage life of thawed, frozen blood from 1 to 21 days. This solution is also expected to have significant civilian use. LAIR scientists also have been leaders in the area of blood substitute research. In 1982 and 1989, the Institute hosted international conferences on blood substitutes. In 1990, the Institute opened the first public facility of its kind specifically designed to produce large quantities of hemoglobin derivatives for use by LAIR scientists and other public investigators conducting blood substitute research.

In the area of laser bioeffects, LAIR researchers conducted or directed much of the research critical to development of the database used to establish occupational safety standards for laser use.

In 1978, LAIR researchers hosted the first of 13 annual DoD Lasers on the Modern Battlefield conferences as a means of communicating medical and threat aspects of laser use on the battlefield.

One of their most significant accomplishments was development of the Ballistic and Laser Protective Spectacles known as B-LPS. More than 100,000 B-LPS units were in use worldwide by 1991 and were used to protect soldiers' eyes during Operation Desert Shield/Storm. Development of the technical specifications for laser and ballistic eye-protection products began in 1984, with the first spectacles completed in 1987. From there, protection expanded to include visors for aviators, goggles for tankers, and out-serts for protective masks.

Among their many accomplishments, researchers established a Laser Ocular Trauma Center with the Letterman Army Medical Center in 1981 to evaluate actual or suspected laser eye injuries. Researchers also worked closely with the Academy of Health Science in drafting Field Manual 8-50, "Prevention and Medical Management of Laser Injuries," and developed the "Aidman Vision Screener" to assist in far-forward diagnosis and triage of battlefield laser eye injuries.

Military Trauma researchers earned international recognition for their research in the area of wound ballistics. The "gelatin block" model perfected by LAIR researchers allows simulation of the effects of a projectile on the human body. LAIR's gelatin block research has changed the way soft tissue bullet wounds are evaluated and treated and is considered the "gold standard" for soft tissue ballistics research, worldwide.

Another major accomplishment of the military trauma researchers was development of an innovative concentrated resuscitation solution called Hypertonic Saline Dextran. Designed to help replace the fluid loss caused by hemorrhage, the leading cause of death on the battlefield, one benefit of HSD is that combat medics can carry approximately 12 times more HSD solution than the solution used presently, thereby enabling the medic to treat more soldiers on the battlefield than is currently possible.

Folding of the LAIR flag on Oct. 15 brings to a close the Presidio chapter of "Research for the Soldier."

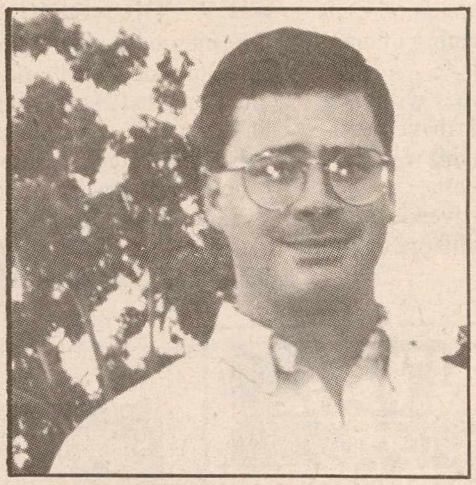
Much has been accomplished, but there is more work to be done. LAIR's researchers will continue their important work in their new locations, and military and civilians alike will continue to reap the benefits of LAIR's research.

Staff Sgt. Pleasant Lindsey III

Assistant Chief of Staff Clyde Tull was promoted to the rank of colonel Oct. 1. Lt. Gen. Glynn C. Mallory Jr., Sixth U.S. Army commanding general, helps Fairly Tull pin on her husband's new rank.

Lt. Col. Paul Johnson, Staff Judge Advocate, was promoted to the rank of colonel, Oct. 1.

Sgt. 1st Class James Utter, Post Chaplain's Office, received the Meritorious Service Medal Oct. 1.



Sgt. Brent Reeves was recognized as the Hq. Cmd. Bn. Soldier for the Month for September.

Maj. Gen. Robert Frix, Sixth U.S. Army deputy commanding general (active component), and Sixth Army Command Sgt. Maj. Otto Copeland pin staff sergeant rank on Jerord Wilson, Sixth U.S. Army Ceremonial Platoon, Oct. 5.

Presidio of San Francisco welcomes newcomers

The Presidio of San Francisco community welcomes these new additions:

Sgt. 1st Class Morena Villanueva, *Headquarters, Sixth U.S. Army*
Sgt. 1st Class John Saal, *Sixth U.S. Army*
Sgt. Robert Carden, *Sixth U.S. Army*

Sgt. Chance W. Showell, *Law Enforcement Company*
Pvt. 2 Mehri L. Bradford, *LEC*

Spc. Shaylea M. Cooney, *Headquarters Company, U.S. Army Garrison*

Maj. Steven R. Scholtz, *Parks Reserve Forces Training Area*
Capt. Antoni M. Pagozalski, *PRFTA*
Sgt. 1st Class Romeo S. Delrosario, *PRFTA*
Sgt. 1st Class John R. Peterson, *PRFTA*

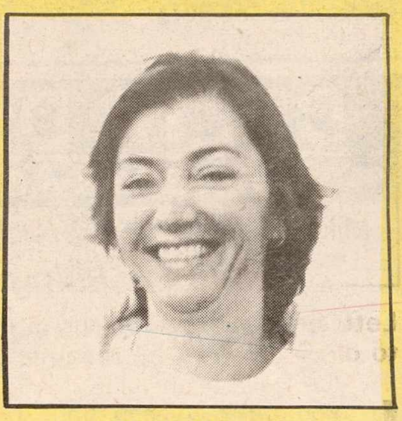
Sgt. 1st Class Lonzell B. Kidd, *Readiness Group-Presidio of San Francisco*
Sgt. 1st Class Glenn L. Macapinlac *RG-PSF*
Sgt. 1st Class Malaetele S. Tiliaia, *RG-PSF*

Sgt. 1st Class Gary A. Helberg, *Reserve Training Detachment, Presidio*
Col. David E. Murdock, *Senior Advisor, Army National Guard*
Sgt. 1st Class Robert J. Pepin, *Reserve Component Support Group*

KUDOS

The following family members and soldiers received certificates of achievement from Letterman Institute of Research or certificates of appreciation from the Sixth U.S. Army Ceremonial Platoon recently. Congratulations to all!

Jane Renn
Certificate of Appreciation



Cindy Agness
Certificate of Appreciation

Pfc. Anthony Lucas
Certificate of Achievement

Spc. Jennifer Davis
Certificate of Achievement

Spc. Mark Zander
Certificate of Achievement

Briefs, *continued from Page 5*

Housing area cleanup schedule

From 12:30 to 4:30 p.m., **Tuesday**, in areas 1 to 100, 300, 1500 and 1700. **Wednesday**, 400, 500 and 800 areas. **Thursday**, 900, 1000 and 1200 areas. **Oct. 15**, 1300, 1400 areas, 500 and 600 areas of Fort Baker, and 700 and 800 areas of West Fort Baker.

Post Boy Scouts host Volksmarch

The Presidio Boy Scouts and the Bay Bandits are holding a 10-kilometer (6.2 mile) Volksmarch on the Presidio of San Francisco from 8 a.m. to 4 p.m., Oct. 30. There will be two routes--one starting at the Golden Gate Community Club, Building 135 running through San Francisco and the other starting at the club and staying on post. The walk is for all ages with proceeds from refreshment and event patches supporting the Presidio Boy Scouts.

Navy to conduct electrical survey

During the next 90 days, the Department of Navy Public Works will be conducting an electrical metering survey of all the buildings on the Presidio. They will visually inspect the electrical service entrance of each building and, in some cases, require the opening of main breaker panels to check wire sizes.

The Navy Public Works Corps employees will each possess a Navy identification card and drive well-marked PWC vehicles. Residents and tenant organizations should expect little inconvenience other than a PWC truck parked for a short time in a driveway. For information, contact Will Weber at **561-6000** or Juanita Whitehead at **561-3711**.

ADMIT ONE

Movies at the

Presidio Theatre

Oct. 15-In the Line of Fire (R)
Oct. 16-Rising Sun (R)
Oct. 17-Hard Target (R)

All movies begin at 7 p.m.

1296 E-54

Volleyball kits available for rental

A game of beach volleyball, anyone? The Presidio Outdoor Recreation Center, Building 667, has volleyball kits for rent. The kits include poles, net and volleyball. The supply is limited. Call **561-4324** for details.

Army units hold reunions

The members of Company B, 544th Engineer Boat and Shore Regiment will hold its reunion Nov. 4 through 7 at the Ramada Resort Hotel in Orlando, Fla. For details, call William R. Jones at **(410) 647-5489**.

Also, the Society of the 28th Division AEF will hold its reunion May 21 through 24, 1994, at the 28th Division Shrine, State College, Penn. For information, call John T. Dickey at **(717) 644-1355** or Kenneth I. Henning at **(814) 456-1359**.

Commuters get free survival guide

The "Commuter's Survival Guide," which explains alternatives to driving alone such as car or vanpooling, taking public transportation, and bicycling is free for the asking. The 30-page booklet also includes maps and information on Park and Ride lots, diamond lanes, and phone numbers for all Bay Area transit agencies. For a free copy, call RIDES at **(800) 755-pool**.

Local AUSA chapter marks World War II

The Maj. Gen. William F. Dean Chapter of the Association of the U.S. Army will host a banquet Wednesday at Parks Reserve Forces Training Area, Dublin, Calif., to commemorate the 50th Anniversary of World War II. For details, call Lucie Marx Titus, chapter president, at **(510) 736-4738**.

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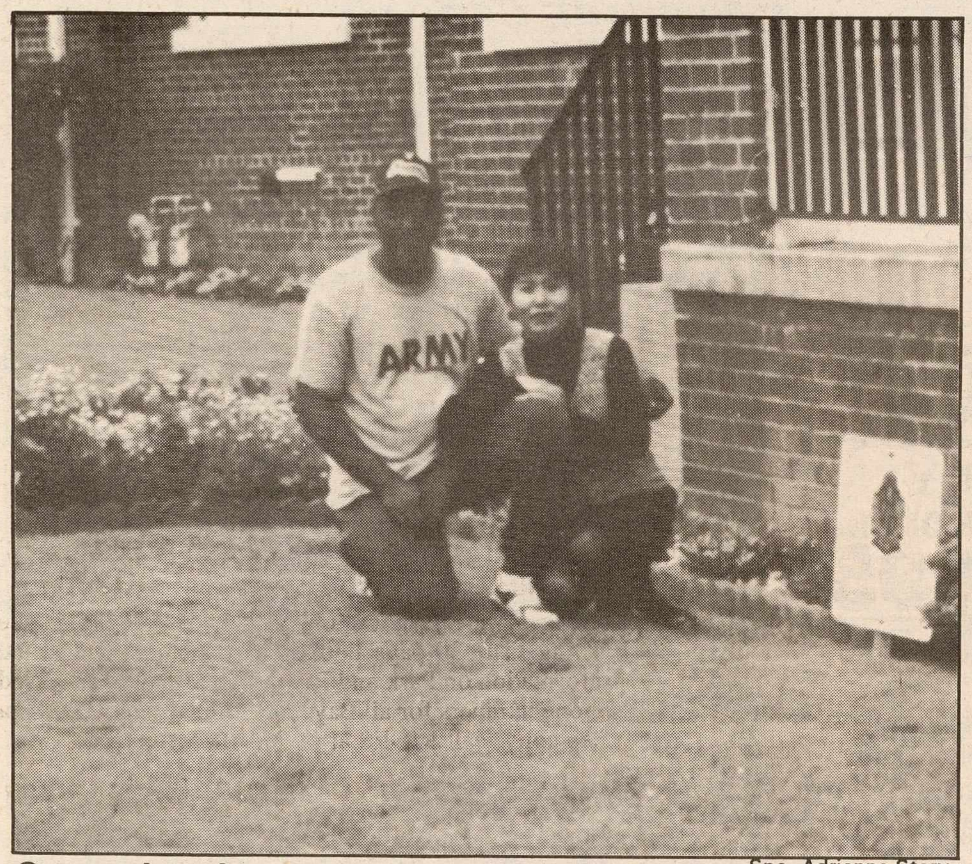

Spc. Adrienne Story

Green thumbs

Yards belonging to the families of Sergeants 1st Class Johnnie L. Battey and Judith A. Hughes (not pictured), of the 700 area, were recognized as Presidio Quarters of Excellence, Oct. 4. Pictured are Battey and wife.

Museum transfers to park service

Public Affairs Office
Presidio of San Francisco

The Department of the Army is transferring more than 4,700 historical artifacts from the Presidio Army Museum to the National Park Service's Golden Gate National Recreation Area.

This will transfer a major portion of the museum's collection to the National Park Service, preserving the military history of the post when it becomes a National Park. Included in the transfer are all items actually used at the Presidio when the item was in common use in the rest of the Army.

The Army Center for Military History, responsible for the care and custody of all Army historical property, recommended this generous transfer of artifacts after reviewing the National Park Service's request for support and their historic interpretation plans for the Presidio, the oldest continuously occupied military installation in the United States.

Operation of the museum will transfer to the GGNRA this month. This change of federal stewardship is part of a series of base realignment actions placing the Presidio under the management of the National Park Service by Oct. 1, 1994.

The museum has been operated with both Army and National Park Service personnel working side by side since April 4. This collocation of workers is to ensure a smooth transition to the new managers.

The museum is temporarily closed for general house cleaning, inventory, and artifact preservation and shipment. When it is reopened, on a date to be announced by the GGNRA, the museum will be under the full management of the National Park Service.

In addition to agreeing to the transfer of artifacts, the Army's Center for Military History has agreed to assist the National Park Service in telling the story of the Army at the Presidio with advice, reproductions, loans, etc. First among these helpful services is the center's recent arrangement to provide reproductions of any textual materials that it is retaining that the National park Service would want. A variety of items is to be transferred, including uniforms, equipment, and weapons spanning the time from the Spanish occupation to the present.

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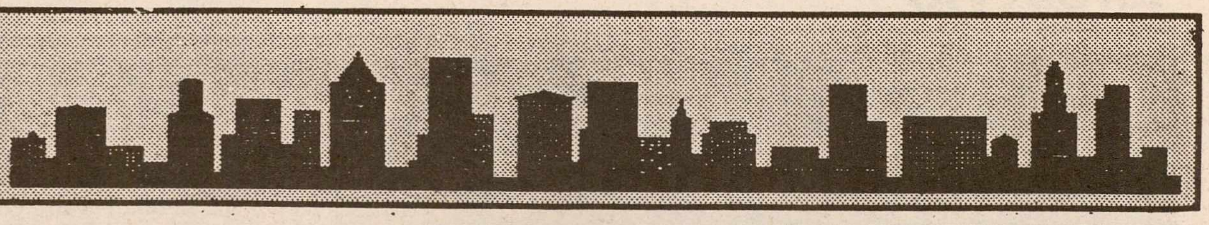

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Speed limit?

Thousands of runners took part in the annual Bridge to Bridge Race, which crossed the Presidio Oct. 3. The race is a benefit for Big Brothers and Big Sisters of San Francisco.

Staff Sgt. Pleasant Lindsey

Sports briefs

Trevino hits hole-in-one

Forty-four Presidio golfers braved cool, windy elements in the Sports Branch Best Ball Tournament. There were 11 teams relying on skill and experience to earn the team title.

The winning margin was by one stroke, as the all-star squad of Tim Janson, Al Trevino, Peter Blankenhiem and Jeter Barnhill earned their team victory.

The top individual performance came from Al Trevino, as he shot a hole-in-one on the 13th hole. This excellent drive was witnessed by Sgt. Pam Allen, who was measuring all drivers to see who would come closest to the pin on this hole.

Team results

Jeter Barnhill, Peter Blankenhiem, Tim Janson, revino, 65.

Louis Caviglia, Bill Ott, Dan O'Shiro, Ken h, 66.

Nearest to the pin

1. Al Trevino, hole-in-one.
2. Mel Ozeki 7-feet 8-inches

Longest drive

Jeter Barnhill

Longest putt

1. Louis Caviglia 38 feet
2. Bill Swift 20 feet, 3 inches.

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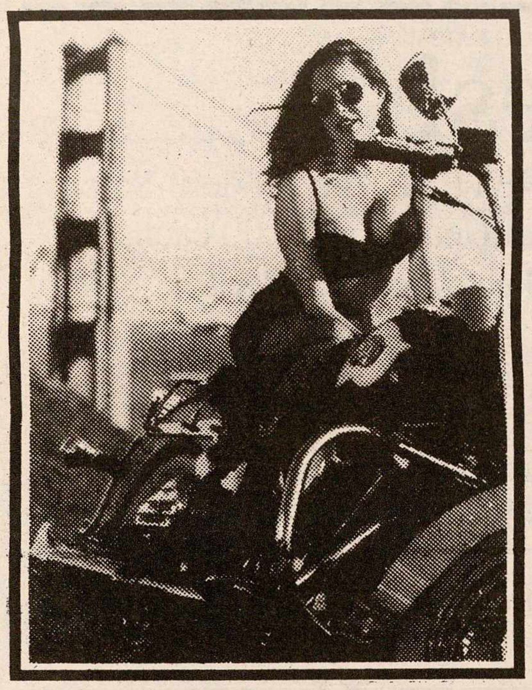

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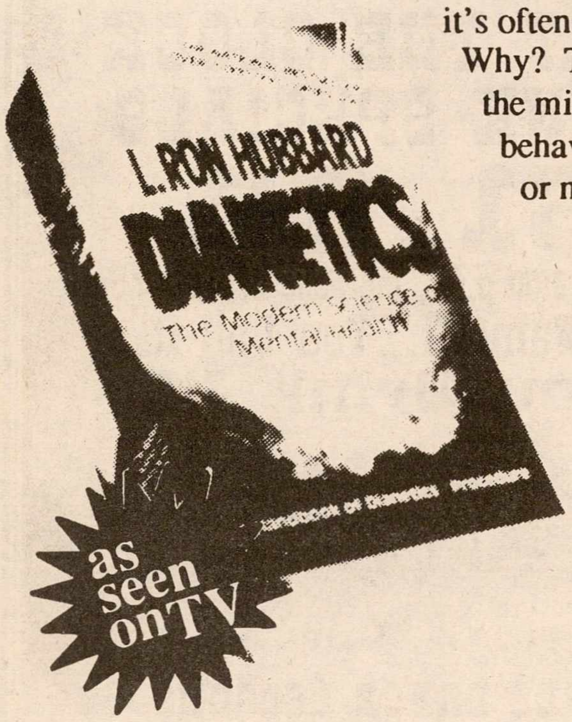
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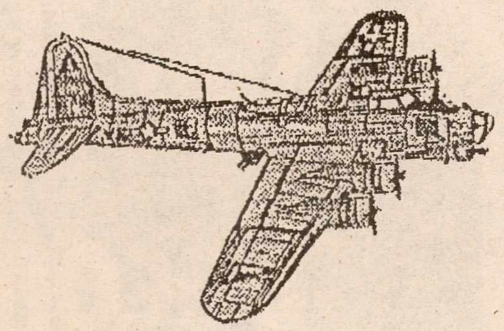

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Itinerary:

Day 1: Overnight flight to Paris

Day 2: Arrive in Paris

After morning arrival, depart for your Normandy hotel. The rest of the day is at leisure. Enjoy a welcome dinner that evening.

Day 3: Normandy

In morning, visit Pointe du Hoc Ranger Memorial, the Utah Beach Museum and the 508th Parachute Infantry Memorial. In afternoon, visit St. Mere Eglise, Airborne Museum, U.S. Military Cemetery and the Normandy Invasion Museum. Includes breakfast and dinner.

Day 4: Normandy to Reims

In morning, travel to Reims, passing Belleau Wood and Alsne Marne Cemetery. At Reims, visit the "Red School House" and Reims Cathedral. The remainder of the day is at leisure. Includes breakfast and dinner.

Day 5: Reims to Belgium and Luxembourg

In morning, visit a champagne winery before continuing to Bastogne, Belgium, site of the Battle of the Bulge. Then travel to Luxembourg to visit General Patton's grave at the Third Army Cemetery. Includes breakfast and dinner.

Day 6: Luxembourg to Malmedy, Huertgen Forest Aachen

Leave Luxembourg and visit the memorial to the victims of the Malmedy massacre and the Battle Museum at La Gleize. Continue through Huertgen Forest to Aachen for the night. Includes breakfast and dinner.

Day 7: Aachen to Remagen and Wurzburg

In morning, visit the sights of the Battle of Aachen, then continue to Remagon to the Ludendorff Railway Bridge. Then travel to Wurzburg. Includes breakfast and dinner.

Day 8: Wurzburg to Berlin

Following free time in Wurzburg, travel to Berlin. Includes breakfast.

Day 9: Berlin

Sight-seeing includes the Brandenburg Gate, Charlottenburg Palace, Keiser Wilheim Memorial Church, Kurfurstendamm, Reichstag Building, Checkpoint Charlie Museum, remains of the Berlin Wall, site of Hitler's bunker and the German Resistance Memorial. Enjoy a farewell dinner at hotel. Also includes breakfast.

Day 10: Depart Berlin for home

Depart in morning for return flight home. Includes breakfast.

*All rates are per person, subject to change and availability.

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Star Presidian

Vol. 38, No. 39 | Published for the Presidio of San Francisco Community | Oct. 15, 1993

On-site

Uncovering the Presidio's roots

By Sgt. John W. McGarrah
Star Presidian staff

This June, a historic find was made on the Presidio---literally in our backyards. The find was a portion of a building which dates back to the origins of the Presidio and the city of San Francisco.

Last week, archaeologists from Woodward-Clyde Consultants were hard at work again gathering more information on this historic discovery, located behind Quarters 11, 15 and 16.

Originally, just portions of exterior and interior walls were uncovered, along with several shards of period ceramics and metal items. The exterior wall, approximately 39 inches wide, is believed to be a portion of the original Presidio Quadrangle, which means that the fortification was substantially east of the location identified in the 1920s.

The current work involves the excavation of exploratory trenches to map the scope of the find. Taking meticulous care not to disturb the ruins, the team lead by Vance G. Bente, senior project scientist, believe that they have now located one of the buried structure's corners. This lets them know walls they have found so far are the east and north facades of the structure. Bente speculates that the structure continues under what is now Building 39 towards Graham, reaching back to link with the remains on the south side of Moraga Avenue. Moraga Avenue is the location of the current Presidio Officers' Club, which is commonly regarded as the oldest building in the San Francisco Bay area.

Once at least three corners of the building are found, several methods can be used to map the exact dimensions of the discovery, explained Bente. After further explorations are made, the Army's Geographic Positioning System could be used to plot the discovery's location. Then, by using computer assisted drafting and current maps of the Presidio, an exact map could be made of the site.

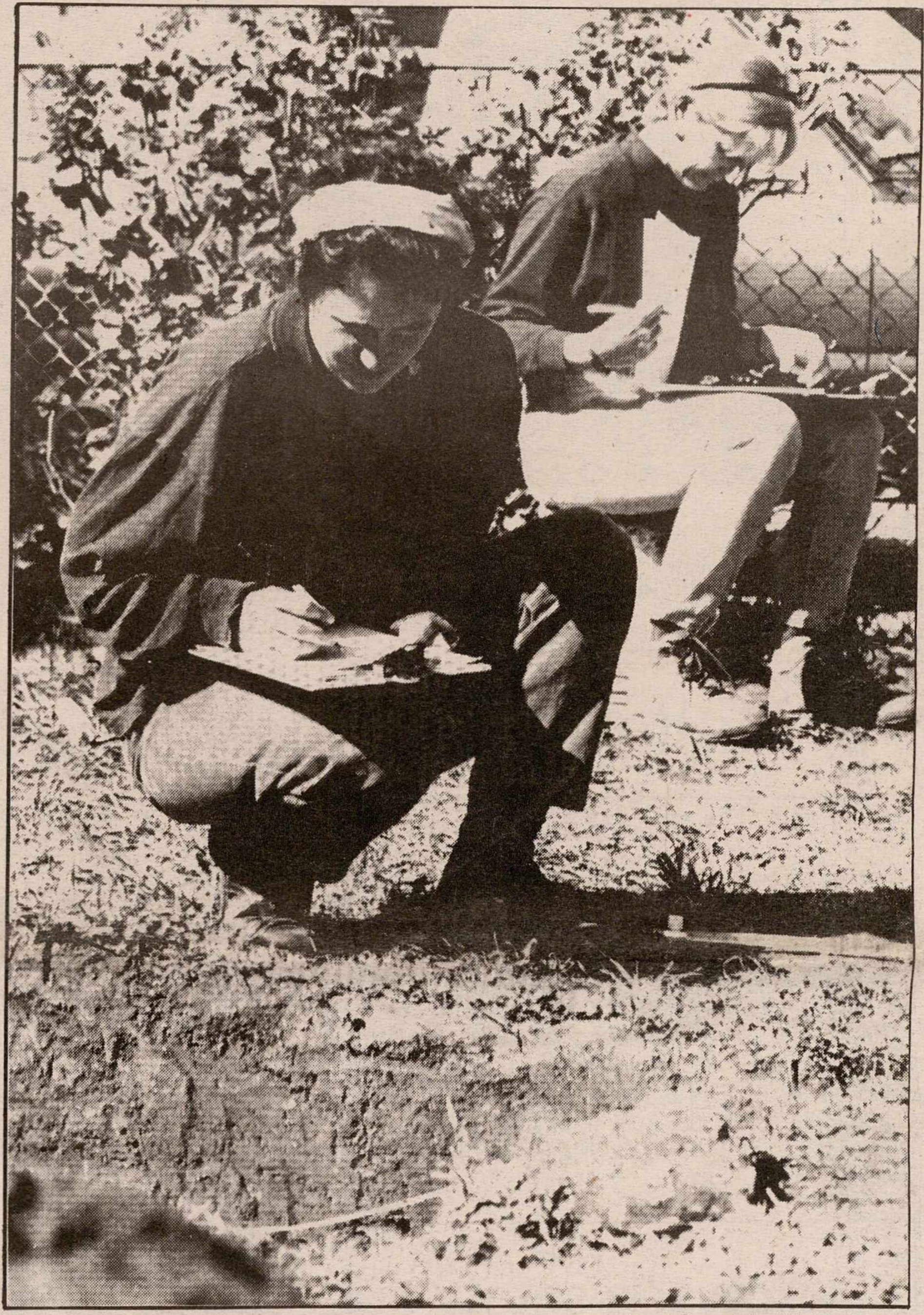
"What we are finding is almost a casebook study of a collapsed building," Bente explained. Handmade roof tiles litter either side of the walls. The roof tile firmly establishes this portion of the site in the 1800s."

In addition to the walls, pottery and metal artifacts have also been recovered. The findings include pieces of export Chinese china, which may have been brought to the area by Manilla Galleons, or latter by British traders. Sherds of Mexican wheelware and Galera, represent cooking and service vessles, and fragments of olive oil containers have also been uncovered. Discoveries of decorated ware include examples of Majolica, Puebla blue on white, San Elizario Polychrome, and San Diego Polycrome.

The original discovery was made during sliplining and oil storage tank removal operations on the Mesa Street quarters. "It is a building of major importance signified by the materials, care, and craftsmanship used in the construction," explained Bente, "representing pre-nineteenth century occupation of the peninsula by non-native Americans."

The Presidio was founded by the Spanish Lt. Col. Juan Bautista de Anza in June 1776, with construction starting in September of that year.

Sightseers and the curious are asked to please refrain from visiting the location since it is a residential area and is currently occupied.



Sgt. John W. McGarrah

Dig it!
Paula Frazer and Leigh Martin, both archeologists with Woodward-Clyde Consultants, carefully log every step of their work.

DoD health care to reflect national reform

Active duty members will receive health care despite the downsizing of Letterman U.S. Army Health Clinic.

"We will take care of the active duty members if we have to pay for the care," said Eloise Callwood, patient representative, Patient Service Center. "Before seeing any physician outside the hospital people need to go through Letterman."

In the meantime there is a new national health care reform in progress.

Letterman officials are still waiting for information on how the health care reform will effect Presidians, active duty members, their families and retirees.

Health care planners are continuing to iron out details of the Defense Department response to national health care reform. The military health care system changes will take at least two years to implement.

Under the DoD plan, dependents of active-duty members, military retirees, dependents of retirees and survivors would be given a choice of three health plans. Officials said the plans will provide the nationally guaranteed benefit package, plus the additional services offered through Civilian Health and Medical Program of the Uniformed Services and military hospitals.

"It is strongly suggested that all people who are eleigble for CHAMPUS Prime, enroll," Callwood said. "With CHAMPUS Prime, beneficiaries health care will be managed by their primary care physician. This saves the beneficiaries money. Under CHAMPUS Prime, beneficiaris may not see a specialist without a referral from their primary care givers."

CHAMPUS Prime is currently only available in the states of California, Hawaii and Louisiana.

Non-active duty beneficiaries

Officials say non-active-duty beneficiaries will receive "comprehensive, accessible health care that is low cost." Under the new plan, these beneficiaries will be offered a choice between a military health plan or selected civilian health plans each year.

Types of services included in the package include outpatient visits, inpatient care, prescription drugs, X-ray and lab services, mental health and preventive care.

Military health plan option

All non-active-duty beneficiaries eligible for the CHAMPUS or Medicare will also be eligible for the military health plan. Officials say the new plan will provide, at the least, health care equal to that available at present.

Military health plans will require no deductibles, but will charge an annual enrollment fee. By-category costs associated with the plan, based on 1995 estimates, are:

Category	Annual fee	Cost per visit
Active-duty family E-4 or below	No cost	$5 per visit
Active-duty family E-5 or above	$35 per person $70 per family	$10 per visit
Retiree and retiree family	$50 per person $100 per family	$15 per visit

Cost-sharing for health care under civilian providers will be less than under CHAMPUS, and no co-payments for care at military medical facilities will be required under the program.

Other choices

The reform measures would allow family members or retirees to choose from at least two civilian health plans. In areas of the country where a military health plan is not available, beneficiaries would be able to choose from at least three civilian health care plans.

"Fee-for-service" and "managed care" plans are choices available for those beneficiaries who don't choose the military health plan. Those who elect to join a civilian healths plan will be subject to annual premiums, deductible payments and co-payments, depending on which plan they choose.

Alternatively, managed care plans through health maintenance organizations or private networks are more restrictive in their choice of doctors, but out-of-pocket costs are lower. Annual monthly premiums are charged, and a deductible up to $400 must be met in some private networks. In either case, DoD or private employers would contribute a major part of the plans' premiums.

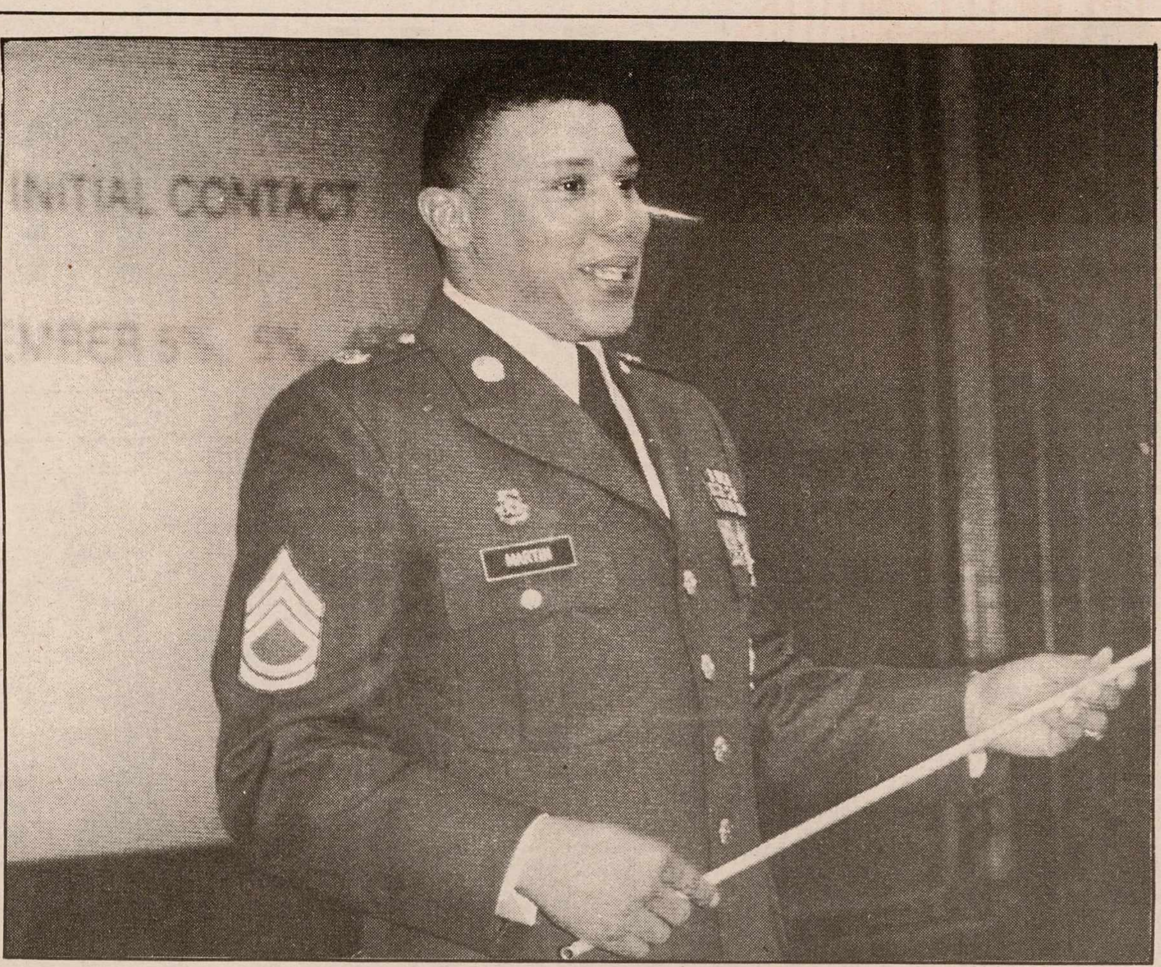
Medicare-eligibles

Beneficiaries who are eligible for Medicare — retirees, family members or survivors age 65 or older — would have the option of choosing Medicare or Tricare under the proposed health care reform.

Medicare-eligibles who wish to join the a military health plan will pay an annual fee of $50, or $100 per family, based on a 1995 estimate. Once enrolled, they would receive all care through a network of military medical facilities and contracted civilian health care providers, at a cost-share less than that of Medicare.

Those who choose or remain with Medicare would see their benefits remain basically unchanged, with the exception of, enhanced coverage for outpatient prescription drugs, officials said.

Army News Service



Sgt. John W. McGarrah

Campaign '93

Putting the Combined Federal Campaign on takes a great deal of preparations. Every year, hundreds of individuals thoughout the Bay Area are trained as coordinators and keyworkers. Sgt. 1st Class Robert J. Martin, pictured here, teaches a class to Presidio volunteers.

All Hallows Eve has long history

By Sharon E. Everett-Roles
Special to the Star Presidian

Everyone knows that Halloween is a time for kids to dress in costume and go trick-or-treating all over the neighborhood, right?

Have you ever wondered, though, where our Halloween traditions originated? If you have, read on!

Halloween, or All Hallows' Eve, has its origins in the Celtic/druid holiday of Samhain (pronounced SOV-een or SOW-in), the Druidic New Year. The Celts believed that Samhain was the one night on which the spirits walked the Earth, hoping to visit their living friends and relatives.

In order to protect themselves from any potentially angry ancestors, the Celts would disguise themselves if they went out after dark on Samhain. This tradition has carried on into modern times, with children disguising themselves as ghosts, princesses, witches ... whatever strikes their fancy, when it's time to select that special costume.

Once the kids are in costume, they are ready to go around the neighborhood crying "trick or treat." This comes from another Samhain custom. In order to appease the spirits, Celts left dishes of food and milk outside their doors. It was believed that, by providing these "treats" to the spirits, "tricks" or bad luck during the coming year would be prevented.

Halloween safety tips

The Presidio of San Francisco's official "trick or treat" hours are 6 to 8 p.m., Oct. 31. Please observe the following suggestions:

- Parents ensure all children are supervised and escort all children under 10 years old.
- Discuss safety with children prior to "trick or treating."
- Ensure costumes are visible at night, allow freedom of movement, and do not restrict vision. Consider face paint/makeup instead of a mask.
- Inspect candy before allowing the children to eat it. Letterman U.S. Army Health Clinic will X-ray candy upon parental request from 6:30 to 8:30 p.m., Oct. 31.
- Do not allow children to accept fruit or homemade goodies.
- Encourage children to remain on the Presidio.
- Encourage children to avoid all dark houses. Only trick-or-treat at homes with outside lights on.
- Stay off high-traffic roads.
- Carry a flashlight or chem-lite.

HALLOWEEN
OCT. 31

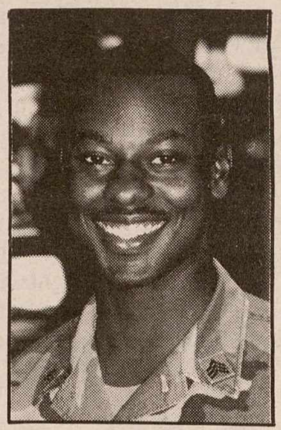
Ask Presidians

"What can you do in your areas, to help promote fall cleanup week?"

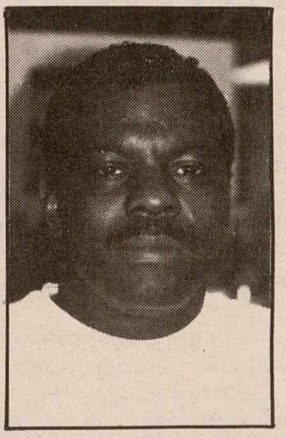
Spc. Linda Wilson, officer records clerk, MilPo: "Do a little bit throughout the year. That way, there's less to do during cleanup times like this. Every little bit helps."

Juanita Whitehead, customer relations specialist, Directorate of Public Works: "Treat your quarters as if they were your own house. Take pride in them. Now's the time to plant flowers for next spring."

Lyndsie Stage, family member: "The quarters we moved into had been empty for quite awhile. We had to cut back a lot of growth and replant flowers. It was a mess. But, I feel better now that it's done."



Sgt. David Cameron, property management NCO, Logistic Division, LUSAHC: "Don't throw trash around or leave it laying around if you see it. Police after yourself and your children. If you see trash on the ground while you're walking around, pick it up!"



Andre Richardson, family member: "Make clean-up more like a neighborhood block party. It's a good chance to meet your neighbors. After you're done, have a barbecue cookout."

Interviews by Sgt. John W. McGarrah

Star Presidian

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"Good Grief!'

It's the great pumpkin*...helpers!*

By Spc. Adrienne Story
Star Presidian staff

Headquarters Command Battalion solsiers unloaded about 75,000 pounds of pumpkins from trucks to support a local community's pumpkin festival.

Soldiers helped set up a pumpkin festival fund raising event for the St. Vincent School for Boys. This is one of the school's five fund-raising events held throughout the year. While pumpkins are being purchased, people will have the chance to feed farm animals and enjoy the decorations and autumn setting.

The Army has helped make this event possible for the past five years by unloading pumpkins, setting up decorations, and moving cornstalks and haystacks.

"Thank God for the Army," said Susan Neff, St. Vincent's events coordinator. "We really couldn't do it without them. The Army has helped us for years. There is so much to do and so many pumpkins to unload; there is no way the festival could continue without the Presidio's support."

The St. Vincent School for Boys was founded in 1855 to help the abandoned children of the California Gold Rush. It now aids abused and neglected boys, girls and their families by providing counseling and in-home services.

"It's a good community activity," said battalion Sgt. Maj. Dennis McKay. "This is a way for us to give service to the surrounding community."

McKay said it's important for soldiers to do their part in the community. He also helped set up decorations and hang the festival sign.

He admitted that there are other reasons for helping the St. Vincent School for Boys raise money.

"In previous years, the Marine Corps and Navy did this," McKay said, "and we [the Army] couldn't be out done."

Soldiers who participated were rewarded with fun and self satisfaction for helping the community.

"I think we did a good thing, because we helped build our relationship with the civilian community," Spc. Linda Wilson said. "I enjoyed the hay. (When distributing hay in an area, soldiers threw it at each other. It was all in fun.) It was hard work, but I enjoyed myself."

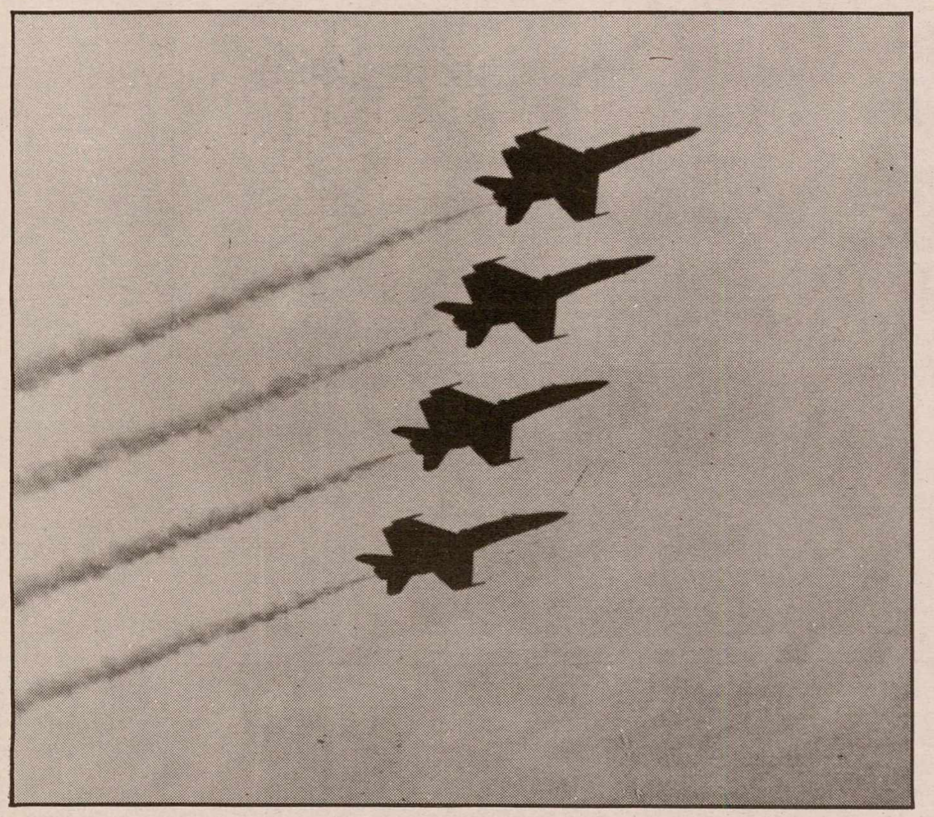
The St. Vincent School for Boys staff appreciated the support they receive from the Army in their fund-rasing event.

"It's great that they are willing to come out here and help us," Neff concluded. "Being as short staffed as we are, it's reassuring to know you have support that you can rely on."

The St. Vincent School for Boys pumpkin festival is going on now until Oct. 30.

To get to the pumpkin field, follow 101 North and take the Marinwood, St. Vincent Drive exit. Take a right at the off ramp. The Pumpkin Field is on the right side of the street.

For information, call **507-2000.** The Pumpkin Field event will be open 9 a.m. to 6 p.m. weekdays, and 10 a.m. to 5 p.m. weekends.



An airshow by the Navy's Blue Angels provided thrills and excitement to Bay Area viewers this weekend.

Thousands thrill to BayFest '93

Story and photo by Sgt. John W. McGarrah
Star Presidian Staff

The San Francisco Bay Area was alive with activity this weekend as BayFest '93 took place.

The weeklong celebration, which used to be known as Fleet Week, is one of the highpoints of the tourism year for the city. This year was no different.

This year's highlight, as in years past, was the show by the Navy's precision flying team, the Blue Angels, over the waters of the Bay.

The parade of ships, which featured hundreds of boats from near and far, ranging in size from aircraft carrier to sloops, began the festivities Saturday. The naval ships joined a huge flotilla of craft already on the waters of the bay.

It was the U.S. Navy's precision flying team, the Blue Angels, however, who stole the show thrilling the large crowds at Crissy Field, the Golden Gate Bridge, and the Marin Headlands with their death-defying stunts and exhibitions of skill. Lasting more than the scheduled 30 minutes, the air show filled the gray bay skies between the Golden Gate Bridge and Treasure Island with thrilling high-speed fly-bys, vertical climbs, and dives.

Sunday, on the Marina Green, just outside the Presidio's Marina Gate, thousands of sailors visited for the day with games, food, and entertainment.

Usually landbound civilians had the opportunity to tour historic and history-making ships on display at many of the city's piers. While civilians and family members got a view of life aboard ship, sailors and marines took in the views that make San Francisco the most popular tourist destination currently in the world.

It was hard to go anywhere in the city this weekend and not see one of the telltale black, white, or khaki uniforms belonging to the Navy or Marines.

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Presidio News Briefs

Mandatory Flu shots at post health clinic

The 1993-94 Influenza Vaccination will be given to all active duty soldiers from 8 a.m. to 4 p.m. Monday and Wednesday in the Schwartz Theater on the first floor of Letterman U.S. Army Health Clinic. Retirees, family members and Department of Defense civilians can receive immunizations from 8 a.m. to 4 p.m. Oct. 25 and 27. The shots are mandatory for active duty soldiers. Bring your yellow shot record and medical record for proper documentation. For more information, call the Preventive Medicine Service at **561-3929** or **561-2297**.

Health support briefing in Torney Hall

The Sixth U.S. Army Health Support Briefing will be held from 7 to 8 p.m. Oct. 25 in Torney Hall on the first floor of Letterman U.S. Army Health Clinic. All active duty families are encouraged to attend and get information about the changes at LUSAHC and get all health care questions answered.

Chem-lites available from PMO

The Provost Marshal's Office and the Post Safety Office will distribute chem-lites and trick-or-treat bags to Presidio family members Oct. 22 through 29. Be sure to stop in Building 35 and pick up a light and bag for each of your little ghosts and goblins.

HAAF bus service ends

The Hamilton Army Air Field shuttle will end Nov. 12, due to base transition and the retirement of two drivers from the Transport Branch. Any questions should be directed to Thomas M. Wilkins, Transport Branch, at **561-2660**.

Resource center open in new location

The Presidio's Job Resource Center is now located in Building 37. For information concerning services available to military and civilian personnel and family members, contact Ann Williams at **561-2598**. The hearing impaired should call **TDD 561-2598**. Any special needs or accommodations for the physicially challenged will be met, if requested.

Gym offers self-defense course for women

A self-defense course for women is being organized for any woman affiliated with the Presidio -- military personnel, family members and civilian employees. All women interested in such a course should contact 2nd Lt. Heather Tupper at **561-3539** or the Presidio Sports Branch, Gym No. 1, Building 63 at **561-4120** or **561-4131**, by Nov. 1. The length of the class will be determined by the number of participants.

Luncheon held for all women veterans

The San Francisco Chapter 44 WAC Veterans are hosting the 9th Annual All Services Women Veterans Luncheon at 12:15 p.m., Oct. 30 in the Ramada Inn/Oakland on 455 Hegenberger Road.

Menu items will include breast of chicken chasseur, chef's salad, and vegetables. Units with fund-raising items for sale may rent space in the lobby, which will be open for unit setups at 9 a.m., with registration begining at 10 a.m.

The $25 reservations fee can be mailed to ASWVL 93, P.O. Box 591472, San Francisco, Calif., 94159, by Oct. 24. For information, call the 24-hour hotline at **665-6919**.

Burger King extends hours

The post's Burger King will extend its Monday through Friday operating hours and will be open from 6:30 a.m. to 8 p.m. for a one-month test from today through Nov. 15. The weekend hours of 8 a.m. to 6 p.m. will remain the same. The extended hours will be evaluated at the end of the test period.

Chance for movie stardom offered

The USO of Northern California is helping a film production company find extras for a movie titled "Angels in the Outfield," starring Danny Glover and Tony Danza in the Oakland Coliseum Saturday, Sunday, and Oct. 22, 23, 29 and 30. If you are interested in being a film star, call the San Jose International Airport USO at **(408) 288-7603** for times and additional information.

Housing cleanup schedule

The 1300 and 1400 areas of the Presidio of San Francisco, 500 and 600 areas of Fort Baker, and 700 and 800 areas of West Fort Baker will participate in the post's fall cleanup from 12:30 to 4:30 p.m. today.

See Briefs, Page 10

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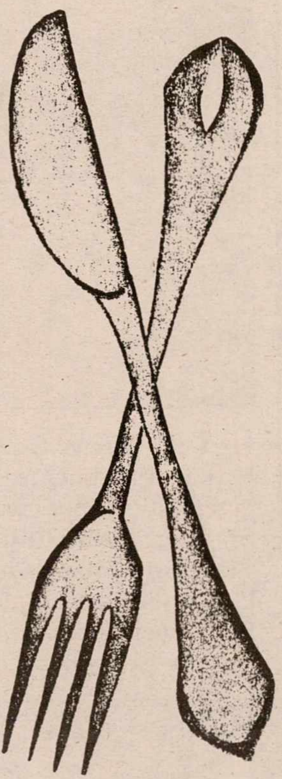

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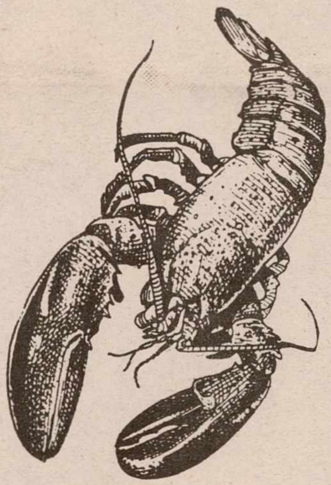

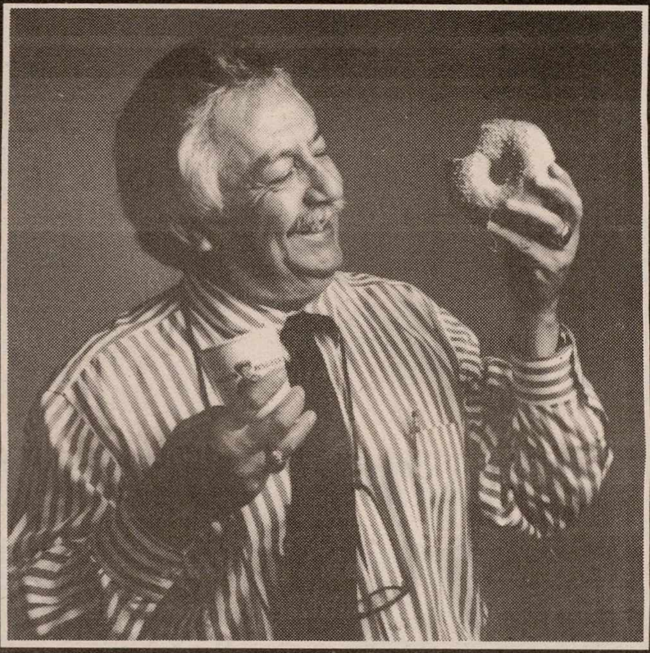

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Staff Sgt. Pleasant Lindsey III

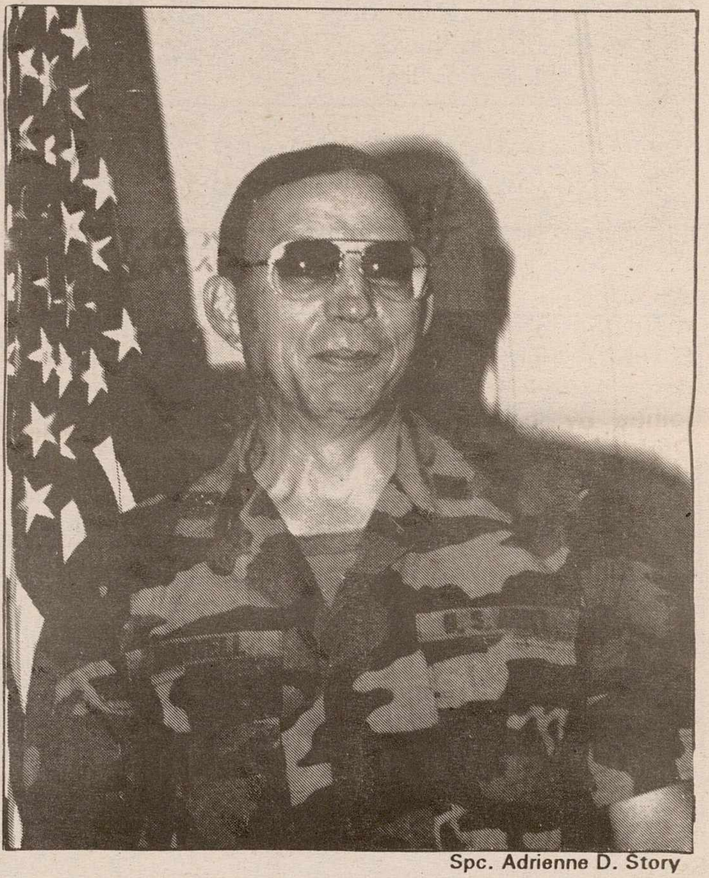
Thomas Hill is promoted to specialist Oct. 6 in the office of Capt. Tracy Sharpe, commander, Headquarters Company. Hill works for the Directorate of Public Works.

Spc. Adrienne Story

Lt. Col. Wayne C. Agness, Headquarters Command Battalion commander, presents a battalion certificate of achievement to Pvt. 2 Maggie Ward during the battalion awards ceremony. Other awardees included: Sgt Jennifer Schofield, Army Commendation Medal; Staff Sgt. Ralph Gutierriz, Army Achievement Medal; Sgt. 1st Class Christopher Kennally, Staff Sgt. Anthony Allen, Staff Sgt. Vernon Fowler, Staff Sgt. Byron Crawford, Staff Sgt. Pleasant Lindsey III, Staff Sgt. Jerord Wilson, Sgt. Jason Richards, Spc. Melissa Blumenthal, Spc. Alicia Adams, Spc. Terry Hill, Spc. Ruth Morris, Spc. Jay Pope, Pfc. (first name unknown) Shannon, Pvt. 2 Ronald Blow, and Pvt. 2 Brandee Libby, battalion certificates.

Spc. Adrienne D. Story

Steade Craigo, California Statre Historic Preservation Officer, and Col. Gregory A. Renn, commander, U.S. Army Garrison, Presidio of San Francisco, sign the Programmatic Agreement Sept. 28.



Spc. Adrienne D. Story

Maj. Sid Donnell, assistant Deputy Chief of Staff for Personnel, was awarded the Meritorious Service Medal. Donnell is one of the first soldiers to retire under the Active Guard and Reserve early retirement program.

Presidio Scouts earn rank, badges for American Folklore theme

By Theresa Seegel
Special to the Star Presidian

Presidio Cub Scout Pack 77 met at the Scout Hut, Building 1331 for their monthly Pack meeting at 7 p.m. Sept. 29.

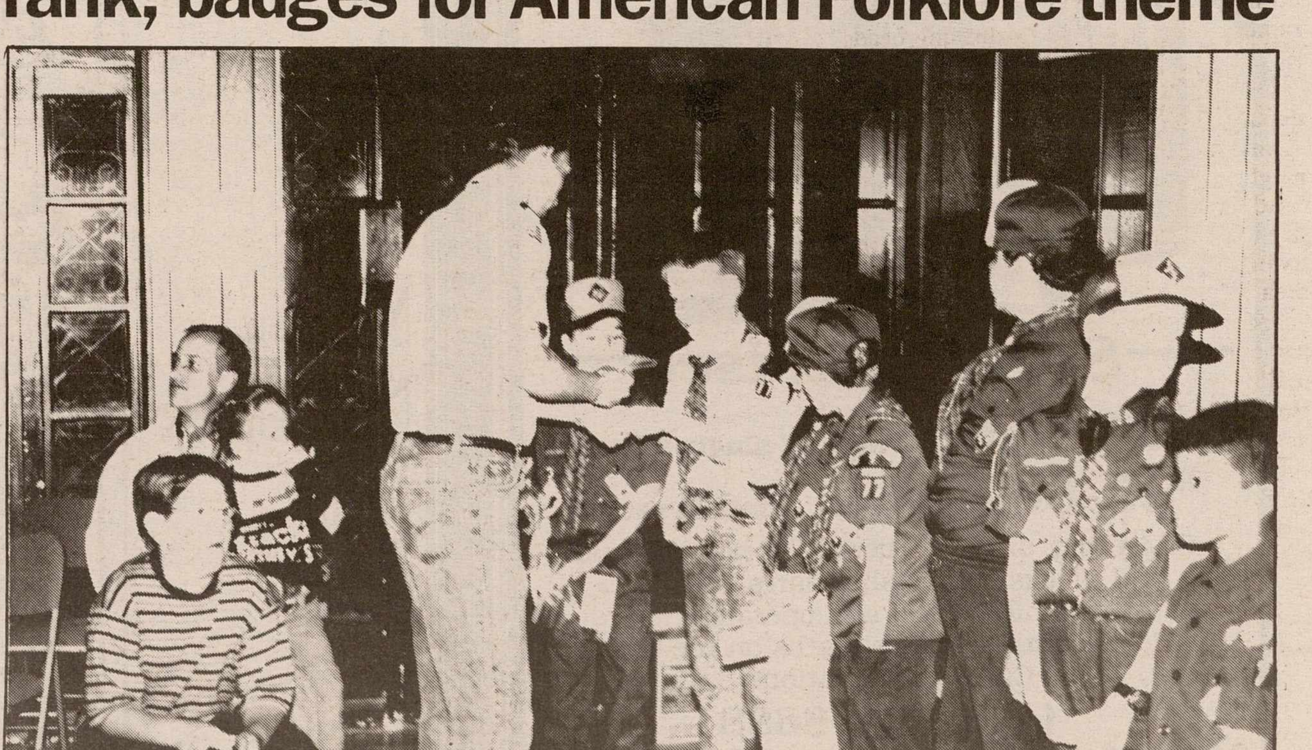
The following seven Cub Scouts earned the rank of Bobcat: Chris Collins, Paul Dixon, Chris Gardner, Kyle Lee, Shawn Martin, Alexander Peckham-Nyunt and Patrick Rupe.

Twelve Webelos, 10 to 11 year old Cub Scouts, earned a variety of activity badges.

Eleven new Cub Scouts and eight Tiger Cubs were welcomed into the Pack. Each Cub Scout received a package of baseball cards for joining the Pack during the Fall Roundup.

In conjunction with the Cub Scout theme for September -- "American Folklore" -- Den 2 Bears presented a folklore skit and ran a relay race based on the folklore characters. The Scouts dressed in outfits that depicted Paul Bunyan, Johnny Appleseed, Pecos Bill and Hiawatha, ran the length of the room and back, then watched as parents donned the same outfits and ran the final leg of the race. The winning team featured Robert Shaw and his father, Capt. Fred Shaw.

To join Presidio Cub Scouts, call Col. Jim Newell at 561-2682 or 750-0768.



Theresa Seegel

Sgt. 1st Class Scott Beecher, Cubmaster, presents badges to Webelos Scouts of Pack 77.

Quarters of Excellence Program October '93

Photos by Staff Sgt. Pleasant Lindsey III

Above: Spc. John Ham shows off the floral arrangement that borders his quarters to Maj. Gen. Robert S. Frix, deputy commanding general, Sixth U.S. Army (active component). Above right: Gen. Frix is joined by *Tracy and* Staff Sgt. Vernon Fowler, Darlene and Spc. John Ham, Kim Mills and Sgt. Eduardo Bonilla. This group of Presidians banded together to beautify their living areas and reclaim the land from the encroaching sand. Right: Kim Mills displays the results of the hard work that won for her a Quarters of Excellence Award. Mills said her work is a gift to her husband, Petty Officer 3rd Class Earl L. Mills III, who's away at sea.

Teamwork produces quarters, neighborhoods of excellence

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Someone said that grass won't grow in the sand-laden grounds of the Pershing housing area. That person was wrong.

What started out as a self-help combined project among a few neighbors has turned into a major influence in the neighborhood. The Pershing Housing Area is rapidly turning green and turning heads as well.

On Oct. 8, Maj. Gen. Robert S. Frix, deputy commanding general, Sixth U.S. Army (active component) visited the neighborhood and personally congratulated these residents for laboring to beautify their personal surroundings and cultivating a positive image for the housing area as a whole.

"All of this was just dirt. Now its nice and green," said Spc. John Ham, medical maintenance, Letterman U.S. Army Health Clinic, as he described his yard's metamorphosis.

His wife Darlene said a number of neighbors got together and made the beautification of their yards a group effort. The neighbors included the families of Ham in Quarters 1587, Staff Sgt. Vernon Fowler in Quarters 1589, Sgt. Eduardo Bonilla in Quarters 1591 and Petty Officer 2nd Class Landes in Quarters 1572. The Landes family has since moved on to a new assignment.

"We smoothed out the sand, put down the seed and kept it watered," Darlene Ham explained. "Someone moved and left flowers for my husband which he replanted. He added others from seed." The flowers form a border along the side of the Ham's quarters.

Another standout set of quarters in the area is 1520F, which is touched up with marigolds, purple petunias, chrysanthemums and roses. Six small pine trees frame the curb. Kim Mills, the only resident in the building, made something beautiful from a large plot of sand.

"It's not much, but it's my own little Eden," she said. The command thought it was something more, and for her hard work Mills received a Quarters of Excellence award.

"I'm going to plant the yard of the whole building, down to the street," Mills said.

Mills' husband, Petty Officer 3rd Class Earl L. Mills III, is in the Navy and is away at sea. Kim Mills did all of the work on her yard as a present to her husband for his return.

"We put down a layer of topsoil and tried to use Kentucky Bluegrass, but that wouldn't grow here," Mills said. "Then I followed Ham's advice and used the Army's seed, watered it and it grew well."

Previously, the Pershing Housing Area had a negative reputation based in large part on its appearance. There was sand, sand everywhere. Without daily watering, grass soon turned brown. Many of the lawn areas looked too difficult to tackle.

Now there are neighbors banding together to beautify the area. Their energy may have rubbed off on other neighbors as well. After all, who wants to have the only unkempt yard on the block?

"Our area hasn't been recognized for over a year," said Bonilla, who works in Headquarters Command Battalion's S-3 shop. "I'm glad the command sergeant major and the general have come out to support us."

Bonilla tends to the lawn and his wife Lourdes cares for the flowers that greet visitors at their front steps.

"This is a positive influence for the entire neighborhood," said U.S. Army Garrison Command Sgt. Major Linda K. Boudy.

All it took was a little perseverance and the will to try.

"Most people believed that grass couldn't grow in Pershing Housing Area because there was too much sand. But when you drive through here you'll see it's not true," Boudy said.

"It really looked bad when we first got here. Everything was brown," said Fowler, of the Military Personnel Division. "We just pulled the weeds, and planted and watered the seed.

"The neighborhood is looking good now. Having a nice yard impacts the neighbors."

Frix expressed the admiration of Lt. Gen. Glynn C. Mallory Jr., Sixth Army commander, for the group's accomplishment.

"General Mallory and all of us appreciate what you've done. You've taken an active interest in your community and that makes you feel better about yourselves," he said.

Presidio residents looking for ideas on improving their living areas may want to drive past these quarters and talk with the residents about the things they've done to beauty their domains. A spark of interest could change the color of the entire post.

Quarters of Excellence winners

Capt. Craig A. Minnick, 4 through 64 Area;
Maj. John M. Fowler, 4 through 64 Area;
Staff Sgt. James E. Plyman, 100 Area;
Maj. Gerald L. Paratore, 300 Area;
Col. Dennis Zurek, 500 Area;
Staff Sgt. Ralph C. Gutierrez and **Spc. Fred E. Harter II**, 800 Area;
Sgt. 1st Class Gregory Smith, 700 Area;
Sgt. 1st Class Judith A. Battey and **Sgt. 1st Class Johnnie L. Hughes**, 700 Area;
Lt. Gregg R. Fordacabe, 400 Area;
Chief Warant Officer George S.A. Coates, 1400 Area;
Capt. Michael A. Staves, 900 Area;
Maj. Gary E. Longman and **Sgt. 1st Class Roger S. Morgan**, 1200 Area;
Petty Officer 3rd Class Earl L. Mills II, 1500 Area;
Pfc. John Ham, 1500 Area;
Maj. Andrew T. Gasparovic, 600 Area, Fort Baker; and
Sgt. 1st Class Larry C. Robinson and **Spc. David L. Singer**, 1700 Area.

Briefs, *continued from Page 5*

Add joint service time to ORB

The audit Officer Record Briefs mailed to the field in August for the fiscal year 1994 Army Competitive Category Selective Early Retirement Board failed to properly reflect many officers' joint experience. The board will be provided the officer's current joint experience to include Joint Specialty Officer status. Any questions concerning an officer's joint duty status and how it should be annotated on the ORB should be referred to the officer's career management branch.

Post Boy Scouts host Volksmarch

The Presidio Boy Scouts and the Bay Bandits are holding a 10-kilometer (6.2 mile) Volksmarch on the Presidio of San Francisco from 8 a.m. to 4 p.m. Oct. 30. There will be two routes. One starts at the Golden Gate Community Club, Building 135 and runs through the streets of San Francisco and the other route starts at the club and stays on the post. The walk is for all ages and proceeds from refreshment and event patches will support the Presidio Boy Scouts.

ADMIT ONE

Movies at the

Presidio Theatre

Tonight-In the Line of Fire (R)
Saturday-Rising Sun (R)
Sunday-Hard Target (R)
Oct. 22-Fatherhood (PG-13)
Oct. 23-Needful Things (R)
Oct. 24-Jason Goes To Hell (R)

All movies begin at 7 p.m.

1296 E-54

CFC moving in full force

Have you been asked to participate in the Combined Federal Campaign yet? Are you wondering what happens to the money you donate to CFC? One example of CFC funds at work is the United States Army Youth Services. None of the money received is used for administrative expenses. The Youth Services uses their funds to support a youth sports program, classes in ballet, jazz-tap dancing and karate. The funds also support a Teen Club which is a gathering place for Presidio youth to work on special interest projects.

This is but one example of how participation in the CFC benefits Presidians. See your local CFC keyperson for details on how you can contribute to CFC.

Youth Services hosts carnival

Youth Services will host a Halloween Carnival and Haunted House from 6 to 10 p.m. Oct. 30 in the Youth Activities Center, Building 386. The festivities will include games, prizes, food and fun. There will be a charge of $1 to enter the haunted house and 25 cents for each game. There will be a bake sale as well. Youth Services will accept donations of money and time to help support this function.

This year's carnival is for everyone, so come out to the Youth Activities Center and enter if you dare -- but be careful, for ghosts are everywhere.

For more information, call Bill "Ghostbuster" Boehm at **561-5143**.

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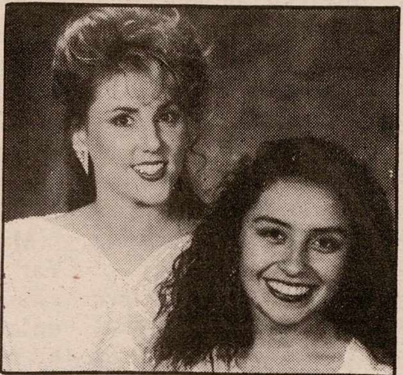

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Dining out can be a healthy as well as fun experience

By Capt. Maria E. Bovill
Nutrition Clinic

Eating out -- it's one of America's favorite pastimes! How does this fit in with trying to eat a lighter fare? Fortunately, it has become easier, as menu restaurants offer health conscious options on the menu! On almost every many, you can find a "lighter side." Here are some helpful ideas.

Cocktails

If you enjoy a cocktail, you should know most will contain at least 200 calories. This may cause you to think twice about dessert! Substitutions for an alcoholic beverage include club soda, mineral water with lemon or lime wedge, diet sodas, coffee and tea.

Appetizers

Good choices to avoid high fat appetizers would be clear soups, seafood cocktail, or fresh melon. Remember, you want to save most of your calories and fat for your meal!

Breads

Don't fall into the bread trap! A whole basket of bread is very tempting. Bread itself may not be high in fat or calories, but the butter or margarine on it will quickly add up! Instead have the waiter bring you one roll with your salad or entree.

Entrees

1. An entree that's fried will be high in fat and calories, regardless of whether you start with a lean meat selection. Choose an entree that's broiled, grilled, poached, or roasted. Don't hesitate to ask questions about how the food is prepared. You'll find most restaurants will try to honor your request.

2. Trim all visible fat from your entree (i.e. remove skin from chicken). Seafood, poultry or veal are good selections. If food unexpectedly arrives at your table breaded, peel off the outer coating.

3. Request steamed vegetables minus the sauce or butter. Select a baked potato versus French fries and skip the sour cream or butter. Instead use yogurt.

4. Ask for your salad dressing on the side. Choose oil and vinegar type dressings. You want to control the amount added.

To "dessert" or not

Now that you've made it through the meal, you're faced with dessert selections. Here are a few things to keep in mind to prevent "desserting" your healthy dining out.

1. Why not share one dessert with your dinner partner? This way, you only get half the calories (or a quarter of the calories if you eat slowly and let your partner take the lead)!

2. A special cup of coffee, (cappuccino or espresso) or herbal tea may be a satisfying alternative to dessert.

International cuisine

Finally, you'll want to follow a few guidelines when dining on international cuisine.

1. **CHINESE**. Choose steamed or lightly stir-fried entrees. To cut back on the sodium, ask for no MSG and add your own soy sauce sparingly. Avoid fried foods (fried rice or noodles); skip sweet and sour combinations.

2. **FRENCH**. Choose chicken, veal, lean beef or seafood, and ask that sauces be served on the side. Beware of rich sauces such as béarnaise, bechamel and hollandaise.

3. **ITALIAN**. Avoid veal scaloppine or parmigiana, fried eggplant with cheese. Select pastas with tomato and marinara rather than butter, cream or cheese and meat sauces. Pasta primavera with vegetables is also a good choice.

4. **MEXICAN**. Try to avoid fried foods such as tortilla chips. Good selections include shrimp or chicken tostados on cornmeal tortillas (not fried). Avoid refried beans, which are high in fat and ask for sour cream "on the side!"

Finally, it's not rude to leave food uneaten if the serving is too large! Ask for a doggie bag. Eating out plays a major role in our lives. With careful planning, you can learn to enjoy dining out in "good taste!"

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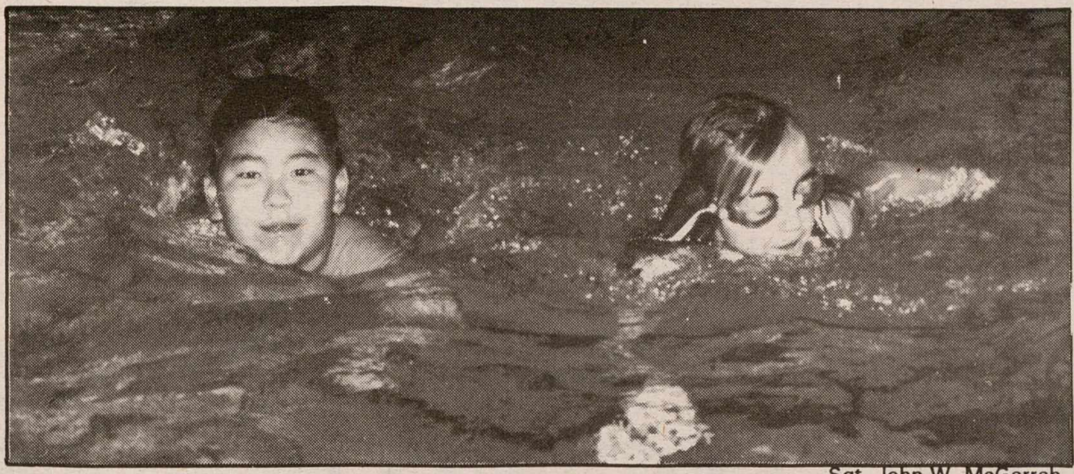
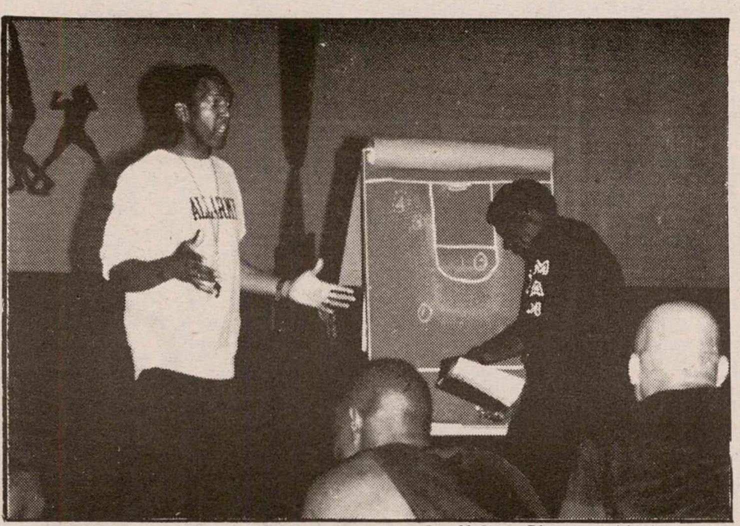


Sgt. John W. McGarrah

Members of the Presidio Youth Swim Team practice Oct. 4 in the post's pool, Building 1151. The team is just beginning a new season of competition.



Staff Sgt. Pleasant Lindsey III

Sgt. 1st Class Eric Seals, coach, and Sgt. Maj. Paul Jones, assistant coach, spell out the post team's goals.

Junior Bowling League begins openings available for youth

The Junior Bowling League has already begun league play but still has openings. The league bowls at 9 a.m. every Saturday. High bowlers for the first two weeks of competition are B.J. Henderson, 151; Jamal Marshall, 149; Shawn Martin, 145; and 6-year-old Kyle Martin, 126.

The top bumper bowlers are Jessica Burgoon, 98 and Angel Robinson, 91. Interested bowlers should contact Donna Martin at **386-2419** or the Youth Activities Center at **561-5143**.

Holiday golf tournament

The annual Thanksgiving Golf Tournamnent will begin at noon Nov. 18 on the Presidio Golf Course. The reward of a turkey for first place and a ham for second place is given to the top two low gross and low net scores in each division. The divisions include Open (under 40 years old), Seniors (over 40), Calloway (no established handicap) and Women (three or more entries needed for this division). The entry fee is six dollars per golfer. Registrations ends Nov. 17. For more information, call Charles Hurd, Gym No. 1, Building 63, at **561-4131** or **561-4120**.

Post basketball team begins season

There's a new team in town. The post basketball team, ***The Presidians***, won its season opener 69-64 against the University of California Medical Center from San Francisco Wednesday night in Gym No. 1, Building 63.

The Presidians will compete in the Alameda Tournament Saturday and Sunday on Naval Air Station Alameda, Calif. The team will host Moffet Field's hoopsters at 1 p.m. Oct. 23 and 24 in Gym No. 1. On Oct. 28 the Presidians will play in a 7:30 p.m. game at Travis Air Force Base, Calif., and the following week will host Travis in a 7:30 p.m. game here Nov. 4.

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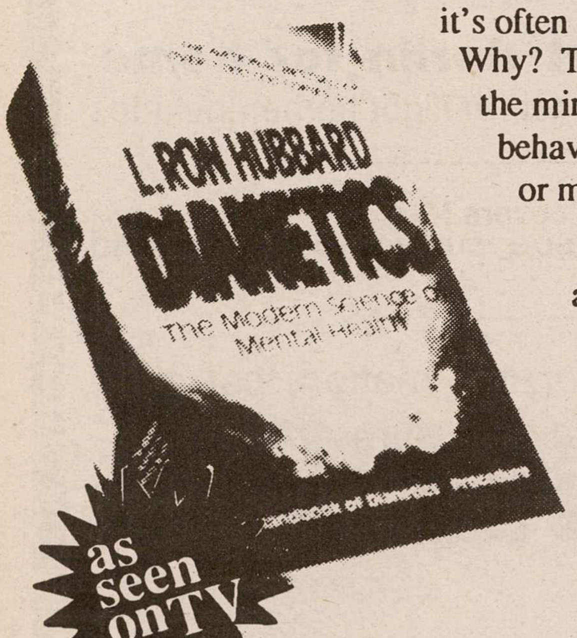
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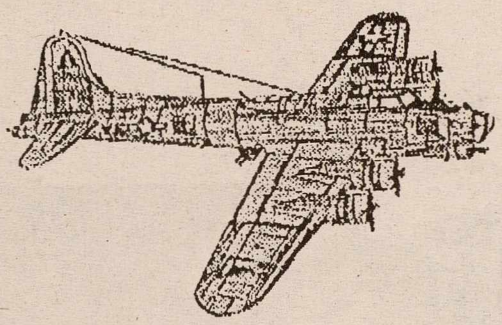

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Vol. 38, No. 40 Published for the Presidio of San Francisco Community Oct. 22, 1993

Team striving to ease job worries here

By Donna R. White
Presidio Civilian Personnel Officer

As the 1994 closure date for Presidio edges closer, the pressure to pursue an alternate career intensifies daily. With unemployment in the Bay Area hovering near 10 percent, making the transition to a new position or even a new employer can be a difficult, daunting and lengthy task.

Many services such as those offered by the Job Resource Center are already available to Presidians to aid in the job search. Now the Outplacement Office can be added to this list of resources designed to aid both military and civilian employees. In fact, the Job Resource Center has been combined to become an integral component of the Outplacement Program, all conveniently located in Building 37.

Headed by Gary Stella in the Personnel Office, two outplacement teams will attempt to match the pool of interested on-post personnel with job openings of Bay Area employers. The first step, however, will be a survey of the work force to determine exactly what types of jobs are most needed and where these jobs may be in demand. Employers will then be contacted by the outplacement teams, armed with the names and career talents of job candidates.

The advantage to the employer is that an initial screening of a candidate's capabilities will be conducted prior to the referral by the outplacement team. This service is free to the employer, unlike costly placement agencies which charge companies exorbitant fees for finding and screening workers. The advantage to the job hunter is a direct link to the employer through the completed survey and outplacement team, another version of networking.

It should be stressed that the outplacement program cannot promise jobs or guarantee employment to participants. As with any employment assistance, success in securing a new position is dependent upon many variable factors, such as available job openings and capabilities of the candidates. The sole purpose of the outplacement teams is to try and arrange a match of workers' talents to job vacancies.

As the news of this unique service begins to travel, more employers are contacting the Outplacement Office directly with hot leads on new positions. Mr. Stella mentioned, for example, a middle school that has an opening for a retiring drill instructor to head their in-house detention center. But other companies have also called for personnel interested in sales.

With the keen competition for each job in the Bay Area, Presidians are urged to take advantage of every opportunity which may provide an edge over other competitors in the marketplace. Taking advantage of the new outplacement program may provide Presidians just such an edge.

For information about outplacement programs, call Gary Stella at **561-4999** or J.J. Helgerson at **561-2430**.

Presidio plan announced

By Maj. Wanda Arceneaux
Special to the Star Presidian

Officials from the Golden Gate National Recreation Area presented their plan to the Army last Friday for managing the Presidio after the post is turned over next year.

Russ Cahill, Interim General Manager of GGNRA's Presidio Project, first addressed the group of Army personnel, including Sixth U.S. Army and Presidio of San Francisco Commander Lt. Gen. Glynn C. Mallory Jr. and Garrison Commander Col. Gregory A. Renn. Cahill said that his agency intends to maintain the military history and that the "military and the National Park Service will be partners for a long time to come" at the Presidio. "We want to make this a gem of a national park," he said.

GGNRA Superintendent Brian O'Neill next introduced the person in charge of the Park Service's planning team for the Presidio Project, Don Neubacher, who gave details of the Draft General Management Plan Amendment.

Neubacher outlined GGNRA's proposed plan for long-term use of the Presidio, which will be open to public review and comment over the next several months. According to the GGNRA's time table, the final plan should be approved by April 1994.

The plan calls for "preserving the significant cultural and natural features of the Presidio and improving the parklands within it," as well as transforming its buildings "into centers of research, learning and education--emphasizing the improvement of environmental, social and cultural conditions worldwide," according to a brochure published by Neubacher's team.

The plan emphasizes 13 planning areas, which Neubacher outlined, using charts and artist renderings of what the new park might look like in the future.

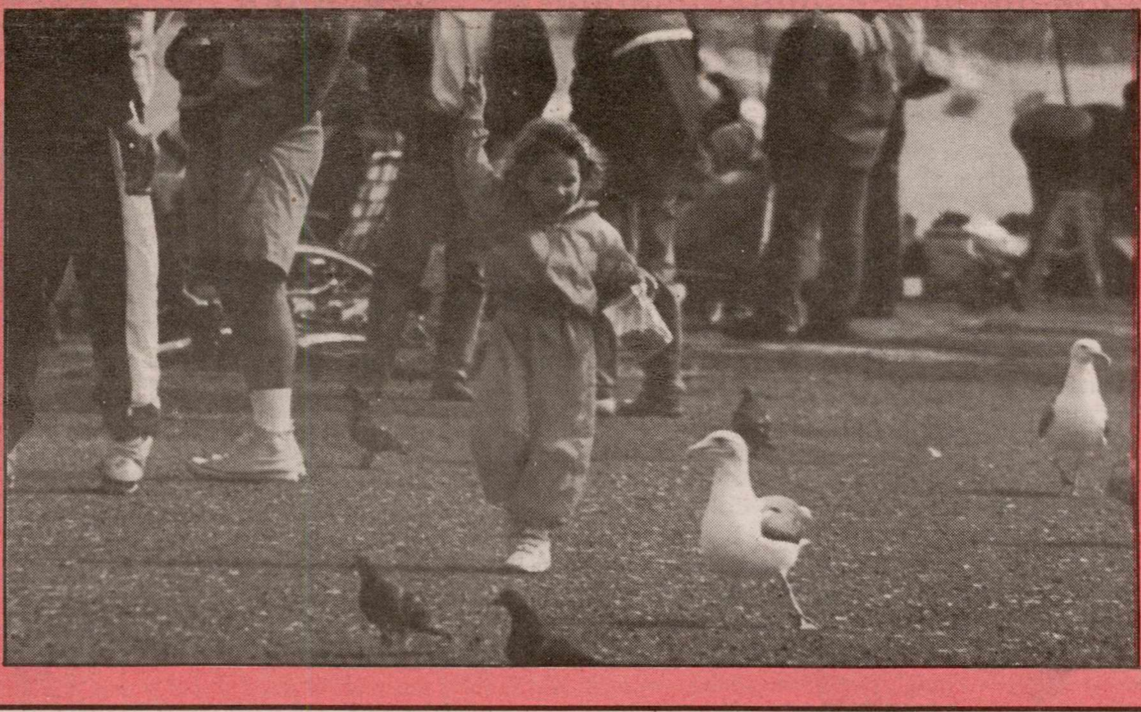
The main post **(Number 1 on the map on Page 9)**, near where Sixth U.S. Army Headquarters is presently located, will be the center of visitor activity and public events as well as a transportation hub, according to the plan. The most significant change slated here is the conversion of the parking area south of the Post Office into a grassy area.

The Golden Gate Toll Plaza **(Number 2)** will be redesigned to provide better views and more visitor services, while the Fort Scott area **(Number 3)** will be used as a conference and training center.

According to the plan, the Letterman complex **(Number 4)** will be used as a scientific research and education center, but the Letterman Hospital building could be torn down if no tenant is willing to pay the cost of bringing the building up to earthquake safety standards.

The Public Health Service Hospital **(Number 6)** is slated to

See PRESIDIO *on Page 9*



Don't cha wanna be friends?
A local child plays with the sea gulls who make their home at the U.S. Coast Guard Pier near Crissy Field, Oct. 9. The pier is a popular location for local crab catchers and sport fishermen.

Sgt. John McGarrah

Only18 civilian VSIP slots still available

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

There is just one week left for those civilian employees wishing to use the Voluntary Separation Incentive Pay program. All VSIP applications must reach the Presidio of San Francisco Civilian Personnel Office by close of business Oct. 29. There are only 18 slots left.

The VSIP is a cash incentive for eligible employees to voluntarily separate from employment with the Department of Defense to minimize the need for involuntary separations through Reduction In Force, base closure/transition, reorganization and similar actions.

To be considered for VSIP, an employee must have been continuously employed by the Department of Defense for 12 months and must be able to save someone being involuntarily separated (i.e., you leave and the involuntary separatee stays) or the employee's job must have been abolished by management.

Employees in hard to fill positions and disabled employees who are qualified for disability retirement are not eligible for VSIP.

Those who qualify for VSIP must initiate the application and forward it through channels to the Civilian Personnel Office. No VSIP will be approved with an effective date later than Nov. 13.

The Presidio was granted the authority to offer VSIP to employees in May. Since then, each employee has had the opportunity to apply for VSIP under one of three options -- resignation, early retirement or regular/immediate (optional) retirement, each of which has a ceiling that cannot be surpassed without Department of the Army approval.

The post was authorized to except 25 resignations, 55 early retirements and 102 regular retirements.

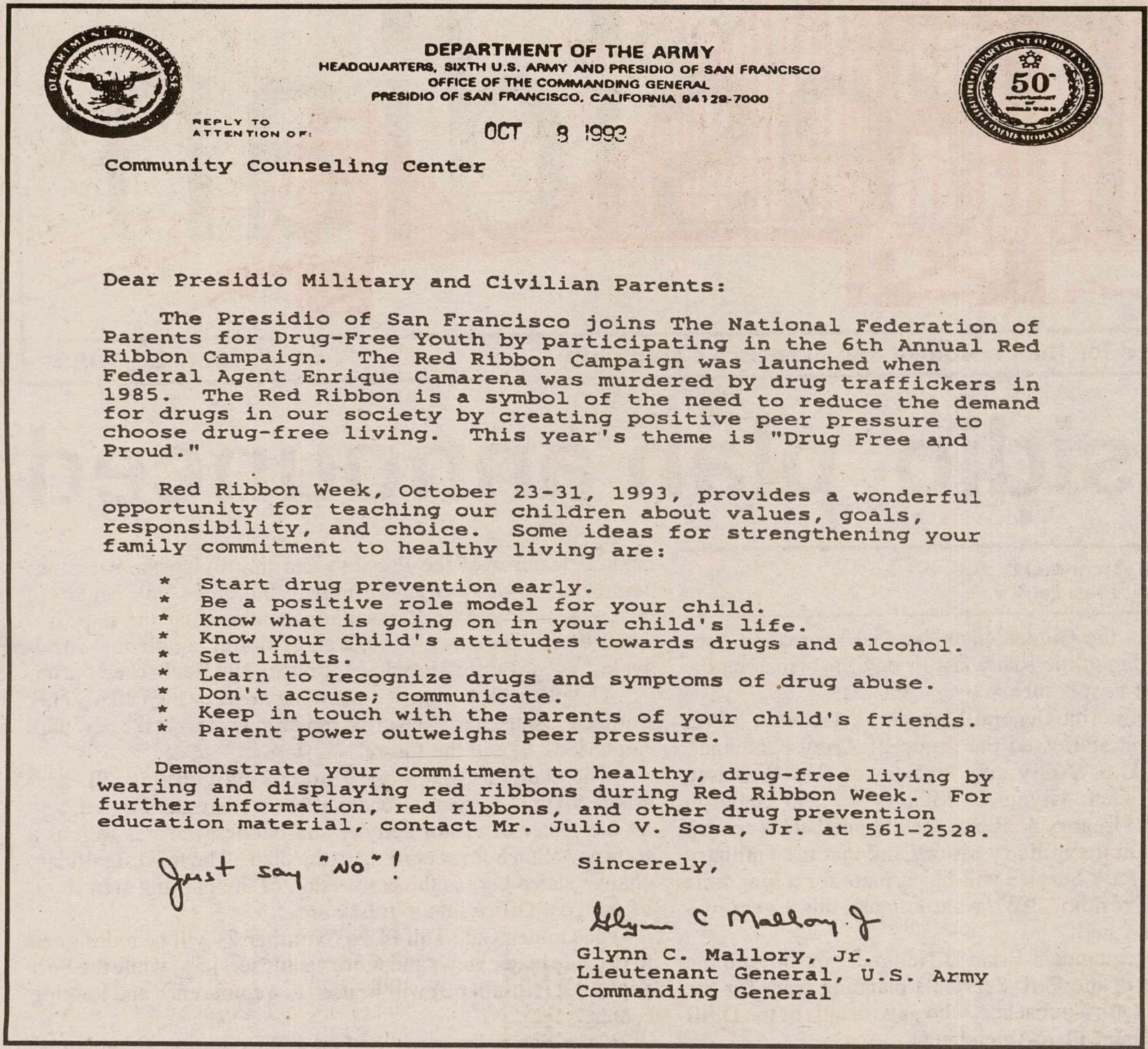
As with all things involving employment, there are pros and cons associated with VSIP. The Civilian Personnel Office supplied a list of advantages and disadvantages to applying for the VSIP program outlined below.

Advantages

- $25,000 maximum cash bonus, based on the formula for severance pay.
- The program allows the applicant to retire now or resign.
- The cash bonus does not reduce the employee's monthly annuity.
- The employee may take the VSIP bonus and seek out a non-DoD federal job. However, the applicant can't already have a job offer before getting VSIP.

"The $25,000 bonus is not the same as severance pay," said Presidio Civilian Personnel Officer Donna R. White. "The $25,000 is the maximum an employee can

See VSIP *on Page 9*



DEPARTMENT OF THE ARMY
HEADQUARTERS, SIXTH U.S. ARMY AND PRESIDIO OF SAN FRANCISCO
OFFICE OF THE COMMANDING GENERAL
PRESIDIO OF SAN FRANCISCO, CALIFORNIA 94129-7000

REPLY TO
ATTENTION OF:

OCT 8 1993

Community Counseling Center

Dear Presidio Military and Civilian Parents:

The Presidio of San Francisco joins The National Federation of Parents for Drug-Free Youth by participating in the 6th Annual Red Ribbon Campaign. The Red Ribbon Campaign was launched when Federal Agent Enrique Camarena was murdered by drug traffickers in 1985. The Red Ribbon is a symbol of the need to reduce the demand for drugs in our society by creating positive peer pressure to choose drug-free living. This year's theme is "Drug Free and Proud."

Red Ribbon Week, October 23-31, 1993, provides a wonderful opportunity for teaching our children about values, goals, responsibility, and choice. Some ideas for strengthening your family commitment to healthy living are:

* Start drug prevention early.
* Be a positive role model for your child.
* Know what is going on in your child's life.
* Know your child's attitudes towards drugs and alcohol.
* Set limits.
* Learn to recognize drugs and symptoms of drug abuse.
* Don't accuse; communicate.
* Keep in touch with the parents of your child's friends.
* Parent power outweighs peer pressure.

Demonstrate your commitment to healthy, drug-free living by wearing and displaying red ribbons during Red Ribbon Week. For further information, red ribbons, and other drug prevention education material, contact Mr. Julio V. Sosa, Jr. at 561-2528.

Just say "NO"!

Sincerely,

Glynn C Mallory Jr

Glynn C. Mallory, Jr.
Lieutenant General, U.S. Army
Commanding General

Commentary

Please, Don't ever drink and drive

By Sgt. John W. McGarrah
Star Presidian staff

"My parents were killed by a drunk driver."

That is the story I was given as a child to explain the reason behind my adoption. I grew up with this knowlege, never really feeling the impact because of my young age. Since the tragedy happened, according to social workers, at the time of my birth, it may as well have been someone else they were talking about. Whatever the reason was though, I would grow up never knowing my real parents.

It wasn't until years later, with my adopted family, that I felt the full tramatic effect that an out-of-control drunk can have on a family. The small truck that my parents were driving one evening to pick up ice cream at a local convenience store was struck at more than 100-miles-per-hour by a drunk driver. The glancing impact was enough to flip my parents truck several times, and bury the drunk driver's car in a gravel pile all the way up to the windshield. By the time that my parents truck stopped rolling, it was flattened and totaled.

I vividly remember the visit to our house by some good Samaritans bringing the news to my brother and I. Upon hearing the news, the only thing I could think was "Oh God, no! Not Again. Once in a lifetime is enough." No matter how hard my brother tried to help me, I couldn't stop crying for hours.

Luckily my parents walked away from the wreckage of the truck. Two beloved family dogs also survived the collision and rollover. Even though my parents don't talk about the event, I know that it haunted them for a long time afterwards. It was a long time until they were able to climb into a car for enjoyment again. Nothing will ever take those horrifying few seconds away from them.

The drunk driver and his passengers, of course, walked away with minor injuries due to the relaxed state they were in at the time of the impact. It was one of the few times in my life I ever wished someone dead.

People who drink and drive, in my opinion, should be treated as murderers. Putting a car in the hands of a drunk is the same as giving them a loaded gun.

I survived a single car accident a few years ago, when the car I was in hydroplaned in heavy rain. In the blink of an eye, my almost new car went off the roadway and into a ditch, flipping onto its side halfway underwater. I learned a very important lesson that day. The feeling you are in control of that 2,000 pound chunk of metal you drive is just an illusion. An entire lifetime can be changed, within seconds. The same few seconds it takes to make the decision that you've had enough to drink and call a cab.

While stationed with the 101st Airborne Division (Air Assault) at Fort Campbell, Ky., my best friend learned the consequences of driving drunk first hand.

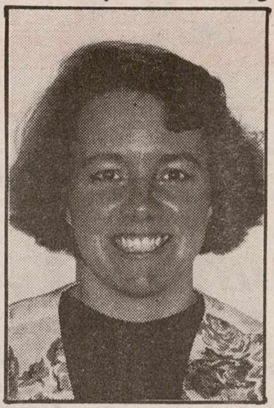
Colby was blessed with blond hair and blue eyes, and the boy-next-door movie star good looks that made him very popular. Those days abruptly came to an end when almost every bone in his face was shattered by his steering wheel after he fell asleep at the wheel after drinking heavily. After his wreck, the sign at the front gate which morbidly counted off the days since an alcohol related accident, went back to zero. On the rare occasions that the Screaming Eagles could make it to 101 days without an alcohol related traffic fatality, a training holiday was proclaimed. In the almost seven years I spent with the 101st, I can count the holidays on one finger.

According to statistics, about two in every five Americans will be involved in an alcohol related automobile accident at some time in their lives. Those are bad odds.

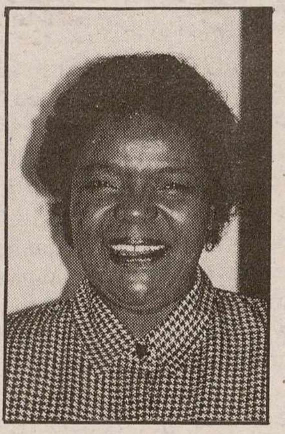
Editor's Note: Red Ribbon Week, Oct. 25-31, is a joint effort of the National Federation of Parents for Drug Free Youth, Inc. and the Department of the Army to promote alcohol and drug awareness and prevention education activities and programs.

Ask Presidians

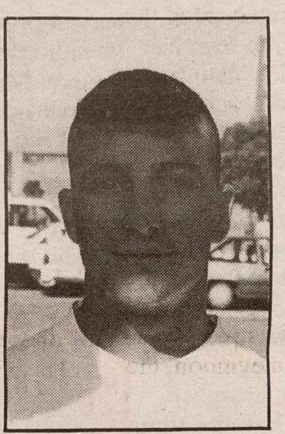
"In recognition of the Red Ribbon Campaign, has your life ever been affected by a drunk driver, or do you have an opinion of driving under the influence?"



Katherine MacNair, family member:
"Although it has never affected me personally, it has heightened my awareness of the drunk driving problem. Whenever I go out now and alcohol will be involved, we always designate a driver."

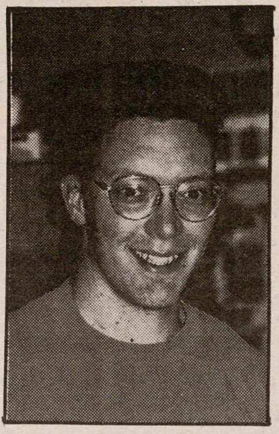


Prenetta Tobb, family member:
"I think that they should be convicted on the first offense and have their licences revoked permanently. Drunk drivers should be forced to make full restitution to the victims as well."



Spc. Terry Hill, Ceremonial Platoon specialist:
"If I'm driving late at night, I try to watch out for other drivers who've been drinking. I watch people very closely, and have seen drivers weaving or driving really slow. Try to avoid them at all costs!"

Angelica Campos, sales associate, Main Post Exchange:
"I was in a car wreck in Japan because we didn't realize our friend was drunk when he picked us up. I hit the window so hard that it broke. It was wild. I don't ride with anyone any more. Know who you are riding with."



Lawrence Obie, trombone player, 6th U.S. Army Band:
"I personally hope that I am never affected by a drunk driver. I have seen enough on the news and movies to be scared of the possibility."

Interviews by Sgt. John W. McGarrah

Star Presidian

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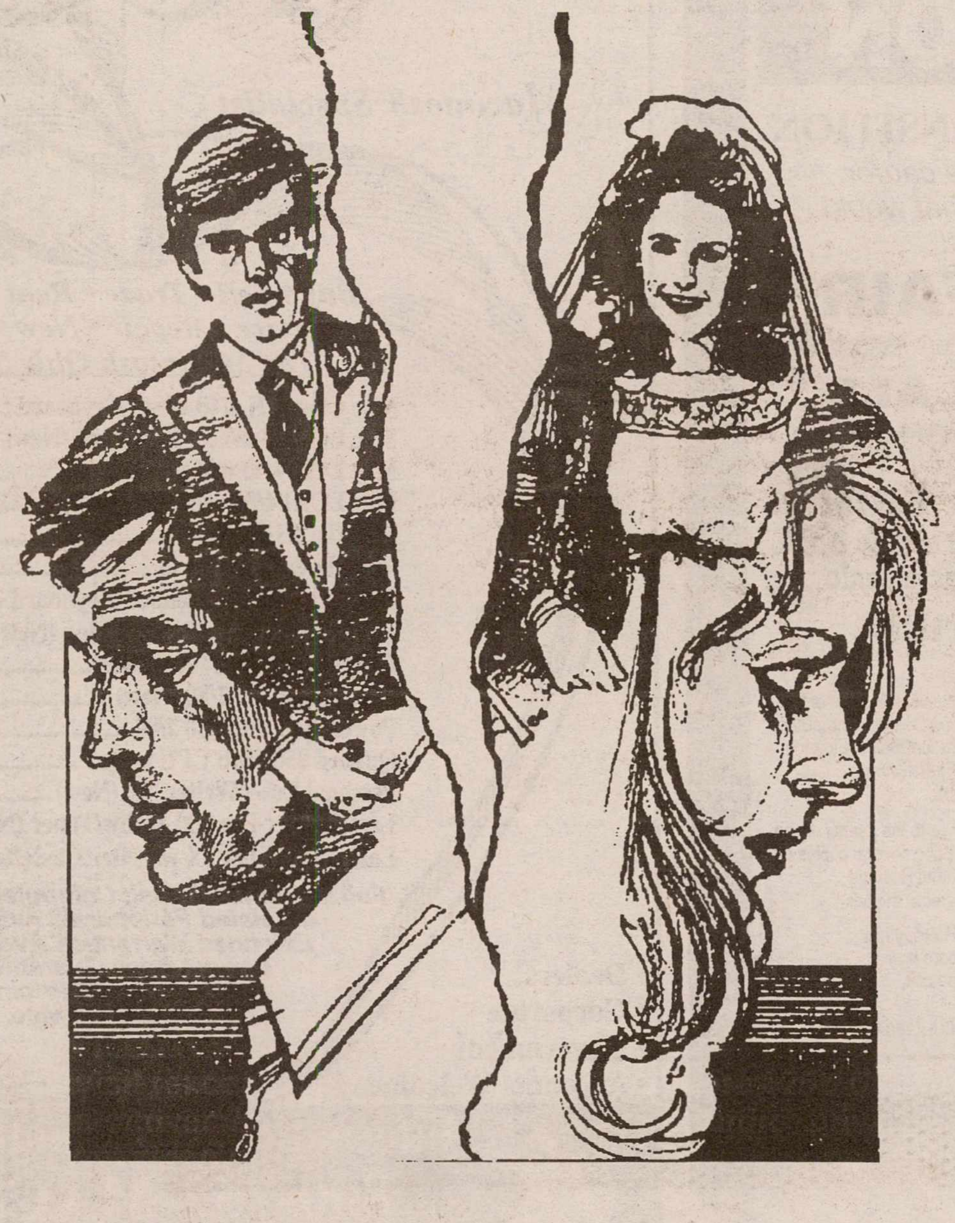
Assault is always assault, even inside a family

By Sgt. John W. McGarrah
Star Presidian Staff



In the 1950's television comedy "The Honeymooners," Ralph Cramden tells his wife, "One of these days, Alice, POW!, to the moon!," and audiences howled with laughter. Today, audiences aren't amused.

Violence committed inside a family no longer is a laughing matter. The seriousness of the cases has been splashed across newspaper and magazine pages the past year nationwide. Two cases have especially monopolized headlines across the nation: that of the Bobbits' and Melendez', to name just two.

"You have to acknowledge there's a problem before you can start to deal with it," said Karen Kaho, the Family Advocacy Program manager for the Army Community Services Family Support Division, Directorate of Personnel and Community Activities here. "It is happening. One of the biggest problems is people try to hide it, denying it happens or thinking it will never happen again. It will happen again. It's a cycle of violence, and it must be broken."

With that thought in mind, October was designated Prevention of Family Violence Month. The theme for this year's campaign is "Break the silence. Stop the violence."

The cycle of violence, as explained by Kaho, begins with stress. Stress is a part of our everyday lives. Certain stresses, or built up stress, will cause a response. The wrong response to this stress can lead to conflict. The conflict can be verbal or can lead to violence. Violence leads to feelings of remorse on the part of the abuser and a brief "honeymoon" period will *follow. But*, when real life stresses encroach once again on this honeymoon, the couple is back at square one.

"Violence usually escalates, getting worse and worse, until someone could be dead," Kaho explained.

Physical violence can include slapping, punching, grabbing, choking, kicking, pushing, restraining, pulling hair, intimidation, uninvited touching, threats, harassment, isolation, pinching, and biting. It can also include rape; use of weapons or throwing things; abuse of furniture, pets or the home. Psychological and economic violence can include yelling, swearing, or being lewd; raising voices, using angry expressions or gestures; criticism; pressure tactics; interrupting, changing topics, not listening, not responding, or twisting words; economic coercion involving money or vehicle usage; lying, withholding information, or infidelity; using pornography; not helping with childcare or housework; emotional withholding, or drug use and not taking care of oneself.

The good news is there is help available prior to the point of physical violence or assault. Once there is a violent episode leaving someone injured or hurt, Department of the Army regulations mandate that the chain of command, Military Police, and medical personnel become involved.

Classes available through the Family Advocacy Office for individuals or couples include stress management, conflict resolution, and improving communications skills. "People need to know there's help available," Kaho said. "You can't escape stress, It's a part of everyday life. Dealing with downsizing is one of those items that can greatly increase stress.

"If a person or couple are finding that they are having trouble communicating or dealing with stress or each other, call me," she said. "I'll get you into a class to help you deal with your problems better. The classes are free and full of information. Take advantage of them."

Another option available to service members is counseling with the chaplain, Kaho explained. The chaplains can provide a confidential relationship to explore solutions to family problems.

"Our main focus is prevention. Once an assault is committed, it is out of our hands," Kaho expressed.

"The Military Police are really in the front lines of this problem," Kaho said. (*The Presidio Military Police conducted domestic disturbance response training from July through September here. The training, part of the MP's squad competitions, helped the soldiers better deal with domestic issues they may face answering calls in the Presidio community. Kaho works with the Provost Marshal's Office on proper procedures.*) Violent episodes are logged in the MP blotter and the matter is then taken up by the service member's commander. The case is also sent before the Family Advocacy Case Management Team. The team, comprised of elements from the Family Advocacy Office, the chaplain, psychological services, pediatrics, the Judge Advocate's Office, and the chain of command, determines the best treatment for the offense. The offense is also permanently entered into an Army-wide central registry data base. The entry is permanent and will follow a service member from post to post. "It can affect a career and security clearance approval," said Kaho.

Compared to the overburdened civilian system of handling family violence, the military is serious about preventing spouse and child abuse. Kaho explained that the military system is set up to intervene much sooner in the chain of violence--usually on the first or second incident. The military also offers support to the family. In addition to these steps, the perpetrator is watched and the cases are followed up on. "The military deserves a lot of credit for their efforts in preventing spouse and child abuse," said Kaho.

Cases here at the Presidio, which average about three a month, have been on the decrease this year. This decrease is probably due to the shrinking population here, Kaho said.

"Neighbors can be a big help in breaking the cycle, simply by calling the military police if they feel that an argument might be getting out of hand," Kaho said. "This allows us to protect the family by intervening sooner into this cycle of violence."

Spouses who feel that they can deal with the stress by using alcohol are only compounding a problem, stressed Kaho. Alcohol inhibits the rationalization portion of the brain. In addition, it is a depressant which doesn't help a person deal with the stress, she explained.

Family violence is intergenerational. It happens everywhere, across all social and economic boundaries and demographics. It is a learned behavior, Kaho explained. Most abusers either witnessed abuse as a child or were abused themselves.

"Men are wrongly taught by our society not to show or express their feelings," said Kaho. "They are also told the way to deal with or resolve a conflict or problem is to fight. These are learned responses. No one can make you feel a certain way," said Kaho. "No one makes you do something. Your response to a certain situation or stimuli is always under your control. We all have a choice of how we respond. Ultimately, we're all responsible for our own actions."

"Assault is assault, whether it's inside a family or a stranger on the street," stressed Kaho.

"Not only is it wrong, but it's also against the law,"she concluded.

The abusive personality: Know the danger signs

Signs to look for in an abusive personality can include severe jealousy, controlling behavior, quickly jumping into a relationship or marriage, unrealistic expectations of the relationship, isolation, blaming others for problems or feelings.

Many abusers are often extremely jealous and possessive. A batterer's anger is frequently disproportionate to the problem which arises. The batterer's anger is often displaced and exaggerated, with the objects of violence often small animals and property as well as family members. The batterer often blames alcohol abuse as the cause of the battering. The batterer blames the victim for the violence and alcohol and other drug use. The batterer has ineffectively or not dealt with their abuse as a child. The batterer has been hit or been abused by a partner in the past.

Women often remain trapped in abusive relationships because of simple economics. Battered women who leave a relationship are more likely to face economic hardships. In the first year following divorce, a woman's standard of living drops by 73 percent, while a man's improves by 42 percent.

A California State Prison study found that 93 percent of the women who had killed their mates had been battered by them; 67 percent of these women indicated the homicide resulted from an attempt to protect themselves or their children.

An estimated 3 to 4 million American women are battered each year by their husbands or partners. Violence will occur at least once in two-thirds of all marriages.

Children are present in 41 to 55 percent of homes where police intervene in domestic violence calls.

Important telephone numbers

Military Police Emergency	*561-5656*
Acute Care Clinic	*561-5771*
Family Advocacy Section	*561-5155*
Army Community Services	*561-6090*
Chaplain	*561-4239*
LUSAHC Mental Health Clinic	*561-4949*

Gym offering self-defense course for women

A self-defense course for women is being organized for any woman affiliated with the Presidio--military personnel, family members, and civilian employees. Any woman interested in this course should call Lt. Heather Tupper at **561-3539** or the Presidio Sports Branch, Gym No. 1, Building 63 at **561-4120** or **561-4131**, by Nov. 1.

The length of the class will be determined by the number of participants.

ATTENTION

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Tuesday, October 26, 1993 ✱ Hours: 9 a.m. to 3 p.m.
Holiday Inn ✱ 5321 Date Ave. ✱ Sacramento

JOB OPPORTUNITIES AVAILABLE

Companies will be present to interview for employment opportunities in most of the following areas: Aviation, Security, Logistics, Accounting, Food Service, Computer Program/Maintenance, Transportation, Electronics, Administration, Sales, Finance, Communications, Data Processing, Engineering, Franchising plus other technical and non-technical fields.

The NCOA Mini Resume or an SF 171 is required for admittance to the job fair. Bring several copies of your completed mini resume to the job fair. Bring several copies of your own completed mini resume to the job fair. The Mini Resume form may be obtained from the NCOA Service Center, or at the fair.

A Career Transition Seminar will be held at the **Holiday Inn** on ***Monday, October 26,*** from 1:00 - 4:00 p.m. Learn how to conduct a successful job search from Bill Fitzpatrick, author of **Does Your Resume Wear Combat Boots** and **Does Your Resume Wear Blue Jeans.**

This seminar is a free service and open to all.

Hosted by
the NCOA Veterans Employment Assistance Program

FOR MORE INFORMATION:
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Presidio News Briefs

Family child care homes have slots open

There are some slots available in the Family Child Care homes for children from 6 weeks to after-school age. FCC providers are certified by the Army to provide care in their homes. For referrals to Army providers or other child care programs off of the installation, call Mary Anne Gianquento, FCC director, **561-6372**.

Mandatory flu shots given at health clinic

The 1993-94 influenza vaccine shots are mandatory for active duty soldiers. Vaccination will also be given to retirees, family members, and Department of Defense civilians from 8 a.m. to 4 p.m., Monday and Wednesday in Schwartz Theater, Letterman U.S. Army Health Clinic. Bring your yellow shot record and medical record for proper documentation. For more information, call the Preventive Medicine Service, at **561-3929** or **561-2297**.

Health support briefing in Torney Hall

The Sixth U.S. Army Health Support Briefing will be held from 7 to 8 p.m., Monday in Torney Hall on the First Floor of Letterman U.S. Army Health Clinic. All active duty families are encouraged to attend and get information about the changes at LUSAHC and get all health care questions answered.

Post mayors meeting scheduled Monday

There will be a Presidio Mayors meeting at 6 p.m., Monday in the Army Community Services Conference Room, Building 103B. Areas without mayors need to be represented by the Area Coordinator. Also, the Installation Volunteer Coordinator meeting is scheduled for 9 a.m., Nov. 2 in the conference room of Building 103B. For information about these meetings, call Susan Burzo at **561-4147**.

Prayer breakfast scheduled for Nov. 4

The Men of the Chapel will sponsor their bi-monthly prayer breakfast at 6:45 a.m., Nov. 4 in the garrison dining facility on the First Floor of Letterman U.S. Army Health Clinic. The meeting outgrew its previous accommodations. Maj. Gen. Robert S. Frix, deputy commanding general, Sixth U.S. Army (active component) will be the featured speaker. Breakfast costs 90 cents in the dining facility and is open to everyone. Make your RSVP to Maj. John Fowler at **561-3798**.

Hamilton AAF bus service ceases

The Hamilton Army Air Field shuttle will make its final run Nov. 12 due to base transition and the retirement of two drivers from the Transport Branch. Any questions should be directed to Thomas M. Wilkins, Transport Branch, at **561-2660**.

CHAMPUS claim filing rules change soon

Beginning Jan. 1, all CHAMPUS claims must be filed with the appropriate CHAMPUS contractor no later than one year after the services are provided -- or, in the case of inpatient care, the claim must be filed within one year of the date the patient is discharged from the inpatient facility. Here are two examples:

* For professional or outpatient facility services, if the service was provided on Jan. 1, 1994, the claim must be postmarked no later than Jan. 1, 1995.

* For services received from inpatient facilities, if the date of the patient's discharge from the hospital is Jan. 1, 1994, the claim must be postmarked no later than Jan. 1, 1995.

The old rules still apply to services provided before the end of 1993. Claims for these services must be in the hands of the proper CHAMPUS contractor by Dec. 31 of the year after the year in which the services were provided. In other words, for treatment or services provided any time during 1993, you must get the claim to the CHAMPUS contractor by the end of 1994. The deadline for claims for 1992 services is the end of 1993.

Free Lupus screening to be held in Oakland

A free Lupus screening will be held from 1 to 4 p.m. Oct. 23 at the Health Education Center, Samuel Merritt College, 400 Hawthorne Avenue, Oakland, Calif. For more information about Lupus, call the Bay Area Lupus Foundation at **(408) 954-8600** or **(800) 523-3363**.

Ed Center offering college entrance exams

The post's college hopefuls will have a chance to take the CLEP and GMAT entrance examinations here on post.

The CLEP English with Essay general exam will be given at 1 p.m.

See Briefs, Page 10

50th Anniversary of

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Itinerary:

Day 1: Overnight flight to Paris

Day 2: Arrive in Paris

After morning arrival, depart for your Normandy hotel. The rest of the day is at leisure. Enjoy a welcome dinner that evening.

Day 3: Normandy

In morning, visit Pointe du Hoc Ranger Memorial, the Utah Beach Museum and the 508th Parachute Infantry Memorial. In afternoon, visit St. Mere Eglise, Airborne Museum, U.S. Military Cemetery and the Normandy Invasion Museum. Includes breakfast and dinner.

Day 4: Normandy to Reims

In morning, travel to Reims, passing Belleau Wood and Alsne Marne Cemetery. At Reims, visit the "Red School House" and Reims Cathedral. The remainder of the day is at leisure. Includes breakfast and dinner.

Day 5: Reims to Belgium and Luxembourg

In morning, visit a champagne winery before continuing to Bastogne, Belgium, site of the Battle of the Bulge. Then travel to Luxembourg to visit General Patton's grave at the Third Army Cemetery. Includes breakfast and dinner.

Day 6: Luxembourg to Malmedy, Huertgen Forest Aachen

Leave Luxembourg and visit the memorial to the victims of the Malmedy massacre and the Battle Museum at La Gleize. Continue through Huertgen Forest to Aachen for the night. Includes breakfast and dinner.

Day 7: Aachen to Remagen and Wurzburg

In morning, visit the sights of the Battle of Aachen, then continue to Remagon to the Ludendorff Railway Bridge. Then travel to Wurzburg. Includes breakfast and dinner.

Day 8: Wurzburg to Berlin

Following free time in Wurzburg, travel to Berlin. Includes breakfast.

Day 9: Berlin

Sight-seeing includes the Brandenburg Gate, Charlottenburg Palace, Keiser Wilheim Memorial Church, Kurfurstendamm, Reichstag Building, Checkpoint Charlie Museum, remains of the Berlin Wall, site of Hitler's bunker and the German Resistance Memorial. Enjoy a farewell dinner at hotel. Also includes breakfast.

Day 10: Depart Berlin for home

Depart in morning for return flight home. Includes breakfast.

*All rates are per person, subject to change and availability.

For reservations or information, call the SatoTravel Presidio Leisure Offices at

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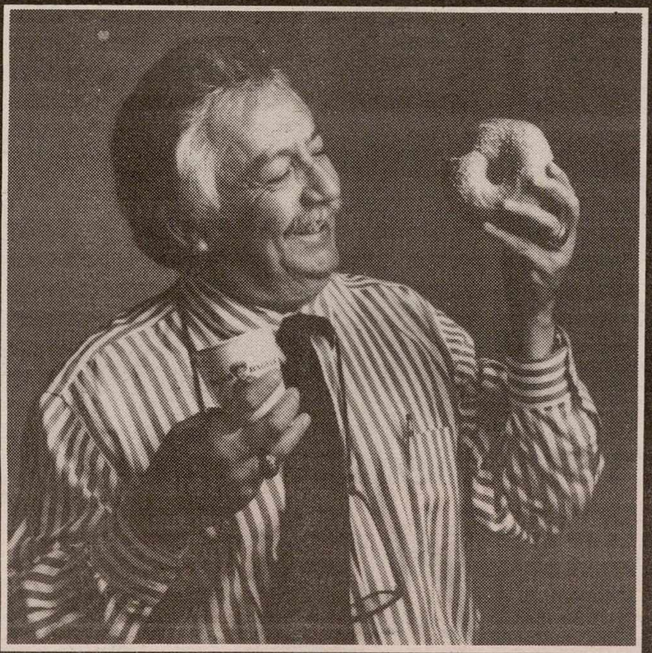

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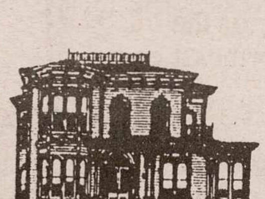

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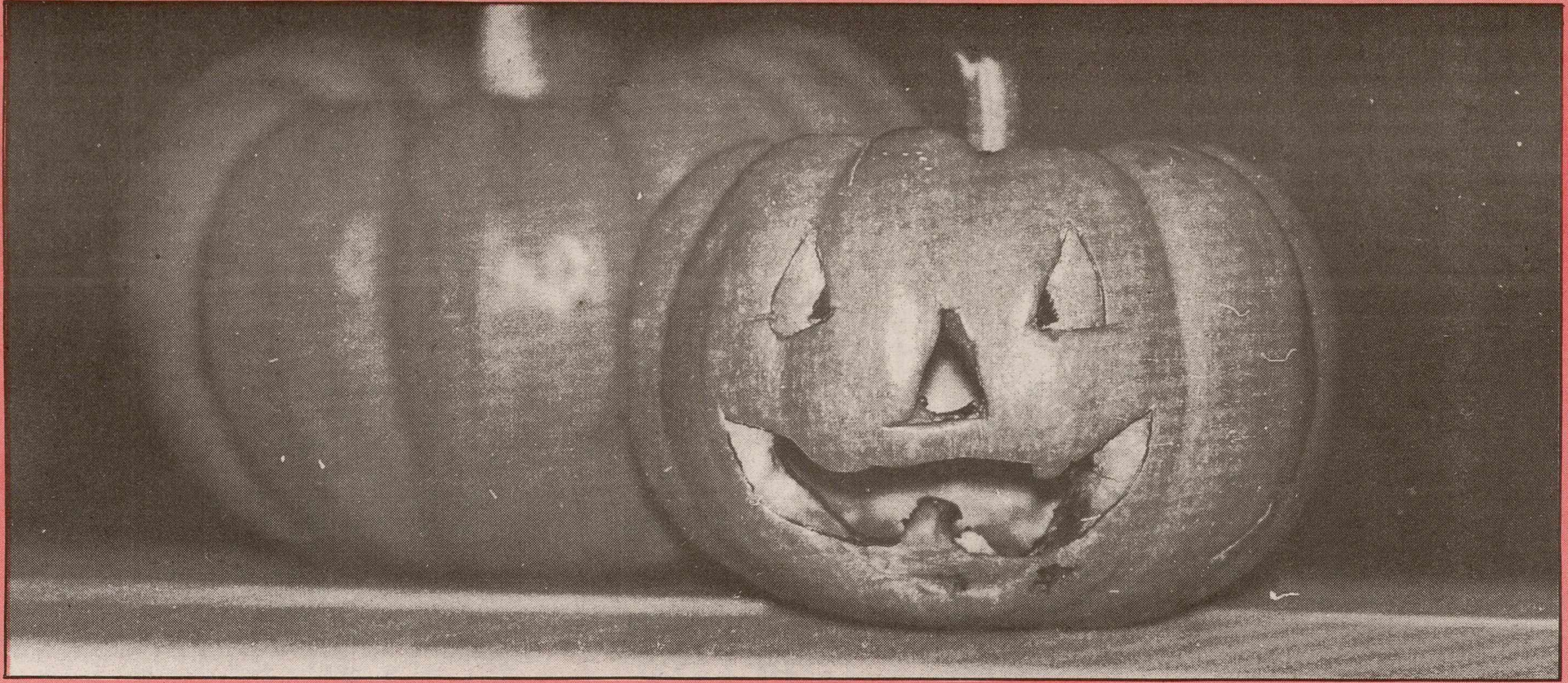


Sgt. John W. McGarrah

Something scary's on the way

Chem-lites available from Provost Marshals Office

The Presidio of San Francisco's Provost Marshal's Office and the Post Safety Office will distribute chemlites and trick-or-treat bags to Presidio family members today through Oct. 29.

The chemlites will allow trick-or-treaters to see and be seen. Be sure to stop in Building 36 and pick up a light and bag for each of your little ghosts and goblins.

Post Chapel holds Halloween carnival

The Presidio Post Chapel will sponsor their annual Halloween Carnival, open to all costumed children, from 5:30 to 7:30 p.m., Oct. 31at the Religious Activities Center, Building 682. The chapel's Junior and Senior High Youth Groups will set up the games beginning at 12:30 p.m. A fun time is sure to be had by all. This program is an alternative to Trick or Treating. Plenty of candy, toys, and safe fun for the children. Call the center at **561-3535** for details.

Youth Services comes up with something scary

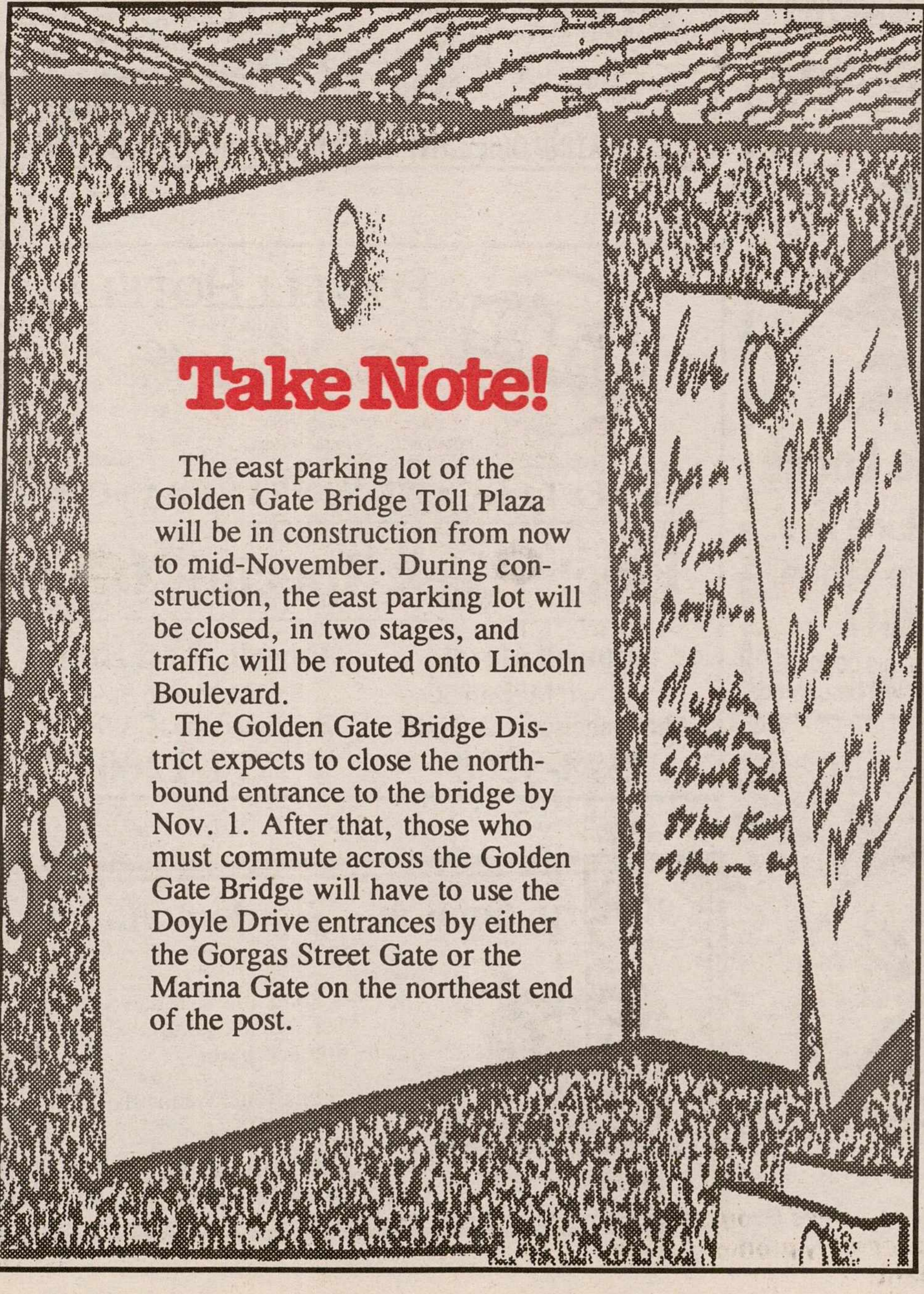
The Youth Services Halloween Carnival and Haunted House will be from 6 to 10 p.m., Oct. 30 in the Youth Center, Building 386. There will be a bake sale to support Youth Services and a charge of $1 to enter the haunted house and 25 cents for each game. Enter if you dare, because ghosts are everywhere. For more information, call Bill "Ghostbuster" Boehm at **561-5143**.

Hq. Co., U.S. Army Garrison hosting Halloween bash

Soldiers of the U.S. Army Garrison are hosting a Haunted Hospital from 6:30 to 9 p.m., Oct. 25 through 28 in Building 1013.

The soldiers will host also a children's party from 5 to 7 p.m. Oct. 29 in the barracks, Building 1029.

Finally, the Golden Gate Community Club will host a Halloween bash beginning at 9 p.m., Oct. 29. So why venture into the streets of San Francisco when you can have loads of fun amid safer surroundings here.



Take Note!

The east parking lot of the Golden Gate Bridge Toll Plaza will be in construction from now to mid-November. During construction, the east parking lot will be closed, in two stages, and traffic will be routed onto Lincoln Boulevard.

The Golden Gate Bridge District expects to close the northbound entrance to the bridge by Nov. 1. After that, those who must commute across the Golden Gate Bridge will have to use the Doyle Drive entrances by either the Gorgas Street Gate or the Marina Gate on the northeast end of the post.

A GRATEFUL
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Battle of the Bulge salute

Lt. Col. (ret.) Bill Cordova, left to right, and Chief Warrant Officer (Ret.) Fred T. Dong, both members of the Veterans of the Battle of the Bulge-Golden Gate Chapter, met with Lt. Gen. Glynn C. Mallory Jr., commanding general, Sixth U.S. Army and Presidio of San Francisco, and Chief Warrant Officer Ed Riley, of Park Reserve Forces Training Area, Dublin, Calif., during the Association of the United States Army, Maj. Gen. William F. Dean Chapter, Dinner at Camp Parks. Dong is the founder of the Golden Gate Chapter, Veterans of the Battle of the Bulge.

VSIP from Page 1

receive based on what he would receive in severance. If an employee's severance pay would be $7,000, then his VSIP bonus will only be $7,000."

Likewise, if the employee's severance pay would be $30,000 he would still be limited to a lump sum of $25,000 under VSIP.

Severance pay is paid out every two weeks, but the VSIP will be paid in a lump sum.

White explained that the lump sum amount will depend on the employee's length of service or employment and any prior use of severance pay.

Disadvantages

- Those employees who receive VSIP are not eligible for lump sum retirement contributions.
- The employee won't be eligible for severance pay.
- The employee won't be eligible for registration in Priority Placement Program.
- If resigning with VSIP, employees won't be eligible for government matching funds on health insurance after 31 days.
- If you voluntarily separate and are later reemployed with the government after retirement -- because the separating was voluntary -- the annuity will continue and be subtracted from the salary of your new federal job.
- You can't work in DoD for 12 months.
- VSIP is taxed. It can't be rolled over to an IRA, so a substantial portion is lost to taxes.
- Previously paid severance pay is deducted from VSIP.

There is only one week left to take advantage of the VSIP program. There are only a few of the original 182 slots left. Interested employees should call Gary Stella at the Civilian Personnel Office at **561-4999**.

PRESIDIO from Page 1

accommodate educational activities and lodging after the building is renovated to reflect its 1930s history.

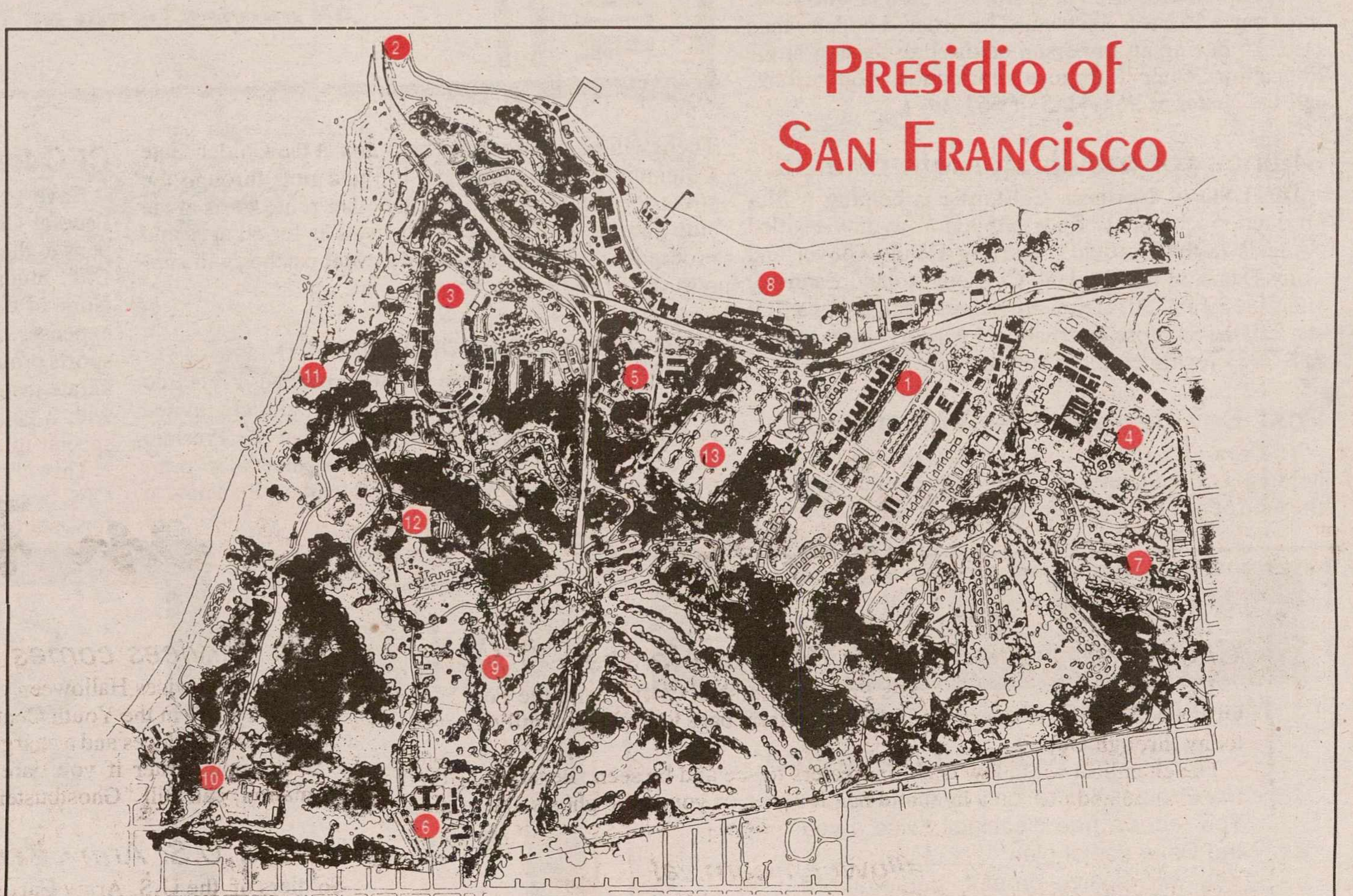
The Simonds Loop officer housing area **(Number 7)** would be turned into classrooms and residences for overnight educational programs and housing for park and program staff, and Lovers' Lane would be rehabilitated.

The plan for Crissy Field **(Number 8)** includes tearing down the existing maintenance buildings and restoring the airfield and wetlands, while expanding recreational facilities and improving bike routes and pedestrian paths.

The golf course **(Number 9)** will be open to the public, and eventually buildings in the Wherry housing area will be torn down and the area restored to native plants and forest.

Lobos Creek **(Number 10)** will be restored to a naturally-flowing stream, while the coastal bluffs **(Number 11)** will be preserved with visitor access limited to developed trails.

The state of California plans to redesign Doyle Drive, converting it from a freeway to a parkway. The Park Service supports that plan, which would include creating a new Presidio entrance. The GGRNA plan for the redesign would include tearing down the existing post exchange building and about one third of the commissary building.



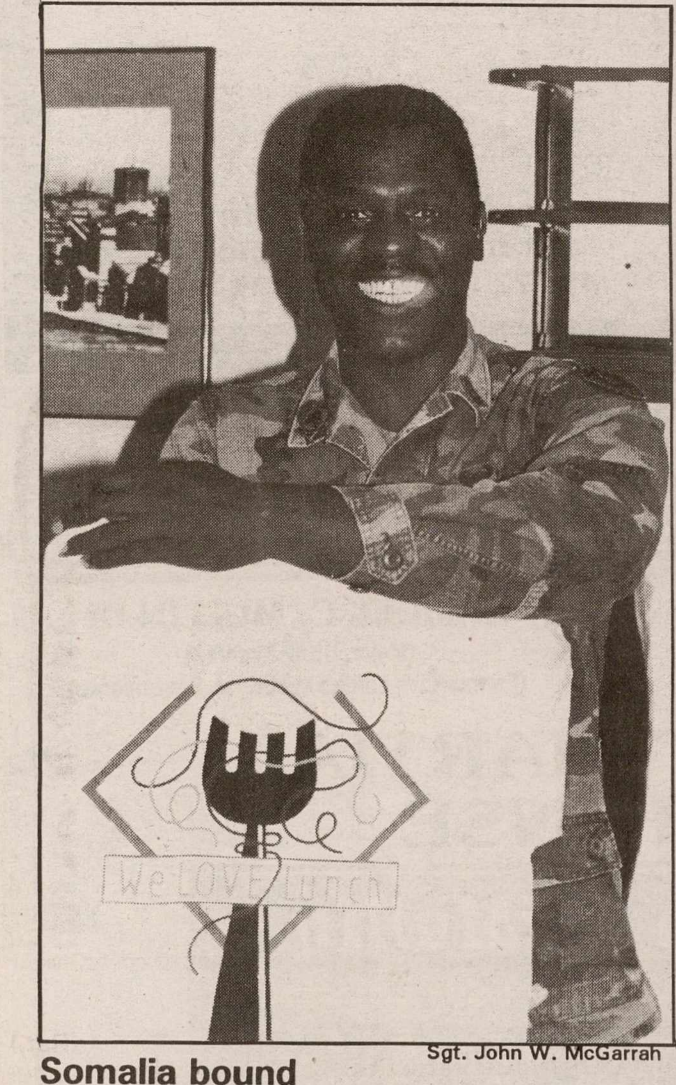
GGNRA has put the details of its plan into a summary document, which was mailed out to the public this week. An Environmental Impact Statement was prepared, as well as technical supplements which address public safety, fire safety and law enforcement. The public will have a 60-day review period for providing input before the plan is approved.

Park Service officials predict that the cost to implement its plan will be about $590 million over 15 years, much of which will be generated by leasing 1.3 million square feet of space on the Presidio to tenants. Other funding will come from Congressional appropriation and/or donations.

The GGNRA invites public participation in planning for the Presidio's future. If you are interested, you can review the planning documents at the San Francisco Main Library, the Marina Library, other selected library branches, or at the Presidio Information Center in Building 102.

For more information, call **556-3111**, or write to:

National Park Service
Presidio Information Center
P.O. Box 29022
Presidio of San Francisco, CA 94129.

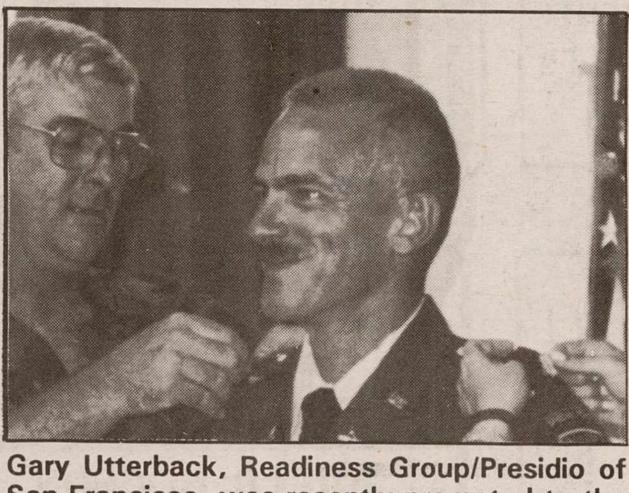


Sgt. John W. McGarrah

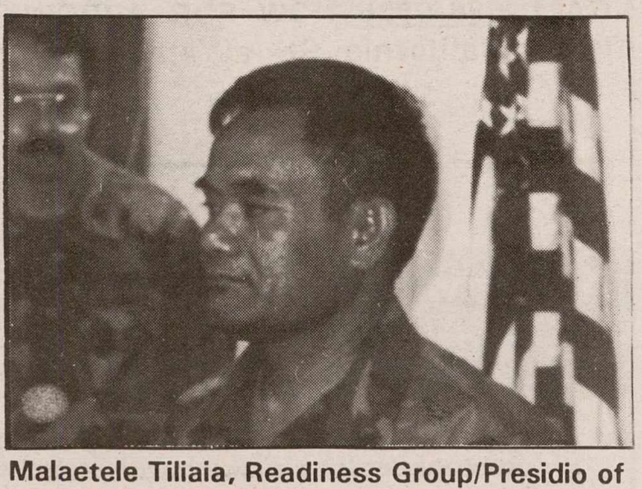
Somalia bound

Sgt. 1st Class Donald Banks, shown here at a going away party held in his honor at the Sixth U.S. Army Public Affairs Office, left this week for duty in Somalia. Banks is one of the few soldiers from the Presidio who have been sent to serve in the small nation.

Presidio promotions

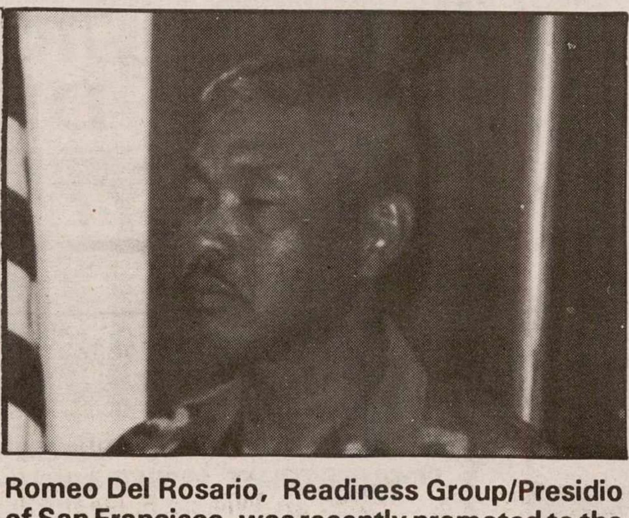


Gary Utterback, Readiness Group/Presidio of San Francisco, was recently promoted to the rank of lieutenant colonel.

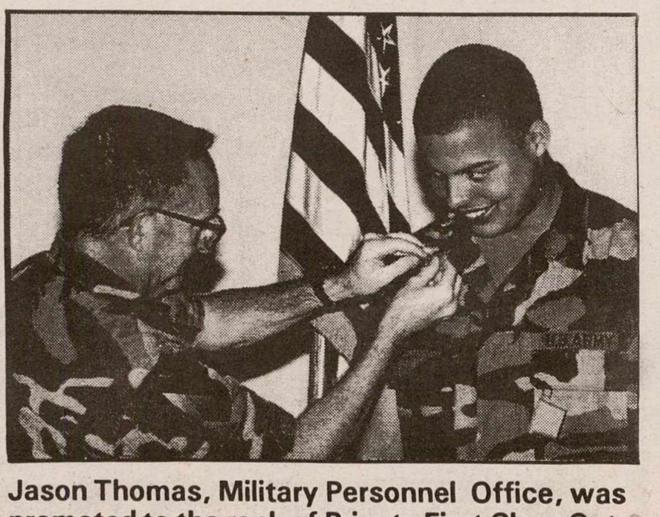


Malaetele Tiliaia, Readiness Group/Presidio of San Francisco, was recently promoted to the rank of master sergeant.

All photographs by Staff Sgt. Pleasant Lindsey III and Spc. Adrienne Story



Romeo Del Rosario, Readiness Group/Presidio of San Francisco, was recently promoted to the rank of master sergeant.



Jason Thomas, Military Personnel Office, was promoted to the rank of Private First Class Oct. 15.

ADMIT ONE

Movies at the
Presidio Theatre

Tonight-*Father Hood (PG-13)*
Saturday-*Needful Things (R)*
Sunday-*Jason Goes To Hell (R)*
Oct. 29-*Jurassic Park (PG-13)*
Oct. 30-*Jurassic Park (PG-13)*
Oct. 31-*The Secret Garden (G)*

All movies begin at 7 p.m.

1296 E-54

Briefs, *continued from Page 5*

Jan. 11, 1994 in the Presidio Education Center, Building 1216. This examination is given free for the first time to active duty or reserve military personnel attending, or planning to attend colleges which accept this test rather than the multiple choice CLEP English general exam. Family members, Department of Defense civilians, and retirees may take the test for a $40 fee. The test must be ordered in person by Dec. 7 at the Education Center.

The Graduate Management Admission Test will be held from 7:30 a.m. to 12:30 p.m. Jan. 18, 1994 at the Education Center. The GMAT is given free the first time to active or reserve military personnel who plan to pursue a master degree in business. Soldiers who retest must pay a $52 fee. Tests must be ordered no later than Dec. 15 during an in-person counseling session at the Education Center. For more information about testing, call the center at **561-4445** or **561-2974**.

Chance for movie stardom offered

The USO of Northern California is helping a film production company find extras for a movie titled "Angels in the Outfield", starring Danny Glover and Tony Danza in the Oakland Coliseum today, Saturday and Oct. 29 and 30. If you are interested in being a film star call the San Jose International Airport USO at **(408) 288-7603** for times and additional information.

Post Boy Scouts host Volksmarch

The Presidio Boy Scouts and the Bay Bandits are holding a 10-kilometer (6.2 mile) Volksmarch on the Presidio of San Francisco from 8 a.m. to 4 p.m. Oct. 30. There will be two routes. One starts at the Golden Gate Community Club, Building 135 and runs through the streets of San Francisco and the other route starts at the club and stays on the post. The walk is for all ages and proceeds from refreshment and event patches will support the Presidio Boy Scouts.

Christmas ball coming soon

Sixth U.S. Army and Presidio of San Francisco soldiers and civilians of all ranks and grades are invited to the Annual Christmas Ball Dec. 17 at the Presidio Officers' Club. The reception will begin at 6:30 p.m. Full details will be announced in December. Plan now to attend this festive, historic event.

CFC keeps moving full speed

Have you been asked to participate in the combined Federal Campaign yet? Are you wondering what happens to the money you donate to CFC? One example of CFC funds at work is the U.S. Army Youth Services. None of the money received is used for administrative expenses. Youth Services uses the funds to support a sports program, ballet classes, jazz and tap dancing, and karate instruction. The funds also support a Teen Club with a gathering place for Presidio youth to work on special-interest projects.

This is but one example of how participation in the CFC benefits Presidians. See your local CFC keyperson for details on how you can contribute to CFC.

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By Sgt. John W, McGarrah
Star Presidian staff

Don't miss the boat on this offer!

The Scheduled Airline Ticket Office, Installation Tour and Travel Office here, is sponsoring three special cruises in the near future.

The first cruise is available through Dec. 17, for three or four nights aboard the Royal Caribbean Cruise Lines Viking Serenade sailing from Los Angeles to Catalina Island and Ensenada, Mexico. This voyage, which usually costs between $275 and $625, is available to qualified military identification card holders for the special price of $239.

For football enthusiasts, there will be a special football cruise Feb. 20, 1994. Join the National Cruise Lines on this special National Football League Sports Cruise. Meet Richard Dent and other NFC and AFC players on board. Sign-up early, since this popular cruise is usually a sell out.

Explore the Far East and do your Christmas shopping at the same time. There will be an eight day, seven night, shopping tour to Hong Kong. This tour includes eight meals for $499. This does not include airfare, however. Call for special low rates through the Installation Tour and Travel Office here.

SATOTravel will also be sponsoring two trips to Europe for the D-Day 50th Anniversary, May 25 and June 22, 1994. The 10 day tours feature includes 14 meals and will visit historic sites in Paris, Normandy, and Reims, France; Luxembourg; Aachen, Berlin and Wurzburg, Germany. At Normandy, visit famous historic sites such as the Pointe du Hoc Ranger Museum, the Utah Beach Museum, the 508th Parachute Infantry Memorial, the St. Mere Eglise Airborne Museum, The U.S. Military cemetery, and the Normandy Invasion Museum. En route to Reims, visit the Belleau Wood and Alsne Marne Cemetery, the Red School House, and Reims Cathedral. Enroute to Belgium and Luxembourg visit a champagne winery, Bastogne, Belguim (site of the Battle of the Bulge), and Gen. George S. Patton's grave at the Third Army Cemetery. On the way to Malmedy, Huertgen Forest, and Aachen, tourists will visit the memorial to the victims of the Malmedy massacre, and the La Gleize Battle Museum. The next morning visit the Aachen battle site, then continue to Remagen and the Ludendorff Railway Bridge. The tour stops at Wurzburg for the night. Following free time in Wurzburg, the group continues to Berlin. In Berlin, see the Brandenburg Gate, the Charlottenburg Palace, the Kaiser Wilhelm Memorial Church, Kurfurstendamm, Reichstag Building, Checkpoint Charlie Musuem, the remains of the Berlin Wall, the site of Hitler's Bunker, and the German Resistance Memorial. Cost for the 10 day event is $1,949 for single, $1,499 for twin, and $1,399 for triple. All rates are per person, subject to change and availability. For further information of this tour only, call **1-800-952-0816.**

The Installation, Tour and Travel Office is located in Building 210 and is open from 9 a.m. to 1 p.m., and 2 p.m. to 5 p.m., Mondays through Fridays. The office is closed of wekends. Call **561-3992** for information.

Free WordPerfect, micro computer courses available

The **Advanced WordPerfect** course will be offered free of charge from 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Nov. 16 to Dec. 14.

The **Introduction to Microcomputers** course will meet from 10 a.m. to 12:30 p.m., Mondays and Wednesdays, Nov. 8 to Dec. 6.

Both these courses are free. Active duty soldiers have priority, followed by Department of the Army civilians who work on the Presidio of San Francisco. Army reservists, other military, or family members may enroll on a space-available basis only.

To register, see Kay Terry at the Presidio of San Francisco Education Center, Building 1216, Fort Scott.

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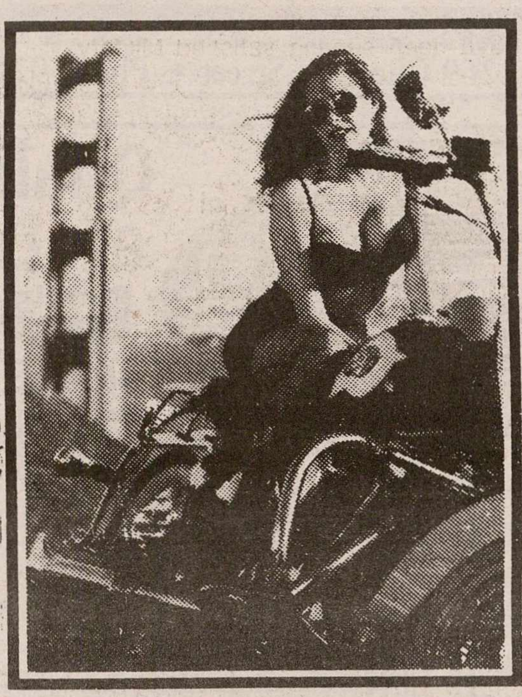

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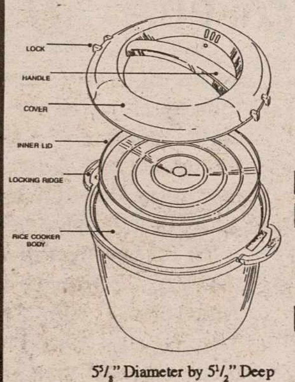

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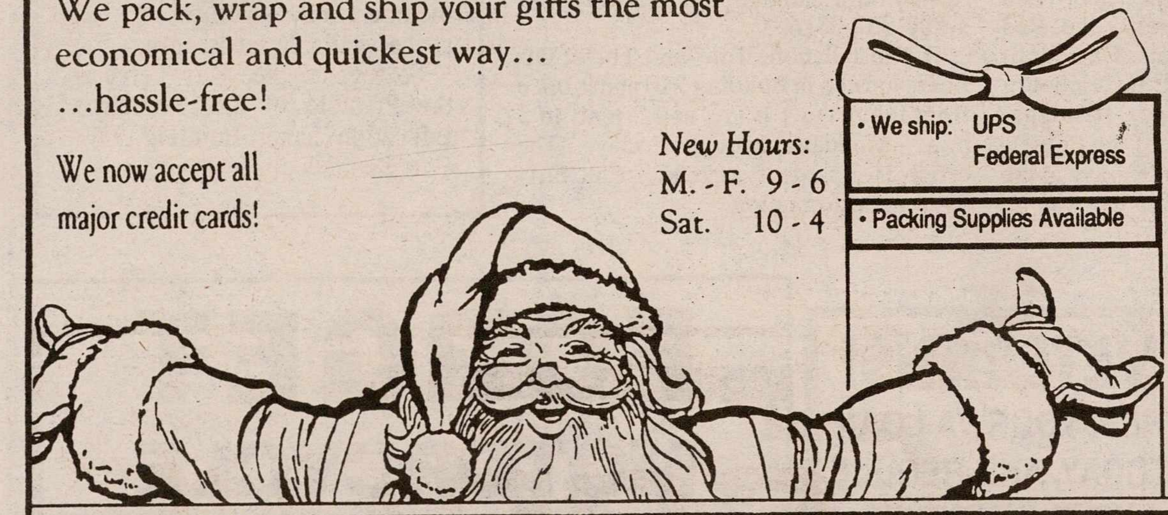

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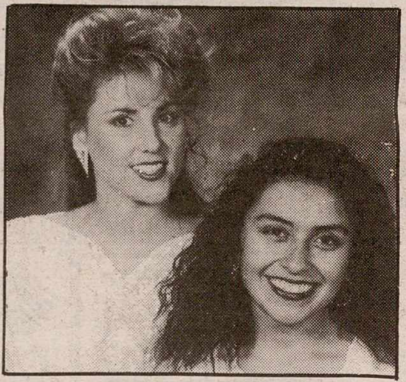

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Holiday golf tournament registrations being taken

The annual Thanksgiving Golf Tournament will begin at noon, Nov. 18 on the Presidio Golf Course. The award of a turkey for first place and a ham for second place is given to the top two low gross and low net scores in each division. The divisions include Open (under 40 years old), Seniors (over 40), Calloway (no established handicap), and Women (three or more entries needed for this division).

The entry fee is six dollars per golfer. All non-members of the Presidio Golf Club must pay green fees in advance with the entry fee. Registrations end at close of business Nov. 17. For more information, call Charles Hurd, Gym No. 1, Building 63, at **561-4131** or **561-4120**.

Staff Sgt. Pleasant Lindsey III

Operational Readiness Evaluation's Walter K. Choi, Rodrigo Cabugos and Joe F. Sakaria, "The Islanders", upset Command Group and took over first place in the post Intramural Bowling League, Oct. 12.

Islanders take one-game lead in intramural bowling

The Islanders, 14-6, have taken the lead after upsetting the Command Group's team in week five. The Islanders' Rod Cabugos led all men bowlers with a 242 high game scratch score and was third with a 569 high series scratch. Wally Choi placed second in high series scratch, scoring 576; and Joe Sakaria was third in the high series handicap category with 629.

The Directorate of Information Management's team is struggling with only six wins and is tied for last place, but things may pick up for the team if Milly Simmons keeps up her pace. Simmons led all women bowlers in all four categories. She rolled scores of 206 in high game scratch, 259 for high game handicap, 503 in high series scratch and 662 for high series handicap.

Standings

Ties broken by total pins

1. Islanders 14-6
2. Command Group 13-7
3. INS INC 12-8
4. RG-PSF 11-9
5. CRD Sports 11-9
6. High Rollers 7-13
7. Oddballs 6-14
8. DOIM 6-14

Intramural Flag Football Schedule

The Intramural Flag Football League kicks off Monday. Games will be played at 5:30 and 6:30 p.m., Mondays and Wednesdays on the Fort Scott Athletic Field for the next four weeks. The six teams in the league include the Operational Readiness Evaluation Team, Readiness Group-Presidio of San Francisco, Garrison No. 1, Garrison No. 2, Law Enforcement Company, and the Letterman U.S. Army Health Clinic. The regular season will last through Nov. 17 with a holiday championship tournament scheduled for Nov. 22 to 25. See the schedule below.

Monday
5:30 USAG 2 v. LEC
6:30 LUSAHC v. ORE
Wednesday
5:30 USAG 1 v RG-PSF
6:30 USAG 2 v LUSAHC
Nov. 1
5:30 USAG 1 v LEC
6:30 RG-PSF v ORE
Nov. 3
5:30 USAG 2 v USAG 1
6:30 RG-PSF v LUSAHC
Nov .8
5:30 ORE v LEC
6:30 USAG 2 v RE-PSF
Nov .10
5:30 ORE v USAG 1
6:30 LEC v LUSAHC
Nov. 15
5:30 USAG 2 v ORE
6:30 LEC v RG-PSF
Nov. 17
5:30 LUSAHC v USAG 1

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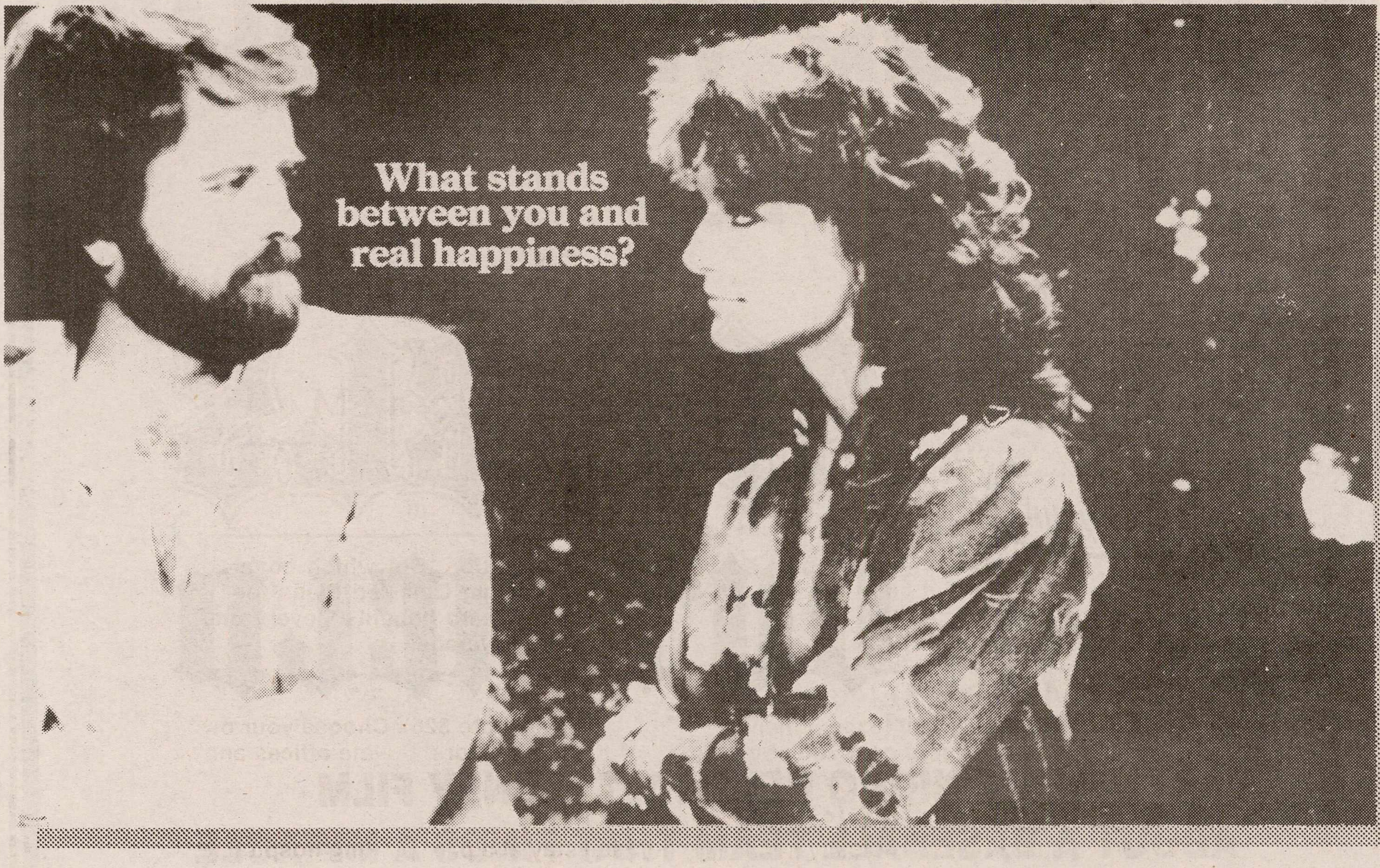
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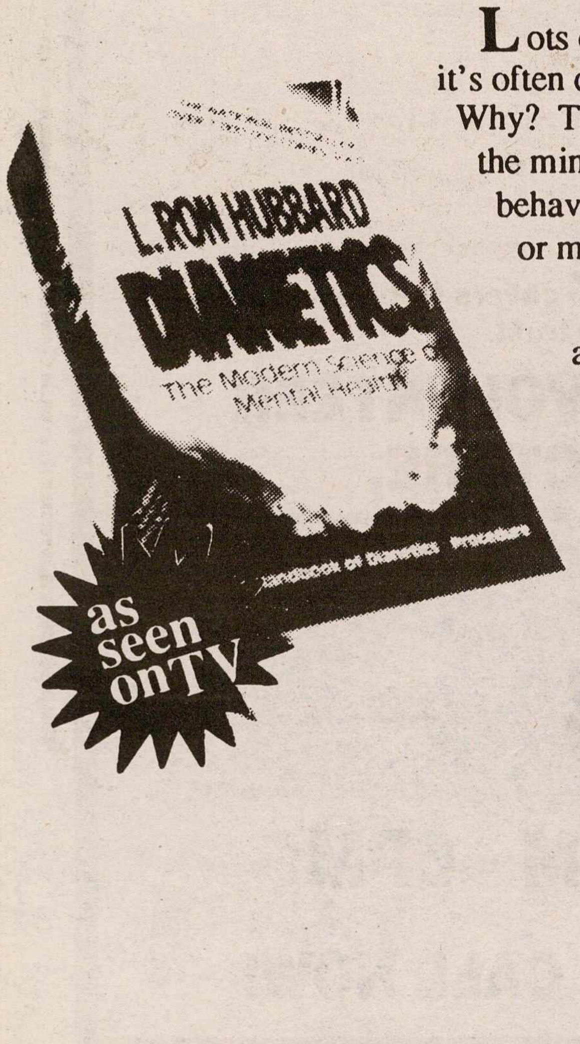
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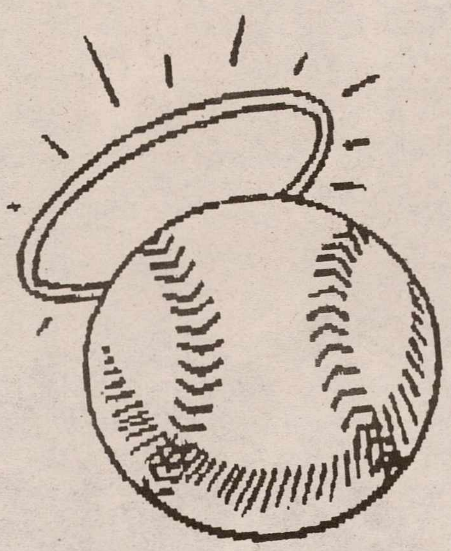

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Star Presidian

Vol. 38, No. 41 Published for the Presidio of San Francisco Community Oct. 29, 1993

Charles Blancet

"A Real American Hero"

Lt. Gen. Glynn C. Mallory Jr., commanding general, Sixth U.S. Army and Presidio of San Francisco awards the distinguished Service Cross to Rumaldo Medina. Medina, joined here by his wife Josie, received the award Tuesday for heroic actions at the German Siegfried Line in World War II.

Hero honored

By Sharon E. Everett-Roles
Star Presidian Staff

Pfc. Rumaldo Medina, a World War II veteran, was presented with the Distinguished Service Cross, the nation's second highest award for valor, in a ceremony at Sixth U.S. Army Headquarters Tuesday. The medal was presented by Lt. Gen. Glynn C. Mallory Jr., Sixth U.S. Army and Presidio of San Francisco commanding general, before an audience that included Medina's wife, Josie, and their 14 children.

Medina entered the Army at Camp Roberts, Calif., in August 1944 as a private. He was then shipped to England in January 1945, where he joined his unit, Company L, 7th Infantry. His unit was en route through France to the German front. Medina arrived at the height of the winter as well as the battle. The Anzio-Rome campaigns had just ended and the "Colmar Pocket" Campaign was won, with only 10 days before the German Campaign began at the Siegfried Line.

On March 19, 1945, Pfc. Medina's platoon unknowingly fell into one of the Germans' death traps of withering machine gun fire. *Medina armed himself* with hand grenades and dashed forward alone to knock out an enemy "pill box." Hit in the chest and knocked down, he continued crawling forward through machine gun and rifle fire and dropped two grenades through a vent in the pill box and destroyed its crew. His intrepid action enabled his platoon to resume the attack, seize an enemy-held trench, kill three and capture 12 Germans.

Medina's military awards include the World War II Victory Medal, Distinguished Unit Badge, European African Middle Eastern Campaign Medal, and the Purple Heart.

Property Control Branch digs in for transition services

By Pleasant Lindsey III
Star Presidian Staff

Base transition involves more than changing locations. Workers must turn in equipment as well, which is then stored and shipped to new destinations as necessary. Now, who do you suppose does all of that work?

On the Presidio of San Francisco the accountability, receiving, storing, issuing and disposing of all equipment, furniture and supplies is the responsibility of the Directorate of Logistics Supply and Services Division.

The Installation Consolidated Property Book Office is but one part of the Supply and Services Division, an organization with responsibilities too numerous to cover in one article. This article will focus on the ICPBO and the tough task it faces as the post transitions to the National Park Service.

Commanders, directors, division/activity chiefs can't wait until their units close to do their inventories. That's too late. Unit commanders need to make sure there is an accurate hand receipt procedure in place now. To continue working effectively the ICPBO needs support from commanders, directorates and hand receipt holders.

Hand receipt holders need to turn in equipment, furniture and supplies now. They must pay attention to the items they have on their hand receipts. If they have problems, tell the ICPBO now instead of waiting until the last minute.

Employees must not throw away any government property on their own. Nothing can be thrown in the dumpster unless it is consumed in use. This includes unused paper, binders and even trash cans. These items can be used by other units or posts. When in doubt, turn it in. The ICPBO is the place to call for turning in all equipment, furniture and supplies.

"Every action from requests to reception is automated and supported by documentation for accountability. We are a service organization, committed to service to soldiers," said Supply and Services Chief Jose A. Montalvo.

The ICPBO is willing to help you, Montalvo said. If you wait until the last minute it will be too late. ICPBO will already be swamped. He and his staff are available to help with property disposal.

"We have to work smarter every day to close the place on time. Without the people who work for us, the warehouse workers, forklift operators and hand receipt clerks, this job wouldn't get done. These workers put in long hours and work very hard to get the job done in time for the post's transition to the GGNRA," said Larry Moller, property book officer. "For instance, the Army Medical property book system is technical and all my people are learning it through on-the-job training. They have become an excellent team."

In addition, Moller has established a computer program for tracking property book items. It generates the checks and balances necessary to get the job done.

Commanders and directorates play a major role in the ICPBO's success, particularly during transition. Hand receipt holders should make sure their hand receipts are correct and property is inventoried thoroughly.

"Property accountability is our top priority," Moller said. "Our work load has increased, but our staff is down."

For this reason it is imperative that the people in the field pay particular attention to their hand receipt practices.

Here are some of the people who keep the PBO's ball rolling.

Bob Jargoyhen and Lester Peete handle items in the warehouse. Rich Melsic manages the Property Book. "When hand receipt holders find something wrong or don't understand a transaction bring it to our attention immediately," he said.

Jeff Proctor works on the computer equipment, finds out if anyone worldwide needs it and ships it accordingly. All equipment is first checked out in the storage facility by Lee Sutton of the Directorate of Logistics before it is sent anywhere.

Warehouseman Robert Smith, a former ship rigger at Mare Island, schedules dates for transportation of turned in items. Bob Richardson was a phone installer and is now the point of contact for turning in items.

Jesse Benigno and Betty Truly handle purchase re-

See ICPBO, *Page 3*

Presidians urged to unite against drugs

By Mark J. Gumbiner
Alcohol and Drug Control Officers

In support of the National Red Ribbon Week, the Presidio of San Francisco Alcohol and Drug Abuse Prevention and Control Program will distribute red ribbons throughout the community today.

There will be several activities taking place today and this weekend with a "drug free and proud" theme including Child Development Center training. The Presidio Youth Activities will host a Halloween Carnival and Haunted House from 6 to 10 p.m., Saturday with prizes, games, and food. The Post Chapel is also sponsoring a Carnival from 5:30 to 7:30 p.m., Sunday at the Religious Activities Center as an alternative to Trick or Treating.

The Red Ribbon Campaign began on Feb. 7, 1985 when U.S. Drug Enforcement Agent Enrique Camerena was tortured and brutally murdered in Guadalajara, Mexico, by drug trafficers. His mission had been to hunt down Mexico's powerful drug barons. What he found was a systematic conspiracy that involved not only a drug cartel, but also high ranking officials of several U.S. government agencies.

Friends called him "Kiki," (the dark rooster) a fighter, a man who never gave up. He had seen the misery that led people to take drugs and the desparation that caused them to struggle. He knew about the cops that took bribes, the politicians who welshed on promises, and judges who nailed poor kids and only scolded rich ones. Yet he believed that one individual could make a difference.

His death shocked and angered the nation, but out of the despair arose a groundswell of support beginning in his hometown, where people gathered to mourn his death. At this gathering red ribbons were passed out and the message was clear--No more! No more deaths, no more tragedy, no more tears for the lives uselessly wasted!"

This message soon spread to other communities who shared their anger, and within a year the idea of the red ribbon campaign took root. Hundreds of communities and thousands of volunteers rallied around the message.

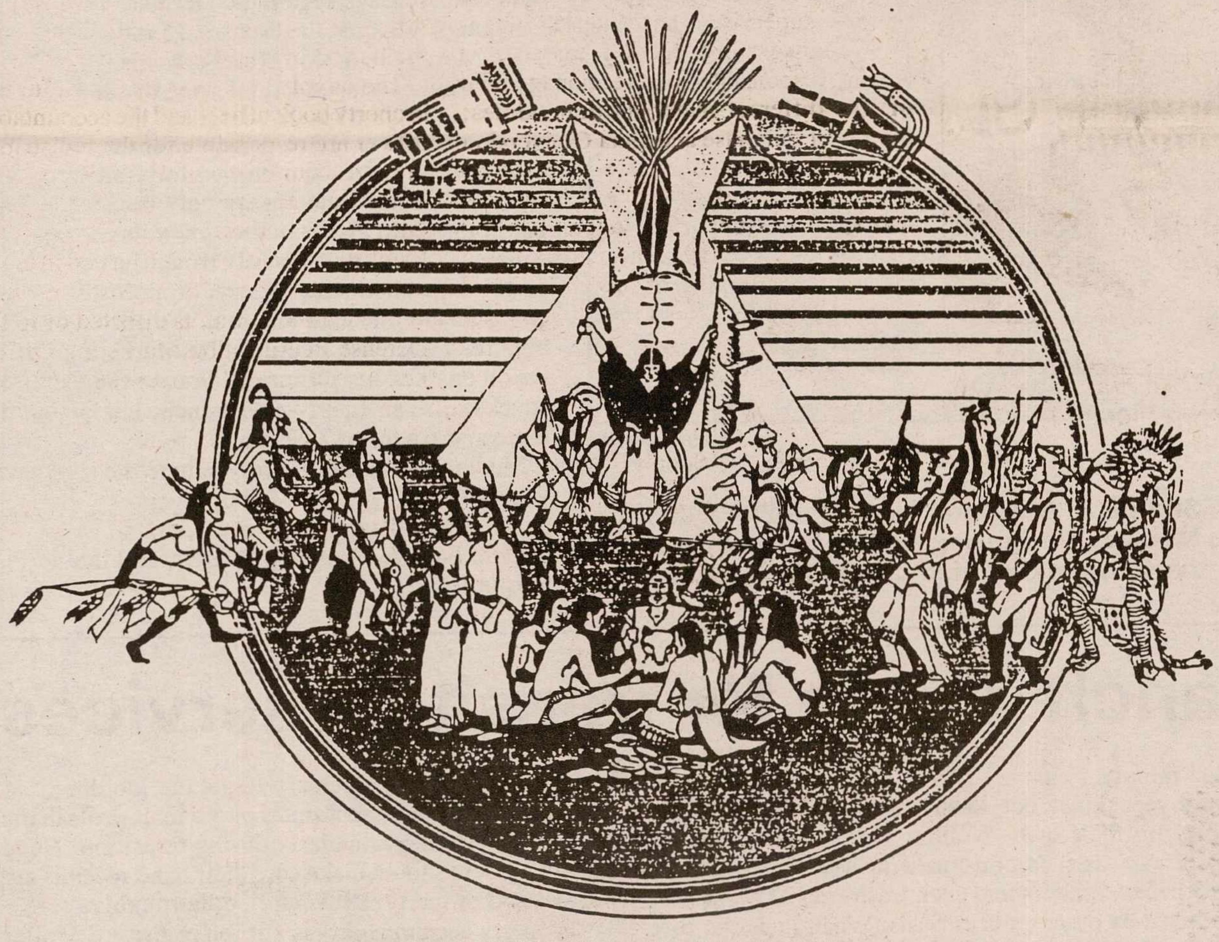
In 1988, the National Federation of Parents took the leadership role in organizing the first National Red Ribbon Campaign. Thousands of communities across America have now joined Kiki's fight and the red ribbon has become a symbol of hope for a drug free society. Whenever we pin a red ribbon to our lapel, tie one to our antenna, or participate in red ribbon activities, we are reminding ourselves and all who see, of Kiki's courage, of his sacrifice, and of his vow to never give up!

We are joining him on the front lines until the battle is won.

For more information on the Red Ribbon Campaign, and other drug prevention materials, call **561-2528**.

Editor's Note: The red ribbon is also more popularly recognized as the AIDS awareness symbol, to acknowledge the disease and the thousands of lives worldwide it has touched.

AMERICAN INDIAN HERITAGE MONTH CELEBRATION 1993



SCHEDULE OF EVENTS

November 1st
American Indian Heritage
Educational Booklets

November 1st to 8th
Arts & Crafts Display
Post Exchange

November 18th
Luncheon Special
Presidio Officers' Club
1100 to 1300

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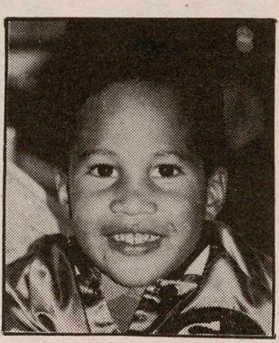
Ask Presidians

What are you dressing up as for Halloween? Why?

Elizabeth C. Wendel, family member: "I'm going as Cinderella, because she's so beautiful. I'm going with Prince Charming-my dad (Capt. John Wendel)."

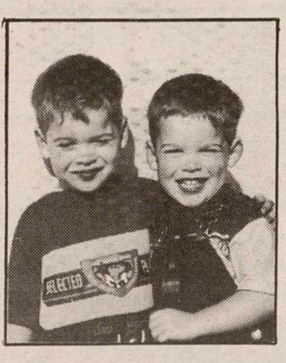
Linsey Koplin; family member: "I'm going as Batman because he's really scary. I want to scare the Provost Marshal, because he scared me last year."



Kiyoschi Smith, family member: "I'm going as a pirate because my brother had the costume last year. I hope I get lots of candy."

Trevonne Rogers, family member: "The Cookie Monster from Sesame Street. It's my favorite show. My mom can do stuff around the house while I watch TV."

Jennifer McDonald, family member: "A circus clown. I already have the costume my mom, Kelli, made me last year."



Joshua and Nathan Cremenas, family members: "We are going as pumpkins, because we like Pumpkins. It's traditional."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Assistant Editor.............. ...***Staff Sgt. Pleasant Lindsey III***
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Staff Journalist.............................***Spc. Adrienne D. Story***
Photographic support...........................have the costume my ***TASC Photo Lab***

Nisei linguists, original Army Language School honored

The Military Intelligence Service Association of Northern California, comprised primarily of Japanese-American (Nisei) World War II veterans of the U.S. Army, will place a small monument at the site of the first Army Language School at Crissy Field Tuesday, 11 a.m. The dedication ceremony at Building 640 is open to the public.

More than 6,000 Nisei graduates of the school served in the United States Military Intelligence Service during World War II. They fought covertly against the land of their ancestry, totally without fanfare, in all campaigns and on all fronts of the far-flung Pacific war.

On Nov. 1, 1941, one month before Pearl Harbor, the Army Language School was inaugurated in a dilapidated airplane hangar at Crissy Field. Forty-two Nisei and two Caucasians, from a total of 60 students, completed the course. These Nisei volunteered to serve a military linguists, despite the fact that their families were then forcibly incarcerated in American internment camps throughout the United States.

"All members of that original class felt it was important for us to demonstrate our loyalty to our country on the battlefield, to help secure a place for us Japanese-Americans in the future of America," said retired Army Col. Thomas T. Sakamoto.

From this small cadre of student linguists grew the foundation of the present Defense Language Institute, now located at the Presidio of Monterey, and the concept for Military Intelligence units which became organic to combat divisions.

"Our objective today is to leave with this monument an educational message from M.I.S.," Sakamoto said. "We want future generations to understand that American citizenship carries responsibility, as well as privilege, regardless of circumstances. We want Americans to realize how important it is to understand the languages of other people, a lesson which many members of the Military Intelligence Service paid for dearly. M.I.S. teams won distinguished combat records, but the concept for this monument does not in any way seek to glorify war."

The monument inscription reads "This building was the site of the first class of the Military Intelligence Service Language School, November 1941 - April 1942. Eventually, 6,000 Japanese-American soldier graduates served their country valiantly in the Pacific area during World War II. The United States of America owes a debt to these Nisei linguists and their families which it can never repay. Dedicated by the Military Intelligence Service Association of Northern California on November 2, 1993." *Military Intelligence Service Assoc.*

ICPBO *from Page 1*

quests and input hand receipt transactions into the database.

Harry Robinson maintains the equipment file. If equipment is available, Robinson can make out a hand receipt for the item and call you for pickup. Requests must be made by memo. Currently, Robinson has the equipment from Gym No. 2 on hand and will be shipping it to the troops serving in Somalia and Kuwait.

There is plenty of equipment on post that must be turned in, accounted for and shipped to new destinations before the post transitions to the Park Service. The Directorate of Logistics' workers are laboring to move turn-in items as quickly as possible.

The Supply and Services Division's mission was to provide logistics support to all active and reserve units assigned or satellited to the Presidio of San Francisco. Today, it has drastically changed to that of disposition of all equipment, furniture and supplies that units and activities have collected for many years.

To accomplish this mission, the Chief of Supply and Services Division needs to plan on how to accomplish its mission with fewer personnel and resources. The division has been hit by retirements, resignations and transfers, While the division has eliminated the Self Service Supply Center and the Troop Issue Subsistence Activity, support for office supplies and subsistence continue for units at the Presidio. In order for Montalvo to meet this new challenge, he has relied on the knowledge, experience, responsibility and responsiveness from the branch, section supervisor and the workers.

Property Control Branch Chief Edward Pope, who is also the supply accountable officer, supervises the Materiel Inventory Management Section under Eva Kwan, responsible for the management of five different materiel commodities; the Local Purchase and Data Conversion files Section, supervised by John Callaghan, responsible for the maintenance of all supporting documents on requisitions, receipts, issues, turn-ins and the local procurement of supplies, equipment and furniture; and the Storage section managed by Ernest Martinez, responsible for the receipt, store, issue and disposal of supplies and equipment. The branch performs under the Standard Army Intermediate Level Supply System. Documentation is the key source for accurate data entry in the System.

The Moller and his crew of supply technicians and materiel handlers play a major role in the support of the garrison staff and Headquarters Sixth U.S. Army with the process of requisitions, store, issue, and turn-in and accountability of all supplies, equipment and furniture issued by the ICPBO.

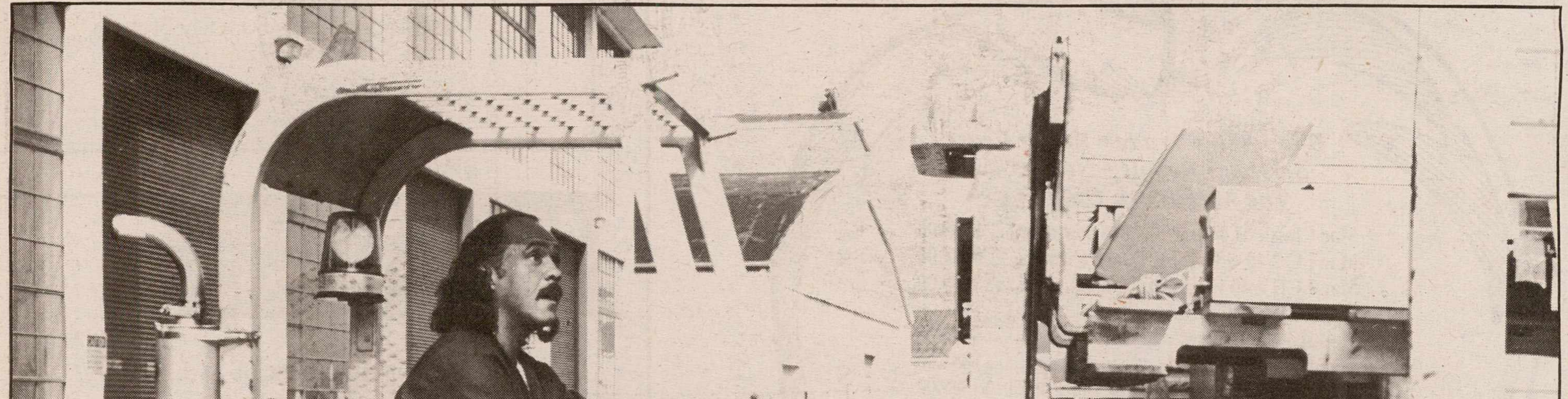
The Supply and Services Division still maintains the Post Laundry Facility in Building 1047, managed by Dean Austin. The division also maintains a Customer Assistance Section under the expertise of Linda Bailey and Marcel George. They help units and activities with inquiries on the status of requisitions and research for documents.

The Supply and Services Division is committed to provide the best services to the soldiers. One of the chief concerns of the supply personnel is accountability of government property, specifically during the period of transition.

The Supply and Services Division, the property book officer and the accountable officer are responsible for the redistribution of equipment and furniture. The ICPBO meets requirements for the Sixth U.S. Army and other units as required. Excesses at the ICPBO are turned in to the accountable officer for disposition either to other installations as directed or to the Defense Reutilization Marketing Office. Excess equipment/furniture slated for the DRMO is made available for the Golden Gate National Parks Recreation Area for screening before it is shipped to Alameda.

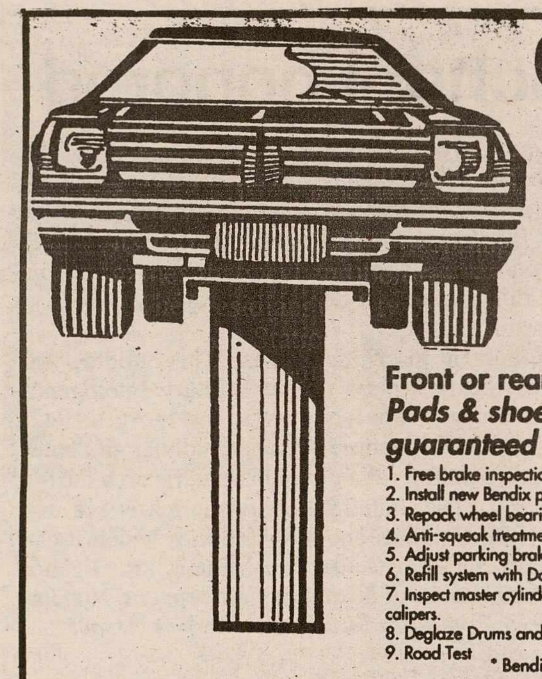
Staff Sgt. Pleasant Lindsey III

Betty Truly handles purchase requests and inputs hand receipt transactions into the database.



Staff Sgt. Pleasant Lindsey III

Lester Peete loads computer items destined for the Defense Reutilization Marketing Office onto the back of a truck by one of the warehouses on Crissy Field.



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Presidio News Briefs

Family child care has slots open

There are some slots available in the Family Child Care homes for children from 6 weeks to after-school age. FCC providers are certified by the Army to provide care in their homes. For referrals to care providers or other child care programs off the installation, call Mary Anne Gianquento, FCC director, at **561-6372**.

Prayer breakfast moves back to RAC

The Men of the Chapel will sponsor their bi-monthly prayer breakfast at 6:45 a.m. Thursday in the Religious Activities Center, Building 682. Maj. Gen. Robert S. Frix, deputy commanding general, Sixth U.S. Army (active component) will be the featured speaker. Breakfast is open to everyone for no charge, but donations will be accepted at the door. Make your RSVP to Maj. John Fowler at **561-3798**.

Chem-lites available from PMO

The Provost Marshal's Office and the Post Safety Office will distribute chem-lites and trick-or-treat bags to Presidio family members today. Be sure to stop by Building 35 and pick up a light and bag for each of your little ghosts and goblins.

Officers' Spouses Club holds luncheon

The Presidio Officers' Spouses Club will hold a salad bar luncheon Thursday in the Officers' Club. Toni Bacon will be giving a presentation on "Holiday gifts from your kitchen." For reservations, contact Sherri Miller at **386-3003**.

Health fair held for Open Season benefits

Open Season for the Federal Employees Health Benefits Program will be from Nov. 8 through Dec. 13. This is your annual opportunity to join if you are not already enrolled or, if you're enrolled to change your health plan coverage. If you are enrolled and do not wish to make a change, your current enrollment will continue without any additional action on your part. If you decide to enroll or change your current enrollment during Open Season, you must file a Health Benefits Registration Form (Standard Form 2809) in time for it to be received in the Civilian Personnel Office by Dec. 13. New enrollments and changes to current enrollments will become effective Jan. 9, 1994.

The Civilian Personnel Office has scheduled an Open Season Health Fair from 9 a.m. until 4 p.m. Nov. 9 in the Sixth U.S. Army Conference Facility, Building 35, to help civilian employees choose a plan. Employees may drop in anytime during those hours. Representatives from various health plans will answer questions concerning health plan benefits. Brochures will be available during the fair.

For more information, call the Civilian Personnel Office at **561-5621**.

Gym offers self defense course for women

A self defense course for women is being organized for any woman affiliated with the Presidio -- military personnel, family members and civilian employees. All women interested in such a course should contact Lt. Heather Tupper at **561-3539** or the Presidio Sports Branch, Gym No. 1, Building 63 at **561-4120** or **561-4131**, by Monday. The length of the class will be determined by the number of participants.

Area coordinators' meeting held in CCR

There will be an Area Coordinator Meeting at 3 p.m. Nov. 18 in the Command Conference Room, Second Floor, Building 220. For more information, call Master Sgt. Amelia Tsukuda, NCOIC, Family Housing Branch at **561-6172**.

Post Boy Scouts host Volksmarch

The Presidio Boy Scouts and the Bay Bandits are holding a 10-kilometer (6.2 mile) Volksmarch on the Presidio of San Francisco from 8 a.m. to 4 p.m. Saturday. There will be two routes. One starts at the Golden Gate Community Club, Building 135, and runs through the streets of San Francisco and the other route starts at the club and stays on post. The walk is for all ages and proceeds from refreshments and event patches will support the Presidio Boy Scouts.

Christmas ball coming soon

Sixth U.S. Army and Presidio of San Francisco soldiers and civilians of all ranks and grades are invited to the Annual Christmas Ball Dec. 17 at the Presidio Officers' Club. The reception will begin

See Briefs, Page 10

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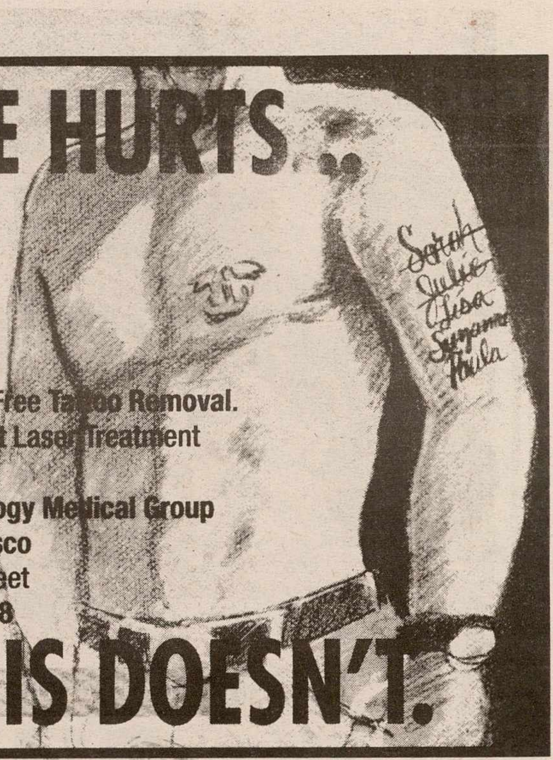

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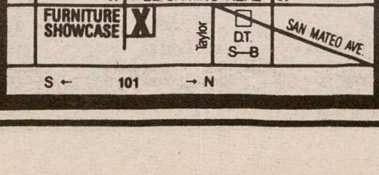

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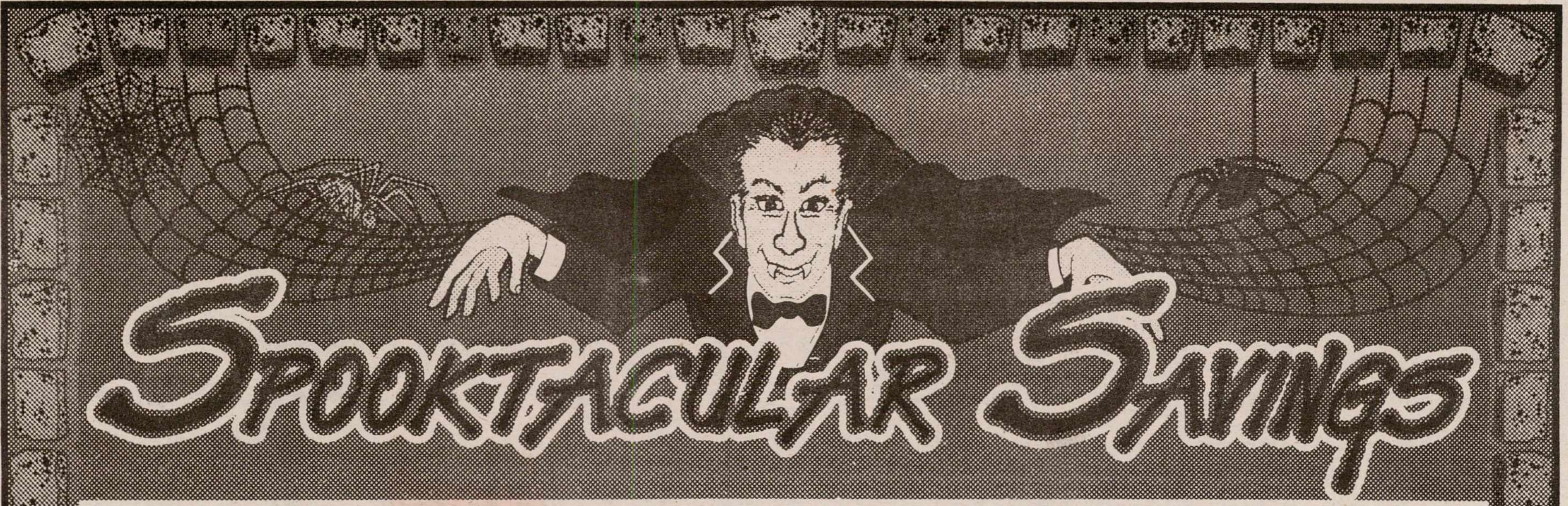

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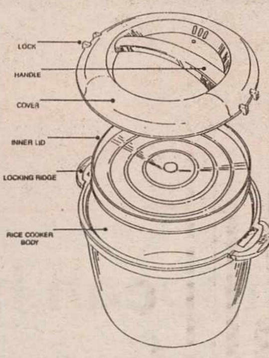

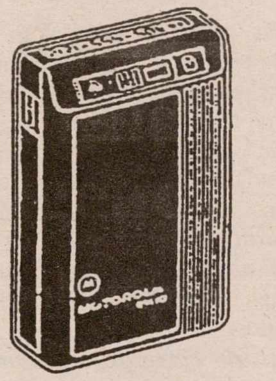

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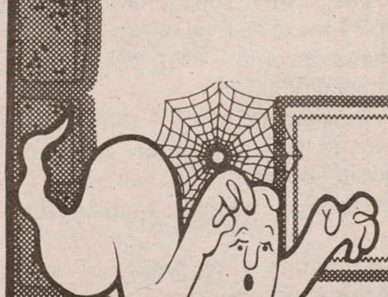
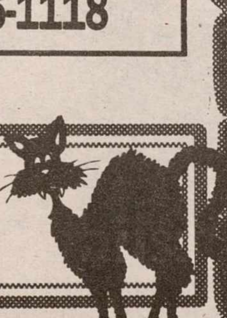




The Night Before All Hallow's Eve

By Sgt. John W. McGarrah

T'was the night before Halloween, and all through the post,
not a goblin was stirring, not even a ghost.

The Military Police were posted out on the streets,
making sure tots were safe while out hunting treats.

The children were costumed bright as could be,
all carrying chemlights, so they could see.

Parents accompanied their children with care,
this was a night in which both could share.

Alcoholic beverages were stocked in the Class Six,
Lonely tonight, because cars and spirits don't mix.

The staff at the health clinic was standing by,
using their x-ray to give that candy the eye.

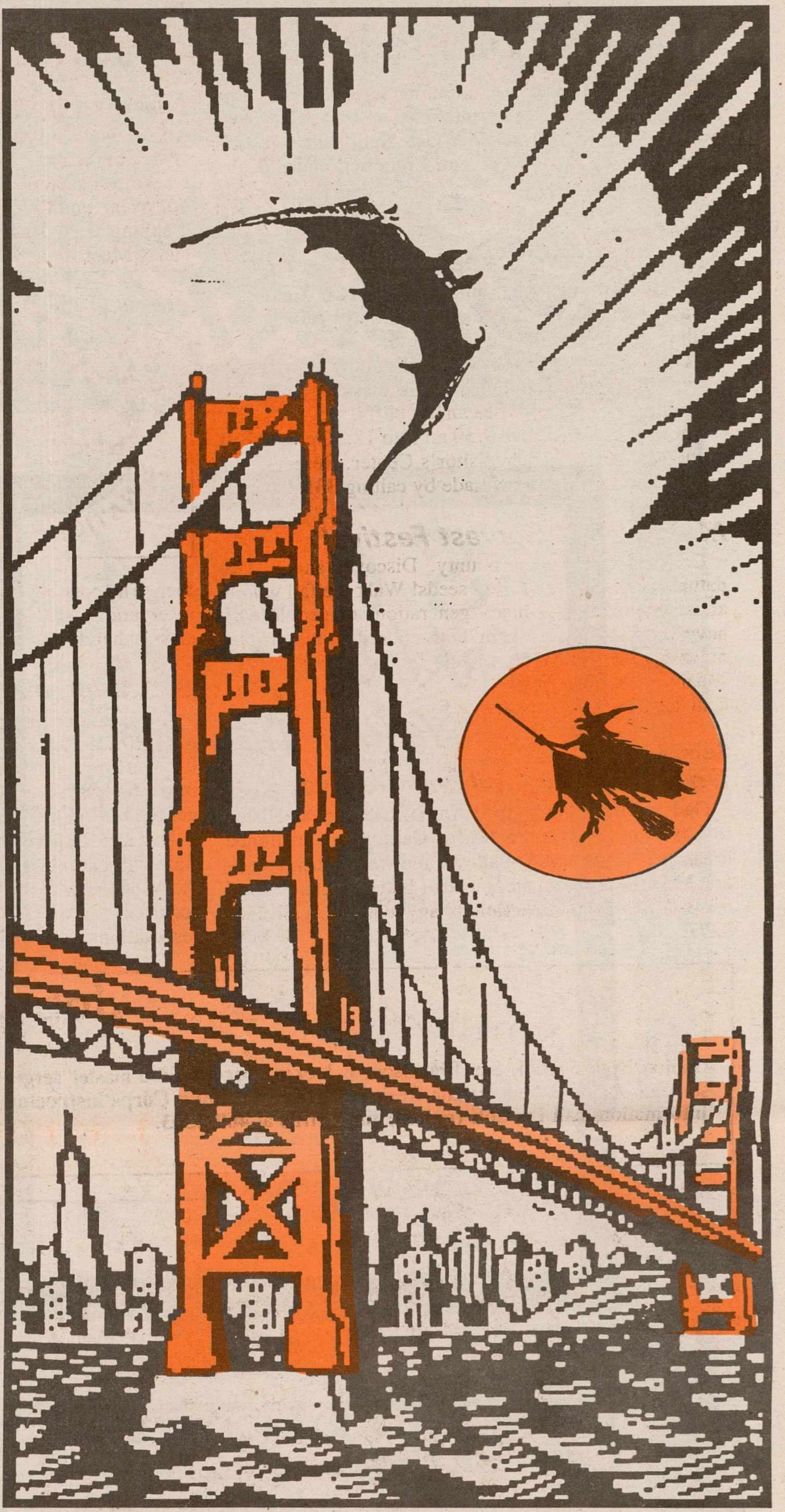
Families in housing kept watch by their doors,
rewarding their callers with goodies galore.

The PX and Commissary were closed for the night,
their shelves were all cleared of all candy in sight.

When out at the cemetery there arose such a clatter,
the people all turned to see what was the matter.

and, what to their startled eyes should appear,
but a huge oragnge pumpkin with a grin ear-to-ear!

Candies rained down as he rose out of sight,
saying, "Happy Halloween, Presidio, To all a good night!"



Trick-or-treat hours for the Presidio of San Francisco are from 6 to 8 p.m., Oct. 31. Letterman U.S. Army Health Clinic's Radiology Department will x-ray candy upon parental request from 6:30 through 8:30 p.m.

Halloween safety tips

For children, Halloween is all about getting dressed up as someone scary or beautiful or heroic or walking in the dark with their friends. But children can have ghoulishly good times without endangering themselves.

DoD safety officials and the National Safety Council have some safety tips to keep this fun night from ending in tragedy.

•Children under 12 should be accompanied by an adult or responsible teenager. Older children should travel in groups.

Children can see and breathe better if they wear make-up instead of masks.

•Costumes should be short enough so wearers don't trip, loose enough to allow free movement. Loose-fitting costumes also allow room to fit warm clothing underneath. Costumes should allow full arm movement.

•Children should carry a flashlight or glow tube so they can see and be seen. Reflective tape can be worked into a child's costume so that it enhances the effect and helps drivers see the little ghosts and goblins.

•Children should have adults at home inspect their treats before eating them.

•Children should travel in familiar areas and stop only at lighted homes and apartment buildings. Warn them never to enter a stranger's home.

•Older children out without an adult should have money for a phone call.

•Go over basic safety rules with your children. Remind them to cross at intersections, after looking both ways. Tell them to walk on the sidewalk, and if there is none, to stay close to the curb, facing traffic.

•Adults going to parties should use designated drivers. Mixing drinking and driving when children will be everywhere is a recipe for disaster.

•If you're driving to a costume party, wait till you get there before putting your mask on. Also avoid costumes that restrict arm movement.

•Drive more slowly and be more alert than usual. Not all children will follow safety rules!

American Forces Information Service

Safety Tip

Change Your Smoke Alarm Battery When You Change Your Clock

on October 31

(Last Day of Daylight-Saving Time)

Halloween has roots in European history

by Rudi Williams
American Forces Information Service

Many, many years ago, a group of people called Celts, the first Aryan people who came from Asia to settle in Europe, lionized their New Year on the first day of November.

In accordance with their beliefs, the last night of the old year, Oct. 31, was set aside especially for the souls of the dead to return to their homes. After all, it wasn't nice to keep the poor dead souls away from their homes the entire year. The spirits could warm themselves at the blazing hearth and at least enjoy the smell of food cooking on spits in the fireplace.

Not only were the dead souls permitted in town, but witches, sirens, demons, hobgoblins, trolls and every conceivable kind of evil spirit were allowed to roam the earth on this night. People believed that witches -- women in league with the devil -- rode the sky on broomsticks. The witches did the boogaloo on the hilltops with goblins and imps to the music of the cool devil's bagpipes or castanets made from dead men's bones.

Certainly none of these visitors could be allowed to run around the countryside scaring little children on Nov. 1, All Saints' Day.

In some parts of Merry Ole England, immense bonfires were kept alive throughout the night to keep the scary evil things at bay. As in most superstitious atmospheres, a single precaution isn't enough for some people. Sssoooo, to add more deterrents for the blood-curdling evil things, men armed with pitchforks and shouting loudly frolicked around the bonfires.

As the years passed, and people grew older and wiser, they started to cast aside their superstitions and turned the evening of Oct. 31 into a festival of parties for young people -- and old young people -- who deck out in weird costumes for the happenings.

During this phase, a girl believed if she sat before a mirror eating an apple at midnight, the image of her future husband would appear. If the handsome young knight didn't appear then, the poor girl would go through life a spinster.

Then there came the time when groups of boys and girls would roam the street marking cars, doors and windows with soap. Those were the good old days.

Nowadays, children go from door to door in traditional costumes warning, "Trick or Treat" -- some of them mean just that!

GGNRA offers historcal tours, classes on post and surrounding area

This is the first in a continuing series for the *Star Presidian* on classes, presentations, special events, and walks presented by the Golden Gate National Recreation Center on the Presidio of San Francisco and the surrounding area.

Saturday

Shooting landscapes from the hip

Join professional panoramic photographer Al Greening and explore ways to capture the beautiful landscapes of the Bay Area with your camera.

A moderately strenuous walk will follow a discussion of your questions and tips. This class is great for beginning or intermediate camera buffs.

The class will be from 9:30 a.m. to 12:30 p.m. Meet at the Marin Headlands Visitor's Center. Reservations are required, and can be made by calling **331-1540**.

Muir Woods Harvest Festival

Celebrate the park's bounty. Discover and collect nature's storehouse of life - seeds! Walk the fall woods and contemplate the many generations of people who have sought this forest for both material and spiritual nourishment. Enjoy the night's full moon with a seasonal celebration. Festival will be from noon to dusk. Call **388-2596** for a program flyer and reservations.

Sunday

Ooo! Ick! Boil, Toil and Trouble!

Gather around the campfire from 7 to 8 p.m. and listen to a tale or two about a few of California's maligned creatures. Bring marshmallows and wear warm sweaters. Meet the ranger at the far end of Battery Chamberland on Baker Beach. Reservations are required: call **556-8371.**

Learn to go pier crabbing

Ever wonder what kinds of spindly creatures live in the waters of the bay? Find out about crab species, how and where to catch them, and what to do with them when you do! Wear your grubby clothes. Learn how to go pier crabbing from 10 a.m. to noon. Rain will cancel this class. Meet Ranger Mike Smith at the East Fort Baker Pier. The cost is $1.50 per person, $5 per family, and reservations are required: call **(415) 331-1540**. This class is handicapped accessible.

Beginning birding instructions

A class on beginning birding will be held from 9:30 to 11:30 a.m. Sunday and Nov. 6. This will not be a walk to count how many species of finches exist, rather, it will be a which bird book works best for you. How do you get the bird in the binoculars before it flies away?

That and the art of seeing will be the focus of the day. Rain will cancel this class. Meet birder Peter Ritson at the Marin Headlands Visitors Center. Reservations are required. Call **331-1540** for information or to make reservations.

Nov. 6

A walk through Presidio history

A historical walk through the Presidio's main post will be held from 10 a.m. to noon. Join us for a tour of the Presidio covering over 200 years of San Francisco history, historical architecture, cultural landscapes, and natural history. Find out about how this Army post is becoming a National Park.

Meet the walk leader at the Presidio main flag pole. Reservations are required.

Guardians of the Golden Gate

In the Marin Headlands learn about the guardians of the Golden Gate from 1 to 3:30 p.m.

Take a peek at the history surrounding the bunkers and gun emplacements of the Marin Headlands. Hear stories from the days of the first earthworks battery through the Nike missile era.

Meet historian Paul Curry at the Marin Headlands visitors Center. Reservations are required. Call **331-1540**.

Entering the Bay Area tidal zone

Join us for a close up look at mysterious ecological habitats of Fort Point's shoreline in a special hand's on program from 10 to 11 a.m. Dress warmly for this class. Rain will cancel. Call **556-0865** to make reservations.

Tour the coastal defense batteries

Learn about seacoast defenses at Baker Beach from 12:30 to 1 p.m. Learn the military history of Battery Chamberlain and participate in a rifle demonstration. Meet the ranger at the gate to the battery. No reservations required.

Job vacancies

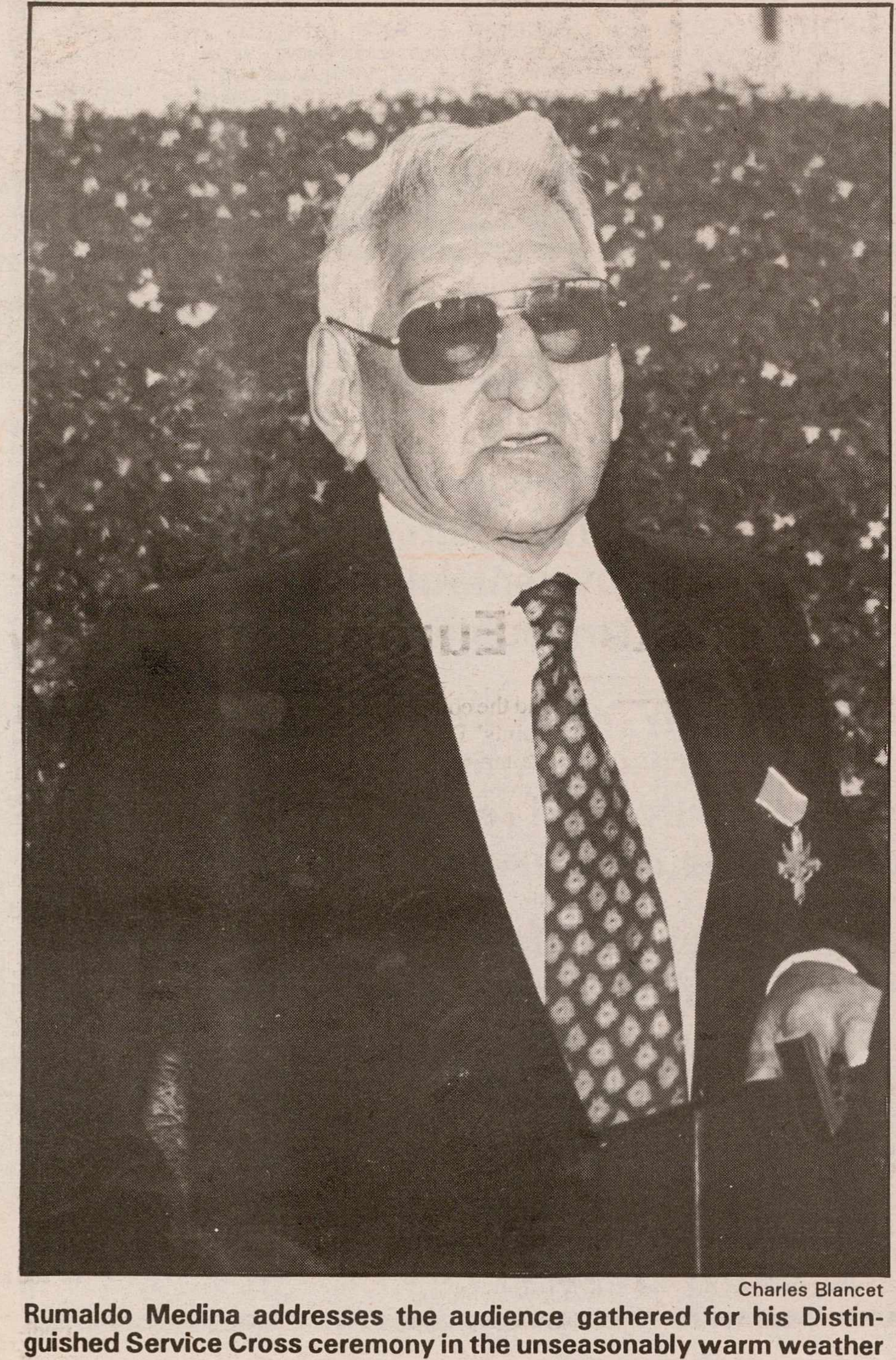
Local

Galileo High School, San Francisco, is looking for a retired master sergeant or sergeant major to be a **Junior Reserve Officer Training Corps instructor**. For information, call Lt. Col. (retired) Jim Griffis at **469-4503**.

United States Department of the Interior

Firefighter (equipment operator) GS-081-06 (permanent, fulltime) # GOGA-94-07, Golden Gate National Recreation Area, Presidio Operations.

Painter WG-4102-09 (permanent, fulltime) #GOGA-94-09, Golden Gate National Recreation Area, Marin B&U Branch.

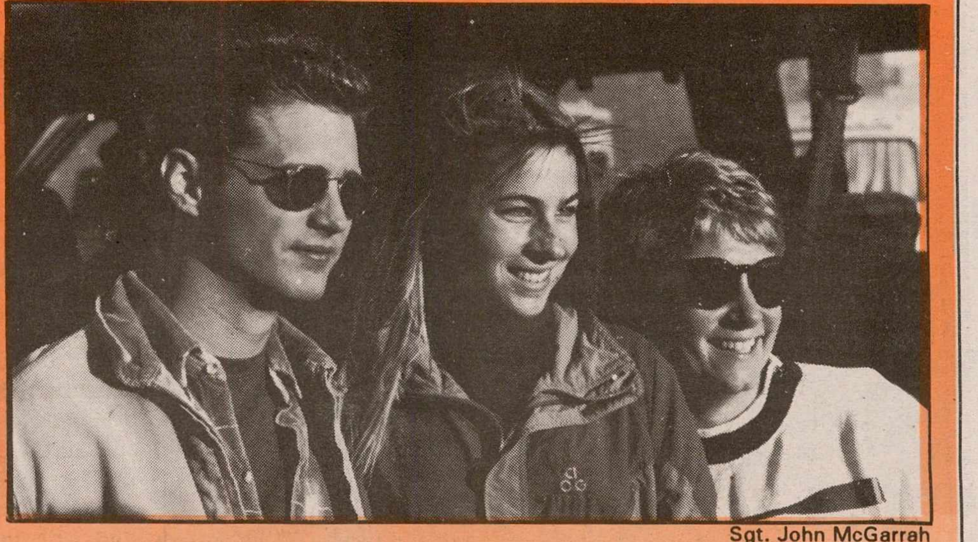


Charles Blancet

Rumaldo Medina addresses the audience gathered for his Distinguished Service Cross ceremony in the unseasonably warm weather on the front lawn of Sixth U.S. Army Headquarters, Building 38.

Charles Blancet

Joining Rumaldo Medina for his Distinguished Service Cross award presentation are 12 of his children.



Sgt. John McGarrah

Presidio "90210"

As he studies the Presidio's scenery, actor Jason Priestley meets two of his biggest admirers, Deborah Tarr and Pam Fowler, Oct. 24 at Fort Point here. Priestley was in the Bay Area this weekend filming an upcoming episode of the "Beverly Hills 90210" for Fox Television.

Briefs, *continued from Page 5*

at 6:30 p.m. Full details will be announced in December. Plan now to attend this festive, historic event.

Christmas Concert needs youth

Presidio youths ages 8 years and older are wanted to fill slots in the Youth Choir for the annual Presidio Christmas Concert Dec. 7. If you are interested in singing, please plan on attending a practice from 5 to 6 p.m. Nov. 9 at the Main Post Chapel. For more information, call **673-0767** between 4 to 5 p.m.

Reward offered for light meter

An area photographer lost a professional Minolta light meter near the Presidio Yacht Club Saturday and is offering a healthy reward for its return. Please call Abigail at **924-6244.**

Education center offers courses

The **Advanced WordPerfect** course will be offered from 10 a.m. to 12:30 p.m. Tuesdays and Thursdays Nov. 16 to Dec. 14. The **Introduction to Microcomputers** course will meet from 10 a.m. to 12:30 p.m. Mondays and Wednesdays Nov. 8 to Dec. 6. These courses are free. Active duty soldiers have priority, followed by Department of the Army civilians who work on post. Army reservists, other military and family members may enroll on a space-available basis.

To register, see Kay Terry at the Presidio of San Francisco Education Center, Building 1216, Fort Scott.

Workshop for veterans set, Nov. 8

There will be a peer counseling workshop designed for veterans only from 9 a.m. to noon Nov. 8 in the Civilian Personnel Directorate Training Room, Building 37.

The session will address concerns, benefits and needs of veterans. The presenter will be Chester Davidson, a veterans employment representative from the State of California and a disabled veteran. He will provide information concerning the labor market and veterans rights. All veterans and pending veterans are encouraged to attend this session. Call Ann Williams of the Civilian Personnel Office at **561-2809** for reservations. Space is limited.

Commissary closes for holiday

The Presidio of San Francisco Commissary will be closed Nov. 11 to observe Veterans Day. The commissary will reopen for business at 10 a.m. Nov. 12

Flea market scheduled

The next Flea Market is scheduled for 7:30 a.m. to 1 p.m. Nov. 6 in the parking lot in front of Building 204. A valid "unlimited" military identification is required to rent vendor space. No reservation is needed. The Thrift Shop will be open for sales to the public from 9 a.m. to 1 p.m. the same day. For more information, call **922-3384**.

Barracks soldiers supply treats

Soldiers in Barracks 1029 and 1030 will be giving out treats to children from 5 to 7 p.m. tonight.

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Saturday-*Jurassic Park (PG-13)*
Sunday-*The Secret Garden (G)*
Nov. 5-*The Thing Called Love (PG)*
Nov. 6-*A Man Without A Face (PG-13)*
Nov.7-*Only The Strong (PG-13)*

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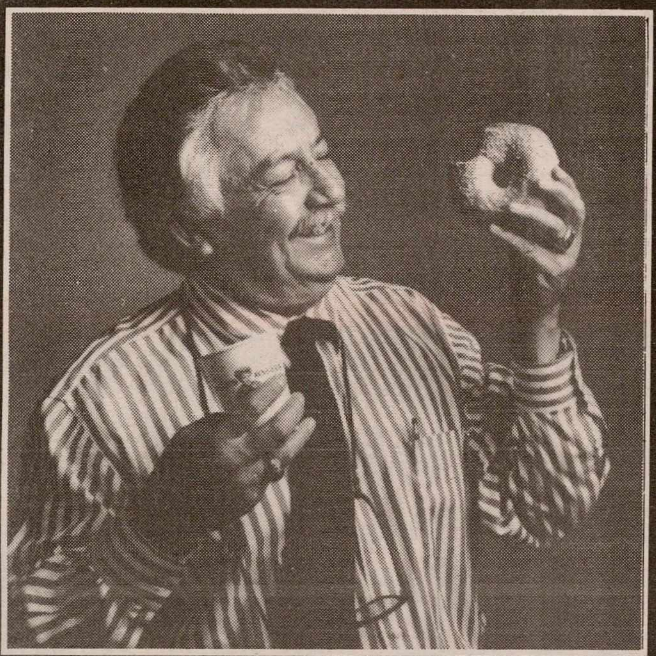

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Protein: Separate the facts from the fiction for a healthy diet

By Capt. Maria E. Bovill, R.D.
Letterman U.S. Army Health Clinic

Everyone knows that an athlete should consume a diet high in protein to build extra muscles, right? WRONG! Exercise does not increase the need for higher daily protein intake. Very strenuous athletic training may only increase this requirement slightly. Exercise does increase the need for calories and carbohydrates. Eating protein above the body's basic needs does not necessarily mean more muscle. Building muscle strength and size is a result of athletic training, not excess protein intake!

The primary function of protein in the body is to build muscle tissue. The average American eats 2 to 3 times what the body needs. The excess protein is changed into energy and the waste product of this is called urea. Amino acids, the building blocks of proteins, as well as protein supplements are often added to the athlete's diet in hopes of improving performance and increasing muscle mass. Too much of either of these can actually be harmful causing kidney strain and increased fat storage. The urea is taken out of the body by the kidneys and literally flushed into the toilet along with the expense of buying these supplements.

How do you actually calculate your protein needs? To get a basic idea, simply divide your weight in pounds by 2.2 to get kilograms of weight. The recommended dietary allowance for protein is your weight in kilograms times .8. For example, a 110-pound person would weigh 50 kilograms (110 divided by 2.2) and need 40 grams of protein per day (50 kilograms times .8). Remember: very strenuous athletic training may only increase this requirement slightly and since most of us eat in excess of the RDA of protein, there is really no need to add excess protein to the diet!

To determine your present protein intake, you should keep a record of everything you eat and drink for one "typical" day. Use the following to estimate your intake:

1.Meats/Substitutes, 7 grams protein per serving: one ounce meat, fish, poultry; one egg; one slice of luncheon meat; 1/4 cup of tuna fish or cottage cheese; 1/2 cup of beans, dried peas, or a tablespoon of peanut butter; one ounce of cheese.
2. Dairy products, eight grams per serving: Eight ounces of milk; one cup of yogurt or ice cream.
3. Fruits and Vegetables: Two grams per 1/2 cup of peas, carrots, winter squash. Most others contain small amounts and will not contribute significant protein, depending on amounts eaten.
4. Breads and cereal, two grams per serving: One slice of bread or a roll; 1/2 cup of rice, noodles, pasta, or potato.
5. Fats/other: Fats such as butter, margarine, oils, sugar, and candy contain no protein. Cakes, cookies, pies, and other sweets contribute little protein.

We each have different needs due to individual metabolisms and activity levels. If you would like more information or help with your eating habits, contact a registered dietitian at the Nutrition Clinic, **561-2664**, or call Central Appointments at **561-5324**.

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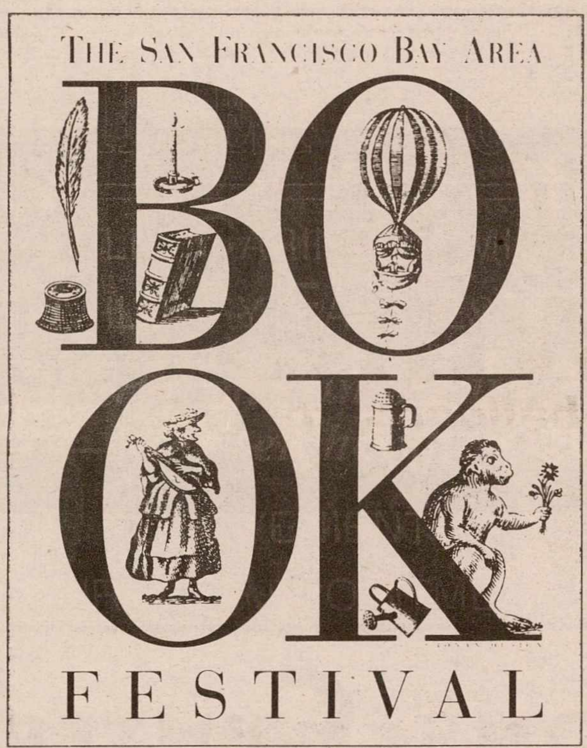
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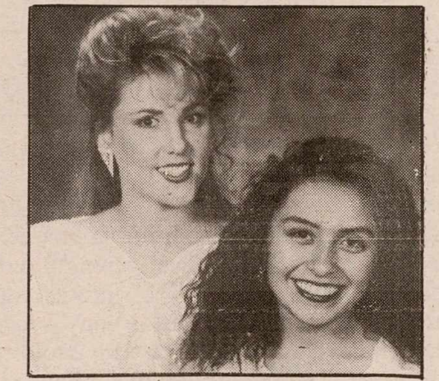

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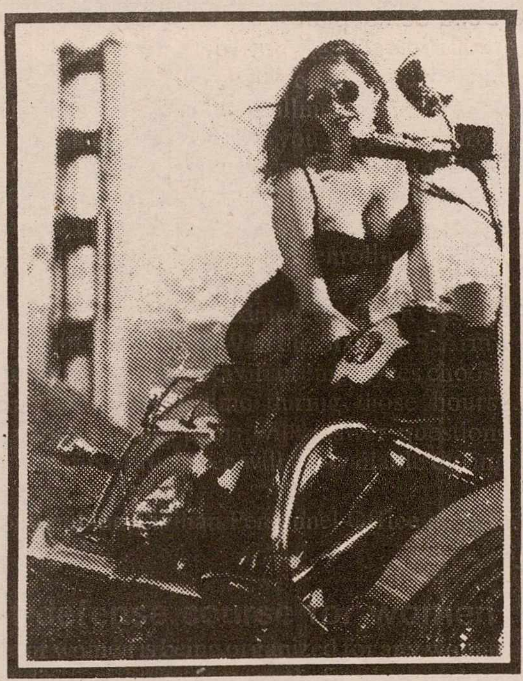

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Basketball team takes two

By Sgt. 1st Class Eric Seals and Staff Sgt. Pleasant Lindsey III

The Post's basketball team won two games this past weekend, extending its record to 3-2 after dropping two games the weekend before.

The Presidians took two games from Naval Air Station Alameda, Calif., Oct. 23 and 24 in Gym No. 1, Building 63 here.

On Oct. 24 the Presidians beat NAS Alameda 48-35. The sailors allowed Presidio's Wayne Rogers to score 14 points in the first half, including two 3-point baskets. He ended the night with 23 points. John Evans added 16 points and 10 rebounds, Tim Jensen scored 13 and Jerod White and Charles Shedrick tossed in 12 apiece. Shedrick also pulled down 13 rebounds.

The game on Oct. 23 featured plenty of fouling and wide open offense by both teams as the Presidians swamped NAS Alameda 88-80. White led all scorers with 20 points, Evans hit for 18 and Shedrick added 14.

On Oct. 17 the Presidians came out strong on the second game to take a 12 point advantage twice during the course of the game. However, foul trouble and poor rebounding down the stretch led to second-shot opportunities for Oak Knoll who skipped out with a 65-63 win.

On Oct. 16, The Presidians were swamped 83-58. From tip-off to final buzzer you could see that the Presidians were not prepared as a team to match up with Fellows and Associates. Miscommunication mistakes on defense allowed F&A to score easy baskets throughout the game. The poor shooting didn't help (35 percent) and the marginal rebounding kept the score from being any worse.

Both games allowed the Presidians to assess their week and strong points after just two weeks of playing together.

There is still a lot of work to be done in a short period of time to successfully compete and win at this level of competition. The Presidians have already proved they can do it.

The Presidians will host Travis Air Force Base at 7:30 p.m. Thursday.

Staff Sgt. Pleasant Lindsey III

Charles Wallis of Letterman U.S. Army Health Clinic sprints past a defender enroute to a touchdown in a practice game against Readiness Group-Presidio of San Francisco Oct. 20. The season opened Monday with Law Enforcement Company beating USAG #2, 12-6 and LUSAHC stomped Operational Readiness Evaluation's team, 28-8.

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IN.6

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- ☐ *You have the same argument over and over with your spouse or partner.*
- ☐ *You have an unexplained urge to break off a relationship just when it's going well.*
- ☐ *You have observed a repeated pattern of broken relationships.*

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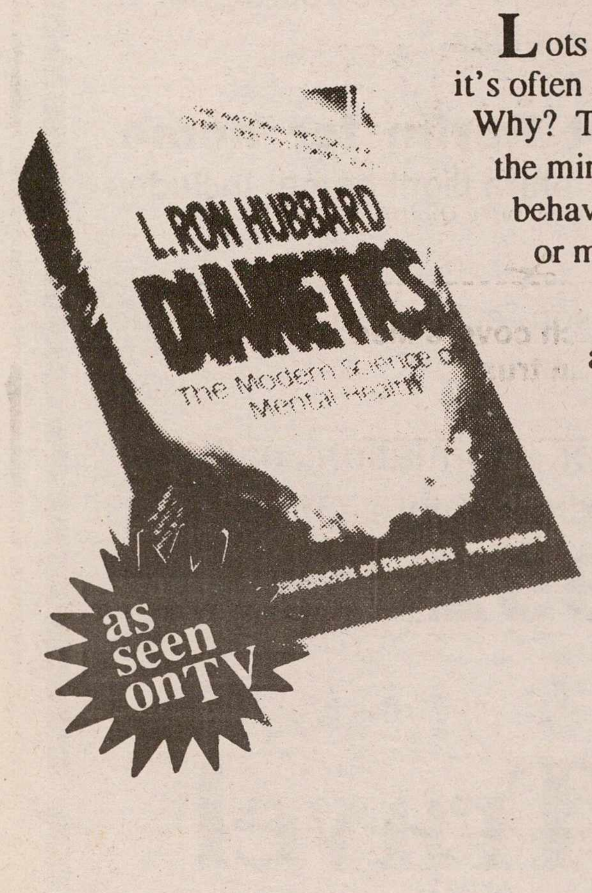
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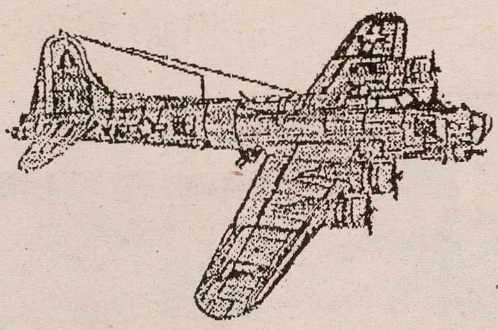
50th Anniversary of

D-Day Tour



May 25 and June 22, 1994

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10 days

Includes 7 dinners and breakfasts

$1,499* twin
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Itinerary:

Day 1: Overnight flight to Paris

Day 2: Arrive in Paris
After morning arrival, depart for your Normandy hotel. The rest of the day is at leisure. Enjoy a welcome dinner that evening.

Day 3: Normandy
In morning, visit Pointe du Hoc Ranger Memorial, the Utah Beach Museum and the 508th Parachute Infantry Memorial. In afternoon, visit St. Mere Eglise, Airborne Museum, U.S. Military Cemetery and the Normandy Invasion Museum. Includes breakfast and dinner.

Day 4: Normandy to Reims
In morning, travel to Reims, passing Belleau Wood and Alsne Marne Cemetery. At Reims, visit the "Red School House" and Reims Cathedral. The remainder of the day is at leisure. Includes breakfast and dinner.

Day 5: Reims to Belgium and Luxembourg
In morning, visit a champagne winery before continuing to Bastogne, Belgium, site of the Battle of the Bulge. Then travel to Luxembourg to visit General Patton's grave at the Third Army Cemetery. Includes breakfast and dinner.

Day 6: Luxembourg to Malmedy, Huertgen Forest Aachen
Leave Luxembourg and visit the memorial to the victims of the Malmedy massacre and the Battle Museum at La Gleize. Continue through Huertgen Forest to Aachen for the night. Includes breakfast and dinner.

Day 7: Aachen to Remagen and Wurzburg
In morning, visit the sights of the Battle of Aachen, then continue to Remagon to the Ludendorff Railway Bridge. Then travel to Wurzburg. Includes breakfast and dinner.

Day 8: Wurzburg to Berlin
Following free time in Wurzburg, travel to Berlin. Includes breakfast.

Day 9: Berlin
Sight-seeing includes the Brandenburg Gate, Charlottenburg Palace, Keiser Wilheim Memorial Church, Kurfurstendamm, Reichstag Building, Checkpoint Charlie Museum, remains of the Berlin Wall, site of Hitler's bunker and the German Resistance Memorial. Enjoy a farewell dinner at hotel. Also includes breakfast.

Day 10: Depart Berlin for home
Depart in morning for return flight home. Includes breakfast.

*All rates are per person, subject to change and availability.

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Star Presidian

Vol. 38, No. 42 | Published for the Presidio of San Francisco Community | Nov 5, 1993

How ghastly!

Sgt. John W. McGarrah

The Main Post Chapel's Cpl. Marina Urroz , as the nurse, holds down Letterman U.S. Army Health Clinic's Spc. John Cook, as he prepares to go under the drill of a diabolical surgeon at the Haunted Hospital here, Oct. 28. For more photographs on Halloween activities at the Presidio of San Francisco, see Page 8.

College loans

Turn to AER for tuition assistance

Soldiers with college-age children often wonder how they can afford education costs. Many people don't realize that part of the answer may be found from Army Emergency Relief.

The AER provides financial assistance through scholarships. This relatively little-known resource can make college possible for many people. To qualify for financial assistance through AER, students must be studying at the undergraduate level or be enrolled in technical or vocational schools accredited by the U.S. Department of Education. Students enrolled in a preparatory school for the service academies also qualify to receive financial assistance.

Scholarships are available through AER. Dependent children can receive scholarships of up to $1,500 per year. To be eligible, students must be 22 years of age or younger, unmarried, and an authorized dependent of an active duty, retired or deceased soldier. Scholarships are awarded based on financial need, academic achievement and individual accomplishments.

When AER merged with Army Relief Society in 1976, Army Relief Society had a small scholarship program for children of deceased soldiers. AER took the program and expanded it. Annually, the AER Board of Managers authorizes an amount of money to be awarded for scholarships. In the 1993-94 school year, for example, $500 thousand was made available for scholarships.

Scholarship money can be used for all education expenses, such as tuition, living expenses, transportation and books.

Students who are awarded scholarships must re-apply each year. Students must be in good academic standing, with a minimum cumulative GPA of 2.0, to receive scholarships. The application is simple. By requiring students to re-apply each year, AER can monitor the progress they are making.

As part of the application, students must submit a family financial analysis and an essay describing their goals and accomplishments. Applications must be submitted by March 1 for the upcoming academic year. Letters to students are mailed in mid-May informing them whether they have been awarded a scholarship and, if so, how much money they will receive.

Army families who want applications for AER Scholarships may request them by writing to Headquarters, AER, Education Department, 200 Stovall Street, Alexandria, Va., 22332-0600, or calling Sharon L. Thomas, assistant AER officer, at **561-5156**.

Provided by Army Emergency Relief

Change: NCOES attendance/promotion link waived for Sgt. 1st Class, Sgt. Maj.

ALEXANDRIA, Va. -- A policy linking attendance at non-commissioned officer education system schools to promotions to the ranks of sergeant first class and sergeant major has been modified, according to personnel officials.

Soldiers who have not completed the sergeants major course or advanced non-commissioned officer course through no fault of their own will not be penalized by withholding their promotion to sergeant first class or sergeant major, officials said. However, soldiers who have previously failed either course are not eligible for a conditional promotion.

Not all eligible NCOs were able to complete the level of NCOES schooling required for promotion because of resource and training constraints in fiscal year 1993, officials said. Earlier policy stated that after Oct. 1, 1993, promotions for otherwise-eligible staff sergeants and master sergeants would be held in abeyance until soldiers completed the required NCOES courses.

The conditional promotion will be revoked if those NCOs are later denied enrollment, become academic failures, fail to meet graduation requirements, become "no-shows" for schooling, or fail to attend schooling during the fiscal year for which they are selected, officials said.

Promotion requirements for the basic non-commissioned officer course and primary leadership development course will remain unchanged, officials said.

Army News Service

PIC Program

Council credited with two hires

By Sgt. John W. McGarrah
Star Presidian Staff

The Department of Labor Job Training Partnership Act, which allocated retraining funds for separated Presidians, has been credited with placing at least two displaced employees so far.

A total of $500,000 was approved by the labor department to assist eligible employees who lost their jobs or for those employees facing the reduction in force through Sept. 30, 1995.

The funds are managed by the Private Industry Council of San Francisco which determines who is eligible for retraining. Eligibility is based on whether the applicant has a need to develop marketable skills for the local area.

The PIC will arrange for skill-building classes and payment for the training if the applicant is qualified. Supportive services such as transportation and childcare can also be provided by the PIC, but approval is strictly on a case-by-case basis. While in retraining, the employee may still draw unemployment insurance.

"We look at the marketable skills of the employee and how they transcribe to the current civilian market," explained Brenda Brown, vice president of operations for the Private Industry Council of San Francisco, Inc. "Our decisions are very cut and dried, because we look at an employee's history from the veil of civilian employers. We make our decision based on the background of the employee and what they have to offer the market."

Gregory DeJean, the former editor of the Star Presidian who lost his job in the Jan. 9, 1993 reduction in force, is one of the people who has been helped by the program. The Private Industry Council sent DeJean to a graphics design course at San Francisco's Platt College. "I needed to upgrade the skills that I had already cultivated so I could compete better in the job market," DeJean explained. Not only did the Private Industry Council cover the costs of the five-month course, but they also provided transportation passes during the course of the training. "The Private Industry Council was extremely helpful and substantially supportive at a very difficult time helping me obtain the training I needed," he added.

On Sept. 9, DeJean was hired by the Robert Mattoch Printing Company. "I would have to say that the PIC is very worthwhile. The staff is set up to address an individual's needs on a multifaceted level," he said.

Resources

The PIC is located at 1049 Market Street, fourth floor, San Francisco, CA 94103. Their telephone number is **621-6853.**

The Employment Development Department, which provides job placement services, is located at 801 Turk Street, San Francisco, CA, 94102. The phone number is **557-2977.** Marquita Mays, a staff member at the EDD, is available by appointment on Thursdays at the Civilian Personnel Office Job Resource Center to assist Presidio employees with job placements. Please call to make an appointment.

Magdalena Campos, an employment and training advisor/counselor with the Private Industry Council, is also available by appointment on Mondays at the Presidio of San Francisco Civilian Personnel's Job Resource Center. Call **561-2430** for information or to make an appointment.

DEPARTMENT OF THE ARMY
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REPLY TO
ATTENTION OF:

COMMANDER'S VETERANS DAY MESSAGE

Today, we salute and pay tribute to the millions of American veterans who have risked their lives to protect our nation, our people and our ideals. For more than two centuries, our veterans have faithfully served our great country in times of peace and times of war. Always prepared to act as peacemakers, they also had to be prepared to meet our Army's only true mission and reason for existence... to fight and win America's wars!

Veterans Day should be a time of reflection as we consider the sacrifices made by generations of Americans who fought to gain liberty and fought even harder to keep it! There are over twenty-seven million American veterans living today. They represent all races and ethnic groups. They are of every creed and belief. They are men and they are women.

Even as we honor every veteran, from the first citizen soldiers at Lexington to our victorious warriors of Desert Storm, we should give special attention to this year's theme, "American Women in the Military: A Proud Heritage." Now numbering nearly two million, their service has been crucial to our nation. So, as we rightfully honor our great veterans, let's remember every veteran.

Because of their sacrifices and triumphs, we can look to the future with more hope than ever before. Let us remember and honor those who did so much to make this possible... our veterans. They deserve no less!

Glynn C Mallory, Jr

Glynn C. Mallory, Jr.
Lieutenant General, USA
Commanding

Security corner

If it sounds too good to be true, it is!

Like you, we at the JAG office have heard the saying, "It's too good to be true." Well, if it sounds too good to be true, it is.

Recently, you may have received a mailing from a business called SSI/OPC. In the envelope, you found a note telling you that, as "Mom and Dad," you have the "opportunity to receive, without retail cost," a gift "valued higher than $70." First, you should note that "without retail cost" does not mean without any cost. Second, the note does not tell you that you have been awarded anything; it tells you that you have an "opportunity" to be awarded the gift.

Another problem is that to claim your "gift," you have to fill out and return a card. The card asks for your address, employment data, family data, and your home telephone number. Provision of this information to someone you don't know is seldom a good idea. At the very least, you are likely to receive commercial solicitation telephone calls at home and your name, address, and telephone number may very well be sold to other businesses that conduct mail and telephone solicitation.

We at the JAG office can't tell you not to respond to solicitations like this one, but you must be very careful. In this case, for instance, the City of Las Vegas Better Business Bureau reports that the return address placed on the card is not a corporate office. In fact, it is merely a mail drop. Further, while they have no records of a complaint against this business, they have asked that we forward a copy of the mailing to them for their review.

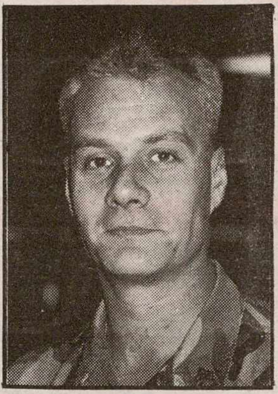
The market place can be a dangerous environment, and we hope that you will protect yourself in all of your dealings with every business that you encounter. Is the "deal" offered by SSI/OPC a good one? We don't know. We do know, however, that telling strangers all about your family, including when you will be home, is a very bad idea.

If you have any questions about this or any other consumer issues, please call the JAG **before** you do or sign anything. Our telephone number is **(415) 561-4273.** In the meantime, as they used to say in "Hill Street Blues," "Let's be careful out there."

Submitted by JAG

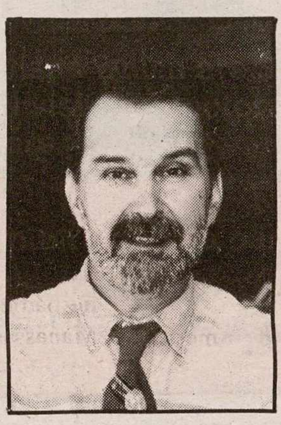
Ask Presidians

What comments or concerns do you have which you would like the garrison commander to address?

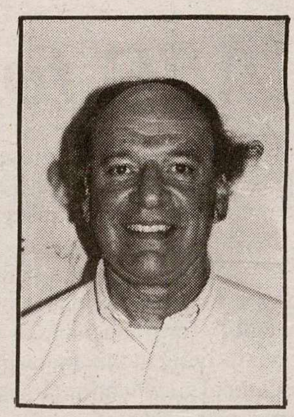


Sgt. 1st Class John Penstock, inspections division, Inspector General's Office: "Now, since the Sixth U.S. Army headquarters is staying here, will the Post Exchange and Commissary continue to serve us?"

M.J. Helgerson, outplacement specialist, Civilian Personnel Office: "What is going to happen to the Navy families living on the Presidio when it closes? We've heard two stories: one that we will stay in post housing, or the housing we are in will be destroyed. Should we start thinking about moving?"



Gary Stella, Civilian Personnel Office: "I'd like to make him aware of the serious difficulties civilians will have trying to relocate within the Bay Area due to the poor employment situation. It may be necessary for many to leave the Bay Area entirely."



Isadore Rosenthal, chief, staff classification Division, CPO: "My biggest complaint is what seems to be a universal problem here with impatient people wanting things yesterday, and those who do a lot of finger pointing when things go wrong. Let us do our jobs with mutual respect for all."

Eva Sorrough, retired family member: "I'd like to ask Colonel Renn to keep retirees in mind when closing down or cutting back on Commissary, Post Exchange, or medical facilities here. My husband's 80 years old, and we can't commute or handle the heavy traffic to get to other facilities."

Interviews by Sgt. John W. McGarrah

Star Presidian

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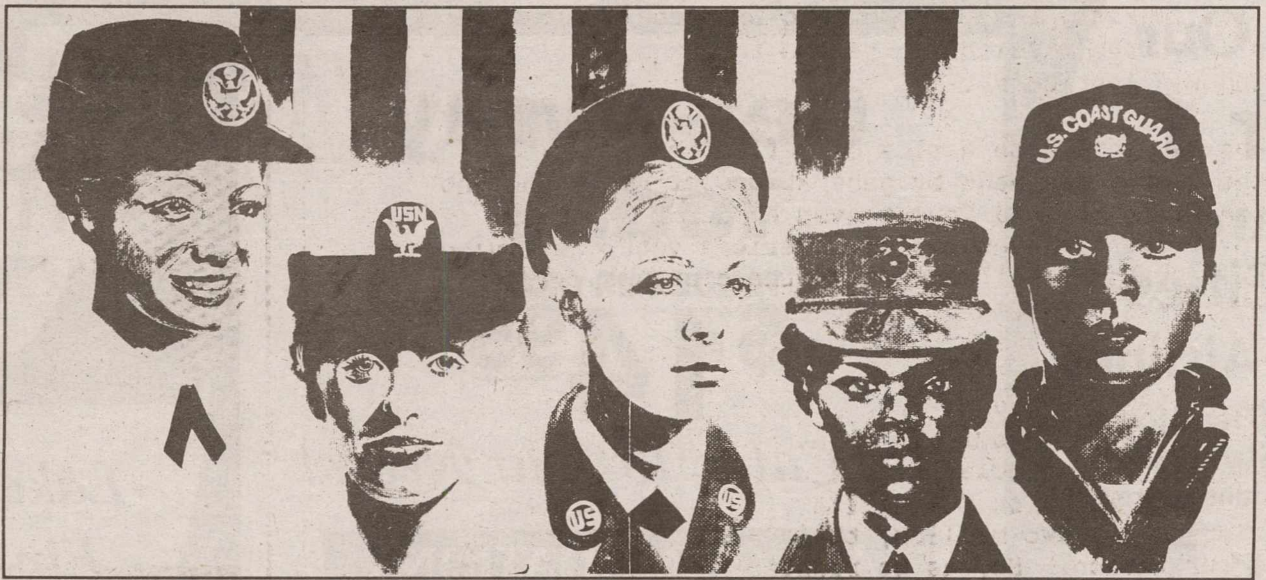
Women in the military: A heritage to be proud of

Editor's Note: This is the first installment of a special series of articles on women veterans:

On this day of honor and tradition, we reflect on the deeds of our nation's veterans. We remark on their bravery, selflessness and sacrifice. It is right that we do this. The strength of our nation rests with those who defend it -- who keep and protect it for the generations to come.

There is one group of veterans, now numbering nearly two million, who until recently have gone unnoticed. Our failure to recognize them properly is a grave oversight, for their quiet, selfless service has been crucial to our nation. When the nation called, they were there. When no longer needed, they returned quietly to traditional roles. Today, lest we forget, we must first remember -- remember what they did, recognize their deeds.

These very special veterans we honor today are all the women who ever served in defense of our nation. From the American Revolution to the present, the women in our military have a proud heritage -- one that predates our democracy. Let's take a walk through history--or in this case, "*herstory*."



Shining examples

•Molly Pitcher, whose real name was Mary Hayes McCauly, earned her nickname by carrying water and grog to her husband and other American artillerymen of the Revolution. She earned her fame, however, at New Jersey's Battle of Monmouth on June 28, 1778. When her husband collapsed in battle, she immediately took his place, firing the cannon until the battle was over.

There were others during the American Revolution:

•Margaret Corbin, like Molly Pitcher, followed and helped her husband from camp to camp. She, like Molly, took her husband's place when he fell in battle -- at Fort Washington, New York.

•Mad Ann Bailey, an expert shot and a skilled horse woman, served as a scout, spy and messenger.

•Sarah Fulton delivered dispatches through enemy lines.

•Deborah Sampson, disguised as a man, enlisted and served for three years in the Revolutionary army. She was injured twice, the second time by a musket ball deep in her thigh. She treated her own wounds to avoid detection. But finally, when she fell unconscious and was near death, a doctor treating her for "malignant fever" discovered she was a woman. Quietly discharged from the army, she later was awarded a disability bonus and a pension of four dollars a month.

In the years following the Revolution, women helped settle the frontier. When part of a military family, they traveled and lived at various posts, camps and stations throughout our nation. They suffered the same privations and endured the same hardships as their soldier husbands. They also served.

When our nation divided in 1861, so too did the women of our nation. They served in the forces of the Confederacy and the forces of the Union, mostly in traditional roles such as cook and nurse. Others served as scouts and spies. As in the Revolution, some women enlisted using an alias. One such soldier was Sarah Edmonds. She initially served as a male nurse, but later became a spy in the secret service of the Union. Edmonds was a master of disguise. Able to pass as a man or woman -- black or white -- she infiltrated Confederate lines 11 times in 1862 and 1863.

Dr. Mary Walker was the first woman doctor in the U.S. Army and the only woman ever to be awarded the Medal of Honor. At first word of the Civil War, she requested a commission. It was denied her. While appealing her case, she served as a volunteer in a hospital established at the U.S. Patent Office. Later she followed the battles, working in the surgeon's tent at Manassas and Fredericksburg, VA. -- still a volunteer, still unpaid for her services. She continued her volunteer service until 1863, when she was ordered to serve with the 52nd Ohio Infantry Regiment.

Walker was to replace a surgeon, a man killed in the battle of Chickamauga. Although her medical superiors questioned her credentials and competency, she stayed with the unit, riding daily by horseback to attend to the sick, soldier and civilian alike, around war-ravaged Chattanooga. It was performing this service that led to her capture by the Confederates in April 1864. She remained a prisoner of war for four months, then gained her freedom in a prisoner exchange. "It was always with a source of pride to [Dr. Walker] that she was exchanged 'man for man,'" said Researcher Jean Gillette. After being released, she received the grand sum of $436.36 for her work and time in captivity.

Changing roles

Gradually, the role of women began to change. In 1901, the Army Nurse Corps was established, then, in 1908, the Navy Nurse Corps. By the end of World War I, the number of women who had served in these two corps was 34,000.

America first recruited its women for military service during WWI. The first to enlist were Navy yeomen, in March 1917. The First women Marine reservists enlisted in August 1918; there were 305. There were also a few Coast Guard yeomen including the Baker twins, Genevieve and Lucille, who enlisted in 1918. These women served mostly as clerks, translators and radio electricians.

In 1917, General John Pershing, commander of the American Expeditionary Forces, requested bilingual enlisted women to serve on the front lines as telephone operators. But the law at that time allowed women to join the Army only as nurses. The Army found a way to bypass the law: 223 civilian women volunteered to serve in England and France under contract with the Army's Signal Corps, beginning in March 1918. These civilian volunteers were known as "hello girls."

Of the others who volunteered for military service, about 10,000 were assigned "over there" in Europe. They had no rank, no benefits, and no entitlements. Still, they had volunteered. At war's end, when they were no longer needed, they returned quietly to civilian life.

WACs and WAVES

As the specter of another world war loomed on the horizon, the role of women in the military continued to change. The War Department considered women for "quasi-military operations." In May 1942, the Women's Army Auxiliary Corps was established -- soon to become the Women's Army Corps, whose members were called WACs. Two months later the Navy founded the WAVES -- Women Accepted for Voluntary Emergency Service. In November 1942, the Coast Guard created the SPARs, an acronym deriving from the Coast Guard motto: Semper Paratus--Always Ready. The Marine Corps established the Marine Corps Women's Reserve but gave its members no nickname or abbreviation; women in the Marine Corps were simply called Women Marines. The last organization established for women fell under the U.S. Civil Service. It was the Women's Airforce Service Pilots, and its members were known as WASPs.

The War Department had hoped to recruit 500,000 women. By the end of the war, 350,000 women had served in the military. Only about 280,000 of them, however, remained in service. Of the 12 million U.S. service members in June 1945, women comprised 2.3 percent.

Once in the military, women had other obstacles to overcome: they couldn't give orders to men, their ranks were different, and their pay was less. Of the military services, only the Army allowed them to serve overseas, and laws restricted the ranks of the directors and officers.

Ann Carl, a WASP pilot during World War II, ferried gunnery-training targets at Camp Davis, North Carolina, and later tested fighters and bombers at Wright Field, Ohio.

"We felt we were lucky to be doing what we were doing. We would have done the whole thing free of charge. We would have paid to do it!" she said in a recent interview with **USA Today**. Now that's patriotism. She did it for her country; they all did it for their country. Says historian Linda Grant DePauw: "They were not opening doors to women. They were in there to defeat the Nazis or the Japanese."

The women who served did so in a wide variety of specialties: transportation, maintenance, intelligence, communications, aviation, administration, and even training pilots and gunners. All were trained as non-combatants, even though WACs overseas often served in hazardous zones.

Staggering statistics

•About 1,500 WACs assigned to London were exposed nightly to attacks by buzz bombs. Seventeen of those WACs received the Purple Heart for injuries received.

•A platoon of WAC communications specialists accompanied the advance headquarters party of Gen. Mark Clark's V Corps as it entered Italy. For three to six months these WACs were within range and sound of enemy artillery?

•Sixteen nurses were killed in action during World War II. Sixteen-hundred were decorated for meritorious service and bravery under fire. Sixty-six Army nurses, captured during the Japanese invasion of the Philippines in 1942, cared for sick inmates in the Santo Tomas civilian internment camp until U.S. forces freed them in February 1945.

•Nurses followed Allied forces ashore five days after the first Allied landing at Anzio. Six nurses later were killed in bombing attacks by the Germans.

At war's end, nearly all women in military service returned to civilian life. Nearly all, but not all! As in no previous post-war period, a small nucleus of women was allowed to remain on active duty. By 1947, these women numbered only 14,500 in the Army, Navy, and Marine Corps. They were few in number, but still they served in the U.S. armed forces wearing the uniforms of the American military.

Part two of this Army Public Affairs special series will run next week.

Veteran's Day: *A time to remember those who serve*

by Sharon E. Everett-Roles
Star Presidian staff

I guess it's a little odd for a civilian to be writing about Veterans' Day. I volunteered for this assignment; while I've never served in uniform, I have a number of friends and family members who did (and still do). That's why this particular day has special meaning to me.

When I first came to work for the Department of Defense eleven years ago, I had never really been exposed to the military. After all, my father had left the Air Force when I was a baby. I never imagined I would become so close to so many people in uniform as a result of my employment.

Some of my friends are penpals whose faces I have never seen -- a handful of Desert Storm veterans who answered my "any service member" letters and who became as close to me through our correspondence as if I had known them all my life. Scott, Will, Ken, Doug and the rest will always be very dear to me.

And then there are the people with whom I work and socialize every day. Some have served in combat. Some have been in uniform for only a few months. Some have been overseas, and some have never been more than a few hours from home. They represent all walks of life and all services. So, here's a special salute to John, Plezz, Adrienne, Jim, Jeff, Riley, Tom, Kathy, Mike . . . if I listed everyone, there'd be no space left for my family members!

My grandfather, who served during World War II in North Africa and at Normandy. My uncle Roy, who was at Pork Chop Hill. My father, who was in Vietnam. My husband, Don, who served in South Carolina and Germany before coming to the Presidio of San Francisco, where we met.

For me, Veterans' Day is a time to pay tribute to those friends and family members who have given of themselves to protect the freedom of our country.

For others, among them my friends and family, it is a time to remember fallen comrades. It is a time to remember Panama, Grenada, Kuwait, Vietnam, and Somalia.

It is a time to show appreciation to our brave men and women in uniform -- to say "thank you" for the sacrifices they have made.

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1. Drain oil-refill with Kendall or Penzoil-up to 5 quarts.
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(21 lifts to serve you)

Affordable Auto Repair
Smog Stop
4199 Mission Street (next to Cala) nr Silver
334-7664 M-F 8-4:30 • SAT 8-5

Presidio News Briefs

Health fair held for open season enrollment

Open season for the Federal Employees Health Benefits Program will be from Monday through Dec. 13. This is the annual opportunity for employees to join if not already enrolled, or if enrolled, to change health plan coverage. If employees are enrolled and do not wish to change, their current enrollment will continue without any additional actions needed. Employees who decide to enroll or change current enrollment during open season, must file a Health Benefits Registration Form (Standard Form 2809) in time for it to be received in the Civilian Personnel Office by Dec. 13. New enrollments and changes to current enrollments will become effective Jan. 9, 1994.

The Civilian Personnel Office has scheduled an open season Health Fair from 9 a.m. until 4 p.m. ,Tuesday, in the Sixth U.S. Army Conference Facility, Building 35, to help civilian employees choose a plan. Employees may drop in anytime during those hours. Representatives from various health plans will answer questions concerning health plan benefits. Brochures will be available during the fair. For information, call the Civilian Personnel Office at **561-5621**.

Area coordinators' meeting held in CCR

There will be an Area Coordinator's Meeting at 3 p.m., Nov. 18, in the Command Conference Room, second floor, Building 220. For information, call Master Sgt. Amelia Tsukuda, NCOIC, Family Housing Branch at **561-6172**.

Christmas concert needs young singers

Presidio youths ages 8 years and older are needed to fill slots in the Youth Choir for the annual Presidio Christmas Concert, Dec. 7. If you are interested in singing, please plan on attending a practice from 5 to 6 p.m., Tuesday at the Main Post Chapel. For information, call **673-0767** between 4 and 5 p.m.

HAAF New Year's Eve celebration planned

Tickets for the Sixth Annual New Year's Eve Bash will soon be on sale at the DoD Housing Facility Recreation Services Office at Hamilton Army Air Field, Novato, Calif. The celebration will be from 8 p.m. to 1:30 a.m., Dec. 31, which falls on a Friday night. Guests can bring their own hors d'oeuvres and other favors to share with others. For information and reservations, call **382-4210**.

Education center offers computer courses

The **Advanced WordPerfect** course will be offered free of charge from 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, Nov. 16 to Dec. 14. This course is free. Active duty soldiers have priority, followed by Department of the Army civilians who work on post. Army Reservists, other military and family members may enroll on a space-available basis.

To register, see Kay Terry at the Presidio of San Francisco Education Center, Building 1216, Fort Scott.

Red Cross first aid classes are available

The American Red Cross is offering a community first aid and safety class from 6 to 10 p.m. Nov. 15 and 16 in Building 97, by the Pershing Square flag pole. The fee is $12 for active duty soldiers and $20 for civilians. To register, call Catherine Hong at **561-2187**.

Mansion tour offered by Spouse Club

Take a trip back in time and enjoy a turn-of-the-century holiday as the Presidio Officers' Spouses Club tours the 37-room Colonial Revival Dunsmuir Mansion, Dec. 2. The visit will include a stop at the Covington Marketplace and a boxed lunch at the Pavilion. Tour reservations and payments must be received by Nov. 15. For information, contact Christine Mathis at **346-6712**.

Benefits workshop scheduled for veterans

There will be a peer counseling workshop designed for veterans only from 9 a.m. to noon, Monday, in the Civilian Personnel Directorate training room, Building 37.

The session will address concerns, benefits and needs of veterans. The presenter will be Chester Davidson, a veteran's employment representative from the State of California and a disabled veteran. He will provide information concerning the labor market and veterans rights. All veterans and pending veterans are strongly encouraged to attend this session. Call Ann Williams of the Civilian Personnel Office at **561-2809**. Space is limited.

Post commissary closes for Veterans Day

The Presidio of San Francisco Commissary will be closed Thursday to observe the Veterans Day holiday. The commissary will reopen for business at 10 a.m., Nov. 12.

See Briefs, Page 10

Vet PULSE

Be part of the tribute to those who gave their best. Place your ad in the Veterans Day issue.

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"I shall return" — Gen. Douglas MacArthur

50 years ago

Gen. MacArthur leaves his mark on history

See MACARTHUR, Page 3

Vet PULSE

FOR THE VETERANS OF NORTHERN CALIFORNIA

Friday, October 8, 1993

Volume 1, No. 31

At a glance

Mother Memories Page 3
Fleet Week Schedule Page 4
Military Conversion Page 10

DoD health care overhaul means changes in retiree benefits

By MSgt Merrie Schiler Lowe
Air Force News Service

WASHINGTON—The Department of Defense will overhaul its health care program as part of the national health care reform proposal outlined by President Bill Clinton Sept., 22.

their families would pay about $60 per person or $100 per family.

Military beneficiaries age 65 and older could apply for enrollment in the plan; however, they could be turned down based on the number of enrollments by people younger than 65 Pantaleo said.

Seniors who cannot join Tricare could still use Medicare and receive "enhancing coverage" for prescription drugs and some long-term care under the president's proposed health care reform.

Once Tricare is in place, military beneficiaries would receive all their medical care through a network of military facilities and contracted civilian providers within each geographic region. DoD is currently dividing the nation into 12 regions.

Under both the civilian program outlined by President Clinton and Tricare, everyone would be assigned a primary care giver who could prescribe treatment or refer the person to another provider or specialist within the same plan, Pantaleo said.

However, Pantaleo added that families could change doctors as long as they select someone within the same plan.

Participants in the Tricare plan would pay for each visit to a contracted civilian doctor. The families of active-duty E-4s and below would pay $5 per visit, while families of higher-ranking active-duty members, including officers, would pay $10 per visit.

Retirees and their families would

Retirees and their families would pay about $50 per person or $100 per family.

See HEALTH, Page 2

Youngsters watch Yeltsin work his magic

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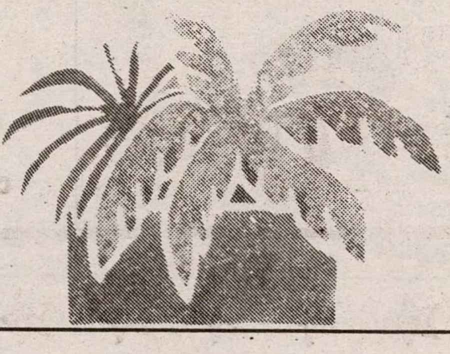
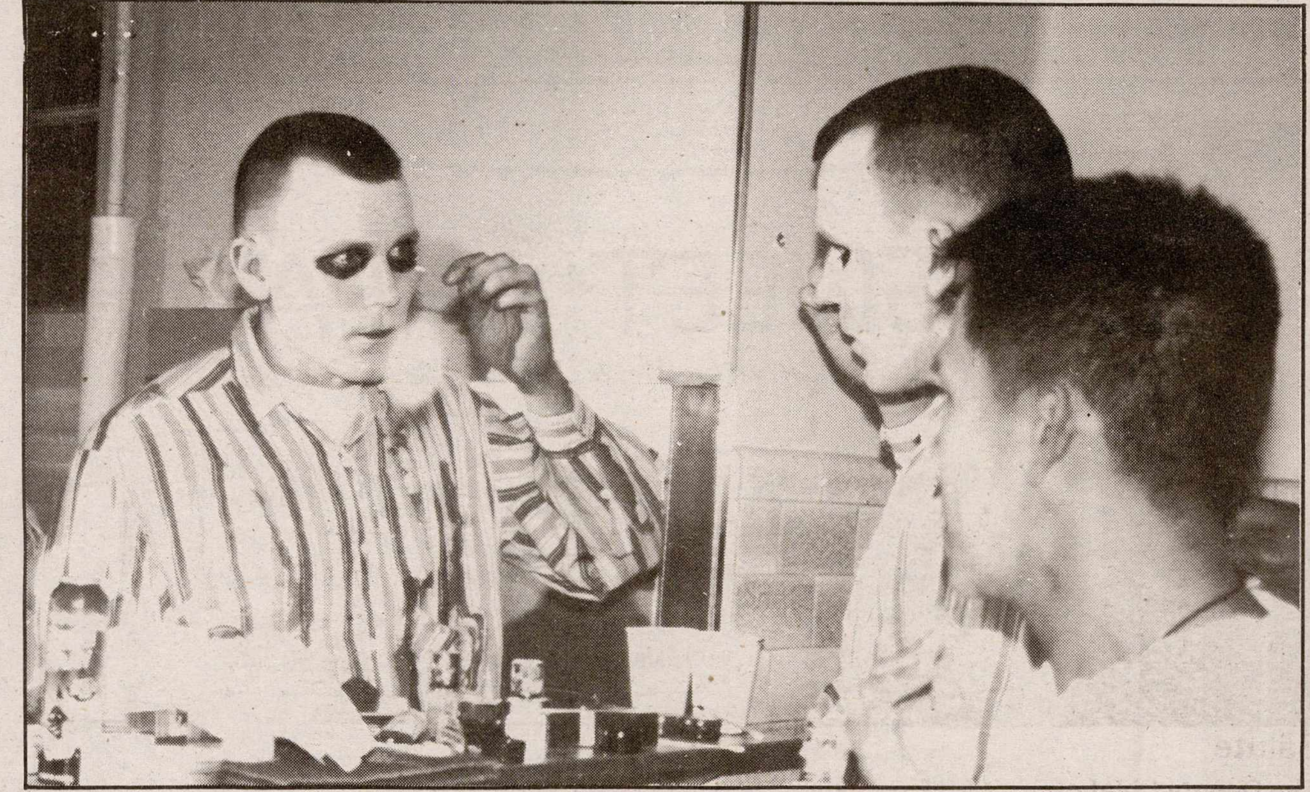


885-BAJA **885-BAJA**

Halloween brings high *spirits* to the Presidio



Staff Sgt. Pleasant Lindsey III

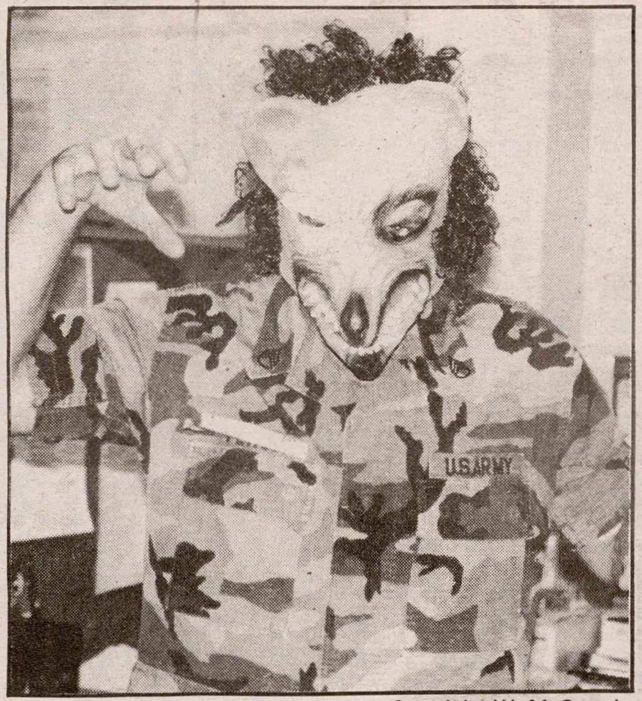
Spc. Thomas Garrison, Hq. Co., USAG, applies his ghostly make up before the opening of the "Haunted Hospital." The haunted house took the talents of soldiers from all post units to work for a good cause--"Hands Across the Presidio."

Sgt. John W. McGarrah

Staff Sgt. Catherine Ricks, Headquarters Command Battalion, is a scary apparition at the Haunted Hospital.

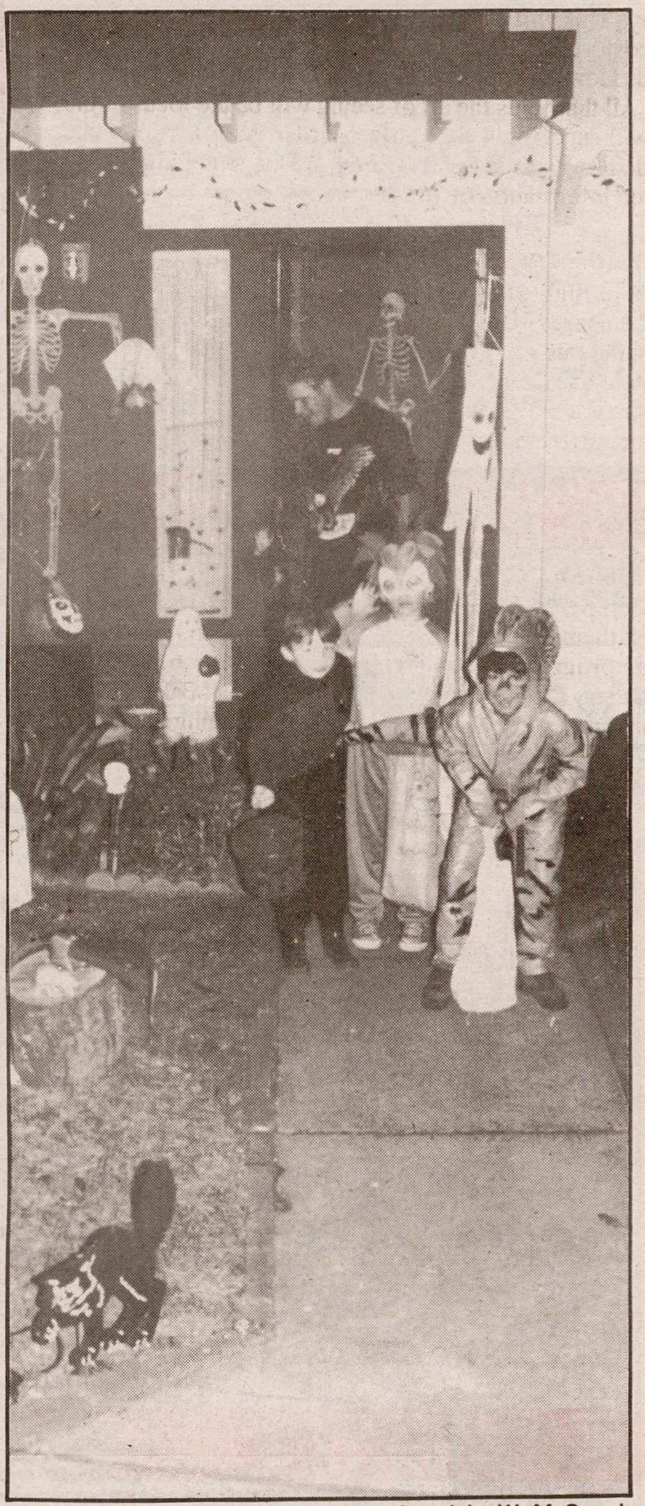
Sgt. John W. McGarrah

A little "beauty" holds tight to her candy while making the rounds on All Hallow's Eve on the Presidio of San Francisco.



Sgt. John W. McGarrah

The unknown werewolf wanders the hallways and offices of the Sixth U.S. Army Headquarters building Oct. 29 in search of a small treat.



Sgt. John W. McGarrah

Those trick or treaters with nerves of steel find a spooky greeting at a quarters on Battery Caulfield Road Halloween night.

Sgt. John W. McGarrah

A happy trio of Pumpkins at Quarters 1713 lights the way for trick or treaters Halloween night.

GGNRA offers tours, classes on the Presidio, the surrounding area

Saturday

A walk through Presidio history

A walking tour through the Presidio's main post will be held from 10 a.m. to noon. Join a ranger for a tour of the Presidio covering more than 200 years of San Francisco history, historical architecture, cultural landscapes, and natural history. Find out about how this Army post is becoming a National Park. Meet the walk leader at the Presidio main post flag pole. Reservations are required and can be made by calling **556-0865.**

Guardians of the Golden Gate

Learn about the guardians of the Golden Gate in the Marin Headlands from 1 to 3:30 p.m. Take a peek at the history surrounding the bunkers and gun emplacements of the Headlands. Hear stories from the days of the first earthwork battery through the Nike missile era.

Meet historian Paul Curry at the Marin Headlands Visitors Center. Reservations are required. Call **331-1540**.

Entering the Bay Area tidal zone

Join us for a close up look at mysterious ecological habitats of Fort Point's shoreline in a special hand's on program from 10 to 11 a.m. Dress warmly for this class. Rain will cancel. Call **556-0865** to make reservations.

Tour the coastal defense batteries

Learn about seacoast defenses at Baker Beach from 12:30 to 1 p.m. Learn the military history of Battery Chamberlain and participate in a rifle demonstration. Meet the ranger at the gate to the battery. No reservations required.

Beginning birding instructions offered

A class on beginning birding will be held from 9:30 to 11:30 a.m. Sunday. This will not be a walk to count how many species of finches exist, rather, it will be a class on which bird book works best for you. How do you get the bird in the binoculars before it flies away? All that, plus the art of seeing will be the focus of the day. Rain will cancel this class. Meet birder Peter Ritson at the Marin Headlands Visitors Center. Reservations are required. Call **331-1540** for information or to make reservations.

Go fly a kite - for endangered species!

Rare kites in flight: Let the Marin Headlands' wind carry the message of endangered species throughout the world. Design and make an animal kite and fly it on Rodeo Beach from 1 to 3 p.m. Meet Ranger Diane Dobos-Bubno at the Marin Headlands Visitors Center. There is a materials fee of $2. Reservations are required, and can be made by calling **331-1540.**

Sunday

Find the art in nature

Discover the beautiful shapes and colors of nature from 1 to 2:30 p.m. and use them to create original works of art. This is a parent-participation program geared for children ages 4 to 6. Meet the Ranger at Battery Chamberlain, on the North end of Baker Beach. Reservations are required, and can be made by calling **556-8371.**

What's Bugging You?A miniature monster?

Shrieks aside, autumn's warm days make for fine insect watching. Look for flying and crawling critters then try you hand at making our own to take home. Class is from 11 a.m. to 1 p.m. at the Marin Headlands Visitors Center. Meet Ranger Gail Lester. Reservations are required and there is a class fee of $1. Call **331-1540** to reserve a slot.

The Headlands: From rockets to rangers

Imagine serving as a soldier while you explore an anti-aircraft missile site. Staff and Nike veteran volunteers interpret the era and explain what a former missile base is doing in a National Park. The tour is from 12:30 to 3:30 p.m. at Nike Site 88 on Field Road.

Presidio architecture , cultural landscape:

Imagine the historic buildings and landscapes on the Presidio and see how the post developed since 1776. Many styles of architecture will be seen, so bring a camera. The tour is from 1:30 to 3:30 p.m. Meet a park ranger at the flagpole in front of the officer's club at the main post. Rain will cancel this tour.

Nov. 12

Great Highway Beach Party Campfire

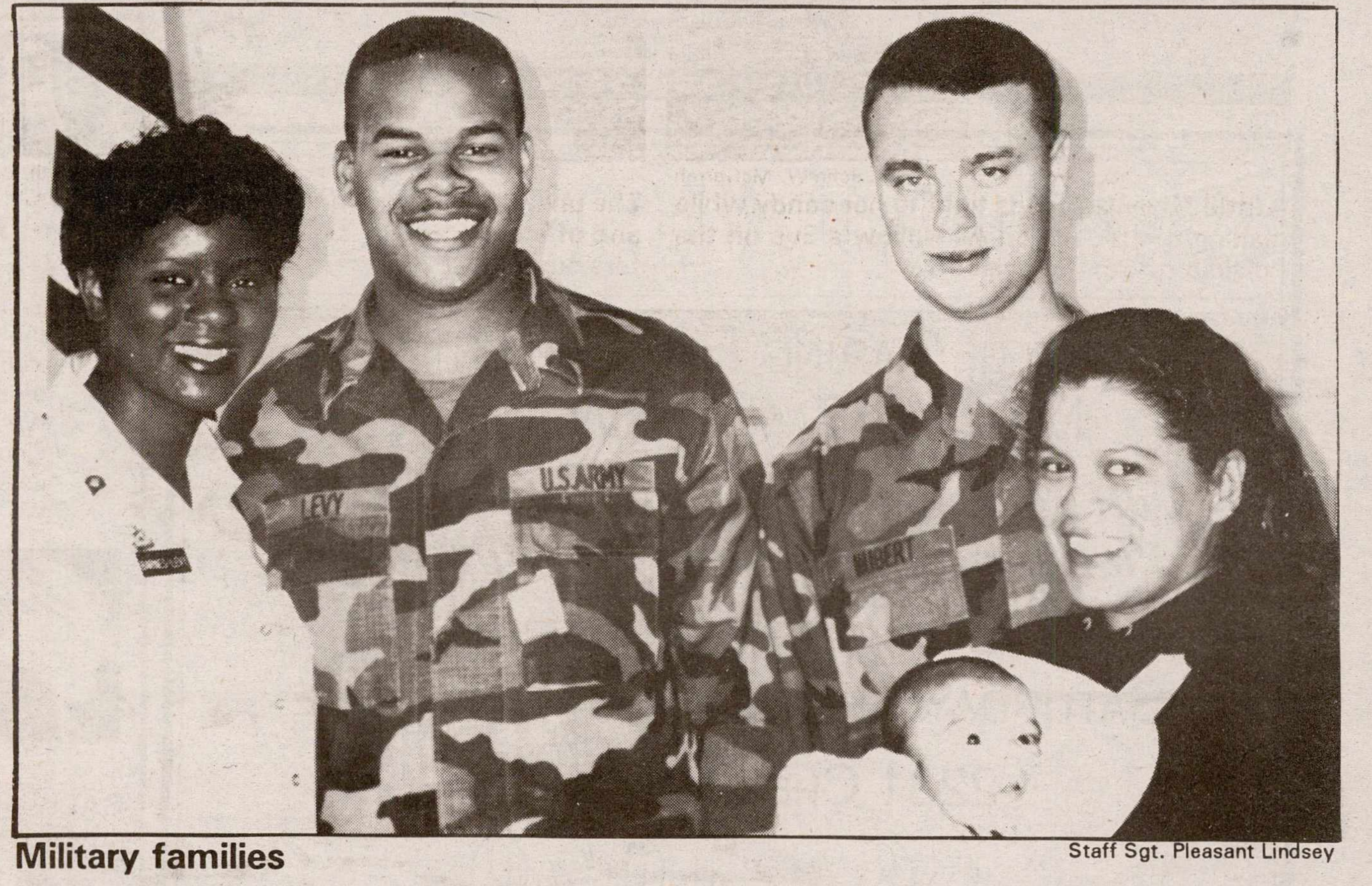
Join a ranger for an hour long program and enjoy the beach at Lincoln way and the Great Highway. Bring sweaters and marshmallows. No reservations needed.

Salute

Photos by Sgt. John W. McGarrah

The Deputy Chief of Staff for Personnel Office here held a ceremony, Oct. 24 to honor some outgoing and retiring employees and some that are staying right here. Capt. John W. Perfetti, left bottom photo, received a Meritorious Service Medal upon the completion of his tour at the Presidio of San Francisco. Cpl. Mary Ann Nolan, right bottom photo, received an Army Commendation Medal upon the completion of her tour of service here. Marian Overstreet, center bottom photo, a long-time (24 year) Presidio of San Francisco employee, received a Superior Civilain Service Medal and cash bonus upon her retirement from federal service. Paula J. Rydolph, Angela R. Fleming, and Overstreet, pictured above with Col. Giles Crider, Sixth U.S. Army chief of staff, and Maj. Brady Lawrence, DCSPER chief, received Department of the Army certificates of commendation and cash bonuses.

Promotions



Military families

Staff Sgt. Pleasant Lindsey

Issac Levy, pictured here with wife Spc. Yolanda Barnes-Levy, and Kevin Hubert, pictured with wife Fatima and child Kevin, both of the Military Personnel Center here were promoted to the rank of specialist this week.

Briefs, *continued from Page 5*

Post flea market set for tomorrow

The next Flea Market is scheduled for 7:30 a.m. to 1 p.m., Saturday in the parking lot in front of Building 204. A valid military identification is required to rent a vendor space. No reservations are needed. The Thrift Shop will be open for sales to the public from 9 a.m. to 1 p.m. For information, call **922-3384**.

Center offers college entrance exams

The post's college hopefuls will have a chance to take the CLEP and GMAT entrance examinations here on post.

The CLEP English with Essay general exam will be given at 1 p.m., Jan. 11, 1994 in the Presidio Education Center, Building 1216. This examination is given free for the first time to active duty or reserve military personnel attending, or planning to attend, colleges which accept this test rather than the multiple-choice CLEP English general exam. Family members, Department of Defense civilians, and retirees may take the test for a $40 fee. The test must be ordered in person by Dec. 7 at the Education Center.

The Graduate Management Admission Test will be held from 7:30 a.m. to 12:30 p.m., Jan. 18, 1994 at the Education Center. The GMAT is given free the first time to active or reserve military personnel who plan to pursue a master's degree in business. Soldiers who retest must pay a $52 fee. Tests must be ordered no later than Dec. 15 during an in-person counseling session at the Education Center.

For information about testing, call the center at **561-4445** or **561-2974**.

ADMIT ONE

Movies at the

Presidio Theatre

Tonight-The Thing Called Love (PG)
Saturday-A Man Without A Face (PG-13)
Sunday-Only The Strong (PG-13)
Nov. 12-The Thing Called Love (PG-13)
Nov. 13-Striking Distance (R)
Nov. 14-Warlock II The Armageddon (R)

All movies begin at 7 p.m.

1296 E-54

Youth Services sets parents' meeting

The next parents' council meeting will be from 4:30 to 5:30 p.m., Tuesday, at the Youth Services, Building 386. The topic will be the World Teen Summit Issues and Resolutions. Future plans for the Presidio's teens will also be discussed. Your input is important, so mark your calendar and plan to attend this meeting. For information call Youth Services, at **561-5143**.

Club to host Thanksgiving feast

The Golden Gate Community Club, Building 135, is hosting a Thanksgiving meal at noon, Nov. 29, for a $5 suggested donation. The Sixth U.S. Army Band will perform. Tickets are available at the Main Post Chapel. Call **561-4711** for details.

Lost keys found at LUSAHC

If you recently lost or mistakenly left your keys at Letterman U.S. Army Health Clinic waiting room/Pharmacy area, see Sgt. Richard Cato at outpatient records or call **561-3607** during normal business hours. Be prepared to identify the lost items.

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Matching Chair*

But, where will they sleep?
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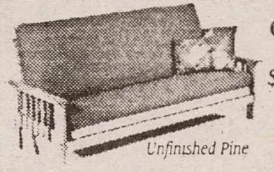
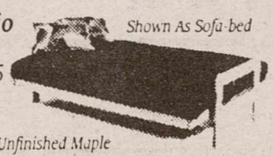


Olympia • New Rojo
fullsize sofa frame
$145.95 • $171.95
*matching chair
$78.95 • $86.95



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329-1204

• SAN JOSE •
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Attention all Presidio parents: The Letterman U.S. Army Health Clinic Pediatric Clinic is open and will remain open until May 1994!

There are currently two pediatricians, Dr. Carolyn Avery and Dr. Gary Levine, who are providing total, comprehensive, out-patient pediatric medical care weekdays.

The clinic also has the services of several pediatric sub-specialists, a pediatric developmentalist, a pediatric endocrinologist, and a pediatric cardiologist, on a referral basis only.

All active duty Presidio families should enroll in CHAMPUS Prime (in case civilian care is ever needed) and should designate Letterman U.S. Army Health Clinic as the primary care provider.

To make appointments with a pediatrician, call the central appointment system at **561-5324.**

The clinic is also offering walk-in vaccinations from 8 to 11:30 a.m., Mondays through Fridays, and 1 to 4 p.m., on Mondays through Thursdays.

"We strongly encourage parents to always see a pediatrician for all their child's medical needs," said Avery. "However, should your child get sick after clinic hours, and you don't feel the child can wait until the next morning, bring your sick child to the Acute Care Clinic at Letterman U.S. Army Health Clinic.

"They will evaluate your sick child Mondays through Fridays until 7:30 p.m., and Saturdays/Sundays/holidays from 8:30 a.m. to 4:30 p.m.

"In a true medical emergency, or if you feel your sick child cannot wait for the Pediatric Clinic or the Acute Care Clinic hours, go to the nearest civilian emergency room," she added.

You may call and speak to the Acute Care Clinic doctor or nurse at **561-2447** during evenings and weekends.

To enroll your family in CHAMPUS Prime, please walk in to the Patient Service Center, open Mondays through Fridays from 7:30 a.m. to 4:30 p.m. or call **561-4509**.

Submitted by LUSAHC

Presidio of San Francisco Environmental Open Forum

This forum is an opportunity to hear what actions the U.S. Army is taking in the cleanup of the Presidio, ask questions, meet the staff responsible for the cleanup, and see the study areas.

Time: *1 p.m., Saturday Nov. 13, 1993*
Location: *Golden Gate/NCO Club*
Presidio of San Francisco
Topics:
- *Remedial investigation/feasibility studies*
- *Ongoing cleanup actions: asbestos, underground storage tanks*
- *Infrastructure repairs*
- *Cleanup process/milestones*
- *Public involvement*

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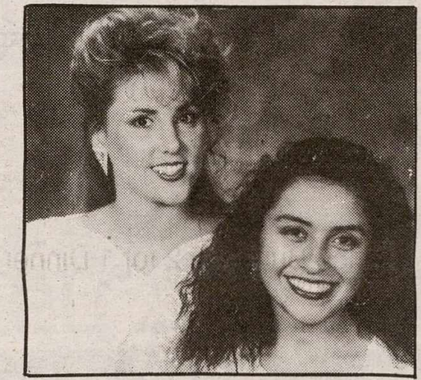

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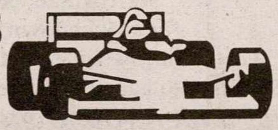

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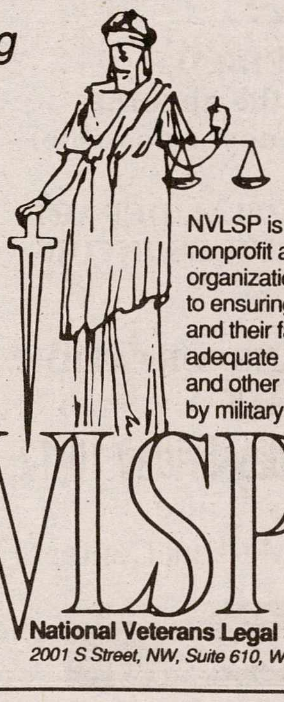

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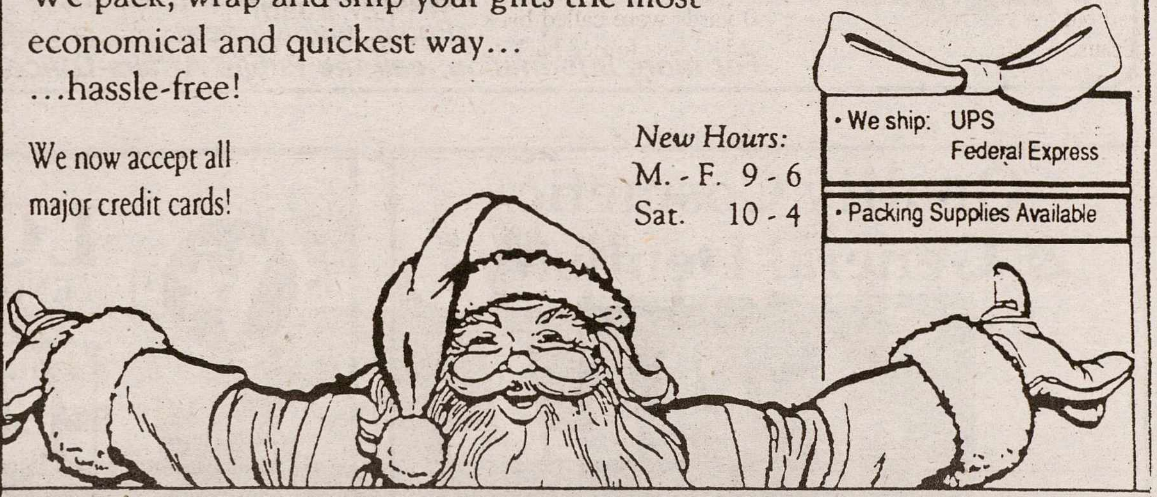

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LUSAHC beats USAG #2, 26-6

Letterman U.S. Army Health Clinic's Steve Canterbury put the final nail in USAG #2's coffin, Oct. 27 when he caught a seven-yard touchdown pass from Wayne Rogers to seal his team's 26-6 victory.

The Rogers-to-Canterbury connection clicked like clockwork that evening. USAG #2 tried to contain Canterbury, often shouting "All he can do is run a slant pattern!" He ran it repeatedly anyway. When the two weren't connecting, they were doing individual damage.

Earlier in the fourth quarter, Canterbury was covered and Rogers was flushed from the pocket. He turned a near-sack into a 37-yard sprint for a touchdown and a 18-6 LUSAHC lead. This was the only touchdown to be followed by a successful extra point. USAG #2 stuffed all of the other attempts.

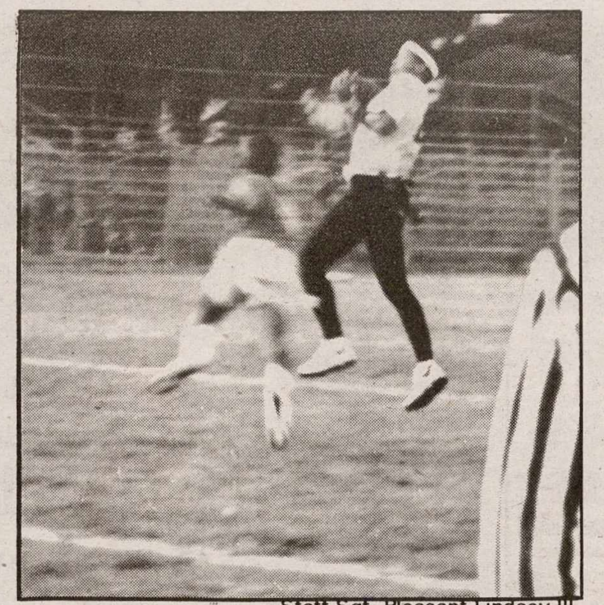
Canterbury started off the second half with a 22-yard kickoff return that set up a LUSAHC touchdown two plays later for a 12-6 lead.

USAG #2 drew first-blood. USAG's quarterback George Richard faked a play-action pass, then ambled to the right side of the line and strode 45 yards for the game's first score. LUSAHC came right back to tie it 6-6 with a pass play from Rogers to Canterbury.

USAG threatened to retake the lead before the end of the second quarter. Richard was flushed from the pocket and made a 35-yard gain before being pushed put of bounds on the left sideline. Unfortunately, teammate Warren Cheaney was wide open on the right side and headed for the end zone. Apparently, Richard never saw him. Rogers then tried to give his team the lead but his two passes of 50 and 60 yards were called back because of illegal blocking and LUSAHC was forced back to its own 10 yard line before the half ended.

Other scores:
USAG #2 6, LEC 12
LUSAHC 28, ORE 8
USAG #1 13, LEC 14
RG-PSF 12, ORE 7

Standings as of Nov. 2
LEC 2-0
LUSAHC 2-0
RE-PSF 1-1
USAG #1 1-1
ORE 0-2
USAG #2 0-2


Staff Sgt. Pleasant Lindsey III

RG-PSF's Jeffrey Sanders picks off a pass in the end zone that was intended for USAG #1's Charles Summers.

USAG #1 takes RG-PSF 22-12

Someone on Readiness Group-Presidio of San Francisco's sideline was overheard saying, "We could have taken these guys."

Trouble was, those guys, USAG #1, took RG-PSF to the cleaners instead, 22-12 after Charles Green scored the game's final touchdown and the team added a two-point conversion in the fourth quarter.

Green scored on a delayed play that may not have been intentional. After the center released the ball, the offensive line hesitated before moving into a blocking position. This seemed to fool RG-PSF's defense (as well as some of USAG #1's players) but gave Green plenty of time to take the handoff and motor 40 yards downfield for a touchdown and the game's final score.

RG-PSF scored first with a 35-yard pass play that resulted in a touchdown and a 6-0 score. USAG #1 answered with a strong march downfield. On second down at Operational Readiness Evaluation RG-PSF's 27 yard line, Andre Clark dumped off a 7-yard pass that Eric Jackson turned into a 27-yard TD run. The extra point was good and USAG #1 had a 7-6 lead. That didn't last long.

Jeffrey Sanders ran the ensuing kickoff back 60 yards for a touchdown to regain the lead for ORE, 12-7. Sanders had two interceptions in the game, but RG-PSF wasn't able to capitalize on either of them.

USAG stirred up some late-game excitement when James Bouknite intercepted an RG-PSF pass at USAG's 11 yard line late in the fourth quarter and lateraled it to Charles Summers before falling out of bounds. Summers returned the ball 34 yards, but USAG failed to add to its lead as the game progressed.

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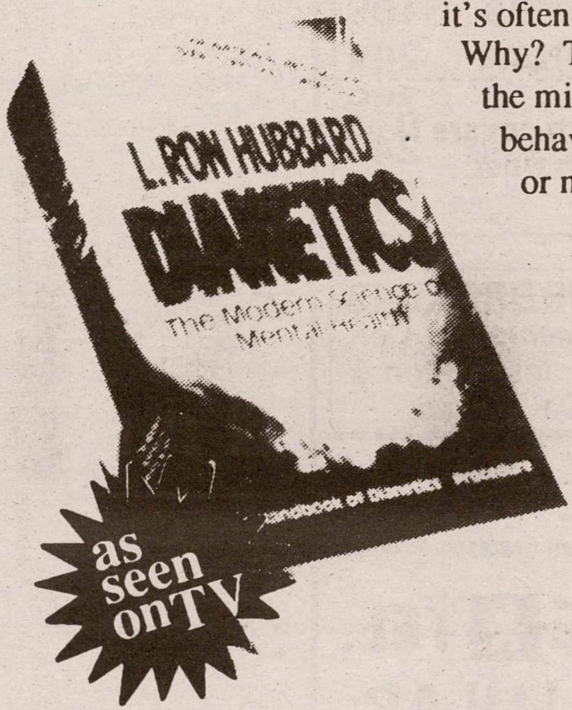
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Star Presidian

Vol. 38, No. 43 | Published for the Presidio of San Francisco Community | Nov 12, 1993

Leaving no stone unturned:

Presidians join in search for abducted teenager

By Sharon E. Everett-Roles
Star Presidian Staff

Soldiers from Headquarters, Sixth U.S. Army, and Readiness Group, Presidio of San Francisco, assisted in the search for Polly Klaas Nov. 4.

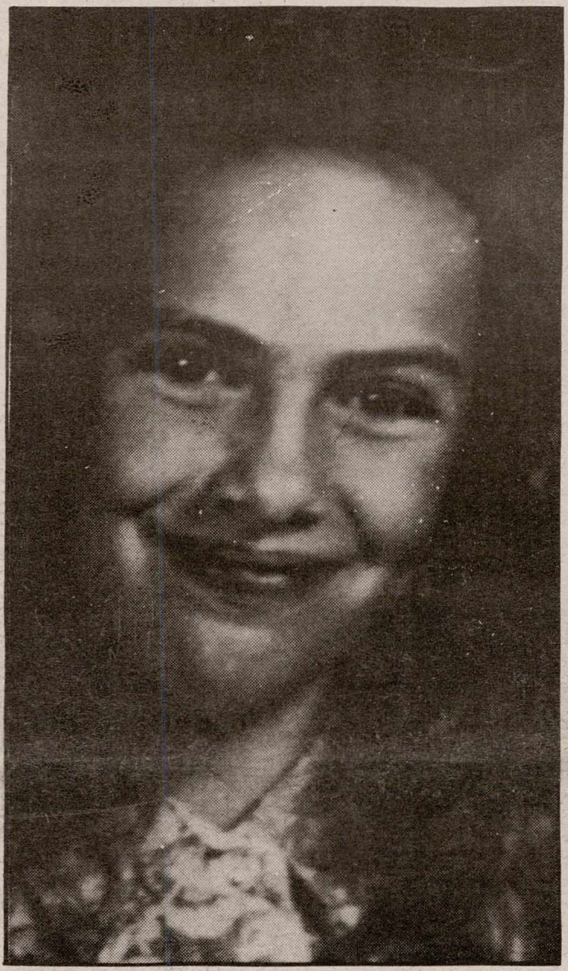
Twenty-eight Presidians searched 25 miles of roadside along the Cazadero Highway in Sonoma County in hopes of finding the missing child.

The Sonoma County Sheriff Department provided radios and administrative support, but the Presidio searchers were on their own along the winding coastal road, according to Capt. Fred Shaw of the Readiness Group. Soldiers searched from approximately 9 a.m. to 2 p.m., but were unsuccessful.

The following soldiers volunteered to assist in the continuing search for Polly Klaas:

Lt. Col. Bobby G. Strawther, Sixth U.S. Army
Maj. Mario Carillo, Readiness Group
Maj. Jamie L. Irvin, Sixth U.S. Army
Maj. Jeff Lochow, Readiness Group
Maj. Joyce Utley, Readiness Group
Capt. Ronnie White, Sixth U.S. Army
Chief Warrant Officer Arnold M. Bryson, Readiness Group
Chief Warrant Officer Fred J. Smith, Sixth U.S. Army
Master Sgt. Rameo Del Rosario, Readiness Group
Master Sgt. Louis Dickerson, Readiness Group
Master Sgt. Joseph T. Malloe, Readiness Group
Master Sgt. James Reynolds, Readiness Group
Master Sgt. Malaetele Tiliaia, Readiness Group
Sgt. 1st Class William E. Comstock, Sixth U.S. Army
Sgt. 1st Class Gregory Crupp, Readiness Group
Sgt. 1st Class Richard Hill, Sixth U.S. Army
Sgt. 1st Class Glenn Macapinlac, Readiness Group
Sgt. 1st Class Ramiro Medina, Readiness Group
Sgt. 1st Class Robert J. Montgomery, Readiness Group
Sgt. 1st Class Bill J. Pace, Readiness Group
Sgt. 1st Class John Peterson, Readiness Group
Sgt. 1st Class Nelson Reyas, Readiness Group
Sgt. 1st Class Joe F. Sakaria, Sixth U.S. Army
Sgt. 1st Class Sarasha L. Schmeets, Sixth U.S. Army

If you would like to assist in the search for Polly Klaas, please call the Polly Search Center at **1-800-272-0012.**



Polly Klaas

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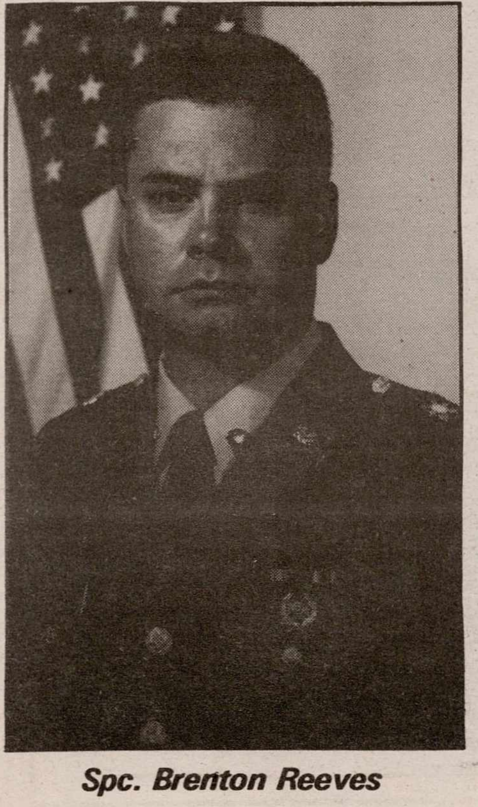
National Family Week set for Nov. 21 through 28

The week of Nov. 21-28 has been set aside to recognize the contributions the military family makes to our country. Whether active, National Guard, or Reserve; Army, Navy, Air Force, Marine, or Coast Guard--the miltary family sacrifices greatly to ensure America's readiness. Regardless of how the military "build down" proceeds, military families, including our Presidio family, will continue to provide stability, enhance quality of life, and contribute to the welfare of our society. The Army Community Services takes this time to recognize the sacifices of our Presidio families, the work they have done and will continue to do.

Legal specialist selected soldier of the month



Spc. Brenton Reeves

By Staff Sgt. Pleasant Lindsey III
Star Presidian staff

This month's soldier of the month always wanted to be a lawyer. Now, the Headquarters Company, U.S. Army Garrison soldier is traveling the road to legal stardom.

Spc. Brenton Reeves was selected as the Presidio of San Francisco Soldier of the Month for October. The 26-year-old legal specialist who hails from Birmingham, Ala., will be using his Army experience to pursue a longstanding dream. He wants to be a lawyer.

Reeves plans to eventually go into corporate or real estate closure law. The legal profession was what led him to join the Army in the first place.

Reeves, who's been in the Army only one and a half years, said he entered the Army because it was the only branch that guaranteed him the job he wanted. His goal is to attend law school so he can follow the profession that he's always sought.

"The military experience in the legal field is invaluable. It gives you immediate experience. I'll have the jump on all of my civilian competition in the legal profession," Reeves said.

Reeves said he plans to attend Officers Candidate School and use the Army's Funded Legal Education Program to earn his law degree. Graduation from an accredited law school will then make him eligible to become an officer in the Judge Advocate General Corps.

Making plans early is a smart way to manage a career. That's the same attitude Reeves used to prepare for his board appearance.

Reeves was selected soldier of the week in his basic training unit and was the runner up for that title in his advanced individual training unit.

"It was a good experience," he said. "I'll be appearing before the promotion board later this month, so these contests have been good experiences for me."

Reeves said staying calm was the most difficult part of his latest competition. He said nervous energy is a good thing to have in any competition, so long as it can be used to his advantage.

Of course, having the proper resources plays a big part in preparing for any board appearance.

Among the people Reeves named who helped him prepare for the competition were Sgt. Joseph MacMillan, noncommissioned officer in charge of Client Services; Headquarters Company 1st Sgt. Richard Griego, who supplied Reeves with any study materials he didn't already have in his possession; and Sgt. 1st Class Christopher Kennally, who used the Ceremonial Platoon's soldiers to set up a mock board for Reeves to practice with.

Now, Reeves is preparing for the next rung in the ladder. Some time in January he'll be competing with 12 other soldiers for the title of Presidio Soldier of the Year.

Reeves said he knows that he's in some smart company and will face some stiff competition at the end of the year.

"I think the soldier of the year competition will be tight," he said. "I'll do well--I won't embarrass myself."

SUBJECT: National American Indian Heritage Month

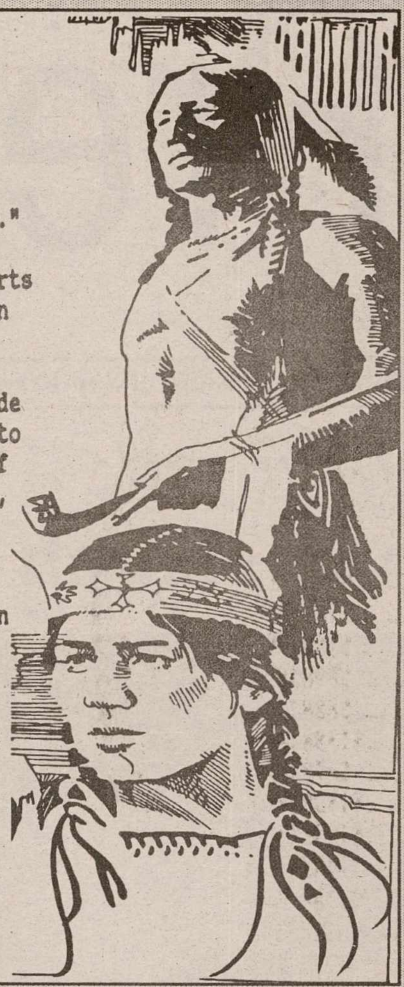
1. Sixth United States Army and the Presidio of San Francisco will celebrate American Indian Heritage Month during November with this year's theme "American Indians - Yesterday and Today." Various activities have been scheduled to include: American Indians Educational Booklet distribution; an American Indian Arts and Crafts Display at the Post Exchange; and an American Indian Luncheon Special at the Presidio Officers' Club.

2. During this period, we recognize the many contributions made by the American Indians. This group of individuals continues to contribute to our national heritage by enhancing our quality of life in the areas of defense, science, art, religion, business, and entertainment.

3. All military personnel and civilian employees, along with their family members, are encouraged to actively participate in these activities in celebration of American Indian Heritage Month. For additional information, please contact the Equal Opportunity Office at 561-4154.

Glynn C Mallory Jr

GLYNN C. MALLORY, JR.
Lieutenant General, USA
Commanding



Viewpoint

Walking on hallowed ground

By Sgt. John W. McGarrah
Star Presidian staff

Before there were the Spanish, the Mexicans, or the Americans in the San Francisco Bay Area, there were the *Ohlone*. Before there were the gleaming glass and steel towers of the financial district and the tourist bustle at Fishermans Wharf, there were simple huts and fishing villages here.

Ohlone is the name which has been given to the early inhabitants as a collective name for the many small tribes which used to occupy the Bay Area. The Ohlone comprised the largest number of Native Americans in the lands north of Mexico, occupying what is now central California, according to Malcolm Margolin, author of the *Ohlone Way*. More of a corporation of small tribes than a large organized group, the Ohlone were bound together by trading and marriage. Though the language was similar, dialects were very different. Some certain groups as close as 20 miles to each other could barely communicate. Archeological digs have shown that the Ohlone Indians inhabited this area for thousands of years prior to the arrival of the Portola expedition to the bay.

The history of the military and the Native American population in the Bay Area goes way back to the very start. One of the original reasons for the erection of the Presidio of San Francisco, in addition to guarding nearby Mission Dolores, was to control the indians of the local area. However, it was only through the back-breaking labor of these same indians that the Presidio was completed.

The history of the Presidio and the local indians goes hand in hand. In September of 1849, a party led by Capt. William H. Warner, a topographical engineering officer surveying the Presidio and other military reservations in the Bay Area, was ambushed by Pit River Indians near Goose Lake. Warner was killed. What happened to his party, which had probably been comprised of Presidio personnel, is not known. At the same time, miners were attacked near Clear Lake, north of San Francisco. The following spring the Army launched a campaign against both indian groups, inflicting heavy casualties. It is also unknown, due to the poor military records of the time, if Presidio personnel took part in this campaign. As their land was encroached upon by settlers and prospectors, the Indian population decreased.

When the provisional military government of California ended in the final days of 1849, Army forces were free to pay full attention to indian/miner conflicts. The general attitude in the mining camps of 1850 called for the extermination of all California Native Americans. The Army now found itself facing a new dilemma, either fight the indians with whom it sympathized or protect them from the miners who demanded their total elimination. The Army did neither.

Native American continued to play a part in the Presidio's history, but not locally. In 1870, Presidio troops played a role in quelling the Indian Wars in the west, suffering significant losses in the Modoc War. The Presidio garrison was heavily involved in the Indian Campaigns, but not in California, in the Washington Territory in 1855 and 1856, and the Wright Campaigns of 1858. In 1860, Presidio troops engaged in one more skirmish before the Civil War, when a detachment joined other units and miners to squash an uprising of Paiute Indians who had become antagonistic toward miners in the booming area of Virginia City, Nevada. Though fifty soldiers left the Presidio, only a handful actually took part in the fracus.

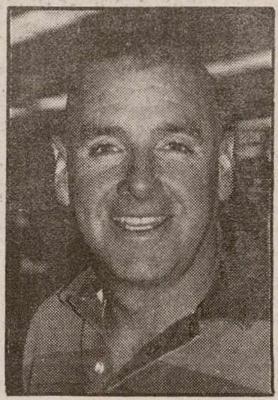
Though the Army and the American Indian were not friends during much of their history, Native Americans have always been there for us--whether at Plymonth, when Native Americans befriended the Pilgims during that difficult first winter, or welcoming the Spanish on this coast. During World War II, the Marine Corps used Navajo troops in top secret signal units. The radiomen would send coded messages in their own language. It was the only code which was never deciphered by the enemy.

The last full-blooded Ohlone died in 1980, but their spirit lives on in their traditional homeland--the Bay Area.

Ask Presidians

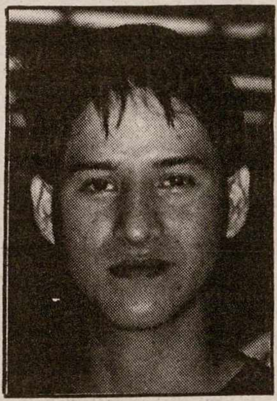
What's the major contribution Native Americans have made to this country?

Sgt. William Johnson, physical therapy, LUSAHC: "They had a greater appreciation for the magic and beauty of nature. They only used what they needed and took care of the environment."



Capt. Brick Loomis, training officer, 1st Bde., 91st Div.: "They were the original naturalists. The things that they tried to teach us hundreds of years ago about our world are only now being understood. We could learn much from them."

Opal Ruthardt, family member: "When the Pilgrims and other settlers landed they were there to greet us. They taught us about agriculture. They only killed if there was a need to, not for sport. It's too bad we took over their cultures and lands."



Marco Ordonez, family member: "The artwork they have created, such as jewelry and clothing is beautiful because it's simple in design. It only uses materials that are natural and real."

Shannon Glimps, family member: "They have had a major contribution to southwestern architecture and design. At Point Reyes, there is a reconstructed Indian village everyone should see."

Interviews by Sgt. John W. McGarrah

Star Presidian

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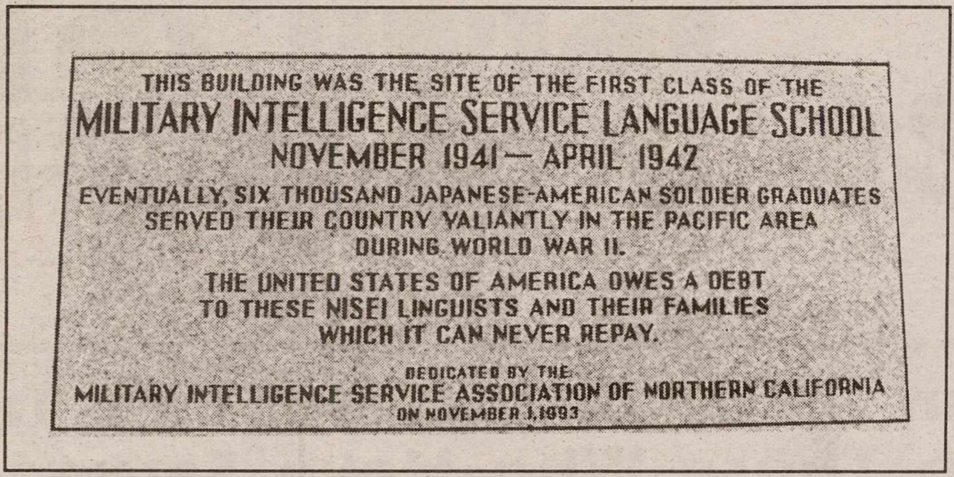
World War II's warriors with words remembered here



THIS BUILDING WAS THE SITE OF THE FIRST CLASS OF THE
MILITARY INTELLIGENCE SERVICE LANGUAGE SCHOOL
NOVEMBER 1941 — APRIL 1942
EVENTUALLY, SIX THOUSAND JAPANESE-AMERICAN SOLDIER GRADUATES
SERVED THEIR COUNTRY VALIANTLY IN THE PACIFIC AREA
DURING WORLD WAR II.
THE UNITED STATES OF AMERICA OWES A DEBT
TO THESE NISEI LINGUISTS AND THEIR FAMILIES
WHICH IT CAN NEVER REPAY.
DEDICATED BY THE
MILITARY INTELLIGENCE SERVICE ASSOCIATION OF NORTHERN CALIFORNIA
ON NOVEMBER 1,1993

Dear Editor:

On Nov. 2, a monument dedication ceremony at the Presidio of San Francisco honored some of the greatest, yet little known, heroes of World War II -- Nisei soldiers who were members of the Military Intelligence Service. These soldiers rarely used rifles; language was their potent weapon.

The ceremony commemorated the MIS Language School's beginning at the Presidio, where the first class was trained in 1941. The graduates went on to serve as translators, interpreters and interrogators in the Pacific and contributed greatly to the Allied victory.

Until recently, little was known about the MIS because documents relating to them weren't declassified until the early 1970s. Although it is important for all Americans to remember their contributions as soldiers, it is equally important to remember how, as Japanese Americans, they served our nation under the ultimate irony: resolving to prove their patriotism as Americans by loyally serving a country that not only classified them as enemy aliens, but also placed their families in "relocation centers."

The school began on Nov. 1, 1941, when the War Department, determining the need for Japanese linguists, established the secret school at Crissy Field. For six months, 60 volunteer soldiers (58 were Nisei) lived in the small hangar, where they studied the Japanese language while using empty orange crates for tables and chairs.

The school's life on the Presidio was short, however. In May 1942, the school was forced to relocate to Camp Savage in Minnesota. Exclusion orders had severely restricted the Japanese American presence on the West Coast.

Graduates were assigned to every Army combat unit and Marine division in the Pacific. Eventually, 6,000 Nisei would graduate from the language school and serve throughout the world.

They served as interpreters for commanders and interrogated prisoners. And in addition to breaking the Japanese Imperial Navy's code, which led to our naval victories, its members convinced numerous Japanese soldiers to surrender to the Allies, saving countless American lives. Their contributions were immeasurable.

But it isn't just the stories of military success that make these soldiers memorable, but the realities that came with being an American soldier of Japanese descent.

Like the story of Gene Uratsu of San Rafael, who, while serving in New Guinea, was "captured" by American troops who did not believe his I.D. or his perfect English.

Or of Bay Area veteran Harry Fukuhara, who recognized the face of his Japanese POW -- a former high school classmate Fukuhara had met while studying in Japan.

Or images the soldiers carried with them while in the jungles of the Pacific -- images of last visits with families uprooted from their homes and living behind barbed-wire fences.

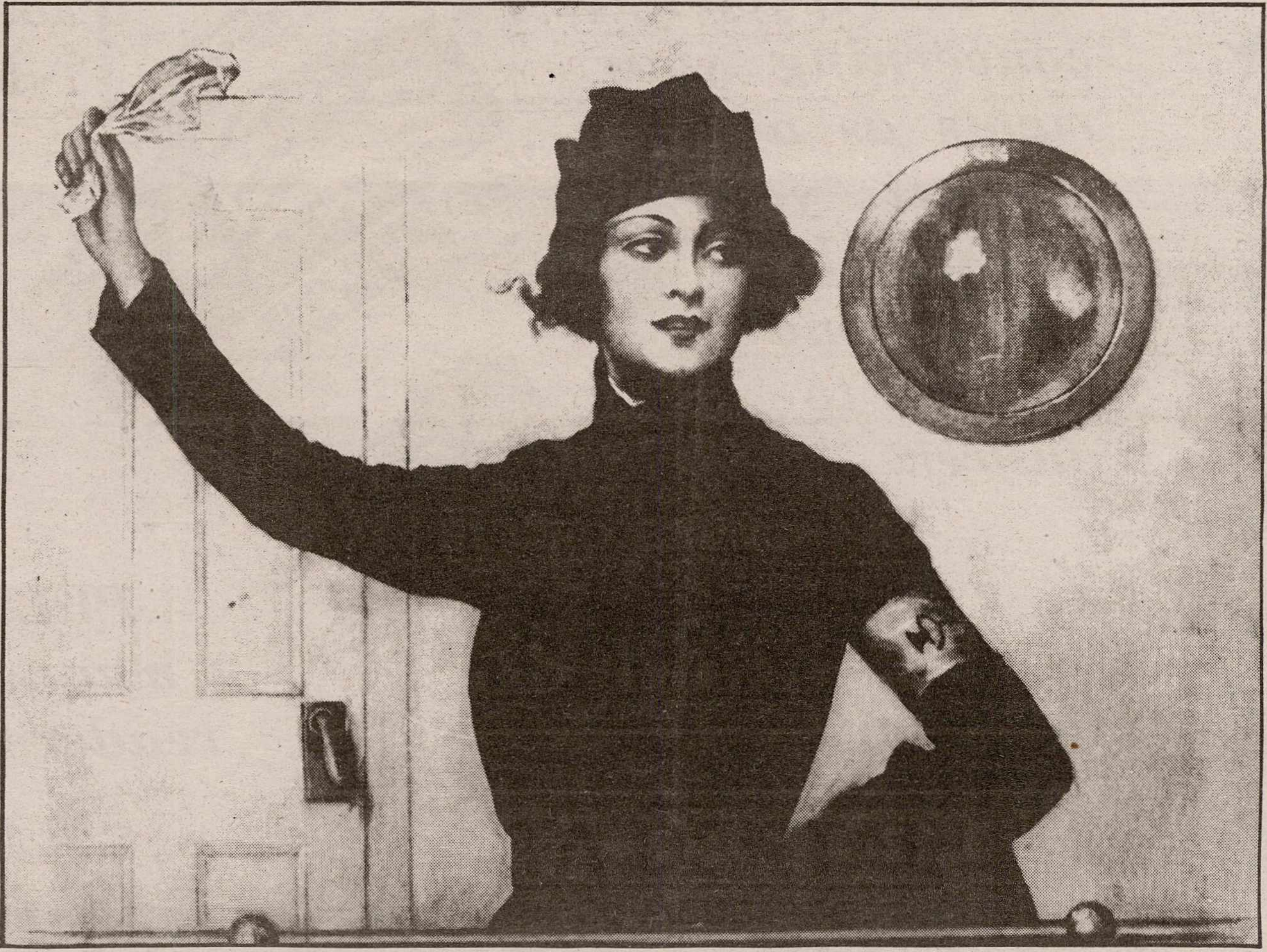
Although the monument is a modest tribute, it will at least remain a permanent reminder of those 6,000 Nisei who looked beyond America's injustice to them and responded in turn by serving their nation, leaving no doubt as to their patriotism.

On part of the monument that was dedicated on Nov. 2 are words that aptly reflect what all Americans should remember: "The United States of America owes a debt to these Nisei linguists and their families which it can never repay."

Rena C. Davies
Mill Valley

Opportunities open as roles change for military women

Editor's note: This is the second and final installment of a special feature presented by Army Public Affairs on the changing roles of women in the military.



Telephone operators both at home and behind the fighting lines in France were all volunteers for victory, as this May 1918 recruiting poster proclaims.

Now the year was 1948, and military women cleared another hurdle: Congress provided for regular and reserve status of women in the Army, the Navy, the Marine Corps and the newly formed Air Force. Their numbers were limited to 2 percent of the total force, and women were prohibited from rising above the rank of lieutenant colonel or commander. The law provided, however, that each service director could rise to the rank of colonel or, in the case of the Navy, to the equivalent rank of captain.

In 1950, American women in military service were trained and ready when duty called them to Korea. In Pusan and Seoul, most women served as nurses, but some served as stenographers, aides and interpreters. Within four days after the first U.S. troops landed, Army nurses arrived at Pusan to set up a hospital and care for the casualties. In all, about 540 women served in Korea.

"Herstory" continues during the Vietnam era. In March 1962, the first WAC officer served in Vietnam. In all, nearly 11,000 women served there, mostly as Army, Navy and Air Force nurses. According to researcher June A. Willenz, more than three quarters of these women were exposed to combat. They didn't just hear about war. They saw it. They felt it. They lived it. And eight of them died for it. The names of those eight are now etched on "The Wall" of the Vietnam Veterans Memorial in Washington, D.C.

Veterans' Day is a special day for women who served America in Vietnam. For the first time, our nation is dedicating a memorial to their service. Diane Carlson Evans, founder of the Vietnam Women's Memorial Project, wants "America to remember that in the wrenching times of the Vietnam War, her daughters also answered her call." Evans hopes that, like "The Wall," this memorial will be a place of healing for those who served, and a chance for others to say thank you.

At the groundbreaking ceremony, Gen. Colin Powell, then chairman of the Joint Chiefs of Staff, said: "I realize for the first time that for male soldiers, that war came in intermittent flashes of terror . . . The nurses saw the bleakest, most terrifying face of war. The mangled men, the endless sobs of wounded kids . . . not just now and then, but day after day, night after hellish night."

And like so many others who have witnessed the horrors of war, they too need to heal. Says former Army nurse Edie McCoy Meeks, "I don't have to recover from killing somebody. I have to recover because I couldn't save anyone." For her, as she told **USA Today**, the memorial will help. It "stands for the fact that we are different heroes," she said, "but just as important as other heroes."

During the fundraising process, members of the memorial committee began to find that the American public did hold their deeds as acts of heroism. One letter from a small child contained two one-dollar bills. It said, "This is all I have, but I want you to have it, because if it weren't for you, my daddy wouldn't be here."

And so, they served. Despite the harsh realities, the remote locations, the long hours, and the hardships endured, they served. Knowing how hard it would be, would they do it again? Yes, absolutely! Many in fact did -- most recently when their reserve units were called to active duty during Operations Desert Shield and Desert Storm.

As these women served during the Vietnam era, their roles continued to evolve. In 1967, Congress removed promotion restrictions, allowing women to become general officers. The 2-percent restriction on the number of Regular Army WACS was also removed. Then in June 1973, the entire military was significantly changed. No longer conscripted, the military became an all-volunteer force. While this was a new concept for men, it wasn't for women who served -- they had all been volunteers from the outset.

With this change, the number of women in service began to grow. In 1974, Army women were assigned into branches previously occupied by men, except for Infantry, Armor and Field Artillery. And they were now promoted equally with their men counterparts.

And the role continued to change. In 1975, by public law, women were admitted to the service academies. The following year, in 1976 -- 200 years after Molly Pitcher, Sarah Fulton and Margaret Corbin had served in the military -- 119 women were the first to enter the U.S. Military Academy at West Point; 81 entered the U.S. Naval Academy at Annapolis and 157 entered the U.S. Air Force Academy in Colorado Springs.

Before they graduated in 1980, a separate corps for them was no longer needed. In the Army, women had been assimilated effectively in training assignments, logistics and administrative management.

Members of the Women's Army Corps, both officers and enlisted, had grown in number -- from about 16,000 in 1972, to 56,841, by September 30, 1978. Then, on October 20, 1978, the Women's Army Corps was disestablished. The other services followed similar paths.

Military women now trained and served at locations throughout the world -- serving not as WACS, WAVES and WAFS, but as soldiers, sailors, airmen, Marines and Coast Guardsmen. Side by side, as members of a well-trained team, they served with their men counterparts. Those who had doubted their capabilities were pleasantly surprised.

See Women, *on Page 11*

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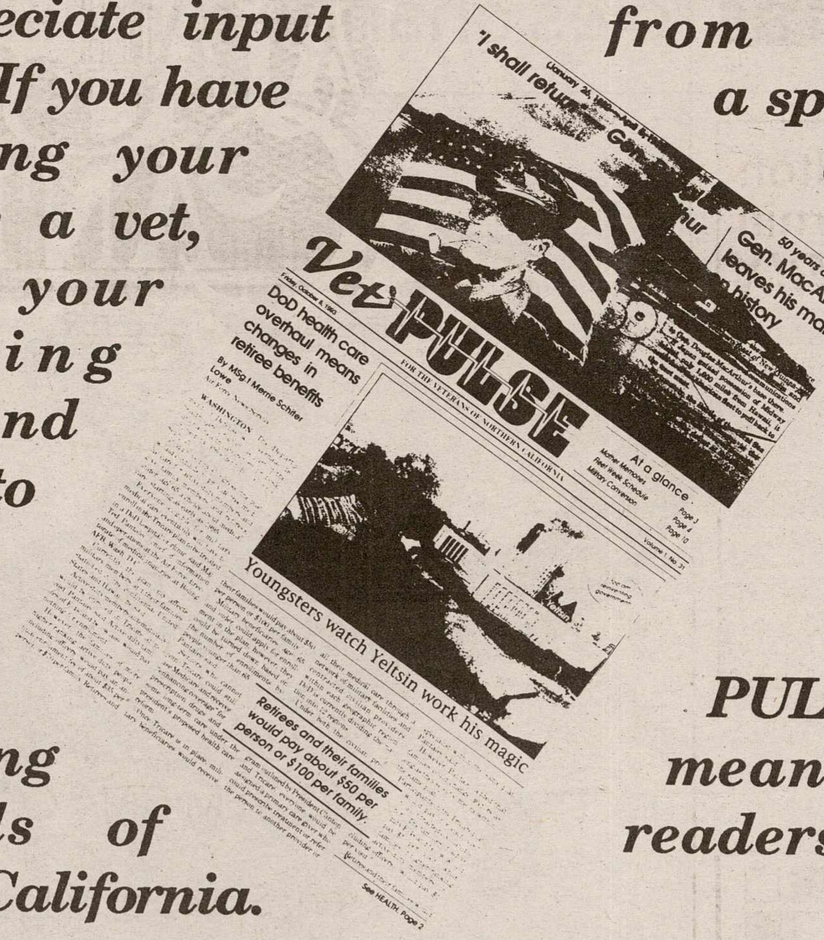
"I shall return" Gen. MacArthur

January 26, 1880—April 5, 1964

50 years ago Gen. MacArthur leaves his mark in history

Vet PULSE

FOR THE VETERANS OF NORTHERN CALIFORNIA

Friday, October 8, 1993

DoD health care overhaul means changes in retiree benefits

By MSgt Merrie Schiller Lowe

At a glance

Mather Memories Page 3

Fleet Week Schedule Page 4

Military Conversion Page 10

Volume 1, No. 31

Youngsters watch Yeltsin work his magic

Retirees and their families would pay about $50 per person or $100 per family.

See HEALTH, Page 2

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Presidio News Briefs

Post's Smokeout campaign starts Thursday

he Presidio of San Francisco, Letterman U.S. Army Health Clinic, and the American Cancer Society are taking aim at young people, Thursday. A series of shocking (to adults) posters titled "Get Your Butt Out of My Face" has been created for the Great American Smokeout. The Cancer Society hopes to involve more students and young adults than ever in the annual day without smoking.

The highest percentage of smokers -- 30 percent -- is among those aged 25 to 44, and virtually all started smoking as teenagers.

In 1992, 10.8 million smokers took part in the Great American Smokeout, with 3.3 million quitting for 24 hours and 1.5 million still abstaining after five days.

For kids and adults on the Presidio, Smokeout "survival kits," tongue-in-cheek adoption papers for nonsmokers to help a friend make it through the day, and tips for quitting are available. A 2-mile run and 1-mile walk for all military and civilians starts at the Letterman Flagpole at 11:30 a.m., followed by lunch in the Dining Facility. For information, posters and "survival kits," call Julio Sosa at **561-2858**, Bob Darling at **561-4120** or **561-4131**, or Ms. Dela Pena at **561-3929**.

Newcomers' Orientation set for Nov. 19

A Newcomer's Orientation for military and civilian personnel and their family members will be held at 9 a.m., Nov. 19, at Army Community Service, Bldg. 103B. The orientation features a short drive-by tour of Presidio points of interest, as well as informational briefings from various activities on post. Ample parking is available in front of Bldg. 103B. Free child care is available. Please call Kristine Cooper at **561-6004** for reservations by Nov. 17.

Rent a Santa Claus Suit for the holidays

Outdoor Recreation has two wonderful Santa Claus suits for rent for the holidays. The Santa suits are complete, down to the hat, beard and belt, and are very impressive. They are perfect for unit parties, office parties, and special events. They rent for $25 each. Don't miss this opportunity for a perfect holiday party. Call Outdoor Recreation at **561-4324** if you would like to rent a Santa suit.

Education Center announces closure

The Presidio Education Center, Bldg. 1216, will be closed Nov. 25 and 26. The staff wishes all Presidians a joyous Thanksgiving holiday!

Area coordinators' meeting held in CCR

There will be an Area Coordinator's Meeting at 3 p.m., Thursday, in the Command Conference Room, second floor, Building 220. For information, call Master Sgt. Amelia Tsukuda, NCOIC, Family Housing Branch at **561-6172**.

HAAF New Year's Eve celebration planned

Tickets for the Sixth Annual New Year's Eve Bash will soon be on sale at the DoD Housing Facility Recreation Services Office at Hamilton Army Air Field, Novato, Calif. The celebration will be from 8 p.m. to 1:30 a.m., Dec. 31, which falls on a Friday night. Guests can bring their own hors d'oeuvres and other favors to share with others. For information and reservations, call **382-4210**.

Education center offers computer courses

The **Advanced WordPerfect** course will be offered free of charge from 10 a.m. to 12:30 p.m., Tuesdays and Thursdays: Tuesday to Dec. 14. This course is free. Active duty soldiers have priority, followed by Department of the Army civilians who work on post. Army Reservists, other military and family members may enroll on a space-available basis.

To register, see Kay Terry at the Presidio of San Francisco Education Center, Building 1216, Fort Scott.

Red Cross first aid classes are available

The American Red Cross is offering a community first aid and safety class from 6 to 10 p.m. Monday and Tuesday in Building 97, by the Pershing Square flag pole. The fee is $12 for active duty soldiers and $20 for civilians. To register, call Catherine Hong at **561-2187**.

Mansion tour offered by Spouse Club

Take a trip back in time and enjoy a turn-of-the-century holiday as the Presidio Officers' Spouses Club tours the 37-room Colonial Revival Dunsmuir Mansion, Dec. 2. The visit will include a stop at the Covington Marketplace and a boxed lunch at the Pavilion. Tour

See **Briefs,** *Page 10*

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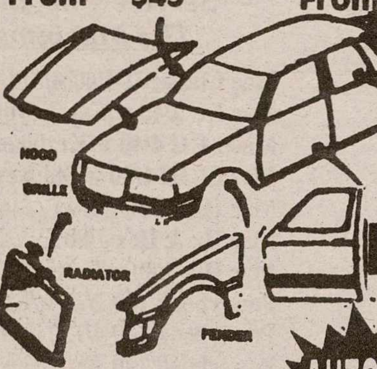

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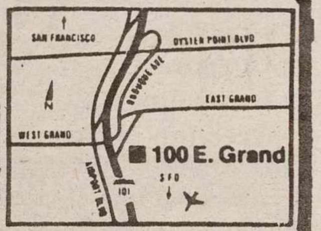

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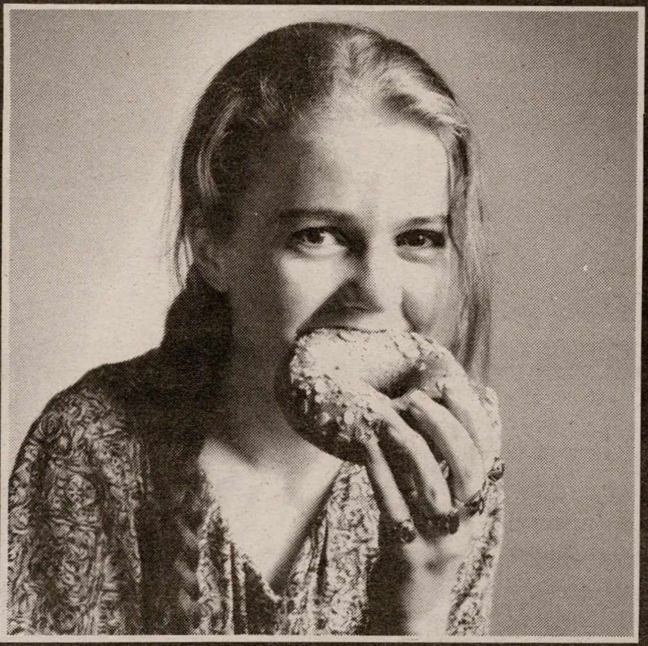

Jocelyn Davis, Student, UC Santa Cruz, LOVES NOAH'S and painting & music

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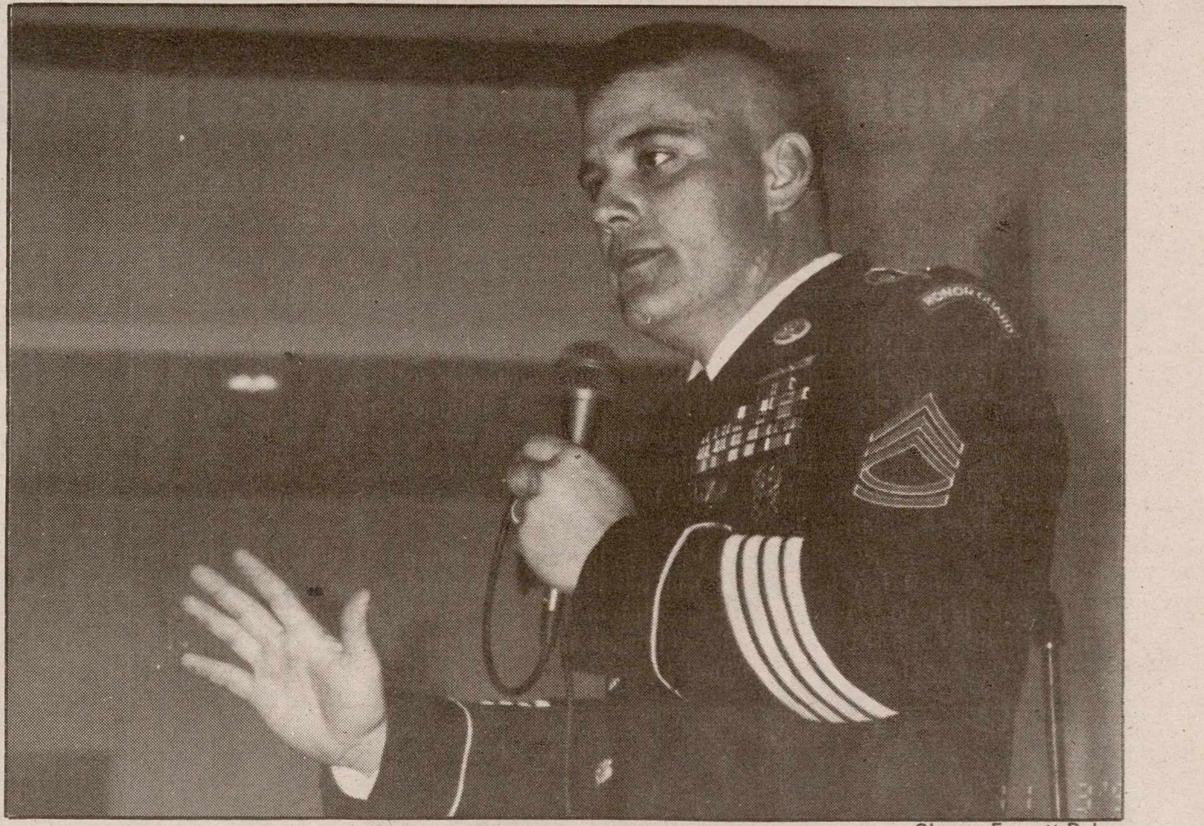
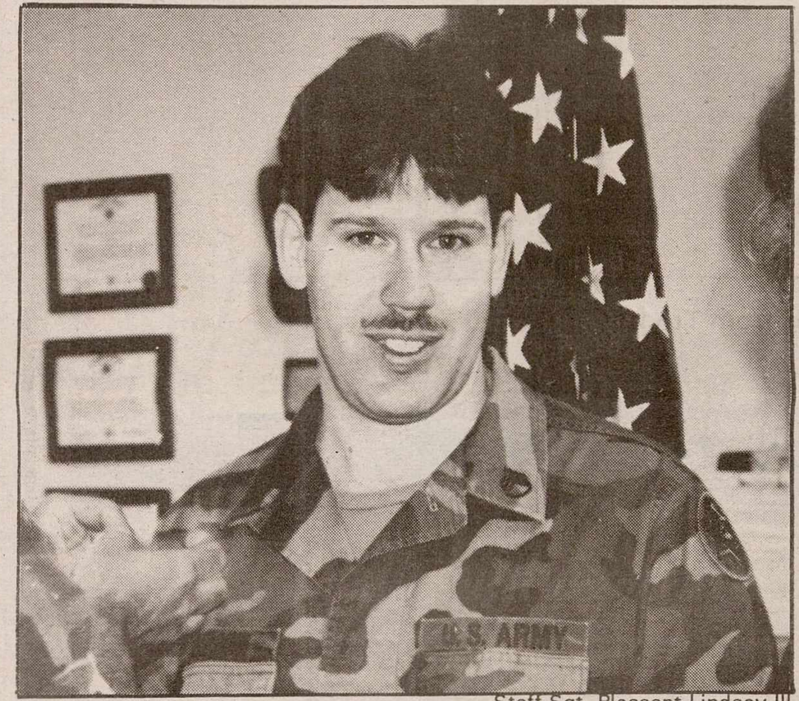
Promotions

Staff Sgt. Pleasant Lindsey III

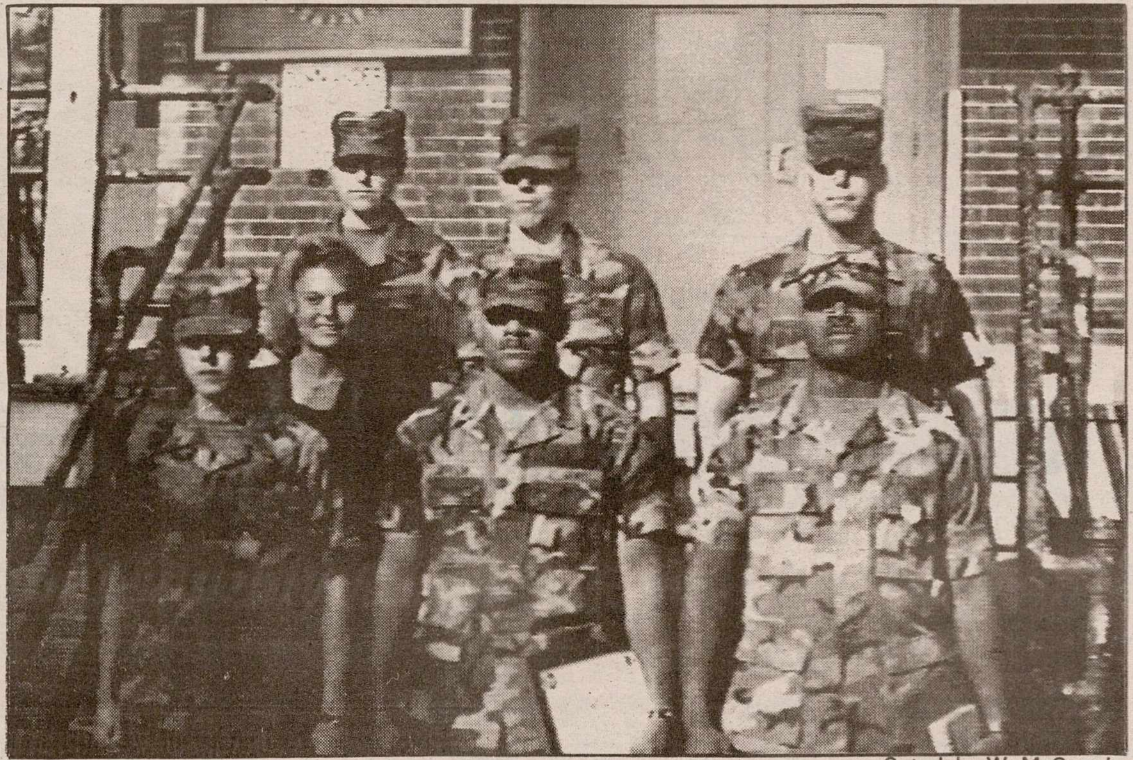
Theresa Corbin was promoted to the rank of lieutenant colonel by Maj. Gen. Robert Frix, deputy commander active component, Sixth U.S. Army.


Sharon Everett-Roles

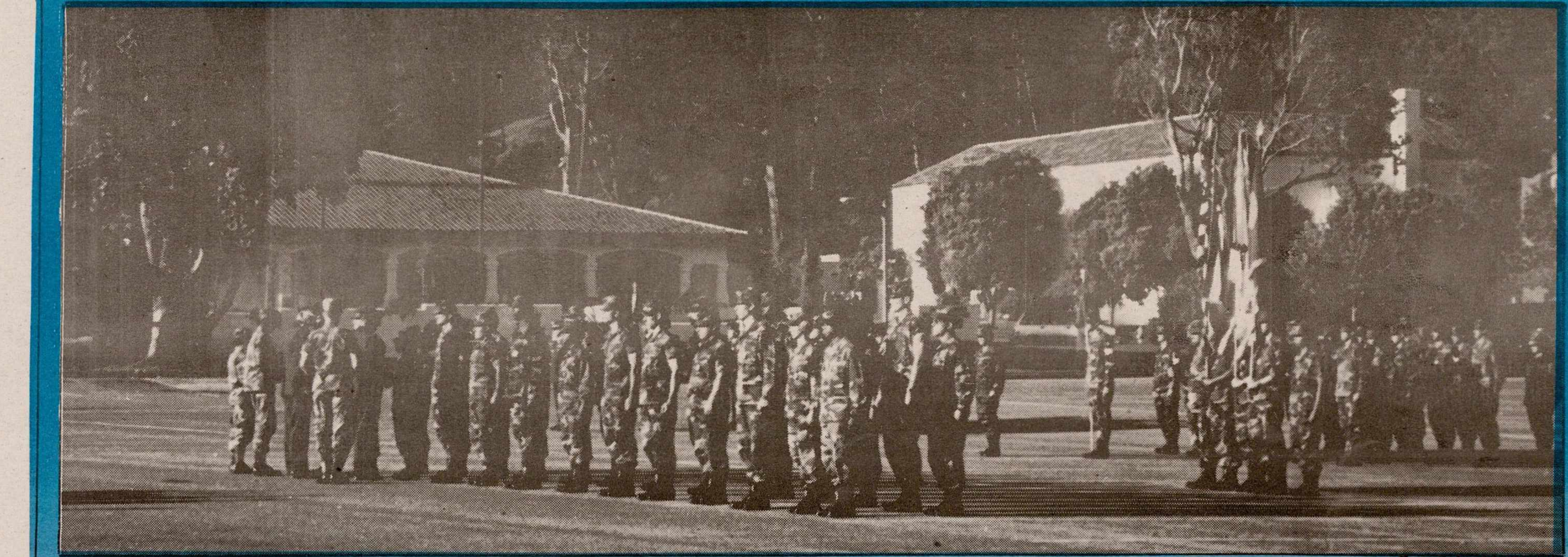
Sgt. 1st Class Christopher Kennally, Ceremonial Platoon noncommissioned officer in charge, addressed a crowd of the Sons in Retirement at their' Veterans' Day Luncheon at the Spanish Cultural Center in South San Francisco, Nov. 4.


Staff Sgt. Pleasant Lindsey III

Douglas Armon, Military Personnel Center, was promoted to the rank of staff sergeant by Headquarters Command Battalion Commander Lt. Col. Wayne C. Agness and Armon's wife, Tracy.


Sgt. John W. McGarrah

The promotions and the outstanding contributions of several soldiers from the Law Enforcement Company were recognized during an award ceremony here Nov. 3.


Sgt. John McGarrah

Hq. Cmd. Bn. promotes, recognizes outstanding soldiers

The following Headquarters Company, U.S. Army Garrison soldiers received Army Commendation Medals during the monthly Headquarters Command Battalion Awards Ceremony, Nov. 3: Staff Sgt. David Jackson, Sgt. Jean W. Meullion. Sgt. Andre Clark, Cpl. Elmira Ruffin, Spc. Terry Hill and Spc. William Story received Army Achievement Medals. Capt. Kerk Brown, Capt. Robert Peterson, 2nd Lt. Heather Tupper, Sgt. 1st Class Thomas Morey, Spc. John Bosely, and Spc. Patrick Stevenson received Battalion Certificates of Acheivement. Sgt. Kevin Cassius, Sixth U.S. Army Band, received an Army Commendation Medal. Staff Sgt. Michael Garrett, Sgt. Deborah Cordell, Pfc. Theresa Burgess, Pfc. Thomas Johnson, Pfc. Kenneth Miller, Pvt. Sherri George, and Pvt. Ruth Laubscher of the Law Enforcement Company received Battalion Certificates of Acheivement.

Brownies welcome new members

By Staff Sgt. Pleasant Lindsey III
Star Presidian Staff

"Twist me, turn me, show me the elf:
"I looked in the mirror and saw myself."

The girls of Brownie Troop 470, Presidio of San Francisco, held an Investiture and Rededication Ceremony Oct. 28 in the Brownie Hut, Bldg. 563. Dozens of parents and family members attended the observance welcoming new members and welcoming back former members from other units.

"It's a formal recognition of the troop," said Brownie Leader Sue Conrad. "This is the largest troop we've had in years." Conrad said the troop's projects and activities center around boosting the girls' self esteem and teaching them to help others.

The troop has visited the Salvation Army to learn about donations and will be contributing to the post's Hands Across Presidio program this year.

During the ceremony, each girl crossed the symbolic bridge, one by one, into the land of the elves and explained why she wanted to become a Brownie. The troop leader then spun the girl around while the other members recited the following prose: "Twist me, turn me, show me the elf: I looked in the mirror and saw myself." Of course, when each girl looked in the mirror on the floor, she saw the "brownie."

Troop 470 meets from 5:30 to 6:30 p.m. every Thursday in Bldg. 563. The head elves in charge include Conrad, Sherri Miller, Kathy Anderson and Elaine Deehl.

Brownies post the flag of the United States and their special unit flags to open the rededication and invesiture ceremony Oct. 28 in the Brownie Hut, Building 563.

Photos by Staff Sgt. Pleasant Lindsey III

Presidio of San Francisco Brownies from Troop 470 pledge their allegience to the flag of the United States.

Scouting on the Presidio

51 awards highlight monthly Cub meeting

By Theresa Seegel
Special to the Star Presidian

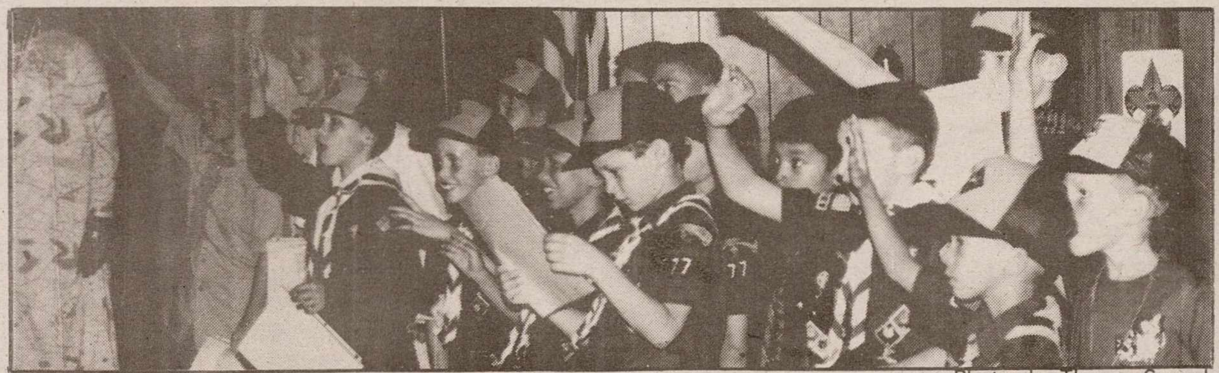
Garbed in a variety of Halloween outfits, the adult leaders surprised the young members of Presidio Cub Scout Pack 77 at the monthly pack meeting Oct. 27.

Spec. Gregory Kluck of the Presidio Law Enforcement Company discussed Halloween safety with the Cub Scouts, encouraging and receiving enthusiastic Cub Scout input on the presentation topic. All Cub Scouts received Halloween candy bags with a Chem-Lite inside for use when trick-or-treating.

Of the 51 awards distributed to respective Cub Scouts, two were rank advancements: Nathan Stryker, Bobcat; and Charles Fleischer, Webelos Badge.

For information on joining Pack 77, contact Col. Jim Newell at 561-2682.

Cub Scout Nathan Stryker presents his mother with a "parent pin" for helping him win the Bobcat award.


Photos by Theresa Seegal

This group of Pack 77 Cub Scouts received certificates for their participation in a district physical fitness program.

Presidio of San Francisco Environmental Open Forum

This forum is an opportunity to hear what actions the U.S. Army is taking in the cleanup of the Presidio, ask questions, meet the staff responsible for the cleanup, and see the study areas.

Time: 1 p.m., Saturday Nov. 13, 1993
Location: Golden Gate/NCO Club
Presidio of San Francisco
Topics:
- Remedial investigation/feasibility studies
- Ongoing cleanup actions: asbestos, underground storage tanks
- Infrastructure repairs
- Cleanup process/milestones
- Public involvement

For more information, call the Public Affairs Office at (415) 561-3952/3660.

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Tonight-True Romance (R)
Saturday-Striking Distance (R)
Sunday-Warlock II The Armageddon (R)
Nov. 19-The Real McCoy (R)
Nov. 20-The Fugitive (PG-13)
Nov. 21-Kalifornia (R)

All movies begin at 7 p.m.

1296 E-54

Briefs, *continued from Page 5*

reservations and payments must be received by Nov. 15. For information, contact Christine Mathis at **346-6712**.

Benefits workshop set for veterans

There will be a peer counseling workshop designed for veterans only from 9 a.m. to noon, Monday, in the Civilian Personnel Directorate training room, Building 37.

The session will address concerns, benefits and needs of veterans. The presenter will be Chester Davidson, a veteran's employment representative from the State of California and a disabled veteran. He will provide information concerning the labor market and veterans rights. All veterans and pending veterans are strongly encouraged to attend this session. Call Ann Williams of the Civilian Personnel Office at **561-2809**. Space is limited.

Club to host Thanksgiving feast

The Golden Gate Community Club, Building 135, is hosting a Thanksgiving meal at noon, Nov. 29, for a $5 suggested donation. The Sixth U.S. Army Band will perform. Tickets are available at the Main Post Chapel. Call **561-4711** for details.

ITT/SATO sets holiday closures

The Information, Tour, and Travel Office, Building 210, will be closed Nov. 24 through 26 in observance of the Thanksgiving Day holiday. SATO Travel Leisure Travel Office will be open regular hours from 9 a.m. to 5 p.m. on the Nov. 24, but will also be closed on Thanksgiving and the following day, Nov. 25 to 26. For more information, call Sandy Cornett at **561-3992.**

Christmas concert needs young singers

Presidio youths ages 8 years and older are needed to fill slots in the Youth Choir for the annual Presidio Christmas Concert, Dec. 7. If you are interested in singing, please plan on attending a practice from 5 to 6 p.m., Tuesday at the Main Post Chapel. For information, call **673-0767** between 4 and 5 p.m.

Christmas Ball scheduled for Dec. 17

Soldiers and civilians (all ranks/all grades) of the Sixth U.S. Army and Presidio of San Francisco are invited to the Christmas Ball on Dec. 17 at the Presidio Officers' Club. A reception will begin at 6:30 p.m. followed by dinner at 7:45 p.m. Select your choice of Beef Wellington ($25), Grilled Salmon ($24), or Poached Chicken ($21). All selections include tossed green salad, vegetable, French rolls, dessert, wine, and coffee or tea. Make your reservations early through your directorate point of contact. Seating is limited to 300, so make your reservations early.

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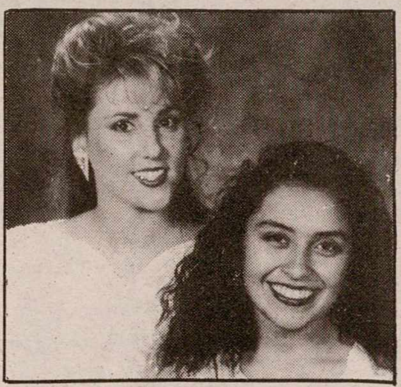

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Women, *from Page 3*

This evolution went largely unnoticed until October 1983, during Operation Urgent Fury. Women MPs from Fort Bragg deployed with their units to Grenada. Upon reaching their destination, however, they were recalled to the United States; then, three days later, they returned. Their commander said the initial decision to withdraw them wasn't the right one. "If there's a battle," he said, "the women will stay and complete their mission."

At war

Six years later, in 1989, the question of whether women should serve with their units wasn't even asked. Before the invasion of Panama, 620 women were already stationed there, and 170 more were sent. They continued the proud tradition of those who'd gone before them.

Who then could have imagined that a year later, this all-volunteer force, comprised of men and women, would face its first large-scale challenge? This force was, for the most part, untested. Could they do the job? Would their equipment work? Could they withstand the harsh environment a continent away? News magazines, cover after cover, examined the all-volunteer force and placed special scrutiny on the women, the nearly 11 percent of the entire force on active duty.

Not only did women withstand the microscopic scrutiny; they served professionally and withstood the blistering heat of the summer and the cold, windy, dust-filled desert winters. They were there to deter war by being ready to wage it. When Saddam Hussein failed to comply with the United Nations deadline, they, with their units -- their comrades -- crossed the line in the sand.

About 3,800 Air Force women, in units of both the active and reserve components, served in the desert. When the air campaign began, they were there -- serving in military airlift, airlift terminal and cargo management, aerial refueling, communications, intelligence, fire fighting, aeromedical evacuation and a wide variety of support specialties. Women Air Force pilots flew and crewed strategic transports, tactical transports, tankers, reconnaissance and aeromedical airlift aircraft.

When the ground war began, 26,000 Army women and 1,000 women Marines were there with their units. They served in a wide variety of specialties, including military police, intelligence, communications and civil affairs. They flew helicopters, drove trucks and operated the Patriot missiles. One thousand Navy women were part of the campaign, as well. They served on hospital ships, supply ships, repair ships, oilers and ammunition ships. They flew helicopters and reconnaissance aircraft and served in Navy construction battalions. In all, nearly 35,000 women served. Fifteen of them died: four of them, all enlisted soldiers, were killed in action. Two women, an Army truck driver and an Army flight surgeon, were taken prisoner. This you know. You saw them on television, in magazines and newspapers. You welcomed them home, and you mourned with those families whose sons and daughters, husbands and wives, fathers and mothers made the supreme sacrifice for our country. To all of them you were a grateful nation. You recognized their professional commitment and patriotism. By your actions you thanked them.

Today the legacy of these soldiers, sailors, airmen, Marines and Coast Guardsmen lives on. Their proud tradition doesn't end here.

This spring a historic change in assignment policy occurred when combat aviation specialties and assignments on Navy combat ships were opened to women. Secretary of Defense Les Aspin said: "We know from experience that women can fly our high-performance fighter aircraft. We know from experience that they can perform well in assignments at sea. And we know from Operations Desert Storm and Desert Shield that women can stand up to the most demanding environments."

Later, when honored by the Women in Military Service for American Memorial Foundation for his contributions to the advancement of women in the services, he said: "Opening opportunities for women in uniform isn't just the right thing to do. It's also the smart thing to do. It's smart because the U.S. military is making dramatic changes in the post-Cold War era, changes that need to be made. As we do, we can't waste any talent. We need to tap the talents of everybody we have. And I salute all the women who have played -- and will play -- such a key role in making America's military forces the world's finest."

What do those serving think of these changes? Says one Army aviator, "I knew it would happen -- not by revolution, but by evolution." Says another: "I am pleased with these changes, and I'm proud of those who served so well before I joined. But more than anything, I want to be regarded not as a woman soldier, but as a soldier."

A soldier first, because the patriotic, selfless service -- of those who served before and those who now serve -- knows no gender. When we think of those soldiers, sailors, airmen, Marines and Coast Guardsmen, we won't visualize only young men. We'll remember the young women who also dedicate their time, talents, and -- yes, their very lives -- to protecting our nation. *Army Public Affairs*

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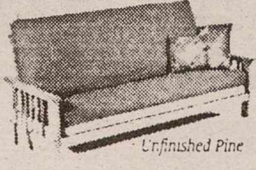

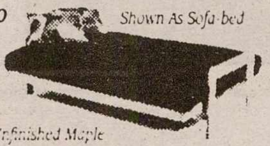

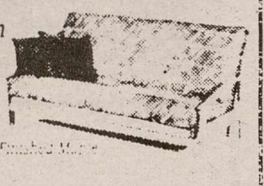

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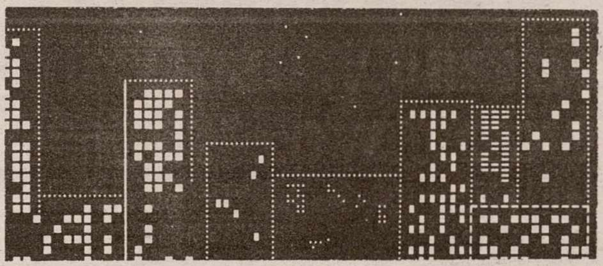

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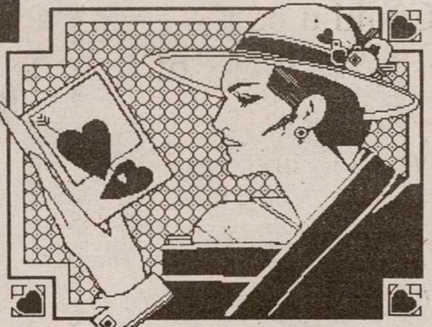

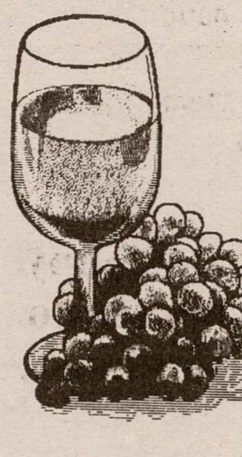

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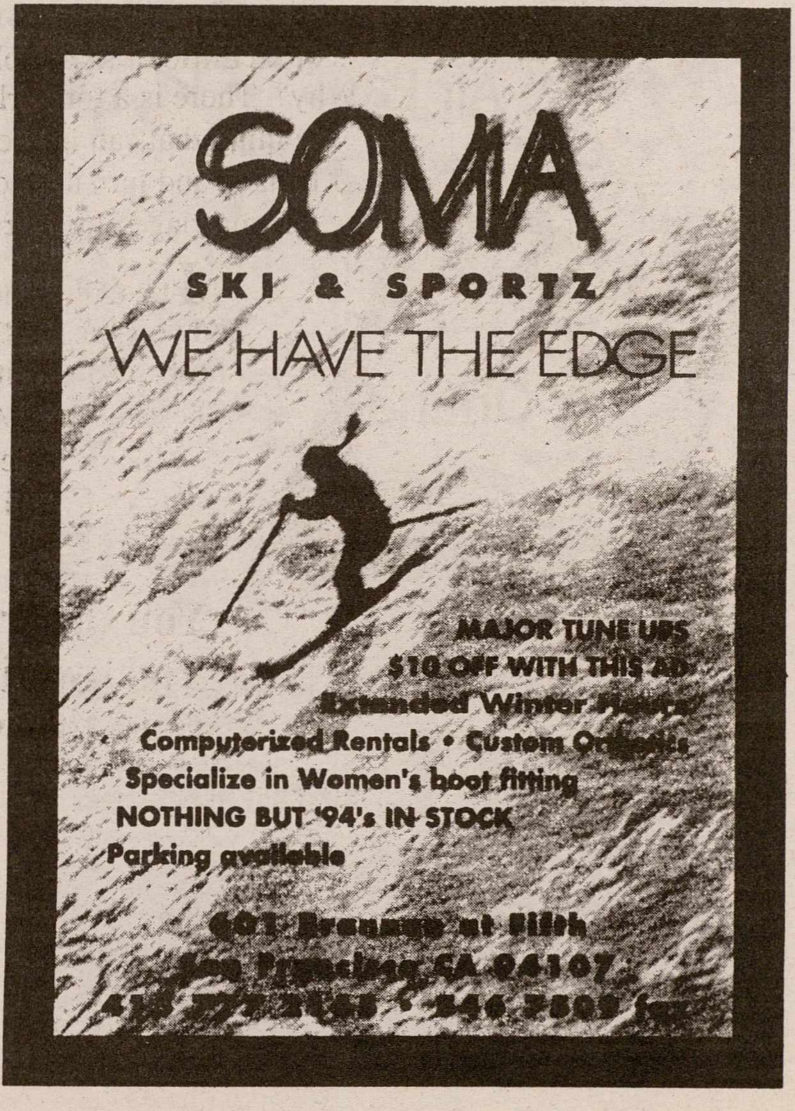

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Fluid replacement is important after workouts

By Capt. Maria E. Bovill, R.D.
Letterman U.S. Army Health Clinic

I am often asked, "How much water should I drink to replace losses due to physical activity?" Water and other fluids are very important to the body. One of its many functions is cooling the body, primarily by the evaporation of sweat.

When you exercise, you can lose large amounts of water. A very strenuous workout could result in the loss of up to 1-1/2 quarts of fluid in one hour for a 150-pound person (equivalent to about 6-8 8-ounce glasses of water!). Dehydration can reduce your performance and increase your risk for heat cramps, heat exhaustion and even heat stroke. It's recommended you drink 6-8 8-ounce glasses of fluid daily (i.e., water, fruit juices, milk).

What about sports drinks? Cold water is actually absorbed more quickly than fruit juices or even sports drinks. As far as needing to replace electrolytes lost in sweat, a normal diet will make up for those losses. (One cup of sports drink contains about 20 mg. potassium, compared to 500 mg. potassium in one cup of orange juice!) For workouts greater than 60 minutes, sports drinks may provide an advantage by furnishing energy to your muscles. However, this can be achieved more economically by diluting fruit juices to half-strength.

What about salt tablets for replacing salt losses? Some sodium is lost in sweat, however, the use of salt tablets can be dangerous and is not necessary. Salt tablets draw fluids from other parts of your body into your stomach to help dilute the salt concentration. This dehydrates your body, which will certainly hinder your performance. The sodium lost in sweat is easily replaced by the diet. For example, one liter of sweat contains about 0.9 to 1.4 mg. sodium; the average American diet provides approximately 4-1 mg. sodium per day!

Before, during and after. It is important to remember that hydration is needed before, during and after workouts to enhance performance. **Before:** 2-2-1/2 hours before, drink two cups of fluid. 15 minutes before, drink two more cups of fluid. **During:** Every 15-20 minutes during a workout, drink 1/2 to one cup of fluid. **After:** Drink two cups of fluid for every pound lost.

For more information, call the LUSAHC Nutrition Clinic, at **561-2664**.

GGNRA Job Announcements

The Golden Gate National Recreation Area has the following positions open:

Secretary (Office Automation), GS-318-05, permanent full-time, in GGNRA Safety Office. Announcement No. GOGA-94-12, closing Nov. 12.

Safety & Occupational Health Specialist, GS-018-7/9, permanent full-time, in GGNRA Presidio Operations Office. Announcement No. GOGA-94-11, closing Nov. 12.

Electrical Engineer, GS-850-11, permanent full-time, in GGNRA Presidio Operations Office. Announcement No. GOGA-94-10, closing Nov. 12.

Applications (SF-171) should be submitted to Golden Gate National Recreation Area, Bldg. 201, Fort Mason, San Francisco, CA 94123, ATTN: Personnel.

AAFES Job Announcements

Projectionist, 35mm, Post Theater. Intermittent position, Friday, Saturday and Sunday. Must possess a thorough knowledge of 35mm and 16mm projection equipment. Starting hourly wage for a certified projectionist is $11.08. Non-certified projectionist wages start at $9.46.

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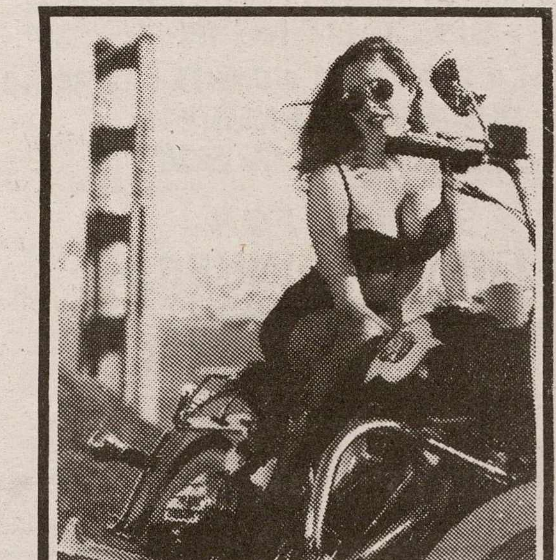

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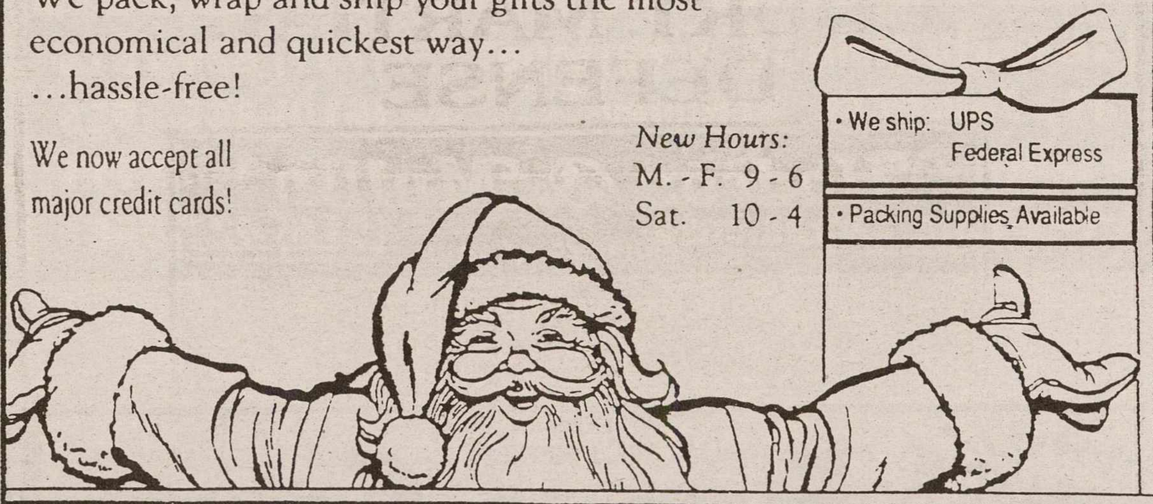

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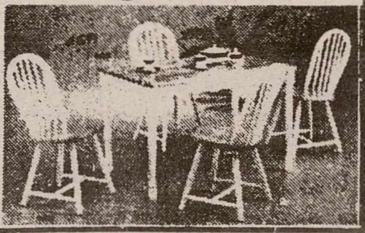

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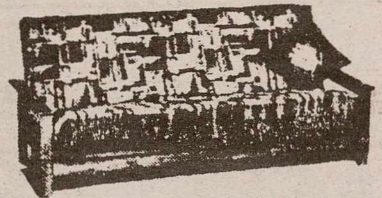

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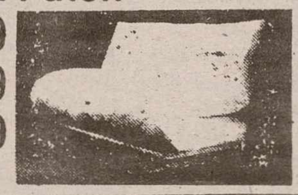

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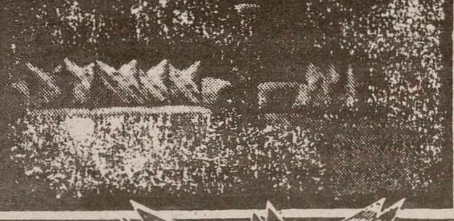

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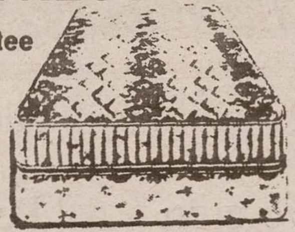

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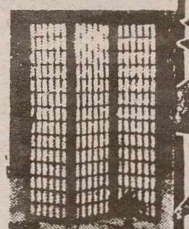

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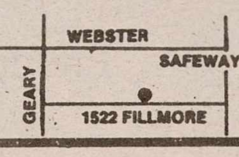

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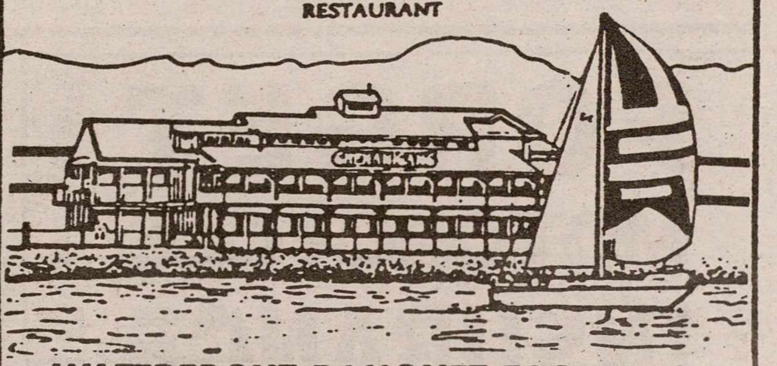

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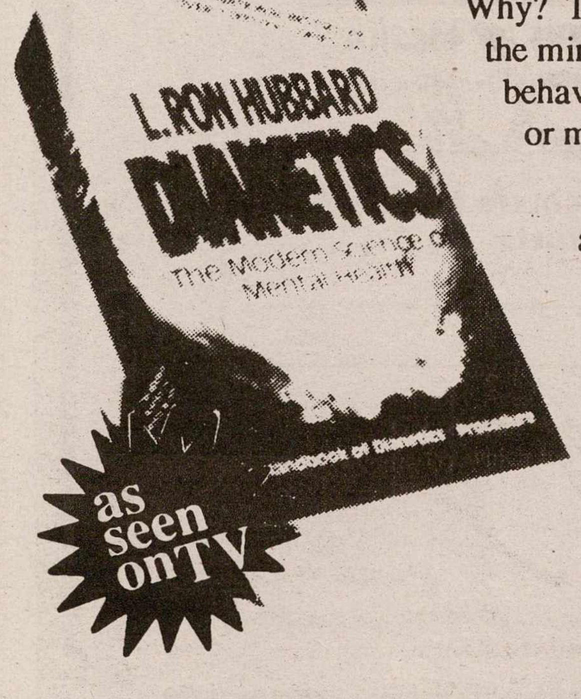
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Star Presidian

Vol. 38, No. 44 Published for the Presidio of San Francisco Community Nov 24, 1993

Contributions of military families marked this week

By Dayle Ann DeLong
Army Community Service

The contributions of families are being marked during National Week of the Military Family currently underway through Nov. 28.

Many cost-saving events have been scheduled throughout the Presidio to thank military families.

Through Sunday, the Army and Air Force Exchange System Main Post Exchange will offer 25-percent off selected toys. They will also have a 25 percent discount on all coats and jackets.

At Anthony's Pizza in the PX Mall, buy two large pizzas and get the third free. At Frank's Franks, buy a combo for $3.50, a savings of 85 cents. The AAFES will also sponsor a two-for-one night at the Post Theatre, Nov. 26.

The Directorate of Personnel and Community Activities will sponsor specials at the Presidio Officers' Club, Arts & Crafts Center, Auto Crafts Shop, Outdoor Recreation Center, and the Bowling Alley. The Officers' Club will feature children's lunch specials, 11:15 a.m. to 1 p.m., through Friday.

The Family Night Buffet tonight at the Officer's Club will be highlighted by a family theme dinner special.

The Arts & Crafts Center will have 10 percent off on all resale store items through Nov. 27. The Auto Crafts Shop will offer a 10-percent discount on all services provided by the Auto Skills Center and the Outdoor Recreation Section will have a 10-percent discount on all checkout counter items, including skis, poles, boot rental, camping gear and fishing gear during the same period.

The Child Development Services will have a story hour from 9:30-10:30 a.m. though Nov. 25, in the Gross Motor Room.

The Scheduled Airline Traffic Office, Installation Tour and Travel Leisure Travel Section will give away four $25 gift certificates. Sign up in the SATO/ITT office anytime during Military Family Week. No purchase is necessary. Winners will be announced Nov. 29. Sign up by calling Sandy Cornett at **561-3992** or visiting the ITT Office, in Bldg. 210, 9 a.m. to 1 p.m. or 2 to 5 p.m.

Happy Thanksgiving!

Sgt. John W. McGarrah

From a distance

The lucky few service members, families, civilians, reservists, guardsmen, and retirees who live and work at the Presidio of San Francisco have a lot to be thankful for as we enter the holiday season. Even with the shadow of base closure in the future, the Presidio is still a great place to work or call home.

Dental plan coverage costs something to smile about

Soldiers paying premiums for the Dependent Dental Plan will get their money back with one year of preventive dentistry on their family members, according to experts.

The premium for DDP, which is a voluntary program for spouses and eligible children of active-duty service members, is $9.65 per month for a soldier with one family member and $19.30 per month for a soldier with two or more family members.

"If you go in for an exam, X-rays and cleaning, roughly it's going to be $75," said Lt. Col. Gerald Cox, a pediatric dentist. "If you have a spouse and two kids, it's $225. Some of this (the exam and cleaning) needs to be done every six months.

"If you pay $19.30 a month for 12 months, you've put $230 into the system," he went on. "You've got your money back with one trip to the dentist."

What the soldier pays each month is 40-percent of the actual cost of insurance. The government puts in the other 60-percent.

"One of our major concerns is soldiers disenrolling, thinking $19.30 is too much money out of their paychecks," Cox said.

Families of soldiers with at least 24 months of active duty remaining, who are stationed in the U.S., Guam, Puerto Rico or U.S. Virgin Islands, were automatically enrolled in DDP on April 1, when a new DDP program took effect. Soldiers may disenroll at any time up to July 31 if the plan has not been used.

Soldiers overseas were not automatically enrolled, because military dental care for families is still available there. A soldier on an unaccompanied tour should provide DDP for family members by completing **DD Form 2494** at the personnel office.

The plan, also known as the Delta Dental Plan, allows for annual maximum coverage of $1,000 per family member for non-orthodontic work.

A lifetime maximum of $1,200 per family member under age 19 is allowed for orthodontics.

With the plan's expansion, family members eligible for DDP will not be seen at stateside dental clinics, with a very few, very limited exceptions.

Call the Letterman U.S. Army Health Clinic's Patient Service Center at **561-4509** for details about DDP coverage. Letterman U.S. Army Health Clinic's Dental Activity, at **561-4778**, can explain any locally applicable exceptions.

"Anything that is covered in Delta, we can't do," Cox said. "The dental-care system in the Army is just no longer going to be able to take care of dependents. That's the bottom line."

A list of local dentists who accept DDP is available at LUSAHC.

Cox said that dentists who accept Delta will fill out insurance paperwork involved in the claim.

"I think there is some anxiety on the part of service members and their families, because they have been accustomed to the military system," Cox said. "Basically, by becoming a Delta dentist, the dentist has agreed to file all insurance forms. Patients don't have to worry about that at all."

Editor's Note: This article was provided by Letterman U.S. Army Health Clinic Patient Service Center and was adapted from a Fort Gordon, Ga., news release.

Thanksgiving message

Happy Thanksgiving
©

Commander's Thanksgiving Message

During this national time of thanksgiving, let us remember the sacrifices and dedicated service of generations of soldiers and their families. Since the days of our nation's birth, they have given of themselves to provide security and peace for their fellow Americans. Members of today's Army Family are faithfully continuing that patriotic duty.

Within that security and peace, our country has grown and prospered. Our people have enjoyed a way of life and freedoms that others in the world can only envy. Peace and freedom have been preserved at a heavy cost; a cost dearly paid by thousands upon thousands of American soldiers. Today's men and women in uniform proudly and successfully continue that legacy of faithful duty and service.

So, as we gather with our friends and loved ones, counting our blessings and enjoying our freedom, we should remember and thank our soldiers, past and present, for making this day possible. We should also thank those now in uniform for safeguarding our freedom and making future holidays even more hopeful. Lastly, and most importantly, we should give our heartfelt thanks for being an American!

Blessings to you and yours on this uniquely American holiday!

Glynn C Mallory. Jr

GLYNN C. MALLORY, JR.
Lieutenant General, USA
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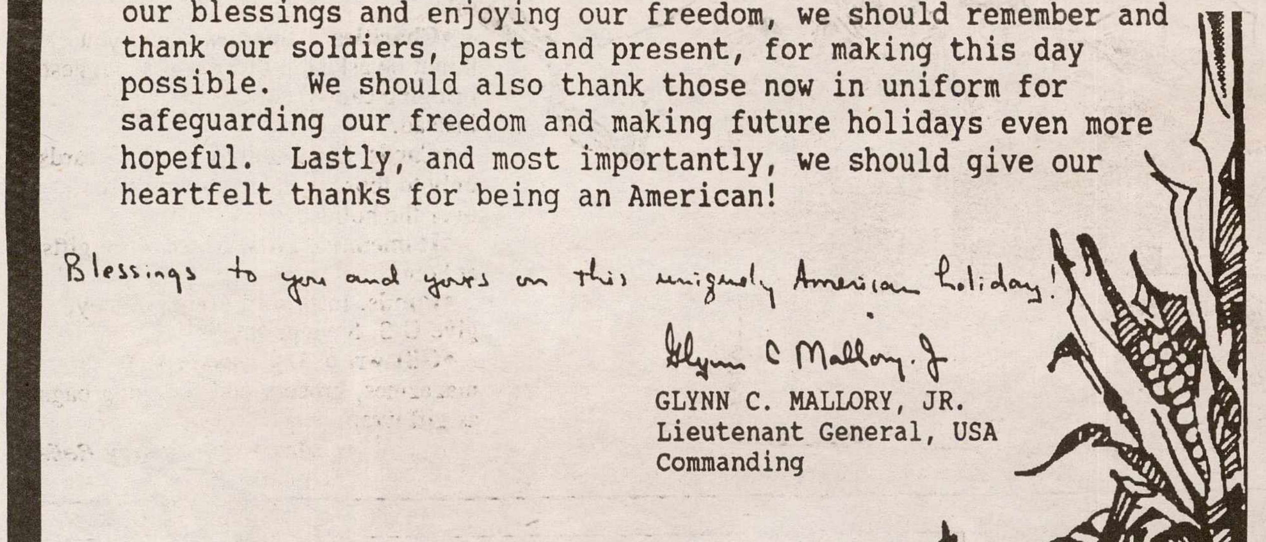
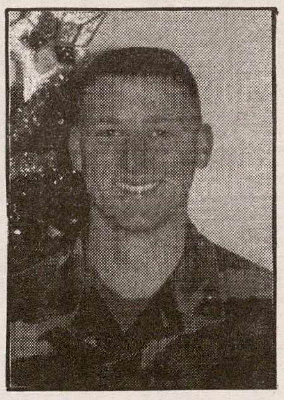
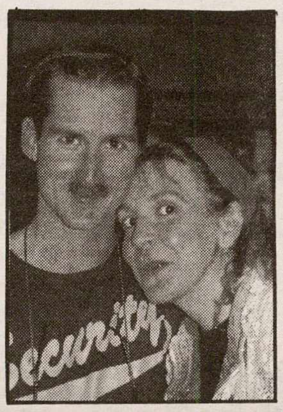


Ask Presidians

"As an Army family, in what ways do you provide support for each other?"



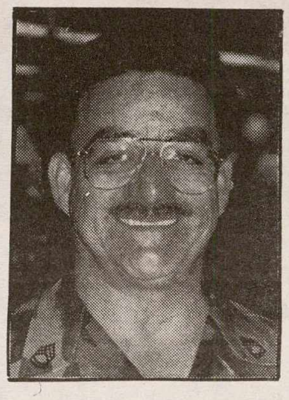
Pfc. Ray Leloup, patrolman, LEC: "Just by being understanding about the strange hours and holidays that I have to work. Being in the military is not like any other job in the world. My wife understands that."



GM3 Gerald & Martina Douthitt, Naval Station Treasure Island security: " In just about everything we do. We listen to each other and support each others' decisions and respect each other's opinions. We try to support and understand each other all the time."

Lynne Stevens, family member: "We support each other through understanding. My husband, Maj. William Stevens, is a physician, so he has to put in long hours. I try to plan special things which we can do during the times that we are together."

Charlotte Pamplin, family member: "Army families support each other in many ways: In my area we watch each others' kids, and walk with each other. There's a real sense of community here; it feels safe. My kids feel they can go to the neighbors in an emergency."



Sgt. 1st Class Art Carrillo, Admin NCO, DCS (M): " My wife volunteers at ACS for the community. She takes fantastic care of the house and children during the times we're seperated. She endures it all and provides love and understanding."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Office helps employeers/job searchers find each other

By Brenda Peixotto and M.J. Helgerson
Outplacement Office

What is the Outplacement Office? It is a group of specialists within the Civilian Personnel Office whose primary function is to help transitioning Garrison employees search for jobs. These specialists (counselors) will coach and assist employees during their job search. The ultimate goal is to connect an employee with an employer who has a vacancy.

The Outplacement Office has been organized with the job applicant in mind. Current vacancy announcements, computers with career search programs, and telephone access are in the same area with the counselors, making it possible for an employee to do a "search" or schedule an interview on the spot.

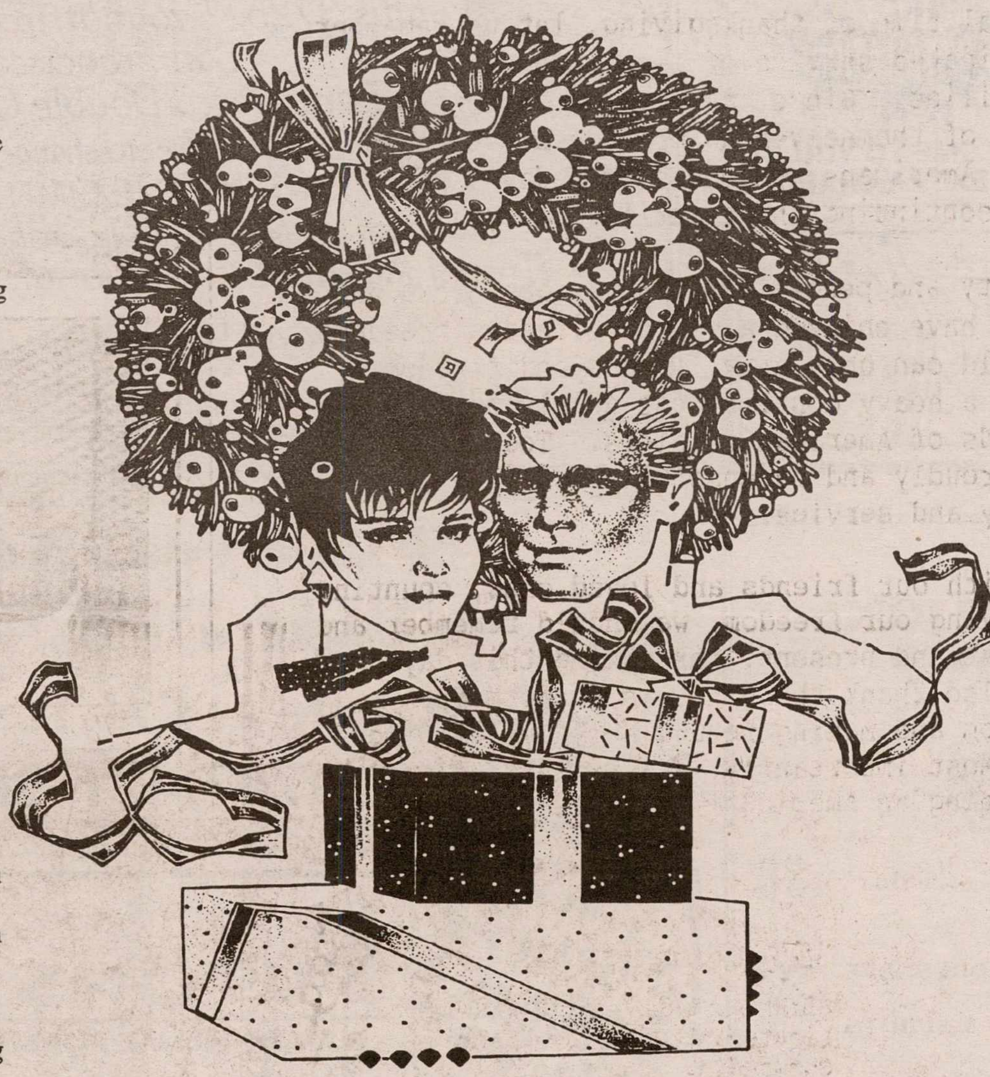
The Job Resource Center is close by and has computers and programs available for updating SF-171s and resumes. The Army Career and Alumni Program provides counselors every other Tuesday, Wednesday and Thursday mornings to enter employees into their computers for job matches or help with resume fine-tuning. The California State Employment Development Department provides a counselor every Thursday to register employees in the state's computer network for vacancies. All of the programs and services require appointments due to time constraints and availability.

Several weeks ago, the Outplacement Office sent out "The Presidio Outplacement Worksheet." This survey was designed as a tool for matching candidates who were immediately ready for employment interviews for jobs. The responses from the surveys have revealed some disturbing information. Very few employees have an up-to-date SF-171 or resume--the two documents necessary to apply for a job. Many employees indicated they will not be available for a job until late 1994.

A cautionary word to the wise -- if you are waiting until the base closes to begin looking for a job, you are putting yourself and your job opportunities in jeopardy. Finding a job is a process which takes an average of six months or longer. Unemployment in the Bay Area is hovering at 10 percent. Competition is fierce at all levels of employment. Many of you will be facing a new career or unemployment for the first time in your adult life. Inexperience in competing for jobs will be a frustrating and demanding process. Don't wait until you're "ready" -- start preparing today!

The Presidio Outplacement Office is located in the Civilian Personnel Directorate, Bldg. 37, on the second floor at the east end of the building. The Outplacement Team is Gary Stella, chief, at **561-4999**, Tippie Vargo at **561-5388**, M.J. Helgerson at **561-2336**, Christie Showell at **561-2405**, Juanita Whitehead at **561-2760** or Outplacement Specialists and Brenda Peixotto, outplacement assistant, at **561-2430**. They will be "making the connections" for you. Call for information or assistance.

Shopping intelligently during holidays helps save money



The National Center for Financial Education, a San Diego-based non-profit organization devoted to helping people become more thoughtful spenders and better savers, offers these tips for the holiday season.

•**Have a plan**. Create a written plan for holiday spending and gift-giving in advance.

•**Spending limits**. Establish spending limits for each person on your list and start looking for bargains early.

•**Gift list**. If it's been a tough year financially, shrink your holiday gift list. Suggest not exchanging gifts or mutually observing lower dollar-limits on gifts.

•**Trips to stores**. Separate shopping trips (comparing prices, quality, value) from spending trips (making a purchase) and resist taking cash, credit cards or a checkbook on the shopping trips.

•**Sales**. Wait for sales.

•**Ads**. Watch advertising and sale flyers for items you intend to buy.

•**Sale dates**. Ask retailers when the items you are interested in buying will go on sale. Most retailers will reveal sale dates, because they don't want you to shop their competition.

•**Shop later**. Shop later in the season for smaller gifts, wrapping and accessories to take advantage of clearance sales.

•**Outlets**. Shop at liquidators, buying clubs and factory outlet stores.

•**Bulk buying**. Buy in bulk with other family members or friends.

•**Use cash**. Spend cash and avoid using credit cards. Charge cards tend to promote indiscriminate spending.

•**Checkbook**. Keep your checkbook balanced to avoid overspending.

•**After Christmas sales**. Give adults gifts on New Year's Day to take advantage of after-Christmas sales.

•**Services**. Consider gifts that don't cost a lot, such as offering your services as an emergency baby-sitter for young families, or gardening or housecleaning for a grandparent.

•**Employee discount**. If you take a part-time job over the holidays, take advantage of your employee discount and early information about upcoming sales.

•**Charities**. At parties where you might be asked to bring a gift, suggest bringing canned food for a charity instead.

•**Cards**. Send holiday greeting cards only to those people you won't see over the holiday.

•**Homemade gifts**. Make more gifts at home.

•**Bonds**. Instead of giving money, give U.S. Savings Bonds.

•**Gift wrap**. Use newspapers, magazines, grocery and shopping bags as gift wrap.

Army Emergency Relief

Veterinary services provides care for four legged friends

By Capt. Julie Stephens
Travis Air Force Base Veterinary Services

Veterinary service is alive and well at the Presidio of San Francisco--on a limited basis. Travis Branch, U.S. Army Medical Activity, Fort Irwin (Travis Air Force Base) has been providing limited veterinary services to the Presidio. Twice a month, the first and third Wednesdays, the clinic in Bldg. 668 is open from 8 a.m. to 1 p.m.

In order to make an appointment, you need to sign up on the sheet outside the door at the Veterinary Clinic. Walk-ins are welcome, but appointments take precedence. The veterinary clinic will only be able to perform routine vaccinations, de-wormings, heartworm tests and feline leukemia tests. Over-the-counter products and heartworm medications will also be dispensed.

Unfortunately, since this is a remote clinic, sick calls will not be taken. Veterinarians and veterinary technicians can only bring limited inventory and equipment when travelling, so everyone should have a civilian vet for sick calls or pet emergencies.

In addition to regular clinics at Travis, the Travis Branch runs limited service clinics at Alameda Naval Air Station (second Wednesday every month), Treasure Island Naval Station (quarterly) and Petaluma U.S. Coast Guard Training Center (semi-annually). Appointments for the Alameda clinic may be scheduled through the Travis office at **(707) 424-3010**. Walk-ins are accepted at all clinics.

If you have questions or concerns about veterinary services and the various remote clinics operated by Travis, call **(707) 424-3010**, Monday through Friday, 8 a.m. to 4 p.m. **Because veterinarians and technicians may be travelling, leave a message if you get the machine! We'll call back as soon as possible. We look forward to serving you and your pet!**

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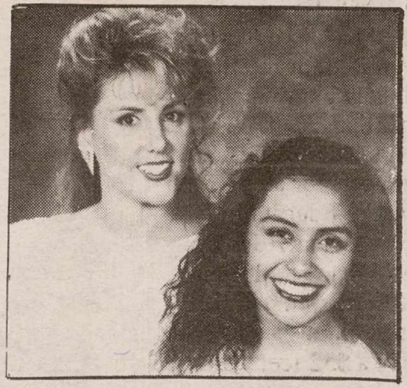

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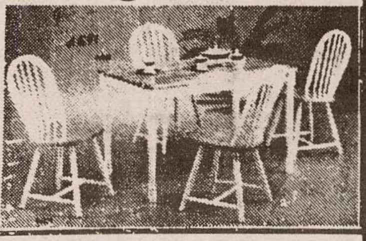

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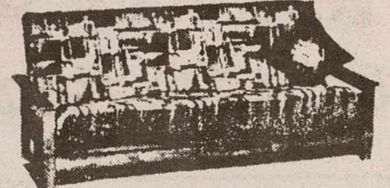

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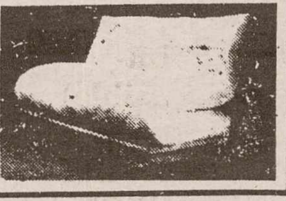

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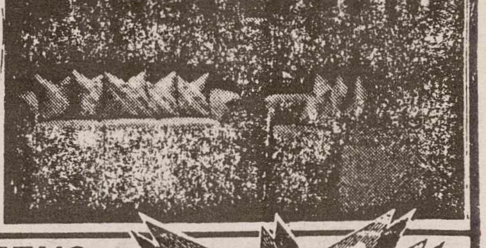

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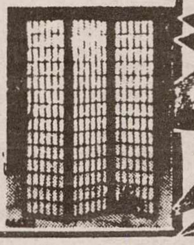

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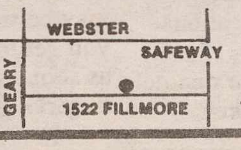

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Presidio News Briefs

Changes made at Pentagon credit union

Recent changes at the Presidio's Pentagon Federal Credit Union branch include the cancellation of all teller service and cash transactions. Deposits must be made by check. Members who wish to get cash can do so at the automated teller machine in front of the Post Exchange. All other services remain intact. The Credit Union still offers loans, IRAs, checking and savings accounts, and VISA/MasterCard memberships as before. The exchange has agreed to cash bank checks from Pentagon Federal Credit Union (not personal checks) for up to $500. Credit Union hours are still 10:30 a.m. to 3:30 p.m., Tuesdays through Fridays. Specific inquiries can be directed to 561-6227 during business hours.

Open season for health, thrift benefits

Open season for the Federal Employees Health Benefits Program is through Dec. 13. This is your annual opportunity to join if you are not already enrolled, or if you are enrolled, to change your health plan coverage. If you are enrolled and do not wish to make a change, your current enrollment will continue without any additional action on your part. Plus, there is an open season on the thrift plan through early January. As with the health plan, you may apply now for the thrift plan or change your thrift plan during this open season. The application forms for both plans are available in the waiting room of the Civilian Personnel Office. For information, call **561-5621**.

Manchu Day held for 9th Infantry soldiers

There will be a celebration and ceremony for soldiers who served with the 9th Infantry Regiment, from 9 a.m. to 4 p.m., Dec. 3, on the Presidio. This celebration has been designated "Manchu Day." It will include a historic tour of the Presidio, welcoming of distinguished guests, and a presentation of 9th Infantry coins and certificates to all attendees. For information, call Maj. Lindsey A. Smith, executive officer, Headquarters Command Battalion, at **561-6108** or **6013**.

HAAF New Year's Eve celebration planned

Tickets for the Sixth Annual New Year's Eve Bash will soon be on sale at the DoD Housing Facility Recreation Services Office at Hamilton Army Air Field at Novato, Calif. The celebration will be from 8 p.m. to 1:30 a.m., Dec. 31. Guests can bring their own hors d'oeuvres and other favors to share with others. For information and reservations, call **382-4210**.

Education center offers computer courses

A free **Advanced WordPerfect** course will be offered from 10 a.m. to 12:30 p.m., Tuesdays and Thursdays, until Dec. 14. Active duty soldiers have priority, followed by Department of the Army civilians who work on post. Army reservists, other military, and family members may enroll on a space-available basis. To register, see Kay Terry at the Education Center, Building 1216, on Fort Scott.

Education Center offers college exams

College hopefuls will have a chance to take the CLEP and GMAT entrance examinations here.

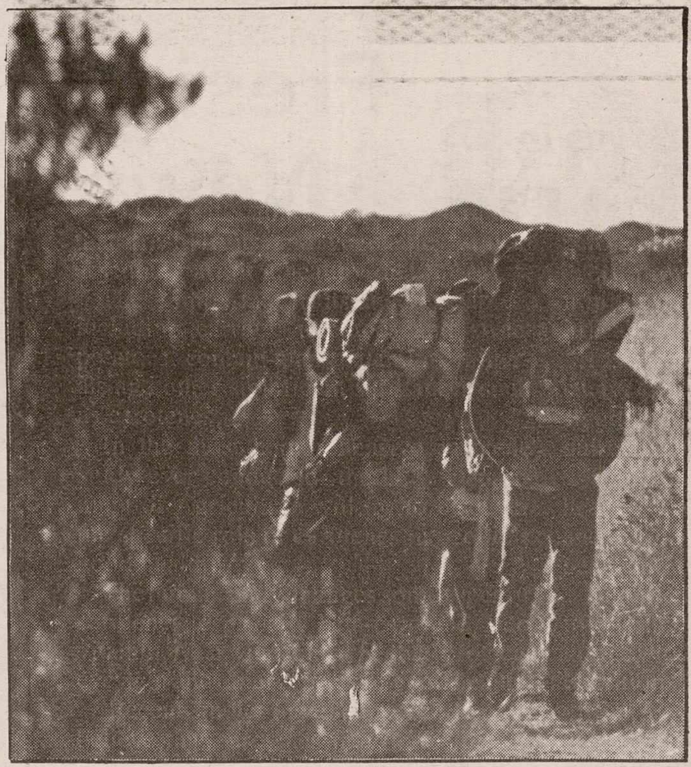
The CLEP English with Essay general exam will be given at 1 p.m., Jan. 11, 1994, in the Presidio Education Center, Building 1216. This examination is given free for the first time to active duty or reserve military personnel attending, or planning to attend, colleges which accept this test rather than the multiple-choice CLEP English general exam. Family members, Department of Defense civilians, and retirees may take the test for a $40 fee. The test must be ordered in person by Dec. 7 at the Education Center.

The Graduate Management Admission Test will be given from 7:30 a.m. to 12:30 p.m., Jan. 18, 1994, at the Education Center. The GMAT is given free the first time to active or reserve military personnel who plan to pursue a master's degree in business. Soldiers who re-test must pay a $52 fee. Tests must be ordered no later than Dec. 15 during an in-person counseling session at the Education Center. For information call the center at **561-4445** or **561-2974**.

Tax volunteers sought to aid soldiers

Once again, The Office of the Staff Judge Advocate, Client Services Division, is seeking volunteers to help active duty soldiers, retirees and family members with their taxes. Classes by both the Internal Revenue Service (Jan. 10 to 14) and the California Franchise Tax Board (Jan. 18 to 20) will be given at the Fort Scott Education Center, Building 1216. Child care will be provided for volunteers. Anyone interested in becoming a volunteer income tax assistor should call Sgt. Joseph MacMillan at **561-4273**.

See Briefs, *Page 10*



Presidio of San Francisco Scout Troop 77 members hike up the dusty trail in their quest to tame the highest point on the National Seashore recently.

Arduous climb, skunks can't keep Boy Scouts from reaching the top

By Theresa Seegel
Special to the Star Presidian

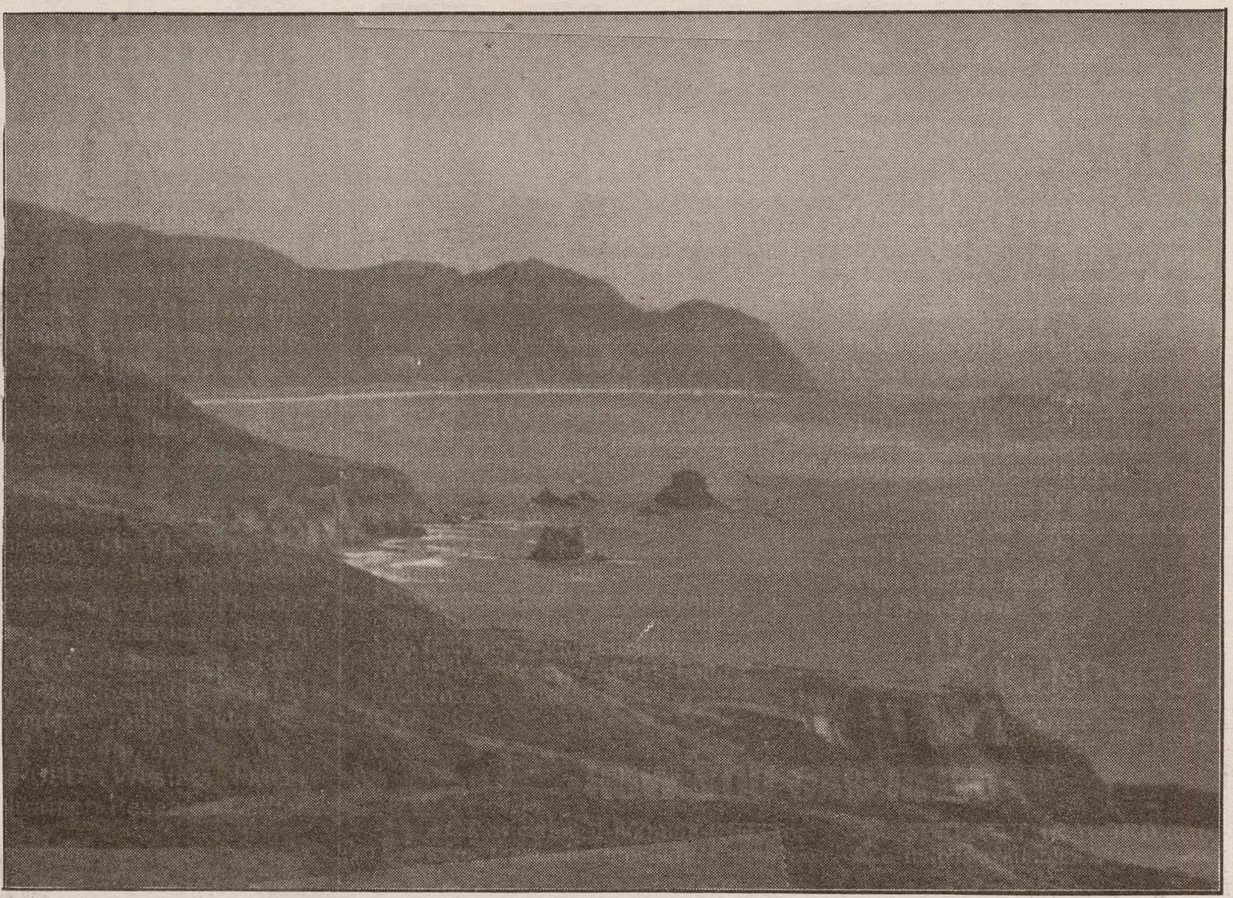
Hiking Mount Wittenberg, which is 1,407 feet high and the highest point in the National Seashore, was the goal for Presidio Boy Scout Troop 77 during their recent campout, Nov. 12-14.

Fourteen Boy Scouts and four adult leaders made their base camp at Point Reyes National Seashore. The day-long hike up Mt. Wittenberg was on the agenda for Saturday.

Under the leadership of Backpacking Merit Badge Counselor Lt. Col. Wayne C. Agness, Headquarters Command Battalion commander, five Boy Scouts made the mountain hike with full packs of 35-40 pounds: Kevin Agness, Cody Forrest, Brandon Koplin, Wade Martin, and David Nelson. Backpacking the 12.6 mile trek fulfilled a requirement for the Backpacking Merit Badge.

One important lesson was learned after several visits by skunks to the camping area: Do not store food in your tent!

For information on joining the Presidio Boy Scout Troop, call Col. Jim Newell at **561-2682**.



Photos by Russ Forrest

Beautiful vistas such as this greeted the climbers around each turn at Point Reyes.

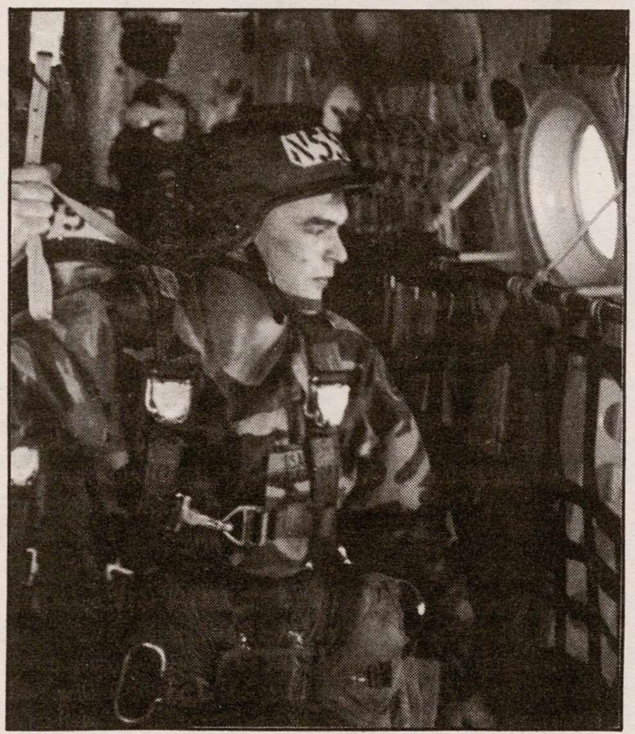
Making camp and preparing their own meals was all part of the fun during the recent campout.

The more than 12 mile climb wasn't an easy one as many scouts found out the hard way-blisters.

Though it was only a mountain, these Scouts feel like they're on top of the world after reaching the top of Mount Whittenberg, Nov.20.

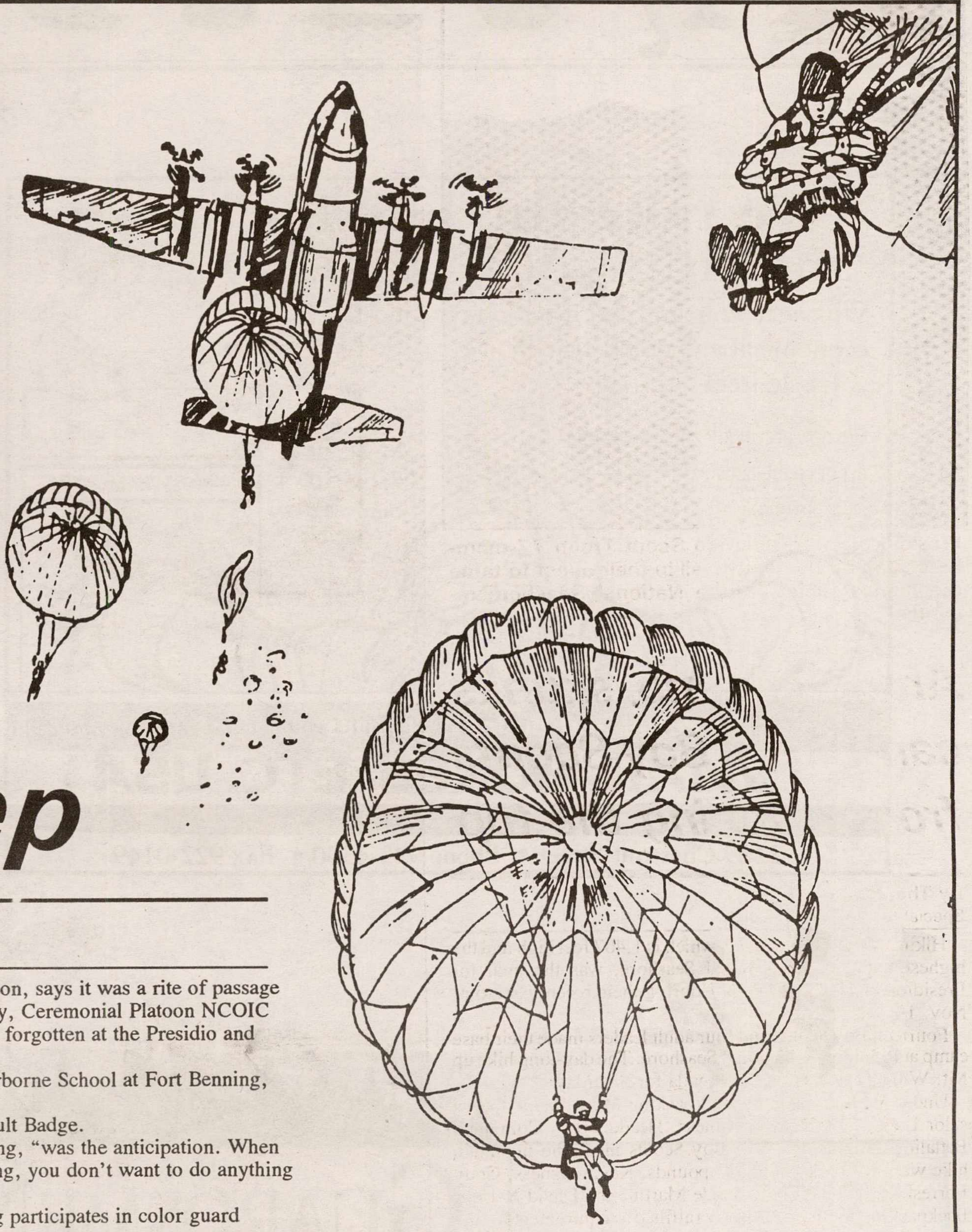
Golden Gate National Recreation Area Vacancy Announcements

Environmental Protection Assistant, GS-0029-07. Announcement Number. WRO-93-29. Closes Dec. 3.
Maintenance Worker, WG-4749-05 (three positions). Announcement Number WRO-93-30. Closes Dec. 3.
Carpenter, WG-4607-09 (two positions). Announcement Number WRO-93-26. Closes Dec. 3.
Electrician, WG-2805-10 (two positions). Announcement Number WRO-93-27. Closes Dec. 3.
Pipefitter, WG-4204-10 (three positions). Announcement Number WRO-93-28. Closes Dec. 3.
Call National Park Service Personnel Division, (415) 556-2035, for information.



Master Sgt. James Jackson

Cpl. Bryant Long awaits his turn to jumpduring Airborne training at Fort Benning, Ga. recently.



The Big Step

By Sharon E. Everett-Roles
Star Presidian Staff

Cpl. Bryant Long, of the Presidio's Ceremonial Platoon, says it was a rite of passage as far as training. Sgt. 1st Class Christopher J. Kennally, Ceremonial Platoon NCOIC and Long's supervisor, says it is because training is not forgotten at the Presidio and career development is a must.

"It" is Long's recent graduation from the Army's Airborne School at Fort Benning, Ga.

The Owensboro, Ky., native also wears the Air Assault Badge.

"The most difficult moment," Long said of his training, "was the anticipation. When you're sitting in the harness shed reviewing your training, you don't want to do anything wrong."

When not jumping from perfectly good aircraft, Long participates in color guard activities, funeral details, and salute batteries.

Before coming to the Presidio of San Francisco, Long was stationed at Fort Wainwright, Alaska.

Beware! Death drives the holiday highways

By Evelyn D. Harris
American Forces Information Service

Every year, traffic accidents kill more Americans between the ages of 6 and 33 than any other cause--almost half these deaths involve alcohol.

To highlight the problem, the Department of Defense and national safety officials designated December as National Drunk and Drugged Driving Prevention Month. The theme for the month is "Let's Take a Stand: Friends Don't Let Friends Drive Drunk."

The percentage of DoD motor vehicle fatalities involving alcohol continues to decline, said John Lemke, assistant director for DoD occupational safety and occupational health policy.

During the first three quarters of 1993, traffic fatalities involving alcohol took the lives of 316 military members. Of these, 65, or 19.2 percent, stemmed from alcohol-related accidents, said Lemke.

For the first three quarters of 1992, alcohol was a factor in 55, or 19.6 percent, of the 280 military highway deaths.

Lemke said the continued decline is due to DoD prevention efforts as well as a change in society's attitude toward impaired driving. The DoD will continue to emphasize the designated driver program.

"It's a good idea for friends to buy the designated driver's soft drinks and food," he said. "Also, some clubs on base and restaurants outside offer discounted sodas for the designated driver." In addition, many installations sponsor programs for people needing rides.

Army Maj. Joel Oswalt, provost marshal at Fort Belvoir, Va., said he'll place the remains of a car demolished in an alcohol-related accident in a strategic place on post.

"This is mainly to get the attention of teenagers, who can benefit from the shock value," he said. "We'll also have electronic signboards reinforcing the messages put out by local police and national safety organizations. They'll remind people to wear seatbelts, use a designated driver and not let friends drive drunk."

Oswalt said fighting drunk driving is a three-pronged effort involving education, prevention and enforcement.

"I prefer the first two, because enforcement is unpleasant for everyone, but we will step up enforcement during the holiday season," he said. "We'll have checkpoints, and I can guarantee that people who drink and drive on our post will get caught and will be punished.

"I urge everyone not to take that first drink if they are going to drive," added Oswalt. "You may think you can drive well after one or two drinks, but your judgment is impaired. It's not pleasant for me, for the doctors who try to put someone together after they've been in an accident, or for the family to deal with the loss or injury of a loved one."

Nationally, drivers and pedestrians impaired by alcohol accounted for 17,700 deaths last year, or about 45 percent of the nation's 35,235 traffic fatalities, according to Tarry Hess, a National Highway Traffic Safety Administration spokesperson. As bad as these figures appear, they are an improvement from 1972, when 54,589 died on U.S. highways, half in alcohol-related crashes.

The proportion of teen-age drivers involved in fatal crashes while intoxicated has dropped significantly, from 31 percent in 1982 to 17.1 percent in 1992. Still, said Hess, 2,452 youths aged 15 to 22 died in alcohol-related crashes last year, about eight every day.

"That is a lot of parents who will never see their children again," she said. She said surveys show fewer eighth graders today believe underage drinking is bad than a similar survey in 1989. "This means that without prevention efforts, we may see more teen-age fatalities in the near future."

The safety administration is urging states to adopt a "zero-tolerance" policy for youthful drinking, Hess said. As of July 1993, a total of 16 states had established lower blood-alcohol contents for youth to be declared legally drunk. Young drivers caught driving even these smaller amounts of alcohol in their blood would lose their licenses under a zero-tolerance policy.

A coalition of public and private organizations sponsors the month. They include the National Highway Traffic Safety Administration, the U.S. Department of Health and Human Services, Mothers Against Drunk Driving, and the International Association of Chiefs of Police.

December is National Drunk/Drugged Driver Prevention Month

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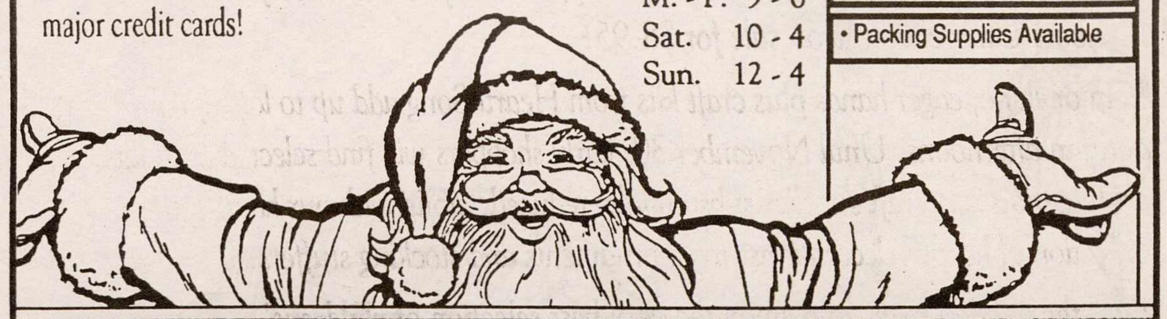

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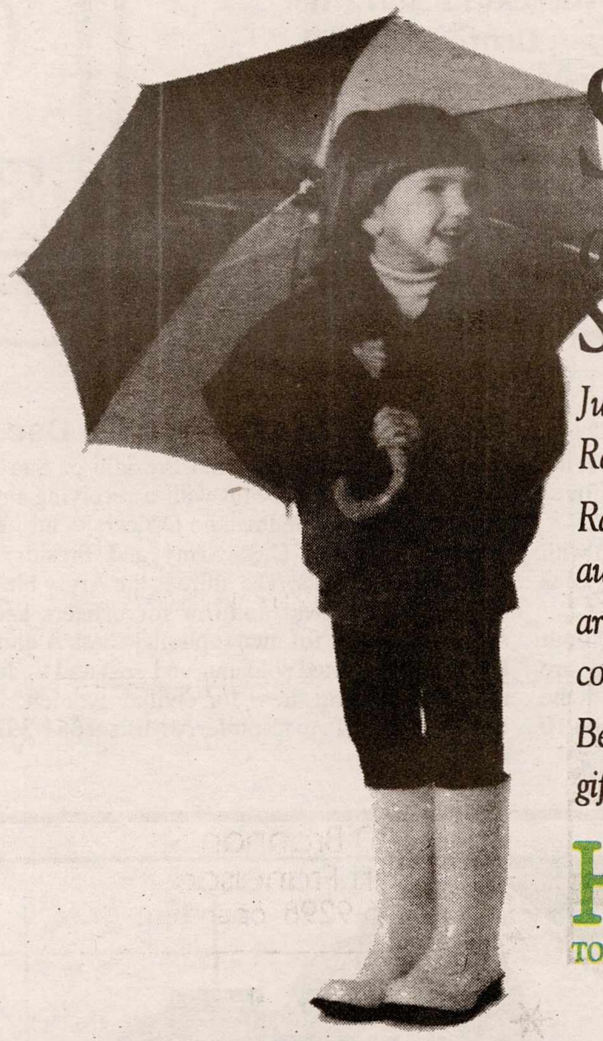

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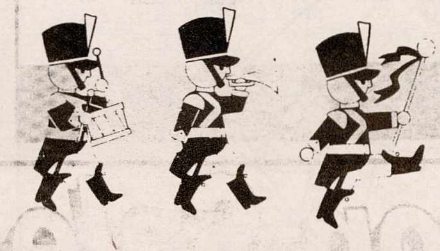

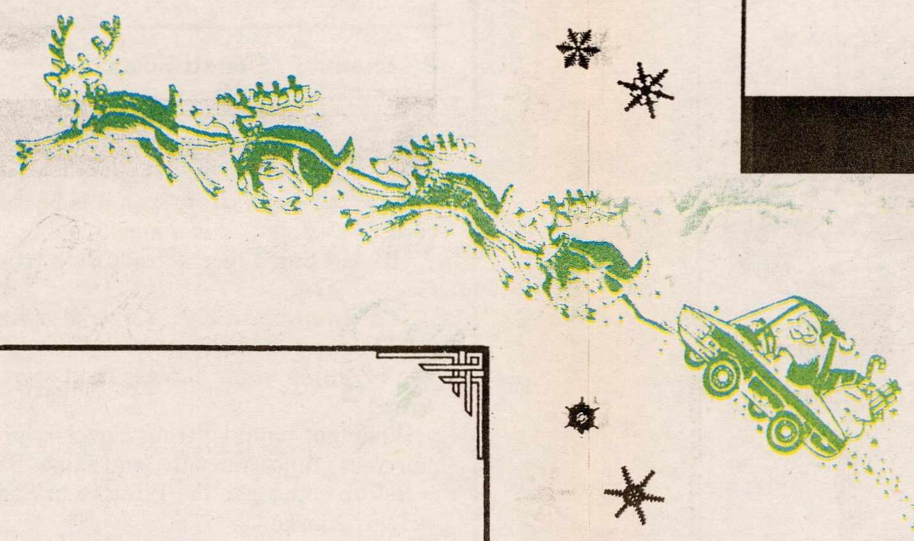

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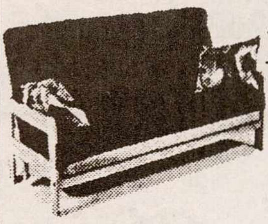

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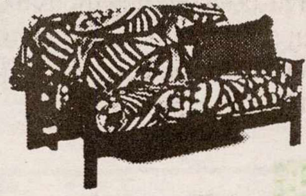

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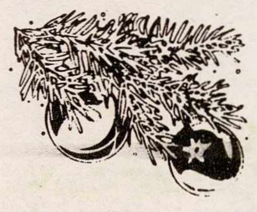

Briefs, continued from Page 5

Emergency leave donation requested

Herman Fox, an employee at the Directorate of Logistics, is experiencing a medical emergency and has exhausted all sick and annual leave.

Anyone wishing to donate annual leave should contact the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-3780**.

English Essay CLEP exam offered

The CLEP English with Essay general exam will be given on Tuesday, Jan. 11, at 1 p.m.

This examination is given free for the first time to active or reserve military personnel attending, or planning to attend, colleges which accept this test rather than the multiple-choice CLEP English general exam.

Family members, DoD civilians, and retirees may take the test for a $40 fee. The test will be given at the Presidio Education Center, Bldg. 1216. Individuals planning to test must order their examination in person by Dec. 7.

Call **561-4445** for information.

Education Center offers GMAT Test

The Presidio Education Center, Bldg. 1216, will administer the Graduate Management Admission Test, Jan. 18, 1994, at 7:30 a.m. to 12:30 p.m.

The GMAT is given free the first time to active or reserve military personnel who plan to pursue a master's degree in business.

Soldiers who re-test must pay a $52 fee. Interested soldiers may order a test by Dec. 15 during an in-person counseling session.

Call **561-4445/2974** for information.

ADMIT ONE

Movies at the

Presidio Theatre

Tonight-The Good Son (R)
Saturday-A Bronx Tale (R)
Sunday-Mr. Jones (R)

All movies begin at 7 p.m.

1296 E-54

Teen job bank established on post

Presidio Youth Services has created a Teen Job Bank for teens to work and earn extra money within the community.

If you need a baby sitter, lawns mowed, or help with that special holiday party, you can support the post's teens by providing odd jobs.

For information, contact Bill Boehm at the Youth Center, Building 386, at **561-5143**. Teens who are interested in getting a job can fill out an application at the center from 3 to 7 p.m., Monday through Friday, and 10 a.m. to 3 p.m., Saturday.

Christmas Ball planned for Dec. 17

The Sixth U.S. Army and Presidio of San Francisco Christmas Ball will begin with a receiving line at 6:30 p.m., Dec. 17 in the Presidio Officers' Club. The ball is open to all Sixth U.S. Army and Presidio soldiers, civilians and guests. The attire is the Army blue uniform or Army blue mess uniform for officers and enlisted soldiers, bow tie for men (optional Class A uniform with bow tie for enlisted soldiers) and coat and tie for civilian men and evening dress for civilian women. For menu details, R.S.V.P. to Capt. Jerry Mraz at **561-3928** no later than Dec. 7.

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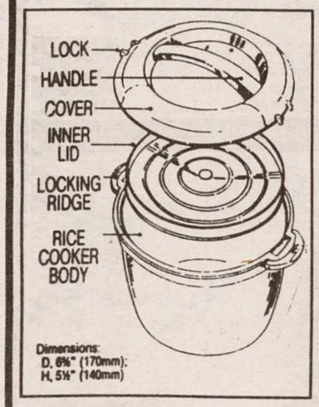

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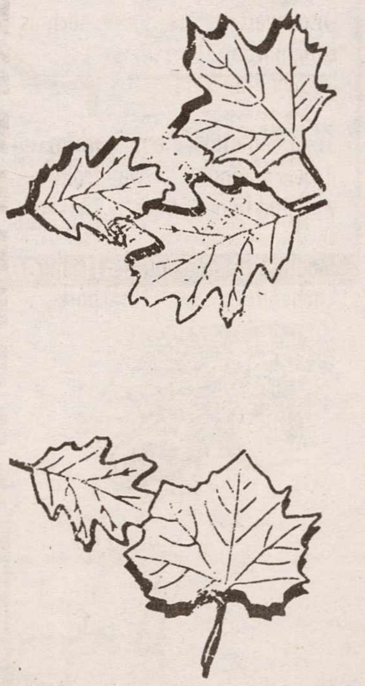

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Fruits, vegetables essential part of healthy diet, lifestyle

In 1993, it's almost taken for granted that fresh fruits and vegetables are an essential part of a healthy diet.

These important fruits and vegetables, including carrots, tomatoes and sweet potatoes, contain many vitamins, minerals and other significant substances such as carotenes.

In the most comprehensive carotene study ever conducted, the U.S. Department of Agriculture will try to discover the specific role of carotenes in people's good health.

The human body changes some types of carotenes, especially beta-carotene, into vitamin A, a vital nutrient that protects eyesight and other aspects of good health.

Recent studies have led researchers to believe that carotenes may have important health benefits in their own right and do not serve purely as components of other vitamins and minerals.

Dr. Betty Jane Burri, a research scientist with the U.S.D.A., will conduct one of the first studies on the benefits of carotenes to women's health.

"In previous studies, carotene depletion appeared to cause significant changes in healthy young women," says Dr. Burri. "If these changes are substantiated by this study, we will be able to show that significant amounts of carotenes are required as part of a healthy adult diet."

The U.S.D.A. is currently seeking 12 healthy women between the ages of 22 and 40 to participate in this study set to begin in January, 1994.

Qualified women will receive $3,675 for their completion of this 120-day live-in study to be held at the Western Human Nutrition Research Center on the Presidio of San Francisco. Women interested in volunteering for this important study should call Bionetics Recruiting at **(415) 556-2174**, Monday through Friday between 8:30 a.m. and 4 p.m.

From the USDA Western Human Nutrition Research Center

Happy Holidays, Presidio!

Help in the war against child abuse

There's a war going on right here in America.

It's a war you don't always hear about, against an enemy you can't see, but 1 in 4 American kids feels it every day. The casualties are so heavy that if a foreign power were responsible, we wouldn't hesitate to call in the troops.

So that's what we are doing.

With the help of the men and women who serve our country, KidsPeace can win the war against child abuse and fight an epidemic of kids in crisis — kids growing up too fast, trying to survive drugs, bullies, and broken families.

KidsPeace has been halting, helping, and healing the pain of America's kids in crisis for 111 years with one of the highest residential success rates in the country — over 80 percent. Through its 25 treatment centers and the 300-acre National Center for Kids in Crisis, KidsPeace helps restore childhood to more than 2000 children a day.

Your help will also support a national prevention campaign reaching out to millions of families with practical guides, hotlines, and advice, as well as educational programs and special projects.

There are millions of children counting on you to win a war they can't fight alone.

Win it here at home.
Give KidsPeace.

KidsPeace℠
The National Center for Kids in Crisis
1650 Broadway
Bethlehem, PA 18015

HOW YOU CAN HELP:

1. **ACT** by calling 1-800-858-KIDS for a free prevention brochure.
2. **SPREAD THE WORD** that help is available.

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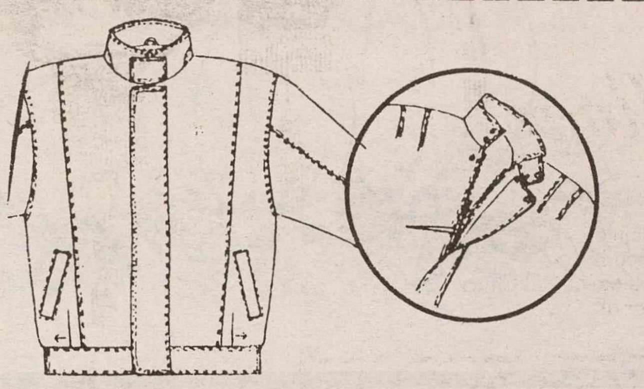

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- Replace electrical cords that do not work properly, have loose connections or are frayed
- Disconnect hot appliances, such as curling irons; store in a safe location until cool
- Keep flammable items, such as towels and papers, away from wall and floor heaters
- Mount a fire extinguisher in the kitchen for grease fires, sparks from faulty wiring, etc.

American Red Cross
Bay Area

For more information, call or write your local office.

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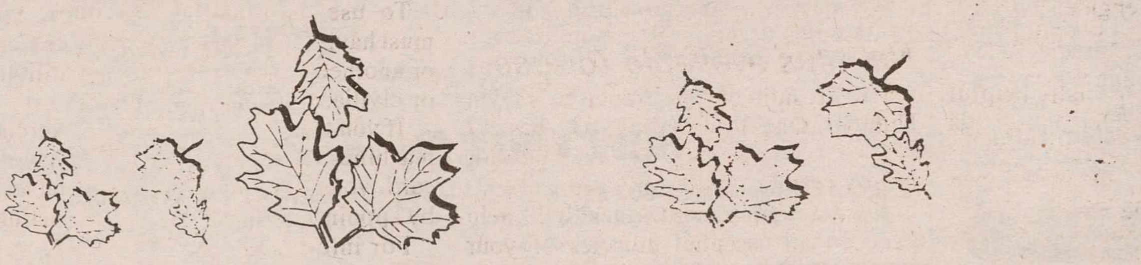

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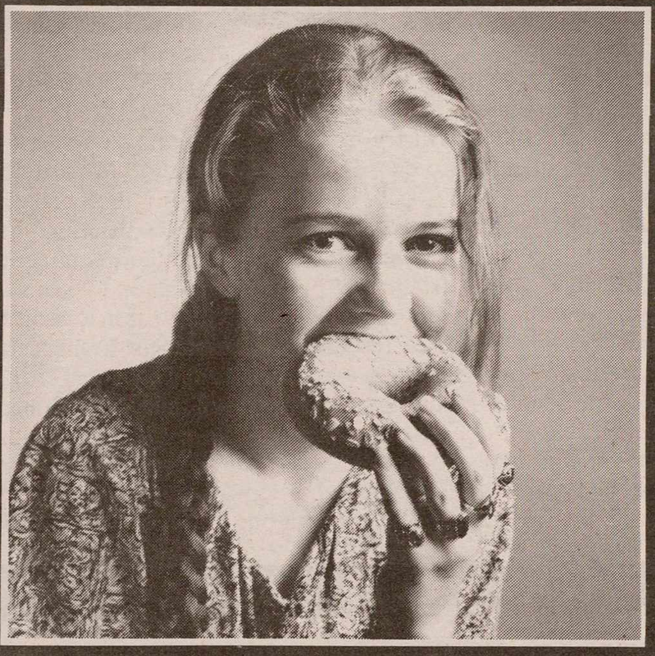

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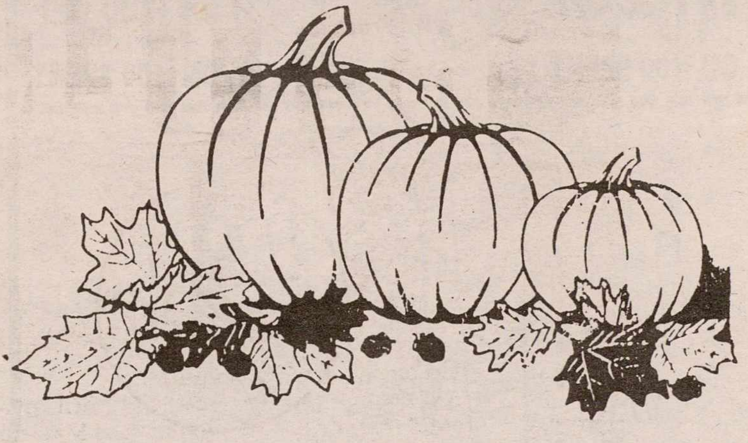

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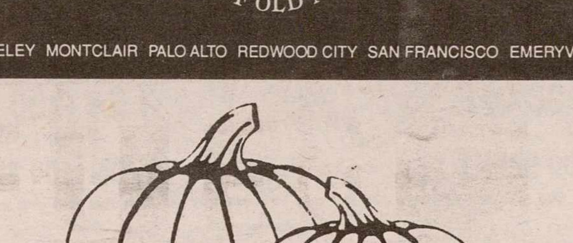

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Sports Branch schedules post Christmas holiday tournaments

The Sports Branch, Community Recreation Division, will host various sports tournaments during the Christmas holidays, Dec. 20 to 31.

All tournaments will be scheduled during the afternoon, and the type of tournament will be determined by the number of entries.

Entry fees will be charged to cover the cost of awards and other expenses.

Entry deadlines will be the same day and time as the meeting for the rules explanation for each sport.

Events, entry fees and initial rules meetings are as follows:

•*Racquetball*-$5 per event, entry deadline is noon, Dec. 16. The rules meeting will be at that time in Gym Number One, Building 63.

•*Volleyball*-$25 per team, entry deadline and rules meeting are 11 a.m., Dec. 16 in Gym Number One.

•*Basketball*-$50 per team, entry deadline and rules meeting will be at 11:30 a.m., Dec. 16 in Gym Number One.

•*Bowling*-$6 per event, in the Presidio Bowling Center. Call **561-5032** for bowling information.

All scheduled tournaments are open to all soldiers, Department of the Army civilians, and family members, 19 years of age and older, assigned or attached to the Presidio of San Francisco.

Teams may include soldiers, DA civilians and family members, regardless of assignment.

For information, call Bobbie H. Gascon at **561-5032.**

Water aerobics class now offered at HAAF

Tired of the same old excersises? Repititions getting repetitious? Here's something new, just for you.

The Special Service Pool at Hamilton Army Air Field at Novato, Calif., offers water walking, water aerobics, lap swimming and water running.

These exercises use water's natural resistance to tone and strengthen muscles, including the heart, increase joint flexibility and burn fat.

Water exercises are especially helpful for people with joint problems, arthritis or those who are just out of shape.

If you are pregnant, the water can support your baby while you exercise.

Call the pool, at **883-5962,** or Janness Coon at **382-8538.**

Nautilus available for use

The Presidio of San Francisco's Gym Number One in Building 63, has 17 Nautilus weight machines available for use by certified users only.

These popular machines will help exercise all essential muscles of your body in 20 to 30 minutes.

To use the Nautilus machines, you must have a Sports Branch Nautilus Card or another Nautilus card from a military or civilian gym.

If you know how to use these exercise machines but do not currently have a card, you must pass a short practical test, by appointment only, with Bob Darling.

For information, call **561-4131.**

ATTENTION FEDERAL AND POSTAL EMPLOYEES

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This Open Season, ask yourself,
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- Plus, Much More

This is a summary of the Mail Handlers Benefit Plan High Option. Before making a final decision, please read the Plan's Federal brochure (RI 71-07). All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.

NEW VISION DISCOUNT PROGRAM*

Save 20% to 60% on glasses, contacts, and other eyecare services at over 1,600 Vision One Centers.

*These benefits are neither offered nor guaranteed under contract with the FEHB Program, but are made available to all enrollees and family members who become enrollees of the Mail Handlers Benefit Plan.

HAVE YOU SEEN LOWER RATES?

These rates do not apply to all enrollees. If you are in a special enrollment category, please refer to your special Enrollment Information Guide and Plan Comparison Chart, or contact the agency which maintains your health benefits enrollment.

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	SELF ONLY	SELF AND FAMILY
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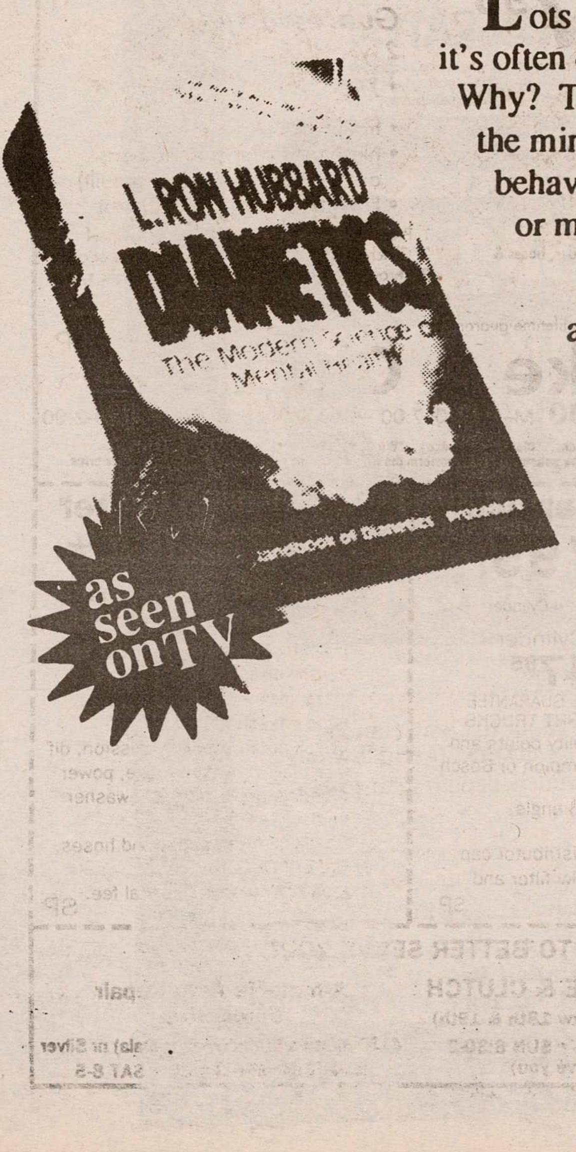
History has a way of repeating itself. Could it be the same with love and in personal relationships? See if any of these situations sound familiar:

- ☐ *You find yourself continually attracted to people who just aren't good for you.*
- ☐ *You have the same argument over and over with your spouse or partner.*
- ☐ *You have an unexplained urge to break off a relationship just when it's going well.*
- ☐ *You have observed a repeated pattern of broken relationships.*

Lots of relationships fall apart because it's often difficult to be able to trust each other. Why? There is a formerly unknown part of the mind that can influence the way people behave and turn a successful relationship or marriage into a broken one.

It's called the REACTIVE MIND, and you can find out all about it and how to handle it in the nation-wide best seller DIANETICS™ The Modern Science of Mental Health, by L. Ron Hubbard.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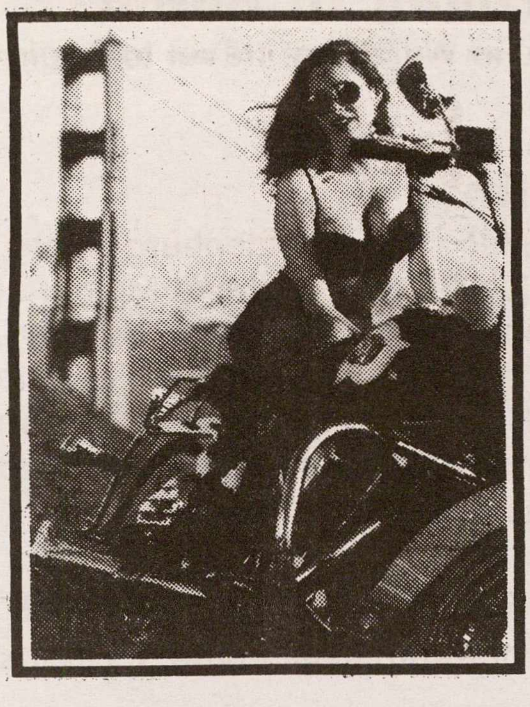

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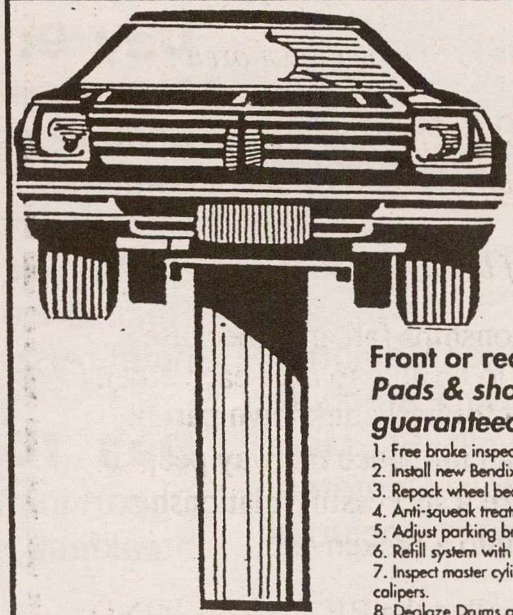

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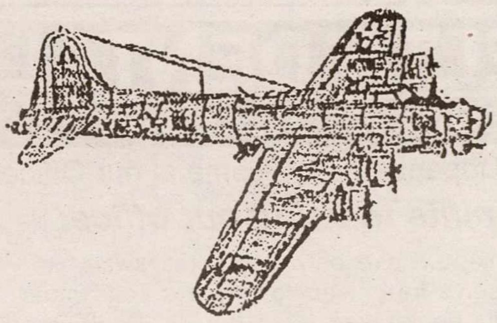
50th Anniversary of

D-Day Tour



May 25 and June 22, 1994

Paris, Normandy, Reims, Luxembourg, Aachen, Berlin, Wurzburg

10 days

Includes 7 dinners and breakfasts

$1,499* twin
$1,399* triple
$1,949* single

Itinerary:

Day 1: Overnight flight to Paris

Day 2: Arrive in Paris
After morning arrival, depart for your Normandy hotel. The rest of the day is at leisure. Enjoy a welcome dinner that evening.

Day 3: Normandy
In morning, visit Pointe du Hoc Ranger Memorial, the Utah Beach Museum and the 508th Parachute Infantry Memorial. In afternoon, visit St. Mere Eglise, Airborne Museum, U.S. Military Cemetery and the Normandy Invasion Museum. Includes breakfast and dinner.

Day 4: Normandy to Reims
In morning, travel to Reims, passing Belleau Wood and Alsne Marne Cemetery. At Reims, visit the "Red School House" and Reims Cathedral. The remainder of the day is at leisure. Includes breakfast and dinner.

Day 5: Reims to Belgium and Luxembourg
In morning, visit a champagne winery before continuing to Bastogne, Belgium, site of the Battle of the Bulge. Then travel to Luxembourg to visit General Patton's grave at the Third Army Cemetery. Includes breakfast and dinner.

Day 6: Luxembourg to Malmedy, Huertgen Forest Aachen
Leave Luxembourg and visit the memorial to the victims of the Malmedy massacre and the Battle Museum at La Gleize. Continue through Huertgen Forest to Aachen for the night. Includes breakfast and dinner.

Day 7: Aachen to Remagen and Wurzburg
In morning, visit the sights of the Battle of Aachen, then continue to Remagon to the Ludendorff Railway Bridge. Then travel to Wurzburg. Includes breakfast and dinner.

Day 8: Wurzburg to Berlin
Following free time in Wurzburg, travel to Berlin. Includes breakfast.

Day 9: Berlin
Sight-seeing includes the Brandenburg Gate, Charlottenburg Palace, Keiser Wilheim Memorial Church, Kurfurstendamm, Reichstag Building, Checkpoint Charlie Museum, remains of the Berlin Wall, site of Hitler's bunker and the German Resistance Memorial. Enjoy a farewell dinner at hotel. Also includes breakfast.

Day 10: Depart Berlin for home
Depart in morning for return flight home. Includes breakfast.

*All rates are per person, subject to change and availability.

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Star Presidian

Vol. 38, No. 45 Published for the Presidio of San Francisco Community Dec. 3, 1993

Spc. Adrienne Story

Take out the old, bring in the new

Despite downsizing, the Presidio continues to improve by taking out the old and bringing in the new. Chris Hartman, operating the crane, and John Sharp, guiding the pole, replace rotted telephone poles throughout the Presidio. A contractor tested poles and identified which were rotted. Those poles will be replaced.

Chaplain and assistant named post's best, will represent Presidio at FORSCOM level

By Spc. Adrienne Story
Star Presidian staff

Chaplains and their assistants have unique relationships. The assistant is the only one who carries a weapon because chaplains are noncombatants. They have to trust each other completely to say the least.

Chaplain (Capt.) Randall Dolinger and Cpl. Marina Urroz won the post wide Unit Ministry Team competition. They were chosen to represent the Presidio at the Forces Command level competition.

The competition is based on team effectiveness, physical fitness, unity, single soldier, family member, garrison and field ministry, cooperation with other UMTs, and pastoral care.

A nomination packet containing photos and information about their accomplishments since Dec. 1, 1992 will be forwarded to FORSCOM and reviewed by six chaplains and six chaplain assistants.

"I feel we have a good chance of winning at FORSCOM," said Dolinger who placed second when competing from Fort Bragg N.C. in 1988. "Not all chaplains and assistants work together as well as we do."

"It's like a marriage," Urroz said. "If you don't get along, no matter if you have to work together, it won't be pleasant and you won't accomplish as much as if you do work well together."

"You have to think of yourselves as a team. Not all UMTs think of themselves as a team, especially being an officer and enlisted," Urroz continued. "We've worked as a team from the beginning that's why we've accomplished so much.

'No one could have done more work than we have unless they stayed up 24 hours a day, seven days a week," Dolinger said. When I competed at Bragg, we didn't do half as much as we've done here."

Together Dolinger and Urroz have accomplished many things to support the Presidio community.

They planned and coordinated a four-day white water training event for the Ceremonial Platoon. Dolinger regularly teaches stress and suicide classes for each unit. Urroz coordinates worship services, prepares the worship site, maintains equipment, safeguards records and offerings and establishes priorities in requests for religious support. Together they conduct sessions for sole parents. They held a sole parent retreat for 14 people

See **UMT** *Page 3*

Couple's love story survives outbreak of World War II

By Sgt. John W. McGarrah
Star Presidian Staff

In 1941, Helen Stetson was a young girl newly arrived in Honolulu to be closer to a first lieutenant she loved and planned to marry. Her life, it seemed, could not get any better. Then overnight, the world she knew came to a horrifying end.

The surprise Japanese attack on Pearl Harbor changed many lives around the world, but it couldn't stop one loving couple from getting married. A month which most remember in infamy, Helen Stetson, the widow of Col.(ret.) Frank Stetson and a part-time volunteer with the Presidio Thrift Shop, remembers as her anniversary.

"I was 28 years old and working at a hospital at the time," Stetson recalled. "It was a Sunday, and I was living at Mrs. Ryan's --- a residential hotel for women. All of a sudden there were people shouting and pointing into the air.

"There was an explosion and a huge mushroom cloud, which we knew had to be one of the ships. I could see a boat taking survivors off the stern. I can remember the ships," she said. "They were sticking out of the water like broken toys. The sky was black from the smoke. The attitudes of all the boys we knew as friends immediately changed. No longer were they happy-go-lucky fellows, they were now `tough Marines.'"

"We kept ourselves locked indoors; afraid of another attack. For months there was black paper taped over the windows to block the lights at night from the outside. We would huddle inside around a single light in the lobby of the hotel with the radio on," she said. "When I would look outside in the days following the attack, I would see the soldiers out on maneuvers across the street.

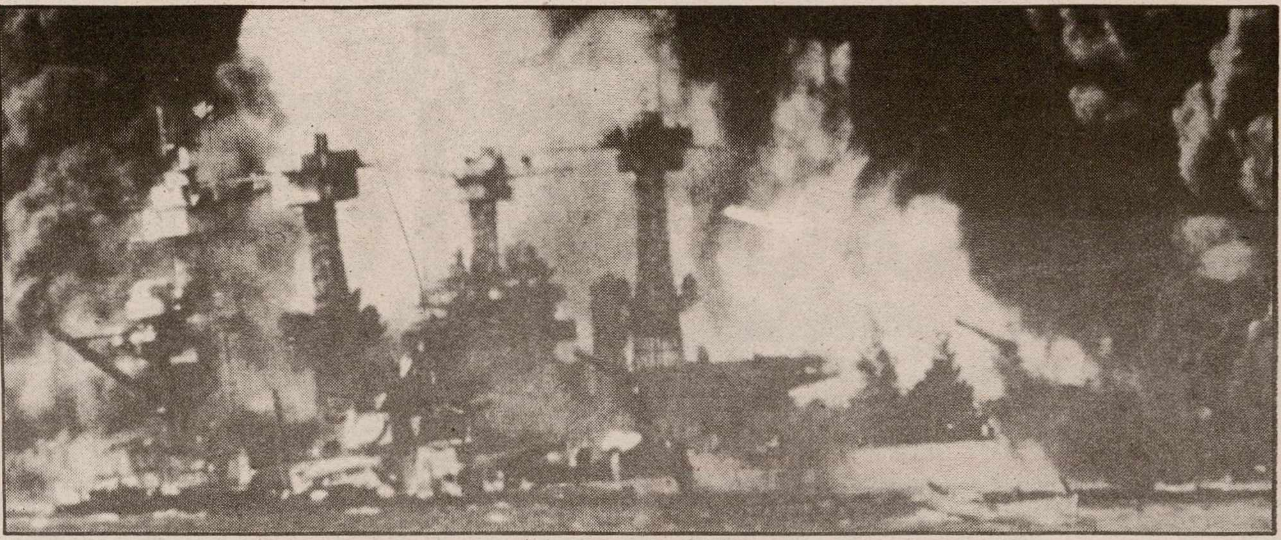
"We had no news for weeks it seemed; no telegrams, buses, or newspapers."

But the fear and apprehension of the turbulent time couldn't make the two change their wedding plans. The plan went on as scheduled. Out of a possible defiant spirit that was sweeping the United States perhaps, "We kept the date on, Dec. 20th, at the officer's club," she said. "It was a very plain ceremony. I didn't have a wedding dress because everything was still in such a state of disarray. He was in his khaki's.

Afterwards, Stetson was sent to safety in Seattle, Wash., where she did accounting work for the Navy until she was reunited with her new husband.

Stetson visited Hawaii for the first time since 1941 this February. The changes over the years astounded her. "In 1941 only the main things were located downtown, today it's built all up --- like Miami on an island. It was nice to go back again."

Editor's Note: Stetson is one of the many volunteers who donate their time and efforts to the Presidio Thrift Shop. Money made by the shop goes right back into the community. If you are interested in volunteering, call **922-3384.**



Commentary

Pearl Harbor...will live in infamy

By John W. McGarrah
Star Presidian staff

When I was a child in school, it was easy for me to remember the date "*Dec. 7*" for history tests, since it was the day after my birthday.

As I grew older, the day took on a more substantial and deeper meaning, culminating recently upon my visit to the *USS Arizona* National Memorial at Pearl Harbor, Hawaii. To many older Americans that date is indelibly imprinted on their memories--"a day," as then President Franklin D. Roosevelt put it, "which will live in infamy."

The serenity and beauty of the Hawaiian Islands makes it hard to imagine the horror of that early Sunday morning in 1941 when slightly before 8 a.m. Japanese fighters and torpedo bombers came screaming out of the sky. The planes belonged to six carriers waiting hundreds of miles out in the Pacific. Within two hours, 2,330 American servicemen were killed and 1,347 others wounded. Eight battleships of the U.S. Pacific Fleet docked in the harbor were hit. Five of the battleships were sunk. Ten other ships were also sunk in the assault. The hangars and airfields at Ford Island, Wheeler Air Force Base, and Kaneohe Naval Air Station also suffered heavy damage, with 188 aircraft destroyed before most could get off the runways. The planes, lined up in formations to assist in guarding them from feared saboteurs, made perfect targets. Civilians did not escape that peaceful morning either as 68 joined the dead.

Japanese losses were comparatively light. Only five midget subs, 29 planes, and 64 men were lost.

America had been rudely awakened out of her peaceful slumber. The flames that burned on the waters of Pearl Harbor for days following the attack were no match for the firestorm of anger, shock and disillusionment that swept the United States as people awoke to the news of the successful foreign attack on the island of Oahu. Though just a territory at the time, most Americans saw it as an attack upon their home soil. As Adm. Isoroku Yamamoto of the Japanese Navy later said, "I fear we have only awakened a sleeping giant, and his reaction will be terrible."

Yamamoto's words are prophetic today looking back upon a conflict that came to a close only with the use of the atomic bomb on the cities of Nagasaki and Hiroshima, Japan. Two names that will live forever in history. They join another famous name -- the *USS Arizona*.

Proudly named for states and cities, the U.S. Pacific Fleet lay in ruins: *the California, Maryland, Tennessee, Nevada, Utah, Oklahoma, West Virginia, Raleigh, Detroit, Phoenix, New Orleans, San Francisco, St. Louis, Pennsylvania, Honolulu, and Helena.* As people sat glued to their radios in every city in every state, the news struck like a bomb of its own. Ships with less familiar names also fell victim: *the Curtiss, Tangier, Neosho, Oglala, Shaw, Downes, Cassin, Vestal,* and the hospital ship *Solice.*

Of the battleships that were sunk, all but three (the *USS Arizona, Oklahoma, and Utah*) were raised and assisted in the war effort. Though she wasn't raised from her watery grave, the Arizona still assisted in the war effort -- as a rallying cry. The Arizona accounted for 1,102, almost half, of the casualties that day after sinking quickly after a direct hit to her magazine. Just as the destruction of another famous ship, the *Maine*, led the way into the Spanish-American War, and the torpedoing of the luxury liner *Lusitania* by a German U-Boat led the way into World War I, history was repeating itself.

Today the gutted remains of the famous battleship, with the exception of one turret, lie just below the surface of the water. If not for the memorial, the site would be virtually invisible from shore. But the memorial stands bone-white in the lush tropical environment--refusing to be ignored, refusing to be forgotten. Almost swanlike in its grace, the memorial straddles the broken hull of the once-proud battleship. The design is simple, bowing in the center to symbolize the losses at Pearl Harbor with the ends flaring up to mark the United States' ultimate victory in the war.

Oil still seeps from the wreckage, making a slight film on the water. The effect lends an almost dream-like quality to the image that lies just below the surface. An effect not much unlike memory and time. Oil was one of the primary reasons the *Arizona* was sent to the harbor's floor. This time it was not America's dependence on the fuel, but her abundance of it. Bent upon domination of Asia, Japan received scrap metal and oil from the United States. The supply came to an abrupt halt, though, when the Japanese annexed Korea and invaded China. Japan could still get oil from the Dutch East Indies, but felt threatened by the United States' strength in the Pacific. A strength which could easily stop the flow of oil needed to keep Japan's war machine running. It was thought that with just one strike to the heart of the American Pacific Fleet, Japan could end this threat forever.

It almost worked, except for two reasons. The attack united a divided nation: no longer were there isolationists and interventionalists, just "us and them."

Popular opinion changed literally overnight. A Gallup Poll released Dec. 4, 1941, showed 80-percent of all Americans were against becoming involved in the conflict raging in Europe. Within 24 hours of the attack, after a unanimous vote by joint session of Congress, the United States was at war. The other saving grace was that exercises and bad seas had kept our three aircraft carriers at sea on that day, or the loss would have been complete.

This year marks the 52nd anniversary of the attack on Pearl Harbor. High-speed jet aircraft now scream from the tropical blue sky; but today they carry passengers, not bombs.

Fifty years of healing have taken place as well, but the scars are still with us. Just like the bullet holes and schrapnel marks which still can be found on the walls of the buildings of Hickam Air Force Base, scars mark both sides. The United States went so far as to intern thousands of her own citizens out of fear in the years that followed the attack.

Reminders of that day in December of 1941 can still be found with ease at the memorial in some of the items left in memoriam. Though not encouraged, some visitors leave flowers, or one of Hawaii's ever-present leis; a postcard, showing an aerial view of the harbor similar to the ones provided to the Japanese bomber pilots to assist them in their raid, is offered in tribute.

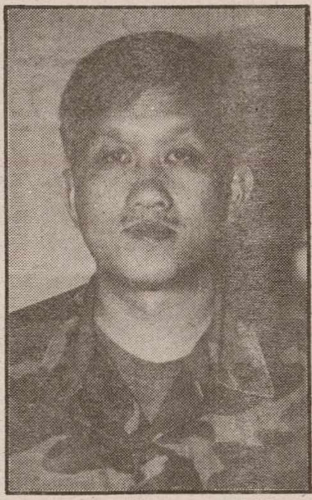
Standing on the memorial surrounded by faces from many other lands, the expressions are all the same: ones of sorrow and reverence.

Here or there you can see a person with a tear in their eye. You almost don't realize that the tour group next to you is from Japan.

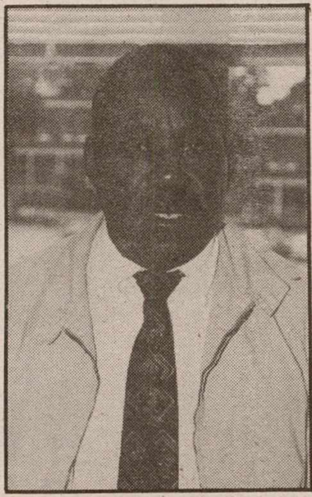
Why should a memorial marking the loss of one ship in one war have such meaning to people from all over the world? The memorial has taken a bigger meaning to "us" and to "them." It stands for the horror of war, and a tribute to the men and women who have given their lives in the defense of their country.

Ask Presidians

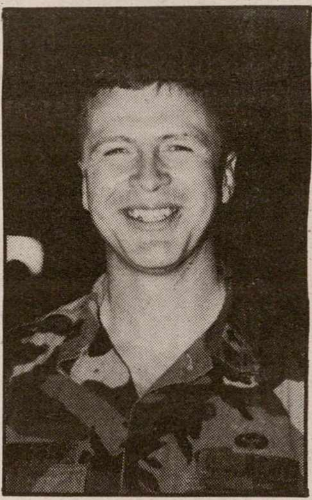
What questions or comments would you like the garrison commander, Col. Gregory A. Renn, to address?



Sgt. 1st Class Jesus P. Salgado, SIDPERS NCOIC: "I would like to find out about the morale support activities on post such as the swimming pool, gym, tennis courts, NCO and officer clubs. Will they still be open in a year to support the soldiers and their families? What activities will be here for Sixth U.S. Army members?"



Harold W. Wilson, communications planner, DOIM: "I think the garrison commander is doing a great job from what I can see already by reading the newspaper and attending meetings we've had. I hope he continues to facilitate the disposition of personnel and equipment and keep everyone informed."



Chaplain (Capt.) Randall Dolinger, Headquarters Command Battalion chaplain: "I would like to know the status of the housing for Sixth U.S. Army soldiers. Will any housing areas be closed? Will soldiers have to move into one housing area or will they be able to remain where they are now. What areas will be open?"

Spc. Jennifer Davis, personnel management specialist, Strength Management: "I would like to find out what is going on with the Headquarters Company, USAG? I've heard many different stories about getting rid of the company and just having a battalion. What is going to happen?"

Interviews by Spc. Adrienne Story

Star Presidian

The *Star Presidian* is published by the offset method of printing every Thursday as a civilian enterprise newspaper in the interest of the Presidio of San Francisco, Calif., by Cal-Tex Publishing, phone (916) 332-7784; a private firm in no way connected with the Department of the Army. All editorial content is prepared, edited, provided and approved by the Headquarters, Sixth U.S. Army Public Affairs Office; and does not necessarily reflect the official views of the Department of the Army or Headquarters, Sixth U.S. Army and the Presidio not constitute endorsement by the Department of the Army or Cal-Tex Publishing of the products or services advertised. Everything advertised in this publication must be made available for purchase, use, or patronage without regard to the race, creed, age, color, sex, marital status, physical handicap, political affiliation, national origin or any other non-merit factor of the purchaser, user or patron unless precluded by applicable federal, state or local laws. A confirmed violation or rejection of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source until the violation is corrected. For news offerings, to include letters to the editor, contact the Star Presidian, Headquarters, Sixth U.S. Army Public Affairs

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Chaplain(Capt.) Randall Dolinger and Cpl. Marina Urroz stay physically fit by running despite weather conditions.

Spc. Adrienne Story

UMT *continued from Page 1*

from Sept. 10 - 12. Thirty-seven soldiers went on a weekend ski retreat in Lake Tahoe.

Since there is no Catholic chaplain, Dolinger organizes soldiers to participate in Catholic services. Urroz also covers both chapels.

The UMT leads quarterly prayer breakfasts where they help cook the food, participate in singing songs and lead singing and speaking.

Dolinger and Urroz also organized a trip to Marine World Africa USA in May. At that time, Urroz also made corsages for Mother's Day and Dolinger was busy setting up a memorial service.

"I was so tied up with the memorial service I was unable to do much for the trip," Dolinger admitted. "Urroz totally pulled it off without me having to worry about it.

" Never before have I had an assistant that took the initiative to do things on her own," he added. "I didn't have to sweat anything. That proved that we are an effective team because we can trust each other to accomplish each mission if one of us is tied up with another project."

"He allows me to do my job and makes me feel comfortable and confident," Urroz said about Dolinger. "I don't have to tell him every move I make because he respects and trust me to do the job."

Urroz heads the Angel Tree program which helps military children get gifts at Christmas.

The UMT is also the fund clerk and manager, which Dolinger says is unique for chaplains and their assistants. They are involved in the chapels' youth group and took teens on a ski retreat. Dolinger and Urroz are always involved with Sunday school and Vacation Bible School.

They coordinated events for the National Day of Prayer.

During post cleanup, the UMT visits all the work sites and provides cookies, juice and good fellowship and a break to the soldiers. They helped with the Main Post Chapel anniversary celebration and potluck. The UMT has performed 19 funerals and many functions for retirees.

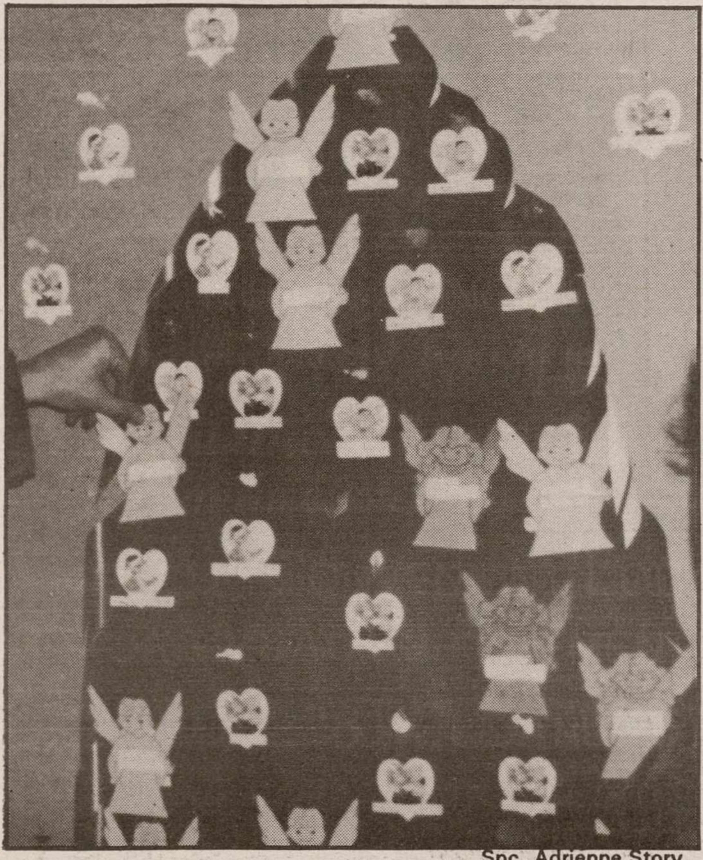
"We have our fingers in everything that happens on post. Every event has our fingerprints on it," Dolinger said. Other posts' chaplains and assistants have others to share the load. Most posts have more chaplains in a unit than we do on our post."

Dolinger said a UMT's relationship is unique from other soldiers because they don't have a large section.

"A unit ministry team doesn't have anyone else to rely on. We're not like other people that have 15 people working in the same office," Dolinger concluded. "There's only the two of us and if one is missing we're really hurting."

Spc. Adrienne Story

As fund manager and fund clerk, Chaplain (Capt.) Randall Dolinger and Cpl. Marina Urroz are accountable for the chapel monies.



Spc. Adrienne Story

Angels, representing Presidio children, are placed on Christmas trees throughout the post.

Angel Tree Christmas program sparks Presidians caring interest

By Spc. Adrienne Story
Star Presidian staff

Presidians are in the Christmas spirit of giving.

Five "Angel Trees" have been set up throughout the Presidio. Each angel represents a Presidio child. If you pick an angel you will have the opportunity to make that child's Christmas even brighter by giving them an extra gift.

The trees are set up at Buildings 220, 38, the Main Post Exchange, the Main Post Chapel and the Chapel of Our Lady.

Cpl. Marina Urroz, chaplain's assistant, put up a tree at each of the chapels Saturday. She put about 30 angels on each tree. After services on Sunday there were less than 15 on each tree.

In past years children of specialists and below were enrolled in the program, but since so many Presidians wanted to help, the rank was raised to staff sergeant.

"I think its a great program because it benefits the parents and children. It shows that people of the Presidio are loving and caring, and it shows that the adults here really care about the Presidio children," said Staff Sgt. Donnell Warren, enlisted aide to the commanding general and distinguished guest house manager.

The names and ages of the children are written on the angels and the color represents the child's gender, pink for girls and blue for boys.

The Post Exchange will give a discount to those presenting an angel to the cashier at the time of purchase.

People who purchase gifts for children must bring the gifts to the chapel. Then they will be given to the unit first sergeants for distribution to the parents of each child.

According to Chaplain (Capt.) Randall Dolinger the program needs more children to enroll. There are more people willing to buy gifts then there are children's names. Also the chapel has backed up gifts to ensure every child receives a gift.

"It shows the kids a part of what Christmas is about--sharing and giving," Warren added. "The kids appreciate the gifts. This is another special program that the Presidians do."

If you are a staff sergeant or below and have children, submit their names to the chapel to enroll them in the Angel Tree program. For information about this program, call Cpl. Urroz at 561- 4719.

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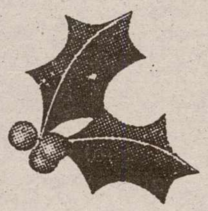

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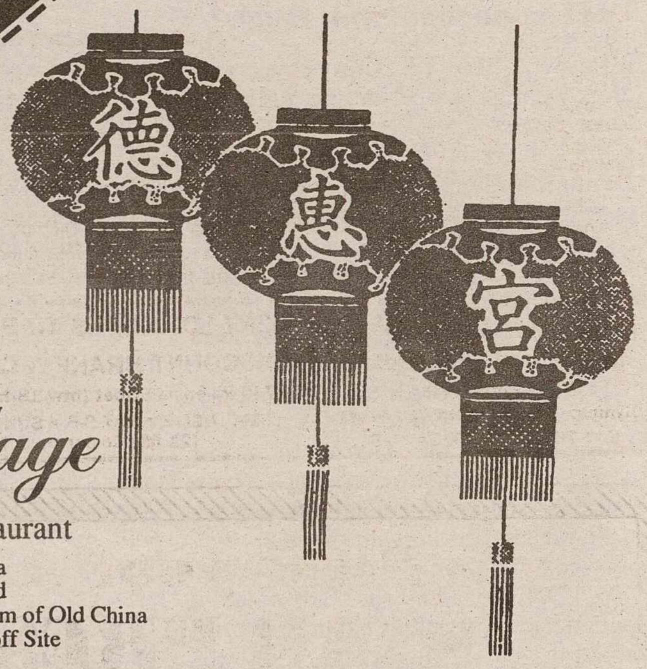

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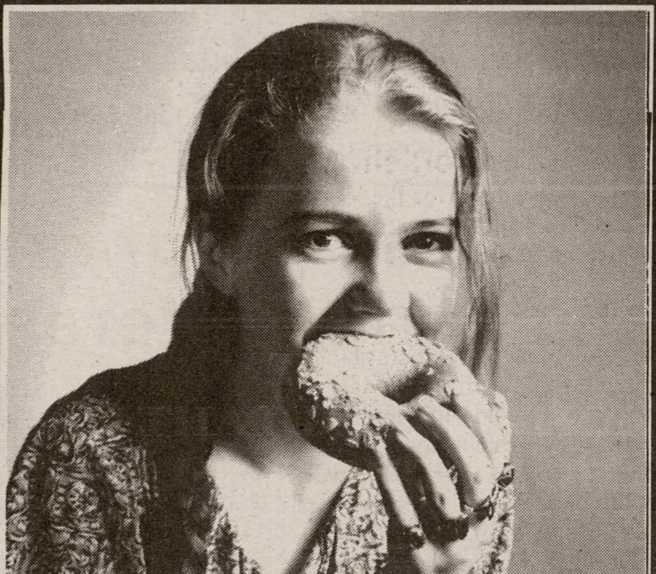

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Presidio News Briefs

Pharmacy Hours Change

Beginning Monday, the new operating hours for Letterman U.S. Army Health Clinic Outpatient Pharmacy will be 8 a.m. to 4:30 p.m., Monday through Friday. The Outpatient Pharmacy will be closed Saturdays, Sundays and holidays.

Thrift Shop Holiday Closure

The Thrift Shop will be closed from Dec. 17 to Jan. 3, 1994. The Thrift Shop will resume normal operation on Jan. 4, 1994, 10 a.m. to 2 p.m., Tuesdays, Wednesdays and Thursdays. When the Thrift Shop reopens in January, no checks will be accepted for payment -- cash sales only. No consignments will be accepted Dec. 16. The Thrift Shop volunteers wish everyone a happy holiday season.

Christmas Concert

The Sixteenth Annual Christmas Concert and Reception, presented by the Sixth U.S. Army Band, is scheduled for 7:30 p.m., Tuesday, at the Palace of Fine Arts. All military, Department of Defense employees, and their families are welcome to attend. The uniform for officers is Army blue with four-in-hand tie; enlisted personnel should wear either the Army blue with four-in-hand tie or Army green with bow tie. Civilian attire is informal. Transportation will be provided from the Presidio Officers' Club parking lot starting at 6:45 p.m. to the Palace of Fine Arts. After the concert and reception, transportation will be provided back to the Presidio Officers' Club parking lot.

Labor Market Seminar

A seminar/briefing concerning today's labor market trends and occupational guidance is scheduled for all Presidio employees facing job loss. The seminar, conducted by Doug Perron, Regional Labor Market Analyst, is scheduled for 1 to 4 p.m., Wednesday, in the Command Conference Facility, Bldg. 35. This seminar will provide information and guidance on occupation, skills, wages, benefits and area of employment. For information or reservations, contact Ann Williams, Civilian Personnel Office, at **561-2598**.

Commonwealth Club

Gen. Wayne A. Downing, Commander in Chief of the U.S. Special Operations Command, will address the Commonwealth Club at 5:15 p.m.,Tuesday. A reception, co-hosted by the Association of Former Intelligence Officers, will begin at 4:45 p.m. Downing will discuss the role of Special Operations in U.S. strategy. For information, contact the Commonwealth Club at **(415) 597-6700**.

Commissary Council

The PSF Commissary Council meeting will be held at 9:30 a.m. today in the conference room of Bldg. 653. Members or alternates are required to attend; advisors, Mayors, ACS Representatives and commissary customers are encouraged to participate.

Self Defense Workshop

Class times and dates for the Women's Self Defense Course are now available. For information or to sign up, please contact 2nd Lt. Heather Tupper at **561-3539**.

Columbia College Classes on Post

Soldiers and family members planning to attend Columbia College during the January through March 1994, eight-week term may register at the Education Center, Bldg. 1216, from 10 a.m. to 2 p.m., Monday and Tuesday. Those soldiers using tuition assistance should have completed the paperwork. The following classes will meet at the Education Center one evening per week, 6 to 11 p.m., Jan. 10 through March 5, 1994: Stress Management, Tuesdays; Social Biology, Wednesdays; Introduction to Computers, Thursdays. For information, see a counselor at the Education Center, Bldg. 1216, or call **561-4445**.

NAF Vehicles For Sale

A 1987 Chevrolet Southwind Motor Home and a 1984 Chevrolet 25-passenger bus will be sold by sealed bid at the Outdoor Recreation Center, Bldg. 667. The minimum bid on the Southwind Motor Home is $8,000. The minimum bid on the 25-passenger bus is $6,000. The vehicles can be viewed at Outdoor Rec, 9 a.m. to 5 p.m., Monday through Friday. Sealed bids will be accepted at Outdoor Rec now through Dec. 17. All bids will be opened on Dec. 17, and the highest bidders will be contacted. Vehicles must be paid for and removed by Dec. 30. Vehicles are sold "as is." Bid sheets are available at Outdoor Rec. For information, call at **561-4324**.

Teen Job Bank

Youth Services has created a "Teen Job Bank," for teens to work

See* Briefs, *Page 10

HOLIDAY GIFT GUIDE

Holiday Futon Sale

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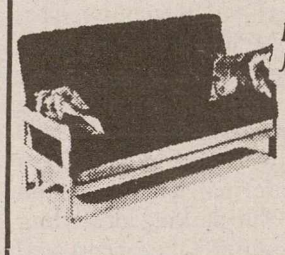

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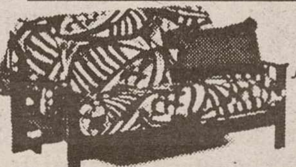

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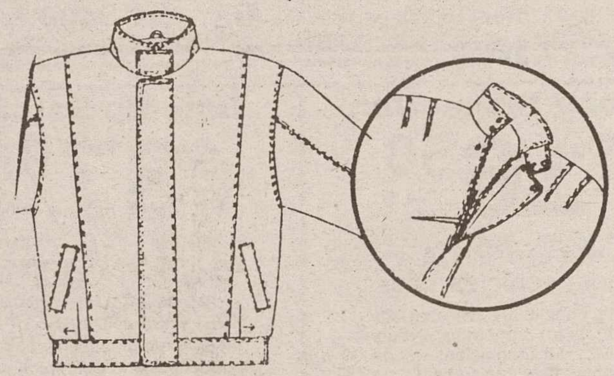

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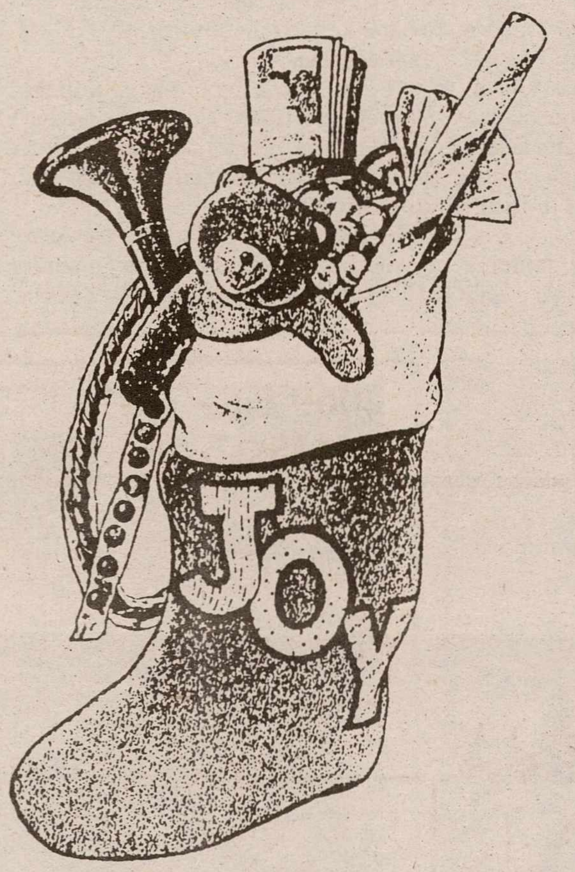

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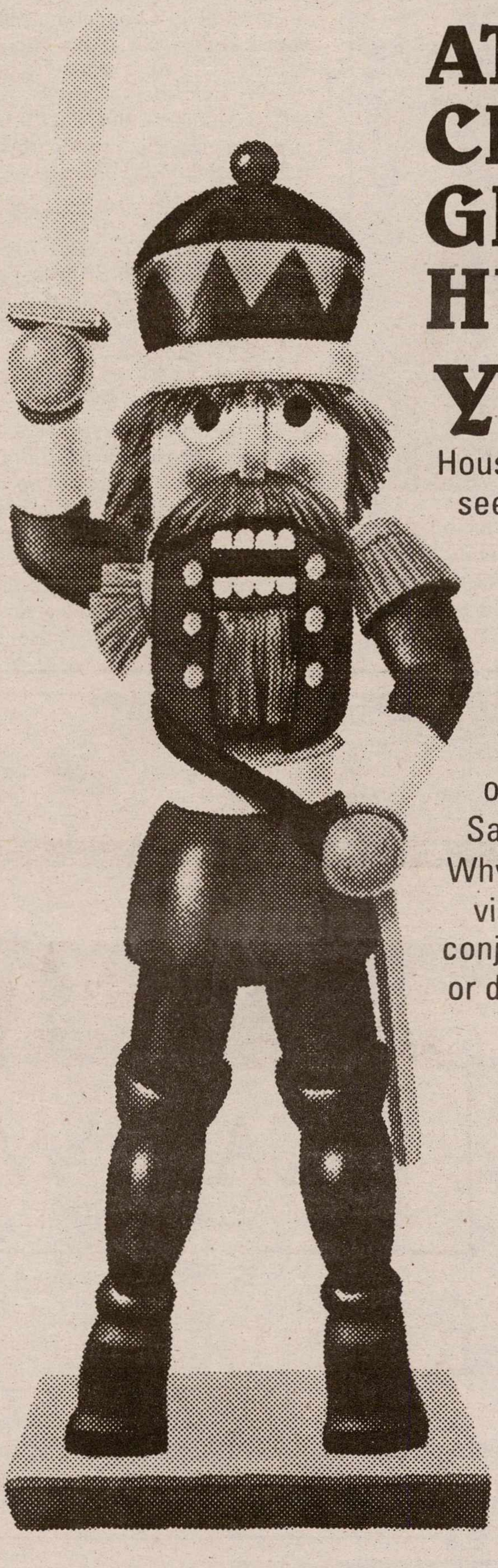

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TSC photo

Pfc. Anthony Lucas, a Headquarters Company, USAG, soldier was named the Presidio Soldier of the Month for November. He will compete for the Presidio Soldier of the Year title sometime in 1994.

Headquarters Co. soldier wins post board

By Spc. Adrienne Story
Star Presidian staff

A personnel actions specialist with Strength Management was named the Presidio Soldier of the Month for November.

Pfc. Anthony Lucas competed against two other soldiers for the post soldier honors and won. Before reaching the post level, he had to compete at the company and battalion boards. After winning Headquarters Soldier of the Month, he tied at the Headquarters Command Battalion board. Lucas and the soldiers he tied with both competed at the post board.

"I feel the boards have helped me build confidence," Lucas said. "I am able to speak more effectively and know what I'm saying. I was so nervous at the first board that I just froze."

Lucas did not win the first company board he attended, but he built up his confidence and continued to pursue his goals.

"Now I'm just a little nervous before I go into a board, but after the questions start my confidence builds," he said. 'At the second company board I think I only missed one question." At the post level, Lucas was the last soldier to appear before the board.

"The waiting was the toughest part of that board," he admitted. "I waited about one hour. Each soldier spent at least 25 minutes before the board. I think the board was pretty easy besides the waiting."

Lucas feels he's learned a great deal from attending the boards and studying. He recommends other soldiers compete.

"Other soldiers should most definitely go to the boards especially if they are going before the E-5 promotion board," Lucas said. 'The promotion board is not much different and I feel I would max the board after competing at all the other boards. the boards also build on professional development."

The Presidio is Lucas' only duty station. He has been in the military only one year and five months.

"I am really proud of my troop," said Sgt. Anthony Lockhart, personnel operations NCOIC. "He is an exceptional soldier to have accomplished everything he has in the short time he's been in the Army. He has a great deal of initiative. he's got it all.

"He did an excellent job at the boards. Lucas performed way above standard," Lockhart added. "When he first started working for me I said I was going to send him before the company board."

Lucas will compete at the Presidio Soldier of the Year Board.

"I think he has a good chance of winning that board," Lockhart confidently said. "I am behind him 200 percent."

"I don't think I could have won the boards without the support of Sgt. Lockhart and Staff Sgt. [Vernon] Fowler, my platoon sergeant," Lucas said. "They really helped me prepare for each board. I spent about three months studying."

Lucas will be awarded an Army Achievement Medal Dec. 14 at a ceremony recognizing his accomplishments at the Golden Gate Club.

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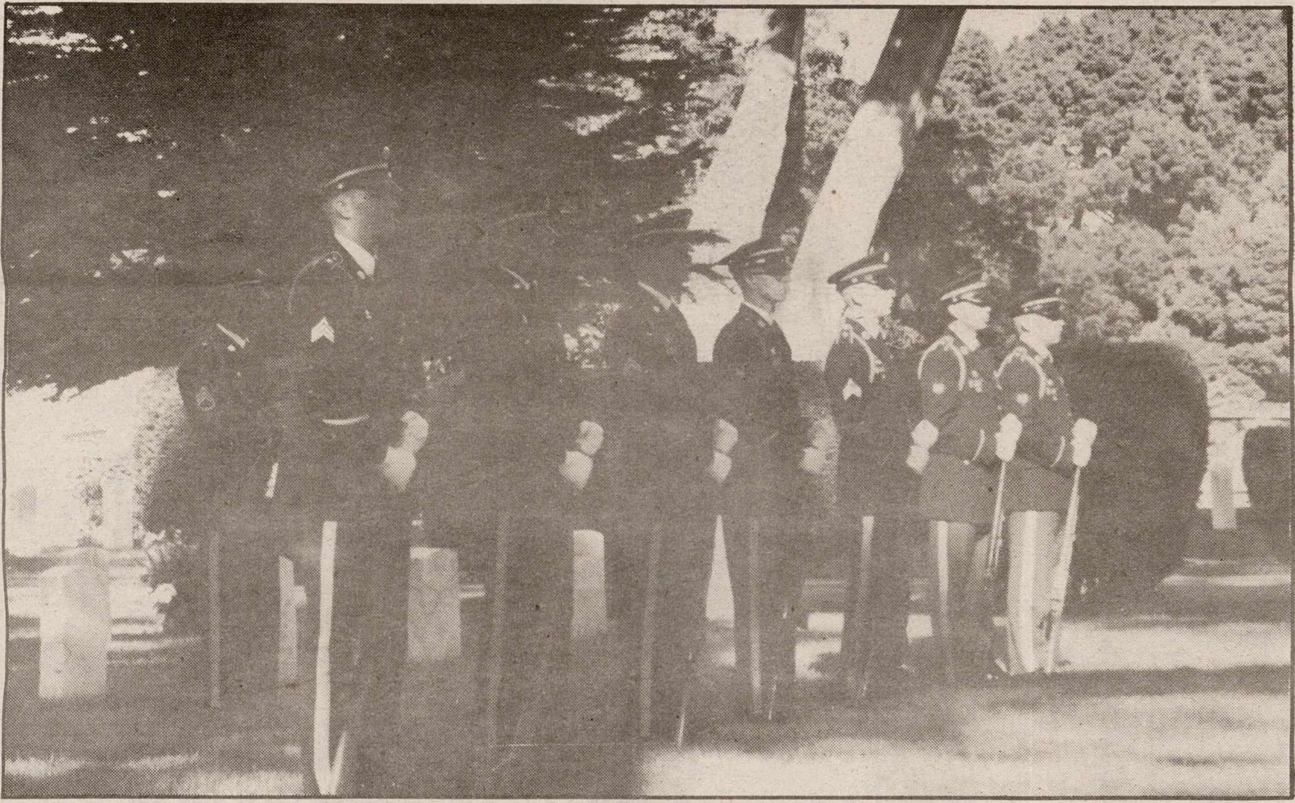
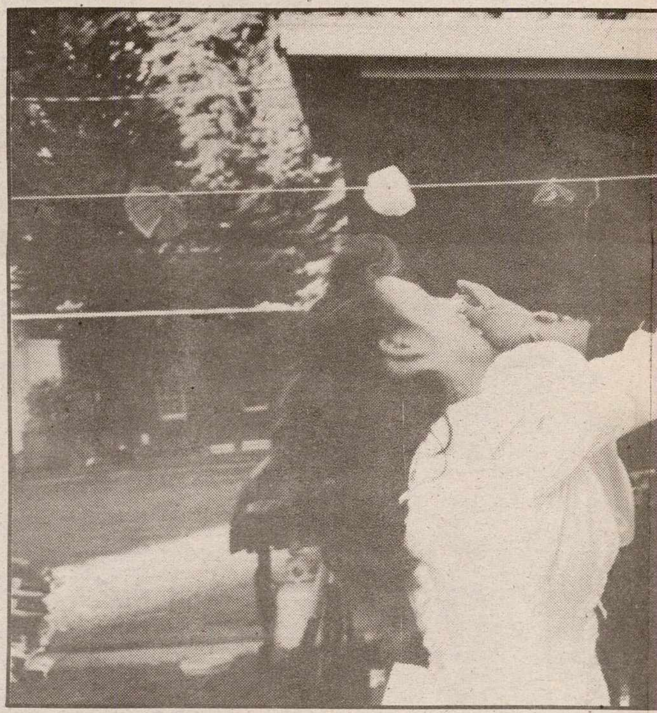


Sharon Everett-Roles

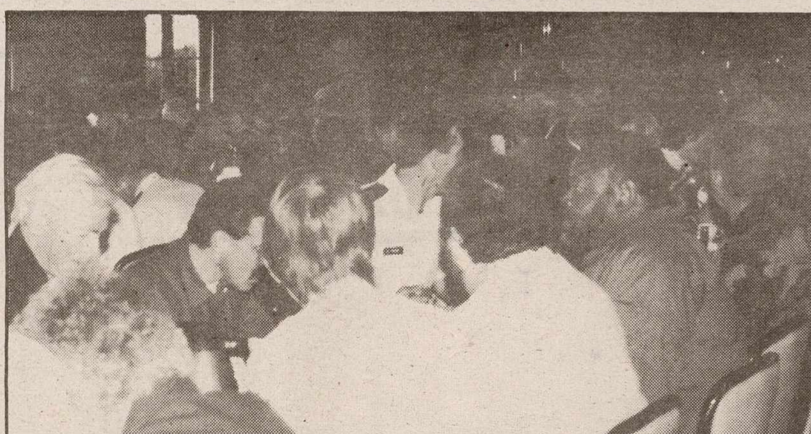
Standing tall, Looking good

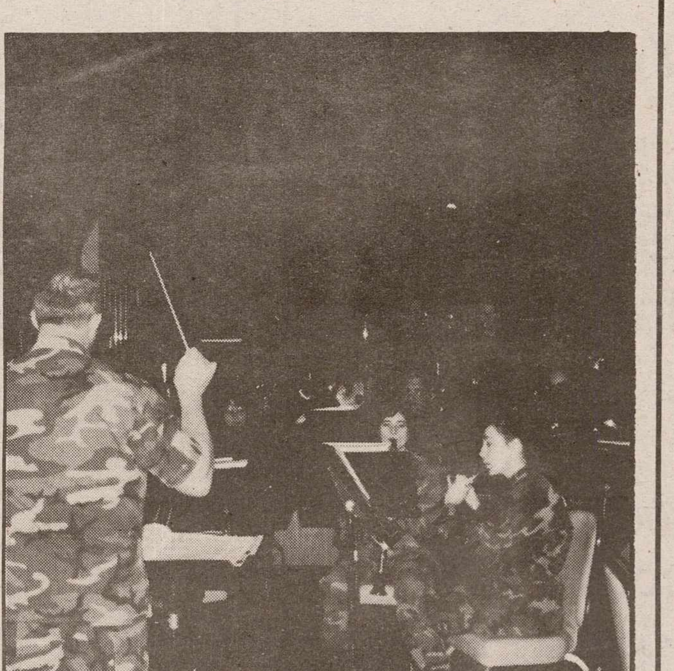
Soldiers of the Ceremonial Platoon participated in a recent funeral detail at the San Francisco National Cemetery here. They have performed about 650 funerals honoring veterans and active duty military members throughout the year.



In your face

Specialists Sharon and Hector Contreras throw ca
Nov. 20. They were married at the Main Post Cha
Presidio. Sharon Contreras is the secretary to C
away. Hector Contreras is a Ceremonial Platoon





Thanskgiving feast

(Above) About 250 people enjoyed the Thanksgiving luncheon held at the Golden Gate Club Nov. 24. (Right) The Sixth U.S. Army band played while many reaped the benefits of the Thanksgiving luncheon. Their talents were enjoyed by all who participated in this event.

photos by Spc. Adrienne Story

Presidio att

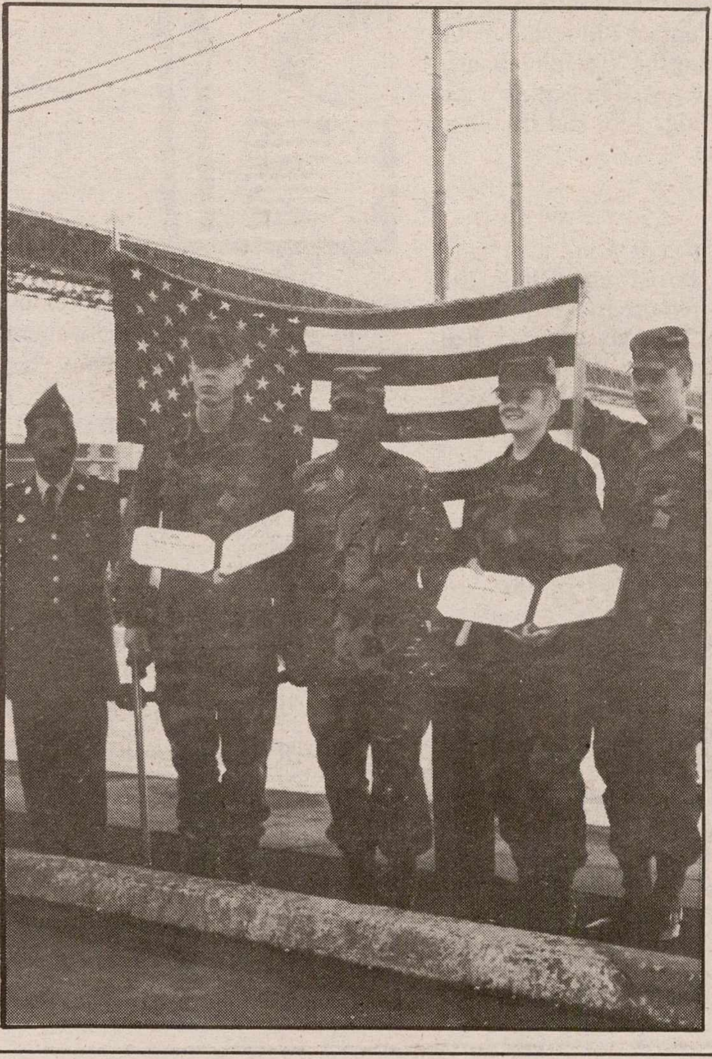
Story and photo by Sharon E. Ev
Star Presidian staff

The "too good to be true" offer the
when he came to your quarters yes
wonderful. The man insisted you sig
you're stuck, right? Not necessarily
Minnick of the Presidio's Legal Ass
Minnick said that any contract mad
solicitation can be rescinded within th
purposes, Minnick explained that a
defined as any sale not made at the s
addition, the salesman is supposed to
off" period, either orally or in writi
This problem, along with other con
example of the help available to sold
Legal Assistance Office. Minnick de
soldiers might need some help.
"We can help you draw up a power
allows someone else to do somethin
can do. Say, for instance, you are g
months and you want your best frien
time. We can draw up a specific powe

Staff Sgt. Pleasant Lindsey III

yors serve Presidians

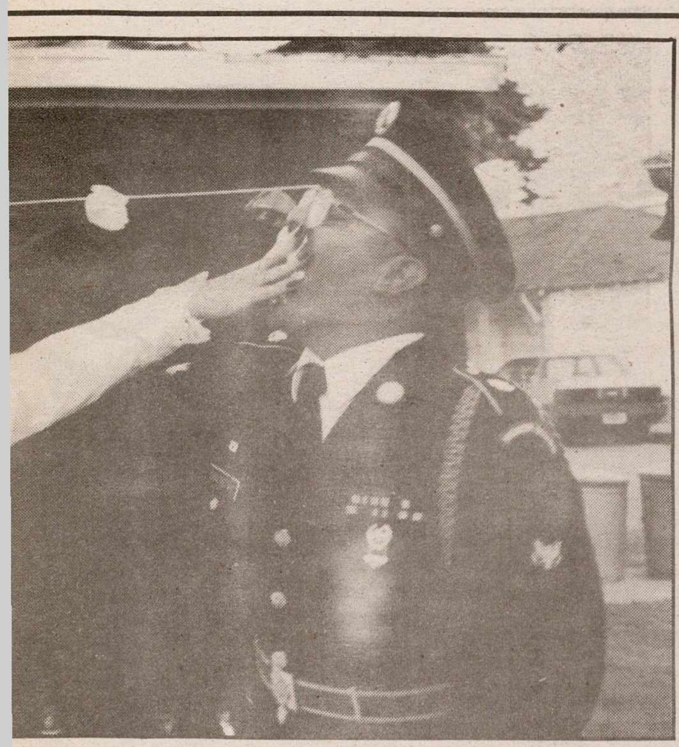
a mayors: (first row) Glenda Plyman (100 area), Charlotte Pamplin
0 area), Kathleen Hijar (Portola/Rodriquez), Jean Bergerson (1400
); (back row) Jo McHugh (600 Fort Baker area), Shawna Jones (1500
)) Joan Bergoon (Sibley and Vista Ct.), Deborah Gregg (700 Liggett
.), Lisa Diggs (1500 area).



Keep good soldiers in the Army. Reenlist.

Specialists William and Adrienne Story reenlisted for three years Nov. 24 at Fort Point. They were the first married couple of Headquarters Command Battalion to reup together. They both will be going to Alaska to serve their next tour. Capt. Tracy Sharpe, Headquarters Company, USAG, commander, served as the reenlistment officer. Spc. Jerome Rogan and Staff Sgt. Richard Wilken held the United States flage for the ceremony.

photo by Staff Sgt. Pleasant Lindsey III



Spc. Adrienne Story

ke in each other's face at their wedding ceremony
pel and held their reception at their home on the
mmand Sgt.Maj. Otto Copeland, who gave her
member.

Spc. Adrienne Story

Through rain, sleet or snow....

Despite the heavy rains Nov. 29, Headquarters Company, U.S. Army Garrison, soldiers conducted physical training. After a brisk run, the troops stretch out and cool down.

orney offers legal assistance

erett-Roles

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ng, Minnick stated.
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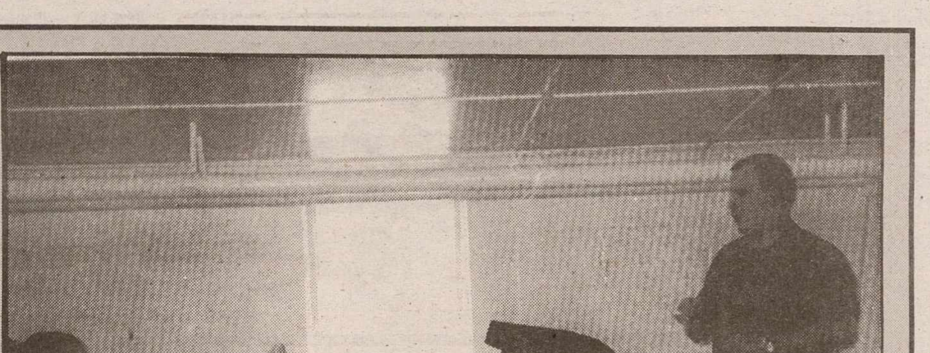
r of attoney that allows him or her to do that. We can also draw up a power of attorney that would provide for a neighbor or someone else to make emergency medical care decisions for your family while you are away."

Another area where the Legal Assistance Office can help out is in writing wills. Minnick said that if you don't have a will when you die, your property will be distributed in accordance with the laws of the state where you are domiciled: your home of record. In some states, that means everything goes to your spouse; in others, property is divided between your spouse and your children. That might not be what you want. And, Minnick continued, custody of your children is an important issue to include in your will. You can specify who will gain custody of your children in the event of your death. If you are married, or have children and/or property, Minnick recommended, stop by the Legal Assistance Office and discuss drawing up a will.

The Legal Assistance Office can also help you draw up marital separation or dissolution papers, help you obtain a "stay of proceedings" or get out of a lease under the Soldiers' and Sailors' Civil Relief Act -- just about everything except representing you in court, Minnick said.

If you would like to talk with one of the attorneys in the Legal Assistance Office about these or other legal matters, please call **561-4273** for an appointment.



Capt. Craig Minnick, of the Legal Assistance Office, addresses the Law Enforcement Company soldiers on preventive law and legal asssitance.

Briefs, **continued from Page 5**

and earn extra money within the community. If you need a baby sitter, lawns mowed, help with that special holiday party, please support our teens with odd jobs that you need to have done. Contact Bill at the Youth Center for information concerning the "Teen Job Bank," at **561-5143**. Teens who are interested in getting a job, come into the Youth Center, Bldg. 386, and fill out an application during center hours.

Flea Market

The Thrift Shop will be open 9 a.m. to 1 p.m. Saturday. The Flea Market will be in front of Bldg. 204. A valid Military I.D. card is required to rent vendor space. No Saturday opening or Flea Market are scheduled for January 1994. The next Saturday opening and Flea Market will be Feb. 5, 1994. For information, call **922-3384**.

Presidio Mayors Meeting

There will be a Presidio Mayors' Meeting at 6 p.m., Monday, in the Bldg. 103B Conference Room. Areas without mayors need to be represented by the Area Coordinator.

There will alsobe an IVC Council Meeting for all council members, 9 a.m., Tuesday, in the Bldg. 103B Conference Room. For details about these meetings, contact Susan Burzo at **561-4147**.

Presidio Volunteer Gift Wrap Booth

Volunteers (Red Cross, Religious Activity Center, Presidio Officers' Spouse Club, and Youth Programs) will be ready to wrap your gifts daily starting Dec. 11 at the Main Exchange. Your donation will be used to improve the quality of life for our soldiers and their families through scholarships, emergency food, and many other services on post.

ADMIT ONE

Movies at the

Presidio Theatre

Tonight-Airborne (PG)
Saturday-Malice (R)
Sunday-The Program (R)
Dec. 10-Mr. Nanny (PG)
Dec. 11-Demolition Man (R)
Dec. 12-Judgement Night (R)
All movies begin at 7 p.m.

1296 E-54

VA Hospital Christmas Visit

Join us on Dec. 14 for the annual Presidio Christmas VA Hospital visit. We will distribute gifts to the veterans. Sixth U.S. Army Band will play. The bus departs from the Main Post Chapel parking lot at 12:30 p.m., Dec. 14. For information, call Chaplain (Col.) Jerry Mize at **561-4719** or Steve Miller at **561-3535**.

Volunteers Needed

Laguna Monda Hospital is seeking volunteers to help wheelchair patients get to a nearby theater for some holiday entertainment, Dec. 17. If you would like to help, please call Sgt. 1st Class Ian A. Mann at **561-2474** by close of business today.

Presidio and National Park Service job announcements, vacancies

Presidio: **Pest Controller**, WG-5026-09. Announcement No. 25-93(LL), closing Dec. 5. For information, please call Lorraine Lucas, Staffing Specialist, Civilian Personnel Office, at **561-5754**. Hearing impaired applicants should call **561-2598**, TDD/V.

Park Service: **Engineering Equipment Operator**, WG-5716-08, Announcement Number WRO-93-36. Closes Dec. 10. **Engineering Equipment Operator**, WG-5716-10, Announcement Number WRO-93-34. Closes Dec. 12. **Fire Chief**, GS-0081-12, Announcement Number WRO-93-38. Closes Dec. 10. **Plumber**, (2 positions) WG-4206-09, Announcement Number WRO-93-35. Closes Dec. 10. **Position Classification Specialist**, GS-0221-11, Announcement Number WRO-93-40. Closes Dec. 10. **Secretary (OA)**, GS-0318-06/07, Announcement Number WRO-93-39. Closes Dec. 10. **Telephone Operator**, GS-0382-04, Announcement Number WRO-93-37. Closes Dec. 10. Contact the National Park Service Division of Personnel at **(415) 556-2035** for information.

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Just in time for rainy days ahead, early shoppers will find our cheerful Rainbow Umbrella now on sale for $8.95!

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Drunk driving prevention month Don't let friends drive drunk

Stories by Mark J. Gumbiner
Alcohol & Drug Control Officer

"Let's Take A Stand! Friends Don't Let Friends Drive Drunk" is the theme for this December's National Drunk and Drugged Driving Prevention Month.

The Presidio of San Francisco is taking part in this nationwide effort to emphasize the consequences of impaired driving and call to action ways to significantly reduce the number of alcohol-related crashes that claim thousands of innocent lives each year.

Every 22 minutes, someone will die in an alcohol-related traffic accident. Although you probably think it could never happen to you, experts say everyone has a 40 percent chance of being in a crash involving alcohol use sometime in their life.

In 1992, about 17,700 Americans died in crashes involving drivers and pedestrians impaired by alcohol and other drugs. This is the lowest figure in 30 years.

The "Let's Take A Stand" campaign promotes recognition of alcohol impairment at any level of blood and alcohol concentration (BAC) and urges communities to support reduced legal BAC limits to .08 for drivers 21 and over, as well as zero tolerance and use-lose laws for younger drivers. It seeks administrative license revocation (ALR) laws, enabling police to immediately confiscate the driving license of a driver who is found with a blood alcohol level over the legal limit or who refuses to take a blood alcohol level test.

Remember, if you drink, be responsible. When with a group, choose a designated driver. Having one person agree to drink only non-alcoholic beverages and provide transportation for other members of the group does save lives.

The Alcohol and Drug Abuse Prevention Control Program (ADAPCP) has excellent training materials, including breathalyzers, and will assist you on request.

Call ADAPCP at **561-2528** for information.

Drive safe! Drive Sober!

Myths, facts about alcohol and its effects

Myths and misconceptions about alcohol and its effect on safe driving are widespread. Knowing the truth may mean the difference between life and death at this holiday season and throughout the year.

Myth: Alcohol is a stimulant.

Fact: Alcohol is a depressant. It acts on the central nervous system like an anesthetic to lower or depress the activity of your brain.

Myth: Drinking coffee sobers me up.

Fact: Coffee cannot rid your system of alcohol. It just makes you a nervous, wide awake drunk. Only time reverses impairment.

Myth: I always stay away from the hard stuff.

Fact: Alcohol is alcohol. Beer has the same effect as straight scotch. One 12-ounce beer has as much alcohol as a 1.5-ounce shot of whiskey or a 5-ounce glass of wine.

Myth: I'm bigger so I can handle my liquor better.

Fact: Size is only one factor in how much you can drink. Metabolism, amount of rest, and food intake all play a part in how you handle liquor. Impairment in motor reflexes and judgment can begin with the first drink.

Myth: Once I roll down the car window, I'm okay.

Fact: No amount of fresh, chilly air can reverse impairment. You gain nothing by rolling down a window or turning on the air conditioner.

Myth: I just drive slower.

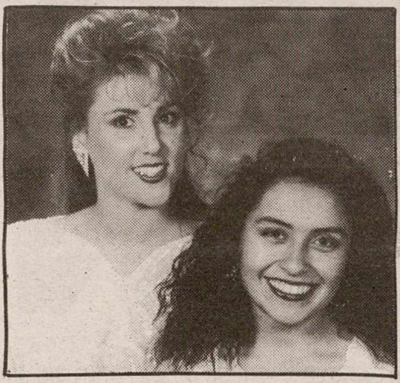
Fact: Many people do, believing they can actually compensate for being impaired by creeping along at 22 mph. This can be very dangerous. Others race along at 75 mph. The truth is, impaired drivers are unsafe at any speed.

Myth: All I have to do is splash my face with cold water.

Fact: Splash all you like. You can even take a cold shower. It may make you cleaner, but it won't sober you up or make you a safe driver.

Myth: A drink or two makes me a better driver.

Fact: Even one drink can cloud your thinking, dim your vision, and slow your reflexes. Small amounts of alcohol can impair your judgment and put you and others on the road at risk of death or disabling injury.



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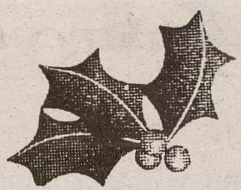

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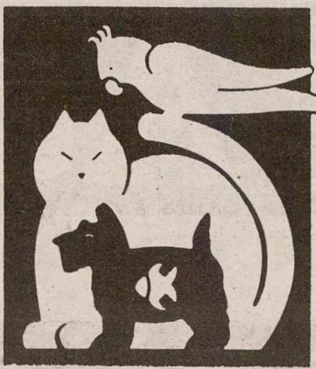

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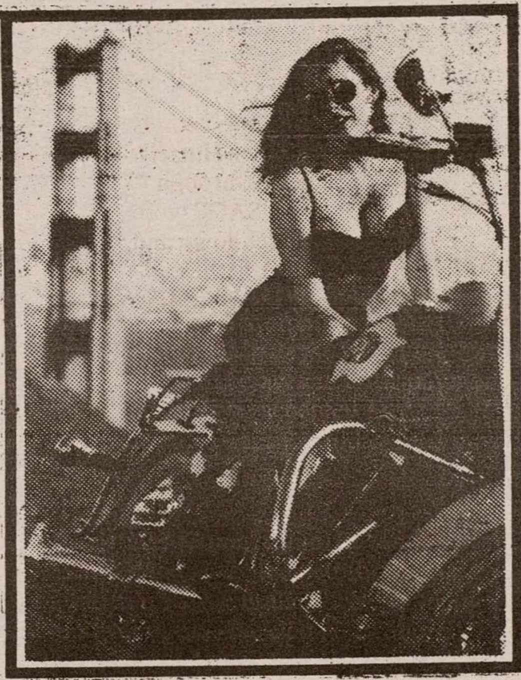

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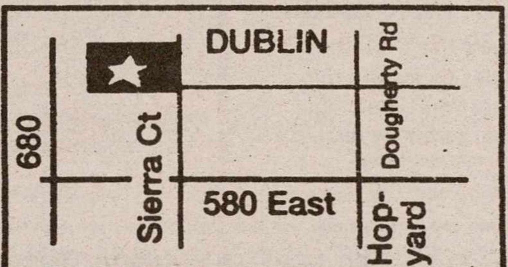

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LEC steals second tournament win in final seconds against USAG2

By Spc. Adrienne Story
Star Presidian staff

With 9 seconds left in the game, LEC's Jeremy Stokes ran a short pass from the 30 yard line in for a touchdown tieing the game 26 - 26. Tim Jansen then ran the ball in for the extra point giving LEC a one point win in their tournament game against USAG2.

"I was pretty nervous during the last seconds of the game," said LEC's coach Stephen Hutzell. "The team stuck together and pulled us through."

After the first quarter LEC and USAG2 were tied 7 to 7. LEC scored the next touchdown and extra point giving them a 7 point lead at the half.

The teams battled it out continually returning scores up until the last minutes of the game.

At the end of the third quarter USAG had scored a touchdown closing in on LEC's lead making it 13 to 14.

Stokes intercepted the football running in for a touchdown giving LEC the lead 20 to 13 early in the fourth quarter. USAG answered their touchdown and successfully attempted the one point conversion tieing the score 20 - 20.

Jerome Rogan then intercepted the ball which was eventually turned into a touchdown giving USAG a 26 - 20 lead. Their extra point attempt was unsuccessful and proved to cost USAG the game.

The final score was 27 - 26 LEC.

LEC had the best record throughout the season and will play in the tournament championship game against LUSAH at 6 p.m. Monday.

"The team stuck together throughout the whole season," hutzell said. "This is the best LEC has done at flag football."

Stokes scored four touchdowns--one from an interception and LEC's tieing touchdown.

Final league standings:

LEC 5 - 0
LUSAH 4 - 1
USAG1 3 - 2
USAG2 2 - 3
RG PSF 1 - 4
ORE 0 - 5

Tournament game scores

USAG 1 vs RG PSF 0
USAG2 vs ORE 24
LUSAH 19 vs USAG1 12
LEC 27 vs USAG2 26

Interservice sports tourney scheduled

DoD athletes will have the opportunity to demonstrate their prowess during interservice sports competitions next year.

The Armed Forces Sports Committee recently announced the dates and locations of 1994 interservice sports tournaments.

The military services hold their own tournaments to determine their DoD-level representatives. Service tournaments usually end just before DoD tournaments begin, said sports officials.

For information on service-level play and the DoD interservice tournaments as well as national championships and Conseil International du Sport Militaire games, check with the installation sports office. Sports officials said dates or locations for the interservice championships could change. The initially announced dates and sites are:

Men's basketball: NAS Alameda, Calif., March 10-16; **Women's basketball**: Fort Indiantown Gap, Pa., March 21-26; **Men & women's bowling**: Camp Lejeune, N.C., April 17-23; **Boxing**: NAB Little Creek, Va., Feb. 6-11; **Men's & women's golf**: Camp Pendleton, Calif., Sept. 12-17; **Soccer**: Charleston AFB, S.C., Oct. 30-Nov. 5; Men & women's softball: Fort Indiantown Gap, Pa., August 16-21; **Tae-kwondo**: Fort Indiantown Gap, Pa., April 2-3; **Track and Field**: Fort Sill, Okla., May 25-29; **Men & women's volleyball**: Camp Lejeune, N.C., May 11-18; **Wrestling**: NAS Pensacola, Fla., March 30-April 3.

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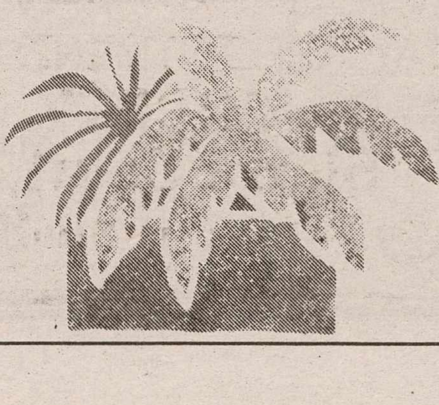

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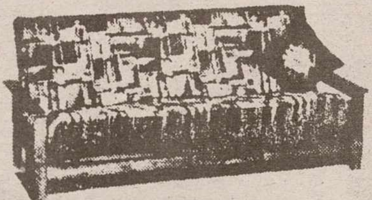

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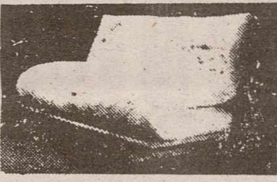

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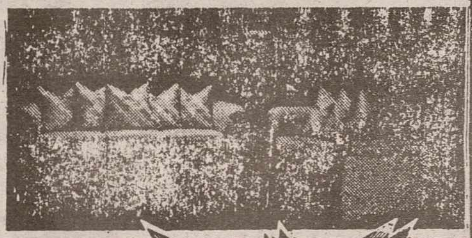

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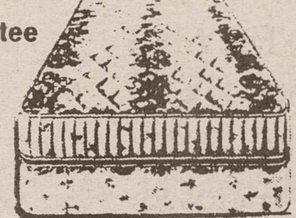

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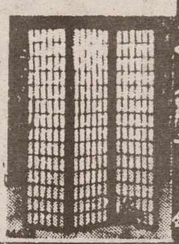

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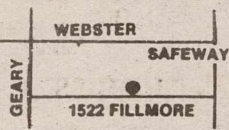

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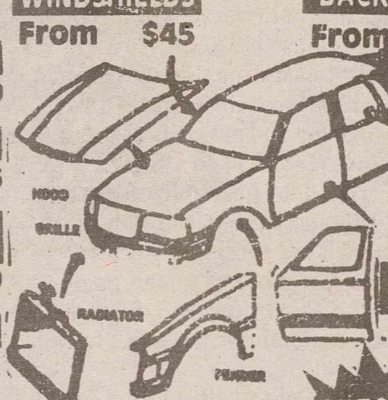

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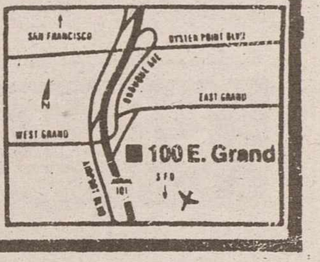

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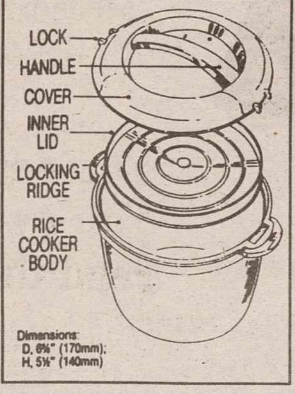

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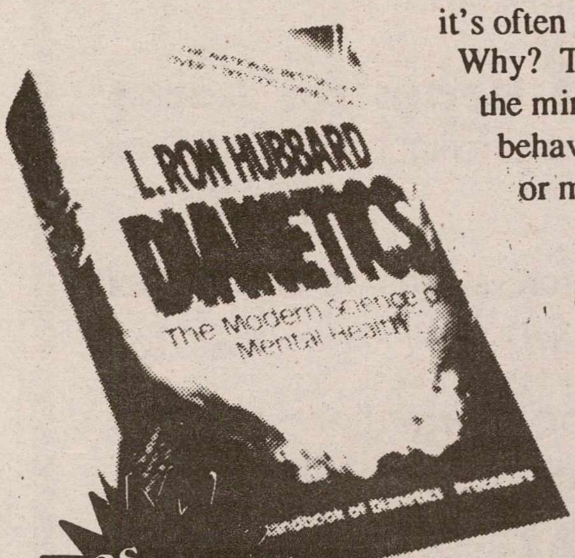
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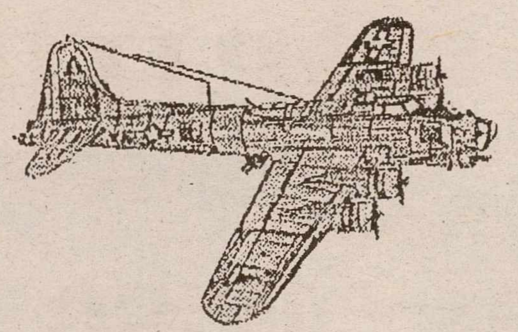

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Day 1: Overnight flight to Paris

Day 2: Arrive in Paris

After morning arrival, depart for your Normandy hotel. The rest of the day is at leisure. Enjoy a welcome dinner that evening.

Day 3: Normandy

In morning, visit Pointe du Hoc Ranger Memorial, the Utah Beach Museum and the 508th Parachute Infantry Memorial. In afternoon, visit St. Mere Eglise, Airborne Museum, U.S. Military Cemetery and the Normandy Invasion Museum. Includes breakfast and dinner.

Day 4: Normandy to Reims

In morning, travel to Reims, passing Belleau Wood and Alsne Marne Cemetery. At Reims, visit the "Red School House" and Reims Cathedral. The remainder of the day is at leisure. Includes breakfast and dinner.

Day 5: Reims to Belgium and Luxembourg

In morning, visit a champagne winery before continuing to Bastogne, Belgium, site of the Battle of the Bulge. Then travel to Luxembourg to visit General Patton's grave at the Third Army Cemetery. Includes breakfast and dinner.

Day 6: Luxembourg to Malmedy, Huertgen Forest Aachen

Leave Luxembourg and visit the memorial to the victims of the Malmedy massacre and the Battle Museum at La Gleize. Continue through Huertgen Forest to Aachen for the night. Includes breakfast and dinner.

Day 7: Aachen to Remagen and Wurzburg

In morning, visit the sights of the Battle of Aachen, then continue to Remagon to the Ludendorff Railway Bridge. Then travel to Wurzburg. Includes breakfast and dinner.

Day 8: Wurzburg to Berlin

Following free time in Wurzburg, travel to Berlin. Includes breakfast.

Day 9: Berlin

Sight-seeing includes the Brandenburg Gate, Charlottenburg Palace, Keiser Wilheim Memorial Church, Kurfurstendamm, Reichstag Building, Checkpoint Charlie Museum, remains of the Berlin Wall, site of Hitler's bunker and the German Resistance Memorial. Enjoy a farewell dinner at hotel. Also includes breakfast.

Day 10: Depart Berlin for home

Depart in morning for return flight home. Includes breakfast.

*All rates are per person, subject to change and availability.

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Vol. 38, No. 47 | Published for the Presidio of San Francisco Community | Dec. 10, 1993

News Briefs

Thrift Shop Holiday Closure

The Thrift Shop will be closed from Dec. 17 to Jan. 3, 1994. The Thrift Shop will resume normal operation on Jan. 4, 10 a.m. to 2 p.m., Tuesdays, Wednesdays and Thursdays. When the Thrift Shop reopens in January, no checks will be accepted for payment -- cash sales only. No consignments will be accepted Dec. 16. The Thrift Shop volunteers wish everyone a happy holiday season.

Angel Tree Program

The Angel Tree Program is taking flight on the Presidio. The Little Angels of the Enlisted Military Members will be flying in the Chapel of Our Lady, Main Post Chapel, Bldg. 220, Bldg. 38, and the Main Post Exchange. The Blue and Pink Angels will have a code number to correspond with each child. Please return your wrapped gift, with the Angel Tag on it, to the Main Post Chapel by Thursday. For information, contact Cpl. Marina Urroz at **561-4719**.

Self Defense Workshop

Class times and dates for the Women's Self Defense Course are now available. For information or to sign up, please contact Lt. Heather Tupper at ***561-3539***.

NAF Vehicles For Sale

A 1987 Chevrolet Southwind Motor Home and a 1984 Chevrolet 25-passenger bus will be sold by sealed bid at the Outdoor Recreation Center, Bldg. 667. The minimum acceptable bid on the Southwind Motor Home is $8,000. The minimum bid on the 25-passenger bus is $6,000. The vehicles can be viewed at Outdoor Recreation, 9 a.m. to 5 p.m., Monday through Friday. Sealed bids will be accepted at Outdoor Recreation now through Dec. 17. All sealed bids will be opened on Dec. 17, and the highest bidders will be contacted. Vehicles must be paid for and removed from Outdoor Recreation by Dec. 30. Vehicles are sold "as is." Bid sheets are available at Outdoor Recreation. For information, call Outdoor Recreation at **561-4324**.

Teen Job Bank

Youth Services has created a "Teen Job Bank" for teens to work and earn extra money within the community. If you need a baby sitter, lawns mowed, help with that special holiday party, please help and support our teens with odd jobs that you need to have done. Contact Bill at the Youth Center for information concerning the "Teen Job Bank," at **561-5143**. Teens who are interested in getting a job, come into the Youth Center, Bldg. 386, and fill out an application during center hours, 3 to 7 p.m. Monday through Friday, or 10 a.m. to 3 p.m. Saturday.

Presidio Volunteer Gift Wrap

The Presidio Volunteer Gift Wrap Booth is conveniently located in the foyer of the Post Exchange. Your donation will be used to improve the quality of life for our soldiers and their families through scholarships, emergency food, and many other services on post. Volunteers (Red Cross, Religious Activity Center, Presidio Officers' Spouse Club, and Youth Programs) will be ready to wrap your gifts daily starting Saturday.

VA Hospital Christmas Visit

Help other Presidians make Christmas special for hospitalized veterans. Join us Tuesday for the annual Presidio Christmas VA Hospital visit. We will be distributing gifts to the veterans while the

See* Briefs *on Page 10

Spc. Adrienne Story

Spc. Jennifer Davis sorts and faces mail as it is dumped onto a conveyer belt. The mail will be shipped overseas to military members.Three Presidio soldiers are helping postal workers get overseas mail out so it will reach military members by the holidays.

Soldiers help deliver overseas mail

By Spc. Adrienne D. Story
Star Presidian staff

Since Nov. 17, three Headquarters Command Battalion soldiers have joined forces with other service members and postal workers.

Their mission is to ensure overseas military members have a brighter holiday by getting their cards, letters and packages through customs as fast as possible.

The three soldiers from Presidio are Spcs. Jennifer Davis and Thomas Garrison and Pfc. Rodney Kocher. They drive to Burlingame, Calif. five days a week, where they accomplish several tasks. These soldiers will be working at the mail room until Jan 4.

"They ensure the mail gets to soldiers stationed overseas," said Sgt. Maj. Dennis McKay, Headquarters Command Battalion. "Without our help, the mail wouldn't make overseas by Christmas. We assist the post office in preparing the mail to be shipped."

These soldiers' work hours have changed because of Operation Pallet. They leave for work at 6 in the morning and never have two days off in a row. Weekends don't exist for them during the holidays. Despite these sacrifices, they all are glad to be helping other soldiers.

"It's a lot of work, but I enjoy it," Davis said. "The people who work here make the job fun."

Davis normally works at the Strength Management Office, where she is a personnel management specialist.

"I feel this job is important, also. If we weren't here, soldiers wouldn't get their mail as quickly," she continued. "Mail is a necessity for soldiers, especially those serving overseas. We are helping their morale."

"The Army has done this every year since I can remember," McKay said. "It's an important project because it's a morale booster for the soldiers overseas. No one wants to get their Christmas gifts in March."

"I enjoy working with the mail," Kocher said. "If it wasn't important for me to be here, my company wouldn't have sent me to accomplish this mission."

Kocher is a military policeman with the Law Enforcement Company.

"We're working here until the holidays, but I don't mind," Garrison said. "I like working here."

Garrison is an infantryman in the Ceremonial Platoon.

According to Roy Watts, inspector assistant, if the military members did not assist in the delivery of overseas mail, the postal system would have to provide more workers.

"I think military people get the mail out faster," said Watt, who supervises the military members. "They are proud people and take pride in their work. They are here to get a job done. Other workers have the attitude that they are only working here for a short time and their performance won't effect their career."

The soldiers didn't receive much training before working with the mail.

They move carts and carts of mail to conveyer belts, dump the carts onto the belts, face the mail and sort envelopes and packages and those which need custom stickers.

"The soldiers are doing an excellent job," Watts said. "It's a tough job especially at Christmas time. They really push the mail out."

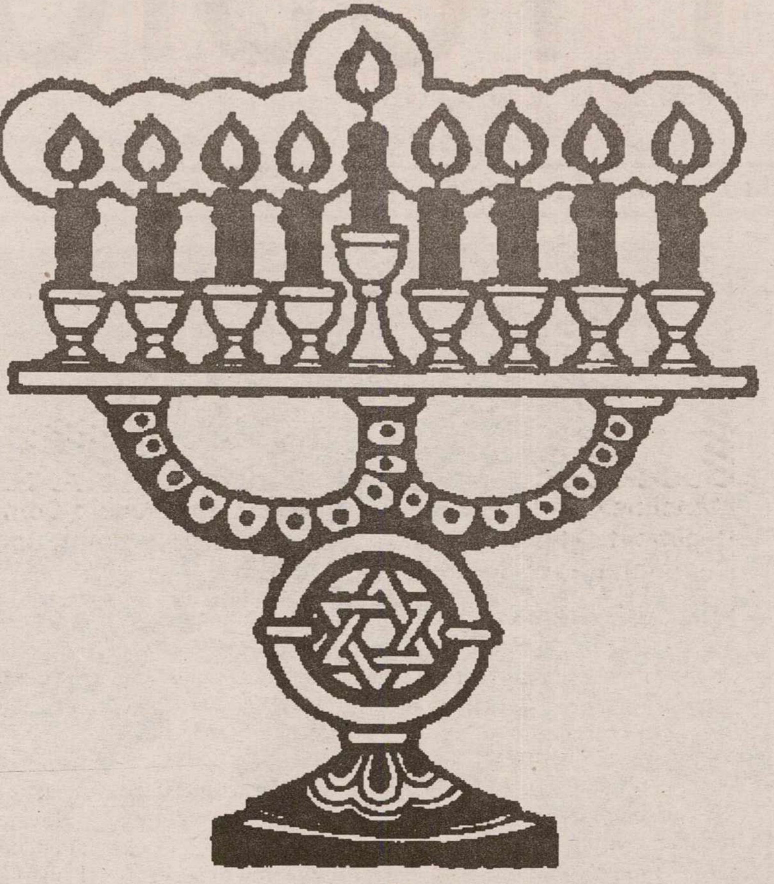
The mail room is open 24 hours a day, seven days a week. Someone is always getting the mail out.

Each day the Presidio soldiers are there, several new shipments arrive at the mail room. They push out about thousands of pieces of mail a day.

Other military members who work with Presidio soldiers to get out the overseas mail are: Navy DC1 Michael Bohannon, PM2 Paul Briggs, QM1 Marvin Beckham and Marine Sgt. John Travis.

Jewish families celebrate their Feast of Dedication

by Abigail Dolinger
Special to the Star Presidian



Eight candles, a man named Judas, and Dec. 9 . . . how are these related?

If you guessed "Hanukkah," you're on the right track! December 9-16 marks the celebration of Hanukkah, the Jewish Feast of Lights. Also known as the Feast of Dedication, Hanukkah commemorates the triumph of Judas the Maccabee over Greek, Selucid forces in 164 B.C., as well as his cleansing and dedication of the defiled Temple and altar.

To review a bit of history, Alexander the Great's generals split his kingdom after his death.

Selucus and Ptolemy vied for control of Palestine, with the Selucids getting the upper hand in 198 B.C. in the person of Antiochus III. His son, Antiochus IV Epiphanes, became king in 175 B.C. and attempted to unify his kingdom by forcing greek culture and religion on his subjects (Hellenization). Determined to stamp out the Jewish religion, he forbade the observance of the Sabbath as well as all other festivals, sacrifices, and rites. He even ordered that copies of the Torah be destroyed! He mandated that every village set up heathen altars for worship. Considering himself Zeus Epiphanes, he demanded that sacrifices of pigs be made to him on the Temple altar on the 25th day of Chislev, his birthday.

Matthias, an aged priest in the village of Modein, refused to renounce the Jewish faith and worship Greek gods. This refusal in 166 B.C. sparked a revolt of the Jewish people against Hellenization.

When Matthias died, he left the leadership of the rebel band in the capable hands of his son Judas. By defeating Antiochus' regent, Lysias, Judas gained control of Jerusalem and, indeed, all of Palestine. Of top priority was the restoration of the temple. Judas destroyed the altar of Zeus and built a new one for God. And son on Chislev 25, 164 B.C., exactly three years after its desecration, the Temple and its altar were rededicated with faithful priests performing the daily ritual sacrifices of sheep.

The legend goes that during this period of cleansing, only a small cruse of the special oil used in the Temple's lamp could be found. It miraculously supplied light for eight days until more oil could be prepared. In celebration of this miracle, Jewish families light an additional candle on each of the eight nights of this Feast of Lights.

Join your Jewish friends in remembering the zealous efforts of Judas the Maccabee and the tiny amount of oil which kept the Temple lamp burning for eight days during their celebration of Hanukkah this year.

Happy Hanukkah!

Commentary

Can I have your attention shoppers?

By Spc. Adrienne Story
Star Presidian staff

The three rules to walking in front of me while I'm *Christmas shopping:*

Rule #1: Don't stop in the middle of the aisle!

Rule #2: If you break rule number one, expect to be run into by a stroller.

Rule #3: If you do stop in the middle of the aisle and do get run into by a stroller, don't turn around and give me a dirty look because you broke the rules!

Now is the busiest Christmas shopping season. Millions of people from millions of countries gather in one mall -- make that one store -- yell, scream, stop in the middle of the aisles, fight to grab the last discount items and push me out of the way. This is all called shopping.

Every year after enduring this hardship, we tell ourselves, "Next year I'm going to start early. I'm not going to deal with this again. Heck, I'm going to start my Christmas shopping in January." But Nooooooo! We always wait until the last couple of weeks along with a million others.

Why do we do this?

For lots of reasons.

Something may be out of style in December if we buy it in September, right? Wrong! Nowadays nothing is out of style.

We always make excuses that we don't have the space to store it. Well maybe if we got rid of the size six clothes that we'll never wear again, we would have the room.

Of course there's the one, "I might be moving soon." I can almost buy that one, but if you're moving it's a big possibility you will know months in advance.

Now the real reason we wait until the last few weeks to do our Christmas shopping -- wait a minute -- I don't think I even know the real reason.

Maybe we just enjoy standing in line behind 15 people speaking 15 different languages, knowing the whole time they're talking about you and how rude they think you are for running into them with a stroller.

Or maybe we love walking behind the three slowest people in the history of the world. Especially the people who refuse to walk behind each other so you, who have a life and places to go, can get by and get on with the shopping.

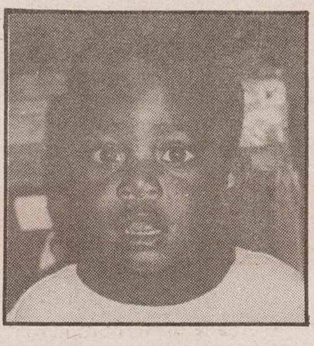
Myself, I enjoy the kids. Aren't they a joy--running around, screaming at the top of their lungs, circling you, then crying, "Mom that lady hit me with her purse, then ran over me with a stroller." Just kidding.

Maybe it is just our nature to put things off. Whatever the reason, we will regret it while we're shopping, but we'll be back again next year.

Just remember, if you're shopping in front of me, refer to rule number one.

Ask Presidians

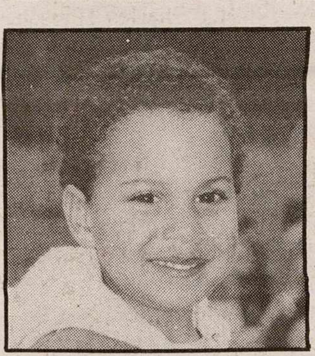
This week Presidio children were asked, "What would you like Santa to bring you for Christmas?"



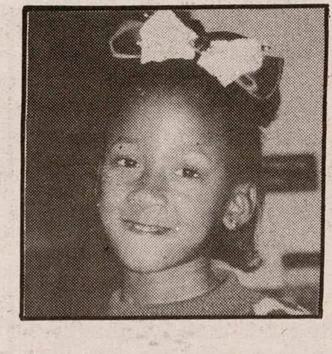
Jonathan Ruffin, 2: "I want a bike for Christmas and lots of candy."

Matthew Allred, 3: "I want some vacuum former cars, an airplane, a boat, dinosaurs and candy."

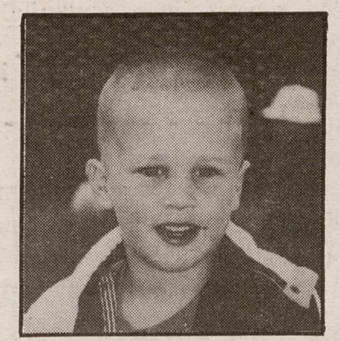
Joshua Kegerris, 4: "What I would really like is a boat and a 'Top Gun' airplane. I like 'Top Gun,' and jets."



Michael Mitchell, 4: "*I want Batman!* He's my hero. I always watch him on TV."



Jade Winbush, 4: "I want a Barbie doll and a Barbie mermaid doll for Christmas. I also would like a suitcase for her and her things. Lots of Christmas candy."



Reese Davis, 3: "I would like for Santa to bring me a big toy jet, a boat, and a gun. I like that stuff! I want to be in the Army when I grow up."

Interviews by Sgt. John W. McGarrah

Star Presidian

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Manchus drink dragon's fire, celebrate history

Story and photo by Spc. Adrienne Story
Star Presidian staff

Behind the thick walls and closed doors, the Manchus held a secret meeting. No one could enter. Events of the meeting are still unknown, however, it has been said that the Manchus drank the fire of a dragon.

Active duty and retired members formerly of the 9th Infantry Regiment joined together to commemorate the accomplishments of the Manchus.

They held a briefing at the Officers' Club, went on a tour of the Presidio, had a secret meeting and then a luncheon.

Before and during the tour, Col. (Ret.) Bud Halsey, gave a the history of the 9th Infantry Regiment at the Presidio.

During the American Civil War, the 9th Regiment was on the west coast. They fought Native Americans throughout Washington and Oregon. In 1861, soldiers were stationed at the Presidio. They made up 10 companies. Part of their mission at that time was to maintain the border with Canada, because Britain was still claiming part of the Americas as their land. They also maintained the security of the gold and silver shipments.

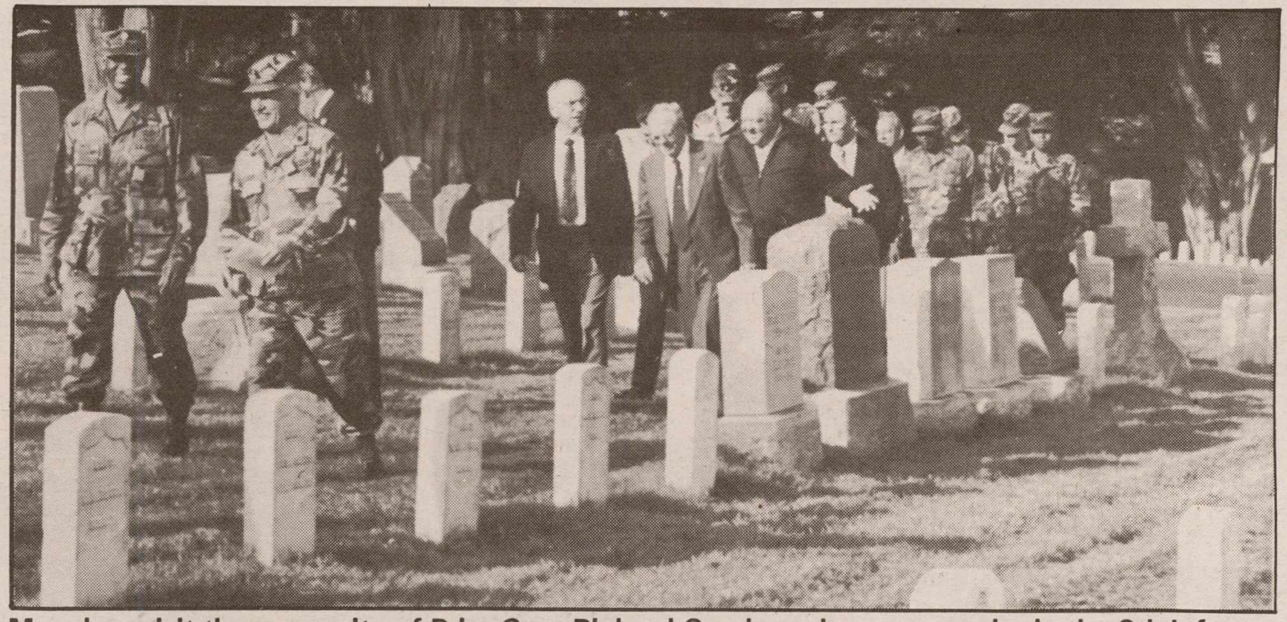
During that time, the front part of the Officers' Club was the 9th Reg. headquarters. They provided garrisons for other installations at Fort Point, Fort Mason and Alcatraz.

The building which is now the Presidio Museum was the Wright General Hospital, named after Col. George Wright, who was the regiment's first commander.

Maj. Lindsey Smith, Headquarters Command Battalion executive officer, arranged the event.

"One day a soldier saw my crossed rifles with the 9 and asked if I was a Manchu. I told him I was, and he showed me his belt buckle," Smith said at the briefing. "After that I met several others who were Manchus, and we started talking. I thought it would be great to hold a Manchu Day here since there are several soldiers who are Manchus stationed at the Presidio. It started out just to be a social time for the Manchus here. Then when I found out that the 9th Regiment was once at the Presidio and it had history here, I thought we could hold a historical event. This may be the last time an event involving the 9th Regiment history occurs at the Presidio."

While coordinating the event, Smith also decided to invite retired soldiers. Col. (Ret.) Charles Hansen, Lt. Col. William R. Cordova, Lt. Col. (Ret.) Ray Baranoskas, Maj. Carl B. Perry and Pfc. Leon Goldstein attended the ceremony. Command Sgt. Maj. (Ret.) John H. Cook, the 9th Reg. honorary command sergeant major, attended the activities, and he's extremely proud of his history with the 9th. "Good afternoon, it's a great day to be a Manchu!" is how Cook answers his home phone.



Manchus visit the grave site of Brig. Gen. Richard Comba, who was a major in the 9th Infantry Regiment. The group is led by Maj. Lindsey Smith and the 9th Infantry Regiment's Honorary Command Sgt. Maj. John H. Cook.

"I am proud to be a Manchu, because of the history of the 9th and being in combat with the 9th Regiment and seeing the men willing to sacrifice their lives for the 9th," Cook said. "I have seen the people who volunteered to serve in the 9th Regiment. I am proud of the thousands who died, and I relive their history. There is not a day that goes by that I don't think of how proud I am to be a Manchu.

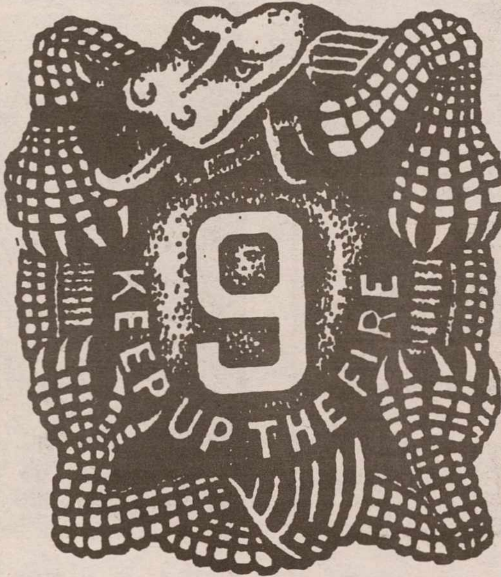
"I enjoyed the event tremendously. I was amazed that there was such a ceremony. I didn't think I'd see anything like this," Cook added. "I was surprised at the number of people who attended. It was absolutely fantastic."

According to the honorary sergeant major, the 9th Regiment is the most highly decorated and oldest regiment in the Army. "We are the only regiment that has our own belt buckle, own wine with our emblem and liscum bowl," said Cook, who served in World War II and the Korean War. "The liscum bowl, which we drink the dragon's fire from, was given to us by the Chinese. Manchu soldiers found silver and turned it over to the Chinese. The Chinese then melted the silver and made the bowl for the Manchus. Years ago, we baptized our children using the bowl."

Presidio soldiers who served with the 9th Reg. and attended the ceremony are: Col. Giles F. Crider, Lt. Col. Robert L. Ross, Lt. Col. Gary D. Schwartz, Maj. Lindsey A. Smith, Sgt. Maj. Paul L. Jones, Master Sgt. David L. Wiseman, Sgt. 1st Class Christopher J. Kennally, Sgt. 1st Class Winfred Mitchell, Sgt. 1st Class John J. Penstock, Sgt. 1st Class Eric Seals, Cpl. Bryant Long, Spc. Michael Mohn and Pvt. 2 Ronald Blow.

"You can pick out a 9th Infantry Regiment soldier by his posture and overall appearance. They always have clean fingernails and hair cuts," Cook said. "They stick together. Even if they're not the closest friends, Manchus will protect each other. We are proud soldiers."

Presidio 'Manchus:' 9th Infantry Regiment soldiers hold reunion



By Maj. Lindsey A. Smith
Headquarters Command Battalion

Current and former soldiers of the 9th Infantry Regiment celebrated a reunion at the Presidio on Dec. 3. The 18 soldiers in attendance were veterans of World War II, Korea, Vietnam and Operation Just Cause, Panama. The distinguished visitor and guest speaker was Command Sgt. Maj. John H. Cook, honorary sergeant major, 9th Infantry Regiment. He spoke of current events and future operations in which the 9th Infantry Regiment, currently stationed at Fort Lewis, Wash., will participate. Units stationed there are the Headquarters, 9th Inf. Reg. and the 1st, 2nd, and 3rd Battalions. The official nickname, "Manchu," is a result of its gallant service during the Chinese relief expedition, commonly referred to as the Boxer Rebellion, in 1900.

The Manchu Day festivities included an excellent historic tour of the Presidio conducted by Col. (Ret.) Milton B. Halsey Jr. Many Manchus in attendance were unaware that the 9th Inf. Reg. soldiers once served at the Presidio in 1861, however, regiment soldiers came to San Francisco in 1855. Col. Halsey pointed out buildings formerly occupied by the 9th Infantry soldiers and units, which included the Funston row houses; the buildings currently occupied by the Military Personnel Division, which were barracks for 9th Inf. Reg. troops; and the Presidio Museum, named for the first 9th Inf. Reg. commander George Wright, which was originally the post hospital. The last stop on the tour was the Presidio National Cemetery, which is the final resting place for many 9th Inf. Reg. soldiers. Attendees visited the grave site of Brig. Gen. Richard Comba, who was a major in the 9th Reg. from May 1889 to March 1893.

After the historic tour, all attendees celebrated the Manchu traditions and socialized. The day's event culminated in a luncheon at the Presidio Officers' Club. The Manchu participants also had an opportunity to become members of the 9th Inf. Reg. "Manchu" association and purchase 9th Infantry memorabilia. the day's festivities highlighted the pride Manchu soldiers have in their heritage and the esprit de corps fostered by Manchu soldiers. All 9th Infantry personnel also received a regimental coin and certificate to commemorate the event.

"Keep up the Fire!"

Army Leadership: It's not just a job, it's an adventure

By Spc. Adrienne Story
Star Presidian Staff

"Shoot 'em! Kill 'em! Stab 'em in the head!" shouted the Bulldogs as they marched across the drill pad.

Several other squads replied with a "shut up" or "stab them in the head!"

They were just jealous, we told ourselves, because the 10th Squad members were the most motivated troops of the Primary Leadership Development Course 1-94. Somehow the "Bulldogs" (10th Squad) managed to make the most enemies, but we wouldn't have it any other way. We were all just happy we maintained and didn't kill any fellow team members with friendly fire.

When you put 16 soldiers in one room where they spend the majority of their time, you are bound to have conflicts. When we weren't in the classroom, we were either helping clean the barracks or the surrounding area or in the field. We basically spent every waking moment with another squad member. Each soldier had a different background, different MOS, and quite different experiences. Of course, everyone was proud of where they came from and convinced they knew more than the rest. We all learned quite a bit, though. All the different opinions made for a tough beginning, but I can honestly say I would die to save a Bulldog. After spending 30 days together laughing, arguing and bickering, you often thought you were at home with your brothers and sisters. Of course, my real family wasn't quite as off the wall as these people.

The craziness of everyone just made it that much more interesting. I found out quite a bit about those people in 30 days. For instance, they like to dance around trees while clad in MILS gear and camouflage (Strictly to keep warm -- yeah, right). We sat through many episodes of Ranger T.V. and were constantly entertained – "I think they are all Section 8's; they're talking to their weapons."

Anita Reznik, the only other female in my squad, started out as this quiet, innocent girl. Whoa! Did she have me fooled. By the end of the cycle, she was telling people to shut up. When Brent Oland decided shocking everyone with the telephone would be our new initiation to be a "real Bulldog," Reznik actually enjoyed it and was the first to take the hit. Oland was always one of the rowdiest Bulldogs in d'house! Neil Vest, alias Redneck, alias West, alias "that one guy over there did it," spent a lot of his time thinking of new initiations, but that was only when he wasn't getting in trouble or looking for a compass ring wrench. "Gig for Bean," since there isn't such a thing. Carlos Alvarado was also pretty quiet when the course began, but it didn't take him long to speak up. We found out never to mix up his name with someone else. Oh, He hated that! During one of the counseling skits, Alvarado also showed his true color, which was red all over. Majied Cook, Cookie, who we found out is a true artist, drew our Bulldog (Tonto Rodriquez) on the classroom wall to leave our mark at PLDC. He was also a peacemaker. Cookie set off this air like, "Hey, everything is Hoo Ah, don't sweat it."

Rudy Richter was a work horse. He always gave 110 percent. But every time he spoke, you couldn't help but think of Beavis and Butthead -- "Like, go away or something." Chet Solomon was an all together person. He was very laid back, even during the most stressful times. Sometimes you couldn't tell when he was serious or joking. I don't know how many times people reached for their ruck when he said, "Ruck up, get it on, it's time to move out," when in actuality it wasn't even close to that time. Ross Meadows, who the class decided would be the next President of the U.S., was quite a character. He was the type of person who could convince you of anything. By the way, he still owes me five bucks, because an AAM is above a Good Conduct Medal, although he had everyone else convinced. Meadows always spoke his mind and always stood his ground.

Eddie Garrett, a Manchu, can't wait to go to Somalia, and I am pretty sure he's hoping for some real live combat. That would be Hoo Ah! He wasn't looking forward to leaving the field, because he just made it to the point where he could smell himself and wanted to stick around to smell the outcome. He and Jamie Nunley named the M-60 Jenny Beth; I guess she became their girlfriend. Speaking of Nunley,

See* PLDC *Page 12

Congrats Colonel!

Lt. Gen. Glynn C. Mallory Jr. presented the Legion of Merit to Col. William H. Ott, Deputy Chief of Staff for Training, in a ceremony at the Sixth U.S. Army Command Conference Room Friday. In attendance at the ceremony were Ott's wife, Sue, and daughter, Dana, who marked her birthday the same day. The Otts will be going to Fort Sam Houston, San Antonio, Tx

Photo by Sam Park

New jobs, new challenges

Barbara Gannon is the new Garrison chief of staff. She started the job Monday. Gannon was selected by garrison commander Col. Gregory A. Renn.

"I think it will be a challenging step forward," Gannon said. "I am looking forward to it."

This position was formerly the garrison manager, which Arnold Rossi held.

According to Gannon, her new job will entail directing other directorates and supervising directors.

Andy Marquez is the new director of Directorate of Information Management. He has worked with DOIM since 1985, when he started as a GS-9.

"I know I have a challenge in front of me, because Barbara Gannon will be a tough act to follow," he said. "But I'm looking forward to it. The transition should not be difficult, because I've worked with Barbara for three years. I know what I'm doing."

"Andy will be an excellent replacement," Gannon said. "He knows the duties involved with the position."

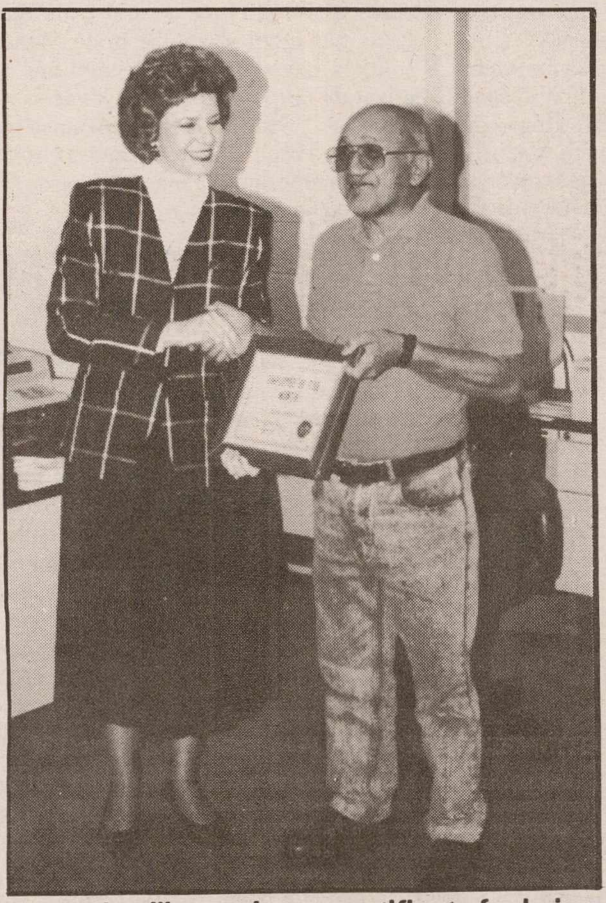
Marquez feels he will do a good job as director because of his military and civilian experience.

"I am retired military, so I know both sides. Military and civilian sides are very different," he said. "I'll be able to dance to their music, so to speak.

"The people here are all hard working--both the military and the civilians," Marquez said. "Although it's a tough challenge, I feel this directorate will still be the best."

(left) Barbara Gannon will be the new Garrison chief of staff. (right) Andy Marquez will replace Gannon as the director of the Directorate of Information Management.

Directorate's employees of the month



Danny Lavilla receives a certificate for being selected as the DOIM civilian employee of the month.

Danny Lavilla, telephone mechanic, was named the DOIM civilian employee of the month for December.

In the past month alone, he has received three letters of appreciation. Lavilla has received a great deal of praise from his work with the Letterman U.S. Army Health Clinic.

"I was surprised to be selected," he said. "I don't think about receiving awards. I feel it's my job, and I go out and do want needs to be done.

"It's nice to know that people appreciate the job you do," Lavilla said. "I know my hard work isn't wasted."

Lavilla has been a telephone mechanic at the Presidio since 1972. He likes his job and has for more than 20 years.

"I enjoy my job because I meet a lot of people," Lavilla continued. "I like helping people. I always have the attitude 'can do, will do, done.'"

Soldier of the month

Spc. Kathleen Box, telecommunications operator, was named the DOIM military employee of the month for December.

"I am proud that I was named the employee of the month," Box said. "I think it's a great program. It makes people want to achieve more. It's nice to be recognized."

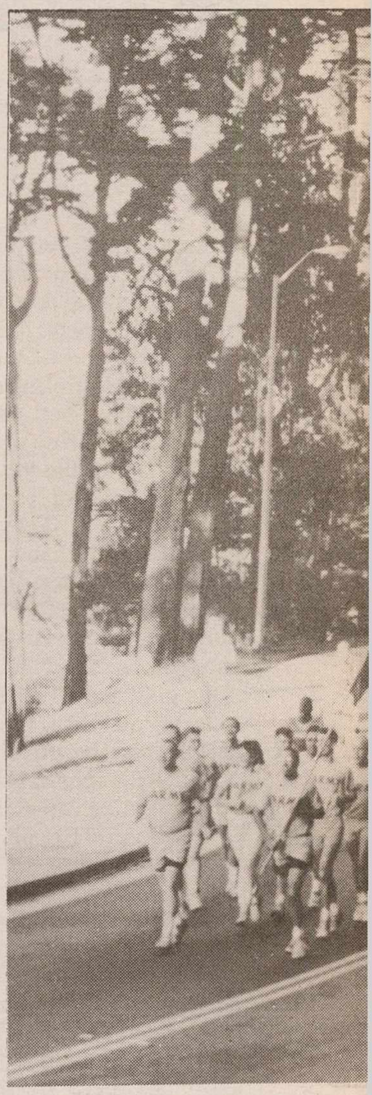
Box has also received the honor of becoming the communications security chief. She will be replacing Spc. Ayers. Box was chosen for this position, because she has some experience with this job and was sent to training. "Getting this opportunity is a definite plus for me," Box said.

"I really enjoy my job because I see a result of my hard work," she said. It's difficult to keep up with the downsizing changes, but we all work together to get the job done."

EMPLOYEE OF THE MONTH

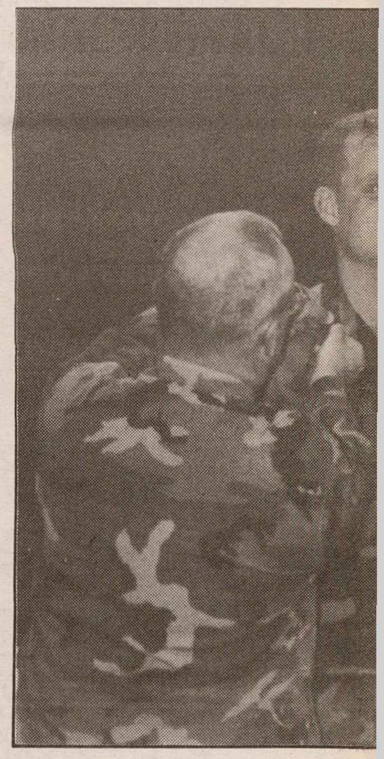
Spc. Kathleen Box

Stories and photos by Spc. Adrienne Story

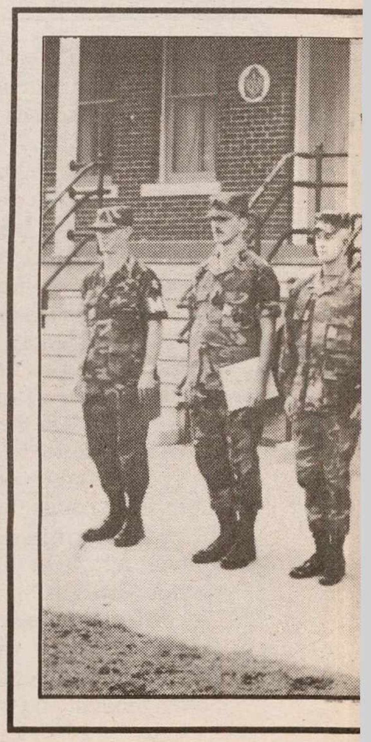


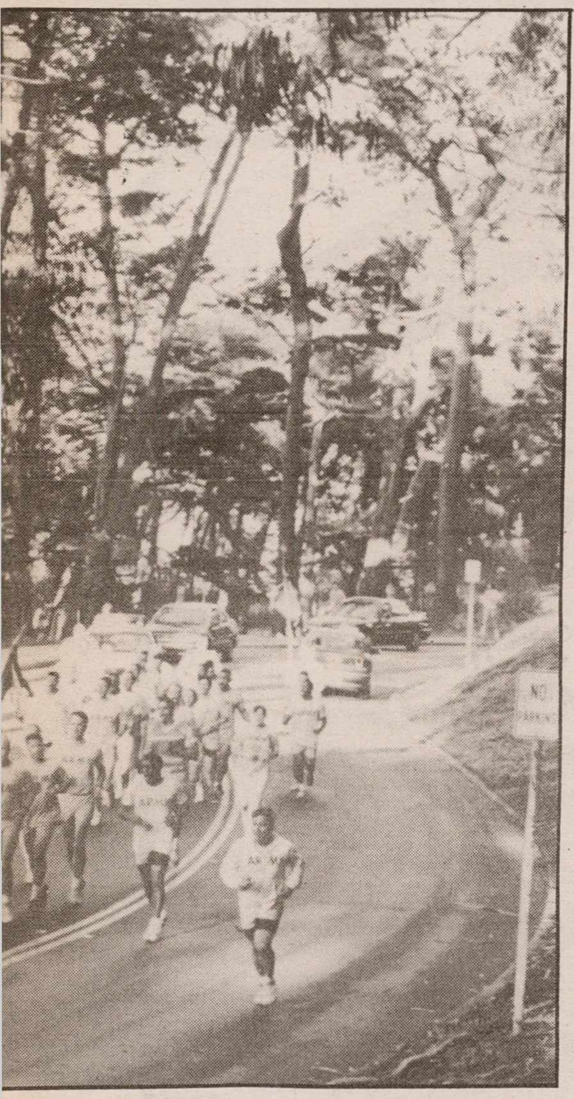
1 - 2 - 3 - 4 Hey!

While sounding off, soldier
Run. The Command Grou
motivated group.



Sixth U.S. Army Command
Chapman pin new rank on
a ceremony Friday at the O
Deputy Chief of Staff for
presidential recognition at



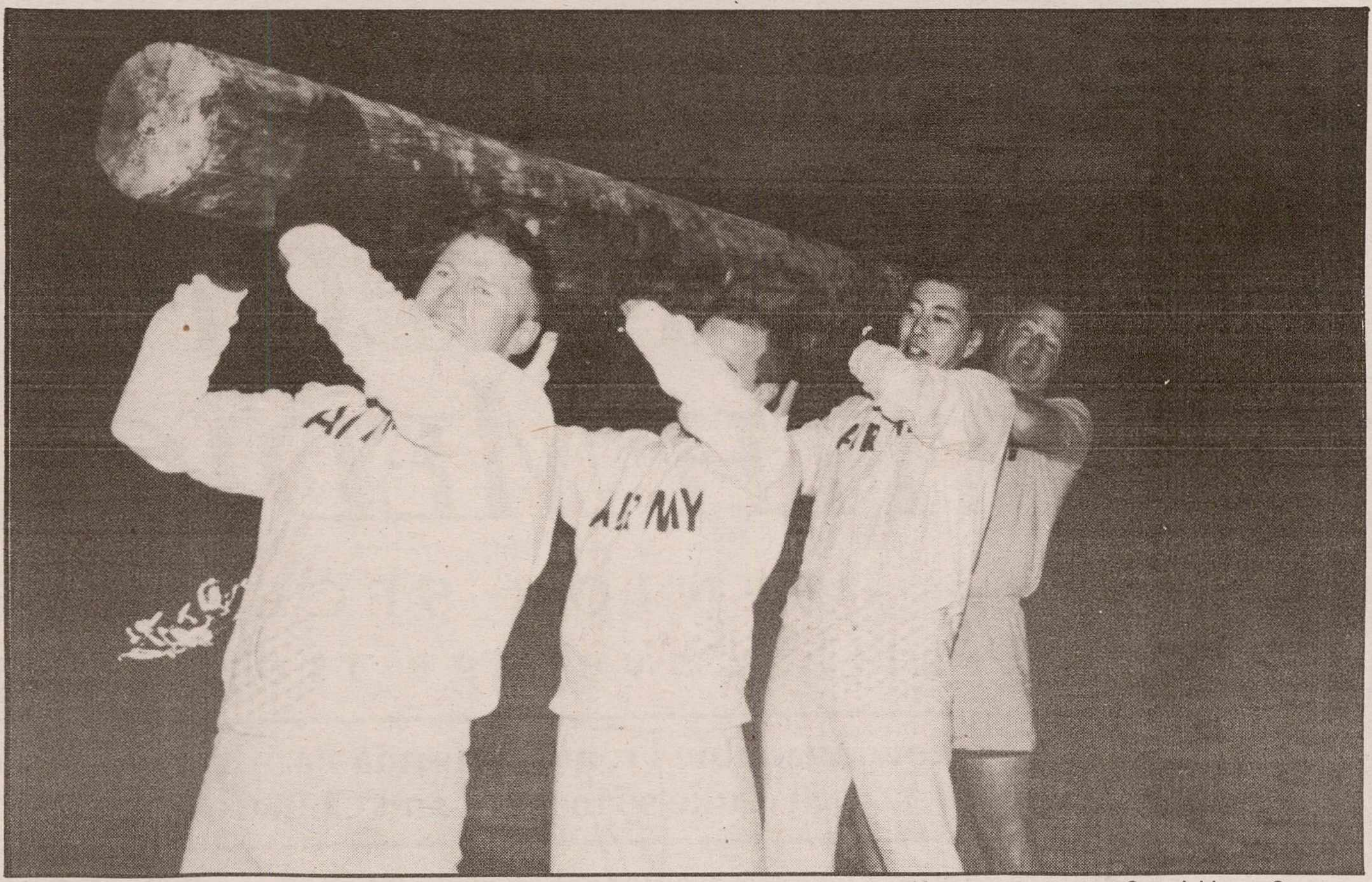


Sgt. John W. McGarrah

rs participate in the Sixth U. S. Army Fun
ıp won the streamer for being the most

Sgt. John W. McGarrah

ıd Sgt. Maj. Otto Copeland and Cpl. Jodie
ı Sgt. 1st Class Danny R. Chapman during
Operations and Readiness Section, for the
r Operations. Maj. Carey Martin received
: the same ceremony.



Spc. Adrienne Story

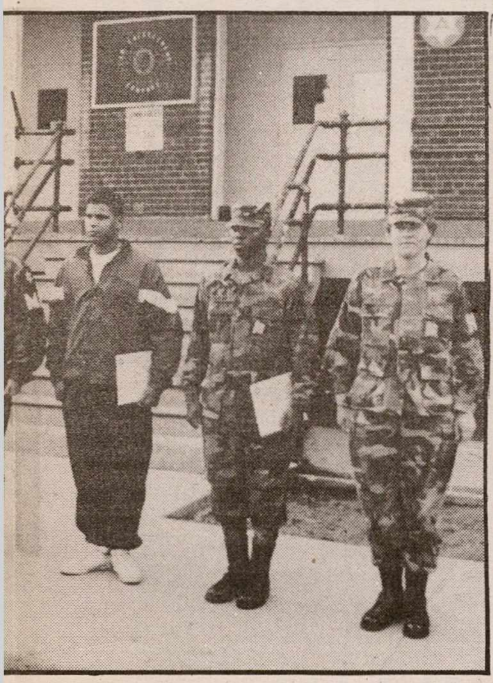
Heave! Ho!

Soldiers from the Headquarters Company USAG, Sixth U.S. Army Band and Law Enforcement Company participate in Log Physical Training. They did several other physical training events including the cross country skier, push up, high jumper and jogging in place. They also ran after working out on the Main Parade Field Dec. 1.

G'Day Mate

Col. Gregory A. Renn, garrison commander, receives a plaque from members of *Australia's 129th* Regional Cadet Command. The cadets were here as part of "Operation Jimmy's Journey," a goodwill visit to U.S. military installations. The cadets visited several other installations and cities in the Bay Area. They were also in the Pearl Harbor Day Parade in Hawaii. Cadets were interested in visiting the Presidio since they saw the movie, "The Presidio."

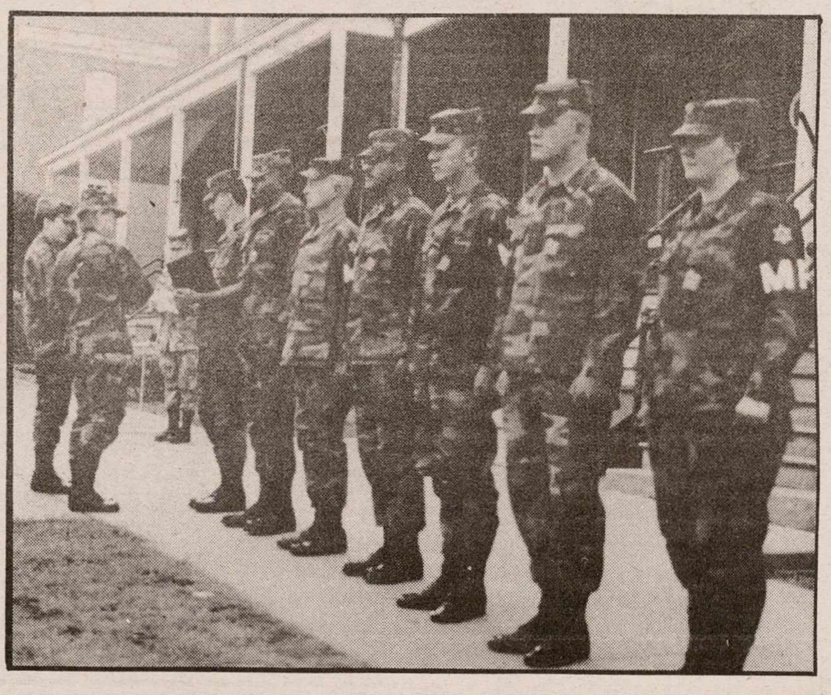
Photo by Sharon Everett-Roles



Super troops recognized

Several members of the Law Enforcement company received recognition for their outstanding driving records and other acheivements while stationed at the Presidio. Soldiers who were awarded drivers badges include: Staff Sgts. Stephen Hutzell, Dexter McMichael, Joseph Miceli, Sgts. Tommy Bibb, Loren Small, Gregory Bailey, Cpl. Daniel Grubaugh, Spcs. Kenton Goolsby, Christopher Dye and Pfc. Shannon Grubaugh. Soldiers who were awarded Certificates of Appreciation for scoring a 270 or above on their PT test include: Sgt. 1st Class Anthony Bordigon, Staff Sgts. James Sinclair, Marian Anderson, Stephen Hutzell, Joseph Miceli, Sgts. Tommy Bibb, Larnel Norman, James Saddler, Gregory Bailey, Betsy Bibb, Kevin Farichild, Richard Vater, Pfc. Scott Miller and Pvt. 2 Maggie Ward. Pvt. 2 Brandee Libby received a Certificate of Appreciation for being named LEC's Soldier of the Month.

Photos by Sgt. John W. McGarrah



New Reduced Premium

FOR PEOPLE WITH MEDICARE

SENIOR SECURITY
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St. Luke's Hospital and Chinese Hospital

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☑ **PHYSICIAN SERVICES**
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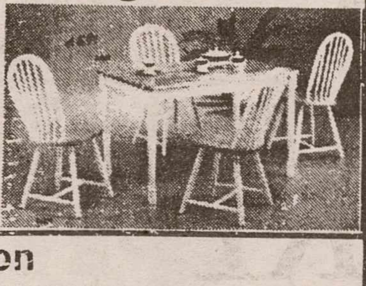

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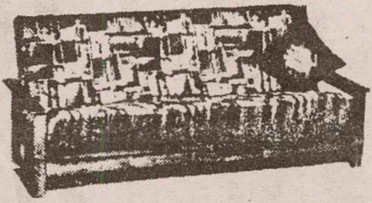

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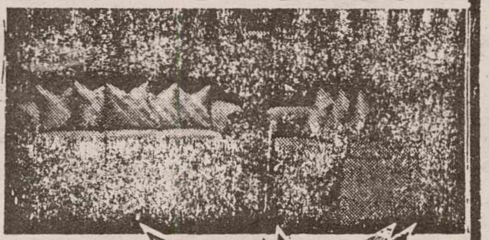

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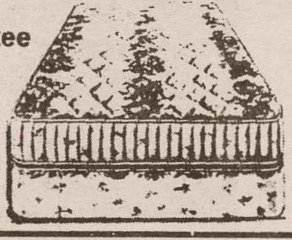

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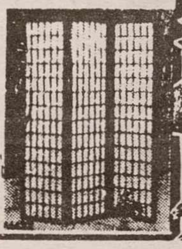

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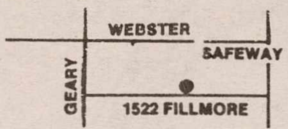

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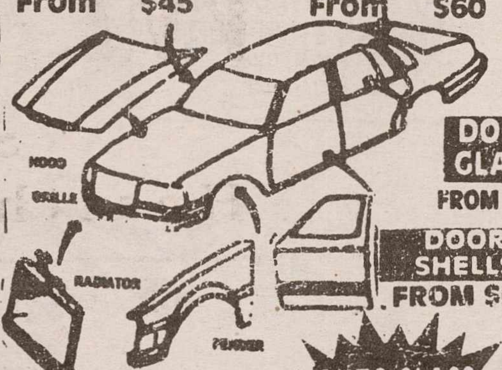

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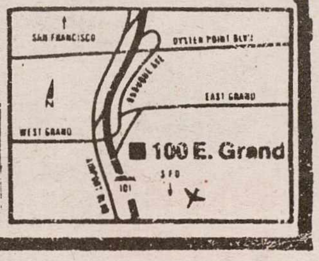

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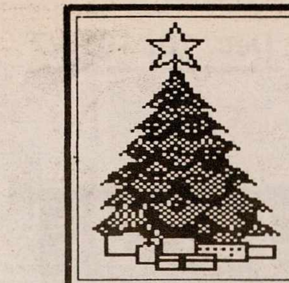

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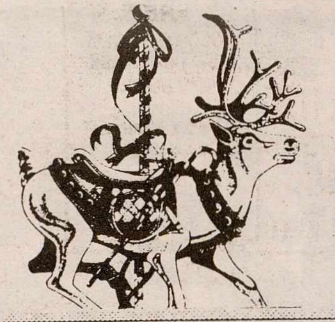

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Briefs, continued from Page 1

Sixth U.S. Army Band plays. The bus departs from the Main Post Chapel parking lot at 12:30 p.m., Tuesday. For information, call Chaplain (Col.) Jerry Mize at **561-4719** or Steve Miller at **561-3535**.

Mandatory Pretransition Briefing

The Military Personnel Division will conduct a pretransition briefing at the Audio/Visual Center, Bldg. 603, 8 a.m. to noon, Wednesday. Topics will include veterans benefits, employment assistance, property shipment, legal assistance, travel entitlements, and outprocessing procedures. In accordance with AR 635-10, soldiers scheduled to separate (terminal) leave prior to separation between May 31 and July 31 (except retiring) must attend this pretransition briefing. For information call Sgt. Lockhart at **561-2151**.

Battle of the Bulge Reunion

The Winter Meeting of the Golden Gate Chapter, Veterans of the Battle of the Bulge, will be at noon, Dec. 18 at the Fort Mason Officers' Club. The choice of entree is either pot roast with mashed potatoes and gravy or baked half chicken with herb and white wine sauce. In addition, there will be tossed salad, vegetable, bread and butter, tea or coffee. The guest speaker will be Maj. Gen. G. Walter Titus (SMR, Retired). Send your reservation request to Fred Dong, 1748 Leavenworth Street, San Francisco, Calif., 94109.

Sobriety, bike safety check points

There will be a sobriety checkpoint at the intersection of Lincoln and Graham Tuesday, starting at 7 p.m. There will be a bicycle safety check point at Arguello and Lookout Dec. 18. Military Police will be on hand to distribute safety information and answer questions.

ADMIT ONE

Movies at the

Presidio Theatre

Tonight-Mr. Nanny (PG)
Saturday-Demolition Man (R)
Sunday-Judgement Night (R)
Dec. 17-Jurassic Park (PG-13)
Dec. 18-Robocop 3 (PG-13)
Dec. 19-Snow White (G)
All movies begin at 7 p.m.

1296 E-54

DPW Office Closure

The Directorate of Public Works will close at 11:30 a.m., Dec. 7, for their Christmas party. All emergencies should be directed to the Work Order desk at **561-4505**.

Commissary Closure

The Commissary will close at 6 p.m. Dec. 24 and 31. It will be closed Dec. 25 and Jan. 1, 1994.

Tree Lighting Ceremony

Participate in a holiday tradition that dates back to the Victorian era -- lighting the Christmas tree! The Presidio's Christmas tree lighting ceremony is at 5:30 p.m., Monday, by the Presidio Army Museum. The Sixth U.S. Army Band will play holiday tunes, and Santa Claus will make an appearance.

Park service job

Gardener Leader, WL-5003-08. Announcement Number WRO-93-46. Closes Dec. 17.

For information, call the National Park Service Division of Personnel at **(415) 556-2035**.

DPW power outages

The Directorate of Public Works (DPW) has scheduled several short-term power shutdowns during the next three months. These temporary outages are necessary for repair and replacement of electric power poles and other switch gear. The work will result in improved safety and reliability of the Presidio electrical system. Power will be turned off at about 8 a.m. on certain weekdays and turned back on by 5 p.m. Family quarters occupants need not be concerned about refrigerated food spoilage. DPW has checked with reliable sources who indicate than an 8-9 hour shutdown would not cause food to spoil. DPW has notified individual family quarters affected by the shutdown of the specific dates during which power in their housing area will be off. As a reminder, the outage dates are summarized below:

Dec. 4 – Area 100
Jan. 4, 1994 -- Area 1400
Jan. 5, Jan. 6 -- Areas 1400, 1700
Jan. 11, Jan. 12. Jan. 13 -- Areas 1200, 1300
Jan. 14 -- Areas 900, 1200, 1300

Residents will be informed of any changes to the schedule due to weather conditions or other unforseen problems. For information, call Mr. Robert Wilkinson at **561-3211**.

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Your search ends where San Francisco begins... The Cliff House Christmas Shop. Come and see Mr. Nutcracker and his shelf mates: Santa, Snow Globes, Nesting Dolls and lots of other unique Holiday ornaments and gifts created by Christopher Radko, Arthur Court, Snow Village and much more. Enter our drawing for a 30" quilted Santa, no purchase necessary. Why not make a day of it and plan a visit to our Christmas Shop in conjunction with breakfast, lunch or dinner by the ocean.

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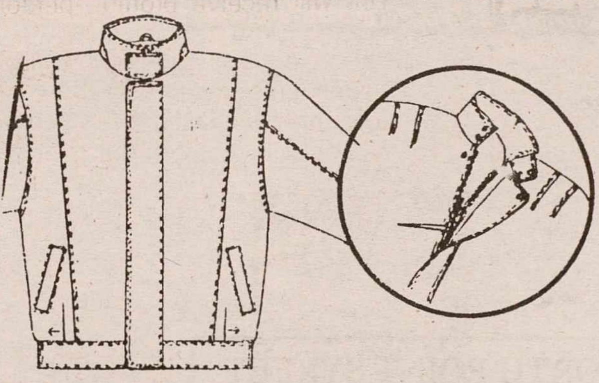

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Diet, nutrition news

By Capt. Maria Bovill, R.D.
Letterman U.S. Army Health Clinic

Can garlic help prevent cancer? Which vegetables have the most vitamins? With all of today's health advice, it's easy to wonder what the health benefits and risks are in what you eat.

Now that the Nutrition Clinic at Letterman U.S. Army Health Clinic has closed, it's even more important to know where to get all the right answers! The place to get answers from a Registered Dietitian is just a toll-free phone call away. Dial **1-800-843-8114**, and you'll reach the American Institute for Cancer Research Nutrition Hotline, a free public service of the American Institute for Cancer Research.

AICR is the only national organization to focus exclusively on diet, nutrition and cancer. Today, with cancer still America's second most widespread disease, more and more scientific evidence shows that eating a healthy, low-fat diet with lots of fruits, vegetables and grains can help reduce cancer risk.

Hotline dietitians research answers to caller's questions and phone back the answers within 48 hours. Research sources used include federal agencies, such as the U.S. Department of Agriculture and the National Cancer Institute, AICR studies and major medical schools. Hotline dietitians, however, cannot give medical advice.

If you have questions, call **1-800-843-8114**, Monday through Friday, 9 a.m. to 5 p.m., Eastern time.

CHAMPUS reform initiative changes carriers

By Spc. Adrienne Story
Star Presidian staff

The Civilian Health and Medical Program for the Uniformed Services reform initiative in California and Hawaii will change carriers Feb. 1, 1994.

Aetna Government Health Plans Inc., has been awarded the potential five and 1/2 year, $3.5 billion contract which included a six month start-up period which began in September.

The contract, the largest ever awarded by CHAMPUS, includes certain incentives for Aetna to perform well--bonuses will be given for speed and accuracy in dealing with beneficiaries' claims. However, Aetna must pay penalties if they process claims too slowly or perform poorly.

Foundation Health Federal Services, Inc., of Rancho Cordova, Calif., the current contractor, will continue to support the program in the two states through Jan. 31, 1994.

The last date to enroll in the current CHAMPUS Prime program under Foundation Health is Dec. 20. Applications received after this date will not be effective until Feb. 1, 1994, under the new Aetna contract. After the Aetna contract begins Feb. 1, on-site enrollment for beneficiaries will be performed.

Beginning Feb. 1, you can enroll at the Letterman CHAMPUS Service Center, Room 215, with an immediate effective date.

As of this date, Letterman representatives have not been informed by CHAMPUS what the actual deductibles, cost shares and annual enrollment premiums will be under the new contract. As soon as Letterman CHAMPUS representatives receive additional information, we will provide it to the community.

According to Janet Hoy, Aetna southern California regional director, a number of press releases will be put out to CHAMPUS beneficiaries during the transitioning phase. These newsletters will include any upcoming changes. The letters will be sent directly to CHAMPUS beneficiaries.

"We will keep everyone informed of any changes," said Eloise Callwood, Letterman Patient Services representative. "We hold meetings with Aetna and continually stay in contact with them so we can get out information immediately through the media, letters and any way we can."

Hoy said she expects very few changes, however, Aetna will ensure beneficiaries are informed of any changes. She also said the carrier change will have no negative effect on CHAMPUS beneficiaries.

"We currently are the subcontractors for CHAMPUS in Southern California," Hoy said. "We handle two thirds of the claims in California. I feel we will provide beneficiaries with good customer service."

More than 750,000 people in California and Hawaii are covered under the CHAMPUS contract. This number represents about 14 percent of the total people eligible for CHAMPUS in the United Sates.

"Since we have experience working with CHAMPUS and a great number of claims, we feel we will benefit CHAMPUS-eligible persons," Hoy concluded. "We will provide staff in military hospitals to increase accessibility of health care to military family members."

For assistance or more information, call the Patient Service Center, at **561-4509**, or stop by Room 215 at the LUSAHC.

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Officers' Club calendar makes the perfect gift

By Sgt. John W. McGarrah
Star Presidian Staff

Are you still searching for that perfect Christmas gift? Feel like you've seen it all by now? Don't know the right size or color? Tired of crowds and parking hassles? Need something that goes well in an office or at home? Something that never goes out of style, will be useful, and doesn't need batteries? Well, look no further. The Presidio Officer's Club has just the Present you've been looking for!

When the new Officer's Club Presidio 1994 Calendar goes on sale Thursday, you can purchase what is sure to soon become a collector's item. For the first time ever, a calendar has been created expressly for the Presidio of San Francisco community. It features important dates, facts and historical photos you won't find anywhere else.

Putting the calendar together took a lot of hard work and coordination between Officer's Club Manager Jane Fredericks and her creative staff, and the Public Affairs Office, the Training Support Center, and the Presidio Museum staffs. The result has to be seen to be believed.

The high quality product features important historical dates for the Presidio and San Francisco and a listing of all the post commanders from 1776 to the present. The best thing of all, however, is the photographs. Unlike other calendars which only have one photo for every month, this calendar is full of rare one-of-a kind photos. Featured are photographs of the Presidio as it grew to the post we know today, including the great 1906 earthquake and fire, Fort Point, the Golden Gate Bridge, Montgomery and Lombard Streets, the Pershing House, Crissy Airfield, the Pan Pacific Exposition, Wright U.S. Army and Letterman U.S. Army Hospitals. Additional photos include shots of everyday life on the Presidio with pictures of a sham battle and retreat in the 1880's.

"The credit should go to Hilary Nawakowski, the designer and graphics artist responsible for making all the pieces fit together so beautifully," expressed Fredericks. "He put in hours of hard work on this project, which I believe can be clearly seen in the final product."

"With the Presidio officially closing in the year of the calendar, I can't think of a better sentimental tribute to a post so full of tradition and historic achievements," said Fredericks.

PLDC ***continued from Page 3***

he's an infantryman who ate his own hocker (an old, old C-ration) and humped the PRC-77 almost throughout our whole field problem. Not to mention carrying the spare barrel and adding a large brick to his ruck, and he wasn't even close to being smoked. That was definitely Hoo Ah! No one could do the Mule Kick like Nunley.

Hernan Mendoza was a good worker, but he used up most of his energy while in leadership positions. I think he just got a little stressed or something. Hall was an ex-Marine, who couldn't forget the Corps and hoped to go back. He believed in disciplining the troops. He's an NBC specialist. Benjamin Council, Jr., was the only troop in our squad who wasn't 21. He was artillery and proud to be. Along with Cookie, he was one heck of a cadence caller. Gary Taylor reminded people of either their big brother or the boy next door. He was kind, but certainly not weak. He pulled his weight, but at the same time kind of was out of sight. He will make an outstanding supply sergeant.

Although there were a lot of good times at PLDC, it was tough. We took three major written exams and lost one squad member after the first test. The exams were everything but easy. Students are tested on Drill and Ceremony, which you do day in and day out, conducting a physical fitness program, giving field classes and land navigation. Basically, the whole course is a test. Troops needed to test their will on the road marches, the field missions, and each day in garrison. We also had to serve in leadership positions both in the field and garrison. We all got a taste of leadership, and it was bittersweet. Fifteen Bulldogs survived with their strength, help from others and the instruction of their cadre.

Did I forget to mention our instructors? We also found out a lot about them. Staff Sgt. Curtis Hansen had a thing for soda machines before he joined the military, but his fetish changed to radios. He was a Hoo Ah instructor, who spells Hoo Ah differently, and was Lima Seven (squared away). Hansen knew his stuff, from leading troops to carrying out combat missions. And no one could do a better POW search than he could. Sgt. Turner, who always threatened to bring in his pacifier, was also squared away (Hey, I don't know what he was doing with a pacifier, either). He was the spitting image of Mr. Cooper, from T.V.'s "Hangin' with Mr. Cooper." He would ruck through brush, and ruck and ruck, but the Bulldogs proved we couldn't be smoked. Once another soldier bet Turner that his ruck was lighter than hers, so they traded during a mission. She regretted making that bet. Somehow our instructors made everything interesting. I didn't fall asleep in class once. I learned more than I could have expected at PLDC -- not only about leadership, but about the Army, myself and other troops.

I learned what an atomic sit up is, something about turtles in the field, and a penguin something or other. I also found out what happens when you assault the objective too soon. (Retreat at 6 o' clock. What time?) I learned how to set up a hasty ambush, put out an operations, warning and frag order. I learned the 11 principles of leadership, the nine leadership competencies, and how to apply them. I also learned how to work as a team on a "combat mission" in almost complete darkness. I also found out that it feels pretty good to be called sergeant. And, believe it or not, I learned how to use an MRE heater.

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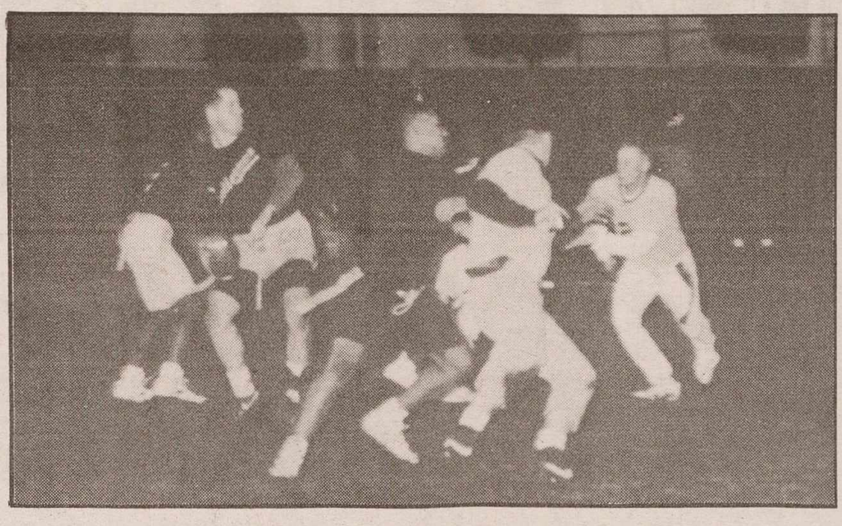
LEC steals crown from LUSAH



Story and photos by Spc. Adrienne Story
Star Presidian staff

LEC stole the championship win from LUSAH in overtime Monday night.

LEC scored a touchdown on the second down in overtime. The extra point attempt was good, which gave them the lead 13-6.

LUSAH still had four attempts from the 20-yard line to go into a second over time.

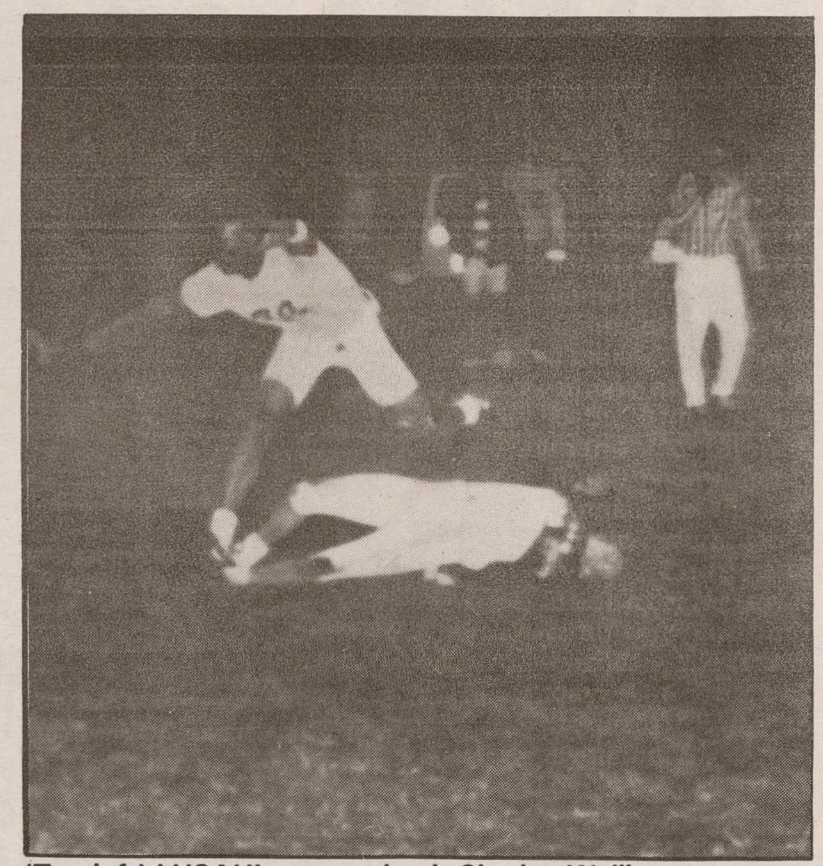
Their first pass inside was almost intercepted by LEC. The second attempt was incomplete. Jeremy Stokes almost picked off the third pass, smacking it to the ground. Their final attempt for the touchdown was a pass intercepted by Evans, giving LEC the championship win 13-6.

In Intramural football each team gets four attempts from the 20-yard line to score in overtime.

Defense kept the teams' scores low. After the first quarter, LUSAH was up 6 - 0. At the end of the half, the score was only 6 - 6 and remained unchanged until overtime. After the first half, the teams took turns handling the ball, only to be stopped short of the touchdown.

There seemed to be at least a thousand penalties called and as many complaints from the coaches and fans to match. However, the calls were fair.

The winning team seemed to work together better and run plays more smoothly than their opponents. However, LUSAH gave them a run for the money and put their hearts into the game.



(Top left) LUSAH's quarterback Charles Wallis attempst a pass, while lineman block their opponents.
(Above) Is this flag football? LUSAH's Steve Canterbury, who played his heart out, takes a hit to the ground after he and LEC's Jeremy Stokes dive for the ball.

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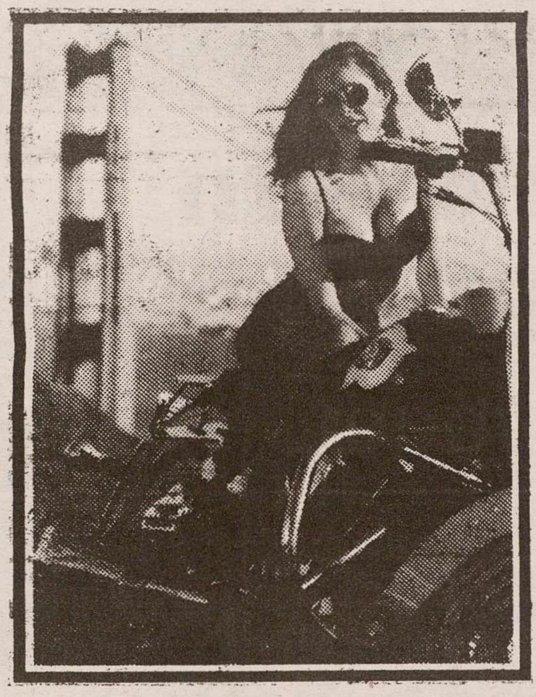

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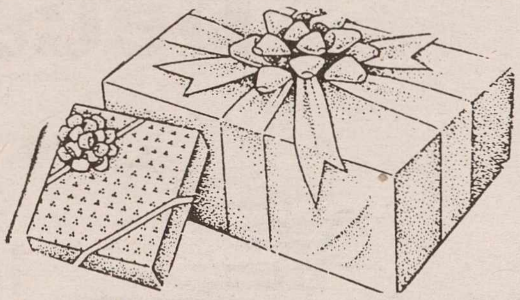

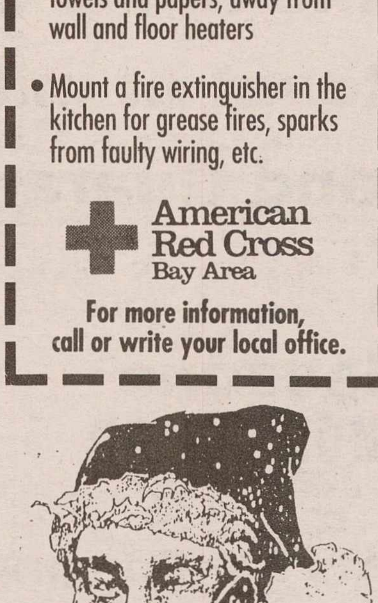

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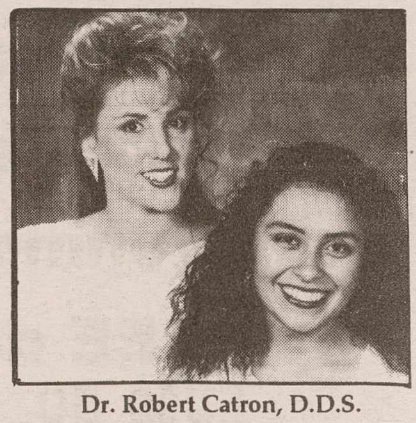

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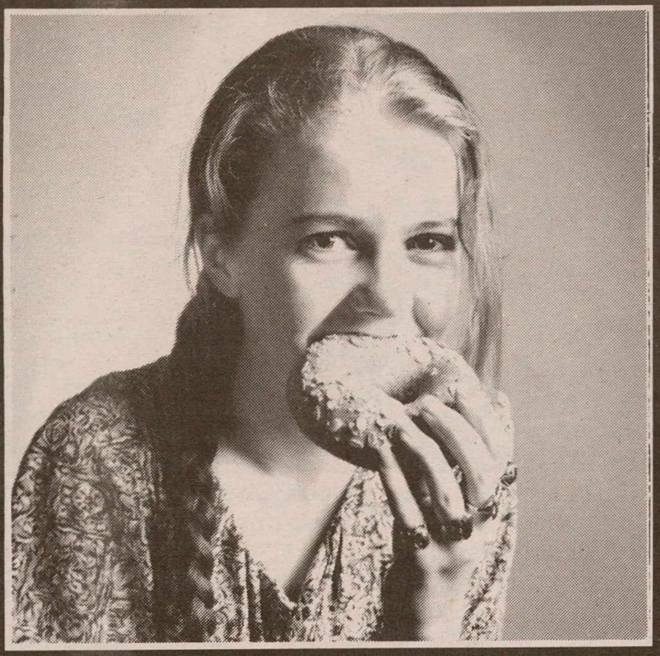

Jocelyn Davis, Student, UC Santa Cruz, LOVES NOAH'S and painting & music

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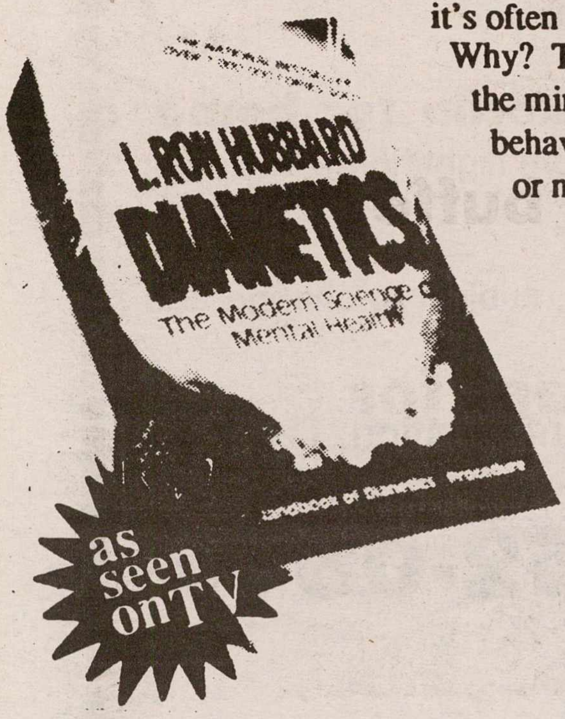
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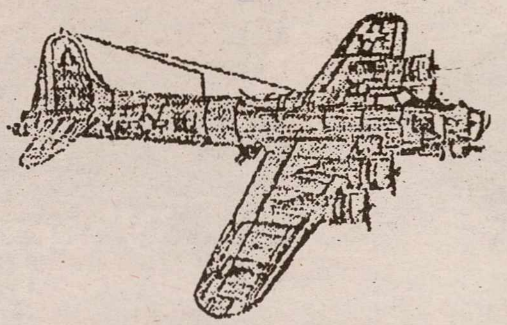

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Day 1: Overnight flight to Paris

Day 2: Arrive in Paris
After morning arrival, depart for your Normandy hotel. The rest of the day is at leisure. Enjoy a welcome dinner that evening.

Day 3: Normandy
In morning, visit Pointe du Hoc Ranger Memorial, the Utah Beach Museum and the 508th Parachute Infantry Memorial. In afternoon, visit St. Mere Eglise, Airborne Museum, U.S. Military Cemetery and the Normandy Invasion Museum. Includes breakfast and dinner.

Day 4: Normandy to Reims
In morning, travel to Reims, passing Belleau Wood and Alsne Marne Cemetery. At Reims, visit the "Red School House" and Reims Cathedral. The remainder of the day is at leisure. Includes breakfast and dinner.

Day 5: Reims to Belgium and Luxembourg
In morning, visit a champagne winery before continuing to Bastogne, Belgium, site of the Battle of the Bulge. Then travel to Luxembourg to visit General Patton's grave at the Third Army Cemetery. Includes breakfast and dinner.

Day 6: Luxembourg to Malmedy, Huertgen Forest Aachen
Leave Luxembourg and visit the memorial to the victims of the Malmedy massacre and the Battle Museum at La Gleize. Continue through Huertgen Forest to Aachen for the night. Includes breakfast and dinner.

Day 7: Aachen to Remagen and Wurzburg
In morning, visit the sights of the Battle of Aachen, then continue to Remagon to the Ludendorff Railway Bridge. Then travel to Wurzburg. Includes breakfast and dinner.

Day 8: Wurzburg to Berlin
Following free time in Wurzburg, travel to Berlin. Includes breakfast.

Day 9: Berlin
Sight-seeing includes the Brandenburg Gate, Charlottenburg Palace, Keiser Wilheim Memorial Church, Kurfurstendamm, Reichstag Building, Checkpoint Charlie Museum, remains of the Berlin Wall, site of Hitler's bunker and the German Resistance Memorial. Enjoy a farewell dinner at hotel. Also includes breakfast.

Day 10: Depart Berlin for home
Depart in morning for return flight home. Includes breakfast.

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Star Presidian

Vol. 38, No. 48 | Published for the Presidio of San Francisco Community | Dec. 17, 1993

Routine medical care terminates for non-active duty

By Spc. Adrienne Story
Star Presidian staff

The closure of Letterman U.S. Army Health Clinic is proceeding on schedule and the plan is to terminate all routine care for other than active duty members during the month of April 1994. A small health clinic has been approved to support Sixth U.S. Army soldiers. The clinic will be staffed with two physicians, plus ancillary staff. The clinic will also have some lab, X-ray, dental, occupational health and pharmacy support, with primary medical care to active duty. The location for the new clinic has not been determined yet. Movement into the clinic is scheduled to begin in May 1994. Sixth Army soldiers' medical records will be transferred to the new clinic sometime in May 1994.

The new clinic is scheduled to remain here to support Sixth U.S. Army. Soldiers will need to go to the clinic before seeing a civilian physician for care. They must have a referral from a Letterman physician if care is needed from a civilian source.

"To minimize health care costs for family members, everyone who is eligible for CHAMPUS Prime should enroll," Lt. Col. Rebecca Loomis, Patient Service Center Chief said. "In the category of over 65, they should enroll in Medicare Part B and a Health Maintenance Organization (HMO). If you don't choose to enroll into CHAMPUS Prime for those under 65 or an HMO for those over 65, you should consider CHAMPUS or Medicare supplements."

With CHAMPUS Prime, beneficiaries have a set cost of $5 a visit. There are no deductibles under this plan. However, under standard CHAMPUS, active duty family members must pay 20 percent of health care cost, and 15 percent with CHAMPUS Extra, according to Loomis.

Since CHAMPUS carriers are changing, family members must be enrolled in CHAMPUS Prime by Monday, to have an immediate effective date. If they do not enroll by Monday, they will not be eligible for CHAMPUS Prime under the old contract, and their effective date will be Feb. 1, 1994. If you have not mailed in your application for CHAMPUS Prime by now, you must either bring in your application or FAX (561-4853) your application to Letterman's Patient Service Center, Room 215. Under the new CHAMPUS contract the CHAMPUS Prime program will be TriCare Prime, but the benefits will remain the same.

Soldiers who are being stationed at the Presidio will now have to go through the Patient Service Center during their inprocessing. They will be offered on-the-spot counseling on health benefits and enrollment into CHAMPUS Prime for their family members.

"The carrier change has been slow," Loomis said. The first information letter was to be sent out to CHAMPUS beneficiaries in November; however, the transition has been held up. Letters will be sent out soon.

"We are working with Aetna representatives and will oversee the implementation of the contract," Loomis said. "It is important for people to let us know if they have any complaints or questions, so we can address them." If you do have complaints or questions, you may contact the Patient Service Center at 561-4509. Appointments are not necessary if you choose to visit the center.

The Patient Service Center's mission during the carrier change and Letterman's downsizing to the new clinic is assisting with outplacement, negotiating discount rates for active duty at civilian hospitals, overseeing the *implementation* of the new CHAMPUS contract, keeping people informed and serving as patient representatives. They have briefed commanders on CHAMPUS Prime enrollment dates and their soldiers' status in CHAMPUS Prime. Mailing will be conducted

See *LUSAH*, page 12

Spc. Adrienne Story

All I want for Christmas is at least one tooth

Lindsey Story, seven months, sits on Santa's lap at the Main Exchange. Gil Martinez, post courier, posed as Santa and passed out candy and listen to children's Christmas wishes.

Ask the Garrison Commander

Commander addresses Presidians' concerns

By Col. Gregory A. Renn
Garrison Commander

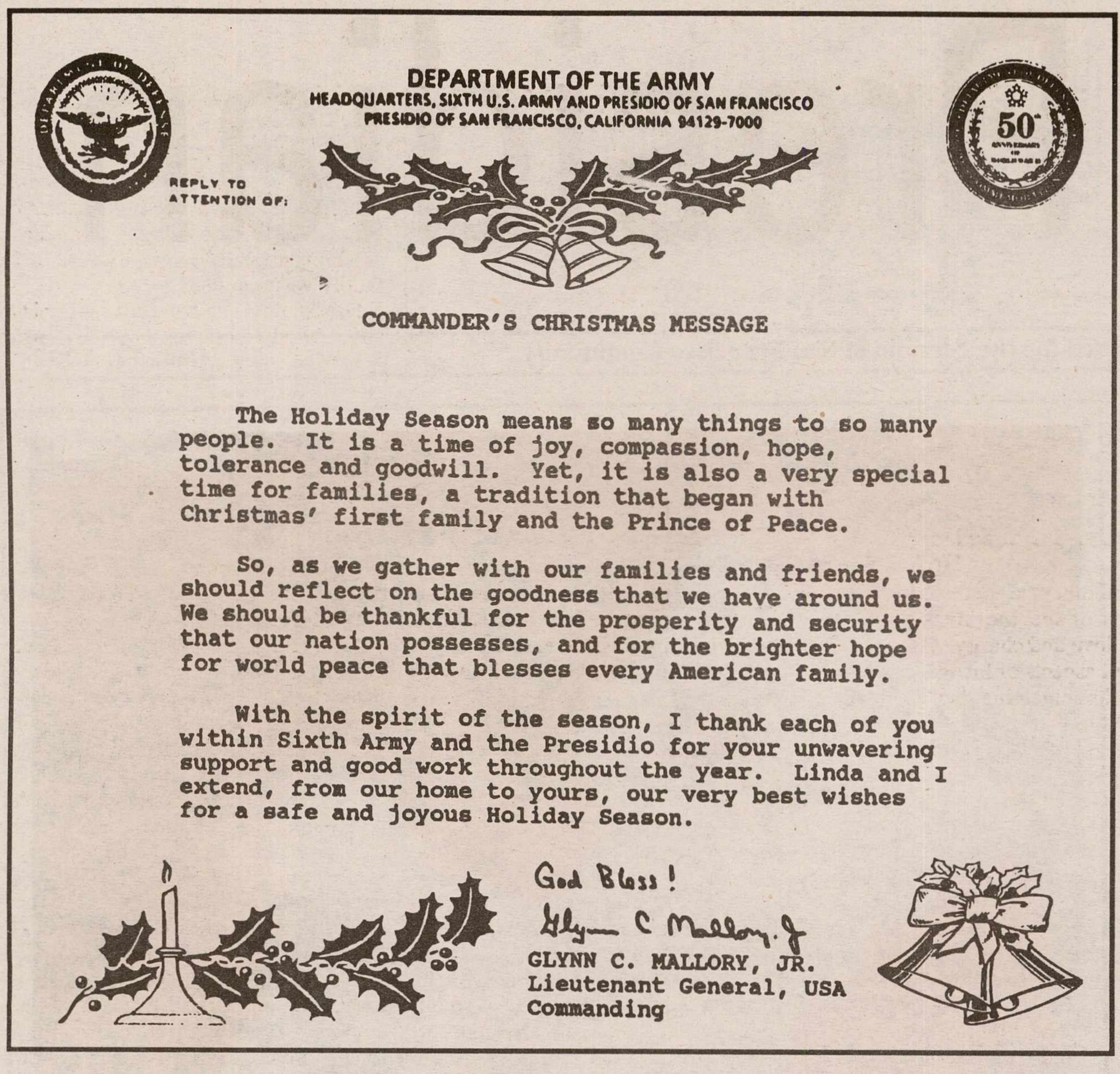
Once again, it is my pleasure to answer your questions and concerns about the Presidio of San Francisco.

Spc. Jennifer Davis asked what was going to happen with Headquarters Company, U.S. Army Garrison. There are lots of rumors going around. According to Lt. Col. Wayne C. Agness, Battalion Commander, all companies in the Headquarters Command Battalion will downsize as we move closer to the date when the U.S. Army Garrison, Presidio, is scheduled to close on Sept. 30, 1994. There are no plans to get rid of the Headquarters Company or to consolidate any unit and simply have a battalion. The Headquarters Company will inactivate, along with the Headquarters Command Battalion, as scheduled on Sept. 30, 1994. Many soldiers will receive assignment orders to PCS, and other soldiers may ETS, which will reduce the size of the battalion. However, all companies will continue to exist, maintain their unit designations and continue to perform their missions until the closure date.

Sgt. 1st Class Jesus P. Salgado asked whether morale support activities, like the pool, gym, NCO and Officers' Clubs, would remain open to support Sixth U.S. Army soldiers who would be remaining past Sept. 30, 1994. Sixth U.S. Army has submitted a request to higher headquarters that outlined some MWR activities to support Sixth U.S. Army. A response is expected some time in early 1994; we will let you know as soon as we have answers.

Chaplain (Capt.) Randall Dolinger asked about the status of housing for Sixth U.S. Army soldiers. While the precise details of housing for Sixth U.S. Army soldiers and other military families on the Presidio are still being worked out, a few general guidelines are known.

First, we will not "force" any military families to move from where they now live on the Presidio to areas within the future military housing footprint. We intend to naturally attrit military families out of those areas by normal rotation. Further, we will stop assigning quarters to military families in those areas we know are outside the proposed military footprint. The bottom line is that neither the military nor Park Service leadership has any desire to disrupt the lives of military families. As more details are known, we will share them with the community.



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COMMANDER'S CHRISTMAS MESSAGE

The Holiday Season means so many things to so many people. It is a time of joy, compassion, hope, tolerance and goodwill. Yet, it is also a very special time for families, a tradition that began with Christmas' first family and the Prince of Peace.

So, as we gather with our families and friends, we should reflect on the goodness that we have around us. We should be thankful for the prosperity and security that our nation possesses, and for the brighter hope for world peace that blesses every American family.

With the spirit of the season, I thank each of you within Sixth Army and the Presidio for your unwavering support and good work throughout the year. Linda and I extend, from our home to yours, our very best wishes for a safe and joyous Holiday Season.

God Bless!
Glynn C Mallory, Jr
GLYNN C. MALLORY, JR.
Lieutenant General, USA
Commanding

Garrison Dining Facility hosts Christmas meal

A Christmas meal will be served in the Garrison Dining Facility located in the Letterman U.S. Army Health Clinic, Bldg. 1100, for soldiers, their family members and guests, and civilian employees of the Presidio. The Christmas meal begins at 11 a.m., Dec. 23, and runs until 1:30 p.m. Meal rates, including surcharge, for all personnel are:

Officers, $3.00
Enlisted on separate rations, $3.00
Family members over age 12, $3.00
Family members under age 12, $1.50
Retirees and guests over 12, $11.10
Children, under 12, of retirees and guests, $5.55
Civilian employees, $11.10

MENU

The menu for the Christmas meal is roast turkey, roast prime rib of beef au jus, baked smoked ham with pineapple, southern nut cornbread dressing, shrimp cocktail, giblet gravy, cream of mushroom soup, creamy horseradish, cranberry sauce, whipped fresh potatoes, fresh green beans almandine, Lt. Gen. Mallory's candied yams, green peas with mushrooms, Parker House rolls, hot wheat rolls, pumpkin pie, pecan pie, and ice cream sundaes.

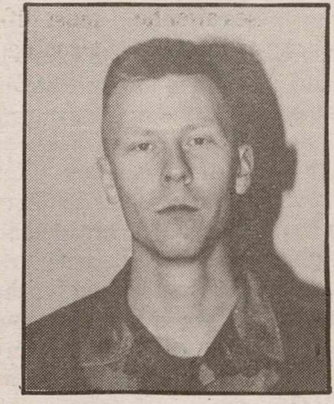
TSC photo by Charles Blancet

Jeff Harper sings "All I want For Christmas is My Two Front Teeth" during the Bay Area Commanders' Christmas Concert Dec. 7 in the Palace of Fine Arts.

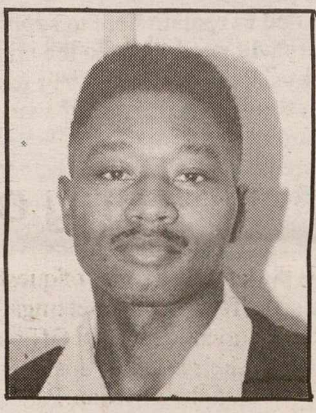
Ask Presidians

What was your most memorable Christmas?

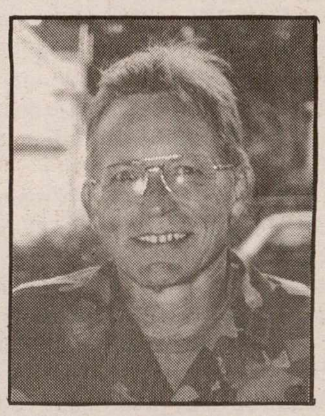
Capt. Joyce Schossau, assistant Secretary of the General Staff, Protocol: "The day I convoyed out with my company to Operation Desert Shield. I was the commander of B Co. 307th MI Battalion in Germany."



Spc. William A. Story, supply specialist, Headquarters Co., USAG: "Christmas last year, because it was my first Christmas with my wife in our new home here. We had a lot of friends over, and we had a great time."



Sgt. Anthony Lockhart, personnel operations NCOIC: "Christmas 1984. It was the last time my whole family was together at Christmas. We're *all in the ser-*first. Christmas with



Chief Warrant Officer Forrest L. Holloway, administrative assistant to senior Army Advisor: "The year my daughter was born. She was born a year ago today [Dec. 13].

Natalie Q. Ditona, secretary Training Management Evaluation Division: "The last Christmas I spent in the Philippines in 1976. During Christmas there, we go caroling and go to church every night beginning Dec. 16 through Christmas."

Interviews by Spc. Adrienne Story

Star Presidian

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Sacrifice and dedication

Soldier remembers selfless missionary service to others

By Spc. Adrienne Story
Star Presidian staff

For two years before he joined the military, Sgt. Blake R. Dahlke was on a mission. A mission from God.

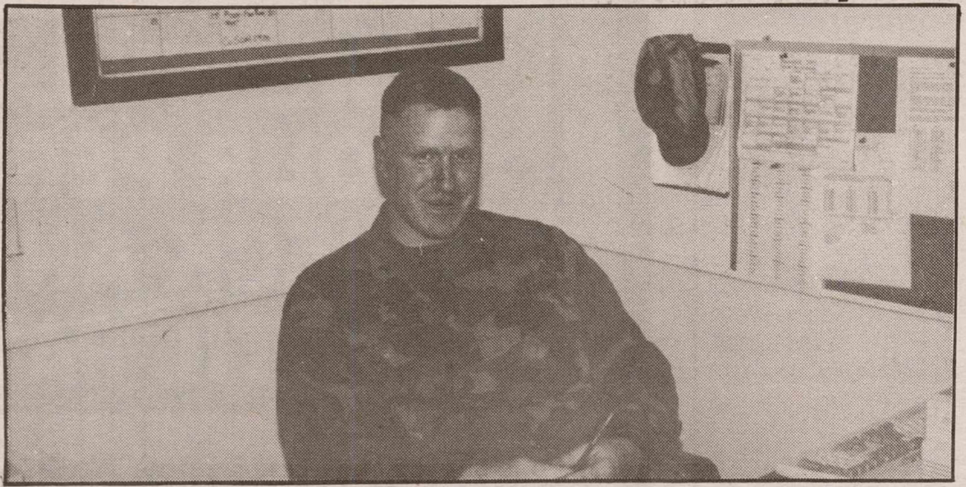
He went to Austria to teach people about God and send them in the right direction. He worked with refugees from several other countries. The term "God" was foreign to most. Dahlke helped many reach their goals of coming to America and beginning a new life -- a life full with hope and promise.

While serving on this mission, Dahlke worked seven days a week from 6 a.m. until 10 p.m. What Dahlke received for these hours was self satisfaction. He did not receive wages, medical benefits or room and board. He paid for his transportation to Austria, living expenses after he arrived and his trip home after the two-year mission.

Why did he spend two years of his life and a large sum of money to work more than 110 hours a week?

"I wanted the opportunity to serve my church and get information about the Church of Jesus Christ of Latter Day Saints to other people," Dahlke said. "It gave me the chance to let people know about my religion. (Dahlke is a member of the Church of Jesus Christ of Latter Day Saints--Mormon.)

"I was able to work with refugees and help them get better living conditions," he continued. "We also taught them some of the English language since many wanted to come to America or Canada."



Sgt. Blake D. Dahlke

Dahlke and others taught refugees the fundamentals of the Mormon religion: faith, hope, love and charity. One of the most difficult aspects of his mission was teaching adults something they knew absolutely nothing about.

"We tried to keep it as simple as possible. We taught them like you would teach children. We drew pictures and everything," Dahlke said. "It became difficult at times. We were working with well-educated people. Some had doctorates and were professors and lawyers but had never heard of God."

One of the reasons Dahlke joined the Army was he wanted to continue to serve his country and God.

"When I was done with my mission, I had this empty void I wanted to fill," he said. "I was already in the National Guard, so I decided to join the active Army. I feel like I'm continuing my service. When you're giving of yourself 24 hours a day it gives you a good feeling. I missed that feeling when my mission ended."

During his mission Dahlke helped several families, one he refers to as his miracle family.

A gentlemen was a prisoner in Hungary. Zsigmond escaped to Austria, where he met Dahlke. The refugee learned about the Mormon religion and was interested in becoming part of that religion. While he was in Austria, Zsigmond's family was captured and imprisoned. When he told them of his new beliefs, his family said they would never see him again if he was involved with the Mormon religion. Dahlke led Zsigmond in the way which proved to be the right path. He chose to become a Mormon, and within a week his wife also became interested in his beliefs. She became ill and was released to Austria, where she could receive medical help. The physicians in her country diagnosed her condition as life threatening. They thought she had a brain tumor. After she arrived in Austria, she was diagnosed as having migraines and she was fine. The family was reunited.

Dahlke not only helped people spiritually, he also helped them find better homes. Some refugees were living in small rooms with five others. They had no furniture and were living out of suitcases. Dahlke and others helped them find better living conditions and notified the government of the poor conditions, and often those hotels were shut down.

After joining the military and being stationed in Germany, Dahlke returned to Austria. He saw people he had worked with while he was on his mission.

"They still remembered me and thanked me for helping them. I have received letters from people saying that their lives are a lot better now, and many made it to America," he added. "There were some people who had only one belief and hope, and that was to get to America where they would meet the President with a big suitcase of money and a house waiting for them. I think I helped them realize that's not what life is about.

"While on the mission, I found out a lot about myself. I found out who I was, what my capabilities are and it helped me overcome my shyness," Dahlke concluded. "I wish I could have had more time so I could do more. I will probably do it again after I retire. I would want my kids to do it. It's a great experience. You live 10 years of life in just two years."

Town Hall meeting outlines employee services, career opportunities

Editor's Note: This is the latest in a series of questions that arose from the Garrison "Town Hall" meetings. The ***Star Presidian*** thanks the Civilian Personnel Office and the Public Affairs Office for their input to this column.

The Outplacement Branch of the Civilian Personnel Office is pleased to announce the newest additions to their growing family of available employment services. These services are either already available or will be on-line soon.

The Army Employer and Alumni Network (AEAN) is a database of employers who have expressed interest in hiring Army alumni. More than 9,000 employers are featured in this network.

Career Search is a computer program that helps job seekers locate information on prospective employers quickly and easily. By identifying five different parameters of a search, including industry, location and a point of contact within the firm, Career Search users can focus on those companies which are the most appropriate targets for employment. This database contains more than 200,000 U.S. companies and more than 4,000 products and services.

The Office of Personnel Management Federal Job Opportunities Board is an electronic bulletin board featuring on-line search capability and makes Federal Job Office listing files available.

The Automated Job Information System is designed to provide on-line job vacancy listings to individuals seeking employment. This system additionally provides employee listings to commercial organizations and government agencies searching for job applicants to fill available vacancies.

Federal Career Opportunities will now be available in an electronic version. This system will be updated daily so information will be timely and accurate. The job search can be conducted in any combinations of GS series, grade, salary, location, agency or eligibility.

In response to a request made at the Garrison Town Hall Meeting, a personal service being performed by the Outplacement Office is a weekly visit by one of their specialists to the Golden Gate National Recreation Area headquarters in Fort Mason. Copies of all job vacancy announcements are obtained and posted in the Outplacement Office, along with the other Federal vacancy announcements and listings of private job opportunities. Copies of job opportunities for the Presidio are located in the main floor reception area of the Civilian Personnel Office.

For information on any of these new services or appointments for accessing these new computer programs, call Brenda Peixotto at **561-2430**. Let the Outplacement Office help you "make the connections."

Another issue that arose during the Garrison Town Hall meetings was how to get in touch with Congressional representatives. Addresses for Bay Area representatives are as follows:

Senator Dianne Feinstein (D-CA)
331 Senate Hart Office Building
Washington, DC 20510-0504
(202) 224-3841
Local Office:
Suite 305
1700 Montgomery Street
San Francisco, CA 94111
(415) 249-4777

Senator Barbara Boxer (D-CA)
112 Senate Hart Office Building
Washington, DC 20510-0505
(202) 224-3553
Local Office:
Suite 240
1700 Montgomery Street
San Francisco, CA 94111
(415) 403-0100

Third District California
Rep. Vic Fazio (D-CA-3)
2113 Rayburn House Office Building
Washington, DC 20515-0503
(202) 225-5716

Fifth District California
Rep. Robert T. Matsui (D-CA-5)
2311 Rayburn House Office Building
Washington, DC 20515-0505
(202) 225-7163

Sixth District California
Rep. Lynn Woolsey (D-CA-6)
439 Cannon House Office Building
Washington, DC 20515-0506
(202) 225-5161

Seventh District California
Rep. George Miller (D-CA-7)
2205 Rayburn House Office Building
Washington, DC 20515-0507
(202) 225-2095

Eighth District California
Rep. Nancy Pelosi (D-CA-8)
240 Cannon House Office Building
Washington, DC 20515-0508
(202) 225-4965

Ninth District California
Rep. Ronald V. Dellums (D-CA-9)
2108 Rayburn House Office Building
Washington, DC 20515-0509
(202) 225-2661

Tenth District California
Rep. Bill Baker (R-CA-10)
1724 Longworth House Office Building
Washington, DC 20515-0510
(20) 225-1880

Eleventh District California
Rep. Richard W. Pombo (R-CA-11)
1519 Longworth House Office Building
Washington, DC 20515-0411
(202) 225-1947

Twelfth District California
Rep. Tom Lantos (D-CA-12)
2182 Rayburn House Office Building
Washington, DC 20515-0512
(202) 225-3531

Thirteenth District California
Rep. Pete Stark (D-CA-13)
239 Cannon House Office Building
Washington, DC 20515-0513
(202) 225-5065

Fourteenth District California
Rep. Anna G. Eshoo (D-CA-14)
1505 Longworth House Office Building
Washington, DC 20515-0514
(202) 225-8104

Fifteenth District California
Rep. Norman Y. Mineta (D-CA-15)
2221 Rayburn House Office Building
Washington, DC 20515-0415
(202) 225-2631

Sixteenth District California
Rep. Don Edwards (D-CA-16)
2307 Rayburn House Office Building
Washington, DC 20515-0516
(202) 225-3072

For a complete list of California's Congressional representatives, please contact the Public Affairs Office at **561-5279/5463**.

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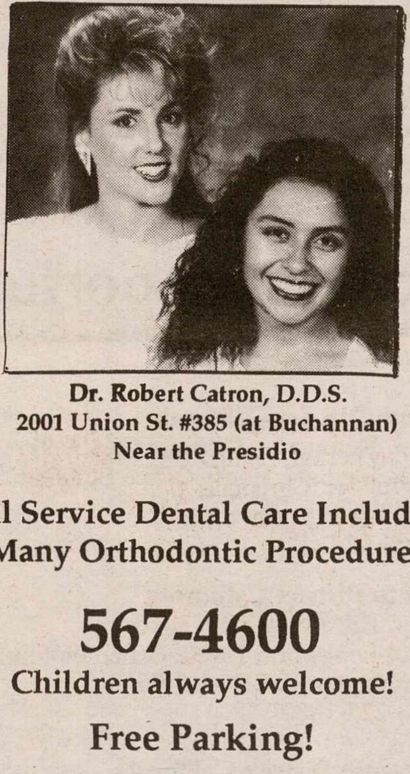

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Presidio News Briefs

Thrift Shop Holiday Closure

The Thrift Shop will be closed for the holiday season, starting today until Jan. 3, 1994. The Thrift Shop will resume normal operation on Jan. 4, 10 a.m. to 2 p.m., Tuesdays, Wednesdays and Thursdays. When the Thrift Shop reopens in January, no checks will be accepted for payment -- cash sales only. The Thrift Shop volunteers wish everyone a happy holiday season.

Teen Job Bank

Youth Services has created a "Teen Job Bank" for teens to work and earn extra money within the community. If you need a baby sitter, lawns mowed, help with that special holiday party, please help and support our teens with odd jobs that you need to have done. Contact the Youth Center for information concerning the "Teen Job Bank" at **561-5143**. Your support is greatly appreciated. Teens who are interested in getting a job, come into the Youth Center, Bldg. 386, and fill out an application during center hours, 3 to 7 p.m. Monday through Friday, or 10 a.m. to 3 p.m. Saturday.

Bike safety check point

There will be a bicycle safety check point at Arguello and Lookout Saturday. Presidio Military Police will be on hand to distribute safety information and answer questions.

Sports Branch holiday schedule

The Sports Branch holiday closure schedule is: Dec. 24, Gyms #1 & #2, open 9 a.m. to 5 p.m, pool closed. Dec. 25, Dec. 31, and Jan. 1, 1994, all facilities will be closed.

Swimming classes

The American Red Cross is offering swimming classes and other swimming readiness skills for infants to adults. Classes will be held on the following Saturdays, 9 a.m. to noon, at the Post Swimming Pool: Saturday, January 8, 15, 22, 29, Feb. 5, 1994. Cost is $35 per student. Please call Ed Kasten at **561-8755** or the Red Cross at **561-2187** to register.

Commissary Closure

During the holiday period, regular Commissary shopping hours will be in effect, except for Christmas Eve and New Year's Eve; the Commissary will close at 6 p.m. on those dates. The Commissary will be closed Dec. 25 and Jan. 1, 1994.

Quarters of Excellence

A panel of judges, headed by Garrison Command Sgt. Maj. Linda K. Boudy, will view the exteriors of all Family Housing Quarters today and Dec. 20-22 for the Quarters of Excellence Program. After completion of the panel reviews, winners will be notified. Good luck to all residents. For information, call Master Sgt. Amelia Gerrald-Tsukuda at **561-6172**.

AAFES Facility Holiday Schedule

The AAFES facilities holiday schedule is as follows:

Dec. 24: Main PX, 8 a.m.-6 p.m.; Class Six Store, 11 a.m.-6 p.m.; Furniture Store, 11 a.m.-5 p.m.; Burger King, 6:30 a.m.-7 p.m.; Service Station, 7 a.m.-5 p.m.; Service Station Bays closed; Shoppette, 8 a.m.-6 p.m.; Anthony's Pizza/Frank's Franks, 10:30 a.m.-5 p.m.; Clothing Sales closed; PX Mall, 10 a.m.-5 p.m.

Dec. 25: All facilities closed.

Dec. 31: Main PX, 10 a.m.-6 p.m.; Class Six Store, 11 a.m.-6 p.m.; Furniture Store, 10 a.m.-6 p.m.; Burger King, 9:30 a.m.-7 p.m.; Service Station, 7 a.m.-5 p.m.; Service Station Bays closed; Shoppette, 8 a.m.-9 p.m.; Anthony's Pizza/Frank's Franks, 10:30 a.m.-5 p.m.; Clothing Sales closed; PX Mall, 10 a.m.-5 p.m.

Jan. 1, 1994: Main PX, 11 a.m.-5 p.m.; Class Six Store closed; Furniture Store, 11 a.m.-5 p.m.; Burger King closed; Service Station closed; Service Station Bays closed; Shoppette, 11 a.m.-10 p.m.; Anthony's Pizza/Frank's Franks, 11 a.m.-5 p.m.; Clothing Sales closed; PX Mall closed.

Chapel Christmas Program

Join the Chapel Choir, Handbell Choir, and Sixth U.S. Army Band for a program of holiday music at 7 p.m. Sunday in the Main Post Chapel. Set apart this day to bring in the holidays with a spirit of music and joy.

Army Community Service Classes

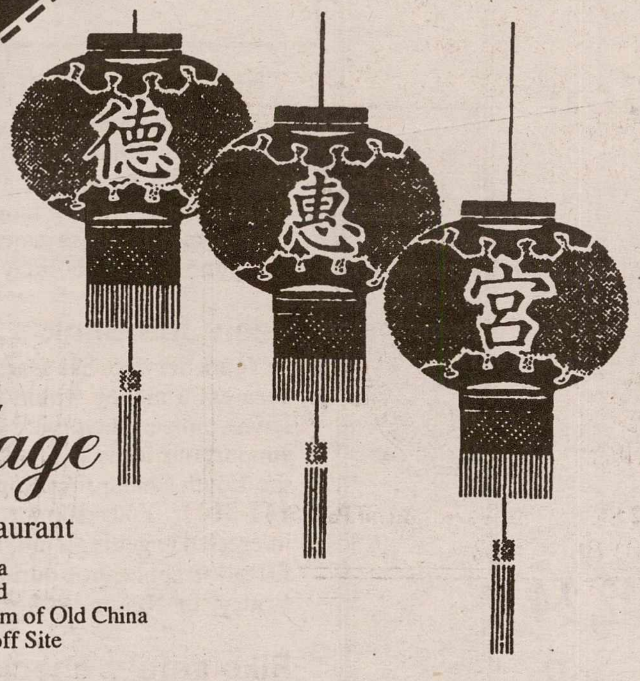
Army Community Service conducts numerous classes to help you deal with stress, relationships, and more. Here are the latest offerings:

Parenting Classes: Mondays, 3:30-5:30 p.m., Feb. 3-24, 1994, at Army Community Service, Bldg. 103B.

Stress Management Training: 10 a.m.-noon, Jan. 18 & 25, Feb. 1 & 8, 1994, at Army Community Services, Bldg 103B.

See *Briefs,* Page 10

DINING and ENTERTAINMENT



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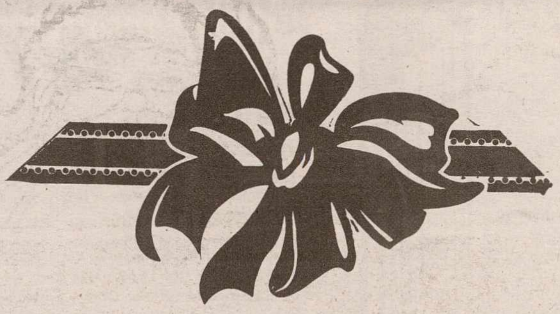

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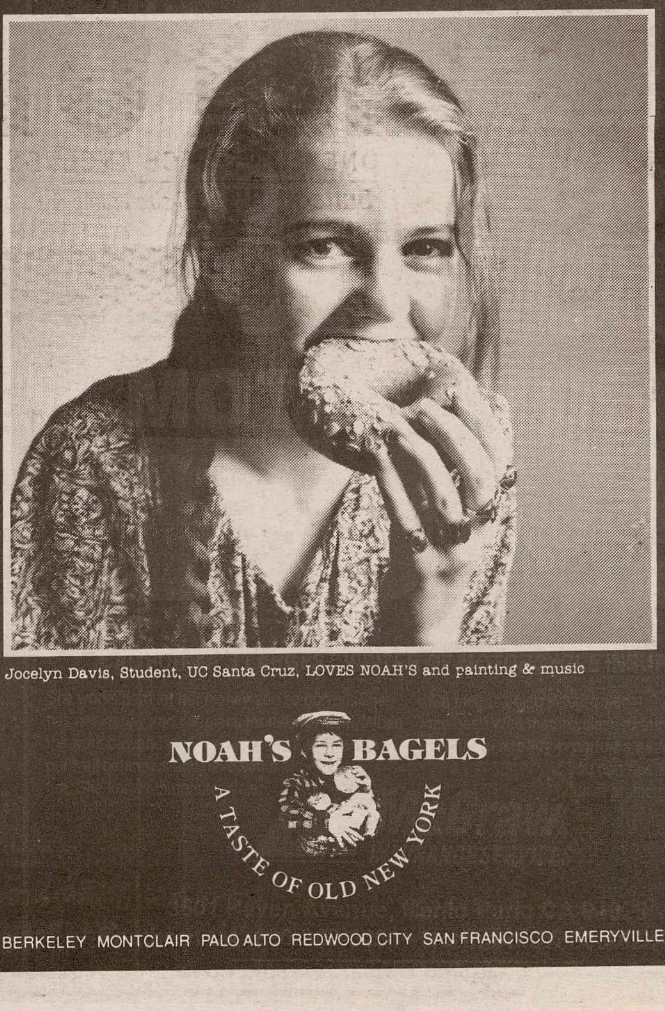

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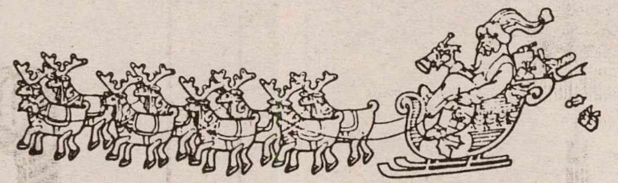

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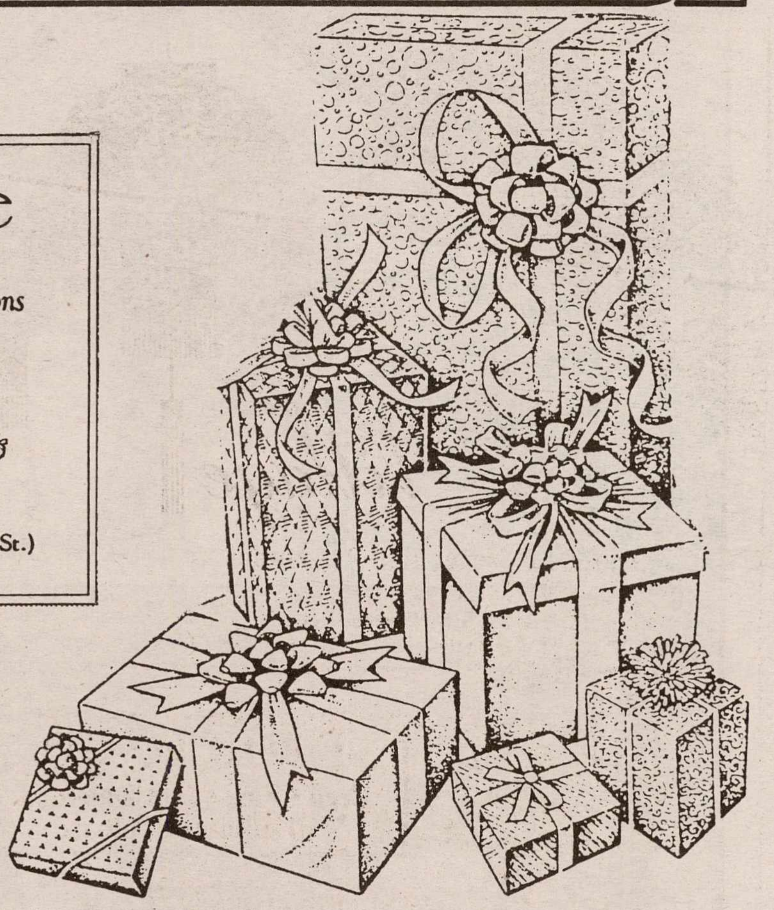

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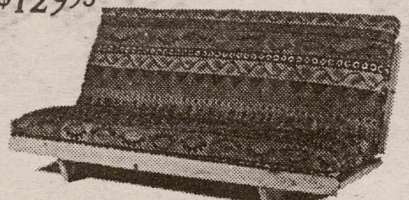

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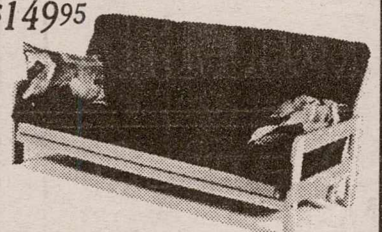

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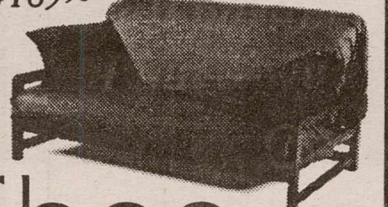

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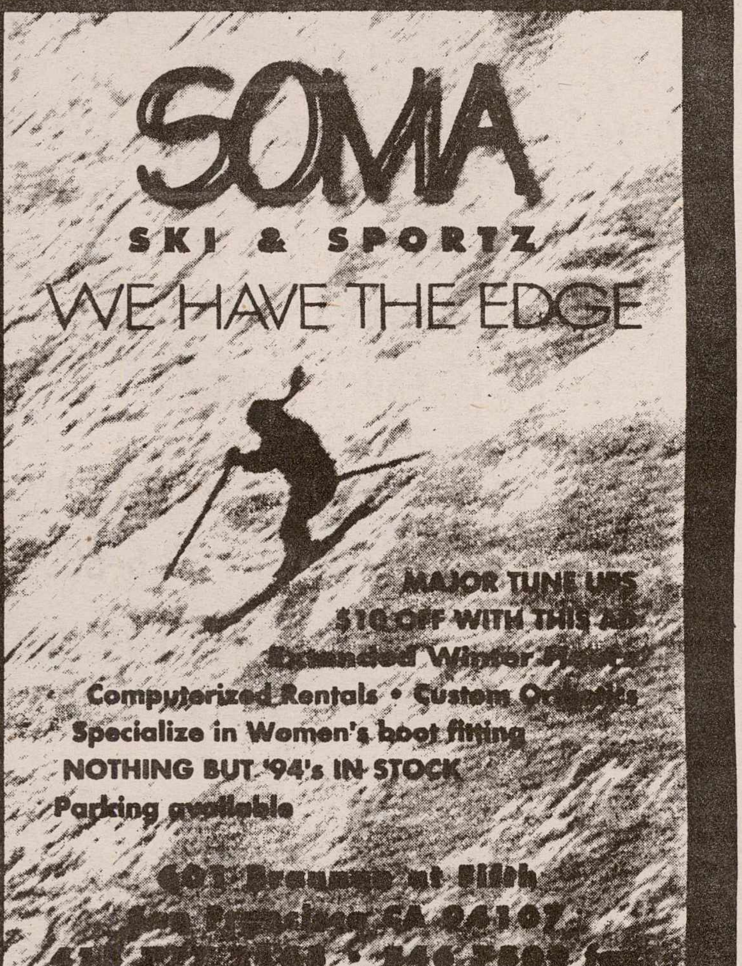

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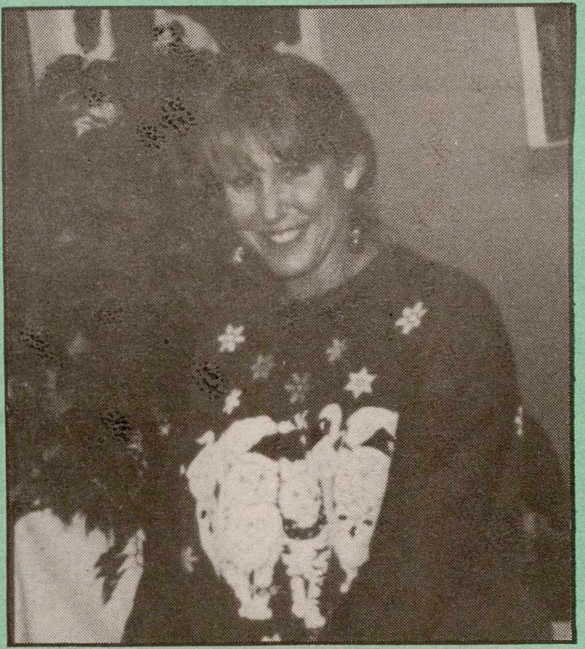
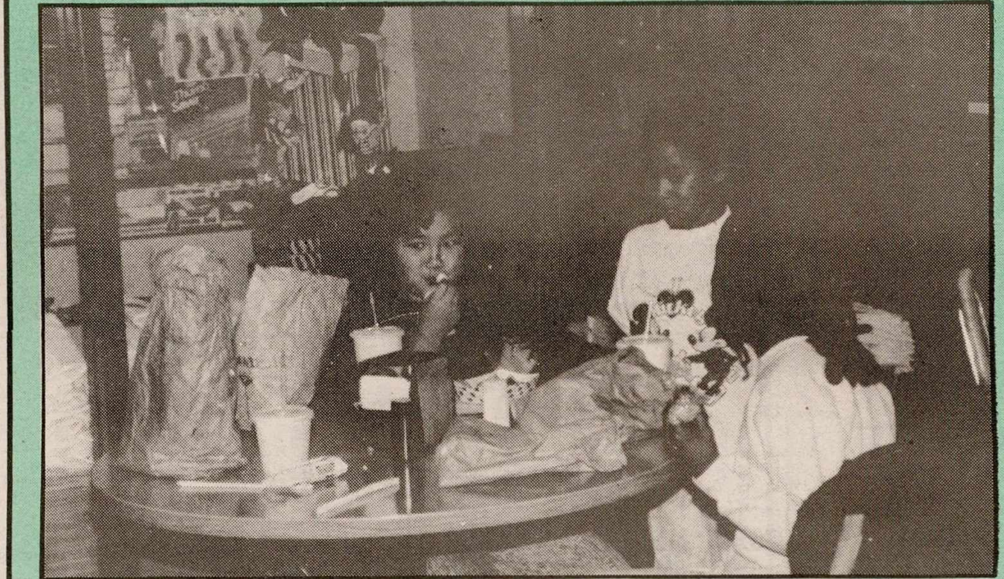
People and Faces on Post

Sue Baker won the VCR in the Combined Federal Campaign drawing held at the Main Exchange. June Engorn, a PX representative is pictured here with Sue Baker and her new VCR. An individual from Oakland Army Base won the television in the CFC drawing.





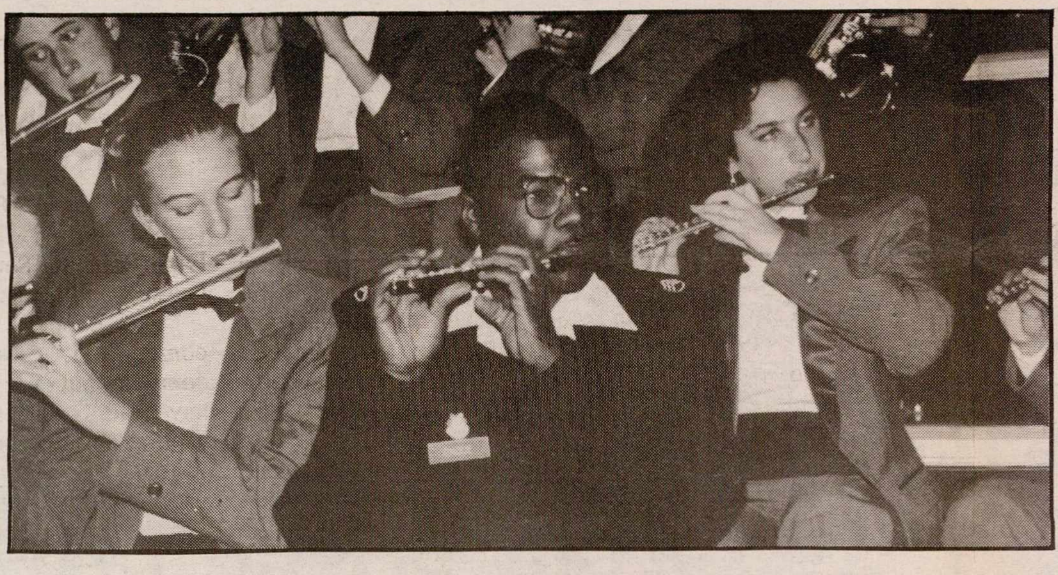
North Bay School students enjoy the bowling alley food at a field trip held here Dec. 10. North Bay School students bowled about 95 games, ate plenty of food and had a good time. The school is an alternate school with 60 students kindergarten through eighth graders and only three primary teachers.

Maj. Ted Pickett, Training Management Evaluation Division chief, coordinated the event. The school paid for the trip. It was enjoyment at no expense of the students.

"I think there is a possibility of holding more events like this," he concluded. "It's fun for the kids, and it benefits the bowling alley since the populous has gone down on post, they don't have as many daytime leagues."

Cpl. Bryan R. McVicker fires up the audience in Henley Union High School with a blazing sax solo during the stage band's set.

Chief Warrant Officer Orville Gannon Jr., bandmaster, Sixth U.S. Army Band, leads the Klamath Union High School Choir and the citizens of Klamath Falls, Ore., in a Christmas carol singalong during the Snowflake Festival Christmas Concert, Dec. 10.



Staff Sgt. Dwyke A. Onque joins fife and flute players from from Ashland High School during the mass bands rehearsal in Henley Union High School's gymnasium.

Sgt. 1st Class Dirk E. Robinson, Sgt. Maj. John R. Moffett and Staff Sgt. Don Fife practiced the fast-paced number, "Bugler's Holiday." Fife and Sgt. 1st Class Suzanne P. Swan are members of the Governor's Own, 59th California National Guard Band from Sacramento. They augmented the band's performances as did members of the 159th Cal. N.G. Band fro San Rafael who included Staff Sgt. Edmond Chow, Staff Sgt. Victor Hall, Staff Sgt. Albert Pefley and Sgt. Theresa L. Winterhalter. Also joining the band for the holiday concerts was Chief Warrant Officer Gordon R. Andersen, Cal. Guard Staff bands officer.

Staff Sgt. Tom Harper recites "The Night Before Christmas" during the Snowflake Festival concert. He previously recited the poem during the Sixth U.S. Army Christmas Concert earlier in the week.

Roadtrip north!

Band's holiday performance is tour de force

Story and photos by Staff Sgt. Pleasant Lindsey III
Star Presidian staff

Barely 15 to 20 miles north of the California lies the placid city of Klamath Falls, Ore. The Sixth U.S. Army band woke up the community recently with a public relations tour de force that left a memorable impression on many of that city's citizens as well as residents of the surrounding county.

The Sixth Army Band traveled to Klamath Falls Dec. 8 throgh 11 to participate in the city's annual Snowflake Festival, which usually features a parade. However, because of an earthquake the previous weekend the parade was canceled. That didn't stop the soldiers from putting on some memorable performances for area high school bands.

"This tour puts us in direct contact with more than 700 students at one time," said Chief Warrant Officer Orville Gannon Jr., band director. "The recruiting opportunity is fantanstic."

The Sixth Army Band also performed in two local shopping malls, performed a Christmas Concert and participated in a parade for the Siskiyou County Balloon Faire on the way back home.

The tour began early Dec. 8, as the bus pulled away from the band's barracks in a chilly rain that would turn out to be the bane of most of the trip. Though it rained most of the way, the chartered bus was equipped with a viedotape system that allowed the soldiers to watch something besides inclement weather.

The temperature was definitely colder in Klamath Falls than in San Francisco. The higher elevations surrounding the city were lightly dusted with snow and any moisture on the ground quickly turned to ice overnight.

At 7 p.m. the first evening, the band members were treated to a reception hosted by the Crater Lake Detachment, Marine Corps Society at the Leatherneck Club. The get-together included free food and beverages, and allowed the band members to feel the welcoming warmth of the community.

The next day it was time for work.

At 9 a.m. Nov. 9 the band was on its way to Henley Union High School to participate in a mass band concert in the school's gymnasium and to show the students of Klamath County how to put on a professional performance. The event was directed by Margaret Howard, coordinator for the Snowflake Festival and a music director who serves part time with some of the county's high schools.

Bands from 10 high schools took part in the mass concert. Participating schools included Klamath Union, Henley, Crater, Mazama, Hidden Valley, Crook County (which made its first appearance in the festival); Ashland, Eagle Point and South Medford (first time) from Jackson county; and Grant's Pass from Josephine county.

"This event is more of a band jamboree, not a competition," Howard said. "We don't want them to compete, but to enjoy each other's company. We would have had 14 marching bands for the parade this year. This brings students together in a musical fashion."

At 10:45 the Sixth Army Stage Band put on a half-hour miniconcert of seven jazz and swing selections, including "Let it Snow," "Watermelon Man," "Hanky Panky," and Sgt. Charles Curry singing "Almost Like Being in Love." Each selection brought a rousing ovation from the students in the rafters. Next, the high school bands introduced themselves with their fight songs. Of course, each succeeding fight song was louder than the one before it.

Soon it was time to rehearse for the mass band performance. Sixth Army's band members sat with young musicians who played similar instruments as they practiced the four mass numbers to be performed that afternoon. The soldiers took the time to explain how they auditioned for a slot in an Army band, what prerequisites were necessary for joining and what it was like to perform in an Army band.

The students also had the chance to hear, up close and personal, how a professional sounds playing on instruments similar to their own. Probably the biggest challenge was for Sixth Army's percussionists to get the schools' drum line to strike on the same beat.

That afternoon the program continued with a performance by the entire Sixth Army Concert Band, featuring guest conductors. The band opened with "Olympic Fanfare" under Gannon's direction, and followed that number with the "Belgian Paratroopers March", which Howard conducted. Don Bieghler, Crater High School's band director, conducted "Americans We".

Then it was time for the high school bands to show their stuff.

Under Gannon's direction, the mass band performed "Washington Post," "Fairest to the Fair," "March of the Olympians" and "American Finale."

"The youths put a lot of effort into their performance. I think they had a good time," said Sgt. Brian McVicker, saxophone player.

Later, the band made stops at two area malls for public performances held in lieu of the canceled parade. In both instances, floats that were supposed to be in the parade were displayed in roped-off areas of both parking lots. These areas were used as temporary stages for the Sixth Army Band.

The darker it got, the colder it got-- the kind of bone-*chilling* cold that caused Sgt. 1st Class Dirk Robinson to remark, more than once, "Hey! Take your glove off, come over here and hold this trumpet for one minute."

Some instruments such as flutes and clarinets are difficult to play with gloves on, so band members such as Sgt. 1st Class Cindy Holub played their instruments bare-handed. Later, Holub's looked as though they were permanently shaped to play her clarinet. The band had another treat for the Klamath Falls citizens the following night.

The Sixth Army Band put on a repeat performance of its Christmas Concert in the Royal Ragland Theater in downtown Klamath Falls. This was the same concert the band put on earlier in the week at the Palace of Fine Arts in San Francisco. This time, however, the band was joined by the Klamath Union High School Choir. The concert ended with a standing ovation for the band.

Finally, sunrise on Dec. 11 signaled to the band that it was time for the trip home. But first, there was one final stop to make.

Just south of the Oregon/California border is the little town of Fort Jones, population 500. When the band arrived it increased the population by 10 percent.

After a free lunch provided by the Fort Jones Union Elementary School, the band lead the Second Annual Siskiyou County Balloon Faire Parade down Main Street for the second time. This proved to be a public relations coup, as the parade not only received live radio coverage but the town consists pretty much of three blocks of Main Street and not much else. The band's presence made a huge, noticeable impression on the townspeople who applauded the musicians every step of the way through the cold, drizzling rain. In fact, the musicians had the populace under their spell before the parade began.

After lunch the band warmed up and tuned its instruments in the school's gymnasium. Suddenly, everyone on the school's grounds fell silent. When the band members stepped outside they were greeted by a round of applause from the people. So, the band formed up on the playground near the area where the elementary school's band was practicing and played "The National Emblem" for the children. From that point on the band seemed to have the townspeople mesmerized.

The Sixth Army Band started the parade with "Bravura," turned onto Main Street, stopped before the reviewing stand (in actuality a porch) and encored "The National Emblem" for the rest of the citizens. The ovation that followed signaled that once again the Sixth U.S. Army Band put forth a positive image for the Army and gave young and old a prime example of how to be all you can be.

***Briefs*, continued from Page 5**

For information or to reserve your space, contact Karen Kaho at **561-5155**.

Youth Effectiveness Training

The Youth Center is offering classes to help family members have a happier family. These classes are fun and free. Classes are Mondays, 7:30 to 9:30 p.m., and Jan. 5-Feb. 2, 1994, at Youth Center, Bldg. 386. For information or to reserve your space, call Bill Bough at **561-5143**.

Family Child Care Providers Needed

The Family Child Care Program needs loving people to provide child care in family housing. Family Child Care offers providers a chance to start their own business and provide a much-needed service to Presidio families while staying at home with their own children. There will be an Orientation Briefing, 9 to 10 a.m., Jan. 6, 1994, at the Child Development Center. Family Child Care training begins Jan. 10, 1994. For information, call Mary Anne Gianquento, Family Child Care Director, at **561-6372**.

CHAMPUS Prime Enrollment

The last day to enroll in CHAMPUS Prime is Monday under the Foundation Health Contract. Enrollment after Dec. 20 will be on a case-by-case basis. This is due to the transition to Aetna. Aetna will take over CHAMPUS Prime on Feb. 1, 1994. For information, contact Letterman U.S. Army Health Clinic's Patient Service Center at **561-4509**.

Youth Center Holiday Bash

Presidio family members, aged 17 to 22, of active duty and retirees! You are invited to the Youth Activities Center for a holiday party, 7 to 9 p.m., Wednesday. Please bring hors d'oeuvres or snack food (chips and dips, etc.). Drinks will be provided -- non-alcoholic, of course. RSVP to Pam Driver at **885-2423**.

Men of the Chapel Breakfast

The Men of the Chapel will hold their bi-monthly breakfast, 6:45 a.m., Jan. 6, 1994, in the Religious Activity Center. The guest speaker is Chaplain (Maj.) Freddie Hall. Please RSVP to Maj. John Fowler at **561-3798**. The breakfast is open to all, so come enjoy the fellowship.

GRE Date Set

The Graduate Record Examination (GRE) will be given at 7:30 a.m., Feb. 9, 1994, at the Army Education Center, Bldg. 1216. This test is for soldiers with bachelor's degrees who are applying for graduate school. There is no fee for the first time, but you must order your examination in person by Jan. 5, 1994. For information, contact an education counselor at **561-2974/4445**.

DPWpower outages

The Directorate of Public Works (DPW) has scheduled several short-term power shutdowns during the next three months. These temporary outages are necessary for repair and replacement of electric power poles and other switch gear. The work will result in improved safety and reliability of the Presidio electrical system. Power will be turned off at about 8 a.m. on certain weekdays and turned back on by 5 p.m. Family quarters occupants need not be concerned about refrigerated food spoilage. DPW has checked with reliable sources who indicate than an 8 to 9 hour shutdown would not cause food to spoil. DPW has notified individual family quarters affected by the shutdown of the specific dates during which power in their housing area will be off. As a reminder, the outage dates are summarized below:

Jan. 4, 1994 -- Area 1400
Jan. 5, Jan. 6 -- Areas 1400, 1700
Jan. 11, Jan. 12. Jan. 13 -- Areas 1200, 1300
Jan. 14 -- Areas 900, 1200, 1300

Residents will be informed of any changes to the schedule due to weather conditions or other unforseen problems. For information, call Mr. Robert Wilkinson at **561-3211**.

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***Sunday*-Snow White (G)**
***Dec. 24*-Cool Running (PG)**
***Dec. 25*-Closed**
***Dec. 26*-The Age of Innocence (PG)**
***Dec. 31*-Fatal Instinct (PG-13)**
All movies begin at 7 p.m.

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Sights and sounds abound for New Year's celebration

By Dixie L. Porter
Special to the Star Presidian

What is your idea of the perfect way to say goodbye to the old year and hello to the new? Do you like to get dressed up and go out on the town? Do you enjoy a little culture to start the year? How about dancing and comedians? Whatever your taste, there is a wide variety of events available to celebrate the end of 1993 and welcome in 1994.

Depending on your idea of fun and your pocketbook, they range from the Exotic, Erotic Ball to stand-up comedy, concert style events, dancing and dining, alcohol-free parties, and even a midnight run. Here is a partial list of offerings to be found in the San Francisco Bay Area.

"First Run" complete with fireworks. A 2-mile run at Crissy Field on the Presidio of San Francisco. Registration starts at 10:30 p.m. at the Commissary parking lot. Registration fees benefit the Big Brothers/Big Sisters organizations. The race starts at midnight followed by fireworks, awards, and refreshments until 1 a.m.

First Night San Francisco, an alcohol-free community party held at Fort Mason from 5 p.m. to midnight December 31. It is a family-oriented festival with jugglers, mimes, music, plays, bands, art exhibits and multimedia installations ending with an outdoor laser show. First Night New Year's Celebrations began in Boston in 1976 and have spread throughout the country to more than a hundred cities. For information, call **821-2026.**

If culture is your idea of a great evening, the **Nutcracker Ballet,** followed by a special midnight celebration at the War Memorial Opera House, may be just the ticket. There will be dancing to R and B sounds of Wall Street with holiday desserts and champagne. The event is sponsored in part by KKSF 103.7 FM Radio. Tickets may be purchased through BASS outlets, **(510) 761-BASS.**

Davies Symphony Hall is having a New Year's Eve Gala, **"A Night in Old Vienna"** featuring world renowned violinist and conductor Sir Yehudi Menuhin. The evening culminates with champagne and dancing on stage to the music of "Black Tie Jazz Orchestra" and "Soul University." For information, call the Symphony Box Office at **431-4500.**

For hot comedy, dancing and cold champagne, there is **New Year's at the Palace.** Palace of Fine Arts Theater that is, at 3301 Lyon Street. The show features Tom Kenny, Sue Murphy and Johnny Steele and benefits Children with AIDS. Call City Box Office at **392-4400** for tickets and information.

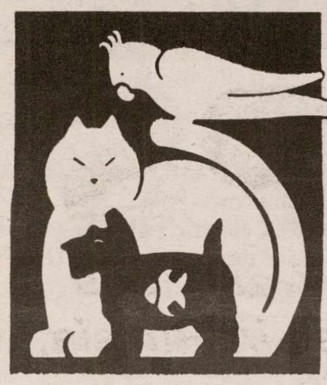
Hornblower Yachts have New Year's Eve cruises featuring the band **"About Face."** For further information or tickets, call **788-8866, ext. 7.**

The Great American Music Hall, 859 O'Farrell, San Francisco, features **Etta James,** and the **Bobby Murray Band.** Admission includes champagne, buffet and party favors for 21 and over, ID required. For further information call **885-0750.**

For more comedy, the Marin Veterans Auditorium, San Rafael, will feature Oakland's **Mark Curry and Friends.** For information, call **383-3618.**

Billed as the biggest party in San Francisco, the Tott's **BIG BLOCK PARTY** at 7th and Townsend, Fashion Center/Showplace Square has 4 acres of fun indoors and outdoors. There are 6 different stages featuring **Chris Isaak, Jody Watley, Wailing Souls, Tito Puente and his Orchestra, Eddie Santiago, Silicon Graphics' Digital Playground with Super DJ Dmitry of Deee-Lite, Club Foot Orchestra, Margaret Cho, Michael Meehan, Roy Rogers and The Delta Rhythm Kings, Robert Lowery,** along with big **Carnival Fun,** delicious eats and more. Tickets are available at BASS, **(510) 762-BASS.**

For the really adventurous, the Exotic, Erotic, New Year's Eve Ball is from 8 p.m. to 3 a.m. There are over $5,000 in cash and prizes for the costume contest, there is a multimedia and laser light show. There is cabaret seating, souvenir programs, party favors, costumes optional. For information call **567-BALL.**



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LUSAH, from page 1

to active duty families enrolled in CHAMPUS Prime about the transition from Foundation Health to Aetna.

Letterman's Patient Service Center is projected to close June 30, 1994 and transfer functions to the new clinic. There will be a Health Benefits Advisor and Health Systems Specialist who will continue to assist patients assigned to the new clinic..

Health Care projected transition plan

Feb. 1, 1994: New contract with Aetna is effective, begin outplacement of all active duty family members, and begin outplacement of retirees.

Feb. 12, 1994: A retiree open house which will be the last LUSAHC supported fair will be held.

March 30, 1994: Pediatric outplacement will be complete.

April 1, 1994: the Pediatric Clinic will be closed. It is very important that parents enroll their children in CHAMPUS Prime and find them a primary care giver before this time.

April 29, 1994: All active duty family members and retirees outplacement should be completed; Routine health care for other than active duty members will be terminate at Letterman.

May 2, 1994: The clinic will begin treating only active duty members.

May 1994: Movement into the new health clinic will begin.

May 31, 1994: Sixth Army outpatient medical records will be transferred to the new clinic.

June 1, 1994: The New Letterman U.S. Army Health Clinic for active duty members is scheduled to open; Lab, x-ray and pharmacy support for active duty family members and retirees terminates.

June 30, 1994: The Patient Service Center will close and transfer its function to the clinic's health care advisor and health system specialist.

Where do Christmas trees come from?

By Sharon E. Everett-Roles
Star Presidian Staff

As you look around your cheerfully decorated home during this holiday season, you probably see a colorfully decorated and lit tree, some holly, a sprig of mistletoe, a poinsettia or two. You probably hear Christmas carols on the radio, or are playing them on the home stereo. You do all these things because they are traditional, right? But do you know the origin of these traditions?

Let's start with the Christmas tree. The first Christmas tree in England was brought by Prince Albert when he married Queen Victoria in the mid 1800's. The beautiful evergreen tree, with its candles for light, was a German tradition. Legend has it that Martin Luther, a German monk, was walking through the woods on Christmas eve and noticed how beautifully the starlight shone through the trees. So, he took home an evergreen as a remembrance of that night and decorated it with candles to simulate the stars. Today, we put up beautiful fir trees and cover them with twinkling electric lights.

What about that holly wreath? Holly was used by both the Druids and the Romans during their winter celebrations. The Romans decorated their home during "Saturnalia" with holly, ivy and evergreens. Early Christians in England invested holly with a mystic significance and hung it in windows to ward off pagan foes. In fact, much of Europe banned the use of holly because of its Roman origins. In England, though, as so many of the carols show, the use of holly became so much a part of the folk tradition that the church accepted the symbol in spite of its pre-Christian origins. Holly and ivy were viewed by the Druids as fertility symbols. In East Kent, as late as the eighteenth century, the villagers burned effigies known as the Holly Boy and the Ivy Girl in order to bring about a better harvest.

The mistletoe has no Christian origins at all; the ancient Druids used the plant in religious ceremonies. The Druidic/Celtic tradition of laying down arms during Yuletide may have been the origin of our delightful custom of kissing under the mistletoe.

And what of those carols? The word "carole" means a dancing tune, and these songs used to be secular in nature. Two of our carols have rather interesting stories behind them. One, "Good King Wenceslas," is about a real man. Wenceslas was not a king but was Duke of Bohemia. Wenceslas was a good, honest and strongly principled man who was killed by his envious and wicked younger brother in 929. In 1853, an English divine named John Mason Neale chose Wenceslas as the subject for a children's song about generosity. It quickly became a Christmas favorite, even though its lyrics talk about the Feast of St. Stephen, which is the day after Christmas.

Perhaps a more familiar carol is "Silent Night." On Christmas Eve, 1818, a Catholic priest named Joseph Mohr wrote a poem for the holiday. He wanted to put his words to music, but the church pipe organ had broken down and would not be repaired in time for the evening's services. The organist, Franz Gruber, wrote a simple tune for two guitars and that evening, at the midnight service, "Silent Night" was performed for the first time. The song made its way beyond the little Alpine town of Oberdorf, but without mention of its composer. Until the 1850's, neither Gruber nor Mohr knew that their song was rapidly becoming the most beloved piece of Christmas music ever written.

Resources:
Fireside Book of Folk Songs
Reader's Digest Merry Christmas Songbook

Holiday Safety Tips

By Master Sgt. Linda Lee
American Forces Information Service

Nothing can ruin the holiday season faster than an accident or a fire. A few simple safety rules can keep your holiday season happy.

According to the National Fire Safety Association, almost 500 home fires are caused by Christmas trees every year at a cost of more than 20 lives and $9 million in damage. The Consumer Product Safety Commission said more than 5,000 people are hurt every year by Christmas ornaments, while another 180,000 adults and children suffer toy-related injuries.

A common misconception is holiday decorations that worked last year will work this year. Not always true, said consumer officials. Light strings and electric cords can become frayed and bulbs break, officials said. Before using any decoration, check it closely. If you have any question about its safety, don't use it.

Check smoke detectors to make sure they work. Keep a fire extinguisher readily available. It might be a good time to run through the family's fire evacuation plan, added fire association officials.

Holiday wrapping paper might be pretty, but it quickly ignites and can cause a flash fire. After the presents are opened, quickly remove gift wrap from the tree area. Don't burn it or other wrapping materials in the fireplace.

Besides being a fire hazard, wrapping materials may be a health hazard, said consumer experts. For example, ribbons, strings and other items could possibly lead to choking or strangulation, while some wrapping paper inks contain lead and other toxic materials.

If you decide to buy a real tree, buy the freshest one possible. Find one that has a strong scent of pine or spruce, is deep green in color and has needles that don't fall off at the touch. Cut about two inches off the bottom of the tree, at an angle if the tree stand will permit it. Fill the stand with water, check it daily, and keep it filled.

If the tree isn't going to be set up right away, said fire safety experts, cut two inches off the bottom and place tree in a container of water.

Before buying an artificial tree, check that it has been tested for flammability. Follow all safety instructions that come with the tree. Don't use electric lights or candles on an artificial metal tree. A colored spotlight will do the trick, added fire safety experts.

Set up the tree away from radiators, fireplaces and heaters. Keep it away from doorways and the room's traffic pattern. Place breakable ornaments and anything that looks like food or candy on higher branches, out of reach of children and pets. Don't let unsupervised young children or pets play around the tree.

Even though holiday plants may be pretty, consumer officials warned that many are inedible and may cause an upset stomach or worse. These plants include mistletoe, Christmas cactus, Christmas rose, holly berries, poinsettias and amaryllis.

Keep these plants, as well as such common baking ingredients as vanilla and almond extracts, which have high alcohol contents, out of the reach of children and pets. It is a good idea to keep the telephone number of the poison prevention center at hand.

Additional holiday safety tips:

- Don't use lighted candles as decorations.
- Don't place extension cords under rugs or carpets.
- Don't plug more than three sets of lights into an extension cord.
- Make sure all electric lights have been certified safe for use by either the Underwriters Laboratory, UL, or Factory Mutual, FM.
- Don't use any electrical cord with frayed wires or split and broken sockets.
- Don't use indoor electrical decorations outdoors, because they aren't weatherproofed.
- Don't leave a fire unattended.
- Turn off all tree lights and other electrical decorations when going to bed or leaving the house.

Consumer experts offered some advice when buying children toys for the holidays or anytime. Remember to check for small parts, sharp points and edges. An age label on a toy is a safety guideline and a recommendation; not all children are really ready to play with a toy just because they are the age on the package. Keep toys meant for older brothers and sisters away from younger children.

Software technicians provide valuable service on post

By Spc. Adrienne Story
Star Presidian staff

Just one hour before the publisher comes to pick up the newspaper. We're actually ahead of schedule. We have made most of the editing corrections, and now we just need to print the final pages.

"Terminating application. Can not recover current application."

What? Noooooooooooooooooooo!

The computer just crashed. There is no hope. We will never meet deadline. How will we explain the absence of the Star Presidian?

Don't panic, we'll call the Information Center. Maybe they can help us.

And they did. More than once. Our computer has crashed several times at the worst times. Luckily, a team from the Directorate of Information Management Information Center brought it back up, and we were able to meet deadline.

The Information Center, formerly the Information Services Command, takes care of all military personal computers, electronic mail systems on post and at Camp Parks, the Professional Office System, main frame systems, all software and hardware problems, etc. They not only fix problems, they teach people to use software, according to Andy Marquez, DOIM director.

"The Info Center is so important to the mission of this post, because they network all computer systems together, giving all activities a way to communicate with each other," Marquez said. "Now people don't have to walk out in the rain to pick up their messages at the Telecommunications Center,;now they can get them on their computer."

There are six people working in the Info Center: Nolan L. Smith, Daniel J. Dundas, Manuel A. Torres, Sue Baker, Phil Purrini and Mike Smith.

Despite the few number of computer specialists here, they try to get computer problems fixed within two hours, Marquez said. "Sometimes that is difficult, especially when they are working with systems with which DOIM is not familiar. We are supposed to be involved with the purchase of computer systems so we can be sure our computer specialists know how to operate and repair the systems.

"They receive about 10 to 15 calls a day," he added. "They are computer experts. We send people to schools, and they pass the training on to everyone else. Everyone cross trains.

"One of the toughest parts of our job is dealing with the constant computer problems on post," Dundas said. "Other offices on post wouldn't be able to accomplish their mission if it weren't for our support. The experience we have with computers is irreplaceable. Sure, someone can pick up a manual and read it, but it will take too long to fix a problem. The post needs people like us who are constantly working with the equipment."

DOIM employees write down each computer problem they've had and how they fixed it. This is all put on one file so other computer specialists have something to refer to when they get a call. Many times the same problem comes up, and they know exactly how to fix it.

"The best part about this job is the satisfaction you get when you make a customer happy. That way I know I'm getting a job done," Smith said. "The job can be difficult, especially when there is a problem that is beyond your control. After you've done everything within your power to fix a problem and there's nothing left to do but call for assistance -- that's the tough part of the job."

For 37 years, Torres has worked with computers at the Presidio. He works mainly with the ASIMS system. Although the job can become difficult, he enjoys his work.

"I enjoy it because I have no one over my back watching everything I do. I'm almost my own boss," he said. "Everyone who works here is very responsible for themselves and gets their job done.

"There have been times I've had calls waiting for me when I've come in at 6:30 in the morning," Torres added. "Since the downsizing, there haven't been as many calls."

The Info Center has had more than 1,300 calls this year.

"The hardest part of our job is supporting systems that we're not familiar with and we weren't involved with its purchase," Purrini said. "We can't say no to anyone. If someone calls for assistance, we are going to aid support them regardless.

"It's great, though, because it makes us mentally tough," he added. "It's a great experience to be exposed to this environment where we work with several different systems. We learn so much more here than others in our field.

"The best part of job the is helping the customer," Purrini concluded. "When you go into their office, they have a big frown on their face, and by the time you leave they're smiling. It gives you satisfaction knowing you had something to do with that."

Youth Swim Team

The Presidio Youth Swim Team hosted the Jewish Community Center swim team in the first swim meet of the season at 8:30 a.m. Dec. 11. There were a total of 73 swimmers from both teams.

Competitive events included freestyle, backstroke, breast stroke and butterfly. Relay events were also held in each of the same strokes as well as the medley, which involves four swimmers each swimming a different stroke.

All events are categorized by age, sex and swim stroke except for the relays that combined both girls and boys.

Presidio swimmers earned a total of 135 ribbons. Swimmers participated in as few as 2 events or as many as 12 events. The team is coached by Maj. Mike Koplin, 1st Lt. Chuck Kelso and Andrew Bokmeyer. Sponsors include the Youth Activities Center and the Presidio Thrift Shop. The next swim meet is scheduled for January 15 against the Millberry Union Swim Team. Following is a list of the swimmers and ribbons won.

Jourdonna LaFate, six ribbons; Rebekah Koplin, seven; Daniel Dolinger, six; Kristi Koplin, two; Chris Nolan, six; Marisa Bowersox, five; Nathan Chin, five; Jeremy Beecher, two; Grant Davis, six; Jason Newell, five; Kenneth Estrada, four; Mercedes Salgado, three; Caitlin Boehm, two; Jonathan Bokmeyer, nine; Candice Shino, three; Joel Dolinger, five; Veronica Marek, five; Micheal Deehl,five; Jonathan Estrada, three; Brandon Koplin, five; Jennifer Kasten, five; Bryan Peterson, 12; Jennifer Bokmeyer, eight; Johnny Adkins, two; Jessica Marek, eight; and Kimberlee Koplin, seven.

Mike Koplin

As some swimmers rest, others dive right into the competition Dec. 11 in Gym No. 2, Building 1131.

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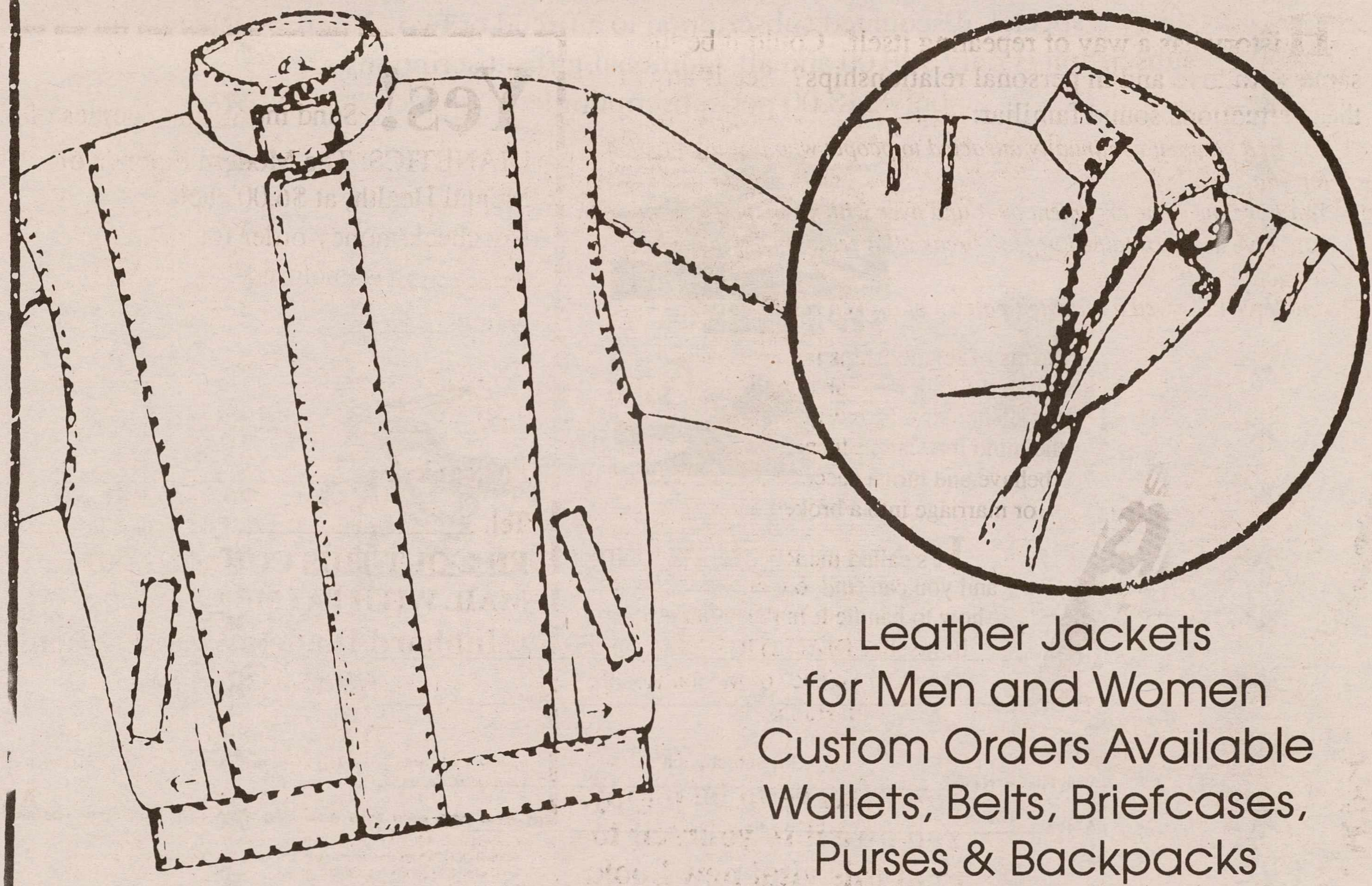

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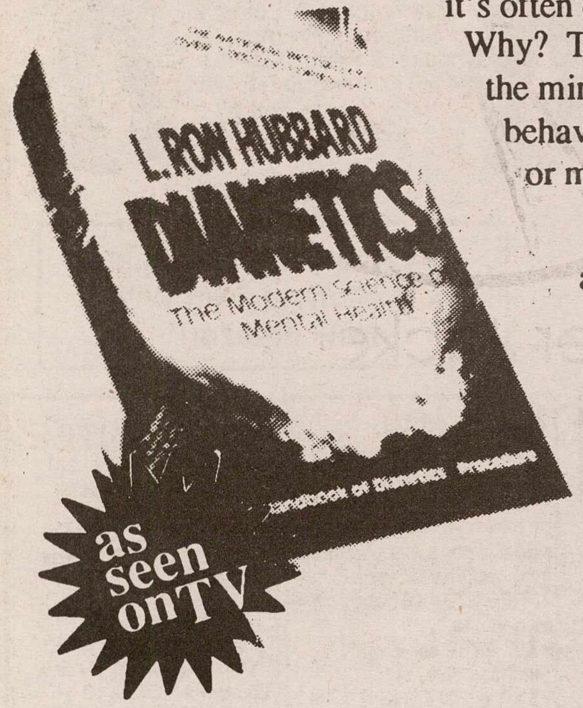

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